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Quincy, MA

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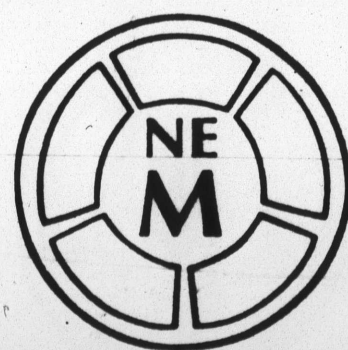
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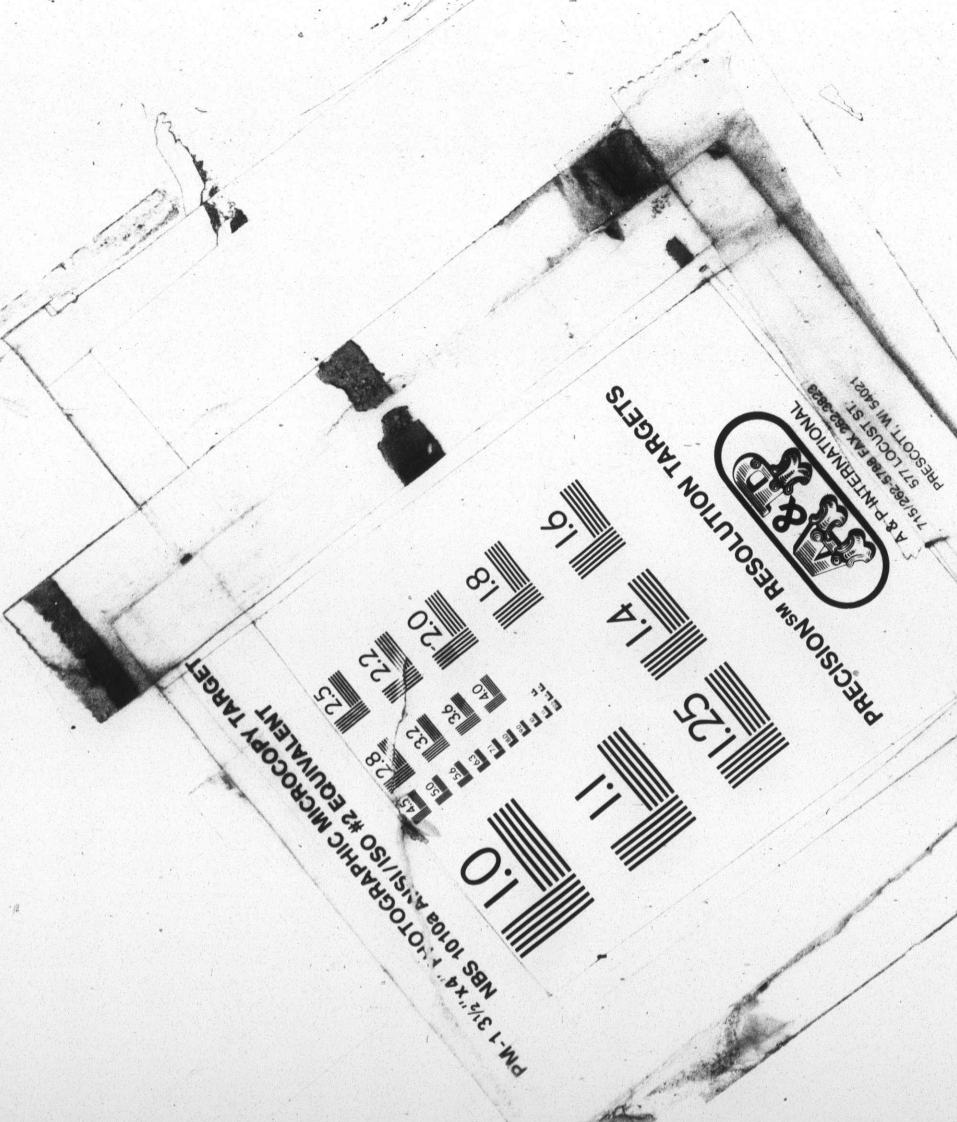
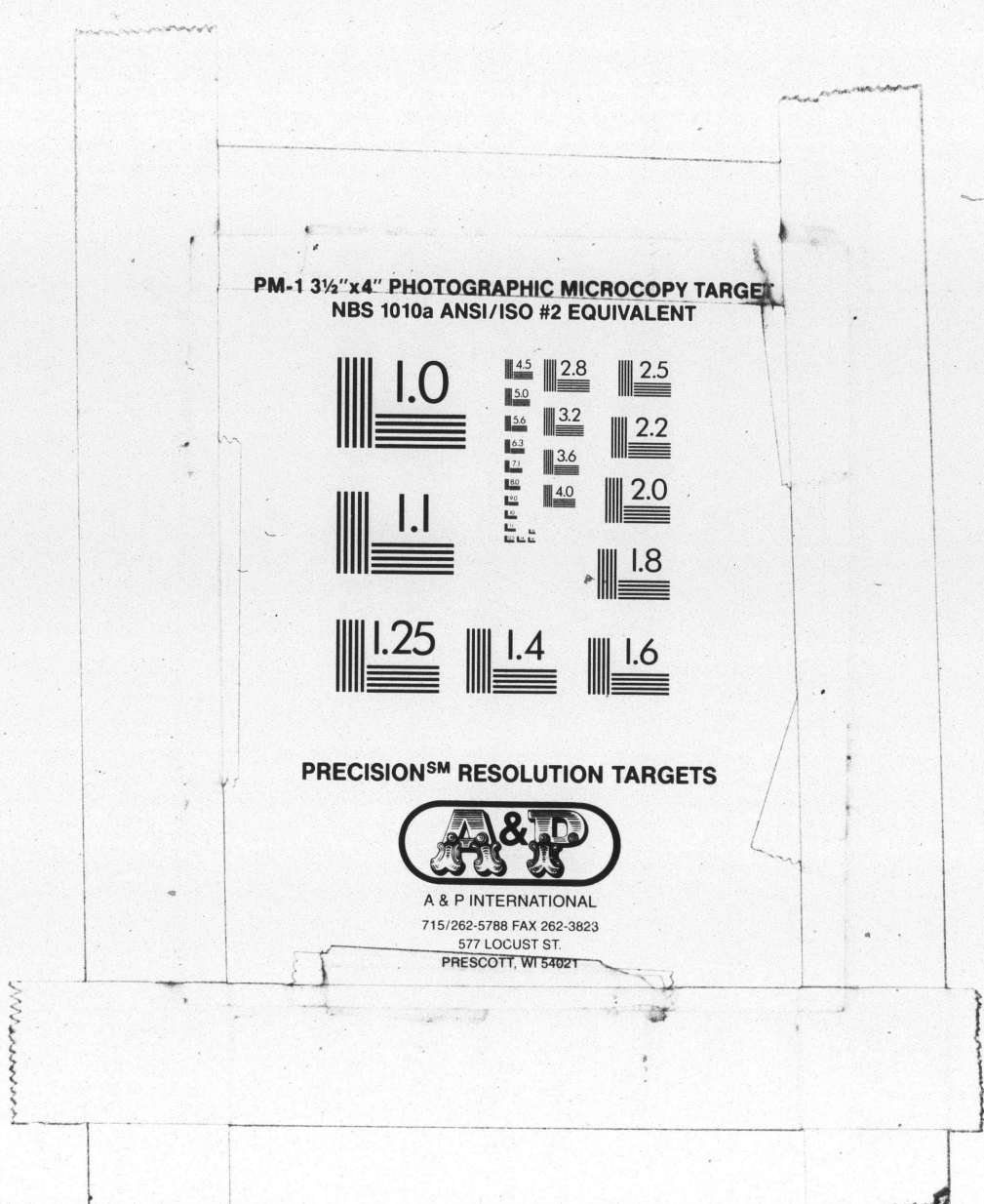
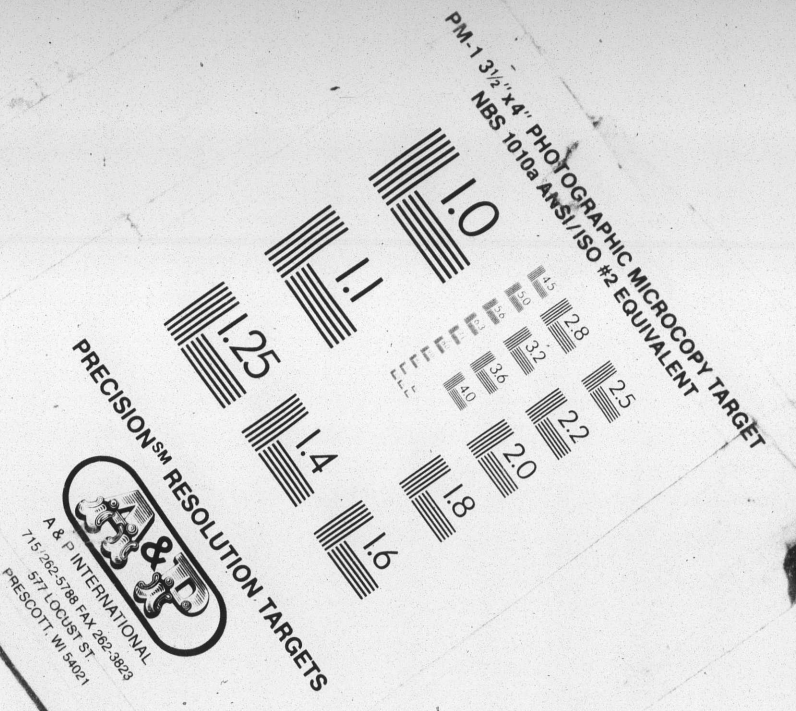
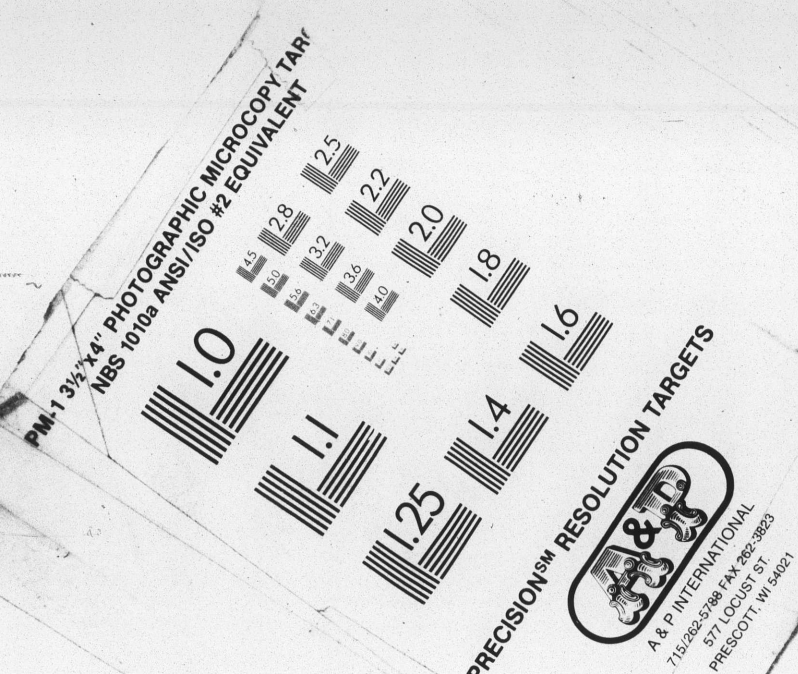
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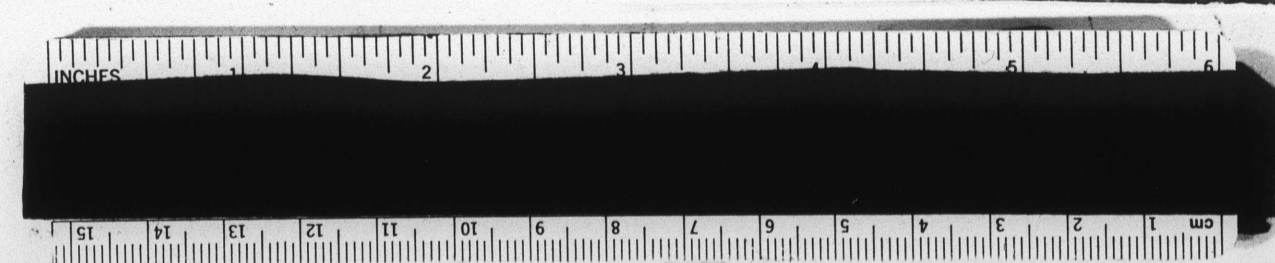
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Interfaith Gala Raises \$385,000 - Page 6
 Space Heater Blamed For House Fire - Page 3
 Maria Droste Awards - Page 12



The Quincy Sun

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QUINCY HIGH SCHOOL'S National Business Honor Society members (from left to right) Margaret O'Leary, Tiffany Li, Stela Cala and Nick DeFranco went shopping recently to fulfill the Christmas wishes of 10 Quincy children through the Adopt-A-Family program run by the Quincy Community Action Programs. The group raised over \$500 for this initiative. This is the third consecutive year that the Quincy High School Chapter has been able to spread some cheer to the youth of the Quincy community.

Photo Courtesy Quincy High School

Croall Seeks To Reactivate Committees

Ward 2 Councillor To Be Elected Council President Jan. 8th

By SCOTT JACKSON

The City Council's next president wants to reactivate the body's committees to tackle quality of life issues affecting Quincy residents, including traffic and parking and housing.

Ward 2 Councillor Brad Croall will be elected council president by his peers during an organizational meeting set for Monday,

Jan. 8, at 7:30 p.m.

Croall, who turned 38 on Wednesday, has served on the council for six years and has chaired its finance committee – which, among other roles, is responsible for reviewing the city's annual budget – for the past four years. In a recent interview, Croall said it is an honor to serve as the council

Cont'd On Page 4

Inventory, Interest Rates Will Affect Real Estate Market

2017 Sales 'Sluggish,' Says Norfolk Register Of Deeds William O'Donnell

By SCOTT JACKSON

A lack of houses to sell, the potential for rising interest rates and a newly signed federal tax bill are the factors that will shape the real estate market in the new

year.

William O'Donnell, the Norfolk County register of deeds, said real estate sales were sluggish in 2017. Countywide, sales increased 1 percent during the first 11

months of the year compared to the same time period the prior year – from 16,906 in 2016 to 17,000 in 2017.

"The sales have been sluggish," O'Donnell said. "The real estate brokers and

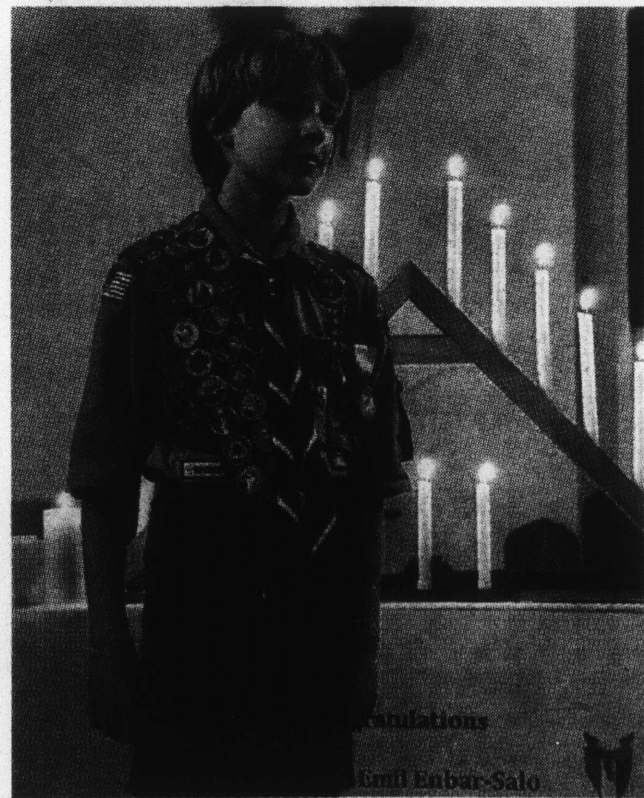
some of the professionals are saying that sales have been low because there is no inventory – there is nothing out there to sell."

Sales were more robust in Quincy during that same

time frame, showing a 5 percent growth from 2016 to 2017. During the first 11 months of 2017, there were 2,194 sales in Quincy compared to 2,086 the year before.

In the third quarter of 2017 – July, August and September – sales were down both at the county and city level compared to the same period in 2016. They fell 4 percent in the county and 5 percent in Quincy,

Cont'd On Page 13



TROOP 24 EAGLE SCOUT NICHOLAS ENBAR-SALO

Photo Courtesy of Andy Savage

Enbar-Salo: Troop 24 First Eagle Scout In Almost A Decade

By SAMANTHA ENBAR-SALO

Squantum's Troop 24 recently celebrated its first Eagle Scout in about a decade.

Nicholas Enbar-Salo received his Eagle Scout rank on Oct. 17, and had his Eagle Scout Court of Honor in December at the First Church of Squantum with his troop, family, and other guests in attendance. For his Eagle Scout project, "Saving Ospreys in Squantum," Nicholas built an osprey pole in the marshes at the entrance of Squantum. He

led each part of his project including meeting with the Conservation Commission, planning and executing the osprey pole construction, and teaching about nature conservation to Squantum elementary students. The project took 246 man hours to complete.

Despite turning only 13-years-old days before his Board of Review, Nicholas has shown great determination and was able to reach Eagle Scout rank within 2-½ years of becoming a Boy Scout!

Nicholas has held mul-

iple leadership roles since joining Troop 24. He was senior patrol leader from June 2016 to January 2017 in addition to being patrol leader and assistant patrol leader twice each. He is currently troop guide and historian. Nicholas became an elected candidate of the Order of the Arrow in February 2017 and completed his Ordeal in May 2017. He has 33 merit badges, of which his favorites are personal management, chess, and swimming.

At the ceremony, he received the bronze and gold

palms for his merit badges. He has also completed 126 service hours with various community service projects such as gardening, teaching, and volunteering for different organizations; for example, Faith Lutheran Church, Salvation Army, Quincy Animal Shelter, New England Base Camp, and Swedish School in Boston. He has also hiked 52 miles and camped 58 nights with Troop 24. Nicholas has gotten many awards including, Arrow of Light, Isaac Davis Trail Medal, Totin'

Cont'd On Page 2



City Council Committee Assignments - Page 4
 Habits That Can Wreck Your Teeth - Page 9
 Dec. 18-29 Real Estate Transactions - Pages 14-15

More Quincy news:
The Quincy Sun.com

Enbar-Salo: Troop 24 First Eagle Scout In Almost A Decade

Cont'd From Page 1

Chip, Interpreter Strip, Cyber Chip Award, Rare Adventures Award, Recruiter Strip, Messengers of Peace, National Outdoor Achievement Award, Youth Religious Emblem, and Religious Square Knot.

Nicholas received citations from BSA Director of Field Service Jonathan Pleva, Spirit of Adventure Council; Norfolk County Sheriff Michael Bellotti; Glen Buscher, Robert I. Nickerson Post 382; Ward 6 Councillor William Harris

with Councillors Noel DiBona and Anne Mahoney; Sen. John Keenan; and Rep. Bruce Ayers.

The Eagle Scout Court of Honor was very special to Nicholas, who has two mother languages, English and Swedish. Speakers read speeches in both languages, and two scouts played musical instruments. During a photo slideshow, Ted Eng played "On Eagle's Wings" on the piano and Benjamin DeBisschop played the guitar and sang "On My Honor" at the end of the ceremony.

Master of ceremonies was Stephen DeBisschop, junior asst. scoutmaster, Troop 24. The Rev. Doug Gray, Troop 24, and Robert Cline, Troop 11 Dorchester, did the invocation and benediction. His mother, Asst. Scoutmaster Catharina Enbar, read a touching poem and Daniel DiCenso, an Eagle Scout and family friend, led The Eagle Scout Promise.

Nicholas has enjoyed his time in Troop 24, and will continue to be active and create fond memories with his fellow scouts.



EAGLE SCOUT RECOGNITION: (left to right, front row), Asst. Scoutmaster Catharina Enbar, Councillor Noel DiBona, Scoutmaster Karl DeBisschop, Glen Buscher of Robert I. Nickerson Post 382, Eagle Scout Nicholas Enbar-Salo, BSA Director of Field Services Jonathan Pleva and Norfolk County Sheriff Michael Bellotti. Back row (left to right), Councillor-elect Anne Mahoney, Sen. John Keenan, BSA Advancement Chair Bob Wanamaker, BSA Director of programs Darrin Johnson, and Ward 6 Councillor William Harris. Photo Courtesy of Andy Savage

Pine Island Stroll Jan. 14

If you can't make it to the Caribbean this winter, you can still experience an island sunset on Quincy's own island in Black's Creek and perhaps get a sighting of a coywolf.

Join Sally Owen for a

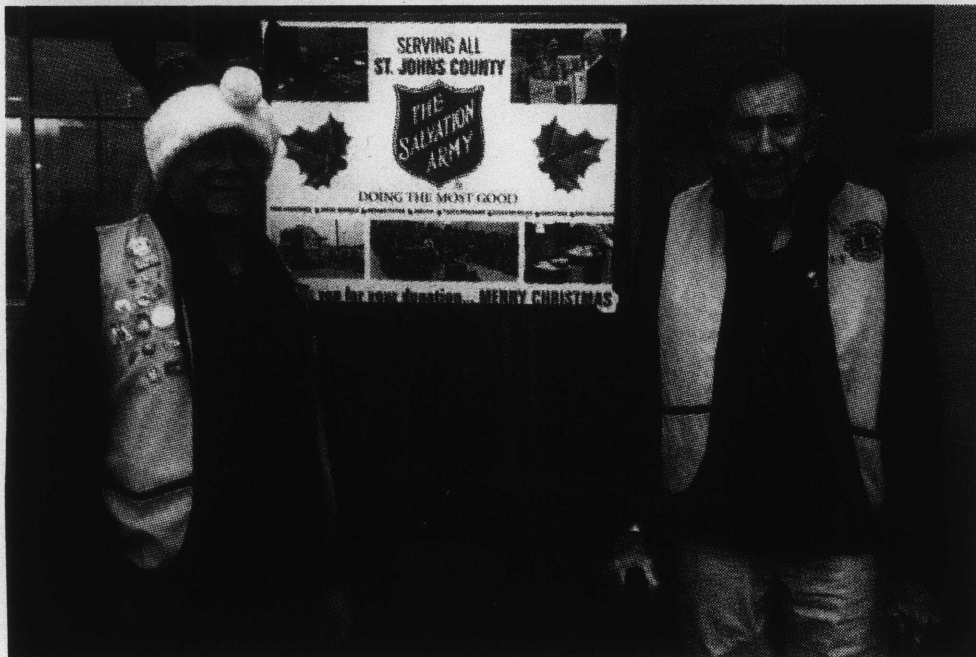
free stroll at low tide over to Pine Island on Sunday, 14. Meet at the intersection of Thornton Street and Meadowbrook Road at 4 p.m.

Participants should wear warm clothing and boots that can get wet. A hiking

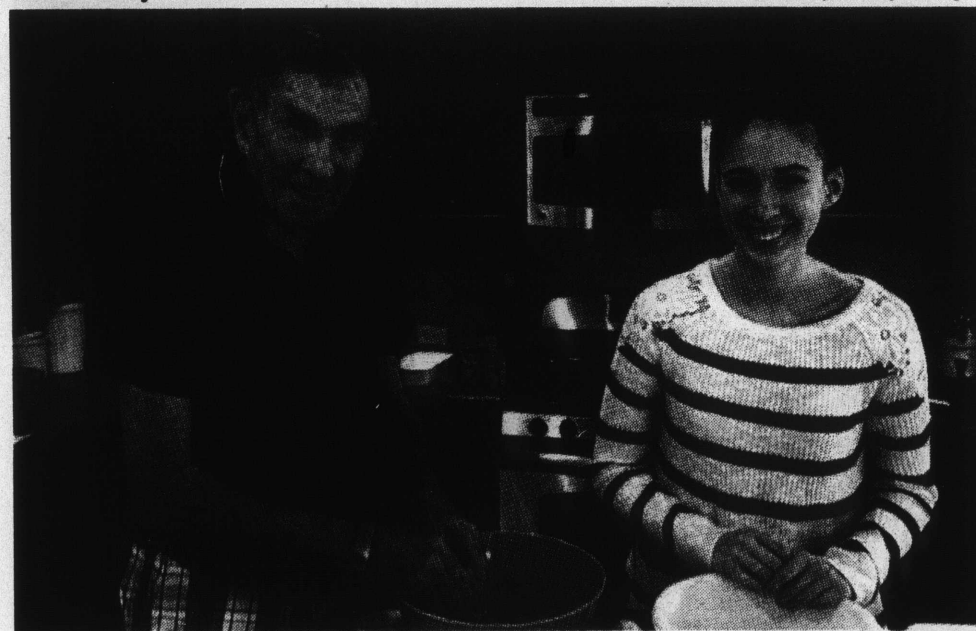
stick or pole would be helpful.

If the conditions on the ground are too icy or there is inclement weather, the tour will be rescheduled. Call 617-472-0799 on Jan. 20th for rescheduling information.

Former Mayor Frank McCauley Celebrates 88th Birthday



LONGTIME LION Frank McCauley rings the bell for the Salvation Army in St. Augustine, Florida with the St. Augustine club's King Lion, John Dickie. The former mayor celebrated his 88th birthday Dec. 27. Photos Courtesy Jennifer Logue



FORMER MAYOR Frank McCauley shows off his culinary skills making his famous meatloaf, ably assisted by granddaughter Katie Logue.

QAA Winter Art Classes Start Saturday

The Quincy Art Association is offering art classes

beginning Saturday, Jan. 6 and the deadline to sign up is Friday, Jan. 5.

There are lots of classes to choose from including drawing, clay, painting children and adults from beginners to accomplished artists.

Go to www.quincyartma.org for a full schedule and registration form. Follow us on facebook to "meet" the instructors and see examples of their art.

For more information call 617-770-2482.

Frank and his wife, Sandra, are spending the winter in Ponte Vedra with their daughter, Jennifer Logue, and her family. And thanks to Facebook, the former mayor's birthday was brightened by hundreds of well wishes from friends, family and former constituents.

Trash, Recycling Topic Jan. 16

Join John Sullivan, program manager for the Quincy Department of Public Works, at the Kennedy Center on Tuesday, Jan. 16th at 10 a.m. and hear about the trash and recycling programs in the City of Quincy.

To register for this event call 617-376-1506.

CPR Course

Health Ed of New England will hold a Basic Life Support CPR course for healthcare providers, Thursday, Jan. 11 from 6 to 10 p.m. at Christ Church, 12 Quincy Ave. Quincy.

The cost is \$55 per person.

The course requires pre-registration by Wednesday, Jan. 10. To register, call 781-582-1440 or 800-434-6000, or visit www.healthednewengland.com

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Space Heater Blamed For South Quincy Fire

By SCOTT JACKSON

The city's fire chief is urging residents to exercise caution while using space heaters after a space heater caused a two-alarm fire in South Quincy that left six residents homeless.

Firefighters were called to 32-34 North Payne St. shortly after 5 a.m. on Dec. 26. Fire Chief Joseph Barron said the following day. The people living inside the two-family home were lucky to escape, he said; there were no working smoke detectors inside and the residents awoke to smoke-filled rooms.

"The families were lucky to get out," Barron said. "Some of them escaped without even shoes on their feet."

The fire left the building uninhabitable. A family of four was living on the first floor and two people were residing on the second floor.

One firefighter sustained a cut on his hand and was

taken to Quincy Medical Center, where he was released after receiving several stitches.

"He will be out a short period of time and we expect him to be back," Barron said.

Barron said a space heater placed too close to combustible material caused the fire. The chief said residents should be cautious about where they place space heaters and avoid putting them near flammable materials.

"It's important to maintain proper clearances," he said.

Firefighters' efforts to enter the first floor apartment were hindered by a large amount of material that blocked one exit entirely. Barron said residents should make sure all exits are accessible.

"Make sure your exits are open," he said. "They accumulated large amounts of debris - I don't know what else to call it - and the



TWO-ALARM fire at 32-34 North Payne St. on the morning of Dec. 26 left six people homeless. Fire Chief Joseph Barron said a space heater was to blame for the blaze, and urged residents to exercise caution if using a space heater.

Photo Courtesy Firefighter Stephen Sweet

rear exit wasn't accessible. It wasn't accessible as an exit or to firefighters."

Additionally, Barron said

residents should ensure they have working smoke and carbon monoxide detectors in their homes, particularly

in the midst of a cold snap that saw daily low temperatures in the single digits for more than a week.

"Make sure you have working smoke detectors and carbon monoxide detectors," he said.

Ask the GEMOLOGIST

BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



GREEN GARNET

While the word "garnet" comes from the Middle English word "gernet," meaning "dark red," perhaps the most notable variety of garnet is the green variety of andradite garnet known as "demantoid" (which means "diamond-like"). This rare and valuable gemstone displays a fire that is even greater than diamond's, while its color rivals that of emerald. Demantoid garnet is also one of the only gemstones whose inclusions are considered to be as aesthetically pleasing as its color and brilliance. In fact, its value is positively affected by the prominence and definition of so-called "horse-tail" inclusions, which are good indicators (but not conclusive proof) that the gemstone is of Russian origin. This extremely

rare and very valuable January birthstone is truly remarkable.

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Croall Seeks To Reactivate Council Committees

Cont'd From Page 1

president.

"It's an honor, in one word, quite honestly. I grew up in the city my whole life, and even having the opportunity to serve as Ward 2 city councillor was kind of way beyond any sort of thing I could have seen coming for myself and I've thoroughly enjoyed it," Croall said.

"Now obviously in a time the city is rapidly changing, to have the support of my colleagues to essentially be the figurehead and represent them regarding the matters pertaining to the city council, it's an honor that comes with great responsibility."

In his new role as council president, Croall said he wants to continue the success he has had over the past four years leading the finance committee. Key to that, he said, is communication.

"I think I've had some good success as the finance chair sort of recalibrating how the process is done in terms of that committee," Croall said.

"It all comes down to communication. I want to be in a position where I'm effective to my council peers, I want to be an effective communicator in conversations with the administration, because at the end of the day we all have a shared vision and we want the best for the city."

"My goal, quite honestly, is to take that ward-councillor tenacity that I've displayed in Ward 2 and bring it to the City Council presidency, making sure people are given information in a timely basis, have the opportunity to participate in public hearings and ultimately make decisions to shape policy," Croall added.

The City Council presently has 17 committees. Three – finance, ordinance and oversight – are committees of the whole, while the remaining committees have five members each. As council president, Croall does not plan to introduce more committees but wants those already in place to play a more active role.

"I'm not introducing new committees. I don't have any new bells and whistles. My goal is to really reactivate the subcommittees and make those more of a noticeable function of city government. For example, what is the City Council's approach to dealing the quality of life issues that we hear every day," Croall said.

"Traffic and parking – are we using the subcommittees to facilitate conversations around a matter such as that. Housing – what is our attitude towards not only building some of the higher-end stuff in the downtown, but what are we doing to acknowledge that we're going through a transformative

time with the people that are already here in terms of the Baby Boomer generation who are going to be making decisions whether or not they hold on to their homes or transition to something a little more affordable.

"So how is the City Council using some of the subcommittees to tackle these issues that are impacting people's lives every day? That's important to me, to have folks, my colleagues, that are stepping up and are going to run these meetings and get people involved and get the word out there in terms of whatever the issue is that we're dealing with."

Croall identified several issues the council will be dealing with over the next two years, including issues it has dealt with over the past several years like the redevelopment of Quincy Center, traffic and parking, and reviewing the mayor's proposed budget.

"The downtown is an ongoing discussion, for sure," Croall said. "How do we basically shape a district for the next hundred years that's inclusive for everyone? And I think more importantly, how are we examining the financial piece that supports it all? Because at the end of the day the downtown is set up to be fully self-supporting, but are there ways to make it even more economically feasible for not only the taxpayers of today but tomorrow. I think that's incredibly important."

"Outside of that, you know, you hear the same issues. The traffic and parking. The days of one-car households are non-existent. I think as we grow as a city, particularly with some of this high-density development, how are we adapting to the change in the number of people that are occupying the city, because it's a real concern. I hear it everyday – I heard it this morning, literally."

"The biggest thing we do, obviously, and this is why committee chairs are so important, is examine the city's budget. Is it reflective of our who we are and what are goals are as a collective community?"

"For me, it's about putting the right chairs in the right place. We're in a time, in my opinion, in this city where leadership on all fronts of government is a must."

Croall said he hopes to partner with Quincy's business community on city-wide issues. He pointed to his success working with the business community to raise funds for projects in his ward, and hopes to apply those same priorities city-wide.

"One of the things I

New Committee Assignments

By SCOTT JACKSON

Committee assignments for the upcoming City Council term have been announced, with new leaders taking over the finance and ordinance committees among others.

Ward 2 Councillor Brad Croall, who will be elected council president at a Jan. 8 organizational meeting, recently announced his appointments to the 17 council committees. Three – finance, ordinance and oversight – are committees of the whole, and the other 14 have five members each.

Ward 3 Councillor Ian Cain will be the new chairman of the finance committee and Ward 5 Councillor Kirsten Hughes will be its vice chairwoman. Croall had been chairman of the finance committee the past four years, and Cain was the vice chairman the last two years.

Councillor Nina Liang will be the new chairwoman of the ordinance committee, and Councillor Noel DiBona will serve as the vice chairman. Former Ward 1 councillor Margaret Laforest served as the committee's chairwoman the past two years, and former councillor Joseph Finn had been the vice chairman.

Ward 4 Councillor Brian Palmucci will continue to serve as the chairman of the oversight committee, a position he has held for the past four years. Councillor-elect Anne Mahoney will serve as vice chair-

woman of the committee; Finn was previously its vice chairman.

Hughes will serve as the new chairwoman of the downtown and economic growth committee, which Liang previously chaired. Hughes will serve on the committee along with Mahoney (vice chairperson), Cain, DiBona and Ward 1 Councillor-elect David McCarthy.

Ward 6 Councillor William Harris will be the new chairman of the public works committee; Finn was the committee's most recent chairman. Joining Harris will be McCarthy (vice chair), DiBona, Cain and Palmucci.

Mahoney will serve as the new chairwoman of the education committee, joined by Harris (vice chair), McCarthy, Liang and Palmucci.

Palmucci will continue to serve as chairman of the public safety committee, joined by Hughes (vice chair), DiBona, Mahoney and Liang.

Liang will continue to lead the community engagement committee and will be joined by Harris (vice chair), McCarthy, DiBona and Mahoney.

Harris will continue to serve as the chairman of the environmental and public health committee, along with DiBona (vice chair), McCarthy, Mahoney and Liang.

Palmucci is the new chairman of the housing committee. Hughes is the new vice chairwoman of the commit-

tee and Harris, McCarthy and DiBona will round out its members.

Hughes will serve as the new chairwoman of the library and historic places committee, along with Liang (vice chair), DiBona, Cain and Palmucci.

Mahoney will take over as the new chairwoman of the municipal technology and information management committee. Liang will be the vice chairwoman and McCarthy, DiBona and Palmucci will also serve on the committee.

McCarthy is the new chairman of the park and recreation committee, joined by Harris (vice chair), DiBona, Liang and Croall.

McCarthy will also chair the public buildings committee and Palmucci will be the vice chairman. DiBona, Hughes and Cain have also been assigned to the committee.

Palmucci is the new chairman of the rules committee, joined by Cain (vice chair), Hughes, Mahoney and McCarthy.

Croall will continue to serve as the chairman of the senior citizens committee. Joining him will be Liang (vice chair), Cain, DiBona and Mahoney.

DiBona will continue to serve as the chairman of the veteran services committee. Harris will be the vice chairman of the committee, which will also include McCarthy, Hughes and Liang.

think is just as important is recognizing the business community's role with government," he said. "As you know, I've had some pretty good successes over the years, whether it was building a loop trail at Faxon Park or finding partnerships for playgrounds at Fore River or Fore River improvements themselves. How do we solidify the relationships between business and government? I think that's a principle that can apply throughout the city."

A project is now underway at the Fore River Clubhouse to upgrade the building. Exterior work took place in 2017, and Croall said interior renovations should begin over the winter.

"The exterior has been completely updated and modified – a lot of that material paid for by corporate citizens, business relationships of mine that I've built over the years, and installed by the in-house talent that

we have working for the city," Croall said.

"Next step is to kind of take that same approach to

the inside of the clubhouse. You're dealing with a building that was built in World

Cont'd On Page 11



**Moments
in time**

THE HISTORY CHANNEL

• On Jan. 18, 1778, English explorer Captain James Cook becomes the first European to discover the Hawaiian Islands when he sails past the island of Oahu. Two days later, he landed at Waimea on the island of Kauai and named the island chain the Sandwich Islands, in honor of the earl of Sandwich.

• On Jan. 21, 1855, John Moses Browning, sometimes called the "father of modern firearms," is born in Ogden, Utah. When he was 24 years old, Browning received his first patent, for a rifle that Winchester manufactured as its Single Shot Model 1885. The rifle is still made today.

• On Jan. 16, 1919, the 18th Amendment to the U.S. Constitution, prohibiting the sale of alcohol, is ratified and becomes the law. It failed to prevent the distribution of alcoholic beverages, however, and led to the rise of organized crime in America.

• On Jan. 15, 1936, Edsel Ford, the son of auto industry pioneer Henry Ford, forms a philanthropic organization called the Ford Foundation with a donation of \$25,000. The foundation was established in part as a legal way for the Ford family to avoid inheritance taxes.

• On Jan. 17, 1953, a prototype Chevrolet Corvette sports car makes its debut at General Motors' Motorama auto show. The Corvette was named for a fast type of naval warship.

• On Jan. 19, 1977, President Gerald Ford pardons Iva Toguri, one of the "Tokyo Rose" Japanese women who broadcast Axis propaganda over the radio to Allied troops during World War II. Toguri was a U.S. citizen who was trapped in Japan when war broke out.

• On Jan. 20, 1987, British negotiator Terry Waite is captured by Shiite Muslims in Beirut while attempting to win freedom for Western hostages. He was not released for more than four years. (c) 2017 King Features Syndicate, Inc.

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Scenes From Yesterday



S. PENNIMAN & SON,
C. H. PENNIMAN, PROP.
TELEPHONE - - - RESIDENCE 135-2 Webster
STABLE 207 Photo
TAXICAB FOR ALL OCCASIONS AT POPULAR PRICES

THIS 1909 advertising postcard was mailed by Stephen Pennimen and Son Livery Company that was located behind the Greenleaf Building on the corner of Hancock and Granite Streets in Quincy Square. They provided hackney, livery and boarding services at their stables there. They also provided public carriages at the Quincy railroad depot. This brand new Model T was one of the first build by the Ford Motor Company in Detroit and

was the first motorized taxicab in Quincy. In 1910 there were only 300 motor vehicles registered in the city. Today, 118 years later, there are over 75,000. The Pennimen family provided taxi service in Quincy for over 50 years. Thanks to Bob Foy for this old postcard. To contact Tom Galvin, e-mail tmgalvin@verizon.net.
From the Collection of City Historian Tom Galvin

Bill Burke Opposes Fore River Compressor Station

As a response to a recent letter headlined "Climate Action Network Disappointed by Rep. Chan," I would like to express my unwavering opposition to the Fore River Compressor Station. Having been a proud resident of Quincy for many years, I consider the installation of this compressor station to be the biggest public health issue of our time and I join most all Quincy residents and elected officials in expressing my opposition.

The proposed compressor station at Fore River Bridge in North Weymouth is dangerous and will adversely effect many Quincy and Weymouth residents, most crucially the 900+ residents who live within a half-mile of the proposed site and 3,100 young vulnerable children who live within a one-mile radius. It will expose the residents of

our neighborhoods to toxic air pollution throughout the area of the Fore River basin. This compressor station will, by design, release certain emissions on a scheduled basis (known as blowdowns) for maintenance to relieve gas pressure. During these blowdowns untreated natural gas containing toxic chemicals is released into Quincy's air with potentially serious adverse public health risks.

We are told by the corporate interests pushing this project that these known potential carcinogens will dissipate and evaporate in the atmosphere and not cause any residual effects to the population of the residential communities surrounding the Fore River basin. In my opinion, this is simply not true, and it seems that every civic group and elected official is aware, except our current state Rep Tackey Chan.

Burke Donates \$800 To QHS Girls Basketball Team

The coach of the Quincy High School girls basketball team, Jeff Bretsch, requested a donation from me to pay for a film breakdown software from Krossover Intelligence. I was happy to donate \$800 for this amazing software to help support the Quincy High School girls basketball team.

Both boys and girls basketball teams requested a donation of \$6,000 for a shooting machine. I donated over \$6,000 for the shooting machine and it has helped both basketball teams immensely.

I have also given 176 scholarships for a total of \$176,000 for Quincy students to attend my alma mater, the University of Massachusetts.

Quincy High School had also asked for a fitness center to be built and I donated \$100,000 to build the fitness center at the new Quincy High School. I recently inquired about the fitness center and was told by the principal that it is the most used room at Quincy High School.

George G. Burke
Quincy Attorney

READERS FORUM

In stark contrast to Chan's posture, opposition by has been expressed by Quincy's Senator John Keenan, Rep. Bruce Ayers, Mayor Tom Koch, Ward 2 Councilor Brad Croall and former Ward 1 Councilor Margaret Laforest and several other members of the state legislature and other officials from neighboring cities and towns have all expressed opposition and serious concern regarding the location and proposed operations of this compressor station at Fore River.

Why has Tackey Chan essentially supported this hazardous project and downplayed the threat posed? Chan merely expressed his apprehension that without the compressor station Quincy residents would lack sufficient gas heat supply on cold winter days and nights. Mr. Tackey Chan chooses a lame excuse for the rationalization of his support for these big business polluters. Folks can only wonder why he chooses to side with (corporate polluters) and not the safety of the people.

Why Tackey? As the owner of Burke Oil Company, and a leading heating fuel business industry expert, in the area, I assure you there is plenty of supply, this is a non-issue. In addition, Attorney General Healey has already expressed, as far back as 2015, that the state already has sufficient gas supply for our current and future needs. Clearly Chan's lack of effort in opposition

and careless disregard for the severity of this issue is very alarming to me and many members of our community who are extremely concerned about this project. As a resident of Quincy, I fear not only for our public safety but also fear having representation on Beacon Hill refusing to recognize the danger of this project. I wish to be the advocate for Quincy on Beacon Hill who will listen to the community's concerns, look out for our common good, and not leave constituents exposed to threats from big business without scrutiny and push-back.

Civic action groups like Quincy Climate Action Network (QCAN) and Fore River Residents Against the Compressor have been let down by Rep. Chan on this issue and others. He doesn't seem to be concerned about this crucial public health issue we are now facing. I am committed to fighting for the health of our environment and our people. I promise the constituents of Quincy that if my campaign to be elected to the State Legislature Nov. 6th, 2018 is successful, I will stand and give my full effort in opposition to the installation of this compressor station at the Fore River Bridge. I ask for your support and your vote.

Bill Burke
Candidate for
State Representative
2nd Norfolk District
(Quincy)

Quincy's Yesterdays

This Week
1970
48 Years Ago

McIntyre Predicts Substantial Tax Hike

Mayor James R. McIntyre gloomily predicted "another substantial" tax rate increase for Quincy this year.

In two major austerity moves to tighten the city's municipal belt and help head off a big tax hike, the mayor said he will:

- Reject any general pay increase requests for city employees.
 - Cut department budgets "to the bone."
- "There will be no general pay increases for city employees this year. We just cannot afford it," he said.

SHIPYARD SEEKS 2,000 WORKERS

The hiring of nearly 2,000 more tradesmen during the next few months will help make 1970 General Dynamics' "busiest year at its Quincy Shipbuilding Division," it was predicted.

With current shipbuilding employment levels at 8,300, the drive for new employees will increase employment to more than 10,000, a \$12 million impact on General Dynamics' payroll is seen.

Welders led the way with 300 openings, followed by electricians, pipefitters and sheet workers.

266 UNIT SENIOR FACILITY 100% FILLED

The 266-unit south wing of Senior Citizen Housing at 1000 Southern Artery has been 100 percent leased and 275 names remain on the waiting list with more being added each day, according to a report from the center.

The non-sectarian, non-profit facility was built and is operated by Quincy Point Congregational Homes, Inc. for senior citizens age 62 and older.

QUINCY-ISMS

Mr. and Mrs. Henry Dondero were the proud parents of a daughter born at Quincy City Hospital... Mrs. Leonard, Mrs. Mark Russell and Mrs. Alex Engelmann were co-chairs of the Christ Church's Mothers' Club potluck supper... Mr. and Mrs. George S. Walker of Wollaston celebrated their 54th wedding anniversary at a Mass and reception at their house. The party was given by their five children... Hugh E. Dawes, Grand Knight North Quincy Knights of Columbus, appointed Charles J. Graham deputy grand knight to serve as chairman of its 50th anniversary program to be held April 24, 1971... Rev. Lloyd F. Martin assumed his new duties as minister of the Wollaston Congregational Church. He succeeded Rev. Harold G. Leland... Dr. Sumner D. Hirschberg received the Jewish War Veterans "Citizen of the Year Award" on behalf of the members of the Quincy Symphony Orchestra... Wollaston Federal Savings and Loan Association announced new banking hours: 8 a.m. to 6 p.m. daily and Thursday until 7:30 p.m.... Former Mayors Thomas S. Burgin and David S. McIntosh attended the third inaugural of Mayor James R. McIntyre. Former Mayor Amelio Della Chiesa was too ill to attend... Councilor at Large and State Representative Arthur H. Tobin was unanimously elected city council president when the Council organized for 1970. He succeeded Ward 6 Councilor J. Vincent Smyth who served as council president in 1968-1969... School Committeeman James F. McCormick, Sr. beginning his 11th year on the committee, was elected committee vice-chairman for 1970-1971... Heslip E. Sutherland, president of the Quincy Cooperative Bank, announced the election of Charles G. Peterson as vice president of the bank... James Lyons was installed as the president of the Ward 2 Civic Association. Other officers included James DeCristofaro, vice president, Maurice Horrigan, treasurer, Mrs. Elsie Fitzgerald, recording secretary and Mrs. James Lyons, corresponding secretary... The North Quincy High School basketball team, defending Greater Boston League champions, was seeking its third straight win in an upcoming game against Medfield at the Boston Garden... Coach Bob Sylvia's Quincy High School hockey team would be seeking its fifth straight win when the team plays Medford at the Boston Arena... Rico Petrocelli, selected as the most valuable Red Sox player by the Boston Baseball writers, was honored at a dinner hosted by the Montclair Men's Club... James E. Davidson, 291 Billings St., North Quincy, won the Doorway Decorating contest sponsored by the Quincy South Shore Festival Committee. A Special Doorway Award was given to John and Anita Ricciuti, 31 Stone Brae Rd., Wollaston.

Interfaith Raises Record \$385,000 At Feed Hungry Gala

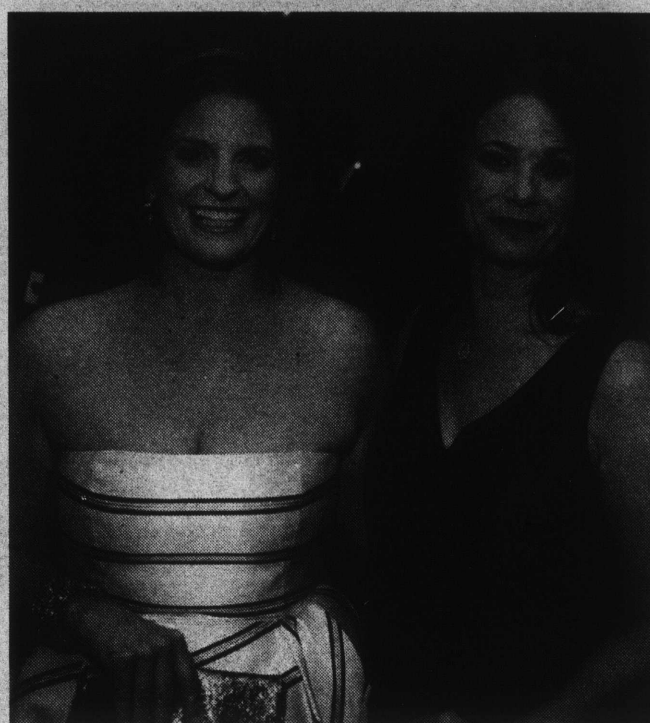
Thousands of South Shore families in need will have food on their tables, roofs over their heads and the counseling services they need thanks to the generosity of sponsors and attendees of Interfaith Social Service's 20th Annual Feed the Hungry Gala.

The annual fundraising gala, held Dec. 8 at Granite Links Golf Club, brought in a record \$385,000 to support Interfaith's programs.

Celebrating its 70th anniversary of neighbors helping neighbors, Interfaith provides a safety net for families that may need food, housing assistance or mental health counseling. Interfaith's food pantry distributes nearly 500,000 meals each year and seasonal programs provide area children in need with Halloween cos-



HINGHAM'S ALLY DONNELLY (left), of NBC Boston and gala co-chairperson, with Robin Organ and Chris Buchanan, director of Public Affairs & State & Local Government Relations for Walmart. Walmart donated \$70,000 to Interfaith Social Services for their 70th anniversary this year.



NBC BOSTON'S Ally Donnelly (left), of Hingham, and MavroCreative's Donna Mavromates (right), of Hingham, co-chaired the 20th Annual Feed the Hungry Gala.

Photos Courtesy FayFoto Boston.



CHEF ANNEMARIE STENFORS, of Hingham's Alma Nove, prepared truffled grilled cheese with tomato soup.

tumes, Christmas gifts, Easter baskets and more.

Providing for a third of Interfaith's annual budget, the Feed the Hungry Gala has grown significantly in the past decade, with proceeds increasing 500 percent since 2009. This astonishing growth has enabled Interfaith to keep up with the increased number of families coming to the organization for assistance.

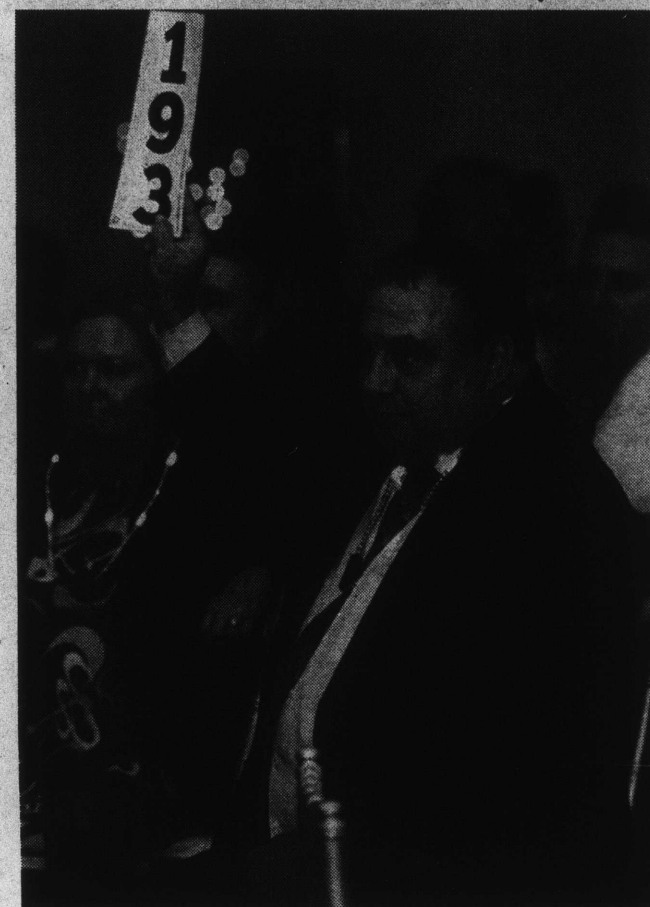
Attendees at this year's event were treated to live music, games, raffles, a silent and live auction and amazing food and drink samples. Local restaurants participating in the chef dine

around included The Quarry, The Townshend, Alma Nove, The Corner Stop, The Range Bar & Grill, JP Fuji Group, Island Creek Oysters, Fratelli's, Sadie Mae's Cupcakes, Montilio's and Granite Links Golf Club. Beverages were provided by Bin Ends Wine, Boston Harbor Distillery, Simpson Springs, Mayflower Brewing, Bradford Distillery, Bully Boy Distillery, Coffee Break Cafe and Samuel Adams.

Emcee Latoyia Edwards, of NBC Boston, guided guests through the evening's program, including a tribute to this year's Community Hero, Bob Taylor, who led Interfaith Social Services for more than 30 years.

This event could not be produced without the tireless work of the gala committee, headed by NBC Boston's Ally Donnelly and MavroCreative's Donna Mavromates, and the generous contributions from sponsors.

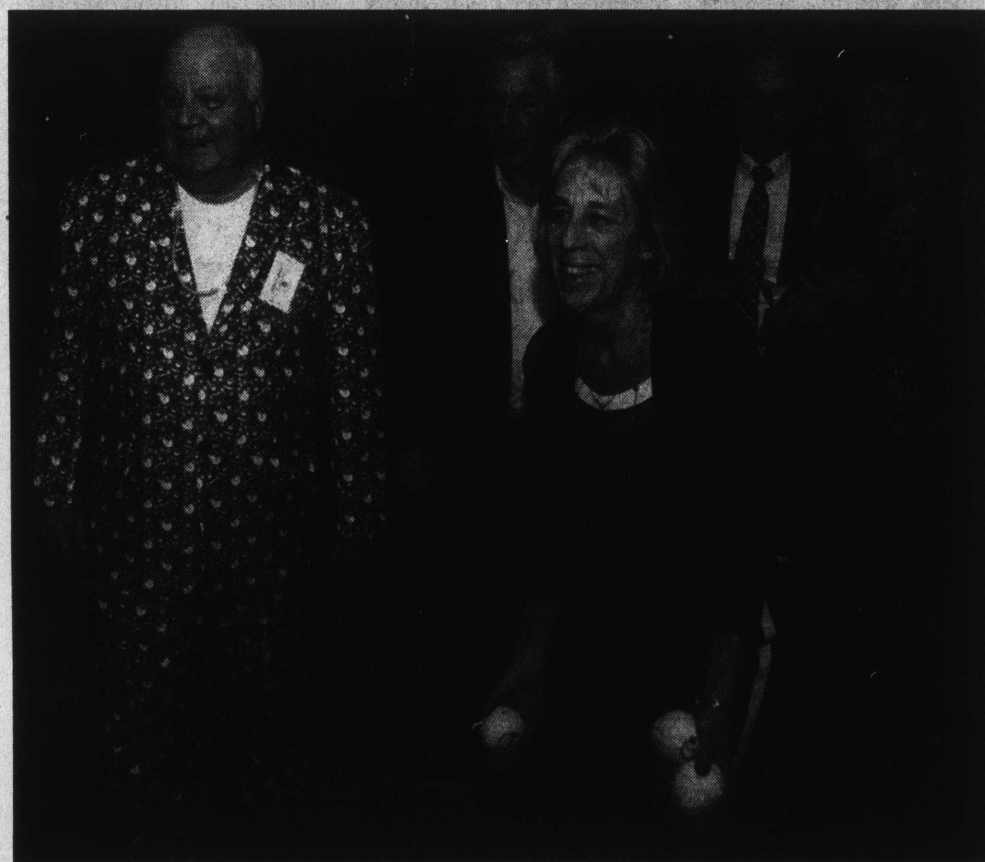
Lead sponsors of the 2017 gala include Walmart,



GUEST MATT DONNELLY, of Cohasset, raises his paddle during the live auction.

Arbella Insurance Foundation and JetBlue Vacations. Hero-level sponsors included Granite Telecommunications, MavroCreative, NBC Boston, Neighborhood

Health Plan, Quincy Mutual Group and South Shore Living. The 2018 Feed the Hungry Gala is scheduled for Dec. 7.



RON COLLINS of Quincy, left, an Interfaith volunteer, watches as guest Barbara Pyne, of Quincy, tries out the Snowball Toss game.

Mayor Tom Koch Cordially Invites You To The
Martin Luther King, Jr. Day Breakfast
January 15, 2018 - 9AM
Quincy High School

Special Guest Speaker
Senator John Keenan



Reserve a Table for \$100.00

"I have decided to stick with love. Hate is too great a burden to bear."

-Martin Luther King Jr.

To Reserve your ticket, call the Mayor's office

617-376-1500

Nationally Recognized Parent Education Authors Present At Crane Library

More than 40 local leaders recently convened at Thomas Crane Public Library to discuss the importance of early childhood literacy and reducing screen time with nationally recognized speakers on the topics.

The speakers were Jean C. Fahey, PhD, author, and director of Reading Partnership at South Shore Health System and Jean Rogers, M.S.Ed, author, and Screen Time program manager at the Campaign for a Commercial Free Childhood (CCFC). Participants received a signed copy of Fahey's self-published story guide, "Make Time for Reading" which is her signature tool for caregivers of children under the age of five. In addition, 12 local agencies hosted resource tables at the symposium to share current programming opportunities and best practices.

"The Quincy Literacy Symposium provided the opportunity for key stakeholders in our Quincy community to come together and share best practices about how we can promote literacy and the love of reading with our children and families," said Laureen Browning, vice president of Youth Development at the South Shore YMCA. She continued, "The presentations and resource tables provided reflection to continue our work at the South Shore YMCA in building foundations of successful childhood experiences for families."

Fahey's presentation consolidated research on brain development of children newborn through preschool and included a reading of her book. In October 2016, she was named Toyota Family Teacher of the Year by the National Center for Families Learning (NCFL). Regarding the symposium,

she said, "Quincy is a trail blazer. I would love to see more cities follow suit and create Literacy Forums."

Rogers manages the Children's Screen Time Action Network and the annual Screen Free Week celebration at CCFC. She creates resources and programs for parents, educators and healthcare professionals to reduce children's screen time and promote creative play. She is author of the book, *Kids under Fire*, and has provided workshops in the past called the "Kids Media Diet." Her presentation touched on the numerous concerns and research that practitioners currently working to reduce Screen Time arrive at this topic including: vision, low academic performance, executive function, internet addiction, nature deficit, social-emotional, sleep disturbances, childhood obesity, ADHD, and brain development. The Children's Screen Time Action Network will host the very first conference dedicated to reducing children's screen time in April of 2018 at Wheelock College.

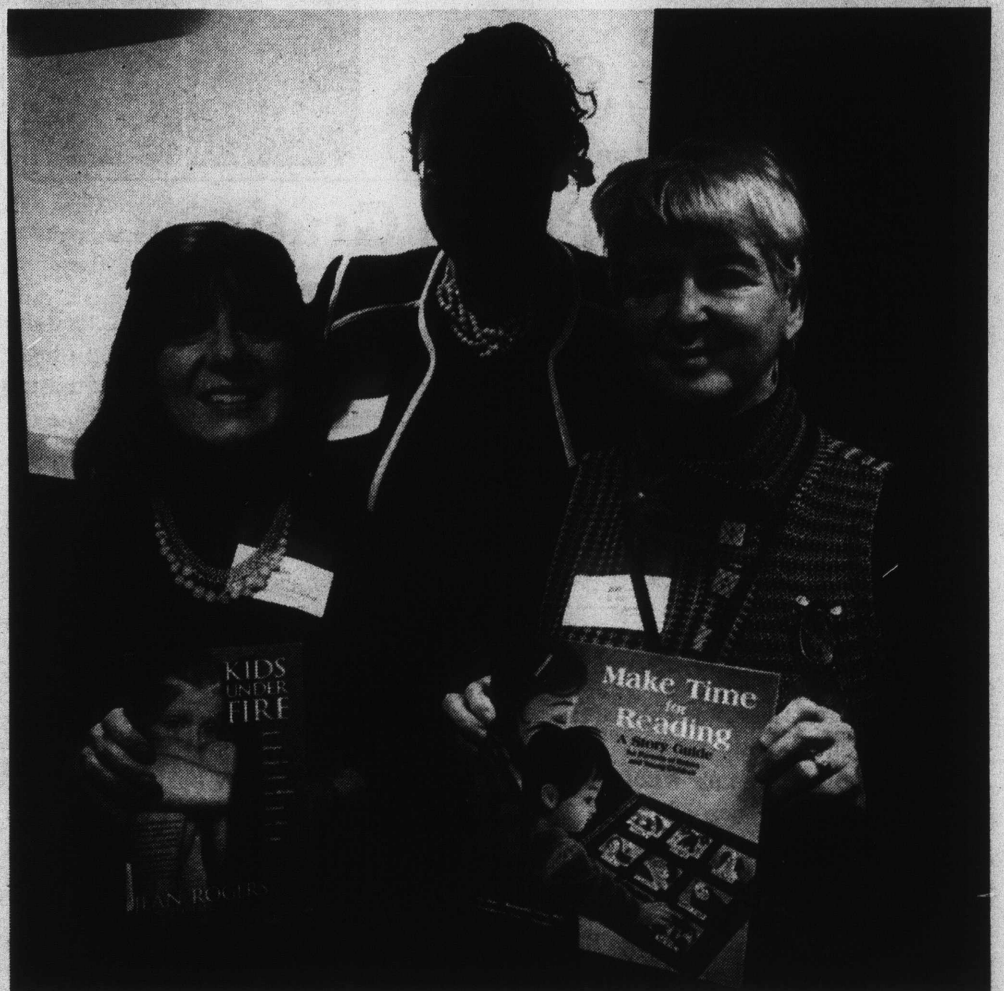
"I applaud the planning department for highlighting this topic," said Sarah Morrison, executive director of Quincy After School Child Care. She continued, "I wish that every adult who touches the life of a young child could have attended this Workshop to learn more about fostering early literacy and limiting harmful exposure to digital media."

The local organizations who hosted resource tables to provide information on current programming and best practices included: Thomas Crane Public Library; Quincy Family Resource Center; Boston Chi-

natown Neighborhood Center; Quincy Community Action Programs, Inc.; Quincy After School Child Care, Inc.; Prison Book Program; South Shore YMCA; Decoding Dyslexia-MA; Blue Hills Healthy Families; Teens With Tots; Quincy Commission on the Family Parent Child Home Program; Massachusetts Department of Early Education & Care; and Stand for Children MA.

The symposium was a success with a goal to connect and engage more agencies in planning together as a community and as individual organizations how to improve literacy outcomes in Quincy and surrounding communities.

The event, in partnership with the Thomas Crane Public Library, was coordinated by Melissa Pond of Quincy's Department of Planning and Community Development and made possible with funding from the Community Develop-



EVENT ORGANIZER, Melissa Pond (middle), Quincy Planning Department with event speakers and their published works, Jean Rogers (left), Campaign for a Commercial Free Childhood, and Jean C. Fahey (right), South Shore Health Systems.

ment Block Grant (CDBG) program of the U.S. Department of Housing and Urban Development. The CDBG program allocates grants to develop decent housing, a suitable living environment, and opportunities to expand economic development, principally for low-and-moderate income persons.

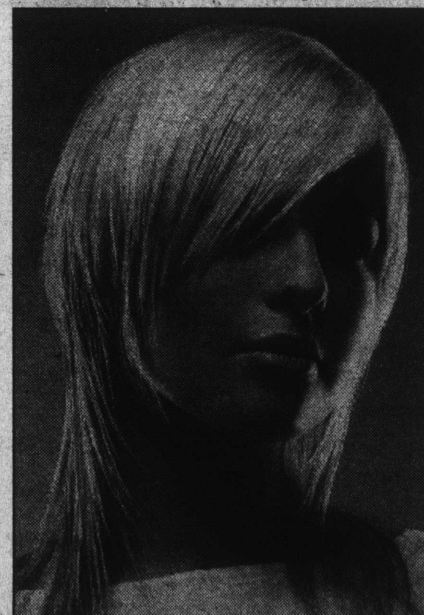


LAUREEN BROWNING of the South Shore YMCA and Robyn Dunphy of Quincy Family Resource Center provide guests with information about their organizations' efforts around literacy.

Photos Courtesy
City Of Quincy



NETWORKING CONTINUED AFTER the presentations. Left to right: Sean Glennon, Quincy Planning Department; Phil Gay, South Shore YMCA; Nancy Duggan, Decoding Dyslexia MA; Amie Stone, Mass. General Hospital; Jean Rogers, Campaign for a Commercial Free Childhood; Sarah Morrison, Quincy Afterschool Child Care; Jean Fahey, South Shore Health System; and Julie Rines, Thomas Crane Public Library.



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WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUSIE FALCO



Sweet Potato Gratin

By MARIE

Today's recipe is a great side dish with any roast, chicken and just about everything else. I have made white potato gratin with this recipe but recently found one made with sweet potatoes. And it is something you can make ahead the day before and just pop in oven when ready to use.

Recipe:

1 tablespoon unsalted butter
¾ cup of bread crumbs
¾ cup gingersnap cookies crushed (I used ordinary ginger cookies)
2 cups of heavy cream (or whole milk)
¼ cup pure maple syrup
2 teaspoons of thyme
¼ teaspoon of ground allspice (optional)
Salt and pepper to taste
3 pounds of sweet potatoes (6 to 8 medium) peeled and sliced to ¼ inch thick. (I used a mandolin to slice the potatoes)

Preheat oven to 375 degrees.

In a skillet melt butter over medium heat and add the bread crumbs and ginger crumbs. Cook stirring until lightly toasted 3 to 5 minutes and set aside. Combine the heavy cream, maple syrup, thyme, allspice, and salt and pepper in a medium sauce pan. Bring to boil and then remove from heat.

Butter a 3-quart baking dish. Spread a single layer of sweet potatoes in bottom of baking dish and pour about 1/3 of the creamed mixture on top.

Repeat to make two more layers of potatoes and cream.

Cover with foil and bake 40 minutes. Uncover and continue to bake until cream is bubbling and potatoes are lightly browned and tender when pierced with a fork (10 to 15 more minutes).

Sprinkle the bread crumb mixture over the potatoes during the last 5 minutes of baking.

Baked Apple Crisp

By SUSIE

"An apple a day keeps the doctor away" is not just a cliché. They really are associated with reducing the risk of certain chronic diseases, including heart disease (because of their high fiber and pectin) diabetes, even asthma and certain cancers (specifically colon and liver).

Apples ranked second for highest antioxidant activity. However, they ranked highest for the proportion of free phenolic compounds which make them more easily absorbed in the blood stream. Much of their antioxidants are actually in the peel of the apple (catechin, procyanidins, chlorogenic acid to name a few) so don't peel your apples!

It is very important to only look for organic apples. Apples are one of the most pesticide contaminated fruits there are. Even if you wash them, many pesticides are "lipophilic" which means they enter the flesh of the fruit (or vegetable) so all the washing in the world won't reduce all of them, but does help some.

Make sure you always refrigerate to ensure crispness. A bowl of apples look pretty, but in a couple of days, they will lose their crispness.

Here is a great recipe for those of you who have gone apple picking and have lots of apples to cook with! It is grain free, and refined sugar free, as well as dairy free, although I like to substitute grass fed butter instead of the coconut oil in the crumb topping. Enjoy!



Baked Apple Crisp

(Dairy-Free, Grain-Free, Egg-Free)

FILLING: 7 apples, peeled, cored, sliced into thin pieces

1/4 cup orange juice (juice of 2-3 oranges)

2 tbs. raw honey (melted to liquid)

1 tbs. pure maple syrup

2 tsp. cinnamon

1/4 tsp. nutmeg

In a large bowl, mix together apples, orange juice, honey, maple syrup, cinnamon and nutmeg. Pour into a pie dish and bake at 350 degrees for 45 minutes. Remove from the oven to sprinkle crumble on top.

CRUMBLE TOPPING: Mix together

1 cup almond flour/meal

2 tbs. finely ground pecans

4 tbs. raw honey (melted to liquid)

2 tbs. coconut oil or butter (softened).

Sprinkle on apples and bake at 350 for about 20 minutes.

Stuffed Turkey Breast

By MARIE

Today's recipe is one that my daughter Rita makes quite a bit at Christmas and we all enjoy it so much. One of the first things is you need to have the turkey breast butterflied so that it will roll easily with the stuffing. A butcher will do it as well as the supermarket. Of course you can also make this dish the way it is, and make stuffing separately in a casserole dish.

There are so many ways to prepare stuffing, from adding chestnuts, oysters, to name a couple - so today's is a basic one.

Preheat oven to 350 degrees.

STUFFING

1 stalk celery (chopped)

1 small onion (chopped)

1 cup stuffing mix
¼ cup white wine (optional)

1 cup sliced mushrooms

Salt and pepper to taste

2 tablespoons vegetable oil (or butter, if preferred)

In the hot oil, saute the celery, onion, mushrooms. Add the wine (or water) and mix until blended. Season the turkey breast with salt and pepper, or however you prefer.

Place stuffing in the center and gently roll the turkey breast - secure with toothpicks.

Bake for 15 minutes to the pound. Let cool before cutting. It looks quite delectable as it is cut.

Dashiell Chin Selected Delegate For U.S. Senate Youth Program

Quincy High School senior Dashiell Chin was recently selected as a delegate for the United States Senate Youth Program (USSYP).

Last October, he competed with over 125 students from across Massachusetts in a challenging US History and Government test administered by the Department of Education (DOE). After placing among the top 10 students he proceeded to the state finals in November. In this final round, held at the DOE, Chin went through an intensive interview process as well as another written examination.

On Dec. 8th, Chin was informed that he was selected as one of the two delegates from Massachusetts. He will travel from March 3 - 10 to Washington, D.C. on an all-expenses paid trip



DASHIELL CHIN (right), a senior at Quincy High School, was recently selected as a delegate for the United States Senate Youth Program (USSYP). With him is teacher Meg McMillen.

Photo Courtesy QHS

to intern with either U.S. Sen. Elizabeth Warren or U.S. Sen. Edward Markey. In addition, he will receive a \$10,000 scholarship.

He was inspired to apply to this prestigious program through his Advanced Placement U.S. Government & Politics class and his teacher

Ms. McMillen.

Chin is a distinction student and is currently the President of the QHS National Honor Society. He also participates on the Academic Decathlon, History Bowl, and Robotics Teams at Quincy High School.

Jersey Boys Trip March 17

Kennedy Center members will travel to the Hanover Theatre in Worcester for Jersey Boys on Saturday, March 17th for an afternoon show.

Sit back in your Orchestra seats for an upbeat, slickly produced and fast

paced show, Broadway's award winning musical. Jersey Boys relates the rags to riches story of four guys from Jersey who became Franki Valli and the Four Seasons.

Bus leaves the Kennedy

Center at noon and returns at 5 p.m.

Cost is \$99 per person and is due at time of registration. Space is limited.

For more information call the Kennedy Center at 617-376-1506.

Mohegan Sun Overnight Trip March 28

The Quincy Council on Aging will travel to Mohegan Sun Casino on Wednesday, March 28th for an overnight stay.

Mohegan Sun is a 34-story casino, hotel and entertainment complex with more than 5,000 slot ma-

chines and over 300 table games. Trip includes overnight stay at the new Earth Tower, two meals - buffet breakfast and dinner - in Seasons Buffet Restaurant and \$20 slot play. The trip includes a five-hour stop at Foxwoods with casino bo-

nus on way home.

Cost is \$190 per person - double occupancy. Payment must be made at time of registration.

For more information call the Kennedy Center at (617) 376-1506.

Social Security Topic At Kennedy Center

Kristen Alberino, Social Security Public Affairs Specialist, will be at the Kennedy Center on Thursday, Feb. 8th at 1:30 p.m. to discuss Social Security benefits and services, the history of Social Security, and on line

services, followed a question and answer session.

The free workshop will also provide information on applying for extra help with prescription costs, contacting Social Security to make changes, what additional

benefits you may qualify for and when you need to apply for Medicare.

To register for this session call the Kennedy Center at (617) 376-1506. Space is limited.

Orthopedic Discussion At Kennedy Center

As we age, it is inevitable that so will our bodies - especially our joints, which undergo significant wear and tear over the years.

The most common degenerative joint disorder affecting men and women is osteoarthritis.

Carney Hospital's Chief of Orthopedic Surgery Raghav Muppavarpu, MD, will be at the Kennedy Center on Wednesday, Feb. 7th at 10:30 a.m. to discuss the latest treatments for knee and hip pain associated with osteoarthritis.

Learn what you can do to reduce the symptoms of osteoarthritis.

Registration is required for this event as space is limited.

To register call the Kennedy Center at (617) 376-1506.

Council On Aging Valentine Luncheon Feb. 9

The Quincy Council on Aging will host a Valentine

luncheon on Friday, Feb. 9 at 12:30 p.m. at the Ken-

nedy Center in Quincy.

The afternoon will include a catered hot lunch, entertainment by vocalist Tricia McLaughlin and door prizes.

Tickets are available at the Kennedy Center. Space is limited.

For more information call the Kennedy Center at 9617) 376-1506.

Magician At Kennedy Center

Jack Ryan, professional magician and ESP entertainer, will perform at the Kennedy Center on Friday, Jan. 12th at 1 p.m.

Ryan, a past president of the Society of American Magicians, Boston, which

was founded by Harry Houdini in 1922, has been performing magic since 1970.

The event is free but registration is required.

To register call the Kennedy Center at 617-376-1506.

Habits That Can Wreck Your Teeth

By RUTH JONES
BSN, RN, BC, CP-FS

Mostly everyone is aware of the basics of keeping your teeth healthy: brush, floss, visit the dentist twice a year. But there are some surprising habits and lifestyle choices that could be damaging your dental health.

Chewing Ice

Chewing ice can lead to permanent damage to your teeth, leaving small cracks in the enamel. These cracks can expand over time and ultimately cause a tooth fracture, requiring a trip to the dentist and repair of the cracks. If you find yourself chewing ice, try opting for chilled water instead, or order your drinks without ice to avoid the destructive urge to chew those cubes.

Sports without a Mouth Guard

An estimated 5 million teeth are knocked out every year through sports activities. According to the American Dental Association, mouth guards prevent 200,000 sports-related mouth injuries every year. As a matter of fact, the Academy for Sports Dentistry recommends mouth guards for more than 40 various sports.

Baby Bottle Tooth Decay

As exhausted as parents may be, it is not recommended to tuck your bouncing bundle of joy in to bed with a bottle in their mouth.

A Message From The Quincy Health Department

That's because of a condition termed baby bottle tooth decay. Bottles of milk at bedtime increase the risk of early dental decay in baby's mouth. Prolonged exposure of the sugar in milk reacts with mouth bacteria to break down tooth enamel and instigate decay.

Tongue Piercings

Tongue piercings can cause multitudes of problems to the teeth, and mouth overall. Piercings may trigger teeth to chip or break and can rub against the gums causing permanent gum recession, leading to sensitivity and tooth loss. Repeatedly clicking the jewelry against teeth and accidentally biting down too hard on the piercing can damage teeth and fillings.

Teeth Grinding

In the US, approximately 30 to 40 million people grind their teeth. Teeth grinding, also known as bruxism, can be an inherited trait, and it is frequently correlated with stress or anxiety. While teeth grinding can happen at any time, the majority of people grind their teeth without being aware of it, while sleeping. Teeth grinding may pose a range of health problems to your mouth including chipped tooth enamel, cracked teeth, loose teeth, worn-down teeth, joint

problems, and tooth loss. Because teeth grinding often happens while asleep, many people don't realize they're doing it. Speak to your dentist if you suspect you may be grinding your teeth.

Cough Drops

A cough drop may ease a sore throat, but many of them can worsen dental problems. Cough drops usually contain a large amount of sugar causing bacteria to proliferate. As they multiply, so does your chances of tooth decay and gum disease. Rather than consume typical cough drops, look for sugar-free options instead.

Gummy Candy

Most people are aware that sugar can lead to cavities. Candy that sticks to the teeth can get trapped between the crevices of a tooth, and saliva is unable to wash it away. Some sugary treats to avoid include gummy candies, caramels, raisins and other dried fruits, and jelly beans. Most of these candies can be found in sugar-free varieties. Choose these options instead for healthier teeth. If you insist on giving in to your sweet tooth, proper brushing and flossing after consuming these goodies can help.

Soda

Frequent soda drinking essentially bathes your teeth

in sugar and leading to dental decay. Additionally, increased acid exposure works to erode tooth enamel and can cause tooth sensitivity. Minimize the enamel erosion by rinsing with water after your teeth have been exposed to acidic beverages. Cut back on the soda and opt for the healthier choices like water. Wait at least 30 minutes before brushing with a soft toothbrush after acid exposure to avoid further breakdown and wear of your enamel.

Using Teeth to Tear Into Packaging

Although it may seem convenient at that moment, opening potato chip bags, bobby pins, or even bottle caps with your teeth can cause teeth to chip or fracture. To protect your teeth, reach for the proper tools for such tasks instead.

Fruit Juice

Fruit juice can be a healthy choice due to its vitamin and mineral content. But this benefit can be diminished by the presence of high amounts of sugar in fruit juice. The amount of sugar in naturally sweet fruit juice is usually under-

estimated. For example, apple juice contains approximately as much sugar as the same volume of soda. Diluting the fruit juice with water helps reduce sugar content and minimizes detrimental exposure to your teeth.

Constant Snacking

Continuous snacking throughout the day, results in food debris and plaque sitting on your teeth for prolonged periods of time. If you must snack between meals, consider snacking on cleansing-type foods that minimize plaque buildup. A few good choices are apples, carrots, and celery.

Pencil Chewing

We often unconsciously chew on pens/ pencils or bite objects when we are concentrating. This places increased pressure on teeth, which can cause them to chip or fracture over time. If this is a nervous habit, try a healthier alternative. Chewing sugarless gum can prevent tooth damage, and it also stimulates saliva production and helps to cleanse teeth in the process.

Smoking

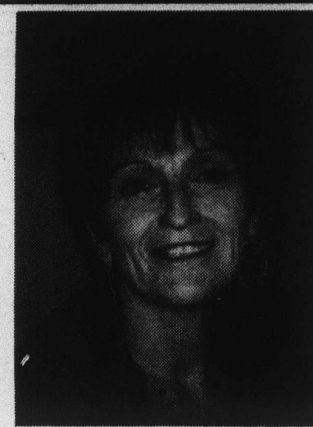
Tobacco use dries out the mouth and increases the

amount of plaque buildup around your teeth. Compared to nonsmokers, smokers are more likely to lose teeth due to gum disease. Additionally, tobacco use is a high risk factor for oral cancer. Seek assistance from professionals to increase your chances of success in kicking this unhealthy habit.

Binge Eating

Binge eating usually involves consuming large amounts of sugary foods and drinks, which maybe the forerunner of dental decay. Binge eating may also occur with another eating disorder such as bulimia, in which the food is purged by vomiting. Because vomit is highly acidic, it can erode and destroy teeth over time. Medical care and intervention are important to address these eating disorders.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.



RUTH JONES

Tips For New Gym Membership From Better Business Bureau

By PAULA FLEMING
Better Business Bureau

Is joining a gym on your list of New Year resolutions? You're not alone.

January sees a huge surge in gym activity (up 50% from December). Before you sign on the dotted line, however, do some warm-ups! To get the most from your gym membership, consider these tips from BBB:

Determine your fitness goals. Determining your goals in advance will help you select a facility that is most appropriate for you. It's also a good idea to check with your physician before embarking on a new fitness regiment, especially if you have a medical condition.

Figure out your priorities. What is most important to you? Will a convenient location and extended hours help you stick to your fitness plan? Will a variety of equipment or classes keep you motivated? Do you work out while traveling and prefer a chain with numerous outlets? Determine your top priorities before you start shopping around.

Check bbb.org. BBB has Business Profiles on more

than 15,000 health clubs, fitness centers and gyms. Read what previous customers have to say, and see how the businesses respond to complaints. This information may help you narrow down the list of gyms you want to tour in person.

Take a tour. Make sure the gym has the equipment, classes and trainers you need or expect. Pay attention to things that are important to you, whether it's the cleanliness of the showers or the availability of Wi-Fi. Ask questions and make sure you understand all the rules. Ask about busy times, wait times for equipment, whether classes require pre-registration, availability and cost of trainers, etc.

Ask about free trials. Gyms often give a one-week free pass for potential members; this is a great way to see if the gym is a good fit for you. Try the gym at different times to see how crowded it is and whether there is a wait for certain equipment. Check out classes if they are offered.

Don't feel coerced. Do not give in to high-pressure sales tactics to join right

away. A reputable gym will give you enough time to read the contract thoroughly, tour the facilities, do some research, and make an informed decision.

Calculate the true costs. Gyms often use special introductory offers to encourage new members, but the price could go up more than you budgeted once the initial period is over. Make sure you understand what the regular monthly fees will be and what they include.

Understand the terms. Read the contract carefully before signing. Make sure that all verbal promises made by the salesperson are in writing. What matters is the document you sign, so don't just take a salesperson's word for it. What happens if you move or the gym goes out of business? Will your membership renew automatically at the end of the term? Can you get out of the contract altogether and under what circumstances?

Check out bbb.org to look up a business, file a complaint, write a customer review, report a scam, read tips, follow us on social media, and more!

From our Family
to You and Yours,

Best Wishes for a Happy New Year



The McDermott Family

Norfolk County
Register of Probate

Patrick McDermott

Attorney

Tracy Wilson

Alana and Adam



Ayers Opposes New Long Island Bridge

By SCOTT JACKSON

Boston's mayor wants to rebuild the Long Island Bridge and place a long-term recovery facility on the island, but the state legislator who represents Squantum opposes the plan, which he called not fiscally responsible.

In his inaugural address Monday, Boston Mayor Martin Walsh announced plans to rebuild the bridge connecting Long Island to Moon Island and locate a comprehensive, long-term recovery facility on Long Island. Long Island was previously home to a homeless shelter before the bridge was closed in 2014, and later demolished, because its span had fallen into disrepair. The buildings on the island remain intact.

"For many people, including myself, Long Island played a vital role in Boston's recovery landscape. And it will again," Walsh said in his address.

"Today I pledge to you that we will rebuild the bridge. And we will create, on Long Island, the comprehensive, long-term recovery campus that our city and state need more than ever, to tackle the opioid crisis."

The new plan for the island would provide a range of services such as harm reduction, detox, residential treatment, transitional housing and ongoing peer support, according to Boston officials.

Walsh's office said rebuilding the bridge would cost between \$40 and \$100 million, depending on final design. Funding for the bridge is included in Boston's capital plan for fiscal years 2018 to 2022 and the city expects to have more than \$30 million available in its parking meter fund when construction starts.

The bridge will likely be similar to the old bridge, Boston officials said, with one lane in each direction, and sidewalks, as well as an open channel for boats below. City engineers will update the design and materials from the original 1951 bridge to ensure a longer-lasting structure.

The Long Island Bridge had been a point of contention between Boston and Quincy officials for years. Moon Island is only accessible via Squantum; Moon Island is also within Quincy's jurisdiction but fully owned by Boston, which uses the island for a police shooting range and fire department training facility.

Rep. Bruce Ayers, whose district includes Squantum, on Tuesday said he is against the plan to rebuild the bridge. Ayers, a former Ward 6 councillor, said it is too early to know if Boston would seek state funding for construction of the bridge, but expects the city to do so. He said the state should prioritize funding for bridges that bring commerce to cities and towns; Long Island Bridge at one point had up to 500 vehicles travel across it each day, while others in Massachusetts accommodate 20,000 or more vehicles on a daily basis, Ayers said.

"While I support Mayor Walsh on his commitment towards combatting the opiate epidemic, the rebuilding of the Long Island Bridge is simply not a fiscally responsible solution," Ayers said.

"Recent estimates show that the cost of rebuilding Long Island Bridge could be in excess of \$120 million. With over 450 structurally deficient bridges in the commonwealth, this transportation money should be devoted towards higher priority projects that promote

commerce."

"Improving our transportation infrastructure to promote economic development and job creation, along with combatting the opiate crisis, are two of our most paramount challenges," Ayers added. "We need to implement a fiscally responsible plan to accomplish this, but rebuilding Long Island Bridge is not part of the solution."

Ayers has filed three bills relative to Long Island during the current legislative session.

The first seeks a study of ferry service between Long Island and Boston, which would include a comparison of the costs between launching the ferry service and rebuilding the bridge. Ayers has long advocated for ferry service as an alternative to the bridge and said he plans to meet with state transportation leaders to advocate for full-time ferry service to Long Island.

The second bill calls for the creation of a special commission to "investigate and determine best methods for the future management, health, and long-term use of Long and Moon Islands."

The third would require

Collaborative, Chamber Announce Bruce Wood Grant

The Quincy Chamber of Commerce and Quincy 2000 Collaborative announce the Bruce Wood Grant: a \$5,000 grant for a local small business or start-up that exemplify founding Quincy Chamber Board Member Bruce Wood's business sense and commitment to the community he loved. The grant's purpose is to highlight and help financially strengthen one of the countless small businesses in the greater Quincy area.

The late Bruce Wood was a Quincy business owner and founder of Wood Commercial Painting, a thriving business to this day. He was involved with countless community organizations, which include serving as the President of Quincy Youth Hockey Board, member of Quincy Rotary Club, Quincy Chamber of Commerce Board Director, Board member and Coach of Quincy Youth Soccer, member of the Quincy Zoning Board Appeals, Quincy Youth Baseball Coach and Weymouth Lodge of Elks.

full public access to Long Island if state funds were used to rebuild the Long Island Bridge.

As The Sun went to press Tuesday, Mayor Thomas Koch released the following statement:

"While I appreciate Mayor Walsh's intentions, I see no reason why any vision for the reuse of Long Island cannot be achieved through water transportation. To stake the future of the Island to a new bridge just doesn't make sense to me - both from a financial perspective and a neighborhood perspective."

"Mayor Walsh called me on Sunday to let me know he'd be announcing his intention to rebuild the bridge during his Inaugural, and I appreciate the open lines of communication he has created with our community since taking office. I also have a great deal of respect for his vision and his commitment to our shared fight against addiction. I'm confident that this communication and an open dialogue between the two cities will continue as the future vision for the Island takes shape. Quincy must have a seat at the table."

"We are thrilled to offer this grant and are eager to give back to the Quincy Community the same way Bruce and his family have always done," said Tim Cahill, President of the Quincy Chamber and Executive Director of the Quincy 2000 Collaborative. "Bruce made a difference in the life of everyone he came in contact with. I can't think of a better way to keep his memory alive and to remember all of the good deeds he did for people, than by awarding this grant to a deserving small business and entrepreneur."

The application deadline for the Bruce Wood Grant is Feb. 9. The grant winner will be announced at the Quincy Chamber's Annual Meeting in the spring.

If your business could benefit from the Bruce Wood Grant, or you know of one than can, visit www.TheQuincyChamber.com or call (617) 471-1700 to find out more information about the grant and the application process.

Social Security Matters Ask Rusty: Losing Benefits You Have Earned

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty:

I'm 73 years old and have finally decided to call it quits from working and start taking life easy. My wife is 72 and has never worked outside our home, but we're both in good health and are looking forward to "the good life" just doing what we want to do. I haven't taken my Social Security yet because I've been working, but now that I'm retired from work we'll need the extra money to do the things we want to do. How and when should I apply for benefits? **Signed: Finally Retired**

Dear Finally: Oh my, yours is a classic example of why everyone should seek the advice of a qualified advisor before making Social Security decisions. And by qualified advisor I don't mean a friend who thinks they know what you should do, or how you personally think the program works. I'm afraid that by not applying sooner you have forfeited a considerable amount of money because, even though you were still working full time, your Social Security benefit reached its maximum when you became 70 years of age, so you should have applied then. You should now immediately apply for your Social Security benefits and your wife should simultaneously apply for spousal benefits, which will be ½ of the benefit you were entitled to when you became 66, plus any COLA increases and benefit increases due to any higher earnings you had since that time.

Although you were eligible to take your benefits without reduction at age 66, waiting past that earned you 8% per year in delayed retirement credits, up to the time you turned 70 when your benefit was 32% higher than it was at 66. In fact, once you reached your full retirement age of 66 you could have applied for benefits and continued to work, and would not have been subject to Social Security's "earnings limit". Since your benefit reached its maximum at age 70, there was no advantage to you by waiting past that to file.

When you apply now, you and your wife should both set your benefit start date as six months prior to the date you apply, because Social Security will pay up to six months retroactive benefits. Unfortunately the 2 ½ years of benefit you didn't take since you turned 70 are lost, as are the 2 ½ years of spousal benefits that your wife was entitled to as soon as you reached 70 - tens of thousands of dollars depending upon your benefit amounts. This is an unfortunate reality of the system: the onus to apply for benefits is on you and your wife; Social Security doesn't automatically enroll you in the program at any time.

This is another example of how far too many people misunderstand how the Social Security program works and make decisions based upon incorrect assumptions. And the result is often many thousands of dollars in lost benefits.

The AMAC Foundation's NSSA-certified Social Security staff provides free Social Security advisory services to AMAC members and the general public, expressly for the purpose of helping seniors avoid such costly errors. The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services. The Foundation welcomes questions from readers regarding Social Security issues. To submit a request, contact the Foundation at info@amacfoundation.org.

DENTISTRY for the 21st century

by Steven A. Brustin, D.M.D.

BAD BREATH AND BEYOND

The smell of a person's breath can be indicative of a number of health conditions. For instance, breath that smells like "acetone" (nail polish remover) may be a sign that a diabetic is not managing his or her blood sugar well. In such cases, the body does not receive enough insulin to break down glucose in the blood. When the body cannot get its energy from sugar, it switches to burning fat for fuel instead. The process of breaking down fat to use as energy releases by-products called "ketones," including acetone. If ketone levels rise too high, the blood can become acidic and affect how other organs in the body function. Recognizing ketone breath may help avert a

serious problem.

As part of your healthcare team, we are concerned about all aspects of your health. If a medical condition comes to our attention during a dental exam, you can be sure we will discuss the issues with you as well as any other healthcare provider if you choose. We bring you our dental column as a way to inform our friends and neighbors here in Quincy of the many benefits of professional dentistry. For gentle dental care for the family, please call us at 617 479-6220, 44 Greenleaf Street. Find us on the web at www.quincydentist.com.

P.S. Breath analysis may help identify "pre-diabetes" when diabetes is in its early stage.



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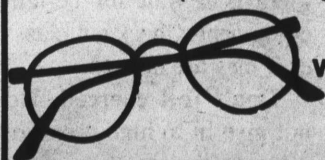
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Croall Seeks To Reactivate Council Committees

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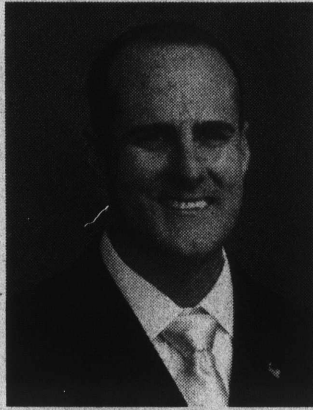
War II back when building materials were drastically different than they are now, and some of them actually having toxic materials such as asbestos. That's one thing we'll have to look at before we proceed. The City Council did approve that in the public buildings request, a financial appropriation to abate the asbestos.

"So before we can start to kind of move the ball forward and improve the aesthetic and comfortability of the project, you've got to get back to the basics, which is stripping out the walls, stripping out the asbestos. I think you'll start to see that happen in a little bit. My understanding is the RFP is out, they have it narrowed down, and I'm thinking it should start in the winter."

In the end, Croall hopes to see the Fore River Clubhouse used as a senior center, like the Kennedy Center in Squantum is.

"That's definitely something on my radar for a while. Unfortunately sometimes these things take time. I know Mayor Koch also sees that as a priority and something of a necessity," Croall said.

"When we think about creating a world-class city, it's not only about the high-end, millennial apartments that are taking place down-



BRAD CROALL

town, it's about what are we doing to create an environment for the people that are already here."

"There is a necessity for programing at this end of the city and I think we'll get there in terms of establishment," Croall added. "It just comes down to when we can actually finalize the site to start conducting some of these programs. It takes time."

Work is also underway at Fore River Field, which includes renovated ball fields, a new inclusive playground and outdoor restrooms.

"When that's all said it done that should be about three-quarters of a million dollars," Croall said of the work at Fore River Field. "The good news is Quincy Point hasn't seen that much investment in a very, very long time – as long as I've been around."

"I used to play on that field and the joke back then was it was the dustbowl."

Hopefully now we're creating an environment so kids of today have a completely different experience."

Croall said the inclusive playground has been installed, and the Park Department will add rubber flooring sometime in the early spring. The inclusive playground will be the first of its kind in Quincy.

"An inclusive playground is making sure that every child, regardless of their physical capability, has a place to go and interact and recreate with their peers," Croall said.

"A lot of the design scope is done differently. So for example the rubberized flooring for those children that are in mobility devices. The idea of them going through a woodchip filled playground is nearly impossible so the rubberized flooring pretty much paves the way for them to enter and exit the playground in a responsible manner. You'll see a lot of ramps up and down the actual equipment. The sensory stuff in there so folks with visual impairments can still participate in the overall experience. It's inclusive. It's available to anyone under any and all conditions."

The original plans for the field project included a new playground, but not an inclusive one. Community members first raised the

idea of building an inclusive playground on site, and Croall began to work with them and administration officials on the concept.

"I just figure we're in a time where we're taking things apart and putting them back together – when we put them back together let's make sure they're available

to everyone," Croall said.

"So I started to do some research on this and worked with the Park Department, noticed there was a funding shortfall, went out and raised with a committee \$30,000 in less than three weeks to pay for that flooring and move this concept forward."

"It's so awesome to just

drive by that – I know it's not fully open – but just to know we, the citizens of Quincy, found a cause, rallied together and we're getting it done. That to me is what gets me out of bed in the morning. I hope to take that same work ethic and tenacity to the City Council presidency."

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*Reception to Follow
Lower Level of Old City Hall*



2017 MARIA DROSTE AWARDS, (from left to right) Mark Cohen, Brookdale Senior Living; Stacey Campbell, director of Operations, Marie Droste Counseling Services; Michael Shanahan, executive director of Marie Droste; and Karen Donnellan, president of Maria Droste Board of Directors. *Photos courtesy of Maralin Manning*

2017 Maria Droste Awards

The Maria Droste Counseling Agency recently presented its annual awards to their 2017 recipients. This annual event was hosted by the management and staff at Brookdale Senior Living, at their facility in Quincy.

The Maria Droste Agency relies on the generosity and sponsorship of area businesses, especially those who, in the daily doing of business, strongly support the agency's mission.

Annually, Maria Droste remembers one of these special businesses with a Corporate Award. This year, the Business Support Award was given to Fratelli's Bakery. John Milone accepted the award for himself, his daughter Lauren, and his brother Pino. Each year without hesitation, the family business gives generously of their time and their effort for the agency's annual fundraising evening, as well as several other organizations throughout the

city. Whenever called upon, exceptional cooperation and consideration is given in so many different ways which add to the success of ever-so-many charitable events.

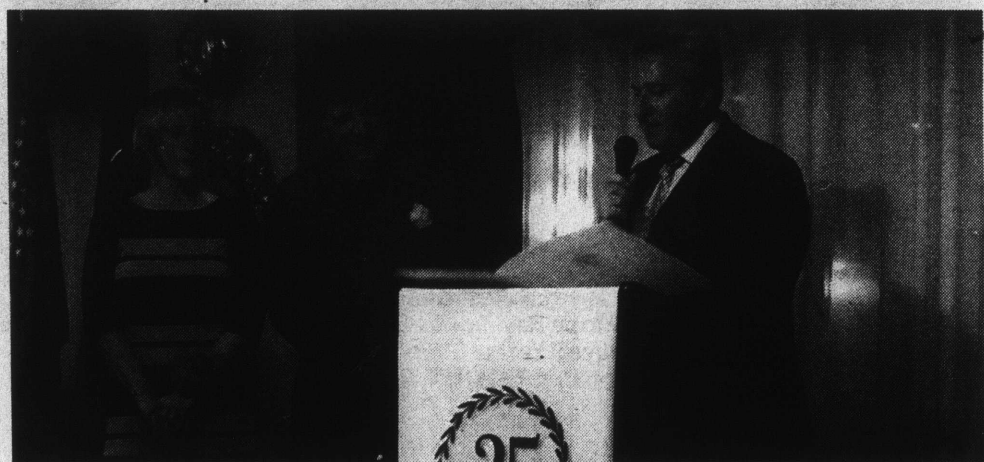
Each year, the Sr. Lorraine Bernier Award, named in honor of the agency's late-director, S. Lorraine Bernier, is given to a deserving staff, board of director or committee member. This year's agency award was presented to Barbara Niles, who has served on the Maria Droste Board for many years. The committee voted Barbara this award in gratitude for her generous support, and in the hope that she will continue to be part of the the Maria Droste Agency family for many more years.

In her own words Barbara expressed her feelings about her support of the Agency's mission. "I continue to do my part because I realize the importance of the work of the Maria Droste Counseling

Agency and I am happy to be a part of the agency's 'Giving of Hope to Life.'"

The agency's foundation is built on the belief that each person has the right to a quality life and continually works tirelessly to enable each person to experience their worth and dignity as they move forward to a healthier lifestyle. Since the agency's opening in 1992, the staff and volunteer professionals have proved to be a critical support to individuals, couples and family groups on an adjustable fee scale based on the client's ability to pay. The sliding fee scale is made possible by the generosity of supporting people in the community, not unlike those given awards this year. Friends and families of those receiving awards are invited to attend that evening.

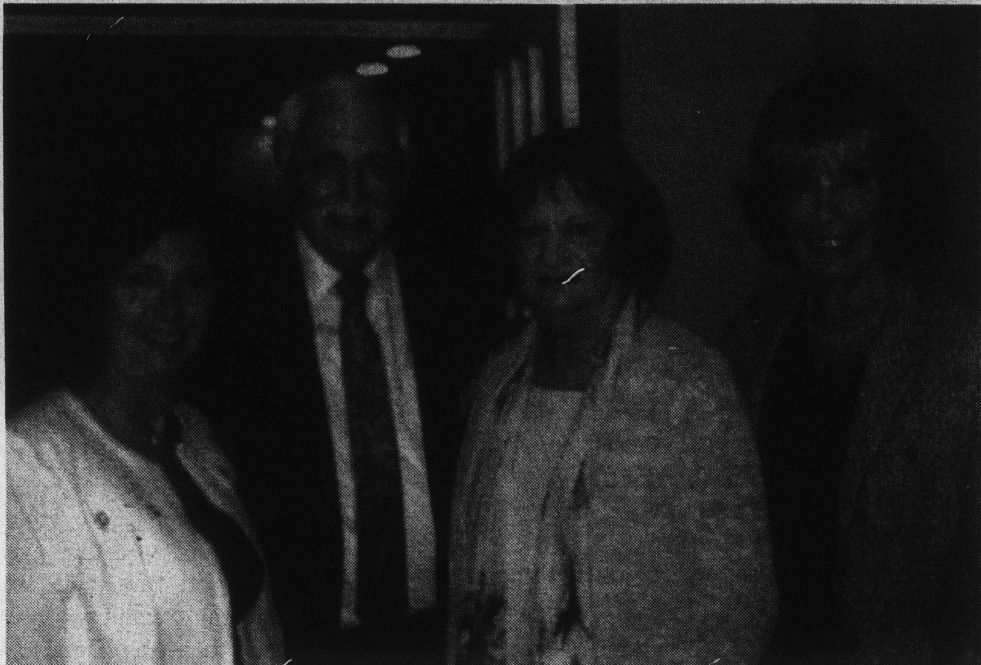
For more information contact Stacey Campbell at 617-471-5686 or stacey@maria-droste-counseling.com.



MR. AND MRS. JOHN MALONE (left), Fratelli Bakery, accept their award from state Rep. Bruce Ayers.



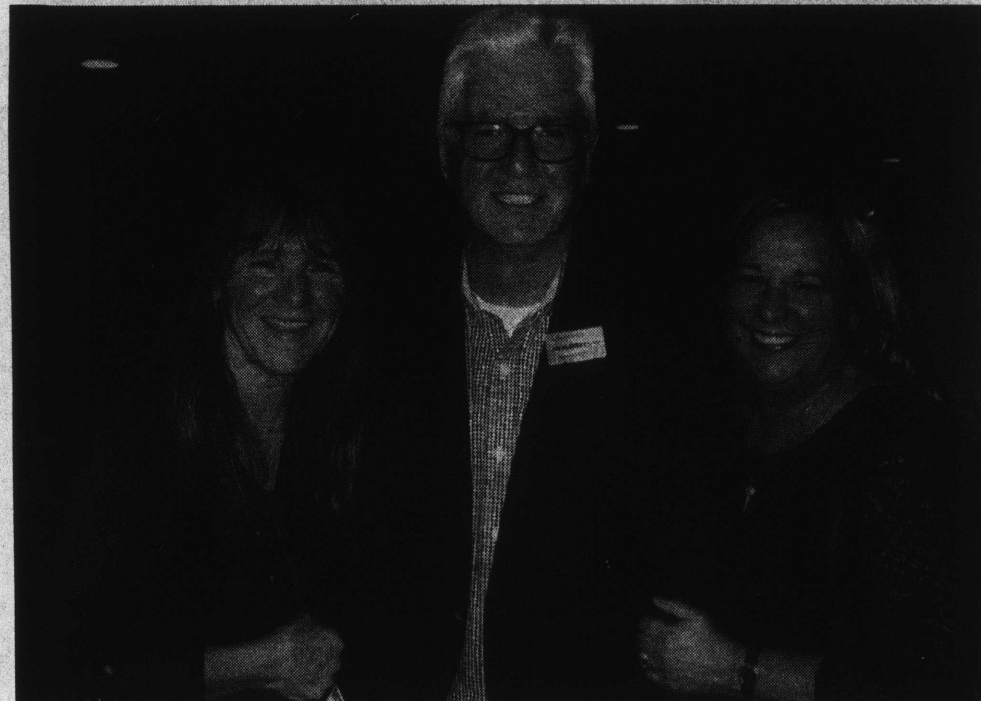
FROM LEFT: Karen Donnellan, president, Maria Droste Board; Sister Elish McPartland, Maria Droste staff; state Rep. Bruce Ayers and Award Recipient Barbara Niles.



ENJOYING THE ANNUAL EVENT ARE, (from left to right) Karen Donnellan, Richard Welch, Maria Droste Board; Alice Welch, and Maralin Manning, Maria Droste Board.



NINA LIANG, right, Quincy city councillor, with Michael Shanahan, center, executive director of Marie Droste, and, Karen Donnellan, left, president of Maria Droste Board of Directors.



SUPPORTERS OF MARIA DROSTE SERVICES, (left to right), Donna Kelble, Maria Droste Board; Jim Flaherty, and Terri Bellotti-Palmieri, Eastern Bank.

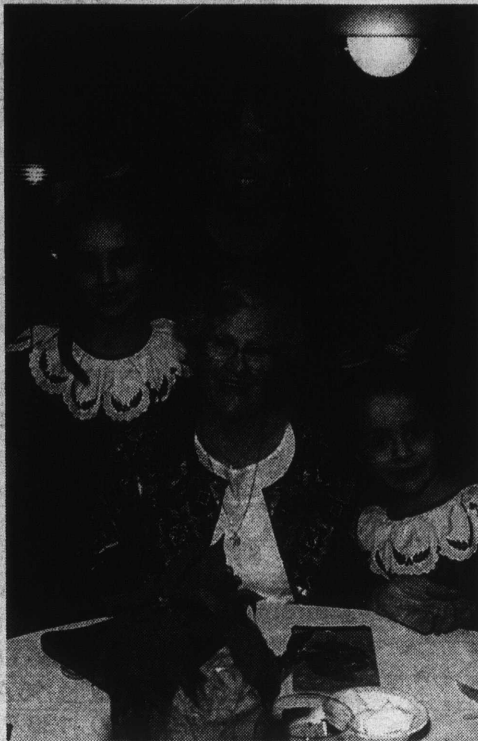


JOSEPHINE VITALE, Maria Droste Finance Committee; Caryn Smith and Michelle Stenberg, Maria Droste Board members and Donald Timmins.

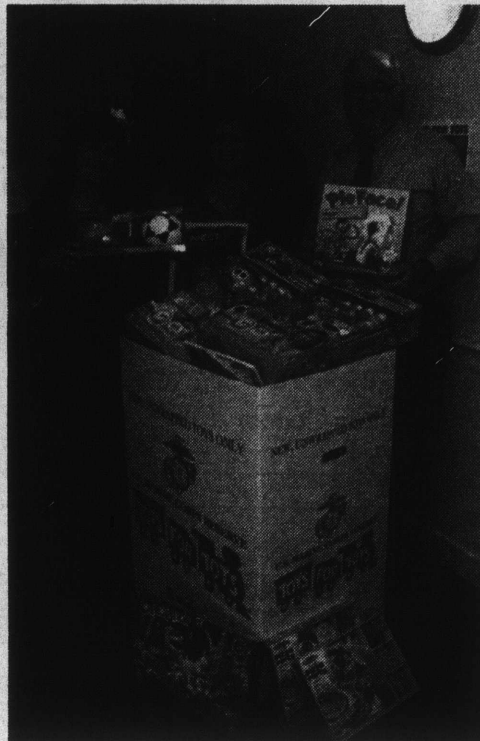
Hancock Park Hosts Holiday Party For Residents, Families



HANCOCK PARK Assisted Living, Rehab and Nursing Center recently hosted its annual Holiday Party for residents and their families. Here Santa visits with Peggy Stock.



MAURA CAHILL with daughter Mary Judge and great-granddaughters Mary Ceuvels, age 7, and Grace Ceuvels, age 4.



HANCOCK PARK employees Catherine Loughlin, Laurie Brousseau and Richard Coughlin collect Toys for Tots.



HANCOCK PARK employee Bill Burke smiles with Santa.

Photos Courtesy Sharon Lawler Photography

Inventory, Interest Rates Will Affect Real Estate Market

Cont'd From Page 1

O'Donnell said.

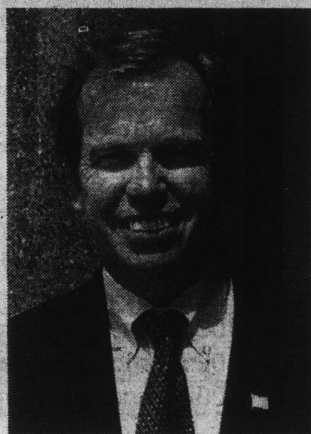
"To me it just shows something is happening right now," he stated. "I think some of it is a function of the inventory, but some of it could be a function of, you know, interest rates have crept up a little. Has that had an effect? It certainly has an effect on mortgage activity."

The number of mortgages recorded countywide fell from 31,145 in the first 11 months of 2016 to 25,250 in that same period during 2017, a 19 percent decrease. In Quincy, mortgages decreased from 3,140 to 2,727, a 13 percent drop.

"Mortgage activity being down might be a function of less sales, but also could be a function of what I mentioned — even if the interest rates went up just a little, it might have dissuaded people from borrowing," O'Donnell said.

Foreclosures were also down in 2017 compared to the previous year. The number of foreclosure deeds recorded — the final step in the foreclosure process — fell from 272 countywide in the first 11 months of 2016 to 247 in 2017. In Quincy, the number of foreclosure deeds decreased from 29 to 19 over the same period.

"One foreclosure is probably one too many for the people that are dealing with



WILLIAM O'DONNELL
Norfolk County
Register of Deeds

it," O'Donnell said. "We want to see that trend going down and that's what it has been doing."

O'Donnell suggested those who are going through the foreclosure process contact a community group for financial counseling; the registry's website includes links to NeighborWorks of Southern Mass and Quincy Community Action Programs.

"We link up to NeighborWorks of Southern Massachusetts and the Quincy Community Action Programs here in Quincy. We have partnered up with them so that if people are in trouble they can go to those two non-profit groups for help," O'Donnell said.

"They give people some financial literacy education. They try to counsel and guide people."

Inventory and interest rates will continue to be fac-

tors in the real estate market over the course of 2018, he said.

"I try to rely on the people that are dealing with the day to day and a lot of the brokers are still saying there is a lack of inventory, a lack of a stockpile of places to sell," O'Donnell said. "That bodes well sometimes for the seller, but as far as overall activity that could impact it — there is not going to be as many numbers because there is just not enough out there for sale."

"I do think interest rates are a factor, and I think some of it is generational. I remember my first adjustable rate was 8 percent (in

1987). There are people I know who had 18 percent interest rates. But a lot of the younger people, they've never seen that. They've been dealing with this low-interest-rate environment we're in and they see it go up by .25 and say 'well, I'm going to wait 'til it comes down,' whereas some of us who are a little older realize it's still pretty competitive. If it went up .25 it wouldn't bother some people."

"I do think depending on where you're coming from, your experiences and where you are age-wise, how you view the interest rates might be viewed a little differently," O'Donnell added. "But I think no matter what age, people are interest-rate sensitive because over the course of 30 years it's a

cost. So the decisions made at the federal level with interest rates could have an impact."

The new tax bill signed into law late last month will likely also have an effect on the real estate market this year, O'Donnell said in the interview, which took place before the new law was signed. Among other provisions, the tax law caps the deduction for state and local taxes paid at \$10,000 and caps the mortgage interest deduction at \$750,000 of principal for new mortgages.

"People can predict or say it's going to have this effect or that effect, but there are always unintended consequences of legislation," O'Donnell said. "Things like what's deductible now,

how much taxes are deductible, what portion of the mortgage is deductible. The devil is in the detail as far as the legislation, and no matter what gets passed it could have a consequence to the real estate statistics, for better or worse."

Norfolk County includes 28 communities, stretching from Quincy and Brookline south to the Rhode Island border. O'Donnell said there is a strong demand to live in Quincy and places like Needham, Westwood and Brookline.

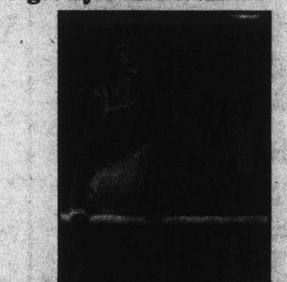
"Quincy is a desirable city to live in," O'Donnell said. "I think a lot of people who grow up in Quincy want to stay in Quincy; a lot of people who maybe didn't grow up in Quincy want to

Cont'd On Page 14

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Real Estate

Quincy Real Estate Transactions Dec. 18 - Dec. 22

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Joseph D. & Mary E. Mulvey	Eric & Aaron Cooper	\$740,000.00	346 Highland Avenue
Michael Grehan	Rajeev P. Tadi	\$450,000.00	51 Branch Street Unit 2
Fifty Nine School Street Realty Trust	Jet Trust	\$557,500.00	59 School Street
Dennis M. & Susan C. Maloney	Tanyun Wang	\$568,000.00	66 Royal Street
DiGiusto Trust	Curlew Quincy LLC	\$1,700,000.00	42 Water Street
James N. Kyranos & Maria K. Mendros	Nicholas & John Mendros	\$475,000.00	174 West Elm Avenue
City Of Quincy	Hancock Q Plaza LLC	\$473,060.00	1500 Hancock Street
Hamilton Bay Apartments LLC	Erinda Shyta	\$295,850.00	165 Quincy Shore Drive Unit C73
Work Incorporated	Arlington Street Quincy Hotel LLC	\$7,300,000.00	1-15 Arlington Street & 22-30 Fayette Street
Matthew D. & Rebecca C. Fagan	Kelsey N. McChane	\$465,500.00	136 Palmer Street
Galvcon Development LLC	Francis Lam	\$584,900.00	18 Cliveden Street Unit 204W
Paul F. & Elinor C. Foley	Guang M., Dong S., Dong H. Chen & Jun M. Zheng	\$785,000.00	240-242 Farrington Street
Paul A. Scolamiero	Shi Y. Lee & Yan L. Zhu	\$530,000.00	70 High Street
Old Colony Realty Trust	Gavin Foundation Inc.	\$4,300,000.00	31-53 Old Colony Avenue
Wilmington Savings Fund Society FSB	The Lai	\$308,000.00	415 Sea Street
Hamilton Bay Apartments LLC	A&J Capital Investments LLC	\$269,900.00	185 Quincy Shore Drive Unit A-74
Hamilton Bay Apartments LLC	A&J Capital Investments LLC	\$274,900.00	175 Quincy Shore Drive Unit B-78
BP Liberty LLC	Wally Leung & Elsa Kong	\$399,000.00	999 Hancock Street Unit 508
U.S. Bank N.A.	PL Properties III LLC	\$385,000.00	2 Farnum Street
PL Properties III LLC	Thuy T. Ngo	\$385,000.00	2 Farnum Street
Glenn P. & Karla M. Saint Marie	Daniel Tighe & Colleen Cleary	\$495,000.00	42 Marion Street
Advoguard Inc.	Zhenge Weng	\$285,000.00	28 Arthur Street
Irene C. Liakakos & Christine Boukas	Reem Property LLC	\$217,000.00	133 Commnader Shea Blvd. Unit 302
Madelyn M. Knopf	Jazmin Rosario	\$350,000.00	982 Sea Street
Luke H. & Katelyn T. McConville	Dipesh & Labina Shrestha	\$501,000.00	7 Alvin Avenue
Janet L. Botzos Revocable Trust	Lam Mak & Candy Sau Yee Ho	\$450,000.00	100 Marina Drive Unit 402
Hamilton 1025 LLC	Shioban E. Torres	\$300,000.00	1025 Hancock Street Unit 14J
Kenneth & Rebecca Rhoads Family Trust	Rohan Sen	\$350,000.00	100 Marina Drive Unit 418

Inventory, Interest Rates Will Affect Real Estate Market

Cont'd From Page 13

come to Quincy. You have a vibrant downtown that's being developed and just a vibrant city to live in. So there is a lot of attractions to the city of Quincy and

that is probably allowing it to sometimes have numbers that exceed or buck other negative trends. It's a well-run city. It's an attractive city. I think that's why the statistics kind of bear that out."

Quincy's proximity to Boston, access to public transportation and location near the water all make it a desirable place for people to live and work, he said.

"There are a number of factors why people want to live here. The proximity to Boston. You have accessible public transportation... You're a city on the water; there are so many attractive neighborhoods that are on the water and housing that's

near the water or near the beach," O'Donnell said.

"I just think there are a lot of attractions and that's why people want to live in Quincy or those other factors would lead businesses to want to put a business in Quincy. For both commercial development and residential development, Quincy is very attractive."

O'Donnell said the development of new apartments in Quincy is likely

not affecting the market for home sales.

"Cleary inventory is still low, so it's not like all these houses are just sitting out there not being sold in Quincy," he stated.

The new apartments, he explained, generally appeal to individuals not yet ready to purchase a house or to those who are planning to downsize and no longer want all the responsibilities that come with home ownership.

"Sometimes the people

that are living in the apartments aren't quite ready to make a commitment to the house. Maybe financially they're not there yet or maybe they're just not ready to move into a house," O'Donnell said.

"Sometimes it's a lifestyle thing...you have people moving into the apartments that have downsized, sold their house in Quincy and said 'I want to stay in Quincy but I'm sick of snow shoveling and painting and raking leaves.'"

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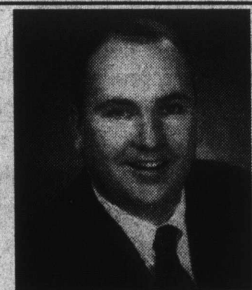
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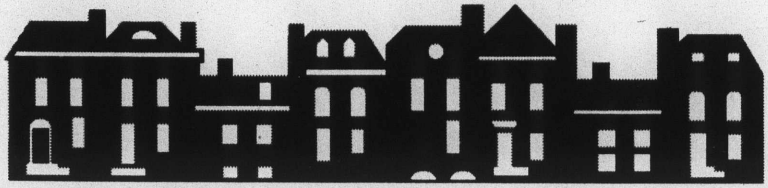
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Real Estate

Quincy Real Estate Transactions Dec. 26 - Dec. 29

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Deutsche Bank National Trust Company	97 Cross Street LLC	\$271,000.00	232 Franklin Street
Fang Xu & Hua Liu	Bing X. Chen & Yan Q. Huang	\$600,000.00	231 Safford Street
Lee & Susan Gustafson	Andrew D. & Emmy G. Heley	\$401,000.00	78 Sachem Street
Francis H. & Paula M. Dalton	Brent & Nicole Parcell	\$535,000.00	82 Virginia Road
John E. & Kristyn N. Smith	Daniel J. & Jana M. Mulkern	\$520,000.00	54 Virginia Road
Francis A. Hurley Family Trust	Mei Z. Huang & Cong Z. Chen	\$520,000.00	76 Tyler Street
Ethan & Nancy Truong	Gillian R. Daly	\$385,000.00	43 Sumner Street Unit 43
Karen A. Duffy	Meiyi Wang, Junliang & Johnny J. Zhao	\$499,900.00	30 Eddie Street
Jing Zheng & See Y. Wong	Hui Fang	\$615,000.00	184 Pine Street
Kim P. Do & Truyen Le	Alexandra W. Ciccariello	\$373,500.00	888 Sea Street
Oliverio-Johnson Trust	Curlew Quincy LLC	\$675,000.00	161 Sumner Street
Frances P. Byrne	Mary Flanagan	\$530,000.00	73 Andrews Road
Trubiano Family Trust	Dayi Pan, Xiaoli P. Ju & Lily B. Mak	\$380,000.00	68 Edison Street
Ellsworth S. Smith	Jian Gao & Wen F. Zhang	\$479,900.00	28-32 Glenview Road
Yat K. Chan & Song W. Hu	Hui Tang & Yin Lin	\$399,000.00	77 South Bayfield Road
Yan H. Su	Philip Chu	\$400,000.00	8 Standish Avenue
Victor D. Moquin	Anthony C. Phu	\$240,000.00	21 Linden Street Unit 309
Karen K. Kirby	Juliette I. Hardiman	\$620,000.00	281 Victory Road Unit 2-2
Christopher W. Dowling	Igor, Lana & Anna I. Kordunsky	\$560,000.00	1001 Marina Drive Unit 610E

SS Disability Benefits

By KRISTEN ALBERINO

Social Security Public Affairs Specialist

Social Security is with you throughout life's journey. We're here for you if the unexpected happens. We are there for you when you finally stop working as well. We provide vital financial support to tens of millions of American workers, primarily through retirement benefits. But we're also there for you if the unexpected happens and a serious medical condition stops you from working and being able to support yourself and your family.

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- You must have worked long enough — and recently enough — in jobs covered by Social Security.

To learn more about disability benefits, please visit www.socialsecurity.gov/disability.

You become eligible for Social Security benefits by working and paying FICA taxes, which translate into Social Security "credits." How many credits you need to receive disability benefits depends on how old you are when you become disabled.

For example, if you become disabled at age 31 or older, you generally must have earned at least 20 credits in the 10 years immediately before you became disabled. Twenty credits are equal to five years of substantial earnings. Younger workers may qualify with fewer credits.

To see how many credits you have earned and to estimate future benefits, please log in to or create your my Social Security online account at www.socialsecurity.gov/myaccount.

Those who have not worked enough to qualify for Social Security benefits may be eligible for help through our Supplemental Security Income program, or "SSI." SSI provides financial assistance to disabled children and adults, as well as the aged and blind people, who have little or no income or resources. Learn more about SSI at www.socialsecurity.gov/ssi.

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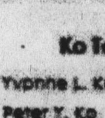
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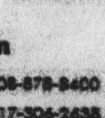
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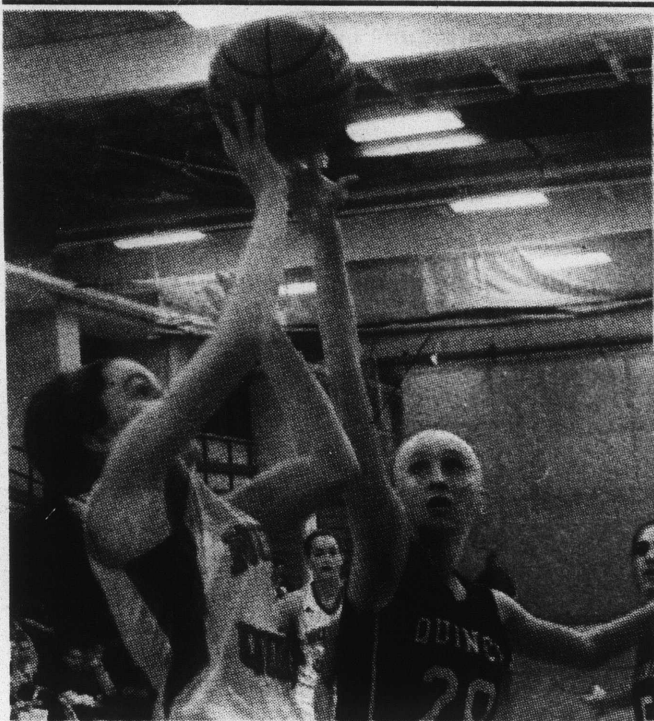
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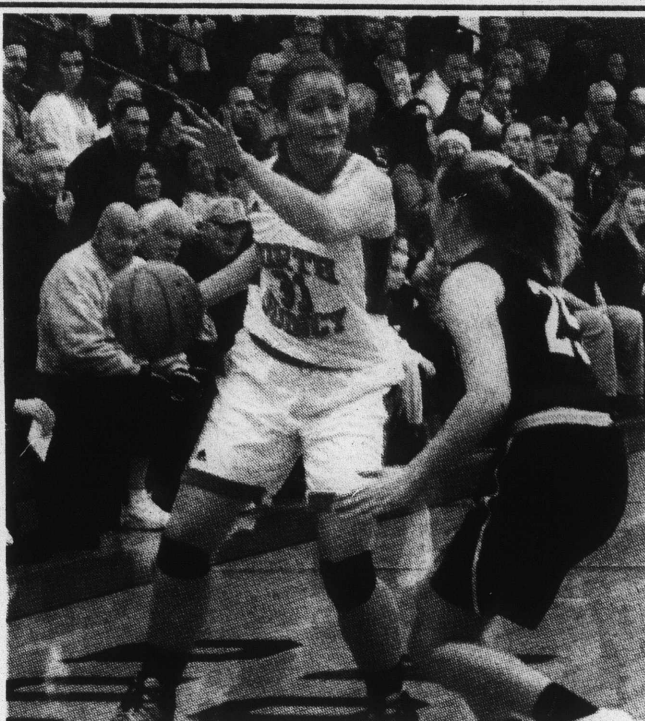
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QUINCY HIGH'S Allison McMorow tips a shot by North Quincy's Samantha Smith in the Presidents' 44-34 win over the Red Raiders. McMorow scored a game-high 16 points in the victory.

Quincy Sun Photos/Larry Carchedi



NORTH QUINCY senior captain Jenn Butka is guarded by Quincy's Juliana Tracey. Butka scored a team-high 13 points in the Red Raiders' 44-34 loss to the Presidents Dec. 23.



QUINCY SENIOR CAPTAIN Liana Cunningham drives to the basket for two of her six points. She also had four steals for the Presidents against the Red Raiders.



ABOVE: North Quincy captain Jessie Caldwell (4 points) drives the lane through three Quincy defenders. Right: Quincy's Rosheline Molina (4 points) dribbles towards the basket. More photos on Page 18.



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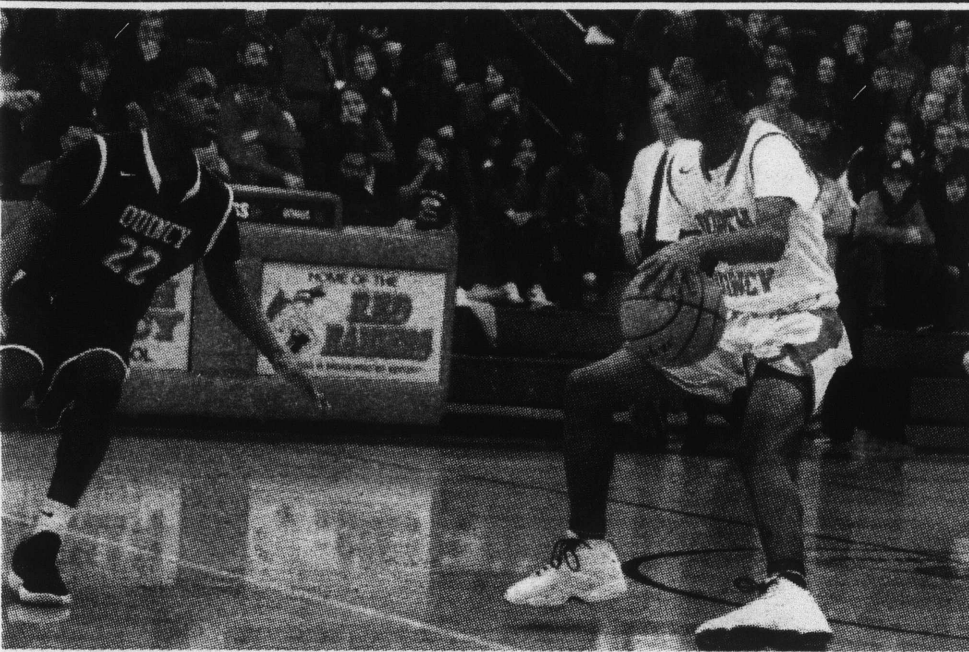
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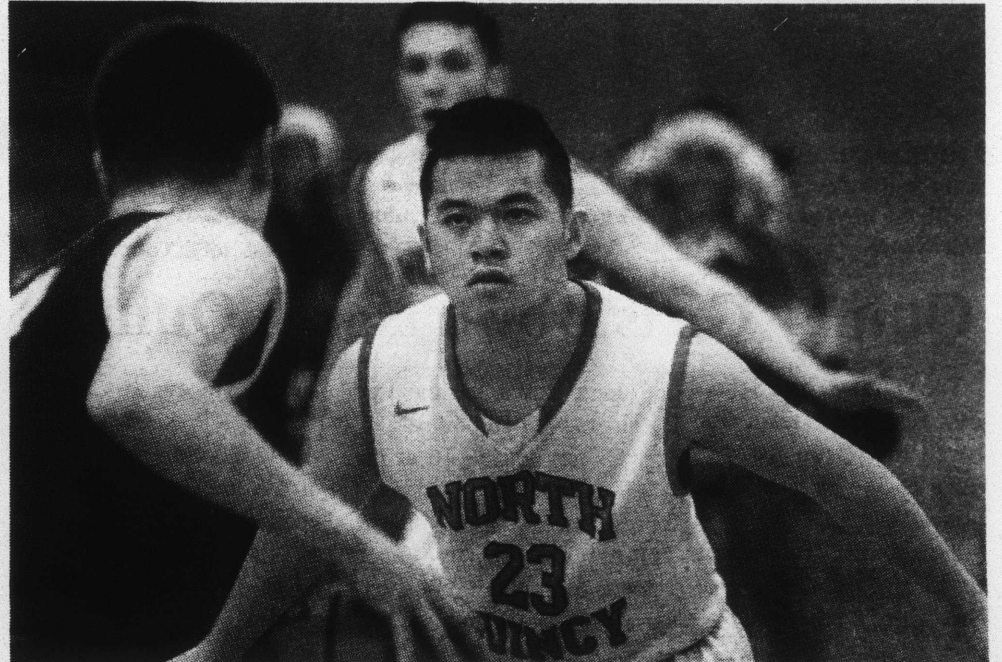
WITH QUINCY'S Brandon Jackson defending, North Quincy point guard Jomone Bing brings the ball up court. Bing scored a team-high 12 points but the Presidents prevailed, 69-48, in the second game of a doubleheader Dec. 23 at NQHS.



QHS CAPTAIN Will Zarges and NQ's Jomone Bing dive for the loose ball with North captain Dylan Richardson ready to grab the loose ball. Zarges scored 13 points for the Presidents. More photos on Page 18.



QUINCY'S BRENDEN FITZPATRICK reaches the ball just before North Quincy's Jack Meade.
Quincy Sun Photos/Larry Carchedi



NORTH QUINCY senior Andrew Huang plays tight defense against the Presidents. Huang scored 8 points in the Red Raiders' 69-48 loss to Quincy Dec. 23.

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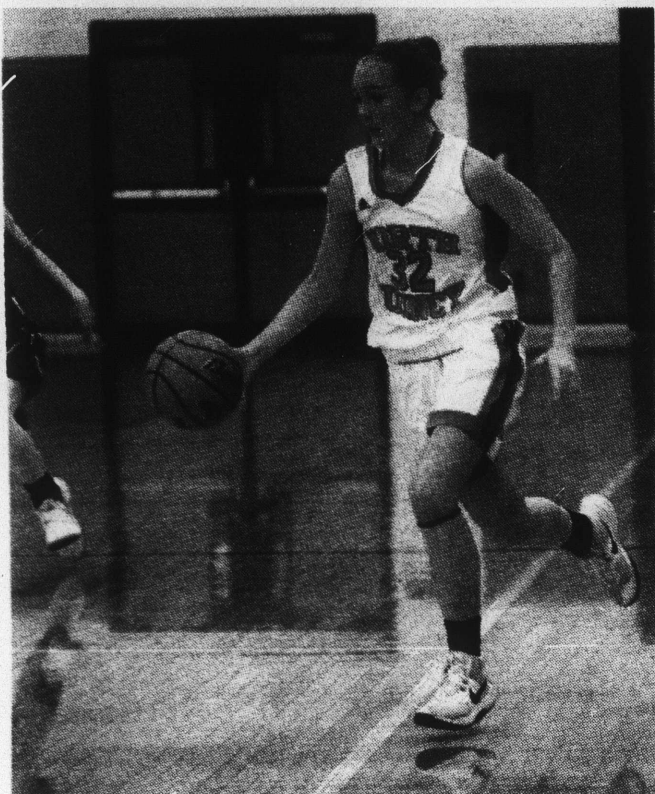
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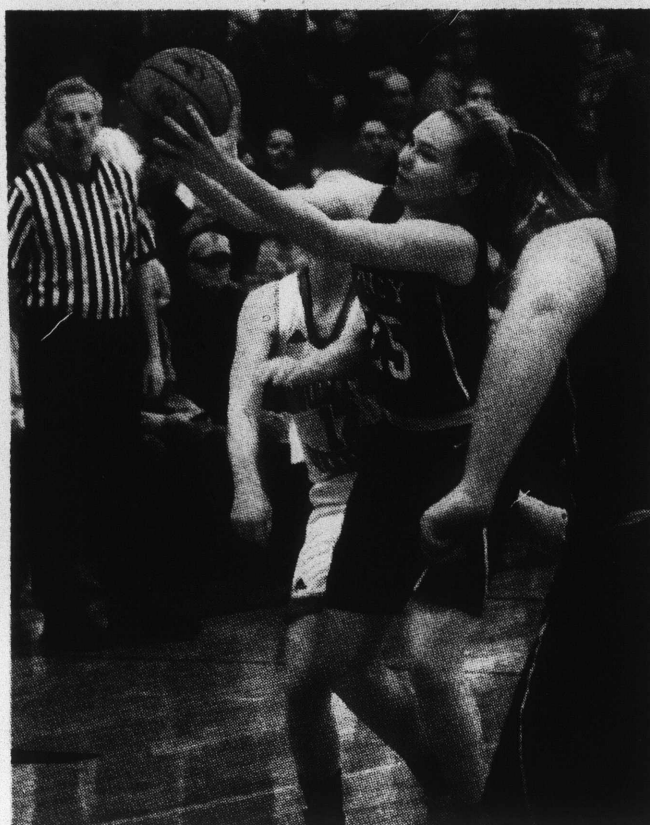
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JUNIOR MARY KATE McALEAVEY pushes the ball up court for the Red Raiders in the first half of a Dec. 23rd doubleheader with the boys playing later in the evening at North Quincy High School.
Quincy Sun Photos/Larry Carchedi



QUINCY'S JULIANA TRACEY, one of five sophomores on the Presidents' varsity squad, stretches out to pull in a rebound against North Quincy.



NQHS CAPTAIN Jillian Hallisey drives to the hoop against Quincy. Hallisey scored 10 points for the Red Raiders.

Quincy Girls Down North Quincy

The Quincy High School girls basketball team improved to 3-2 on the year with a 44-34 win over North Quincy Dec. 23.

Sophomore forward Ally McMorrow led the Presidents with 16 points including 8 out of 11 free throws. Senior guard Liana Cunningham scored 6 points with 4 steals.

Jenn Butka led the Red Raiders with 13 points.

Quincy led 22-16 at the half with nine different Presidents scoring in the effort. The Quincy bench made significant contributions on both ends of the floor, including six second-half points from sophomore guard Jillian O'Toole and a strong defensive effort from

Juliana Tracey.

The Presidents' free throw shooting (16 out of 23 at the line) was the difference in the game.

North Quincy trailed by as many as eight before coming back to tie the game in the third quarter. Quincy finished strong holding the Red Raiders to seven points in the fourth quarter.

North Quincy Girls Lose Three

By PAUL BREGOLI

The North Quincy Girls Basketball team was in a giving spirit as they lost all three of their games last

week to fall to 1-4. Playing Saturday before Christmas, the Red Raiders and Quincy battled in a nip and tuck affair with the Presidents com-

ing out on top, 44-34.

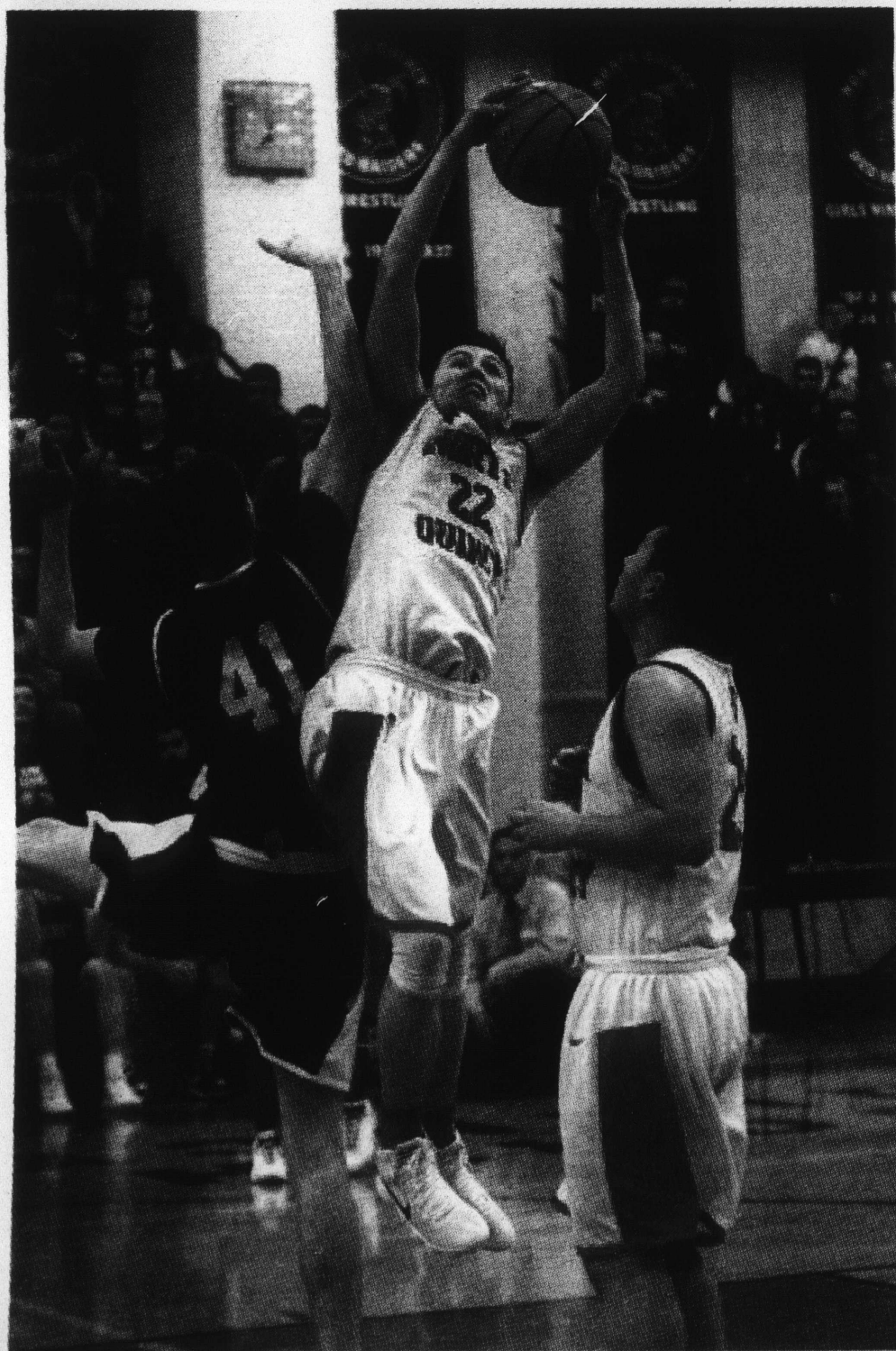
Quincy jumped out to a 6-0 lead on a Grace Hobin three and three free throws by Ally McMorrow. North battled back on a Jessie Caldwell putback, a driving layup by Jill Hallisey and a hoop by Jenn Butka.

The visitors were up 8-7 after a quarter. McMorrow's 5 second quarter points helped give her team a 22-16 halftime advantage.

Hallisey, Samantha Smith and Mary Kate McAleavey helped North stay close. The home team closed the gap in the third as Hallisey beat her defender twice off the dribble, Butka hit a three and McAleavey went coast-to-coast for a bucket. North took a brief lead before a Jill O'Toole layup gave Quincy a lead it would not relinquish.

Both teams were nearly even from the floor with Quincy having 14 hoops to North's 13. It was Quincy's 16 for 23 effort from the line which proved to be the difference. McMorrow was 8 for 9 while captain Liana Cunningham was 4 for 4. McMorrow lead all scorers with 16 points while Cunningham finished with 6. The Red Raiders were paced by Butka's 13 while Hallisey added 10.

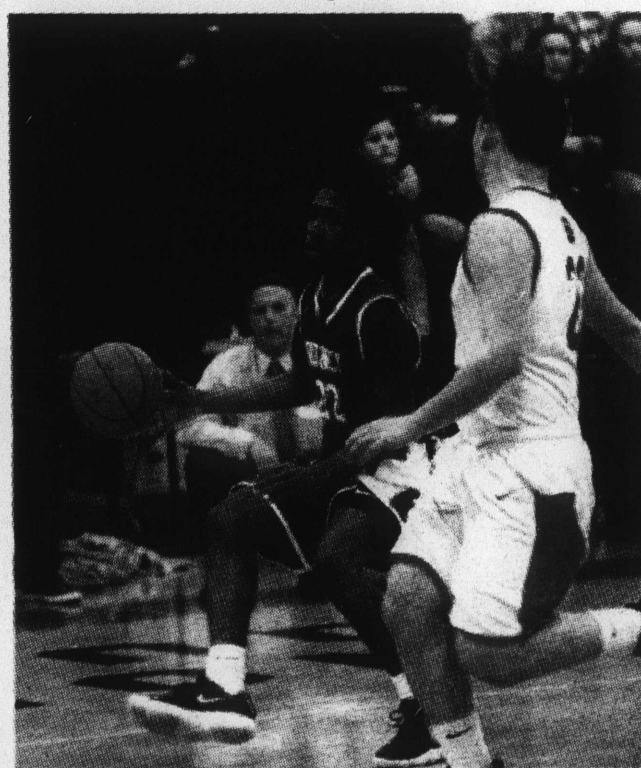
North was on the road visiting South Sectional Champs Whitman-Hanson. North trailed by three after one and six at halftime. However, the Red Raiders missed opportunities in the paint and lost 51-29. Butka led North with 17 points followed by McAleavey with 7. North, in their worst effort of the young season, traveled to Silver Lake and were never in the game, getting a 56-27 beat down at the hands of the Lakers. North's lone bright spots were Caldwell and Butka who finished with 8 and 7 respectively.



NQHS CAPTAIN Jack Meade grabs a rebound over QHS's Brendan Keaveny. Keaveny scored 11 points in the Presidents' 69-48 win over the Red Raiders Dec. 23.
Quincy Sun photos/Larry Carchedi



QUINCY SENIOR Ramy Chebbo puts up one of his six 3-pointers he hit in the Presidents' 69-48 win over the Red Raiders. Chebbo led all scorers with 22 points.



QUINCY'S BRANDON JOHNSON brings the ball up court with Andrew Huang defending. The Presidents scored 13 3-point field goals in a 69-48 win over the Red Raiders.

Quincy Boys Hockey Edges North Quincy

By TOM JOYCE

When both Quincy boys' hockey teams go head-to-head, it has resulted in highly-competitive matchups over the past few seasons. The tilt on Dec. 26 was no different.

The Quincy Presidents and the North Quincy Red Raiders once again proved they match up well against each other. This time around, it was the Presidents who came out on top, 2-1, in the first round of the Quincy Youth Hockey Christmas Tournament at the Quincy Youth Arena.

"These games against North Quincy always come down to the wire, no matter what the records are," Presidents head coach Ted Walsh said.

The Presidents and Red Raiders were tied at one apiece late in the second period and with both teams playing tough defense, it appeared as though the game might come down to the very end. The Presidents caught a break, however, going up a man on a power play in the final couple minutes of the second period. They took advantage of the opportunity.

With a one-man advantage, the Presidents rushed down the ice and junior defenseman Griffin Lynch

put the initial shot on net, but Red Raiders freshman goaltender Asher Wines was able to make the stop. Presidents junior forward Daniel O'Leary capitalized on the second chance scoring opportunity, poking the rebound into the net to put his team up by a goal, 2-1, with 13 seconds remaining in the period.

At the start of the game, the Red Raiders came out strong. They overcame playing short-handed for five minutes after a major penalty and when they were even strength on the ice, they took advantage. About six minutes into the contest, the Red Raiders got an odd-man rush with senior captain and forward Ethan Herman and junior forward Kieran O'Driscoll leading the way. Herman passed to O'Driscoll and since the Presidents were outnumbered on the rush, O'Driscoll fired in a shot for a goal to give the Red Raiders an early 1-0 lead. For the rest of the first period, the Red Raiders managed to hold onto that lead.

In the second period, however, the Presidents were finally able to find the back of the net. With 8:11 remaining in the second period, Lynch showed off his speed against the Red Raid-

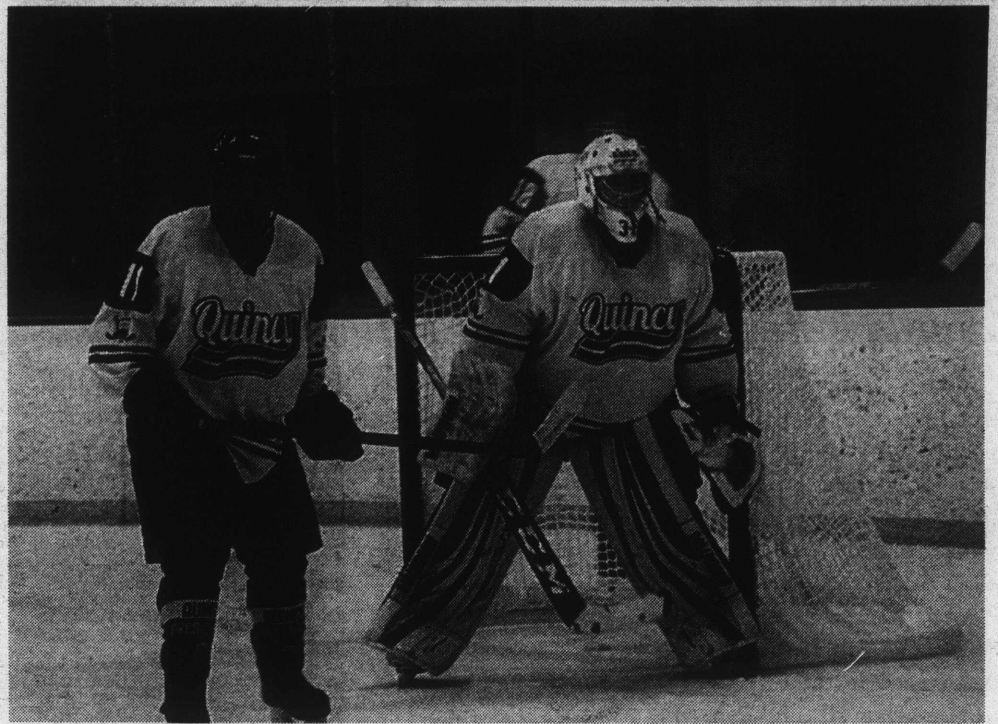
ers' defense. He was able to beat out a couple of defensemen and put the puck between the opposing goaltender's legs to tie the game at one apiece.

"Griffin is an all-star; we're fortunate to have a skater like him," Walsh said. "He's one of the best players around. He's not just a great player, but also a phenomenal teammate. He's what you call a hockey player."

Both teams received strong performances in net in the contest. Presidents goaltender Danny Murphy recorded 32 saves and Wines has been sharp all season in his first season as the Red Raiders starter. As an eighth grader last season, Wines served as the backup varsity goaltender.

With the win, the Presidents improved to 4-0-1 on the season. The Red Raiders fell to 0-5 with the loss, but showed their ability to play quality hockey.

"We haven't been here, all we can do is take the positives out of tonight," Red Raiders head coach Matt Gibbons said. "We've had our games where we've played good enough to win like tonight, and there's a couple games we didn't show up and the consistency needs to be there."



SENIOR RYAN LARSEN (#11) and junior goalie Dan Murphy guard the QHS net.

Photo Courtesy Michael McNeice

Presidents Hockey Rolling

By MICHAEL McNEICE

The Quincy High hockey team continued its early season hot play with wins over Silver Lake and Cohasset. The Presidents (3-0-1) outlasted pesky Patriot League foe Silver Lake 4-3 at Quincy Youth Arena on Dec. 20. Sophomore Tommy MacPherson opened the scoring with his first varsity goal early in the first period. MacPherson fired the puck past the Laker goalie after making space in front of the opponents net. Second period goals by AJ Currie and Brendan Bailey helped Quincy maintain their lead. Bailey's goal was the sophomore defenseman's first varsity goal as well, a well-placed wrister that beat the goalie to the glove side. Senior Jason Whalen banged home the game winner in the third period as Quincy and goaltender Dan Murphy held off a late charge by the

Lakers. Adding assists for the Presidents were Jack O'Brien, Ryan Quirk (2) and Currie.

The Presidents then defeated non-league opponent Cohasset 7-0 at the Connell Rink in Weymouth. Junior goaltender Murphy turned in a solid performance making several key stops as he earned his first varsity shut-out. The young Presidents squad again celebrated first varsity goals by Ryan Bergin and Riley O'Connor. Also

adding goals: Griffin Lynch (2), Ryan Quirk (2), Daniel O'Leary (3), Currie (2) and Whalen (5). MacPherson, Bailey, Lynch, O'Leary, Junior Nick Murray and Sophomore Joe Murphy added assists in the win.

Upcoming games include: vs. Duxbury Wednesday, Jan. 3 at 8 p.m. at QYA, and vs. Pembroke Saturday, Jan. 6 at 6:40 p.m. at QYA. Schedules for all QHS sports can be found at quincypublicschools.com/qhsathletics.



NORTH QUINCY'S Ian Valencius puts up a shot as Quincy's Ramy Chebbo defends in the Presidents' 69-48 win over the Red Raiders Dec. 23. Quincy Sun Photo/Larry Carchedi



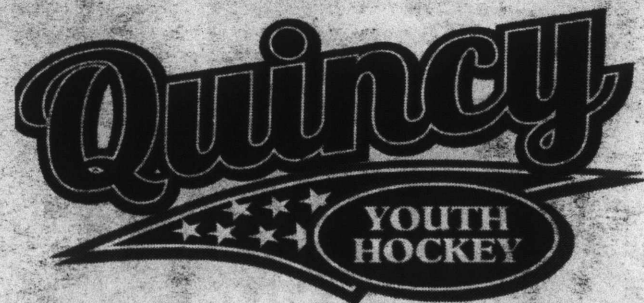
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You can visit our Website @ www.quincyyouthhockey.net

NQ Sacred Heart Youth Basketball Announces 'SH Adaptive Basketball'

Saturdays Beginning Jan. 20 Through March 17

North Quincy Sacred Heart Basketball (SHB) announces a basketball program to include children with special needs and disabilities, namely Buddy B-Ball or Adaptive Basketball.

"With the SHB regular season is in full swing we have a need in the city to accommodate all children youth basketball wise," said SHB Adaptive Basketball coordinator Jim Ross.

What is Adaptive or Buddy basketball?

- Introduce and develop the basic skills in basketball
- Teach the game of basketball at a level the individual player can understand

- Conduct activities that are fun for participants, yet enhance the players level of performance

- Create an environment that encourages good sportsmanship and camaraderie

- Seek opportunities to build the confidence and sense of accomplishment of the players

- Have fun!

"We're really looking forward to working with this group of players basketball wise. Many times, in life it's not about wins and losses it's about ensuring that kids at all levels are learning and having fun," said Ross.

SHB's Adaptive Bas-

ketball starts Saturday, Jan. 20th and will run Saturdays to March 17th with all sessions at Central Middle School Quincy.

This is a free program and open to players 5 years of age and up from any community.

Interested families can register for this free program at - <http://www.sacredheartquincybasketball.com/home.html>.

For more information contact Adaptive Basketball coordinator Jim Ross at jmross26@gmail.com or 617-304-1775. Volunteers and buddies are needed as well (ages 12 & up). Helpers please register.

Quincy Girls Bounce Plymouth South

Quincy High School girls basketball team defeated Plymouth South, 45-30, in the Presidents Holiday Tournament Dec. 28.

With the win, Quincy improved to 4-2 overall, 3-2 in the Patriot League.

The Presidents were led by sophomore forward Ally McMorrow's 11 points.

Sophomore guard Jillian O'Toole scored six points and was tremendous on defense. Other high scorers for Quincy were sophomore forward Juliana Tracey (9 points) and sophomore forward Brenna Tobin (6 points in the fourth quarter.)

The game was tied at 19 at halftime. Quincy trailed

by four heading into the final period. Quincy outscored Plymouth 16 to 7 in the fourth to seal the win.

The Quincy bench was tremendous contributing 14 of those 16 fourth quarter points. Quincy received a terrific effort from sophomore reserves Julian O'Toole, Juliana Tracey and Brenna Tobin.

Outstanding Performances Overshadow Track Team Losses

By GEOFF HENNESSY

Outstanding performances continue to overshadow several losses in the Patriot league for the track team.

The girls team is led by Alex Case, Devin Hiltunen, Abby Murphy and Olivia Palazzi who all are top contenders in their events. Behind them are a group of youngsters who are feeling their way around in various events and will be standouts before long. Sarah Pillone in the hurdles, Catherine Brown and Emilia Henry in sprints and Isa Hanley and Emma Lyons in distances are just a few.

On the boys side the team is very young but led by Juniors Nathan Sleiman and Mark McKenna in hurdles and jumps and Troy Isaac and Benson Nguyen in the shot. Jose Las, Brian Gutro, Alex Ouellette, Vinh Tran, and Dakota Pendleton are holding their own in long sprints or middle distance. Aidan Ring, Matt McGourty and Nick Ouellette are bolstering the 1000 and mile.

The teams opened up with near identical losses to Plymouth South. The girls lost 60-33 while the boys lost 61-30. The girls kept it

close against Pembroke losing 60-33 but the Pembroke senior led boys team overwhelmed the QNQ boys in a 80-15 loss.

"Our veterans are performing like veterans but our freshmen are performing like freshmen," said Head Coach Geoff Hennessy. "The Reggie Lewis Center can be an intimidating place for rookies."

Hennessy was quick to point out that the middle of the schedule has teams like Scituate and Hanover that more evenly match the Quincy teams.

Over the break the team took part in several tournament style invitationals. At the Boston Holiday Challenge, Benson Nguyen competing in the 25 lb weight for just the second time, placed 7th with a huge PR or 45'04". Devin Hiltunen placed 6th earning the awards stand with her season best 43.77 in the 300. Abby Murphy and Sarah Pillone both had breakout races. Murphy was 11th in the 1,000 while Pillone only became the second girl to break 10 seconds in the hurdles in 10 years with a 9.90. It was only her third time

racing the event.

At the MSTCA Speed Classic Jose Las and Alex Ouellette both won their heats in the 300 and 600 respectively. The meet featured a "Sprinting events only" format and had huge fields. Mark McKenna and Dakota Pendleton also turned in season best performances.

On the girls side Alex Case and Devin Hiltunen both again tuned in season bests. Hiltunen was 3rd overall in the 300. Case won her heat in the dash. Sam Striffler also won her heat in the 300. Her time of 49.43 was a lifetime best. She is a transfer from Archbishop Williams who also plays soccer.

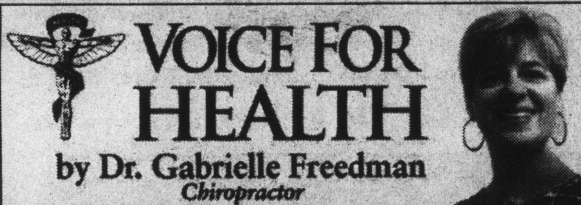
Down at the Rhode Island Classic Nathan Sleiman was a finalist in both his specialties: the triple jump and the 55m hurdles. Although Massachusetts does not contest the triple jump in its leagues or state championships, it will be held at the Indoor Nationals. Nathan's 42'9" was a personal best and an NQ Indoor school record. He also made the finals of the hurdles placing 6th.

Quincy Downs Falmouth

Quincy girls basketball won the Presidents Holiday Tournament with a 37-24 win over Falmouth.

Quincy (3-2 Patriot League, 5-2 overall) was led by sophomore forward Ally McMorrow's 9 points and 4 blocked shots. Senior point guard Liana Cunningham had 6 points and 6 assists and sophomore forward Juliana Tracey added 8 points.

Quincy led 7-2 after the first quarter and 15-7 at the half in a tough defensive battle. Quincy finally found the stroke in the third with back to back threes from Liana Cunningham and Gia Calabro (7 rebounds) to extend the lead to 28-15 after three quarters. Tracey and McMorrow were selected as tournament all-stars along with Kayla Thomas from Falmouth.



VOICE FOR HEALTH
by Dr. Gabrielle Freedman
Chiropractor

TIGHT HAMSTRINGS, PAINFUL BACKS

If you feel stiff and tight after sitting for prolonged periods of time, the problem may reside with your "hamstring muscles," the three long bundles of muscle in the back of the upper legs. When you sit, the hamstrings move into a shortened position. The more sitting you do, the shorter the hamstrings get. As a result of tight hamstrings, the pelvis tends to rotate backward (such is the case when you tighten your abdominal muscles). The resultant decreased curvature in the lower back may shift spinal alignment and cause pain. Conversely, a flattened lower back may contribute to tightened hamstrings. In either case, don't try to stretch to relieve the pain and stiffness. That may only make matters worse.

Chiropractic is a health care profession that focuses on disorders of the musculoskeletal system and the nervous system, and the effects of these disorders on general health. Chiropractic services are used most often to treat neuro-musculoskeletal complaints, including but not limited to back pain, neck pain, joint pain, and headaches. To schedule an appointment for chiropractic treatment, please call **PRACTICE OF CHIROPRACTIC** at 617-472-4220. We accept most major insurance plans. Our office is located at 112 McGrath Hwy., Quincy.

HINT: If your hamstrings are tight and your lower back is painful, a chiropractor can evaluate which area requires treatment first, then gently manipulate the affected joints and tissues.

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Saturdays at 12:30 starting January 20th to March 17th

Players: 5 years & up from any community

Location: Central Middle School
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Cost: FREE !

Registration: www.sacredheartquincybasketball.com

Questions? Please contact Jim Ross
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NQ Girls Basketball Defeats O'Bryant, Dennis-Yarmouth

By PAUL BREGOLI

The North Quincy girls basketball team stopped a three-game slide ringing in the New Year on a high note with two convincing wins over the Christmas break.

Boston City League opponent O'Bryant came to North and the Red Raiders were not in a giving mood as they tamed the Tigers, 74-41. The Red Raiders raced out to a 14-2 lead and never looked back.

Captain Jenn Butka led the way early with 9 first quarter points while junior forward Mary Kate McAleavey finished the quarter with 8. Freshman point guard Lindsey Keenan did not play like one scoring 6 second quarter points while Jill Hallisey and Olivia Hussey added 5 free throws as North took a 35-21 lead into halftime.

Junior Grace Burns kept O'Bryant within striking distance with 11 first half points. North then went on a third quarter tear dropping 23 on O'Bryant with

McAleavey and Butka hitting for 9 and 8. McAleavey led the Red and Black with a career high 20 points while Butka added 19 and Keenan finished with 13.

On Dec. 29th, the Dolphins from Dennis-Yarmouth made the trek from the Cape but the Red Raiders were far from accommodating hosts. North started fast on their way to a 58-16 demolition of the visitors. Samantha Smith was impressive in the opening quarter with a pull up jumper and a floater in the lane while Butka chipped in with 5. The second quarter saw Olivia Hussey put up 6 points while Butka continued to add to her game high 14 points with 6. The Red Raiders led at halftime

33-16.

In the third quarter, McAleavey continued her impressive play scoring a half dozen while Smith added 4 more. The final stanza saw the Raiders continue their lockdown defense while getting contributions from sophomores Alexa Radzik and Amanda Hellmuth who scored 3 each. Besides Butka's 14, North got 8 points from both McAleavey and Smith while Hussey finished with 6. North improved their record to 3-4.

North continues its home-stand Friday entertaining the Indians from Hanover High School at the Walter "Cap" Bryan Gymnasium at 7 p.m.

Bay State School Learn-To-Skate Classes

Bay State Skating School announces new winter learn-to-skate classes for children, ages 4 to 18 are starting at the ice rinks in Quincy and Weymouth.

Classes at the Shea Memorial Rink, on Willard

Street in Quincy, start Sunday, Jan. 7th at 11 a.m. and at the Connell Rink, 220-R Broad St. in Weymouth, start Sunday, Jan. 21st at 5 p.m. Classes are also available at 10 area rinks.

Use either figure, rec-

Girls Hockey Battling Low Numbers

By TOM JOYCE

The Quincy/North Quincy high girls' hockey team is in a tough spot this season, but they are working hard to put themselves in the best position possible.

This season, QNQ is not blessed with a large team. They have just 12 players listed on their roster, four of who are seniors.

"We don't have a lot of younger kids, that's one of the issues," head coach Jeff Craig said. "We didn't really get any new kids who see much ice time. The past two years, we've mostly lost kids. We have a group of six or seven kids who are just starting to play hockey. They come to practice everyday. They work hard and are getting better. We're hoping we can get them to the point where we can use

them in games."

Through seven games, QNQ was still seeking their first win of the season but in that span, they played seven teams who are all on pace to make the playoffs. In their last contest, they fell 10-2 against Peabody/Lynnfield on Dec. 30.

One major obstacle QNQ has had to overcome this season was not having a goaltender. The team lost both its goaltenders from last season. Karissa Beal graduated last spring and Jessica Bille, who served as the backup last season, got hurt this fall. As a result, QNQ had to find a new goaltender a week prior to the season. They settled on junior Meghan Mulhern, who had played the position a few times in youth hockey, but not at the high school level. Since late November, Mulhern has worked to improve every single day.

"She's gotten a lot better in three weeks to a month," Craig said, "but it's probably the hardest position in sports to learn. You could ask Tom Brady to play goalie and in that time, he wouldn't be able to stop a puck."

The city planning director, Jim Fatseas, donated goaltender equipment to the program for Mulhern to use this season.

The team has been skating three defenders this season in games but defensive coach Kyle Craig has been working closely with some of the newer players in hopes that they will be able

to contribute in games by the end of the season.

Senior captain Carly McMorrow and junior Megan Greene have been two of QNQ's best players these past few seasons so once again, they are leaders defensively. Both of them have played big minutes all year and Greene has been playing some forward for the co-op in hopes of sparking their offense.

Offensively, the co-op has benefitted from the returns of forwards Cassandra Davis and Julie Whalen this season. The two senior captains are both on pace to score their 100th career points this season.

In a year where the results have not been favorable on the ice, Craig said he is especially impressed by the leadership and positive attitude his seniors maintain.

"That leadership is really important and more important than it was in the past two years because we're struggling," he said. "You really need them when things are going tough. It's easy when things are good, but we need kids like that to keep everyone positive."

"I feel bad the way the season is going for them because they've had that success," he added. "It's tough for them since we're not used to this. They've been really important to us and we just have to keep working. If we don't work to change the outcome, we'll get the same outcome."

Burke Makes Donations To Charities

Quincy attorney George Burke announces he has made donations to the following schools, foundations and charities:

University of Massachusetts Amherst Athletics, Father Bill's & MainSpring, Newman Center, South Shore YMCA, Quincy School Community Partnership, Saint Mary Parish, Parish of Saint Ann, University of Massachusetts Amherst - Scholarships; The Salvation Army, Boston College Law School, St. Catherine of Siena Academy, Quincy Community Action Programs, Thayer Academy Boy Scouts of America, The Knights of Columbus, Children's Melanoma Prevention Foundation, University

of Massachusetts Amherst - Libraries; Maria Droste Services, Interfaith Social Services, the University of Maine, the Emily Dickinson Museum, Quincy College Trust, Supportive Living, Friends of the Unborn, Quincy Historical Society, Lend a Hand, Pope St. John XXIII National Seminary, Quincy Girls Basketball, Georgetown University and the U.S. Coast Guard Academy.

For the past 15 years, Burke has been giving his own retirement distributions to many charities that help the less fortunate. He has donated more than \$1.5 million to the poor for many years.

Hancock/Adams Green & Downtown Construction Activities

Proposed work activities for the week of: Jan 1st, 2018



- Work at Clivedon Place continues to progress with the installation of windows on the second building at the corner of Clivedon and Hancock Streets.
- The contractor at 1500 Hancock Street is forming up the connection point at the upstream end. This work is needed to construct the new culvert bypass which will be under the new atrium. Once this portion of work is completed, the sidewalk in front of the work zone and the parking spaces along both sides of Hancock Street will be put back.
- Tidal and spigot fountain foundation work continues to move forward. There will be plumbing and electrical conduits installed for the fountains to and from the vault.
- **Starting Monday, January 8th at the Corner of Granite Street and Parkingway, the City will be working on the drainage system. Take care when turning onto Parkingway. The road is scheduled to be open with a limited time being closed. This work should take approximately 1-2 weeks to complete.

(The photo above left shows worker's forming the next section on the tidal fountain. The photo on the right shows recently poured sections of the spigot fountains wrapped in winter blankets. With the cold weather, the contractor uses a winter mix for the concrete, heaters and blankets to assure proper curing of the concrete.)

To receive project updates, sign up for MyQ at <https://www.quincyma.gov/mycity/> or follow @CityofQuincy on Twitter.

Contact Tom Russo for construction questions at: 617-910-7847 or email at trusso@woodardcurren.com

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QPS Students Visit Gillette World Shaving Headquarters

Part Of Renewed School - Community Partnership

Approximately 50 students from five Quincy Public Schools: Point Webster, Central, Atlantic, Quincy High, and North Quincy High – recently visited the Gillette World Shaving Headquarters in Boston as part of a renewed School and Community Partnership.

Students visited with engineers and machinists from Gillette, learned about various career paths in science, engineering, and robotics, and showcased their robotics programs in the P&G/Gillette lobby to over 200 employees.

"It was a great opportunity to talk to professionals in a field I want to go into after high school. Talking about robotics was a lot of fun!" said Quincy High School junior Lucien Theberge.

Dominique, a seventh grader from Central Middle School said, "The trip to Gillette was fun and it was really interesting to talk to everyone."

Through the P&G/Gillette engineering department, employees can request funds for projects they are passionate about. One of the funding criteria is building culture/climate at Gillette and mechanical engineer, Zachary Egan and a team of volunteers put together a proposal to support the Quincy robotics

teams. When the proposal was approved, P&G/Gillette invited the grades 6-12 robotics teams to a "show & tell event" to share their accomplishments and chat with engineers and machinists at the company.

Zach Egan is a Quincy Public Schools graduate, attending Wollaston Elementary School, Central Middle School and graduating from North Quincy High School in 2002 where he was a member of HYPER Robotics. He graduated from UMASS Lowell in 2006 and has been a mechanical engineer at Gillette since 2007. Zach is now serves as the volunteer head engineer for Team HYPER and President of the HYPER Alumni Association.

An excerpt from his proposal to P&G/Gillette reads: From 1997 to 2010 Gillette sponsored the robotics team with funding, volunteers, engineering, and fabrication. This partnership enhanced project management skills & forged relationships between Gillette engineers and shops while inspiring current and future engineers and building a pipeline for future employees. For the benefit of both the Quincy Public Schools students and P&G Gillette employees, the proposal would bring the tradition of official company support back to the P&G or-



HIGH SCHOOL STUDENTS Andrew Tham and Rachel Shen present information on FIRST robotics and Team HYPER during a recent visit to Gillette World Shaving Headquarters in Boston as part of a renewed School and Community Partnership.

Photos Courtesy Quincy Public Schools



CENTRAL MIDDLE SCHOOL students preparing their robot for practice.



QUINCY PUBLIC SCHOOLS high school students showing off their robot as part of the field trip to Gillette.

ganization at Gillette.

The majority of the \$10,000 grant will go directly towards Quincy Public Schools grade 6-12 robotics team registration fees, design and engineering, and miscellaneous costs that occur throughout the season. The other portion of the grant goes to events at P&G/Gillette to inform employees about FIRST and to encourage volunteering at local competitions and events.

Along with Zachary Egan, the engineering grant proposal was submitted with Gillette employees and Quincy Public Schools Volunteers: Robert Gordon, Katherine Vanier, Steve Green, Ken Berlingo and Linda Nguyen.

The students of Quincy High and North Quincy High really enjoyed the experience. After hearing from some of the Gillette employees, one student reflected. "As someone applying to college, this gave me more insight into what I would like to do in life."

The students also appre-



QUINCY MIDDLE SCHOOL and high school students talk with a Gillette engineer as he shows them one of P&G's high speed 3D printers.

ciated being able to share their robotics experiences with the employees of Gillette. "I really enjoyed the opportunity to talk with the employees and explain how I am using engineering on our robotics team," said Cindy Trac, a junior at Quincy High School.



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On Saturday, Dec. 23, 2017, at approximately 6:30 p.m., Officers John Goggin and Tom Gaeta were dispatched to the area of Swingle's Quarry located on Ricciuti Drive for a reported family disturbance. Dispatch advised the responding officers that an aunt was calling on behalf of her niece, who was sending text messages that she was being assaulted.

The niece said she couldn't safely talk and was texting for help. The niece/victim texted that she was in her blue Subaru Outback with a Massachusetts license plate (number provided) and her boyfriend/suspect was assaulting and strangling her. The officers, along with two detail officers in the area, conducted a thorough sweep of the wooded area but there were no vehicles around.

After checking for about 20 minutes, dispatch then advised the officers that the suspect and victim were currently in Weymouth. Once the Weymouth Police were notified of the limited information, they went to the area of the suspect's home and at the intersection of Bridge and Lovell Street, Weymouth Officers placed the suspect in custody and transported him to the Weymouth Police Station.

Officer Goggin traveled to the Weymouth Police station to interview the victim. She said the suspect is her boyfriend and they are homeless and occasionally sleep in the vehicle. She said on this particular night she was asleep in the back seat while the suspect was driving around. She

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

said she was awakened by the suspect's fit of anger as he accused her of spending what little money they had on food because "He wanted more drugs."

He then drove her to the area of Ricciuti Drive and "parked in a dark muddy parking lot." The suspect then calmly told the victim, "Nobody will hear your scream. I'm going to f@#\$%^& kill you. I hate you." The victim stated they argued about how they were going to get more money and then the suspect jumped into the back seat, got on top of her and pushed her head into the seat. He then put his hands over her nose and mouth so that she could no longer breathe. After letting go, the suspect then got out of the car and when he did this she jumped into the front seat and tried to drive away, but the suspect grabbed hold of her and threw her on the ground. He then got behind the wheel and began to drive away.



LT. DAN MINTON

As the suspect drove off, the victim jumped into the back seat of her vehicle as they drove to Weymouth, where she got out of the vehicle in the area of Bridge Street. The suspect then drove off. The victim told Officer Goggin that throughout this incident she was texting her aunt, who was updating the Quincy Police. The victim did not have any injuries and declined the offer for assistance in getting a restraining order against her boyfriend/suspect.

Officer Goggin then brought the suspect, a 32-year-old Weymouth resident, back to the Quincy Police Station for booking, charging him with assault and battery on a family/household member, strangulation and use of a motor vehicle without authority.

Nice Work!

AGENCIES THAT DO NOT CALL YOU TO COLLECT OWED MONEY:

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- *POLICE DEPARTMENTS
- *FIRE DEPARTMENTS
- *REGISTRY OF MOTOR VEHICLES
- *FBI
- *NATIONAL GRID
- *PUBLIC AGENCIES

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Dec. 22 - Dec. 28

Calls: 1,202

Arrests: 20

Stolen Vehicles: 1

FRIDAY, DEC. 22

MOTOR VEHICLE LARCENY, 8:06 a.m., 40 Willard St. Blue 2004 Ford F250 in rear lot.

VANDALISM/PROPERTY, 3:36 p.m., Mullin Ave. & O'Connell Ave. Appears green mailbox tagged. Caller did not answer on call back.

LARCENY, 5:15 p.m., Dollar Tree, 100 Granite St. Phone.

LARCENY, 6:17 p.m., Sewall St. Two small pack-

ages stolen from mailbox.

LARCENY, 9:01 p.m., Lawrence St. Package. Package was delivered around 6 p.m. Going to follow up with carriers.

VANDALISM/PROPERTY, 9:39 p.m., Fenno St. Outside light on wall. Light gray hoodie, tan jacket, jeans, boots. Ran towards Simms Road.

SATURDAY, DEC. 23

LARCENY, 8:18 a.m., 45 Winter St. Female friend that stayed the night ran out the door with caller's money and ran down Winter Street toward South Street.

VANDALISM/PROPERTY, 8:36 a.m., Holbrook Rd. Fence. Suspect plate.

LARCENY, 10:24 a.m., 7-Eleven, 751 E. Squantum St. Occurred yesterday. Has video of cashier stealing.

ARMED ROBBERY, 12:47 p.m., Prime Gas, 596 Hancock St. Employee called the manager of station saying someone was stabbed. Brewster notified. Suspect took off Hancock towards Beale. Stabbed in the hand. 22-year-old white male wearing a black jacket, black stocking cap. Suspect possibly identified from video footage.

LARCENY, 1:45 p.m., Walmart, 301 Falls Blvd. Caller's jacket with car keys was taken. Caller watching his car to make sure it is not stolen. Caller found his stuff.

LARCENY, 1:59 p.m., Romanzza Pizzeria, 134 Washington St. Of bill. Has suspect info. Spoke with party; will come in on Jan. 1 and pay bill.

LARCENY, 7:07 p.m., Ebbett Ave. A family member who has a key came into the house and took some belongings that belonged to her deceased father. Officer heading to Martensen Street to recover items. All items returned.

LARCENY, 11:42 p.m., Callahan's Tap, 296 Copeland St. Caller is bartender. Suspect is past employee who was fired for money issues.

SUNDAY, DEC. 24

LARCENY, 9:51 a.m., Hancock St., 229 Quincy Ave.

VANDALISM/PROPERTY, 10:15 p.m., Presidential Dr. Gray 2017 Honda Civic. Entire vehicle damaged.

MONDAY, DEC. 25

LARCENY, 12:46 a.m., McDonald's, 275 Hancock St. Employee disappeared tonight - he left work early and unannounced. Then money was missing from the drawer, about \$500, according to the manager. They will be checking the cameras.

BREAKING AND ENTERING, 6:09 p.m., Winter St. Room was broken into.

TUESDAY, DEC. 26

LARCENY, 1:29 p.m., Bank of America, 440 Hancock St. Caller states she was approached as she got off

a bus and asked her to cash a check using her account and she put a check into ATM at address above and allegedly gave male known to her the total of \$900 that she withdrew.

LARCENY, 5:14 p.m., Babcock St. Caller knows who stole laptop.

LARCENY, 6:27 p.m., Edinboro Rd. Packages confirmed as delivered by UPS on Dec. 21 have gone missing/never found.

LARCENY, 2:28 p.m., Whitwell St. Medication.

WEDNESDAY, DEC. 27

ATTEMPTED BREAKING AND ENTERING, 6:27 p.m., Pope St. Caller noticed backdoor has been broken. She believes it happened a few days ago.

THURSDAY, DEC. 28

LARCENY, 4:13 p.m., Palmer St.

LARCENY, 4:45 p.m., 332 Copeland St. Packages were shown as delivered on Friday, yet caller claims they are missing/stolen.

LARCENY, 5:22 p.m., Lawn Ave. Delivery driver states he was not paid enough for food.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: 40 Willard St.

CAR BREAKS: Falls Boulevard, 291 Newport Ave., Trafford Street, Howe Street

BREAKS AND ATTEMPTED BREAKS: Winter Street, Captain's Walk, Cross Street, Elmwood Avenue, Wilson Avenue, Hughes Street, Scotch Pond

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentremon at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us - Lt. Dan Minton

Entries in the Quincy Police Crime Prevention Journal are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

QUINCY ANIMAL SHELTER

56 Broad Street, Quincy

617-376-1349

quincyanimalshelter.org

IN-SHELTER ADOPTION HOURS

TUESDAYS & THURSDAYS

6:00 to 8:00 pm

SATURDAYS

10 am - 4 pm

Adoption fees include initial vaccinations and Spay/Neuter as needed.

New volunteers always welcomed.

FOR LOST or FOUND ANIMALS call ANIMAL CONTROL at 617-376-1364

AVAILABLE DOGS

Lena: 3, female, pit bull mix

AVAILABLE CATS

Tyler: 10, male, tabby

Toto: 7, female, tortie

Dali & Edgar: 7, bonded brothers

Arnold: 2, male, black & white

Sam: 8, male, black

Meridee: 4, female, tabby

River: 3, male, tabby

Ask John Paul: AAA's Car Doctor

I have a question about winter car care. I will be away from the Boston area for several months this winter. My car, a 2010 Honda, will be parked outside in my driveway for this time. What preparation and precautions shall I make to ensure that being outside in the Boston winter won't ruin my car? Any tips and advice that you can provide would be great.

Go to a good repair shop and let them know the car will be parked for several months. Some things they should check are all the vital fluids with special attention paid to the coolant. Top off or replace any fluids as needed. The shop should also lubricate any part that could stick such as the parking brake, latches, hinges and locks. Add fuel stabilizer, top off the gas tank and air up the tires to the maximum inflation pressure. When you return, change the oil and filter, recheck the tire pressure and recheck any fluids, belts and hoses. Concerning the battery you have two choices: disconnect the negative cable or leave everything as is and most likely expect the battery will need a boost when you come home.

I am a 76-year-old man who works hard at being a safe driver. I drive a 2015 Chrysler Town and Country Sport Van and love the rear view camera. It makes backing up so much easier and safer. I also love the van because of its height and I fit nicely into it as I am large person. I now see that some cars have 360 degree cameras and I want that feature. Could you suggest a few cars that I can test drive for under \$30,000. The van is a little too big. I was thinking of a midsize SUV or something like that.

Nissan is one vehicle manufacturer that incorporate "around car" viewing in many models. Recently I drove the Rogue and Rogue Sport; both of these smaller SUVs had this camera system as well as some other advanced safety.

What brand or brands of wiper blades do you prefer? I have purchased expensive blades and inexpensive wiper blades and after a short time they streak and chatter.

The problem may not be the blades but the wiper arms or a lifetime of wax and grime on the windshield. If the car has been around for a while consider replacing the wiper arms. In addition thoroughly clean the windshield. A reader gave me a tip to use glass top stove cleaner on a car windshield to get it clean. I did give it a try, it is a bit of work but

when completed it worked quite well. Regarding wiper blades, I have had good luck with Trico, Michelin and Bosch blades. I also replace the entire blade not just the insert for the best performance.

I have Volkswagen Cabrio and from time to time the warning lights including the ABS lights comes on. This seems to happen when driving over bumps. Any ideas?

A very common cause is a worn ignition switch. When you drive over bumpy/rough roads there is just enough vibration that the key turns back a bit. If you can duplicate the condition drive on the same roads and gently hold the key. If the lights don't come on you have found your problem. Before you spend any money on repairs try a different key with a little less wear.

I'm buying a new car soon and the dealership is trying to sell me rustproofing and undercoating. Is this worth the money?

Depending on the manufacturer most vehicles have very good corrosion warranties and in my opinion these products are not worth the money.

I have a 2017 Chevrolet Cruze. When I turn the heat on, sometimes the air-conditioner comes on. When that happens, I turn the temperature control knob to high and select "floor" for the air delivery mode. Then, when I turn the fan on, the air conditioner comes on. The air blows warm, like it's a mixture of hot and cold air. If the fan is already on when I start the car it does not happen. I took it to the dealer, but they could not find anything wrong. Any ideas?

There are no technical service bulletins that address this problem specifically. At this point you will need to demonstrate the issue to the dealer so they can form a repair strategy. The climate control system just like almost every part in the car has a computer that controls it. The repair could be mechanical or a reprogramming of the body control computer. The air conditioner will typically turn on when the defroster mode or is selected. Even with the air conditioner turned and the temperature setting on hot the air temperature should be warm/hot.

I am concerned about an older relative who is just about five feet tall and drives with her seat pulled as close as possible to the steering wheel so that her feet reach the pedals. Would pedal extenders be a good idea and if so what product would you recommend?

I'm concerned about the air bag deploying and causing major head injury. Is there anything else we should look at?

This issue is typical as we age; in fact, here at AAA recently, we released a study that showed 9 out of 10 drivers don't take advantages simple modifications that can be performed on nearly every car. Some of these items are a cushion, panoramic mirrors and even a steering wheel cover can make driving more comfortable. You are correct that sitting too close to an active airbag can have devastating consequences. At this point your relative has two choices: they can have the airbag shut off or add pedal extensions. Typical pedal extensions can be added fairly easily to almost any vehicle by most repair shops. You can also request to have the airbag shut off by filing paperwork with NHTSA. Pedal extenders can be purchased through "up-fitters" that provide modifications for handicapped drivers or online.

According to the owner's manual for my 2006 Chevrolet Silverado with a Duramax diesel, it has a computer system that determines when the oil and filter need to be changed. Recently, that was after 11,192 miles and previously 10,523 miles. The dealer recommended every 7,500 miles and other mechanics even shorter intervals. I want the engine to last but would be happy to put the oil change off as long as it was safe. I would think Chevrolet would know best. What do you think?

Years back oil changes were performed more frequently for several reasons. Fuel was wasted during the combustion process and ended up mixing in the engine crankcase. Oil and oil filters were not the quality they are today. In addition, engines run hotter which helps clear contaminants such as moisture from the oil. If this was my vehicle I would follow the recommendation in the vehicle owner's manual or the electronic display. Some of these system use very elaborate calculations to determine when the oil needs changing. I have also seen third-party testing to confirm the overall accuracy.

I have a 2009 Hyundai Sonata that is performing beautifully and has just under 150,000 miles on it. The serpentine belt has never been replaced but looks perfect. Any comments?

Today it is not unusual to see drive belts and rubber hoses last 10 years or more, but at some point everything needs to be replaced. If the belt doesn't show any signs of glazing or cracking and is quiet on start-up I would not be concerned. That being said, if I was planning a long trip in the near future and wanted to prevent any possible breakdown, I would replace it.

I don't have a repair question but was wondering why I never see an advertisement for a Toyota Avalon. I have a 10-year-old Avalon and want to buy a new one, but wonder if they are going to be discontinued?

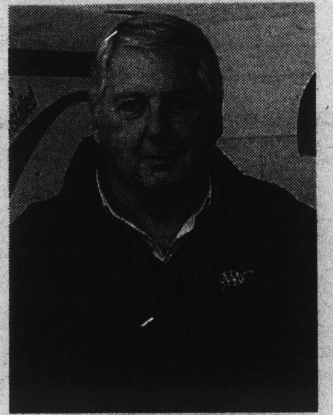
The Toyota Avalon may not be Toyota's biggest seller, but as far as I know Toyota will continue to sell it for the next couple of years. For 2018 the Avalon has a full complement of the latest safety features as well as a battery/electric hybrid option. I drove a 2017 model and found it to be a comfortable competent full-size sedan that is easy to recommend.

I have a 2017 BMW X3 with front collision avoidance system. However, I had a front-end collision. When pulling up to a curb slowly, my car jumped the curb and then hit a wall. I am not sure if I was on the accelerator but thought I was on the brake. I thought the car should have prevented this. The BMW engineer, who inspected the vehicle, said all was fine. Any thoughts? Is there a problem with my car?

Automatic emergency braking is designed to work in very specific situations and at this point in time, can't be designed to avoid every collision. At AAA, our automotive engineering department did very specific testing of many automatic emergency braking systems and some worked better than others. A curb or a wall at lower speeds may not have fit the algorithm that BMW designed for their braking system. As an example I tested a similar vehicle using large cardboard boxes and a plastic 40 gallon trash can and in both cases the car I tested hit both objects. Nevertheless, the same car did detect a SUV that rapidly backed out of a parking spot. More than likely your BMW performed as designed.

As we head toward winter and snow is there any value in adding weight to the trunk of a car? My wife likes to have concrete blocks at each side of the trunk of her 2010 Hyundai Elantra. She has been doing this before we met because she feels the extra weight give the car more control. Does this make any sense in a front wheel drive car?

Adding weight to the rear of a front-wheel drive car only diminishes traction to the front-drive wheels. Why front-wheel drive cars do better in the winter is because the weight of the engine is over the drive wheels. Adding weight changes the balance of the car and the cement blocks could become a safety hazard in a crash. If your wife is truly concerned about winter



JOHN PAUL
AAA's Car Doctor
traction consider purchasing four winter tires.

Do you believe that the risk of buying a used former rental car is worth the saving of buying new car? I have been looking at new cars and it looks like I can save \$5,000-\$7,000 buying a one-year-old former daily rental. I've purchased both new and used vehicles and, frankly, would rather pocket the difference in exchange for the "new" car smell. If not used how do you feel about leasing?

There is something to be said about buying a brand new car. To some people the idea that no one has driven a car before them is worth the extra cost. You are correct that most vehicles depreciate significantly in the first 12-18 months. Several years ago it was time to replace both cars in our household and we purchased used. One of the cars was an Enterprise rental the other a Hertz rental. Both cars had the remainder of the factory warranty and performed quite well. Regarding leasing, nearly one third of the new cars are leased. Leasing works best for those drivers who like a new car every few years and drive less than 10,000 miles per year. Andrew Carnegie, the industrialist and steel magnate, once said "you should buy an appreciating asset and lease a depreciating asset." Based on that advice everyone should lease a car.

Eastern Insurance

22 Locations

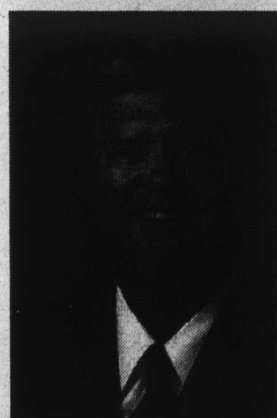
**Auto • Home • Business
Life & Employee Benefits
Workers Compensation • Umbrella
Marine • Bonds • Professional Liability**

(617) 877-7663

(508) 270-5317

duvanitte@easterninsurance.com

382 Quincy Avenue
Quincy, MA 02169



Donald Uvanitte
Sr. Vice President
CIC, ARM, AAI, AU, AIS, CRIS, LIA

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RELIGION

Bethany Congregational Church

Bethany Congregational Church, Quincy Center will have a Communion Worship Service at 9:30 a.m. The Rev. Fred Meade will conduct the service and preach the sermon entitled "What Guides Us." Please bring a food donation to help the ISS Food Pantry. Fellowship with light refreshments will follow the worship service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1:00 p.m. to 4:00 a.m. Please visit us at our Web Page: www.bethanyconchurch.org

for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

The church is wheelchair accessible.

Winter Bible Camp At Fort Square Church

Fort Square Presbyterian Church will host its annual Winter Bible Camp during the school February vacation week at Fort Square Presbyterian, 16 Pleasant St. in Quincy.

The free half-day program is for children ages 5 to grade 5.

The program begins at 9 a.m. and runs through noon. The doors are open at 8:30 a.m. for drop off and late

pick up is available to 12:30 p.m.

This year's theme "Which Fruit are You?" Or "FRUIT LOOPS!" is based on the Fruits of Spirit. There will be games including an indoor snowball fight, crafts, snack time and story time.

Fort Square Presbyterian church volunteers come under the strictest guidelines and all have National Background Cori Checks. Safety

for the children is paramount.

This is a free program but seating is limited to 35 children.

For more information email: childrenministry@fortsquare.org or check out the church website at www.fortsquare.org where you can download a WBC 2018 application form.

More news online at: thequincysun.com

Houghs Neck Congregational Church

The Communion Sunday worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Pastor Vandergrift will lead the service, give the children's message and

preach the sermon "Stranger Things." Janice Hughes, Nancy Jacobs, Joseph Flores ad Glenn Brown will serve for the Diaconate.

A fellowship coffee hour hosted by Nancy Jacobs follows the service.

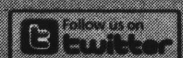
Monday the Church Council meets at 7 p.m. in the Gordon Room.

Yoga continues on Thursdays at 7 p.m. and Saturdays at 10 a.m. with Amy Ross in Fellowship Hall.

Quincy Access Television
88 Washington Street
Quincy, MA 02169



www.qatv.org
617-376-1440
617-376-1441



Public Access Channel 8

Government Access Channel 9

Thursday, January 4
6:00pm: Bethany Congregational Church
8:00pm: High School Basketball

Friday, January 5
11:30am: LIVE: Currently in Quincy
10:00pm: The Constitution: Then & Now

Saturday, January 6
12:00pm: High School Basketball
7:00pm: AM Quincy: Home Energy Assistance

Sunday, December 7
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, January 8
11:30am: LIVE: Currently in Quincy
8:00pm: Wollaston MBTA Mitigation Plan

Tuesday, January 9
6:00am: LIVE: AM Quincy with Joe Catalano
6:00pm: Eye on Quincy (replay)

Wednesday, January 10
6:00pm: Good News
9:30pm: Sound Advice

Thursday, January 4
6:00pm: Update DPW: Winter Season
8:30pm: At Your Library: January Happenings

Friday, January 5
6:00pm: City View with Mayor Koch
7:00pm: Meet the Author
8:00pm: Media Advisory: Domestic Violence

Saturday/Sunday, January 6/7
9:00am: City View with Mayor Koch
9:30am: Update DPW: Winter Season
10:00am: At Your Library: January Happenings
6:30pm: FY: QHD Winter Hazards
7:00pm: At the Kennedy Center: Gerard Doherty
8:00pm: QRD: Elks Free Throw

Monday, January 8
7:30pm: LIVE: City Council

Tuesday, January 9
12:00pm: City Council 1/8
7:00pm: QRD: Elks Free Throw

Wednesday, January 10
6:00pm: In the Know: Are You OK?
7:00pm: City Council 1/8

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

Catholic

St. Mary's Church

95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY

432 Adams Street
Milton, MA 02186 • 617-698-2439

Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment

Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned

St. John The Baptist

ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021

Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM

Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 - 9:00 AM
Sat. 2:30 - 3:30 PM
Handicapped Accessible

Saint Ann's Church

757 Hancock St., Wollaston
617-479-5400

Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

Sacred Heart Church

"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666

Sunday Masses
4 pm (Saturday)
7:30 & 10:00 am and 6:00 pm

Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible

Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church

550 Washington Street
Quincy, MA 02169

617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Holy Trinity Parish

Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and 8:30 AM Sunday

Our Lady of Good Counsel Church
237 Sea St.

WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and 10:30 AM Sunday
CONFESSIONS: 3- 4PM Saturday
Rev. Martin Dzengeleski- Pastor
Phone: 617-479-9200
EMAIL: holytrinityquincyma@gmail.com
VISIT: www.holytrinityquincy.com

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH

310 Manet Avenue
617-479-8778
www.hncong.org

Sunday Worship Service at 10 a.m.
Pastor Vandergrift will lead the service, give the children's message, and preach his sermon "Stranger Things"
All are welcome to attend

BETHANY CONGREGATIONAL CHURCH

Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanyconchurch.org

Communion Worship Service at 9:30AM

The Rev. Fred Meade will conduct the service & preach the sermon "What Guides Us"

ALL ARE WELCOME!
Fellowship Time following Service
The church is wheelchair accessible

QUINCY POINT CONGREGATIONAL

444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, Interim Pastor
Peter Johnston, Interim Associate Pastor
Rachel Hallenbeck, Music Director
email: office@quincypointcong.org

Congregational



Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts

Worship and Sunday School at 10 a.m.

Elizabeth J. Williams
Pastor

617-773-7432

www.wollastonucc.com

Unitarian Universalist

United First Parish Church

A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.

Worship Service, Church School & Childcare: Sundays at 10:30 AM
Followed by Fellowship & Refreshments
Rev. Rebecca Froom
1306 Hancock St., Quincy
www.uipc.org

Church of Christ

CHURCH OF CHRIST IN MILTON

330 Edge Hill Rd.,
Milton, MA 02186 • 617-274-2409
www.churchofchristinmilton.org

Maurice Davis, Minister

SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM

Tuesday Bible Study 11:00AM

Wednesday Bible Study 7:00PM

3rd Friday - Couples 7:30PM

4th Friday - Youth 7:30PM

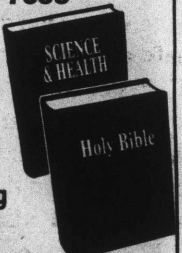
Christian Science

First Church of Christ, Scientist

1460 Hancock Street, Quincy
617-472-7099

Sunday Services and Sunday School
10:30 a.m.

Wednesday Evening Meetings - where testimonies of healing are shared 7:30 p.m.



ALL ARE WELCOME!

Nazarene

Wollaston Church of the Nazarene

Come Join Us For Sunday Worship!

8:00 AM Worship Service (Holy Communion & Liturgy)

9:00 & 11:15 AM Weekly Small Groups

10:00 AM Worship Service

Stephen "Stretch" Dean, Lead Pastor

Andrea Sawtelle, Youth Pastor

Ben Kenyon, Children's Pastor

Don Reed, Visitation Pastor

37 E. Elm Ave., Wollaston
617.472.5669

email: office@wcnaz.org
www.wollastonnazarene.org

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH

40 Beale St., Wollaston

617-773-3319

10:30 AM Sunday Worship

Rev. Rebecca E. Baumann

Salvationist

THE SALVATION ARMY

6 Baxter St., Quincy • 617-472-2345

9:45AM CHRISTIAN EDUCATION

11AM WORSHIP SERVICE

BRASS BAND MUSIC

NOON THURS. WOMEN'S FELLOWSHIP

6:30PM WEDS. BIBLE STUDY

HOPE PEACE

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Barbara G. Herlihy

A funeral service for Barbara G. (Gill) Herlihy of Braintree was held Dec. 27 in St. Ann's Church, Quincy. Mrs. Herlihy died Dec. 21.

She was born in Shrawn, Inish Mor, Co. Galway, Ireland. She came to the United States in her 20s and settled down in Dorchester. She was a resident of Dorchester for many years where she raised her 8 children with her late husband, Thomas. She later moved to Quincy, Abington and most recently, Braintree.

Mrs. Herlihy was very proud of her Irish heritage, the culture and the language. She was a devout Catholic and spent time in her older age at the Irish Pastoral Center. Barbara loved to dance, drink tea, and spend time with her sister Sara.

She will be remembered for her magnetic personality, contagious smile and her ability to fill a room with laughter. She always brought joy to other people's lives. Mrs. Herlihy will be sadly missed by all who had the pleasure of knowing her.

Beloved wife of the late Thomas Herlihy. Cherished mother of Thomas J. Her-



BARBARA G. HERLIHY

lihy of Braintree, Mary Beth Whitcomb of Braintree, Kathleen Herlihy of Norway, ME, John Herlihy of Abington, Barbara Kelleher of Dorchester, Margaret T. Herlihy of Dorchester, Norreen Roux of Cranston, RI, and the late James Herlihy. Loving sister of Sara Donovan of Hingham. Also survived by 12 grandchildren, 2 step-grandchildren and 1 great-grandchild.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Irish Pastoral Center, 15 Rita Road, Dorchester, MA 02124 or a charity of your choice.

Paula A. McManus, 59

A funeral for Paula A. (Vraibel) McManus, 59, a longtime resident of Quincy, was held Dec. 27 in Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Mrs. McManus died peacefully Dec. 21 surrounded by the love, comfort and care of her family.

Raised in Quincy, she was a daughter of Paul Walter Vraibel of Bourne and the late Judith (Trotman) Vraibel of Quincy. Paula was a 1976 graduate of Quincy High School. She enjoyed camping, going to the beach, playing bingo and spending quality time with her beloved family, with whom her most favorite times were spent.

Mrs. McManus was the loving mother of Robert Glenn McManus and Kristen Marie McManus, both of Ft. Myers, FL. Dear sister of Glenn W. Vraibel, his wife Joyce of Quincy, Susan



PAULA A. McMANUS

V. Heapes and her husband John of Weymouth. Also survived by many nieces, nephews, extended family and close friends who loved her.

Interment at Pine Hill Cemetery, Quincy.

In lieu of flowers, the family has requested donations be made in her memory to: Father Bills & MainSpring, 430 Belmont St, Brockton, MA 02301 or online at helpfbms.org.

Joyce M. Kaiden

A funeral Mass for Joyce Marie (Siukola) Kaiden of Quincy was celebrated Dec. 30 in St. Ann's Church, Quincy.

Mrs. Kaiden died suddenly on Christmas Day surrounded by her family and friends.

Born and raised in Quincy where she resided her entire life. She was the beloved and devoted wife of Robert Kaiden, the cherished daughter of the late Wilho and Nancy Siukola, loving sister to Michael, and the late William and Maureen, aunt to niece Lyndsie, nephews Michael, Alexander, Noah and Elijah.

Mrs. Kaiden was the person we all strive to become,

full of goodness, charity and love. She was loved by many and will be missed by all. She is a graduate of Quincy High School, former leader of Cub Scout Pack 19 in Weymouth and the play care manager at Answer Is Fitness Gym in Canton, where she was loved by all the children in her care.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Pine Street Inn, Development Office, 444 Harrison Ave., Boston, MA 02118.

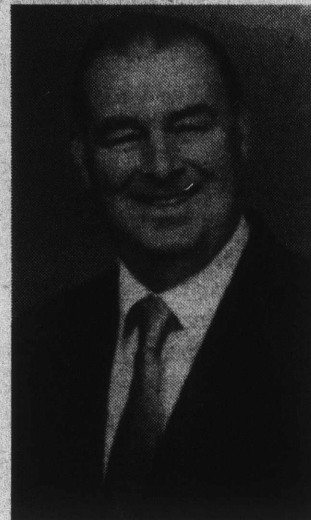
Richard A. Canty, 80

Private funeral services for Richard A. Canty, 80, of Braintree were held at Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Mr. Canty died in his home on Dec. 20 following a sudden illness.

Born in Quincy, he was a son of the late Charles and Margaret (Fratus) Canty. He is survived by his devoted wife of 55 years, Janice (Walker) Canty. Loving Father of Donna White and her husband Paul of Westwood, Kimberly Canty of Carver, Christine Holland and her husband Frank of Norwell and late Mark Canty and wife Christine of Norwell. Also survived by 9 cherished grandchildren.

Mr. Canty was a devoted grandfather who was loved by many. For nearly three decades he brightened Christmas for children by playing Santa Claus at Children's Hospital, nursing



RICHARD A. CANTY

homes and many other locations. He was well known by his neighbors for his elaborate Christmas decorations in the winter, beautiful bird houses in the summer and delicious calzones which he made year round. He will be missed by his family and all those whose lives he touched.

Memorial donations may be made to the charity of your choice.

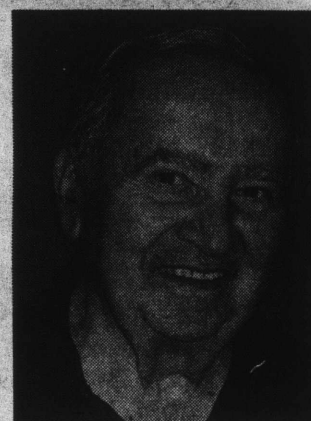
Joseph Kerr, Jr., 87

A funeral Mass for Joseph Kerr, Jr., 87, of Weymouth and formerly Quincy was celebrated Dec. 28 in St. John the Baptist Church, Quincy.

Mr. Kerr died Dec. 19.

Born in Kulpmont, PA where he was raised and educated, he was Korean War veteran in the U.S. Air Force. He earned his Bachelor's Degree in chemical engineering at Bucknell University and worked for Merck and Raytheon and then as a systems analyst for the Massachusetts Department of Education before retiring. He was an active parishioner of St. John the Baptist Church in Quincy.

The beloved husband of Helen M. (Okronglis) Kerr, Mr. Kerr was the loving father of Michelle Kerr of Waltham and David Kerr of Sharon; father-in-law of Michelle Kerr of Sharon; and



JOSEPH KERR, Jr.

dear grandfather of Brian and Devin and is also survived by his niece, Janice Kerr.

Interment at Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to Father Bill's Place, 38 Broad St., Quincy MA 02169 helpfbms.org.

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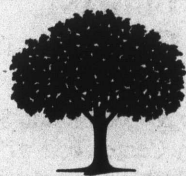


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Services include: services of funeral director and staff, embalming and preparation, casket, transportation to place of disposition, 20-gauge metal casket, and a memorial stationary package (a register book, 100 thank you cards, and a service program).

*Price varies by service. Service Corporation International, 206 Winter Street, Quincy, MA 02169.



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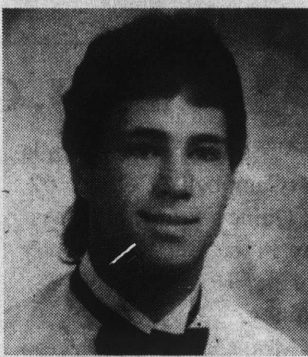
Russell A. Forte, 49

A funeral home service for Russell A. Forte, 49, of Quincy was held Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Forte died Dec. 23.

He graduated from Quincy High Vo-Tech class of 1986 and was the former pressman at Ben Franklin Press in Quincy and plumber at McCormick Plumbing in Billerica. Mr. Forte enjoyed sports, fishing, golfing, drawing, and music. He will be greatly missed by all who knew him.

Cherished son of Russell A. Forte and Margaret "Peggy" Forte-Golden and her late husband Thomas M.



RUSSELL A. FORTE

Golden, all of Quincy. Loving father of Ryan and Leah Forte and stepfather of Edward and Shawn Daly, all of Quincy. Also survived by many aunts, uncles, and cousins.

Interment at Pine Hill Cemetery, Quincy.

Bertha E. Steele, 85

Funeral services for Bertha E. "Betty" (Titus) Steele, age 85, of Quincy, formerly of Randolph, were held Wednesday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. Steele died peacefully Dec. 26 at South Shore Hospital, surrounded by her loving family.

She was born in Quincy to the late Elvi M. (Siitonen) and LeRoi Cook Titus. She was a graduate of Quincy High School and had lived in Quincy for most of her life. She was a homemaker but had worked driving special needs children to school and appointments. She loved driving and was always available to help family and friends.

Mrs. Steele was active for many years breeding Persian cats. She also enjoyed bingo and trips to the casino. Most of all, She was dedicated to her family, especially to her cherished grandchildren and great grandchildren, actively supporting all their activities and accomplishments.

Beloved wife for fifty-nine years of the late Russell J. Steele, Sr. who passed on June 9, 2017. Devoted mother of Theodore L. Steele and his wife Lisa of Braintree, Lauren E. Coggeshall of



BERTHA E. STEELE

Randolph, Timothy A. Steele and his wife Mary Jo of Weymouth, Judi L. Flaherty of Norton, Victoria L. Petersen of Quincy, and the late Russell J. "Johnny" Steele, Jr. Loving grandmother of fifteen grandchildren and ten great-grandchildren. She was also the great-grandmother of the late Jacob Russell Steele.

Dear sister of Barbara Thompson of Fort Lauderdale, Florida and the late George Titus. She is also survived by many nieces, nephews and cousins; her loving sister-in-law Madeline McCarthy of Quincy, and her lifelong friend, Jean Hall both of Quincy.

Interment at Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to the American Cancer Society, 30 Speen St., Framingham, MA 01701.

Bertha L. Ash

A funeral Mass for Bertha L. (Pryor) "Bea" Ash of Quincy was celebrated Dec. 30 in Sacred Heart Church, Weymouth.

Mrs. Ash died Dec. 25.

She was born and raised in South Boston and lived in Quincy for over 40 years. Mrs. Ash was fiercely devoted to her family. Her decisions were always made with them in mind and was happiest when surrounded by them. She will be dearly missed.

Beloved wife of the late Frederick C. Ash. Devoted mother of Jean M. Munn and her husband Glen of FL, Kathleen Pascarelli and her husband Patrick of Hanover, James M. Ash and his wife Roseanne of Abington and the late Frederick C. Ash, Jr. and his late wife Debbie.

Loving sister of Elizabeth "Dot" Durgin of Rockland, Paul Pryor of Stoughton, the late William, John and Joseph Pryor, Marie Joyce and Patricia Quirk. Cherished Nana of 8 grandchildren and 8 great-grandchildren. Also survived by many nieces and nephews, especially her niece Joanne Ash to whom she was very close.

Interment at Fairmount Cemetery, Weymouth.

Funeral arrangements were made by McDonald Keohane Funeral Home, South Weymouth.

Memorial donations may be made to Alzheimers Assn., MA Chapter, 309 Waverley Oaks Rd., Waltham, MA 02452 or American Cancer Society, P.O. Box 22478, Oklahoma City, OK 73123.

Francesca Lorenzano, 92

A funeral Mass for Francesca (Falzone) Lorenzano, 92, of Quincy was celebrated Dec. 29 in St. Joseph's Church, Quincy.

Mrs. Lorenzano died peacefully surrounded by her family on Dec. 24.

Born in Aragona, Italy, she immigrated to Quincy with her family in 1970.

The beloved wife of the late Carmelo Lorenzano, Mrs. Lorenzano was the devoted mother of Amedeo "Dino" Lorenzano of Quincy, Santina Giannino and her husband Paul of Braintree, Marianna Lorenzano of Holbrook, Vincent Lorenzano and his wife Adrienne of Quincy, Alfonsa "Florence" Lorenzano of Brockton, Salvatore "Sal" Lorenzano of Quincy and the late Leonardo "Leo" Lorenzano; and dear grandmother of Michael, Mikaela, Isabella, Francesca, Arianna and the



FRANCESCA LORENZANO

late Carmen.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to the Alzheimer's Association 309 Waverley Oaks Rd, Waltham, MA 02452 act.alz.org.

Charlotte A. Gillis, 86

Funeral services and interment for Charlotte A. (Kelley) Gillis, age 86, of Scituate, formerly of Quincy, were privately held.

Mrs. Gillis died peacefully Dec. 26 at South Shore Hospital in Weymouth.

She was born in Quincy to the late Clarence J. and Velma L. (Crotty) Kelley. She was raised in Quincy and was a graduate of the former Cardinal Cushing High School in South Boston, Class of 1949. She had lived in Scituate for fifty-six years.

Mrs. Gillis began her career at the former Polaroid Corporation working as a secretary for Dr. Edwin H. Land and later worked as secretary for the Board of Selectmen for the Town of Scituate for over twenty years.

When not attending her sons' various sporting events, she enjoyed gardening, cooking and sewing. She was a strong matriarch who was dedicated to her family. In her later years, Mrs. Gillis particularly cherished her grandchildren, actively supporting all their many activities and accomplishments either in person or in spirit.

Beloved wife for sixty-one years of Raymond F. Gillis. Devoted mother of Duncan A. Gillis and his wife Morgen of Moultonboro, New Hampshire, and Raymond K. Gillis and his wife Josephine of Marshfield. Loving grandmother of Ian D. Gillis and his wife Ciera of New York City, NY, Sean R. Gillis of Madison, Wisconsin, and Bridget C. and Michael P. Gillis both of Marshfield.

Funeral arrangements were made by the Sweeney

Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to one of her favorite charities, dedicated to loaning medical and nursing equipment for the home use of both Scituate and surrounding town residents: Scituate Etrusco Associates, P.O. Box 265, Scituate, MA 02066.

Sara R. Curry

A funeral Mass for Sara R. (DeJoseph) Curry of Quincy was celebrated Dec. 28 in St. Agatha Church, Milton.

Mrs. Curry died peacefully in her home on Dec. 21.

She was a resident of Quincy for 65 years and was born and raised in South Boston.

In her younger years, Mrs. Curry worked at the Federal Reserve Bank in Boston. Family was the cornerstone of her life. Sunday dinners with family and friends was a labor of love. Well known for delicious meatballs and sauce, her Italian cooking skills were amazing. Her door was always opened and everyone was welcomed with a big smile and open arms. Aside from cooking, she loved listening to Frank Sinatra, attending Broadway plays and musicals and was a passionate Boston sports fan, especially her beloved Red Sox. Mrs. Curry had a wonderful sense of humor and was a fiercely independent and proud woman. She loved to talk politics and was very well read. Her spirits were lifted when her grandchildren and great-grandchildren came to visit along with her family dogs, Louie and the late Great Izzy.

Beloved wife to the late Martin J. Curry, Sr., former

business agent Local 10 Plasterer Union Boston and labor consultant to Former Mayor Kevin W. White. Cherished mother to Martin Curry, Jr. and his wife Peggy of Quincy, Janis Bertoni and her husband Bob of Ridge-wood, NJ, the late Deborah Man Curry of Quincy, and Susan Magoon and her husband Kevin of Quincy. Sister to the late Julia Conley. Caring grandmother to Matt, Chris, Steven, James, Lizzy, Robert, Kevin, Courtney, Lauren. Loving great-grandmother to Tate, Flynn, Grace, Nicholas, Isabelle, Avery and Tess.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Italian Home for Little Wanderers, 1125 Centre Street, Boston, MA 02130.



SARA R. CURRY

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Italian Home for Little Wanderers, 1125 Centre Street, Boston, MA 02130.

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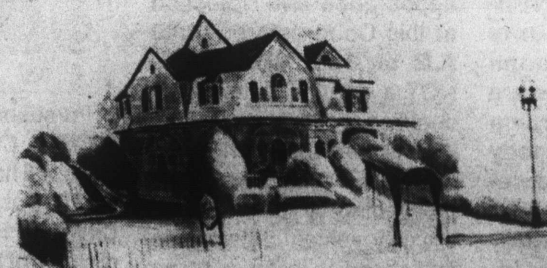
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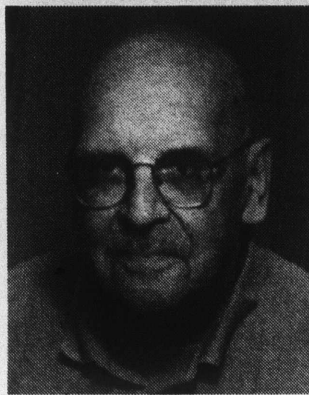
OBITUARIES

Stanley J. Michalik, 78

A funeral Mass for Stanley J. Michalik, age 78, of Quincy, formerly of Dorchester, will be celebrated at 10 a.m. Sat-

urday in St. Anthony Shrine, Boston.

Mr. Michalik died peacefully Dec. 27 at home, in the comfort of his longtime partner, Lee.



STANLEY J. MICHALIK

He was born, raised, and educated in Lowell. He was a graduate of Keith Academy, Class of 1956, and earned both his Bachelor's and Master's degrees from the Massachusetts Institute of Technology.

Mr. Michalik had lived in Quincy for the past two years, previously in Dorchester for over thirty years. He was also a longtime summer resident of Provincetown.

Mr. Michalik began his career as an engineer. After losing his mother to breast cancer, he was inspired to pursue a new career in healthcare. He completed his medical training at Bowman Gray School of Medicine in Winston-Salem, NC and went on to work as a physician's assistant at Tufts Medical Center for twenty-five years. Mr. Michalik retired in 2004.

He was active at St. Anthony Shrine, volunteering at free health clinics sponsored by the church and helping the elderly and infirmed manage

their medications. He also volunteered at a free health clinic at the Cathedral of the Holy Cross in Boston.

Mr. Michalik loved the beaches of Provincetown and Puerto Rico and enjoyed spending time with friends. As a younger man, he enjoyed polka dancing.

Beloved partner for twenty-seven years of H. Lee Cowgill, Jr. of Quincy. Devoted son of the late Stanley J. and Julia (Janesko) Michalik. Dear cousin of Andrea Shelton of Lowell, Deborah Kendrick of Chelmsford, Charles L. Adie of Nashua, NH, Carole Ann Norris of La Mesa, CA, and Paula M. Carroll of Bridgewater, NJ. Also survived by his extended family and many loyal friends.

At the request of Mr. Michalik, visiting hours have been omitted and interment will take place privately at a later date in Holy Trinity Cemetery, Lowell.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to: St. Anthony Shrine, c/o Development Office, 100 Arch Street, Boston, MA 02110, or Pine Street Inn, c/o Development Office, 444 Harrison Avenue, Boston, MA 02118, or AIDS Action Committee, c/o Development Office, 75 Amory Street, Boston, MA 02119.

Linda J. Collins, 62

Visiting hours for Linda J. (Campbell) Collins, 62, of Quincy were held Tuesday in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Mrs. Collins died in the loving care of her family on Dec. 28.

A lifelong Quincy resident, she was a graduate of UMass Amherst. As a registered nurse she worked for the Quincy Visiting Nurse Assoc. and at the Parker Elementary and Wollaston Elementary Schools.

The daughter of the late James F. and Agnes Campbell, Mrs. Collins was the beloved wife of Daniel F. Collins; loving mother of Amanda M. Pfister and her husband Sean of Quincy and the late Danielle K. Collins; dear grandmother of Abigail and Sean Pfister and Jacob Nichols; beloved sister of



LINDA J. COLLINS

Marion L. McHugh of Weymouth, Jeanne Freedman of Quincy, Scott Campbell of CA and the late James Campbell; and is also survived by many nieces and nephews and her dog Bella.

Memorial donations may be made to the Jacob Donald Nichols Education Fund, c/o Bank of Canton, PO Box 282, Canton, MA 02021.

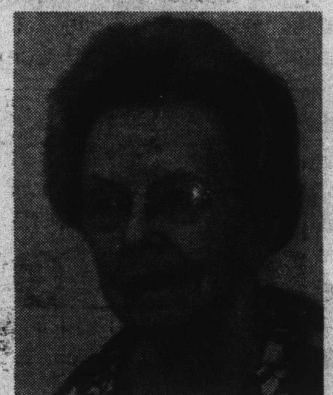
Eleanor I. Slattery, 90

A funeral Mass for Eleanor I. "Mitzi" (Healey) Slattery, 90, of Stoughton was celebrated Wednesday in St. Joseph's Church, Quincy.

Mrs. Slattery died Dec. 29.

Born in South Boston where she was raised and educated. She worked for many years as a medical assistant for Dr. Casper in Brockton. After spending several enjoyable years in Tenant's Harbor, ME, she moved to 1000 Southern Artery in Quincy where she enjoyed socializing with many old and new friends.

Mrs. Slattery was the loving mother of Paul V. Slattery, Jr. of Silver City, NM, Eleanor Hughes of Rockland, Mary L. Zanetti, EdD of Ludlow, John Slattery of Marshfield, Joan Coletti of Friendship, ME and the late Ann Slattery and Joyce DiPietro; predeceased by



ELEANOR I. SLATTERY

brothers, Robert, Edward, Paul and John Healey; former wife of the late Paul V. Slattery; and is also survived by 12 grandchildren, 9 great-grandchildren, and many nieces and nephews.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to the Alzheimer's Association, 309 Waverley Oaks Rd., Waltham, MA 02452 act.alz.org.

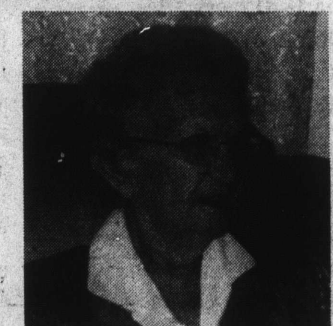
Luigina Markovic, 84

A funeral Mass for Luigina "Luiza" (Gurakuqi) Markovic, 84, of Quincy will be celebrated at 10:30 a.m. Thursday in St. Ann's Church, Quincy.

Mrs. Markovic died unexpectedly Dec. 27.

The beloved wife of the late Marko Markovic. Loving mother of Laura and her husband Naim Maci of Quincy and Vilka and her husband Arian Dhimogjini of Holbrook. Cherished Nana to Ray, Ori, Megi and Carol. Sister of Giovanna Gurakuqi and Tonin Gurakuqi both of Albania and the late Kiara Gjyshja.

Mrs. Markovic was a wonderful music teacher and loved by her students. She will be remembered as



LUIGINA MARKOVIC

a devoted mother who cherished her grandchildren. She will be sadly missed.

Visiting hours were 4 to 8 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held at 9:45 a.m. Thursday in the funeral home.

Interment at Pine Hill Cemetery, Quincy.

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO17P3200EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Wing Sun Ng
Date of Death:
March 15, 2012

To all interested persons:
A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by: **Peter Ng of Randolph, MA** and **Simon Ng of Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Peter Ng of Randolph, MA** and **Simon Ng of Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **With Personal Surety** on the bond in **an unsupervised** administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 A.M. on the return day of 01/17/2018.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: December 12, 2017
PATRICK W. McDERMOTT
Register of Probate

1/4/18

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND FAMILY COURT
NORFOLK DIVISION
Docket No.
NO16P2114PM
AMENDED SALE OF REAL ESTATE - GUARDIAN/CONSERVATOR

To all persons interested in the estate of **MARGARET LANG, of QUINCY** in said County of Norfolk, mental ill person under conservatorship.

A petition has been presented to said court for license to sell at private sale certain real estate of said **MARGARET LANG** for maintenance.

If you desire to object thereto you or your attorney should file a written appearance in said court at Canton before ten o'clock in the forenoon on the **13TH day of JANUARY 2018**, the return day of this citation.

Witness, John D. Casey, Esquire, First Judge of said Court, this day 28TH of NOVEMBER 2017.

PATRICK W. McDERMOTT
Register

1/4/18

LEGAL NOTICE

CITATION
Docket No. NO17P2713PO
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

HUMP REALTY TRUST
To all interested persons:
A petition has been filed by: **MARION D. CLANCY OF QUINCY, MA** requesting **PETITION TO TERMINATE A TRUST FOR REASONS MORE FULLY STATED IN SAID PETITION.**

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 A.M. on 01/17/2018.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, John D. Casey, First Justice of this Court.

Date: December 15, 2017
PATRICK W. McDERMOTT
Register of Probate

1/4/18

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z17-118

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, January 23, 2018 at 7:15 pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Lenny Chen for a Special Permit/Variance/Finding to change the use from three commercial units to two, 2-bedroom units and one commercial retail unit in violation of Title 17 as amended Chapter 4.1 (dimensional requirements), Chapter 4.1.2.2 & 9.4 (special permit, mixed use), Chapter 3.4.2 (nonconforming use) and Chapter 5.1.4 (parking setbacks) on the premises numbered 657 ADAMS STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/4/18, 1/11/18

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z17-119

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, January 23, 2018 at 7:15 pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Michael Grehan for a Special Permit/Variance/Flood Plain to demolish the existing structure and construct a new 3-unit residential structure in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), Chapter 8.0 (flood plain overlay district) and Chapter 5.1 (parking) on the premises numbered 713 SEA STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/4/18, 1/11/18

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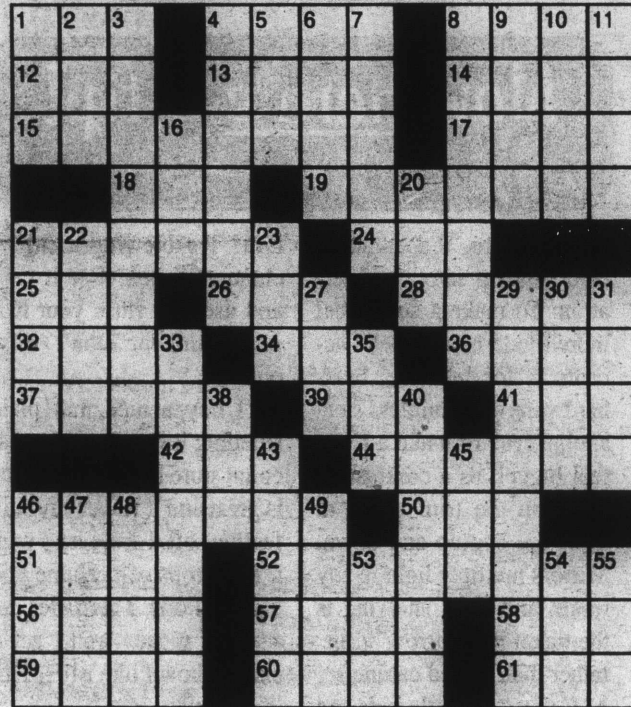
King Crossword

ACROSS

- 1 Winter woe
4 Movie fragment
8 Restaurant employee
12 Deteriorate
13 Stash
14 Head light?
15 Formed rust
17 Too
18 Felon's flight
19 Tasted
21 Miss Muffet's bugaboo
24 Prune
25 Candy in a dispenser
26 Deli buy
28 Rid of frost
32 Sandwich cookie
34 Yuletide quaff
36 Crucial time
37 Re ebb and flow
39 Existed
41 Individual
42 In medias —
44 Libra symbol
- 46 Sweet girl in an old song
50 Yale student
51 Poi base
52 Worried greatly
56 Ear-related
57 Links warning
58 Detergent brand
59 Timid
60 Applications
61 Rep. rival
- 16 Father
20 Chic, in the '60s
21 Location
22 Actress Gilpin
23 Take off
27 Violinist's need
29 Put on a pedestal
30 Chaplin prop
31 Spud's buds
33 U-shaped part of a rowboat
35 Petrol
38 Hawaiian souvenir
40 Parts of an act
43 Big glitch
45 — Baba
46 Teeny bit
47 Piece of info on an invitation
48 Great Lake
49 Ids' counterparts
53 Raw rock
54 Before
55 Beavers' construct

DOWN

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2 Bagel topping
3 Worked with
4 Doorbells, often
5 Claiborne of fashion
6 Mid-month date
7 Accelerator, e.g.
8 In need of balm, maybe
9 Corridor
10 Differently
11 Cornestibles



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MAGIC MAZE

NOT USED
MUCH
ANYMORE

N A X V S Q N K N A M K L A W
I K F D A E N I L D N A L X V
T Q S K O M K C E D E P A T J
H F N I O C A Y W N U S C R P
N L J I D O H F O D B Z P Y X
V R T R P Y B H Q O M K U A I
H M E F T Y P E W R I T E R M
D B L G X Y B P N Z Y W K T V
T R Q I A O N B O O L A A E R
K I H P F P F D O L H D W C C
A Z X W V U S R Q B F P V I O

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Bobby pin Landline PDA VCR
Fax Maps Phonebook Wake-up call
Floppy disk Pager Tape deck Walkman
Ice tray Pay phone Typewriter

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HOCUS-FOCUS

BY
HENRY BOLTINOFF

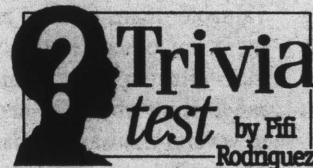


Find at least six differences in details between panels.



Differences: 1. Cap is different. 2. Scarf is missing. 3. Glove is missing. 4. Sign is missing. 5. Doghouse is missing. 6. Sign is missing. 7. Sign is missing. 8. Sign is missing. 9. Sign is missing. 10. Sign is missing. 11. Sign is missing. 12. Sign is missing. 13. Sign is missing. 14. Sign is missing. 15. Sign is missing. 16. Sign is missing. 17. Sign is missing. 18. Sign is missing. 19. Sign is missing. 20. Sign is missing. 21. Sign is missing. 22. Sign is missing. 23. Sign is missing. 24. Sign is missing. 25. Sign is missing. 26. Sign is missing. 27. Sign is missing. 28. Sign is missing. 29. Sign is missing. 30. Sign is missing. 31. Sign is missing. 32. Sign is missing. 33. Sign is missing. 34. Sign is missing. 35. Sign is missing. 36. Sign is missing. 37. Sign is missing. 38. Sign is missing. 39. Sign is missing. 40. Sign is missing. 41. Sign is missing. 42. Sign is missing. 43. Sign is missing. 44. Sign is missing. 45. Sign is missing. 46. Sign is missing. 47. Sign is missing. 48. Sign is missing. 49. Sign is missing. 50. Sign is missing. 51. Sign is missing. 52. Sign is missing. 53. Sign is missing. 54. Sign is missing. 55. Sign is missing. 56. Sign is missing. 57. Sign is missing. 58. Sign is missing. 59. Sign is missing. 60. Sign is missing. 61. Sign is missing.

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1. SCIENCE: What is the first element on the Periodic Table?
2. MUSIC: What is the title of Disney's theme song and who sang it in the movie "Pinocchio"?
3. U.S. PRESIDENTS: Who was the first president to live in the White House?
4. HISTORY: In what year did England, Scotland and Wales unite to form Great Britain?
5. CARTOONS: What type of dog is Scooby Doo in the "Scooby Doo" TV series?
6. ANIMAL KINGDOM: How many hearts does an octopus have?
7. FOOD & DRINK: What is hummus made of traditionally?

8. GEOGRAPHY: Where is Fort Knox located in the United States?
9. GENERAL KNOWLEDGE: What well-known pediatrician and author won a gold medal for rowing in the 1924 Olympics?
10. MOVIES: What was the name of the whale in the movie "Free Willy"?

Answers

1. Hydrogen
2. "When You Wish Upon a Star" sung by Jiminy Cricket
3. John Adams
4. 1707
5. Great Dane
6. Three
7. Chickpeas
8. Kentucky
9. Dr. Benjamin Spock
10. Keiko

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Wishing Well®

6	2	5	7	2	8	5	6	2	8	3	5	2
A	Y	P	O	O	B	R	D	U	L	R	A	A
7	5	3	8	5	3	7	3	4	5	2	7	3
V	C	O	I	T	U	E	T	B	I	I	R	I
4	7	8	5	2	5	7	3	2	3	7	8	4
E	C	S	C	D	E	O	N	E	E	M	S	T
3	5	2	3	2	4	3	8	2	7	3	7	8
I	F	L	S	D	O	C	I	E	E	H	W	S
3	2	8	3	2	7	5	6	5	4	5	8	7
A	R	Y	N	L	I	A	E	I	L	T	O	T
8	6	3	2	5	4	3	8	3	8	6	4	6
U	C	G	Y	H	E	E	R	D	S	I	R	S
4	6	4	7	6	7	4	6	7	6	7	6	6
A	I	N	H	V	J	T	E	O	D	Y	A	Y

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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ARIES (March 21 to April 19) You might be hurt by a colleague's harsh criticism. But don't let it shake your confidence in what you're trying to do. A more positive aspect starts to appear by week's end.

TAURUS (April 20 to May 20) You're torn between your sensible self and the part of you that enjoys acquiring lovely things. Best advice: Wait for an end-of-month sale, and then buy something wonderful.

GEMINI (May 21 to June 20) Your artistic side has practical applications this week, such as redecorating your home or redesigning your personal stationery. Whatever you do, someone special will like it.

CANCER (June 21 to July 22) You could be drawn into a problem 'twixt friends or family members. Best bet: Ask the questions that go to the heart of the matter, then get them all together for a group hug.

LEO (July 23 to August 22) As much as you love being the center of attention, your big Lion's heart impels you to share the spotlight with a colleague who helped you with that well-praised project.

VIRGO (August 23 to September 22) Your eagerness to act on a challenge is wisely tempered early in the week by a lack of necessary information. Things begin to clear up during the weekend.

LIBRA (September 23 to October 22) A relationship you'd hoped would keep going seems to be going no-

where. Close it out and move on to a brighter romantic aspect just beginning to manifest itself.

SCORPIO (October 23 to November 21) Things don't go completely as planned this week. But enjoy the surprises, even if you have to adjust your schedule. Some of them could be quite delightful.

SAGITTARIUS (November 22 to December 21) Making choices is usually easy for straight-shooting Archers. But a new development could deflect your aim. Try to put off decisions until you know more.

CAPRICORN (December 22 to January 19) While part of you might prefer taking a more familiar path, let your more daring and -- admit it -- super-curious self see what the unexplored has to offer.

AQUARIUS (January 20 to February 18) Those nasty types have slithered back under the rocks and present no more problems. Now's the time to move ahead on that promising new relationship.

PISCES (February 19 to March 20) A new offer could clear up that lingering money problem. Also, a more confident attitude on your part might well help get that personal situation back on track.

BORN THIS WEEK: You have a way of turning chaos into order. You're also generous with your help for those who seek it.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: F equals C

Y V B T E M O Y M P F B H O R R M P E G
C A H A C Y S W B J R E O F T R F R S B O A
F B M W G, C R E S W T A J A M B Q A W
A S Q A H V E W P A ?

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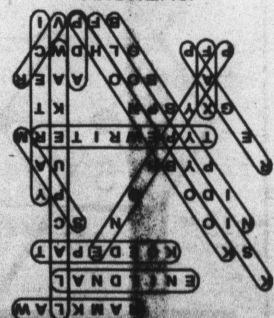
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King Crossword — Answers

Solution time: 25 mins.



Magic Maze ANSWERS:



Cryptoquip ANSWER:

Elmer Fudge?
candy, would he be named
were wild about chocolate
if a hunting cartoon gunning

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Chris Hemsworth's biggest mon-eymakers have been the six films in which he played Thor (2011-2017). Despite the golden touch of director Ron Howard, "In the Heart of the Sea" (2015) cost \$100 million and grossed only \$94 million. "The Huntsman: Winter War" (2016) cost \$115 million and grossed \$165 million (which wasn't a break-even gross). With "Avengers: Infinity War" now completed and due May 4, and the untitled "Avengers" movie currently filming (for a May 2019 premiere), Hemsworth is filling in the gaps with "12 Strong," with Michael Shannon and "Mom's" William Fichtner, opening Jan. 19. Also upcoming is "Bad Times at the El Royale," set in a dilapidated part of the California Lake Tahoe region, with Jeff Bridges as a down-on-his-luck priest.

Another star needing a big hit is Gerard Butler. While "London Has Fallen" (2016) grossed \$206 million, "A Family Man" (2017), with Gretchen Mol, Alfred Molina, Allison Brie and Willem Dafoe, made \$1.2 million overseas and nothing in the U.S., and "Geostorm" (2017) needed to make double its \$120 million cost to turn a profit and only grossed \$207 million. Butler will try to change that with the heist/action-thriller "Den of Thieves," with Curtis "50 Cent" Jackson, out Jan. 19, and "Hunter Killer," with Gary Oldman, Billy Bob Thornton, Willem Dafoe and Oscar-winning songwriter and actor Common, opening in 2018.

in jail and fined 10,000 Egyptian pounds (\$560) for making her music video "I Have Issues," in which she appeared in scanty underwear and suggestively ate a banana. An Egyptian court "Had Issues" with her for inciting debauchery and producing a video harming public morality. The director of the video also was fined and given two years in prison, but in true double-standard chauvinism, his sentence was in absentia. They're both appealing the verdict in a higher court.

Disney is buying the assets of 21st Century Fox for a mere \$55 billion. That won't include the famed 20th Century Fox lot, which still will be owned by Rupert Murdoch and has 80 permanent buildings (sound stages and offices) spread over 1.8 million square feet. Currently, "Modern Family," "Fresh Off the Boat," "The Orville," "Speechless," "The Mick" and Ryan Murphy's "American Crime Story: The Ver-sace Murder," among others, film there.

In 1956, Fox sold its vast back-lot acreage to cover losses when Elizabeth Taylor's "Cleopatra" went mil-lions of dollars over budget. The back lot was converted into The Century Plaza Hotel, Century City, with huge office buildings and a huge mall. Now that Disney owns ABC Television, Pixar, The Marvel Universe, the "Star Wars" franchise and more, the only thing Disney has to worry about is 21st Century Fox gobbling up Mickey Mouse!

Egyptian singer Shyma was sentenced to two years

GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: *

* Moderate ** Difficult
*** GO FIGURE!

	-		x		16
+		÷		-	
	+		x		12
x		x		x	
	+		x		25
20		21		10	

1 1 2 3 5 6 7 8 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

'Kilroy Was Here'--- Remember hearing "Kilroy was here"? Kilroy is a famous "doodle" seen during World War II. No one is sure exactly where it began, but in about 1939, the comic man looking over a fence while poking his nose and hands over it with the words "Kilroy was here" started to appear. The doodles were found in strange places where soldiers were stationed. The character may have been inspired by an earlier bit of graffiti used by Australians during World War I with the words "Foo was here." He reappeared in the next war from 1941 to 1945. Kilroy graffiti was found in barracks, inside submarines, and, it is claimed, on the beaches at Normandy when the troops landed for the famous battle.

"Kilroy was here," with or without the doodle, still is part of American slang and has appeared in TV shows, movies and even songs in this century. The face over the fence has been made into inexpensive three-dimensional, carnival chalkware figures and even banks. A red plaster bank was one of several Kilroy pop-art items featured in a Hakes auction in 2016. It sold for \$168.37, probably to someone who remembers seeing a Kilroy message years ago.

Q: I have several old one-cent prepaid postcards that are unused. The "stamp" on the postcard is green and pictures Thomas Jefferson. Do these postcards have any

value?

A: The postcards still can be used if you add enough stamps to equal the current postcard rate, which is 34 cents. However, they are worth more than face value to a collector. One-cent postcards were made from 1916 to 1952, except for two years during World War I when the rate was raised to two cents and for the years 1925 to 1928. The one-cent postcard was made on different cardstocks. Some are more valuable than others, and there are other differences that affect prices, which range from about 25 cents to several thousand dollars. Most sell for under \$1.

Some of the rarest and most valuable postcards were printed on gray, rough-surfaced stock during a paper shortage in 1916. They were sold to printers for commercial use and weren't available at the post office. Rough-surfaced postcards sold recently for over \$1,700 to \$2,400. The die was recut because the stamp didn't make a good impression on the rough surface. Postcards stamped with Die II have sold for \$18,500. A stamp dealer might be able to tell you what your postcards are worth.

TIP: Antique-cut diamonds (old mine-cut) are being made today. They are very similar to old diamonds, but if used as replacements in old jewelry, the new ones will be brighter.

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Strange BUT TRUE

* The unknown soul who made the following sage observation must have been a keen observer of events: "A politician can appear to have his nose to the grindstone while straddling a fence and keeping both ears to the ground."

* In the 17th century, a Frenchman opened a coffee shop in London and sold chocolate, newly imported from the Americas, for 10 to 15 shillings a pound. That may not sound like much until you learn that at the time, the going price of a pound gold was 20 to 30 shillings.

* Are you interested in pogonotrophy? If you're a woman, the answer is probably no. The word, derived from the Greek word "pogon," or "beard," and the suffix "trophy," or nourishment, refers to the growing of a beard.

* Most people realize that many places in the United States were once known by different names. Here's a sampling: the Potomac River was originally called Conococheague Creek,

Camp David was named Shangri-La, and the USA itself was once known as the United States of Congress Assembled.

* Good news for the not-so-neat among us: Making your bed could be bad for you. A study done in the United Kingdom at Kingston University showed that the linens of an unmade bed retain less moisture, therefore making them less attractive to dust mites.

* Evidently it's not just humans who associate a deeper voice with maturity (and desirability) in males. It seems that male owls try to appear more macho and attract females by lowering the tone of their hoots.

Thought for the Day: "The cult of individual personalities is always, in my view, unjustified. To be sure, nature distributes her gifts variously among her children. But there are plenty of the well-endowed ones too, thank God, and I am firmly convinced that most of them live quiet, unregarded lives." -- Albert Einstein

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Now here's a tip!

by Jo Ann Derson

* If you're redecorating, take this tip into consideration: To make a space feel more modern, mix metal accents -- for instance, brass hardware with stainless steel appliances! To make a room feel bigger, use a contrasting color on the trim wood to draw the eye up and down. Mirrors multiply light in any room, and open shelving is the ticket in a narrow space, rather than closed cabinets.

* "If you have little kids and are ordering pizza, ask them to double cut the slices. Kids like to have many slices, and it doesn't really matter how big they are. This way, there's less waste." -- T.Y. in New Hampshire

* Keep squirrels away from a bird feeder by greasing the pole with car wax. Hanging by a rope? Not a problem. Thread the rope through a length of PVC pipe and wax that. Problem solved.

* Hair looking faded and

dull? Try brewing a cup of chamomile tea! Let it cool and use it to rinse your hair post-shampoo. Don't rinse out.

* "I buy a nice, but plain smelling lotion from the discount store because the price is great and it leaves my skin feeling soft. I dress it up with a few drops of perfume and essential oils. This saves me a ton of money, and I get it exactly how I like it!" -- F.E. in Kentucky

* "Ice-cube trays come in many colors and can be used to tame your junk drawers. Just think, a dozen tiny compartments to sort any items you need." -- W.A. in Mississippi

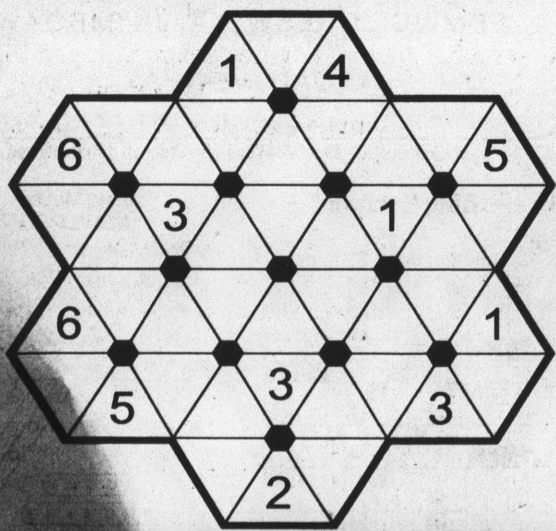
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ♦ ♦ ♦

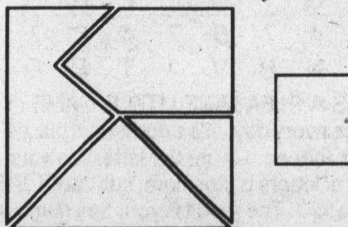
♦ Easy ♦♦ Medium ♦♦♦ Difficult

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STICKELERS

by Terry Stickels

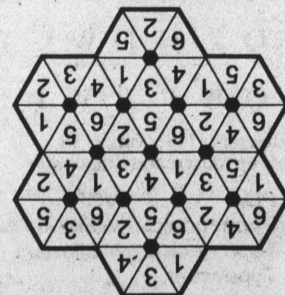
Believe it or not, the 5 pieces below can be reassembled to form a new square. See how long it takes you to come up with the solution.



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SNOWFLAKES

solution

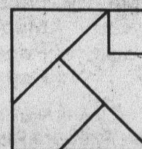


Go Figure!

answers

10	21	20
25	5	3
x	x	x
12	6	1
-	÷	+
16	8	7

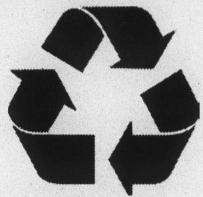
Sticklers Answer



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NEW STORE ON THE BLOCK 1183 Hancock St., Quincy Ctr. T Station	DAIRY FARM 330 Washington St.	CVS 42 Beale St.
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MIGNOSA'S FRUIT BASKET 138 Granite St.	STOP & SHOP Southern Artery	SUPREME LIQUORS 615 Hancock St.
RITE-AID 132 Granite St.	CVS Southern Artery	BIG Y 475 Hancock St.
COFFEE BREAK CAFÉ 77 Parkway	BAXTER'S PHARMACY 385 Washington St.	RITE-AID 475 Hancock St.
HANCOCK PARK LOBBY SHOP 164 Parkway	TEDESCHI'S 650 Adams St.	MULLANEY'S VARIETY 205 W. Squantum St.
FRANKLIN ST. BP 60 Franklin St.	7-11 678 Adams St.	STOP & SHOP 65 Newport Ave.
7-11 78 Franklin St.	VILLAGE COMM. MARKET 100 Willard St.	7-11 363 Hancock St.
SHOP N SAVE LIQUORS 20 Independence Ave.	COPELAND LIQUORS 273 Copeland St.	WALGREENS 324 Hancock St.
DONUT + DONUTS 33 Scammell St.	GRANITE MART 308 Willard St.	RED APPLE FOOD SHOP 48 Billings Rd.
PRESIDENTIAL LIQUORS 25 Scammell St.	7-11 Copeland St.	SAM'S VARIETY 125 Billings Rd.
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CORNER FOOD SHOP 171 West St.	PALMER STREET MARKET 231 Palmer St.	TEDESCHI'S 751 E. Squantum St.
	BERNIE'S GENERAL STORE 1147 Sea St.	LUCKY SHAMROCK 265 Beale St.
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The Quincy Sun.

COPY: _____

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- ☐ Services
- ☐ For Sale
- ☐ Autos
- ☐ Boats
- ☐ For Rent
- ☐ Wanted
- ☐ Help Wanted
- ☐ Work Wanted
- ☐ Pets
- ☐ Lost & Found
- ☐ Real Estate
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Getting around during Wollaston Station construction

January 8, 2018 to Summer 2019



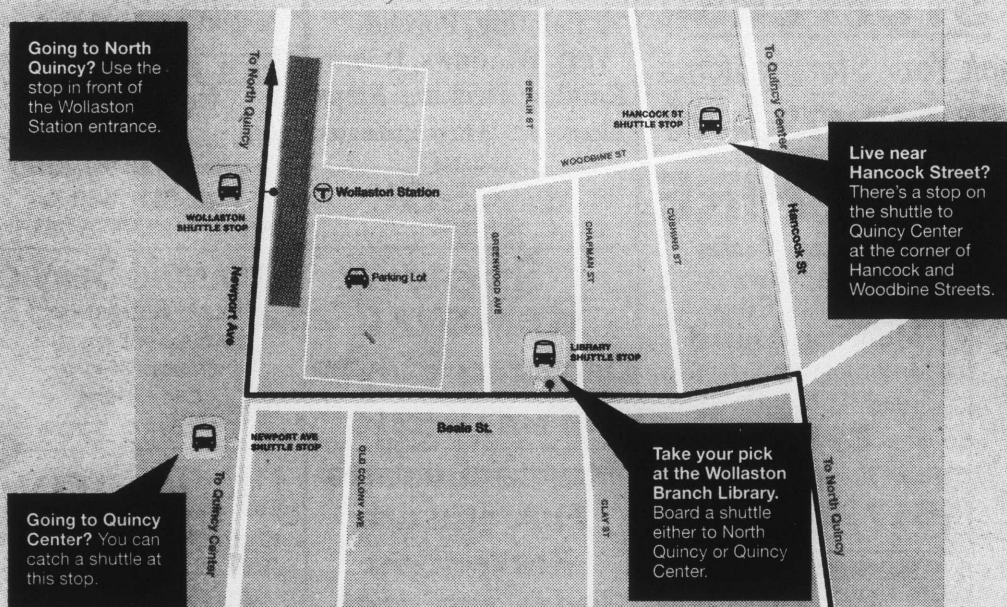
1



Free Bus Shuttle

North Quincy | Wollaston | Quincy Center

Four stops around Wollaston Station. Choose one closest to you.



Shuttles run every 10 minutes during weekday a.m./p.m. commute.
Shuttles run every 15 minutes during weekday non-commuting hours and on weekends.

Visit MBTA.com for more info. Or follow us on Twitter @MBTA.

2



Parking

Most of the parking lot will stay open at Wollaston Station during construction.

Additional spots are available at North Quincy Station via Newport Avenue.

Parking availability at Wollaston and North Quincy Stations will be tweeted every 30 minutes (6 a.m. to 8 a.m.) during the weekday morning commute. Follow us @MBTA.

3



Commuter Rail Options

Ride the train between Quincy Center and South Station for the same price as a subway fare. Subway monthly passes accepted. Show your CharlieCard or CharlieTicket when boarding.

More coaches are being added on popular commuter trains, too.



Massachusetts Bay Transportation Authority

Hướng dẫn Di chuyển trong thời gian nhà ga Wollaston xây dựng

Ngày 8 tháng 1 năm 2018 đến mùa hè năm 2019

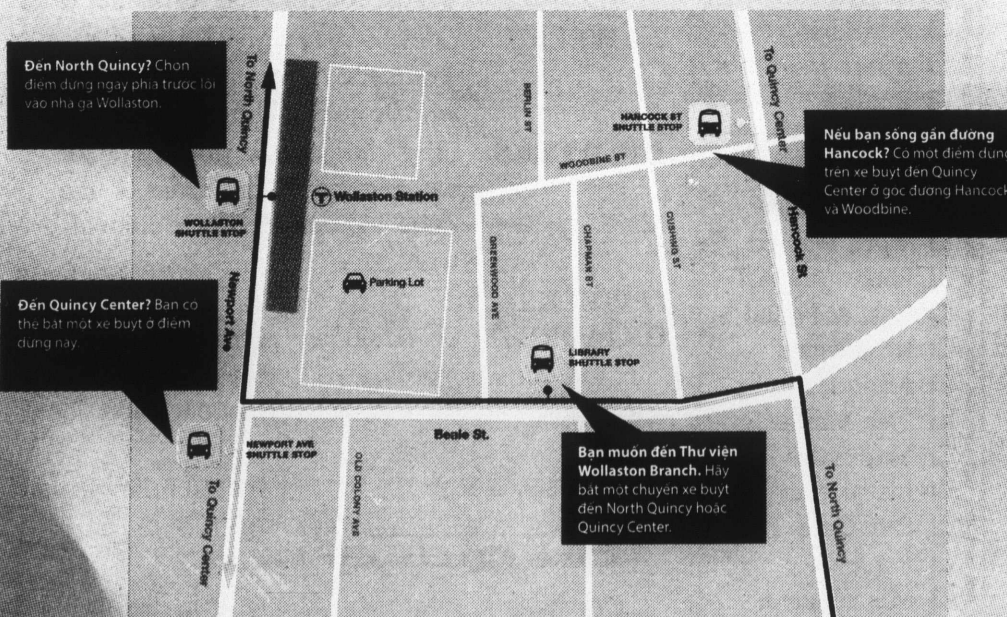
1



Xe buýt miễn phí

North Quincy | Wollaston | Quincy Center

Bốn điểm dừng quanh nhà ga Wollaston. Chọn một điểm gần nhất với bạn.



Xe buýt chạy 10 phút một chuyến từ sáng tới tối ngày thường trong tuần dùng vé tháng.
Xe buýt chạy 15 phút một chuyến ngày thường trong tuần các giờ không dùng vé tháng và cuối tuần.

Truy cập MBTA.com để biết thêm thông tin. Hoặc theo dõi chúng tôi trên Twitter @MBTA.

2



Bãi đỗ xe

Trong quá trình xây dựng nhà ga Wollaston, hầu hết các bãi đỗ xe sẽ mở cửa.

Ngoài ra vẫn có các bãi đỗ xe bổ sung tại nhà ga North Quincy qua Đại lộ Newport.

Có thể đỗ xe tại Wollaston và nhà ga North Quincy sẽ được thông báo 30 phút một lần (6 giờ sáng đến 8 giờ sáng) trong các buổi sáng ngày thường trong tuần bằng vé tháng. Theo dõi chúng tôi tại @MBTA.

3



Những Lựa chọn Tàu hỏa Vé tháng

Đi tàu giữa nhà ga Quincy Center và South Station chỉ với mức giá như giá vé tàu điện ngầm. Vé tháng tàu điện ngầm cũng được chấp nhận. Xuất trình thẻ CharlieCard hay CharlieTicket khi lên tàu.

Các tàu chở khách có vé tháng thông dụng hiện đang được bổ sung thêm nhiều toa hành khách.



Massachusetts Bay Transportation Authority



School Essay, Poster Contest Winners - Page 14

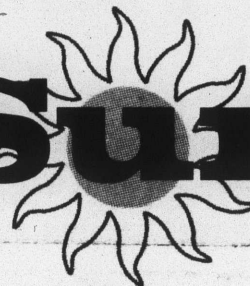
MLK, Jr. Breakfast Monday At QHS - Page 3

Davis, Whalen Notch 100th Points - Page 18



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The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 50 No. 17

Thursday, January 11, 2018

\$1.00



THE BOSTON SKYLINE and Marina Bay condos loom over an ice-covered Wollaston Beach following the Jan. 4 nor'easter.
Quincy Sun photo/Tom Gorman

City Cleaning Up After Nor'easter

- Over 14 Inches Of Snow
- Coastal Flooding In Low-Lying Areas
- Boilers At 2 Buildings Knocked Out
- Motorists Forced To Abandon Vehicles

By SCOTT JACKSON

Quincy found itself cleaning up from a nor'easter this week that left more than 14 inches of snow in its wake and caused flooding in low-lying coastal areas, knocking out boilers at two municipal buildings and forcing motorists to abandon their vehicles.

The Jan. 4 nor'easter dropped 14.5 inches of snow on Quincy, according

to a National Weather Service report, though Mayor Thomas Koch said the total could be closer to 18 inches. It was the largest snowfall event the city has seen since February 2015.

The storm – referred to as a “bomb cyclone” because of the rapid intensification it underwent as it approached New England – also set the record for the highest tide

Cont'd On Page 11

Croall Calls For City Financial Literacy Program

Ward 2 Councillor Elected Council President

By SCOTT JACKSON

In his first remarks as the City Council president, Ward 2 Councillor Brad Croall on Monday pledged to work with his colleagues and the local business community to develop a financial literacy program for Quincy's baby boomers as they prepare for retirement.

Croall's peers unanimously elected him council president Monday night in the Great Hall of the McIntyre Government Center following a swearing-in ceremony for the 80th City Council. A standing-room-crowd of more than 150 was in attendance for the half-hour event.

Two new members officially joined the council at Monday's meeting, Councillor at-Large Anne Mahoney and Ward 1 Councillor David McCarthy. Both had served 12 years on the School Committee before being elected to the council in November.

Cont'd On Page 2



NEW CITY COUNCIL President Brad Croall shakes hands with City Clerk Nicole Crispo after being sworn in Monday in the Great Hall of the James R. McIntyre Government Center (old City Hall). Croall, who represents Ward 2, and the body's eight other councillors, were sworn in at the council's 2018 organizational meeting.

Quincy Sun Photo/Robert Bosworth



A PLUNGE IN TEMPERATURES following the Jan. 4th nor'easter did not deter this jogger who braves the icy wind and 10-degree weather running through Marina Bay on Saturday, Jan. 6.

Quincy Sun Photo/Tom Gorman



QPS Kindergarten Registration March 6 - Page 4

Chilli Bowl Cook-Off Jan. 27 - Page 7

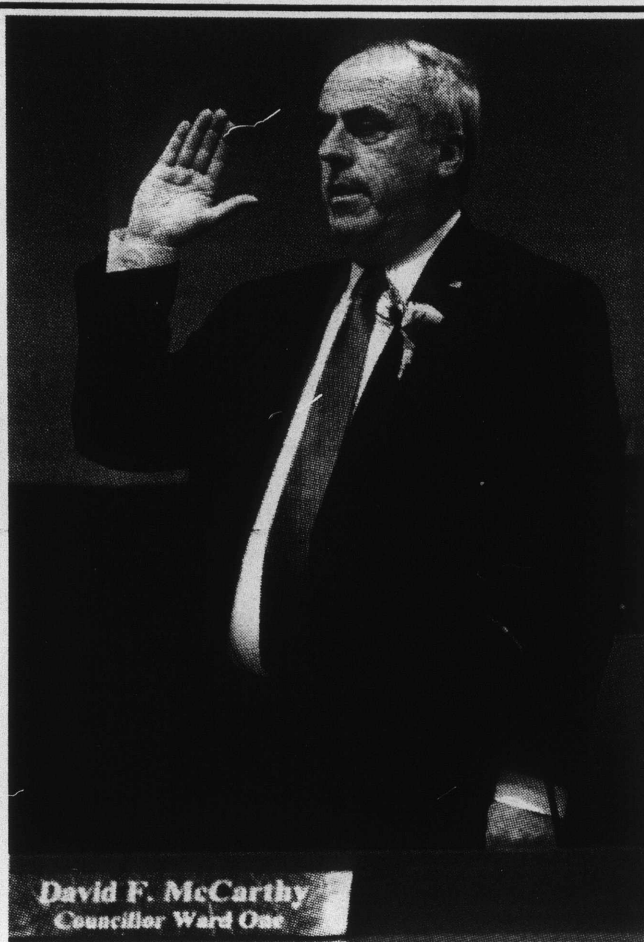
Suicide: Risks And Warnings - Page 9

More Quincy news:

The Quincy Sun.com



Anne M. Mahoney
Councillor-at-Large



David F. McCarthy
Councillor Ward One

NEW CITY COUNCILLORS Anne Mahoney (left) and David McCarthy (right) join their colleagues as they are sworn-in Monday night at a ceremony in the Great Hall of the James R. McIntyre Government Center. Mahoney was elected to the open at-large seat vacated by Joseph Finn. McCarthy was elected Ward 1 councillor succeeding Margaret Laforest. The other seven city councillors were all re-elected last November. Both Mahoney and McCarthy are former school committee members.

Quincy Sun Photos/Robert Bosworth

Croall Calls For City Financial Literacy Program

Cont'd From Page 1

The 38-year-old Croall is now in his fourth term representing Ward 2 on the council. As the re-development of Quincy Center and other areas of the city continues, Croall said it is important to pay attention to Quincy's baby boomers as they prepare for retirement. He said he would continue to advocate for housing that is affordable for current residents like them.

"During these times of change, I think it is important to realize that right before our very eyes, our city is experiencing a wave of baby boomers coming into retirement and facing major life decisions, such as where they'll live out their golden years," Croall said.

"This particular issue is so massive and I feel so strongly about continuing to advocate that our current housing inventory reflects this need and affords current residents an opportunity and option to stay here."

Financial literacy, he added, is also important to baby boomers as they prepare for retirement.

"I also think a lot could be said about financial literacy," Croall said. "In the next two years, I plan to work with my colleagues on the council in partnership with the local business community to work on a financial literacy program to assist these boomers so that they may become empowered in their decision-making process and make that transition just a little bit easier."

Speaking of the Quincy Center re-development,

Croall said the council would work to ensure residents of the city have a voice and taxpayers are protected.

"Right outside of these here walls, the city of Quincy is undergoing one of the largest transformations to its downtown - a downtown that we have only one opportunity to get correct," he said.

"As construction continues and new projects are presented, I can promise that this City Council will always push increased information sharing, transparency and due process so that the citizens of this city remain a visible part of the conversation and the taxpayers are protected."

Croall also re-iterated the need to re-activate the council's committees to tackle important quality-of-life issues facing the city's residents.

"I do not have any new committees I will be introducing or new shiny bells and whistles for this upcoming term. My agenda for the next two years is quite simple: Let's get back to basics," Croall said.

"Back to basics in terms of re-activating some of the subcommittees that already exist within the City Council. Back to basics in terms of creating an environment within these committees where topics affecting our city are given an opportunity to be discussed with the public while working towards a positive outcome together."

"I do believe that the voters have assembled a team of colleagues to do just that."

Cont'd On Page 12

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Chicken Leg Quarters \$.69 lb.
Roxie's Thin Sliced Chicken Cutlets \$2.99 lb.
Roxie's Fresh Ground Chicken Breast Meat \$2.49 lb.

beef

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Great For Tips!
Back Rump Roast \$3.69 lb.
Roxie's Lean Shaved Steak \$4.99 lb.
Roxie's 75% Lean All Beef Hamburg \$2.99 lb.
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Bottom Round Roast \$3.49 lb.

delicatessen

Dietz & Watson Teriyaki Chicken Breast \$6.99 lb.
Sliced to Order Smithfield Lean Boiled Ham \$3.79 lb.
Sliced to Order Smithfield Baked Ham \$3.99 lb.
Sliced to Order Smithfield Honey Ham \$3.99 lb.
Sliced to Order Butterball Honey Smoked Turkey Breast \$5.99 lb.
Caradonna Private Stock Oven Roasted Turkey Breast \$5.99 lb.
Dietz & Watson Peppered Turkey Breast \$6.99 lb.
Sliced to Order Pearl Beef Salami \$4.99 lb.
Sliced to Order Pearl Roast Beef \$6.99 lb.
Pearl Sliced Pastrami \$7.99 lb.
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Carando Sweet Capicola \$3.99 lb.

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Fresh Swordfish Steak \$6.99 lb.
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8 oz. Pkg. Sliced Mushrooms \$1.39
1 lb. Pkg. Mini Carrots \$.99 ea.
10 oz. Bag Spinach \$1.99
Sweet Onions \$.99 lb.
Peeled and Cleaned Butternut Squash \$1.49 lb.
Large Celery \$1.49
Euro Cucumbers \$.99 each
Extra Large Green Peppers \$1.49 lb.
2 lb. Bag Onions \$.99 lb.

fruit

Bananas \$.39 lb.
3 lb. Bag Macintosh Apples \$2.99
1 Pint Blueberries \$2.99
Pineapples 2/\$5.00

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12 oz. Pkg. Bar-S Franks \$.99
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Hillshire Kielbasa Pkg. \$3.69
2.5 lb. Pkg. Deutschmacher Cello German Franks \$10.99
2.5 lb. Box Kayem Natural Casing Franks \$10.99
3 lb. Pkg. Land O Lakes Sliced American Cheese \$12.95

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MLK, Jr. Breakfast Monday At QHS Cafeteria

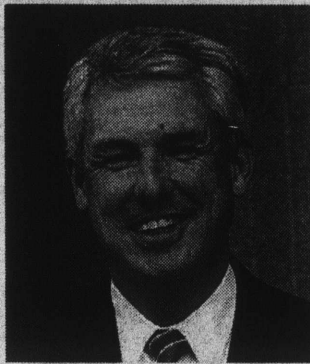
Sen. John Keenan Keynote Speaker

The annual Quincy MLK Breakfast to honor Dr. Martin Luther King, Jr. will be held at 9 a.m. on Martin Luther King Day, Monday, Jan. 15.

The breakfast will take place at the Quincy High School Cafeteria. This is a new venue for the event. The breakfast had previously been held at the Germantown Neighborhood Center.

"This event allows us the opportunity to celebrate the legacy of a great American," said Mayor Thomas Koch. "This is a day that we celebrate unity, community, diversity and love. Dr. King's message is just as relevant today as it was in the 1960's."

Mayor Koch will emcee the event and state Sen. John Keenan will be the keynote



Sen. JOHN KEENAN

speaker.

Members of the Quincy High School Choir will perform musical selections and children from the Germantown Neighborhood Center will also perform. Quincy High School ROTC will also be on hand to lead attendees in the pledge of allegiance.

For reservations, call the Mayor's Office at 617-376-1500.



SNOW IS PILED along Quincy Shore Drive following the Jan. 4th nor'easter. More than 14 inches of snow fell here during the storm.
Quincy Sun photo/Tom Gorman

Koch's 'State Of The City' Jan. 29 At Crane Library Richardson Room

Mayor Thomas Koch plans to deliver his "State of the City" address on Monday, Jan. 29.

This year's mayoral message will take place inside the historic Richardson

Room of the Thomas Crane Public Library, 40 Washington St. in Quincy Center.

The "State of the City" will start at 7 p.m. that night.

Ask the
GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



RAW MATERIALS

For those who want their jewelry to have an edgier look than more traditionally shaped, cut, and polished gemstones, there is raw diamond jewelry. Often preferred for unconventional engagement rings, raw diamonds also make their appearance in bracelets, earrings, and necklaces. The rough quality of these gemstones is gaining a wider audience as the current move toward organic and natural designs picks up the pace. In the not-so-distant past, diamonds that were not completely translucent were deemed to be too flawed to be used for conventional faceted diamonds. Now, however, these diamonds are becoming increasingly appreciated for inclusions and colors that give them personality. As a result, raw

diamonds are featured prominently in custom pieces.

Being knowledgeable about gemstones is one thing, but when you are making an investment in gemstone jewelry of any shape or color, you need a trained professional. Fine jewelry cannot be judged just on appearance, which is why the experience, ethics, and credentials of your jeweler are so important. If you are shopping for a diamond for yourself or someone else very special, we'd love to show you our collection of one-of-a-kind custom designs at Rogers Jewelry. It's always fun to visit at 1402 Hancock St. in Quincy Center. You can reach us at 617-773-3636.

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Some additional facts: Rate/Annual Percentage Rate (APR) effective as of 01/03/18 and may change. Applies to 1-4 family owner-occupied homes. Assumes a maximum 80% loan-to-value and first mortgage position. Subject to credit approval. A 30-Year Loan would be repaid in 360 equal monthly principal plus interest payments of \$4.77 per \$1000 borrowed, which do not include taxes or insurance premiums, if applicable. So your actual monthly payment will be greater. NMLS # 409557



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Moments in time

THE HISTORY CHANNEL

• On Jan. 26, 1788, the first 736 convicts banished from England to Australia land in Botany Bay. With the American victory in the Revolutionary War, transgressors could no longer be shipped across the Atlantic. Over the next 60 years, some 50,000 criminals were sent to Australia.

• On Jan. 25, 1905, at the Premier Mine in South Africa, the largest diamond ever found is discovered. The 3,106-carat "Cullinan" weighed 1.33 pounds. Stonecutter Joseph Asscher studied the stone for six months before attempting the cut. Afterward, he fainted from nervous exhaustion.

• On Jan. 24, 1935, canned beer makes its debut as the Gottfried Krueger Brewing Company delivers 2,000 cans of its beer. In 1933, after two years of research, American Can had developed a pressurized can that had a special coating to prevent the fizzy beer from chemically reacting with the tin.

• On Jan. 23, 1957, the Wham-O toy company roll out the first batch of aerodynamic plastic discs now known as Frisbees. The Frisbee began in Connecticut in 1871 when university students would toss empty Frisbie Pie Company tins to each other.

• On Jan. 27, 1967, a launch pad fire during tests at Cape Canaveral, Florida, kills astronauts Gus Grissom, Ed White and Roger Chaffee inside the Apollo 1 command module. They were the first Americans to die in a spacecraft.

• On Jan. 28, 1985, forty-five music stars begin laying down the chorus and solos for "We Are the World," a record that would raise over \$60 million for African famine relief. Producer Quincy Jones told the pop stars to "Check your egos at the door."

• On Jan. 22, 1998, Theodore Kaczynski pleads guilty to 17 years of package bombings attributed to the "Unabomber." He was identified when his brother recognized his anti-technology manifesto published in a newspaper.

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Quincy Police Adult Self Defense Program

Quincy Police will hold a free Adult Self Defense Program Monday, Jan. 22 and Tuesday, Jan. 23 from 6 to 8:30 p.m. in the Presidents Place basement, 1250 Hancock St., Quincy Center.

The two-night course is open to females aged 18 and up, 16 if with a parent/guardian.

Attendance is required both nights because this is a progressive learning pro-

gram. There is no exam and no one is required to do anything that they do not feel comfortable with.

The first night involves learning strikes, blocks and blows and the second night provides an opportunity to test your skills against an "attacker."

Bring a friend. To sign up or get more information, contact Lt. Dan Minton at 617 745 5719 or dminton@quincyma.gov.



QUINCY AFTER SCHOOL administrators meet with Peter McLoughlin, CEO of Boston Property Ventures (BPV) to receive gifts purchased by employees of BPV for QCARE families in need. Photo Courtesy QCARE

Boston Property Ventures Donates Sleigh Full Of Gifts To QCARE Families

As a generous supporter of QCARE (Quincy After School Child Care), Boston Property Ventures (BPV) has spread holiday cheer throughout Quincy by stepping up for the third year to organize their own donation drive to fulfill wish lists of QCARE families in need.

BPV's CEO Peter McLoughlin and his team of "Santa's elves" presented a sleigh full of donated gifts for children and families.

"The residents of Quincy and the City of Quincy have been good to us as a development firm," said Quincy native and BPV CEO Peter McLoughlin. "Our partnership with QCARE is our way of saying thank you

to the people of Quincy. It is our way of paying it forward, which has been a part of our company culture since founding over 15 years ago."

Recipients of BPV's generous donations are QCARE program participants with demonstrated need, including families with children receiving state subsidized care, children in foster homes, those on QCARE tuition scholarships, or families who have come upon unexpected hard times.

Upon receiving the gifts and a grocery store gift card all generously provided by Boston Property Venture employees, a recipient who has experienced an extreme-

ly turbulent year wrote, "It blew me away that a stranger, someone who has never met us, wanted to help us. I started to look at people different from that day on because by your caring, compassionate, selfless act, I was finally able to see that there are still good people who don't judge or even have to know someone's circumstances to reach out and help."

"I am forever grateful to you and hope that I can be even half the person you are and help someone else in need when I am able to."

"Giving is what the season is all about, and we are so grateful for the generous employees at BPV. Mr.

McLoughlin's leadership of his company and our Board will only continue to benefit this community," said QCARE Executive Director, Sarah Morrison.

In November, Peter McLoughlin was named president of the QCARE Board of Directors.

"It is important that we continue to find strong business partners like BPV to help support QCARE in our mission to serve the children and families of this community," Morrison said.

QCARE will celebrate 30 years of non-profit services in the Quincy community with a celebration gala at Granite Links on Thursday, May 10.

Quincy Public Schools' Kindergarten Registration For 2018-2019 March 6

Quincy Public Schools' Kindergarten Registration for the 2018-2019 school year will be held on Tuesday, March 6, between the

hours of 9 a.m. and 2 p.m. at all elementary school locations.

Children do not need to attend registration; a screen-

ing date will be scheduled for May as part of the registration process.

Children who will be 5 years of age on or before Aug. 31, 2018 are eligible to attend Kindergarten in 2018-2019 and should be registered at their home school. If you are not sure which school is your home school, please check the QPS Street Directory found under Parent Links on the main page of the Quincy Public Schools website, www.quincypublicschools.com. Note that students seeking open enrollment must be registered at their home school.

If your child attends the Pre-Kindergarten program at either the Snug Harbor Community School or the Amelio Della Chiesa Early Childhood Center, it is not necessary to register for Kindergarten.

The following documents must be produced in order for a student to be reg-

istered:

- Child's birth certificate (with a raised seal)
- Proof that the child resides in the home school district (any two: tax bill, utility bill, mortgage statement, 1099 or W-4 form)
- Photo I.D. of the adult seeking to enroll the student
- Copy of a recent (within one year) physical examination by a physician
- Written records of immunizations

You may access the required forms for registration on our website, www.quincypublicschools.com. On the main page, Kindergarten Registration is found under Parent Links. Scroll down to access the link to the registration packet.

Questions regarding the Kindergarten program may be directed to your home school principal. If you do not feel comfortable filling out the necessary forms, feel free to bring someone that could assist you.

Friday Night Open Gym Program For Middle School Students

The office of Mayor Thomas P. Koch with Fox-Rock's "Progress Together Initiative" along with the Quincy Recreation Department announce it will begin a Friday night open gym supervised recreation program for all Quincy boys and girls who are in middle school grades six, seven and eight.

The program will be held from 6 to 9 p.m. at the Central Middle School. Recreation staff will supervise activities which are free to all participants who may register at the door. The program will feature activities and games, special events

as well as snacks and beverages.

Starting Friday, Jan. 12, the program will continue for 13 weeks all on Fridays. Participants may sign up at any point in the program if they are not able to attend week one. The program is designed to provide safe, supervised positive use of leisure time and develop new skills in a fun filled environment. Participants will help to shape the special events and weekly activities.

For additional information contact the Quincy Recreation Department at 617-376-1394.

Scenes From Yesterday



SHORE SCENE AT SQUANTUM, MASS.

THIS IS A 1920 hand-colored Squantum postcard scene of the shore along Dorchester Street. For many years Squantum was a popular summer day trip destination. Beginning in 1897, electric trolleys ran along this street from the Atlantic railroad depot bringing visitors to Squantum Park for its cool breezes and panoramic views of Boston Harbor. Just out of sight on the left on today's Shoreham Street was the Squantum Inn that opened in 1898 and thanks to the trolleys quickly became famous for its locally caught shore dinners. In the left center behind the tree can be seen a large cupola on the top of the old Pratt estate on Parke Avenue.

That house became Lee's Inn which also had a popular fresh seafood restaurant. The building on the left was the Friberg Grocery Store on the corner of Trevore Street. Alfred and Hilma Friberg operated this store for almost 40 years from 1915 into the 1950s. This view was from a boathouse on the end of a pier that at the time extended out into Dorchester Bay for the excursion steamboats that ran back and forth from Marine Park in South Boston. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Atherton Hough Students Create Cards For Seniors



NORFOLK COUNTY Sherriff Michael Bellotti recently visited to the Atherton Hough School on behalf of the County's program for seniors, "Are You OK?" Sherriff Bellotti's office administers the "Are You OK?" program for senior citizens in Norfolk County. "Are You OK?" provides safety and security for elderly people living alone. Each morning, 365 days a year, an officer from the Norfolk County Sherriff's Office places a phone call to check on the well-being of people who have signed up for the program. If they fail to answer or they indicate they need emergency aid, the officer summons help. One gesture of this program is delivering holiday meals to the program's seniors. Fourth and fifth graders made holiday cards to accompany these meals. They collected many beautiful cards from the students which were sure to put a smile on the faces of the recipients.

Photo Courtesy Atherton Hough School

Pine Island Stroll This Sunday

If you can't make it to the Caribbean this winter, you can still experience an island sunset on Quincy's own island in Black's Creek and perhaps get a sighting of a coywolf.

Join Sally Owen for a free stroll at low tide over to Pine Island on Sunday, Jan. 14. Meet at the intersection of Thornton Street

and Meadowbrook Road at 4 p.m. Participants should wear warm clothing and boots that can get wet. A hiking stick or pole would be helpful.

If the conditions on the ground are too icy or there is inclement weather, the tour will be rescheduled. Call 617-472-0799 Saturday for rescheduling information.

COA Trip To See Jersey Boys March 17

Kennedy Center members will travel to the Hannoter Theatre in Worcester for Jersey Boys on Saturday, March 17th for an afternoon show.

Sit back in your Orchestra seats for an upbeat, slickly produced and fast paced show, Broadway's award winning musical. Jersey Boys relates the rags

to riches story of four guys from Jersey who became Frankie Valli and the Four Seasons.

Bus leaves the Kennedy Center at noon and returns at 5 p.m. Cost is \$99 per person and is due at time of registration. Space is limited.

For more information call 617-376-1506.

Quincy's Yesterdays

This Week
1960
58 Years Ago

Hospital Rates To Increase Feb. 1

A general increase in rates at the Quincy City Hospital, effective Feb. 1 was announced by Dr. Joseph J. Leone, director, following a conference of hospital and city officials. The increase will not affect patients admitted before the first of next month.

In general, the rates of ward patients and private and semi-private room patients with "facilities" are increased while the rates of patients in private and semi-private rooms without such facilities remain the same. The facilities, it was explained, consist of a toilet.

The new rates for private rooms with facilities are \$23 and \$26 daily for Quincy residents and non-residents, respectively, as against old rates of \$22 and \$25.

The new rates for private rooms without facilities are \$22 and \$25, unchanged.

Dr. Leone said, "These new rates are reasonable and compare favorably with existing rates of other area hospitals."

WEST OF TRACKS WON'T PREVENT A CUT IN DEBT, MAYOR ESTIMATES

Quincy can handle the major phases of the "West of the Tracks" project this year in addition to the normal capital outlay programs and, at the same time reduce its bonded debt by \$250,000, Mayor Amelio Della Chiesa estimated.

Mayor Della Chiesa said that the city this year could handle essentially all phases of the big "West of the Tracks" project except the construction of the proposed 1,095-car parking area, and carry on other capital projects and still reduce the city's debt by \$224,000. (Editor's note: The "West of the Tracks" project encompassed the taking of land on the west side of the tracks adjacent to Granite Street by eminent domain and building a municipal metered parking area. The project bogged down due to substantial opposition and was never implemented.)

QUINCYISMS

Sheridan's, Hancock Street, Quincy Center, was conducting its January "White Sale." "Martex Sovereign Towels" were being offered at "Low, Low Prices"... Tedeschi's, "The South Shore's Finest Supermarkets" were offering: "Fresh, Ground Beef for 49 cents a pound, Regular Price 55 cents"... Wollaston Federal Savings and Loan Association, 15 Beach Street, was advertising: "All Savings Will Earn 3 3/4% Per Annum, Effective January 1, 1960"... Douglas Stuteville, 122 Doane St., Germantown, was president of committee of 100 residents who hope persuade city officials that a statue of John Adams should be erected at a prominent location in Quincy... Chris Evans of the Channel 5 TV Program, "For Women Only" was scheduled to speak at the "Point Up the Point Night," sponsored by the Quincy Point Junior High School Parent-Teachers Association... Miss Lillian Mancini, daughter of Mr. and Mrs. Emelio Mancini of 199 Sea Street, Quincy, has been accepted by the Chandler School for Women, Boston. She is a senior at the Woodward School for Girls... Miss Nancy Ann Arsenaault, daughter of Mr. and Mrs. John Aresault, 35 Baxter Avenue, Quincy Point, was elected to Who's Who Among Students in American Universities and Colleges. She is a student at Plymouth Teachers College, Plymouth, NH... Pvt. Paul W. Burr, Jr., son of Mr. and Mrs. Paul Burr, 6 Oval Road, Wollaston, had completed Marine Corps Recruit Training at Parris Island, SC... Major Charles Pratt, Sr., a veteran of both the Spanish-American War and World War I, died at his home, 92 Viden Road, South Quincy. He was the founder and owner of the Union Gear and Sprocket Company, Penn Street, South Quincy... Stop & Shop Stores celebrated their 45th birthday by offering a special: "Porterhouse, T-Bone and NY Sirloin Steak for 79 cents a pound"... The Boston Celtics, with a 32-9 record, maintained a 3 1/2 game lead in the Eastern Division of the National Basketball Association... Meanwhile, the Boston Bruins' 37 points was good for fourth-place in the six-team National Hockey League... Richard Egan, Dorothy McGuire and Sandra Dee were playing in "A Summer Place" at the Strand Theater, Chestnut Street... Frances Blanchard, a student at the Polard School, Quincy Point, participated in a Channel 2 TV program on the "Study of Eskimo Life"... Rep. James R. McIntyre, testing public opinion of Governor Foster Furcolo's proposed sales tax program, found only six or seven people out of 70 favoring the plan. (Editor's note: A sales tax would be implemented during the administration of Governor John Volpe.)

Arts & Entertainment

Plans Underway For 2018 South Shore Science Festival

Saturday, April 21 At
Quincy Center For Innovation

By MANUEL BARROSO
and KATHY HOGAN
Co-Chairpeople
South Shore Science Festival

Greetings to all!

Welcome to the new city councilors-elect and school committee members-elect! As you get ready for the turn-over in some of your members, you'll be working on your agendas as you all convene this month. Please put the South Shore Science Festival near the top of the list.

The South Shore Science Festival has grown since the first time it took place in 2015. From an initial registration of about 350 that year, it's grown close to 1,000 last year. This festival is a member of the Cambridge Science Festival, which is headquartered at M.I.T. (link to the festival is available on the website <http://www.southshorescience.org>). In 2017 it was held on Saturday, April 22. Organized by a few members of the Quincy Center for Innovation, it has offered a wide range of opportunities for children to encounter Science, Technology, Engineering, (Arts) and Math in a fun setting. You know it as STEM, or STEAM.

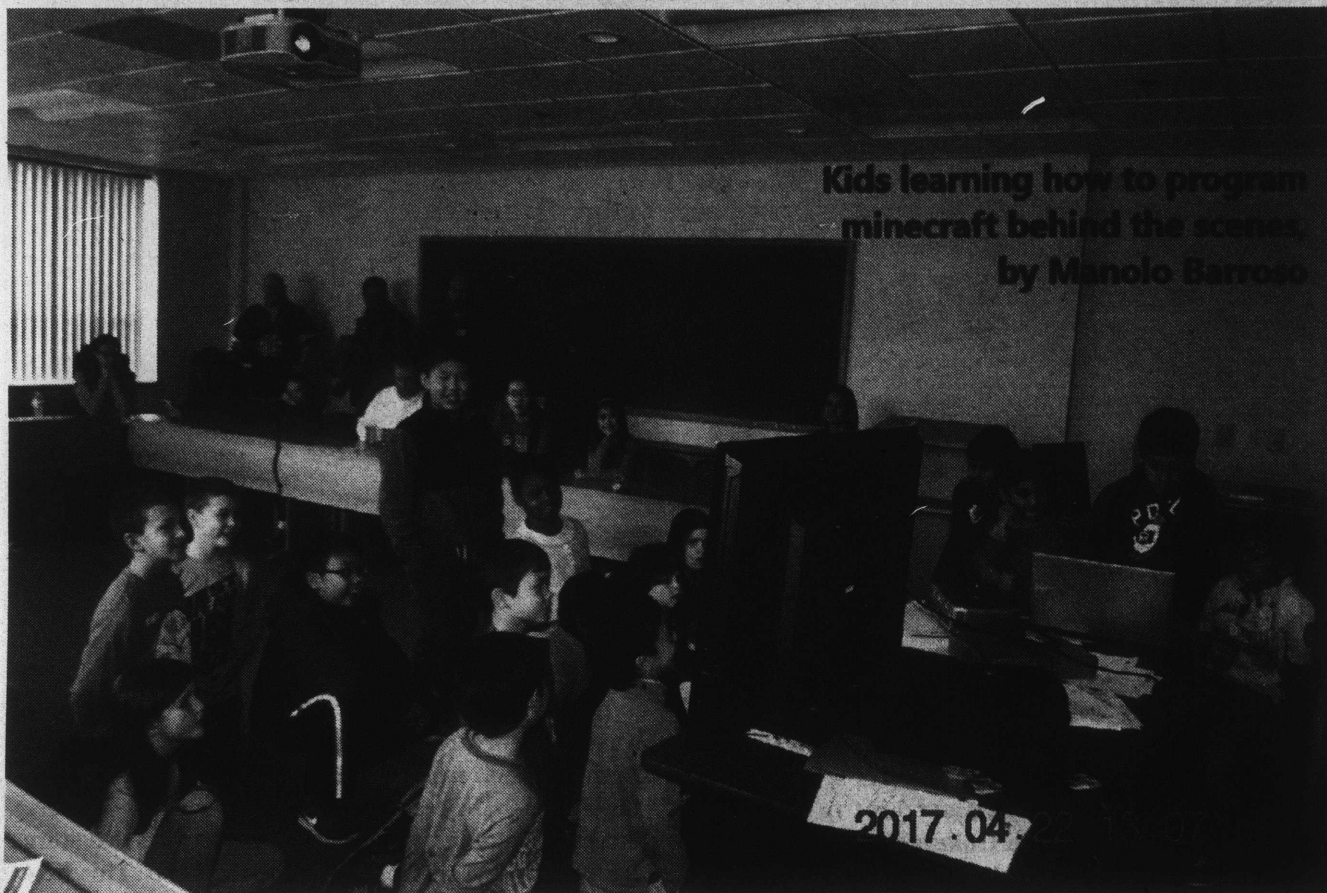
As plans are getting under way for South Shore Science Festival IV (Saturday, April 21, 2018), think about how you – and others – can support us. Looking through our website will give you an idea of what we offer at the festival. When you look at the site, please click on the link that explains our needs and our plans (under News – Volunteer Recognition Event).

The program book for the Cambridge Science Festival (also online) is where you will find a page with their sponsors, including Fortune 500 companies IBM, Pfizer, Microsoft, Amgen and Biogen. These are some of the companies that are likely now to be aware of the growing South Shore Science Festival in Quincy.

A priority of the city's should be to attract businesses to Quincy, which will help to defray the taxes of homeowners. This science festival has the potential to be an educational and economic asset for Quincy and the South Shore, tying in with Quincy's and Braintree's already being part of the Life Sciences Corridor (which includes Cambridge, Somerville and Boston).

It is widely recognized now that we need to better educate children in science. Many efforts are being made in this regard, i.e., in the STEM / STEAM approach. In fact, some young people have presented their science fair projects at our festival, where they had the opportunity to interact with global technology corporations and entrepreneurs at their exhibits. They turned their own projects into interactive experiences that engaged children, teens and adults to find the fun side of STEAM and clinch their interest in it.

What can YOU do?



Kids learning how to program
minecraft behind the scenes
by Manolo Barroso

You can share your experience in our science festival with others, or come to one of our meetings to learn about it. We need sponsors and assistants to help us continue to grow and give more kids the opportunity to enjoy it.

We really need YOUR HELP!

Our next meeting is Thursday, Jan. 11, at 6 p.m. at 180

Old Colony Ave. (behind the new Central Middle School). You can sign up to attend on the website where future meetings are listed.

See you there. Or send a friend if you can't make it.

For more information, email: info@southshorescience.org

Valentine Luncheon Feb. 9

The Quincy Council on Aging will host a Valentine luncheon on Friday, Feb. 9 at 12:30 p.m. at the Kennedy Center in Quincy.

The afternoon will include a catered hot lunch, entertainment by vocalist Tricia McLaughlin and door prizes.

Tickets are available at the Kennedy Center. Space is limited.

For more information call the Kennedy Center at 9617) 376-1506.



IN SYNC CENTER of the Arts students recently had the opportunity to take a master class from Hip Hop Icon and choreographer, Christopher "Zondaflex" Tyler (better known as Mr. Chris).
Photo Courtesy In Sync Center of the Arts

In Sync Center Dancers Study With Hip Hop Icon Mr. Chris

Students at In Sync Center of the Arts in Quincy and surrounding studios recently had the opportunity to take a master class from Hip Hop Icon and choreographer, Christopher "Zondaflex" Tyler (better known as Mr. Chris).

Students grades 3 to 12 were invited to take part in this immersive workshop focused on technique, attitude and fun.

Mr. Chris has been in the dance industry for decades, working as both as a dancer and as a choreographer for numerous conventions and workshops. He lives in Nashville where he teaches hip hop to children and

adults. Known for his individual style and replicable teaching abilities, Mr. Chris has been inspiring hip hop teachers and dancers alike with his hip hop instructional cds and videos. In Sync was honored to be able to host this master class for students and teachers alike.

Mr. Chris led a hip hop and break dancing class for over 30 students and taught them both technique and original choreography. Students left the workshop feeling inspired and confident in their abilities in not only hip hop, but in all aspects of dance.

Hip Hop dance has been infiltrating more and more

of modern culture including dance in commercials, videos, movies, television and all over Broadway. In Sync has offered hip hop dance classes for over a decade.

After the workshop, Mr. Chris stayed for a question and answer session with the students and teachers. These interactions allowed the students to truly understand what it's like to be a professional dancer and choreographer on a national level.

In Sync is still taking enrolments for the current season and has released its summer program schedule as well at www.insyncarts.com.

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Thursday, January 11
5:50pm: Bethany Congregational Church
7:30pm: QRD Elks Free Throw Contest

Friday, January 12
11:30am: LIVE: Currently in Quincy
10:00pm: The Constitution: Then & Now

Saturday, January 13
12:00pm: Q vs. NQ Boys Hockey (12/26/17)
7:00pm: At the Kennedy Center: William Bulger

Sunday, January 14
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, January 15
12:00pm: QRD Elks Free Throw Contest
8:00pm: High School Basketball

Tuesday, January 16
6:00am: LIVE: AM Quincy with Joe Catalano
6:00pm: Eye on Quincy (replay)

Wednesday, January 17
6:00pm: Good News
9:30pm: Sound Advice

Thursday, January 11
12:00pm: City Council 1/8
7:30pm: At the Kennedy Center: William Bulger

Friday, January 12
6:00pm: City View with Mayor Koch
7:00pm: Quincy Honors ... Finn/Laforest
7:30pm: Studio Sessions: Ep 9
9:30pm: At Your Library: January Happenings

Saturday/Sunday, January 13/14
9:00am: City View with Mayor Koch
10:00am: At Your Library: January Happenings
12:00pm: City Council 1/8
4:00pm: AM Quincy: License Board Update
7:00pm: City Council 1/8

Monday, January 15
7:00pm: Fire Prevention & You: Home Safety
8:00pm: At the Kennedy Center: William Bulger

Tuesday, January 16
6:00pm: Health Links: Hoarding/Cluttering

Wednesday, January 17
7:00pm: QRD: Elks Free Throw
8:00pm: Studio Sessions: Ep 8

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

Santa Visits The View Restaurant



SANTA CLAUS visited The View Restaurant at Presidents Golf Course during the recent holiday season. Children and family members told Santa what they wanted under their trees. All enjoyed a buffet breakfast and had a great Christmas. Here are photos of some of the kids who stopped by to visit with Santa. The View Restaurant space is available for all types of functions, parties or celebrations throughout the winter season. For information call 617-770-2500.

Photos Courtesy Chris Carr

Social



Chili Bowl Cook-Off Jan. 27 At Houghs Neck Congregational Church

The ninth annual Chili Bowl Cook-off will be held at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy on Saturday, Jan. 27 from 1 to 4 p.m.

The cooking competition features prizes for the Best Individual and Best Restaurant Chili entries. There is

no fee to enter chili. To enter or for more information call Pam Craig at 617-471-8968 or email pcraig1962@comcast.net by Jan. 20th.

Admission is \$5 per person and includes samples of up to 20 different chili recipes. Those sampling chilis can cast votes for their fa-

vorite.

Soda, beer, hot dogs and chips can also be purchased.

There will be a bake sale for sweets and more.

The event is sponsored by the Houghs Neck Congregational Church.

Mohegan Sun Overnight Trip March 28

The Quincy Council on Aging will travel to Mohegan Sun Casino on Wednesday, March 28th for an overnight stay.

Mohegan Sun is a 34-story casino, hotel and entertainment complex with more than 5,000 slot ma-

chines and over 300 table games. Trip includes overnight stay at the new Earth Tower, two meals – buffet breakfast and dinner – in Seasons Buffet Restaurant and \$20 slot play. The trip includes a five-hour stop at Foxwoods with casino bo-

nus on way home.

Cost is \$190 per person - double occupancy. Payment must be made at time of registration.

For more information call the Kennedy Center at (617) 376-1506.

Kennedy Center Thanks Luke Molloy For Sing-A-Long Performance

Thank you to Luke Molloy, a sophomore at North Quincy High School, who shared his musical talents with the Quincy Council on Aging on Dec. 14th when he performed at the group's Christmas sing-a-long at the Kennedy Center.

What a performance it was. The seniors stayed much longer than planned requesting one song after

another and Luke continued to play their requests. He even took part in the Christmas trivia which delighted the seniors.

Seniors really enjoy interacting with younger people. As they left the party they described the afternoon as wonderful, fabulous and so much fun.

So thank you Luke for a memorable afternoon at the Kennedy Center.

Tom Clasby and Staff
Kennedy Center

Three On Champlain Dean's List

Three students from Quincy have been named to the Dean's List for the fall semester at Champlain College in Burlington, VT.

They are:

Desti Djaferi, Harold Marcheski and Maggie Sergeff.

Two On Bucknell Dean's List

Two students from Quincy have been named to the Dean's List for the fall semester at Bucknell University in Lewisburg, PA.

They are:

Matt Alexander, Class of 2019; and David Frering, Class of 2018.

Five Residents Graduate UMass

Five students from Quincy recently received bachelor's degrees from the University of Massachusetts Amherst.

They are:

Cyril Justin Caparanga, Chongze Chen, Kyle Franz, Louise Robillos Enano, John Robert Kozlowski and Jack Tam.

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Monday, January 15, 2018

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264 Students On Broad Meadows School Honor Roll

Two hundred sixty-four students at Broad Meadows Middle School are listed on the school's first term Honor Roll.

They are:

HIGH HONORS

Grade 8: Leila Akhouzine, Aliridha M. Al-Saadi,

John Alessandro, Jania M. Astacio, Madilyn E. Bailey, David S. Bridges, Louis P. Brown, Pilar O. Brown, Conor R. Byrne, Jerry M. Caldwell Jr., Sophie G. Cerone, Lawrence K. Ching, Abigail E. Codner, Aleksandra Dedo, Jordan

Ray L. Dizon.

Margaret P. Fay, Leah A. Forte, Michael O. Frazis, Dylan B. Green, Cameron J. Griffin, Lillian D. Hanly, John M. Hopps, Sarah D. Houlihan, Mairene A. Ibardaloza, Trinity I. Joyce, Alex J. Keeley, Allison M.

Keeley, Kellen P. Kopp, Tyler F. Larsen, Tony Le, Jeffrey M. Louissaint, Jacob M. Lustig, Mona N. Ly, Chloe E. Lynch, Lucy M. Lynch.

Calvin P. Mandawe, Adriana V. Moosick, Thomas C. Murphy, Morgan E. Novak, Julia R. O'Leary, Aria B. Oakes, Isabella R. Pagliarulo, Vy Yen T. Pham, Charles J. Quigley, Jan N. Schrader, John O. Shen, Lily B. Tang, Ninh T. Thi, Tiffany N. Tran, Patrick J. Walsh, Matthew C. Wong.

Grade 7: Victoria Cristina N. Bandeira, Julie H. Blois, Morgyn T. Butler, Marissa Cakuli, Caroline C. Campbell, Audrey R. Capone, Kyleigh H. Cipriano, Kyle R. Deboer, Ethan J. Earnest, Eleon A. Fenelus, Chloe A. Fitzgerald, Mairead J. Folan.

Ruari P. Gorham, Alexandria P. Kane, Cady A. Kelly, Huang V. Le, Tiffany Le, Thomas W. Lebo, Ruby M. Levine, Stanley Li, Adam Lin, Tess S. Louzan, Lilly P. McKeon, Nhi T. Nguyen, Andrew R. Novak, Lily Rong, Jamie J. Sansouci, Reese M. Smith, Katelyn R. Stirling, Brynn B. Toler, Caroline E. Tracey, Anna K. Tran, Anna Zheng.

Grade 6: Tayf H. Al-Saad, Sofia A. Brown, Anita Chen, Grace M. Connor, Aidan Q. Fisher, Helena M. Galvani, Jesse F. Hansen, Joshua L. Knowles, Shawna M. Lewis, Abir Loukrati,

Kate J. Lyons, Megan F. Lyons.

Dillon P. Mandawe, Paige E. Mann, Isabella G. McDonnell, Brianna P. Nee, Henry Nguyen, Jordan T. Ong, Dillan M. Perkins, Lena N. Pham, Philip M. Prioli III, Matilda Z. Rollins, Samuel N. Swan, John Toland IV, Tuya M. Valle, Sofia T. Valleti, Alp Yokus, Xin J. Zeng.

HONORS

Grade 8: Yassin L. Abouyoussef, Samee Akhouzine, Daniel S. Andrews, Sean W. Andrews, Nicholas M. Blasi, Robert W. Cannon, Yuan Yi Chen, Dylan R. Chojnowski, Joseph P. Connor, Owen P. Coppola, Hugh C. Crawford, Ava R. Devlin, Kate A. Downey, Kiara N. Ebanks.

John L. Fallon, Amber S. Fraser, Sarah A. Gorham, Joseph R. Hennessy, Aniah M. Hernandez, Kathleen M. Higgins, Timothy P. Kelly, Jessica C. Lalla, Lukas K. Lamonica, Breanna R. Larroche, Vivian Leung, Joseph I. Manton, Nathan J. McCann, Samuel J. McGahan, Dachely N. Michelin, Jamie V. Moran, Parker C. Mulen.

Jacquelyn Nguyen, Cara E. O'Connor, Colm E. O'Malley, Barry M. Page, William T. Ploof, Brendan K. Regan, Kyle P. Regan, Anthony L. Samuels Jr., Cinneide C. Santoro, Thomas A. Santos, Milena G. Semexant, Brian D. Silcox, Paige E. Tompkins, Joanna Y. Zheng.

Grade 7: Mukhtar M. Adan, Maha A. Al-Ibrahim, Laisha Y. Arrendell Pimentel, Daniel J. Ballerino, Victor Hugu N. Bandeira, Guinevere M. Bates, Kristi N. Becka, Victoria P. Bentley, Emily R. Bowers, Madelin T. Caggiano, Corey N. Chaparro, Nadia J. Dickerson, Alexis M. Dussault. Mattea B. Garrett, Logan M. Goins, Fionn M. Gorham, Rajan Hamzallari, Oscar Huang, Sophia Y. Huang, Ronak N. Jahangirian, Ha-

ley M. Johnston, Sarah E. Kabay, Edward C. Lo, Kyan A. Loes Teixeira, Grayden C. Louissaint, Monique Lu, Maggie A. Lynch, Shane M. MacNeil, William G. Martin, Grace N. McDonald, Mya J. Millette, Sumuel K. Mulyanga, Lena K. Nguyen, Delia A. Nichol.

Madison M. O'Connor, Anthony J. Paccioretti, Angela N. Pham, Cameron A. Quigley, Chaleigh M. Reardon, Kyle N. Reynolds, Alexander T. Rheault, Mallory C. Rimovitz, Yuwary A. Rodriguez, Sadeq J. Shareef, Meghan A. Sweeney, Mary Tan, Steven K. Tran, Liam D. van Gestel, Maximus M. Vantassell, Skyla P. Whelan, Stephen J. Wright, Haixiang Yu, Jason C. Zeng.

Grade 6: Daniel I. Adams, Fatma M. Alkinani, Caroline E. Beers, Amari J. Blair, Aidan G. Bridges, Nathan W. Chaisson, Qilu Chen, Thomas M. Colarusso, Dianne A. Cortes Pena, Emma R. Drinkwater, Elijah J. Dubois, Jack J. Dunn, Hasan M. Elenanzih, Eliana O. Fasano, Caitlin A. Fennelly.

Alex Galligan-Kuntupis, Sadie M. Galvin, Chase E. Gillespie, Nicholas J. Gott, Matthew J. Hollatz, Emma R. Holliday, Sofia M. Hurley, Alondra L. Ibrahim, Aiden S. Judge, Isabel C. Kraimer, Joseph R. Lencki, Hai Lin Li, Edward J. Lynch, Leili J. Mahrouk, Charles W. Maki, Cameron J. Mann, Tyler M. Maslauskas.

Luca A. Mochi, Easter K. Mulyanga, Sean M. Murphy, Ross N. Mwafurirwa, Sophia I. Ngayod, Madison O'Hara Kelly, Meira A. Oakes, Eva L. Picarski, Ganilo N. Quintos, Elijah X. Ramdhanny Marshall, Gavin P. Regan, Gordon Y. Ruan, Adeline M. Saunders, Mia C. Scaife, Christopher A. Shishkov, Emma A. Smeaton, Tomas Topalli, Jesus M. Vega-Ramos Jr., Chace A. Vey, Alanagh M. Walsh, Francis G. Walsh and Asya M. Wright.

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUSIE FALCO



Ricotta-Onion Muffins

By MARIE

I enjoy eating muffins and so does my family, so today's recipe is a new recipe at least for me. I found it recently in an old cook book. The muffins are crunchy on the outside and so light in the inside.

Coupled with a hot bowl of soup, and there you have a delicious meal.

RICOTTA - ONION MUFFIN

1 stick unsalted butter
1 1/2 cups flour
1 cup chopped onions
1 tablespoon baking powder
1/2 teaspoon salt
1/2 teaspoon oregano

2 eggs

1/4 cup drained, chopped, roasted red peppers (jarred are fine)

two thirds cup ricotta cheese

3 tablespoons milk

Preheat oven to 400 degrees. Grease the muffin tins.

In a skillet, melt the butter, add the onions until they are translucent. Set aside.

Combine the flour, baking powder, salt and oregano. Make a well in the center, and add the eggs, peppers, ricotta, milk and onions. Beat with a fork until just blended.

Spoon the mixture three quarters of a cup full and bake for 20-25 minutes until golden. Serve warm or room temperature.

Spiced Salmon Citrus Olive Salad

By SUSIE

Salmon is high in Vitamin D, a nutrient that helps to boost the immune system, as well as vitamin B12, selenium, niacin, omega-3 fatty acids, protein, phosphorus and vitamin B6. It is also a good source of choline, pantothenic acid, biotin and potassium.

The skin is important to leave on (and cook crisp) because many of the omega 3's are contained there (thanks to the plankton it consumes in the wild) Wild salmon only - avoid farm raised. It is loaded with antibiotics and dyes.

Here is a recipe that was adapted from the OPRAH magazine for a Spiced Salmon Citrus Olive Salad.

1 1/2 tsp cumin
1 1/2 tsp fennel
1 1/2 tsp black pepper
1/2 tsp garlic powder
About 1 1/2 tsp sea salt
3 large naval oranges, peeled and separated
1 lime, peeled and pith removed
1/4 cup thinly sliced red onion
About 10 kalamata olives, sliced
About 3 tablespoons EVOO (extra virgin olive oil)
2 tsp raw honey
1-2 tsp apple cider vinegar (according to taste)
8 (3 ounce) center cut salmon fillets

In a small bowl, mix cumin, fennel, pep-



per, garlic powder, and half a teaspoon salt. Set aside. In a large bowl, cut oranges to release sections and place into a large bowl, and repeat with lime. Add in the onion, olives, honey, vinegar, another 1/2 teaspoon of the salt, and 2 tablespoons of the oil.

In a large skillet, heat the rest of oil on med high heat and season the salmon with the rub from small bowl, pressing into the fish. Cook until browned on both sides, not too long. Lightly break up pieces and place on the salad, which you placed on a platter. Drizzle with more olive oil if you like and add more salt if needed.

Hannah's Nutella, Strawberry Pizza

By MARIE

As far as pizza is concerned I enjoy it with tomato and cheese or any other traditional combo.

But last week my granddaughter Hannah made a pizza with Nutella and strawberries. I reluctantly tasted it and it was delicious, but very different, but there is something about a crispy crust that gets me all the time! Most of us are familiar with Nutella, a popular chocolate spread that comes in a jar.

Of course the easiest part is if you buy the pizza dough which every market has

these days.

In a 425-degree oven bake the crust until brown and crispy.

Nutella, Strawberry Pizza

6-8 ounces Nutella

8 ounces fresh strawberries (cut in halves)

Powdered sugar for sprinkling

Bake the crust. Spread the Nutella evenly over the crust. Now place the strawberries all around the top. Sprinkle the powdered sugar over it. Hope you enjoy this non-traditional pizza! We all did.

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Joseph Murphy On Dean's List

Joseph C. Murphy of Quincy has been named to the Dean's List for the fall term at Oregon State Uni-

versity in Corvallis, OR.

Murphy is a senior majoring in psychology.

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Suicide: Risks And Warnings

By RUTH JONES
BSN, RN, BC, CP-FS

A Message From The Quincy Health Department

Suicide is a potentially preventable public health problem. In 2015, the last year for which statistics are available, suicide was the 10th leading cause of death in the U.S. That year, there were nearly 44,000 suicides, and more than 1.3 million adults attempted suicide, an estimated one attempted suicide per minute, according to the CDC.

Suicide is the second leading cause of death in people age 15 to 34, and males commit suicide at four times the rate of females, accounting for 78% of suicides in the U.S. Worldwide, suicide claims more deaths than accidents, homicides, and war combined. And many cases of suicide, particularly in the elderly, go completely undetected and unaccounted.

Psychiatrists deem that most cases of suicide are not the result of a rational decision but of a mental disorder. More than 90% of people who die by suicide have clinical depression or other diagnosable psychiatric conditions. Often, people who succumb to suicide have pre-existing alcohol or substance abuse issues. Adverse or traumatic life events in combination with

other risk factors may play a part in suicide. But suicide and suicidal behavior are never normal responses to stress. Suicidal ideation can be particularly intense in people with a mental illness who are not medicated or non-compliant with their medication, and/or who are suffering from delusions of persecution, delusions of control, delusions of jealousy, delusions of guilt, and commanding second-person auditory hallucinations (hearing a voice telling them to kill themselves).

Risk factors for suicide vary by age, gender, and ethnic group, and may occur in combinations.

Risk factors include:

- One or more prior suicide attempts
- Family history of mental disorder or substance abuse
- Family history of suicide
- Family violence
- Physical or sexual abuse
- Keeping firearms in the home
- Chronic physical illness, including chronic pain
- Incarceration
- Exposure to the suicidal behavior of others

Contrary to popular belief, the suicide rates peak in the spring not winter, most likely because the rebirth that marks springtime heightens feelings of hopelessness in those already suffering with it. In comparison, during Christmas, many people with suicidal thoughts obtain some degree of safety by the proximity of their relatives and the prospect of new beginnings in the new year.

The suicide rate also rises during times of economic depression and during times of economic boom, as people feel left behind if others seems to be racing ahead. On the opposite end of the spectrum, suicide rates decline during times of national cohesion, such as during a war or a national sporting tournament. During such times there is not only a feeling of togetherness, but also a sense of anticipation and inquisitiveness as to what is going to happen next.

Keep in mind, suicide is not always an act of individual despair and can be a learned behavior. For example, the suicide rate rises after the depiction or prominent reporting of a suicide in the media. A suicide that

is inspired by another suicide, either in the media or in real life, is sometimes termed a "copycat suicide." In some instances, suicide can spread through an entire local community with one copycat suicide giving rise to subsequent ones. This is most likely to occur in vulnerable population groups such as disillusioned teenagers or people with psychiatric disorders.

Psychiatric in-patients are at an especially high risk of committing suicide despite the continuous care and supervision that they receive. The risk of suicide is also elevated in medical and surgical in-patients. Medical and surgical in-patients suffering from illnesses that are terminal, that involve chronic, long-term pain or disability, or that directly affect the brain are at an exceptionally high risk of suicide.

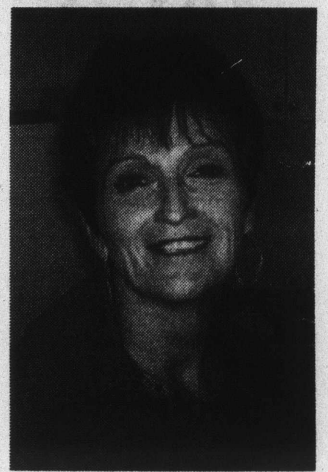
Many individuals will exhibit warning signs that they may be thinking about or planning to commit suicide including:

- Always talking or thinking about death
- Clinical depression: deep sadness, loss of interest, trouble sleeping and eat-

ing that worsen

- Having a "death wish," taking risks that could lead to death, such as driving fast or running red lights
- Losing interest in things one used to care about
- Making comments about being desperate, helpless, or insignificant
- Putting affairs in order, tying up loose ends, changing a will
- Making statements such as "it would be better if I wasn't here" or "I want out"
- Sudden, unexpected shift from being extremely sad to being very serene or appearing to be happy
- Talking about suicide or killing one's self
- Visiting or contacting people to say goodbye

It is imperative to be particularly concerned if a person is exhibiting any of these warning signs and has attempted suicide in the past. According to the American Foundation for Suicide Prevention, between 20% and 50% of people who commit suicide have had a previous attempt. If someone you know appears to be depressed and talks about suicide, makes a suicidal



RUTH JONES

gesture, or attempts suicide, consider it a serious emergency. Listen, don't argue with them and don't ignore their statements. Let the person know that you care and understand and are paying attention. Encourage them to seek the help of a mental health professional. Because the person may feel so hopeless that they may not think it's possible to be helped, you'll probably have to be persistent and accompany them.

If your loved one appears to be in imminent danger of committing suicide, do not leave them alone. Remove any weapons or drugs they could use. Escort them to the nearest emergency room or call 911. Do not hesitate to call the National Suicide Prevention Hotline immediately at 1-800-273-8255.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

361 Students On Atlantic Middle School Honor Roll

Three hundred sixty-one students at Atlantic Middle School are listed on the school's first term Honor Roll.

They are:

HIGH HONORS

Grade 8: Alexandra F. Abrahamovich, Yoon M. Aung, Sophia J. Barnes, Christopher Chan, Fiena Chen, Nancy X. Chen, Rou N. Chen, Samantha K. Chen, Brian M. Choi, Mia N. Cluett, Liana S. Dararaksmey, John M. Fehan, Taylor P. Ferolito, Ethan K. Gao, Jared P. Gaven, Shayla M. Goba, Eric Y. Guan, Phoebe Guan, Vanessa S. Guan, Tina V. Hoang, Wilson Huang.

Bridget A. Keane, Charlotte E. Kelliher, Olivia Kosinski, Emily Kuang, Moe Pwint P. Kyaw, Ada V. Lai, Rachel K. Lee, Tanisha C. Liang, Kevin Lin, Sherri Lin, Tammy Y. Lin, Vincent N. Lin, Kayla M. Lindsay, Dong Hao N. Liu, Ashley D. Lu.

Francesca G. Magnarelli, Victoria G. Mariano, Jamie A. McAleavey, Baileigh D. McMahon, Ashley B. Morash, Phuong V. Nghiem, Andrea N. Ngo, Vy N. Nguyen, Orla J. O'Driscoll, Caitlin Y. O'Regan, Quinlan J. Perry, Olivia N. Pham, Nikki T. Phan, Michael A.

Pollastretti, Myra N. Qasim, Isabel P. Scott, Melody Tai, Stanley Tian, Marissa I. Tolini, Ryan A. Van, Jiawei Wu, Jeff Yu, Nancy Zhang, Decheng Zheng, Han Zheng, Ivan N. Zheng, Li Juan Zheng, Nathan Zheng, Joyce Zhong, Jia Ye Zou.

Grade 7: Brianna B. Alvarado, Bridget A. Capone, Donna Chen, Erica C. Cheung, Melanie J. Chretien, Ava M. Cook, Abigail B. Coughlin, Joycelynn D. Diep, Diep N. Doan, Maya E. Egan, Nicholas E. Enbar-Salo, Caitlin M. Feeney, Matthew S. Fitzgerald, Van K. Hoang, Elton D. Huynh, Helen Ke, Niamh E. Kelly, Beck A. Lamotte, Jennifer M. Lee, Kayla G. Lew, Hao Lin, Mahnoor N. Malik, Heidi Malushi, Molly A. McGovern, Khang D. Nguyen, Vincent Shi, Zixian N. Situ, Jeffrey Z. Tam, Nicolas J. Tang, James Weng, Isabelle Wu, Tam-mie A. Xu, Jocelyn A. Yee, Jacky Zhao, Allen Zheng, Amy Zheng, Ivan N. Zou, Nora E. Zraizaa.

Grade 6: Avery J. Abrahamovich, Ruby E. Ahern, Zahra K. Al-Zubaidy, Aniyah Barros-Johnson, Elle M. Blahut, Emma M. Boylan, Elizabeth G. Brown, Molly A. Carroll, Lillian E.

Champagne, Brian Chen, Franklin Chen, Thomas N. Chen, Elizabeth C. Cheung, Tiffany S. Chin, Maggie G. Ching, Nathan M. Choi.

David W. Connolly, Sean P. Connolly, Celia G. Cronin, Adalee K. Crowley, Diana Dang, Kody L. DeJesus, Jean F. Derisme, Christian X. Devin, Brian Duong, Huan C. Duong, Loukas N. Fehan, Kenny Guan, Stephanie Guan, Johnny Hoang, Katherine S. Huang, Xiu Ying Huang, Sophie T. Huynh.

Leila Y. Keaney, Anton K. Kennedy, Avery F. Kennedy, Luke P. Leung, Ethan H. Li, Wenbin Liao, Meng Jie Lin, Raymond S. Lin, Justin Liu, Oscar Y. Liu, Michael P. Lopez, Grace E. Lowe, Marcus D. MacDonald, Aidan W. Manning, Jade E. Manning, Charlotte R. McCarthy, Danyan Mei, Aditya N. Mridul.

Casey B. O'Connell, Jessie Z. Pan, Enhea Panariti, Briana T. Pham, Nicky M. Pham, Emily Quach, Anushka N. Raj, Ilyana M. Selinger-Batista, Sophie R. Shaw, Violet F. Shaw, Madeline B. Smith, Brianna-Mary Sullivan, Isabella M. Theroux, Kyle J. Tolini, Simone M. Trainor, Hao Trieu.

Conor G. Walsh, Meera

C. Watkins, Brian A. Wolowicz, Jialin Yu, Alexander Z. Yun, Angie Zhang, Wilson T. Zhang, Janice Zhao, Daniel Zhen, Jamie Zheng, Leon Zheng, Owen Zheng, Roger Zhu.

HONORS

Grade 8: Gulisumuayi Aihemaiti, Jessica Aliosa, Yusef H. Alzubaidy, Deana L. Antunes, Emmett S. Bandak, Kiyan L. Bias, Kathryn E. Boylan, Jieheng N. Cao, Liam J. Carey, Crystal Chen, Jeffrey Chen, Junrong Chen, Vivian Chen, Michael A. Conforti II, Mairead C. Curran, Martin Demo.

Shane M. Faherty, Jamar J. Finn, Yuxuan Gang, Michael J. Gorman, Stephanie J. Huang, Safiye S. Iskenderoglu, Artur T. Kudaiarov, Quinn H. Lamotte, Brian Lee, Man Hue Lien, Jialing N. Lin, Yan Xin Lin, Kitty S. Liu, Matthew K. Lowe, Carlos H. Lu, Jonathan R. Manning Jr., Jackson E. Murphy, Kate T. Myers.

Vincent Nguyen, Wilson Phan, Tyler G. Salfity, Kexin N. Shi, Kiera L. Sleimen, Alexandra N. Talarico, Amber Tran, Quan A. Tran, Ihudiya P. Ugwu, Pamela R. Williams, Samuel K. Wong, Jeffrey Wu, Meiyang Wu, Emely K. Zeng, James B. Zheng, Jessica Zhu.

Grade 7: Dylan S.

Almeida, Lea R. Bergin, Yaphet M. Browning, Natalie Chan, Olivia L. Chan, Yvonne N. Chan, Jingen N. Chen, Yumiko Chow, Shaelyn A. Clark, David J. D'Antona, Paula D. Day, Elijah J. Eno, Artiom Fernandez Correa, Aida Lee B. Giordano, Kayla C. Grippi, Hui Xian Guan.

Maura J. Hays, Alan Q. Huang, Jiahong Huang, Ken Huang, Megan Huang, William Huang, Ava E. Hunt, Suleka J. Hussein, Jocelyn K. Li, Sahara Liang, Allyson A. Liu, Christine H. Loney, Aria X. Long, Miranda K. Luke, Alyssa L. Ly, Tuan V. Ly, Matthew C. Macwhinnie, Jerald D. Mortel, Nicholas Y. Moy.

Anh Q. Nguyen, Maureen J. O'Brien, Mitch J. O'Brien, Thanh A. Ong, Duyen T. Phan, Avery J. Pitta, Keiko E. Shafon, Sarah Silveira Amorim Lima Oliveira, Asani T. Smith, Mary F. Stanton, Caitlin M. Stockdale, Destiney C. Stokes.

Zachary Taylor, Julia Tow, Jada Tran, Phuong N. Tran, Aaron Tsang, Kyle Vo, Harry Wang, Joseph K. Whooley, Emily Z. Wu, Yong Wen Xu, Joey Yu, Yanfeng Yu, Alfonso K. Zeng, Emily Zeng.

Grade 6: Leilan L. Bias, Truett K. Bramlett, Mi-

chael T. Campbell, Helen N. Cao, Tina Cao, Jiaming N. Chen, Kevin Chen, Martin N. Chen, Meiki N. Chen, Natasha N. Chieng, Anthony F. Chiu, Stephen J. Cuniff, Emily S. De Almeida, Ethan Duong, Kayla Eth.

Sophia R. Fabrizio, Scott S. Feterowski, Bruno N. Fontes Silva, Thomas M. Ford, Paul J. Glynn, Dominic E. Gonzales, Paige P. Grippi, Alan J. Guan, Micahiah D. Harris, Ava I. Hawco, Nora A. Hill-Hassani, Katherine J. Huang, Jack Hufnagle, Jillian C. Jaehrig, Brendan T. Jonah, Casey T. Kelley, Casey A. Kelly.

Catherine Le, Huilin Li, Mindy N. Lin, Ruhan Lin, Yan Lin, You Lin, Eleki N. Lu Haobin, Shi Yan N. Lu, Tucker E. MacDonald, Jacob R. McKeone, Jackson J. Medeiros, Alex Mei, Kathy Q. Mo, Owen Ni, Brendan J. O'Driscoll, Liam J. Olson.

Christopher J. Pham, Michael C. Phinney, Jason T. Preziosi-Madden, Ayaan Rahman, Keira S. Robertson, Mia E. Santosuosso, Martina C. Thomas, Kyle J. Tsang, Gabrielle O. Van, Emmet G. Walsh, Hecheng Weng, Irene L. Wu, Dennis F. Zia, Jacky N. Zhang, Tristan G. Zhao, William Zhen, Sinuo N. Zhu, Jason Zou.

191 On Sterling School Honor Roll

One hundred ninety-one students are listed on the first term honor roll at Sterling Middle School.

They are:

HIGH HONORS

Grade 8: Ahmad A. Al-Rekabi, Ibrahim A. Atif, Ellen Chen, Dany Darwich, Scott M. Dastrup, Rachel W. Feng, Meaghan E. Foley, Mia C. Heim, Garret M. Hinkley, Kaila L. Jacques, Kevin M. Jarek, Daniel W. Lung, Thu G. Luong, Jennifer S. Meng, Benny Nguyen, Cindy Nguyen, Vansh J. Patel, Gianni I. Perea-Nunez, Athena G. Perry, Bryan Pham, Doan N. Tran, Kayla N. Tran, Ngan D. Vo, Brian S. Wallace, Benson N. Zheng.

Grade 7: Collincia Adwoa N. Agyapomaa, Amira F. Aitsaid, Max N. Arghand, Brianna M. Backman, Luana Batista Soares, Brian Chan, Kenny Chen, Peter M. Cooney, Rebekah H. Dang, Emilio N. Davila Castro, Nicholas V. Day, Sarah M. George, Ira Habiba, Rebekah H. Hall.

Brandon L. Hibbard, Nghi N. Hua, Aden E. Le, Jack Le, William D. Le, Alex A. Lei, Sean M. Lib-

by, Shannen K. McCarthy, Thomas J. McGillicuddy, Colin K. McPherson, Christian A. Monteiro-Spagnolo, Ty J. Neal, Lillian T. Nguyen, Trang T. Nhu, Nicholas K. Pereira, Andrew P. Riva, Arunee J. Sundosd, Katrina M. Tran.

Grade 6: Stephany R. Alcantara, Daniel R. Bertoldi Jr., Bryce W. Campbell, Kelly W. Chan, Jaythan M. Figueroa, John D. Henson, Izabella M. Jorge, Madison E. Lawton, David Li, Jason Li, Tameka F. Liang, Amy B. Nguyen, Victor Anderson H. Pereira, Maurice J. Reid-Jackson, Robin D. Roldan, Zoe E. Stallbaum, Stanley T. Tran, Dao N. Truong, Kalliope Q. Tucker, Galayna M. Willis.

HONORS

Grade 8: Jacob M. Anderson, Caleb T. Baliton, Meira T. Baliton, Wesley D. Byrne, Zachary T. Corbett, Tia N. DiBona, Lawsun Q. Do, Tiarnan Eaton, Alissa M. Fernandes, Johnny N. Garcia Acosta, Aaliyah C. Gomez, Adriana O. Healy, Sophia T. Irving.

Nyck A. Jean-Philippe, Walker G. Jeffery, Malik A. Justice, Giovanna F.

Macedo, Harry T. McGuire Jr., Ty-Shawn T. McNeil, David Meng, Alexandria V. Monteiro, Mia L. Nguyen, Haley E. O'Reilly, Juliana M. Paluzzi, Evelyn C. Parker, Scott C. Ritz, Sarah E. Rizzi, Raven D. Roldan, Abby R. Romano.

Sophie A. Saint Marc, Abhishikth N. Savarapu, Samanthra R. Shuman, Amaya S. Six-Tiger, Erny A. Sundosd, Lauren Y. Tam, Jacquiline T. Tang, Kassyleas L. Tavares, Derek Tran, Jarod M. Walker, Jair T. Whyte, Kaitlyn E. Zemotel.

Grade 7: Zyona Z. Alfonso, Edwin G. Astronomo Jr., Jose L. Binet Gomez Jr., Maerlande Bregard, William M. Britt, Dynasty V. Cardoso, Olivia E. Colligan, Jeremy R. Costigan, Rebecca L. Da Silva, Amy H. Dang, Shaina E. Daphnis, Gabriel L. De Oliveira, Evan J. Devine, Adyler B. Do Rosario Lopes, Brooke Doherty.

Vincent J. Forcucci, Carolyn N. Francisca De Moura, Bridget A. Hoare, Lauren F. Kabilian, Summer Latta, Atilla L. Marquez, Kylie M. McClory, Chase J. Morales, Brenda A. Moura, Hong Nhu

Quynh N. Nguyen, Madison R. Payne, Robert L. Pitts, Connor W. Putnam.

Richardy C. Ramos De Melo Castro, Marissa R. Rodriguez-Davis, Tatiana M. Rojas Cruz, Alexandria M. Simeone, Ana Maria Soares, Ronae Tavares, Christian A. Tineo, Brandon K. White.

Grade 6: Ryan A. Ait-said, Wajeeha M. Al-Khatib, Kyla R. Barter, Julissa A. Cameron, Dana N. Davila Castro, Royel Y. Drane, Liam D. Foley, Justin N. Gonzalez Penaloza, Paris A. Green, Weijie N. Guan, Jayden Guerra.

Kevin J. Heim, Ashley D. Lambiase, Patrick E. Leonard, Isaac K. Li, Haoyuan N. Lin, Elisa N. Lopes Moniz, Oscar J. Ly, Danielle M. Makua, Taylen R. Marquez, Kiera R. McCann, Atigarn Morrow, Elianna T. O'Neal, Marcos Ortiz.

Sophia G. Palermo, Owen W. Parnell, Michelle L. Phung, Sneha Rana, Kaitlyn E. Sampson, Nathan W. Sampson, Mia R. Stallbaum, Devin J. Stewart, Jonathan Tran, Khoi-Henry N. Tran, Aliya J. Wiggins, Shirley W. Yang, Xuexin Zhao.

Social Security Matters

Ask Rusty: When Should I Apply For Social Security

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty: I will be turning 62 in 2018; birth date 9/24/1956. My husband is 77 and receiving Social Security. Longevity runs in my family. I have been self-employed all my life. I am still working and my husband collects a pension, Social Security and RMD from a traditional IRA, so there is no need for additional monies under my current circumstances. When should I start taking Social Security?

Signed: Thinking about Retirement

Dear Thinking: The question of when to take Social Security normally gets an answer of "It depends on your health, your family history of longevity, and your need for the money." You've already addressed those items so I'll focus on your main question - when should you start taking Social Security?

Even though you'll be eligible to collect Social Security when you turn 62, if you do so you will only get 74.17 percent of the retirement benefit you would be entitled to at your full retirement age (FRA). Whenever you apply, you will be deemed to be filing not only for your own retirement benefit but also any spousal benefit you may be entitled to from your husband's work record. Similar to your SS retirement benefit, your spousal benefit would also be reduced because you took it early; instead of being 50 percent of your husband's benefit at your FRA, you would only get 35 percent at age 62 (if that is larger than your own retirement benefit). The point I'm making is that by claiming SS early, any benefit you're entitled to will be reduced from what you would get at your full retirement age.

Just as you are penalized for claiming before your full retirement age, you are rewarded for waiting beyond it to claim Social Security retirement benefits. In fact, for each year you wait beyond your full retirement age, your retirement benefit will be 8 percent higher than it would be at your FRA. That will continue up until you are 70 years old when your retirement benefit will be 30.67 percent higher than it would have been at your FRA. You stop earning additional credit at age 70, so there's no reason to wait beyond that to apply. Let's use an easy example to illustrate: If your FRA retirement benefit is \$1,000, by applying at age 62 you would only get \$741 per month instead of \$1,000. But if you wait until you are 70 to claim benefits, you would get \$1,306 per month, nearly twice what you would get by applying at age 62.

There are two other factors you should incorporate into your thinking:

1) At your FRA, you will be entitled to 1/2 of your husband's benefit at his FRA. If your spousal benefit at your FRA is substantially more than your own retirement benefit, then applying at your FRA may be a good strategy, as opposed to waiting and earning delayed retirement credits.

2) Once you have reached your FRA you will be entitled to 100 percent of your husband's benefit amount if he should predecease you. If your eventual survivor's benefit would be more than your own FRA benefit amount, you might be better served by claiming your retirement benefit earlier than age 70.

As you can see, most of the answer to your question depends upon whether your benefits as a spouse or a survivor will be more than your benefit based upon your own work record. If not, then waiting beyond your FRA up to age 70 will yield you the maximum retirement benefit. But if your spouse and/or survivor's benefit will be more than your own retirement benefits, then applying at your full retirement age may be the best strategy. If you haven't already done so, I suggest you go to www.ssa.gov and set up your personal "My Social Security" account which will give you access to your currently estimated retirement benefit. Comparing that to your potential spousal and survivor benefits should give you the answer you're seeking.

The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services. The Foundation welcomes questions from readers regarding Social Security issues. To submit a request, contact the Foundation at info@amacfoundation.org.

139 On Point Webster Honor Roll

One hundred thirty-nine students are listed on Point Webster Middle School's first term honor roll.

They are:

HIGH HONORS

Grade 8: Yumna Ali, Kevin Aprea Cabrera, Peter Boylan Jr., Ricky Chieng, Thomas Christian, Darla Cortez Morfin, Nicolas Costantino, Andrew DeFranca, Jasmine Duong, Kyle Galecia, Sandy Guan, Emily Huang, Julia Jin, Andy Le, Emily Leong, Chris Lin, Adriana MacPherson, Priyal Nanda, Sarah Nguyen, Tammy Nguyen.

Anee Patel, Vraj Patel, Brandon Pham, Dhanvi Puttur, Paige Raber, Harini Raman, Varshini Raman, Ekow

Sam, Jamie Tam, Sandra Tan, Mackenzie Thai, Belle Tran, Natalie Tran, Vivian Tran, Celine Zheng.

Grade 7: Zaila Alves, Jason Au-Duong, Jayda Berry, Keerthana Bhuvanam, Kayla Blatcher, Ashley Chamu Charco, Vanessa Chan, Ruben Charles, Elaine Chung, Bonnie Huang, Shubham Kumar, Josephine Leung, Ivan Li Jr., Meidong Ma, Deekshita Madhalam, Brianna McKinney Roman, Emily Nguyen, Satya Pulapa, Ivy Tiet, Kaitlyn Vo.

Grade 6: Aryan Agarwal, Amina Amimer, Thomas Curtin, Kathy Duong, Makayla Gustafson, Florence Huang, Jayakrishna Kambhampati, Michelle Le, Ganga Mahesh, Shea McSweeney, Vanessa Mei, Alex Papa, Sudeeksha Prabha, Tayah

Quinn, Jshawa Solomon, Nancy Tran, Alexander Vo, Baoqing Yu.

HONORS

Grade 8: Bryan Amorim, Hengjie Chen, Kareem El-Dayisty, Nick Janka, John Lynch III, Kyle Murphy, Jaclynn Nguyen, Brandy Tran.

Grade 7: Onuchi Alam-ba, Yaseen Ali, Anthony Bina-Rodriguez, Vivian Burke, Kyle Cao, Isabella Carinci, Andy Chen, Olivia Collins, Rugved Doke, Elham Elham, Daniel Gedutis, Kloe Gora, Ismayil Ismayilov.

Shawn Kozlowski, Christian Las, Christopher Moon, Arisa Nakanishi, Huy Nguyen, Alex Pham, Kelly Phu, Hughlando Pusey, Kenneth Reale III, Adner Sanchez

Llano, Allison Thiha-Wong, Michael White.

Grade 6: Julienne Albino, Maya Aljabi, Joaquim Baiense, Calvin Bayot, Shyam Bhonagiri, Yash Chaphekar, Daniel Chen, Mayara Clem, Kian Crampton, Anthony Freeman, Antonio Gonzalez, Kevin Gray, Walid Haiti, Lam Huynh, Elizabeth Jones-Donofrio, Alyssa Keith, Katelyn Leong, Raphael Miranda, Hawa Mohamed, Afraz Mohammad.

Lauren Nee, Dat Nguyen, Justin Nguyen, Thomas Nguyen, Melina Papadopoulos, Nicholas Peddie, Gabriel Rodrigues, Yoeku Sam, Akira Savage, Mingen Su, Yitong Wang, Hannah Waters, Jennifer Wong-Nadaraung, Jessica Wu.

Orthopedic Discussion At Kennedy Center

As we age, it is inevitable that so will our bodies - especially our joints, which undergo significant wear and tear over the years.

The most common de-

generative joint disorder affecting men and women is osteoarthritis.

Carney Hospital's Chief of Orthopedic Surgery Raghuvir Muppavarpu, MD, will be at the Kennedy Center on Wednesday, Feb. 7th at 10:30 a.m. to discuss the latest treatments for knee and hip pain associated with osteoarthritis.

Learn what you can do to reduce the symptoms of osteoarthritis. Registration is required for this event as space is limited.

To register call the Kennedy Center at (617) 376-1506.

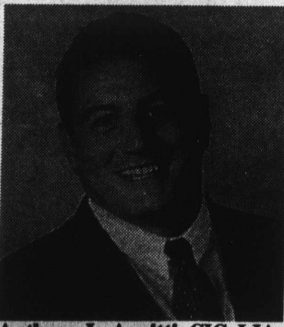


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Cont'd From Page 1

ever recorded in Boston at 15.16 feet, the National Weather Service said, surpassing the 15.1-foot mark set during the Blizzard of 1978.

An arctic air mass moved into the region behind the nor'easter, bringing with it record-breaking low temperatures over the weekend. Sunday's low of -2 degrees in Boston tied a record for the day set in 1896.

The high tide during the Jan. 4 storm caused flooding in low-lying areas of the Quincy, including Houghs Neck and the Squantum causeway, which was closed for several hours. Koch said the flooding from the Jan. 4 storm was comparable to the Blizzard of 1978, though not as severe, in part because of seawalls the city has built since then.

"I think there is some comparison, but this wasn't as severe," the mayor said Monday in a phone interview. "I don't think we had the same storm surge (as 1978). Some of the seawall work we've done since then probably helped."

Department of Public Works crews and contractors worked throughout the day Jan. 4 to keep city streets plowed and also respond to flood-related issues. Snow removal also took place over the weekend in targeted areas, including business districts, the areas around schools and MBTA walking routes.

This year's municipal budget includes \$2.4 million for snow and ice removal. Koch said it was too soon to say whether the costs associated with the Jan. 4 storm would top that number.

"We attacked it very heavily and very aggressively. Overall, I thought we did a good job," the mayor said. "It was very challenging and it's going to cost the city some money."

Quincy Public Schools were closed both Jan. 4 and Jan. 5, the first two snow days of the school year. Broad Meadows Middle School was closed on Monday as well because the building's basement flooded during the storm, knocking out the boiler system, Koch said. The boiler room at the Kennedy Center, the city's senior center in Squantum, was likewise inundated during the storm, and the building remained closed through Monday as well.

Both Broad Meadows and the Kennedy Center were able to reopen Tuesday, and Koch said the new boiler systems at both would be designed to help prevent the issue from recurring in the future.

"We will elevate all the boilers, all the panels, so they won't have the same problem in the future," he said.

City Cleaning Up After Nor'easter

The mayor said there were no other problems reported at municipal buildings as of Monday afternoon, though some roof leaks might pop up later this week.

Koch said some of the school department's vans and smaller buses were out of service Monday because the low temperatures caused the diesel inside them to gel. The city rented buses and vans, and used the Kennedy Center's fleet, to help offset the loss of those vehicles, Koch said.

The city opened Quincy High School as emergency shelter during the storm on Jan. 4. Fire Chief Joseph Barron said one resident stayed in the shelter overnight and others came to the shelter during the day after losing heat but were able to spend the night with relatives or found a hotel room.

Sgt. Karyn Barkas of the Quincy Police Department said officers rescued about 20 people from their vehicles during the course of the nor'easter. The rescues took place in low-lying coastal areas throughout the city, including Commander Shea Boulevard, East Squantum Street, the Newport Avenue Extension, Southern Artery and Rockland Street.

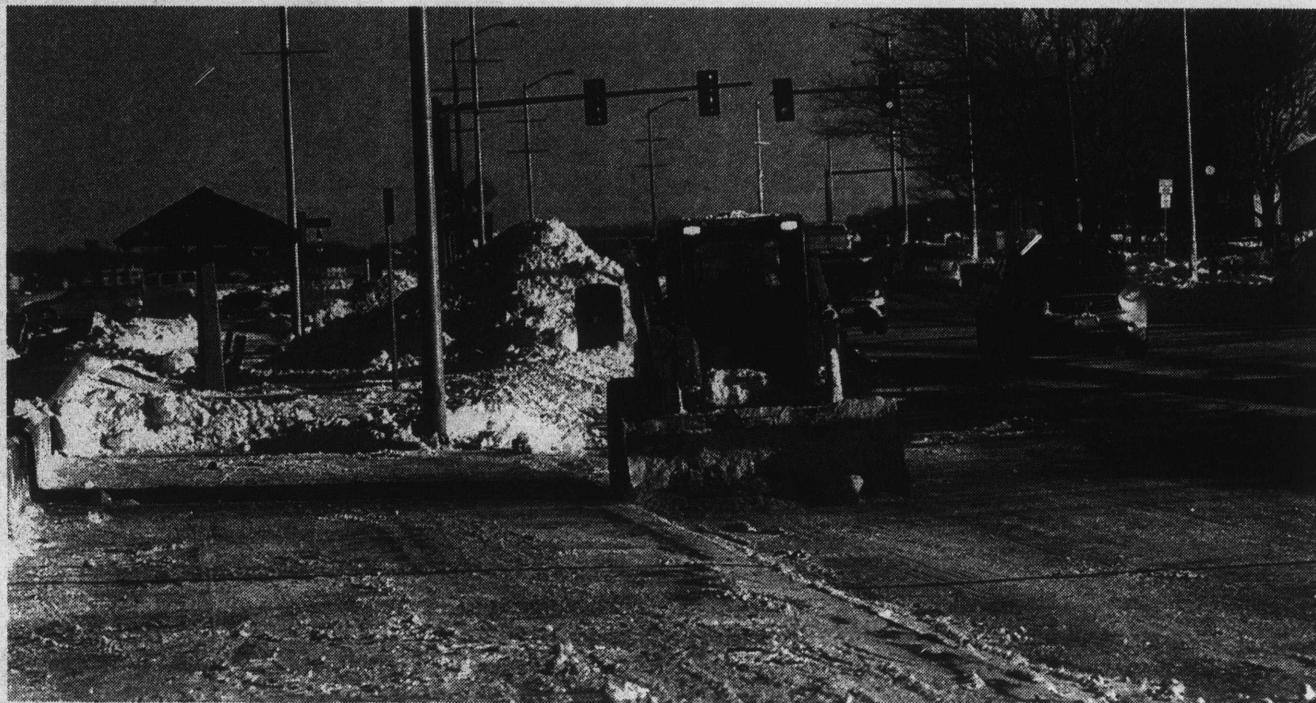
"We had so many of them," Barkas said. "It was crazy."

Barron said two firefighters, including one on a tether, had to don survival suits to rescue a driver from East Squantum Street on the causeway to Squantum. The vehicle wound up in the nearby marsh.

"That was pretty hairy," Barron said. "The water was moving very quickly."

An 82-year-old Quincy man died following a single-car crash shortly before 1 p.m. on Jan. 4, which Barkas said was caused by a medical emergency the driver suffered. The vehicle left the roadway in the vicinity of 1000 Southern Artery and struck a tree.

East Squantum Street, to both Marina Bay and Squantum, was closed to traffic around 12:30 p.m. as the tide began to rise. Barkas said access to Marina Bay wasn't re-established until 8 p.m. that night because vehicles had to be removed from the road, though access to Squantum was re-



A FRONT-END LOADER clears snow along the side of Quincy Shore Drive following the Jan. 4th nor'easter that dumped more than 14 inches of snow on the city and caused flooding along the coastal areas.

Quincy Sun photos/Tom Gorman



A CAR DRIVES past a six-foot pile of snow on Quincy Shore Drive following the Jan. 4th nor'easter.

stored earlier.

Officials had warned drivers to stay off the road during the storm, but Barkas said drivers did not heed that warning.

"People weren't heeding the warning and that's why people got stuck," she said.

Koch credited all city departments—including Police, Fire, Public Works, Public Buildings and the school system—for their efforts during the storm, as well as the residents of the city for their patience during it.

"It was all hands on deck," the mayor said. "I can't say enough about the job they did."

The mayor said he was looking forward to warmer weather coming up—temperatures will be in the mid 50s on Friday—and was hopeful the rest of winter would be a quiet one.



NEARLY TWO WEEKS of sub-freezing temperatures and flooding from the Jan. 4th nor'easter formed these ice chunks near the marsh on Victory Road.

"I'm glad the weather is getting rid of some of this snow," Koch said. "Let's hope the rest of the winter is quiet."



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Councillors Sworn In; Croall New Council President

Cont'd From Page 2

Croall began and concluded his remarks with the same quote from Mother Teresa, "Yesterday is gone. Tomorrow has not yet come. We have only today. Let us begin."

Ward 4 Councillor Brian Palmucci, the body's longest-serving current member, nominated Croall for the council presidency. Palmucci said there is no better person than Croall to lead the council over the next two years, calling him an advocate for residents and a fiscal watchdog.

"As we embark on this new legislative session, there is little doubt that there is much promise in our changing city, as well as many challenges, from the opioid crisis to the increased development, traffic congestion and the condition of roads and infrastructure. Over the next two years, I expect those will be included among many other issues that this council will contend with," Palmucci said.

"I can think of no better person to serve at the head of this body than Councillor Croall. He has proven himself over the past six years to be an innovative legislator and a strong advocate for the residents. As a fellow ward councillor, he has immersed himself in the task of ensuring services are delivered to residents and he has been a fiscal watchdog for taxpayers as chair of the finance committee."

Councillors Ian Cain and Nina Liang seconded the nomination.

"In moving forward with all the challenges that we have ahead of us," Liang said, "it is important that we have someone that will continue to push for a collaborative effort and attention to detail."

Ward 5 Councillor Kirsten Hughes, who served as council president in 2016 and 2017, also spoke at Monday's event. She said Quincy has a lot to be proud of as it enters 2018, and said she looks forward to what lies ahead.

"As we enter the new year, Quincy has a lot to be proud of and a lot to be excited about going forward. The effort to redevelop Quincy Center has dramatically improved our downtown. It has also provided us a blueprint for revitalizing the business districts across Quincy. Meanwhile, we're looking forward to new development in all corners of the city, from the Houghs Neck Maritime Center to the opportunity presented in the site of the former Quincy Medical Center," Hughes said.

"As we encourage responsible growth across our



CITY COUNCILLORS taking the oath of office at Monday's organizational meeting in the Great Hall of the James R. McIntyre Government Center (top photo from left) Brian Palmucci (Ward 4), Nina Liang (at-large), Anne Mahoney (at-large), William Harris (Ward 6) and Brad Croall (Ward 2); and bottom photo (from left) Ian Cain (Ward 3), Noel DiBona (at-large), David McCarthy (Ward 1) and Kirsten Hughes (Ward 5).



city, we're also mindful of the need to improve people's lives in every neighborhood. That's why we've invested in improving streets and sidewalks and in concrete plans to ease traffic and congestion. Our budgets have been mindful of the needs to have fully funded schools, police, fire and public works operations, and we have undertaken a variety of initiatives to tackle the addiction crisis.

"As we look to the future I'm excited. I'm excited about the road ahead and I look forward to working with incoming council president Croall and with our partners in the administration and at the state level. Working together, I know we can ensure a brighter future for the city of Quincy."

Following the election of Croall to the council presidency, councillors voted to re-appoint Jennifer Manning the clerk of committees. The clerk of committees is responsible for helping to draft the agenda for each council meeting, assisting with scheduling of council and committee meetings, and recording each vote or other action taken by the council. Manning has held the post since September 2014.

Palmucci said Manning has been exceptional as the clerk of committees.

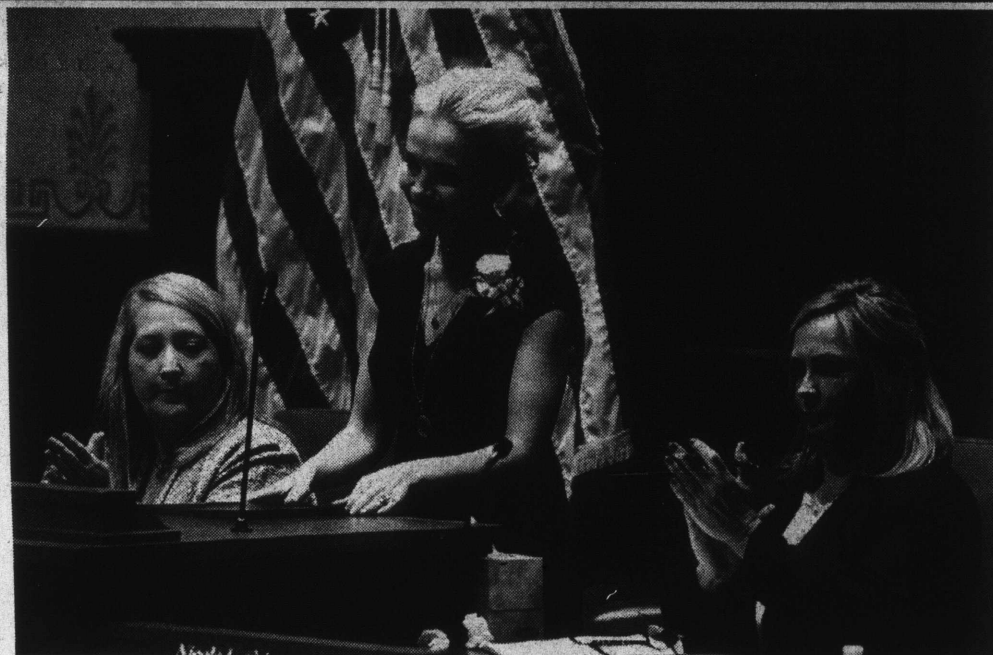
"Jen has shown her exceptionalism in the position for quite some time and there is no question she

will continue to do so if re-appointed. Some may think that Jen's best quality is her responsiveness. Others, her attention to detail...still others think it's her dedication to making sure the council runs smoothly," Palmucci said.

Hughes seconded the nomination.

"Jen is certainly someone that you can lean on when you're in front of the curtain and when you need work done behind the curtain. She is a real go-to gal and she does it all with a smile, and sometimes we ask her to do some pretty difficult or monotonous or hard-to-break-the-ice type of requests," Hughes said.

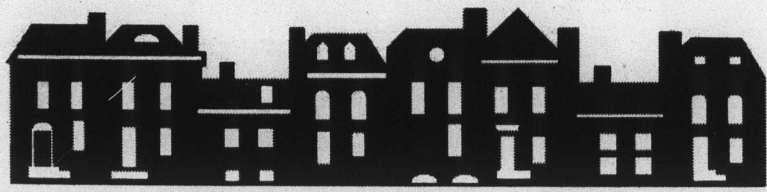
"She always does it with a smile."



OUTGOING CITY COUNCIL President Kirsten Hughes acknowledges applause after her final remarks as council president Monday night. Hughes, who was re-elected Ward 5 councillor last November, served as council president for the past two years becoming the second woman to serve in that leadership position in city history - the first was the late Patricia Toland. At left is Clerk of Committees Jennifer Manning and at right City Clerk Nicole Crispo.



DEPARTMENT HEADS and past and present elected officials were among those attending the swearing in ceremony for the city council Monday in the Great Hall at the James R. McIntyre Government Center. Among those listening to remarks by City Council President Brad Croall are (front row from left) Helen Murphy, Director of Operations; former Ward 4 councillor and director of Constituent Services Tom Fabrizio, Norfolk County Register of Deeds William O'Donnell, former Ward 5 councillor and director of IT Charles Phelan; former city councillor Jack Lydon, former councillor Joseph Finn and James Timilty, Norfolk County treasurer.



Real Estate

Quincy Real Estate Transactions Jan. 2 - Jan. 5

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Joanne Ricca	Robert Cooley	\$457,000.00	6 Quarry Street
CLM Development LLC	Xin B. & Hao J. Li; Xiao P. Wu	\$825,000.00	26 Arnold Road
George M. & Myrna L. Moje	Mary L. Donovan	\$417,000.00	52 Village Drive Unit 5-1
Copeland Street Realty LLC	Christopher M. Desimone	\$360,000.00	326 Copeland Street Unit 3E
Robert J. & Elisabeth Sylva	Kevin N. Doty & Rachel S. Weston	\$505,000.00	87 Thornton Street
147-155 Coddington Street Realty Trust & Brewster Family Land Trust LLC	R & D Quincy LLC	\$1,300,000.00	147-155 Coddington Street
459 Southern Artery Realty Trust & Brewster Family Land Trust LLC	R & D Quincy LLC	\$1,300,000.00	459 Southern Artery
Yvonne M. Chandler	Kevin F., Alexander H. & Paige J. McGroarty	\$330,000.00	320 Belmont Street
Annie & John T. Tom	Jingchao Su & Xiaoting Ma	\$593,000.00	98 Colby Road
Ryan Chang & Amy E. Claxton	Qing Chen	\$300,000.00	279 Farrington Street Unit 1

Ask Barbara Graceffa: 'Secretary Of The Interior' Cabin Fever? 'Perk Up' Your Home Décor

With the recent freezing temps and snow, I've been house bound and have cabin fever. How can I perk up my décor to perk me up at the same time? Kristina

Happy New Year Kristina and to all my readers. You're not alone because I get this question every year!

There are lots of things to do! How about a new paint color for your living room or even an accent wall of paint or a bold geometric wallpaper. Or new accessories - like pillows and artwork or change accessories from room to room. Or a new area rug or piece of furniture or rearranging your furniture - try it on angle if the room allows. Find another cabin fever sufferer to help you out and offer to reciprocate, of course.

The new year is also a great time to downsize and declutter. Although, on the surface, this does not seem to be a merry-making task, as you clean out one drawer, one bureau, one closet, one bookcase, one nook, one room, etc., you will feel a great sense of relief from areas around the house that have been driving you crazy or needed attention for far too long as well as a tremendous feeling of accomplishment. You might even find some accessories you forgot you owned like a new pillow for the couch!

While visiting friends out of state in early January a few years back, we tagged along to an open house party. The host was an avid reader and offered to pass along his books to anyone who wanted them. What a fun idea and I bet



BARBARA GRACEFFA

he had fewer books to pack up for donation to the local library or thrift store.

My friend Georgiana hosts an annual Girls' Night Swap Party and invites guests to bring unwanted purses, jewelry, scarfs, etc. to swap among friends. We all had a great time especially when a mini fashion show broke out!

If you need help recovering pillows, sewing new curtains, decluttering, choosing a paint color, personal shopping, and the like to enliven your décor, I'm offering a winter special of 10 percent off for Quincy Sun readers. Call me before the end of February!

Do you have a decorating problem needing a professional solution? Send your questions to Secretary of the Interior at barbara@sec-interior.com.

Barbara Graceffa owns and operates Secretary of the Interior, an interior decorating company in Quincy, MA offering creative solutions at reasonable rates. For more information on her services, view her portfolio, and read testimonials about her work, visit www.sec-interior.com. Or you can reach her at 617-921-6033.

O'Donnell Named Register Of Deeds Of Year

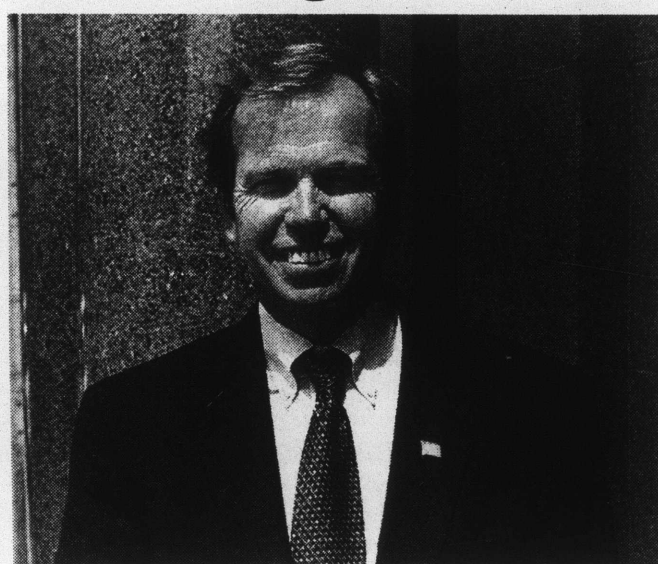
Norfolk County Register of Deeds William P. O'Donnell was recently named the 2017 Register of the Year by the Massachusetts County Registers of Deeds Association.

"I am truly humbled to receive this award, and I accept it on behalf of all the employees who work here at the Registry," O'Donnell said. "We understand our mission and our roles when it comes to public service."

The Norfolk County Registry of Deeds is the depository of more than 6 million land records, dating back to 1793. It annually handles and documents hundreds of thousands real estate transactions, including deeds, mortgage discharges, home-steads, liens, etc.

In 2017, the Registry among its various accomplishments, reached three notable milestones:

- The completion of its "History Comes Alive Transcription Project," where land documents from the period of 1793-1900 transcribed by scribes in the old cursive style of writing were converted into easy-to-read text documents. The project earned the praise of two-time Pulitzer Prize Historian David McCullough. Norfolk County was the first



WILLIAM O'DONNELL

registry of deeds in New England to perform such a project.

- Another completed initiative was the indexing - for easier customer research - of all land records dating back to 1793 which is the year Norfolk County was founded.

- In April 2017 Norfolk County became the first registry of deeds in Massachusetts to record registered land (Land Court) documents electronically. This initiative came about from the passage of legislation spearheaded by Register O'Donnell and Plymouth County Register of Deeds John Buckley to modernize operations in the Land

Court which was signed into law by Governor Baker last January.

"These three major projects amply demonstrate how blending history with modern technology makes resources more accessible to all of us when it comes to offering documents, program and services," O'Donnell said. He also said that the Registry is quite proud of its extensive outreach programs, including its annual "office hours" visits to each one of the county's 28 cities and town."

"In conclusion, for 224 years, the Norfolk Coun-

ty Registry of Deeds has been serving the real estate needs of Norfolk County residents," O'Donnell said. "At the Registry of Deeds we pride ourselves on striving to run a sound customer service orientated operation. We are grateful for the recognition."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and [Instagram.com/NorfolkDeeds](https://instagram.com/NorfolkDeeds).

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

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Essay, Poster Contest Winners, Nat'l Scholars Honored

By **TOM GORMAN**

The school committee honored winners of the district's American Education Week poster and essay contest and the National Merit Scholarship contestants during a recent meeting at Central Middle School.

Madeline Roy, senior director of middle school curriculum and programs, said the third week of November is American Education Week in the country.

"It's an opportunity to celebrate public education, our students and teachers and as well as honor individuals and groups within the community, an outstanding place to live and grow," she said.

Roy explained entire classes created posters and individual students wrote essays. She said that 200 posters and essays were judged in five grade level categories based on this year's local theme, "Embracing our Differences: How Quincy Public Schools Promote Success for all Learners."

Elementary Director of Special Education Erin Perkins commended the students for their submissions.

"The elementary grades did an excellent job describing in both picture and writ-

**More Photos On
Page 15, Page 16**

ten form how they much they value diversity and respect within their school and classroom," she said.

Grades kindergarten through two participated in the poster contest. The first place winner was Wollaston School, Mrs. Higson's first grade class, "Take a Peek at Our School;" second place went to the Parker School, Mrs. Flynn's first grade class, "We Learn in Different Ways;" and the third place finisher was Atherton Hough School, Ms. Helling's second grade class, "Sometimes When You're Different, You Just Need a Different Song."

Participating in the essay contest were students in grades 3 through 10.

In the third through fifth grade competition, first place was won by Vanston Ly of Mrs. Healy's fifth grade class at Bernazzani School; in second place was Xuan-Mai Ippolito, a grade 5 student in Mrs. Gilbert's class; and third place was won by Emily Davis of Mrs. Kiroski's third grade class.

In grades 6 through 8, first place went to Nghi



WOLLASTON SCHOOL first grade class of Mrs. Higson placed first in the American Education Week poster contest with their poster, "Take a Peek at Our School." *Quincy Sun photo/Tom Gorman*

Hua, grade 7 student of Mrs. Rizzo's ELA class at Sterling Middle School; in second place was Ruby Levine of Mr. Walsh's grade 7 ELA class at Broad Meadows Middle School; and third

place was a tie, Vivian Chen of Mrs. Phillips' grade 8 ELA class at Atlantic Middle School and Ada Lai, also of Mrs. Phillips' grade 8 ELA class at Atlantic Middle School.

The grade 9 and 10 essay contest was won by Hannah Murphy of Ms. Cesso's grade 9 English class at Quincy High School; second place went to Patrick Rak, a grade 10 student in Ms.

Bacchieri's English class at Quincy High School; and third place was won by Li-ana Gao, a grade 9 student of Mrs. Hanson's English class at North Quincy High

Cont'd On Page 16

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QUINCY COLLEGE MEN'S BASKETBALL

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ESSAY CONTEST WINNERS grades 3-5: Xuan-Mai Ippolito, Point Webster Middle School, second place; Emily Davis, Clifford Marshall School, third place; and Vanston Ly, Bernazzani School, first place.

Quincy Sun photos/Tom Gorman



ESSAY CONTEST WINNERS grades 6-8: Ada Lai, Atlantic Middle, third place; Ruby Levine, Broad Meadows; second place; Vivian Chen, Atlantic Middle, third place; and Nghi Hua, Sterling Middle, first place.



NATIONAL EDUCATION WEEK essay contest winners grades 9-10: Liana Gao, North Quincy High School, third place; Patrick Rak, Quincy High School, second place; and Hannah Murphy, Quincy High School, first place.



NATIONAL MERIT-SCHOLARSHIP semifinalists (front row from left) Samuel Serjani, North Quincy high School; Rachel Shen, Quincy High School, and Paul Donohue, Quincy High School.

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Charles DiCecca, MD	Orthopedics
Gerri Goodman, MD	Ophthalmology
Alex Grilli, MD	Otolaryngology
Bora Hazar, MD	Otolaryngology
Hani Ibrahim, MD	Nephrology
Gregory Kechejian, MD	General and Vascular Surgery
Paul Konowitz, MD	Otolaryngology
Roger Lefevre, MD	Urogynecology
Janet Li, MD*	Urogynecology
H. Esterbrook Longmaid, MD	Diagnostic Radiology
Daniel Mishkin, MD*	Gastroenterology
Heidi O'Connor, MD	Pulmonary Disease
Robert Patz, MD	Orthopedics
Martin Pollack, MD	Nephrology
Edward Rao, MD	Gynecology
Carolyn Sax, MD	Pediatrics
Alice Shin, MD	Obstetrics/Gynecology
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Essay, Poster Contest Winners, Scholars Honored

Cont'd From Page 14

School.

Each first place winner read their essay to the committee.

Vanston said that the "Quincy Public Schools recognizes that no student is exactly the same" and spoke of how the district offers help to students of all levels and has the latest technology.

Nghi explained how she immigrated to Quincy from Vietnam and, upon entering the first grade here, struggled to learn English and overcome her shyness. She credits the district's English Learners program and her "patient" teachers helping overcome her obstacles and was soon "able to speak in front of a large crowd."

Hannah talked about her brother who has a medical condition that causes involuntary outbursts and movements. After spending time in a private school with no progress, she said her parents enrolled him at Montclair School. There, Hannah said her brother received occupational and physical therapy and soon showed improvement.

"The difference in his performance was remarkable and differences in his overall test scores and comprehension were truly ecstatic," she said.

Six of the district's high school students won recognition in the National Merit Scholarship Program contest. Of the 1.5 million high school student entrants, about 50,000 with the highest PSAT (Pre-Scholastic Aptitude Test) and NMSQT (National Merit Scholarship Qualifying Test) selection scores qualify for recognition in the program. The scores included those in

critical reading, math and writing.

"Tonight, we are recognizing students who have earned a great honor from both high schools," said North Quincy High School principal Robert Shaw. "Scores from the spring of 2016 determine their eligibility. We're talking about six of our students who finished in the top 50,000 in one level (commended) and one student who is a semifinalist, will continue on in the program."

Added Quincy High School principal Lawrence Taglieri, "This is what Quincy Public Schools is all about, recognizing student achievement."

The National Merit Scholarship Program names "commended students" who qualify for special scholarships sponsored by businesses and corporations. There are 34,000 high school students attaining the commended status each year.

The city's commended students are Andrew Lee, Samuel Serjani and Jing Yi Zhao of North Quincy High School and from Quincy High School, Paul Donohue and Rachel Shen.

There were 16,000 students qualifying as semifinalists in the national competition. These students are the highest scoring entrants in each state and are eligible for competitive National Merit Scholarships.

North Quincy High School's Ryan Wong is the district's semifinalist.

In February, semifinalist will be notified if they have advanced to the finalist standing. Each finalist will be presented a certificate by their high school principal.

All six National Merit



PARKER SCHOOL'S first grade class of Mrs. Flynn is recognized by the school committee for placing second in the National Education Week poster contest with their poster "We Learn in Different Ways." Quincy Sun Photos/Tom Gorman



ATHERTON HOUGH SCHOOL first grade class of Ms. Helling is honored by the school committee for placing third in the National Education Week poster contest, "Sometimes When You're Different, You Just Need a Different Song."

Scholars have attended Quincy Public Schools since elementary school and five since kindergarten.

In another matter, Superintendent of Schools Dr. Richard DeCristofaro informed the committee that 85 of the city's middle school students participated in a robotics competition at Worcester Polytechnic Institute during the weekend of Dec. 2 and 3.



ALPHA DELTA KAPPA International Honorary Organization for Women Educators recently presented 'Storytime with Blue Dog' at the Children's Library. As part of the presentation, of donating the two books to the library, there was a reading of the iconic Blue Dog books, 'Why is Blue Dog Blue?' and 'Are You Blue Dog's Friend?' by Cajun artist George Rodrigue followed by a simple craft. Photo Courtesy Deanna White-Hebert



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Q-NQ Swim Team Hosts Bob McGillicuddy Alumni Meet

By **MARISA FORRESTER**

The Quincy-North Quincy Swim Team hosted the second annual Bob McGillicuddy Alumni Meet Dec. 30th at the Lincoln-Hancock School Community Pool.

Last year, the entire swimming community lost a very special person. Coach Bob was one of the kindest, most inspiring, and truest people many of us have ever met. QNQ was truly lucky to have had him as our leader, and heart and soul of our team.

Today, we have invited swimmers of the past and present to get together for an afternoon of good swimming and most importantly fun. This was an annual event he always dreamed of. It was a special day and it was an honor to welcome Bob's family back to the pool. With their love and support, we have carried on Bob's legacy here at the pool.

The donations made at the event will go towards the Bob McGillicuddy Book Award Scholarship, which



THE QUINCY NORTH QUINCY Swim Team recently hosted the second annual Bob McGillicuddy Alumni Meet at the Lincoln-Hancock School Pool. This photo shows the 2017-18 Varsity Swimming and Diving Team with Coaches Julia Kusiak-Carey and Marisa Forrester, alumni of the team, Bob's family (his parents Robert and Mary McGillicuddy, sisters Kara McGillicuddy and Kathy Bell and her husband Chris, and nieces Kailin and Hannah), and North Quincy High School Athletic Director JJ Niamkey.

Photos Courtesy Marisa Forrester

will be awarded to selected seniors at each high school

this spring. If you would like to make a donation, send payable to the "Bob McGillicuddy Book Award Scholarship" to 34 Coddington St., Quincy, MA 02169.

Coach Forrester reflected in the day's opening remarks, "I feel so blessed to have known and learned

from such an amazing coach and person, and I am truly lucky to be apart of such a wonderful team."

QUINCY LACROSSE ASSOCIATION

Calling all Quincy girls and boys grades 1st thru 8th

Registration for the Spring 2018 Lacrosse season is

NOW OPEN!

Whether you're a Quincy lax veteran or a newcomer looking to expand your athletic range, here's your chance to play the fastest sport on two feet!!

Registration must be completed by January 20, 2018

Please visit our website
<http://quincylax.uslaxteams.com>
or email us at
quincylax06@gmail.com
with any questions.

Please register as soon as possible. Given the incredible increase in numbers over the last few years, spots at each age level are on a first-come, first-served basis.



A NEW BANNER the swimmers of the Class of 2017 gifted to the team at last year's banquet adorns the wall inside the Lincoln Hancock School pool. The motto "one city, two schools, one goal" was a line Coach Bob McGillicuddy often used and coined with Ello Daci of the Class of 2014.



SCORING MILESTONE – Cassandra Davis (left) and Julie Whalen (right), members of the Quincy-North Quincy girls hockey team – each recorded their 100th career point in a 5-5 tie against Pembroke last Saturday at Shea Rink.

Photo Courtesy Jeffrey Craig

Cassandra Davis, Julie Whalen Record 100th Career Points

Two Quincy-North Quincy girls hockey players each recorded their 100th career point in a 5-5 tie against Pembroke last Saturday at Shea Rink.

Senior center Julie Whalen had 3 goals and 2 assists while junior left wing Cassandra Davis had 2 goals

and 2 assists in the Patriot League contest. Whalen – a four-year starter and captain – entered the game at 96 points needing 4 to hit 100. With the 5 points she now stands at 101 for her career with 11 games remaining.

Davis, a junior, entered the game needing 1 point

to hit 100 and smashed the mark with 4 points leaving her at 103 for her career. It is believed that only one other player in QNO history reached the milestone. Riley McLaughlin became the first girl to do it last year and stands as the program's all time leading scorer with 118 points for her career.

Young Talent Shining For North Quincy Boys Hockey

By TOM JOYCE

With young talent on their side, the North Quincy High boys' hockey team has shown flashes of their potential this season and is looking to put it all together as the season progresses and

they gain more on-ice experience.

Last week's weather limited them to just one practice prior to their game against Plymouth South but prior to that prolonged time away from the ice, the

team had been working its way up. Last Saturday, the Red Raiders fell to a tough Plymouth South team, 6-1, at home. The highlight of the game for the Red Raiders was freshman forward Ronan Kelly scoring his first career varsity goal late in the first period.

"That was huge," Red Raiders head coach Matt Gibbons said. "At that point, he made it a one-goal game, so it was a pretty good spot to do it. It felt like he was turning us around a bit."

Against Plymouth South, the Red Raiders youth and potential was on display. They were down a few players, so three of their four defensemen in the contest were first-year players. This included freshmen Ben Wines and Charlie Maher as well as sophomore Andrew Hally, who was on Archbishop Williams' freshman team last season. John Bell, a freshman, who is listed as a forward and defenseman, also saw some shifts against Plymouth South on Saturday. "They're out there working hard for us," Gibbons said. "They might

Cont'd On Page 20

Quincy Boys Hockey On A Roll

By TOM JOYCE

Although there were questions headed into the season, the Quincy High boys' hockey team has answered them and revealed their true potential this season.

The Presidents, who were 5-1-1 to start the week, were on the inexperienced side to start the season. Still, that hasn't stopped them from becoming one of the top teams in the area.

"As a coaching staff we really had no idea what to expect coming into the year since about two-thirds of the roster hadn't played in a varsity game," Presidents head coach Ted Walsh Jr. said. "What we see in practice is a group of kids who want to be coached and are willing to work hard. It's starting to pay off."

Walsh said a major reason why his younger players have been able to develop into useful varsity players, allowing them to succeed, is their dedication in the classroom.

"Every year, we've won the MIAA gold medal for academics," he said. "That starts with the parents. Our kids are winners. I think there's a direct correlation between the classroom and ice. If you're willing to put the work in, that extra time, that's the way to do it. I think that really builds the winning culture. Our standards are very high. We send progress reports around weekly. We expect a lot out of them and in turn, they come out as winners. They work hard on the ice, off the ice and in the classroom. That's a great thing because that's what gets them into college."

The Presidents kept that success going last Saturday as they defeated the Pembroke Titans, 5-2. The Presidents initially fell behind 1-0, but fought back. Ryan Quirk and Dan O'Leary netted goals in the first period to put them up 2-1 and AJ Currie capitalized on a loose puck opportunity to put them up by two.

Pembroke scored late in the second period to make it a one-goal game, but the Presidents played strong team defense and Jason Whalen gave them a pair

Rec. Dept. Learn-To-Skate Classes Start Jan. 10

The Quincy Recreation Department will conduct an eight-week program of ice skating lessons with two classes on Wednesday afternoons at the Quincy Youth Arena.

The program offers boys and girls age six through fourteen the opportunity to learn the fundamentals of skating in a low cost program with quality instruction.

Registration is ongoing. Online registration can



QUINCY SOPHOMORE Ryan Bergin charges hard for the puck in recent action.

Photo Courtesy QHS Hockey

of insurance goals with less than five minutes remaining. One of his goals came on a power play and gave the Presidents a 5-2 lead. Pembroke could not come back from that deficit.

"We stayed to our game plan," Walsh said. "We knew Pembroke had some kids who can lose their tempers and take penalties. We just wanted to stay disciplined, take pucks in deep, make their defense work and get as many shots as possible on net. Sure enough, we got some rebounds and plugged away. That's true tenacity and shows the hard work of the boys."

Offensively, the Presidents are lead by an experienced first line which features the likes of: AJ Currie, Jason Whalen and Daniel O'Leary, all of whom are juniors and experienced varsity players. O'Leary serves as the team's captain this season. The Presidents have built some depth for a Division 2 squad, skating three lines of forwards. The second and third lines are essentially comprised of sophomores.

"They're not putting up the big numbers on the scoreboard, but they're holding their own defensively," Walsh said. "That's good enough for now. They'll be getting points as time moves on."

On defense, the Presidents returned junior Griffin Lynch, who has been

one of the team's top assets since starting high school, and their lone senior, Ryan Larsen, as their top pairing. Both of them have excelled and the same could be said for sophomore alternate captain Brendan Bailey, who stepped up for Quincy last season as they battled for a playoff spot down the stretch.

Walsh said his team also receives valuable defensive contributions from a couple of players in the freshman class.

"That's pretty good," Walsh said. "They're more than holding their own. They're not just there. They're contributing."

Junior goaltender Dan Murphy has been sound in net for Quincy this season – hence why they had only allowed 14 goals through seven games this season.

Walsh said the way his team practices has been a major reason for the Presidents' success this season. This is because they focus on live drills and compete drills where players go full speed against one another.

"I'm not really an orange cone guy," he said. "It's all game situational stuff. I draw it up on the board. We go through the sequence of what we're going to work on and we just get to it and not waste a minute of practice. The kids have bought in and are willing to do anything we ask of them."



VOICE FOR HEALTH
by Dr. Gabrielle Freedman
Chiropractor

THE PREFERRED TREATMENT

Numerous studies have shown that chiropractic care safely and effectively treats musculoskeletal conditions such as neck pain, back pain, and sciatica. Recently, an examination of data involving patients with spinal, hip, or shoulder pain reveals why chiropractic may be perceived to provide better treatment for these conditions than traditional medical care. After four months, during which study participants were treated either by a medical doctor or a chiropractor, patients filled out a questionnaire. This survey revealed that those treated by a medical doctor experienced significantly less pain reduction than the chiropractic patients. They also were significantly less satisfied with the care they received and the outcome of that care, while patients treated by a

chiropractor paid significantly less for their care.

The spine is the window to your nerve system. When the spine is moving well, your nerve system will be healthier. To schedule an appointment for chiropractic care, please call **FAMILY PRACTICE OF CHIROPRACTIC** at 617-472-4220. Our family-oriented practice is located at 112 McGrath Hwy., Quincy. We accept most major insurance plans which included but not limited to Blue Cross Blue Shield, Harvard Pilgrim, Tufts, Mass Health Standard, Neighborhood Health Plan, Medicare, Network Health.

P.S. In the event that the chiropractor finds that a musculoskeletal condition would better respond to medical treatment, the appropriate referral would be made.

www.freedmanchiro.com

On Sunday, Dec. 31, 2017, at approximately 3:30 a.m., Officers Jeffrey Bossart and Bryan Donovan were dispatched to the area of 50 West Squantum St. on a report of a male hitting a female. The caller stated the couple were walking on West Squantum Street heading towards Wollaston Beach.

Upon arrival, the officers were unable to locate the couple so they headed to East Squantum Street to check the area and as they approached Appleton Street, they located a male and female arguing. The couple matched the description as given out by the dispatcher (all black clothing, wearing winter hats, holding white plastic bags) so the officers got out of their cruisers and separated the male and female.

Officer Bossart interviewed the female and learned the male is her fiancé and they have been dating for about one year. She admitted to having a verbal argument with him over "relationship stuff," adding they were yelling at each other but denied there was any physical contact. The female was very upset and angry as she frequently cursed the male during the interview. She said she gave the male her money to hold onto but he refused to return it.

Officer Bossart then interviewed the male, who admitted to arguing with the female but denied any physical contact with her. When told a citizen reported seeing him hit the female, the male adamantly denied this and said, "I don't beat women. I'm the guy that beats up the guys that hit women."

Officer Bossart then checked the criminal record of the male and learned that although there were no warrants, he did have three open cases, one of which was an arrest in Quincy for assault and battery on a family/household member where the same female was the victim. This case showed a guilty finding resulting in the male being placed on probation until February of 2019.

The officer then went to the witness's home and interviewed him. He said he was inside his apartment when he heard loud yelling and arguing out on the street. He looked out his window and observed a male and a female arguing with each other. He said he saw the male grab the female and the two began wrestling. He saw they were both holding white plastic bags. The male grabbed the bag the female was holding and ripped it from her hands, spilling the contents onto the street. He said the female attempted to flee but the male caught up to her which resulted in a wrestling match. He then saw the male punch the female, knocking her to the ground.

The male then stood over the female yelling at her. Eventually the female got up and the two continued walking on East Squantum Street arguing with each other. The witness then called the police. The witness was unsure if the male hit the female with his fist or with the bag he was holding but stated there was a "significant movement" followed by the female "yelp" as she fell to the ground.

Officer Bossart checked the area and found a ripped open

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

plastic Dunkin Donuts bag, a chocolate donut, gloves, a winter hat, and some prescription papers with the name of the male on them. The officer then walked across the street to where the witness stated the male had hit the female and found personal hygiene products on the ground. Upon returning to the couple's location, Officer Bossart gave the female her products and then placed the male under arrest.

As the male was being handcuffed, he immediately started yelling at the female for getting him arrested. Once the male was in the cruiser, the female began screaming and yelling, demanding the male return her money to him. The officers attempted to explain to the victim they had no way of proving who the money belonged to and what money found on the male would remain with him for now. The male started yelling at the female, claiming that he had a restraining order against her and she was in violation.

Officer Donovan checked with the dispatcher to see if there was an existing restraining order between the two of them but there wasn't. Officer Donovan transported the male to the station for booking and the female was given a ride to her residence. The officer noticed the female's pants were soaking wet and inquired how that happened. She responded, "Maybe I did fall on the ground while tussling with him," then refused to elaborate. She was offered assistance with obtaining a restraining order but she declined.

As Officer Donovan transported the male, the male repeatedly begged him to cut him a break and drop him off at different spots. Upon arriving at the station, the male began banging his head off the plexi-glass partition in the cruiser and had to be removed by several officers and brought into booking. Due to his volatile behavior, the male was brought straight to a cell where he continued to resist and be uncooperative. His outer clothing and jewelry were removed and he was placed in a cell.

The booking officer then began normal inventory procedures by documenting the male's belongings and property. He located two loose 8mg sublingual film Suboxone strips in the male's jacket and then turned these items over to Officer Bossart. The male had numerous prescriptions in his property but none were for Suboxone.

The male, a 29-year-old Melrose resident, was charged with assault and battery family/household member, subse-



LT. DAN MINTON

quent offense and Possession Class B - Suboxone. As Officer Bossart sat down to file his report, numerous officers were summoned to the male's cell block due to his yelling/screaming, punching and slamming his head off of the cell door numerous times. The male developed a large bump on his forehead from hitting his head off the door and was subsequently transported to Quincy Medical Center for medical attention. Nice Work!

If you are a victim of a scam and sent money via Western Union Western Union has since made a settlement with the FTC and here's how it works;

If you lost money to a scammer who had you pay using Western Union between January 1, 2004 and January 19, 2017, you can file a claim. You have until February 12, 2018, to file your claim.

You do not have to pay to get your money back. To file a claim, you have to give your Social Security number or Individual Taxpayer Identification Number (ITIN) on the claim form. No one will call you to ask for those numbers, or for your bank account or credit card number. Anyone who does is a scammer.

If you don't have either a Social Security number or an ITIN, check the box that says so. When asked for a reason, you can explain that you're not a U.S. citizen - or whatever other explanation applies.

The U.S. Department of Justice (DOJ) is managing the claims process through the company they hired, Gilardi & Co. Your claim will go to Gilardi, but start at FTC.gov/WU, which will link you to the claims website.

If you had reported your loss to Western Union, the FTC, or another government agency earlier, you might have gotten a pre-filled claim form in the mail. But even if you didn't, you can still file a claim.

To prove how much you lost, it helps to have documentation - like a receipt or transfer send form. If you don't have those, file anyway. Give as much information as you can about your wire transfer and the money you lost, including when and why you sent it. That will help DOJ validate your claim.

The FTC acknowledges that it's not that safe to send your Social Security number through the mail to someone you've never heard of. They recommend filing your claim online, starting at FTC.gov/WU. If you got a claim form in the mail from Gilardi and you want to return it by mail, the only address to send it to is:

United States v. The Western Union Company, PO Box 404027, Louisville, KY 40233-4027.

If you have power of attorney for someone, or you represent their estate, you can file a claim on their behalf.

How much money you get back depends on how many people file a claim, and how many claims DOJ can validate.

It might take a year for DOJ to process all the claims and send out checks.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Dec. 29 - Jan. 3

Calls: 1,049

Arrests: 16

Stolen Vehicles: 1

FRIDAY, DEC. 29

LARCENY, 9:45 a.m., Babcock St. Projection lights taken from yard.

VANDALISM/PROPERTY, 3:14 p.m., Swingle's Quarry, 169 Ricciuti Dr. To map board in big parking lot.

ASSAULT AND BATTERY, 4:50 p.m., Martensen St. Sunrise Scavenger trucks blocking road. Three males fighting, no weapons. Complaints for simple A&B.

ASSAULT AND BATTERY, 8:41 p.m., Burger King, 62 Granite St. Caller stating she needs police. She is an employee at Burger King, does not speak English. Another employee on scene is translating, states female is crying. Employee that was translating said caller would not tell her what was wrong, just said she needed police. Brewster requested and notified. Employee altercation. Complaint for A&B to be issued for male. Female waiting on transport home.

LARCENY, 9:52 p.m., Shaking Crab, 18 Cottage Ave. Wallet. Witness on scene. Restaurant has credit card info of possible suspect.

LARCENY, 10:28 p.m., Shabu Restaurant, 397 Hancock St. Backpack was stolen at 397 Hancock St. Caller says owner of restaurant has security footage of two people who walked out with backpack.

SATURDAY, DEC. 30

ASSAULT AND BATTERY, 1:19 a.m., Fr. Bill's Place, 38 Broad St. Occurred five minutes ago in the bathroom. Suspect is back in dorm area. No injuries. Past A&B. Peace restored.

BREAKING AND ENTERING IN PROGRESS, 1:15 p.m., Avalon Dr. Was trying to kick in door to break lock. Just left. Caller has no description of party. His lock is now broken and he cannot open door. Fire notified for entrance assistance. Management to burn a CD.

SUNDAY, DEC. 31

LARCENY, 12:25 p.m., 80 Clay St. Meds taken by a

male known to him. Complaint.

LARCENY, 4:14 p.m., Stop & Shop, 65 Newport Ave. Phone. Caller able to track phone using location services but it is tracking to an apartment building.

MONDAY, JAN. 1

BREAKING AND ENTERING IN PROGRESS, 1:42 a.m., Atlantic St. In the back of the house, male, he's screaming. Caller is in the front of her apartment. Unsure of where he is now. Now can hear him at the front door. Does not believe he lives in the building. One in custody. Arrest made for B&E nighttime; additional charges are malicious damage and resisting arrest.

VANDALISM/PROPERTY, 1:56 p.m., Rockland St. Broken windshield.

BREAKING AND ENTERING IN PROGRESS, 5:39 p.m., Lancaster St. Across from above three males. No other info. Call was a transfer from state; caller hung up. One party by window. Confused party.

TUESDAY, JAN. 2

ATTEMPTED BREAKING AND ENTERING, 1:08 p.m., Highland Ave. Party states she can see possible past attempts to gain entrance.

BREAKING AND ENTERING IN PROGRESS, 1:48 p.m., Williams St. Caller saw male look at house across the street from his house, then go upstairs and enter house. Male with backpack; states he doesn't look like homeowner. No breaking and entering in progress. It was the home owner on scene.

WEDNESDAY, JAN. 3

BREAKING AND ENTERING, 10:15 a.m., Martensen St. Left mailbox unlocked. Was referred to postal police but no crime has occurred at this point.

MOTOR VEHICLE LARCENY, 12:56 p.m., Hertz Local Rental Edition, 686 Southern Arty.

BREAKING AND ENTERING, 7:15 p.m., Windsor Rd. Caller was gone for several hours. Possible entered by the basement. No B&E. Fire was there earlier and made forced entry for alarms going off.

LARCENY, 8:49 p.m., Malden St. Pizza driver was never paid. Party will pay via phone.

LARCENY, 9:48 p.m., 91 Washington St. Cellphone.

Caller states incident is on surveillance.

ATTEMPTED BREAKING AND ENTERING, 10:31 p.m., 85 Water St. Molding around back shows signs of attempted entry. Wood was warped. Unfounded.

ATTEMPTED BREAKING AND ENTERING, 11:00 p.m., 112 Doane St. Front door lock is damaged. Nothing appears taken inside; she has a dog. Piece of door fell off. Door was never opened. Malfunction. Unfounded.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: 686 Southern Artery.

CAR BREAKS: 50 Adams Street, 400 block of Quincy Avenue, 1186 Sea Street

BREAKS AND ATTEMPTED BREAKS: Buckley Street, Martensen Street, Windsor Road

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentrement at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us -- Lt. Dan Minton

Entries in the Quincy Police Crime Prevention Journal are compiled and submitted by the Quincy Police Department.

They are published by The Quincy Sun as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

Young Talent Shining For North Quincy Boys Hockey

Cont'd From Page 18

make a mistake here and there, but they're ready to go back out there. What's good is they don't let it pester them."

Prior to that loss and when the weather allowed them ample ice time, the Red

Raiders had a particularly strong week over Christmas vacation. They had a tight 2-1 loss to the Quincy Presidents and picked up their first win of the season, 2-0, against Nantucket the following Saturday, Dec. 30. Freshman goaltender Asher Wines had a shutout in net

in the team's win over Nantucket.

"I thought we finally put a lot of things together," Gibbons reflected. "Looking back, we opened up the season well against Scituate and played well against Quincy. I think we played a similar game against Nan-

tucket which shows we know what to do. This time, we went back a little bit, but the younger guys are starting to chip in a little bit."

"I think that's the positive to take out of it," he added. "Now, we need to figure out how we can play like that against teams we think we should be able to beat. There's been a couple games that I thought we should've played better in, so we're trying to find consistency with that group. I think a lot of that has to do with having a ton of younger kids on the team. Some of the seniors and juniors had to jump into much bigger roles this year, so they had to make an ad-

justment."

The Raiders are fortunate that they also have a larger senior class featuring eight players including four captains, all of whom are experienced varsity players. The captains include: forward Connor Donaghey, defenseman Chris Donaghey, forward/defenseman John Norton and defenseman/forward Ethan Herman. Having those players around who have been on varsity for a few seasons means the team has some positive role models for its younger players.

"I think that's huge for us," Gibbons said. "Accountability is one of the

top things we preach. That's on the captains to lead that train. Those guys know things like being on time, prepared and ready to go is something I've preached to them and then they can get that across to the younger guys. It's not so much wins and losses. It's more being accountable and being ready to go whether it's getting your stuff done at school or getting your stuff done at hockey. You just want them doing the right thing."

LEARN-TO-SKATE CLASSES



BAY STATE SKATING SCHOOL

CHILDREN 4 - 18 As Featured on "Chronicle"

Non-Profit

QUINCY SHEA RINK

Sundays 11:00AM
Start January 14

WEYMOUTH CONNELL RINK

Sundays 5:00PM
Starts January 21

NEW
CLASSES

781-890-8480

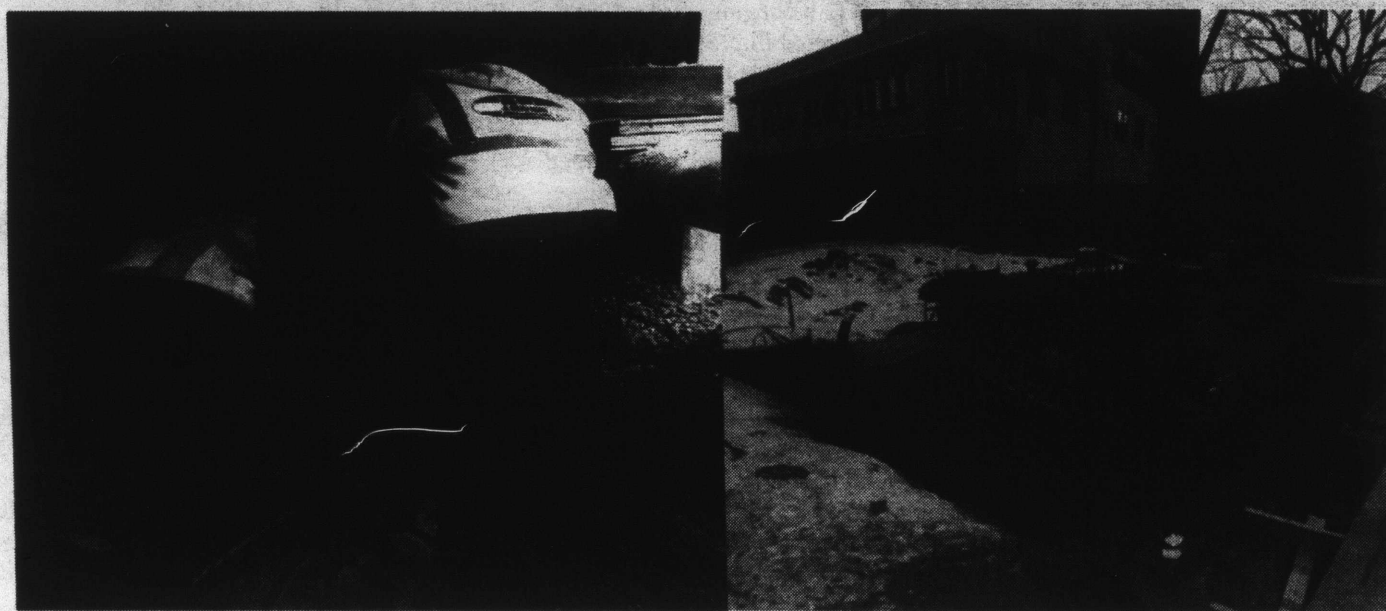
www.BayStateSkatingSchool.org

*No Additional
Registration Fee!



Hancock/Adams Green & Downtown Construction Activities

Proposed work activities for the week of: Jan 7th, 2018



- The contractor at 1500 Hancock Street will continue to form up the connection point at the upstream end of the culvert under Hancock Street. The contractor will also continue with the hand chipping of the granite wall at the connection point at the upstream end.
- Electrical and plumbing conduits will be installed within the Hancock/Adams Green Park site this week.
- The work that was supposed to take place this week at the corner of Granite and Parkingway has been put on hold due to the nature of the work and the ground being frozen.
- The contractor working at Clivedon Place continues to install windows and work on the interior utilities.

(The photo above left shows worker's meticulously chipping the granite foundation wall of the old culvert by hand as to not disturb the roadway or existing utilities. The photo above right shows workers in the background working on the rebar cage for the spigot fountain foundation. In the foreground you can see the gray supply piping which will provide water to the spigot fountain.)

To receive project updates, sign up for MyQ at
<https://www.quincyma.gov/mycity/> or follow
@CityofQuincy on Twitter.

Contact Tom Russo for construction question's at: 617-910-7847 or email at trusso@woodardcurran.com

ELEMENTARY LUNCH MENU

Monday, Jan. 15

MLK Day—
NO SCHOOL

Tuesday, Jan. 16

Early Release Day—
NO LUNCH SERVICE

Wednesday, Jan. 17

ITALIAN DELIGHT! WW Spaghetti & Beef Meatballs, WW Texas Garlic Toast, Steamed Green Beans, Seasonal Fruit.

Thursday, Jan. 18

HOME-STYLE KITCHEN- Popcorn Chicken, Mashed Potatoes, Roasted Broccoli, Seasonal Fruit.

Friday, Jan. 19

AMERICAN FARE: Beef Burger w/ Cheese On a WW Bun, Tater Tots, Three Bean Medley, Seasonal Fruit.

All above Entrée
Selections Include:
Vegetable Choice, Choice
of Fruit and Choice of Milk

SECONDARY LUNCH MENU

Monday, Jan. 15

MLK Day—
NO SCHOOL

Tuesday, Jan. 16

INDIAN SPICE: Tandoori Chicken Over Steamed Brown Rice, Steamed Carrots, Seasonal Fruit.

Wednesday, Jan. 17

ITALIAN DELIGHT- Beef/Chicken Meatballs on a WW Sub Roll, Steamed Green Beans, Seasonal Fruit.

Thursday, Jan. 18

AMERICAN KITCHEN- Roast Turkey, Mashed Potatoes, Steamed Peas, Seasonal Fruit.

Friday, Jan. 19

FIESTA FRIDAY: Burrito Bowl Mexican Seasoned Turkey or Chicken, Steamed Brown Rice, Salsa, Corn, Black Beans, Salsa, Shredded Cheese & Tortilla Chips, Seasonal Fruit.

All above Entrée
Selections Include:
Vegetable Choice, Choice
of Fruit and Choice of Milk

Bethany Congregational

Bethany Congregational Church, Quincy Center, will have Sunday Worship Service at 9:30 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "Are We Listening?" Please bring a food donation to help the ISS Food Pantry. Fellowship with light refreshments will follow the worship service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Missions and Growth Committee doing

various charity works.

The church office is open from 8:30 a.m. to noon-1:00 p.m. to 4:00 a.m. Please visit us at our Web Page: www.bethanyconchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

The church is wheelchair accessible.

Quincy Point Congregational

Rev. Ellen Tatreau will be the guest preacher at the 10 a.m. worship service Sunday at Quincy Point Congregational Church, 444 Washington St., Quincy.

The church will also celebrate Martin Luther King Day at the service. Rev. Tatreau will preach the sermon, "Those Who Dream."

The lay reader of the day will be Robert Romeri.

After worship all are welcome to the social hall on the lower level for coffee, light refreshments and a time of fellowship. Youth

Group also starts back for the new year at 11:30 a.m. with leader, Angelina De-Cristofaro.

On Jan. 21, at 3 p.m. QPCC will host the South Shore Children's Chorus as they present "A Winter Concert." Pre-ordered tickets are \$10 for an adult and \$7 for students/children. Door tickets are \$15 for an adult and \$10 for students/children.

Purchase pre-ordered tickets online at www.southshorechildrenschorus.org.

RELIGION

Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy starts at 10 a.m.

Pastor Steven Vandergrift will lead the service, give the children's message and preach a sermon entitled "Discerning God's Call." Taylor and Jeff Craig will serve for the Diaconate.

A fellowship coffee hour follows the service hosted by

Nancy Jacobs.

Each Sunday in January the church is running "The Big Foot Sock Collection." All donated brand new socks for all ages will be given to ISS (Interfaith Social Services).

Yoga continues on Thursdays at 7 p.m. January through March and Saturday Jan. 13th and 20th only with Amy Ross leader.

Beth Shalom/Blue Hills Brunch Jan. 21

Congregation Beth Shalom of the Blue Hills continues its Sunday Brunch Speaker Series on Sunday, Jan. 21 with guest speaker Brian Shactman, morning television news anchor on NBC Boston and New England Cable News. His topic will be "Separating Fact from Fiction in the News."

Shactman joined NBC Boston and NECN in 2014. Previously he had been at MSNBC as host of "Way Too Early." Before that he had been with CNBC since

2007 as a general assignment reporter and fill-in anchor, where he covered a range of stories, including the BP oil spill, the fall of Bear Stearns, the final space shuttle launch, and hurricanes Isaac and Sandy.

Shactman was nominated for an Emmy Award for his coverage of the oil boom in North Dakota, and his work has appeared on NBC Nightly News and The Today Show. He has also done sports reporting on NBC Sports Network and ESPN.

OBITUARY

Libbie Krasoff, 93

Funeral services for Libbie (Adler) Krasoff, 93, of Quincy were held at 2 p.m. Wednesday in Stanetsky Memorial Chapel, Canton.

Mrs. Krasoff died Jan. 4.

Wife of the late Morton Krasoff, she was sister to Adele Berit and Frances Shulrif and Simon (deceased), Milton and A. Samuel Adler and Faye Weir.

Known for her keen wit and wry sense of humor, Mrs. Krasoff was rarely without her red clown nose, which she often used to lighten a moment or to make people laugh. She was a devotee of

classical music and had the uncanny ability to hear a tune and then play it on the piano.

Active in her community, Mrs. Krasoff was a volunteer for many years with the literacy program at the Wollaston Branch Library. She is lovingly remembered by numerous nieces, nephews, grandchildren, and grand-nephews.

Interment at Sharon Memorial Park.

Memorial donations may be made to Ahavath Torah Congregation in Stoughton, or to Peninsula Sinai Congregation in Foster City, CA.

He is a Beth Shalom/Blue Hills member and lives with his family in Braintree.

Congregation Beth Shalom of the Blue Hills invites the public to its Brunch Speaker Series which begins at 10:15 a.m., with the speaker starting at approximately 11 a.m. A \$5 donation for the brunch portion is requested to defray food costs, and a call or email to the congregation office is requested for planning. The speaker portion can be at-

tended for free.

The synagogue is at 18 Shoolman Way (off Lodge Street) in Milton. Parking is limited and suggested for handicapped and elderly, with overflow parking on Pleasant St. There is **no parking** on Lodge or Maitland Streets. For more information, please call 617-698-3394, email office@BethShalomBlueHills.org, or visit www.BethShalomBlueHills.org.

Catholic St. Mary's Church 95 Crescent St., Quincy • 617-773-0120 <i>Masses</i> Saturday, 4pm, Sunday 8 & 10:30am Tuesday/Thursday 9am Handicapped Accessible New Members Welcome!
ST. AGATHA CHURCH MILTON-QUINCY 432 Adams Street Milton, MA 02186 • 617-698-2439 <i>Schedule of Masses:</i> Saturday: 8:00AM and 4:30PM Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM Weekday Masses: 7:00 & 9:00AM Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned
St. John The Baptist ROMAN CATHOLIC CHURCH 44 School St., Quincy 617-773-1021 Weekend Mass Schedule Saturday, 4:00 PM Sunday, 8:30 AM & 11:00 AM Sunday night, 5:00 PM Weekday Masses Monday - Saturday 8:00 AM Confessions Wed. 8:30 - 9:00 AM Sat. 2:30 - 3:30 PM Handicapped Accessible
Saint Ann's Church 757 Hancock St., Wollaston 617-479-5400 Mass Schedule: Sat. 4:00 PM / Sun. 9, 11 AM Daily Mass: Wednesday and Friday, 9 AM Confessions: Saturday 3-3:30PM Handicapped Accessible via Elevator

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic Sacred Heart Church <i>"A Roman Catholic Community walking together in Faith, Worship, Education and Service"</i> 386 Hancock St., North Quincy, MA 02171 (617) 328-8666 Sunday Masses 4 pm (Saturday) 7:30 & 10:00 am and 6:00 pm Weekday Masses Monday - Friday 7 am Monday & Saturday 9 am Handicapped Accessible Confessions Sat. 3-3:45pm in Saint Joseph Oratory
St. Joseph's Church 550 Washington Street Quincy, MA 02169 617-472-6321 SUNDAY MASSES: 4 p.m. (On Saturday) 8:30 a.m. and 10:30 a.m. Weekday Masses 9am CONFESSIONS: Saturday, 3:00-3:30 pm Handicapped accessible & Handicapped parking, side entrance air conditioned
Holy Trinity Parish <i>Come and Worship!</i> Most Blessed Sacrament Church 1031 Sea St. WEEKDAY MASSES 9:00AM Tuesday and Thursday WEEKEND MASSES 4:30 PM Saturday and 8:30 AM Sunday Our Lady of Good Counsel Church 237 Sea St. WEEKDAY MASSES 9:00AM Monday and Wednesday WEEKEND MASSES 6:00PM Saturday and 10:30 AM Sunday CONFESSIONS: 3- 4PM Saturday Rev. Martin Dzengeleski- Pastor Phone: 617-479-9200 EMAIL: holytrinityquincyma@gmail.com VISIT: www.holytrinityquincy.com

Congregational HOUGH'S NECK CONGREGATIONAL CHURCH 310 Manet Avenue 617-479-8778 www.hncong.org Sunday Worship Service at 10 a.m. Pastor Vandergrift will lead the service, give the children's message, and preach his sermon "Discerning God's Call" <i>All are welcome to attend</i>
BETHANY CONGREGATIONAL CHURCH Spear & Coddington Streets Quincy Center, 617-479-7300 www.bethanyconchurch.org Sunday Worship Service at 9:30AM The Rev. Peter M. Preble will conduct the service & preach the sermon "Are We Listening?" ALL ARE WELCOME! <i>Fellowship Time following Service</i> <i>The church is wheelchair accessible</i>
QUINCY POINT CONGREGATIONAL 444 Washington St. • 617-773-6424 Worship and Church School 10 am Rev. Dr. Stan Duncan, Interim Pastor Peter Johnston, Interim Associate Pastor Rachel Hallenbeck, Music Director email: office@quincypointcong.org

Congregational Wollaston Congregational Church United Church of Christ 48 Winthrop Avenue Quincy, Massachusetts Worship and Sunday School at 10 a.m. Elizabeth J. Williams Pastor 617-773-7432 www.wollastonucc.com Unitarian Universalist United First Parish Church <i>A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.</i> Worship Service, Church School & Childcare: Sundays at 10:30 AM Followed by Fellowship & Refreshments Rev. Rebecca Froom 1306 Hancock St., Quincy www.ufpc.org
Church of Christ CHURCH OF CHRIST IN MILTON 330 Edge Hill Rd., Milton, MA 02186 • 617-274-2409 www.churchofchristinmilton.org Maurice Davis, Minister SUNDAY WORSHIP 8AM, 11AM and 6PM Sunday Bible Study 9:45AM Tuesday Bible Study 11:00AM Wednesday Bible Study 7:00PM 3rd Friday - Couples 7:30PM 4th Friday - Youth 7:30PM

Christian Science First Church of Christ, Scientist 1460 Hancock Street, Quincy 617-472-7099 Sunday Services and Sunday School 10:30 a.m. Wednesday Evening Meetings - where testimonies of healing are shared 7:30 p.m. ALL ARE WELCOME!
Nazarene Wollaston Church of the Nazarene <i>Come Join Us For Sunday Worship!</i> 8:00 AM Worship Service (Holy Communion & Liturgy) 9:00 & 11:15 AM Weekly Small Groups 10:00 AM Worship Service Stephen "Stretch" Dean, Lead Pastor Andrea Savatelli, Youth Pastor Bev Krutner, Children's Pastor Don Reed, Visitation Pastor 37 E. Elm Ave., Wollaston 617.472.5669 email: office@wconaz.org www.wollastonnazarene.org
Methodist QUINCY COMMUNITY UNITED METHODIST CHURCH 40 Beale St., Wollaston 617-773-3319 10:30 AM Sunday Worship Rev. Rebecca E. Baumann
Salvationist THE SALVATION ARMY 6 Baxter St., Quincy • 617-472-2345 9:45AM CHRISTIAN EDUCATION 11AM WORSHIP SERVICE BRASS BAND MUSIC NOON THURS. WOMEN'S FELLOWSHIP 6:30PM WEDS. BIBLE STUDY

HOPE PEACE

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Deborah J. Burton, 63

Funeral services for Deborah J. "Debbie" (Ryan) Burton, age 63, of Weymouth, formerly of Brockton and Quincy, were held Jan. 6 in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. Burton died peacefully Jan. 1 at South Shore Hospital.

She was born in Quincy to the late Richard M. and Barbara J. (MacDougall) Ryan. She was a graduate of Quincy High School, Class of 1972, and had lived in Weymouth for eighteen years, previously in Brockton and Quincy.

Mrs. Burton was a former employee of the Boston Mutual Insurance Company. She enjoyed family vacations and gatherings at Lake Winnepesaukee in New Hampshire and also winters in Florida with family and friends. She was dedicated to her family and especially to her children and cherished granddaughters, actively supporting all their



DEBORAH J. BURTON

activities and accomplishments.

Beloved mother of Kristin J. McAdam of Weymouth, Robert N. Burton, Jr. and his wife Michelle of Easton. Devoted grandmother of Ryann and Reese. Dear sister of Janice R. Blackwell of Florida, Richard W. Ryan and his wife Kathy of Weymouth. Also survived by many nieces and nephews, loving family members and friends.

Interment at Blue Hill Cemetery, Braintree.

Cynthia A. Baker, 81

Memorial services for Cynthia A. Baker, 81, of Quincy will be held at a later date.

Mrs. Baker died Dec. 31. Beloved husband of the late Robert Baker. Devoted mother of the late Richard and Ronald Baker. Cynthia is survived by her son Mark Bander of Nashua, New Hampshire, her grandchildren William and John

Bander, Jason Baker, Steven Baker, Michael Baker and great grandmother of Cecilia Baker and Jonas Baker. Loving sister of Janet Hoffman of North Attleboro. Caring aunt of Lindsey Hoffman and Charlene Carroll. Mother-in-law of Donna Baker and Sue Rae Baker.

Funeral arrangements by Deware Funeral Home, 576 Hancock St., Quincy.

Lois A. Ford, 68

Funeral services for Lois A. (Amendolare) Ford, age 68, of Quincy were held Monday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

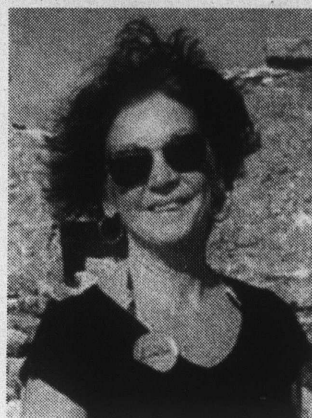
Mrs. Ford died peacefully Jan. 1 at the Brigham and Women's Hospital in Boston.

She was born in Boston to the late Ornofio and Kathryn (Crossen) Amendolare. Mrs. Ford was raised in Dorchester and was a graduate of Milton High School. She was also a graduate of UMass Boston and later earned her Master's degree in communication from Boston University. She had lived in Quincy for thirty years, returning three years ago after living in Montana for ten years.

She had worked in human resources in the biotech industry for many years.

Mrs. Ford enjoyed golfing and walking along the beach. She was dedicated to her family, especially to her cherished grandchildren, actively supporting all their activities and accomplishments.

Devoted mother of Greg-



LOIS A. FORD

ory D. Berger and his wife Cynthia of Melrose and Jennifer L. Russell of Marshfield. Loving grandmother of Gabriela, Lucas, Jay, Nathan, Zachary and Drew. Dear sister of Elaine Cravenho of Kingston, Karen Shea of Florida, Leo Amendolare of Washington, Lucille Brogna of Duxbury, James Amendolare of Hull, Lynne Nardella of Salem, Thomas Amendolare of Plymouth, John Amendolare of Pembroke and the late Joan Conway. Also survived by many nieces and nephews.

Memorial donations may be made to the Juvenile Diabetes Research Foundation, 60 Walnut Rd., Weston, MA 02493.

Anderson M. Rearick, Jr.

Funeral services for Anderson Malvin Rearick, Jr., formerly of Quincy, were held at the Church of the Nazarene in Haverhill.

Mr. Rearick died Jan. 1.

He was born and raised in Pittsburgh, PA. He graduated from Lebanon High School and then attended Wheaton College in Illinois (Class of 1949). While at Wheaton, he committed his life to follow Jesus. From 1950 to 1954 he served in the United States Navy as a naval aviator, leaving at the rank of lieutenant.

On June 6, 1953, Mr. Rearick married the love of his life, Annie Thompson Cubie. From 1954 to 1978 he served as a special agent in the FBI and retired in March 1978.

He entered the pastoral ministry in 1975. Mr. Rearick served the East Rockaway Church of the Nazarene as associate pastor for two years before becoming the senior pastor of the Massapequa Park Church of

the Nazarene until 1991. He finished his working career as the director of safety, security and risk Management at Eastern Nazarene College from 1991 to 2001.

He is survived by his beloved wife of 64 years, Ann Cubie Rearick and his dear sister, Mary Barnes. He is also survived by his children, Anderson M. Rearick III (Tad), Deborah Rearick Schuler, Mary Rearick Paul and James Cubie Rearick. He was also the loving father-in-law of Loretta Rearick, Alan Schuler, Bruce Paul and Cynthia Rearick and doting grandfather of Tiffany Syfert, Jordan Rearick, Wesley Anderson Paul, Anderson M. Rearick IV, Kayla Kish, Jonathan James Rearick, Laura Rearick, Madison Rearick.

Arrangements by Paul C. Rogers Family Funeral Home, Haverhill.

Memorial donations may be made to the Rearick Scholarship at Eastern Nazarene College.

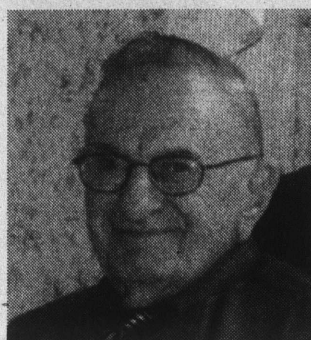
Charles G. Smith, 90

A funeral Mass for Charles G. Smith, age 90, of Braintree, formerly of North Quincy, was celebrated Wednesday in Sacred Heart Church, Quincy.

Mr. Smith died Jan. 6 after a period of declining health.

Beloved husband of 63 years of Barbara A. (Lawton) Smith. Loving father of Janet MacDonald and her husband Ron of Quincy, Richard J. Smith and his wife Linda of Braintree, and Paul M. Smith and his wife Debra of Quincy. In Heaven he joins his late siblings Mary Davis, Ann Scott, Ellen Richardson, and James, Gerard, Rev. Richard, and Paul Smith. Loving grandfather to Patrick, Jason, Paul and Caitlin Smith and Jaclyn Ricardelli. Great-grandfather to Nora, Tobyn and Brody Smith and Reilly Gavin. Son of the late Anna (Buckley) Smith and James Smith. He also leaves behind many nieces, nephews, cousins, and friends.

Mr. Smith graduated from Mechanic Arts High School in 1944 and attended Northeastern University. He was past president and owner of Stearns, Perry & Smith Co., for over 70 years. A master electrician, he was a member of IBEW, Local 103. Mr. Smith was active in Sacred Heart Parish. He was a cub master, a member of the Knights of Columbus, and an



CHARLES G. SMITH

electrical advisor for Quincy Vo Tech. He was also the treasurer of Squantum Yacht Club for 30 years.

Mr. Smith knew the directions to anyplace you needed to go. He loved people and seemed to know everybody. He loved going on cruises with Barbara and when home, sitting in his chair, reading. Mr. Smith loved to have fun with his family and working at the family business. The family would like to thank the compassionate associates at Sunrise Assisted Living, who took such great care of him. He will be missed by all who had the pleasure of knowing him.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Perkins School for the Blind, 175 North Beacon St., Watertown, MA 02472.

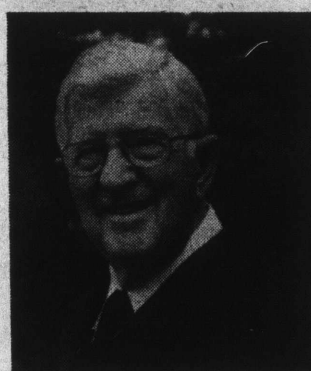
Kenneth F. Johnson, Sr., 90

A funeral service for Kenneth F. Johnson Sr., 90, of Quincy was held Monday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Johnson died peacefully surrounded by his loving family on Jan. 2.

He is survived by his wife Mildred "Millie" of 63 years. Loving father to Diane Johnson of Marshfield, Cynthia "Cindy" Murray and her husband Mark of Hudson, NH, Kenneth Johnson Jr. and his wife Mary of Hull. He is also survived by his six grandchildren, Kristen (Kennedy) Delcourt and her husband Eric, Thomas Kennedy and his wife Corey, Kaitlin (Murray) Kennedy and her husband Cody, Steven Murray, Kristofor Johnson and Kelly Johnson. He is also survived by his brother-in-law and best friend William Horner and his wife Pauline, and many nieces and nephews. He was predeceased by his parents Albin R. and Ruth (Buckley) Johnson and by his brothers Albin, Donald, and Robert Johnson.

Mr. Johnson proudly served in World War II with the United States Coast Guard. He was a member of the Delta Masonic Lodge of Braintree, where he served



KENNETH F. JOHNSON, Sr.

in many positions, including master and secretary. He was the former owner of the Standard Publishing Corporation of Boston.

Mr. Johnson was an avid reader, he loved watching sports and he loved to drive, especially in his Mini Cooper. He loved to sail. Mr. Johnson enjoyed spending time with his adoring wife, family and friends in Squantum. He cherished the many friendships that he had made at Hancock Park during his daily visits to see Millie. Mr. Johnson lived and loved life to the fullest and will be missed dearly by everyone.

Memorial donations may be made to: Hancock Park Rehab and Nursing Home - Activities Fund 4th floor, 164 Parkway, Quincy, MA 02169.

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A Service Family Affiliate of AFS and Service Corporation International, 206 Winter Street, Fall River, MA 02720. (508) 676-2454.

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Barbara H. Page, 93

A funeral Mass for Barbara H. (Sullivan) Page, 93, of Quincy, daughter of the late Florence and Margaret (Kane) Sullivan of Randolph, was celebrated Jan. 6 in St. Joseph's Church, Quincy.

Mrs. Page died peacefully Dec. 30.

She was born, raised and educated in Randolph, where she remained until she met and married George "Pagie" Page of Quincy. For the past 45 years, Mrs. Page lived in Quincy, but a piece of her heart always remained in Randolph where many of her neighbors growing up were not only friends, but relatives. She began her career working as a clerk at Randolph Town Hall and later became a bookkeeper at the Wynot, Ricky Smith and Damon Pontiac car dealerships.

Mrs. Page was an active parishioner of St. Joseph's Church in Quincy, participating in Charismatic, joining the Ladies Solidarity and attended church every morning once she retired from work. Her greatest pride in being a member of St. Joseph's was joining the choir because she loved music and singing.

Her greatest love in life was her family. Mrs. Page loved her 8 brothers and sisters and their children with all her heart. She loved to dance, sing, laugh and be surrounded by her family.

Mary E. Steinkrauss

A funeral Mass for Mary Edith Steinkrauss was celebrated Jan. 5 in St. Thomas More Church, Braintree.

Ms. Steinkrauss died peacefully Jan. 1.

Born on August 14, 1923 to Antoinette M. (Ronca) and Albert W. Steinkrauss in Cambridge, she was the older sister of the late Francis John Steinkrauss, formerly of Weymouth and Theresa Gertrude Mikkola, formerly of Idaho Falls, ID. She was the loving aunt of Neal Francis Steinkrauss and his wife Antoinette of Weymouth, David Paul Steinkrauss of Middleboro and his late wife Ann Marie, Phillip Joseph Steinkrauss and his wife Denise of Weymouth, the late Richard Albert Steinkrauss of Weymouth, the late Andrew Mikkola of Idaho Falls and the late Frederick Mikkola of Westminster, CO, and many great and grand nieces and nephews.

Ms. Steinkrauss was a longtime resident of Quincy. She worked at Quincy City Hospital for forty years and spent twenty-five years employed at St. John the Baptist Church. After her retirement, Ms. Steinkrauss assisted in the office of St. Joseph's Church in Quincy Point. A devout Catholic,



BARBARA H. PAGE

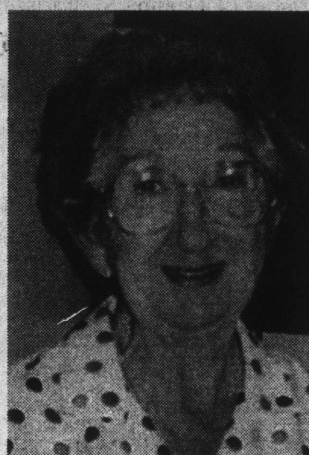
She was a gentle soul and had a kind and generous heart. She always had an ear to listen for anyone who needed it.

Mrs. Page was the loving mother of Jill Page of Hull and her spouse Patricia Cormier. She was a dear sister of the late Joseph, Mary, Grace, Margaret, Ann, Therese, John and Edward Sullivan; she is survived by her sisters-in-law, Ruth Sullivan, Alice (Page) Mason, and Gerry (Katherine Sarno) Page, as well as many beloved nieces and nephews.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to the American Diabetes Assoc. 260 Cochituate Rd./#200, Framingham, MA 01701 diabetes.org.



MARY E. STEINKRAUSS she was associated with the Sisters of the Cenacle in Brighton for many years, devoting much time in helping them with their work.

In her younger years, Ms. Steinkrauss was an avid painter and delighted in taking photos of her family and friends. She loved cats, reading and crocheting. Ms. Steinkrauss spent the last four years of her life at the John Scott Nursing Home in Braintree where she received excellent care from dedicated nurses and aides. The family is extremely grateful for their devotion to Ms. Steinkrauss.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Annette Mariani, 80

A memorial Mass for Annette DiGiusto Mariani, age 80, of Weymouth, was celebrated Jan. 5 in St. John the Baptist Church, Quincy.

Mrs. Mariani died peacefully at the Pat Roche Hospice House in Hingham, surrounded by her family on Dec. 28.

She now joins her beloved husband Steve who recently passed in April. Born in Quincy on March 31, 1937, she was the daughter of the late Frank and Irma (DelGreco) DiGiusto.

Mrs. Mariani was a graduate of Quincy High School. She was employed by John Hancock in Boston before marrying Steve and moving to Braintree to raise their family.

Mrs. Mariani really enjoyed watching all sports. She was an avid Patriots and Red Sox fan. She also enjoyed watching golf on TV and bowled in a candlepin league for many years. There was no escaping sports having been married to Steve for 58 Years!

She was very crafty and artistic with floral arranging and decorating for the holidays.

Back in the day you could always find Mrs. Mariani on the beach but more recently she loved spending time by the pool and gathering for Sunday family dinners or cookouts. Most of all she loved spending time with family, especially her grandsons who she loved dearly and was so proud of. They were the light of her life.

Mrs. Mariani was the



ANNETTE MARIANI

cherished wife of the late Robert "Steve" Mariani. She is survived by a daughter, Debbie Setterlund and her husband Roy of Orleans; a son, Robert Mariani and his wife Karen (McKeon) of Weymouth; three grandchildren, Matthew Mariani and his wife Juliann, Tyler Setterlund and Nicholas Mariani; two great grandchildren, Dominic and Maverick; two brothers, Robert DiGiusto of Pembroke and his late wife Pat and Richard DiGiusto and his wife Ann of Braintree. She was also grandmother of the late Derek Setterlund.

Funeral arrangements were made by Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Private interment at a later date.

Memorial donations may be made to the Pat Roche Hospice Home, NVNA and Hospice, 120 Longwater Drive, Norwell, MA 02061. Online donations may be made at nvna.org and designated to the Pat Roche Hospice Home.

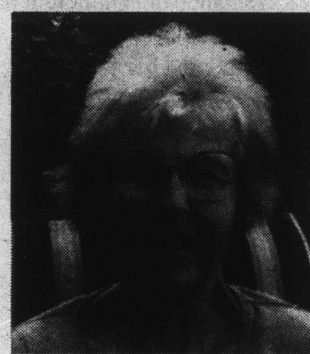
Margaret Berberan, 86

A funeral Mass for Margaret "Peg" (McDermott) Berberan, 86, of Quincy will be celebrated at 9 a.m. Thursday in St. Ann's Church, Quincy.

Mrs. Berberan died Jan. 6 surrounded by family.

She was born and raised in Milton. She graduated from Milton High School, Class of 1948. She was employed as an office clerk at Procter & Gamble in Quincy, where she met her future husband, Bill. After they married Mrs. Berberan left work to raise her family. Years later she returned to the Personnel Department at Procter & Gamble, where both she and her husband worked until retirement. She enjoyed winters in FL, traveling, and especially spending time with her family and friends. Mrs. Berberan will be remembered for her warmth, wisdom and wit.

Beloved wife of the late William R. Berberan. Loving mother of Peter R. Berberan and his wife Norma of CA, William F. Berberan and his wife Julie of Quincy,



MARGARET BERBERAN

Jo-Anne Berberan of Quincy, and the late Nancy A. Callahan. Sister of Patricia M. Lee of Randolph, and the late John E. McDermott. Also survived by 7 grandchildren, 8 great-grandchildren, and many nieces and nephews.

Visiting hours were 3 to 7 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held there at 8:15 a.m. Thursday.

Interment at Milton Cemetery.

Memorial donations may be made to the Joslin Diabetes Center, 1 Joslin Place, Boston, MA 02215.

Stephen M. Carousso

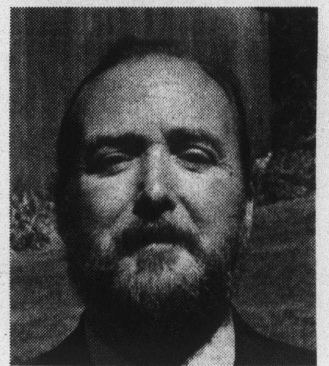
A funeral service for Stephen M. "Steve" Carousso of Quincy was held Monday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Carousso died Jan. 1.

He was born and raised in Queens, New York and eventually moved to Quincy where he had been a long-time resident. He earned his master's degree at City College of New York. He worked as an electrical engineer at Draper Laboratory, and prior to that for many years at Carl Zeiss. He was also the former co-owner of Stambry's in Quincy.

Mr. Carousso enjoyed fishing at Pemberton Pier, astronomy, building and operating ham radios and tinkering with electronic gadgets. He was an easy-going man who was loving and caring to his family. He will be sadly missed by all who had the pleasure of knowing him.

Beloved son to Neil and



STEPHEN M. CAROUSSO

Margaret Carousso of New York and cherished father to Miranda Carousso and Corey Carousso, both of Quincy. He is also survived by his wife, Pamela Tand-Carousso and his brothers Neil G. Carousso (wife Rosemarie) and Paul Carousso (wife Christina), and sister Maryann Carousso. Former husband to Carlene Carousso of Quincy. Stepfather to Amber Tand of FL. Also survived by many nieces and nephews.

Mary E. McElman, 80

A funeral service for Mary E. (Olson) McElman, 80, of Quincy will be celebrated at 11 a.m. Friday in the Lydon Chapel for Funerals, 644 Hancock St., Quincy.

Mrs. McElman passed away on Sunday.

Loving wife of 58 years to the late Keith H. McElman of Quincy. Dedicated mother of Keith W. McElman of Halifax, Cheryl A. McElman of Quincy, Robert D. McElman of Brockton and the late Scott E. McElman. Sister of Shirley Olson of Quincy, and Emily McAuley of Lake Worth, FL. Devoted Grandmother of William, Christopher, Alexander, Ryan, Shawna, Robby, Andrew and Hannah. Also survived by one great-grandchild and many nieces and nephews.

Mrs. McElman was a licensed practical nurse (LPN) for many years. She enjoyed entertaining her family and friends at her swimming



MARY E. MCELMAN

pool. Mrs. McElman was also a self-taught cake decorator who created beautiful cakes on many occasions for her family and friends. She will always be remembered for her loving care and devotion to everyone.

Interment at Blue Hill Cemetery, Braintree.

Visiting hours are 4 to 7 p.m. Thursday in the funeral home.

Memorial donations may be made to the American Heart Association, 300 5th Avenue, Suite 6 Waltham, MA 02451-8750.

Bradford B. Norris

A funeral Mass for Bradford B. Norris of Quincy will be celebrated at 10 a.m. Saturday in St. Agatha Church, Milton.

Mr. Norris died Jan. 2.

He grew up in Hyde Park, moved to Dorchester and then moved to Quincy in 1975. He was a proud veteran of the United States Navy, serving in the Korean War. Mr. Norris worked for many years at the Boston Naval Shipyard as a machinist. He was a member of the American Legion. He will be sadly missed, but never forgotten.

Beloved husband to the late Dorothy T. Norris (Lee). Cherished brother to the late Marjorie Norris. Loving Godfather of Maureen Howe of Dorchester. Also survived by many nieces and nephews.

A heartfelt special thanks

to his wonderful neighbors, especially his dear friends Norma Rodberg and Peter and Nancy Mullen. Thanks to the wonderful staff at the Brigham and Women's Hospital for their support and compassion during Mr. Norris' difficult times. Special thanks to all the nursing staff from the Rehab's 4th floor at Marion Manor and a special thanks to Nurse Lucas Nunes for his wonderful compassion to Mr. Norris.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Lewey Body Dementia Association, 309 Waverly Oaks Road, Waltham, MA 02452.

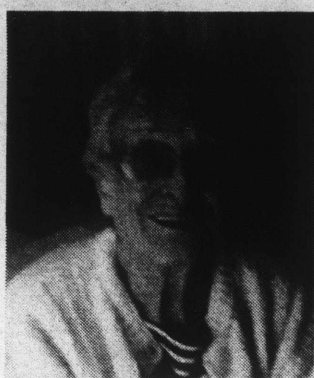
OBITUARIES

Helen T. Davey, 86

A funeral Mass for Helen T. (Morrissey) Davey, 86, of Quincy, formerly of Dorchester, was celebrated Jan. 5 in Sacred Heart Church, Quincy.

Mrs. Davey died Dec. 29 after a brief illness.

The beloved wife of 60 years to the late Francis C.



HELEN T. DAVEY

Davey. Loving mother of Lorne Davey and his wife Linda of MI and Brian Davey and his wife Sandra of Hanover. Cherished grandmother of Krystal Davey of Quincy, Amanda Vandergrieff of MI, Rachel Ring of Rockland, Benjamin Davey of Hanover and Lorne Davey, Jr. of MI. Sister of Bertha McKenna of Quincy, Gordon Morrissey of Braintree, Jean Ward of Quincy and the late Lillian Taglieri. She is also survived by 12 great grandchildren and she leaves behind her beloved cat Bebe.

Mrs. Davey enjoyed crocheting in her free time. She will be remembered as a kind lady who was devoted to her family. She will be sadly missed by all those who knew her.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Cedar Grove Cemetery, Boston.

Memorial donations may be made to American Lung Assoc. in MA, 1661 Worcester Rd., Suite 301, Framingham, MA 01701.

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Pages 21-23
and online
at:
thequincysun.
com**

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z17-118

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, January 23, 2018 at 7:15 pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Lenny Chen for a Special Permit/Variance/Finding to change the use from three commercial units to two, 2-bedroom units and one commercial retail unit in violation of Title 17 as amended Chapter 4.1 (dimensional requirements), Chapter 4.1.2.2 & 9.4 (special permit, mixed use), Chapter 3.4.2 (nonconforming use) and Chapter 5.1.4 (parking setbacks) on the premises numbered 657 ADAMS STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/4/18, 1/11/18

Maurice R. Dumas, 84

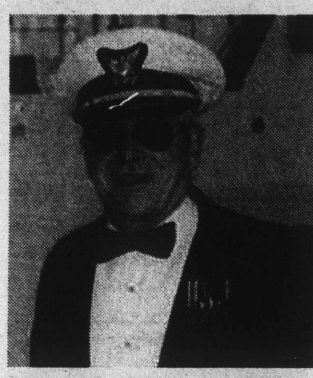
Funeral services for Maurice R. "Maury" Dumas, 84, of Quincy, will be held at noon Friday in Nickerson-Bourne Funeral Home, Bourne.

Mr. Dumas died Jan. 4.

Born Jan. 18, 1933, in Malone, New York, to Evelyn R. Dumas and Maurice V. Dumas. Captain and 33-year veteran of the Navy and U.S. Coast Guard his duty stations included Morocco, Boston, Washington, D.C., Alameda, CA, New Orleans, and Governors Island, N.Y., and service on icebreakers, USCGC Evergreen, Castle Rock, and Edisto. Mr. Dumas was chairman emeritus of the Brighton Marine Health Center, which provides health services to those who served.

His passion, however, was automobile racing. In a career that started in 1957, he started at over 100 tracks across the country and around the globe including Oxford Plains, West Capitol Speedway and the Norwood Arena. His first love in racing were the Mighty Midgits where he closed his career as starter for the New England Midget Association alongside his oldest son in 1993.

Mr. Dumas is survived by his beloved wife of 63 years, Jeanne, and his children, Marie (John Felicetti) of New Rochelle, NY, Steven



MAURICE R. DUMAS

(Carol) of Quincy, Amy of Bridgewater, Jennifer of Assonet, Janine (Paul) Donovan of Falmouth; John (Jennifer) of Brockton; and will be lovingly remembered by his 8 grandchildren, Sarah, Michelle, Amanda, Evan, Jakob, Jack, Julianna, and Max. He is survived by his brother Andre (Sandra) Dumas of Ballston Spa and sister-in-law Eileen Dumas. He was also brother to the late Robert Dumas. Mr. Dumas will be remembered fondly by numerous nieces, nephews, friends and racing associates.

Visiting hours are 4 to 7 p.m. Thursday in the funeral home.

Interment at Massachusetts National Cemetery, Bourne. Reception following at Brookside Club, Bourne.

Memorial donations may be made to the Crystal Springs Home, Attn: Lucy Pacheco, PO Box 372, Assonet, MA 02702.

Dorothy E. Devine, 96

A funeral service for Dorothy E. (Minchin) Devine, 96, of Quincy, originally from Milton, was held Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Devine died Jan. 3.

She adored her family and loved being "Nana" to two grandchildren and sharing a special bond. She enjoyed line dancing, reading, listening to old tunes and sing-alongs, yoga class at the Kennedy Center, and spending the winters in Fort Lauderdale, FL with her husband.

Mrs. Devine worked as a secretary at the Woodward School for Girls and then other secretarial jobs in Boston

before retiring. She was helpful, generous, and would do anything for her family. She will be greatly missed by all who knew her.

Beloved wife of 69 years to Donald Devine of Quincy. Loving mother of David Devine and his wife Kelly of Hull and Joan Devine Rodeck and her husband Thomas of Quincy. Cherished "Nana" of Danielle and Stephen Rodeck.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to American Cancer Society, 30 Speen St., Framingham, MA 01701.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z17-119

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, January 23, 2018 at 7:15 pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Michael Grehan for a Special Permit/Variance/Flood Plain to demolish the existing structure and construct a new 3-unit residential structure in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), Chapter 8.0 (flood plain overlay district) and Chapter 5.1 (parking) on the premises numbered 713 SEA STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/4/18, 1/11/18

James C. Gaziano, 91

Funeral services for James C. Gaziano, age 91, of North Weymouth, formerly of Quincy, were private.

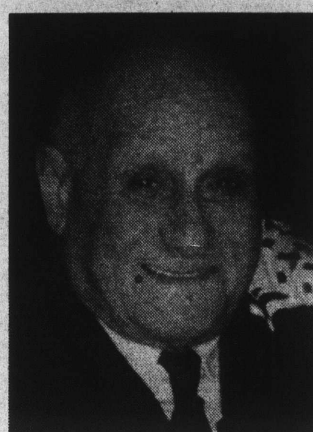
Mr. Gaziano died peacefully Dec. 30 at home, in the comfort of his loving family.

He was born to the late Carmela and Charles Gaziano in Quincy, where he was raised and educated. He had lived in North Weymouth for over twenty-five years, previously in Quincy for many years.

Mr. Gaziano was proud to have served as a sergeant in the United States Marine Corps during the Korean conflict. He worked for General Dynamics at the former Fore River Shipyard in Quincy for many years. He had also worked as a security guard for the State Street Corporation in Quincy.

Mr. Gaziano loved to watch football, was an avid Yankees fan, and liked to play the number. He enjoyed spending time in his backyard and watching his great-grandchildren play. He was devoted to his family and especially enjoyed supporting the activities and accomplishments of his granddaughters and great-grandchildren.

Beloved husband of the late Betty L. (Bjork) Gaziano. Devoted father of Charles J. Gaziano of North Weymouth. Loving grandfather of Deanna M. Cronin



JAMES C. GAZIANO

and her husband Michael, Krista L. Moreis and her husband Anthony, all of Hanover. Cherished great grandfather of Jacob Cronin, Victoria and Violet Moreis.

One of six siblings, Mr. Gaziano was the brother of Bertha Massey of Weymouth, Tony Gaziano of Stoneham, and was predeceased by Cora Arciprete, Samuel Gaziano, and Carl Gaziano. He is also survived by many nieces and nephews.

Interment with military honors took place in Blue Hill Cemetery, Braintree.

Memorial donations may be made to the "Have a Sammi Kinda Day" Fund, P.O. Box 3514, Plymouth, MA 02361 or by visiting haveasammikindaday.com/donate.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, MA 02169.

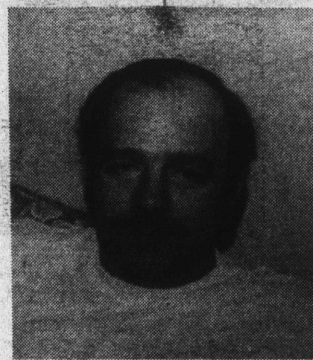
Leo I. Gauthier, 82

Funeral services for Leo I. Gauthier, age 82, a lifelong Quincy resident, will be held at 1 p.m. Thursday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mr. Gauthier died unexpectedly Jan. 4 at the Quincy Medical Center.

He was born in Quincy to the late Leo L. and Anna M. (McIvor) Gauthier and was a graduate of Quincy High School.

He was employed as a taxi driver for over twenty years with the Yellow Cab



LEO I. GAUTHIER

Company of Quincy and had previously worked at the former Fore River Shipyard in Quincy.

Mr. Gauthier was a longtime member of the Braintree Moose Lodge 413.

Dear brother of Patricia Smith of Florida, Wayne Gauthier of Quincy, Dolores "Dolly" Princiotto of Quincy, Glenn Gauthier of Braintree and pre-deceased by Marjorie Hunnicutt and Donald Gauthier. He is also survived by many nieces and nephews.

Memorial visitation at the funeral home prior to the service from 12 to 1 p.m. Thursday.

At the request of the family, private interment services will be held at a later date.

LEGAL NOTICE

CITATION GIVING
NOTICE OF PETITION
TO EXPAND
THE POWERS
OF A GUARDIAN

Docket No. NO15P2536GD
Commonwealth of
Massachusetts
The Trial Court

Probate and Family Court

Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
In the Interests of:

June Libby
Of: Quincy, MA
RESPONDENT

Incapacitated Person/
Protected Person

To the named Respondent and all other interested persons, a petition has been filed by Hunt Nursing & Rehabilitation Center of Danvers, MA in the above captioned matter requesting that the court:

Expand the powers of a Guardian. The petition asks the court to make a determination that the powers of the Guardian and/or Conservator should be expanded, modified, or limited since the time of the appointment. The original petition is on file with the court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 01/31/2018. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: December 22, 2017

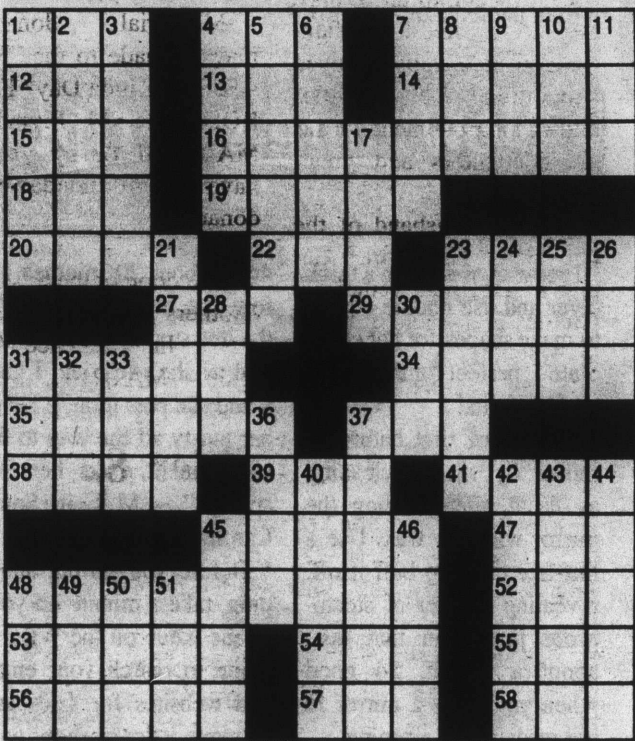
PATRICK W. McDERMOTT
Register of Probate

1/11/18

SUN FUN PAGE

King Crossword

- ACROSS**
- 1 Gymnast's surface
4 Expert
7 Pops
12 Brewery output
13 Sleep phenom
14 Unmoving
15 Rotating part
16 Reason to call 911
18 Pump up the volume
19 Heathen
20 Lumber
22 Run-down horse
23 Blue hue
27 Toss in
29 Political refugee
31 Groan-inducing, maybe
34 Take as one's own
35 Overacted
37 Lingerie item
- 38 Church section
39 — Khan
41 Traditional tales
45 Pilfered
47 Churn
48 Too thin
52 Storm center
53 Automaton
54 A Kennedy
55 Sinbad's bird
56 Lessen
57 One or more
58 Pismire
- DOWN**
- 1 Colorful parrot
2 Texas mission
3 Beat
4 Get ready, briefly
5 Order back
6 Last letter
7 Autograph
8 "A Chorus Line" song
9 Lair
10 Joan of —
- 11 Pigs' digs
17 Anger
21 "Inferno" writer
23 Type of wave
24 Swelled head
25 Dada artist
26 Say it's OK
28 Easter buy
30 Scratch
31 Shell game item
32 Diamond arbitrator
33 Phone bk. info
36 Facts
37 Whalebone
40 Must, jocularly
42 Met performance
43 Silk alternative
44 Vote for
45 Locale
46 Vortex
48 Mound stat
49 Unruly bunch
50 Lawyers' org.
51 Barracks bed



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MAGIC MAZE

ADMINISTERED THE OATH OF OFFICE FOR U.S. PRESIDENT

W I F C Z W T Q N K I Y F C Z
W U R E H N Q U I S T E R P M
J H V I N S O N H E C N Z X U
S Q N L J E S T G E C A S Z X
V F U L L E R T S R P T N L J
H E C A H O Y R E G R U B E W
V T R G W P N L A E N K T T I
G C U S H I N G B W S I F E C
B H L Z X W U O S R H A V P O
M L L A H S R A M W T L H I J
E T I A W I G E D B A Y X C L

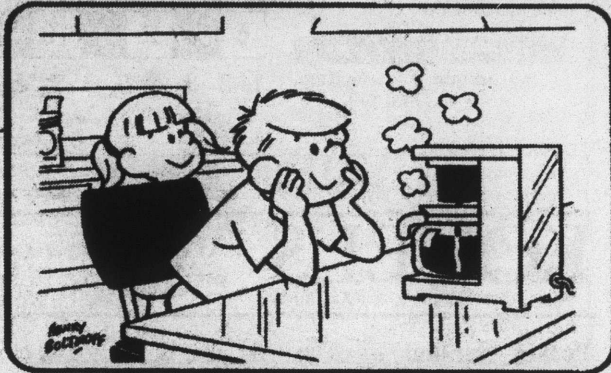
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Burger Chase Cushing Ellsworth
Fuller Hughes Livingston Marshall
Rehnquist Roberts Taney Vinson
Waite Warren White

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Girl has a ponytail. 2. Shirt has a stripe. 3. Chair is different. 4. Coffee pot is different. 5. Cabinet is missing. 6. Box on counter is different.

New! 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rbmamall.com

Trivia test

by Fifi Rodriguez

1. GEOGRAPHY: What country has a region known as Catalonia?
2. SCIENCE: What do you call an animal that lives part of its life on land and part in the water?
3. HISTORY: When did the Spanish Civil War take place?
4. ANIMAL KINGDOM: A male bird is called a peacock, and the female is called what?
5. GENERAL KNOWLEDGE: How many colors are in a rainbow?
6. MOVIES: What was the name of the princess in the animated Disney movie "Aladdin"?
7. WEATHER: What is the wind speed at which a tropical storm is designated a hurricane?

8. AUTOS: What was the manufacturer of the Viper car model?
9. U.S. PRESIDENTS: What was first national monument established by President Teddy Roosevelt?
10. MONEY: Whose portrait is on a U.S. dime?

Answers

1. Spain
2. Amphibian
3. 1936-1939
4. A peahen
5. Seven: red, yellow, orange, green, blue, indigo and violet.
6. Jasmine
7. 74 mph
8. Dodge
9. Devils Tower, Wyoming
10. Franklin D. Roosevelt

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Wishing Well®

4 3 8 6 3 6 4 3 4 2 6 8 3
D P A C O H O I M C E N S
2 4 6 8 4 3 7 4 3 7 4 2 3
O E E E S E V T D A I M F
4 7 3 5 4 6 8 2 3 7 5 6 8
C L O B H R W F R U E F A
6 2 6 5 8 3 4 2 7 5 8 3 2
U O L O W V A R E R A I T
5 4 3 6 5 3 7 8 5 3 5 2 5
I R C D G T F R I O N A A
6 3 6 5 8 4 8 2 7 3 2 4 8
A R Y L E M N S R Y S O E
7 4 2 7 4 8 7 2 7 8 7 2 2
I N U E Y S N R D S S E D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) Guess what, Lamb? You're about to experience a new perspective on a situation you long regarded quite differently. What you learn could open more opportunities later.

TAURUS (April 20 to May 20) The Bold Bovine is tempted to charge into a new venture. But it might be best to take things one step at a time, so that you know just where you are at any given point.

GEMINI (May 21 to June 20) It's a good time to go on that fun getaway you've been planning. You'll return refreshed, ready and, yes, even eager to tackle the new challenge that awaits you.

CANCER (June 21 to July 22) The Moon Child loves to fantasize about magical happenings in the early part of the week. But the sensible Crab gets down to serious business by week's end.

LEO (July 23 to August 22) What goes around comes around for those lucky Leos and Leonas whose acts of generosity could be repaid with opportunities to expand into new and exciting areas of interest.

VIRGO (August 23 to September 22) Your concern about your job responsibilities is commendable. But you need to take some quiet time to share with someone who has really missed being with you.

LIBRA (September 23 to October 22) Aspects favor getting out and meeting new people. And as a bonus, you might find that some of your

newly made friends could offer important business contacts.

SCORPIO (October 23 to November 21) You might take pride in wanting to do everything yourself. But now's a good time to ask family members to help with a demanding personal situation.

SAGITTARIUS (November 22 to December 21) Pay more attention to the possibilities in that workplace change. It could show the way to make that long-sought turn on your career path.

CAPRICORN (December 22 to January 19) Your need to succeed might overwhelm obligations to your loved ones. Ease up on that workload and into some well-deserved time with family and friends.

AQUARIUS (January 20 to February 18) Love rules for amorous Aquarians who can make good use of their ability to communicate feelings. Don't be surprised if they're reciprocated in kind.

PISCES (February 19 to March 20) Fishing for compliments? No doubt, you probably earned them. But it's best to let others believe they were the ones who uncovered the treasure you really are.

BORN THIS WEEK: Your good works flow from an open, generous heart. Nothing makes you happier than to see others happy as well.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: E equals N

JIZMMQJ MFEO ZGFCY

MFLKGFVP'M RUKEJA RUQKEV

HQKTKV CEVKU Z EQOAYYQLK OIFT:

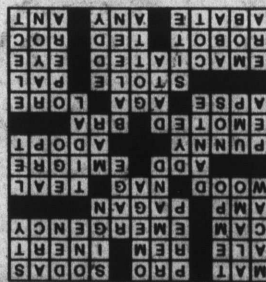
"LFFE FHKU LP ZLQ."

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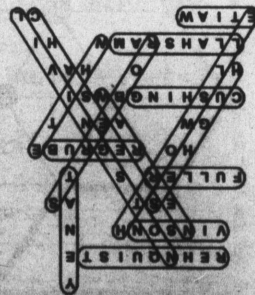
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King Crossword — Answers

Solution time: 27 mins.



Magic Maze ANSWERS:



Cryptoquip ANSWER:

"Moon Over My Arm."
Somebody's French friend
wondered under a nighttime glow.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Renee Zellweger, whose last musical film was the Oscar-winning "Chicago" (2002), is taking on playing the iconic Judy Garland during the final six months of her life in the film musical "Judy." Zellweger, 47, will play Judy at 46 doing five weeks of concerts at London's Talk of the Town as she battled her managers (who were robbing her blind), her relationships (she wed musician Mickey Deems March 15, 1969), musicians and fans. The film will feature some of Garland's best-known songs. In 2001, ABC aired the two-part mini-series "Me and My Shadow: A Family Memoir," based on her daughter Lorna Luft's book, which won five Emmy Awards, including best actress for Judy Davis, who played Garland. Judy Garland died June 22, 1969, at 47, three months and seven days after marrying Mickey Deems.

Cher is returning to the big screen in the sequel "Mamma Mia, Here We Go Again." Returning from the original "Mamma Mia" (2008) are Meryl Streep, Pierce Brosnan, Christine Baranski, Amanda Seyfried, Dominic Cooper, Colin Firth, Stellan Skarsgard and Julie Walters. New to the sequel are Andy Garcia, as Fernando (an Abba song title), Lily James, as the young Meryl Streep, and Cher as Streep's mother, Ruby Sheridan. The film features three Abba songs, "When I Kissed the Teacher," "I Wonder (Departure)" and "Angeleyes." Does Cher sing? We'll find out July 20.

James Franco's film "The

Disaster Artist" (which he directed and played the man who made, arguably, the worst film ever) is having success, already grossing \$16.7 million of its \$10 million budget in limited release. Franco and the film were nominated for Golden Globes as best actor and best picture (in a musical or comedy). His next project will be directing and voicing the computer-animated film "Arctic Justice: Thunder Squad," with Heidi Klum, Jeremy Renner, Alec Baldwin and Anjelica Huston, opening Jan. 26. Franco has completed acting in and directing "Zeroville," with Will Ferrell, Seth Rogan, Megan Fox, Danny McBride and Dave Franco.

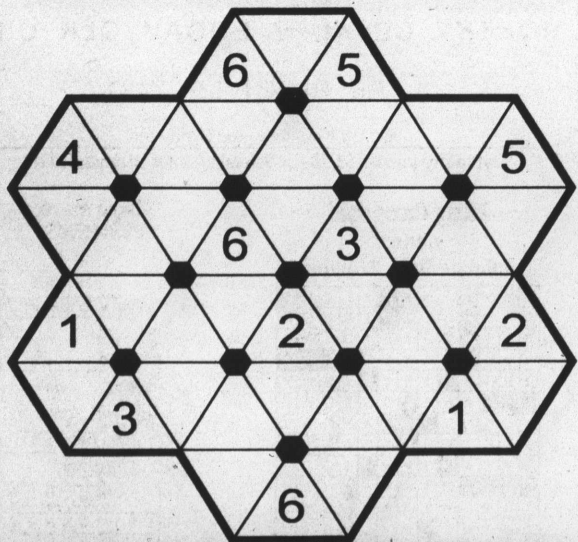
Alec Baldwin has really amped up his movie career because of all the fire from "Saturday Night Live" and his portrayal of Donald Trump. In addition to "Zeroville" and "Downsizing," he's got a major role in "Mission Impossible 6," with Tom Cruise, Henry Cavill, Rebecca Ferguson, Simon Pegg, Ving Rhames, Michelle Monahan and Angela Bassett, opening July 27. He's just completed filming "The Private Life of a Modern Woman," with Sienna Miller, and "Drunk Parents," with Salma Hayek. Baldwin started his career on Broadway playing Stanley Kowalski in "A Streetcar Named Desire," "Macbeth" and "South Pacific." He has won three Emmys and two Golden Globes. Playing Trump on SNL is like chump change for him!

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

	x		÷		14
+		+		x	
	x		+		17
÷		÷		-	
	x		+		17
5		2			19

1 3 3 4 5 6 7 8 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Pocket Sundial --- The sundial is a very early tool used to tell time. It is said that the earliest sundials were made in 1500 B.C., and variations were made in following centuries by the Greeks, Chinese and Romans. But the portable sundial carried on trips during the 18th century was needed only until railroads -- not clocks -- were popular. The sundial, if positioned and read properly, gave more accurate time than a clock. Pocket sundials were very popular in the 18th and 19th centuries in Europe and America. A surprising number are sold to collectors each year as ornaments or historic relics, or as interesting and attractive conversation pieces. Auctions of scientific instruments sell sundials. A recent Skinner sale in Boston had brass or silver examples, many from the 17th and 18th centuries. They were made by hand with engraved lines and letters, and an inset compass. The gnomon, the upright piece that casts the shadow, was made so it could fit into the case that held the rest of the sundial. A silver octagonal plate with lines, numerals and a hinged gnomon was kept in a felt-lined leather case. The 2-3/4-inch French late-17th century antique sold for \$3,198, including the buyer's premium.

Q: I have a small cut-glass bottle that has a glass stopper and a silver cap. The bottle is rectangular, about 4 inches long by 1/2 inch wide. I read that in Victorian times, a widow would collect her tears in a vial. Could my bottle be one of these?

A: Tear collecting is referenced in the Old Testament of the Bible, in ancient Roman and Greek writings, and in Victorian poems and novels, but whether tear collecting was fact or legend is unclear. In the mid-1800s, when Victorian mourning customs became popular, it is said vials were used to collect tears wept for the departed loved one. Later, the tears were sprinkled on the grave to signify the end of official mourning. Another version of the custom claims mourning would last until the tears evaporated.

It's difficult to imagine how a crying person could coax their tears into such a small bottle, but it makes a very romantic image. During the Victorian era, glass bottles were made with decorative caps, and were similar in shape to some scent bottles. Your bottle, cut glass with a silver filigree cap, is worth about \$30. If there is a mark on the silver maker's mark on the cap, it will be worth more.

CURRENT PRICES

Doll, Sleeping Beauty, bisque head and arms, pale face, red lips, green eyes, pink-and-black dress and cape, black mohair, c. 1905, \$240.

Hat box, leather, holds stovepipe top hat, canvas interior, strap and lock, curved lid with top loop handle, c. 1830, \$775.

Tip: All types of lights -- sunlight, fluorescent light and/or electric and LED lights -- will harm paper.

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STICKELERS

by Terry Stickels

How many people is:

"Two pairs of twins twice and then squared, then cubed?"

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Strange BUT TRUE

* It was Margaret Chase Smith, the first woman to serve in both houses of the U.S. Congress, who made the following sage observation: "Those of us who shout the loudest about Americanism in making character assassinations are all too frequently those who, by our own words and acts, ignore some of the basic principles of Americanism: The right to criticize; The right to hold unpopular beliefs; The right to protest; The right of independent thought."

* According to historians, British Prime Minister Sir Winston Churchill slept on silk sheets and wore silk underwear. It seems he had very sensitive skin, and rough fabric made him break out in a rash.

* In the 1979 gubernatorial election in Louisiana, a man named Luther Knox

was fed up with the candidates on the ballot. In order to give like-minded Louisianans an option, he ran for the office himself -- after legally changing his name to "None of the Above."

* Everyone knows that a sophomore is someone in their second year of high school or college. Most people don't realize, though, that the word is derived from the Greek words "sophos," which means "wise," and "mos," which means "stupid."

* Resources are very scarce in space, so it's important to conserve wherever possible. The astronauts on the International Space Station might be going a bit far, however; it's been reported that they change their underwear only every three or four days in order to cut down on laundry.

Thought for the Day: "All human beings should try to learn before they die what they are running from, and to, and why." -- James Thurber

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Now here's a tip!

by Jo Ann Derson

* Freeze cool whip in a thick layer and use cookie cutters to make shapes for hot chocolate ... perfect for these cold winter nights!

* Fog proof that bathroom mirror by simply cleaning as usual, then coating the mirror with car wax. Use a lint-free cloth to buff it off, revealing a layer of steam-proof protection that lasts about a month. So good when you need a mirror to get ready in the morning.

* When transporting any type of bottle or jar that could leak, simply place a small piece of plastic wrap over the open end, then close the bottle tightly. This will work for most screw-top containers to make them leak-proof. Snap-down lids should be secured with strong tape or placed into a larger sealable bag, like a zipper-seal plastic baggie.

* "I toss my daughter's hoodie sweatshirt into the

dryer about 20 minutes before she needs to leave for the bus stop in the morning. Just as she's leaving, I grab it and she puts it on. It keeps her toasty all the way to the stop, and it make her feel special." -- M.R. in South Carolina

* Before you go out shopping, take a minute on your phone while on the WIFI at home to search your email and websites for sales and coupons. Screenshot coupons so that the barcodes are clearly visible. This will save you downloading time while you are out and about, as well as serving as a reminder of the sale items you want to look at.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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Go Figure!

answers

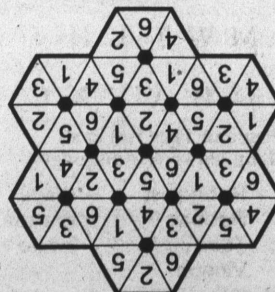
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Stickelers Answer

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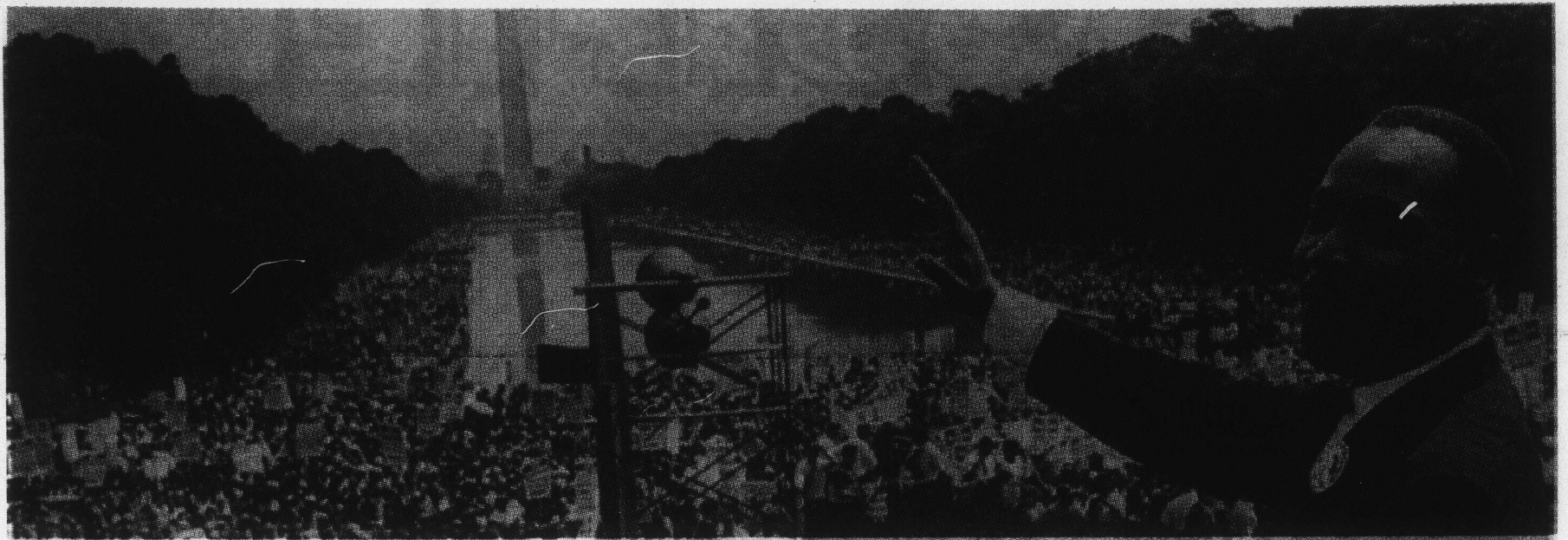
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- ☐ Boats
- ☐ For Rent
- ☐ Wanted
- ☐ Help Wanted
- ☐ Work Wanted
- ☐ Pets
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Senator John Keenan

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Hate is too great a burden to bear."
Martin Luther King, Jr.*

To reserve your ticket, call the Mayor's office 617-376-1500



Dennis Keenan New Police Sergeant - Page 13
 Quincy Art Association Gallery Open - Page 7
 Quincy Basketball Sweeps Duxbury - Pages 16, 18



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VOL. 50 No. 18

Thursday, January 18, 2018

\$1.00



MARTIN LUTHER KING, Jr. Remembered - Kiara Ebanks, Jakari Lagrant and Anisah Williams of the Germantown Neighborhood Center Band clap as they sing the Beatles' hit song, "All You Need is Love" at Monday's MLK, Jr. Breakfast at Quincy High School.

Quincy Sun photo/Tom Gorman

School Committee Backs St. Mary School Site Proposal

By TOM GORMAN

The school committee is backing the city council's vote to purchase the former St. Mary's School property and build a neighborhood public elementary school to serve West Quincy.

Following a discussion, the committee voted unanimously on Jan. 10 to affirm the city council's vote last fall allowing Mayor Thomas Koch to authorize the borrowing of \$2.7 million to purchase the Crescent Street

site from the Boston Archdiocese. Koch said there is "a hole in West Quincy" due to closing of schools in that district back in the late 1980s when Proposition 2-1/2 cut municipal budgets.

In addition to providing a neighborhood school for West Quincy, the mayor said a new elementary school would help reduce class sizes district-wide.

"I believe out of fairness West Quincy deserves an elementary school," he said.

"It would help us with our space issues."

Koch said since the site was a school for many years, building a public school there would not create a different use for the neighborhood.

The mayor explained that the bond counsel wanted the school committee's support to be on record to move the site purchase proposal forward. He noted that there

Cont'd On Page 11

Memory Of MLK, Jr. Honored At Breakfast

By SCOTT JACKSON

Quincy's state senator stressed the importance of communication in overcoming differences during the city's annual breakfast in memory of the slain civil

rights leader the Rev. Dr. Martin Luther King, Jr.

Sen. John Keenan was the keynote speaker at the Rev. Dr. Martin Luther King, Jr., Breakfast held Monday in the cafeteria of Quincy High

School. About 100 people were in attendance for the breakfast, including city and state elected officials, residents and schoolchildren.

Mayor Thomas Koch and Pastor Tyler Mitchell of the

Central Baptist Church in Quincy Center also spoke at Monday's breakfast. The event included a rendition of The Beatles song "All You Need Is Love" by the Germantown Neighborhood

Center Band and a brief documentary on the "I Have A Dream Speech" King delivered 55 years ago this August.

Keenan opened his remarks with a quote by King

on the importance of communicating with others.

"People fail to get along because they fear each other," the senator said quoting King. "They fear each other

Cont'd On Page 12

Five Storefronts At Former Car Dealership

By SCOTT JACKSON

A shopping center with five storefronts is expected to open later this year in the Quincy Point building that had long been home to a car dealership.

The Planning Board on Jan. 10 unanimously approved the plan to renovate the existing 18,000 square foot building at 479 Washington St. into a shopping center. The site, located at the intersection of Washington Street and Southern Artery, was home Tom O'Brien for 40 years until it was sold to the Prime Motor Group.

The former dealership will be renovated into the new shopping center, a project that will take about nine months to complete, according to Patrick Cleary, a principal with developer FX/

Harborlight.

The parking lot formerly used by the dealership will be reconfigured as part of the project, and 60 parking spaces will be available on site. The number of curb cuts on site will be reduced to three - entrances/exits on Beacon Street and Southern Artery and an entrance only on Washington Street. A new curb would also be installed on Bessie Street, where currently there is none.

ConvenientMD, an urgent care clinic, plans to lease about 5,000 square feet of space in the new shopping center. Verizon Wireless also intends to locate a store on site to replace its former shop at 480 Southern Artery. The developers hope to find a bank to move into the former showroom space - it

would not be a full-service branch, but rather one that only offers products such as mortgages and loans. The remaining two tenants have yet to be identified.

The project had been before the Planning Board twice - in October and December - before receiving approval Jan. 10.

The signage for the urgent care clinic had been a point of contention at both prior meetings. The developers initially sought approval for a 170-square foot sign on the front of the building; the city's regulations allow for a sign of up to 80 square feet. The Planning Department had asked that the ConvenientMD sign be reduced to 100 square feet, but the company would only go to 140 square feet prior to the

December meeting before agreeing to the 100-square-foot sign on Jan. 11.

"That's how bad they want to be in the city of Quincy," said Robert Har-

nais, an attorney for the developers. "The sign will

Cont'd On Page 19



NEWLY ELECTED school committee members Anthony Andronico, Emily Lebo and Douglas Gutro are sworn-in to their respective terms by Mayor Thomas Koch during the Jan. 10 school committee meeting. Story, other photos on Page 14 and Page 15. Quincy Sun photo/Tom Gorman



Real Estate Sales Volume Down In 2017 - Page 3
 New Blood Pressure Guidelines - Page 9
 Morrisette Baseball Hosting State Tourney - Page 17

More Quincy news:
The Quincy Sun.com



QUINCY HIGH SCHOOL students and their teachers recently participated in Massachusetts Music Educators Eastern District Festival. The students were selected through audition and prepared advanced-level choral and band music, performing a concert at The Boston Latin School along with other selected students from nearby cities and towns. Front row from left to right: Aisling Mannion and Amanda Morris. Back row: Timothy Carew, Daniel Hagborg, Stephen Hallahan, Emily Crosta, and Richard Kenneally.
Photo Courtesy Lisa Johnson

Modern Assistance Programs, Inc. Offering Addiction, Mental Health Counseling Services

At 1400 Hancock St.

Modern Assistance Programs, Inc., an employee assistance and behavioral health management company is now offering outpatient addiction and mental health counseling at their Quincy location.

John Christian, president and CEO of Modern Assistance, cited the ongoing opioid epidemic and increased demand for specialized addiction counseling as reasons for expanding services.

"Modern Assistance Programs has been specializing in addiction counseling and inpatient referral services for almost three decades," Christian said. "There simply aren't enough outpatient providers specializing in addiction counseling and people often wait weeks or months for appointments. We feel we can make a positive impact through expanding our outpatient services."

Modern Assistance Programs was founded in 1988 by the late Paul F. McDewitt. Mr. McDewitt, who started the company by offering employee assistance to members of several local trade unions, grew the company to a leading provider of employee assistance and

behavioral health benefits management in New England. The company now services approximately 100,000 lives in the New England Area.

Christian, who has been with the company for six years, was named president and CEO in September 2016.

The clinical team at Modern Assistance has decades of experience and expertise in substance abuse and mental health counseling. The company has seven masters level licensed substance abuse and mental health clinicians offering counseling for individuals, couples and families.

Clinicians are now accepting new clients. All private insurance plans accepted. Day, evening and weekend hours are available.

Modern Assistance Programs is located at 1400 Hancock St., second floor, Quincy - two blocks from the Quincy Center T Station.

For more information about services and how to set up an appointment visit www.modernassistance.com, or call 617-774-0331.

Quincy Police Adult Self Defense Program Jan. 22, Jan. 23

Quincy Police will hold a free Adult Self Defense Program Monday, Jan. 22 and Tuesday, Jan. 23 from 6 to 8:30 p.m. in the Presidents Place basement, 1250 Hancock St., Quincy Center.

The two-night course is open to females aged 18 and up, 16 if with a parent/guardian.

Attendance is required both nights because this is a progressive learning pro-

gram. There is no exam and no one is required to do anything that they do not feel comfortable with.

The first night involves learning strikes, blocks and blows and the second night provides an opportunity to test your skills against an "attacker."

Bring a friend. To sign up or get more information, contact Lt. Dan Minton at 617-745-5719 or dminton@quincyma.gov.

Edith B. MacDonald Scholarship Applications Available

Applications are available for the Edith B. MacDonald Scholarship given by the Seaside Gardeners of Squantum.

Any high school senior currently living in Squantum and any relative of a member of the Seaside Gardeners planning to at-

tend a two-year or four-year college is eligible for the \$1,000 award.

To be considered, applications must be postmarked by March 20th. Contact Laurie Kelliher at 617-797-3349 or email her at lauriekelliher@verizon.net.

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Real Estate Sales Volume, Average Price Drop In 2017

According To Norfolk County Year-End Report

While the eastern Massachusetts economy was strong in 2017, the Norfolk County real estate market remained challenged when it came to such issues as real estate sales and mortgage lending, according to a report released by Norfolk Register of Deeds William O'Donnell.

"An analysis of 2017 real estate activity in Norfolk County showed a total of 18,533 real estate sales transactions, both residential and commercial. This represented zero percent growth from 2016," O'Donnell said. "In addition, the total volume of residential and commercial sales last year totaled \$8.2 billion, a 10 percent decline from 2016. The average sales price, again both residential and commercial, was \$710,654, a decrease of 8 percent from the previous year."

Another falling real estate indicator was a 9 percent drop in the number of land documents recorded at the Registry in 2017. A total of 152,927 Norfolk County land documents were recorded in 2017 compared to 167,600 in 2016.

The reduction in land documents can be strongly attributed to the falling number of mortgages recorded. A total of 27,563 mortgages were recorded in 2017, representing a 19 percent decrease from 2016.

Total mortgage financing closed at \$18.8 billion, a 2 percent decrease from the previous year.

"These numbers clearly indicate Norfolk County homeowners are being very careful with taking on debt," O'Donnell said.

Norfolk County residents continued to avail themselves of the protections provided by the Homestead Act. A total of 12,670 Homesteads were recorded in 2017, a 1 percent increase over 2016.

"A Homestead provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to \$500,000," O'Donnell said. "I urge homeowners who have not recorded a Homestead against their primary residence to consider this valuable consumer protection tool."

Foreclosure activity saw improving results during the 2017 calendar year, but these numbers come with a note of caution. A total of 268 foreclosure deeds were filed in Norfolk County in 2017, compared to 294 in the previous year. In addition, Notice to Foreclose Mortgage, the first step in the foreclosure process, also decreased by 15.1 percent.

"These are good numbers year over year," O'Donnell said, "but I want to point out the numbers of Notice to

Foreclose Mortgage recordings actually increased a sobering 57 percent in the 4th quarter of 2017 compared to the 4th quarter of 2016. We will need to closely watch this number to see if a trend develops."

The Registry continues to work with Quincy Community Action Programs, 617-479-8181 x376, and NeighborWorks Southern Mass, 508-587-0950 to help homeowners who have received a Notice to Foreclose Mortgage document. A third option is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400.

"Just as we are seeing across the country, a lack of real estate inventory is adversely affecting the Norfolk County real estate market," O'Donnell said.

"We will not see a significant gain in real estate

Cont'd On Page 11



GERMANTOWN NEIGHBORHOOD CENTER Band members Rebecca Fitzpatrick and Jonathan Boyd sing the Beatles' song, "All You Need is Love" at Monday's Martin Luther King, Jr. breakfast at Quincy High School.

Quincy Sun Photos/Tom Gorman



GERMANTOWN NEIGHBORHOOD CENTER Band members Aidan Dennis, Allison Boyd and Taylor Gilbertie perform a tune at the MLK, Jr. Breakfast.

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Founder
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Moments in time

THE HISTORY CHANNEL

• On Feb. 4, 1789, George Washington, the commander of the Continental Army, is unanimously elected the first president of the United States by all 69 presidential electors. John Adams of Massachusetts, who received 34 votes, was elected vice president.

• On Jan. 29, 1843, William McKinley, who will become the 25th American president, is born in Niles, Ohio. McKinley served in the White House when the U.S. automotive industry was in its infancy, and he was the first president to ride in an automobile, a Stanley Steamer.

• On Jan. 31, 1872, Zane Grey, author of "Riders of the Purple Sage," is born in Zanesville, Ohio. As a child, Grey sometimes got in fistfights with boys who teased him about his first name, Pearl. Grey later replaced it with his mother's maiden name, Zane.

• On Feb. 1, 1884, the first portion of the Oxford English Dictionary is published. It took more than 40 years until the full dictionary was complete -- at over 400,000 words and phrases in 10 volumes -- in April 1928.

• On Jan. 30, 1933, with a shout of "Hi-yo, Silver! Away!" The Lone Ranger debuts on radio. The naive creators had the Indian scout Tonto speaking in a comical Indian patois, uttering ludicrous phrases like "You betchum!"

• On Feb. 3, 1950, Klaus Fuchs, a German-born British scientist who helped develop the atomic bomb, is arrested in Great Britain for passing top-secret information about the bomb to the Soviet Union. The arrest of Fuchs led authorities to several other individuals, including Julius and Ethel Rosenberg, who were subsequently executed.

• On Feb. 2, 1962, the first U.S. Air Force plane is lost in South Vietnam. The C-123 aircraft crashed while spraying an Agent Orange-like defoliant on a Viet Cong ambush site.

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Quincy Access Television On Hiatus Next Few Weeks

Quincy Access Television will be on hiatus for the next few weeks. During this brief shut down, studios will be getting upgrades including new cameras, and software for editors.

All the upgrades will be complete by early February, at which time we will be offering basic studio classes to each the community the fundamentals of television production.

"We will also be offer-

ing advanced training in lighting and audio for those members interested in improving their skills, and the production value of their programs," said QATV Director Bette Campbell. "In addition, we are planning an array of new classes to help members understand and master social media."

Watch for more information on Channels 8 and 9, on the QATV website at QATV.org, or call 617-376-1444.

Son Beams

By ROBERT BOSWORTH

Remembering Bob FitzGerald

If you worked or lived in Quincy and drove a Buick during the 1980s to late 2000s, chances are pretty good that you got your automobile from South Shore Buick.

And the person who helped put you in the driver's seat was Bob FitzGerald.

His title was "auto dealer" but Bob was so much more than that. Sure, he promoted his product line and sold nice cars but Bob had integrity and trust. He was a people person first. He went the extra mile taking care of his customers. And he never steered you wrong.

I knew Bob for some 30 years. We both went into the family business following our fathers' footsteps. We got to know each other even better after I joined the Quincy Kiwanis Club back in 1994. Bob was club president and a darn good one at that.

I was greatly saddened to hear of Bob's passing Dec. 30th after a brief illness. A young guy in the prime of his life.

As any time you lose a friend or colleague, you try to remember some of the good times that you shared. Bob and I had a few.

One day about a dozen years ago, I called Bob at South Shore Buick. I was in the market for an SUV and wanted to make a trade with the sedan that I was driving. I was unsure of the model that would better suit me -- the Rendezvous or the Rainier -- both made by Buick. He had one of each -- both used -- in his inventory.

I was leaning towards the smaller Rendezvous. But Bob advocated for the Rainier.

It was a Friday afternoon and I told him over the phone that I just didn't know which one to choose.

"Come on by tomorrow (Saturday) and you can take both of them for a spin. Take all the time you need."

That was pure Bob. Never pushy -- always stress-free. Just deal with your customers like they were friends.

I said thank you and I stopped by on Saturday. I drove the smaller Rendezvous first and then returned to the dealership for the Rainier. Bob suggested I keep the car the rest of the day and get a real good feel for it.

Before I left the dealership, he said to me, "Be sure to turn on the Rainier's stereo and check out the sound quality. It's pretty good."

I took him up on that. Inside the console of the dark blue SUV he had left a CD -- The Doors Greatest Hits. "L.A. Woman" sounded pretty good inside the cabin.

When I returned the car later, I told him I'd buy the Rainier. He shook my hand and said "Great choice." And then with a big smile he added, "The Doors CD does not come with the car."

We both laughed out loud.

I don't think in all the years that I knew him that I ever saw Bob without a smile on his face. Walking through the dealership he seemed to know all his customers by their first name.

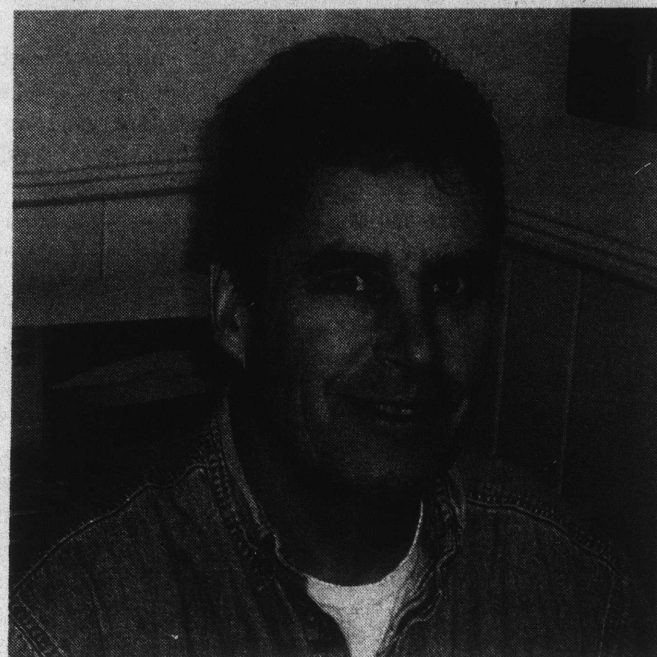
Even when it snowed and Bob was left to clean off the cars that were parked outside at 50 Adams St. he shrugged off the weather.

"Nothing you can do about it," he'd say, venturing out again armed with a brush and snow blower.

Perhaps it was because Bob was "baptized" at South Shore Buick during the Blizzard of 1978 starting his career when that epic storm struck when he was just a teenager. Cars and snow, perhaps, had become sort of synonymous -- just part of the territory.

He had a keen sense of humor and quick wit, too.

One day after having my car serviced, I was chatting with his equally affable brother, Richard, the dealership's longtime sales manager. We were both in the service area just talking when I told Richard that I



BOB FITZGERALD

thought he bore some resemblance to Phil Mickelson, the professional golfer.

Then the door to the service area swung open and in walked Bob. He had heard the comment and without losing stride said, "He may look like Phil, but he certainly doesn't putt like him."

The three of us laughed and laughed and laughed some more.

South Shore Buick and The Quincy Sun enjoyed a strong bond since this paper was founded by my father Henry in 1968. The dealership -- back then run by Bob's father, Robert Sr., and business partner Bob Costello -- were among a handful of early advertisers who supported the Sun during its infancy and kept the paper afloat during those crucial early months.

It was a two-way street. South Shore Buick advertised in The Sun and the Bosworth family purchased a myriad of automobiles at the dealership throughout the years. Those cars were serviced at South Shore Buick, too. It was a business and professional bond but it was really rooted in friendship.

In February of 2009, we lost Henry. A month later, South Shore Buick closed its doors after 86 years in business -- a victim of GM's corporate restructuring and the great recession of 2008.

I interviewed Bob about the dealership's impending closure. Many folks took the end of South Shore Buick very hard.

"It's been like a wake," he told me, sitting in his office just off the main showroom. "I don't know many other businesses that when they close they've received prayer cards and we have. It's sad but it's also uplifting to know people have appreciated you and think that much of you."

"It's been quite touching," he continued. "There's been a lot of hugs, a few tears but I'm a firm believer that we when one door closes, another door will open."

"You just have to have faith."

That was Bob FitzGerald. Forever an optimist who always put others first.

Even with the dealership's days numbered, Bob could only concentrate on his employees trying to help them secure employment. His own future was not on the radar screen.

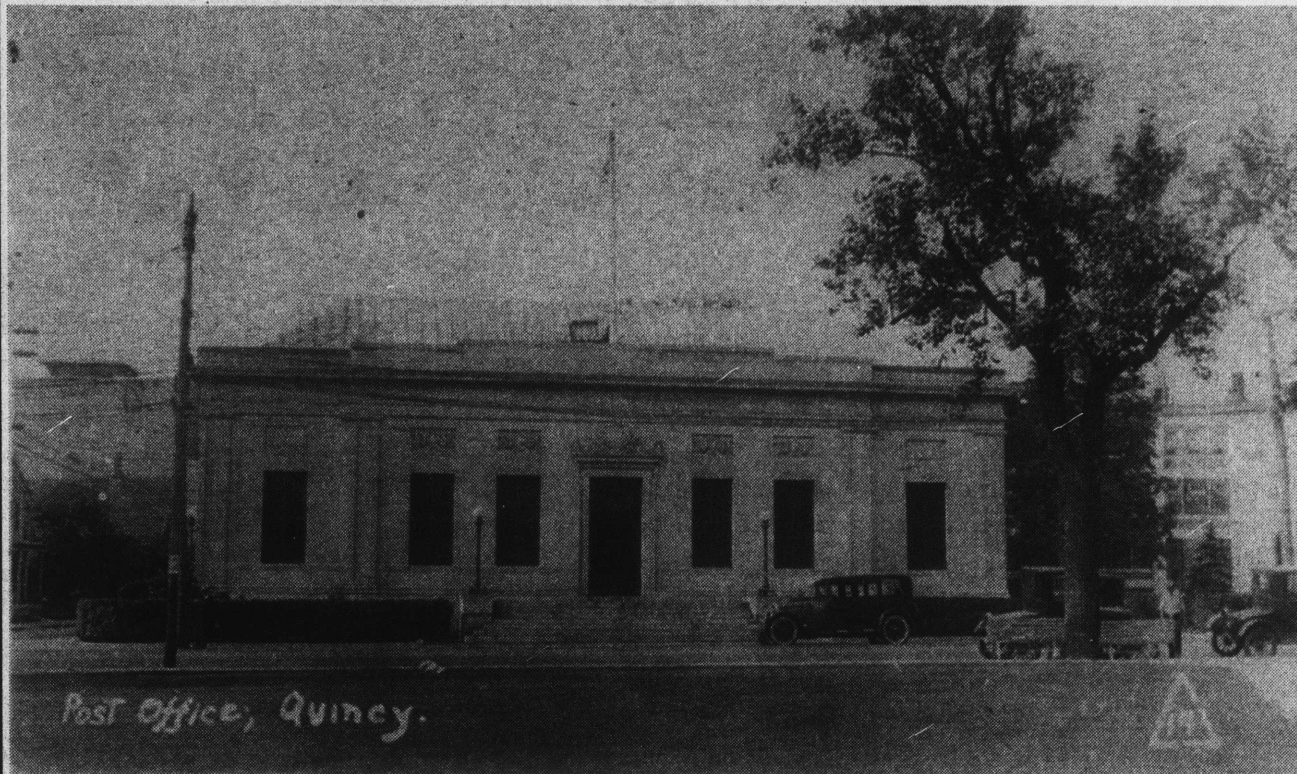
"I want to make sure that I've done whatever I could do for my employees so that I know that when I leave it will be a clear conscience. Then I can start focusing on my next move."

I met up with Bob at some other area dealerships after South Shore Buick closed. He remained a friend who always tried to help any way he could.

Gonna miss you, Bob.

Our sincerest condolences to his family.

Scenes From Yesterday



THIS 1926 POSTCARD shows the Quincy Post Office on Washington Street in Quincy Center. Built in 1907-8, there was great controversy in the city because the Quincy Granite Manufacturers Association wanted it built with Quincy granite. The government refused and used limestone instead. The building was greatly

expanded in 1933-34 with a second floor and a large addition on the back. The front access was expanded to three doors. Today, the hedges on the left have been replaced with a handicap access ramp. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Quincy's Yesterdays

This Week
1983
35 Years Ago

Nicastro Succeeds Golden As City Solicitor

Atty. Dean Nicastro has been named City Solicitor of Quincy effective Feb. 7, succeeding William B. Golden who resigned to return to private practice.

Appointment of the 30-year-old Nicastro, who has been an assistant city solicitor since February, 1982, was announced by Mayor Francis X. McCauley.

At the same time, McCauley announced he was moving the city's equal opportunity administrator, Joseph A. "Jay" MacRitchie, into Nicastro's old position of assistant city solicitor.

Nicastro, a summa cum laude graduate of Harvard College and Harvard Law School, served from 1978 to 1982 as a trial attorney in the eminent domain utilities division of the attorney general's office.

\$1,885,000 REVENUE BOND SOUGHT FOR PILGRIM PLAZA

The Pilgrim Plaza \$1,885,000 industrial revenue bond would be used to finance a new mini-mall at the corner of Quincy Avenue and Scammell Street. It was referred to the council's finance committee.

Approval by the city council would enable the developers, a Boston group, to borrow funds at below market rates since financial leaders can collect interest on the bonds free of federal taxes. Both city and state approval of such bonds are necessary.

QUINCY-ISMS

The Quincy Sunbeams column reported that City Clerk John M. Gillis is not going to run for mayor in 1983 . . . Rev. John J. McMahon, pastor of St. Mary's Church, West Quincy, was honored at a testimonial Mass and dinner in observance of his 40th anniversary as a Catholic priest . . . Patricia Toland, city councillor at-large and former school committee member, was the featured guest on Quincy Community Television Channel 3 . . . Edie's Sweet Shoppe, 550 Hancock St., Wollaston, was opening a six-week diploma course in cake decorating. "We make cake decorating fun and easy." . . . Robin Starck, daughter of Mr. and Mrs. Edward C. Starck, 19 Phipps St., South Quincy, won academic honors for the fall semester at Lesley College in Cambridge. . . Mrs. M. Jane Mudge, R.N., M.Ed., health promotions nurse at Quincy City Hospital, led a program entitled "How to Measure Stress." The program was held at the hospital. . . The Luciano Room, 211 Sea St., Quincy, was offering senior citizens one of five full course dinners for only \$4.95. . . Dorothy A. Lee, first director of volunteers at Quincy City Hospital, died at the hospital. . . Rev. Cornelius Heery, pastor of Sacred Heart Church, North Quincy, delivered the address of welcome during an Epiphany Feast of Lights. Nine area churches participated in the event. . . Margaret Davidson, director of adoption program at the Protestant Social Services Bureau, 776 Hancock St., Wollaston, reported 23 children had been placed in permanent homes by the agency since 1975. . . The Quincy Junior College basketball team bombed Bunker Hill Community College by a margin of 102 to 86. Coach Brian Buckley noted that Steve Belcastro paced QJC with 27 points. The college's record stood at 12 and 4. . . The Quincy High School wrestling team won three recent victories to improve its record to 9-0. Carmen Mariano was the Presidents' coach. . . The Quincy Sons of Italy Lodge was planning an Italian Festival to benefit the United Cerebral Palsy Association. The event will be held at the lodge, 120 Quarry St. . . Sheriff Clifford H. Marshall was the honorary chairman of Norfolk County's Fight Against Leukemia. The group was planning a Feb. 5th dance at the Fore River Club House to raise funds for Leukemia Research. . . "An Officer and a Gentleman" starring Richard Gere and Debra Winger was playing at the Wollaston Theatre. . . The Crust and Crumb Bakery, 110 Willard St., West Quincy, was offering: Italian bread at \$.69 a loaf and whole wheat bread at \$.79 a loaf. . . Coach Lou Tozzi's North Quincy Raiders' track team improved its record to three wins and one loss with a 52-34 victory over Brookline.

READERS FORUM

Due Process Not Served By Citywide PTO View, Correspondence In Opposition To NQHS Mascot

The Quincy Citywide PTO has recently publicized their opposition to the North Quincy High School mascot "Yakoo." The reason for this letter is to not express my like or dislike to the mascot (I reserve my right to do that at another time) but to rather express my concern about the process the organization used to write their correspondence.

As president of the Citywide PTO in the 1980s, I and others worked very hard in creating this organization to foster a partnership between parents and teachers with the Quincy Public School system. Many great things over the years have benefited Quincy students as a result of this partnership.

Their correspondence, as reported in *The Quincy Sun* and other media, refers to the organization coming out against the school's mascot "Yakoo." The organization stated reasons as to why they believe action is required and they proposed steps in addressing the situation. The letter is signed by their co-presidents on behalf of the organization.

I have spoken to Citywide representatives from prospective schools, teachers, parents, alumni and members of the Quincy community who feel as though due process was not served in creating the view and correspondence. I have also spoken to executive board members of Citywide to get a clearer picture of the process used in creating the letter. Apparently, many discussions were held at various meetings addressing the issue and the executive board created the letter based on people's comments during these deliberations.

Over the years a parliamentary procedure was used when conducting Citywide business according to the organization's initial bylaws. These rules of order guaranteed protection of the rights of its members and created a requirement for a deliberation process for free discussion as a prerequisite for decision making. Advanced notice of meetings, created agendas circulated in advance, motions made, seconded and voted upon by the membership, minutes taken and approved, and a right for absent parties to have business reconsidered were all done to reflect the will of the assembly.

Past and current Citywide PTO members are to be commended for their voluntary services, especially executive board members who spend many hours in planning and creating a positive partnership with the Quincy School system to benefit its students. Although some of these practices are currently used, I recommend that its current membership make sure that meetings follow parliamentary procedures when conducting business so that the outcomes serve as a fair institutional memory for the organization.

Frank C. Santoro

Former Quincy Citywide PTO President

'The Yakoo': A Symbol Of Strength, Unity

When I see the Yakoo mascot for NQHS, the words bravery, strength and perseverance immediately come to mind. These are qualities inherent in Native Americans. These are also the qualities student athletes need when competing in their chosen sport. Positive qualities that most, on or off the playing field, court or ice rink, wish they had more of.

I also see Yakoo as a symbol of unity, unifying kids from all races, religions and economic backgrounds to rally behind their peers and school. You couldn't ask for a better mascot to symbolize the strength and unity of NQHS and the learning environment it creates.

How sad of the Citywide PTO to view the Yakoo mascot, dressed in traditional Native American garb, as being negative and offensive. The PTO is assuming that Native Americans are ashamed of their heritage and should not be reminded of it. Or that Yakoo was designed with ill intentions. It is the exact opposite.

In the book "50 Years of Yakoo" written by James Peter Fredericksen, Yakoo's artist and Dr. Allan Yacubian, the model for Yakoo, it details the thought process behind every aspect of Yakoo down to the tool he is holding. Yes, a tool, not a weapon. And what the PTO sees as a knife, is

actually part of the mascot's clothing in motion. The book also recounts a visit from a Native American who flew in from Arizona to discuss her tribe's thoughts on Yakoo and how they wanted to adopt the Mascot for their reservation school. The Citywide PTO should read this book before passing judgement.

By leading the charge to remove Yakoo and the positive qualities of strength and unity it symbolizes, the Citywide PTO has rendered itself as a detriment to North Quincy High School. Removing a traditional mascot which brings joy and inspiration to students and many in the Quincy community would be a negative blow to the pride and enthusiasm at NQHS.

I suggest the Citywide PTO take the course in diversity and inclusiveness training it is suggesting for others. Better yet, the NQHS students could teach the Citywide PTO a thing or two about tolerance.

Janet Norton

Proud Yakoo-wearing NQHS parent

More Letters On Page 10, Page 11

573 Students On Central Middle School Honor Roll

Five hundred seventy-three students at Central Middle School are listed on the school's first term honor roll.

HIGH HONORS

Grade 8: Charles K. Affleck, Melissa A. Ainsley, Noel Jose G. Alvero, Carly S. Amendolare, Maurice R. Ampane, Alex Andoni, Brandon C. Baker, Rean R. Beqo, Fiona Berberi, Jonathan E. Bina, Julia T. Bo, Dorothy S. Brown, Jennie A. Burgess, Anna B. Cahill, Nia M. Cahill, Sandy M. Cai, Caroline C. Cavicchi.

Adelin K. Chan, Katelyn K. Chan, Natalie Chan, Chonghao Chen, Flora Chen, Kevin Chen, Michelle X. Chen, Nicholas J. Chen, Serena H. Chen, Sho Chen, Song Yu Chen, Cheuk Yin Cho, Michael A. Colantonio, Florence T. Daley, Amyah A. Davis, Rebecca C. Deng, Natalya M. Desmond, Maya A. Dijkstra, Zachary M. Donaghue, Aisling G. Donoghue, Maeve C. Dugan, Sabrina M. Egan, Nicholas R. Ferrara, Pablo O. Flores-Munoz, Elle-Teresa O. Frechette.

Emma V. Glavin, Cassandra E. Gordon, Aoihe S. Gormley, Alexander Z. Gu, Nathan K. Guan, Lily M. Hart, Alivia A. Healy, Molly J. Hendry, Grace M. Hickey, Colin J. Hingston, Adam S. Huang, Ding Jie N. Huang, Xiaoyan N. Huang, Antenella T. Ibrahim, Upasana Joshi, Natalia A. Kepczynski, Nicholas C. Ladas, Kevin V. Le, Angelina L. Lee, Frank X. Lee, Trista J. Lee, Joe H. Lei, Sabrina Leung.

Jaden S. Liang, Ada Lin, Hsuan Yu Lin, Jeffrey Lin, Wilson Lin, Benson Liu, Ting Shing Liu, Annie Q. Lu, Rihui N. Lu, Huy K. Luong, Maggie C. Ma, William J. MacDonald, Madeline A. Mayo, Sophie T. Mayo,

Kayla R. McNelley, Benny Mei, Cameron B. Melchin, Matthew J. Miranda, Rebecca L. Morris, Dylan H. Mui, Quinn R. Murphy, Thomas B. Murray.

Nandan S. Nair, Henry D. Neil, Michael P. Nellany, Jim V. Nguyen, Liem C. Nguyen, Gabriel L. O'Brien, Riley P. O'Connell, Phoenix J. Petrucci, Olivia T. Pham, Samarth Prashanth, Zoe E. Rakarich, Dylan H. Rizzo, Elise V. Roche, Coleman J. Ross, Megan M. Ross, Olivia T. Santangelo, Michael A. Schinazi, Karthik N. Shankar, Teresa N. Sheedy, Sarah Shishko.

Johnson L. Sloane, Oliver C. Smith, Benjamin F. Snyder, Alexander D. Tran, Tan Dat L. Tran, Amy L. Truong, Shayla N. Truong, Jada K. Tu, Nathan M. Unsworth, Phu Han N. Van, Martin Vo, Ming Wei Wang, Grace Y. Xu, Ivan C. Yang, Songen Yu, Yongmei Yu, Aiden T. Zeng, Bonnie N. Zeng, Zhi Ming Zeng, Nicole Zhang, Gina Zheng, Ivan Zheng, Jilin N. Zheng, Selina X. Zheng, Tiger Y. Zhu, Xuqiu Zhu, Elena T. Zlatanova, Jenny Zou, Sarah N. Zyba.

Grade 7: Marta L. Aguiar-Perello, Jouri W. Alsadeq, Matthew T. Bartkus, Madeline C. Baryza, Joseph C. Bates, Caroline E. Bertrand, Kaya R. Bianculli, Jesse Bollinger, Anya M. Brenner, Sean T. Burns, Nathan C. Caldwell, Jack S. Cavicchi, Candace Chan, Yuet Tung Chan, Amin Charepoo, Adin M. Cheang.

Arnold H. Chen, Brian Chen, Helen Chen, Jessica K. Chen, Justin J. Chen, Vanessa Z. Chen, Yu Qiu Chen, Yumi Chen, Dylan J. Clifford, Ava M. Coffey, Charles H. Coffey, Hailey A. Concannon, Caitlin M. Cormican, Katelyn E. Craig, Norah R. Cronin,

Dominique T. Dang, Nathan J. Davis, Benjamin T. Dawe, Julian J. De Jesus, Catharine J. Demopoulos, Mary A. Doherty, Abigail R. Dunn.

Anthony J. Enos, Fatima T. Faiza, Nicholas G. Fontaine, Kofi K. Fordjour, Vivian W. Fu, Linda Gao, Ava Q. Garcia, Julia K. Gillespie, Kaitlyn A. Gough, Tristan Guan, Jonan J. Hamilton, Huy Q. Ho, Paige E. Holleman, Wei Yu N. Huang, Nicholas J. Hughes, Angelina S. Jewell, Katie Jiang, Kendall M. Mazmowski, Brianna C. Keddy, Misha M. Kennedy.

Michaela Y. Lam, Sonny Le, Sadie E. Lee, Annie N. Li, Eric W. Li, Jason W. Li, Jiawen N. Li, Emily Lin, Ivan Lin, Jerry Lin, Keyi Lin, Serena Lin, Eileen Liu, Amy Q. Lu, Grace M. Lukeo, Michelle C. Ma, John Thomas M. Malvesti, William K. McCoy III, Yu Fan Mei, Melanie Moy, Grant T. Murphy, Keira G. Murohy, Catherine G. Murray.

Mollie J. Nelson, Sophie M. Nerine, Abigail Newton, Isaac Ng, Anthony Nguyen, Ashlee Nguyen, Casey V. Nguyen, Christiana P. Nguyen, Dante T. Nguyen, Sophia Nguyen, Danielle N. O'Brien, Thomas P. O'Neil, Amanda L. O'Neill, Kasriot L. Panarati, John C. Petrongolo, Khoa A. Pham, Kiet B. Phu, John R. Pickering, Madeline E. Power, Margaret M. Power, Dheeraj Aravind Prakash Viswanath.

William P. Rafti, Victoria N. Rak, Brandon J. Riley, Curtis Ru, Mia L. Ryan, Annika M. Schmitt, Marybeth M. Smith, Max A. Spendlove, Alexander L. Stankov, Jinglin N. Tan, Steven Tang, Sabrina N. Teng, Jason Ton, Antonie D. Tran, Lily Tran, Trinity N. Tran, Andy Truong.

Andy Vu, Kaitlyn T. Vu,

Sumayya Wafapoor, Patrick J. Webber, William A. Wismar, Stella J. Wong, Josie J. Wu, Sophia Xie, Christina Xu, Jonathan Carter V. Zing, Jesse Zheng, Ray L. Zheng, Brandon Zhou, Rylee W. Zhou, Elaina R. Zou.

Grade 6: Noah L. Baker, Jonathan Jasper N. Baldini, Niamh N. Barrios, Jessica L. Berberi, Victoria A. Berry, Ava F. Bryan, Nicholas M. Cerone, Julia Y. Chen, Nichole X. Chen, Si Ying Chen, Steven Chen, Vicky Chen, Vincent Y. Chen, Emily S. Chin, Grace E. Cody, Kieran J. Collins, Sophia G. Comiso, Aluna J. Coogan-Coyne, Emma D. Cramond, Grace M. Cunniff.

Devin J. Dear, Sonia R. Dijkstra, Ava M. Donaghue, Arli Dylja, Faye G. Fitzpatrick, Devereux A. Fuller, Brooklyn R. Geary, Madeline J. Gola, Emmett D. Gurwitch, Tim F. Heise, Piper E. Henderson, Isabelle K. Hogan, Benjamin J. Hudach, Cameron M. Johnston, Isabella Kuang, Sophia J. Kyrannis.

Isaac Lee, Keldon G. Lei, Chaliss M. Leoutsakos-Gustave, Jack Li, Jasmine Y. Li, Aixin Liang, Vicky Liao, Christine Lin, Janice Lin, Isabel V. Llamas, Hai K. Luong, Laura V. Luong, Ciara J. Maher, Grace W. McGough, Emma N. Molla, Marah L. Neil, Shayla M. Nguyen, Autumn E. O'Campos, Caroline P. O'Donnell, Josette L. Oberton, Grace M. Pickering, Maia C. Popa, Margaret G. Potts.

Isabella C. Reyes, Brooklyn C. Rizzo, Mary P. Saccoach, Jayla M. Santiago, Fallyn A. Scott, Nina E. Smith, Isabella S. Soto, Renee Y. Su, Wen Chao Tan, Molly M. Toland, Nicholas K. Tran, Zara J. Valencius, Chloe Wu, Fanny K. Yang, Eric Zhao, Kira S. Zlatanova, Connor J. Zynda.

HONORS

Grade 8: Kathleen J. Bowden, James F. Bradley, Dallas M. Burnes, Zhion E. Cardoso Mendes, Cheuk Yin N. Chan, Justin Z.

Chan, Jack E. Collins, Clayton H. Corley, Matthew R. Craig, Tony G. Eng, Simon C. Ford, Niamh S. Galen, Zachary W. Galligan, Ryan S. Gately, Harrison C. Gaudiano, Colm J. Geary, Brendan M. Glynn, Scott Q. Gutro.

Lindsey A. Hatfield, Ronan J. Healy, Xing Hao Huang, Dallas R. Hudgins IV, Kyle M. Jacobs, Leslie W. Kahugu, Charles D. Kelson, Sai C. Kuchulakanti, Cathy N. Lin, Shelly Lin, Xingyu N. Lin, Lane M. Lowry, Lawrence M. Ly, Hunter A. Mac Isaac, Adam J. Maier, Megan L. Mann, Adam D. Manter, Patrick W. McDonald, Keighley E. McLaughlin.

Shay P. Meaney, Brooke T. Messing, Colleen M. Moran, Laila L. Mullgrave, Max S. Nixon, Brendan V. O'Leary, Jordan D. Reilly, Gerelle L. San Jose, Mia F. Scott, Renea L. Smart, Tarianna L. Thomas-Smoot, Gordon Truong, Lana E. Vangorder, Athina Vrap, Ling N. Yang, Nikola Zena, Steven W. Zhou, Xiaozun N. Zhou.

Grade 7: Kimberly L. Alves, Dilan S. Arda, Anass Bahri, Ryan J. Beardsley, Kevin M. Blido, Kataline M. Bui, Edison Chan, Dina N. Che, Calvin Chen, Jennifer Chen, Elizabeth R. Chetwynd, Ammar A. Chunda, Liam M. Cody, Patrick J. Coleman Jr., Jamie L. Collins, Oisin D. Coogan-Coyne, Matthew R. Copp, Kyla A. Cruz, Julianna M. Currie.

Luis A. Dean, Juliana M. Di Blasi, Amber R. Doyle, Kevin Duong, Kristen P. Duong, Declan J. Ferreira, Xu N. Huang, Mia E. Irion, Gianna H. Jean-Louis, Noah B. Kearney, Emma R. Kinsley, Ava B. Knops, Jackie N. Kuang, Arnav Kumar, Vincent Lam, Andrew N. Lim, Leo V. Lombardi, Klaudia Mance, Jace S. Mauriello, Andrew L. Mazzini, Sam N. McAnulty, Ryan M. Messing.

Devin T. Nellany, Ariel

N. Nguyen, Diana T. Nguyen, Brendan D. O'Connor, Elizabeth G. O'Grady, Vincent M. O'Leary, Lindsey A. Packard, Theodore J. Porter, Jeffrey M. Reese, Chloe H. Robertson, Liam J. Rogers, Peter J. Romeo, Madison M. Rose, Dean Schaaf, Colin S. Smith, Vasiliana Sota, Sam A. Spendlove, Nathan D. Stagg, Manlin Sun, Ryan J. Tobin, Nhu Quynh N. Tran, Samuel J. Traynor, Hogan Truong, Jason Y. Wen, Matthew J. Whooley, Carmen Wong, Kevin K. Xu, Adam B. Zhao, Jiayu Zhen.

Grade 6: Angelica M. Anousis, Afifah F. Ball, Katherine E. Bardwell, Emma M. Bateman, Gaetano J. Belfort, Emma Bille, Nolan P. Boring, William T. Bradley, Christopher T. Brady, Elaine M. Cai, Joseph A. Campo, Skyline E. Cardoso-Mendes, Angela Chen, Chloe Chen, Xuan Chen, Yong N. Chen, Johnny Y. Chiu.

Kyle E. Clements, Meara M. Conley, Sam S. Conley, Will S. Conley, Lyna R. Dang, Nathan C. Doyle, Abigail K. Driscoll, Timothy J. Dupill, Joseph M. Enos III, Parker H. Evans, Erin M. Garvin, Joana M. Gjini, Ciara M. Golden, Orlagh M. Gormley, Giada N. Guarino, Vincent V. Guarino, Jonathan He, Leo He, Resse M. Hendry, Hanna R. Henrikson.

Ellie K. Houlihan Gavin, William G. Huang, Daniel E. Hudach, Molly E. Jacobs, Laura N. Jiang, Richard J. Jiang, Ahmed Kaddour El Boudadi, Emraan K. Kafih, Michael P. Keane, Tyler Kelly, Jan A. Kepczynski, Ethan Y. Kim, William A. Lanergan, Kimberly H. Le, Brian Le-Nguyen, Kyra M. Lee, Patrick B. Lee, Elizabeth M. Leonard, Angelina Y. Lin, Jason C. Lin, Alanna M. Lynch.

Matthew R. Madeiros, Thomas E. Maher, Charlotte R. McConville, Charles F. McGrail III, Ava R. McGrath, Lucy K. McLaughlin, Anna K. McPhillips, Riley A. McRannor, Xiaobin N. Mei, Joseph Ethan A. Mercado, Luke J. Mordas, Basil S. Neameh, Matthew J. Nellany, Emily C. Peralta, Katherine C. Ramos, Declan M. Rogers, Renzo C. Santangelo, Anna R. Sekmokas, Ryan C. Setow, Sofija E. Slezas, Killian T. Sloan.

Mollie R. Smith-Gaeta, Caroline D. Snyder, Isabella A. Sproul, Lin Han Su, Denny D. Tan, Carlos X. Torres Jr., Cassidy R. Travers, Natalia M. Urcisichi Espejo, Phu Hao N. Van, Henry C. Wilde, Thomas J. Wirtz, Jenny M. Wong, Shane A. Wright, Alvin Wu, Jade M. Yee, Kevin Zhang, Roseley Zhang, Xin Ting N. Zhao, Laura Zhu, Wendy Zou.

Step Into the PopUp Gallery!

Come visit the Quincy Art Associations PopUp gallery. You'll love all the art and photography AND it's all available to you at great savings! You'll see some of the best art and photography the South Shore has to offer. From landscapes to portraits and abstracts to classic still life work. Because we are a PopUp our time at this location is limited but time enough to walk away with a prized possession.

Days Open: Thursdays thru Sundays, from Jan. 11 to Jan. 27
1534 Hancock St. Quincy

Here are times to Pop In:

Thursdays - 11am-1pm

Fridays - 4pm-6pm

Saturdays - 11am-4pm*

Sundays - 1:30pm-3:30pm

*Saturday (closing day) 27th
10am-2pm



Quincy Art Association
26 High School Ave. Quincy,
MA 02169
To see our Calendar & More:
www.quincyartma.org
quincyartma@yahoo.com
617.770.2482
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Social

Girl Scouts Kick Off Cookie Sale

Quincy Girl Scouts recently kicked off their first week of cookie booths in Quincy.

Despite the frigid temperatures troops were still out selling their delicious cookies.

If you missed out on getting cookies this weekend, no worries, they will be back.

Girl Scouts have permits to sell cookies every Friday, Saturday and Sunday from now until Feb. 24th and the entire February School Vacation week.

They can be found outside Walmart and Roche Brothers, as well as inside

both Stop and Shops.

Girls will also make an occasional appearance outside Star and the CVS on Quincy Shore Drive as well as inside Lowe's.

Before you head out, you can check the website or the Girl Scout Cookie finder app to see where they will be that weekend. You can download the "Girl Scout Cookie Finder" app at the Google Play store or you can go online to www.girlscoutcookies.org. Then just put in your zip code and it will tell you where you can find your favorite flavors of Girl Scout cookies.

Cookies are \$5 this year

and the flavors are the same as last year:

Thin Mints (chocolate covered mint); Caramel Delites (caramel, chocolate and coconut); Peanut Butter Patties (vanilla cookie and peanut butter covered in chocolate); Peanut Butter Sandwich (oatmeal cookies w/pb. in between); Smores (newest cookie - marshmallow and graham cracker covered in chocolate); Shortbread - Lemonades (shortbread with lemon icing on one side); Thanks a lots (shortbread with fudge on one side); and Gluten free trios (gluten free chocolate chip, peanut butter and oatmeal cookie).



QUINCY GIRL SCOUTS selling cookies are (top photo from left) Angel Bresnahan, Isabella Carinci and Brianna Backman; and (bottom photo left to right) Sasha Rockhold, Jayda Berry and Sabrina Egan.

Photos Courtesy Lindsay Carinci

Quincy Art Association Pop-Up Gallery Open

The Quincy Art Association announces the opening of a Pop-Up Gallery at 1534 Hancock St., Quincy Center (site of the former Payless Shoe Store).

QAA has partnered with other art associations and the South Shore Camera Club and feature many types of visual arts on exhibit and

for sale.

The shop is open Thursday from 11 a.m. to 1 p.m., Friday from 4 to 6 p.m., Saturday 11 a.m. to 4 p.m. and Sunday 11:30 a.m. to 3:30 p.m. The last day of the shop will be Saturday, Jan. 27 from 10 a.m. to 2 p.m.

Meet the artists who will be volunteering to keep the

gallery open. There will be an artist demonstration on Saturday, Jan. 20 at 2 p.m. Come enjoy the works of local, talented artists and photographers.

Thanks go to QAA volunteers, Discover Quincy, Key Realty and LBC Boston for their donations in making this possible.



O'Donnell Lions Club Speaker Feb. 15

Norfolk County Register of Deeds William P. O'Donnell will be the guest speaker at the Quincy Lions Club meeting on Thursday, Feb. 15 at noon.

The meeting will be held at the Quincy Neighborhood Club, 27 Glendale Rd. in Quincy.

O'Donnell will discuss the historical nature of the Registry and his ongoing efforts to modernize and computerize the vast number of Norfolk County real estate records. He will also address the Massachusetts Homestead Act and following the presentation address

any specific questions members may have.

As part of the Norfolk County Registry of Deeds community outreach initiative Register O'Donnell offers this program in his effort to provide information as to the functions and services the Registry of Deeds provides to the residents and businesses of Norfolk County.

To learn more about these and other Registry of Deeds events and initiatives like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds

folkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org. Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email us at registerodonnell@norfolkdeeds.org.

Bryan Turner On Dean's List

Bryan Turner of Quincy has been named to the Dean's List at Arizona State University for the fall semester.

Turner, a junior at ASU, is a 2015 graduate of North Quincy High School. He was named one of the top undergraduate scholars from the W.P. Carey School of Business at Arizona State.

Vincent Tran On Dean's List

Vincent H. Tran, son of Tam Ho and Tony Tran of Quincy, has been named to the Dean's List at Hamilton

College for the fall semester.

Tran, a senior majoring in sociology, is a graduate of North Quincy High School.

7 Local Students On Thayer Middle School Honor Roll

Seven students from Quincy are on the honor roll at Thayer Academy Middle

School in Braintree.

They are:

Jennifer Ayles, Brett Col-

ins, Robert Keegan, William Kourafas, Jack Shepherd, Gavin Toland and Conor Walsh.

14 On Thayer Upper School School Honor Roll

Fourteen students from Quincy are on the honor roll at Thayer Academy Upper School, Braintree.

High Honors

Samantha Colman-Lern-

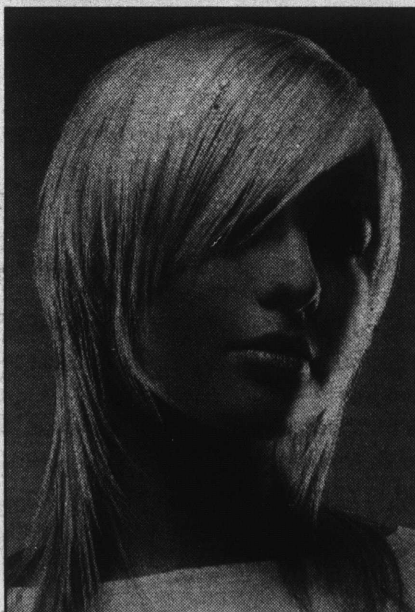
er, Molly Mullally, Eoin O'Sullivan, Maximilian Storch, Charlotte Nickerson, Maria Theodore, Pdraigh Desmond and Madeleine Farrell.

Honors

Emma Steffan, Arianna Urekew, Miriam Post, William Scola, Anna Chau and Matthew Steffan.

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Two Local Students On SNHU President's List

Two students from Quincy have been named to the President's List for the fall semester at Southern New Hampshire University in Manchester, N.H. They are: Anna Laugelle and Katelyn Muscato.

WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUSIE FALCO



Hannah's Corn Bread

By MARIE

If you are a familiar with my column then you know that I never use any type of mix or canned soup in my recipes. However, last week I tasted the most delicious corn bread made with a small package of muffin mix.

So many of my recipes are handed down from mothers, grandmothers and family and friends. This recipe is from my granddaughter, Hannah, who got it from her boyfriend Andrew's grandmother. While Hannah was making her corn bread, my daughter Nancy (Hannah's mom) was making my mother's recipe for corn bread.

Here they are - both very different but delicious in their own way.

Preheat oven to 350 -Grease a 9 x 9 cas-

serole dish

- 1 cup of creamed corn
- 1 can of corn
- 1 package of Jiffy corn muffin mix
- 1 stick of unsalted butter
- 1 cup of sour cream

In a sauce pan or pot, melt the butter. Add the muffin mix and mix well. Add all of the other ingredients and mix until well blended.

Bake in a slightly greased 9 x 9 casserole dish for 30 to 35 minutes or until toothpick comes out clean. Let cool before cutting

We served this delicious bread with homemade turkey soup, but it is so delicious and versatile, you can serve it with any dish at all!

My Mother's Corn Bread

By MARIE

Pre-heat oven to 350
Grease a pie plate

Recipe:

- 1 cup of corn meal
- 3 medium size potatoes
- 1 tablespoon black pepper
- 1/4 cup milk

In a pot, cook the potatoes until soft and then mash. Mix the potatoes with corn meal, milk and pepper until well blended. The mixture will be very dense.

Place mixture in a slightly greased pie plate spreading evenly. Bake at 350 degrees until lightly browned on top and a toothpick comes out clean.

This corn bread is a great side dish and can be served with anything and also makes a great snack or is great with a cup of tea.

Steel Cut Oat Mushroom Risotto

By SUSIE

People can be very set in their ways when it comes to how to prepare different foods. Most think of only oatmeal for breakfast and/or served with brown sugar and cream, or with fruit and nuts.

Have you ever heard of using it instead of rice to make a much healthier risotto?

Steel cut oats are incredibly healthy. Loaded with fiber and important nutrients, they are made from oat kernels that have been chopped into thick pieces by steel blades. Like all other grains in whole or cracked form, steel cut whole grain oats rank lower on the glycemic index than rolled oats. They also keep you full longer and digest more slowly.

Studies have shown that individuals with high cholesterol have reduced their total level by 8 to 23 percent simply by consuming three grams of this soluble fiber per day - the amount you get in one bowl of steel cut oatmeal! So try some oats for dinner. Let me know what you think!

STEEL CUT OAT MUSHROOM RISOTTO

5-6 cups organic chicken broth WARM to hot (not cold!, best if hot if you can)

1 tablespoon kerry gold butter, 1 tablespoon olive oil

1 shallot, chopped fine

1/2 or so teaspoon sea salt, and some pepper, depending on taste

One pack of shitake mushrooms

2-3 cloves minced garlic

Handful of chopped parsley and chopped fresh basil (I like a lot, but do according to taste)

1/2 lemon, squeezed

1 cup steel cut Irish oatmeal (I like the kind in the pretty tin!)

1/4 cup grated Parmesan cheese, plus extra for garnish

Saute shallot in the butter/oil until fragrant then add in mushrooms and garlic, with salt and pepper. Then add in oats and toss around to coat and toast a bit. Now add half the broth and lemon and reduce heat to medium low.

Stir. Cook until most of the liquid is absorbed, stirring occasionally.

Add in cup at a time of liquid, stirring occasionally as to not stick to pot. Cook about 25 or 30 minutes. Check for doneness.

If too dry, add some more broth. It's all in how you like it. Recipes should always be a guide, not etched in stone.

Check for seasonings. You many want more salt and pepper. When done to your liking, add the cheese and fresh herbs. Toss well and top with a sprinkling more of cheese and a nice drizzle of extra virgin olive oil.

If you dislike mushrooms, substitute butternut squash, or kale, or another vegetable of choice.

Adams Heights Men's Club Toys For Tots Party



THE ADAMS HEIGHTS Men's Club recently hosted its annual Toys For Tots toy drive. Party chairman Edward Finocchiaro would like to thank all the members and guests for their generosity. The United States Marine Corps picked up approximately 250 gifts for those in need and more monetary gifts also.

Photo Courtesy Adams Heights Men's Club

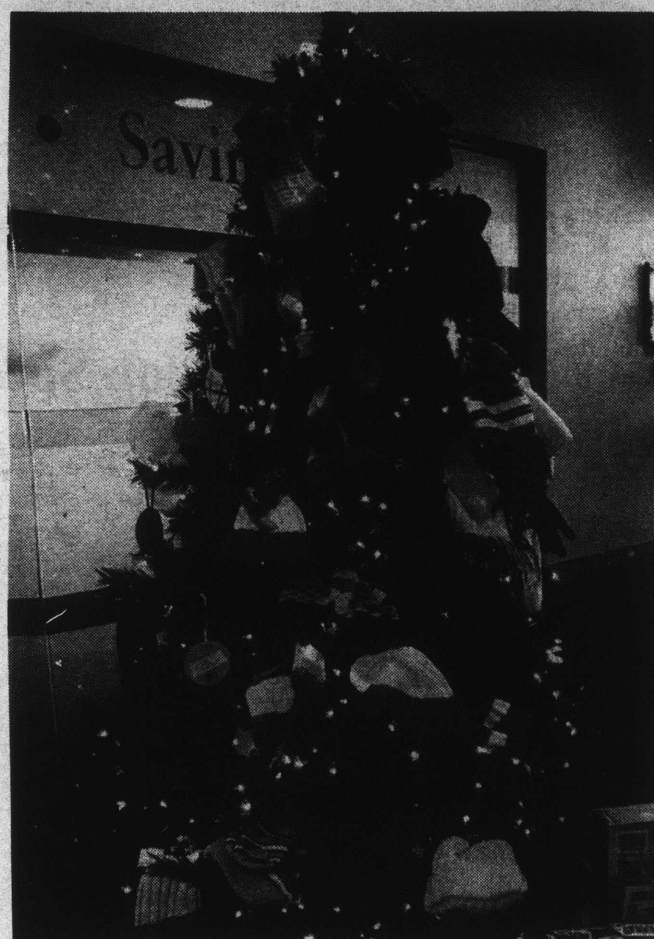
Bank Of Canton Collects 429 Winter Accessories For Local Charities

Bank of Canton collected 429 winter accessories for local charities during December, as part of its annual holiday Mitten Tree drive.

Customers and employees of the bank's 60 McGrath Highway branch in Quincy donated handmade and newly purchased hats, mittens, socks and scarves to benefit Quincy's Interfaith Social Services organization, dedicated to improving life for South Shore families and individuals in need. The donated items adorned the branch's tree throughout the month of December.

"We're grateful to our generous customers and staff who did an excellent job covering our Mitten Trees with donations," said Stephen P. Costello, president and CEO of Bank of Canton. "We had tremendous participation in all of our communities this year, and I'm pleased to see this holiday tradition grow and benefit even more of our neighbors in need."

The Mitten Tree collection drive was part of Bank of Canton's holiday promotion.



BANK OF CANTON collected 429 winter accessories for local charities during December, as part of its annual holiday Mitten Tree drive.

Photo Courtesy Bank of Canton

tion, which also included a free public showing of the animated movie Arthur Christmas at the bank's 250-seat auditorium in Canton, as well as a "crazy holiday sweater" drawing contest that awarded \$1,000 to young artists.

Chili Bowl Cook-Off Jan. 27 At Houghs Neck Congregational Church

The ninth annual Chili Bowl Cook-off will be held at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy on Saturday, Jan. 27 from 1 to 4 p.m.

The cooking competition features prizes for the Best Individual and Best Restaurant Chili entries. There is no fee to enter chili. To enter or for more information call Pam Craig at 617-471-8968 or email pcraig1962@comcast.net by Jan. 20th.

Admission is \$5 per person and includes samples of up to 20 different chili recipes. Those sampling chilis can cast votes for their favorite.

Soda, beer, hot dogs and chips can also be purchased.

There will be a bake sale

for sweets and more.

The event is sponsored by the Houghs Neck Congregational Church.

Social Security Topic Feb. 8 At Kennedy Center

Kristen Alberino, Social Security Public Affairs Specialist, will be at the Kennedy Center on Thursday, Feb. 8th at 1:30 p.m. to discuss Social Security benefits and services, the history of Social Security, and online services, followed a question and answer session.

The free workshop will

also provide information on applying for extra help with prescription costs, contacting Social Security to make changes, what additional benefits you may qualify for and when you need to apply for Medicare.

To register for this session call (617) 376-1506. Space is limited.

New Scientific Blood Pressure Guidelines

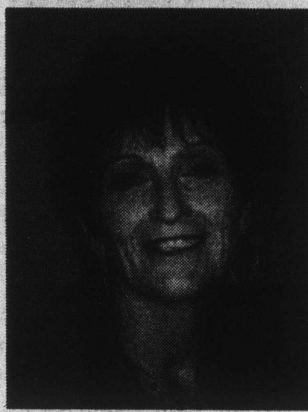
What Do They Mean For You? – A Message From The Quincy Health Dept.

By RUTH JONES
BSN, RN, BC, CP-FS

Approximately half of all American adults are at risk for major health complications because of high blood pressure. This is according to a new scientific guideline that redefines the dangerous condition and provides strategies for healthcare providers to detect, treat and prevent it.

The new guidelines, the first complete set since 2003, lower the readings that define high blood pressure to account for complications that can occur at lower numbers, and to allow for intervention to be instituted sooner. This new definition will result in nearly half of the U.S. adult population (46 percent) now having high blood pressure, with the greatest impact expected among the younger population.

Moreover, the preva-



RUTH JONES

lence of high blood pressure is expected to triple among men under age 45, and double among women under 45. However, the number of adults requiring antihypertensive medication is expected to increase only a minute amount.

According to these guidelines, released recently by the American Heart Association, people with readings of 130 as the top number or 80 as the bottom one now

are considered to have high blood pressure. High blood pressure used to be defined as 140/90. The change means that 46 percent of U.S. adults would be identified as having high blood pressure, compared with 32 percent under the previous definition.

A blood pressure of less than 120/80 still will be considered normal, but levels at or above that, up to 129, will be considered elevated.

The new guideline is designed to help people take steps earlier to control their blood pressure, according to the guideline authors. High blood pressure, also known as hypertension, is a major risk factor for heart disease and stroke, the two leading causes of death in the world. The consensus is that more people will be labeled as hypertensive and more medication may be initiated,

but that it will save lives and money by preventing additional strokes, cardiovascular events and kidney failure.

The guideline which was in the works for about three years and based on hundreds of studies and clinical trials, is not suggestive of a massive increase in the number of people who will need to take medication to control hypertension. About one in five of the estimated 14 percent more adults to be classified with high blood pressure will need medication, according to Paul Whelton, M.D., who chaired the guideline writing committee.

Considering the overall population of adults who now will now be diagnosed with hypertension, the guideline predicts only a small percentage more should be prescribed medicine for it,

compared with the preceding guideline's recommendations released in 2003. Instead, the guideline emphasizes that doctors need to concentrate on a whole framework of healthier lifestyle changes for patients.

Based on new ACC and American Heart Association (AHA) guidelines for the detection, prevention, management and treatment of high blood pressure. High blood pressure should be treated earlier with lifestyle changes and in some patients with medication at 130/80 mm Hg rather than 140/90.

Blood pressure categories in the new guideline are:

Normal: Less than 120/80 mm Hg

Elevated: Systolic (top number) between 120-129 and diastolic (bottom number) less than 80

Stage 1 Hypertension: Systolic between 130-139 or diastolic between 80-89

Stage 2 Hypertension: Systolic at least 140 or diastolic at least 90 mm Hg

Hypertensive crisis: Systolic over 180 and/or diastolic over 120, with patients needing prompt changes in medication if there are no other indications of problems, or immediate hospitalization if there are signs of organ damage.

These new guidelines remove the category of pre-hypertension, categorizing patients as having either Elevated (120-129 and less than 80) or Stage 1 hypertension (130-139 or 80-89). While previous guidelines classified 140/90 mm Hg as Stage 1 hypertension, this level is classified as Stage 2 hypertension under the new

guidelines. Furthermore, the guidelines emphasize the importance of using proper technique to measure blood pressure; recommend the use of home blood pressure monitoring with validated devices; and focus on the value of appropriate training of health care providers to uncover "white-coat hypertension."

Other modifications include:

- Prescribing medication for Stage 1 hypertension only if a patient has previously had a cardiovascular event such as a heart attack or stroke, or is at an elevated risk of heart attack or stroke based on age, the presence of diabetes mellitus, chronic kidney disease or calculation of atherosclerotic risk.

- Recognizing that many people will need two or more types of medications to control their blood pressure, and that people may take their pills more regularly if multiple medications are combined into a single pill.

- Identifying socioeconomic status and psychosocial stress as risk factors for high blood pressure that should be reflected in a patient's plan of care.

The new treatment guidelines contain a vast amount of documentation so there may initially be some confusion on doctors' part about how they should advise patients. Recommendations should include, watching your salt, exercising more regularly, relaxing, getting a proper amount of sleep and eating a little more potassium-rich fruits and vegetables.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

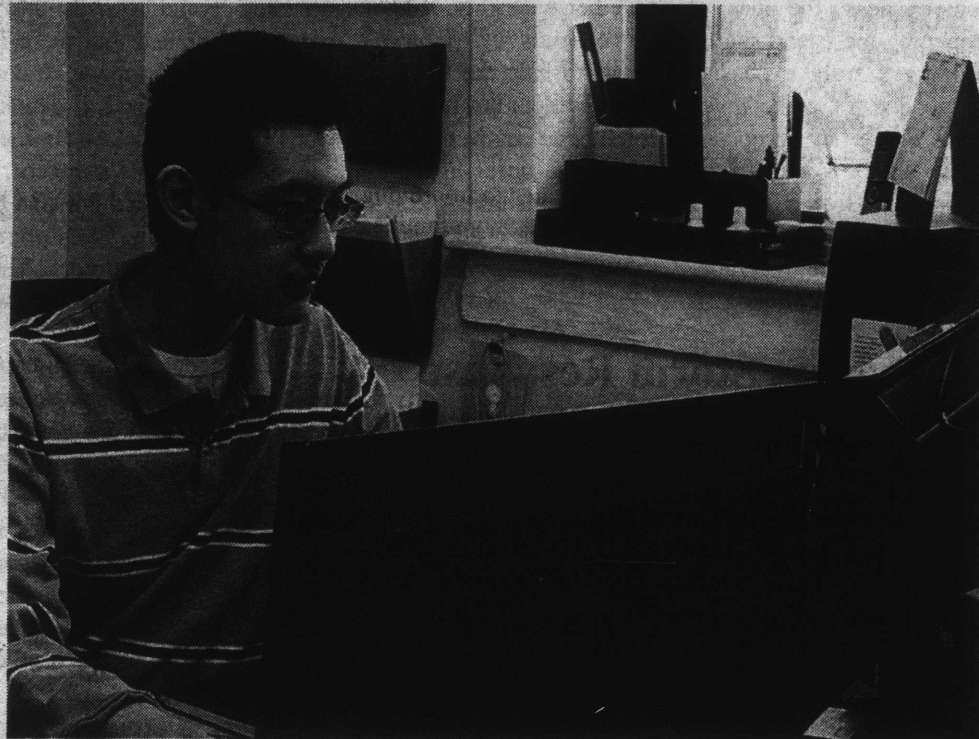
Through Customized Employment, Young Man With Autism Impresses Employers

By ANDREA MITSCH
WORK, Inc.

In the spring of 2017, Kelvin was referred to WORK Inc. Pre-Employment Transition Services program through the Massachusetts Rehabilitation Commission. The goal of the program is to provide students with individualized Job Exploration Counseling, Workplace Readiness Training (Paid Internships), Self-Advocacy/Mentoring, and Counseling on Post-Secondary Education.

Kelvin was paired with a Career Transition Specialist and together they developed a plan to explore potential career options based on his interests and natural talents. He was enrolled in UMass Boston continuing his education, but was interested in obtaining work experience through an internship. Kelvin was eager to try new job options that would reflect his strengths such as his ability to perform detailed work that required exactness.

During his time at WORK Inc. he worked as a receptionist practicing his communication skills as well as learning to perform other administrative tasks. In the summer, during school break he joined the Urban Youth Collaborative Program at WORK Inc. summer paid internship for college students looking to gain experience in the human service sector and was assigned an administrative internship in a Day Habilitation Program. Kelvin a naturally reticent individual developed a more outgoing communication style



through the many student activities that included trips to the statehouse, leadership training and peer mentoring. As the summer came to a close, Kelvin began to interview for other internships to continue to gain experience in different areas as well as continue to work on his communication skills.

Julianne, his Career Transition Specialist, connected with the Development & Communications Manager, Angela Chan at Quincy Asian Resources Inc., (QARI) in Quincy, and they agreed to interview Kelvin. Kelvin, being extremely detail oriented and proficient with computers, was selected to intern with the development team.

Before beginning his internship, Julianne took the initiative to learn that QARI uses Salesforce as a program, trained Kelvin to use the program, and he quickly

became familiar with the system. Having this experience, Kelvin was able to dive into the internship, and worked on the donor database, created reports, and helped put together the company brochure. As time went on, the folks at QARI saw the potential in Kelvin and began giving him more responsibilities, one being the job of designing the Annual Report for their upcoming Annual Meeting.

Kelvin, being very computer savvy, was able to learn and work with Microsoft Publisher. In no time, he was able to produce the report to the staff's liking and approval. Philip Chong, Chief Executive Officer, said, "Meeting Kelvin has really changed my life. He is hard-working, intelligent, and wonderful to work with. He has an inspiring glow when he comes to work. It is empowering for us, and

hopefully for Kelvin as well, to have him be a part of the QARI team. QARI is lucky to have him."

After completing his internship at QARI, Kelvin was offered the opportunity to stay on fulltime, however Kelvin decided to complete a second internship with the US Attorney's office. Kelvin, who is studying sociology at UMass Boston, wanted to learn about different employment opportunities and was very excited when the US Attorney's office offered him an opportunity.

Since beginning in November 2017, the staff has been quite impressed with Kelvin and his attention to detail when working on projects. He has been able to complete many of the projects in half the time the staff had assumed they would take, having the opportunity to broaden his experience.



DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

CAN ASPIRIN REVERSE TOOTH DECAY?

A recent finding by scientists may help to further bolster aspirin's reputation as a "wonder drug" with multiple potential benefits. While aspirin (acetylsalicylic acid) has been used for many years as a painkiller, new research suggests that it may also reverse the effects of tooth decay. According to initial research, aspirin has been found to have the ability to stimulate stem cells in teeth, thereby enhancing tooth regeneration. While teeth are able to produce a thin layer of "dentin" (the layer beneath the enamel), it is not enough to repair a large cavity. If researchers can find ways to develop treatments using aspirin that help teeth repair themselves, fillings may become a thing of the past.

Because the field of dentistry is ever-changing, we never consider our training to be complete. We believe that quality care requires constant, continuing education. Our patients trust us with their care, so we feel we owe it to them to share the knowledge we have learned and provide the most up-to-date treatment available. For personalized attention from dedicated specialists, we offer comprehensive dental care for the family at 44 Greenleaf Street. Please call 617 479-6220 for an appointment. Visit us on the web at www.quincydentist.com.

P.S. Today's tooth-colored composite resins used to fill cavities not only look better than amalgam (silver) fillings, but they are far less resistant to shrinkage.

READERS FORUM

Revere Rd. Resident Opposes Hancock Street Subdivisions

(Editor's Note: A copy of the following letter was submitted to The Quincy Sun for publication.)

Dear Mr. Stevens and Planning Board members and elected officials and all City Councilors,

I wish to be recorded in the Public Record as opposed to the proposed subdivisions of the Planning Board Case 1534-1538 & 1550-1556 Hancock Street, Planning Board Case No. 2017-Subdiv - 01. I am unable to attend in person because I am temporarily wheelchair bound at a rehab facility due to an orthopedic injury, therefore I need written acknowledgment of this email letter.

Some of my reasons are as follows: little or no communication of actual plans with abutters on Revere Road, lack of information of impacts on abutters including air pollution and all environmental impacts including the possible flooding and Town Brook water levels and impacts on smelt spawning; no present plans for parking along with this number of apartments and businesses as required by law. A proposed 700-car parking garage directly across from my home has not been approved by the appropriate legislative body that includes the City Council. That also includes another high-rise apartment

project by O'Connell on the Hancock Lot close to the court house, a separate project.

The taking of Public Property, the entire Hancock Parking Lot for private profits and plans for Quincy taxpayers to pay for a proposed garage with prime parking for the developers and little for Quincy shoppers and citizens is not in the best public interests of average Quincy taxpayers. There is little or no developer enhancement for the City. Even new green space is intended only for the new luxury apartment dwellers as none of the new apartments are moderately priced or low-income accommodations.

Traffic is now gridlock at certain times of the day now throughout Revere Road, Mechanic Street, Hancock Street to Washington Street and I am not aware of any improvements with this proposal.

I understand there are large tax breaks for this developer yet average Quincy taxpayers' rates are getting higher and higher with each year.

For these reasons, I, as a longtime Revere Road resident and homeowner, am opposed.

Please send me confirmation of receiving this as public record.

Arline Goodman
33 Revere Road

Long Island, The New Bridge And Ending Homelessness

Recently, at his swearing-in, Boston Mayor Martin J. Walsh reopened the issue of relocating the homeless population back to the former Long Island site.

Once again, the issue is the rebuilding not only of the treatment and housing site but the construction of a new bridge to it. I personally think the price-tag for such a bridge makes little sense. Mayor Walsh is to be commended for standing up for the homeless population and wanting to do something positive over this chronic issue.

Relocation from Bos-

ton's South End (Mass and Cass) near Boston Medical Center back to the island sounds like a great idea for neighborhood folks in that surrounding area that have been negatively impacted by the closing of Long Island. However, the real issue needing addressing is not relocation but real treatment. Several homeless advocates including former city councillor Joe Finn in another publication earlier this week think we as a society are moving closer to ending homelessness. I am not that optimistic.

Kudos to state Rep. Bruce Ayers (Ayers Opposes New Long Island Bridge, Quincy Sun, Jan. 4) for calling the idea not fiscally responsible. Like Ayers, I think Mayor Walsh's heart is in the right place when it comes to the opioid crisis and chronic homelessness, the idea of reopening the island site by building a truly expensive bridge doesn't make much sense. Some have proposed a ferry shuttle system to the island but Boston doesn't seem that keen on the idea.

However, the real concern being overlooked is

that Boston and Quincy need to work together better than getting surprised by the mayor's new commitment and that costly bridge that would be necessary to reopen island facilities.

Making headlines is not a good strategy but working together with City of Quincy officials is. Everyone wants to help the homeless but treatment not relocation is the better answer.

Kudos once again for state Rep. Bruce Ayers for adding much needed clarity to this pressing issue.

Sal Giarratani
Boston

Stop Building,
Fix Traffic Problems

I am writing in opposition to any building until the City of Quincy addresses the current existing traffic problems.

From 6 a.m. to 9:30 a.m. it is impossible to get across the Neponset Bridge. Building hundreds of additional units without a traffic plan is

breach of the public trust.

If you fail to take action to address the traffic issues you will have a lot of vacant housing as no one will live in this housing if they can not get to work.

Stuart Schrier
Shellton Road
Quincy

Four On Stonehill Dean's List

Four students from Quincy have been named to the Dean's List for the fall semester at Stonehill College in Easton.

They are:

Courtney Campo, Class of 2019, a graduate of North Quincy High School; The-

resa Cronin, Class of 2020, graduate of Quincy High School; Jonathan Roberts, Class of 2020, graduate of Quincy High School; and Colleen Stravin, Class of 2021, a graduate of Fontbonne Academy.

Praises Storm Response

Quincy did an outstanding job in dealing with last week's storm, especially considering that last week's cold and snow was the first major snow of the season.

It was impressive that virtually all of the streets - even the side streets were - largely kept open. This was

not the case in several of our surrounding communities.

Often city workers and hired contractors are criticized and exceptional work is taken for granted. Last week's stellar work should not be.

Well done, Quincy DPW.
John Swanson

Orthopedic Discussion Feb. 7

As we age, it is inevitable that so will our bodies - especially our joints, which undergo significant wear and tear over the years.

The most common degenerative joint disorder affecting men and women is osteoarthritis.

Carney Hospital's Chief of Orthopedic Surgery Raghuvir Muppavarpu, MD, will be at the Kennedy Cen-

ter on Wednesday, Feb. 7th at 10:30 a.m. to discuss the latest treatments for knee and hip pain associated with osteoarthritis.

Learn what you can do to reduce the symptoms of osteoarthritis. Registration is required for this event as space is limited.

To register call the Kennedy Center at (617) 376-1506.

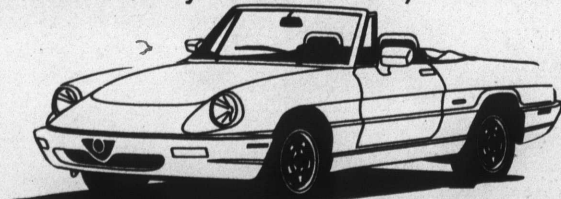
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Social Security Matters

Ask Rusty: Applying
For Social Security
Disability Benefits

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty: My question is how to apply for disability? I suffer from blepharospasms (facial dystonia) of both eyes, non-diabetic neuropathy in both feet and lower legs, and have a hearing loss related to my occupation as a police officer (now retired). I also suffer from an old injury that occurred while on duty to my lower back which inhibits my ability to lift anything very heavy or be on my feet for very long. Can you please help with the procedures for filing for disability with Social Security? **Signed: Disabled Public Servant**

Dear Disabled Public Servant: First, I'd like to point out that Social Security Disability isn't available to anyone who has already reached their Social Security "full retirement age," or "FRA." You didn't tell me your age, but if you were born anywhere from 1943 to 1954 your full retirement age for Social Security purposes is 66 (up to 67 if your birth year is later). If you're older than your FRA now, you can no longer apply for SSDI; in fact, anyone on SSDI automatically converts to retirement benefits when they reach their full retirement age. If you're younger than your FRA and totally disabled, you can apply for SSDI benefits online, however we suggest that you instead apply in person at your local office. I recommend you first get the SSDI starter kit at https://www.ssa.gov/disability/disability_starter_kits_adult_eng.htm

This kit will tell you everything you need to know about qualifications, and how to apply. Although you can apply online, applying in person will ensure the process is fully initiated as early as possible. You can find your local office information at www.ssa.gov/locator.

You should be aware that about 2/3rds of initial applications are denied, but there is an appeals process you can pursue if that happens. It could take several months for an initial decision and, if denied, 1 to 2 years for the appeals process to play out. Be aware too that the qualifications for SSDI are quite stringent, including not only that you're physically disabled but also that you have earned disability benefits by paying SSDI premiums via withheld FICA taxes from recent employment. Your entitlement to SSDI benefits can expire; you must have worked in SS-covered employment at least 5 of the last 10 years to be eligible.

As you can see, SSDI can be quite complicated which is why many people choose to engage a Social Security Disability lawyer to facilitate the process. An SSDI lawyer should not charge a retainer or any upfront fees, and Federal law limits the amount a disability lawyer can charge in contingency fees. The fee is limited to no more than 25 percent of any retroactive benefit you are awarded up to 12 months or \$6,000, whichever is lower. The amount of back pay depends on the onset date of your disability and when you filed for your benefits. Lawyers' contingency agreements do not require you to pay any fees unless you win; however some attorneys will charge a nominal fee (usually around \$100) for expenses such as paperwork, regardless of whether or not you win. Be sure to check the agreement before you sign it. Thank you for your service, and good luck with your application for Social Security Disability benefits.

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School Comm. Backs St. Mary School Site Proposal

Cont'd From Page 1

would be many discussions involving both the school committee and city council as the matter goes through the process.

"This (vote) doesn't bind us to anything," he said.

Newly elected committee member Douglas Gutro, a former city councillor, had reservations about voting on the issue, explaining that since this is his first school committee meeting, he wanted some time to be brought up to speed on the details.

"For someone that just got sworn-in moments ago, I have limited knowledge about this other than what I read in the newspapers," he said, adding, "I know of the pressing issues around the populations and school buildings and the need for a new school in West Quincy."

Gutro asked if he and the committee could have discussions in subcommittees "to be educated" on the matter.

Koch said that the committee has previously pub-

cally discussed the proposal on several occasions and is simply supporting the city council's authorization to secure a bond to purchase the site.

"I think this is pretty straight forward," Koch said. "Once we begin the official process, the committee would be very involved in the discussions going forward."

The mayor said he is proposing to build an elementary school on the St. Mary's site.

"My thought is an elementary school," he said. "If the committee disagrees, that's the decision to be. This just begins the process."

Newly elected committee Vice Chairperson Emily Lebo said that she is comfortable affirming the city council's vote.

"I don't think we are getting ourselves too far down any road about what specifically is going there," she said. "I think it would behoove us to at least support where the city is going with this."

Committee member

Paul Bregoli, a former West Quincy resident, noted the closing of two elementary schools - the Willard and Gridley Bryant - in that district decades ago and "knows the impact that has had on the West Quincy community."

Bregoli explained that, two years ago, he proposed to Koch the city look at purchasing the St. Mary's property.

"It would be win-win for our school system and the city and alleviate overcrowding," he said. "I think it's a no-brainer we move forward with this."

Gutro responded that he just wanted some information about the proposal including an analysis of the property. He added that since the committee has not taken a formal vote on building a school on the site, he felt being put "in an odd spot."

"Undoubtedly I came out in support of it (site purchase proposal). I understand the compelling needs of the schools, the capacity issues and the needs of West Quincy," he said. "I don't

want to hinder or slow or do anything with respect to the process. I just want to be educated on it so I can cast the vote with some knowledge."

Gutro said he would vote favorably on the issue and asked School Supt. Dr. Richard DeCristofaro to provide information on the matter as the process moves forward.

St. Mary's School was closed by the archdiocese several years ago along with St. Ann's and Sacred Heart schools. The city has been negotiating the purchase of the St. Mary's property with the archdiocese.

The city's plan calls for buying the property, demolishing the existing vacant school building to make way to the district's 12th elementary school.

Officials have previously explained that a West Quincy

elementary school would siphon some students from Montclair, Lincoln-Hancock and Bernazzani schools. Lincoln-Hancock, in turn, would take some students from the Marshall School.

Koch noted there is limited space in the city to build a new school and the St. Mary's property would be a perfect solution for the needs of the district.

The mayor also said that the new Squantum Elementary School proposal continues to go through the Massachusetts School Building Authority (MSBA) process. He noted the school committee had voted to support the application to the MSBA two years ago seeking support of a plan to replace the aging Squantum School, which, he said, has been determined to be the "weakest" school in the district.

Koch said the committee

will be taking a vote on the Squantum School project in the next four to six weeks to continue the process with the MSBA. If the project is approved, the state authority would reimburse the city for more than half the construction cost.

The mayor said the city has made great progress relative to the district's school buildings in recent years. The new Quincy High School opened in 2010 and Central Middle School opened five years ago. Central Middle was built on the former St. Ann School site that was purchased by the city.

Other schools in the district have been upgraded through MSBA support.

Quincy's public school population has increased in the past decade - going from nearly 9,000 students in 2006 to just under 9,500 last year.

Salvation Army: Thank You For Helping To Raise \$137,786

READERS FORUM

The Salvation Army of Quincy would like to take a few moments to extend its appreciation to the Quincy community for their wonderful support of and donations to the Red Kettle Campaign. It is because of the generosity of many people that The Salvation Army was able to raise \$137,768.96 during this six week campaign.

The Salvation Army appreciates each of the businesses, community leaders, service clubs, churches, volunteers, and bell ringers who staffed the kettles during our six-week campaign in order to help raise these vital funds. The funds exceeded the \$130,000 goal because of many generous and thoughtful people in our community.

The donations received through our Red Kettle Campaign are vitally important in order continue to provide the essential services to those within our community who are in need throughout this year. The Salvation Army is also very grateful for the support of its retail partners that include Stop & Shop, Roche Bros., Walmart, Shaw's Supermarkets, Star Market, and South Shore Plaza who have

helped to ensure that Red Kettles could be available at their stores so that monetary donations could be made.

Red Kettle Sponsorships were once again essential this year in helping to raise the much needed funds for the Red Kettle Campaign. The Salvation Army is appreciative to Di Pesa & Company, Dr. John Pasciucio, DDS; Hancock TV & Appliance, Keohane Funeral Home, Law Offices of Morgan J. Gray, P.C., Rural Masonic Lodge A.F. & A.M., Neponset Valley Survey Associates, Inc., NorthEast Community Bank, Quincy College, Quincy Police Patrol Officers Association, South Shore Bank, The Quincy Lions Club, and The Quincy Sun for playing an active role in our Red Kettle Campaign.

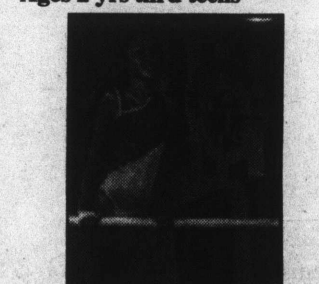
The mission of The Salvation Army carries on in the city of Quincy to help those in need and to see lives transformed because of the generosity of many within the Quincy community. Anyone who would like to make a donation to continue to support the efforts of The

Salvation Army of Quincy throughout this year in lending a helping hand to our neighbors during their hour of need can send a donation to The Salvation Army, 6 Baxter St., Quincy, MA 02169 or online at www.salvationarmyma.org/Quincy.

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Real Estate Sales Volume, Average Price Drop In 2017

Cont'd From Page 3
sales numbers until inventory numbers improve. In addition, consumers continue to be very careful when it comes to borrowing. A particular area of caution is refinancing for big ticket items such as home improvements.

"Two additional factors that we will need to keep an eye on in 2018 are the affect increased interest rates will have on consumer behavior and the impact the recently

signed re-write of the federal tax code will have on people deciding whether to borrow," O'Donnell added.

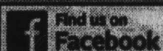
To learn more about these events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and [Instagram.com/NorfolkDeeds](https://instagram.com/NorfolkDeeds).

The Norfolk County Registry of Deeds is located at 649 High Street in Dedham. The Registry is a re-

source for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website www.norfolkdeeds.org. Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

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Thursday, January 18

7:30pm: AM Quincy: South Shore Elder Services
8:00pm: High School Basketball

Friday, January 19

11:30am: LIVE: Currently in Quincy
10:00pm: The Constitution: Then & Now

Saturday, January 20

12:00pm: Faces of South Asia
7:00pm: AM Quincy: SS Elder Services

Sunday, January 21

11:30am: Good News
10:00pm: The Constitution: Then & Now

Monday, January 22

11:30am: LIVE: Currently in Quincy
8:00pm: High School Basketball

Tuesday, January 23

6:00am: LIVE: AM Quincy with Joe Catalano
6:00pm: Eye on Quincy (replay)

Wednesday, January 24

6:00pm: Good News
9:30pm: Sound Advice

Thursday, January 18

6:30pm: FYE: QHD Multiple Sclerosis
7:00pm: Quincy Honors ... Finn/Laforest
7:30pm: At the Kennedy Center: Gerard Doherty

Friday, January 19

6:00pm: City View with Mayor Koch
7:30pm: Studio Sessions Ep 9
8:00pm: MLK Breakfast

Saturday/Sunday, January 20/21

9:00am: City View with Mayor Koch
10:00am: At Your Library: January Happenings
2:00pm: Meet the Author Ep 2
2:30pm: Studio Sessions Ep 10

Monday, January 22

6:00pm: Your Police Dept: Car Installation
7:30pm: LIVE: City Council

Tuesday, January 23

12:00pm: City Council 1/22
8:00pm: MLK Breakfast

Wednesday, January 24

6:30pm: FYE: QHD Williams Syndrome
7:00pm: City Council 1/22

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Memory Of MLK, Jr. Honored At Breakfast

Cont'd From Page 1

because they don't know each other. They don't know each other because they fail to communicate with each other."

Keenan recalled growing up in Quincy and facing peer pressure not to hang out with certain fellow students of his — the so-called nerds, geeks and losers. Today's students face similar pressure not to associate themselves with students from different races or ethnicities, Keenan said, urging students not to give in to that pressure.

"You're going to hear those things as you grow up. They're going to be different in what they convey — it's not going to be the nerds, or geeks or losers — and you won't hear it from everybody, thankfully, but you will hear it from some. You're going to hear 'why are you hanging out with them? They're black. They're white. They're Chinese. They're Muslim. Why are you hanging out with them?'" Keenan said.

"Resist that peer pressure. Do not give in to that peer pressure. Remember you're growing up with different people. You're here today with people that look so different than what you do. They drink different drinks. They eat different foods. They dress differently. They pray to different gods. They have different customs at home. But just remember what they are — they're your friends — and what you are, a bunch of kids growing up in the city of Quincy.

"Differences are to be respected, in fact, celebrated, because they are who you are, but remember you're just a bunch of kids."

To illustrate his point, Keenan recalled meeting new people on trips he took to Taiwan and Turkey.

In Taiwan, Keenan said he was riding the subway one night and was the only non-Chinese person onboard the train. Keenan was wearing a hat from Marquette University, a school attended by one of his sons, and a boy on the train knew someone at the same school.

"I noticed this young boy sitting across from me and he kept staring at me, and I thought he was staring at me because I'm the only non-Chinese person on this train. But I then realized he wasn't staring at my face, he was staring at the baseball cap," Keenan said. "I said this is Marquette University and he said, 'I know, I have a friend who goes there.' Seven thousand miles away, and not all that different.

"We tried to communicate as best as we could, and then he asked me where I was from, and I said I was from Boston. Then this young man, 7,000 miles away, on the train, talking to somebody who looked entirely different from him, said 'is Fenway Park really what it looks like on TV?' We're worlds away and it may seem different, but we're really not all that different."

While in Istanbul, Keenan heard a call to prayer from his hotel and then made his way to a local mosque, where a man approached him and thanked him for being there.

"I stood there and I watched the prayer. I had never been to prayer before. Those who were praying came in. Some just kind of nodded at me, most just walked by because they were in a hurry, and they prayed. And as they finished their prayers they walked by and many would nod, and this one gentleman came to me and I thought 'I'm in



JACARI STALLINGS and Chrissy Shah join hands as a sign of unity during the annual Rev. Dr. Martin Luther King, Jr. Breakfast on Monday at Quincy High School.



KEYNOTE SPEAKER, state Sen. John Keenan of Quincy, addresses the annual Rev. Dr. Martin Luther King, Jr. Breakfast Monday at Quincy High School.

trouble now. He's probably going to say what are you doing here? Please leave," Keenan said.

"He came up and he stopped about three feet away from me and he looked me straight in the eyes and he nodded, extended his hand and said 'thank you.' Five thousand miles away in a mosque that was built initially as a Christian church...tucked away in a neighborhood, just a simple

extension of the hand, a nod and two words, 'thank you.'"

"So here we are now, back in Quincy, and there is no place like home," Keenan added. "And you realize that no matter where you go, no matter who you come across, if you extend your hand, give a nod of your head, if you say words as simple as 'hello' or 'thank you,' you are communicating. You are doing what Dr. King said

we have to do. And in that communication you are saying there should be no fear. There was no fear when I was on that train. There was no fear when I was in that mosque. There was no fear because we were getting to know each other, just as Dr. King wanted.

"So here today, I look, I see these young children growing up together. It's very important — it's most important — that you all realize you're not different. Don't let anyone tell you that you are. You know you're not different, you

know there is nothing to fear, because you're here today and you're in school and you're hanging out with your friends after school because they are just that — they are your friends."

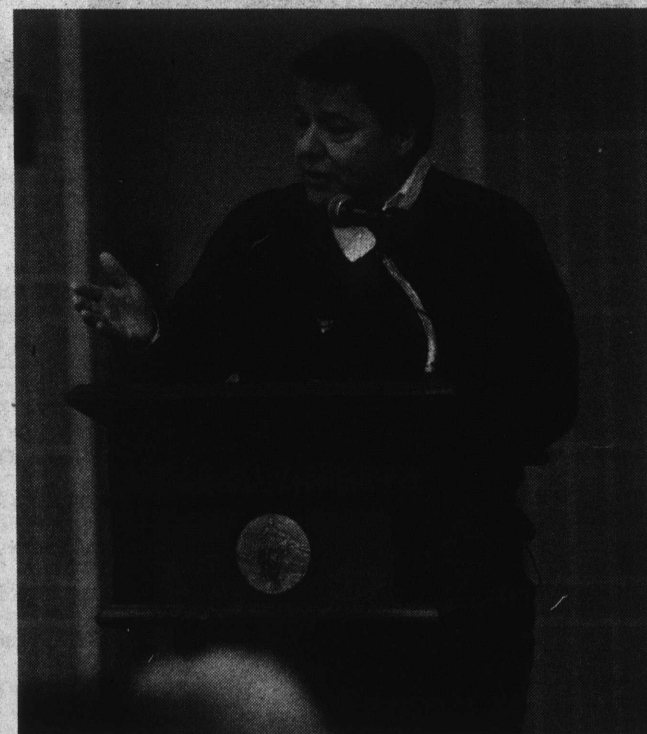
Mitchell, the pastor at Central Baptist Church, delivered a prayer before the breakfast was served. He said the city mourns King while also celebrating his work.

"We mourn that he did not live long enough to see what came of his dream. We mourn what he would

Cont'd On Page 28



ABOUT 100 PEOPLE attended the annual Rev. Dr. Martin Luther King, Jr. Breakfast held Monday in the cafeteria at Quincy High School.



MAYOR THOMAS KOCH welcomes guests to the annual Rev. Dr. Martin Luther King, Jr., Breakfast at Quincy High School.

Dennis Keenan Promoted To Quincy Police Sergeant

By SCOTT JACKSON

A Quincy police officer with 15 years of service in the department was promoted to the rank of sergeant during a City Hall ceremony in front of dozens of fellow officers, family members and friends.

City Clerk Nicole Crispo swore in the new sergeant, Dennis Keenan, during the ceremony Jan. 11 in the Great Hall of the McIntyre Government Center. Keenan's wife, Erin, and children Sean, age 8, and Ciara, age 6, were on hand to pin the new sergeant.

"It means the world to me," Keenan said after being promoted. "This took hours and hours of work and time away from my family. It was a huge sacrifice but it paid off."

"I'm just happy to be here. It's a great day for me and it's a great day for my family."

Keenan has served with the department for 15 years, the last nine of which he spent in the drug unit. He spent six years with the Norfolk County Sheriff's Office before joining the Quincy Police Department; Sheriff Michael Bellotti was among those in attendance for the promotion ceremony.

Mayor Thomas Koch

said Keenan has a tremendous reputation among his fellow officers.

"You've got a tremendous reputation in the department. I know you're going to be missed from the unit you've served – the guys all speak very, very well of you," Koch said. "We're grateful for your work for the city of Quincy."

Koch then praised the department for keeping the city and its residents safe.

"It's no accident that we have a very safe city. People do feel comfortable in their person, in their home, and part of that is largely due to the work each of you do every day throughout the city," the mayor said. "We're grateful for that."

Police Chief Paul Keenan said Dennis Keenan is well respected within the department. (The two Keenans are not related.)

"He's done a tremendous job in the drug unit, putting himself in harm's way. The drug unit is probably one of the more dangerous jobs in the Quincy Police Department and probably in policing in general, and he's done yeoman's work," the chief said.

"He's made some great arrests, he's very well respected by his peers, by his



DENNIS KEENAN (second from left) was promoted to the rank of Quincy police sergeant during a City Hall ceremony Jan. 11. Keenan is a 15-year veteran of the department. Pictured with Keenan are (from left) Mayor Thomas Koch; Keenan's son, Sean; wife, Erin; and daughter, Ciara; and Police Chief Paul Keenan.

Quincy Sun Photo/Scott Jackson

fellow officers. I know he's going to be very well respected in the midnight shift he's going to.

"We've got a lot of great young guys – men and women – that work the midnight shift. They work, they're dedicated and I know he's going to fit right in. It's a

proud day for Dennis and a proud day for the Quincy Police Department."

Dennis Keenan was promoted following the retirement of Sgt. Richard Potter. Potter had served with the

department for 34 years, according to the chief, and was most recently the police prosecutor. The Quincy Police Department has a full complement of 30 sergeants on staff.

Seven new police department recruits will be sworn in during a ceremony at City Hall set for 2 p.m. today (Thursday). The chief said those new recruits will fill spots left open by retirements.



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Lebo Elected School Committee Vice Chairwoman

New Members Anthony Andronico, Doug Gutro, Also Sworn-In

By TOM GORMAN

The school committee welcomed its two new members and elected long-time member Emily Lebo as vice chairman.

Anthony Andronico, Douglas Gutro and Lebo were elected to four-year terms in the city's November election. They were sworn-in to their positions by committee chairman, Mayor Thomas Koch, during the committee's Jan. 10 reorganization meeting.

Andronico and Gutro won the seats vacated by Barbara Isola and Anne Mahoney. Lebo, who has served on the committee for six years, was re-elected to her seat.

Andronico is a 2011 North Quincy High School graduate and a 2015 Em-

manuel College alumni where he was class vice president. He works in business information technology. He has previously stated that his focus is on "career and technical education, smart and responsible spending and community engagement."

Gutro served 14 years on the city council and as the father of two boys in the Quincy school system, has said that he has "a vested interest in working to improve and sustain" the city's schools. He also has said that he would put his experience as a city councillor to work while serving on the school committee.

Committee member Paul Bregoli nominated Lebo to succeed him as vice chairman, a post he held for two



NEW SCHOOL COMMITTEE Vice Chairperson Emily Lebo, third from left, is joined by her family at last week's swearing-in ceremony. From left: Stu, Meredith, Phil, Oliver, Dorothy, Jennifer, Henry, Tom, Nate, Laura and Bill. Not pictured are her sons, Christopher and Matthew. Quincy Sun photo/Tom Gorman

years. Colleague James DeAmicis seconded Bregoli's nomination and Lebo was unanimously elected.

"As it comes to the end of my term as vice chairman, it is my honor and pleasure to bring Emily Lebo's name forward for nomination as vice chair for the next two years," said Bregoli. "During my time on the committee, I found Mrs. Lebo to

be a person of exceptional integrity, a person who is thoughtful and thorough and carrying out her duties on the committee. Emily is intelligent, well-read, and she does her homework. She has invested and dedicated a large part of her life to the education and well-being of the children of the city of Quincy. Her background in education, as an administra-

tor and current school committee member, will ensure the position of vice chair will be in good hands."

Gutro echoed Bregoli's sentiments.

"I have known Emily a long time and admire her experience, dedication and her honesty and all she has done for the children of Quincy and the teachers of Quincy and I look forward to learning a lot under her tutelage," he said.

Lebo expressed appreciation to her colleagues for their "vote of confidence."

"I want you all to know that I consider this an honor and, more importantly, I consider it a huge responsibility," she said.

She welcomed Andronico and Gutro to the board and said that she looks forward to "having their skills and knowledge added to our discussions, deliberations and decisions."

Lebo noted her longtime relationship with the Quincy Public Schools as a parent, teacher, administrator and school committee member. She added that all six of her grandchildren are students attending the city's schools.

She gave a nod to Koch and the city council for their support of the school department budget and noted that additional funding has been allocated over the past several years following a host of cuts during the 2008 recession.

"We are fortunate in Quincy, to live in a city that values our schools and understands that along with public safety, the schools are truly the strength of any community," Lebo said.

She also voiced appreciation to Superintendent of Schools Dr. Richard DeCristofaro for working closely with the state School Building Authority that has funded new school buildings and renovations.

Lebo said that while Quincy may be a large school district, it has small town characteristics.

"I tell everyone that one of the things that makes our school system really great is that it is large enough to be able to have a tremendous amount of academic and extracurricular offerings for just about any interest or any need," she said. "And

Cont'd On Page 15

WALK-IN ONLY:

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Saturdays: 10AM-3PM
January 25th - April 14th, 2018

We prepare at our VITA site:

- Federal Form 1040
- MA Form 1 for full year MA residents only

What we do NOT prepare at our site:

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QCAP's Volunteer Income Tax Assistance (VITA) Program

Volunteers provide **FREE** basic income tax preparation to eligible individuals and families with a

or who qualified for QCAP fuel assistance this season and are a

Upon arrival, you will be asked to complete an intake form.
IMPORTANT: To file taxes on a married filing jointly return, **BOTH** spouses must be present.

In order to be seen, you must bring:

- Unexpired government-issued photo ID
If filing jointly, both spouses will need one
- Social Security card or document from Social Security Administration or IRS showing Social Security Number or Taxpayer Identification Number for you, spouse and ALL dependents
- Proof of medical insurance
- Blank check if you want direct deposit
- Copies of 2015 & 2016 income tax returns (highly recommended)
- All records including: Form W-2s, 1099s
- Child care expenses if applicable
- College expenses if applicable
- If applicable, all 1098 forms including: (Mortgage interest, real estate taxes paid, student loan interest paid and college tuition)
- If you itemize, all medical receipts, charitable contributions, excise tax bills
- If you were 65 or older in 2017, bring water/sewer bills and property tax bills

If you need ADA accommodations, please call 617-657-5345 between 9AM to 4:30PM.

QUESTIONS? Call 617-657-5345 or email taxes@qcap.org

Greater Quincy Financial REACH Center

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Red Velvet

Seasonal Flavors

Ice and Snowflake Sundae

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Jan 19, 6:15 p.m. @ Old Colony

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NEW SCHOOL COMMITTEE member Anthony Andronico, second from right, is joined by his family, from left, dad, Arthur F. Andronico, grandmother, Frances Andronico and girlfriend, Hannah Dean.

Quincy Sun photos/Tom Gorman



NEW SCHOOL COMMITTEE member Douglas Gutro is joined by his son, Scott, and cousin, Carol Anne Mark, after swearing-in ceremony Jan. 10. Gutro is a former city councillor who was elected to a four-year term on the school committee last November along with Emily Lebo and Anthony Andronico.

Lebo School Vice Chairwoman; Andronico, Gutro Also Seated

Cont'd From Page 14

yet, it is small enough that you can know each principal and each member of the superintendent leadership team and you can become familiar with each school building when you serve on this committee."

Lebo said the committee has championed several initiatives, including elementary and middle school quality assessments that helps teachers determine student progress and, using real time data, allows the implemen-

tation of action supports or enhancements and the build out of advanced coursework in all middle schools for students who excel in subjects to have access to more challenging content.

Also, support for strong transition planning for disabled student for life after high school and an in-depth data review of each school by the teaching and learning subcommittee.

Lebo said there is always room for improvement and offered some goals the com-

mittee will be working toward.

These include "watching the rollout of the state's new accountability system and communicating with them and all stakeholders as to what the impact will be for our schools and students."

Also, a new elementary school for West Quincy, "in a neighborhood that has not had a school in a very long time and we will work to determine how that will impact the rest of the schools and some space challenges

we are now facing."

Lebo said the committee will continue its support and advocacy for substance abuse prevention education programs and resurrecting the student advisory council to promote communication between the committee and students.

Lebo said the committee is the voice for parents.

"I want all of our taxpayers to know that I am here, we are here, to listen to your concerns and to provide support and advocacy

for the best possible educational experience for your children," she said. "We are honored that you have put your children in our care."

Koch told Lebo that the committee is "fortunate to have you lead the school committee" as its vice chair.

Lebo will also be serving on several of the panel's subcommittees - athletics & wellness, budget and finance, special education, and teaching and learning, the latter as chairman.

Andronico will serve on

the athletics and wellness, budget and finance, policy subcommittees and chair the special education subpanel.

Gutro will chair the athletics and wellness subcommittee and also serve on the budget and finance, facilities, transportation and security, and teaching and learning subcommittees.

The committee also elected DeCristofaro as its secretary and Laura Owens, secretary to the superintendent, as clerk.

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QUINCYCOLLEGE.EDU/SPRING



QUINCY HIGH'S Juliana Tracey, right, passes to teammate Liana Cunningham around Duxbury's Teagan Curran. Tracey scored 12 points in the fourth quarter leading Quincy to a 48-33 win on Jan. 12.

Quincy Sun photo/Tom Gorman



QUINCY'S GRACE HOBIN looks to pass over Duxbury's Teagan Curran in the Presidents' 48-33 win over the Green Dragons Jan. 12.

Quincy Girls Down Duxbury, 48-33

Quincy High School girls basketball team defeated Duxbury 48-33 Jan. 12 to improve to 4-3 in the Patriot League and 6-3 overall.

The game was a battle of two defense-oriented teams and it showed in the first quarter as both teams held each other to five points apiece. The Presidents went into the half up 18 to 16 and extended their lead to 29-24 after three quarters.

At the beginning of the 4th quarter Quincy's fast-paced style finally began to pay off as they went on an explosive run and pushed the lead out to 15. Keying the run was the hot shooting of sophomore Juliana Tracey who scored 12 points in the fourth period.

Senior point guard Liana

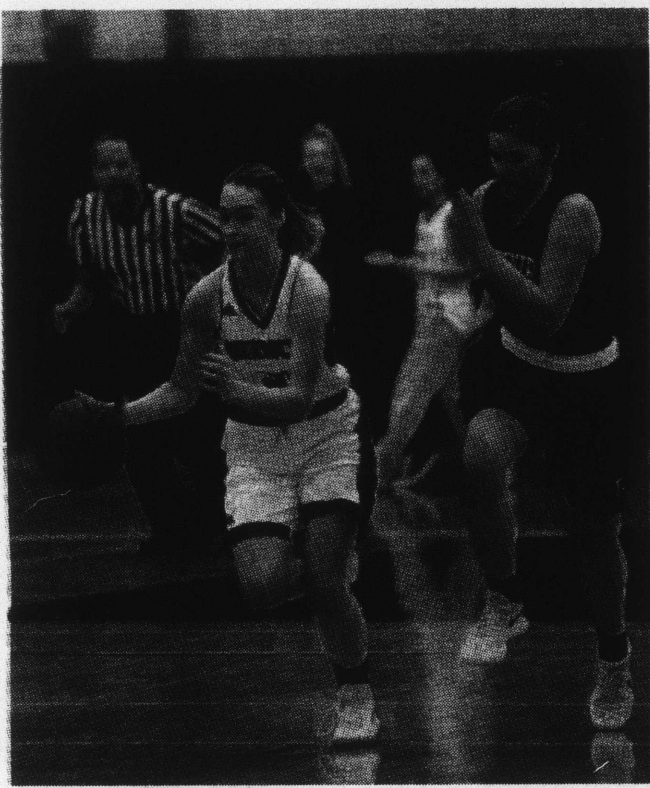
Cunningham also scored 12 points and sophomore forward Ally McMorrow chipped in 10 points for the Presidents.

Jillian O'Toole and Gia Calabro tag teamed Duxbury's Allie Cavallo all night playing exceptional defense on one of the league's finest players holding her to only eight points.

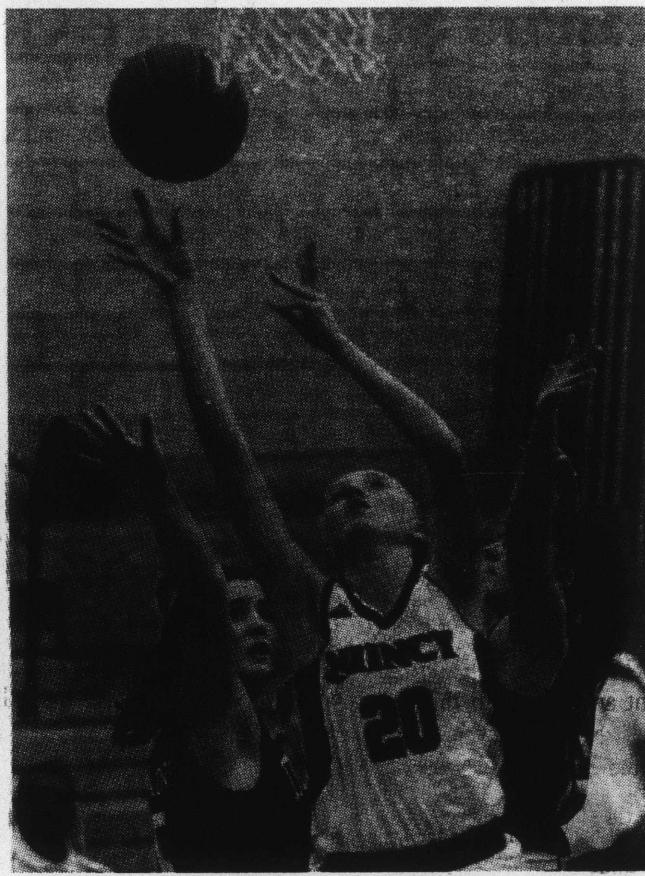
In other recent action, the Presidents bowed to Plymouth North on the road, 53-45.

Sophomore forward Ally McMorrow had 12 points and four blocks. Senior point guard Liana Cunningham had seven points; sophomore forward Juliana Tracey 15 pts in her first start and sophomore forward Brenna

Tobin scored six points.



QUINCY HIGH'S Brenna Tobin races to the paint with Duxbury in pursuit during Quincy's 48-33 win on Jan. 12.

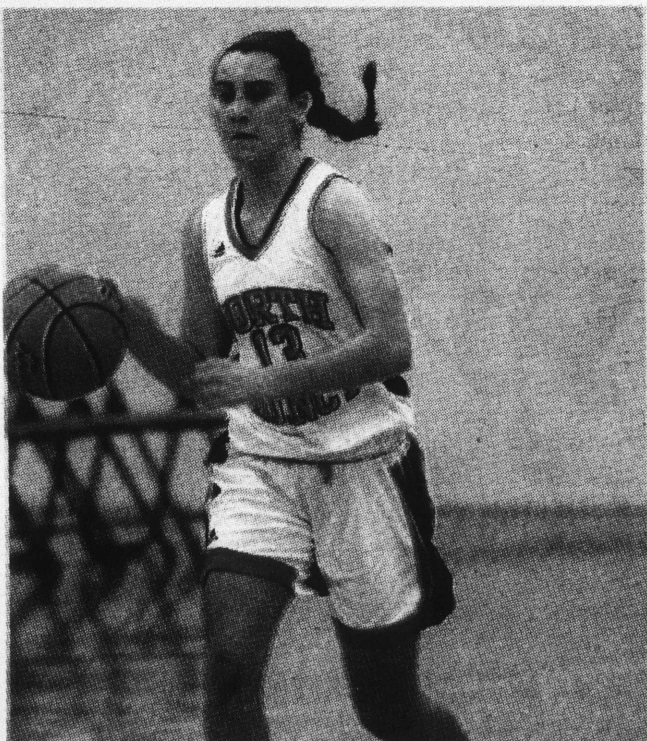


QUINCY'S ALLISON MCMORROW goes up for two of her 10 points against Duxbury during Quincy's 48-33 victory Jan. 12.



NORTH QUINCY senior captain Jenn Butka drives to the basket for two of her team leading 10 points against Scituate Jan. 12.

Quincy Sun Photos/Larry Carchedi



SENIOR CAPTAIN and point guard Jillian Hallisey brings the ball up in the first half last against Scituate Jan. 12. Hallisey scored four points in the game along with some good defensive play.



LINDSEY KEENAN, the only freshman on the NQ girls varsity squad, chases down a loose ball and dribbles upcourt.

Sailors Halt North Quincy Girls Three-Game Win Streak

North's three game win streak came to an end at the hands of the Scituate Sailors' girls basketball team Jan. 12.

Scituate used a tight defense and 5 three pointers to come away with a 39-27 win. The Sailors' Jayci

Rojik gave the visitors a quick lead off the tap, but senior captain Jill Hallisey gave North a 3-2 lead on a driving layup and a foul shot. However, a balanced Scituate attack helped the Sailors run out to a 12-7 lead after a quarter.

Captain Jenn Butka kept the Red Raiders close with 6 second quarter points with Celia Hussey chipping with 2 of her 7 points as the home team trailed at halftime 19-15. A disastrous third quarter was North's downfall as they only scored a point.

Butka added 4 to her game high 10 points in the last quarter. It was a six-point game up until the final minutes when North was forced to foul giving the visitors their 12-point margin of victory.

"Not having Mary Kate

McAleavey who was home sick certainly impacted the outcome," said Coach Paul Bregoli. "But, we got good efforts from both Celia and Olivia Hussey. Our shooting from the floor and the line was not good. Despite this, our defense continued

to be a bright spot."

Against Plymouth South Jan. 9, North's defense held the Panthers to 21 points until a meaningless three-pointer at the buzzer gave them their final total of 24 in North's 36-24 win. Butka

Cont'd On Page 17

In-House Youth Soccer Registration Saturday



QUINCY YOUTH SOCCER will hold walk-in registration for the 2018 Spring In-house soccer season on Saturday, Jan. 20th from 10 a.m. to 5 p.m. at North Quincy High School (gym lobby). Registration fee is \$50 for the U6 program and \$80 for all other age groups. New players will need to come prepared with a copy of birth certificate or passport for age verification. Age eligibility guidelines may be found on the main page of the Quincy Youth Soccer website (<http://www.quincyyouthsoccer.com>). Photo above: Boys U15 in-house team "Revolution" that won the in-house title last fall at Veterans' Memorial Stadium. Photo Courtesy Cindy Cullinane

Morrisette Hosting Legion Baseball State Tournament

8 Teams Competing July 28 - Aug. 4 At Adams Field

Morrisette American Legion baseball team will play in its first state tournament game since 2011 on July 28 at 7 p.m. at Adams Field.

Morrisette Legion Baseball and head coach Steve Maze has won the bid to host the 2018 Massachusetts Legion State Baseball Tournament, also known as "The Final 8."

The dates of the tournament are July 28th through Aug 4th. It's an eight team, double-elimination tournament.

"To say we're excited is an understatement," Maze

said. "I've went through the bidding process before twice, and lost - once to Sudbury and once to Haverhill. This time, the the state committee voted in our favor."

The Morrisette team still has a chance to win District 6, but it won't be easy. "You have teams like Braintree, Canton and Milton who you're competing with every year to make the state tournament," Maze said. "Sometimes coming in second in District 6 you're better than other District champs. I want to give my guys a chance to win the

state tourney."

Maze said there will be some fundraisers and an ad book to help support the tournament.

"A lot goes into running the tournament, the easy part is playing the games," Maze said. "I have a great support staff between team manager Ray Ekbalm, coaches Glen Misho, Eric Wirtz and Pat Bryan, plus my family who helps out at every home game. We should do just fine."

"I'm currently putting a committee together and we will meet at the end of every month to make sure we have everything covered. July will be here before you know it," he added.

If anyone is interested in giving a donation to the ad book or being a part of the committee, contact Steve Maze at [morisetteball@aol.com](mailto:morrisetteball@aol.com).



NORTH QUINCY senior forward Olivia Hussey dishes the ball off in the second half in the Red Raiders' 39-27 loss to Scituate Jan. 12, snapping the Red Raiders' three-game win streak.

Quincy Sun Photo/Larry Carchedi

Sailors Halt NQ Girls Win Streak

Cont'd From Page 16

helped propel the red and black to an 11-3 lead after the first eight minutes, dropping 6 points on South. McAleavey then scored 6 of her own as the Red Raiders led at halftime 18-11. South's Teja Andrews scored all 8 of her team's points in the third while Butka helped North increase their lead hitting for five.

Hallisey, Butka and McAleavey all scored 3 points apiece in the fourth to give the home team the victory. Senior captain Jessie Caldwell pulled down a career high 14 rebounds including 8 on the offensive glass while Butka added 10 boards to her team leading 14 points. McAleavey finished the night with 11.

"Jessie was just amazing

on the boards," Bregoli said. "She is such a smart player and really has a nose for the ball. Without her work on the boards, we have a much more difficult time winning tonight."

North hosted Martha's Vineyard on Monday and Hanover at 7 p.m. on Wednesday and then travels to Pembroke on Friday. North now stands at 4-5.

2002 Salt Lake Winter Olympics Lecture, Slide Show

In recognition of the upcoming 2018 Winter Olympics in South Korea, Quincy Historical Society is presenting a personal retrospective by David Hodgdon on the 2002 Salt Lake City Winter Games.

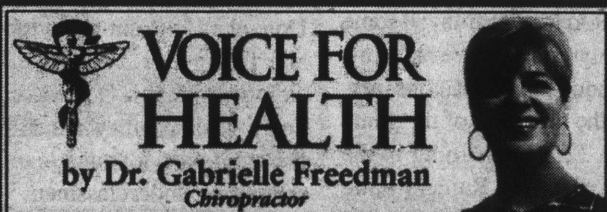
The lecture and slide show will take place at the Adams Academy, 8 Adams St., Quincy, on Tuesday, Jan. 23 at 2 p.m.

Dave Hodgdon, president of Blue Hills Adventure and Quarry Museum, founded the Blue Hills chapter of the Nordic Ski Patrol in 1978 and since 1980 has organized Nordic Ski Patrols for Winter Olympics taking place in North America. His slides and his reminiscences provide a distinctive view of the Salt Lake Winter Games.

Hodgdon will also have a number of pieces of Olympic and Nordic Ski Patrol memorabilia on display.

Everyone is welcome. There is no charge for ad-

mission.



JUST YOUR SPEED

As you age, it is important to preserve your "walking speed," which is an indicator of your overall health. While walking speed varies according to gender, age, height, and weight, the normal range is 1.2 to 1.4 meters per second (2.7 to 3.1 miles per hour). When walking speed is 1 meter per second (about 2.2 miles per hour) or less, it may be a sign that some sort of treatment may be needed. To get the most accurate measurement of walking speed, it is best to visit a chiropractor, who can also assess the biomechanics of your gait. If necessary, walking speed can be improved by addressing any underlying problems associated with nerves, muscles, or bones.

www.freedmanchiro.com

A person's walking pace has been gaining traction in the gerontology world as a reliable marker for overall health and longevity for those 65 and older. A person's gait or way of walking can be telling. It can reveal problems in the feet, ankles, knees, and hips - even in spinal alignment. To schedule an appointment for chiropractic care, please call FAMILY PRACTICE OF CHIROPRACTIC at 617-472-4220. Our office is located at 112 McGrath Hwy., Quincy.

P.S. Left untreated, decreased walking ability can lead to a vicious cycle of reduced physical activity and physical weakening that can have an adverse impact on health and longevity.

QUINCY LACROSSE ASSOCIATION

Calling all Quincy girls and boys grades 1st thru 8th
Registration for the Spring 2018 Lacrosse season is
NOW OPEN!

Whether you're a Quincy lax veteran or a newcomer looking to expand your athletic range, here's your chance to play the fastest sport on two feet!!

Registration must be completed
by January 20, 2018

Please visit our website
<http://quincylax.uslaxteams.com>
or email us at
quincylax06@gmail.com
with any questions.

Please register as soon as possible. Given the incredible increase in numbers over the last few years, spots at each age level are on a first-come, first-served basis.

Quincy Boys Roll Past Duxbury, 78-50

By TOM JOYCE

When you hit nearly every single shot you take early in the game and lead by 21 points at the end of the first quarter, your team is probably going to win. That was the case for the Quincy High boys basketball team last Friday night.

The Presidents improved to 6-3 with a 78-50 road win over the Duxbury Dragons Jan. 12th thanks to that early momentum.

"I'd like to see it happen all the time," Presidents head coach Dave Parry said. "That was kind of an anomaly. We came in and the kids were focused. That's really what led to it. We're trying to compete for the league title and in order to be the champions, we have to win on the road."

"I told the kids they had a big challenge tonight, and they responded to it. I'm happy with it. They all worked hard. Everyone played and just about everyone scored. We're real happy with that."

The game started with Duxbury sinking a 3-pointer and the Presidents matching that with a layup and a free throw. After that, however, the Presidents surged.

Quincy went on a 10-2 run thanks to a pair of three pointers by Franco Calabro. Brendan Keaveny also had a blocked shot during that run to keep it going. Once the Presidents found themselves up 13-5, they forced a Dragons timeout.

That timeout would not

BASKETBALL

do the Dragons much good since the Presidents went on a 12-2 run after it, taking a 25-7 lead. At the end of the first quarter, the Presidents led 31-10. It was a lead their opponent had virtually no shot at coming back from. This, of course, gave the Presidents a chance to play everyone who dressed for the game — and they all contributed.

During the dominant win, the Presidents showed they were capable of shooting from outside the arc; they sank 11 3-pointers on the day.

Brenden Fitzpatrick scored a team-high 17 points for the Presidents while Franco Calabro (13 points), Melvin Gonzalez (12 points), and AJ Nelson (11 points) all put up double-digit point totals as well.

Parry said he was pleased to see his team's scoring efforts spread out evenly between many players. He said, ideally, he likes to not have to just rely on one guy to make all of the shots.

"If everyone is playing some defense, everyone should get a shot at shooting the ball," he said. "The kids always respond well to that. I'd rather have six kids scoring 10 points apiece than three kids putting up 20. No one can really key on our guys right now."

During practice, the Presidents have worked hard to

perfect their shot using a shooting machine donated to the program by local attorney and QHS Hall of Famer George Burke.

At about the halfway point of the season, the Presidents have twice as many wins as they do losses. At this rate, they are certainly bound to make the playoffs and get a decent seeding if they keep doing what they are capable of achieving. It also helps that in the near future, the team will receive an additional boost moving forward.

"It feels good," Parry said. "It'll be better when we get our other captain, junior Will Zarges, back. He's been out with a bad ankle since Christmas vacation. Hopefully we get him back and we can keep going since we'll need him as we keep going."

It will be especially important that the Presidents keep up what they are doing in the second half of the season as they are matched up with more Patriot League opponents.

"We're just trying to play better and continue our winning streak right now," senior captain Damyan Markov said. "We've got some really good teams coming up in the league like Hanover, Silver Lake and Hingham. We're trying to build off this."

QNNQ Girls Hockey Skate Past Stoughton

The Quincy-North Quincy girls hockey team picked up an 11-2 victory against Stoughton Jan. 13.

The night started off with a ceremony honoring Julie Whalen and Cassandra Davis who both recently reached the 100 point milestone for their careers. On hand for the ceremony was QNNQ all-time leading scorer Riley McLaughlin. McLaughlin, a 2017 graduate of Quincy High, is the only other girl in program history to break the 100 point mark and finished her career with 118 points.

Senior captain Whalen and junior Davis each sit at 108 points with 8 games to play in the season.

Whalen had a huge night against Stoughton with 5 goals and 2 assists while Davis had 2 goals and an assist. Three defensemen had goals with senior captain Carly McMorro, senior Chynna Staco, and junior Meghan Greene all finding the back of the net. Sophomore forward Brigid Flynn scored her first varsity goal



PLAYERS WHO HAVE reached 100 points for the Quincy-North Quincy girls hockey team were honored Jan. 13. From left: Riley McLaughlin, Julie Whalen and Cassandra Davis.

Photo Courtesy Jeff Craig

against Stoughton to round out the scoring.

On Monday, QNNQ lost a tight contest against a strong St. Mary's Lynn squad, 3-0. Junior goalie Megan Mulhern continues to improve and had a great game between the pipes stopping numerous St. Mary's scoring chances. The trio of Mc-

Morrow, Greene, and Staco did a tremendous job shutting down the St. Mary's offense.

The line of Whalen, Davis and Maddie Bailey created a lot of great scoring chances but couldn't solve the strong St. Mary's goaltender.

NQ Hockey Focusing On More Offense

By TOM JOYCE

The North Quincy High boys' hockey team will be looking to show what they are truly capable of on a more consistent basis during the second half this season.

Last Saturday marked the end of the first half of the season as the Red Raiders fell, 6-0, to the Duxbury Dragons on the road.

For much of the game, the Red Raiders played some highly-competitive hockey. Although the Dragons netted the first goal of the game with 12:29 remaining in the first, the Red Raiders hung in there and freshman goaltender Asher Wines, who has been sharp all season, made a strong save with his left leg on a breakaway with two minutes left in the period, preventing Duxbury from adding to their lead.

Early in the second period, the Red Raiders let up another goal but still, they kept the game close for a while. However, Duxbury unleashed with a goal late in the second period and three more in the final period.

"We keep shooting ourselves in the foot over and over again pretty consistently," Red Raiders head coach Matt Gibbons said. "It's a three zip game headed into the third period and got a power play opportunity we

couldn't take advantage of. After that, the floodgates kind of opened for them. We're not a team that can make many mistakes and think we're going to win. We haven't scored a goal in two games and that's frustrating."

Although the Red Raiders have some veteran players on their squad like captains Connor Donaghey, Chris Donaghey, John Norton and Ethan Herman as well as junior Kieran O'Driscoll among others, they are, for the most part, a young team relying on underclassmen.

Goaltender Asher Wines, a freshman, is in his second year on the varsity roster while defensemen Ben Wines, Charlie Maher, John Bell and Andrew Hally and forward Ronan Kelly are all first year players in the program, who see ice time regularly.

Despite their inexperience, the Red Raiders know they are due for success this season if they play their best hockey.

"I think we're ready to go," Gibbons said. "We show spurts where guys look great but that's the problem: we just haven't really put it together yet. We got a power play in the first and had three golden chances to score but

we didn't get a good angle and then we gift wrapped a goal for them with bad positioning on our end. That's the part that's so frustrating. It's frustrating to know you have to chase and play from behind when you haven't scored a goal in awhile. We have to get that first goal and keep it going."

Going forward, one of the Red Raiders' primary focuses will be improving their offensive play.

"Scoring goals, that's what we need to do," Gibbons said. "We need to put the puck in the net at practice. We need to put the puck in the net in games. You can't win 0-0."

Gibbons also noted that it would be especially beneficial if the Red Raiders could score some early goals so that they have momentum early in the game which will lead to more success throughout the 45 minute contests.

"Against Nantucket and Scituate we scored early," he said. "We didn't make egregious mistakes in those ones. We've had some times where we're gift wrapping goals for us. It's not like Duxbury walked all over us because they're that much better than us. We can't give teams goals when we can't score ourselves."

Another Win For Quincy College Granite

Basketball Team Ranked #9 Nationally

In its first year of competitive National Junior College Athletic Association (NJCAA) Men's Basketball, Quincy College Granite continues to dominate the New England Region 21 NJCAA play, and receive national recognition.

The Granite maintain their #1 ranking as the best team in the New England NJCAA Region. This week, Granite moved up one spot in the national rankings to #9 in the nation for all of NJCAA Division 3 Men's Basketball. Building upon the momentum of the first half of their basketball season, they started the second half of their season with their 14th consecutive win.

The Granite roster boasts some of the best players in

the region. Forward Deven Palmer leads Region 21 NJCAA Division 3 Basketball in points per game, averaging 31.5, and is ranked third in the region for both rebounds per game, averaging 11.5 and three point percentage with 47.5 percent. Ugochukwu Kamalu is ranked second in the region for field goal percentage shooting 64.5 percent from the field.

On Jan. 13th, Quincy College Granite kicked off the second half of their season facing Benjamin Franklin Institute of Technology, with a final score of 116-89. Deven Palmer and Dajour Dunkley led the Quincy College Granite offense with 27 and 26 points respectfully. Palmer continues to lead the

conference in scoring and Dunkley in assists.

Hugo Kamulow and Palmer each had 11 rebounds to lead the defense.

Quincy College Granite's next game will be at Northern Essex Community College tonight (Thursday) at 6 p.m.

For the full schedule of games, visit: quincycollege.edu/granite.

Quincy College Athletics continues to recruit for NJCAA players and looks forward to the addition of woman's soccer and women's basketball to its campuses next fall. Student athletes interested in a Division 3 athletic experience is invited to contact the college at quincycollege.edu/athletics.



Real Estate

Quincy Real Estate Transactions Jan. 8 - Jan. 12

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
1261 Furnace Brook Parkway Trust	Gilon Real Estate LLC	\$255,000.00	1261 Furnace Brook Parkway Unit 12
Angela & Frank F. DiCesare; Rita & Donato L. DelVecchio	Wei H. Zeng	\$700,000.00	41 Massachusetts Avenue
Quincy Adams Construction Co. Inc.	Evergrande Properties LLC	\$2,825,000.00	323-329A Newport Avenue
Newcomb Street Realty Trust	LG Investments LLC	\$1,077,500.00	52-56 Newcomb Street
Glen P. & Michelle E. Whalen	Adam C. Laney	\$330,000.00	9 Newton Street
Leonid & Eileen Fainer	Squared Homes LLC	\$128,000.00	44 West Street Unit 1
Frank E. & Ann E. Yeomans	Xiaomin Wu	\$520,000.00	115 Winthrop Avenue
90 and 92 Glover Avenue Realty Trust	Shan Lin	\$660,000.00	90 Glover Avenue
Carlton L. Williams & Karen Acerca-Williams	Quincy Adams Construction Company Inc.	\$975,000.00	185 Thomas Burgin Parkway
Steven M. Deeney	Jaclyn Angelini	\$330,000.00	200 Falls Boulevard Unit F304
Ying Zhang	Tiancheng & Lin Chen	\$280,000.00	115 West Squantum Street Unit 808
Ann M. Dunphy	Gregg T. Hartnett	\$455,000.00	75 Grove Street
Residences at 1022 Hancock Street LLC	Christina M. Rice	\$390,000.00	1022 Hancock Street Unit G11
Linda B. & Paul R. Kowlaski	Kenneth D. Luciani	\$400,000.00	42-44 Winthrop Park
218 Independence Ave. LLC	Andy Truong & Thuy Huynh	\$535,000.00	218 Independence Avenue Unit A
Sunstone Quincy LLC	CP Quincy LLC	\$80,000,000.00	1000 Marriot Drive
Darlene Kyne	Xinwei Liu & Yuangin Chen	\$310,000.00	68 Arnold Street
Daniel J. Clune & Martha B. Fernandez	Christina M. & Joseph E. Devlin	\$535,000.00	202 Winthrop Street
Jonathan C. & Paula M. Penta	Fan Zheng & Shuang Fan	\$1,850,000.00	9 Fisher Avenue
Casserty Properties Land Trust LLC & 88-92 Old Colony Avenue Realty Trust	4-32 Weston Ave. Investment LLC	\$1,460,000.00	88-92 Old Colony Avenue
Joseph T. Cavanagh Irrevocable Trust	Daniel J. Clune & Martha B. Fernandez	\$550,000.00	45 Shore Avenue
Galvcon Development LLC	Alireza Ashrafi	\$624,900.00	18 Cliveden Street Unit 506W
CLY Investors LLC	Huan Chen	\$685,000.00	25 Vine Avenue
Florence M. Pino	McGrath Highway Enterprises LLC	\$800,000.00	53 Newcomb Street
Francis G. & Therese R. Fell	Xunqi Yu & Liyun Zhang	\$452,000.00	93 Piermont Street
Richard & Judy Nichols	Oswaldo Hamilton	\$428,000.00	2 Ricciuti Drive Unit 9
Hamilton Bay Apartments LLC	Kevin Clifford	\$290,000.00	175 Quincy Shore Drive Unit B-88
Cynthia M. Dow	David J. Flynn & Hilary M. Waitner	\$432,000.00	15 Huckins Avenue
Hamilton 1025 LLC	Yu Yin	\$284,000.00	1025 Hancock Street Unit 14C
Joseph M. & Angela C. McCarthy	Toan Kim Tran	\$285,000.00	656 Sea Street
Nichola & Diane P. Novak	Robert A. & Martha Lane	\$1,028,625.00	12 Hutchinson Lane Unit 42

Five Storefronts At Former Car Dealership

Cont'd From Page 1

be 100 square feet, instead of what they were looking for."

ConvenientMD has also agreed to maintain the Ted and Betty DeCristofaro Park, which is located on the opposite side of Washington St., for five years.

"This is something above and beyond what they're required to do," Harnais said. "Since they're going to be the dominant tenant there, they want to make sure they can fix everything and make everything look good and up

to the city's standards."

The applicants will also work with the city as it renovates the Fore River Clubhouse, Harnais added.

The developers have also agreed to pay for a road safety audit at the intersection of Washington Street and Southern Artery, and fund up to \$15,000 worth of improvements to the intersection as recommended by the audit.

Following the meeting, Ward 2 Councillor Brad Croall said he welcomed the addition of the development

to the neighborhood.

"I'm very happy with the way the discussion happened between the residents, the applicant and the Planning Board. It showed that everyone was willing to work together. I'm excited to refresh this particular parcel, and this section of Quincy Point," Croall said.

"I believe this project will

put forth an image we are all trying to capture along the gateway to our city. I'm also pleased with the project team's willingness to invest in the community via DeCristofaro Park and the Fore River Clubhouse. It is very clear that they want to be involved in our community and we're excited to have them."



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On Sunday, Jan. 7, at approximately 12:30 a.m., Officers Joseph Cox and Dwayne Goldman were dispatched to the parking lot of 353 Sea St. for a report of a woman sleeping in a car. Quincy Police Communications notified the officers that the vehicle was registered to a Germantown address.

On arrival, Officer Cox approached the vehicle and found a female asleep inside. After awakening her, she became visibly upset and stated she parked there to get some rest while avoiding contact with her boyfriend. She added she lives in Germantown and was afraid to return to her home because her boyfriend has been abusive to her and may be there now. Officer Cox noted the female had several small scratches below her right eye.

Due to the extremely low outside temperature, the officer requested the female come to the police station so he could interview her in depth. Once there, the female said she and her boyfriend have known each other for approximately six years and initially they had a good relationship but over time he became abusive.

She said that on Jan. 6th at approximately 6 p.m. (seven hours earlier) they were sitting in her car in front of her home talking but the conversation turned hostile. She tried to get her boyfriend to exit the vehicle but he became violent by grabbing an aluminum take-out food container and smashing it into her face, causing slight bruising and a 3-4 inch abrasion. She was able to get him out of the car and she drove off and that was where Officer Cox came across her.

The female said her boyfriend has been calling and texting her non-stop since the incident occurred. She then alluded there has been several incidents prior to this one, where her boyfriend has exhibited erratic behavior, abuse, and possibly caused property damage. She said that as recently as Jan. 4th he stood in front of her home throwing snowballs at her doors and windows. Fearing that he would cause damage, she came to the door. This was followed by a verbal argument ending with her boyfriend preventing her from entering her own home. When she tried to go in, her boyfriend head-butted her. She said she got away from him but he continuously called and texted her, to the point that she has changed her phone number.

The victim said she suspects her boyfriend has caused damage to her vehicle's tires in the past but she did not report any of these incidents. Officer Cox thoroughly explained to the victim the purpose of a restraining order and strongly recommended that she allow him to assist her in obtaining an emergency restraining order. She stated she

A Job Well Done

By QUINCY POLICE LT. DAN MINTON



LT. DAN MINTON

did not want to obtain an order at this time. Again, he offered her the opportunity at any time in the future.

When asked where the boyfriend could be found if not at her house, the victim said he lives with his grandmother in Germantown on occasion. He also moves around staying with friends.

Officers Cox, Goldman and Officer Patrick Folan escorted the victim to her home, with the intention of seeing her in safely and checking both addresses for the boyfriend. On arrival, the victim pointed out that her front stairs (which she had previously cleared of all snow and ice) had been covered with snow, adding that it was likely done by her boyfriend. The front steps were covered with a significant amount of frozen snow purposely placed so that the door and stairs were completely inaccessible. The officers were able to obtain shovels and cleared a path for entry and exit at the side door to the home. The officers went to the grandmother's house and were told by the grandmother that the boyfriend/suspect/grandson was not there and may be living in Weymouth. Neighbors confirmed that they hadn't seen him in a week. Officer Cox tried reaching the boyfriend via cellphone but he didn't answer.

Once the victim was safely in her home, Officer Cox returned to the station to file a report and warrant application. Soon after, a "911" call came in from the victim that her boyfriend had returned to her home and was throwing snow on the stairs and doorway that officers had shoveled. Officer Cox swiftly responded to the victim's home and spotted the boyfriend at the side door using a shovel to throw snow back on the steps. The officer walked up to the boyfriend, placed him under arrest and transported him to the station for booking. Meanwhile, Officers Goldman and Folan shoveled off the steps again.

The suspect, a 23-year-old Quincy resident, was charged with assault and battery with a dangerous weapon (food container), two counts of intimidation of a witness (snow on

steps) and assault and battery on family/household member (the head-butt).

Nice Work!

FLOOD DAMAGED CARS FOR SALE

Due to recent flooding in the Boston area caused by the snow storm, many cars and trucks were subjected to salt water damage. Unscrupulous car owners or dealers may try to sell off the damaged car at an appealing discounted price. Although it is best to have a Mechanic always check out a vehicle you are considering for purchase, here are some measures you can take initially:

- Look for water stains, mildew, sand or silt under the carpet, floor mats, and dashboard, and in the wheel well where the spare tire is stored. Look for fogging inside the headlights and taillights. New carpet or upholstery in an older vehicle may be another red flag.

- Do a smell test. A heavy aroma of cleaners and disinfectants is a sign that someone's trying to mask a mold or odor problem.

- Get a vehicle history report from a database service. There are reliable services that charge a small fee. The National Insurance Crime Bureau's (NICB) free database lists flood damage and other information. But take note: NICB reports are only helpful if the car was insured. If the owner of an uninsured flood-damaged car tries to sell it on the open market and you're the buyer, you may never know there's a problem until things like the electrical system go bad.

- Understand the difference between a "salvage title" and a "flood title." A "salvage title" means the car was declared a total loss by an insurance company because of a serious accident or some other problems. A "flood title" means the car has damage from sitting in water deep enough to fill the engine compartment. The title status is part of a vehicle history report. Either way, every used car needs an inspection and records before you buy, but with salvage- and flood-titled cars, you need to be extra careful.

- Have your mechanic inspect the car's mechanical and electrical components, and systems that contain fluids, for water contamination.

- Report fraud. If you suspect a dealer is knowingly selling a storm-damaged car or a salvaged vehicle as a good-condition used car, contact the Quincy Police Department at 617 479 1212.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Jan. 5 - Jan. 11

Calls: 1,173

Arrests: 18

Stolen Vehicles: 2

FRIDAY, JAN. 5

LARCENY, 8:08 a.m., Town Hill St. Medication.

LARCENY, 4:17 p.m., Granite St. Wallet.

VANDALISM/PROPERTY, 11:55 p.m., Franklin Street Gas, 60 Franklin St. Caller states front window smashed. Business appears closed. Appears to be outer window pane. Shards swept up. Owner aware of damage. Occurred earlier in day.

SATURDAY, JAN. 6

LARCENY, 9:25 p.m., Prospect Hill St. Two cell-phones.

SUNDAY, JAN. 7

LARCENY, 12:46 p.m., Burgin Pkwy.

VANDALISM/PROPERTY, 2:04 p.m., 653 Southern Arty. To vehicle. Peace restored.

MONDAY, JAN. 8

VANDALISM/PROPERTY, 9:39 a.m., 150 Bower Rd. Ext. Caller has video of car smashing through gate to business.

LARCENY, 11:06 a.m., Parkman St. Heating oil.

TUESDAY, JAN. 9

MOTOR VEHICLE LARCENY, 10:00 a.m., U Hual, 438 Quincy Ave. Overdue rental. Two cargo vans taken.

LARCENY, 12:39 p.m., Town Hill St. Caller wants to report packages stolen from home.

LARCENY, 12:40 p.m., 1025 Hancock St. Money missing after workers left apartment yesterday.

LARCENY, 1:48 p.m., South St. Victim suspects worker from home care agency stole jewelry.

WEDNESDAY, JAN. 10

LARCENY, 1:53 a.m., Goddard St. Caller claimed computer was hacked. Now being harassed from hacker. Report submitted on extortion that had a sexual component.

Sex crime.

VANDALISM/PROPERTY, 7:55 a.m., Fayette St. Caller states car was vandalized.

ASSAULT AND BATTERY, 12:28 p.m., McDonald's, 473 Southern Arty. Female bothering other customers. Officer asking for additional units; wagon dispatched for transport. Arrest made for A&B on a police office, resisting arrest and intimidation.

LARCENY, 3:02 p.m., Walgreen Pharmacy, 330 Hancock St. Occurred last night but has video.

LARCENY, 3:20 p.m., Donut Donuts, 1461 Hancock St. Wallet. Store has video; request officer to view video. Video did not show suspect.

THURSDAY, JAN. 11

ASSAULT AND BATTERY, 1:05 p.m., Winthrop Ave. Two males possibly fighting at the corner of above address. Caller was a Uber driver who dropped off the party and then witnessed fighting/yelling of party with another male on the street. Brewster Ambulance requested for an eye injury. Victim to QMC. A&B was committed by a well-dressed black male, six-foot tall, wearing a hat and scarf who ran south on Winthrop after incident.

VANDALISM/PROPERTY, 3:23 a.m., Royal Hotpot Sushi Bar, 227 Parkway. Caller just got out of work and believes someone slashed two tires. Unknown when it happened. Occurred in parking lot of business.

VANDALISM/PROPERTY, 7:48 a.m., Farnum St. Caller in QPD lobby for neighbor issue.

ASSAULT AND BATTERY, 1:40 p.m., 195 Burgin Pkwy. Two male parties unknown to caller fighting. One party refused medical attention. Complaint for A&B.

VANDALISM/PROPERTY, 4:40 p.m., Quincy Medical Center, 114 Whitwell St. Female out of control. Prior to officers' arrival, female broke a bunch of equipment. Charges to be filed.

ARMED ROBBERY, 6:34 p.m., AT&T, 70 Quincy Ave. Gun. Black male in hoodie, green jacket, Boston hat, Tommy Hilfiger jacket. Left tablet in store. Took left out of

store. Black firearm with a brown handle. Panic alarm came in from security company. No injuries.

LARCENY, 7:06 p.m., Martell Rd. Tracking states packages were delivered but caller never received them.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617-745-5719

STOLEN MOTOR VEHICLES: 438 Quincy Avenue (2).

CAR BREAKS: Bass Street, 579 Hancock Street, 79 Coddington Street

BREAKS AND ATTEMPTED BREAKS: none

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentrement at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us -- Lt. Dan Minton

Entries in the Quincy Police Crime Prevention Journal are compiled and submitted by the Quincy Police Department.

They are published by The Quincy Sun as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

RELIGION

OBITUARY

Houghs Neck Congregational Church

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Pastor Steven Vandergrift will lead the service, give the children's message and preach a sermon. Liturgist Jake Gordon will welcome and call to worship. Shirley Pearson and Rob Rheault will serve for the

Diaconate.

This Sunday the church will dedicate the restored belfry with a reception in M. Alicia Corea Fellowship Hall immediately after the service.

Each Sunday in January the Mission Committee is running "The Big Foot Sock Drive." All donated brand new socks for all ages will be given to ISS (Interfaith Social

Services).

Yoga continues on Thursday at 7 p.m. and Saturday at 10 a.m. with Amy Ross leader. Bring a mat, water and \$5.

Entries are still sought for the Chili Bowl Cook-off on Saturday, Jan. 27. Contact Pam Craig at 617-471-8968 or email pcraig1962@comcast.net to enter or for more information.

Bethany Congregational Church

Bethany Congregational Church, Quincy Center, will have Sunday Worship Service at 9:30 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "Follow Me." Please bring a food donation to help the ISS Food Pantry. Fellowship with light refresh-

ments will follow the worship service.

All are welcome to attend Worship Services and numerous group activities. Bethany has an active Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1:00

p.m. to 4:00 p.m. Please visit: www.bethanyconchurch.org for updates and activities. Sunday worship service is broadcast on QATV at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

The church is wheelchair accessible.

Quincy Point Congregational Church

Celebrate the Week of Christian Unity at 10 a.m. Sunday worship at Quincy Point Congregational Church, 444 Washington St.

Rev. Stan Duncan's sermon will be, "Come Follow Him." The lay reader of the

day will be Jane Raymond. CrossRoads, the adult praise band, will be blessing the service with their songs. After worship, all are welcome to the social hall on the lower level for coffee, light refreshments and a time of

fellowship.

Remember non-perishable food donations for those in need who frequent Interfaith Social Services this week also. The pantry shelves of ISS can always use more. The Pantry Shelf

is one of the largest emergency food programs in Greater Boston, serving thousands of South Shore families in need every year. Items can be left in the Narthex of the church for delivery to ISS.

On Jan. 21, at 3 p.m.

Quincy Point Congregational Church will host the South Shore Children's Chorus as they present "A Winter Concert." Pre-ordered tickets are \$10 for an adult and \$7 for students/children. Door tickets are \$15 for an adult

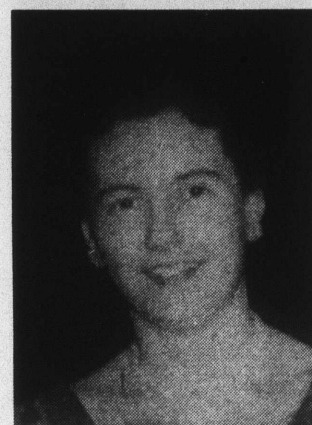
Dickinson of Wilmington, Anne Sullivan and her husband Bernard of Charlestown, James Harrington and his wife Margaret of Arlington and pre-deceased by Eileen Mirra, Mary McGloughlin, Gerald, Michael, John and Raymond Harrington. She was also the dear aunt and grandaunt of many nieces and nephews and lovingly remembered by her extended Neitz family.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the charity of your choice.

Margaret T. Neitz, 86



MARGARET T. NEITZ

was also well known for her administrative duties at the High Street Pharmacy in Charlestown. She was much loved and will be missed by all who knew her.

Beloved wife for fifty-four years of Peter E. Neitz. Devoted sister of Catherine

A funeral Mass for Margaret Theresa "Peg" (Harrington) Neitz, age 86, of Quincy, a former longtime resident of Charlestown, was celebrated Wednesday in St. Joseph's Church, Quincy.

Mrs. Neitz died peacefully Jan. 12 at the South Shore Hospital in Weymouth, surrounded by her loving family.

She was born in Charlestown to the late Jeremiah and Mary (Shea) Harrington. She was a graduate of Charlestown High School, Class of 1948 and had lived in Quincy for twenty-three years, previously sixty-three years in Charlestown.

Mrs. Neitz worked for many years at Stickney Poor Spices in Charlestown and

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic	Catholic	Congregational	Congregational	Christian Science
St. Mary's Church 95 Crescent St., Quincy • 617-773-0120 <i>Masses</i> Saturday, 4pm, Sunday 8 & 10:30am Tuesday/Thursday 9am Handicapped Accessible New Members Welcome!	Sacred Heart Church <i>"A Roman Catholic Community walking together in Faith, Worship, Education and Service"</i> 386 Hancock St., North Quincy, MA 02171 (617) 328-8666 Sunday Masses 4 pm (Saturday) 7:30 & 10:00 am and 6:00 pm Weekday Masses Monday - Friday 7 am Monday & Saturday 9 am Handicapped Accessible Confessions Sat. 3-3:45pm in Saint Joseph Oratory	HOUGH'S NECK CONGREGATIONAL CHURCH 310 Manet Avenue 617-479-8778 www.hncong.org Sunday Worship Service at 10 a.m. Pastor Vandergrift will lead the service, give the children's message, and preach a sermon. All are welcome to attend FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE	Wollaston Congregational Church United Church of Christ 48 Winthrop Avenue Quincy, Massachusetts Worship and Sunday School at 10 a.m. Elizabeth J. Williams Pastor 617-773-7432 www.wollastonucc.com Unitarian Universalist United First Parish Church A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome. Worship Service, Church School & Childcare: Sundays at 10:30 AM Followed by Fellowship & Refreshments Rev. Rebecca Froom 1306 Hancock St., Quincy www.ufpc.org	First Church of Christ, Scientist 1460 Hancock Street, Quincy 617-472-7099 Sunday Services and Sunday School 10:30 a.m. Wednesday Evening Meetings - where testimonies of healing are shared 7:30 p.m. ALL ARE WELCOME!
ST. AGATHA CHURCH MILTON-QUINCY 432 Adams Street Milton, MA 02186 • 617-698-2439 Schedule of Masses: Saturday: 8:00AM and 4:30PM Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM Weekday Masses: 7:00 & 9:00AM Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned	St. Joseph's Church 550 Washington Street Quincy, MA 02169 617-472-6321 SUNDAY MASSES: 4 p.m. (On Saturday) 8:30 a.m. and 10:30 a.m. Weekday Masses 9am CONFESSIONS: Saturday, 3:00-3:30 pm Handicapped accessible & Handicapped parking, side entrance air conditioned	BETHANY CONGREGATIONAL CHURCH Spear & Coddington Streets Quincy Center, 617-479-7300 www.bethanyconchurch.org Sunday Worship Service at 9:30AM The Rev. Peter M. Preble will conduct the service & preach the sermon "Follow Me" ALL ARE WELCOME! Fellowship Time following Service The church is wheelchair accessible	Church of Christ CHURCH OF CHRIST IN MILTON 330 Edge Hill Rd., Milton, MA 02186 • 617-274-2409 www.churchofchristinmilton.org Maurice Davis, Minister SUNDAY WORSHIP 8AM, 11AM and 6PM Sunday Bible Study 9:45AM Tuesday Bible Study 11:00AM Wednesday Bible Study 7:00PM 3 rd Friday - Couples 7:30PM 4 th Friday - Youth 7:30PM	Nazarene Wollaston Church of the Nazarene Come Join Us For Sunday Worship! 8:00 AM Worship Service (Holy Communion & Liturgy) 9:00 & 11:15 AM Weekly Small Groups 10:00 AM Worship Service Stephen "Stretch" Dean, Lead Pastor Andrea Sawtelle, Youth Pastor Bev Krueher, Children's Pastor Don Reed, Visitation Pastor 37 E. Elm Ave., Wollaston 617-472-5669 email: office@wconaz.org www.wollastonnazarene.org
St. John The Baptist ROMAN CATHOLIC CHURCH 44 School St., Quincy 617-773-1021 Weekend Mass Schedule Saturday, 4:00 PM Sunday, 8:30 AM & 11:00 AM Sunday night, 5:00 PM Weekday Masses Monday - Saturday 8:00 AM Confessions Wed. 8:30 - 9:00 AM Sat. 2:30 - 3:30 PM Handicapped Accessible	Holy Trinity Parish Come and Worship! Most Blessed Sacrament Church 1031 Sea St. WEEKDAY MASSES 9:00AM Tuesday and Thursday WEEKEND MASSES 4:30 PM Saturday and 8:30 AM Sunday Our Lady of Good Counsel Church 237 Sea St. WEEKDAY MASSES 9:00AM Monday and Wednesday WEEKEND MASSES 6:00PM Saturday and 10:30 AM Sunday CONFESSIONS: 3-4PM Saturday Rev. Martin Dzengeleski- Pastor Phone: 617-479-9200 EMAIL: holytrinityquincyma@gmail.com VISIT: www.holytrinityquincy.com	QUINCY POINT CONGREGATIONAL 444 Washington St. • 617-773-6424 Worship and Church School 10 am Rev. Dr. Stan Duncan, Interim Pastor Peter Johnston, Interim Associate Pastor Rachel Hallenbeck, Music Director email: office@quincypointcong.org	Methodist QUINCY COMMUNITY UNITED METHODIST CHURCH 40 Beale St., Wollaston 617-773-3319 10:30 AM Sunday Worship Rev. Rebecca E. Baumann	Salvationist THE SALVATION ARMY 6 Baxter St., Quincy • 617-472-2345 9:45AM CHRISTIAN EDUCATION 11AM WORSHIP SERVICE BRASS BAND MUSIC NOON THURS. WOMEN'S FELLOWSHIP 6:30PM WEDS. BIBLE STUDY

HOPE PEACE

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OBITUARIES

John Mich, 88

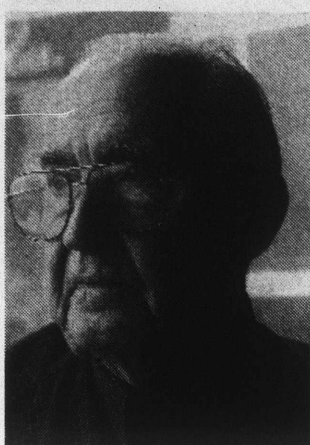
A celebration of the life of John "Jack" Mich, 88, of Quincy, formerly of Weymouth, was held Jan. 11 in the Port 305 restaurant, Quincy.

Mr. Mich died peacefully Jan. 5 surrounded by his family.

Devoted husband of 62 years of the late Barbara (Keany). He is survived by his sister Evelyn Denys of Las Vegas, and his six children; Barbara Mich Salvucci (Robert) of Bethesda, MD; John of Palm Springs, CA; James (Ellen) of Walpole; Jeffrey (and the late Andy Hering) of Palm Springs, CA; Brenda Mich Smith (Michael) of Norwell; and Joseph (Carolyn) of Walpole, and eight grandchildren (Tyler, Jake and Nicole Mich; Dana Salvucci; Kristen and Peter Mich; Calvin and Jane Smith). He was predeceased by his parents Anthony and Margaret Mich of Dorchester, sister Marilyn Flynn and brother Tony Mich.

Mr. Mich graduated Boston Technical High School in Dorchester, then served his country in the Korean Conflict stationed in Japan. Upon his return, he began working for Boston Edison Co. where he spent his career in business development and real estate acquisitions. He raised his family on the South Shore in Braintree and Weymouth and drove the dreaded "expressway" every workday.

Throughout his life Mr. Mich was active in many social organizations including the Braintree JayCees, Boy Scouts of America, Weymouth Elks, and Boston Edi-



JOHN MICH

son Retirement Assoc. Upon retirement, he and Barbara enjoyed many years of leisurely travel with family and friends - cruises to the Panama Canal, winters in Palm Springs, trips to national parks and Disneyworld, and holidays in San Francisco and Washington, D.C. He loved to spend free time with his "nose in a book" and working mind bending puzzles. Mr. Mich lived at Marina Bay, Quincy, with a lovely view of the city and enjoyed an occasional Manhattan cocktail at the Port 305 restaurant with his children.

Interment was private and conducted with military honors.

Funeral arrangements were made by the Dockray and Thomas Funeral Home, Canton.

Memorial donations may be made to the South Shore Visiting Nurses and Hospice Association at southshore-health.org/intermediate-gifts or South Shore Hospital, Attention: Foundation, 55 Fogg Rd, So Weymouth, MA 02190-2455.

Robert G. FitzGerald, Jr.

A Mass of Christian Burial for Robert G. FitzGerald, Jr., of Milton and Falmouth, was celebrated Jan. 4 at Saint Agatha Church, Milton.

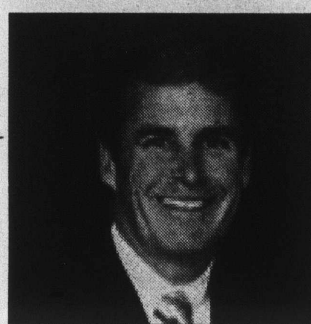
Mr. FitzGerald died Dec. 30.

He worked for many years as an auto dealer at the former South Shore Buick in Quincy.

He was also active in the community. He was a longtime member and distinguished past president of the Kiwanis Club of Quincy.

Beloved husband of Carolyn (Kealey) FitzGerald of Milton. Loving father of Alexandra FitzGerald and Brianne FitzGerald, also of Milton. Cherished son of Marjorie F. (Gill) FitzGerald and the late Robert G. FitzGerald, Sr. of Milton.

Bob is also survived by his five siblings, Jeanne FitzGerald of Canton, Maureen Pacella of Dedham,



ROBERT G. FITZGERALD, JR.

Patricia Deware of Needham, Richard FitzGerald of Milton, and John FitzGerald of Quincy, and a host of devoted nieces and nephews.

Interment was private.

Funeral arrangements were made by the Dolan Funeral Home, 460 Granite Ave., Milton.

Memorial donations may be made to the Appendix Cancer Pseudomyxoma Peritonei Research Foundation (acpmp.org/donate).

Kathleen M. McKenna, 79

A funeral Mass for Kathleen M. (D'Arcy) McKenna, 79, of Quincy, was celebrated Jan. 12 in St. Ann's Church, Quincy.

Mrs. McKenna died Jan. 8 at Milton Hospital with her family by her side.

She was born in Boston to Thomas and Elizabeth (McGonagle) D'Arcy. She was the beloved wife of 55 years of Joseph P. McKenna of Quincy, and the devoted mother of Joseph P. McKenna Jr. and his wife Barbara, Elizabeth J. Leonard, and John P. McKenna and his wife Paula, and benevolent grandmother of Joseph P. McKenna III, Deirdre McKenna, and Nora McKenna of West Roxbury, and Erin McKenna and Ryan McKenna of North Andover. Sister of the late John P. D'Arcy of Kinnelon, New Jersey, aunt of Michael D'Arcy of Glen Ridge, New Jersey and aunt of Stephanie Nigito of New York, New York.

Mrs. McKenna, originally from Dorchester, was a graduate of Girls' Latin School. She was a member



KATHLEEN M. MCKENNA

of St. Ann's Parish in Quincy, where she taught CCD for more than 30 years. She also worked as a work compensation supervisor at CNA Insurance Companies for many years. She took tremendous pride and enjoyment in her church, her family, and her grandchildren.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

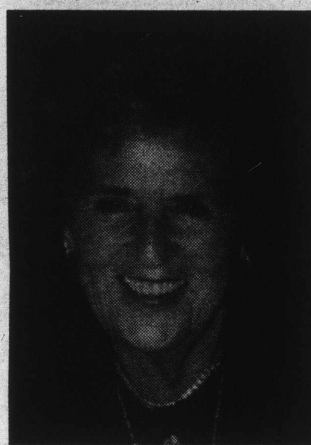
Memorial donations may be made to the Little Sisters of the Poor, 186 Highland Ave., Somerville, MA, 02143.

Helen Gunning, 95

A funeral Mass for Helen Meehan Gunning, age 95, of Quincy, formerly of Milton, was celebrated Jan. 12 in St. Agatha Church, Milton.

Mrs. Gunning died peacefully in the company of her loving family on Jan. 8.

She was beloved wife of the late Thomas S. Gunning and Thomas M. Meehan and the devoted mother of Dr. Carole Roberts of Kentucky, Patricia Ceurvels & her husband Arthur of Hanover, Thomas G. Meehan & his wife Suzanne of Norfolk, Elaine Branca & her husband Richard of IL,



HELEN GUNNING

Janet Fitzgerald & her husband Michael of Hanover, Michael M. Meehan of RI, and Brian Meehan & his wife Madeline of Quincy. The dear sister of the late C. Ruth Kelley and Frederick Barrett and the cherished grandmother of 19 grandchildren and 18 great-grandchildren.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

Memorial donations may be made to the Jimmy Fund, P.O. Box 849168, Boston, MA 02284-9618.

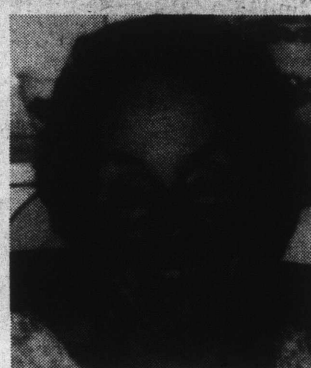
Ann M. Meehan

A Mass of Christian Burial for Ann M. (Connolly) Meehan, of Rochester and Quincy, was celebrated Jan. 12 in St. Mary's Church, Quincy.

Mrs. Meehan died Jan. 7.

Loving wife of the late Richard H. Meehan. Beloved mother of Valerie Farretta and her husband Michael of Rochester, Richard S. Meehan and his wife Nancy (Donovan) of Wakefield, RI and Jeff L. Meehan of Hull. She is survived by her beautiful granddaughters Katrina and her husband Kevin, Shannon and her husband Trent and Natasha Meehan of RI, her sisters Louise Croke of Quincy, Peggy Libby of Nashville, TN and the late Kitty Harrigan, as well as, many nieces, nephews she dearly loved.

Mrs. Meehan enjoyed bowling and golfing. She



ANN M. MEEHAN

was a lifelong member of the Wollaston Golf Club where she perfected her short game.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Dolan Funeral Home, East Milton Square.

Memorial donations may be made to the Fenno House, 540 Hancock St., Quincy, MA 02170. Please include "Bingo" on your donation.

IN MEMORIAM



LOUISE M. McDERMOTT
JANUARY 17, 2017

On Your
One Year Anniversary

The minutes have passed into hours,
The hours into days.
And the days have passed into a year
Since you have gone away.
But every minute, every hour
And you know every day,
The love I've always had for you
Is in my heart to stay.

Your husband Richard
& children Lisa, Linda,
Karen, Ricky & Kevin

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Marie D'Andrea, 90

A funeral Mass for Marie (Rota) D'Andrea, 90, of Quincy was celebrated Jan. 13 in Sacred Heart Church, Quincy.

Mrs. D'Andrea died peacefully Jan. 7.

She was the only daughter of the late John and Florence Rota. Raised in Mattapan, Mrs. D'Andrea lived most of her life in Quincy. She enjoyed a lengthy career with State Street Bank and once retired, became an active member of the St. John's Seniors Club where she served for many years as the club president. A world traveler, she particularly enjoyed the many cruises that she took with her husband Rico. Mrs. D'Andrea loved to paint and knit and her house was adorned with her artwork. An avid reader, she most enjoyed her Catherine Cookson books.

Mrs. D'Andrea was kind hearted, compassionate, always upbeat and optimistic and was never shy to voice an opinion. She adored her family. Mrs. D'Andrea will be sadly missed and lovingly remembered by all who had the pleasure of knowing her.

She is survived by her devoted husband of 66 years, Americo (Rico) D'Andrea. Beloved mother of James (Jim) D'Andrea and his wife Lynne of Braintree. Lov-



MARIE D'ANDREA

ing grandmother of Derek D'Andrea and his fiancée Nicole Dolan and cherished great-grandmother to Aliyah and Anthony. Predeceased by her brothers Louis Rota of Marlborough, Daniel Rota of Quincy, and John Rota of Jaffrey, NH, she is also survived by her brothers William and his wife Wendy of Taunton, Francis (Cesci) and his wife Carol of Randolph, George and his wife Judy of Randolph and her many loving nieces and nephews.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

Memorial donations may be made to the National Kidney Foundation, 209 West Central St., Suite 209, Natick, MA 01760.

Ethel M. MacDonald, 96

Private graveside services for Ethel M. (MacDonald) MacDonald, age 96, a lifelong Quincy resident, were held Jan. 6 in Mount Wollaston Cemetery, Quincy.

Mrs. MacDonald died peacefully Jan. 2 at home.

She was born in Quincy to the late James S. and Mary C. (MacLeod) MacDonald. She had been employed as a bookkeeper with Williams Coal & Oil Company for many years.

Mrs. MacDonald enjoyed spending time with family and friends at their home in Prince Edward Island, Canada. She was deeply loved by many and liked by most but she will be missed by all who knew her.

Beloved wife of the late Malcolm "Sandy" MacDonald. Devoted sister of the late Charles MacDonald and the late Donald "Mac"

MacDonald. Sister-in-law of Dolores MacDonald and her late husband Cameron and pre-deceased by Hazel MacDonald, William and Catherine Woodman and Hughie MacDonald. Loving aunt of Gayle MacDonald, Gene Woodman, Missy Reposa, Edie Giroux, Mary MacDonald and John MacDonald. Special Auntie of Willie and Cayden MacDonald and the late Bill Center. Dear friend of Maureen DeCell, Lorraine Nicholson, Doris and John Mackin, Bill Hendrickson, Rob Morris, Lennie Tripp, Russell and Elaine Tripp, Chris MacDonald and George Mallett.

Memorial donations may be made to the charity of your choice.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Avenue, Quincy.

Ethel May Martin, 90

A funeral for Ethel May (Gabriel) Martin, 90, of Weymouth and formerly of Quincy, was held Jan. 12 in Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Mrs. Martin died Jan. 7.

May, as she preferred to be called, was a child of the Great Depression and always appreciated the simple things in life; particularly her family and friends. She was born and raised in Quincy and graduated from Quincy High School and Burdett Business College. She spent much of her young adult life helping her older sister, Rose, with her two sons after Rose suffered the tragic loss of her husband in a military accident.

In the summer of 1958, she married Austin Martin, and after a honeymoon cruise to Bermuda, took up residence in South Weymouth. Mrs. Martin worked at White Brother's Milk Company in Quincy during her 20s, and then spent many years as an executive secretary at Instron Corporation of Canton, retiring in the early 1990s around the time of her husband's passing.

An active member of Christ Church Quincy, Mrs. Martin enjoyed gardening, shopping, dining out, and



ETHEL MAY MARTIN

working around her home. She also enjoyed hand crafts, sewing and knitting clothing for gifts, and in the summertime always had a badminton net set up in her back yard. She had a special love of Bermuda, and enjoyed taking many trips there over the years. Although Mrs. Martin never had children herself, she enjoyed visits from her nephews, nieces, great nieces, and great nephews. In recent years, after suffering from some medical problems and memory loss, she lived at Sunrise Assisted Living in Braintree, where she had been very well cared for. Mrs. Martin will be sadly missed by her friends and family.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Alzheimer's Foundation of America, 322 Eighth Ave, 7th Floor, New York, NY 10001.

James H. Donovan

A funeral Mass for James H. "Jim" Donovan of Quincy was celebrated Jan. 13 in St. Ann's Church, Quincy.

Mr. Donovan died Jan. 8.

Beloved husband of 54 years to Bridget "Bridie" Donovan of Quincy. Loving father of James Donovan Jr. and his wife Alysha of Salem, NH, Brenda Mullins and her husband Michael of Dorchester, John Donovan and his wife Heather of Plymouth and Brendan Donovan and his former wife Karen of Boston. Cherished grandfather of Brianna, Jake, Isabella, Nicholas, Emily, Kristen and Jimmy. Caring brother of the late Helen Donoghue. Also survived by many nieces and nephews.

Mr. Donovan was a United States Navy veteran who served on the USS Ticon-

deroga CVS-14. He worked for the Boston Gas Company for 35 years before his retirement. Mr. Donovan enjoyed traveling with his wife, especially to Las Vegas, Ireland and Montreal. He was an avid Boston sports fan and would watch any games he could catch. His main passion in life was his family and spending time with those he loved. He will be sadly missed by all those who had the pleasure of knowing him.

Funeral arrangements were made by McDonald Keohane Funeral Home, North Weymouth.

Memorial donations may be made to Old Colony Hospice, 321 Manley St., W. Bridgewater, MA 02379-1022.

Josephine R. Connolly, 96

A funeral Mass for Josephine R. "Fenie" (Murphy) Connolly, 96, of Quincy was celebrated Monday in St. Ann's Church, Quincy.

Mrs. Connolly died peacefully at home surrounded by her six children on Jan. 8.

Daughter of the late Bridget Josephine (Kelly) Murphy and John J. Murphy. Beloved wife of the late Francis Connolly.

Originally from Dorchester, Mrs. Connolly worked for many years as a manager in the Boston School Food Service Program, retiring in 1987. After retiring, she loved Friday night dinners with ("The Girls") former coworkers. She was a lifetime member of the Quincy YMCA. She was an avid Red Sox fan and proud of her Irish heritage and culture. In her later years, she was kept busy by her children, grandchildren and great-grandchildren.

Mrs. Connolly leaves her six children: Ellen (Connolly) Munroe of Hull; Paul Connolly and his wife Micki of Plymouth; John Connolly and his partner Diane McAlpin of Abington; Joni



JOSEPHINE R. CONNOLLY

McDermott and her husband Charles of Braintree; Joseph Connolly and his wife Erin of Whitman; and Ann Marie Hynes and her husband Paul of Dorchester. In addition to her children, she is survived by her sister Helen Lilly of Dorchester and her brother John Joseph Murphy of Quincy and her sister the late Anne Stasz. Also 15 grandchildren and 10 great-grandchildren.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Quincy Elder Services, 400 East Squantum St., Quincy, MA 02171.

Lillia B. Cook

A graveside service for Lillia Belle (Larson) Cook of Quincy was held Jan. 11 in Milton Cemetery.

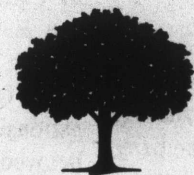
Mrs. Cook died Jan. 8.

Loving wife of the late Gerald E. Cook. Beloved mother of Florence M. Ragusa of Quincy, Donald R. Cook of Halifax, Enid L. Holmes of Quincy and Pamela J. and her husband K. David Callaway of Loxley, AL. She is survived by ten grandchildren, many great-grandchildren, several nieces and nephews and is the sister of the late Warren and

Walter Larson.

Funeral arrangements were made by Dolan Funeral Home, East Milton Square.

Memorial donations may be made to the Heart Center at Boston Children's Hospital at bostonchildrens.org/givenow. Or mail checks, payable to Boston Children's Hospital, to Boston Children's Hospital Trust, 401 Park Drive Suite 602, Boston, MA 02215-5301. Please include honoree's name in the memo line.



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OBITUARIES

Regina M. Kendrick, 58

A wake service for Regina M. (Pollis) Kendrick, 58, of Weymouth, formerly of Dorchester and Quincy, was held Monday in Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Mrs. Kendrick died peacefully at home on Jan. 10 with her loving husband of 37 years by her side following a period of declining health.

Born in Quincy and raised in Dorchester, she was the second of five children born to Elizabeth A. (Ellis) Pollis of Dorchester and the late Richard F. Pollis. Mrs. Kendrick worked with State Street



REGINA M. KENDRICK

Bank for many years as a disaster recovery coordinator.

Devoted wife of Robert F. Kendrick, she was the sister of Ann Ratta and husband Fred of So. Weymouth, Joyce Cross and husband Lester of Dorchester, Michael Pollis and wife Denise of So. Weymouth and David Pollis & Dawn Riley of Whitman. Also survived by many cherished nieces, nephews, great nieces & nephews, cousins, extended family and close friends.

Private interment.

Memorial donations may be made to the American Diabetes Association, 260 Cochituate Rd., #200, Framingham, MA 01701.

Ruth C. MacLeod, 88

A memorial service for Ruth C. (Laakso) MacLeod, 88, of Quincy was held Tuesday in the First Presbyterian Church, Quincy.

Mrs. MacLeod died Jan. 9.

Loving wife of 25 years to the late Edison MacLeod. Beloved Mother of David MacLeod, Sandra MacLeod,

Scott MacLeod and the late Mark MacLeod. She is also survived by 5 grandchildren and 3 great-grandchildren.

Mrs. MacLeod was a longtime and active member of the First Presbyterian Church of Quincy where she was also an elder and choir member.

Private interment.

Funeral arrangements

were made by Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Memorial donations may be made to the Alzheimer's Association, 322 8th Ave., suite 800, New York, NY 10001.

Angus J. Comeau, 82

A funeral Mass for Angus J. Comeau, age 82, a longtime resident of Quincy, was celebrated Tuesday in Holy Trinity Parish at Our Lady of Good Counsel Church, Quincy.

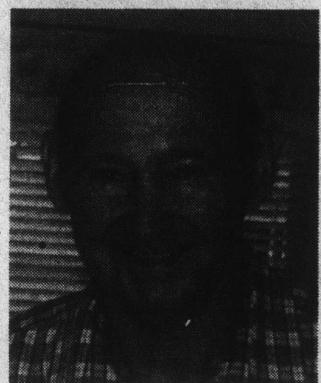
Mr. Comeau died peacefully Jan. 10 at home, surrounded by his loving family.

He was born in Saulnierville Station, Nova Scotia, Canada, to the late Arcade J. and Elizabeth M. (Therault) Comeau. He was raised and educated there and immigrated to the United States in 1959, settling in Quincy. He had lived in Quincy for nearly sixty years.

Mr. Comeau worked in the hotel industry for over fifty years. He was employed as the well-known bell captain at the Sheraton Boston for thirty-three years and had recently retired. He loved his job.

He enjoyed gardening, the outdoors, and feeding birds. Mr. Comeau also enjoyed playing cards and was an avid Red Sox fan. He was dedicated to his family and especially enjoyed supporting the activities and accomplishments of his grandchildren.

Beloved husband for sixty years of Rosalie M. "Rose" (Deveau) Comeau. Devoted father of Brian J. Comeau and his wife Donna of Meteghan River, Nova Scotia, Canada,



ANGUS J. COMEAU

Lisa M. Nickerson and her husband George of Quincy. Loving grandfather of Carla M. Nickerson and twins, Bryann and Bryce Nickerson. Dear brother of Dora LeBlanc and her husband Willie of Quincy, Richard Comeau and his wife Joyce of Quincy, Eugene Comeau of Pembroke, William Comeau and his wife Carol of Norwell. Mr. Comeau was the brother-in-law of Charlene Comeau of Hanover and is also survived by many nieces and nephews.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to VNA Hospice & Palliative Care, 199 Rosewood Drive, Suite 180, Danvers, MA 01923 or online at vnacare.org/donors.

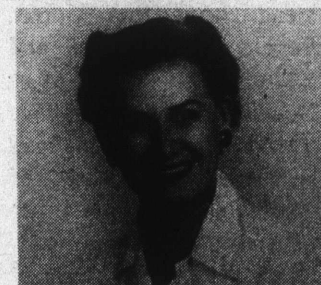
Eleanor Dunn, 90

A private family memorial will be held for Eleanor (Potts) Dunn, 90.

Mrs. Dunn died peacefully Dec. 28 at Bay Path in Duxbury.

She is survived by her beloved brother, Bernard (Lorraine) Potts of Canton, and daughters, Elizabeth Lund of Quincy and Sandra (Craig) Ellis of Spencer, along with grandchildren, great grandchildren, nieces and nephews. She is preceded in death by her husband, Burton Dunn of Cohasset, son Robert Lund of Quincy, sister Barbara Corwin of Roslindale and brother Hugh John Potts of South Boston.

Mrs. Dunn was born on Nov. 6, 1927, in Boston to Walter and Isabel Potts. She spent her youth in Jamaica Plain, Roslindale and sum-



ELEANOR DUNN

mers in Nova Scotia. She was an avid seamstress and gardener, loved the ocean, baking and helped manage her husband's business, South Shore Camera in Hanover and Pembroke, Mrs. Dunn raised her family in Quincy and Cohasset and retired in Hull.

Memorial donations may be made to the Alzheimer's Association.

Funeral arrangements were made by Sullivan Funeral Home, Hanover.

Christine Macauley

Visiting hours for Christine "Ti" Macauley, of Methuen, formerly of Quincy, will be held from 4 to 7 p.m. Friday in the Lydon Chapel for Funerals, 644 Hancock St., Quincy.

Mrs. Macauley died suddenly Jan. 11.

Cherished wife of Jason Macauley. Loving Stepmother of Kayla and Alys Macauley. Beautiful daugh-



CHRISTINE MACAULEY

ter of Beverly (Frassica) Downey of FL. Sister of Paul Ferrara and his wife Darlene of Hanson. Also survived by her adored puppies Molly and Farley.

Mrs. Macauley was a lover of dogs and Jimmy Buffett.

Memorial donations may be made to The Great Dog of NE, 34D Holton Street, Woburn, MA or gdrne.com.

Lois J. MacDonald, 86

A memorial service for Lois J. MacDonald, 86, of Quincy will be held at 11 a.m. on March 10 in the Quincy Point Congregational Church.

Mrs. MacDonald died peacefully on the morning of Dec. 30 surrounded by the love, comfort and care of family at Seasons Hospice in Milton following a short illness.

She was the devoted wife of the late Malcolm J. MacDonald who died in 2012.

Born in Boston and raised in Quincy, she was a daughter of the late James & Mildred (Paige) MacAfee.

Mrs. MacDonald worked in newspaper sales and advertising for many years, starting her career with the company



LOIS J. MACDONALD

which eventually became the Boston Herald before accepting a position with the Boston Globe in classifieds. She finished her career with GateHouse Media as a classified advertising representative for the Patriot Ledger and Brockton Enterprise newspapers, retiring in 2010.

At Quincy Point Congregational Church, she was a beloved member of the con-

gregation and served as a deacon. Her talents as a baker led her to create many delicious items for church events.

Loving mother of Kristin Wright of VA and Andrew Macdonald and wife Margaret (Rossley) of Weymouth. Cherished grandmother of Penelope MacDonald of Quincy and Gwyneth & Piper Wright of VA. Dear sister of Sylvia Russell of Avon and James MacAfee of VA. Also survived by nieces, nephews, extended family and close friends.

Private interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Wesley M. Clark, Jr., 77

Funeral arrangements for Wesley M. "Wes" Clark, Jr., 77, of Quincy are private.

Mr. Clark died Jan. 8.

Born in Boston, he was a son of the late Wesley M. & Gladys M. (Streeter) Clark.

Mr. Clark worked for many years with the City

of Quincy Department of Public Works, finishing his career with the Forestry Division. He retired in June 2002.

Brother of Thomas N. Clark and wife Gerry, and uncle of Michelle & Tommy Clark, all of NC. He is also

survived by good friends including Ann Dolan of Quincy.

Funeral arrangements were made by Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Cynthia A. Baker, 81

Memorial services for Cynthia A. Baker, 81, of Quincy, will be held at a later date.

Mrs. Baker died Dec. 31.

Beloved wife of the late Robert Baker. Devoted mother of the late Richard and Ronald Baker. Cynthia is sur-

vived by her son Mark Bander of Nashua, New Hampshire, her grandchildren William and John Bander, Jason Baker, Steven Baker, Michael Baker and great-grandmother of Cecilia Baker, Jonas Baker and Christopher Baker. Loving Sister of Janet Hoffman

of North Attleboro. Caring aunt of Lindsey Hoffman and Charlene Carroll. Mother-in-law of Donna Baker and Sue Rae Baker.

Funeral arrangements were made by Deware Funeral Home, 576 Hancock St., Quincy.

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION TO EXPAND AND MODIFY THE POWERS OF A GUARDIAN

Docket No. NO14P2710GD Commonwealth of Massachusetts The Trial Court

Probate and Family Court Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021 In the Interests of:

Maximino J. Fernandez, Sr. Of: North Quincy, MA RESPONDENT

Incapacitated Person/ Protected Person

To the named Respondent and all other interested persons, a petition has been filed by Sandra Fernandez of Quincy, MA in the above captioned matter requesting that the court:

Expand and Modify the powers of a Guardian. The petition asks the court to make a determination that the powers of the Guardian and/or Conservator should be expanded, modified, or limited since the time of the appointment. The original petition is on file with the court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 01/31/2018. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: January 12, 2018 PATRICK W. McDERMOTT Register of Probate

1/18/18

SUN FUN PAGE

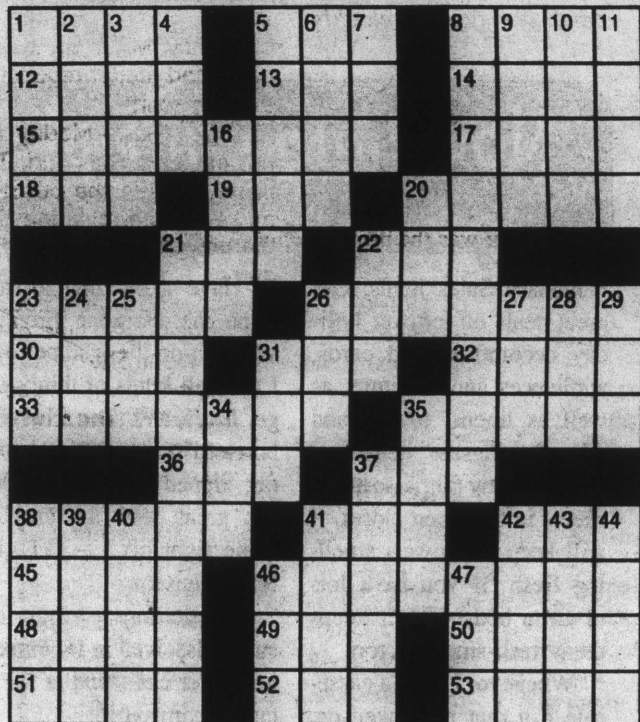
King Crossword

ACROSS

- 1 Nasty insect
5 Badly lit
8 Error
12 Chills and fever
13 Kreskin's claim
14 Docket entry
15 In reverie
17 Anger
18 Dine
19 Sternward
20 Dissuade
21 Firmament
22 Stop — dime
23 Augment
26 Firm
30 Needy
31 Hockey milieu
32 Concept
33 Get
35 Pry
36 Singer
37 Droop
38 Cut corners
41 Huge
42 Greek cross
45 Actress Gilpin
- 46 "... twilight's last —"
48 Privy to
49 Boxer
50 Pedestal occupant
51 Chinatown gang
52 Witness
53 Say it ain't so
- video on the Web
22 Praise in verse
23 Spring mo.
24 Buck's mate
25 One of the Seven Dwarfs
26 High card
27 Commotion
28 Modern (Pref.)
29 Spigot
31 Wall climber
34 Mischievous one
35 Long story
37 Prolonged attack
38 Skewer
39 Gambling game
40 Press agent?
41 Sad
42 Ocean motion
43 In due time
44 Homely
46 Navig. aid
47 Central

DOWN

- 1 Test the waters
2 City of India
3 Fat
4 Pod denizen
5 Treat as a god
6 "— It Romantic?"
7 Gasoline stat
8 Very conspicuous
9 Cafe au —
10 Capri, e.g.
11 Equal
16 Shark variety
20 Modern-day evidence
21 Like some



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MAGIC MAZE • "I HAVE A DREAM" SPEECH

CYWUSQOMKIFDBZL
XWUSJQJUSTICEAE
ONLJOHFDMSCAUYL
WVTSIQPNLAGQKIG
HFECNBZYWLENVYG
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QPIHNNMODEERFET
MALODREHTEGOTBS
FJIPSTHGIRLIVIC
YADENOEEERFHFELD

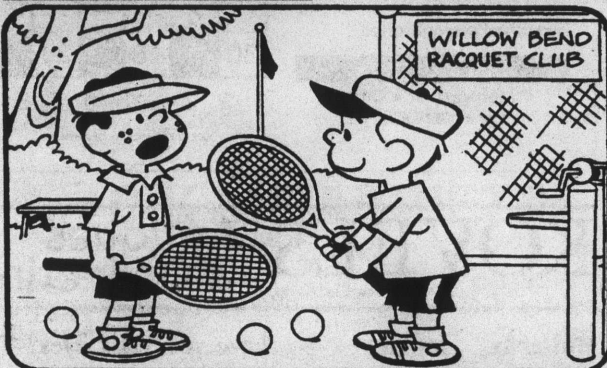
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Character Equal Freedom Liberty
Civil rights Faith Hope Struggle
Dream Free at last Join hands Together
Emancipation Free one day Justice

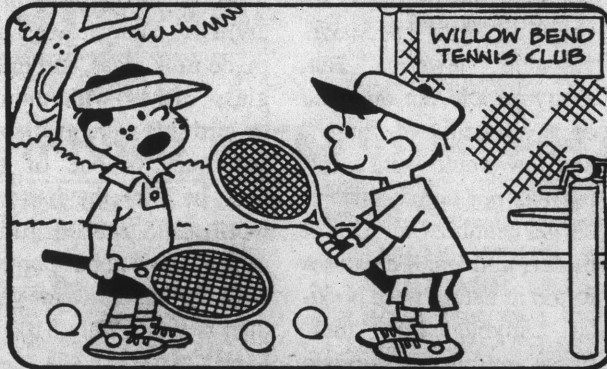
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Trivia test by Fifi Rodriguez

- LITERATURE: Which 18th-century statesman and inventor sometimes used the pen name "Silence Dogood" in his writings?
- GEOGRAPHY: How many emirates make up the United Arab Emirates?
- AUTOS: What does the name Volkswagen mean in German?
- U.S. PRESIDENTS: Who was the first Roman Catholic to become vice president of the United States?
- ARCHITECTURE: What is the location of the Pitti Palace, built mainly during the Renaissance?
- MOVIES: What was the name of the monkey in the Disney movie "Aladdin"?
- GOVERNMENT:

Which amendment to the U.S. Constitution guarantees a speedy public trial for criminal offenses?

- MUSIC: In the song "The Twelve Days of Christmas," what was the gift on the seventh day?
 - U.S. STATES: What is the smallest state in land area?
 - HISTORY: What Greek statesman was considered the greatest of all orators?
- Answers
- Benjamin Franklin
 - Seven
 - The people's car
 - Joe Biden
 - Florence, Italy
 - Abu
 - Sixth Amendment
 - Swans
 - Rhode Island
 - Demosthenes

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O P C N U A R N O E R P E
6 2 3 5 6 2 7 6 8 6 8 2 3
G M E L E E Y R N I Y M R
7 3 8 5 2 6 4 8 8 7 5 7 6
P G T O B N E C I R V O H
8 6 8 7 8 2 4 7 2 7 8 4 6
M E I S N E B P R E G E C
7 4 5 3 6 3 4 7 3 4 3 4 3
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Salome's Stars

ARIES (March 21 to April 19) You're eager to take on that new opportunity opening up as January gives way to February. Now all you need to do is resist quitting too early. Do your best to stay with it.

TAURUS (April 20 to May 20) Doff a bit of that careful, conservative outlook and let your brave Bovine self take a chance on meeting that new challenge. You could be surprised at how well you do.

GEMINI (May 21 to June 20) You might not want to return to the more serious tasks facing you. But you know it's what you must do. Cheer up. Something more pleasant soon will occupy your time.

CANCER (June 21 to July 22) As you dutifully tidy up your end-of-the-month tasks, your fun self emerges to urge you to do something special: A trip (or a cruise, maybe?) could be just what you need.

LEO (July 23 to August 22) Your achievements are admirable as you close out the month with a roar. Now you can treat yourself to some well-earned time off for fun with family or friends. (Or both!)

VIRGO (August 23 to September 22) Be sure you know the facts before you assume someone is holding back on your project. Try to open your mind before you give someone a piece of it.

LIBRA (September 23 to October 22) You might feel comfortable in your familiar surroundings, but it might be time to venture into some-

thing new. There's a challenge out there that's just right for you.

SCORPIO (October 23 to November 21) Your love of things that are new gets a big boost as you encounter a situation that opens up new and exciting vistas. How far you go with it depends on you.

SAGITTARIUS (November 22 to December 21) That recent workplace shift might not seem to be paying off as you expected. But be patient. There are changes coming that could make a big difference.

CAPRICORN (December 22 to January 19) While few can match the Goat's fiscal wizardry, you still need to be wary in your dealings. There might be a problem you should know about sooner rather than later.

AQUARIUS (January 20 to February 18) Easy does it when it comes to love and all the other good things in life. Don't try to force them to develop on your schedule. Best to let it happen naturally.

PISCES (February 19 to March 20) A surprise decision by someone you trust causes some stormy moments. But a frank discussion explains everything, and helps save a cherished relationship.

BORN THIS WEEK: Sometimes you forget to take care of yourself, because you're so busy caring for others. But you wouldn't have it any other way.

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CryptoQuip

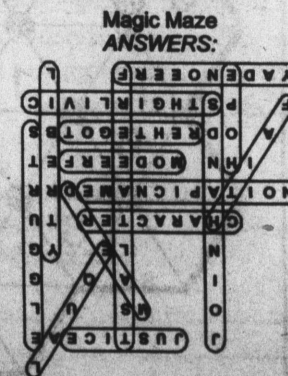
This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: F equals T

UEIC WDLIDCI FVGIW BOGHFOA
AIIFFIPW OC OUYTA ADF, H ZTIWW
VDT LHZEF BOAA EHL O WEHYFV
GIPWDC.

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CryptoQuip puzzles \$3.50 • 24 Volumes • Order at: rbmamail.com

King Crossword — Answers



Cryptoquip ANSWER:
person
you might call him a shifty
letters an awful lot, I guess
When someone types capital

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Matt Damon suffered a double whammy just before Christmas. On Dec. 14, his father, Kent Damon, passed away from cancer. On Dec. 22, his latest film, "Downsizing," opened to a "downsized" box office that recouped only \$7.3 million of its \$150 million investment. His last film, "Suburbicon," which opened Oct. 27, made back just \$9 million of its \$25 million cost. His last Bourne film, "Jason Bourne," grossed \$415 million against a \$120 million cost, and his "Great Wall" film, which opened in February, cost \$150 million and grossed \$335 million (mostly because of a huge overseas advance from its release in China and other territories, and only \$45 million in the U.S. and Canada). He's a lot less bankable and needs a big hit. We like Matt and are hoping his next project will turn all of this around.

Having a great year is Dwayne Johnson, whose "Jumanji" film (he's also executive producer), which opened Dec. 20, cost around \$100 million and grossed \$121 million in its first three days. He's by far the busiest and highest-paid star in Hollywood today. He executive produced the sci-fi monster film "Rampage," with Naomi Harris and Joe Manganiello, opening April 20, and produced the action film "Skyscraper," with Neve Campbell, coming July 13. In addition, he's currently filming "Fighting With My Father," with Vince Vaughn and Lena Headey, hitting

screens Sept. 14, and of course "The Fast & the Furious 9," due April 2020. The Rock caterpillar has become the Dwayne Johnson butterfly.

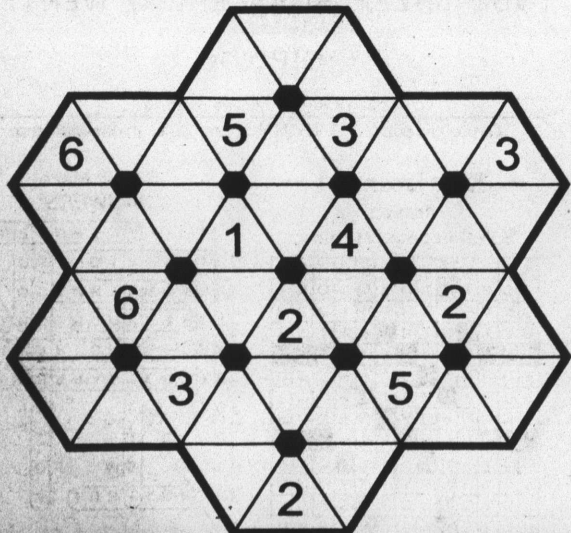
Dec. 27 marked the first anniversary of Carrie Fisher's passing. As "Star Wars: The Last Jedi" kills it at the box office, with grosses of \$900 million, she must be smiling from beyond. Three of the original four stars of "Star Wars" -- Harrison Ford, Carrie Fisher and Mark Hamill -- each received 0.25 percent of the profits, while Sir Alec Guinness negotiated and got 2 percentage points. Assuming their percentages were raised with their salaries for each picture, they all became very rich from the franchise. The final coroner's report on Carrie Fisher's death revealed that she had sleep apnea and fatty tissue buildup on her artery walls. In addition, they found cocaine, heroin, opiates and ecstasy, which they suspect may have contributed to or caused her death. But "The Last Jedi" is not her last film because she filmed "Wonderwell," with Rita Ora and Vincent Spano, about the high fashion and modeling world, prior to her death. Her daughter, Billie Lourd, has admitted, "She battled drug addiction and mental illness her whole life!" You know she and her mom, Debbie Reynolds, who died the day after her, are "Singin' in the Rain" in heaven.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★
★ Moderate ★★ Difficult
★★★ GO FIGURE!

	-		x		21
+		+		+	
	+		x		32
x		x		+	
	x		-		21
30		18		24	

1 2 2 4 5 6 7 8 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Butterfly Jewelry -- Colorful butterflies are admired and even the inspiration for expensive, valuable jewelry. But, many people are annoyed or even afraid of "bugs," and few would want a caterpillar pin or bracelet. In earlier centuries, all sorts of insects and small creatures found in nature were popular. Ladybugs bring luck. Frogs are most appropriate as gifts for travelers. They bring good luck and a safe return. Snakes, perhaps because they shed their skins each year, represent fertility and health. A snake biting its tail represents eternity. Queen Victoria was given a snake ring in 1839 as an engagement ring. There are many antique or vintage gold and jeweled snake bracelets, rings or necklaces. But the butterfly is perhaps the most popular because of the beauty of the design. And, the butterfly represents change and a free spirit. A 4 1/2-inch Russian butterfly pin, made in the early 1900s, sold at the New Orleans Auction Gallery in 2016 for \$5,000. It is made with rubies, sapphires, emeralds and old mine-cut diamonds set in 14-carat gold.

Q: I have a milk glass dish that looks like those with a hen top, but this one has an animal. It is marked "Pat'd Aug 6, 1889." Does the date tell who made it and suggest price today?

A: The patent date tells the maker is Atterbury Glass Co. of Pittsburgh. It closed in 1903. Does the animal

have red glass eyes? The red eyes were used on the most expensive Atterbury animals. Many companies made milk glass, and milk-glass dishes with animal or bird lids were available. Atterbury is one of the best. In 2000, the dish was worth \$175 to \$200. Today milk glass is not as popular with collectors, and your dish is worth only \$100 to \$150.

Q: I just found a metal tin that seems to have held pepper at the White House. How much is a political piece like this worth?

A: Sorry to disappoint you, but White House is a brand name used by Wilson Burns & Co. of Baltimore in the 1930s. In those days, all grocery-store containers of small amounts of spices were sold in tins. There still are collectors of the tins for their advertising or country-store collections. The best place to find them is at the back of the kitchen cupboard at a house sale. Most tins sell for \$15 to \$35.

CURRENT PRICES

Game, Ouija board, wood and veneer, canted corners, black letters and symbols, printed instructions, William Fuld, 1915, 12 x 18 inches, \$300. Advertising sign, "Campbell's Tomato Soup, 10 cents," porcelain, figural, bracket, red and white, 1920s, 13 x 24 inches, \$1,650.

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STICKELERS

by Terry Stickels

Match the words on the left with their respective meanings on the right.

- | | |
|--------------|--|
| 1) appertain | A. inflexible, rigid |
| 2) fatuity | B. to belong as a rightful part or privilege |
| 3) obdurate | C. kitchen helper |
| 4) debouch | D. foolishness |
| 5) scullion | E. emerge |

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Strange BUT TRUE

* It was British author P.L. Travers, best known for her series of books about Mary Poppins, who made the following sage observation: "A writer is, after all, only half his book. The other half is the reader, and from the reader the writer learns."

* You've probably been to a restaurant with a dessert called Death by Chocolate, but the real-life event is less appetizing. After falling into a vat of boiling chocolate in New Jersey, a man died before his co-workers were able to pull him out.

* Colgate toothpaste is good for more than just cleaning those pearly whites, evidently. Domestic scientists claim that it's also great for cleaning piano keys and removing scratches from glass.

* It's not known why there's a New Jersey law banning the sale of cabbage on Sunday.

* The first Band-Aid brand bandage didn't exactly

look like the Band-Aids we're familiar with today. For instance, it was 3 inches wide and 18 inches long. A bit of overkill for a scraped elbow, I imagine.

* At weddings here in the United States, it is common for the bride to toss her bouquet to determine who will be the next to be married. At weddings in Finland the custom is a bit different, though the outcome is the same: There, the bride traditionally wears a golden crown, and at the reception she is blindfolded and spun around. Then all the single girls in attendance dance around her while the bride, still blindfolded, tries to place the crown on one of them. It's believed that the lucky girl who ends up wearing the crown will be the next to wed.

Thought for the Day: "Where it is a duty to worship the sun, it is pretty sure to be a crime to examine the laws of heat."

-- John Morley

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Now here's a tip!

by Jo Ann Derson

* **January Sales Items:** Get great deals on leftover holiday decorations and cards, appliances and furniture, as well as linens, towels and other "white sale" items.

* **Keep a few fabric-softener sheets in the linen closet.** It will keep the towels smelling fresh. If you have lots of extra bedsheets, it keeps them fresh-smelling, too.

* "Whenever I have a casserole pan that has baked-on, hard-to-remove bits left behind, I fill it with water, add a little dish soap and stick it back in the warm oven. I let it sit for several hours -- even overnight -- and the gunk just slides off the next day. Elbow grease is getting harder and harder to come by these days, so I try not to waste it." -- I.S. in Pennsylvania

* "Have a budding artist? Mine has just gone through a crayon-on-the-wall period. I tried all kinds of things to get it off, and then a neighbor told me to use a damp rag dipped in baking soda. It's great, and the crayon came right off." -- G.L. in Massachusetts

* **Substitutions:** 1 cup of sugar dissolved in 1/4 cup of hot water can stand in for 1 cup of corn syrup.

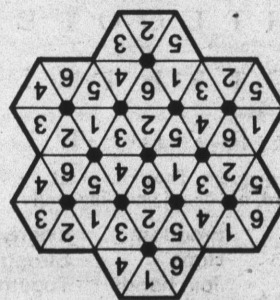
* "If you live alone, always take your cellphone with you when you go outside or in the garage; in case of an accident, you can contact someone." -- K.P., via e-mail Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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Go Figure! answers

	24	18	30
21	9	6	5
	+	x	x
32	8	x	2
	+	+	+
	1	x	4

SNOWFLAKES solution



Stickelers Answer

1-B 2-D 3-A 4-E 5-C

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NEW STORE ON THE BLOCK 1183 Hancock St., Quincy Ctr. T Station	DAIRY FARM 330 Washington St.	CVS 42 Beale St.	WALGREENS 418 Quincy Ave.
HANCOCK MARKET 5 Cottage Ave.	STOP & SHOP Southern Artery	COFFEE BREAK CAFÉ 12 Old Colony Ave.	CORNER FOOD SHOP 171 West St.
MIGNOSA'S FRUIT BASKET 138 Granite St.	CVS Southern Artery	SUPREME LIQUORS 615 Hancock St.	PALMER STREET MARKET 231 Palmer St.
RITE-AID 132 Granite St.	BAXTER'S PHARMACY 385 Washington St.	BIG Y 475 Hancock St.	BERNIE'S GENERAL STORE 1147 Sea St.
COFFEE BREAK CAFÉ 77 Parkingway	TEDESCHI'S 650 Adams St.	MULLANEY'S VARIETY 205 W. Squantum St.	WEST ELM VARIETY 139 W. Elm Ave.
HANCOCK PARK LOBBY SHOP 164 Parkingway	7-11 678 Adams St.	STOP & SHOP 65 Newport Ave.	WALGREENS 550 Adams St.
FRANKLIN ST. BP 60 Franklin St.	VILLAGE COMM. MARKET 100 Willard St.	363 Hancock St.	CARMINE'S CAFÉ 69 Huckins Ave.
7-11 78 Franklin St.	COPELAND LIQUORS 273 Copeland St.	WALGREENS 324 Hancock St.	TEDESCHI'S 751 E. Squantum St.
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- ☐ Help Wanted
- ☐ Work Wanted
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Memory Of MLK, Jr. Honored At City Breakfast

Cont'd From Page 12

have done but did not do. We mourn the pain and the degradation and finally the death he died," Mitchell said.

"But we celebrate the dream for which he stood — of a society where the lion and the lamb lie down together and the children of all races and backgrounds mingle together."

Koch concluded the hour-long breakfast by telling the audience King taught people how love to love their neighbors.

"I know you know the

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"Dr. King taught us how to do that."



GERMANTOWN NEIGHBORHOOD CENTER Band performs the Beatles hit, "All You Need is Love" during the Rev. Dr. Martin Luther King, Jr. Breakfast.

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A VIDEO DETAILING the life of The Rev. Martin Luther King, Jr. is watched during the breakfast.
Quincy Sun photos/Tom Gorman

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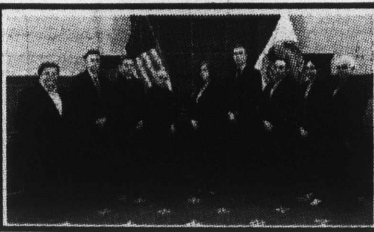
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7 Police Recruits Begin Training - Page 15
 Lunar New Year Festival Feb. 11 - Page 13
 Middle School Volleyball Tourney - Page 16



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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 50 No. 19

Thursday, January 25, 2018

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JACK GREENE, age 11, of Quincy (right) recently took part in Cradles to Crayon's annual day of service to support local children in need this winter. Greene worked along side other volunteers made up of families and corporate representatives. The day of service, held at Cradles to Crayons' Giving Factory in Brighton, combines philanthropy with volunteer engagement on behalf of children in need. With Greene are Kerry Sullivan, (left) president of the Bank of America Charitable Foundation and Dean Athanasia, Bank of America executive and Cradles to Crayons board chairman. The event supported the organization's "Gear Up for Winter" program that aims to provide 40,000 children in need with coats, hats, gloves and other items necessary for the season's harsh temperatures. Photo Courtesy Regan Communications

Hearing Wednesday On Ayers' Long Island Bill

Feasibility Of New Bridge Focus

By SCOTT JACKSON
 State legislators on Wednesday held a public hearing on a bill calling for a feasibility study for the implementation of ferry service to Long Island. Rep. Bruce Ayers, a Quincy Democrat, introduced the bill, H1800, in January 2017. The hearing on the measure took place Wednesday morning after The Sun went to press for the week late Tuesday. The hearing took place three weeks after Boston

Cont'd On Page 31

Council Wants Options To Fight New L.I. Bridge

By SCOTT JACKSON
 The City Council on Monday unanimously approved a resolution asking Mayor Thomas Koch's administration to review Quincy's legal rights to stop Boston from reconstructing the Long Island Bridge. The resolution also asks the administration to estimate how much it would

Cont'd On Page 13

Koch To Report On City Finances, Other Issues Monday

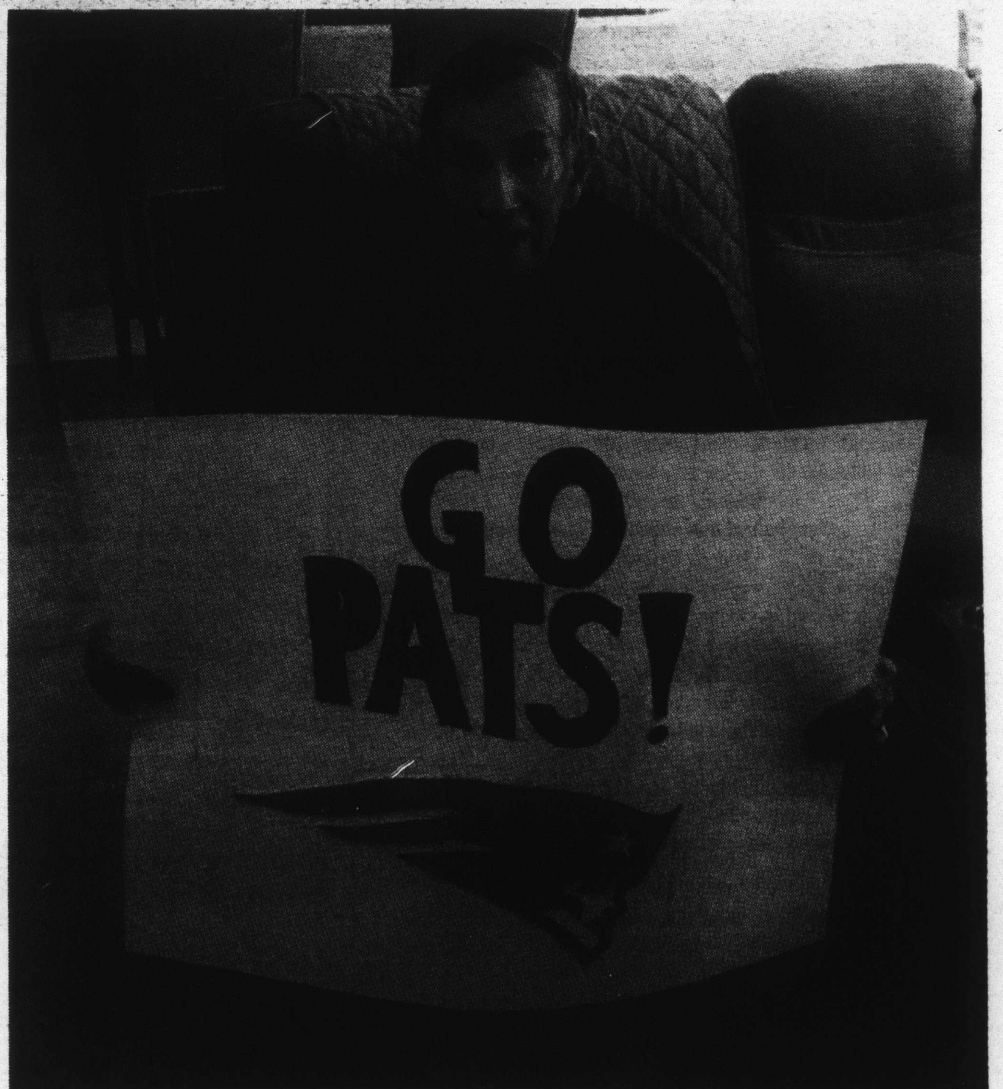
'State Of The City' Address 7 P.M.
 At Crane Library's Richardson Room

By ROBERT BOSWORTH
 Mayor Thomas Koch will deliver his "State of the City" remarks next Monday, Jan. 29 at 7 p.m. in the Richardson Room of the Thomas Crane Public Library. The mayor, who is at the half-way mark of a four-year term, said he will highlight some of the city's progress.

Cont'd On Page 11

City Census In The Mail

The City Census is being mailed to every household in Quincy. City officials ask that residents update their information and return the census form in the postage paid envelope provided. Compliance with the City Census is a state requirement which provides proof of residence to protect voting rights, veteran's bonus, housing and related benefits as well as providing information for selection of jurors.



FORMER MAYOR Frank McCauley shows his support for the New England Patriots and their quest for a sixth Super Bowl title with this "Go Pats" sign. McCauley, who is visiting family in Florida near Jacksonville, wanted everyone to know he was rooting for his hometown Patriots against the Jaguars in Sunday's AFC championship. The Patriots won, 24-20 and will face the Philadelphia Eagles in Super Bowl LII Sunday, Feb. 4. Photo Courtesy Jennifer McCauley



Pre-Kindergarten Program Screenings - Page 3
 Health Message: Subdural Hematoma - Page 9
 Ask John Paul - AAA Car Doctor - Page 22

More Quincy news:
The Quincy Sun.com

Memory Of MLK, Jr. Honored At City Breakfast

Cont'd From Page 12

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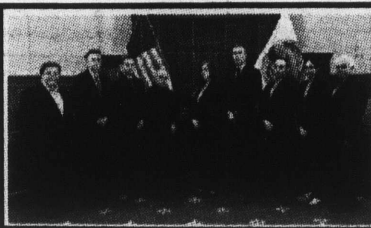
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7 Police Recruits Begin Training - Page 15

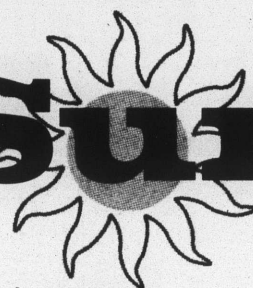
Lunar New Year Festival Feb. 11 - Page 13

Middle School Volleyball Tourney - Page 16



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The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 50 No. 19

Thursday, January 25, 2018

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JACK GREENE, age 11, of Quincy (right) recently took part in Cradles to Crayon's annual day of service to support local children in need this winter. Greene worked along side other volunteers made up of families and corporate representatives. The day of service, held at Cradles to Crayons' Giving Factory in Brighton, combines philanthropy with volunteer engagement on behalf of children in need. With Greene are Kerry Sullivan, (left) president of the Bank of America Charitable Foundation and Dean Athanasia, Bank of America executive and Cradles to Crayons board chairman. The event supported the organization's "Gear Up for Winter" program that aims to provide 40,000 children in need with coats, hats, gloves and other items necessary for the season's harsh temperatures. Photo Courtesy Regan Communications

Koch To Report On City Finances, Other Issues Monday

*'State Of The City' Address 7 P.M.
At Crane Library's Richardson Room*

By ROBERT BOSWORTH
Mayor Thomas Koch will deliver his "State of the City" remarks next Monday,

Jan. 29 at 7 p.m. in the Richardson Room of the Thomas Crane Public Library. The mayor, who is at the

half-way mark of a four-year term, said he will highlight some of the city's prog-

Cont'd On Page 11

City Census In The Mail

The City Census is being mailed to every household in Quincy. City officials ask that residents update their information and return the

census form in the postage paid envelope provided.

Compliance with the City Census is a state requirement which provides

proof of residence to protect voting rights, veteran's bonus, housing and related benefits as well as providing information for selection of jurors.

Hearing Wednesday On Ayers' Long Island Bill

Feasibility Of New Bridge Focus

By SCOTT JACKSON
State legislators on Wednesday held a public hearing on a bill calling for a feasibility study for the implementation of ferry service to Long Island. Rep. Bruce Ayers, a Quincy Democrat, introduced the bill, H1800, in January 2017. The hearing on the measure took place

Wednesday morning after The Sun went to press for the week late Tuesday.

The hearing took place three weeks after Boston

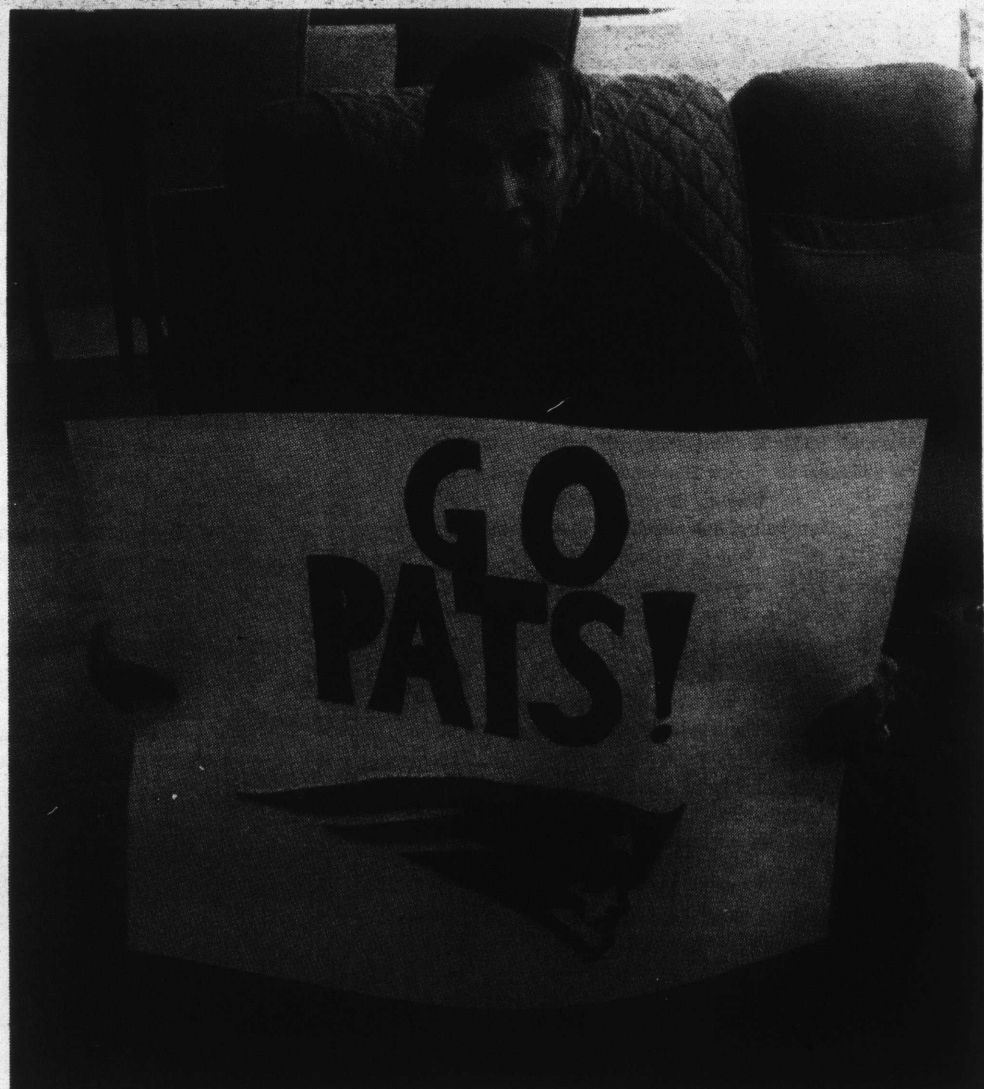
Cont'd On Page 31

Council Wants Options To Fight New L.I. Bridge

By SCOTT JACKSON
The City Council on Monday unanimously approved a resolution asking Mayor Thomas Koch's administration to review Quincy's legal rights to stop Boston from reconstructing the Long Island Bridge.

The resolution also asks the administration to estimate how much it would

Cont'd On Page 13



FORMER MAYOR Frank McCauley shows his support for the New England Patriots and their quest for a sixth Super Bowl title with this "Go Pats" sign. McCauley, who is visiting family in Florida near Jacksonville, wanted everyone to know he was rooting for his hometown Patriots against the Jaguars in Sunday's AFC championship. The Patriots won, 24-20 and will face the Philadelphia Eagles in Super Bowl LII Sunday, Feb. 4. Photo Courtesy Jennifer McCauley



Pre-Kindergarten Program Screenings - Page 3
Health Message: Subdural Hematoma - Page 9
Ask John Paul - AAA Car Doctor - Page 22

More Quincy news:
The Quincy Sun.com

QHS Artists Featured At State Youth Art Exhibit

Five students from Quincy High School will be among students in grades kindergarten through 12 from across the state who will have their artwork displayed at the state Transportation Building in Boston.

The young artists from Quincy High are: seniors Rafy Garcia, Elliot Alpert and Allison Russell; junior

Catherine Hall; and freshman Kylee Flemming. The students, under the direction of art teacher Sarah Reichel, are representing Quincy in this year's Youth Art Month (YAM) Exhibit at the state Transportation Building.

This exhibit, sponsored by the Massachusetts Art Education Association (MAEA), is part of (YAM),

a national celebration held each year during March, that emphasizes the value of art education for all children and encourages support for quality art programs in schools.

statewide YAM Exhibit in Massachusetts and features student work from over 90 communities.

The exhibit will be on display and open to the public weekdays 9 a.m. to 5 p.m., from Feb. 5 through March 27. It is closed weekends and Presidents' Day, Monday, Feb. 19.

Admission is free. Parking is available in the building for a fee.

Across Massachusetts there are numerous celebrations and exhibits happening in schools, in districts, and regionally. The Boston exhibit, Building Community Through Art, is the only

City Preparing For Early Voting

By **SCOTT JACKSON**

Quincy's top election official is in the process of making preparations for early voting in the lead up to this fall's statewide election.

Massachusetts voters will head to the polls this fall to cast ballots in several contests, including races for governor and U.S. senator. Gov. Charlie Baker, a Republican, and U.S. Sen. Elizabeth Warren, a Democrat, are both seeking re-election this year.

Voters will also elect the state's nine U.S. representatives, and all seats in the state Legislature are up for re-election in the fall. Several referendums might also wind up on the ballot statewide.

The general election will take place on Nov. 6, Election Day.

William Galvin, the secretary of the commonwealth, has scheduled the primary for Sept. 4, the Tuesday after Labor Day. The primary could not be held Sept. 18 this year because it would conflict with Yom Kippur, or on Sept. 11 because it would conflict with Rosh Hashanah. Federal law requires states make absentee ballots available to military members 45 days before the general election, which bars Massachusetts from holding its primary Sept. 25.

Nicole Crispo, Quincy's city clerk, said legislation now pending on Beacon Hill would require five days of early voting before the primary election in addition to early voting before the general election in November.

"We are waiting for the word from Secretary Galvin for the primary, but there will definitely be early voting for the general election," Crispo said.

"We will do whatever the state asks us to do to ensure early voting is handled appropriately, but it's a big job," she added.

Massachusetts offered early voting for the first time in the weeks before the November 2016 presidential election. Communities were required to have early voting for 10 days before the election that year. Quincy had 11 days of early voting in 2016 - 10 on weekdays at City Hall and one Saturday at North Quincy High School.

Crispo said she expects the state will require 10 days of early voting before this November's election as well. She is in the process of identifying locations for early voting. City Hall is an option again this year, she said, depending on the progress of construction ongoing outside the building, as is North Quincy High School.

"We are keeping all options open," she said.

In 2016, 14.32 percent of Quincy's registered voters - 8,535 of 59,613 - opted to vote early at either City Hall or North Quincy High School, according to Galvin's office. Crispo said the two weeks of early voting helped alleviate lines on Election Day.

"It was a convenience for people who decided to do it early instead of waiting and alleviated the lines on Election Day," she said.

Costs associated with early voting in 2016 - including election workers, police details and advertising - totaled \$42,574, Crispo said, and city received a reimbursement of about \$25,000 from the state.



FIVE STUDENTS from Quincy High School will be among students in grades kindergarten through 12 from across the state who will have their artwork displayed at the state Transportation Building in Boston. From left: senior Elliot Alpert, junior Catherine Hall, freshman Kylee Flemming, and seniors Allison Russell and Rafy Garcia. Photo Courtesy Sarah Reichel/QHS Art Teacher

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Chicken Thighs or Drumsticks \$9.99 lb.
Chicken Leg Quarters \$.69 lb.
Roxie's Thin Sliced Chicken Cutlets \$2.99 lb.
Roxie's Fresh Ground Chicken Breast Meat \$2.49 lb.
Turkey Tips \$2.99 lb.

beef
Roxie's 75% Lean All Beef Hamburger \$2.99 lb.
---- Ground Fresh Daily ----
Whole Boneless Sirloin Strip \$5.99 lb.
Back Rump Roast \$3.69 lb.
Roxie's Lean Shaved Steak \$4.99 lb.
Bottom Round Roast \$3.49 lb.

delicatessen
Dietz & Watson Teriyaki Chicken Breast \$6.99 lb.
Sliced to Order Smithfield Lean Balled Ham \$3.79 lb.
Sliced to Order Smithfield Baked Ham \$3.99 lb.
Sliced to Order Smithfield Honey Ham \$3.99 lb.
Sliced to Order Butterball Honey Smoked Turkey Breast \$5.99 lb.
Caradonna Private Stock Oven Roasted Turkey Breast \$5.99 lb.
Dietz & Watson Peppered Turkey Breast \$6.99 lb.
Sliced to Order Pearl Beef Salami \$4.99 lb.
Sliced to Order Pearl Roast Beef \$6.99 lb.
Pearl Sliced Pastrami \$7.99 lb.
Sliced to Order Carolina Turkey Breast \$1.99 lb.
Applewood Smoked Turkey Breast \$3.99 lb.
Sliced to Order Land O'Lakes Cheese - Low Salt, Swiss, Muenster, Hot Pepper, Mozzarella, 4 Cheese Italian Blend \$4.99 lb.

Sliced to Order Alpine Lace Swiss Cheese \$5.99 lb.
Sliced to Order Hillview American Cheese \$3.99 lb.
Roxie's Ham Salad \$2.99 lb.
Boston Gourmet Potato Salad, Cole Slaw or Macaroni Salad \$1.99 lb.

pork
Whole Boneless Center Cut Pork Loin \$1.99 lb.
Lean Sirloin Pork Cutlets \$1.99 lb.
Ground Pork Family Pack \$1.99 lb.
Roxie's Homemade Sweet or Hot Italian Sausage \$2.99 lb.
Lean Sirloin Pork Tips \$1.89 lb.
Family Pack Country Style Spareribs \$1.49 lb.

fish
Fresh Swordfish Steak \$6.99 lb.
2 lb. Bag Extra Large EZ Peel Shrimp 21-25 ct. \$14.99
12 Pack Fish Cakes \$3.99
Fresh Filet of Haddock \$5.99 lb.

vegetables
5 lb. Bag Eastern Potatoes 2/\$5.00
5 lb. Bag Idaho or Red Bliss Potatoes \$2.99
Yams \$.99 lb.
Red Onion \$.99 lb.
10 oz. Pkg. Mushrooms \$1.39
8 oz. Pkg. Sliced Mushrooms \$1.39
1 lb. Pkg. Mini Carrots \$.99 ea.
10 oz. Bag Spinach \$1.99
Sweet Onions \$.99 lb.
Peeled and Cleaned Butternut Squash \$1.49 lb.
Large Celery \$1.49
Euro Cucumbers \$.99 each
Extra Large Green Peppers \$1.49 lb.
2 lb. Bag Onions \$.99 lb.
Red Peppers \$1.99 lb.

fruit
Bananas \$.39 lb.
3 lb. Bag Macintosh Apples \$2.99
1 Pint Blueberries \$2.99
Pineapples 2/\$5.00

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12 oz. Pkg. Bar-S Franks \$.99
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Hillshire Kielbasa Pkg. \$3.69
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2.5 lb. Box Kayem Natural Casing Franks \$10.99
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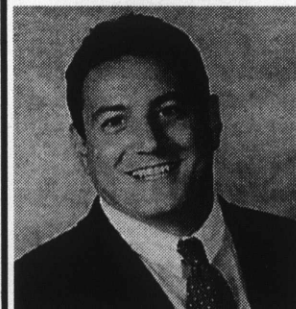
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Pre-Kindergarten Program Screenings March 6, March 13

Quincy Public Schools will conduct screenings for students entering the Integrated Pre-Kindergarten programs for the 2018-19 school year on Tuesday, March 6 and Tuesday, March 13.

To request a screening appointment, go to the QPS website - www.quincypublicschools.com. Under Parent Links on the home page, select Pre-Kindergarten programs to bring you to the Pre-Kindergarten Student information form.

Screening appointments will be available in March or April and families will be contacted based on the age priorities.

The Quincy Public Schools Integrated Pre-Kindergarten Programs serve 3- and 4-year old children with special needs and their typically developing peers. Classes are half-day sessions held on Mondays,

Wednesdays, Thursdays and Fridays or full days, two days per week. Pre-Kindergarten classes are held at the Snug Harbor Pre-School and the Della Chiesa Early Childhood Center.

Priority is given to 4-year olds, followed by children who are 3½ or older. There is a limited number of Pre-Kindergarten program openings each year and that transportation is not provided for typically developing students.

Children must be 3 years old on or before Aug. 31, 2018 to be considered for the 2018-2019 school year.

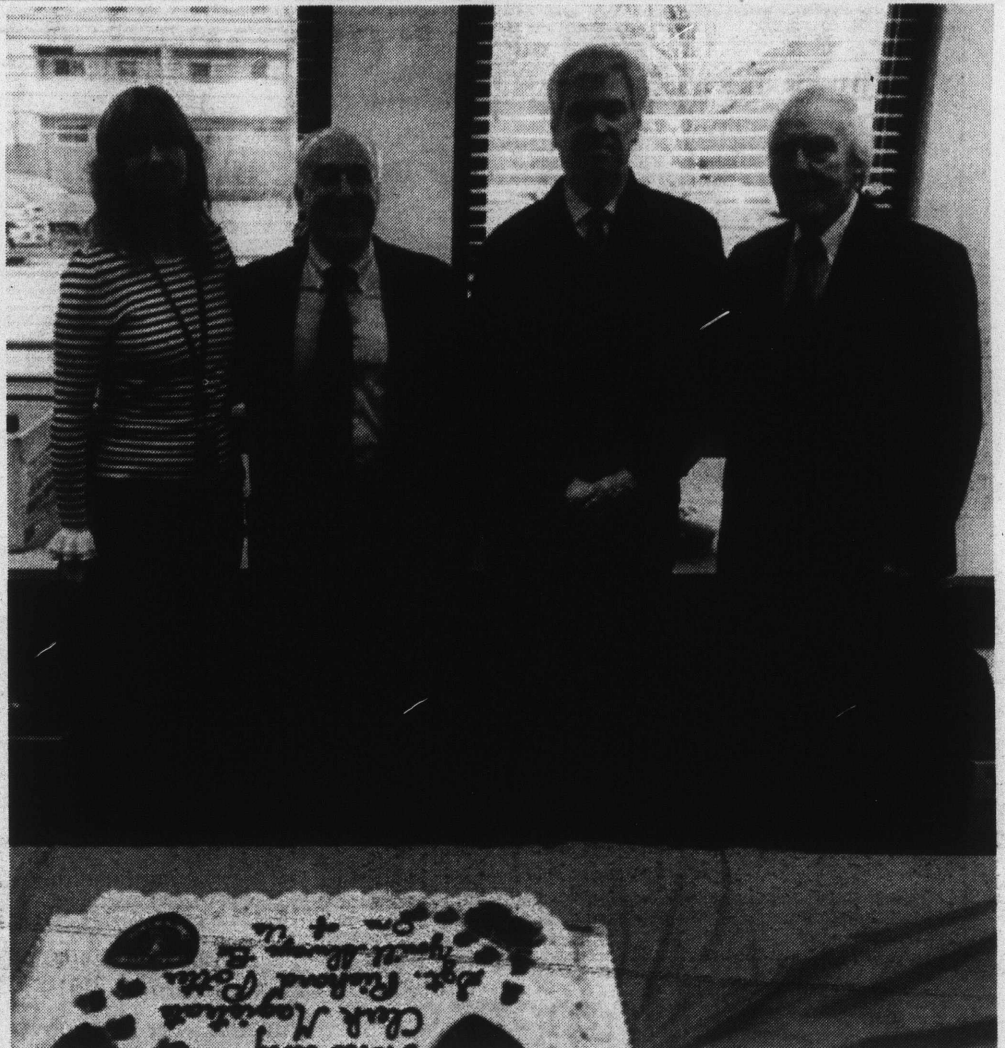
• **Title I Integrated Pre-Kindergarten Program:** Children who reside in the following school districts are eligible for these classes: Clifford Marshall, Lincoln-Hancock, Parker, and Snug Harbor. There is no tuition fee for this program.

• **City Wide Integrated**

Pre-Kindergarten Program - Children who reside in the following school districts are eligible for these classes: Atherton Hough, Beechwood Knoll, Bernazzani, Merrymount, Montclair, Squantum and Wollaston Schools. There is a tuition fee for this pre-kindergarten program.

"If you are unsure of your neighborhood school district, please consult the QPS Street Directory available on our website," said Erin Perkins, director of Special Education.

Special Education Screening - Consistent with the Special Education Act, Quincy Public Schools conducts a screening for three- and four-year old children in order to identify those who have special needs. Call the Snug Harbor Pre-School at 617-984-8951 to make a Special Education screening appointment.



HAPPY RETIREMENT - Quincy Police Det. Sgt. Richard "Dick" Potter (second from right) recently retired from the department after 34 years of service. Sgt. Potter ended his career as the city's police prosecutor, a role he held for the past 13 years. Potter was highly respected both at the station and at the Quincy District "Francis X. Bellotti" Courthouse. The department wishes him a long, happy, healthy retirement. Pictured (from left) are: Joan Dunne, officer manager; Mark Coven, First Justice of the Quincy District Court; Potter; and Clerk-Magistrate Arthur Tobin.

Photo Courtesy Quincy Police Department

Duck Viewing Feb. 3 In Squantum

The Park Department and the Mass. Department of Conservation and Recreation are offering a free program on Saturday, Feb. 3 to view the ducks that visit Quincy in the winter.

Participants should meet at 1 p.m. at the white shelter in the Squantum Point Park parking lot. From Quincy Shore Drive, turn on to E. Squantum Street, turn left

on to Victory Road in Marina Bay, proceed straight through the first rotary, turn left on to Haul Road to the park.

Bring binoculars if you have them. Some loaner pairs will be available.

Call 617-472-0799 for rescheduling information if conditions too icy, rainy or snowy.



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Ask the GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



LOCK AND KEY

Romantic literature is filled with references to locks and keys when it comes to declaring love and allegiance. It seems that the world of fine jewelry is hardly any different, as jewelry designers have recently used lock and key motifs in their earring, necklace, and bracelet designs. Jewelers have a history of making tiny padlocks that they made for charms and clasps on bracelets, which were used to symbolize love and commitment. One favorite design consisted of a jeweled heart that was secured (or "guarded") by a lovely padlock. These and other design themes continue to be popular today as lovely silver or gold keys find their place on romantic pieces that continue the theme of love and devotion.

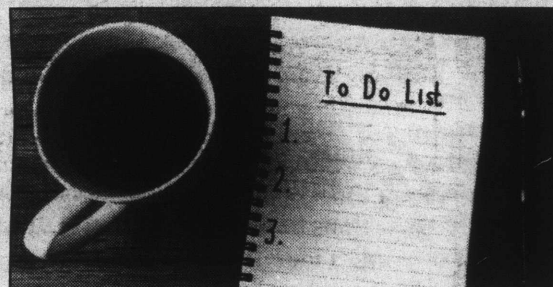
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Moments in time

THE HISTORY CHANNEL

- On Feb. 11, 1858, in France, Marie-Bernarde Soubirous, a 14-year-old peasant girl, first claims to have seen the Virgin Mary. The 18 apparitions occurred in a grotto of a rock promontory near Lourdes.
- On Feb. 7, 1914, the silent film "Kid Auto Races at Venice" premieres featuring the actor Charlie Chaplin in his first screen appearance as the "Little Tramp."
- On Feb. 9, 1942, the Normandie, the first major liner to cross the Atlantic in less than four days, burns and sinks in New York Harbor during its conversion to an Allied troop transport. A welder set fire to life preservers, and by early the next morning the ship lay smoking and capsized in the harbor.
- On Feb. 6, 1952, King George VI of Great Britain and Northern Ireland dies. Princess Elizabeth, the oldest of his two daughters, was crowned Queen Elizabeth II on June 2, 1953, at age 27. Today, Elizabeth has reigned for almost 65 years.
- On Feb. 8, 1978, a classic "Nor'easter" storm that brought a severe blizzard to New England finally subsides. The blizzard, the worst to hit New England since 1888, was blamed for 56 deaths and dumped 55 inches of snow in some areas.
- On Feb. 5, 1988, in Miami, Panama military strongman Gen. Manuel Noriega is indicted for drug smuggling and assisting Colombia's Medellin drug cartel in trafficking cocaine to America. Noriega was found guilty at his 1991 trial and sentenced to 40 years in prison. He later was imprisoned in France and Panama, where he died in 2017.
- On Feb. 10, 1996, world chess champion Garry Kasparov loses the first game of a six-game match against Deep Blue, an IBM computer. Man ultimately defeated machine, however, as Kasparov bested Deep Blue in the match with three wins and two ties and took home the \$400,000 prize.

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Edith B. MacDonald Scholarship Applications Available

Applications are available for the Edith B. MacDonald Scholarship given by the Seaside Gardeners of Squantum.

Any high school senior currently living in Squantum and any relative of a member of the Seaside Gardeners planning to at-

tend a two-year or four-year college is eligible for the \$1,000 award.

To be considered, applications must be postmarked by March 20th. Contact Laurie Kelliher at 617-797-3349 or email her at lauriekelliher@verizon.net.

Four On Emerson Dean's List

Four students from Quincy are on the Dean's List for the fall semester at Emerson College in Boston.

They are:
Madeline Burrow, Maysoon Khan, Nola Elliffe and Hannah McEachern.



Son Beams

By ROBERT BOSWORTH

Koch Undecided On Sixth Term

Mayor Thomas Koch will mention a few things in his State of the City address next Monday night at the Richardson Building of the Thomas Crane Public Library.

You can expect him to report on the city's finances as well as touch on some of his goals for the upcoming year.

But what you won't hear him talk about is his political future.

Half-way through the first four-year mayoral term in Quincy history, Koch will not use the State of the City forum to tip his hand as far as his own political future.

He remains undecided about whether he will seek a sixth term in 2019. That decision, he says, will be made a year from now.

"I will have to make a decision in a year," he says. "I will make that decision at the right time after looking at everything in my life."

"There is no plan for me to retire. There's no plan for me to run. I'm just doing my job. I haven't really given it any thought."

This month, Koch began his 11th year as the city's chief executive. He was first sworn in 2008 - when George W. Bush was still in the White House. Koch's time as mayor has also overlapped two more Presidents: Barack Obama (8 years) and now Donald Trump (one year).

Koch won the mayor's seat in 2007 defeating incumbent William Phelan and has been re-elected four times: 2009, 2011, 2013 and 2015. He was unopposed in 2013 and his wins over challengers those other elections have been by relatively comfortable margins. His last election in 2015 featured challenges from Phelan, then Councillor at-Large Doug Gutro and then School Committeewoman Anne Mahoney.

Koch and Phelan advanced to the final with Gutro third and Mahoney fourth in a four-way mayoral preliminary. Gutro is now a member of the Quincy School Committee and Mahoney is now a councillor at-large.

Koch's victory in 2015 claimed the first four-year mayoral term. Because of that four-year term, political speculation on Koch's future - and possible contenders/challengers - has been on the back burner.

However, now that the 2017 city election is in the books and Koch is at the half-way mark of his current term, political observers are starting to wonder: will he run again in 2019 or retire from the mayor's job?

There are some who think Koch will seek one more term. There are a host of projects and goals the mayor would like to see come to fruition including a new elementary school in Squantum and continuing progress on the redevelopment of Quincy Center to name a few.

If he completes his current term, Koch will tie Jim Sheets as the longest serving mayor under Plan A with 12 years. A win in 2019 would distinguish Koch as Quincy's longest serving chief executive at 16 years if he completed that sixth term.

Age isn't an issue. Koch turned 55 on Monday and he would be 57 if seeks another term in 2019. He would only be a few weeks shy of his 61st birthday if he completed a second four-year term at the end of 2023.

Any potential mayoral candidates will have to answer one simple question: if Koch decides to seek reelection in 2019, does he or she challenge an incumbent mayor?

Or, do these mayoral hopefuls sit out 2019 and instead run for a potential open seat in 2023?

Running against an incumbent mayor and losing

means you're pretty much out of the political picture, especially if you are a city councillor. Not only would you lose the mayor's race but also your council seat.

There are only three seats in elective municipal office in Quincy where challenging a mayor is a "safe" risk. In other words, running for mayor without losing your current seat. Those three seats are on the School Committee. They are currently held by Emily Lebo, Anthony Andronico and Gutro. That trio was elected to four-year terms last fall; those terms expire in 2021.

The other three school seats and all nine councillor positions will be on the ballot in 2019 along with the mayor's seat.

Waiting for an open seat in 2023 could have its drawbacks, too.

An open seat would likely draw a host of mayoral candidates. More than two candidates would mean a preliminary election with the top two contenders advancing to the final. So, it may be an "open" seat but the road to the mayor's office would likely be more crowded than a one-on-one challenge against an incumbent, or so it would seem.

There would be no shortage of mayoral contenders if Koch decides to call it quits in 2019. One of those potential candidates could be Norfolk County Sheriff Michael Bellotti. Bellotti is one of the most popular public officials in the city and comes from a large well-known local family with deep roots. His political resume includes experience as a state representative as well as the top sheriff in Norfolk County.

Another potential mayoral candidate for an open mayor's seat is state Sen. John Keenan. Keenan, a former city councillor and Koch's brother-in-law, has made a name for himself as a well-prepared and accomplished legislator who has led the charge on Beacon Hill on a myriad of issues including the drug crisis. But many observers believe Keenan would be more interested in running for an open Congressional seat than the mayor's office.

If a recent pattern continues, the next mayor will not come from the city council. The city's last two chief executives were not city councillors. Bill Phelan, as a school committeeman, unseated Sheets in 2001. Tom Koch had resigned as the park commissioner to run against Phelan in 2007.

It has been 28 years and counting since a city councillor was elected mayor. The last was Jim Sheets - a Ward 4 councillor - in 1989. He defeated businessman Peter O'Connell in the final election. Also running that year were Councillor Stephen McGrath and former mayor Joseph LaRaia. They finished third and fourth respectively in the preliminary election.

Nobody knows what will happen with the mayor's seat in 2019. Including the man who occupies it now.

"There are a few factors to consider if I run again," Koch says. "If I still have the fire in the belly - you want to give it your best every day. There's the family consideration - does it make sense for me and my kids? Being a spouse to someone who lives this life is not easy. I'm out a lot so it does have an impact on your marriage and your family and your relationships so certainly that's a consideration."

"There are no daunting issues that would discourage me (from running again). I love the challenge every day. As discouraged I get some days on the opioid issue, I still look at it as a great challenge and we have to keep working at it."

"We've made a lot of progress in a lot of areas. I'm proud of the record," Koch said. "We will make a decision after the first of next year."

Any mayoral contenders will have to make their decision next year, too.

Scenes From Yesterday



THIS IS A 1918 postcard view of Elm Avenue in Wollaston. Originally the driveway to the estate of Boston Mayor Josiah Quincy, this wide boulevard-like avenue was created by The Wollaston Land Company. They subdivided the Quincy family property into what was known as Wollaston Park in the 1890s. They planted four rows of American elm trees along here, one row on each side of the sidewalks they built on both sides of the street. Electric trolley tracks ran down the street adjacent to grassy islands in the center of the road.

The trolleys ran from here throughout Huntington Square to West Elm Avenue and left onto Billings Road to Norfolk Downs. The islands and new concrete sidewalks have just recently been bordered with new granite curbing making this view quite different today. Although a few of these great elms trees still stand, hurricanes and the Dutch elm disease have pretty much wiped them all out. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Friends Of Wollaston Beach Annual Meeting Feb. 10

Advocate, author and educator Bruce Berman will be the keynote speaker at this year's Friends of Wollaston Beach (FWB) Annual Meeting on Saturday, Feb. 10 from 10 a.m. to noon at the Kennedy Center, East Squantum Street, Quincy.

Berman will report on the health of Boston Harbor.

No stranger to the issues impacting the Harbor, Berman has served as spokesman and director of Save the Harbor/Save the Bay (SH/SB) Boston since 1990. He is the architect of its youth environmental education, recreation and stewardship programs.

Berman is the editor and lead contributor to the popular blog "Sea, Sand & Sky." His profiles of Boston Harbor personalities have appeared in "Soundings" magazine, and he is a contributor to "Coastal Angler" magazine. In addition to several "op-eds" in the Boston Globe, Berman is a frequent guest on local television and radio programs.

Berman serves as lead consultant to the Metropolitan Beaches Commission and SH/SB, is on the City of Boston's Municipal Harbor Plan Advisory Committee, as well as the Mass Bay Outfall Monitoring Science Advisory Panel's Public Interest Advisory Committee. His many accomplishments and publications are far too numerous to mention, but include "Why the Beaches Close," a SH/SB report of particular importance to Friends of Wollaston Beach.

Doug Gutro, president of the Friends of Wollaston Beach, said "Mr. Berman brings such a breadth of knowledge to the subject of Boston Harbor's health, that FWB is delighted that he can share that experience with us. We expect it will be an interesting and informative meeting."

Following Berman's presentation, FWB will hold its election of officers for 2018. The nominating committee has presented the following slate: President and Treasurer, Maureen Mazrimas; Vice President, George Kober, and Secretary, Bob Verney.

Gutro will also present the 2018 "Spirit," "Friend," and "Member" of the year awards. There will be door prizes including a FWB t-shirt, five FWB memberships (\$10 each), and gift cards to local businesses.

Gutro will also make presentations to Arbella Insurance, Discover Quincy, Granite Telecommunications, Stop & Shop and Tony's Clam Shop, in appreciation for both their "in kind" contributions as well as providing people power for the numerous cleanups over the past year.

Gutro will acknowledge the help FWB received from SH/SB in the form of a grant which assisted in the funding of the annual Kids' Fest. The NQHS Jr. ROTC will also get a well-deserved "shout out."

"These young people are already learning what it means to give back to the community. We can expect great things from them in the future," Gutro said.

Maureen Mazrimas, chairperson of the City of Quincy's Stormwater Advisory Committee, will be giving out copies of the MWRA's amazing coloring book "Dwayne, the Storm Drain." Mazrimas mentioned that the coloring books were a great hit at the Quincy Chamber's recent holiday "pop up" shop.

"It is a great tool to help kids (and adults) learn about the function of this misunderstood piece of municipal infrastructure. We are grateful to the Chamber, and particularly Margaret Laforest, for distributing it."

Light refreshments will be served.

Nine Quincy Students On URI Dean's List

Nine students from Quincy are on the Dean's List for the fall semester at the University of Rhode Island.

They are: Mileena Nguyen, Jessica

Muscato, Symone Woodham, Charlotte Chretien, Colin Maloney, Long Gong, Connor Cramond, Elizabeth Bell and Patrick Burke.

Quincy's Yesterdays

This Week
1971
47 Years Ago

Furor Over Lunch Issue At Snug Harbor School

Mounting furor over the proposed hot lunch program for Snug Harbor School is expected to climax at a public hearing before the Quincy City Council's Finance Committee in February.

"At this time it is not possible to set an exact date," Finance Committee Chairman J. Vincent Smyth said. "There is some work to be done in advance, but the hearing will be held sometime in February."

Under the proposed program, 51 percent of the 720 students at Snug Harbor would receive their lunches free.

The 49 percent of the students who do not qualify for a free lunch would pay 30 cents per meal.

When the request of the School Committee for a \$36,000 appropriation for the purchase of equipment for the Snug Harbor Lunch Program came up at the Council meeting, it was referred to the Council's Finance Committee.

One school committee member said that the reaction of people across the city to the lunch proposal was one of "public outrage."

RELOCATION OF 36 FAMILIES FOR NEW SCHOOL

Efforts to relocate the 36 families affected by the construction of the new Lincoln-Hancock School will get underway Feb. 1.

At that time, Leonard Purpura and other relocation officers will be officially open for business at the Southwest Community Center at Brewers Corner.

Some 85 persons are represented in the 36 families to be relocated so that school construction can start.

In November, the City Council voted the sum of \$342,000 to be set aside for possible property damage should suits be filed against the city for land taking by eminent domain.

QUINCYISMS

Coast Guard Lt. (J.G.) Christopher D. Willis, son of Mrs. Barbara Willis of 11 Richfield St., Squantum, assisted in the rescue of 23 crewmen from the sinking vessel Joy Taylor in the South China Sea... **Navy Captain James W. Hayes, Jr.**, husband of the former Miss Doris C. Hanigan of 20 Wollaston Ave, Wollaston, was serving aboard the destroyer USS Grand Canyon in the Mediterranean Sea... **Commander Ernest Fitzgibbons** and legion member **Stanley Bovill** were co-chairmen of a public dance held by the Houghs Neck Legion Post, at the Post Home on Sea St., Houghs Neck... The Mabelle Gown Shop, 20 Cottage Ave, Quincy Center, was offering a half-price sale on all bridal gowns... A daughter was born at Quincy City Hospital to Mr. and Mrs. **Joseph J. LaRaia**, 54 Grogan Ave, West Quincy... **Regina Russell**, Quincy Sun Astrologist and "Sun Signs" columnist, was scheduled to speak at the Jan. 27 meeting of the Houghs Neck Congregational Church Mothers Club. Her topic "Astrology"... **Miss Louise Forsyth**, Executive Secretary of the Massachusetts School Counselors Association (MSCA) was selected for the seventh addition of "Who's Who of American Women." She is a member of the Headquarters Guidance Staff of the Quincy Public Schools... The Quincy Jewish War Veterans will honor five high school students at their Feb. 14 meeting at the Jewish Community Center, 10 Merrymount Rd. They are: **Donald Shaw**, Quincy High School; **Richard Kalish**, North Quincy High; **Joseph Riviaccio**, Hull High; **Emile Steinkraus**, Weymouth North High and **Theresa Collins**, Weymouth Vocational-Technical School... **Richard Ceriani**, a former Quincy Trade School student, presented an air conditioning type unit to the Quincy Vocational-Technical School... **Putnam S. Borden**, 40 Lurton St., South Quincy, was named by Mayor **James R. McIntyre** to serve on the Voting Machine Study Committee. **City Clerk John Gillis** chaired the committee, which also included **Councillor Albert Barilaro**, Mrs. **Patricia Toland** and Mrs. **Phoebe Forsyth**. (Editor's note: The first change in voting procedures came in 1985 with the use of the punch card system)... The 1970 Quincy High football team, coached by former Quincy High football great, **Hank Conway**, was the first team in the school's history to go undefeated and untied. The team was given a trip to Florida, where they attended the Orange Bowl game... Former Quincy High basketball co-captain **Jim Ducey** clinched a starting berth on the University of Vermont basketball team. He is the son of Mr. and Mrs. **James Ducey**, 138 Waterston Ave, Wollaston... **Brookfield Insurance Agency**, 587 Hancock St., Quincy, was advertising "Income Taxes Prepared, \$5 and Up"... **Col. Stephen T. Keefe** of Quincy, has been named Reserve Assistant to the Deputy of the Air Force Reserve, with duty at the Pentagon in Washington, D.C.

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970 Students On Quincy High School Honor Roll

Nine hundred seventy Quincy High School students are listed on the school's first quarter honor roll.

DISTINCTION

Grade 12: Elliot S. Alpert, Stephen W. Andrews, Zachary N. Bakalos, Sophia M. Baldino, Neliza S. Baptista, Grayson A. Barbosa, River M. Barrett, Carmella L. Bayot, Rachel P. Beck, Rahma Benmouffok, Rachel P. Brown, Slade C. Burke, Alexandra K. Case, Po Ling N. Chen, Carmen Cheung, Dashiell F. Chin.

Emily G. Crosta, Francesco M. Cugini, Liana R. Cunningham, Camryn K. Dastrup, Victoria M. DeAmicis, Patrick J. Deery, Nicholas A. Defranco, Terry Deng, Lachelle T. Do, Paul R. Donahue, Ava M. Falco, Christian A. Falco, Thomas M. Feeney, Yu Hui Feng, Shannon Foley, Michael B. Gaudiano, Lauren M. Gilmartin, Endi G. Gjeli, Cecilia M. Gonzalez.

Laila T. Ha, Brandon D. Ho, Reagan E. Hutchens, Bashkim Jacelli, Meghan A. Joyce, Ami Lesha, Justin Li, Nhu H. Lieu, Kevin M. Lin, Michelle Lo, Brian K. Mahabir, Daniel N. Mardini, Damyan I. Markov, Julia R. Mayo, Bryan M. McGillicuddy, Carly F. McMorrow, Jacob A. Morse, Kevin P. Mortimer, Ashley D. Murphy, Celia M. Murphy.

Rachel K. Ng, Brian T. Nguyen, Emily B. Nguyen, Emma X. Nguyen, Jamie Nguyen, Timothy M. Nguyen, Helena L. Norton, Brielle M. O'Malley, Danielle C. Pacione, Olivia E. Palazzi, Samantha Z. Pan, Benjamin D. Parrish, Jack C. Peckham, Christ A. Pham, Derek Phan, Soniya Rana, Taylor L. Routhier, Allison E. Russell.

Lauren P. Saccoach, Abigail C. Saint Cyr, Luiza G. Santos, Marissa G. Scolaro, Rachel M. Shen, Victoria Z. Shen, Davi Soares, Taniya L. Sprinkle, Grace E. Stone, Florence M. Tam, Jenny N. Tang, Whitney L. Tang, William T. Tran, Amy M. Trillcott, Chi Jung Tsao, Cathleen M. Veiga, Adam H. Vu, Chan Juan Weng, Yongying N. Xi, Yong Jue Yu, Anthony J. Zero, Zhen-hoa N. Zheng.

Grade 11: Joseph T. Amendolare II, Abigail M. Amichetti, Andrew M. Artinian, Sara Avdulla, Jacob J. Ball, Anne F. Ballard, Nicole M. Ballerino, Abigail P. Barry, Elayne S. Barry, Holly Y. Blois, Alyssa M. Brolin, Olivia M. Brown, Lynn M. Butler, Cathy Chen, Lesley S. Chen, Tiffany X. Chen, Colleen T. Connor.

Eni E. Daci, Aidan J. Debonis, Yu Y. Deng, Kumudini R. Devalla, Hannah C. Ford, Theo W. Fox, Shara M. Galvani, Wingmei Goh,

Lucas O. Gomes, Sharon Guan, Allen T. Ha, Catherine A. Hall, Pei Heng N. Han, May Huang, Donald J. Hurl, Braeden N. Johnson, Choeckyi L. Jouchmans, Ajijolaoluwa O. Laguda, Georgi N. Lako, Megan B. Latini.

Sarah D. Le May, Christine Le, Austin K. Li, Tiffany Li, Vivian Li, Abigail T. Little, Taylor A. Lo, Vivian C. Lo, Anderson Emanuel N. Lopes Moniz, Griffin T. Lynch, Sara L. McDonald, Albert J. McGilivray, Mark F. McKenna, Julia M. McQuaid, Xavier A. Molina, Nicholas J. Murray.

Adam E. Nelson Jr., Kiet T. Nguyen, Steven V. Nguyen, Elton W. Nim, Daniel M. O'Leary, Nicholas A. Ouellette, Rodney P. Parisien, Mi L. Pham, Steven T. Pham, Ryan P. Polsgrove, Andrew J. Santos, Matthew J. Sheriden, Selma N. Shima, Rachel A. Smith, Hannah M. Stengel, Robert W. Stevenson, Journey B. Strouble.

Henry Thi, Emily M. Thorpe, Kristen M. Topalli, Cindy Trac, David V. Tran, Lily T. Tran, Lisa T. Tran, Samantha R. Vangestel, Graham T. Vradenburg, Nolan A. Walker, John D. Walsh, Yuetao N. Wu, Yuming N. Wu, Xiao Zuan N. Zhang, Maggie Zheng, Anthony M. Zhou, Eric Zhou, Tina Zhou, Wen Wei N. Zhou.

Grade 10: Zahraa M. Al-Saadi, Jelinsky E. Al-teus, Caitlin R. Amichetti, Lauren K. Anshewitz, Shilan G. Arda, Joseph J. Ban, Richelle P. Barry, Jessamine J. Bearchell, Megan E. Beck, Helga N. Becka, Jose D. Betancourt, Elajia Boyd, Alison P. Cahill, Isabella R. Carey, Zoe N. Charles, Hillary B. Chen, Erin R. Collins, Molly C. Cronin, Charles Justin J. Culata.

Rebecca Dang, Isabella J. DeAmicis, Abigail E. Decie, Alecia J. Diccico, Han T. Diep, Ainslee Eaton, Maeve B. Farrell, Jona Fejjaz, Kevin J. Gallagher, Brody E. Gillespie, Telemachos T. Gregoriadis, Stephen R. Hallahan, Leanne D. Harris, Julia L. Henck, Olivia R. Herman, Caitlin J. Ho, Kyler Hoang, Grace M. Hobin, Shelagh M. Holler, Wilhen Hui Mei, Elizabeth Huynh, Khang D. Huynh, Luan B. Huynh.

Alexander J. Ireland, Aubrey Jillian G. Isip, Caroline J. Jaehnic, Ilia Karelo, Kendrick C. Kheav, Taylor A. Kinsley, Braeden M. Kopp, Serena M. Krejci-Papa, Annabelle Q. Le, Thomas Le, Cuong M. Luong, Toan H. Luong, Erin E. MacKay, Thomas B. MacPherson, Ryan J. Mahoney, Karyia N. Mandalinci, Aisling N. Mannion, Eric D. Manter, Lorena A. Martina, Erik T. Mayo.

Thomas P. McGovern, Allison H. McMorrow, Amanda C. Morris, Anne C. Mortimer, Maggie R. Murphy, Jessica Nguyen, Katelyn Y. Nguyen, Melanie T. Nguyen, Madison E. O'Brien, Shabella J. Oliver, Kayla E. Osorio, Nidhi V. Patel, Tiffany Pham, Dayna Phan, Timothy J. Pick, Megan E. Piquette, Victoria A. Primo, Tedi Qafko, Patrick J. Rak, Simon Rong.

Ricardo M. Santos Filho, Jennifer V. Segale, Alexandra J. Smith, Avash Subedi, Jonathan Tan, Quintin K. Thompson, Virginia To, Adam Trac, Juliana M. Tracey, Brandon W. Tran, Daisy C. Tran, Kenny W. Tran, Timothy C. Truong, Ygan Jae C. Tumapang, Emily B. Vu, Kayla B. Vu, Michelle T. Vu, Alita Wanaslip, Caren Wang, Michalina A. Weglarzy, Matthew C. Wong, Cayla R. Zapata, Crystal Zeng, Cristina Zhao Zhen, Qi Wen Zhou.

Grade 9: Kayla M. Agcaoli, Caitlin J. Ainsley, Grace P. Akkara, Mohammed R. Al-Janabi, Sara Amimer, Neddy C. Andre, Daniel M. Artinian, Charlie R. Ashley, Dea Avdulla, Kevin J. Ballerino, Reilly M. Barrett, Maria Magdalena Bengoa Croxatto, Priscilla B. Bonica, Allison R. Boyd.

Kayleigh J. Caldwell, Mackenzie L. Canty, Kristina M. Carter, Brendan M. Cavin, Sabrina Chan, Michelle Y. Chen, Timothy S. Chen, Benjamin D. Chin, Jacky Y. Chiu, Kasey Chow, Charles D. Codner, Narah C. Cohen, Christopher J. Comlin, Nguyen H. Dao, Marlana J. Davis, Brooke E. Dedy, Abigail G. Deane, Olivia R. Delprete, Hannah M. Demore.

Joseph L. Dinh, Thanh T. Do, James M. Doan, Nora C. Donovan, Robert F. Donovan, Vetty-Sara N. Dort, Kaylan B. Dunlea, Kelsy K. Duong, Michael D. Duong, Ava E. Fin, Rebecca L. Fitzpatrick, Yaritza I. Flores, Gabriella A. Franceschini, Juliana Y. Gee, Marsha S. Germain, Ashley R. Grehan, Jesse D. Gruchy, Ilkim Gumus.

Isabella E. Hanley, Basra A. Hassan, Emilia A. Henry, Kula C. Ho, Fallon G. Hobin, Oceana Huang, Steven Y. Huang, Sunny C. Huang, Mia M. Hurley, Thuan M. Huynh, Thuy N. Huynh, Isabelle T. Ibrahim, Noela Janka, Ashley Johnson, Brianna E. Joyce, Andrew J. Kabilian, Jacquelyn M. Kane, Supriti Karki, Aisling R. Kelly, Matthew C. Kelly.

Aurora D. Kilrain, Yusra K. Kmail, Madison R. Kuber, Rachel Anne Lafferty, Ryan J. Laroche, Jose Maria Gabriel L. Las, Ngai K. Lee, Matthew T. Leonard, Feng Yu N. Li, Limei Li, Annie

A. Liang, Simon Lin, Tina Lin, Raymond N. Liu, Wing Lun, Emma P. Lyons, Shannon R. MacKay, Megan S. MacNeil, Hannah R. Mahn, Kristen A. Mahoney.

Scott N. Masciulli, Vanessa M. Mazzini, Robert C. McClelland, Julia C. McGillicuddy, Rachel T. McKenna, Stephanya D. Mendes, Eduard N. Mesropyan, Alessia M. Mochi, Hannah E. Murphy, Shannen E. Murphy, Niamh E. Mwafurirwa, Jack M. Nelson, Amy H. Nguyen, Cindy Nguyen, Huy M. Nguyen, Mark Nguyen, Steven H. Nguyen, Sylvia K. Nguyen, Thuan Duc Nguyen, Wayne Nguyen.

Courtney E. O'Brien, Grace L. O'Handley, Cassandra V. Patch, Ryan P. Phelan, Daniel T. Pick, Sorcha M. Quinn, Daria Ramiz, Joyce A. Ramos, Jaida L. Reid-Jackson, Kenia C. Rosemberg, Alyssa J. Ruan, Yinyin Ryan, Alyssa M. Ryan, Joseph M. Saccoach, Joselle A. Samson, Clyde Shtino.

Ryleigh D. Smith, Matheus Henrique N. Souza Duarte, Harrison S. Stengel, Cindy A. Su, Emily G. Suarez, Kaylie A. Sullivan, Ling kai N. Sun, Shirley L. Tang, Jefferson Tian, Abigail C. Toland, Kevin O. Toler, Danielle M. Toomer, Andrew Tran, Eileen K. Tr-enholm, Jennifer Truong, Nelson K. Tsang, Hsiu C. Tsao.

Dayana N. Ukraine, Lillian T. Uong, Jason Vo, Kenny T. Vo, Anna Weng, Xiang Guang Zu, Abby R. Yanovitch, Jonathan P. Young, Dong Pei Zhang, Cecily Zhao, Xuefeng Zhao, Marsha Zheng, Steven C. Zheng, Yuyang Zheng, Jessica L. Zisk, Alvis R. Zou.

HIGH HONORS

Grade 12: Mariam A. Ahmed, Connor J. Ainsley, Caroline G. Austin, Gabriella R. Bertoldi, Amanda L. Bottary, Christine R. Broderick, Cheok Ian N. Chan, Ramy Chebbo, Ziuling Cheung He, Mairead B. Connolly, Noah T. Culp, Vilena N. De Pina Alves, Kayla E. Dedy, Kenny Dong, Thanh Tung H. Duong.

Mikhaela N. Foley, Melanie A. Fuentes, Mohamed A. Gouriche, Alyssa V. Grimaldi, Christina R. Haley, Klei Hamzallari, Jia Yi N. Han, Haley N. Hartnett, Courtney C. Holler, Julie J. Hong, Steven R. Honrado, Foster, Rebecca A. Jonah, Naomi W. Kane, Allison M. Karam, Kendall A. Kelleher, Rachel A. Knight, Izadora L. Lenna, Chao Xiang Lin.

Hebatullah N. Masood, Jaymie C. McCleary, Anthony J. McFarlane, Mark J. McGee, Luis P. Morales Armas, Margaret V. O'Leary, Joseph K. Oduro, Arianna A. Ortiz, Michaela T. Petti-

nelli, Edneisha G. Philibert, Yen M. Phu, Jean W. Pierre, Amy L. Rodriguez, James M. Robinson, Kadejah N. Roches, Jufeng N. Rong.

Erika Sato, Kathleen A. Saverse, Jenson Joshua U. Soriano, Chynna Storme Staco-Callahan, Aliha N. Talat, Keilante H. Taylor, Tina T. Vo, Caroline J. Walsh, Jacob T. Walsh, Deonte T. Washington-Humphrey, Kari A. Wismar, Louis M. Wong, Yasmina A. Zaharian-Tourito.

Grade 11: Emily A. Alkhatib, Kathryn B. Anderson, Abigail A. Barker, Albi Biba, Angel J. Caisachana Ortiz, Nicholas G. Cedrone, Jack Z. Chen, Elizabeth F. Collins, Maeve B. Collins, Jack J. Cook, Meghan R. Davis, Jack M. Deery, Joseph T. Desmond, Isabel K. Doherty, Madelynn E. Dorsey, Sarah N. Edouard, Guilherme N. Eller.

Aiden W. Foley, Tianna E. Fucile-Prisco, Mary M. Galecia, Angelica Gonzales, Robert B. Gough, Andrew D. Grant, Daniel W. Hagborg, Olivia J. Haney, Salma H. Hassan, Nicholas W. Hower, Dorothy Y. Huang, Lilia R. Leonard, Raymond J. Liriano, Megan E. Lyons, Catherine R. Mayo, Eamonn J. Mayo, Emma L. McGillicuddy, Abigail H. Murphy.

Bill Nguyen, Brandon D. Nguyen, Aidan P. O'Connell, Brian T. O'Connor, Joseph W. O'Neil, Allison R. O'Reilly, Brian N. Pham, Ashleigh M. Prewitt, Shelley E. Ramirez, Chase B. Reardon, Daniel C. Rose, Evan C. Ross, Samantha Sceppe, Lindsay A. Sheridan, Dean J. Sirois-Watts, Stephanie Soto, Lucien F. Theberge, Maguire F. Tierney, Alan P. Vangorder, Aria A. Vu, Maeve B. Walsh, Nicholas T. Wong, William B. Zarges, Kevin Zhu.

Grade 10: Kawtar Abouyoussef, Sham Almaleh, Yasim Amimer, Brendan J. Bailey, Juliana I. Beane, Nicholas J. Buonopane, Karen Cao, Candace F. Chan, Samantha Chan, Jiaqi N. Chen, Jin Rui Chen, Rui-Feng Chen, Benjamin Antonio C. Correia, Owen A. Dacunya, Julia B. Devlin, David M. Devoy, Jamie L. Diccico, Ryan D. Duong, Sean E. Dwyer, Mounia El Maslouhi, Kas-sia L. Evora.

Margaret M. Farrell, Kevin A. Ferrent, Madelyn H. Ferreira, Olivia M. Fritz, Alexandra L. Gagne, Marc M. Galecia, Kelly H. Ger-rish, Celina N. Henderson Tapia, Stephanie G. Henriquez, Kylie R. Hernon, Melissa R. Knight, Hannah R. Kyller, Patrick J. Lee, Zhao Yu Li.

Paige E. Maze, Tara R. McCleary, Jake B. McGahey, Colleen A. McGee, Kiana A. Molina, Derek

D. Nguyen, Sydaey V. Nguyen, John J. O'Brien Jr., Dylan V. O'Brien, Michael J. O'Connor, Jillian A. O'Toole, Mihir S. Patel, Aidan R. Perry, Ethan C. Pham, Michelle N. Pham, Sabrina S. Pinto.

Ryan M. Quirk, Michael-le D. Saint Cyr, Jullana A. Salbibia, Moritz N. Schrader, Cameron C. Seviour, Salwa H. Shuman, Andrew J. Smith, Sabrina A. Soto, Peter M. Tang, Brenna M. Tobin, Ethan P. Vooun-Ros, Nicholas H. Wong, Jordan D. Wu.

Grade 9: Mariejo Jessica A. Ajavon, Russell A. Alexander, Zeinab H. Alftelawi, Paolo S. Arguedas McClay, Jack H. Barry, Veronica M. Bentley, Darby M. Boudreau, Jeffrey J. Burke, Chris Cakuli, Michael L. Capone, Samantha L. Coletti, Robert D. Conboy Murphy, William P. Cook, Amanda A. Depaula, Grace N. Devine, Tyler J. Downey, Kylie S. Driscoll, Bryson A. Dunbar.

Elijah J. Eady, Ruiping N. Fang, Kirsten R. Fennelly, Jacob R. Ferrullo, Khailea Figueroa, Olivia D. Furber, Ryleigh G. Gilmartin, Jacob M. Gordon, Brian J. Gutro, William L. Hibbard, Victoria L. Hill, Susan R. Hoare, Delana A. Jordan, Aaradhana Joshi, Parishkrit Lamichhane, Rylen D. Lawton, Emely Liriano, Antonia L. Logan, Isabella C. Lombardi, Danny Ly.

David Mardani, Rene N. Marquez, Zachary T. McDonough, Molly J. McGil-livray, Lauren C. Medeiros, Robert J. Morgan III, Manuel E. Murillo-Wong, Vera P. Nguyen, Henry W. Nim, Samantha R. O'Neil, Sarah J. Patacchiola, Andrew R. Peterson, Khalil S. Preval, Emily N. Salvucci, Haoyuan N. Shi, Colby G. Simone, Hailey K. Smith, Johnny K. Tang, Campbell F. Tierney, Diana Truong, Eduard M. Tsvetanov, Tiffany Vu, Ashley M. Young.

HONORS

Grade 12: Curtis L. Ajavon, Joshua Alberto-Anderson, Humza S. Ali, Lina Qasem N. Alqasem, Robert M. Andrea, Ezequiel A. Arrendell Pimentel, Ryan C. Boretti, Jonathan T. Boyd, Allahna Z. Brown, Amanda K. Burke, Stela Cala, Brendan R. Corbett, Julia E. Crawford, Nolan E. Curran.

Sommer R. Davenport, Kaleigh M. Davies, Briana N. Davis, Emily R. Davis, Neha Deepak, Gretah L. Diorio, James M. Dwyer Jr., Oliver E. Dyer, Lynnette Familia, Curtis M. Frazier, Samantha A. Hamel, Tiffany T. Hong, John R. Kamb, John D. Kelly, Talha Khawar, Smriti Kumar, Kenton N. Kwok.

Catlinh T. Le, Duy V. Le,

Cont'd On Page 7

Chili Bowl Cook-Off Saturday At HN Church

The ninth annual Chili Bowl Cook-off will be held at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy on Saturday, Jan. 27 from 1 to 4 p.m.

The cooking competition

features prizes for the Best Individual and Best Restaurant Chili entries. There is no fee to enter chili. To enter or for more information call Pam Craig at 617-471-8968 or email pcraig1962@com-

cast.net by Jan. 20th.

Admission is \$5 per person and includes samples of up to 20 different chili recipes. Those sampling chilis can cast votes for their favorite.

Soda, beer, hot dogs and chips can also be purchased.

There will be a bake sale for sweets and more.

The event is sponsored by the Houghs Neck Congregational Church.

Houghs Neck 'Polar Plunge' Saturday

The Houghs Neck Polar Plunge, originally scheduled for Jan. 6th, will take place

this Saturday, Jan. 27.

Extreme arctic weather forced the postponement

earlier this month.

The event will take place at the Maritime Center this Saturday.

Registration will begin at 8:30 a.m. in the Maritime Center. The plunge will take place at 10 a.m.

Kimberly Wong Earns CPO Designation

Kimberly Wong of Quincy has earned her Certified Professional of Occupancy designation through the National Affordable Housing Management Association (NAHMA), announces Peabody Properties, a real estate and property management firm.

Wong is the assistant property manager at Charlesview Residences in Brighton.

Candidates for the designation must enroll in the three-day Certified Professional of Occupancy course, offered by NAHMA, and pass the CPO exam. The CPO course is the only comprehensive program covering the entire HUD Handbook, including the latest revisions. Topics covered



KIMBERLY WONG

include eligibility criteria, standards, tenant selection and screening, non-discrimination, allowances, adjusted income, certifying tenants and annual recertification.

The CPO is also a requirement for NAHMA's NAHP® (National Affordable Housing Professional) designation program.

24 Local Students On Curry College Dean's List

Twenty-four students from Quincy are on the Dean's List for the fall semester at Curry College in Milton.

They are:

Joseph Alibrandi, Amanda Astrofsky, Mikayla Bohane, Melanie Bohane, Kathryn Bonner-Jackson, Megan Bouzan, Julianne

Carey, Laura Carter, Alessa Davis, Mam Forster, Kathryn Hemenway, Jaclyn McEachern, Jamie Meade, Olivia Owusu, Kelsey Palmer, Christine Pedro, Molly Plunkett, Brendan Predeville, David Prouty, Kelsey Rose, Taylor Stewart, Bernardo Teixeira, Arianna Viscione and Wai Wong.

13 Quincy Students On Fitchburg Dean's List

Thirteen students from Quincy made the dean's list for the fall 2017 semester at Fitchburg State University.

They are:

Marguerite E. Belcher, Bianca Cadet, Andrew F. Currie, Mallory J. Devoe,

Sarah A. Durkin-Goonan, John A. Francis, McKenna E. Kiley, Kathryn E. McGroarty, Katherine E. Mcgahay, Molly Minton, Hailey M. Naistadt, John A. Pino, Yoki S. Weng.

970 Students On Quincy High School Honor Roll

Cont'd From Page 6

Peter M. Le, Jake S. Louzan, Scott W. MacPherson Jr., Ryan J. Malloy, Mikaela P. Mann, Destany G. Marquis, Shayla A. Massiah, Myrna Mathieu, Joseph M. McGahan, Shannen P. McMahon, Alani Meng, Brendon T. Ngo, Christopher S. Nolan, Cullen F. O'Connell, Kyle P. O'Keefe, Rafael G. Pena Garcia.

Jackson C. Quinn, Norapat Rengkasethkig, Daniel T. Riley, Clayton M. Rodrigues, Ivan A. Salazar, Dewey E. Schramm, Anna E. Sclaro, Corey N. Shaw, Juliani D. Teixeira, Kelly E. Vo, Zachary J. Walsh, Ryan J. Warner, Julia E. Whalen, Gredi Zyba.

Grade 11: Kiara M. Aguilar, Isabella G. Allegro, Karla Eduarda N. Bemmer, Nicholas C. Burrow, Robert J. Cabral Jr., Joseph J. Camara, Ryan M. Carter, Ryan F. Cefalo, Jason M. Chu, Nora R. Comerford, Matthew B. Connolly, Darlyn Evelise N. Correia Monteiro, Alini Sebastiana P. Costa, Austin J. Currie.

Cassandra D. Davis, Jennifer Stephanie S. De Almeida, Alerandra O. Defreitas, Ana Paulo O. Ferri, Thomas J. Foley, Gianna A. Franceschini, Miguel A. Garcia, Kyle G. Gates, Anthony R. Gattorna, Julianne T. Gazzola, Kaitlyn E. Goff,

Margaret M. Guarente, Rachel A. Hawley, Rachael M. Higgins, Jiayi N. Huang, Valeria I. Inocente, Kiersten R. Irion, Troy P. Isaac.

Bryan R. Jacobs, Jenna C. Jerahian, Ethan C. Johns, Mariam Y. Khamis, Frantz D. Lamarre, Marcus C. Laptiste, Maxine H. Lau, Sarah K. Le, Karmina Cielo A. Llaga, Jack V. Ly, Colin J. MacDonald, Daniel J. Maier, Emily M. Manson, Yusuf T. Masood, Joseph N. Matta, Kyle F. McCann, Ryan A. Mele, Nicholas M. Moosick, Aidan P. Murphy, Daniel M. Murphy.

Patrick T. Nazzaro, Kairah E. Neves-Riviere, Stanley H. Ngo, Kyle D. Ollman, Olivia N. Orseno, Olivia A. Pagliarulo, Emma R. Peterson, Bryan T. Reilly, Nieyah Y. Remy, Hannah E. Robinson, Unique I. Robinson, Andrew J. Rooney, Elizabeth A. Roos, Raymond J. Rose Jr., Nicholas N. Rue, William M. Ryan.

Andrew D. Scott, Brendan D. Smith, Shane M. Stokes, Kayleigh R. Susinetti, Peggy M. Tam, Aaron Tran, Maria A. Villalon, Kevin D. Warner, Jason P. Whalen, Garell N. Willis, Robert S. Zangla, Jacob D. Zisk.

Grade 10: Logan S. Almeida, Badr Eddine Bahri, Jane E. Berberan, Samantha A. Brown, Orion H. Byrne, Frank P. Calabro,

Tynierah C. Cantave, Robert E. Carney Jr., Ty E. Chafa, Li Qi Chen, Francesco J. D'Agostino, Jake W. DeFranco, Xuan Bo Ding, Tyler D. Duncan, Michaeljon M. Dussourd Jr.

Justin T. Echols, Marcelo N. Euzebio Caldeira Filho, Brooke I. Farr, Benjamin W. Fehan, Jean J. Feliciano, Chloe B. Ford, Calvin E. Graves Jr., Aidan P. Healy, Connor G. Hegarty, Emily M. Irion, Emma D. Jaehnig, Ayanna S. Jones, Vincent S. Joyce, Tresor J. Kalioua, Julia Kapcia, Alessandra J. Krejci-Papa, Ryan L. Lam, Eddie A. Lei, Lac G. Lieu.

Margaret A. Martin, Skye L. Matranga, Amanda H. Mauriello, Matthew J. McCratic, Meghan T. McDonald, Matthew T. McInnis, Emma R. McLoughlin, Sam Ngo, James A. O'Brien, Vinh T. Pham, Drew A. Polsgrove, Maria G. Popa, Genevieve R. Reardon, Adam S. Reinhardt, Daliany M. Rivera Cruz.

Matheus G. Santos, Lukas Schaaf, Michael J. Scibilio, Joseph M. Smiddy, Juliana S. Stagg, Rose M. Torres Cruz, Jacob N. Torres, Thi Xuan Mai N. Tran, John H. Valenzuela, Jaydek Wong, Katelynn D. Young.

Grade 9: Benjamin R. Akkara, Dylan W. Bagley, Erin Behari, Shayna N. Bellotti, Khaim A. Brice, Catherine D. Brown, John

M. Cawley, Giani A. Colon, Kylie M. Davis, Brody B. Degust, Bella M. Delprete, Devin C. Desmond, Alvin C. Devasconcelos, Andrew C. Devlin, Ray Daniel M. Feliciano, Matthew D. Francoeur, Gianna L. Freeman.

Bridget M. Gardiner, Elrick W. Gardiner, Kevin K. Gomez, Houda N. Haiti, Kaylee A. Hirtle, Samuel C. Hurley, Robert J. Jaehnig, Darian L. Jordan, Samantha K. Keane, Muhammad Z.

Khan, Colby V. Lai, Ryan Li, Trevor S. Libert Jr., Jacob D. Livingstone, Amanda K. Lohnes, Tommy M. Luong.

Patricia A. MacLeod, Julianna P. MacPherson, Christopher M. Maldonado, Mia A. Marcello, Kevin K. Mateo Diggs, Shane P. Matranga, Emma E. Mickey, Anthony J. Morabito, Ciro L. Moura, Alec M. Munro, Kailey J. Murphy, Donovan F. Murray, Martin E. Mus-

cato. Celine K. Nguyen, Erin K. O'Callaghan, Conor R. Ollmann, Kaci M. Pettigrew-Lynch, Jasmine M. Santos Fragos, Lily G. Scola, Harmony F. Soares, Starlyn J. Soto Gonzalez, Nyjahnae Suarez, Ryan D. Tapper, Susanne K. Tedeschi, Elijah D. Tolentino, Hanna M. Valenzuela, Michaelle J. Wu, Jacob R. Zarges, Christina S. Zero.

Social

Social Security Topic Feb. 8 At Kennedy Center

Kristen Alberino, Social Security Public Affairs Specialist, will be at the Kennedy Center on Thursday, Feb. 8th at 1:30 p.m. to discuss Social Security benefits and services, the history of Social Security, and online services, followed a question and answer session.

The free workshop will

also provide information on applying for extra help with prescription costs, contacting Social Security to make changes, what additional benefits you may qualify for and when you need to apply for Medicare.

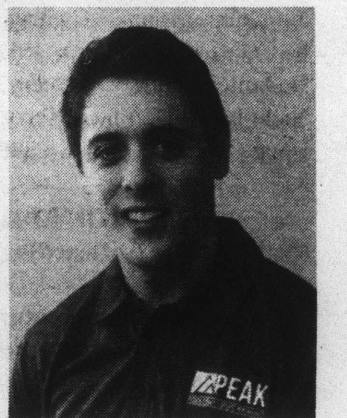
To register for this session call (617) 376-1506. Space is limited.

Ryan Burke Assistant Manager At Peak PT

Ryan Burke, DPT of Quincy, has been promoted to assistant manager at Peak Physical Therapy & Sports Performance at its Hanover location, 645 Washington St.

Burke joined Peak Physical Therapy in early 2016 and has more than five years of experience as a physical therapist.

A graduate of the University of Massachusetts-Lowell with a doctorate of physical therapy, Burke is certified to perform dry needling, spinal mobilization/manipulation and to administer FMS (Functional Movement Systems) and



RYAN BURKE

SFMA (Selective Functional Movement Assessment) to treat various neuromuscular skeletal conditions. He is a member of the American Physical Therapy Association.

Step Into the PopUp Gallery!

Come visit the Quincy Art Associations PopUp gallery. You'll love all the art and photography AND it's all available to you at great savings! You'll see some of the best art and photography the South Shore has to offer. From landscapes to portraits and abstracts to classic still life work. Because we are a PopUp our time at this location is limited but time enough to walk away with a prized possession.

Days Open: Thursdays thru Sundays, from Jan. 11 to Jan. 27
1534 Hancock St. Quincy

Here are times to Pop In:
Thursdays - 11am-1pm
Fridays - 4pm-6pm
Saturdays - 11am-4pm*
Sundays - 1:30pm-3:30pm
*Saturday (closing day) 27th 10am-2pm



Quincy Art Association
26 High School Ave. Quincy, MA 02169
To see our Calendar & More:
www.quincyartma.org
quincyartma@yahoo.com
617.770.2482
Join us and discover your creativity!

10 Local Students On Roger Williams Dean's List

Ten students from Quincy are on the Dean's List for the fall semester at Roger Williams University in Bristol, R.I.

hian, Sophia Kelly, Shauna drick, Natalie O'Donovan
McColgan, Molly McGol- and Katherine Stevenson.

Tara Nguyen On Dean's List

They are:
Alana Adams, Lauren Donovan, Alexandra Graf, Jared Grier, Gabriela Jera-

Tara Nguyen of Quin-
cy has been named to the
Dean's List for the fall se-
mester at Eastern Connecti-
cut State University in Wil-

limantic, CT.
Nguyen, a member of the
Class of 2021, is a pre-early
childhood education major.

WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUSIE FALCO



Lemon Bread

By MARIE

I recently found today's recipe for lemon bread which tastes like cake and I really enjoy anything flavored with lemon. This recipe is so moist, and will keep for days. I had everything already in the house except nuts, so it was an easy one for me.

LEMON BREAD

1 stick butter (softened)
1 1/4 cups sugar
2 eggs at room temperature
1 cup plus 2 tablespoons all purpose flour
1 teaspoon baking powder
1/2 teaspoon salt
1/2 cup milk
Juice and zest from one lemon
1/4 cup walnuts or pecans

Preheat oven to 350 degrees.
Grease a 8 1/2 x 4 1/2 inch loaf pan.

Cream the butter on medium speed and add 1 cup of the sugar. Beat until light and fluffy.

Add the eggs one at a time and beat well after each.

Mix flour, baking powder and salt and put half the mixture in the cream mixture. Add all of the milk and then add the remaining flour mixture, the zest and nuts. (The juice is for a lemon glaze.)

Bake for 55-60 minutes until a toothpick in the center comes out clean.

GLAZE

1/4 cup remaining sugar
Lemon juice

Place in the microwave for one minute. When the cake is done, keep it in the pan and poke holes in the top with a toothpick and drizzle with the glaze.

Then after 30 minutes remove the cake to rack.

Serve warm or room temperature.

Chocolate Mug Cake With Strawberries

By SUSIE

Cake in a mug?
Healthy? Quick? Count me in!!!

CHOCOLATE MUG CAKE WITH STRAWBERRIES

Serves 1

Ingredients:

1/4 cup black beans
1 tablespoon old fashioned oats
1 tablespoon cocoa powder
2 teaspoons maple syrup
1 teaspoon unsweetened almond milk
1 teaspoon butter
1/2 teaspoon vanilla extract
1/4 teaspoon baking powder
dash of cinnamon

sliced strawberries for topping

Directions:



1. In a blender, combine the ingredients and process until smooth.

2. Pour into a lightly greased coffee mug. (I use coconut oil to grease.)

3. Microwave for 1 to 2 minutes, depending on the power of your microwave. Start with 1 minute, and continue 30 seconds at a time until it is firm in the center.

4. Let cool for 5 minutes before removing from the mug. Or eat right from the mug!

Top with fresh strawberries!!

Turkey Pot Pie

By MARIE

I think other than a turkey sandwich, I enjoy pot pie the most, and my family agrees. It's not only easy, but most of the ingredients have already been cooked.

I prepare it early in the day and then place them in the oven when ready.

TURKEY POT PIE

1 package of pie crust
2 cups (or more if you have it) of turkey cut in bite size pieces
1 cup of left over gravy
1 package of frozen carrots, peas, string beans
2 tablespoons butter

2 tablespoons flour
1 cup of milk plus one cup of chicken broth

Salt and pepper to taste

Heat the butter. Add the flour and stir until well mixed. Slowly add the milk and chicken broth and cook until thickened.

Add the frozen vegetables and the chicken until heated through and well mixed.

In a casserole dish or any shallow pan line the bottom with the pie crust. Fill it with the filling, and top it with the second crust.

Make four slits in the middle of the pie, and bake for 30 minutes.

Serve as hot as you can stand it!



QUINCY CREDIT UNION employees recently took part in an incident response employee training presentation. The two-hour session was facilitated by Blue U Defense, a defense security training company based in Jaffrey, N.H.
Photo Courtesy Quincy Credit Union

Quincy Credit Union Employees Receive Incident Response Training

"I never realized how important it is to avoid following the crowd during an incident of violence."

This statement was made by Judy Macauley, a 19-year employee of Quincy Credit Union, after participating in a recent incident response employee training presentation. Macauley explained how she left the session with some extremely useful information to pass along to her children and family.

"I was surprised by how much I wasn't aware of. Joe and Terry provided practical information that anyone can use in life, in work or outside of work to be safe. I am grateful for the credit union for providing this type of training for us," Maccauley said.

ley said.

After attending a similar program, Vice President of Human Resources Christine Tobin said she felt the need to bring the Blue U Defense program to Quincy Credit Union's training program.

"Our employees are our greatest asset," Tobin said. "By sponsoring this training, we feel we are providing employees with valuable information and skills to help keep them safe. This type of training is relevant and should be part of any company's security training program."

The two-hour session was facilitated by Blue U Defense, a defense security training company based in Jaffrey, N.H. Co-owners Joe Hileman and Terry Choate

kept credit union employees, board members and family members engaged with thought-provoking, real-life scenarios to provide useful, practical information and security tips for use in their daily lives. Both Choate and Hillman are former law enforcement officers with extensive training and experience in SWAT and drug enforcement.

Quincy Credit Union currently provides financial services to over 33,500 members operating from two locations; 100 Quincy Ave., Quincy and 519 Columbian St., Weymouth. Membership is available to those who live or work in Norfolk, Plymouth Counties and the communities of Dorchester.

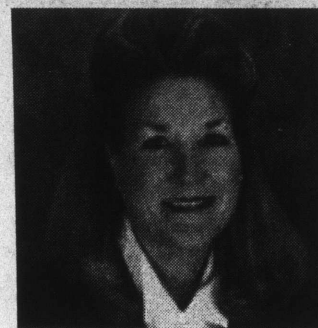
Diane Papadakos Director Of Marketing, Business Dev. At Tremont Credit Union

Tremont Credit Union announces Diane G. Papadakos of Quincy has been named director of marketing and business development.

In her new role, Papadakos is responsible for providing strategic direction around Tremont Credit Union's marketing, advertising, public relations, branding, and business development efforts. She reports directly to the president and chief executive officer, George G. Hardiman.

"We are pleased to have Diane join the senior management team, bringing with her a great breadth and depth of valuable marketing experience in the financial and various consumer/commercial industries," Hardiman said. "With Diane's skill set and expertise, we will continue to strategically market and grow the TCU brand with our select employer groups and communities we serve."

Papadakos brings with her more than 25 years' experience in the financial industry as a marketing executive within the financial and real estate investment/property management. Previously she spent nearly 10 years



DIANE PAPADAKOS

in community banking managing marketing and business development. She has been nationally recognized and awarded several marketing excellence awards throughout her career.

Papadakos received a bachelor's degree in communications from University

of Massachusetts-Amherst (cum laude), a masters of business administration and masters of science from Bay Path University with high honors. She is also certified in Value Based Six Sigma and Change Management.

Papadakos is also active in business and civic affairs. She currently serves as treasurer and on the board of directors of New England Financial Marketing Association. She also serves on the board of the Somerville Chamber of Commerce, as a trustee for Harvey Wharf Association in Quincy and is a member of the B.P.O.E Lodge #1784.



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Subdural Hematoma: More Than Just A Bump On The Head

A Message From The Quincy Health Department

By **RUTH JONES**
BSN, RN, BC, CP-FS

A subdural hematoma is an accumulation of blood outside the brain.

In a subdural hematoma, blood collects between the layers of tissue that surround the brain. The outermost layer is referred to as the dura. In a subdural hematoma, bleeding occurs between the dura and the subsequent layer, the arachnoid. The bleeding in a subdural hematoma is under the skull and outside the brain, not in the brain itself. As blood accumulates, however, the pressure on the brain intensifies. This pressure on the brain causes the symptoms associated with a subdural hematoma. If pressure inside the skull rises to an extremely high level, a subdural hematoma can lead to unconsciousness and death.

A subdural hematoma is usually caused by a head injury, such as from a fall, motor vehicle accident, or an assault. The sudden blow to the head tears blood vessels that run along the surface of the brain. This is referred to

as an acute subdural hematoma. People with a bleeding disorder and those who take blood thinners are more likely to develop a subdural hematoma. A comparatively minor head injury can cause subdural hematoma in people with a bleeding tendency.

In a chronic subdural hematoma, small veins on the outer surface of the brain may tear, causing bleeding in the subdural space. Symptoms may not be obvious for several days or sometimes even weeks. The elderly population is at an increased risk for chronic subdural hematoma because brain shrinkage that occurs with aging causes these minute veins to become more stretched and more vulnerable to tearing.

In head injuries with sudden, severe bleeding causing a subdural hematoma, a person may lose consciousness and become comatose instantaneously. A person may appear normal for days after a head injury, but slowly become confused and then unconscious several days following the injury. This

results from a slower rate of bleeding, causing a gradually enlarging subdural hematoma. In very slow-growing subdural hematomas, there may be no visible symptoms for than two weeks or more after the bleeding commenced.

Symptoms of subdural hematoma can include:

- Headache
- Confusion
- Change in behavior
- Dizziness
- Nausea and vomiting
- Lethargy or excessive drowsiness
- Weakness
- Apathy
- Seizures

• People may vary extensively in their symptoms of subdural hematoma. In addition to the size of the subdural hematoma, a person's age and other medical conditions can affect the response that they experience from having a subdural hematoma.

People who seek medical attention after a head injury will often undergo head imaging, usually consisting of a computed tomography (CT scan) or magnetic resonance

imaging (MRI scan). These examinations create images of the interior of the skull, usually detecting any subdural hematoma that may be present. MRI is slightly superior to CT in detecting subdural hematoma, but CT is faster and more readily available.

Infrequently, angiography may be used to diagnose subdural hematoma. During angiography (angiogram), a catheter is inserted through an artery in the groin and threaded into the arteries of the neck and brain. Special dye is then injected, and an X-ray screen can visualize blood flow through the arteries and veins. This is sometimes useful in locating an area that is bleeding.

Treatment of subdural hematomas depends on their severity. Management can range from watchful waiting to brain surgery. In small subdural hematomas with mild symptoms, doctors may advocate no specific treatment other than observation. Repeated head imaging tests are often implemented to monitor whether the subdural

hematoma is improving or worsening. More severe or critical subdural hematomas require surgery to decrease the pressure on the brain.

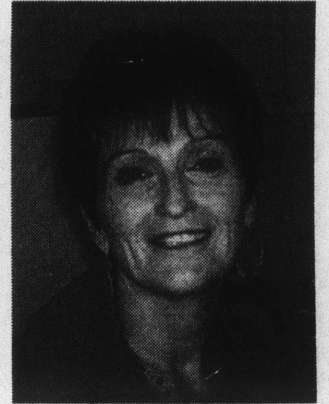
Surgeons can use various techniques to treat subdural hematomas:

• **Burr hole trephination** - A hole is drilled in the skull over the area of the subdural hematoma, and the blood is suctioned out through the hole.

• **Craniotomy** - A larger section of the skull is removed, to allow better access to the subdural hematoma and reduce pressure. The removed skull is replaced shortly after the procedure.

• **Craniectomy** - A section of the skull is removed for an extended period of time, to allow the injured brain to expand and swell without permanent damage. Craniectomy is not often used to treat subdural hematoma.

People with severe subdural hematomas are often gravely ill, requiring mechanically-sustained breathing and other forms of life support. If a person has a bleeding problem or is taking blood thinners, measures should be taken to enhance blood clotting. This may in-



RUTH JONES

clude giving medicines or blood products, and reversal of any blood thinners, when feasible. Additional medications to help reduce swelling or pressure in the brain or control seizures may also be utilized.

Medical professionals suggest taking all head injuries seriously to avoid potential complications, some that may even happen much later in life. People who have experienced moderate or severe traumatic brain injuries are at a significantly greater risk of developing neurodegenerative disorders such as, Alzheimer's, Parkinson's and dementia. Particularly if the injury happened at age 65 or older.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

883 Students On North Quincy High School Honor Roll

Eight hundred eighty-three students are listed on the first quarter honor roll at North Quincy High School.

DISTINCTION

Grade 12: Antonia M. Alvarado, Peter K. Anderson, Nicholas H. Andrade, Jacob Z. Bianculli, Douglas E. Brown, Jennifer Butka, Jessica N. Caldwell, Emmy V. Chau, Alan Chen, Annie Chen, Cindy Chen, Cynthia J. Chen, Daniel R. Chen, Davie Chen, Hong Zhi Chen, Hongqin N. Chen, Kevin K. Chen, Steven S. Chen, Wilson Q. Chen, Faye Cheng, Cory J. Chiu, Ivy K. Chiu, Timothy M. Chiu, Anthony C. Chu, Victor Chu.

Cora A. Cluett, Joseph C. Connaughton, Ryan C. Cox, Jingbin Deng, Rami B. Derbel, Elizabeth G. Dimattio, Christopher J. Donaghey, Connor W. Donaghey, Supattida Duangpratheep, Kevin M. Finn, Sean Patrick Flynn, Sofie M. Forbes, Devin M. Ganno, Vangel N. Gjergo, Timothy W. Goon, Shauna M. Grehan, Shirley Guan, Jillian L. Hallisey, Ethan R. Herman, Devin P. Hiltunen, Sirin Horburapa, Zizheng Huang, Celia C. Hussey, Olivia J. Hussey, Nam C. Huynh, Virgil P. Huynh.

Ashley Jee, Ming Yi Jiang, Angel Ke, Maeve A. Keane, Olivia R. Keenan, Julia I. Klinecicz, Ryan Kou, Kahei E. Lam, Cynthia C. Lau, Andrew S. Lee, Josephine W. Lee, Joshua J.

Lee, Irving Li, Shen Hong Li, Chuyu N. Liang, Daniel J. Lin, Xin Mei Lin, Yan Ping Lin, Yun Lin, Amy Liu, Jue Ying Lu, Sydney L. Ly, Christina R. Lyons, Sara G. Mahmoud, Jared J. McDonough, Maggie C. McGoldrick, Nora E. McLaughlin, John P. Meade, Evan Y. Mei.

Christine Nguyen, Cindy Nguyen, Jennifer Nguyen, Julie K. Nguyen, Vincent H. Nguyen, Zhexi N. Pan, Frances A. Papandile, Jalysa C. Queen, Joanna Rafti, Dylan P. Richardson, Jacob J. Roos, Aymen H. Sadaka, Genevieve E. Santilli, Jonathan A. Santos, Samuel Serjani, Mohamed H. Shuman, Angelina M. Spiropoulos, Samantha W. Striffler, Xiang Lin Su, Jeffrey T. Sullivan.

Jessica F. Tai, Tiffany W. Tan, Andrew J. Tham, Kevin Tran, Richie D. Tran, Mindy N. Truong, Bonnie Tu, Leonardo R. Vasquez, Qianyi Weng, Allison M. Wong, Gi Gi Wong, Sam Ut Wong, Angela X. Wu, Matthew Wu, Yi Wu, Alison W. Xi, Qiang Wei Xu, Sharon Yang, Jacqueline Yip, Alex Yu, Calvin Zhang, Jingyi N. Zhao, Gina Zheng, Joanna C. Zhou, Brian Zou, David Zou, Jame Zou, Ze Hong Zou.

Grade 11: Aimen N. Ahsan, Andrew A. Airosus, Dinu N. Aliosa, Jose Domenico M. Anciano, Jessica Au, May T. Aung, Brittnei L.

Bastiani, Kestrel J. Boyce, Samuel J. Brenner, Laura B. Buttruccio, Veronica M. Byrne, Jax Cai, Carrie Chan, Dennis H. Chan, Henry X. Chen, Nan Chen, Ning Yu Chen, Qi L. Chen, Yazhi Chen, Yuting Chen, Aaron Cheng, Chun I. Cheng, Reina M. Cheng, Juliana Cheng, Kevin K. Chiu, Andrea M. Cristiani.

Jamane A. Depina, Yi N. Ding, Leila Y. Dumas, Hovey, Ryan C. Fiasconaro, Anny Gan, Abigail R. Gilmartin, Sarah Glozheni, Michael S. Golden, Ryan W. Goon, Jonathan W. Guan, Hally, Jillian E. Harrington, Weiqi He, Nha V. Ho, Eric J. Huang, Kenny Huang, Yong Na Huang, Lok Sum N. Hui, Justin Huynh, Samuel H. Hwang, Bang Wei Jiang, Akima T. Khuong.

Margaret G. Laugelle, Steven Le, Andrew B. Lee, Lindsay E. Lee, Katherine R. Li, Zi Ying Li, Andy Wei Liang, Emily W. Lin, Kevin H. Lin, Kevin J. Lin, Wancheng N. Lin, Yi Lin, John C. Liu, Rachel M. Liu, Tengfei N. Louie, Victor Z. Ly, Yici N. Ma, David J. Maher, Neil Mai, Mahnoor R. Malik, Angelina R. Manganese, Mary-Kate McDonald, Vanessa Mei.

Kar Yeung K. Ng, Michelle Nguyen, Tommy P. Nguyen, Vy H. N. Nguyen, Jake X. O'Brien, Aleksandra N. Qose, Autumn M. Rodriguez, Sean F.

Scanlan, Nicole J. Setow, Angela Shi, Patricia Simaku, Hewitt Situ, Rio A. Six-Tiger, Samantha D. Smith, Alexandria M. Soricelli, Elena Stratoberdha, Bryan Tan, Phoebe Tang, Vinh Bao Hoang N. Than, Vinh Bao Long N. Than, Adam R. Tlacoxolal-Chua.

Bryan P. Tran, E v o n Tran, Linda Tran, Win H. Tran, Marilyn M. Tseng, Ilan Valencius, Van N. Vuong, Jason J. Wang, Huajun N. Wen, Kayla L. White, Ruining Xiong, Cyrus W. Xu, William H. Yang, Jennifer Zeng, Ryan L. Zeng, Tanya Zeng, Brian Zhang, Joey Zhang, Shannon S. Zhen, Cindy Zheng, James Zheng, Zhi Le Zheng, Joyce Zhu, Yan Xi Zhu, Anastasia Zygoras.

Grade 10: Areeba N. Ahsan, Shannon B. Boylan, Amanda Y. Chan, Kaylin

M. Chan, Alyssa Z. Chen, Arleena Chen, Jie Yang Chen, Shirley Chen, Shuyang Chen, Stanley Chen, Xi N. Chen, Yi Fei Chen, Yu Xin Chen, Chunwei N. Chiu, Brian J. Chum, Ian D. Cramond, Khoana Cuni, Benjamin P. Debisschop, Abigail H. Der, Teaathea Duka.

Janne Gao, Amaryllis J. Gu, Yuxin N. He, Jordan D. Hoang, Jasmine Horburapa, Xin Yu Hu, Ruohui N. Huang, William J. Huang, Tori G. Ingram, Gina Jiang, Phoebe I. Johnston, Anna Lai, Sammi K. Lai, Jacky Lam, Sarina P. Lau, John V. Le, Mya H. Le, Shane Lerkvikarn, Erin Leung, Jenny Li, Qian Wen Li, Tyler Li, Yong Yu Li, Jaman W. Liang, Jing W. Liang, Linda Lin, Weicheng Lin, Weinuo Lin, Xin Yi Lin, Xinkai Lin, Zi Yan Lin, Jessica J. Liu.

Patrick J. Macmillan, Su Yee N. Mon, Delaney E. Murphy, Olivia O. Murray, Brandon Nguyen, Du Nguyen, Edwin D. Nguyen, Kenny Q. Nguyen, Chau K. Pham, Karen Phung, Sarah C. Pillone, Xian Hao Ren, Sarah E. Rixham, Bora Selvi, Joanna Setow, John Shi.

Norika Tang, Sydney M. Taylor, Alisha T. Tran, Nga N. Tran, Twuyen Tran, Xinyao Wang, Sophie A. Wilson, Vivian M. Wilson, Wen Bin Wu, Feng Xu, Annie X. Yang, Annie W. Yu, Bailin N. Yu, Jenny Zeng, Lin Zeng, Jackson Zhao, Junxi Zhao, Melissa Zheng, Shu Qian Zheng, Theodora Zygoras.

Grade 9: Julie E. Buckley, Lillian M. Burke, Kelly Chan, Benson Chen, Canfeng Chen, Dennis Chen, Keesa J. Liu.

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Chen, Ruihua Chen, Xiao Lei Chen, Yan Ling Chen, Chloe B. Chin, Alex Chui, Charles T. Clifford, Maggie R. Cristiani, Steve Dalla, Olivia R. Delfufo, Cindy Duong, Jaelyn C. Egan, Caitlin A. Fonseca, Liana Gao, Milo M. Georgiev Jr., Miguel E. Gonzales, Nicholas M. Govostes, Caleb J. Gray, Emmy J. Guan.

Jaden B. Hallisey, Brendan D. Hines, Liam J. Hines, Tiffany Huang, Annie Huynh, Michelle Huynh, Angela K. Jee, Shawn Lee, Christy W. Li, Michelle Li, Thomas P. Li, Vicky J. Lin, Xing Yu Lin, Yuting Lin, Yutong Lin, Andy Y. Liu, Daniel X. Liu, Mary C. Loney, Ying L. Loo, Tengda N. Louie.

Kelly D. Ma, Abdelrahman G. Mahmoud, Dongrong Mai, Horace H. Mai, Charles B. Marcheski, Nancy C. McMahon, Cindy Y. Mei, Jiaqi Mei, Nicole Y. Mei, Joyce Q. Mo, Jade E. Murphy, Sai Venkatesh Varun N. Muruganandam Murali Krishnan, Brigid R. Norris, Ruiye N. Ou, Mengxin N. Pan, Christy N. Pham, Katrina Pham, Chloe Pierre-Paul, Thomas W. Roche.

Rebekah J. Shields, Blake A. Smith, Fiona G. Smith, Samantha E. Smith, Victoria M. Talarico, Alex T. Tong, Seamus S. Trainor, Danny T. Tran, Melanie N. Tran, Quangvinh N. Tran, Standy C. Truong, Vivian Truong, Vanessa T. Tsang, Dan D. Vu, Kiara D. Wint, Elaine M. Wong, Jia J. Wu, Kelvin X. Xu, Li Xin Xu, Zhichao N. Xu, Helen J. Yan, Jenny J. Yang, Annie Yu, Sonny Zhang, Michelle Y. Zhen, Menglin Zheng, Ryan N. Zheng, Gina Zou.

HIGH HONORS

Grade 12: Kara A. Breslin, Larissa D. Bunmee, Melissa Cai, Chakshum N. Chan, Jian Tao Chen, Shuo Chen, Brendan Chow, Sammi Chui, Kyle S. Cohen, Michael C. Comerford, Catherine M. Eynatian, Erin K. Fallon, Shuhan Gao, Aisha A. Hamad, Ina Hoti, Wun Ling Huang, Jimmy Huynh, Thomas H. Kelly, Brenna K. Kirby, Hui Xian Kuang.

Dimitri A. Legaspi, Jing Jing Li, Jinxiu Li, Lynn Li, Ryan Li, Jonathan Liang, Tamara Liang, Mengting Lin, Nina Lin, Yi Luo, Juliana R. Mastorilli, Eric Mei, Joseph D. Merrigan, Audrey C. Merrill, Gia M. Murphy, Christopher M. Nguyen, Sarah E. O'Donovan, Wen Jing Pan, Alexander N. Pham, Ryan V. Pham, Kelly G. Phelan.

Ryan C. Salazar, Luca J. Smith, Kristen A. Thornton, Ashley B. Totten, Amanda Tran, Fiona T. Xu, Rachel Xue, Bonnie Yee, Jun Zeng, Chen Xuan Zhang.

Norman W. Zhang, Zi Ting Zhang, Bao Miao Zhou, Kenny Zhou, Katy W. Zou.

Grade 11: Gina M. Ash, Peter J. Ayers, Alessandra C. Bastien, Jessica M. Bille, Britney C. Bui-Tran, Camryn E. Burgio, Lucjan Ceca, Chun H. Chan, Carmen Chen, James Chen, Luo Jing Chen, Winnie Chen, Joshua M. Dangora, Stephen P. Debisschop, Katie N. Dilks, Anh H. Do, Shawn K. Dumas, Samantha Duong, Elisa Dylja.

Si Si Feng, Daniel J. Ferrara, Dhanai Gjini, Shuling Guan, Hongcheng Guo, Eric J. Hellmuth, Jeffrey G. Huang, Dinh T. Huynh, Linh Yen N. Huynh, Grace A. Kelliher, Kuan-Yi Lee, Lan-hui N. Li, David Y. Liang, Olivia H. Liang, Ze Xuan Lin, Maria Liu, Ya Ting Lu, Artemis Mano, Mary K. McAleavey, Sarah Mei, Kieran A. O'Driscoll, Ollie R. O'Keefe, Kristian N. Pashko, Shiv V. Patel, Brian L. Pham.

Ryan N. Resende Fantin, James J. Rizzitano, Emily Tan, Frensi N. Thanasi, Kenny Tran, Vivian Tran, Tayonna M. Tucker, Celia E. White, David A. Whitson, Noah J. Wines, Sara Y. Wong, Xin Ming Wu, Kevin Xiao, Iris Xie, Anthony Xu, Angela Yang, Hui Qian Zhang, Zhirong N. Zhang, Jasmine Y. Zhen, Xin Tong Zheng, Cong Li Zhu, Tony Zou, Maria N. Zraizaa.

Grade 10: Macarena N. Arrue Riofrio, Philip B. Austin, Ashley L. Caldwell, James D. Cawley, Jason Chen, Junqu N. Chen, Zeng Shi Fu N. Chen, Michael M. Costello, Timothy J. Dargon, Nalani B. Depina, Joey Diep, Kitty A. Dubuisson, Jordan Feng, Olivia J. Fitzpatrick, Cormac J. Flaherty.

Nejwa A. Hamad, Yixuan He, Amanda J. Hellmuth, Aaron Huang, Aaron S. Huang, Olga Kosinski, Ashley B. Kwan, Chor Yan Kwong, Wai Lam K. Kwong, Priscilla H. Lau, Daniel P. Levine, Michelle N. Lin, Shiqin Lin, Xiaoyan N. Lin, Anasthasia Luong, Boi G. Luu, Elizabeth W. McGough, Richard J. Merna, Hannah E. Myers, Melissa C. Myers, Emily E. O'Malley, Emily Y. O'Regan, Shaohang Ou.

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Grade 9: Charlotte E. Airosus, Michael P. Allen, Michael N. Bassett, Patrick

R. Bates, Luke J. Bertrand, Duksing Chau, Michael J. Collins, Brayan J. Cruz Rafael, Cody J. Francil, Yu Ting Gao, Klejt Gega, Jimmy Q. Huang, Kevin Huynh.

Mikayla G. Kennedy, Xuotong N. Lao, Ronan P. Lapsley, Ryan E. Lee, Jie Hong Li, Kenny Li, Vicky Li, Sara Liang, Kevin Lin, Selina Lin, Youliang Liu, Paul S. Martin, James R. McGillicuddy, Viktoria P. Miller, Ryan N. Naili, Andrew F. Nickerson.

Ciara R. O'Connor, Lakhya T. Owens, Christian J. Perez, Sierra A. Rodriguez, Sean P. Ryan, Steven Tan, Hung D. Tran, Paris O. Vestal, Tammy Wang, Yasmin M. Warsame, Asher D. Wines, Eric Wu, Qi Q. Wu, Richard Xie, Timothy S. Xu, Chuhua N. Zhang, Zeling N. Zhang, Nancy N. Zheng, Marissa Zhu.

HONORS

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Grade 11: Hannah M. Adams, Eve C. Anderson, Aminata Bangura, Eric E. Billard, Alijah F. Cardoso, Jasmine K. Chan, Darren Chen, Jason Chen, Loretta Z. Chen, Min Xia Chen, Matthew T. Chung, Paul P. Clancy, Kelsey L. Coughlin, Kayleigh A. Crevier, Sean A. Croft Jr., Michelle Dai, Adriana L. Daignault, Mark W. Danna, Jeffrey T. Diep Jr., Katrina Dong, Evan M. Driscoll.

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A. Starkey, Jiaqi N. Tang, Jenny T. Tran, Annie Q. Trinh, Joshua K. Yee, Zhi You, Justine Y. Zhen, Melissa Zhen, Sharon Zheng, Zhi Shan Zheng.

Grade 10: Abdalallah M. Alhazmy, Evan M. Bentley, Jared W. Bragdon, Emma C. Caulfield, Adam Chan, Hau L. Chan, Hsun-Yi N. Chiu, Tiffany Chiu, Thong D. Do, Audrey S. Duclos, Brigid N. Flynn, Sandro C. Fonseca, Kyle J. Gassenheimer, Jack L. Gurwitch, James C. Haley III, Adam M. Higgins, Shi Ting Huang.

Mairead A. Kelly, Trent S. Korycinska, Steven La, Ava F. Lapsley, Michael T. Levine, Jack Li, Taylor B. Liang, Alice N. Lin, Winston P. Liu, Wenyin N. Ma, Eduardo N. Marques De Oliveira, Peyton J. McGaffigan, Matthew J. McGourty, Nathan M. McPhee, Wei K. Mei, Justin H. Nguyen, Tony H. Nguyen, Rodrick D. Pendleton.

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Grade 9: Ali M. Al-Ziyadi, Harris Altar, Eleanor J. Anderson, James M. Ash, John R. Bell, Robert J. Broderick, Caitlyn R. Buckley, Brian B. Bui-Tran, Amber M. Butler, Phillip P. Byrne, Brandon Chen, Huan N. Chen, Jiecy Chen, Kunhong Chen, Hsun-Yao N. Chiu.

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Luis A. Ramos, Cepherino T. Rodriguez, Linda B. Tan, Landon K. Thong, Danny Tran, Elena M. Tran, Evan N. Truong, Agu P. Ugwu, Casimir, Valencius, Maeve A. White, Benjamin P. Wines, Owen X. Wu, Richard Wu, Congyuan N. Xie, Jacob K. Yee, Michael A. Yu, Tingwei N. Zeng, Michael Zhang, Wei Jie Zhao, Harry H. Zheng.

Social Security Matters

Ask Rusty: Suspending Social Security Benefits To Return To Work

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty: At age 63 I applied for Social Security benefits after double knee replacement. I am considering returning to work and am curious whether to stop benefits while working. Is it a better avenue to continue to receive benefits and monitor my total earnings and connect with Social Security as I reach my maximum earnings level? If so what is my responsibility to maintain proper correspondence with the Social Security Administration? And am I responsible to report earnings so I am not overpaid and penalized? I turned 64 on October 23. **Signed: Returning to Work**

Dear Returning: I'm glad you've recovered from your knee surgery and are back on the road to working. I assume that when you applied at age 63 you claimed regular Social Security early retirement benefits. If that is the case, and if more than one year has passed since you started collecting benefits, you cannot suspend your benefits until you reach your full retirement age of 66.

If less than a year has passed since you first filed, you can exercise the "do over" option and withdraw your application for benefits, but you'll have to repay everything you have collected, including any spousal benefits your wife may be receiving and any withheld income taxes. If you work before your full retirement age while collecting Social Security and you exceed the annual earnings limit (\$17,040 for 2018), Social Security will withhold from future benefits \$1 for every \$2 you earn over the limit. This is the case up until the year you will reach your full retirement age when the earnings limit increases substantially (\$45,360 in 2018; the limits change annually) and the benefit reduction is less (\$1 for every \$3 over the limit).

Any time you know you're going to exceed the earnings limit, you should call your local Social Security office (find it at www.ssa.gov/locator) and let them know. They will compute the amount to withhold and take it out of future benefits. If you don't correspond with them (by phone is okay) about exceeding the limit, they will eventually catch up to you when you file your income tax return, send you a notification letter and withhold what's due them from your benefits at that time.

Basically the onus is on you to advise them you will be over the limit, but they will catch up to you if you don't. Once you reach your full retirement age the earnings limit goes away and you can earn as much as you want without it affecting your Social Security benefit. One final note: When you reach your full retirement age, Social Security will give you time credit for any months they withheld benefits due to you exceeding the earnings limit. That means that your benefit amount at full retirement age could increase slightly, essentially giving you back over time some of the benefits they withheld.

The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed in this article are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services. The Foundation welcomes questions from readers regarding Social Security issues. To submit a request, contact the Foundation at info@amacfoundation.org.

Mallory Devoe Graduates Fitchburg St.

Mallory J. Devoe of She received a Bachelor of Science degree in interdisciplinary studies education from Fitchburg State University.

Olivia McEvoy On Fairfield Dean's List

Olivia Catherine McEvoy of Quincy has been named to the Dean's List for the fall semester at Fairfield University in Connecticut.

Koch To Report On City Finances, Other Issues Monday

Cont'd From Page 1

ress during the past year as well as look ahead to goals and initiatives for 2018. He will also be reporting on the city's fiscal health and could comment on the City of Boston's plan for Long Island near Squantum.

"Obviously there will be a portion of the address that will focus on the state of the city," Koch said in a recent interview. "That means how are we financially, our departments, and quality of life issues. I think there will be some talk about some of the human side of things too like the drug issue and some environmental matters."

Koch said the "State of the City" is a report to the residents on behalf of the chief executive.

"We will highlight some of the city's progress during the past year as well as look ahead in 2018. We will talk about some of those issues that are kind of mundane and dull but are important to talk about. I'll probably talk a little bit about the public investment of what the city has done over the last 10 years and what it has meant to the local economy. The stuff that we're doing — school projects, for example — creates jobs and sustains jobs. It's a real part of the economy. I'll probably get into that a bit which we've never done before."

"We have talked about the economic impact from private development but what we haven't really talked about is all the stuff that we do (the city) that is directly priming the economy."

Koch said he will likely address the City of Boston's intention to rebuild a bridge from Moon Island to Long Island and locate a comprehensive, long-term drug recovery facility on Long Island. The City of Boston owns Long Island and Moon Island. Moon Island is accessible via Squantum.

Koch is among a group of local public officials who are concerned about Boston's plan and do not support a new bridge calling it fiscally irresponsible. Boston officials estimated the new span would cost \$50 to \$80 million but Koch and other local leaders believe the price tag is at least \$120 million.

Asked if he would directly respond to Walsh's com-

ments about Long Island in his State of the City Address next Monday, Koch said:

"I will probably address it in some way but I don't think it will be a direct response but I will address it."

The mayor bristled at any notion that Quincy is against rebuilding the bridge because it does not support the treatment facility on Long Island.

"Quincy does not hold a back seat to anybody when it comes to dealing with drug addiction," Koch said. "This city has been very progressive on the opioid issue," he continued, noting the innovative Narcan program the Quincy Police Department was on the forefront as well as curriculum programs in the school system.

"We're addressing this problem from every aspect," the mayor said.

Koch also noted his administration backed the opening of a drug treatment facility in a residential neighborhood in Wollaston. Koch spoke in favor of the Phoenix House facility at a community meeting. "There were hundreds of people screaming at the meeting not to let this facility open. I stood up for it because I knew we needed it."

"We have a lot of challenges on this issue," the mayor continued. "It's still very daunting. As much as we continue to do . . . although I know the number of deaths linked to drug addiction have leveled off state-wide, every day you talk to someone who is affected by it. It's not going away."

"I don't know what the answer is but I know we have to keep working on it."

Koch is also concerned about future development on Long Island. In a published report, Walsh left open the idea that Boston could someday develop the 250-acre parcel.

"That is a major concern," Koch said. "There are 250 acres out there (on Long Island). If (the city of Boston) decides to develop that island, we're talking about a heavy impact traffic wise. If

Joseph Murphy On OSU Dean's List

Joseph C. Murphy of Quincy, a senior psychology major, has been named to the



MAYOR THOMAS KOCH, shown here giving his 2017 "State of the City" address in the Great Hall of the James R. McIntyre Government Center (old City Hall) last January, will deliver this year's report to residents next Monday at 7 p.m. in the Richardson Room at the Thomas Crane Public Library.

you're talking about busing some folks out there to the island for a recovery program, that's not the issue."

"The issue is (Marty Walsh) left the door open there for future development. How many hundreds of cars could end up coming through Quincy each and every day that adds to the burden of that whole area. It's not just a Squantum thing. If that occurs, it affects the causeway, the intersection of Quincy Shore Drive and Squantum Street, it affects the Neponset Bridge every morning. It has other effects — not just about going through the neighborhood of Squantum."

Koch said he is also reluctant to agree with Boston's estimated \$50 to \$80 million price tag for a new Long Island Bridge.

"What is the real number? The Fore River Bridge cost \$240 million. I know it has a vertical lift and mechanical component but the Long Island Bridge is a helluva lot longer than the Fore River Bridge. So, some people I've talked to peg the cost for a new Long Island Bridge at \$200 million."

"If that's the real number, there has to be some plan for future development out there."

The mayor said he would rather see a ferry system built instead of a new Long Island bridge. He said that

number would be closer to \$20 million and be a "top notch" ferry terminal system that would cost roughly \$2 or \$3 million annually to operate.

"How many years would it take before you reach that bridge number," cost-wise, he asked, comparing the bridge and ferry costs.

"That's the other thing that is disturbing," Koch said. "Boston officials are saying, 'you can't have just a ferry system' because of

public safety. Well, there are cities around the world that live by ferries. There's a Coast Guard station just across the way. We have med-flight helicopters all around Boston. What do you mean there has to be a new bridge because of public safety? I don't buy that argument."

"No one has shown me or shared with me or put all their cards on the table. I don't know what has been truly vetted by Boston's

viewpoint.

"I like Marty and I respect Marty and look forward to working with Marty on issues but we're going to disagree on this one," Koch said. "It doesn't mean I don't like the guy or that I don't respect him, it just means we disagree on this one."

Koch said will probably speak for 16 to 20 minutes. He will be introduced by School Supt. Dr. Richard DeCristofaro.

You are cordially invited to attend the STATE OF THE CITY ADDRESS

Honorable Thomas P. Koch
Mayor of Quincy

Monday, January 29, 2018
Seven o'clock in the evening

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Quincy Democrats To Caucus Feb. 10 At QHS Cafeteria

Determine Delegates, Alternates To State Convention June 1-2 In Worcester

The Quincy Democratic City Committee (QDCC) will hold the Quincy Democratic caucuses next month to determine delegates and alternate delegates to the 2018 Massachusetts Democratic State Convention.

The caucus will be held Saturday, Feb. 10 at the Quincy High School cafeteria, 100 Coddington St., Quincy. Doors will open at 9:30 a.m. and the caucuses will start at 10 a.m.

All Wards – 1, 2, 3, 4, 5 and 6 – will be holding their caucuses at this location.

This year's Massachusetts Democratic State Convention will be held on Friday, June 1st and Saturday, June 2nd at the DCU Center, Worcester. Thousands of Democrats from across the

state will gather at the state convention and endorse Democratic candidates for statewide office, including Constitutional officers and gubernatorial candidates.

Eligible pre-registered Democrats are allowed to participate in Democratic caucuses. Seventeen year olds who pre-register to vote and who will be age 18 by Sept. 18, 2018 will be allowed to participate.

Such a person may participate equally with all other Democrats, as a voting caucus participant or candidate for delegate or alternate. Any resident of the ward may register to vote as a Democrat and participate in the caucus. Same day registration will be available at the caucus.

Any person not shown on the party registration list must either provide proof of Democratic Party registration or pre-registration or register prior to the close of the caucus registration period.

Any registered Democrat who does not get elected as a delegate or an alternate delegate and who meets the qualifications may apply to be an add-on delegate in the following categories: youth (between 18 & 35 years of age), minorities, people with disabilities and LGBTQ individuals.

For more information regarding the Quincy Democratic caucuses contact QDCC City-Wide Chairperson Alicia Gardner by email at alicia.gardner6@gmail.com.

Quincy Veterans Services Seeking Veterans Honor Flags To Be Raised At Cemetery

The Quincy Veterans Services office in conjunction with the cemetery department is honoring deceased veterans who have served this country by flying honor flags at Mount Wollaston Cemetery.

The honor flags are in memory of deceased veterans who have served this country.

The honor flags will be raised at the flag pole at the veterans lot near the World War II memorial.

"We are asking anyone who is interested is donating a flag of a loved one in their honor. When a loved

one's flag is displayed we will contact the family to let them know that their love one is being honored during that time," said George Bouchard, Quincy Veterans Services.

Those who are interested in donating a flag should contact Quincy Veterans Services at 617-376-1192 or drop it off at Quincy Veterans Service office, 24 High School Ave.

13 Quincy Students On Fitchburg Dean's List

Thirteen students from Quincy made the dean's list for the fall 2017 semester at Fitchburg State University.

They are:

Marguerite E. Belcher, Bianca Cadet, Andrew F. Currie, Mallory J. Devoe,

Sarah A. Durkin-Goonan, John A. Francis, McKenna E. Kiley, Kathryn E. McGroarty, Katherine E. Mcgahay, Molly Minton, Hailey M. Naistadt, John A. Pino, Yoki S. Weng.

READERS FORUM

A Response To Two Letters On The 'Yakoo'

To the editor:

Regarding the letter from Frank Santoro in the Jan. 18th issue: I, too, was a member of the Citywide PTO for many years. Parliamentary procedure was always followed.

You should not insinuate otherwise because the present members of that group came to a conclusion that you do not like. You also don't get to question their motives. Remember, all Citywide meetings are open to all. Remember also that they are calling for the caricature known as "Yakoo" to be reviewed. They are call-

ing for the process to start.

Regarding the letter from Janet Norton in the same issue: pointing out that the caricature known as "Yakoo" is not even based on a Native American person makes the problem worse, not better. And the intentions of the creators, whatever they now claim that they were, ceased to matter a long time ago.

Indeed, the intentions of the creators were set at naught when the circle around the image, reading "A symbol of pride and excellence," was added. No amount of doctoring of this

image, no matter what we put into its hand, makes it acceptable as a symbol of the pride and excellence of the Quincy public school system.

It is my hope that we can retire the caricature known as "Yakoo," thank Dr. Yacubian for his many years of service to our school system, and together come up with a mascot which represents the many wonderful things about Quincy past, present and future that we can point to with pride.

Susan Bill
North Quincy

Martin Luther King, Jr.: 'The Time Is Always Right To Do What Is Right'

I recently attended the Martin Luther King, Jr. breakfast in the City of Quincy on Jan. 15. It was held inside Quincy High School where a very diverse crowd assembled to remember the legacy of Dr. King's in fighting for social justice and racial equality. I saw a quote that made so much sense in its simplicity: "I have decided to stick with love. Hate is too great a burden to bear."

Breakfast speaker was state Sen. John Keenan, D-Quincy who used King's words to show the simplicity of it all, "People fail to get along because they fear each other; they fear each other because they don't know each other; they don't know each other because they have not communicated with each other."

As a baby boomer I witnessed the history of the civil rights struggles and I observed that separation from one another does create fears of those different from us. If folks don't know

each other and live in different communities it makes folks afraid and often fear can turn to racial hostility or even indifference.

Growing up in Lower Roxbury, folks regardless of race or ethnicities survived together in both good times and bad. Often we went to the same schools, attended the same churches, shopped in the same markets and played on the same playgrounds and fields. Not all Boston neighborhoods were as diverse as mine. We simply got along with each other despite our differences because of our community commonality.

I can still vividly remember the date April 23, 1965. I was 16 years old and living in the Orchard Park projects along Harrison Avenue. This was the day that Dr. King led a march in Boston that ended at the Parkman Bandstand on Boston Common before some 20 thousand gathered to hear him speak.

As he passed below me on Harrison Avenue, I

looked down from the open kitchen window and called to Dr. King. He looked up to my window, waved and smiled. I did the same thing back to him. It was only a brief moment but it showed how simple it can be to just acknowledge one another. We had a conversation using our eyes.

I believe Boston as a whole is a much better place today than it was when I was 16 years old. We have traveled far but the journey of understanding never ends. I am also better today than I was back then. That is what we must all strive towards.

I feel very lucky to have met him in person. To me he isn't just a piece of history. He was a living and breathing human being trying to make life better for all. He paid the ultimate sacrifice for challenging the status quo and his life was too brief. However, as he often said, it isn't how long you live but how well you live.

Senator Keenan's comments were so profound and yet so simply. As Dr. King himself once said, "The time is always right to do what is right."

Sal Giarratani
East Boston

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Public Access Channel 8	Government Access Channel 9
Thursday, January 25 7:30pm: Faces of South Asia 9:00pm: QHS vs. Silver Lake Girls Basketball	Thursday, January 25 12:00pm: City Council 1/22 7:00pm: At the Library: QHS/NQHS Choirs
Friday, January 26 11:30am: LIVE: Currently in Quincy 10:00pm: The Constitution: Then & Now	Friday, January 26 6:00pm: City View with Mayor Koch 7:00pm: AM Quincy: Kennedy Center 7:30pm: AM Quincy: License Board Update
Saturday, January 27 1:00pm: High School Basketball 8:00pm: Banter Frothing, episode #1	Saturday/Sunday, January 27/28 9:00am: City View with Mayor Koch 12:00pm: City Council 1/22 3:00pm: At the Library: QHS/NQHS Choirs 4:00pm: AM Quincy: Kennedy Center 4:30pm: AM Quincy: License Board Update 7:00pm: City Council 1/22
Sunday, January 28 10:00am: Bethany Congregational Church 11:30am: Good News	Monday, January 29 11:30am: LIVE: Currently in Quincy 8:00pm: High School Basketball
Monday, January 29 11:30am: LIVE: Currently in Quincy 8:00pm: High School Basketball	Monday, January 29 7:00pm: QRD: Elks Free Throw 8:00pm: AM Quincy: License Board Update
Tuesday, January 30 6:00am: LIVE: AM Quincy with Joe Catalano 6:00pm: Eye on Quincy (replay)	Tuesday, January 30 8:00pm: State of the City Address
Wednesday, January 31 6:00pm: Good News 9:30pm: Sound Advice	Wednesday, January 31 12:00pm: State of the City Address 7:00pm: AM Quincy: Kennedy Center

Programming is subject to change
For a complete list of programs, please visit our website at qatv.org

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Jan 19, 6:15 p.m. @ Old Colony

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Council Wants Options To Fight New L.I. Bridge

Cont'd From Page 1

cost to retain an outside attorney to represent the city in the dispute over the bridge.

Ward 6 Councillor William Harris introduced the resolution Monday, three weeks after Boston Mayor Martin Walsh announced plans to rebuild the bridge, which was closed in 2014 and later demolished, during his inaugural address Jan. 1. Walsh said he wants to locate long-term recovery facilities on the island.

Before it was demolished, the bridge connected Long Island to Moon Island. The latter is part of the city of Quincy but fully owned by Boston.

Harris' resolution asks Koch's administration to "conduct a full and thorough investigation of Boston's intentions and analyze all of the city of Quincy's legal rights, including permitting, engineering and cost factor, relative to any formal proposal to rebuild the bridge."

The original resolution was amended twice Monday night. The first amendment, introduced by Councillor Anne Mahoney, asks the administration to provide an estimate for the cost of retaining outside legal counsel on the matter and identify attorneys who could be retained. The second amendment, introduced by Ward 4 Councillor Brian Palmucci, asks the administration provide the council with the in-

formation sought within 45 days.

Harris on Monday called the idea of rebuilding the Long Island Bridge "ill conceived and financially imprudent," and said that Boston should consider implementing ferry service to the island.

The Long Island Bridge is only accessible through Squantum, and the neighborhood's residents have long been concerned about impacts of the bridge, particularly traffic. Harris said those concerns are real and the neighborhood's opposition to the project is not a case of residents simply saying "not in my back yard."

"There are those in Boston and beyond - and even a few of my constituents - who will seek to use this vague description of uses on the island to paint our community as unwilling to help those in need, to frame the opposition as an example of 'not in my back yard,'" Harris said.

"Nothing could be further from the truth and I will never tolerate any insinuation that this city is not doing its part to shoulder its responsibility when it comes to those suffering from addiction or homelessness. Our community's record is clear for all to see, and any suggestion to the contrary is cynical posturing.

"My concerns, as well as many of my constituents', are real and I will work to

make sure they are not ignored."

Councillor Nina Liang, a Ward 6 resident, said it is important that Quincy be part of the conversation regarding the future of the bridge.

"I think the most important thing is that we can't feasibly move forward as a city - as residents or as councillors - with the lack of information that is here in front of us right now," she said. "We certainly not only need more information, but need to make sure we're part of the conversation once that information comes in front of us."

Mahoney said outside legal counsel is needed because of the importance of the matter.

"This could go far beyond what our capacities are here in the city of Quincy when it comes to negotiating what's happening with the bridge to Long Island, and we want to make sure we're able to protect our constituents and the city of Quincy," she said.

"That's not to say our legal counsel is not capable - we have a lot of things going on here in the city of Quincy and this is a very big issue."

Palmucci said no neighborhood should have to endure a project it does not want, adding the bridge plan is a matter of Quincy's sovereignty.

"I don't think that any neighborhood should ever have any project shoved

down their throat that they don't want," he said.

"It speaks to our city's sovereignty," Palmucci added, "and whether or not the residents of Quincy will dictate what happens on Quincy land or whether the city of Boston comes in and they'll dictate what happens on Quincy land regardless

of what Quincy people think about it."

Chris Walker, a spokesman for Koch, said the council would be involved in future decisions regarding the bridge, but the decision to hire an outside attorney falls within the administration's purview.

"The mayor supports

Councillor Harris' resolution. When it comes to the hiring of outside counsel, that's something within the purview of this office," Walker said Tuesday.

"We'll certainly continue discussions with the council relative to the legal work and engineering work as part of the process."

Lunar New Year Festival Feb. 11

Approximately 10,000 people are expected at North Quincy High School on Sunday, Feb. 11th from noon to 5 p.m. for one of the biggest Lunar New Year Festivals in the region. Celebrating its 30th year, the Lunar New Year Festival is free and open to guests of all ages.

Hosted by Quincy Asian Resources, Inc. (QARI), with Presenting Sponsor, South Cove Community Health Center, the Lunar New Year Festival will open with a traditional Lion Dance at noon, followed by hours of live entertainment including music, dance and cultural performances, as well as a "QARI's Got Talent" karaoke competition.

The festival also features New Year themed arts and crafts activities provided by State Street Corporation, a Super Smash Bros. tournament, Virtual Reality, provided by Balance Patch and an appearance by the God of Fortune (provided by Sunshine Travel and Foxwood Resort Casino), who will bestow children with lucky red envelopes.

This year, in partnership

with the Thomas Crane Public Library, QARI welcomes award-winning children's book author Grace Lin for a special storybook hour beginning at 2:45 p.m. Lin is a New York Times best-selling author and illustrator that was recognized by President Obama's office in 2016 as a Champion of Change for Asian American and Pacific Islander Art and Storytelling.

A highlight of the festival is the third annual Best Asian Restaurant competition, where Quincy-area restaurants will participate in a contest that allows visitors to purchase food using a carnival-styled ticketing system and vote for their favorite contestant. JP Fuji Group will present the award to the new winner during the festival.

The festival is part of the global celebration of the Lunar Year of the Dog. Occupying the 11th position in the Chinese Zodiac, the spirit of the dog symbolizes such character traits as loyalty, honesty, friendliness and responsibility. Keeping with the theme, guests will

be greeted will by a giant Year of the Dog ice sculpture as well as photo opportunities with costumed dog characters and photo booth.

The festival is made possible due to the generosity of Presenting Sponsor, South Cove Community Health Center; Diamond Sponsors, The City of Quincy and South Shore Health System; Jade Sponsors, Eastern Bank, Foxwoods Resort Casino, JP Fuji Group, Kam Man Food, South Shore Mental Health, State Street Corporation, Sunshine Travel, Tufts Medical Center and WORK Inc. along with dozens of other businesses, community organizations and partners, government and social service agencies.

Free parking and easy access from the Red Line at the North Quincy MBTA, just across the street from North Quincy High School.

In the event of bad weather, the festival may be rescheduled for Feb. 18th with announcements on QARI's Facebook page and website. For more event information, visit quincyasianresources.org.

Council Seeks Downtown Update

By SCOTT JACKSON

City Councillors on Monday approved a resolution seeking an update on the redevelopment of Quincy Center, including the \$80 million bond approved last year to fund construction of a new 730-car municipal garage and other improvements.

The resolution, introduced by Council President Brad Croall and co-sponsored by all eight of his colleagues, seeks an "update from the administration on the downtown incremental financing (DIF) fund along with any other pertinent matters relating to the downtown redevelopment project." The council approved the resolution by voice vote.

The \$80 million bond approved last June includes funding for the new garage on the Hancock Lot and other infrastructure improvements in the area. The bond will be paid for through the DIF program, which allows the city to use new property taxes generated in the downtown to pay off the debt service.

Croall said the resolution seeks an update on items

included in the \$80 million bond.

"Everyone is keyed in to the work and the evolution of downtown. I know when we had a very substantive discussion last spring before we went on break regarding the downtown incremental financing fund, the thought around the conversation is that we would have a check in and an update to see how we're doing, the process in terms of the expenditures around the taxpayer money that was appropriated," Croall said.

"The goal here is to essentially level-set the conversation, see what's taken place, see what we have coming in the very near future and again to continue the discussion."

As part of the update on the downtown project, Ward 4 Councillor Brian Palmucci asked the administration to provide information on

how 121A agreements could be used in Quincy Center. Chapter 121A of Massachusetts General Laws allows communities to negotiate alternative tax payment plans with developers.

Palmucci previously sought a presentation on the 121A agreements, and said he would like the presentation be made before the council is asked to consider a land disposition agreement that includes them.

"I don't want to see an LDA get dropped on the council's lap that includes a bunch of 121A agreements with some developer...when we didn't even have the discussion," Palmucci said.

"The question was asked - how can we use 121A effectively - it hasn't been answered. I certainly hope it's answered before we're presented with an LDA that has 121As in it."

Kendall Kazmowski Achieves High Honors At Central Middle School

The name of a student listed on the Central Middle School honor roll that appeared in the Jan. 18th issue of The Quincy Sun was spelled incorrectly.

The student's name is Kendall M. Kazmowski. Kendall, a seventh grader, achieved High Honors.

The Sun regrets the spelling error.



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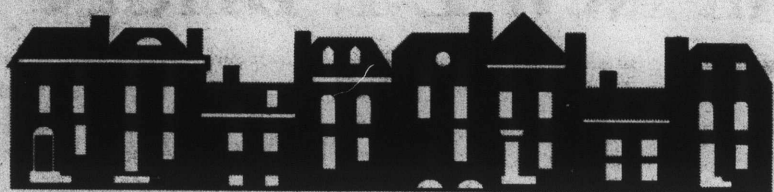
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Real Estate

Quincy Real Estate Transactions Jan. 16 - Jan. 19

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Christian Barber & Cora Ellies	Ann Kinnealey Millman	\$711,000.00	1 Tilden Commons Lane Unit 10-1
Patricia M. D'Angelo	Laurence J. Reardon & Michele T. Mercier-Reardon	\$150,000.00	41 Rhude Street
Donald Ritchie Family Trust	James Hardsog & Russell Aims	\$499,900.00	1 Winslow Street
Peter M. Kearney	142 Willard LLC	\$545,000.00	142 Willard Street
Alfred E. Dubois	102-104 Liberty Street Nominee Trust	\$350,400.00	41-43 Columbia Street
Diane V. Cedrone	Yu Q. Ning & Yan B. Liu	\$479,000.00	88 Faxon Lane
Michael J. Giglio	Jie Xu & Shuang Zhang	\$445,000.00	10 Hitchcock Terrace
Kathleen M. & Paul Martin	Robert J. Sylva	\$623,000.00	24 Penns Hill Road
GMD Realty Trust	Rajiv & Bhawana Adhikary	\$610,000.00	2 Audrey Street
Elsie & Ramkissoon Singh	Guobing Huang	\$718,000.00	455-457 Granite Street
Kristine L. & Stephanie Lau; Selena Lau Wong	Ryan Hadfield	\$430,000.00	31 Village Drive Unit 3-8
Nancy & Michael G. Solomon; Elizabeth Seaver	Alexander Grigoryev	\$690,000.00	258-260 Billings Street
Michael R. & Richard J. Virta	Thomas P. & Laura Parshall	\$452,000.00	59 Suomi Road
Michael & Andrea Pascarelli	Agathon Equity Partners LLC	\$750,000.00	33-35 Marshall Street
Jennifer M. Kobasa & Gregory Bonath	Maureen A. McDonough	\$285,000.00	934 Southern Artery Unit 217
Matthew K. Chan	Jennifer Look	\$445,000.00	470 Adams Street Unit 5
Kahler Family Trust	PT Investments LLC	\$330,000.00	62 Ruggles Street
Kelly Canavan	Cheng Li	\$720,000.00	43-45 Dysart Street
Meghan Golden	Simon Zilberman	\$500,000.00	145 Suomi Road
Richard K. & Margaret E. Wright	Ashyka Wiggins	\$420,000.00	325 Southern Artery
Le T. Nguyen	Maria V. Andrade	\$290,500.00	500 Washington Street Unit 107
Lionsgate Properties LLC	Servet Yatin & Martin Goulet	\$620,000.00	22-24 Carlmark Street
Robert P., William A., John W. & Brian C. Summering; Lisa M. Prezioso	Richard & Rosemarie McLaughlin	\$393,000.00	45 Hall Place

Tips To Help Prevent Costly Damage From Frozen Pipes

Nicholson Plumbing, Heating & Air Conditioning, a family-owned home service company and seven-year recipient of the Angie's List Super Service Award, warns area residents of the damage incurred from bursting pipes and provides tips to prevent pipes from freezing during the winter season.

"Frozen pipes bursting during a cold Massachusetts winter can cost homeowners thousands in repairs," said

Mike Nicholson, owner of Nicholson Plumbing, Heating & Air Conditioning. "Bursting pipes put your belongings and furnishings at risk and can cause structural damage in severe cases. Fortunately, there are some best practices homeowners can use to prevent such a catastrophe from happening."

Nicholson Plumbing, Heating & Air Conditioning offers the following tips to prevent pipes from freezing:

Check insulation – Homeowners should check the insulation in and around the house and identify any potential trouble areas. Filling in or adding insulation to attics, crawlspaces, basements and any other areas containing pipes may be necessary. Make sure to also seal any gaps that may be found in the home's foundation or siding.

Leave cabinets open – Kitchen and bathroom sink cabinets are best left open during the coldest parts of winter. This allows the warm air circulating in the home to enter and help warm the plumbing.

Use pipe insulation

products – Installing specific pipe insulation products is a great precautionary measure. Pipe sleeves, heat tape and heat cable are all available for home use and can add an extra layer of protection.

Maintain 55 degrees or higher – Even when leaving the residence for extended periods of time, maintaining a temperature throughout the home of 55 degrees or higher will help add an extra level of security to the plumbing. Any increase to the utility bill will still be less than the cost of typical repairs for burst water pipes or the damage it can cause to the rest of the home.

Leave faucets at a trickle – Consider leaving faucets open at a trickle during the coldest temperatures. The small amount of water flow will help prevent water from freezing in place.

If a frozen pipe is suspected or discovered and is easily accessible, make sure to first leave the faucet open. Heat should then be applied to the pipe by using a hair dryer, portable space heater, heating pad, or by wrapping the pipe in warm towels. Avoid using any kind of device that operates on liquid fuel, like gasoline or kerosene, or has an open flame. Progress in thawing the pipe can be tracked by

monitoring the water flow at the faucet.

"New England winters can be harsh, and temperatures below freezing occur regularly here from December through February," Nicholson said. "Anticipating the colder temperatures and proactively preparing for the worst will let you continue to focus more on your daily life and less on the hazards of a Massachusetts winter."

For more information about preventing damage from frozen pipes, call Nicholson Plumbing, Heating & Air Conditioning at (508) 881-1500 or visit www.nicholson-hvac.com/.

QCAP Financial REACH Center Orientation Feb. 9, Feb. 23

Quincy Community Action Programs Greater Quincy Financial REACH Center will invite the public to learn more about their free services Friday, Feb. 9 or Friday, Feb. 23 at 10 a.m.

The center is located at 1509 Hancock St., second floor, Quincy Center.

Learn about job search, support and placement ser-

vices as well as workforce development, education and training; credit counseling and repair; money management and budgeting and financial education and coaching.

To register contact Theresa Whittaker at 617-657-5355 or email twhittaker@qcap.org.

QCAP, Santander Bank To Host Homebuyer Workshop

Quincy Community Action Programs, Inc. (QCAP) in partnership with Santander Bank, will host a comprehensive workshop designed for first time homebuyers next month.

The two-day workshop will be held Thursday, Feb. 15th from 6 to 9 p.m. and Saturday, Feb. 17th, from 9 a.m. to 3 p.m. at Quincy Community Action Programs, 1509 Hancock St., 4th floor, Quincy. Attendance

at both sessions is required to receive a Certificate of Completion.

The monthly workshop provides a comprehensive review of the home buying process. Real estate professionals will present information on topics from mortgages to home insurance. Participants may also use their Certificate of Completion to obtain a low rate loan through MassHousing or MassHousing Partnerships.

Free individual counseling is also available.

Registration is underway and ends on Monday, Feb. 12th. For more information about the program and/or to register for the workshop, contact Peter Mullen, QCAP's Homeownership Counselor at 617-657-5315 or email at pmullen@qcap.org. To register for the class, visit qcap.org.

Founded in 1965, QCAP is the leading non-profit organization dedicated to reducing poverty by providing educational and economic

opportunities to residents. In addition to its adult education and workforce development programs, QCAP provides Head Start and Early Head Start, access to quality and affordable early education and care, family engagement activities, heating assistance and weatherization, homebuyer education, mortgage foreclosure counseling, affordable housing, homelessness prevention, and housing services.

For more information, visit www.qcap.org

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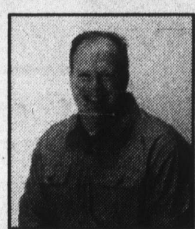
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"STILL NUMBER ONE"

Seven New Quincy Police Recruits Begin Training

By **SCOTT JACKSON**

Seven new members of the Quincy Police Department began their training this week after being sworn in to the department in front of family members and fellow officers at a City Hall ceremony.

City Clerk Nicole Crispo administered the oath of office to the seven officers — Cian O'Connor, Stephen Graham, Stephen Brown, Felicia Lawless, Nicholas Rolfsen, Brendan McNeil and Krestina Habib — in the Great Hall of the McIntyre Government Center on the afternoon of Jan. 18.

Six of the new recruits, all but Rolfsen, began their 26 weeks of training at the Plymouth Police Academy Monday. After graduation from the academy, they will spend three months field training with the Quincy Police Department.

Rolfsen, who comes to Quincy from the University of Massachusetts Boston Police Department, began his training with Quincy police Monday. He will first be trained in the department's rules and regulations and then dispatch, before undergoing two to three months of field training.

Mayor Thomas Koch

congratulated the officers before they were sworn in.

"It is truly a happy new year for these folks," he said. "I want to offer my personal congratulations to each of you for today, and also congratulate your families because it's obviously a very proud day for your families and your loved ones."

"It's also a great day for the city of Quincy," the mayor added. "We have an outstanding police department. There is a number of veteran officers in the room who put it on the line every day in the city. I often speak — when I'm promoting or appointing new officers — about how safe our city is, and that's not by accident. We have an outstanding department that is ahead of the curve and roots out issues before they become major issues, so people in this city are safe in their person and in their homes."

Koch said being a police officer is about more than arresting criminals, it also involves helping out members of the community in need of assistance.

"You're going to meet people in very difficult times of their lives when they need help," he said. "It's not just a case of putting cuffs on



SEVEN NEW POLICE department recruits were sworn in during a City Hall ceremony Jan. 18 and began their training this week. Pictured (from left) are: Mayor Thomas Koch; new recruits Cian O'Connor, Stephen Graham, Stephen Brown, Felicia Lawless, Nicholas Rolfsen, Brendan McNeil and Krestina Habib; and Police Chief Paul Keenan.

Quincy Sun Photo/Robert Bosworth

them, but helping them and assisting them and directing them to the services they may need."

Police Chief Paul Keenan credited the mayor with keeping up the ranks within the department. The chief also thanked Sgt. Jennifer Tapper, Quincy's human resources director Patricia McGowan and Crispo for their work in the hiring process.

"You folks are going to be the face and the bodies of the Quincy Police Department for 30-odd years, so

we like to make sure we get the best and I think we've done that," Keenan said.

There is no better job in law enforcement in the Bay State than serving with the Quincy Police Department, Keenan added.

"Quincy police is probably the premier job in law enforcement in the Commonwealth of Massachusetts. We're very well paid, we have very good benefits, but we're also very well respected by our peers and our

community. You'll find you do have the support of our community," Keenan said.

"It's a challenging job and you're going to be very well trained over the next 26 weeks. It's going to be a difficult 26 weeks for you, but at the end of the day you're going to be Quincy police officers and I can't think of a better title than being called a Quincy police officer."

The new hires bring the number of patrol officers in the department to 163,

Keenan said, with a couple retirements anticipated in the near future. No more new hires are anticipated in the current fiscal year, which ends June 30.

A class of six recruits who joined the department in October is currently training at the Transit Police Academy on Sea Street in Quincy. Keenan said those officers would graduate the academy April 25 and then begin three months of field training.

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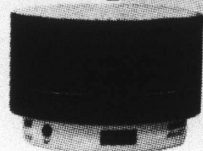
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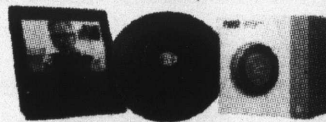
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CENTRAL MIDDLE SCHOOL girls volleyball team recently won the middle school championship. Front row from left to right: Mollie Nelson, Olivia Pham, Angelina Lee, Ava Bryan and Marybeth Smith. Back row: Teresa Sheedy, Maddie Mayo, Flora Chen, Colleen Moran, Brooke Messing, Emma Glavin, Caroline Cavicchi, Annika Schmitt and Fiona Berberi.



POINT WEBSTER Middle School boys volleyball team also won the middle school championship. Front row from left to right: Brandon Pham, John Lynch III, Bryan Amorim and Brian Rodrigues. Middle row: Shawn Kozlowski, Nick Janka, Kevin Aprea-Cabrera and Dylan Parsons. Back row: Matt Najjar, Peter Boylan, Aryan Arawal and Christian Las.

Central Girls, Point Boys Win Volleyball Crowns

Middle School Championships

The middle school volleyball playoffs were held recently at Central Middle School with the Central girls and Point Webster boys teams emerging as champions.

The Wild Card match ups kicked off the afternoon with the Sterling girls team defeating Point, 15-11, 17-15. Point had great setting from Vivian Tran, consistent passing from Emily Huang and Tammy Nguyen while Paige Rabner contributed good net play.

Zoe Tan and Natalia Alegre-Jara both served well for the Navigators.

Sterling was led in the victory by Paola-Garcia Pena who served well, Meghan Foley's attacks and Kaila Jacques's great defense and passing.

The Wild Card match up for the boys saw Sterling defeat Broadmeadows, 15-9, 3-15, 15-8 to advance to the semi finals. Broad Meadows saw great play from Joey Manton, John Alessandro and Max Van Tassell. Kellen Kopp and Jerry Caldwell led the offensive effort with great setting.

Sterling had dominant net play from Kevin Pritchard and Johnny Garcia while

Scott Ritz was outstanding on defense.

In the girls' semi finals, Atlantic defeated Broad Meadows, 15-10, 15-6 to advance to the finals. Mona Ly and Kate Downey served well for the Breakers while Grace Connor passed, Lilly Hanley set and Lucy Lynch all hit well.

Maddy Bailey had an overall great match for Broad Meadows.

Atlantic had great play from Mia Cluett and setting from Stephanie Huang while Orla O'Driscoll dominated at the net in the Clipper victory. The second semi final saw Central defeat Sterling, 15-8, 15-4 behind the of-

fense of Colleen Moran and Flora Chen. Annika Schmitt served well to help the Rams advance to the finals.

Sterling had great efforts from Thu Luong, Luisa De-Varre and Rebecca DeSilva who all contributed to the effort.

In the boys' semi finals, Point came out victorious over Sterling, 15-13, 15-7 to advance. Point had strong performances from Peter Boylan who set the offense and serving and passing from Christian Las and Nick Janka.

The Eagles were led by Gianni Perea who had a great overall match while Gabe Varella and Zach Corbett led the offense in the

final effort.

Atlantic Boys defeated Central in a tight match, 15-8, 14-16 and 15-8 to advance to the championship match. The Rams were led by Nate Caldwell and Cameron Johnston's serving and passing while Sai Kuchilikanti had great play at the net. J.C. Petrongelo and Liem Nguyen also played well for the Central team as did Ryan Beardsley with his passing and serving in the match.

Atlantic's win is credited to the efforts of Jamar Finn's leadership and setting as well as the net play of Quinn Perry and Eric Guan.

The court was reset for the championship matches

and the girls led off.

In a great match up, the Central girls came out the victors in a tight match. There were great pass set hit rallies as Annika Schmitt served the last points and Teresa Sheedy pounded the last spike to the floor to take game one for the Rams 21-16 over the Atlantic Clippers.

The second game saw strong defensive play from Atlantic's Kiera Sleiman and net play from Abigail Coughlin and Dia Ugwu but the Clippers couldn't quite get past the Rams' strong passing from Marybeth Smith and the final two ace serves from Emma Glavin

Cont'd On Page 19



ATLANTIC MIDDLE SCHOOL girls volleyball team reached the finals of the middle school championship. Front row (from left) Stephanie Huang, Kathy Mo, Abigail Coughlin, Morgan Calvert, Jennifer Lee, Caitlin Feeney and Kiera Sleiman. Back row: Dia Ugwu, Orla O'Driscoll, Bridget Keane, Olivia Kosinski, Mia Cluett, Fiena Chen. Shayla Goba and Gulsumuayi Aihemaiti.

Photos Courtesy Christine Prendiville



ATLANTIC MIDDLE SCHOOL boys volleyball team reached the finals of the middle school championship. Front row (from left) Loukas Fehan, Charles Ambroult, Jack Hufriangle, Jeffrey Tam, Bobby Lin, Benjamin Walinjom and Sinuo Zhu. Back row: Ann Nguyen, Eric Guan, Emmett Bandzak, Jack Fehan, Quinlan Perry, Jackson Murphy, Jamar Finn and Edwin Chen.



STERLING MIDDLE SCHOOL girls volleyball team: Front row (from left): Paola Pena-Garcia, Luisa Devarie, Amira Aitsaid, Cindy Nguyen and Brenda Moura. Back row: Sophia Palermo, Lauren Kabilian, Rebecca Dasilva, Bridget Hoare, Thu Luong, Meaghan Foley, Kaila Jacques and Stephanie Alcantara.



BROAD MEADOWS Middle School girls volleyball team. Front row from left: Delia Nichol, Lillian Hanly, Leila Akhouzine, Grace Connor, Julia O'Leary and Adrianna Moosick. Back row: Coach Jessica Hayes, Kate Downey, Abby Codner, Lucy Lynch, Toni Mina, Kathleen Higgins, Sarah Goreham, Mona Ly, Jackie Nguyen. Missing from photo is Maddy Bailey.



POINT WEBSTER Middle School girls volleyball team. Front row (from left) Zainab Alnasiri, Brianna McKinney, Tammy Nguyen and Vivian Tran. Middle row: Zoey Tan, Emily Nguyen, Paige Raber and Kathy Duong. Back row: Kelly Phu, Natalia Alegre-Jara, Jamie Tam and Mackenzie Thai.



STERLING MIDDLE SCHOOL boys volleyball team. Front row from left: Nicholas Pereira, Colin McPherson, David Meng, Ady Lopes, Malik Justice, Makhi Justice and Harry McGuire. Back row: Caleb Baliton, Zachary Corbett, Jarod Walker, Johnny Garcia Acosta, Gianni Perea-Nunez, Scott Ritz, Kevin Pritchard and Christian Monteiro.



CENTRAL MIDDLE SCHOOL boys volleyball team. Front row from left: Max Nixon, Liem Nguyen, Cameron Johnston, Nate Caldwell, Ryan Beardsley, Jesse Bolinger and Jim Nguyen. Back row: Joe Lei, Chonghao Chen, Sai Kuchalakanti, Ammar Chunda, J.C. Petrongolo, Adam Manter, Adam Huang and Dylan Clifford.



BROAD MEADOWS MIDDLE SCHOOL boys volleyball team. Front row from left to right: Jerry Caldwell, Kellen Kopp, Joseph Conner, Sean Andrews, David Bridges, Matthew Wong and Owen Coppola. Back row left to right: Coach Jessica Hayes, Andrew Engren, John Alessandro, Joey Manton, Parker Mullen, Max VanTassell, and Kyle Regan. Missing from photo is Coach tricia Wong and Will Ploof.

Photos Courtesy Christine Prendiville

We Salute Our Top Doctors

At Beth Israel Deaconess Hospital-Milton, we're proud of our 30 physicians who were recently named "Top Doctors" by Boston Magazine as well as all the physicians who make us the hospital of choice for their patients. With ***nationally recognized quality and patient safety*** rankings and an affiliation with Beth Israel Deaconess Medical Center, we're a growing regional hospital providing top-rated healthcare in a convenient, community setting.



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*Atrius Health Physician

Youngsters Crowned Free Throw Contest City Champs

The Quincy Lodge of Elks 943 and the Quincy Recreation Department announce six boys and girls have won the City of Quincy Championship of the Elks National Hoop Shoot free throw shooting contest.

Kyle Deboer, Victoria Berry, Harper Mergel, Frankie Del-tuvo, Oisin Faherty, and Morgan Gaudet advanced to represent Quincy at the district level competition to be held in Marshfield. DeBoer is a re-

peat winner and is making his third trip to the regional finals.

The Elks National Hoop Shoot is a contest for youth age 8 to 13. The program is free to all participants and has over a million youngsters compete nationwide each year.

In Quincy the event starts with a preliminary round in local neighbor recreation programs under the supervision of the recreation department. The neighborhood

winners then advance to the city championship. The city champions were crowned at the competition held recently at Atlantic Middle School. The district champions advance through to state and regional contests that result in the National Finals at the National Finals held April 21 in Chicago. At all levels of the event contestants shoot 25 shots for score. Age categories for boys and girls are 8/9, 10/11, 12/13.

Cont'd On Page 19



CITY CHAMPIONS - Elks Free Throw Contest - Front row from left to right: Frankie Del-tuvo, Oisin Faherty and Harper Mergel; middle row: Morgan Gaudet, Kyle Deboer and Victoria Berry; and back row: Ed Miller, Quincy Lodge of Elks Hoop Shoot chairman; Recreation Director Barry Welch; James Folk, Past Exalted Ruler; and Maureen Mesheau, Past Exalted Ruler.
Photos Courtesy Quincy Recreation Department



SECOND PLACE WINNERS: Front row from left to right: Silas McKenney, Ella Roche, Matthew Fratolillo and Chase Morales. Back row: Ed Miller, Quincy Lodge of Elks Hoop Shoot chairman; Recreation Director Barry Welch; James Folk, Past Exalted Ruler; and Maureen Mesheau, Past Exalted Ruler. Missing from photo: Maeve Powers.



THIRD PLACE WINNERS: Front row from left to right: Shane Faherty, Madyson Gaudet, Jaylin Kellam and Caleb Briden. Back row: Ed Miller, Quincy Lodge of Elks Hoop Shoot chairman; Recreation Director Barry Welch; James Folk, Past Exalted Ruler; and Maureen Mesheau, Past Exalted Ruler.

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NQ Boys Hoop Battles, Bows To Pembroke

By TOM JOYCE

The North Quincy High boys' basketball team fought over the course of four quarters – and it started to pay off for them as the game went on.

Ultimately, the Red Raiders fell to the Pembroke Titans, 70-61, at home last Friday night.

"It was good," Red Raiders head coach Kevin Barrett said. "At the outset we were talking about competing and playing with energy. We were at a crossroads in that one a couple of times where we could get ahead, but we just couldn't get over the hump. Overall, I'm very happy with the way we competed and the energy we had tonight."

Pembroke had some early momentum in the game, going up 12-7 late in the first quarter. However, Jomone Bing got the Red Raiders back on track with a steal, a breakaway and a layup to bring his team within three points. At the end of the first quarter, the Red Raiders trailed by a point, 13-12.

That momentum did not exactly carry into the second quarter, however, as Pembroke dominated the scoreboard for the duration of it. They went on a 13-2 run that lasted most of the quarter but with 3:04 remaining in the half, Aaron Huang sank three free throws in

a row to make it a 26-17 game. In the final minute of the quarter, the Red Raiders' offense showed more life with Huang sinking a pair of free throws and Bing drilling a three-pointer. At the half, the Red Raiders trailed, 34-22.

When the Red Raiders came out of the locker room for the second half, they were ready to compete – and it worked out well for them. Huang drilled a three-pointer and senior captain Jack Meade hit a layup to bring the Red Raiders within seven points. With 5:40 remaining, Meade made a pair of free throws to make it a 38-33 game, keeping the Red Raiders in the game.

"I think collectively we brought great energy," Barrett said. "We could have four guys who bring great energy and one guy who lays down and it's not going to work that way. As long as we continue to do what we did tonight, we'll get the results we want."

Barrett said a major reason why the team was able to bring that energy to the court against Pembroke is because of their preparation for the contest. The game before that, against Hanover, Barrett said the energy level was not quite there, but his players worked hard to fix it.

"We spent some time

dissecting film, trying to see what we weren't doing well," He said. "That worked out well tonight, I think that was time well spent. The kids reacted to it well, and I think it's something we'll be doing from here on out."

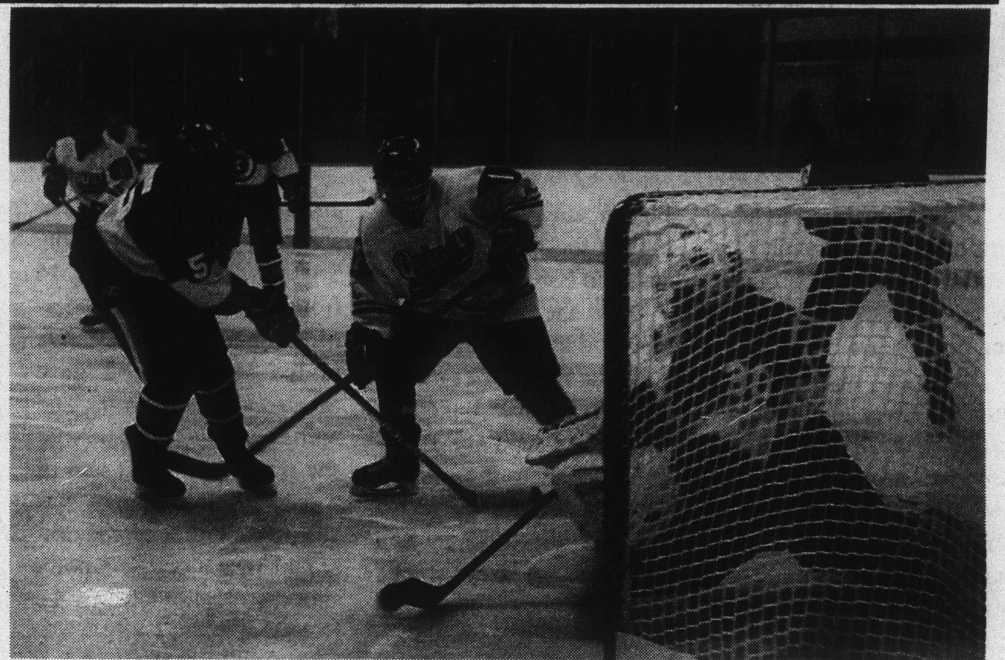
Most of the third quarter was a stalemate for the Red Raiders and Pembroke. At the end of it, North Quincy trailed 49-43.

In the fourth quarter, the Red Raiders once again played competitive basketball, but they were unable to gain the edge. Late in it, however, the Red Raiders showed good touch from the free throw line with Meade and Huang each sinking two free throws to make it a 69-61 game. In the final minute of the game, Pembroke continued playing strong defense and hit free throw to go up 70-61 which would be the final score of the game.

Meade scored a team-high 23 points for the Red Raiders while Huang (16 points) and Bing (10 points) shot well on the day.

The Red Raiders have six seniors on their squad including captains Dylan Richardson, Steven Chen and Jack Meade as well as Matt Deng, Elmer Lainez and Andrew Huang.

The Red Raiders next game is on Tuesday, Jan. 30 at home against Plymouth North (7 p.m. start time).



QUINCY HIGH'S Tommy MacPherson fights for a loose puck in front of the net.

Photo Courtesy QHS

QHS Hockey Clips Cohasset

The Quincy High School boys hockey team defeated Cohasset High 2-0 on Martin Luther King, Jr. Day, Jan. 15.

Junior forward AJ Currie scored both of the Presidents' goals in the win.

In other action from last week, QHS lost two tough one-goal contests. Brockton handed Quincy its fourth

defeat, 3-2, at QYA. Griffin Lynch and Danny O'Leary scored goals in the loss. Freshman defenseman Donovan Murray added an assist for the Presidents.

Quincy came up short in another close game to Plymouth South, 2-1. Sophomore Jack O'Brien had the lone tally for QHS, notching his first varsity goal. Junior

goalie Dan Murphy was excellent in the net for the Presidents turning away 31 of the 32 shots he faced.

QHS, now with a record of 7-5-1, plays two critical road games: at Silver Lake on Saturday, Jan. 27 (Hobomock Arena 3:10 p.m.) and at Plymouth North on Wednesday, Jan. 31 (Armstrong Arena 5:30 p.m.).

Sharon Veino To Play In Dana-Farber Cancer Benefit Hockey Game Feb. 3

Sharon Veino, a Quincy resident, will be among the Dana-Farber Cancer Institute doctors, researchers, and staff who will play a charity hockey game against Boston Bruins alumni to benefit the Jimmy Fund, which supports cancer research and patient care at Dana-Farber.

The Dana-Farber Rink Rats' game will be held Saturday, Feb. 3, from 2 to 4 p.m. at Warriors Ice Arena in Boston.

Veino is an assistant art director of Development & the Jimmy Fund at Dana-Farber.

She has committed to raise \$600 in order to play

in the Feb. 3 game. Game tickets are \$20 for adults and \$10 for children, and are available online at <http://rinkrats.weebly.com/tickets.html> and at the door.

Parking is available. To support a participant or for more information, visit www.jimmyfund.org/rinkrats.

Central Girls, Point Boys Volleyball Champions

Cont'd From Page 16

to finish the set 21-17 and take the championship for Central.

The Central girls had an undefeated season.

The boys' match up between Atlantic and an undefeated Point was filled with great defensive plays. Point was led by Matt Najjar's defense from all over

the floor and Dylan Parsons sealed the 21-18 victory with a great set point serve. Atlantic's Jackson Murphy and Jack Fehan had great efforts in attacking the ball while Emmett Bandzak prevented Point from scoring several times with his great passing.

Set two had the Point Navigators on a roll, behind the serving of Christian Las

and Bryan Amorin as the Point team was up 16-5. Atlantic battled back but a great block by Matt Najjar brought it home for the Point team with a 21-10 victory to keep their season also undefeated.

The Athletic Directors would like to thank the coaches – Holly Rendle and Carolyn Parsley for Atlantic, Tricia Wong and Jessica

Hayes for Broad Meadows, Nancy Reppucci and Caitlin Plaskisovitis for Central, Dorinda Vale and Kellee Cradock for Point and Evan Pepe and Stacey McGuire for Sterling – for all their hard work and great seasons. Thanks also go out to all the Quincy High School players who officiated the matches all season allowing the program to run smoothly.

For the first time, a Junior Varsity Volleyball program was run city wide and their playoffs were held the day before. The standings came in as follows: Girls-Central 4-0, Point, Broad

Meadows and Sterling were all 2-2 and Atlantic was 0-4. Boys- Broad, Meadows was 3-0 while Sterling, Central and Point each went 1-2.

Submitted by Chris Prendiville

Youngsters Crowned Free Throw Contest City Champs

Cont'd From Page 18

In second place at the city championship were Chase Morales, Ella Roche, Silas McKenney, Matthew Fratolillo, and Maeve Powers. The third place finishers were Shane Faherty, Madison Gaudet, Caleb Bridden, and Jaylin Kellam

Gym championship trophies and medals were awarded to Chris Brady, Colin Cheng, Noel Sanchez, Michael Phinney, Christian Oden, Sarah McKenna, Jay-

clen Treannie, Jesse Bargar, William Cannon, Caden Ciperano, Tommy Galligan, and JohJoe Ham.

Ed Miller, former Director of Athletics for the City of Quincy, is the Quincy Lodge Hoop Shoot director. In introducing Miller, Recreation Director Barry Welch noted Miller had been the volunteer hoop shoot director for the Quincy Lodge for 35 years. Welch also acknowledged the presence of two past Exalted Rulers of

the Quincy Lodge – Maureen Mesheu and James Folk – who joined Miller in making the trophy presentation to all participants.

Welch praised the Quincy Lodge of Elks and the current Exalted Ruler Frank Bertoni and the lodge membership.

"They don't just sponsor the event; they go the extra mile to see that every boy and girl has a positive experience," Welch said. "They provide an opportunity to

compete, connect and succeed while demonstrating great basketball skills and sportsmanship. The youth of our community are well served by the three decades of bringing this national program to Quincy."

Welch also thanked and praised the members of the recreation staff who officiated at the local gym level and the city championship event for their competence and enthusiasm while encouraging the youth to have fun at each level of the program.



VOICE FOR HEALTH

by Dr. Gabrielle Freedman
Chiropractor



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Because it bears more weight than other areas of the body, the lower back tends to be more susceptible to osteoarthritis. As the discs between vertebrae shrink, the nerves that travel from the spine to the legs can become irritated. At this point, back-pain sufferers have a choice. Surgery should be considered the last option unless the pain is caused by something like cancer or an infection. Otherwise, conservative treatments should be tried before more invasive ones. Among the least invasive treatments for back pain, spinal manipulation involves applying pressure and moving spinal joints. Analysis of 26 studies involving more than 1,700 patients with back pain shows that spinal manipulation relieves pain as well as ibuprofen

and other NSAIDs.

Chiropractors take many factors—including size, weight, and muscle structure—into consideration when deciding on which spinal adjustment to make. Sometimes, ice, electrical stimulation, or massage therapy (including traction massage) are used prior to a spinal manipulation in order to relax the muscles. To schedule an appointment, please call FAMILY PRACTICE OF CHIROPRACTIC at 617-472-4220. Our office is located at 112 McGrath Hwy., Quincy.

P.S. The study mentioned above showed that spinal manipulation resulted in improvements in functioning as well as less difficulty turning over in bed and sleeping.

www.voiceforhealth.com

Quincy Girls Bow To Milton, Defeat W-H, Silver Lake

The Quincy High School girls basketball team pick up two more wins but dropped an overtime contest in action last week.

Last Friday night, Quincy defeated Whitman-Hanson on the road, 48-45. Sophomore forward Ally McMorrow paced the Presidents with 15 points. Also contributing on offense were sophomore guard Jillian O'Toole (career-high 10 points), sophomore forward Juliana Tracey (9 points) and senior guard Liana Cunningham (7 points.)

The game was close right from the tip as Whitman-Hanson led 10 to 9 after one quarter but Quincy made a big push in the second as their full court press began to pay dividends scoring 17 points. The Presidents took a 26 to 19 lead into the half.

Foul trouble for Quincy forced Morrow to the bench in the third quarter and Whitman-Hanson managed to cut the lead to two, 36-34. The fourth quarter was a battle throughout. Whitman-Hanson cut the lead to one with less than 30 seconds to go. McMorrow converted both ends of a 1 and 1 to extend the lead to three. Quincy hung on as Whitman-

Hanson attempted multiple shots at the buzzer but was unable to convert.

With the win, Quincy improved to 8-4 overall, and 5-2 in the Patriot League.

Against Silver Lake earlier in the week, the Presidents defeated the Lakers 48-47. McMorrow led Quincy with 15 points and five steals. Tracey scored a career-high 17 points including four three-pointers. Junior guard Gia Calabro had six points.

Quincy led 13 to 9 after the first quarter behind the strong play of McMorrow who scored 7 points in the quarter. Silver Lake responded by winning the second quarter holding Quincy to only six and going into the half tied at 19. Quincy had a big third quarter when their press kicked in and forced a number of turnovers. McMorrow came up with five steals out of the press leading to a 19-point third quarter for Quincy and they led 38 to 28 at the end of the period.

The fourth quarter was exactly the opposite with Silver Lake outscoring Quincy 19 to 10 behind the relentless attacking offense of Holly Reeder-Morning

and the consistent free throw shooting of Alyssa Nelson. Silver Lake was 13 for 16 from the stripe. Reeder-Morning's two baskets late in the fourth period gave Silver Lake a one-point lead with 3 seconds to go. After she missed the front end of a one-and-one Quincy was able to capitalize on the other end with a clutch 3-point shot by sophomore Grace Hobin.

Quincy's only setback last week was a 49-41 overtime loss to Milton on the road. McMorrow scored 14 points and Cunningham seven points for Quincy.

Quincy came out on fire hitting their first five shots and took a 16-10 lead at the end of the first quarter. Milton fought back to cut it to 22-19 at the half. From there on it was a dogfight the rest of the way.

Milton had some clutch three-point shooting in the 4th quarter and took a one-point lead into the final minute. Gia Calabro hit a free throw to tie the game sending it into overtime. The overtime period was all Milton as they outscored Quincy 10-2 to seal the win. Milton hit 17 of their 19 three throw attempts.

Sophomore Alison Cahill touched second in the 100 yard backstroke swim. Cahill also placed third in the grueling 200 yard Individual Medley and with teammates junior Captain Eni Daci, Senior Julie Hong and Sophomore Emma Jaehnig in the Medley relay. Hong earned silver in her season best time in the 500 yard long freestyle swim.

For the boys, junior Guilherme Eller earned a pair of silver in the 100 yard butterfly and 500 yard freestyle swims. Eller joined teammates junior Nikollas Nastios and freshman Matthew Franconer in the Medley relay to kick off the meet with a second place touch.

lieu of the poster.

One grand prize poster winner (\$1,000) and one grand prize video winner (\$1,000) also will be selected from all first place winners in each state.

Entries must be received online or by mail on or before April 2. Online submissions should be submitted via www.aaa.com/trafficsafetymatters. Mail entries to AAA Northeast Public Affairs, 110 Royal Little Dr., Providence, RI 02904. State winners will be announced April 16.

NQ Girls Down Hanover, Fall To MV, Pembroke

By PAUL BREGOLI

Playing three games last week, the North Quincy girls basketball team continued their roller coaster ride of a season, dropping an exclusionary game to Martha's Vineyard while splitting two Patriot League games with Hanover and Pembroke.

Traveling to Pembroke last Friday night, the Red Raiders lost to the Titans 57-36 in a game closer than the final score would indicate. Jenn Butka was on fire in the first half scoring 16 of the visitors' 19 points. North jumped out to a 9-5 lead halfway into the first quarter with Butka the catalyst hitting a baseline drive before draining two three-pointers in the quarter. Pembroke's Jayne Howe caught fire in the second quarter nailing three three-pointers to give the hosts a 10 point halftime lead. Butka nearly matched Howe's output hitting another pair of threes and a deep two. Freshman guard Lindsey Keenan's driving layup was the only other answer North had in the second.

Senior captain Jessie Caldwell led the Red and Black in the third quarter going four for four from the line while also hitting a three. Mary Kate McAleavey chipped in with three while Howe continued her onslaught adding 6 more in the quarter while Katie Galligan dropped seven to give Pembroke a 19 lead entering the final quarter. Butka finished the game with

GIRLS BASKETBALL

19 while Caldwell added another three-pointer to end with 10 for the game to go along with a team high 11 rebounds.

Howe led all scorers with 22.

"Jenn was at the best I've seen her tonight," NQ head coach Paul Bregoli said. "She didn't force anything and was red hot in the first half. Unfortunately, we went away from her in the second half for no apparent reason."

Molly DeBettencourt had a monster game for Martha's Vineyard against North in the first game of the week lighting up the Red Raiders for 30. One of the top 50 players in EMass, DeBettencourt hit 5 three-pointers in the game while scoring 21 in the second half to give the visitors a 52-44 victory in the exclusionary game. The game was tight throughout with the game tied at 13 after one and the Vikings holding a two point advantage at the half. Butka paced the hosts in the first half with 10 points on her way to a career high 21 for the game. North also received contributions from captain Jill Hallisey who added 6 while Caldwell and senior forward Olivia Hussey had 4 apiece.

Hanover visited North midweek with the Red Raiders coming away with a huge win over the Indians, 50-44. It was North's first win over Hanover in over four years.

In another tightly contested game, the two teams were tied after the first 8 minutes at 11. Butka again was the leader with her two three-pointers while Hallisey added 3 and Keenan 2. It was the freshman Keenan who helped give NQ a 26-24 lead at halftime with her 6 second quarter points.

Again, Hallisey had another 3 while Caldwell added 4 for the hosts. North added a point to their halftime lead as Butka hit her third three ball of the game along with another 2 pointer.

Clinging to a 42-41 lead late in the final quarter, it was Keenan coming up clutch hitting a deep three from the right corner to give North some breathing room. Down the stretch, free throws by Samantha Smith, Hallisey and Butka gave the Red Raiders a hard earned win.

"The win over Hanover was huge because we hadn't beaten them in so long," Bregoli said. "It was a game we had to have. Of course Jenn with her 17 continues to lead us, but Keenan was the difference maker in this one. I love her game and her fearless attitude on the court. She will be a special player for us going forward."

North is now 5-6 overall. Butka moved up to second on the all-time three-point shooters list with her 9 three-pointers this past week.

Swim Teams Highlights

The high school swim teams traveled to Middleboro for a meet Jan. 18. The boys left victorious with their second win with a score of 97-68. The girls lost 65-21.

Junior Captain Eni Daci swam for a second place finish in the 50 yard freestyle sprint and third in the 100 yard breaststroke. Senior Captain Kat Casey placed second in the grueling 100 yard butterfly swim. Also placing second was sophomore Alison Cahill in the 100 yard backstroke.

Daci, Casey, and Cahill teamed up with sophomore Emma Jaehnig in the 100 yard medley relay to kick off the meet with a third place finish.

AAA Traffic Safety Poster, Video Contest

Calling all student artists and videographers: AAA Northeast's annual Traffic Safety Poster & Video Contest is now underway.

To compete, students from kindergarten through Grade 12 must create a traffic safety message in the form of a video or posters, which will ultimately be judged by AAA members and the public.

Traffic safety topics must focus on one of 13 themes such as seat belt, car seat, pedestrian, school bus and bike helmet or teen driver safety, and-distracted, drowsy, ag-

gressive or impaired driving awareness.

A full list of topics, rules and judging criteria are listed on www.aaa.com/trafficsafetymatters.

More than \$9,000 in cash prizes will be awarded over four states in AAA Northeast territory. A first (\$300), second (\$200) and third (\$100) place winning poster will be chosen in each grade category (K-4, 5-8, and 9-12) from Connecticut, Rhode Island, Massachusetts, and New York. Students in grades 9-12 have the option of entering a video in

Three Quincy Students On Assumption Dean's List

Three students from Quincy have been named to the Dean's List for the fall semester at Assumption

College in Worcester.

They are:

Tamra Adams, Class of

2018; Julianna Montminy, Class of 2019; and Maeve McDonald, Class of 2021.

HELP WANTED

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On Friday, Jan. 12, at approximately 11 a.m., Officer Robert Connell greeted a female who came into the Quincy Police Station. She appeared upset and disoriented, stating she wanted to report an incident that just occurred at the TD Bank located at 476 Southern Artery.

The female told the officer that some people she just met were scheming to commit a possible larceny at the bank. Officer Connell was aware that numerous officers were presently at the bank so he quickly gathered information from the female and headed over to the bank, which is a block away from the station. Officer Delaney stayed with the female while Officer Connell went to the bank to meet with officers on the scene.

The officer then interviewed a bank teller who stated he observed a white Toyota Rav4 pull into the parking lot of the bank. He noted the vehicle was very dirty but what caught his attention was that the occupants inside the vehicle sat there talking for several minutes before anyone exited the car. Eventually, a female (later determined to be the female in the lobby) exited the vehicle and approached the bank.

When the teller opened the door for the female, she mumbled to the teller that something was wrong and she immediately walked off the property heading toward the police station. The teller then observed the Rav4 leave the parking lot and travel on McGrath Hwy where he lost visual contact.

Officer Connell put out a broadcast for officers to look for the suspect vehicle and moments later Officer Ruggiero spotted the Rav4 across the street hidden amongst other vehicles in a parking lot. The vehicle was still occupied by two males as stated earlier by the victim.

While the occupants were detained, Officer Connell returned to the station and questioned the female in depth about the incident. She said that earlier today she was on Dorchester Avenue in Boston when she noticed two males walking. She drove up to them because she thought she could use them to stand guard at her child's father's house while she gathered some belongings. The two males went with her and she retrieved her belongings.

According to the female, the two males said that since they helped her, she would now have to open a fraudulent checking account for them. She said one of the males drove them to the North Quincy TD Bank; however, they did not stop there because a police cruiser was in the parking lot. They then drove to the TD Bank on Southern Artery where she and the two suspects parked in the bank's lot.

While in the lot, the female said one of the males used information from her Massachusetts license to enter her per-

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

sonal information on the bank's website. She said she never consented to the male suspect using her information but "He just kept asking me questions." She said when the suspect asked for her Social Security number, she gave him a fake number. She added the other male was on his cellphone and it appeared that he was coordinating another fraud.

Once the suspect had enough information from the female victim, he submitted the false information through the bank's online application. In response to the officers' questions, the female said she believed she knew the two males were attempting to defraud the bank with her information; however she did not consent to it being used. The males then told the female she was to go inside the bank but first to, "Clean yourself up and make yourself presentable before you go in."

She said she fixed her hair and clothing, exited the vehicle and approached the front door of the bank. She entered the bank and was greeted by a teller. She cautiously said to him, "Some sh@# is about to go down. I'm out of here," and then walked by Pearl Vision and over to the police station where she initially met with the officer inside. Officer Connell conferred with Officer Ruggiero, who said he was in the bank talking to the teller, who pointed out the suspect vehicle parked across the street.

Based on the information available, Officer Ruggiero was advised to place the occupants of the vehicle under arrest. The two suspects, from Waltham and South Boston and both 20 years old, were charged with, forgery, identity fraud and conspiracy to commit a crime.

The investigation will be followed up by detectives to see if others were involved. Nice Work!

SAFETY STEPS TO TAKE REGARDING ENERGY COMPANY SOLICITORS:

BEWARE: DOOR TO DOOR SOLICITATIONS BY ENERGY COMPANIES

Although there are some good deals from alternate energy companies, keep in mind anyone may come to your door so-



LT. DAN MINTON

liciting any product, or pretend to be selling something. There are some legitimate offers but more often than not you can get a better deal by researching the offer online. I have heard so many stories of scams from door to door sales that range from being scammed out of money to being robbed and assaulted. The Quincy Police Department has taken safeguards to prevent scammers from coming to your door and offer the following recommendations:

My recommendations:

1. Never open the door to strangers. Talk through the door. Don't leave yourself vulnerable. Once you open the door, a sudden push and you are inside and out of sight with the assailant.

2. Even if it sounds legitimate, give QPD a call so we can see if they are registered with us and a background investigation was done on each solicitor. If you elect not to open the door or remain silent, again give QPD a call and let us check him/her out to protect your neighbors.

3. Many of the complaints with the energy offer solicitations relate to high pressure tactics, demanding to see your energy bill or belittling you for not "saving money." Rudeness and forcefulness are the top complaints.

4. Never let any solicitor in your house. A common request is to use your bathroom. A quick check of your medicine cabinet for medications or a quick step into your bedroom, where your jewelry box may be, can result in losses.

5. Pressure from the solicitor may be for you to show your utility bill so that they can see if they can save you money. Don't do this! He/she may write down your account number and just switch you. Only by looking closely on you current utility bill will you know whether you have been switched.

6. Each Solicitor in Quincy is required to have a photo ID issued by the city as proof that they have been checked out. A photo ID from their company is not the same thing.

7. If you choose to do business with the various solicitors, tell them to come back later after you confer with a friend, which will allow you to make a clear cut decision on the offer. Check online by googling the name of the company with the word "scam" and a second time with "reviews" after it to see what others say.

8. Skip the sales pitch. Go to <https://www.chooseenergy.com/massachusetts/> and you can get the best prices.

9. If in doubt, don't do anything. Give me a call and I'll help you.

Lieutenant Dan Minton

Quincy Police Crime Prevention Unit

617 745 5719

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Jan. 12 - Jan. 17

Calls: 961

Arrests: 22

Stolen Vehicles: 1

FRIDAY, JAN. 12

ATTEMPTED LARCENY, 9:33 a.m., TD Bank, 516 Adams St. Checking account. Suspect on scene. Arrest made for attempted larceny and conspiracy.

ATTEMPTED BREAKING AND ENTERING, 11:21 a.m., 100 W. Squantum St. Possible attempt. Management on scene. Conducted interior check of apartment. No people

inside apartment. Extremely untidy. Possibly rummaged through. Called and spoke with landlord who advised that tenant is regularly untidy and provided me with tenant's contact info. Cannot leave a message as voicemail is full. Checked tenant's mail. One envelope from Jan. 8 inside. No damage to door to indicate break. Appears to be accidental at this time.

SATURDAY, JAN. 13

VANDALISM/PROPERTY, 11:27 a.m., Langley Cir. Caller's tire was slashed at some point over night. No suspect info.

SUNDAY, JAN. 14

BREAKING AND ENTERING, 10:14 a.m., Broad St. Bottle and can center. Damage to windows and doors.

VANDALISM/PROPERTY, 2:28 p.m., Centre St. Brick wall outside home was hit at some point. Car parts but nothing identifying.

BREAKING AND ENTERING, 4:31 p.m., Nilsen Ave. Entire house is trashed. Caller already touched a lot of things. Caller was away in Florida.

MOTOR VEHICLE LARCENY, 11:32 p.m., Whitwell St. Missing car. Vehicle was parked on Fayette Street at 10 a.m. today.

MONDAY, JAN. 15

VANDALISM/PROPERTY, 7:54 a.m., Sagamore St. Glue in locks. Frequent checks.

LARCENY, 12:54 p.m., Ballou St. Checks.

LARCENY, 3:29 p.m., Martensen St. Mail.

TUESDAY, JAN. 16

BREAKING AND ENTERING IN PROGRESS, 6:03 p.m., Highland Ave. Male broke into the front door. White hooded. White male with facial hair. Camera in living room; caller is viewing remotely from California. Saw male enter and exit then re-enter through front door. Viewed male enter kitchen area. Caller is verbally allowing forced entry is necessary and is verbally allowing officers entry. House was completely searched, no suspects found.

LARCENY, 11:02 p.m., 10 Winter St. Caller states an iPad went missing after a female had visited the apartment. Caller had no involvement. Party who lost their iPad wants no police intervention.

WEDNESDAY, JAN. 17

VANDALISM/PROPERTY, 10:04 a.m., Taffrail Rd. Two rear tires slashed.

LARCENY, 11:04 a.m., 164 Parkway. Family of resident stating they are missing money.

LARCENY, 1:40 p.m., Carruth St. Caller states her snowblower was taken from her driveway.

BREAKING AND ENTERING, 7:15 p.m., Taffrail Rd. Safe stolen.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: Whitwell Street

CAR BREAKS: Heritage Drive, East Squantum Street

BREAKS AND ATTEMPTED BREAKS: Highland Avenue, Nilsen Avenue, Broad Street

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentremon at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us - Lt. Dan Minton

Entries in the Quincy Police Crime Prevention Journal are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

QUINCY ANIMAL SHELTER

56 Broad Street, Quincy • 617-376-1349

quincyanimalshelter.org

IN-SHELTER ADOPTION HOURS

TUESDAYS & THURSDAYS 6:00 to 8:00 pm

SATURDAYS 10 am - 4 pm

Adoption fees include initial vaccinations and Spay/Neuter as needed.

New volunteers always welcomed.

FOR LOST or FOUND ANIMALS call ANIMAL CONTROL at 617-376-1364

AVAILABLE DOGS

Lena: 3, female, pit bull mix

AVAILABLE CATS

Tyler: 10, male, tabby

Dora: 4, female, black & white **AND**

Coco: female, 4, buff & white

Lucky: 12, male, black & white

Emma: adult female, tortie, front declawed

Jett: 1, male, black

Tim: 2 1/2, male, orange

Dead Battery, Small SUVs, Premium Fuel, Dome Lights

Ask John Paul: AAA's Car Doctor

My Ford van had its battery go dead. I jump-started the van and it was fine until the weather got cold again. The battery is only three years old and I measured the voltage, so I'm sure it's not a battery problem. What could it be?

A three-year-old battery should have some life left in it, but unless it is tested using a specialized battery tester a voltmeter won't give you the complete picture. At this point the battery cables should be cleaned, the battery recharged and the starter and charging system as well as a test for parasitic electrical drain. As a reminder, a jump-start only cures the symptom (the car didn't start) but you need to get to the cause to find out why the car didn't start.

My three-year-old Toyota Highlander has 28,000 miles and is still under warranty. The rear brakes were all rusted and dealer said rotor needs to be changed (not covered under manufacturer's warranty). I believe this is unusual since I drive this car just like I drove my previous vehicle. What can I do?

You didn't mention if the rust is causing a problem. It is not unusual for brake rotors to rust even just after sitting overnight. Generally driving the vehicle is enough to have the brake pads clean the rust off the rotors. As an example my wife's car may sit all weekend and the rotors are brown with rust. After a short drive the rotors clean up and everything is fine. If there is a problem with the rear brake calipers sticking this may also be contributing to the rusting rotors. If the rotors are deeply pitted then the only answer is to replace the rotors and at the same time inspect all aspects of the brake system.

Last year I purchased a three-year-old Mercedes Benz; it is the nicest car I have ever owned. This past week it went in for service and I was told the car would need thousands of dollars' worth of work to the shocks. I can't tell you how disappointed I am. I thought an expensive luxury car like my Mercedes wouldn't have these problems.

All cars have problems and expensive luxury cars can have very expensive problem. This is one reason that you can find some very expensive cars at seemingly bargain prices. Online I found a Bentley Arnage with less than 40,000 miles on it for \$40,000, when new this car was \$240,000. One of the reasons in addition to depreciation is the cost of maintenance.

I moved back to the Boston area after living in New York and dragged my old 2000 Saturn out of the garage. The car needed some work and the check engine light was on. I fixed the problems but my question is, how do I get the emission monitors to set so I can get the car inspected? The parts store told me it could take hundreds of miles for the monitors to reset.

It is great that you fixed your car, although at its age, it doesn't need an emissions inspection. This is the case for any car 15 years or older. The car will still need a safety inspection, but it is exempt from emissions inspection testing. For newer cars, as a general rule, normal driving should reset the readiness monitors, but it can take some time depending on the vehicle. A good technician can get the monitors to set quicker by following a specific manufacturer's procedure.

I am looking for a small SUV and I have narrowed the choices to three vehicles. The vehicles that I like are the Subaru Forester, Toyota RAV4 and Honda CR-V. I want to know how you would rate these three vehicles. I just want to make sure that it is the best buy for the money.

I have driven all three vehicles and none would be a poor choice. Comparing a standard CR-V to the RAV4 I would put the CR-V as the top pick. Where that changes is the RAV4 is available as a hybrid. The Subaru Forester is one of the most popular small SUVs in New England but in my opinion just isn't quite as good as the CR-V or RAV4. Just to add to your confusion, two other vehicles worth looking at are the Mazda CX-5 and the Hyundai Tucson. I would drive all of these vehicles, consider how you are going to use them and buy the one that best meets your needs and budget.

I have a 10-year-old GMC Yukon and the dome light doesn't work. Thinking it would be a bad bulb, I replaced it and it still didn't work. I then checked all the fuses under the hood and they all tested fine. To me that only leaves a wiring problem. Is there a known area that the wiring fails that you can share?

I think you were on the right track with the fuses, but you had the wrong location. There is a 10-ampere fuse for the dome light in the fuse panel at the instrument panel. It is always time well spent to check every fuse in a vehicle if

you don't have a wiring diagram.

I just recently purchased a Jeep that was involved in a fairly substantial crash. The car was repaired and it looks great and runs even better but it has one problem. The issue is that the seat belt light flashes. Is this a sensor of some sort? If I disconnect the seat belt wiring the light goes out. How should I proceed with the repair?

There is a diagnostic procedure using a scan tool that should be performed. If you don't have access to a quality scan tool you can perform a couple of simple checks to the wiring. Although where the car was in a crash, I'm concerned that the seat belt tensioner was not replaced. Depending on the crash the airbags may have deployed as well as the seat belt pretensions. My suggestion is to go to a quality repair shop and have them check all of the safety systems for proper operation.

I have a 2009 Chrysler Town and Country minivan and lately it has been a pain to fill with gas. I have to fill the tank very slowly and it takes forever. For some reason this has only happened since the temperature has been consistently below 40 degrees. What do you think is wrong?

The issue is most likely with the evaporative emissions system. If there is no obstruction in the in the fuel tank or fuel filler neck, the problem is most likely a blockage in the EVAP canister or vent hose. I have seen cases that mud and even spider webs clog the vent.

I'm getting a banging noise from the rear passenger area of my 2006 Lexus IS250 AWD (130,000 miles). The noise is sporadic: I'll go days without hearing it, and the next day I'll hear it intermittently and sometimes constantly during my 18-mile commute. The frequency of the noise is related to speed and sounds like it's related to the rotation of the rear passenger wheel. It varies in volume from fairly soft (at least as heard from the cabin) to loud enough that drivers in other cars hear it. My commute is stop-and-go, and I most often start hearing the noise when accelerating from a stop, especially if I'm on an incline. Sometimes it will stop once I stop accelerating, but other times it persists and I don't hear the noise in reverse. I brought the car to my trusted service station, and thought at first it was a brake problem. They repaired the brakes at a cost of almost \$500 and the noise went away for a week and then came back. This time they think they've pinpointed the noise as a rear differential problem. I did some research online and I am not convinced that is the problem. They asked me to check my service records to see if my differential fluid had ever been replaced, and I don't see that it has. They propose to change the fluid, which they say will help mitigate the noise, but warn that may not work. Do you have any ideas?



JOHN PAUL
AAA's Car Doctor

The differential is a fairly robust part, although changing fluid can't hurt. Generally when a gear/bearing in a differential fails the noise is constant or at least very repeatable. The best thing to do would be to let a repair shop have the car long enough so they can identify the noise when it is at its loudest. As a guess I would suspect a problem with the parking brake (the noise would come and go and may not make noise in reverse) or a constant velocity joint in the right rear axle.

I'm curious if I should change the rear axles if I am planning to put turbo or supercharger onto the engine in my truck. I also have plans to upgrade the brakes, clutch and the exhaust. In addition to the axles is there anything else you recommend I do?

It really depends on how you plan to drive this truck and the amount of boost and other performance upgrades you are planning. If you plan on serious off-roading, rock crawling or racing, yes it makes sense to upgrade as much as possible. This would include axles, support bearings, cooling system, mounts and any other part that is under stress.

My Volkswagen states in the owner's manual and on the gas door that 91 octane fuel is recommended. My husband and I argue over this; I don't think it is necessary and he says it is. This bothers me for two reasons: it states recommended, not required, and there is no such thing (at least in my area) as 91 octane so he uses 93 octane which is more expensive. Depending on your answer one of us is vacuuming the house for a month.

AAA engineers recently completed a study that concluded that in cars that recommend premium fuel, there may be a slight horsepower/fuel economy benefit of one to three percent but any gains are offset by the 20 to 30 percent additional costs of premium fuel. If your vehicle owner's manual requires premium fuel use it, but if it is recommended our studies show that for most drivers it is just money wasted. Looks like your husband is vacuuming the house.

Have a question for the Car Doctor? Email John Paul at jpaul@aanortheast.com.

Crash Risk Remains High When Using Modern Smart Phones

Says New Report From AAA Foundation For Traffic Safety

Drivers interacting with cell phones to perform tasks such as texting or surfing the internet are two to eight times more likely to be involved in a crash, according to a new report from the AAA Foundation for Traffic Safety.

Drivers who are talking on their cell phones are up to four times as likely to be involved in a crash.

The new report updates previous research, some of which is more than 10 years old.

The goal of the AAA Foundation was to examine the safety impact of using a cell phone while driving in the era of the modern smartphone. As phones have evolved from simple flip phones to high tech

smartphones, drivers have changed the ways in which they interact with the devices, such as using phones to surf the internet.

"Any task that requires a driver to take their eyes or attention off the road is a distraction, and should be avoided while the vehicle is in motion," said Mary Maguire, AAA Northeast Director of Public and Legislative Affairs. "Drivers should only use these technologies for legitimate emergencies or urgent, driving-related purposes."

Drivers disapprove of using cell phones to talk or text while driving, but do so anyway, according to the AAA Foundation for Traffic Safety's most recent Traffic Safety Culture Index, which

measures the attitude of the public toward driving safety issues.

"Many drivers have developed a mindset of 'Do as I say, not as I do' when it comes to road safety," Maguire said. More than two in three drivers say they personally consider it unacceptable to talk on a cell phone while driving. Yet, one in three say they talk on their phones while driving fairly often or regularly.

The new AAA Foundation study investigated the relationship between cell phone use and crash risk using data from a sample of more than 3,500 drivers whose driving was monitored for a period of several months as they drove in their

own vehicles.

"Driver distraction continues to be a growing concern within the traffic safety community as well as law enforcement," Maguire said. "Figures from the National Highway Traffic Safety Administration for 2016 show 3,450 distraction-related deaths. Studies like this focus needed attention on a problem that impacts all road users."

AAA Northeast is a not-for-profit auto club with 62 offices in Rhode Island, Massachusetts, Connecticut, New Jersey, New Hampshire and New York, providing more than 5.2 million local AAA members with travel, insurance, finance, and auto-related services.

RELIGION

Houghs Neck Congregational

The Sunday morning worship service at Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Pastor Steven Vandergrift will lead the service and give the children's message.

Liturgist Shirley Pearson will welcome and call to worship. Susan Stimpson and Glenn Brown will serve for the Diaconate.

This is the last Sunday the Mission Committee is running "The Big Foot Sock Drive." All donated brand new socks for all ages will be given to ISS (Interfaith Social

Services).

Yoga continues on Thursdays at 7 p.m. with Amy Ross leader. Bring a mat, water and \$5.

The Chili Bowl Cook-off is on Saturday, Jan. 27 from 1 - 4 p.m. Admission is \$5 to sample over 20 chilies and vote for your favorites.

Contact Pam Craig at 617-471-8968 or email pcraig1962@comcast.net for more information.

Sunday after service there will be a Fair wrap up meeting with Jill and Kara.

Bethany Congregational

Bethany Congregational Church, Quincy Center will have a Sunday Worship Service 9:30 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "Power To Do." Please bring a food donation to help the ISS Food Pantry. Fellowship with light refreshments will follow the worship service.

All are welcome to attend Bethany Church Worship Services. Bethany has an active

Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1:00 p.m. to 4:00 p.m. Please visit: www.bethanycongchurch.org for updates and activities. Thanks to the Video Ministry, the Sunday Service is broadcast on QATV at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

The church is wheelchair accessible.

Chili Bowl Cook-Off Saturday

The ninth annual Chili Bowl Cook-off will be held at the Houghs Neck Congregational Church, 310 Manet Ave. on Saturday, Jan. 27 from 1 to 4 p.m.

Admission is \$5 per person. Sample up to 20 different chili recipes and vote for your favorite. Prizes are for the best individual and best restaurant chili entries. Soda,

beer, hot dogs and chips can also be purchased from the Boy Scouts of Troop 6. There will be a bake sale for sweets and more.

For more information call Pam Craig at 617-471-8968 or email pcraig1962@comcast.net.

The event is sponsored by the Houghs Neck Congregational Church.

Quincy Point Congregational

"Jesus is in the House" is the title of Peter Johnston's sermon at the 10 a.m. Sunday worship at Quincy Point Congregational Church, 444 Washington St.

Jack Bissett will be the lay reader of the day. The church is accessible to all with designated parking and an elevator on the Abbey Road side of the church. After worship join in the social hall on the basement level for a time of fellowship including coffee, light refreshments and conversation.

The next concert in the Quincy Point Congregational Church Music series will be Sunday, Feb. 25 at 6 p.m. at QPCC featuring the "Stardust Duo." Tickets are \$15, children and teens \$10, and children under 6

are free.

The Stardust Duo was founded in 2008 by violinist Amanda Smith Roberts and pianist Jonathan Roberts. Named after Hoagy Carmichael's jazz tune Stardust, the husband/wife team specializes in performing classical works influenced by popular musical styles. The couple met and first began performing together at the Cleveland Institute of Music, where they received their Master's Degrees in performance.

Both Amanda and Jonathan hold their Doctor of Musical Arts Degrees in performance from the University of Alabama, and joined the faculty of the South Shore Conservatory in 2013.

OBITUARY

Patricia A. Mahoney, 92

A funeral Mass for Patricia A. (Curtin) Mahoney, 92, of Weymouth was celebrated Tuesday in St. Francis of Assisi Church, Braintree.

Mrs. Mahoney died Jan. 16.

Born in Quincy. She attended St. John's of Quincy, St. Gregory's of Dorchester and was a graduate of Regis College, Class of 1947 where she served as class president. She lived 48 years in Braintree, moving to Weymouth 14 years ago.

A devoted wife and mother, Mrs. Mahoney was married for 65 years to her beloved husband, Paul A. Mahoney. She leaves her children, Pamela Fuhrman and her husband Peter of Bellingham, Paul Mahoney, Jr. and his wife Linda of Manalapan, NJ, Michele Morgan and her husband Kenneth of Manalapan, NJ, Christopher Mahoney and his wife Karen of Sylvania, OH, Patricia Collins and her husband Daniel of Dallas, TX, Marybeth Connors and her husband Michael of Londonderry, NH, Kel-

lianne Murphy of Arlington and Kerry Motoviloff and her husband John of Madison, WI, as well as 29 grandchildren and 10 great grandchildren. She was the daughter of Thomas D. and Mary Curtin of Quincy, dear sister of Joan and Dr. Eugene Tyrrell of Braintree and the late Virginia Curtin and Joseph Curtin.

She was an active parishioner at St. Francis of Assisi in Braintree and a practicing member of Birthright. Mrs. Mahoney was surrounded by her loving family when she passed, as she was throughout her life.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to The Regis Fund, Regis College, 235 Wellesley St., Weston MA 02493 advancement@regiscollege.edu or St. Anthony Shrine, 100 Arch St., Boston, MA 02110 stanthonyshrine.org.

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm; Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned

St. John The Baptist ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Monday - Saturday 8:00 AM
Confessions
Wed. 8:30 - 9:00 AM
Sat. 2:30 - 3:30 PM
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4 pm (Saturday)
7:30 & 10:00 am and 6:00 pm
Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Holy Trinity Parish
Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and 8:30 AM Sunday
Our Lady of Good Counsel Church
237 Sea St.
WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and 10:30 AM Sunday
CONFESSIONS: 3- 4PM Saturday
Rev. Martin Dzengeleski- Pastor
Phone: 617-479-9200
EMAIL: holytrinityquincyma@gmail.com
VISIT: www.holytrinityquincy.com

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Worship Service at 10 a.m.
Pastor Vandergrift will lead the service, give the children's message, and preach a sermon.
All are welcome to attend
FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongchurch.org
Sunday Worship Service at 9:30AM
The Rev. Peter M. Preble will conduct the service & preach the sermon "Power To Do"
ALL ARE WELCOME!
Fellowship Time following Service
The church is wheelchair accessible

QUINCY POINT CONGREGATIONAL
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Dr. Stan Duncan, Interim Pastor
Peter Johnston, Interim Associate Pastor
Rachel Hallenbeck, Music Director
email: office@quincypointcong.org

Congregational

Wollaston Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
Worship and Sunday School at 10 a.m.
Elizabeth J. Williams
Pastor
617-773-7432
www.wollastonucc.com
Unitarian Universalist

United First Parish Church
A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.
Worship Service, Church School & Childcare: Sundays at 10:30 AM
Followed by Fellowship & Refreshments
Rev. Rebecca Froom
1306 Hancock St., Quincy
www.ufpc.org

Church of Christ

CHURCH OF CHRIST IN MILTON
330 Edge Hill Rd.,
Milton, MA 02186 • 617-274-2409
www.churchofchristinmilton.org
Maurice Davis, Minister
SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM
Tuesday Bible Study 11:00AM
Wednesday Bible Study 7:00PM
3rd Friday - Couples 7:30PM
4th Friday - Youth 7:30PM

Christian Science

First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings - where testimonies of healing are shared 7:30 p.m.
ALL ARE WELCOME!

Nazarene

Wollaston Church of the Nazarene
Come Join Us For Sunday Worship!
8:00 AM Worship Service (Holy Communion & Liturgy)
9:00 & 11:15 AM Weekly Small Groups
10:00 AM Worship Service
Stephen "Stretch" Dean, Lead Pastor
Andrea Sawtelle, Youth Pastor
Rev. Keuthen, Children's Pastor
Don Reed, Visitation Pastor
37 E. Elm Ave., Wollaston
617-472-5669
email: office@wconaz.org
www.wollastonnazarene.org

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Rebecca E. Baumann

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

HOPE PEACE

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Anthony J. Belmonte, 92

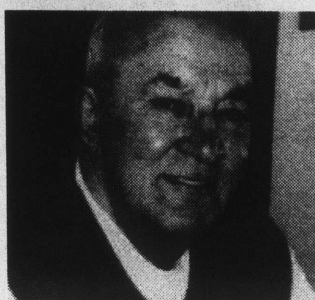
A funeral Mass for Anthony J. Belmonte, 92, of Quincy, was celebrated Jan. 18 in St. John the Baptist Church, Quincy.

Mr. Belmonte died peacefully Jan. 12 surrounded by his loving family.

He was the son of the late Gennaro and Philomena (Russo) Belmonte. Anthony was the loving husband of the late Ann (Pollara) Belmonte to whom he was married for 45 years at her passing in 1995. He is survived by his children, Geraldine Presby and her husband Grant of Halifax, James Belmonte and his wife Lois of Pembroke and MaryLiz Belmonte-Segall and her husband Jeff of Braintree. He was also the father of the late Patricia Ann who died in infancy. He was the devoted and proud Papa to Elizabeth, Ashley, Melissa, Angela, Emily, Alec, Daniel and Lainie.

He is also survived by his two sisters, Maryann Salvatore and her husband Mario of Weymouth, Rovenia Barrese and her husband Sam of North Carolina and his sister-in-laws Joyce Pollara, Louise Belmonte and Anne Belmonte Seigfried. He was loved by his many nieces, nephews and friends. He was the brother of the late Peter, Augustine and Paul Belmonte.

Mr. Belmonte and his twin brother Augustine were born on Sept. 7, 1925. They were inseparable and served side by side in the U.S. Marine Corps during WWII. They also played semi-pro baseball together, winning several



ANTHONY J. BELMONTE

championships.

After working with his uncle as a barber, Mr. Belmonte worked for many years in the Quincy Public Schools and retired as an employee for the City of Quincy.

Always a gentle soul, Mr. Belmonte loved to read and recite poetry. He was known to personalize cards and letters with meaningful poems and even compiled a book of religious and inspirational poems for his family. An avid ballroom dancer, he made many special friends while dancing at Mosely's and The Viking Club for over 25 years.

Mr. Belmonte was an usher at St. John's Church in Quincy and was also a member of the Elks, Sons of Italy, Knights of Columbus, VFW and South Shore Dancer's Club.

Private interment.

Funeral arrangements were made by Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Memorial donations may be made to the Veterans of Foreign Wars of the United States Processing Center, PO Box 8911, Topeka KS 66608-9940.

Jean L. Hodgkins, 87

A memorial service for Jean Louise (MacKenzie) Hodgkins, 87, of Quincy, formerly of Scituate, and Hilton Head Island, SC, will be held at 2 p.m. on May 6 in at First Trinitarian Congregational Church, Scituate.

Mrs. Hodgkins died peacefully and was reunited with her beloved late husband, Alfred H. Hodgkins, on the morning of Dec. 20.

Caring daughter of the late John and Ina (Oag) MacKenzie, she was the devoted mother of Richard Hodgkins and his wife Mary of East Freetown, Daniel Hodgkins and his wife Susan of Scituate, Gail Smith and her partner Joseph Perry of Forestdale, RI, and Beth Green of Hilton Head Island, SC.

Cherished grandmother of April and Brianna Hodgkins, Kathryn and Anna Hodgkins, Michael Green, and Timothy, Nicholas, Christopher and Julia Polyak of Green Township, NJ. Loving sister of Barbara Harvey of FL and the late Ina Baker. She is also survived by several wonderful nieces and nephews.

Mrs. Hodgkins graduated from Quincy High School in 1948 and was a nursing diploma graduate of Quincy City Hospital School of Nursing in 1951, serving



JEAN L. HODGKINS

Quincy City Hospital for over 40 years. She went on to earn her B.S. in nursing, Summa Cum Laude, from UMass Boston in 1986 at the age of 56.

In addition to raising 4 children with her sweetheart, Al, Mrs. Hodgkins devoted 50 years to her career as a nurse. At the pinnacle of her career, she was given the opportunity to develop and direct the Hollingsworth House Adult Day Health Center program in Braintree. She dedicated 10 years to advancing this center to become the #1 program of its kind in the state.

Private interment.

Funeral arrangements were made by Richardson-Gaffey Funeral Home, Scituate.

Jean's Memorial Service will be at First Trinitarian Congregational Church, 381 Country Way,

Memorial donations may be made to The Scots' Charitable Society.

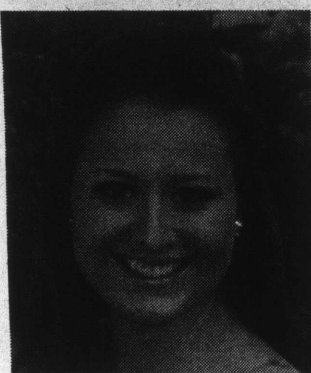
Nicole C. Winters Morissette

A funeral service for Nicole C. (Winters) Winters Morissette of Quincy was held Jan. 20 in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Winters Morissette died Jan. 13.

She was a longtime resident of Quincy. She earned her Associate's degree from Cape Cod Community College. Mrs. Winters Morissette loved animals and frequently took in strays and took care of them. She also loved her family deeply. She will be remembered for her bright smile, sense of humor and how she lived life vicariously. Mrs. Winters Morissette had a huge heart and always wanted to make others happy. She wanted the best for everyone. She will be sadly missed by all who had the pleasure of knowing her.

Beloved wife to Casey L. Morissette of Quincy. Cherished daughter to James Win-



NICOLE C. WINTERS MORISSETTE

ters and his wife Sheila of Walpole and Karen Winters of Quincy. Caring sister to Nash Winters of Weymouth and Rachel Masse of Braintree. Loving granddaughter to Joseph and Mary Keating of Quincy. Also survived by many aunts, uncles, cousins and loving family members.

Memorial donations may be made to MSPCA, Attn: Donation, 350 S. Huntington Ave., Jamaica Plain, MA 02130.

Clementina DiCienzo, 82

A funeral Mass for Clementina (Fornara) DiCienzo, age 82, of Braintree, formerly of Quincy, was celebrated Jan. 17 in St. John the Baptist Church, Quincy.

Mrs. DiCienzo died Jan. 13 at home, surrounded by her loving family.

She was born in Genk, Belgium, to the late Pietro and Rosalie (Volpe) Fornara. She was raised and educated in France and immigrated to the United States in 1954. She had lived in Braintree for thirty-three years, previously in Quincy for thirty-one years.

Mrs. DiCienzo was employed as a special needs aide with Quincy Public Schools for fifteen years working at the Atlantic Middle School.

She enjoyed traveling, crocheting, knitting, and cooking. She was a longtime parishioner of St. John the Baptist Church and a member of the St. John's Seniors. Mrs. DiCienzo was devoted to her family and especially to her six cherished grandsons.

Beloved wife for sixty-



CLEMENTINA DICIENZO

two years of the late Dino DiCienzo. Devoted mother of Marco DiCienzo of Braintree, Peter DiCienzo and his wife Julie of Braintree, the late Bruno P. DiCienzo and his wife Patricia of Hanover. Loving grandmother of Michael, Brian, Stephen, Nicholas, Franco, and Dino. She is also survived by many nieces and nephews.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the charity of your choice.

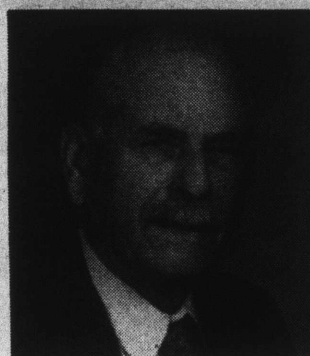
Joseph Renda, 89

A funeral Mass for Joseph Renda, age 89, a longtime resident of North Weymouth, formerly of Quincy, was celebrated Jan. 19 in St. Jerome's Church, Weymouth.

Mr. Renda died peacefully Jan. 15 at the South Shore Hospital, surrounded by his loving family.

He was born in Messina, Sicily, to the late Bartholomew and Agatha (DiPaola) Renda. He was raised and educated in Messina. Mr. Renda was proud of his Sicilian heritage and his service as a member of the Carabinieri for eight years in Northern Italy. He immigrated to the United States in 1957, settling in Quincy where he lived for thirteen years. After which, he resided in North Weymouth for over forty-five years. Mr. Renda was employed as a laborer in the construction industry for Louis Pasquale & Son, Inc. for thirty-five years, retiring in 1991. He was a proud member of Local 133 Laborer Union for over fifty years.

In his free time, he served as an usher at St. Jerome's Church in North Weymouth for twenty-five years. Mr. Renda was also a member of the St. John the Baptist Church Senior Citizens Group in Quincy and the Whipple Senior Center in Weymouth, where he and his wife enjoyed many senior trips. He enjoyed gardening and socializing with his walking buddies at South



JOSEPH RENDA

Shore Plaza in Braintree. He was generous and had a strong passion for helping others.

Mr. Renda was dedicated to his family and especially to his children and his cherished grandchildren, actively supporting all their many activities and accomplishments.

Beloved husband for sixty years of Rose Marie (Marchese) Renda. Devoted father of Anita Marie Renda of Rockland, Joseph Renda, Jr. and his wife Jo-anne of Mansfield. Loving Papa of Amar Alhakim, Dawn Renda, Danielle Renda, and Joseph "Sonny" Renda III. Dear brother of Francesco Renda and the late Salvatore Renda, both of Italy. Also survived by many nieces, nephews and cousins.

Entombment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the charity of your choice.

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For more information visit
www.dewarefuneralhome.com

*\$5,995 plan includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, website announcement, and memorial stationary package (a register book, 100 thank you cards, 100 prayer cards).
A Service Family Affiliate of AFS and Service Corporation International, 206 Winter Street, Fall River, MA 02720. (508) 676-2454.

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Dorothy M. Voelkel

A funeral Mass for Dorothy May (Yout) Voelkel of Wollaston was celebrated Wednesday in St. Ann's Church, Quincy.

Mrs. Voelkel died Jan. 20 and was reunited with her devoted husband of 58 years, William G. Voelkel.

She was predeceased by her parents Matthew and May Yout, her sister Mary Fenton, great-grandson Braden Michael Yee and Chance Harris Eaton and many relatives.

At age 45 she was part of the first LPN graduating class of Quincy College School of Nursing and retired at age 75 from Carney Hospital. Mrs. Voelkel was a 47-year resident of Wollaston and St. Ann's Parish.

Known for having strong principles, determination and resourcefulness she never faltered in her belief in God, which was her foundation through life. Prior to a stroke in 2008, she loved cooking, entertaining, sewing, creating gingerbread houses and was active as a member of the LIVE Yers at the Quincy YMCA.

Mrs. Voelkel is survived by her children Susan Leary and her husband Edward of Wollaston, William Voelkel



DOROTHY M. VOELKEL

and his wife Sandra of GA, Denise Eaton and her husband Paul of Lowell and Richard Voelkel and his wife Vicky of TN. She is also survived by 11 grandchildren and 21 great-grandchildren.

A special thank you to the staff of 3 north of Marian Manor for their incredible love and caring over the past 9 1/2 years. It has been a blessing to our family. We also want to thank all the family and friends who brought Mrs. Voelkel joy with their cards and visits.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the charity of your choice.

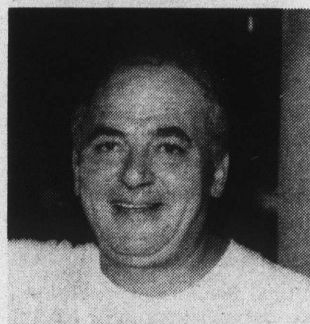
Giuseppe Gulla, 65

A funeral Mass for Giuseppe Gulla, age 65, of Quincy, was celebrated Tuesday in St. John the Baptist Church, Quincy.

Mr. Gulla died peacefully Jan. 17 at home, surrounded by his loving family.

He was born in Palermi, Province of Catanzaro, Italy, to the late Domenico and Maria (Gulla) Gulla. He was educated in Italy and was a culinary school graduate of Scuola Alberghiera in Sorrento, Italy. He served in the Italian Army before immigrating to the United States in 1975 and had lived in Quincy for forty-three years.

Mr. Gulla was a chef with forty-eight years of culinary experience. He began his career working at various restaurants in Florence, Italy and Germany. After arriving in the United States, he worked for Montilio's Baking Company in Quincy. In 1992, Mr. Gulla opened his own restaurant in Quincy Center, the Courtyard Café, which he proudly operated for five years. He later worked for many years at Alfredo Aiello Italian Foods, Inc. of Quincy.



GIUSEPPE GULLA

Mr. Gulla loved cooking and following his favorite soccer team, Juventus. He was dedicated to his family and especially to his loyal dog and companion, Lily.

Beloved husband for forty-two years of Maria (Doria) Gulla. Devoted father of Domenico Gulla and Antonella Gulla, both of Quincy. Dear brother of Laura Iannino and her husband Giuseppe, and loving uncle of Roberto, Giovanna, and Tiziana, all of Canada. He was also survived by several other nieces and nephews.

Entombment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Monica E. Solimando

A funeral Mass for Monica E. Solimando of Quincy, formerly of Milton, was celebrated privately.

Ms. Solimando died Jan. 9.

Beloved daughter of Michael Solimando Jr., and Jodi (Poltack) Solimando. Cherished sister of Gabriella M. and Luke S. Solimando. Also survived by many loving aunts, uncles and cousins.

Funeral arrangements were made by the John J. O'Connor & Son Funeral Home, Dorchester.

Memorial donations may be made to the Dimock Cen-



MONICA E. SOLIMANDO
ter, 55 Dimock St., Roxbury, MA 02119 or Camp Harbor View Foundation, 200 Clarendon St., Boston, MA 02116.

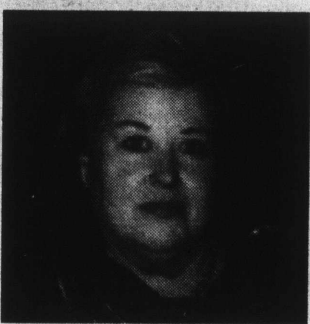
Patricia A. Morrissey, 69

Visiting hours for Patricia A. "Trish" "Pat" (Morrissey) Morrissey, 69, of Quincy, were held Jan. 20 in Keohane Funeral Home, 785 Hancock St., Quincy.

Ms. Morrissey died Jan. 15.

Beloved wife of 35 years to Everett F. "Mac" McQueeney of Quincy. Loving sister of Joyce Morrissey and her husband Benjamin Tucker of Marshfield and James W. Morrissey. Cherished friend of Mike, Colleen and Brendan Shea and Charlotte Durkin of Nashua, NH. Also survived by her nieces and nephews, great-nephews, and treasured in-laws.

Ms. Morrissey retired from the New England Journal of Medicine after working there as a typographer for many years. She was an avid animal lover and cherished all the dogs who were lucky enough to share her life. Ms. Morrissey loved nothing better than a day at the casino, especially



PATRICIA A. MORRISSEY

Foxwoods and Twin River. She lived by the motto, "always bet the max." She will be remembered for her generous personality, her sense of humor, and her ability to talk to anyone and everyone. Ms. Morrissey will sadly missed by all those who had the pleasure of knowing her.

Memorial donations may be made to Buddy Dog Humane Society Inc., 151 Boston Post Road, Sudbury, MA 01776 or to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Anthony E. D'Andrea, 89

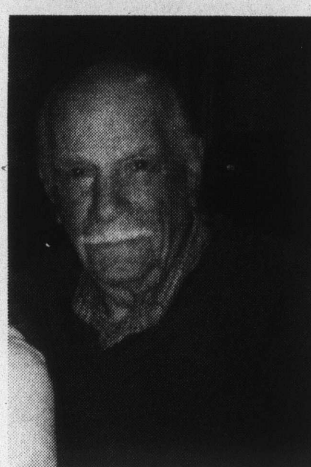
A funeral Mass for Anthony E. "Tony" D'Andrea, age 89, of Quincy was celebrated Jan. 19 in St. John the Baptist Church, Quincy.

Mr. D'Andrea died peacefully Jan. 15 surrounded by his loving family.

He was a Navy World War II veteran, an avid Boston sports fan, and enjoyed playing golf. After retiring from General Motors in Framingham, he worked at the Weymouth Club. He enjoyed walking at the South Shore Plaza socializing with many friends. He took pleasure spending time with his wife, children, grandchildren and great-grandchildren.

Mr. D'Andrea was a longtime active communicant of St. John's church and former member of its Holy Name Society.

The loving brother of Michael D'Andrea of Quincy and the late Gloria Blanchard. He was the beloved husband and best friend of Julie (Speranzo) D'Andrea for 65 years. The loving father of Thomas M. D'Andrea and his partner, Susan Szyg, of Raynham, Gayle M. Patten and her husband Richard F. Patten of Quincy. Papa of Thom-



ANTHONY E. D'ANDREA

as and his wife Christine D'Andrea, Christopher and his wife Meghan D'Andrea, Nicole and her husband Bruce Theriault, Kevin and his wife Carolyn Patten, Andrew Patten, and James Patten. He was the Papa of 9 great-grandchildren and many nieces and nephews. He will be sadly missed by all.

Interment at Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Memorial donations may be made to St. Jude Children's Research Hospital, P.O. Box 1000, Dept., 142, Memphis, TN 38148.

Carol Ringquist

A celebration of life service for Carol Ringquist of Hanover was held Monday in the Alfred D. Thomas Funeral Home, Milton.

Ms. Ringquist died peacefully after a long illness on Jan. 15.

Born in Tarrytown, NY, she lived in Ossining, NY, with her parents and sister (Walter L. and Julia E., and Marion). She enjoyed fishing, gardening, swimming and beaching, music, cooking, traveling, art, history, animals, and above all, people. Ms. Ringquist moved to Boston to attend and graduate from Boston University. She was a very much loved and cherished daughter, sister, aunt, wife, step-mother, and friend. She was a devoted aunt to her nephew, Russell Delaney. Ms. Ringquist, her sister, and nephew lived for many years in Quincy before she moved to Hanover.

She was an awesome cook, a creative and successful gardener (for both food and beauty). She had a talent for developing empty spaces into peaceful and exciting works of art through gardening. She loved the ocean, the beach, swimming and fishing, and animals. Ms. Ringquist was an enthusiastic traveler, and was especially fond of Italy, Greece, and Red Rock Canyon in Nevada. Ms. Ringquist



CAROL RINGQUIST

was fluent in 5 languages. Throughout her long career in human resources and many other aspects of her life she was able to use all of them frequently.

Ms. Ringquist had a good sense of humor; she was loyal to friends (while making them easily and often). She carried the family tradition as a stubborn but essentially cheerful Swede and carried that tradition forward in battling her illness. She is survived by her sister Marion Ringquist, her nephew, Russell Delaney, and his wife, Joanne Delaney.

Memorial donations may be made to the Ovarian Cancer Research Fund Alliance. The alliance suggests that donors email to e-maildonations@ocrfa.org or call 212-268-1002 with questions about any of their giving options. Remember to say in memory of Carol Ringquist in the subject line for these emails.

Kathleen A. Downey, 57

A funeral service for Kathleen A. Downey, 57, of Wollaston was held Monday in the Deware Funeral Home, 576 Hancock St., Quincy.

Mrs. Downey died Jan. 15.

Devoted daughter of the late Colin and Eleanor Jones. Beloved wife of John B. Downey for 35 years. Loving mother of Erin Moran and her husband John of Wollaston. Cherished grandmother of Jacob Moran. Loving sister of Margaret Isaac, Lisa Worth of Wollaston, Carol Broadbent of Quincy, the late Michael Jones, Timothy Jones and sister-in-law of the late



KATHLEEN A. DOWNEY

Tony Isaac. Also survived by many loving and caring nieces and nephews.

Memorial donations may be made to the Doug Flutie Jr. Foundation for Autism Inc., P.O. Box 2157, Framingham, MA 01703, or to flutiefoundation.org.

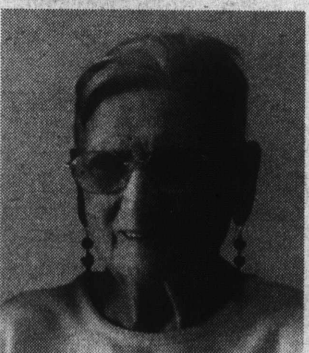
Malvina Tenaglia

A funeral Mass for Malvina (Porreca) Tenaglia, of Quincy, will be celebrated at 9:30 a.m. Thursday in St. Francis Xavier Church, Weymouth.

Mrs. Tenaglia died Jan. 20.

Beloved wife of the late John Tenaglia. Loving mother of Daniel R. Tenaglia and his wife, Maura, of Weymouth and Lorraine E. Squatrito and her husband, Paul, of Quincy. Cherished Nonna to Sabrina, Adam, Sean, and Joseph. Also survived by several nieces and nephews.

Visiting hours were 4 to 8 p.m. Wednesday in McDonald Keohane Funeral Home, South Weymouth. Relatives



MALVINA TENAGLIA

and friends will gather in the funeral home at 8:45 a.m. on Thursday prior to the funeral Mass.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to Marian Manor Nursing Home, 130 Dorchester St., Boston, MA 02127.

**More Obituaries online at:
thequincysun.com**

OBITUARIES

John Coleman

A funeral Mass for John Coleman of Randolph, formerly of Milton and Quincy, was celebrated Tuesday in St. Elizabeth's Church, Milton. Mr. Coleman died Jan.

LEGAL NOTICE

CITATION GIVING NOTICE OF CONSERVATOR'S ACCOUNT

Docket No. NO16P1675PM
**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of:
Carol Gauthier
Of: Quincy, MA**

Protected Person/Disabled Person/Respondent

To the named Respondent and all other interested persons, you are hereby notified pursuant to Rule 72 of the Supplemental Rules of the Probate & Family Court, that the 1st account(s) of

Jennifer Miller of Braintree, MA as Conservator of the property of said Respondent has or have been presented to the Court for allowance.

You have the right to object to the account(s). If you wish to do so, you or your attorney must file a written appearance and objection at this court on or before 10:00 A.M. on the return date of 02/21/2018. This day is NOT a hearing date, but a deadline date by which you have to object to the account(s). If you fail to file the written appearance and objection by the return date, action may be taken in this matter without further notice to you, including the allowance of the account(s).

Additionally, within thirty days after said return day (or within such other time as the Court upon motion may order), you must file a written affidavit of objections stating the specific facts and grounds upon which each objection is based and a copy shall be served upon the Conservator pursuant to Rule 3 of the Supplemental Rules of the Probate & Family Court

You have the right to send to the Conservator, by registered or certified mail, a written request to receive a copy of the Petition and account(s) at no cost to you.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: January 16, 2018
PATRICK W. McDERMOTT
Register of Probate

1/25/18

16.

Beloved son of the late Mary Perkins of Galway, Ireland.

Mr. Coleman was born on March 28, 1937, in Boston. At the age of 10, he became

a resident of Wrentham State School; he later moved to the South Shore Rehab Center and for the last 30 years lived at the Human Service Options. Mr. Coleman attended Work Inc. Stride Day Habili-

tation in Dorchester, where he gained teaching and training of skills to be integrated into society.

He had a passion for being in the presence of others, he communicated semi verbally and by using American Sign Language. Mr. Coleman was an avid sports fan, especially

for the New England Patriots. He enjoyed vacationing in Florida, trips to Dunkin' Donuts and watching movies and wrestling videos on his iPad. Mr. Coleman will be remembered for his easy going personality and his love of being around people. He will be sadly missed but never

forgotten.

Interment at Cedar Grove Cemetery, Boston.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the charity of your choice.

PUBLIC NOTICE

CITY OF QUINCY

BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under Chapter 138 of the General Laws of Massachusetts that the Quincy Licensing Board has received an application from Chinel LLC d/b/a Marina Bay Market, Gloria El-Shurafa, Manager, for a new Convenience Store Wine & Malt Beverages License for the property at 552 Victory Road, Quincy, MA 02171. A hearing will be held in the First Floor Boards & Commissions Room, 1305 Hancock Street, Quincy, on **Tuesday, February 6, 2018, at 4:00 p.m.**

Andrew G. Scheele
Chairman

1/25/18

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING City of Quincy ZONING BOARD OF APPEALS

CASE NO. Z18-1

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, February 13, 2018 at 7:15 pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Simon Lam for a Variance to convert the two family home to a three family home in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 5.1.4 (paving) on the premises numbered 172 VASSALL STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/25/18, 2/1/18

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING City of Quincy ZONING BOARD OF APPEALS

CASE NO. Z18-2

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, February 13, 2018 at 7:15 pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Mr. & Mrs. Joseph Bondi for a Variance to renovate attic and add two shed dormers with decks in violation of Title 17 as amended Chapter 4.1 (dimensional requirements), Chapter 3.4.3 (nonconforming alteration) and Chapter 3.4.2 (nonconforming use) on the premises numbered 10 WEDGEWOOD STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/25/18, 2/1/18

INVITATION TO BID

INVITATION TO BID

**CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169**

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

TRANSPORTATION AND PARKING SERVICES PROFESSIONALS

FEBRUARY 8, 2018 @ 11:00 AM

The City of Quincy, acting through the Office of the Mayor and its Department of Traffic, Parking, Alarm and Lighting, desires a transportation and parking services professional to provide support to the downtown parking effort by implementing satellite shuttle and valet services. This request for qualifications seeks responses from those individuals or firms qualified and competent to provide reliable, comfortable and professional parking services to accommodate changes with both monthly and transient parking.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/RFQ must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked "BID ENCLOSED" with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, Mayor
Kathryn R. Logan, Purchasing Agent

1/25/18

Mary C. Daly

Quincy.

Born in Carrownabina, Sligo, Ireland, she attended St. Brendan's Parish, Dorchester, and St. John the Baptist Church, Quincy.

Beloved wife of the late Edmund F. Daly, Mrs. Daly was preceded in death by her loving sons, Edmund and Kevin; her sisters, Beatrice,

Josephine, and Emily. She is survived by her daughter, Christina and her husband Joseph Doherty, and daughters-in-law, Gayle Daly and Mary Beth Tomaselli, who will miss her. She loved a large family of grandchildren: Christie Morgan Berg, Sean Morgan, Kimberly Morgan Reimers, Erin Daly Pasquantonio, Matthew Daly, Elizabeth Daly Roberts, Thomas Daly, and Neil Doherty. Additionally, she has four great-grandchildren: Mason, Reese, Max Roberts, and Aidan Roberts.

Memorial visitation will be held at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, Saturday from 9:30 to 10:30 a.m.

A reception will follow the funeral Mass.

Memorial donations may be made to the Every Child Fund at Boston Children's Hospital. Contributions can be made online at bostonchildrens.org/givenow or checks can be made payable to Boston Children's Hospital and mailed to Boston Children's Hospital Trust, 401 Park Drive Suite 602, Boston, MA 02215-5301.

LEGAL NOTICE

NOTICE OF PETITION FOR CHANGE OF NAME Docket No. NO17C0405CA Commonwealth of Massachusetts The Trial Court Probate and Family Court Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021 (781) 830-1200 In the Matter of: Timothy W. Bill Of: Quincy, MA

To all persons interested in petition described:
A petition has been presented by Timothy W. Bill requesting that:

Timothy W. Bill be allowed to change his/her/their name as follows:
Grace M. Brown

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: Canton ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00AM) ON 02/14/2018.

WITNESS, Hon. John D. Casey, First Justice of this Court.

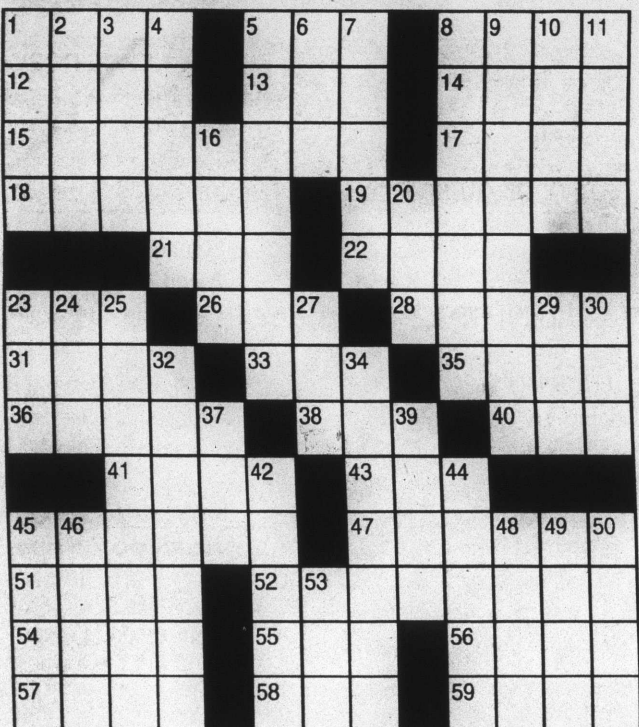
Date: January 10, 2018.
PATRICK W. McDERMOTT
Register of Probate

1/25/18

SUN FUN PAGE

King Crossword

- ACROSS**
- 1 "Mamma Mia!" group
5 Apprehend
8 Colorful fish
12 Clay-rich soil
13 Blunder
14 Portrayal
15 Democrat or Republican
17 Radiate
18 Faucet
19 Arouse
21 Fireworks reaction
22 Delany or Carvey
23 Venomous viper
26 Zodiac cat
28 Passenger
31 Prosperous time
33 Knock
35 Pepsi competitor
36 Soothe
38 Tatter
40 Actor Danson
- 41 A long time
43 Bugging device
45 Tranquil
47 Pencil end
51 Impulse carrier
52 Multiple marriage
54 Expectorate
55 Ailing
56 Malaria symptom
57 Pop
58 Oklahoma city
59 Untouchable Eliot
- DOWN**
- 1 Swiss peaks
2 Animated Betty
3 Java neighbor
4 Chihuahua chum
5 "— a borrower ..."
6 Curved path
7 Wide
8 Occurring naturally
9 Bikini pattern?
10 Lotion additive
11 Chopped
16 Implement
20 Card game for two
23 Lawyers' org.
24 Scale member
25 Edwin Land's company
27 Rowing need
29 — out a living
30 Primary color
32 Purplish
30-Down
34 Kneecap
37 Longing
39 Indiana city
42 Brownish tone
44 Heathen
45 Back talk
46 World's fair
48 Wise one
49 Ostriches' kin
50 Deli loaves
53 On in years



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N L E R U J B A I F H C Z W T
Q W N K W I B F C S Z W U R P
M J O H E (A B D I C A T E) C Z
X U S D N Q R U N L P J C G E
C Z X D D E Q D V T U R N R P
N L O N S N J H H E E E U C A
Y N D I I I A W V T V T O R P
N L G L K E I T I A I A N F G
E N E C E V V R S C G W E O B
Z R X W U I E A S A R P R L O
M L J G G Y E C V D B A D Y

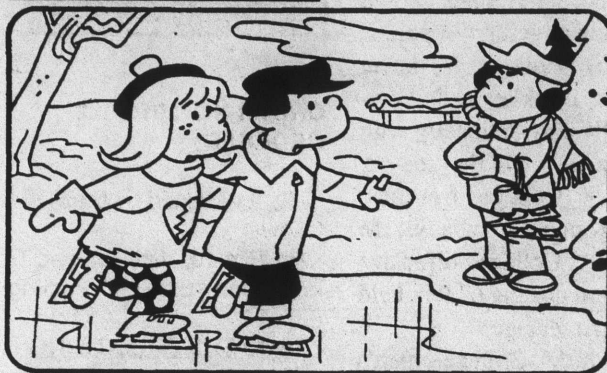
Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally

Abandon Fold Relinquish Vacate
Abdicate Give in Renounce Withdraw
Abjure Give up Resign Yield
Cave in Leave Stand down

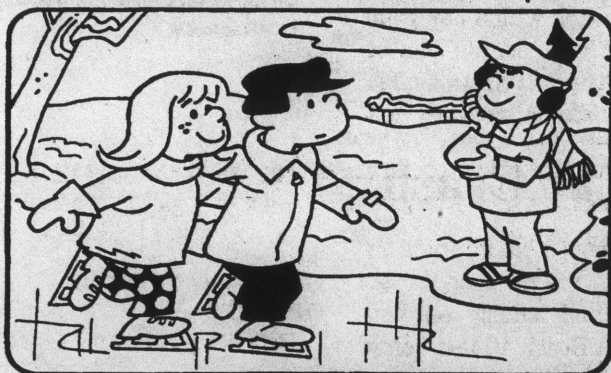
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Hat is missing. 2. Heart is missing. 3. Cloud is missing. 4. Cuts are missing. 5. Arm is moved. 6. Stitches are missing. 7. Shoes are missing. 8. Cuts are missing. 9. Cuts are missing. 10. Cuts are missing. 11. Cuts are missing. 12. Cuts are missing. 13. Cuts are missing. 14. Cuts are missing. 15. Cuts are missing. 16. Cuts are missing. 17. Cuts are missing. 18. Cuts are missing. 19. Cuts are missing. 20. Cuts are missing. 21. Cuts are missing. 22. Cuts are missing. 23. Cuts are missing. 24. Cuts are missing. 25. Cuts are missing. 26. Cuts are missing. 27. Cuts are missing. 28. Cuts are missing. 29. Cuts are missing. 30. Cuts are missing. 31. Cuts are missing. 32. Cuts are missing. 33. Cuts are missing. 34. Cuts are missing. 35. Cuts are missing. 36. Cuts are missing. 37. Cuts are missing. 38. Cuts are missing. 39. Cuts are missing. 40. Cuts are missing. 41. Cuts are missing. 42. Cuts are missing. 43. Cuts are missing. 44. Cuts are missing. 45. Cuts are missing. 46. Cuts are missing. 47. Cuts are missing. 48. Cuts are missing. 49. Cuts are missing. 50. Cuts are missing. 51. Cuts are missing. 52. Cuts are missing. 53. Cuts are missing. 54. Cuts are missing. 55. Cuts are missing. 56. Cuts are missing. 57. Cuts are missing. 58. Cuts are missing. 59. Cuts are missing.

Trivia test by Fifi Rodriguez

1. MYTHOLOGY: What was the name of the chariot-driving Greek sun god?
2. MOVIES: What was the first movie that Elvis Presley appeared in?
3. LITERATURE: Which Russian author wrote the novella "Notes from Underground" in the 19th century?
4. GEOGRAPHY: In what mountain range is Mount Everest located?
5. HISTORY: When was the Woman's Peace Party organized in the United States?
6. MUSIC: What famous singer/songwriter won the Pulitzer Prize for Literature in 2016?
7. U.S. PRESIDENT: Who was the only president to serve two nonconsecutive terms?

terms?

8. ANATOMY: What is the largest internal organ in the human body?
9. GOVERNMENT: What was the first capital city of the United States?
10. AD SLOGANS: What popular drink was advertised as "pure as sunlight" in 1927?

Answers

1. Helios
2. "Love Me Tender"
3. Fyodor Dostoyevsky
4. Himalayas
5. 1915, in response to World War I
6. Bob Dylan
7. Grover Cleveland, 22nd and 24th president
8. Liver
9. Philadelphia
10. Coca-Cola

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Wishing Well®

3 2 6 2 6 5 4 3 6 8 7 6 3
F L H O A H B O R P L M R
6 7 3 2 6 4 5 3 8 2 6 5 3
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7 2 4 2 6 4 2 8 5 6 8 5 8
S O H F A O L O E T C F E
2 7 2 8 4 5 2 7 6 2 7 8 5
U T X E N U U E H R N D N
6 4 6 7 6 5 8 7 3 2 4 5 8
O O M T E T U O E Y R O N
4 7 3 5 3 7 8 3 4 5 7 5 3
A O E D N T A E B A H Y M
7 8 7 8 7 8 3 8 3 4 8 3 4
E F R R S A I I E L D S E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) You might feel bolder as each new success falls into place. But caution is still advised through the end of the week. Until then, a step-by-step approach is best.

TAURUS (April 20 to May 20) That cooperation you request could come at too high a price. Since few can beat the Bovine at being clever and resourceful, why not see what you can do on your own?

GEMINI (May 21 to June 20) Aspects favor a quieter time spent getting closer to the people who are especially important to you. There's always much more to learn and appreciate about each other.

CANCER (June 21 to July 22) The concerned Crab will act to resolve workplace misunderstandings before they get out of hand and cause more-serious problems. Co-workers rally to support your efforts.

LEO (July 23 to August 22) What the Big Cat might see as a disturbing act of disloyalty might just be a failure of communication on both sides. Take time for mediation rather than confrontation.

VIRGO (August 23 to September 22) Be more patient with those who seem unwilling to accept your version of what's right. The fact is, there's a lot more to learn on all sides of this issue.

LIBRA (September 23 to October 22) It should be easier to assess the facts you'll need to make an important decision. But don't com-

mit if you still have doubts. There could be more you need to know.

SCORPIO (October 23 to November 21) Your excitement level remains high as you continue working on that new project. Expect some setbacks. But on the whole, all will move pretty much on schedule.

SAGITTARIUS (November 22 to December 21) It might be wise to be more prudent with expenses right now. But your financial situation should soon clear up, and you could be back shopping, happily as ever.

CAPRICORN (December 22 to January 19) You might prefer sticking with your current schedule. But some newly emerging information could persuade you to consider a change. Keep an open mind.

AQUARIUS (January 20 to February 18) You might want to reject a suggested change. But it could be wise to go with the flow, at least for a while. You can always return to your first plan if you like.

PISCES (February 19 to March 20) You're bolstered by both the practical and poetic sides of your nature as you maneuver through some unsettled emotional situations. Things ease up by week's end.

BORN THIS WEEK: People reach out to your generosity and wisdom, and consider you a treasured and trusted friend.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: A equals S

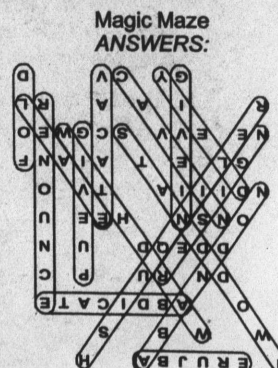
WFSMFSB FQ ZGQDZKZET ZIAT QN
AVHHZAAWVEET RIFE QIGFA, F'M
AIT KT CDNQRZD RIA QRZ BFWQ
NW HIC.

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— King Crossword —
Answers

Solution time: 25 mins.



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DEFUNCT LONG ISLAND BRIDGE (above) connected Moon Island to Long Island before it was detonated in 2015 (below). Boston Mayor Marty Walsh earlier this month announced Boston's plan to rebuild the bridge from Moon Island to Long Island and open a drug recovery facility on the island. Moon Island is accessible only through Squantum. Both Moon Island and Long Island are owned by the City of Boston. Some Quincy public officials, including state Rep. Bruce Ayers and Mayor Thomas Koch, are opposed to rebuilding the span calling it fiscally irresponsible. A hearing on a bill to study the feasibility of building a new Long Island bridge, filed by Ayers, was held at the State House Wednesday. Ayers and Koch are both advocating for a ferry system to Long Island instead of a new bridge because they say a ferry terminal and operation would cost millions of dollars less than a new bridge. *Quincy Sun File Photos/Robert Bosworth*



Hearing Wednesday On Ayers' Long Island Bridge Bill

Cont'd From Page 1

Mayor Martin Walsh announced plans to re-build the Long Island Bridge and place a long-term recovery facility on the island. Walsh announced the plans to rebuild the span, which closed in 2014 and was later demolished, during his Jan. 1 inaugural address.

The plan has been met with opposition from sever-

al Quincy elected officials, including Ayers, Mayor Thomas Koch and Ward 6 Councillor William Harris.

Ayers previously told The Sun the plan to rebuild the bridge was not fiscally responsible.

"Improving our transportation infrastructure to promote economic development and job creation, along with combatting the opiate

crisis, are two of our most paramount challenges," Ayers said. "We need to implement a fiscally responsible plan to accomplish this, but rebuilding Long Island Bridge is not part of the solution."

Koch, in a previous statement, commended his counterpart in Boston for wanting to tackle the substance-abuse issue, but like Ayers said the

plan to rebuild the bridge was not fiscally sound, urging Walsh to consider ferry service instead.

"To stake the future of the island to a new bridge just doesn't make sense to me — both from a financial perspective and a neighborhood perspective," Koch said.

Long Island has long

been a point of contention between the two neighboring cities. The Long Island Bridge is only accessible through Squantum via Moon Island. Moon Island is located within the city of Quincy but is fully owned by Boston, which uses it for a fire department training facility and a police firing range.

Ayers introduced two

other pieces of legislation relative to Long Island in January 2017. One would require public access to Long Island be restored if state funds were used to rebuild the bridge, and the other calls for the establishment of a special commission to determine the future use of both Long Island and Moon Island.

Allison Fitzgerald On Assumption Swim Team

The Assumption College Department of Athletics announces Allison Fitzgerald, of Quincy, has been named to the 2017-18 Assumption College Women's Swimming and Diving team.

Fitzgerald, a member of the Class of 2021, is competing during the Greyhounds' fall and winter season.

"The team is off to a great start with many impressive achievements already earned in early competi-

tion," said Stuart Cromarty, Ph.D., head coach and professor of biology. "This was due to a strong incoming class, a great group returning, and the leadership of a senior class that has benefited from model teams of the past. Throughout the rest of the season, the team will continue to work hard, have fun, and enjoy the process of competing in our conference championships."

Three Quincy Students On Emmanuel Dean's List

Three students from Quincy are on the Dean's List for the fall semester at Emmanuel College in Bos-

ton. They are:

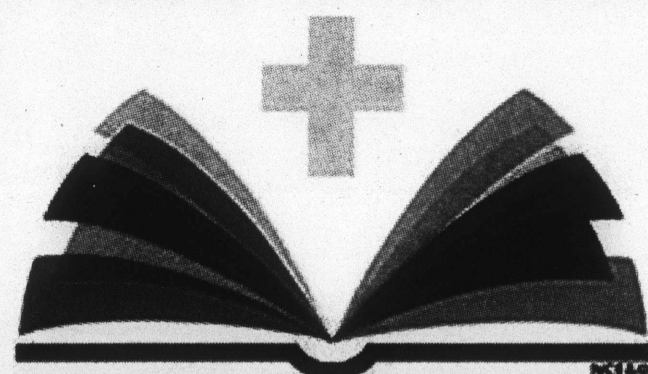
Shauna Canavan, Rahel Sirack and Sarah Tran.

Quincy Catholic Academy Celebrates Catholic Schools Week

Quincy Catholic Academy will be joining Catholic schools across the country to celebrate the National Catholic Education Association's Catholic Schools Week beginning Sunday, Jan. 28.

The NCEA describes the week as "an annual celebration of Catholic education in the United States observed in many ways including Masses, open houses, and other activities for students, families, parishioners, and community members. The week focuses on the value of Catholic education and its contributions to the Church, local communities and the nation. This year's theme is "Catholic Schools: Learn, Serve, Lead, Succeed."

Quincy Catholic Academy, established in 2010, is now the only Catholic school



Catholic Schools
Learn. Serve. Lead. Succeed.

in Quincy. QCA serves a diverse community of students from Preschool (3 years old) to Grade Eight.

Established as a school where "Tradition Meets Innovation," QCA proudly continues the traditions of Catholic schools in Quincy by building a strong spiritual and faith foundation,

providing a challenging curriculum for academic excellence, and creating a safe and nurturing environment. QCA also prepares students for life in the 21st century through differentiated activities in the classroom, state of the art technology, and the development of skills including critical thinking,

problem solving, and the ability to work collaboratively.

Quincy Catholic Academy will be celebrating its 8th year during the 2018 Catholic Schools Week in many different ways with open houses every morning, a whole school Mass, prayer services, spelling bees, trivia contests between teachers and students, essay writing, random acts of kindness, a food drive and so much more. As one of the over 6,400 Catholic schools in the United States, QCA is proud to be part of an educational system described by Pope Francis as "playing a prophetic role in helping future generations tackle problems with an integrated, inclusive approach."

Three Quincy Students On Worcester Polytechnic Institute Dean's List

Three students from List for the fall semester at tute.
Quincy are on the Dean's Worcester Polytechnic Insti- Elio Daci, a member of

the class of 2018 majoring in aerospace engineering; Yi jie Wu, a member of the class of 2020 majoring in chemical engineering; and Jonathan Toomey, a member of the class of 2019 majoring in mechanical engineering.

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EAGLE EYES – Barbara Newman of Quincy recently spotted these two Bald Eagles in a tree in Germantown. She also saw another flying above a frozen marsh. Newman says bird watchers should keep an eye to the trees this winter - it's a good time of year to see hawks and eagles.

Photo Courtesy Barbara Newman

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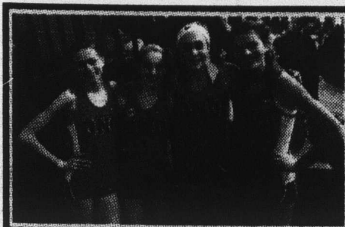
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Track Athletes Shine At Coaches Meet - Page 23

Children's Activities, Events At Library - Page 6

Quincy Chamber Board Of Directors - Page 28



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The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 50 No. 20

Thursday, February 1, 2018

\$1.00



WATER FUN - Some of 50 hearty souls who took part in Saturday's fourth annual "Polar Plunge" in Houghs Neck exit the 41-degree water behind the Maritime Center at the public landing a little colder but all smiles. The event raised approximately \$1,000 for the Atherton Hough Elementary School PTO. Story, more photos on Pages 20. Quincy Sun Photo/Robert Bosworth

Broad Meadows Middle School Storm Damage Detailed

Commissioner Hines: 'We Had Fish Swimming In The Auditorium'

By TOM GORMAN

A storm surge caused by the Jan. 4 Nor'easter caused significant flooding damage in Quincy including Broad Meadows Middle School where power and heat were knocked out.

"January 4 was quite a disastrous day for us," Department of Public Buildings

Commissioner Paul Hines told the school committee on Jan. 24. He noted that despite the extensive damage to the electrical and heating systems, Broad Meadows students lost just one extra day of class thanks to the round-the-clock efforts of city workers to get the school back up and running.

"We just lost one day," he said. "By right, it should have been weeks if not possibly months."

Hines explained that the intense winter storm whipped an astronomical high tide creating a 15-foot storm surge that swamped the surrounding land and went up against the build-

ing. The rushing seawater went under the school, which is built on pilings, and flowed through crawl spaces and pipe holes flooding the National Grid electrical transformer vault, the boiler room and the auditorium.

"It literally was a tsunami coming into those rooms,"

Cont'd On Page 4

Koch Accents Infrastructure Improvements

State Of City Address

By SCOTT JACKSON

Mayor Thomas Koch identified new infrastructure improvements meant to improve the commute for motorists while also benefiting cyclists and pedestrians, discussed the city's finances and defended new development in Quincy during his State of the City address Monday night.

Text Of
Koch's Address
On Pages 14-15

Koch delivered his 29-minute-long speech Monday night in the Richardson Room of the Thomas Crane Public Library. A standing-room-only crowd of more than 200 people

Cont'd On Page 3



MAYOR THOMAS KOCH smiles after acknowledging his family during his State of the City Address Monday in the Richardson Room at the Thomas Crane Public Library.

Quincy Sun Photo/Robert Bosworth

Ayers, Harris Testify In Support Of Long Island Ferry Study

By SCOTT JACKSON

A pair of elected officials who represent Squantum recently testified in support of a bill now pending on Beacon Hill that would call for a feasibility study on creating ferry service to Long Island.

The Legislature's Joint Committee on Transportation held a public hearing on the bill, H1800, Jan. 24 at the State House. Rep. Bruce

Ayers, the Quincy Democrat who authored the bill, and Ward 6 City Councillor William Harris both spoke in favor of the bill during the hearing.

The hearing took place three weeks after Boston Mayor Martin Walsh called for rebuilding the Long Island Bridge and placing a

recovery facility on the island in his Jan. 1 inaugural address at the Cutler Majestic Theatre. The bridge would connect Long Island to Moon Island; the latter is within the city of Quincy's jurisdiction - but fully owned by Boston - and accessible only via Squantum. The city of Boston has es-

timated a new bridge could cost \$40 to \$100 million, depending on its final design. Boston officials have said the city has \$28 million set aside in the city's current five-year capital plan for the bridge project, and anticipate having another \$30 million available in a parking meter fund when con-

struction starts.

Ayers and Harris have both said they are opposed to rebuilding the bridge, citing its impact on the residents they represent. Both have suggested Boston consider implementing ferry service to Long Island instead.

In his testimony before the joint committee, Ayers

said the cost of rebuilding the bridge would be "astronomical" compared to the ferry service.

"Preliminary cost estimates to rebuild Long Island Bridge are in excess of \$100 million," Ayers said. "This bill would allow us to compare those astronomi-

Cont'd On Page 12

4 Liquor Licenses Not Renewed - Page 2
McCarthy Resigns From QC Board - Page 3
Health Topic: 'What Is Sepsis?' - Page 9

More Quincy news:
The Quincy Sun.com



Four Liquor Licenses Not Renewed By Board

By SCOTT JACKSON
The Board of License Commissioners did not renew the liquor licenses held by four establishments that closed in 2017 and had yet to find new homes.

Among those whose licenses were not renewed at the board's Jan. 23 meeting was the Gypsy Kitchen, formerly located at 1241 Hancock St. Lisa Lamme, owner of the now-closed store, told the board she planned to appeal the loss of the store's retail beer and wine license to the Massachusetts Alcoholic Beverage Control Commission.

Lamme, who owned Gypsy Kitchen for 17 years before closing it in May 2017, told the board in December she hoped to re-open elsewhere in the city. On Jan. 23, however, Lamme said she had retained a broker to sell the license after she was

unable to find a suitable location.

"If something presented itself, I'd still have that opportunity (to re-open)," she said. "But I have had five realtors. Nothing has presented itself that I'm happy with that I could do what I do best here in Quincy."

Two parties were interested in the license, Lamme said, and she expected it would be used for a cheese and wine shop similar to Gypsy Kitchen. Lamme asked for a six-month grace period to allow the sale to go through.

Health Commissioner Drew Scheele, the board's chairman, said he was unsure a six-month grace period could be given because all license renewals were due back to state regulators by the end of last week.

"If we don't have an address for your location, it's

going to go in to the ABCC as non-renewal because there is no address on there," he said.

Scheele said Lamme could be allowed to keep the license while the decision was under appeal to the ABCC, and could still sell it to a third party during that time.

The city has three other retail beer and wine licenses available, Scheele said, and those cost \$1,500 each.

The other three establishments not renewed because they were closed were Iron Furnace, formerly located at 1495 Hancock St.; the Half Door, formerly at 1516 Hancock St.; and Wild Willy's, formerly at 588 Washington St. Scheele said those licensees did not object to the non-renewal.

On Monday, Scheele said Quincy would have three or four all alcohol pouring

licenses available citywide once the ABCC clears all the paperwork. There are also 17 or 18 all such licenses available for use only in Quincy Center; special legislation signed into law by then Gov. Deval Patrick in 2013 set aside those licenses.

Scheele on Jan. 23 also provided updates on several other restaurants with all alcohol licenses that were renewed, though they are not open.

Scheele said he had reached out to the McGettrick family, the owners of the now-closed Beachcomber Bar at 797 Quincy Shore Dr. The family has a couple parties interested in the bar, he said, and if those do not come to fruition the family could do something on site themselves. If nothing happens on site this year, Scheele said the license

could be lost during the next renewal period.

The Beachcomber's license had been sold to a group of investors who planned to purchase the property but was returned to the McGettrick family when the deal fell through after a man — later identified as Scott Wolas — allegedly fled with \$1.7 million he raised from investors in the site. Wolas is now in custody awaiting trial on federal fraud charges.

Scheele also reached out to Devin Adams, the owner of Belfry Hall, which will be located at 35 Washington St., formerly the site of the Home Ice Sports Bar. Adams, who also owns the nearby Townshend, plans to open Belfry Hall in March once renovations are completed.

The developers behind Meriel Marina Bay, who hold a liquor license for a

restaurant that will be located on site, are now in the process of hearing bids from restaurateurs interested opening up there, Scheele said.

Bistro Chi/Kama Lounge closed last year after the city took by eminent domain the Cottage Avenue building in which they were located. Because the property was taken by eminent domain, Scheele said, the owners have three years to find a new location before they are at risk for losing the license.

The license held by the Hong Kong, formerly at 1515 Hancock St., is the subject of ongoing litigation, Scheele said. The board in October 2015 rejected a request from Judy Chen to transfer that license to the proposed Shabu J. Japanese Restaurant at 663 Hancock St. That denial is under appeal.

Social Security Topic Feb. 8 At Kennedy Center

Kristen Alberino, Social Security Public Affairs Specialist, will be at the Kennedy Center on Thursday, Feb. 8th at 1:30 p.m. to discuss Social Security benefits and services, the history of Social Security, and online services, followed a question and answer session.

The free workshop will

also provide information on applying for extra help with prescription costs, contacting Social Security to make changes, what additional benefits you may qualify for and when you need to apply for Medicare.

To register for this session call (617) 376-1506. Space is limited.

Director Of Nursing Speaker At Montclair/Wollaston Meeting

The Montclair/Wollaston Neighborhood Association will meet tonight (Thursday) at 7:30 p.m. at the Good Shepherd Lutheran Church, 308 West Squantum St., Quincy.

Guest speaker will be Ruth Jones, director of Nursing for the Quincy Health Department. She will discuss healthy tips, including staying healthy during flu season.

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Caradonna Private Stock Oven Roasted Turkey Breast \$5.99 lb.
Dietz & Watson Peppered Turkey Breast \$6.99 lb.
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Sliced to Order Pearl Roast Beef \$6.99 lb.
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Sliced to Order Carolina Turkey Breast \$1.99 lb.
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Fresh Filet of Haddock \$5.99 lb.
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Koch Accents Infrastructure Improvements

Cont'd From Page 1

was in attendance for the event, including Lt. Gov. Karyn Polito, state Treasurer Deborah Goldberg, and former mayors Walter Hannon and William Phelan. Joseph Shea, a Norfolk County commissioner and a former longtime city clerk, was the master of ceremonies for the hour-long event.

During his speech, Koch touted infrastructure improvements coming this spring and summer meant to improve the flow of traffic at key intersections citywide,

which are being funded by a \$2.3 million bond approved by the City Council last fall.

The mayor said the first phase of the infrastructure improvements "will include state-of-the-art traffic management systems installed at more than a dozen of our busiest intersections and the reconstruction of additional intersections." The system, being developed by engineers at Carnegie Mellon University, will allow traffic signals to adapt to conditions in real-time, Koch

Cont'd On Page 12



TWO FORMER MAYORS - William Phelan (left) and Walter Hannon (right) - share a moment with Mayor Thomas Koch after Koch delivered the State of the City address Monday in the Richardson Room at the Thomas Crane Public Library.

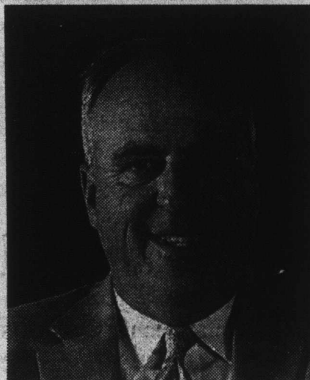
Quincy Sun Photo/Robert Bosworth

McCarthy Resigns From QC Board Of Governors

'I Support College 100% But Time To Move On'

Former Quincy School Committeeman and current Ward 1 Councillor Dave McCarthy has resigned from the Quincy College Board of Governors.

"It is with great regret that I submit my letter of resignation effective immediately," McCarthy said. "My last two years on the board of Governors have been educational, professional and productive. I've sat on many boards/committees during my Quincy career but have never seen a more functional professional group of people that



DAVE MCCARTHY make up this board."

Appointed in the spring of 2016, McCarthy joined the board after 12 years on the Quincy School Committee.

"As I start another chapter in my public career as Ward 1 city councillor I believe the possibility of city issues will be somewhat of a

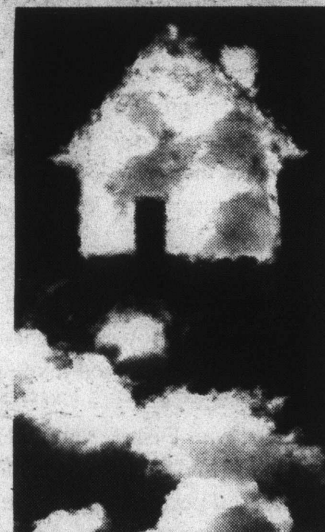
crossroads between the college and my city obligations which could lead to a potential conflict. I support the college and its mission 100 percent but feel it's time to move on," McCarthy said.

"It has been my genuine pleasure to be on the Quincy College Board of Governors. I have enjoyed working with Quincy College's fine staff of professionals and understand the value

of this institution in Quincy and the South Shore. I will miss my associations here, but will not be far away and I wish the college continued success with all endeavors," McCarthy added.

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Ask the GEMOLOGIST

BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



ROYAL BEARING

Amethyst has a royal bearing that belies its humble roots. This purple variety of quartz possesses a rich, plummy purple color that brings to mind regal robes and sumptuous wine. At the same time, this gemstone is tough, durable, and exceedingly affordable; thus, it is well within the reach of anyone who loves all things royal. Because an amethyst ring can withstand the rigors of everyday wear, it's a good choice as the first piece of jewelry for the daughter who was fortunate enough to have it as her February birthstone. No one has to tell a young girl about amethyst's royal pretensions. For her, it only takes one look at the lush purple color to realize its formidable beauty.

Because royalty has always adored the color purple, February's birthstone abounds in ornaments of the ancient Greeks and Egyptians as well as in the British Crown Jewels. And St. Valentine is said to have worn an amethyst engraved with the figure of a tiny Cupid, making romance a "must" at least once a year. Amethyst is also a wise jewelry choice because fine quality gems are available at relatively low prices. Let us help accessorize your jewelry wardrobe with a rich, regal amethyst or two from Rogers Jewelry. It's always fun to visit at 1402 Hancock St. in Quincy Center. You can reach us at 617-773-3636.

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Moments in time

THE HISTORY CHANNEL

• On Feb. 16, 1848, composer and pianist Frederic Chopin plays his final Paris concert. Chopin's musical goal had been to speak to the heart and soul of man. Upon his death, at his request, Chopin's sister was able to smuggle his heart in a jar back to Poland, where it was buried in a church.

• On Feb. 18, 1856, the American Party, also known as the "Know-Nothing Party," convenes in Philadelphia to nominate its first presidential candidate. The Know-Nothing movement began in the 1840s as a result of increasing immigration. When questioned by the press, members would reply that they knew nothing, hence the name.

• On Feb. 14, 1929, penicillin is discovered by Sir Alexander Fleming, a bacteriologist. Fleming left a plate of staphylococcus bacteria uncovered, and noticed that mold that had fallen on the culture had killed many of the bacteria.

• On Feb. 13, 1945, Allied firebombing raids begin against the German city of Dresden, reducing the city to rubble. The medieval city, renowned for its artistic and architectural treasures, had never been a site of war production or major industry.

• On Feb. 15, 1950, Walt Disney's animated feature "Cinderella," six years in the making, opens in theaters. "Cinderella" has been rereleased periodically to keep its popularity alive among new generations.

• On Feb. 17, 1966, Brian Wilson of the Beach Boys rolls tape on take one of "Good Vibrations." Six months, four studios and \$50,000 later, he completed his 3 minute, 39 second symphony, pieced together from more than 90 hours of tape recorded during hundreds of sessions.

• On Feb. 12, 1999, the five-week impeachment trial of Bill Clinton resulting from his affair with 21-year-old intern Monica Lewinsky comes to an end. The Senate voted to acquit on both articles of impeachment: perjury and obstruction of justice.

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Knights Of Columbus Meat Raffle Friday

The Knights of Columbus will hold its monthly meat raffle Friday, Feb. 2 at the council hall, 5 Hollis Ave., North Quincy.

The raffle is sponsored by state Rep. Bruce Ayers in conjunction with the Culinary Arts Program at Quincy

High School which will provide the food.

The food is served at 6:30 p.m. and the raffle begins at 7 p.m.

The raffle is part of the Knights of Columbus annual scholarship drive.

All are welcome.

School Storm Damage Detailed

Cont'd From Page 1

he said. "No amount of infrastructure pumps could have stopped the inundation of water that we experienced."

Hines said the electrical transformer vault, boiler room and the front of the auditorium are all under sea level. He said there was about nine feet of water in the vault where primary electrical and telephone lines were submerged.

"You can imagine the explosion when the water hit," he said. "Thankfully, it is a concrete vault designed to take such an event."

According to Hines, six feet of water flooded the boiler room, submerging the entire heating and hot water equipment and related electronics, pipes and pumps.

The auditorium had two feet of water when the ventilation shafts backed up with seawater.

"We actually had fish swimming in the auditorium," said Hines.

The city's Department of Public Works used two large pumps to pump out the flooded rooms and Quincy's Emergency Management Agency (EMA) was summoned to provide emergency power generators since the building had no electricity.

A private professional contractor was called that brought two mobile boilers - one that pumped heat into the school's heating system and the second to fire up the steam boiler.

That evening, a restoration company steam cleaned the auditorium, vacuumed the sand and sanitized the room.

Hines said there was a persistent odor from the front of the stage in the ensuing days that prompted

the restoration company to return last week. The wood on the front of the stage was ripped out and discarded, dispelling the odor.

"It now smells better than before the flood," he said. "There is no residual damage."

In order to get some heat generated in the school, Hines said ovens and stoves were turned on.

"The temperature in the building got down to 34 or 35 degrees," he said.

The efforts to provide some heat prevented water pipes from freezing which Hines said would have been "catastrophic."

The school is now back on its own heating plant. The two damaged boilers were removed and new boilers installed. All damaged electronics were replaced and the electric transformer repaired.

"The mobile boilers carried the building for two weeks," said Hines. "That was no easy effort."

He noted there is no mold issue as a result of the flooding, explaining that the affected areas were cleaned and dried and that the surfaces are non-organic for mold to grow. Hines said that the water was "clean ocean water" and not urban runoff.

According to Hines, the city's Health Department gave the building a clean bill of health after an inspection following the repairs and cleanup. The health agent's full report is available on the school department's website.

Hines praised the combined efforts of the city's public buildings and DPW workers as well as Quincy Fire Department's Engine 7 crew and outside contractors for getting the school

reopened. He noted that some of the workers toiled in minus five degree temperatures, laying in the snow running temporary electrical lines into the building from the EMA generator. There were some crews that worked 40 straight hours, even sleeping in the school overnight.

"Everybody came together and showed their brightest day for the city of Quincy," he said. "We able to do what I didn't think we could do."

Hines said he would be looking into raising the boilers and mechanicals above flood level to "avoid this from happening again." He will be looking into some possible funding from the Massachusetts School Building Authority for the project.

Quincy School Supt. Dr. Richard DeCristofaro thanked Hines, the maintenance staff, custodians and all involved for their efforts and the "incredible job for get the school back to where it should be."

Mayor Thomas Koch also praised the efforts of city workers dealing with such a devastating storm.

"I can't say enough about the on-ground decision that were made," he said. "It was a pretty intense effort. Out of a bad situation we saw some good."

Also damaged as a result of the storm were 15 of the school department's mini buses parked at the bus yard at the causeway which flooded from the storm surge.

DeCristofaro explained that the vehicles' wiring was damaged from the flooding preventing them from starting. About 200 prekindergarten and special education students were affected for about two days.

The superintendent said that instead of robo calls to parents, administrators called parents individually to alert them to the transportation situation. School officials reworked routes and some parents drove their children to school.

Elder service buses were employed to help transport students and fire department mechanical technicians assisted in repairing the damaged mini school buses.

All but four or five of the buses are now back on line. DeCristofaro said that technicians are in the processing of repairing those.

School committee member Douglas Gutro said that plans should be in place to deal with such storms and protect school properties and assets. He said he would like to look at where school buildings and assets are located relative to flood zones.

"You're not going to stop Mother Nature," he said. "We need to protect our investments. These 100-year storms can happen every year."

Colleague James DeAmicis concurred that there should be a procedure to move the buses to higher ground prior to a storm where such flooding is forecast.

Koch said some long-term plans about the location of the bus yard are going to be reviewed and DeCristofaro added that discussions would be conducted on developing pre-storm procedures.

The superintendent noted that the storm damage to Broad Meadows and the buses will affect the school operating budget. He said details on that issue would be discussed in upcoming meetings.

Friends Of Wollaston Beach Annual Meeting Feb. 10

Advocate, author and educator Bruce Berman will be the keynote speaker at this year's Friends of Wollaston Beach (FWB) Annual Meeting on Saturday, Feb. 10 from 10 a.m. to noon at the Kennedy Center, East Squantum Street, Quincy.

Berman will report on the health of Boston Harbor. He has served as spokesman and director of Save the Harbor/Save the Bay (SH/SB) Boston since 1990.

He is the architect of its youth environmental educa-

tion, recreation and stewardship programs.

Berman is also the editor and lead contributor to the popular blog "Sea, Sand & Sky."

Following Berman's presentation, FWB will hold its election of officers for 2018. The nominating committee has presented the following slate: President and Treasurer, Maureen Mazrimas; Vice President, George Kober, and Secretary, Bob Verney.

Gutro will also present

the 2018 "Spirit," "Friend," and "Member" of the year awards. There will be door

prizes including a FWB t-shirt, five FWB memberships (\$10 each), and gift cards to local businesses.

Croall Hosting

'Talk N' Coffee' Saturday

Ward 2 Councillor Brad Croall will host a "Talk N' Coffee" session Saturday, Feb. 3rd from 8:30 to 9:30 a.m. at Webster's Eatery, 13 Scammell St.

Residents are invited to come share their concerns, ideas and opinions over a

cup of coffee and also meet some of their neighbors.

All Ward 2 residents are invited and encouraged to attend.

For more information call 857-939-1624 or e-mail bcroall@quincyma.gov.

Saddened By Bob FitzGerald's Passing

I was sad to learn that Bob FitzGerald of the South Shore Buick passed away but pleased to read the wonderful tribute to him in The Quincy Sun newspaper.

As a Buick customer for many years, I had the plea-

sure of speaking with Bob on a number of occasions—just chitchat. He was a business person but also a "people" person who was willing to take the extra step to please. When I brought my 1989 Buick in for service, there

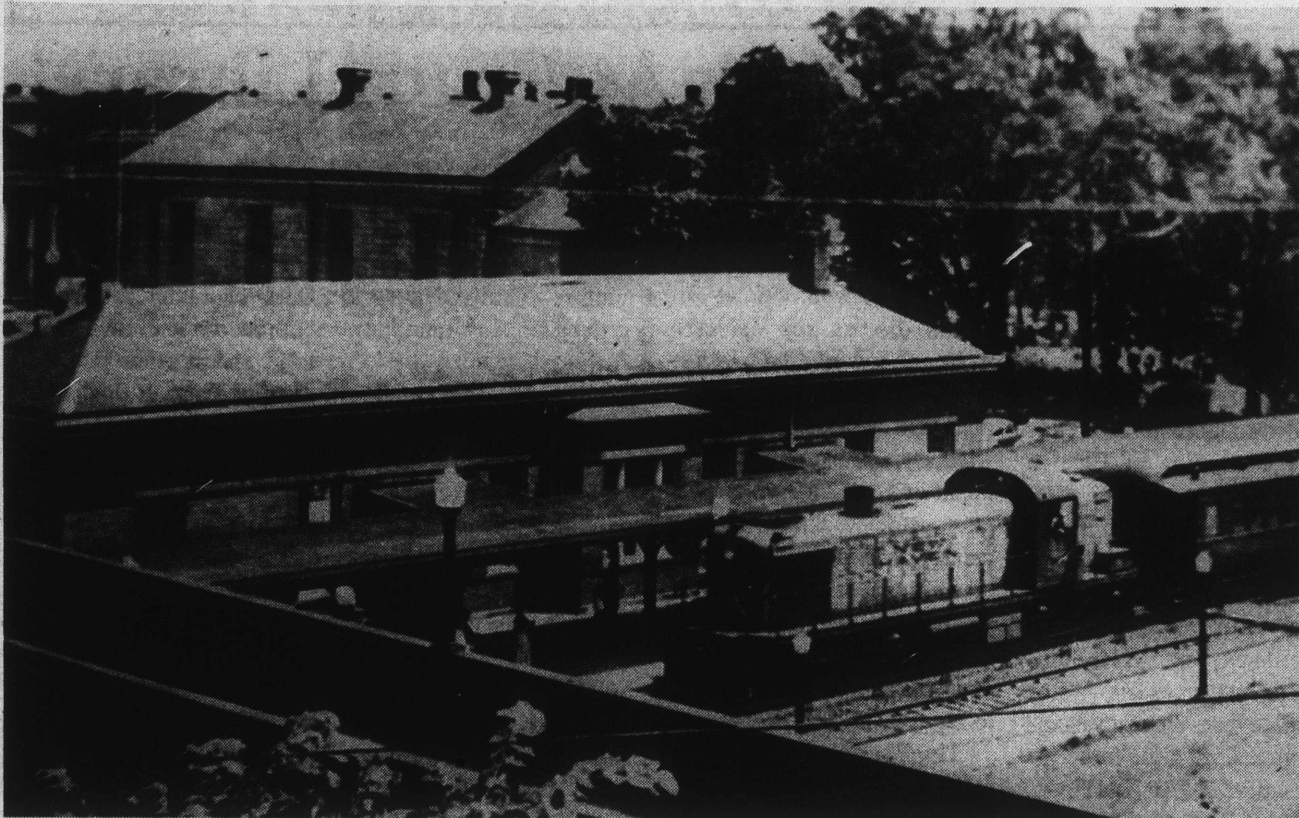
was never any pressure to purchase a newer model. I still have my car, and it is a nice reminder of the great service I received.

Well done Mr. Bosworth. Thank you for the warm reflection of a kind man.

Carol LaFleur
Quincy

READERS FORUM

Scenes From Yesterday



THIS IS A 1952 real photo postcard view of the old Quincy Center railroad station that was on Depot Street. It was then part of the New Haven Railroad, the last private operator of the train service in Quincy. Diesel-powered passenger trains like the one shown here were later replaced by the self-propelled Budd cars before use of the station was discontinued by the New

Haven in 1959. The MBTA replaced this station with the present Red Line Station and garage when train service was resumed in 1971. The footbridge in the left foreground connected Upland Road to the station; City Hall is in the background. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Quincy's Yesterdays

This Week
1978
40 Years Ago

The Big Blizzard Digout Of '78

An army of weary workers struggled into the weekend to dig Quincy out from what may be the worst snowfall of the 20th century; one that brought the city to a standstill for at least four days.

The northeast storm backed by winds that gusted to more than 90 miles an hour dumped at least 26 inches of snow Feb. 6 and Feb. 7, the heaviest since the Boston weather bureau began keeping records in 1870.

The headline of Page One of *The Quincy Sun* that week appealed: Please, No More!!!

High tides, urged on by the winds, rose at least five feet higher than usual, flooding sections of Houghs Neck and Squantum where several hundred people were evacuated.

"This was something that happens once in a hundred years," said Quincy Police Captain Roy Cavicchi. "I've been on the force 25 years and I have never seen anything like it."

Quincy City Hospital received needed blood supplies as well as drugs and other necessary items by helicopter.

SNOWMOBILERS UNSUNG HEROES

Snowmobilers were out doing their thing rescuing people during this week's big storm. Norman Forde of Wollaston was with one of the two-man teams, which rescued a driver who had been shivering in his car for almost six hours.

In addition to rescuing frostbitten drivers, the snowmobilers continued to patrol the highway to prevent vandalism of abandoned cars.

QUINCY-ISMS

Dependable Cleaners with three locations in Quincy, was advertising in the *Sun*, "Any Slacks, Pants, Sweaters, Only \$1.19 Each With This Coupon"... The Mayor's Commission on the Status of Women was sponsoring an orientation for elected officials, Feb. 12 at the home of School Committeewoman Mary. P. Collins, 116 Landsdowne St., Squantum. Mrs. Collins is a member of the Commission... Helen Boyajian, librarian at the Houghs Neck Branch of the Thomas Crane Public Library, presented pins to volunteer students who help at the Houghs Neck Branch. Michelle Beven, daughter of Mr. and Mrs. Allen Beven, 43 Macy St., has completed 358 hours while Cheryl Chapman, daughter of Mr. and Mrs. Walter Chapman, 20 Shennen St., received her 100-hour pin... Police Lt. John A. Morton presented a Certificate of Appreciation to the George F. Bryan VFW Post in recognition of their donation of an oxygen resuscitator to the Quincy Police. The award was received by Post Commander Gordon C. Bergstrom and Post Quarter Master James P. Lynch... Quincy Typewriter Service, 5 Maple St., Quincy Center was advertising "Olivetti Adding Machines \$69.95"... The Junior High School luncheon menu for Monday, Feb. 13 included: Hamburger on a Fresh Baked Bun, French fries, fruit, Jell-O with topping and a beverage... Roy's Flowers, 94 Washington St., was urging the purchase of a "Love Bundle Bouquet For \$15"... A Blood Program, sponsored by Quincy-area banks, was scheduled for Tuesday, Feb. 28, according to Robert J. Quinn of South Shore Bank, coordinator of the program... Dinner Chairman Joseph Gildea announced that the Montclair Men's Club will hold their annual award dinner, honoring NBC sportscaster Curt Gowdy on Saturday, March 4... Rod Peterson of Quincy, a graduate of Eastern Nazarene College, was exhibiting his paintings at the North Quincy branch of the Thomas Crane Public Library... Rep. James A. Sheets (D-Quincy) has urged the Army Corps of Engineers to speed up its proposed flood projects on Town Brook and Furnace Brook, in view of recent flooding in the areas... Rep. Thomas F. Brownell (D-Quincy) has called for an investigation of service on the MBTA, particularly the Red Line servicing Quincy... Thayer Academy announced that entrance examinations for admissions to the Middle School (grades 6-8) will be given Saturday, Feb. 11... St. John the Baptist Parish, 44 School St., was planning an Evening of Recollection for the Quincy Vicariate Feb. 16. Bishop John D'Arcy, Auxiliary Bishop of Boston, was the featured speaker... Fr. Joseph Morton of Mission Church, Roxbury, will be the speaker at the Annual Memorial Mass of the Morrisette Legion Post to be held at St. Mary's Church, West Quincy.

QCAP Kicks Off VITA Free Tax Program

Quincy Community Action Programs (QCAP) kicked off its annual Volunteer Income Tax Assistance (VITA) program, a free tax preparation service for low-to-moderate income individuals and families.

Now through April 14th, QCAP will help local families access millions of dollars in tax refunds, including the Earned Income Tax Credit (EITC).

"The EITC and other tax credits have been noted as some of the most critical programs in operation to fight poverty," said Kristen Schlapp, director of QCAP's Adult Education and Workforce Development programs. "Our clients are often walking a financial tightrope, and can use their refunds to pay down debt

or bills, or, with the help of our free tax counseling, they can start to invest their refunds."

The VITA program offers free tax help to people who generally make \$56,000 or less, or who qualified for QCAP's fuel assistance program and who are full-year residents of Massachusetts. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals, including the Federal Form 1040 and MA Form 1.

There are approximately 80 VITA sites operating across the state, run by Community Action Agencies like QCAP and other community-based organizations and colleges. Together they serve more than 30,000 low

income tax payers, helping them to access over \$60 million in tax refunds. A further benefit of the VITA program is that those who qualify save over \$4.5 million by not going to fee-for-service tax preparation sites. Last year, QCAP provided free tax preparation assistance to more than 700 low-income residents, helping them to claim more than \$1.1 million in tax credits.

The VITA program is also an important bridge to other services and resources than can help families maximize their income and gain financial stability. QCAP's VITA program will help its clients access its Financial REACH Program - which provides financial capability services and job search and placement - food, fuel, and housing assistance, adult education, and early education and care programs, in addition to a host of other community resources.

"Even though a client may first contact us for help with their taxes, they may

be eligible for a number of other services and resources, helping them to stretch their income, and gain solid financial footing," said Beth Ann Strollo, QCAP's Chief Executive Officer. "This service integration approach is a hallmark of community action agencies."

QCAP's VITA program runs Thursdays 5:30 to 8 p.m. and Saturdays 10 a.m. to 3 p.m., through April 14th, on the fourth floor of its 1509 Hancock St., Quincy location. New this year: All appointments are walk-in only. No prior appointment necessary. For more information, visit www.qcap.org or contact 617.657.5345 or taxes@qcap.org.

The VITA Program is supported through a grant from the US Internal Revenue Service (IRS) through Massachusetts Association for Community Action (MASSCAP), the United Way of Massachusetts Bay & Merrimack Valley, and private contributions.

27 Quincy Students On Bridgewater Dean's List

Twenty eight students from Quincy are on the Dean's List for the fall semester at Bridgewater State University.

They are:

Marina Boskovic, Rebecca Brennan, Molly Brown, Lynne Campbell, Stephen Cobble, Nicole Coloma, Tanya Connor, Christopher Coughlan, Ashley Faiella, Emma Kimmell, Hannah Kirby, Bui Hin Lam, Marie Lavigne, Sophia Maniscalco, Leann McColgan, Alicia Murphy, Molly Murphy, Amy Murphy, Olivia Noonan, Kristyn Pieper, Conor Pound, Lucas Reale, Michael Rooney, Nicholas So-

lander, Madison Synan, Alexa Topalli, Melissa Zeng, and Rui Zou.

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Arts & Entertainment

February Children Events, Activities At Crane Library

By JULIE RINES

Thomas Crane
Public Library

The Thomas Crane Public Library announces the following events and activities for children during February.

Drop in Storytimes

Drop in storytimes are offered for babies and preschoolers weekday mornings beginning Friday, Jan. 26th. Stop by the library or check our website thomascranelibrary.org for details.

Music and Movement with Rubi

On Saturday, Feb. 3rd at 10 and 10:30 a.m. sing and dance with Rubi Lichauco! Rubi brings her popular preschool program to Quincy so put on your favorite dancing shoes and join us for this lively mix of music and movement for children ages 0-4 accompanied by an adult.

We hold two sessions of this program so that there is plenty of room to move and dance. No registration is required; when the 10 a.m. session fills we will close the doors. Please spend some time in the children's room choosing books or playing with our early literacy activities while you wait for the 10:30 a.m. session. Thank you for your cooperation, we really think two smaller groups will make this program more fun for everyone.

Children's Movie Matinees @ North Quincy

Monday afternoons at 3 p.m. join us at North Quincy for a movie matinee. Our movies for February are

- Feb. 5th - Phantom Tollbooth Rated G 90 min

- Feb. 12th - Willy Wonka and the Chocolate Factory Rated G 100 min.

- Feb. 26th - Tale of Despereaux Rated G 93 min.

Preschool Discovery @ Wollaston

Drop by the Wollaston Library with your preschooler any time between 10 a.m. and 11 a.m. on Thursday, Feb. 8th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Learn about the human body this month. Hear a heartbeat, trace yourself, get a good look at your fingerprints and measure your feet! This program does not require registration.

Science Saturday - Winter Science

Join us on Saturday, Feb. 10th at 10 a.m. for a hands-on exploration of winter, snow and ice.

Explore some wintry science this month! Learn about snow, ice, and how they melt with several different science activities. We'll be melting ice in different ways, playing around with slippery surfaces to learn about friction, and you can make your own snowflake after looking at how real snowflakes look up close!

This program is recommended for children ages 5 and older accompanied by an adult.

Lunar New Year with Grace Lin

Bring your family to a special storybook program with Grace Lin, award-winning children's author at QARI's Lunar New Year Festival on Sunday, Feb. 11th in the North Quincy

High School Library at 2:45 p.m.

Before you go check out our displays of Ms. Lin's books at the library.

Lin is a New York Times bestselling author/illustrator and in 2016 was recognized by President Obama's office as a Champion of Change for Asian American and Pacific Islander Art and Storytelling.

Presented in partnership with Quincy Asian Resources, Inc. Visit quincyasianresources.org or email events@quincyasianresources.org for more information. #QARILNY

Middle School STEAM

Students in Grades 5-8 are invited to join us on Tuesday, Feb. 13th at 2 p.m. for Middle School STEAM - Stop Motion Animation.

We will have a couple of tablets for the group to use. If you have your own smartphone or tablet you can pre-load one of the many stop-motion apps available (Stop Motion Studio, iMotion, and PicPac are just a few) so you'll be ready to start as soon as you arrive.

We'll provide the stages to film at, toys to use, stands for your devices, and advice on how to make your own mini-movie.

Each month we will be exploring a different STEAM (science, technology, engineering, art and math) topic.

Book Clubs for Kids

Do you like to read? Would you like to talk to others about books? Then you will like our book discussion groups. Join us each month to discuss all kinds of books

The Night Owls' Book

Club for children in grades 3 and 4 meets on the second Thursday of each month.

This month we'll be meeting on Feb. 8th at 7 p.m. to discuss *Top Secret: A Handbook of Codes, Ciphers, and Secret Writing* by Paul B. Janeczko

This book has everything a budding spy or cryptographer wants to know about creating codes, ciphers, and the methods of concealment. An answer key provides a great opportunity to practice new skills from pictographs to Igpay Atinlay.

The Phoenix Book Club for children in grades 5-8 meets on the second Tuesday of each month to discuss a variety of books. The Club will meet on Tuesday, Feb. 13th at 7 p.m. at the Main Library.

This month we will be discussing *Time Travel*. Whether it's by magic, a time machine or through mysterious unknown methods, time travel stories let us explore years gone by or the distant future. What would it be like to suddenly find yourself 1,000 years in the past? Or what if you could zap yourself a week into the future? Take a trip through time and join us to talk about where and when we went.

Too busy to join us this month? Stop by the library anytime to find out about when we'll be meeting next.

Saturday Storytime with Denise Shaver

Join Denise Shaver for a family storytime full of stories, songs, and rhymes for Lunar New Year. This program is for children ages 2-5 accompanied by an adult on Saturday, Feb. 17th at 10 a.m. at the Main Library. No registration required

Parent Workshop: Love and Limits Positive Discipline

Every child needs guidance, however sometimes it is difficult for parents to know when to stand firm and when to let it go. Join us on Tuesday, Feb. 27 from 6 to 7:30 p.m. for this parent workshop where, Jane Murray, LMHC, CEIS from Step One Early Intervention will help you "pick your

battles," when it comes to setting limits for your young child ages 5 and under.

Sponsored by Quincy Braintree Family Network and the Thomas Crane Public Library.

For more information contact the Quincy Braintree Family Network at 617-479-8181 ext. 305.

This workshop is for adults only. Sorry, there is no babysitting for this workshop. No registration required

SCHOOL VACATION WEEK EVENTS

Childrens Movie Matinee @ Adams Shore - Emoji Movie

Join us at the Adams Shore Branch on Tuesday, Feb. 20th at 10 a.m. for a showing of the *Emoji Movie*

The *Emoji Movie* unlocks the never-before-seen secret world inside your smartphone. Hidden within the messaging app is Textopolis, a bustling city where all your favorite emojis live, hoping to be selected by the phone's user.

In this world, each emoji has only one facial expression - except for Gene, an exuberant emoji who was born without a filter and is bursting with multiple expressions. Determined to become "normal" like the other emojis, Gene enlists the help of his handy best friend Hi-5 and the notorious code breaker emoji Jailbreak. Together, they embark on an epic "app-venture" through the apps on the phone, each its own wild and fun world, to find the Code that will fix Gene.

But when a greater danger threatens the phone, the fate of all emojis depends on these three unlikely friends who must save their world before it is deleted forever. Rated PG Runtime 86 min

Dungeons and Dragons Encounters

New and experienced players ages 10 to 15 are invited to join us on Tuesday, Feb. 20th at 7 p.m. in the Main Library Children's Room for this introduction to D&D 5th edition game play. Take on the role of a fantasy hero in this month-

ly Dungeons and Dragons game.

We will help you customize an Adventurer's League D&D character you can use both in our monthly adventures and at other D&D Organized Play. If this is your first time joining the group please arrive early, about 6:45, to create your character so we'll be ready to play when everyone else arrives.

Your group of adventurers will start out at level one and take on the module from the 5th Edition D&D Starter Set. Unravel the mysteries of the Lost Mine of Phandelver and what monsters and treasures lie within!

Collage Craft at Adams Shore

Join us at 2 p.m. at the Adams Shore Branch Library on Wednesday, Feb. 21st for a fun afternoon craft session making collages. Check out all the different materials we have on hand and see what you can make. All ages welcome.

LEGO Building at Wollaston

Drop in on Thursday, Feb. 22nd anytime from 9:30 a.m. to 4:30 p.m. for free-play LEGO building. Grab some LEGO bricks and build a boat, a spaceship, a double-decker couch - anything you want, then toss them back and try to make something else.

LEGOs must be returned by the end of the program, sorry!

Parents please note regular LEGO are intended for children ages 5 and older, DUPLO and other building toys will be available for younger children.

Candyland Fun and Games

Join us in the Children's Room any time between 1 and 4 p.m. on Thursday, Feb. 22nd to play the board game Candy Land, watch a Hansel and Gretel movie and create some candy inspired crafts. All ages welcome.

Childrens Movie Matinee @ Adams Shore - Beauty and the Beast

Join us at the Adams Shore Branch on Thursday, Feb. 22nd at 2:30 p.m. for a showing of the new live action *Beauty and the Beast*.

Cont'd On Page 7

Quincy Access Television
88 Washington Street
Quincy, MA 02169



www.qatv.org
617-376-1440
617-376-1441



Public Access Channel 8

Thursday, February 1
7:30pm: NQ vs. Plymouth South Girls Basketball
9:00pm: At the Kennedy Center: The Car Doc

Friday, February 2
11:30am: LIVE: Currently in Quincy
10:00pm: The Constitution: Then & Now

Saturday, February 3
12:00pm: CIQ Interviews: Norfolk RSVP/NFPA
1:00pm: High School Basketball

Sunday, February 4
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, February 5
11:30am: LIVE: Currently in Quincy
7:00pm: LIVE: Eye on Quincy

Tuesday, February 6
6:00am: LIVE: AM Quincy with Joe Catalano
6:00pm: Eye on Quincy (replay)

Wednesday, February 7
6:00pm: Good News
9:30pm: Sound Advice

Government Access Channel 9

Thursday, February 1
10:30am: FYI: QHD Fatty Liver
12:00pm: At the Library: QHS/NQHS Choirs
8:00pm: At the Kennedy Center: The Car Doc

Friday, February 2
6:00pm: City View with Mayor Koch
7:00pm: State of the City Address
9:30pm: At Your Library: February

Saturday/Sunday, February 3/4
10:00am: At Your Library: February
12:00pm: State of the City Address
3:00pm: At the Library: QHS/NQHS Choirs
7:00pm: State of the City Address

Monday, February 5
7:30pm: LIVE: City Council

Tuesday, February 6
12:00pm: City Council 2/5
8:00pm: At the Library: Dances by Isadora
9:00pm: State of the City Address

Wednesday, February 7
6:00pm: In the Know: Substance Use Prevention
7:00pm: City Council 2/5

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

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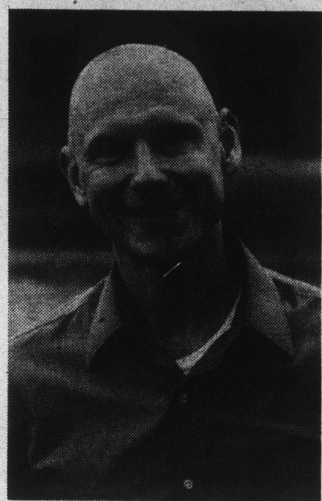
Lt. Gov. Candidate Quentin Palfrey Addresses Local Democrats

Quentin Palfrey, a former Obama White House official and non-profit leader running for Lieutenant Governor, recently spoke at the monthly meetings of the Quincy Democratic City Committee and Braintree Democratic Town Committee.

Palfrey, a longtime Democratic activist, announced his candidacy last September and topped the Democratic field of lieutenant governor's candidates in fundraising for 2017.

In his remarks to the Democratic committees, Palfrey said, "I have spent my life fighting for good jobs and fair pay and working to reduce inequality and poverty. As lieutenant governor, I will be a strong advocate for our working families and seniors to preserve and strengthen what makes this Commonwealth great."

"We need to make sure Massachusetts is working for all of its residents. By collaborating with lo-



QUENTIN PALFREY

cal leaders in our cities and towns, we can focus on the issues that impact residents every day - investing in our schools and transportation infrastructure, combating the opioid epidemic, and creating jobs."

Palfrey worked with President Obama to support innovation and create jobs as senior advisor for Jobs and Competitiveness in the White House Office of Science & Technology Policy and Deputy General

Counsel for Strategic Initiatives at the US Department of Commerce from 2009 to 2013.

Prior to working in the Obama administration, he served as chief of the Healthcare Division in the Massachusetts Attorney General's Office. There, he played a key role in important policy decisions relating to implementation of Massachusetts' landmark health reform law, spearheaded important consumer protection efforts, and oversaw multi-million dollar litigation and investigations against insurance companies, pharmaceutical companies, and healthcare providers.

Most recently, Palfrey served as Executive Director of J-PAL North America, the poverty lab at MIT that is dedicated to using rigorous research to fight poverty and inequality in North America.

Palfrey, a Southborough native, and his wife, Anna, have three children.

Pre-Kindergarten Program Screenings March 6, March 13

Quincy Public Schools will conduct screenings for students entering the Integrated Pre-Kindergarten programs for the 2018-19 school year on Tuesday, March 6 and Tuesday, March 13.

To request a screening appointment, go to the QPS website - www.quincypublicschools.com. Under Parent Links on the home page, select Pre-Kindergarten programs to bring you to the Pre-Kindergarten Student information form.

Screening appointments will be available in March or April and families will be contacted based on the age priorities.

The Quincy Public Schools Integrated Pre-Kindergarten Programs serve 3- and 4-year old children with special needs and their typically developing peers. Classes are half-day sessions held on Mondays, Wednesdays, Thursdays and Fridays or full days, two

days per week. Pre-Kindergarten classes are held at the Snug Harbor Pre-School and the Della Chiesa Early Childhood Center.

Priority is given to 4-year olds, followed by children who are 3½ or older. There is a limited number of Pre-Kindergarten program openings each year and that transportation is not provided for typically developing students.

Children must be 3 years old on or before Aug. 31, 2018 to be considered for the 2018-2019 school year.

• **Title I Integrated Pre-Kindergarten Program:** Children who reside in the following school districts are eligible for these classes: Clifford Marshall, Lincoln-Hancock, Parker, and Snug Harbor. There is no tuition fee for this program.

• **City Wide Integrated Pre-Kindergarten Program** - Children who reside in the following school districts are eligible for

these classes: Atherton Hough, Beechwood Knoll, Bernazzani, Merrymount, Montclair, Squantum and Wollaston Schools. There is a tuition fee for this pre-kindergarten program.

"If you are unsure of your neighborhood school district, please consult the QPS Street Directory available on our website," said Erin Perkins, director of Special Education.

Special Education Screening - Consistent with the Special Education Act, Quincy Public Schools conducts a screening for three- and four-year old children in order to identify those who have special needs. Call the Snug Harbor Pre-School at 617-984-8951 to make a Special Education screening appointment.

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Two On Dean College Dean's List

Two students from Quincy are on the Dean's List for the fall semester at Dean

College in Franklin.

They are:

Taisha Alexandre and Madison Attardo.

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Social

Small Toys Donations Sought For Food Pantry Easter Baskets

Interfaith Social Services is seeking donations to help fill Easter Baskets that will be distributed to the children of local food pantry clients.

The baskets brighten the lives of children who may be living in difficult circumstances and are enthusiastically received by families of all religions. Last year, Interfaith distributed more

than 300 baskets to children ages 12 and under.

Interfaith Social Services is seeking donations of small toys to fill the Easter baskets for families in need.

Examples of small toys that will fit in the Easter baskets include:

Play-Doh, small balls, bubbles or jump ropes; Crayons, stickers and art

supplies; toy cars, small puzzles and games; blocks and stuffed animals.

Small toy donations should be dropped off at Interfaith's office, 105 Adams St., Quincy, no later than Friday, Feb. 16.

Contact Food Pantry Manager Eileen Kelly with questions at ekelly@interfaithsocialservices.org or 617-773-6203 ext. 19.

Duck Viewing Saturday In Squantum

The Park Department and the Mass. Department of Conservation and Recreation are offering a free program on Saturday, Feb. 3 to view the ducks that visit Quincy in the winter.

Participants should meet at 1 p.m. at the white shelter

in the Squantum Point Park parking lot. From Quincy Shore Drive, turn on to E. Squantum Street, turn left on to Victory Road in Marina Bay, proceed straight through the first rotary, turn left on to Haul Road to the

park.

Bring binoculars if you have them. Some loaner pairs will be available.

Call 617-472-0799 for rescheduling information if conditions too icy, rainy or snowy.

Seven Quincy Students On Lasell Dean's List

Seven students from Quincy are on the Dean's List for the fall semester at Lasell College in Newton. They are:

Samantha Mills, man-

agement, Class of 2018; Katie Porter, IDS Elementary Education, Class of 2018; Kimberly Andrews, history, Class of 2019; Ciara Flaherty, human services, Class

of 2019; Emma Papile, hospitality management, Class of 2019; Riley Driscoll, communication, Class of 2020; and Karen Urdaneta, sociology, Class of 2020.

February Children Events, Activities At Crane Library

Cont'd From Page 6

Belle, a bright, beautiful and independent young woman is taken prisoner by a beast in his castle. Despite her fears, she befriends the castle's enchanted staff and learns to look beyond the Beast's hideous exterior and realize the kind heart and soul of the true Prince within.

Rated PG Runtime 129 min.

Saturday Storytime @ North Quincy

Join children's librarian Cathy deVeer and Quinn Z. Bear at the North Quincy Branch on Saturday, Feb. 24th at 10 a.m. for Olympic stories, songs and more.

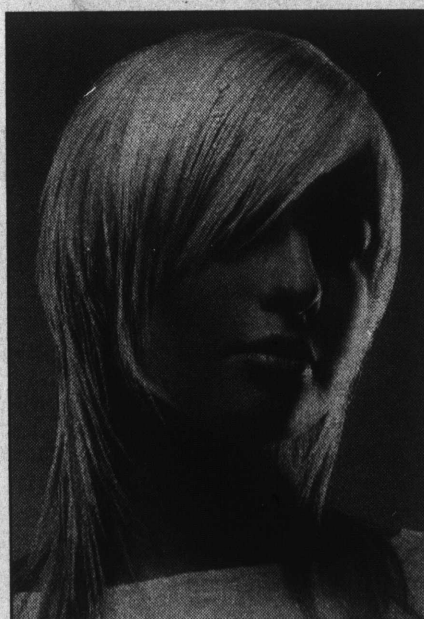
This program is for children ages 2-5 accompanied by an adult. No registration required.

Preschool Discovery @ North Quincy
Drop by the North Quincy Library with your preschooler any time between 11 a.m. and noon on Satur-

day, Feb. 24th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Learn about the human body this month. Hear a heartbeat, trace yourself, get a good look at your fingerprints and measure your feet! This program does not require registration.

All programs sponsored and supported by the Friends of the Thomas Crane Public Library



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Red Cross Winter Blood Shortage Reaches Critical Level

Ongoing severe winter weather has more than doubled the number of canceled American Red Cross blood drives and the resulting blood and platelet donation shortfall.

The Red Cross now considers the situation critical and is reissuing an urgent call for blood and platelet donors.

More than 550 blood drives have been forced to cancel due to winter weather in January, causing over

16,500 blood and platelet donations to go uncollected. In Massachusetts, 28 blood drives have been forced to cancel due to winter weather this month, causing 750 donations to go uncollected. In addition, bitter cold and widespread flu have contributed to very low turnout at many blood drives.

"Blood and platelet donations are currently being distributed to hospitals faster than they are coming in," said Kelly Isenor, exter-

nal communications manager of the Massachusetts Red Cross Blood Services Region "Donors are critically needed to restock the shelves for patients in their community as well as other areas where donors are unable to give due to inclement weather."

Make an appointment to give blood or platelets by downloading the free Red Cross Blood Donor App, visiting redcrossblood.org or calling 1-800-RED CROSS (1-800-733-2767).

Palmucci, Liang: Add Gender ID To Anti-Discrimination Ordinance

By SCOTT JACKSON

Two city councillors have introduced an amendment to Quincy's anti-discrimination ordinance that would prohibit discrimination on the basis of gender identity.

Councillors Brian Palmucci and Nina Liang introduced the measure Jan. 22. It was referred to the ordinance for consideration at a future meeting. The council had been asked to approve a the same amendment previously, but it did not advance out of committee.

The city currently prohibits discrimination in matters

of housing, employment, education, contracts, purchasing or public accommodations on the basis of age, ancestry, citizenship, gender, race, and sexual orientation, among others. Palmucci and Liang's amendment would add gender identity to that list.

"It does talk about unlawful discrimination against age, citizenship status, color, disability, race, religion and currently excludes gender identity," Liang said of the ordinance as currently written.

"I'd like to open that up

for discussion, along with my colleague. We look forward to doing so in committee."

A 2012 state law prohibits discrimination in employment, housing, lending, credit and mortgage services based on an individual's gender identity. That same law expanded the definition of a hate crime to include criminal acts motivated by prejudice towards transgender individuals and prohibited discrimination based on gender identity in public schools.

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUSIE FALCO



Saltine Cracker-Crusted Cookie

By MARIE

Today's recipe is a very delicious and different chocolate cookie made with a saltine cracker crust. A friend, Crissy, brought me a Christmas box filled with these delicious treats and then left me the recipe.

It is one of the easiest cookie recipes I have tried in a long time.

Pre-heat oven to 350 degrees

Line a cookie sheet with foil and then spray with cooking spray.

RECIPE:

1 bag of chocolate chips (12 ounces)
Enough Saltines to line a cookie sheet.
2 sticks of butter
1 cup of brown sugar
2 tablespoons of granulated sugar

Place the saltines on the bottom of the prepared cookie sheet and cover completely.

Boil the butter, brown sugar and granulated sugar for 3 minutes, stirring well.

Pour mixture over saltines

Bake in 350 degree oven for 5 minutes and remove from oven

Pour chocolate chips evenly over that mixture

Cover with foil and bake 3 more minutes

Spread the heated chocolate and then freeze for 20 minutes. Cut in squares.

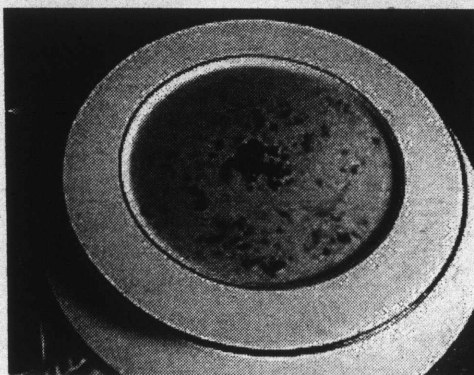
Options: when the cookies come out of the oven you can sprinkle them with crushed M&M's, chopped walnuts, chopped almonds or coconut - or anything else you can think of. Or just leave them plain - they are delicious no matter how you decide to serve them.

'Cream' Of Mushroom Soup

By SUSIE

Mushrooms are loaded with vitamins and minerals, including copper, selenium, niacin, iron, vitamin C, and phosphorus. Did you know that you must cook mushrooms in order to receive their health benefits due to the composition of the cell wall? Fact!

Here is a wonderful way to eat your mushrooms, and remind you of the canned version, but with an elevated taste as well as nutrition. No flour and cream in this recipe. Enjoy!



"Cream" of Mushroom Soup

6 cups of fresh chopped mushrooms. (I like to mix them up, and buy assorted ones like cremini, shitake, baby bella)

Olive oil/Ghee or butter combo

4 shallots, chopped

4 cloves of garlic, minced

1 Tablespoon dried thyme

1/4 cup pomegranate juice (my secret ingredient)

Sea salt and pepper

6 cups vegetable broth (or you can use chicken broth)

3/4 cup raw unsalted cashews soaked for 30 minutes in boiling hot water (Boil the water, then add the cashews do not keep on the heat.)

*1/4 cup nutritional yeast (*optional but really makes it taste great, and loaded with B vitamins for you!)

Saute shallots and mushrooms in a

combination of olive oil and ghee (or butter) with thyme until fragrant, about 5 minutes. Add the garlic and stir for about 1 minute. Now add the pomegranate juice (instead of wine) and simmer until reduced.

Next add broth, and some sea salt and pepper (about a teaspoon of sea salt or so, you will be able to taste later to adjust) Simmer about 10-15 minutes, or until mushrooms are nice and tender.

While this is simmering, drain the cashews and throw them in your blender, Ninja, or Vitamix with just enough water and your nutritional yeast (if using) to cover and blend well until you have a cream.

Use about a cup of this cream whisked into your soup until thickened. If too thin, just add more "cream" if too thick, just add a bit more broth.

Make sure you season to taste, you may need more sea salt and pepper. Garnish with some fresh herbs like rosemary, thyme, and parsley.

Lunar New Year Festival Feb. 11

Approximately 10,000 people are expected at North Quincy High School on Sunday, Feb. 11th from noon to 5 p.m. for one of the biggest Lunar New Year Festivals in the region. Celebrating its 30th year, the Lunar New Year Festival is free and open to guests of all ages.

Hosted by Quincy Asian Resources, Inc. (QARI), with Presenting Sponsor, South Cove Community Health Center, the Lunar New Year Festival will open with a traditional Lion Dance at noon, followed by hours of live entertainment including music, dance and cultural performances, as well as a "QARI's Got Talent" karaoke competition.

The festival also features New Year themed arts and crafts activities provided by State Street Corporation, a Super Smash Bros. tournament, Virtual Reality, provided by Balance Patch and an appearance by the God of Fortune (provided by Sunshine Travel and Foxwood Resort Casino), who will bestow children with lucky red envelopes.

This year, in partnership

with the Thomas Crane Public Library, QARI welcomes award-winning children's book author Grace Lin for a special storybook hour beginning at 2:45 p.m. Lin is a New York Times best-selling author and illustrator that was recognized by President Obama's office in 2016 as a Champion of Change for Asian American and Pacific Islander Art and Storytelling.

A highlight of the festival is the third annual Best Asian Restaurant competition, where Quincy-area restaurants will participate in a contest that allows visitors to purchase food using a carnival-styled ticketing system and vote for their favorite contestant. JP Fuji Group will present the award to the new winner during the festival.

The festival is part of the global celebration of the Lunar Year of the Dog. Occupying the 11th position in the Chinese Zodiac, the spirit of the dog symbolizes such character traits as loyalty, honesty, friendliness and responsibility. Keeping with the theme, guests will

be greeted will by a giant Year of the Dog ice sculpture as well as photo opportunities with costumed dog characters and photo booth.

The festival is made possible due to the generosity of Presenting Sponsor, South Cove Community Health Center; Diamond Sponsors, The City of Quincy and South Shore Health System; Jade Sponsors, Eastern Bank, Foxwoods Resort Casino, JP Fuji Group, Kam Man Food, South Shore Mental Health, State Street Corporation, Sunshine Travel, Tufts Medical Center and WORK Inc. along with dozens of other businesses, community organizations and partners, government and social service agencies.

Free parking and easy access from the Red Line at the North Quincy MBTA, just across the street from North Quincy High School.

In the event of bad weather, the festival may be rescheduled for Feb. 18th with announcements on QARI's Facebook page and website. For more event information, visit quincyasianresources.org.

HELP WANTED

Delivery Driver for Wednesdays to deliver The Quincy Sun to stores and carriers in Wollaston, North Quincy and Squantum

MUST USE OWN VEHICLE

Route Available in April

If you are interested, please call Donna at 617-471-3100

What Is Sepsis? A Message From The Quincy Health Dept.

By **RUTH JONES**
BSN, RN, BC, CP-FS

Sepsis is a potentially life-threatening medical condition that's associated with an infection and subsequent organ dysfunction due to a dysregulated host response to the infection. Blood poisoning is a non-medical term that usually refers to the medical condition known as sepsis. The criteria for sepsis are based on three symptoms:

- Altered mental status
- Fast respiratory rate (> 22 breaths/minute)
- Low blood pressure ($\leq$ 100 mm Hg systolic)

Basically, patients who show two of the three criteria listed above are considered likely to be septic. Some medical researchers consider sepsis to have three stages. The first stage is the least critical and usually has symptoms of fever and an increased heart rate. The second stage is more severe and is distinguished by symptoms of difficulty breathing and possible organ malfunctions, while the third is the most severe stage (septic shock or severe sepsis) with life-threatening low blood pressure.

The majority of cases of sepsis are the result of bacterial infections, some are the result of fungal infections, and very few are due to other causes of infection or agents that may cause systemic inflammatory response syndrome. The infectious agents, usually bacteria, begin infecting almost any organ location or implanted device, for example, skin, lung, gastrointestinal tract, surgical site or catheter. The infecting agents and/or their toxins then expand directly or indirectly into the bloodstream, allowing them to spread to almost any other organ system. Criteria symptoms result as the body tries to counteract the damage done by these blood-borne pathogens.

Generally, a person with sepsis can be contagious, for infectious causes like bacteria and fungi, depending on the aggressiveness of the infecting organism, so precautions such as hand washing, sterile gloves, masks, and clothing coverage may be necessary depending on the patient's infection source.

The following groups are at increased risk for sepsis:

- The very young and the elderly are at greatest risk
- People who are very ill due to an infectious agent
- People in an intensive care unit
- People with weakened or compromised immune systems
- People with devices such as IV catheters, breathing tubes, or other devices
- People with extensive burns
- People with severe trauma

To be diagnosed with sepsis, the adult patient should have a proven or suspected source of an infection (usually bacterial) and have at least two of the previously mentioned criteria. However, patients may have many other signs and symptoms that can occur with sepsis, such as:

- elevated heart rate (tachycardia)

- fever
- low body temperature
- a reduced carbon dioxide level in the blood
- chills
- dizziness
- fatigue,
- shivering
- facial flushing
- shortness of breath
- low urine production
- skin discoloration
- dysfunction of one or more organs
- shock

Definitive diagnosis depends on a positive blood culture for an infectious agent and at least two of the criteria. However, other lab tests can be beneficial. In addition, other underlying causes for sepsis are often established by using CT imaging studies, MRI, ultrasound, and chest X-rays. There are also diagnostic findings that indicate the severity of the patient's sepsis. Severe sepsis is diagnosed when the septic patient experiences organ dysfunction (low or no urine flow, altered mental status). Severe sepsis can also include sepsis-induced hypotension (septic shock) when the patient's blood pressure falls to dangerous levels.

In almost every case of sepsis, patients require hospitalization, treatment with

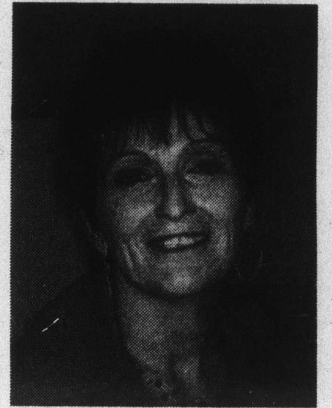
appropriate intravenous antibiotics, and therapy to support any organ dysfunction. Sepsis can rapidly cause organ damage and death. Therapy should not be delayed, as statistics suggest as high as a 7% mortality increase per hour if antibiotics are delayed in severe sepsis. Most cases of sepsis are treated in an intensive care unit (ICU) of the hospital by critical care medicine specialists, infectious disease specialists, and others as needed.

As well as antibiotics, two other major therapeutic interventions, organ-system support and surgery, may be necessitated. Initially, if an organ system needs support, the intensive care unit can often provide intubation to support lung function or dialysis to support kidney function, or a central venous catheter and fluid replacement with intravenous fluids and/or antihypotensive medication to raise blood pressure. Secondly, surgery

may be essential to drain or remove the source of infection. Occasionally, amputation of extremities has been performed to save some patients' lives.

There are a multitude of complications that may occur with sepsis. The complications are related to the type of initial infection with sepsis, and the severity of sepsis. Accordingly, each patient is likely to have the potential for complications related to the source of sepsis; generally, the complications are due to organ dysfunction, damage, or loss. Death is usually due to multi-organ dysfunction (liver, kidney, or lung failure).

The prognosis of those with sepsis is linked to the severity or stage of sepsis as well as to the underlying health status of the person. For instance, patients with sepsis and no current sign of organ failure at the time of diagnosis have approximately a 15%-30% chance



RUTH JONES

of death. Patients with severe sepsis or septic shock have a death rate of about 40%-60%, with the elderly having the highest mortality rates. Newborns and pediatric patients with sepsis have about a 9%-36% mortality rate.

Physicians concur, that the sooner the patient with sepsis is diagnosed and treated, the better the prognosis and the fewer the complications, if any, that will be experienced.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.



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Arbella Launches Free Safe Driving Mobile App

The Arbella Insurance Group, in partnership with Cambridge Mobile Telematics (CMT), announces the launch of Wheel Focused, a telematics-based solution proven to change driver behavior through real-time feedback, personalized data and insights, and gamification.

Participants in similar CMT programs have seen driving habits improve within 30 days of implementation, reducing phone distraction by 35 percent, hard braking by 20 percent and at-risk speeding by 20 percent.

According to CMT, distracted driving is a leading factor of trips that result in

an accident, as drivers who use a smartphone behind the wheel are 3.4 times more likely to be involved in a crash. Traffic fatalities continue to increase nationwide, spiking six percent since 2016, according to the National Highway Traffic Safety Administration (NHTSA). Massachusetts reported a 13 percent increase with 389 deaths in 2016; more than double the national rate.

"It's clear from the data that distracted driving continues to be a dangerous epidemic," said John Donohue, chairman, president and CEO of the Arbella Insurance Group and chairman of the Arbella Insurance Foundation. "The technology behind Wheel Focused™ has

a compelling track record of improving driver behavior and we're proud to bring this cutting-edge solution to New England."

Wheel Focused utilizes CMT's award-winning platform, DriveWell, a complete telematics and behavioral analytics solution, that includes battery-efficient drive detection, an industry-leading data collection and processing engine and big data analytics. The app provides feedback to drivers on five metrics: rapid acceleration, hard braking, sharp turns, speeding and phone distraction. Wheel Focused logs trips while in the background of a phone, providing the driver with feedback after the trip is completed, as well as helpful tips to im-

prove safety.

"Smartphone telematics programs advance driver behavior better than any other option available," said Hari Balakrishnan, chief technology officer at CMT. "The feedback and gamification opportunities that smartphones provide help engage users and encourage them to make better decisions behind the wheel. Through this partnership with Arbella, we will improve driver behavior and ultimately make our roads safer."

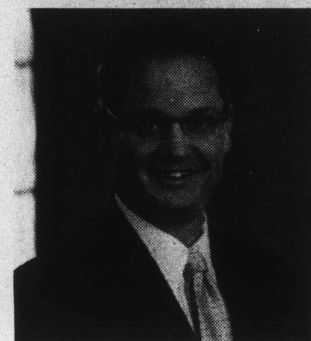
Wheel Focused is available to download for free in the Apple and Android stores. The program is open to all residents of Massachusetts and Connecticut regardless of who their insurer is and where they purchase insurance.

Dennis Keohane Named Chairman Weymouth Chamber Of Commerce

Dennis Keohane has been named chairman of the Weymouth Chamber of Commerce, succeeding Immediate Past Chairman David Robinson.

Keohane, co-president of Keohane Funeral Home, Pyne Keohane Funeral Home and McDonald Keohane Funeral Home, graduated from Providence College with a degree in English and subsequently from New England Institute at Mt. Ida College in Newton where he majored in Funeral Studies.

He began his career in funeral service in 1993, working for his father Edward J. Keohane, at their family business Keohane Funeral Home in Quincy and Pyne Keohane Funeral Home in Hingham. In 2011, the Keohane family purchased the McDonald Funeral Home with three locations in Weymouth, later named McDonald Keohane Funeral Home.



DENNIS KEOHANE

Keohane and his brother John now serve as co-presidents of the business and employ a staff of 50.

A member and former secretary/treasurer of the Massachusetts Funeral Directors Association, Keohane has long held a focus on community service. He is a long-time supporter of local youth sports and involved with the Weymouth Food Pantry's Harvest Helpers Program and annual coat drive. Keohane Funeral Home is a primary sponsor for the Weymouth Veterans

Military Role of Honor display.

"I'm excited for the future of Weymouth," said Keohane, noting that with the development of Union Point and the widening of Route 18, Weymouth should become a destination for businesses. "My focus will be to work with residents and town officials to continue the beautification of the town's entry ways, working to promote suitable development, and serving existing Weymouth businesses as they continue to grow."

SECONDARY LUNCH MENU

Monday, Feb. 5
CALZONE MONDAY: Homemade Cheese or Pepperoni Calzone, Spinach Garden Salad, Seasonal Fruit.

Tuesday, Feb. 6
MEDITERRANEAN MEDLEY: Beef Meatball Flatbread w/Pepper & Onions, Tomato, Mozzarella, and Basil Salad, Seasonal Fruit.

Wednesday, Feb. 7
WILD CARD WINTER WARMER! Savory Homemade Shepherd's Pie, Corn Bread, Steamed Green Beans, Seasonal Fruit.

Thursday, Feb. 8
American Fare: American Chop Suey, WW Dinner Roll, Steamed Peas, Seasonal Fruit.

Friday, Feb. 9
TASTE OF ASIA Noodle Bowl! Teriyaki Grilled Chicken Strips, WW Noodles, Vegetable Medley, **BONUS:** Fortune Cookie, Side of a Three Bean Medley, Seasonal Fruit.

All above Entrée Selections Include: Vegetable Choice, Choice of Fruit and Choice of Milk

Social Security Matters

Ask Rusty: One Word To Get Extra Benefits

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty: I keep receiving emails from different investor groups about "The one word that will get you an extra \$570 per month in social security", which I could use. Of course they want you to buy all sorts of monthly newsletters in order to get their answer. Is there truly a way to get an extra \$570 per month and if so how do I go about getting it, or what is "the word"? **Signed: Curious**

Dear Curious: I'm sure you've heard the old adage "If it sounds too good to be true - it is." I have seen the solicitation you're speaking of, and I've seen many other similar "come-ons" which are always meant to lure you into buying something in return for revealing a secret way to get more from Social Security.

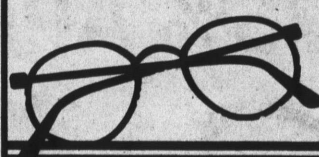
The reality is this: There isn't any magical "one word" that will give you an extra benefit, unless that word is "delay," meaning if you can delay applying for Social Security your benefit amount will be larger. And that's because your benefit amount increases with each month you delay up until you reach age 70 when it will reach its maximum. Simply put, the more you delay the larger your benefit will be, and that's certainly no secret.

You'll often see another tempting and mysterious phrase referred to as "FAASF" - an acronym for "file as a spouse first" - which refers to an option called the Restricted Application for Spousal Benefits Only. This option, which allows a person to file only for spousal benefits while allowing their own retirement benefit to grow, was eliminated by The Bipartisan Budget Act of 2015 for anyone born later than 1953. Those born in 1954 or after are automatically "deemed" to be filing for both their own retirement benefit and any spousal benefit they may be entitled to and cannot apply to collect only spousal benefits. But the ads promising to reveal a special "FAASF" option to you are trying to lure a smaller segment of people who may qualify as well as a majority who don't to buy their product in return for revealing this "secret" option (which, of course, is no secret at all).

Social Security is a complex program with over 2,700 rules and regulations, and there really isn't any simple "one word" anyone can use to beat the system. My suggestion is to heed that old adage, and if you have any questions about whether or not you're getting all of the Social Security benefits you're entitled to, contact an independent Social Security advisory service (such as ours at The AMAC Foundation) which isn't out to sell you anything. Our only goal is to be an independent free service to AMAC members and other senior citizens, with no strings attached.

The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services. The Foundation welcomes questions from readers regarding Social Security issues. To submit a request, contact the Foundation at info@amacfoundation.org.

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ELEMENTARY LUNCH MENU

Monday, Feb. 5
WW Pizza Sticks, Marinara Sauce, Carrot Snack Packs, Seasonal Fruit.

Tuesday, Feb. 6
Early Release Day— NO LUNCH SERVICE

Wednesday, Feb. 7
ITALIAN DELIGHT— Make Your own Bagel Pizza(cold) w/Marinara Sauce, Mozzarella cheese, Chicken Pepperoni, Celery Sticks w/Dipper, Seasonal Fruit.

Thursday, Feb. 8
Lucky Tray Day! BRUNCH FOR LUNCH: Yogurt & Strawberry Parfait w/Granola Bites, Honey Roasted Chickpeas, Seasonal Fruit.

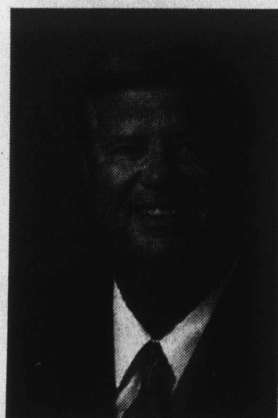
Friday, Feb. 9
American Fare: Beef Burger w/Cheese on a WW Bun, Steamed Broccoli, Seasonal Fruit.

All above Entrée Selections Include: Vegetable Choice, Choice of Fruit and Choice of Milk



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Palmucci Seeks Limits On Used Cars

By SCOTT JACKSON
Ward 4 Councillor Brian Palmucci has introduced a new ordinance that would place limits on the number of vehicles used-car dealers could have on their lots.

At the Jan. 22 meeting of the City Council, Palmucci said some of the dealerships in his ward have come to resemble junkyards because of they have so many vehicles on site.

"In West Quincy, South Quincy, you drive by some of these and they're essentially junkyards with rusted out heaps that have been there for 20 years. If this were to pass, they would have to be accountable for a certain limited number of spaces that they could accommodate at that facility," Palmucci said.

"I believe, as the author, that this would encourage them to clean up a little bit, get rid of the old junkers, so that the new cars coming in to be repaired have space."

The ordinance was referred to the council's ordinance and oversight committees for consideration at a future date. Palmucci is

the chairman of the oversight committee.

Palmucci had introduced a similar ordinance last year, but he tabled the item in December to seek input from those who would be affected by the measure.

The proposed ordinance would require all present holders of motor II licenses to appear before the city's Board of License Commissioners to determine how many cars they would be allowed to have on site.

The ordinance does not include a formula to determine how many cars could be located on each lot; that would be determined by the council or licensing board at a later date. The ordinance would require a minimum of three spaces be set aside for customers or employees, with one additional customer/employee spot needed for each 20 spaces permitted for storage or display.

The licensing board in recent years has assigned a set number of vehicles when issuing new motor II licenses, but older licenses might not include a limit on the numbers of vehicles on site.



THE QUINCY POLICE Department extends thanks to Related Beal at 1250 Hancock St., Quincy Center for hosting another Quincy Police self defense class. The next class is in February. For more information contact Lt. Minton in early February at dminton@quincyma.gov.
Photo Courtesy Lt. Dan Minton

Developers Could Be Asked To Fund Traffic, Parking Fixes

By SCOTT JACKSON

A home rule petition proposed by two city councillors would give Quincy the ability to make developers pay into a new fund for traffic and parking rehabilitation and improvements.

Councillors Brian Palmucci and Nina Liang introduced the measure Jan. 22. It was referred to the ordinance committee for review in the future. A similar measure was introduced last fall and died in committee when the council's term ended in December.

The home rule petition introduced Jan. 22 would grant the city permission to establish a traffic and parking rehabilitation and improvement fund. Separate legislation at the local level would then be required to create the fund.

The city would be allowed to require developers – residential, commercial and industrial – to contribute up to 1 percent of building costs into the new fund. New one-, two- and three-family homes would be exempt from the requirement provided the owner of the home planned to reside on site for at least one year after construction.

Money in the fund could be used on a number of items, according to the text of the home rule petition, including traffic studies, road safety audits, signalized intersection inventory, equipment repairs, analysis and improvements to traffic

and parking infrastructure in the city, and "all things necessary to correct, remedy, repair, and improve traffic flow, pedestrian safety and bicycle safety" citywide.

Palmucci said the fund would allow the city to pay for needed improvements without impacting taxpayers.

"Instead of the taxpayer getting hit in the short term or taking out a bond to pay for it over the long term,

what we would do is build up a traffic and parking rehabilitation and improvement fund, which would be a resource that wouldn't be taxpayer funds, that the city could tap into when we need to make traffic improvements," he said.

"This is about funding on traffic improvements – not relying on the taxpayer, and having the folks who are benefiting the most from the development in the city, they

pay for the traffic improvements," Palmucci added.

As a home rule petition, the measure introduced by Palmucci and Liang requires approval from the council, Mayor Thomas Koch, the state Legislature and Gov. Charlie Baker before it can be enacted.

Chris Walker, a spokesman for the mayor, said the administration "look[s] forward to the legislative process at the council."

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by Steven A. Brustin, D.M.D.

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It is estimated that between 30 and 40 million U.S. children and adults grind their teeth at night. Not only does the grinding sound associated with "nocturnal bruxism" awaken and alarm sleepers in the same room as the tooth-grinder, but it can also cause wear and tear on the teeth and damage bone and gums. This rhythmic activity of the jawbone forcing contact between dental surfaces has also been linked to headaches, joint discomfort, muscle aches, and premature tooth loss. Many people are unaware they have a problem with tooth grinding until a sleep partner points out the fact. This should prompt a visit to the dentist, who can prescribe a mouth guard to protect the grinder's teeth. Bruxism isn't only a nighttime activity. Some tooth-grinders continue this damaging practice throughout the day. Whether you are in our office for bruxism or just for a simple cleaning, our personal, casual, and relaxed style in providing quality dental care will help put you at ease. We'll take the time to get to know your needs, answer your questions about the latest techniques and materials, and make sure that you are comfortable. Find out just how stress-free and pleasant a visit to the dentist can be—call 617-479-6220 for complete family dental care at 44 Greenleaf Street. Learn more about us on the web: www.quincydentist.com.

P.S. Aside from being a symptom of stress and anxiety, bruxism can be the result of the body's reaction when the teeth do not line up or come together properly (malocclusion).

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Koch Accents Infrastructure Improvements

Cont'd From Page 3

said, reducing travel time for motorists.

"Studies of implementation of smart traffic technology in other large northeast cities show this technology can lead to 26 percent reductions in travel time measured over the course of a day, reducing idling by 41 percent, and the number of stops by 31 percent, and emissions drop by 20 percent," Koch said.

"The plan we are putting into place this spring and summer will position Quincy as a statewide leader in smart traffic implementation."

Additionally, the mayor said the final design for long-awaited improvements along Sea Street is nearly complete.

"At the same time, final design and engineering will take place on a major, state-funded overhaul of Sea Street and Quincy Shore Drive," Koch said. "It's one of the most difficult traffic situations in our city. It's truly a choke point that needs work."

The mayor said bicyclists would also be accommodated by new infrastructure improvements, and announced the city will launch a bicycle-sharing program on a pilot basis in the coming months.

"Our work cannot and will not be just about accommodating cars," Koch said. "That's why, as part of our plan, this spring we'll pilot the city's first-ever bicycle-sharing program and add additional bicycle lanes in targeted areas around the city."

This spring, Koch said he

also plans to introduce a plan to make improvements to roads across the city, which will also take into account subsurface infrastructure.

"The other major area of focus will be a new approach to our road-resurfacing program. This spring, I'll submit to the City Council a comprehensive road improvement plan and a financing request built around a new model, which will take into consideration the condition of every road, water line, drain line, sewer pipe, utilities and every other piece of infrastructure on our streets," Koch said.

"We will also be using new standards on the quality of materials and engineering specifications, moving beyond what is the minimum mandated under state guidelines."

As part of his address, Koch said he wants the city's delegation on Beacon Hill to file a bill to name a new bridge — which will connect the Parkway to Burgin Parkway — "The Generals Bridge."

The bridge, and nearby roads in Quincy Center, would be named after four generals with Quincy roots: Ronald Rand, a retired Air Force brigadier general who is now the president and CEO of the Congressional Medal of Honor Foundation; Gordon Sullivan, a retired Army general who served as the chief of staff of the Army; Army Gen. James McConville, currently the Army's vice chief of staff; and Marine Corps Gen. Joseph Dunford Jr., currently the chairman of the Joint Chiefs of Staff.

"It is truly remarkable for one city like Quincy to



INVITED GUESTS who attended Mayor Thomas Koch's State of the City Address included (from left to right) Quincy Firefighter Andrew Smith, Sergeant First Class, U.S. Army; Joseph McConville and Joseph Dunford, Sr. Smith led the audience in the Pledge of Allegiance. McConville, a Navy veteran of the Korean War, is the father of U.S. Army General James McConville from Merrymount, currently the second-in-command of the Army as the Vice Chief of Staff. Dunford, a U.S. Marine Corps veteran of the Korean War, is the father of Joseph Dunford, Jr., U.S. Marine General and Chairman of the Joint Chiefs of Staff, also from Merrymount, who today is the nation's highest-ranking uniformed officer.

claim as their own four men of such distinguished service with 13 stars among them," Koch said.

The fathers of McConville and Dunford — Joseph McConville and Joseph Dunford Sr., both Korean War veterans — were present Monday and received standing ovations from those in attendance when Koch introduced them.

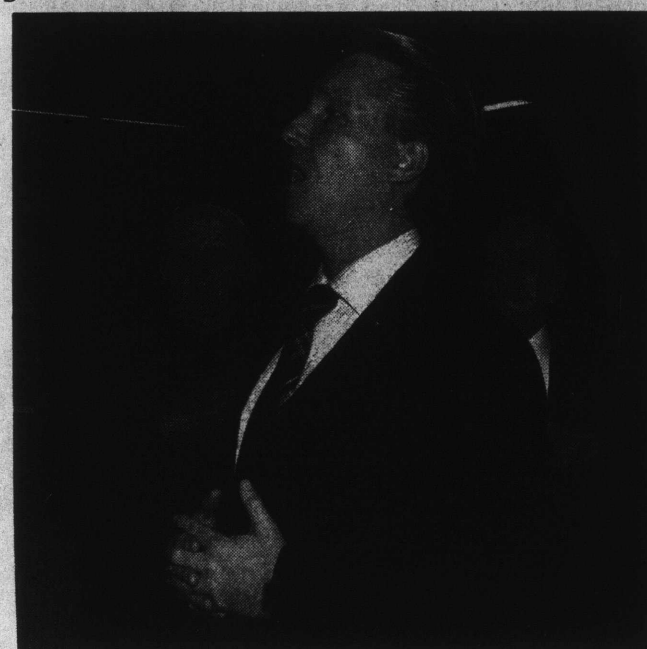
In addition to the tributes to the four generals, Koch announced plans to build in Quincy Center a new monument to those serving in the ongoing War on Terror.

"I am going to form a commission this year to design a monument for construction in this area to those who have served in the on-

going war on terrorism, and with it honor and remember in a special way Army Lt. Charles Todd Caldwell and Army Specialist Ciara Durkin who died in service to our country during this time," Koch said.

While discussing Quincy's finances, Koch defended rising taxes in the city, saying "our annual tax bill increases are 7 percent lower than the statewide average over the last 10 years; we are \$22 million dollars under Proposition 2.5 limits — more than almost any other community in the commonwealth; and this year's increase on the average homeowner's bill is less than half of the state average."

Cont'd On Page 13



NORFOLK COUNTY Register of Probate Patrick McDermott leads the singing of the national anthem at Monday's State of the City address delivered by Mayor Thomas Koch in the Richardson Room of the Thomas Crane Public Library.

Quincy Sun Photos/Robert Bosworth

Heirloom Seeds Subject HN Garden Club Meeting Feb. 7

"SEED: The Untold Story" will be shown at the Houghs Neck Garden Club on Wednesday, Feb. 7th.

Heirloom seeds are nearing extinction and this film stresses the importance of the biodiversity of seeds to the agriculture of the world, focusing on seed keepers and activists from around the world and their "David and Goliath" battle with the chemical-seed companies.

The meeting will be held in the MWRA Community

Room at Nut Island, second floor, 149 Sea St., starting at 7 p.m. with refreshments and a brief business meeting followed by the program at 7:30 p.m.

The Club is a member of the Garden Club Federation of Massachusetts and National Garden Clubs, Inc.

Find out more about the Houghs Neck Garden Club at the club's website: <http://hngc123.wix.com/houghs-neckgardenclub/>.

Cont'd From Page 1

cal estimates to the cost of establishing a ferry service instead."

Ayers said that he has collected data from the Massachusetts Department of Transportation that indicates 460 bridges in Massachusetts are deemed structurally deficient, a slight increase from two years ago. He believes the proposed budget to rebuild Long Island Bridge would be better spent on those other projects.

"Long Island Bridge only experienced an average of 700 cars per day, while some of the other bridges in need of repair easily experience over 120,000 cars per day, and are located in areas where they are critical to commerce and economic growth," Ayers said. "Devoting that significant funding towards rebuilding Long Island Bridge just doesn't make fiscal sense."

Harris echoed Ayers' sen-

timents in his testimony.

"Establishing a ferry service is cost-effective, allows us to spend our limited transportation funding elsewhere, and offers many benefits to the area," he said.

Harris said opposition to rebuilding the Long Island Bridge is widespread throughout Quincy, citing a recent unanimous vote by the City Council to support his resolution against the project. He said he plans to continue working with Ayers as well as other city and state officials, advocating for Ayers' legislation and actively opposing the rebuilding of the bridge.

"A thorough, creative, and thoughtful examination of what can be accomplished through water transportation in the area is not only reasonable — it is absolutely necessary," Harris stated.

Sen. John Keenan is also backing Ayers' bill. He said the money that could go to-

wards the bridge would be better spent addressing the opiate crisis directly.

"Rather than putting these millions of dollars towards a bridge, they could instead be a strong investment directly in prevention and treatment," he said in a statement. "This would not only have a greater impact, but would avoid the stigmatizing message of once again isolating substance use patients and the homeless on an island, a stigma we have worked very hard to reduce."

Ayers, in a phone interview following the hearing, said he is concerned the state could be asked to foot part of the costs associated with constructing the new bridge.

"My colleagues from across the state are fighting for every penny they can get for infrastructure improvements to improve their downtowns and create eco-

nomie growth, and rightly so," he said.

"When they see state money being spent on a bridge to an island, it might not be the best idea."

Ayers also re-iterated that he and Harris, along with other local elected officials opposed to rebuilding the bridge, including Mayor Thomas Koch, are not opposed to the treatment center but are concerned about the bridge.

"It's the method of getting there and the amount of money they're using on the bridge," Ayers said. "They money could be better spent."

Ayers plans to lobby his colleagues in the coming weeks to approve the bill calling for the feasibility study.

"I will be gathering information on the costs associated with the ferry service and I will be able to present them some more facts on the cost of the bridge," he said.

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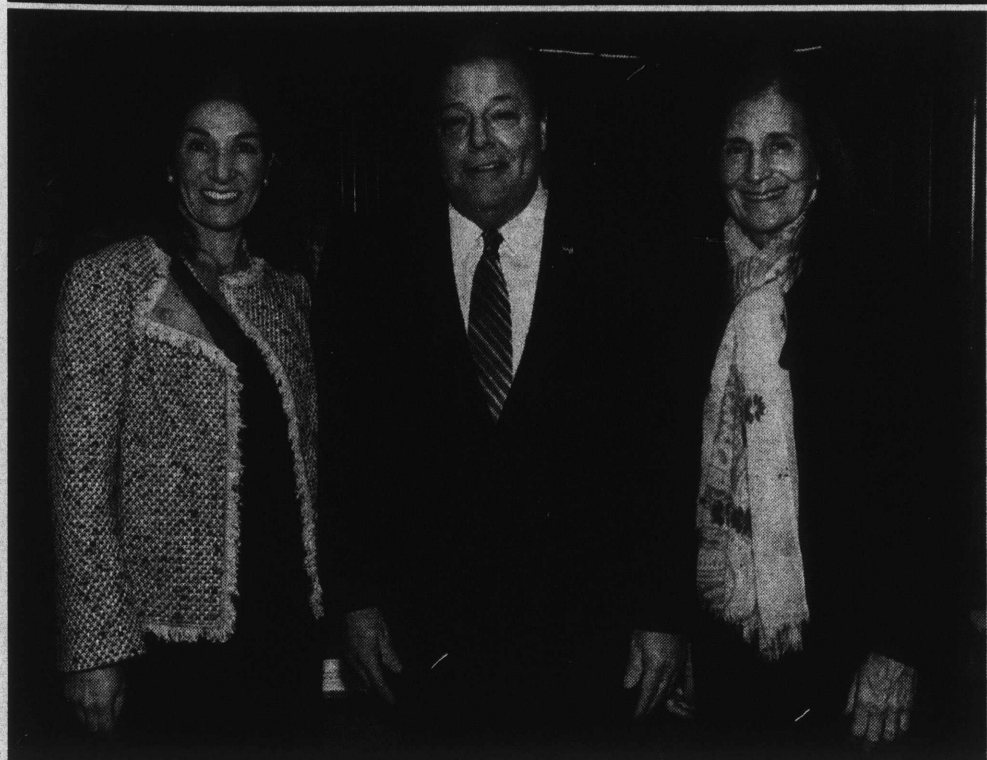
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TWO MASSACHUSETTS CONSTITUTIONAL officers - Lt. Governor Karyn Polito (left) and state Treasurer Deb Goldberg (right) - were among the city, county and state officials attending the State of the City Address by Mayor Thomas Koch (center) Monday night in the Richardson Room of the Thomas Crane Public Library.

Quincy Sun Photos/Robert Bosworth



WARD 5 City Councillor Kirsten Hughes sings "God Bless America" at the conclusion of the Mayor Thomas Koch's State of the City Address Monday night in the Richardson Room of the Thomas Crane Public Library. Also shown here in the background from left: Quincy Firefighter and U.S. Army Sgt. Andrew Smith; Joseph McConville and Joseph Dunford, Sr.

Koch Accents Infrastructure Improvements

Cont'd From Page 12

Not only is Quincy holding the line on taxes compared to other communities, the mayor said, the city is also making investments in its public assets, such as new schools, repairs to firehouses, park projects, sea wall repairs and flood control work.

"Performing this work is a vital and major investment in our kids' and grandkids' future," Koch said. "People have said you're trying to do too much, that we should wait. Wait for what?"

"William Jennings Bryan said, 'destiny is no matter of chance. It is a matter of choice. It is not a thing to be waited for, it is a thing to be achieved.' We're making that choice and we're not waiting to perform this important work."

Koch added that ongoing development in the city has created jobs, pumped money into the local economy and provided new tax revenue.

"In just the last several years, private investment has soared, including nearly 4,000 much-needed housing units either being built or fully permitted. That's thousands of construction jobs, more than 1,000 permanent jobs, a \$360 million increase to our local economy since the end of the Great Recession and \$20 million in new tax growth," Koch said.

"We have one of the lowest single-family tax increases in Massachusetts this year because of that growth, while at the same time making generational investments in our infrastructure."

New development, he added, is also necessary to keep the area affordable, while also pledging to protect many of the city's neighbors from development.

"The only definitive way to increase affordability is through increasing supply

and Quincy will continue to do its part in the Metropolitan Boston area," Koch said.

"I understand the discomfort that development can sometimes foster, but there is no reason why we cannot support growth and protect our neighborhoods at the same time. We have some amazing neighborhoods in this city, and there has not and will not be major development in many of them under my watch."

Koch also provided an update on several major projects set to take place in Quincy Center.

"We'll break ground on a new, 700-space parking garage and a 15-story mixed-use tower; see the completion of two major projects by the Galvin Companies; and continued progress on LBC-Boston's mixed-used building in the Hancock Lot," the mayor said.

"We continue to work with our designated developer, FoxRock Development, and its founder, Granite Telecommunications CEO Rob Hale, on a bold vision to create 1 million square feet of commercial development in what was once the Ross Parking Garage area. We plan to submit a formal development agreement to the City Council this spring - one we expect will include a major medical provider as an anchor tenant."

As part of the ongoing Quincy400 initiative - meant

to mark the 2025 quadricentennial of Quincy's settlement in 1625 - Koch said the city would sign an economic-development agreement with County Cork, Ireland, in early February. The mayor said he also met with The Massachusetts Nation and Ponkapoag Band Tribal Council - whose ancestors once lived in what is now Quincy - and he is "looking forward to us sharing the story of the Massachusetts Nation-Ponkapoag Band and the role they played in our heritage."

The city held several public meetings on the Quincy400 initiative in 2017, and Koch said more meetings would be held to address specific subjects in 2018.

"Last year, we held workshop meetings in every neighborhood and conducted an online survey on virtually every aspect of civic life. The response was robust, but we've got a lot more work to do," the mayor said.

"We'll be conducting more meetings this year, this time with a focus on specific subjects - education, neighborhoods, history and culture, transportation, economic growth and health and wellness."

Koch thanked three long-time elected officials - former councillors Joseph Finn and Margaret Laforest, and former school committee member Barbara Isola - for

their years of service to the city. The mayor said, "no one cares more deeply for those members of our human family," than Finn, called Laforest "one of the hardest working councillors that I have known," and said Isola "always understood the value of being able to disagree without being disagreeable."

Koch remembered the late Robert E. Foy III during his remarks. Foy, who served as city treasurer and then city auditor, died Saturday at the age of 91.

"This past weekend this city lost a dear friend and public servant: World War II veteran Robert E. Foy III. He ran Foy's market with his dad, a business started by his grandfather. His dad was an example to Bob in business and public service as Bob's dad served on Quincy's School Committee for 16 years."

"Mr. Foy was appointed city treasurer by Mayor Walter J. Hannon and went on to serve as city auditor for many years. He loved his city and served with honesty and integrity. Bob was a mentor to many of us who serve in government today and we were blessed to call him friend. On behalf of my colleagues in government and a grateful people, I offer my deepest condolences to his family. May his beautiful, gentle soul rest in the peace of our Lord."

Polito, the lieutenant

governor, spoke at Monday's event. She said Koch's leadership has led to public and private investments in the city.

"He's been able, through his leadership, [to] develop an ecosystem here in the city where not only he believes in this city but others are taking notice," Polito said. "For instance, the state is partnering with the city on multiple levels. Private dollars are coming into this city unleashing great potential."

"This is a mayor," Polito added, "who is never satisfied with the status quo, who has raised the bar so high as the leader of one of our gateway cities in Massachusetts and he's setting an example for other municipal public servants to emulate."

"It has been such an honor to be able to work so closely with this mayor over the past few years. I am grateful for his advice and his friendship most of all. We've been able to accomplish a lot of good

things together."

Introducing Koch at the State of the City address was Dr. Richard DeCristofaro, the superintendent of the Quincy Public Schools system. DeCristofaro highlighted a number of improvements made to the city's schools during Koch's 10 years in office, including the opening of two new schools and ongoing construction of another, repair projects at a dozen other schools, investments in new technology, and the hiring of new staff members across the system.

"In this incredible city, our strong school system is only one of the critical ingredients that make it such a desirable place for so many families," DeCristofaro said. "Under the leadership of Mayor Koch, Quincy has a culture of strength, of responsiveness, of inclusiveness, of effectiveness, of accountability, and of caring."

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State Of The City Address - Mayor Thomas P. Koch

Jan. 29, 2018 • Richardson Building, Thomas Crane Public Library

(Editor's note: The following is the prepared text of Mayor Thomas P. Koch's "State of the City" address delivered Monday evening in the Richardson Room of the Thomas Crane Public Library.)

Thank you, Superintendent DeCristofaro. Reverend Clergy, Lt. Governor Polito and our Constitutional officers, Congressman Lynch, Mayors Hannon, Sheets and Phelan, Council President Croall and the City Council, School Committee members, our state delegation, our county officials, my wife, Christine, and family, citizens of Quincy, friends all:

I would like to take a moment to thank my family.

Thank you, Firefighter Andrew Smith for leading us this evening in the Pledge of Allegiance. Firefighter Smith is a Sergeant First Class in the United States Army, serving a total of 19 years – 8 in active duty and 11 so far in the Army Reserves. He has served 3 tours of duty in some of the most dangerous parts of the world – including Iraq – performing some of the most dangerous work as a technician in the Army's 387th Explosive Ordnance Division.

Today, there are more than 100 veterans who served their country over the last decade and returned home to serve their City as firefighters, police officers, laborers, teachers, and more. That's more than a quarter of all new hires in that time. Few things make me prouder as Mayor than Quincy's long tradition of its young people serving our nation coupled with our community's commitment to those sons and daughters when they come home. Thank you, Firefighter Smith, and all of those who have served and continue to serve keeping the peace around the world.

I also want to offer the gratitude of our City to three of our local elected officials who have left public life after many years of passionate service to our community.

JOE FINN: 16 years on the City Council, Joe and I did not always agree, but I have great respect for him. As the dean of the Council, he was the voice of experience and always its conscience. No one cares more deeply for those members of our Human Family who are struggling than Joe. Thank you for your service.

MARGARET LAFOREST: 8 years on the City Council. I remember the days when I worked for Jim Sheets and that student Margaret Laforest from Broadmeadows Middle School began the effort to bring the Quincy built USS Lexington home to Quincy. She has never lost her passion for this great City and was one of the hardest working Councillors that I have known. Margaret, thank you for your service.

BARBARA ISOLA: 8-year-member of the School Committee. I first met Barbara when she was an active member of the Citywide PTO. She is one of the most thoughtful people I have ever worked with, always respectful and focused on the work at hand. Barbara always understood the value of being able to disagree without being disagreeable – a virtue especially important in today's day and age. Thank you for your service.

Tonight, I'll talk to you about the state of our City, but before we move forward, it's important to note that everything we discuss tonight, everything this City has accomplished and everything we will accomplish only happens when we work together.

Governor Baker and Lt. Governor Polito, together building unprecedented partnerships with Quincy, providing millions of dollars in critical infrastructure investment through the MassWorks program; helping us capture the potential of our coastal assets through the Seaport Economic Council and making, after decades of neglect, a historic billion-dollar investment in the MBTA's Red Line that will lead to the 21st century public transportation system that this City and region deserves and needs.

Congressman Stephen Lynch, our voice in Washington, whose work with the support of Senators Markey and Warren, has led to major flood-relief grants from FEMA; millions of dollars to restore the busway at the Quincy Center MBTA station, and tough oversight of federal agencies like the FAA that have a real impact on our residents.

Treasurer Goldberg, whose partnerships with the City has generated tens of millions of dollars for critical improvements to our school buildings.

Our state delegation – Senator Keenan, Leader Mari-



MAYOR THOMAS KOCH delivers the "State of the City" address Monday in the Richardson Room at the Thomas Crane Public Library. Quincy Sun Photo/Robert Bosworth

ano, Representatives Ayers, Chan and Hunt, working to provide increases in local aid every year, pursuing full-service water transportation, and providing a constant connection between Quincy and the State House.

Our City Council. Your work and collaboration is vital for everything we do together as a community. And Congratulations to our new Council President Brad Croall, and our new City Council members, David McCarthy and Anne Mahoney, both long-time School Committee members. I wish you the best and look forward to working with all of you.

Our School Committee. Congratulations to Vice Chairwoman Lebo, welcome to new members Anthony Andronico and Douglas Gutro, and thank you for your work together with Dr. DeCristofaro and his team to make the Quincy Public Schools among the very finest school district anywhere in Massachusetts.

Thank you all for all you do on behalf of the City of the Quincy and its citizens.

Tonight, I'd like to spend a few minutes on each of the following. 1. The City's finances and Economic Development. 2. Our infrastructure. 3. Our history and the 400th the anniversary of our settlement in 2025. 4. The addiction crisis. And I'll wrap up with a request to our Legislators to honor a group of modern-day patriots from our community.

The state of our City's economy is strong, and in the words of Standard and Poor's in affirming our highest-ever credit rating, it's "very strong" with "strong budgetary performance, and strong management." In order for us to do anything with our infrastructure, increase programs in our schools, and maintain public safety, our budget needs to be balanced and revenues healthy. From time to time, people will ask me "well, with all this building going on, why aren't my taxes going down." That's a good question, and let me try to answer it.

This year, our residential property tax rate will rank 254th out of 351 cities and towns in Massachusetts. Our annual tax bill increases are 7 percent lower than the statewide average over the last 10 years; we are \$22 million dollars under Proposition 2.5 limits – more than almost any other community, and this year's increase on the average homeowner's bill is less than half of the state average.

We're holding the line compared to other cities and towns, but at the same time we're also making an extraordinary commitment to our public assets. That's where our tax money is going. We're building our third new school; we are repairing our fire houses and preserving our historic buildings; we are restoring our parks and building new ones; we're implementing flood control projects; we're building new pump stations; we're repairing tide gates; we're rebuilding seawalls; we're replacing miles

upon miles of water, sewer and drain lines; and we're rebuilding our roads and sidewalks.

Performing this work is a vital and major investment in our kids' and grandkids' future. People have said you're trying to do too much, that we should wait. WAIT FOR WHAT???

William Jennings Bryan said "Destiny is no matter of chance. It is a matter of choice. It is not a thing to be waited for, it is a thing to be achieved." We're making that choice and we're not waiting to perform this important work.

There are communities across the state that would have to pass Proposition 2.5 overrides to do just one of the projects I mentioned. Not us. Because we leverage so many of our projects with state and federal funding. In fact, of hundreds of millions of dollars in public investment in Quincy since 2008, less than 1/3 is financed by homeowners.

We always continue to look for efficiencies, and I'll give you one example tonight. As we all know, health insurance is expensive. Last year, working with our City's employees through their union leadership we made a decision to change our health insurance benefits and leave the state's GIC. We'll be enrolling with Quincy-based Blue Cross and Blue Shield beginning July 1. These were our teachers, firefighters, police officers, laborers, technicians and office workers sitting at the table and working collaboratively toward an outcome that not only stabilizes health insurance for our employees and their families, but will provide savings for our taxpayers. We have outstanding employees in the City, and I am grateful for their efforts on this issue and for their service every day on behalf of our citizens.

In just the last several years, private investment has soared, including nearly 4,000 much-needed housing units either built or fully permitted. That's thousands of construction jobs, more than 1,000 permanent jobs, a \$360 million increase to our local economy since the end of the Great Recession and \$20 million in new tax growth.

We have one of the lowest single-family tax increases in Massachusetts this year because of that growth, while at the same time making generational investments in our infrastructure. I hope that helps answer the question about our taxes.

Growth is not all about the economic benefit. Our City and our region must continue to develop housing in appropriate areas if we are to sustain ourselves as a thriving, and most importantly, affordable place to live. The only definitive way to increase affordability is through increasing supply – and Quincy will continue to do its part. I understand the discomfort that development can

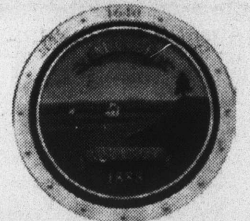
Cont'd On Page 15



State Of The City Address

Mayor Thomas P. Koch - Jan. 29, 2018

Richardson Building, Thomas Crane Public Library



Cont'd From Page 14

sometimes foster – but there is no reason why we cannot support growth and protect our neighborhoods at the same time. We have some amazing neighborhoods in this City, and there has not and will not be major development in many of them on my watch.

In just the last several years, more than a quarter-billion dollars of private investment has flowed into development in our downtown – exactly where it belongs. And we are just getting started.

This year, we'll complete the largest phase of the Hancock-Adams Green, a vision for activating the downtown that spans many years and one financed without a dime from our homeowners. This world-class park will be the first major civic space in our downtown and a powerful, reflective monument to honor Hancock and Adams and the legacy they built for Quincy and America.

We'll break ground on a new, 700-space parking garage and a 15-story mixed-use tower; see the completion of two major projects by the Galvin Companies, and continued progress on LBC-Boston's mixed-used building in the Hancock Lot.

We continue to work with our designated developer, FoxRock Development and its founder Granite Telecommunications CEO Rob Hale on a bold vision to create 1 million square feet of commercial development in what was once the Ross Parking Garage area. We plan to submit a formal development agreement to the City Council this spring, one we expect will include a major medical provider as an anchor tenant.

This is a good time to pause to recognize some of those members of our business community who've been so instrumental in getting us this far. The Galvins, Peter O'Connell, LBC, Related-Beale, Atlantic-Bozzuto Development, Quincy Mutual Fire Insurance, the entrepreneurs who've transformed a big piece of Quincy Center into the restaurant capital of the South Shore.

Many of these people have taken enormous personal and professional risk with no guarantee of success because they believe in this City. Without them, there is no revitalization of Quincy Center and I'm proud to call them partners.

While we pursue the kind of growth to sustain our future, we must continue the public investments that anchor private investment. While discussing our finances a little earlier, I mentioned some of our ongoing projects within the Capital Improvement Plan, which will include major new protections for this beautiful historic building. Tonight, I'd like to focus on a couple of other specific areas of our infrastructure.

With the Council's support, engineering firms are now working to implement our transportation master plan. The first phase will include state-of-the-art traffic management systems installed at more than a dozen of our busiest intersections and the reconstruction of additional intersections. Through sophisticated algorithms, software and detection equipment, traffic signals will adapt to conditions in real-time. The system is being developed by engineers from the robotics program at Carnegie Mellon University and has been used in successful pilot programs in both Pittsburgh and Atlanta.

Studies of smart traffic technology implemented in other large northeast cities show this technology can lead to 26 percent reductions in travel time measured over the course of a whole day, reduce idling by 41 percent, the number of stops by 31 percent and emissions by 20 percent. The plan we are putting into place this spring and summer will position Quincy as a statewide leader in smart traffic implementation.

Importantly, the program is designed to optimize flow for ALL users, including pedestrians and cyclists.

At the same time, final design and engineering will take place on a major, state-funded overhaul of the Sea Street and Quincy Shore Drive intersection, one of our City's most difficult traffic choke points.

Our work cannot and will not be just about accommodating cars. That's why as part of our plan, this spring we'll pilot the City's first-ever bicycle-sharing program and add additional bicycle lanes in targeted areas around the City.

The other major area of focus will be a new approach to our road resurfacing program. This spring, I'll submit

to the City Council a comprehensive road improvement plan and financing request built around a new model which will take into consideration the condition of every road, water line, sewer pipe, utilities and every other piece of infrastructure on our streets. We will also be using new standards on the quality of materials and engineering specifications, moving beyond what is the minimum mandated under state guidelines.

While we face many challenges as a community, perhaps the most challenging issue of our time the addiction crisis. Who in this room has not been touched by this issue?

Though much work remains, we are making progress, and I emphasize WE. There's no better example of government working together at all levels than in this fight for our families. Governor Baker, Attorney General Healy, Senator Keenan and our State delegation, Justice Coven and the courts, Sheriff Bellotti and D.A. Morrissey, our social service agencies – all of them working so hard to find a way out of this crisis.

In one of the most famous Inaugural Addresses, President John Kennedy said, "May God's work truly be our own." I cannot think of a better application of that quote to describe the work of our first responders – Fire, Police and EMTS from Brewster Ambulance, and all those working in the trenches every day saving lives.

Our schools provide amazing resources, including this year a new curriculum on the science of addiction; a new after-school open-gym program sponsored by Fox Rock, and the work of our partners serving on our Drug Task Force and organizations like Manet Community Health, the Gavin Foundation and so many others. I want to express my appreciation to John McGahan of the Gavin Foundation for stepping up when with the Phoenix House treatment facility in Wollaston was in jeopardy last year. And I'm proud to announce the Gavin will be sole operator of the facility thanks in part to a \$1 million commitment from the City's Community Development Block Grant program. These are treatment beds that will serve our families and neighbors who need them most, and we all know the vital importance of having them available at that critical moment.

I also want to publicly thank Mr. Peter Thompson, who has contributed tens of thousands of dollars to our schools for needed prevention programs. Peter lost a child to addiction, and we are incredibly grateful for his efforts so that some day in the not-too-distant future no parent will have go through the same unimaginable pain. Thank you, Peter.

While we focus our energies on treatment and prevention, we cannot ignore the importance of enforcement. Our Quincy Police drug unit working with other municipalities, the State Police and DEA are out there fighting on getting those dangerous drugs off the street and holding the criminals accountable. This year, we'll continue our efforts to hold pharmaceutical companies accountable for their role in this epidemic by filing a formal civil action in the coming months.

Nothing I've talked about tonight is a one-way conversation. Whether it's traffic, development, education or infrastructure, our community must be involved in a constant conversation about its future.

That's why last year we launched our Quincy400 initiative, a community visioning exercise aimed around a simple question – where do we – as a community – want to be in 2025, when our City celebrates the 400th anniversary of its settlement. Last year, we held workshop meetings in every neighborhood and conducted an on-line survey on virtually every aspect of civic life. The response was robust, but we've got a lot more work to do. We'll be conducting more meetings this year, this time with a focus on specific subjects – education, neighborhoods, history and culture, transportation, economic growth and health and wellness.

I'm proud to announce, thanks to the work of our team and Chamber of Commerce President Tim Cahill, we will act on one of the ideas raised during the original Quincy400 workshops: creating international sister-city partnerships. In early February, the City will sign a formal economic development agreement with County Cork, Ireland, with the hope of many more to follow.

In addition, just this past week, I had the distinct

pleasure of meeting with The Massachusetts Nation and Ponkapoag Band Tribal Council, members of the tribe that lived and worked on these lands. As part of the Quincy400 effort, we will be telling our City's entire history, and I looking forward to us sharing the story of the Massachusetts Nation-Ponkapoag Band and the role they played in our heritage.

We have been a City that has responded to our Nation's call generation after generation. You need look no further than our cemeteries, the memorials spread throughout the City, the memorial squares in so many of our neighborhoods.

The State will soon oversee the construction of a new bridge to connect Burgin Parkway to the Parkway and the heart of our downtown.

This is the area that will be home to the 1 million square feet of commercial development I discussed earlier, and I will be asking our legislators to file a bill to name the new bridge "The Generals Bridge" to honor four modern day patriots from Quincy.

- U.S. Air Force General Ronald Rand (ret), from Quincy Point, who today leads the Congressional Medal of Honor Foundation

- US Army General and Chief of Staff Gordon Sullivan (retired), from Lakin Square, who as the Army's representative on the Joint Chiefs transitioned the service from its Cold War posture in the early 1990s

- US Army General James McConville, from Merrymount, who is currently the second-in-command of the Army as Vice Chief of Staff.

- US Marine General and Chairman of the Joints Chief of Staff Joseph Dunford, also from Merrymount, who today is our nation's highest-ranking uniformed officer.

It is truly remarkable for one City like Quincy to claim as their own four men of such distinguished service – 13 stars among them. In addition to the bridge, I will be presenting to the City Council a plan to name the newly configured downtown streets in their honor.

Tonight joining us is Mr. Joseph McConville, a US Navy veteran of the Korean War, a longtime Boston Gear Works personnel manager and father of General McConville. Also joining us is Mr. Joseph Dunford, Sr., a US Marine Corp veteran of the Korean War who served in the Chosin Reservoir Battle. Mr. Dunford served as a patrol officer and rose to Deputy Superintendent of the Boston Police Department. We thank them both for their service and the example they set for their sons.

In addition, I will form a commission this year to design a monument for construction in this area to those who have served in the ongoing war on terrorism, and with it honor and remember in a special way Army Lt. Charles Todd Caldwell and Specialist Ciara Durkin who died in service to our country during this time.

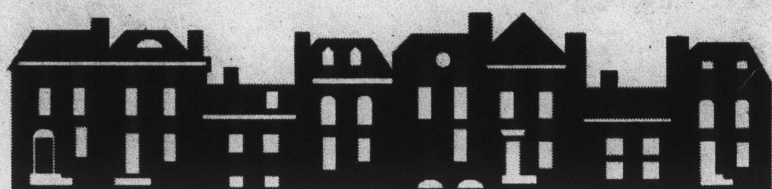
This past weekend this City lost a dear friend and public servant: World War II Veteran Robert E. Foy, III. He ran Foy's market with his Dad, a business started by his grandfather. His Dad was an example to Bob in business and public service as Bob's dad served on Quincy's School Committee for 16 years. Mr. Foy was appointed City Treasurer by Mayor Walter J. Hannon and went on to serve as City Auditor for many years. He loved his City and served with honesty and integrity. Bob was a mentor to many of us who serve in government today and we were blessed to call him friend. On behalf of my colleagues in government and a grateful people, I offer my deepest condolences to his family. May his beautiful, gentle soul rest in the peace of our Lord.

My friends, this City is a special place – made special by the people of all faiths, backgrounds and cultures who call Quincy home. I want to thank the people of this special place for the honor and privilege of serving as your mayor.

I would like to conclude tonight's event with a prayer:

Almighty God, we thank you for the many blessings bestowed on us and we consecrate our city to you. We ask your continued blessings on our community and its people. As your sons and daughters we in turn pledge to be the good Samaritans of our time. With the help of your grace let us answer the call of our brothers and sisters in need. Amen

Thank you



Real Estate

Quincy Real Estate Transactions Jan. 22 - Jan. 26

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
BP Liberty LLC	Matthew R. Lyon & Nicole Cassaro	\$575,000.00	999 Hancock Street Unit 403
Margaret Hegenberger	Esther Wong & Dan C. Chan	\$235,500.00	200 Cove Way Unit 520-II
Harry L. Cowgill	Peter R. Crespi	\$230,000.00	165-185 Quincy Shore Drive Unit C-55
Hidden Ridge Realty Trust II	87 Suomi Road Realty Trust	\$320,000.00	87 Suomi Road Unit 2
Joan E. & Michael Howell	Wanqiao Yu & Zuyang Zhu	\$303,000.00	244 Quincy Shore Drive
Hamilton Bay Apartments LLC	Suleyman A. & Nuriye I. Tutkun	\$341,000.00	185 Quincy Shore Drive Unit A-73
David J. & Jenna F. Ellis	Minqin Zou & Zhike Gao	\$550,000.00	163 Norfolk Street
Piedmont-Multi-State Owner LLC	BOF MA 1200 Crown Colony LLC	\$43,000,000.00	1200 Crown Colony Drive
T&J Family Trust	Dianne Banoey	\$284,000.00	500 Willard Street Unit 505
Jinlong Tan	Andrew B. Glaab	\$416,500.00	11 Shepard Street
Frances P. & Susan M. Hall	Domingas T. Baptista 2017 Revocable Trust	\$375,000.00	67 Sharon Road
Antoon Family Trust	Carol Chu	\$390,000.00	102 Baxter Avenue
Michael & Bridget M. Coffey Family Trust	James M. Coffey	\$400,000.00	29 Aphrop Street
Jenny Chen	Yuwen Wang	\$315,000.00	27 Fallon Court
316 Shaw Street LLC	Mei D. Tang	\$343,000.00	19 Utica Street
Phoenix Development Group LLC	Parkingway CM LLC	\$5,300,000.00	37-93 Parkingway & 95-109 Parkingway
Vincent A. & Margaret O'Malley	Li W. Guan; Ray G. & Ruiyong Zhu	\$340,000.00	85-87 Town Hill Street
David S. Bryant	Mary & Christine M. Collins	\$210,000.00	91 Washington Street Unit 91-12
Joseph Bradley	Pauline M. Connolly & Barbara E. McBurnie	\$297,500.00	500 Willard Street Unit 401
Hamilton Bay Apartments LLC	Zhe Y. & Xiao Q. Zhou	\$345,000.00	175 Quincy Shore Drive Unit B-77
Bernard J. & Lois A. Doherty	Andrew L. Kukura & Julie M. Martini	\$595,000.00	130 Granger Street
Lawrence D. Bastone Nominee Realty Trust	Highlands Waterside Realty Trust	\$1,250,000.00	1001 Marina Drive Unit 708E
Susan M. & Paul W. Ciarfella; Patricia A. Keefe	Serena Shan Jao & Lin Yong	\$489,000.00	162 North Central Avenue
Paulette H. & Robert E. Potter	Robert J. Connell	\$515,000.00	20 Gladstone Street
Hamilton 1025 LLC	Han Zhang & Jingqiang Wei	\$232,000.00	1025 Hancock Street Unit 12K

Electronic Recording Of Land Court Documents Meeting Topic

Register Of Deeds William O'Donnell Discusses New Law

Norfolk County Register of Deeds William O'Donnell recently hosted a meeting of Massachusetts Registers of Deeds and their staff relative to the enactment of a recent 2017 law which allowed Registries to electronically record registered land or Land Court documents.

"In part, the Registers' meeting highlighted the Norfolk County Registry of Deeds use of technology when it came to improving

the recording experience for our institutional users relative to electronic recording of Land Court documents," O'Donnell said. "Our Registry was the first in Massachusetts to electronically record a registered land or Land Court document beginning on April 12, 2017.

"We started with electronically recording mortgage discharge documents and then expanded a few months later to all documents submitted to our Land

Court including deeds, mortgages and Homesteads."

O'Donnell said Massachusetts has two designations for recording property: recorded land and registered land/Land Court.

"The majority of land is designated recorded land while a small percentage, approximately 20 percent here in Norfolk County, is defined as registered land. Land is considered registered land once a petition has been reviewed and adjudicated by the Massachusetts Land Court Department in Boston," O'Donnell said.

The electronic recording of recorded land documents

has been in place since 2010 at the Norfolk County Registry of Deeds. However, due to the more stringent requirements associated with recording registered land documents, electronic recording of these particular documents could only take place with the passage of Chapter 404 of the Acts of 2016, an Act to Modernize Registries of Deeds, which eliminated the need to retain original registered land documents.

The Act passed both the Massachusetts State House of Representatives and Massachusetts State Senate on Jan. 3, 2017. This piece of legislation was signed into

law and approved by Massachusetts Governor Charles D. Baker on Jan. 11, 2017 taking legal effect on April 12, 2017.

"The Norfolk County Registry of Deeds is first and foremost an organization that is focused on customer service. Electronically recording Land Court documents saves our customers considerable time and expense, along with allowing Registry staff to be utilized in a more efficient manner. It's a win-win situation for us all."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds

and Instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

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Council Seeks Residential Tax Exemption

By SCOTT JACKSON

The City Council approved a resolution asking Mayor Thomas Koch to craft an ordinance that would create a tax exemption for those who own and occupy their homes.

Ward 4 Councillor Brian Palmucci introduced the resolution seeking the creation of a residential tax exemption on Jan. 23, and the council approved the item in a 9-0 vote. Palmucci had introduced a similar resolution

last spring; it was sent to committee at that time and was not acted upon before the council's term ended in December.

The resolution asks Koch's administration to work with the council to create an ordinance establishing an ordinance, the goal of which "shall be for taxpayers who own and occupy their home to save on their tax bill by having a portion of their tax bill exempted from taxation." The reso-

lution asks that ordinance to that effect be introduced within the next 90 days.

Palmucci said he wants to help ensure current homeowners are not priced out of their homes as property values continue to increase.

"If you own your home in Quincy and you live in your home in Quincy, this would save you on your taxes," he said. "This is an effort to make sure that folks - Quincy residents - aren't priced out of Quincy due to real

estate market especially, especially, the folks can least afford tax increases."

Chris Walker, a spokesman for Koch, said the administration would provide the council with the relevant information the body needs to consider crafting such an ordinance.

"We'll provide the council with a good deal of information on this to help inform their positions, hold more discussion, and we'll go from there," Walker said in an email.

BARBARA GRACEFFA

Ask Barbara Graceffa: 'Secretary Of The Interior' Decorating Tip: Add Personality To Space

If you had just one decorating tip to share, what would it be? Sharon

Without a doubt, the answer would be to add personality to a space.

Anyone can buy a whole room of furniture and accessories from a catalog or showroom but what can set your home apart is the personality you add to make it your own. And it is easy to do!

You can add personality with color(s), fabric selection, accessories of all sorts, unusual lighting, and rugs. Sometimes referred to as "character" or the "wow" or "pop" in a room, you can add personality via a bold style, an unusual piece of art or furniture, a hobby like quilting or an ode to baseball, a favorite travel destination or items purchased on your trips, a collection of tea pots or cameras ... you get the idea.

Have fun with it - that's the whole point!

How do I improve a dark, narrow hallway? Gertrude

As I have shared before, color and lighting are the top two tools in an interior decorator's bag of tricks.

Choose a light color, like a soft yellow, a pale blue, or white for the walls. You can paint the doors and trim the same color too. Add artwork with white mats or a painting with lots of white

in the composition. In fact, I recommend using white frames, too, because your eyes keenly recognize where colors start and stop - which might make the space seem a little more closed in. Add more color in a runner-style rug to ground the space, yet keep the floors clean of clutter which makes a space look smaller.

Then add lots of light. Use brighter light bulbs in your current fixture(s) or splurge for a new track light, flushmount or short chandelier than can project more light into the space. If you like "bling" and want to add personality to an often neglected space, choose a ceiling fixture with a clear glass dome, small mirrors, reflective metal, or crystals to help bounce the light through the hallway.

Do you have a decorating problem needing a professional solution? Send your questions to Secretary of the Interior at barbara@sec-interior.com.

Barbara Graceffa owns and operates Secretary of the Interior, an interior decorating company in Quincy offering creative solutions at reasonable rates.

For more information on her services, to view her portfolio, or read testimonials about her work, visit www.sec-interior.com.

Or you can reach her at 617-921-6033.



Hancock/Adams Green & Downtown Construction Activities

Proposed work activities for the week of: Jan 28th, 2018



- Helical Geotechnical Company will be installing Ram Aggregate Piers (Geo Piers) within the footprint of the apartment/retail building at 1500 Hancock Street. These piers will help support the six-story building.
- Federal Concrete will start to form and construct the connection point between the existing Culvert under Hancock Street and the new culvert box sections which will run along the Nova Suites building under the proposed atrium.
- WES Construction will be constructing the base foundations for benches, statues and work on the new terrace in front of Old City Hall.
- Work on the filtration system, manifolds, jet feeds, return piping and associated electrical work for the tidal and spigot fountains within the park will continue to be constructed.
- Use caution when turning onto Parkway from Granite Street this week. C. Naughton will be working on the last section of the drainage system which will tie into the MBTA pump station.

(The photo above left shows a bird's eye-view of the site at 1500 Hancock Street. On the middle left of the photo is where the connection from the old culvert to the new culvert will take place. The center area is where the geo piers will be installed starting this week. The photo on the right gives you a glimpse of what the new Hancock/Adams Green Park will look like with the tidal fountain taking center stage.)

To receive project updates, sign up for MyQ at <https://www.quincyma.gov/mycity/> or follow @CityofQuincy on Twitter.

Contact Tom Russo for construction question's at: 617-910-7847 or email at trusso@woodardcurran.com

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On Thursday, Jan. 18, at approximately 10:40 a.m., Officer Michael Brandolini, who works on foot in Quincy Square as part of the Anti-Crime Unit, was in the area of the Stop and Shop Office Building on Hancock Street. As he was heading towards the rear walkway that runs parallel to the train tracks and leads to City Hall, his attention was drawn to a male who was loitering behind City Hall.

During the past few months there have been a number of incidents involving drugs inside the Hancock Cemetery. Since November 2017, there has been a total of five drug related arrest at that location. Officer Brandolini received information from numerous City Hall employees that people were acting suspiciously by digging in the snow and leaves at the cemetery.

On Jan. 11th, Quincy Police Communications received a call from City Hall in regard to a female digging in the snow in the cemetery adjacent to City Hall. On that date, Officer Brandolini responded to the area but the female was gone. Through training and experience, the officer was aware that drug transactions are made by the dealer utilizing a "stash location." The dealer will meet up with the buyer and receive payment and then tell the dealer where the drugs are located. This minimizes the risk of being observed by law enforcement conducting a "hand to hand" drug deal.

The officer watched the male who was now on his cell phone milling around the area and appeared to be looking for something. As the officer closed in, the male spotted him and became visibly nervous. His actions changed and he began to walk around the cemetery as if looking at headstones. Officer Brandolini pretended to not to see the male and then walked into City Hall and re-established surveillance from inside the building.

Using his binoculars, the officer observed the male, back on the cell phone, walk to the end of a stone wall, kneel down and dig in the leaves and snow. The male then started to walk out of the cemetery, so Officer Brandolini contacted Communications and requested a cruiser to

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

cover the front entrance of the cemetery in the event that the male ran.

Officer Daniel Parisi responded to the scene as Officer Brandolini approached the male exiting the cemetery. When asked what he was doing, the male said he was looking at head stones. A criminal record and warrant check was done on the male which showed that although there were no warrants, the male had an extensive criminal record, including drug violations. The male was asked why he was digging in the snow and leaves, but he denied doing it.

Officer Parisi brought out his K-9 partner and checked the area for drugs to no avail. The male became agitated and stated the officers had no right to hold him and he was leaving. Officer Brandolini informed the male that he was officially detained and he was not free to leave. The male began to walk away, so the officers grabbed his arm. The male then tried to break away which resulted in the officers bringing the male to the ground. The male had his arms clenched in front of his body and would not release them.

After several commands to put his arms behind his back, the male complied and he was handcuffed. Officer Brandolini searched the male's pockets and discovered a small plastic bag that was filled with white powder. The bag was tied off consistent with illegal drug packaging. When asked about the drug, the male stated that the bag was not his. He was given his Miranda Rights but refused to answer any questions. The male was transported to the



LT. DAN MINTON

station for booking.

Drug Detective Brian Coen took custody of the drug bag for testing, which showed the powder was Class B Fentanyl. The weight of the drug was 2.15 grams. The male suspect, a 29-year-old Hull resident, was charged with possession of Class B Drugs.

Nice Work goes out to the officers as well as the City Hall employees who provided the information leading to the arrest!

□

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beware of this email that requires you to apply for the gift card. This email does not come from Wal-Mart and once you open the email you will have to complete a survey. The fine print changes from getting a gift card to getting "access to our carefully selected rewards and offers valued at \$50 and greater." Once the survey is completed, you may be given a choice of rewards. One was a muscle building supplement and the other was a "High potency Wrinkle Reduction Cream." Once you make your selection and provide personal information, you must submit a credit card number to pay for shipping and handling. You will only have 3 minutes to make your selection because supplies are supposedly limited, but not to worry – the timer will reset over and over. (part of the scam for you to act in haste)

The scam continues! You will have 14 days to try out the product and then be charged via your credit card \$54.95 a month until you cancel. Often times in cases like this, the charges show up well before the 14 days and it becomes a lengthy process to stop the monthly charges. This may result in hours of frustrating work with your credit card company to clear charges, so avoid this scam. By the way, there was never a gift card option! As for the wrinkle cream, internet reviews are mixed and if you really want it, it can be purchased for \$4.99 on Ebay.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Jan. 19 – Jan. 25

Calls: 989

Arrests: 29

Stolen Vehicles: 2

FRIDAY, JAN. 19

LARCENY, 9:15 a.m., Speedway, 238 Hancock St. Possible embezzlement. Complaint to be filed.

LARCENY, 9:43 a.m., Fr. Bill's Place, 38 Broad St. Medication.

LARCENY, 12:31 p.m., 109 Curtis Ave. Past.

LARCENY, 1:37 p.m., Morgan Memorial Goodwill, 625 Southern Arty. Elderly female believes her wallet was stolen.

LARCENY, 2:15 p.m., Beale St. Computer. Caller states someone else signed for package.

LARCENY, 3:56 p.m., Gunther Tooties, 1253 Hancock St. Backpack/laptop. Store possibly has video footage.

SATURDAY, JAN. 20

ARMED ROBBERY, 12:30 a.m., Ernest Ave. Neighbors outside yelling. Multiple 9-1-1 calls about people screaming call 9-1-1 and screaming for help. Dunns Hill Road and Ernest Avenue locations. Now on Dunns Hill Road, males chasing female, saying they have guns. Two white males with firearm fled in a red car. Brewster requested to evaluate victim of assault by means; no transport. K-9 tracked to Quarry Street then lost scent.

LARCENY, 10:22 a.m., Vassall St. Snow chipper. Happened overnight. Party found property.

BREAKING AND ENTERING IN PROGRESS, 2:24 p.m., Miriam St. Gray sweatshirt. Backpack. Used barrel to get in back window. Party is resident.

SUNDAY, JAN. 21

VANDALISM/PROPERTY, 7:41 a.m., Farnum St. House was egged last week, car was keyed last night and there was a bag with neighbor's prescription bottles and his trash on caller's porch. Caller states there have been problems with this neighbor in the past.

LARCENY, 8:47 a.m., Bicknell St. Left her pocketbook in the hall bathroom. When she went back for it, it was gone. Pocketbook found.

VANDALISM/PROPERTY, 9:44 a.m., Bayview St. Three cars keyed.

LARCENY, 11:07 a.m., Seaport Dr. Female reports

her roommate's friend robbed them.

MONDAY, JAN. 22

VANDALISM/PROPERTY, 9:51 a.m., Washington St. To fence. No suspect issue.

BREAKING AND ENTERING, 10:58 a.m., 609 Adams St. Business. Computers taken.

LARCENY, 5:42 p.m., 1458 Hancock St. Caller's wallet was stolen by a group of people. Victim called back; found wallet.

TUESDAY, JAN. 23

LARCENY, 12:05 p.m., Marshall's, 141 Newport Ave. Pocketbook. Happened about 30 minutes ago inside store.

BREAKING AND ENTERING, 8:00 p.m., Sherman St. Dwelling.

WEDNESDAY, JAN. 24

BREAKING AND ENTERING IN PROGRESS, 12:48 a.m., Main St. Possible B&E in progress. Vacant house. One person on scene. Last seen suspect in rear of home. Arrest for B&E in the nighttime and defacing property.

VANDALISM/PROPERTY, 6:01 a.m., Centre St. Caller found windows blown out of vehicle this morning. Said she did hear gunshots last night. Four shell casings found. Call had come in last night for shots fired.

MOTOR VEHICLE LARCENY, 10:00 a.m., Myopia Rd. Towed to MJS Towing by Boston PD. Found abandoned with keys in it after accident.

LARCENY, 10:16 a.m., Newport Ave. Package.

LARCENY, 3:45 p.m., Summit Ave. Caller states box missing from moving company.

LARCENY, 4:33 p.m., 1000 Southern Arty. Caller states she had several gift cards stolen from her apartment. Parties are both in their 90s. Appear confused. Reporting someone is moving their spaghetti sauce and moving/taking items. Advised confused.

LARCENY, 4:36 p.m., Morgan Memorial Goodwill, Southern Arty. Mother had wallet stolen today and credit cards have already been used fraudulently.

MOTOR VEHICLE LARCENY, 6:08 p.m., McDonald's, 275 Hancock St. Caller parked there this morning and the car is now gone. Tow company contacted; they did not take it.

BREAKING AND ENTERING, 8:24 p.m., Hamden Cir. Left home around 8:30 a.m. and just came home 15

minutes ago. Came through backdoor.

THURSDAY, JAN. 25

VANDALISM/PROPERTY, 11:39 a.m., Standish Ave. Car hit retaining wall sometime yesterday.

LARCENY, 4:33 p.m., Doane St. Package.

ATTEMPTED BREAKING AND ENTERING, 5:07 p.m., Belmont St. No entry.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: 275 Hancock Street, Myopia Road

□

CAR BREAKS: Dunn's Hill Road, Quincy Shore Drive, Prospect Hill Street, Dunbarton Road, Fayette Street

□

BREAKS AND ATTEMPTED BREAKS: Sherman Street, 600 block of Adams Street, Hamden Circle

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentremon at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us -- Lt. Dan Minton

Entries in the Quincy Police Crime Prevention Journal are compiled and submitted by the Quincy Police Department.

They are published by The Quincy Sun as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

Quincy Firefighters Training With Ice Rescue Sleds

Quincy Fire Department members have been training with their ice rescue sled this winter.

An ice rescue sled is a device that is used to rescue victims that have fallen through the ice, or need help in close-to-shore water emergencies.

It is deployed by up to a dozen firefighters, but manned by a single member. A firefighter can walk with it to the victim if the ice allows, or row it to the victim in open or slushy water.

The rescuer is always tethered to the shore, explains Quincy Fire Lt. James Bailey. After reaching, and securing the victim onto the device, both are hauled in by members manning the rope system that was attached to the rescuer, and sled.

The Quincy Fire Department has two sleds, and rope



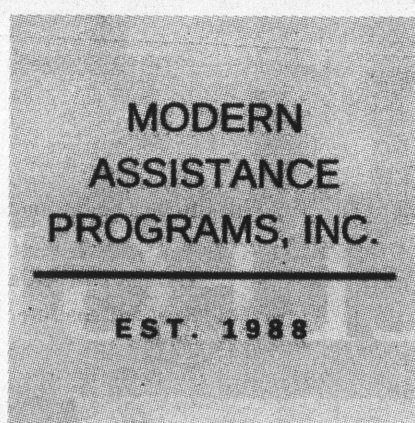
systems in service to the city since 2010.

Members have been training throughout the city.

The department has run drills at Blacks Creek, St. Moritz Pond, and the public landing in Houghs Neck.



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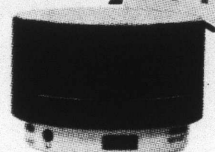
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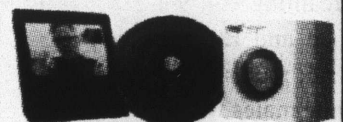
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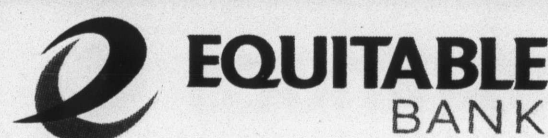


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ABOUT 50 HEARTY SOULS took the plunge Saturday at the public landing in Houghs Neck to help raise money for the Atherton Hough School PTO. The fourth annual "Polar Plunge" raised about \$1,000 for the PTO, organizers said. The event, originally scheduled for Jan. 6, was postponed three weeks due to ice in the bay and extreme sub-freezing temperatures.

Quincy Sun Photos/Robert Bosworth

Polar Plunge Raises \$1,000 For Atherton Hough School

By TOM GORMAN

For a few moments on Saturday morning, it looked like a summer day at the Houghs Neck Maritime Center public landing when some 50 adults and youngsters – some in shorts and bathing suits – took a dip in the chilly water for the fourth annual Atherton Hough School PTO Polar Plunge.

The plunge was postponed from Jan. 6 because of sub-zero temperatures and the partially frozen bay. Saturday's weather was much more temperate with the thermometer approaching 50 degrees. The water temperature, however, was

41.

Following a countdown and a blast of a horn, the group ran into the water as they were cheered on by family members and friends. One girl held a sign that read, "Go Daddy Go."

Some quickly ran in and out, others went up to their waist, a few dunked. In less than a minute, everybody was out and back on shore.

"Everything hurts," said Nathan Aronoff, 10, after emerging from the plunge with his dad, Morgan.

"The water was numbing," Morgan Aronoff said. "It still is. I only made it to my waist."

Cont'd On Page 22



VERY QUICK DIP – Houghs Neck "Polar Plunge" participants make a mad dash for the shore after taking a dunk in 41-degree water off the public landing Saturday.

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AMONG THOSE TAKING part in the Houghs Neck "Polar Plunge" Saturday off the public landing behind the Maritime Center were (above foreground) Ward 1 Councillor Dave McCarthy; John Toler (right) who got in the spirit of the event dressed in a polar bear union suit; and numerous children (below) who were the first of the nearly 50 brave souls to splash around in the 41-degree water.

Quincy Sun Photos/Robert Bosworth



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Polar Plunge Raises \$1,000 For Atherton Hough School

Cont'd From Page 20

It was 11-year-old Nate Goff's first plunge. He went all out for the event.

"I dunked," he said, a towel tightly wrapped around him. "The water was very cold."

Houghs Neck Troop 6 scoutmaster John Toler enjoyed his fourth plunge.

"The water is always cold," he said. "It's invigorating."

As a former Atherton Hough School PTO member, Toler felt compelled to come out to help the school.

"It's for a good cause," he said. "It's to help the students and faculty at the school. I still like to support them."

Toler said he didn't mind spending a few extra moments in the cold water.

"I went totally under," he said. "I'm not one of the people quick in and quick out. I take my time, walk in and enjoy the water. Enjoy the coldness. Dip and come back out."

The community event is a fundraiser for the school to help purchase needed equipment. This year, PTO officials are seeking to buy alternative seating for the school's classrooms with the \$1,000 raised.

"We are hoping to start with two alternative seats per classroom," said Atherton Hough School PTO fundraising Chairwomen Jill Hockney. "We have 18 classrooms, so it's a pretty expensive endeavor."

Hockney explained that the alternative seating would help hyperactive students. The seats are specially designed standing desks or a seat that is similar to an exercise ball - some with a back - allowing students some freedom to move while still being engaged in the classroom.

"With alternative seats,

students being able to move their bodies and feet while they are learning, give them more lengthy attention spans in the classroom," she said. "We are hoping the kids who need to get up and move a little more will benefit with the alternative seats."

According to Bright Hub Education, alternative seating has been found beneficial to students diagnosed with such learning disabilities as Attention Deficit Disorder, hyperactivity and autism. Students with these disabilities struggle to focus and learn and may fidget and feel a need to move. This leads to slouching and even sliding off chairs while sitting at a traditional, stationary school desk.

Alternative seats give students an outlet to move a bit and to reposition. This has proven to reduce restlessness and improve student participation and engagement.

Additionally, alternative seating has been shown to improve posture and core strength, balance and coordination. Students are less likely to be disruptive. Many schools throughout the country are turning to alternative seating.



SUPPORTING HER SCHOOL - Darian Hockney (foreground), age 8, a second grader at the Atherton Hough School, was among the 50 folks of all ages who participated in Saturday's fourth annual Houghs Neck "Polar Plunge" at the public landing behind the Maritime Center. The event raised \$1,000 for the Atherton Hough PTO. Quincy Sun Photos/Robert Bosworth

In addition to the plunge, the PTO held a bake sale to help benefit the cause. Hockney said parents donated baked goods for the sale. Two local businesses - Hough Many Scoops and

Coffee Break Cafe - donated hot chocolate and coffee respectively that were provided to the participants free of charge.

The Quincy Police Marine Unit's boat stood by

near the shore and several of the unit's scuba divers were in the water as a precaution, keeping an eye on the participants. Quincy Fire Department's Engine 6 crew were also on hand.

The polar plunge was founded four years ago by Atherton Hough PTO member Nancy Cross as a fundraiser for the school. It has been held each January at the maritime center.



Track Athletes Shine At Coaches Invitational Meet

By JOE REARDON

Devin Hiltunen stood in the Reggie Lewis Center infield Sunday with a much-deserved smile on her face. She had just gone up against a deep, talented 300-meter dash field at the Coaches Large Schools Invitational and lowered her personal-best time on the speedy, banked track by three-tenths of a second to a very quick 43.18 for 17th overall in the prestigious statewide competition.

Hiltunen, though, was satisfied more with how she got her personal best than the time itself. Coming off what she called a "nasty cold" that slowed her for a week, the senior attacked the race from the gun, putting herself in second place at the break to the inside lane. From there she powered her way to a time she's confident will continue to drop when the championship portion of the season rolls along.

"I was improving with every meet until I got sick, but now I'm better and improving again," said the chiseled sprinter. "I was happy with how aggressive I was. I was using my arms and really got my stride going. If you don't get to the break up front it's really difficult to get through the pack. I was in lane five and got to the break in second."

Hiltunen, who will compete at Brandeis University after graduation, is looking forward to a strong final month of the season and then a spring campaign where she hopes to improve on her personal best of 26.32 in the 200.

Head coach Geoff Hennessy said Hiltunen is a student/athlete who does everything the right way and it has paid off for her. "Devin did a nice job," he said. "It was a tough week coming off midterms. A lot of kids are sick and we haven't been able to put in a lot of good training."

Junior Abby Murphy was up against a strong field in the 1000 and came away with a personal best of 3:12.01. Murphy is still learning how to cope with the physicality of a big meet and the factors that play into running a strong time.

"I ran ok," said the soft-spoken middle distance ace. "I took a second off my PR (personal record). They started off really fast and I'm not used to running in a big group so it was kind of tough to adjust. I qualified for states in my first meet, but now my goal is to get under 3:10."

Murphy has found the 800-meter repeat workouts on the track most beneficial to her strength and speed in the 1000.

Hennessy couldn't be happier with how Murphy has improved and is confident a little more seasoning will play a big part in dropping her time even more.

"She's 15 seconds faster than she was a year ago in the same event," said Hennessy. "That's a big chunk for an upper classman who has run in a lot of meets. She had a good cross country season and she's having a great indoor season."

"She was jostled a lot. There's a lot of jostling in that event. She's not used to a physical race because she's used to dominating in the league. Every race she runs she wins by 50 yards. Now she's got to learn what to do in a race with a bunch of kids in it that are as good as her. They're throwing elbows and bouncing around and that's not something she's had to deal with. She might be the ninth or 10th best kid in Div. 1 right now. Let's see if she can slice another four or five seconds off that time and get a medal."

Wheaton College-bound Alex Case was sluggish out of the blocks in the 55-meter hurdles but accelerated over the final 30 meters to take third in her heat in a very respectable 7.76.

"I had a bad start but I still wound up getting my second fastest time," said Case, who runs the 100 and 200 outdoors. "I didn't get out of the blocks fast enough and everyone was out before me. Usually I'm better at picking it up at the end of the race."

Improvement will come for Case, who is back after an ankle injury. "Alex didn't have a great start, but all her times have been in the 7.7 range," said Hennessy. "She's just coming off being sick and she had a bad ankle. If we shave off just a tenth, that's all it's going to take for her to be in the medals when we get to the Div. 1 championships."

Olivia Palazzi was battling a sore hip in the 55

Gas Prices Down One Cent

Gasoline prices in Massachusetts are down one cent this week but are still seven cents higher than at the beginning of January, according to AAA Northeast.

AAA's Jan. 29 survey of prices in Massachusetts finds self-serve, regular unleaded averaging \$2.50 per gallon. The Massachusetts price is eight cents below the national average for regular unleaded of \$2.58. A year ago at this time, the average price in Massachusetts was 30 cents lower at \$2.20.

"Compared to the first few weeks of January last year, consumer gasoline demand is noticeably higher, which is surprising given



THE FOURSOME OF (from left) Alex Case, Abby Murphy, Olivia Palazzi and Devin Hiltunen teamed up to clock an impressive time of 4:21.64 in the 4x400 relay at Sunday's Coaches Large Schools Invitational at the Reggie Lewis Center in Boston.

Photo Courtesy Geoff Hennessy

hurdles and had somewhat of an off day after racing to a personal best of 8.9 in the Div. 1 Coaches Relays.

"I felt really good in that race - really strong," Palazzi said. "My snap over the hurdles was good."

A 400 hurdle runner in the spring, Palazzi is concentrating this season on improving her starts in her first season of indoor track. She has a personal best of 70.4 and is hoping to shave that time down into the 65 range.

"My start didn't feel that great (today)," said Palazzi. "Hopefully, I can improve on it. My hip has been bothering me lately and this is only the third time I've done the hurdles this season."

The foursome of Case, Hiltunen, Murphy and Palazzi teamed up to clock an impressive time of 4:21.64 in the 4 x 400.

Shorn Hawthorne was fairly pleased with his 6.99 in the 55 and believes that time will improve when his starts become more fluid out of the blocks. Hawthorne would like to see his per-

sonal best of 6.82 drop even more. "It went pretty good, but I had a bad start," said Hawthorne, who competes in the 100, high jump, long jump and 4x100 outdoors. "It's a good learning experience. I wasn't leaning forward enough, I was kind of sitting back. I still have a couple of weeks to make the changes I need. I made up for what I missed at the start and really leaned at the end."

North Quincy's best and most versatile trackster, Nathan Sleiman had a stumble in the 55 hurdles but was not far off his personal best of 8.25 with his 8.32. Sleiman went on to leap 18-11-1/2 in the long jump.

"I was first going over the first two hurdles and then stumbled at the third hurdle," said the junior. "I finished and still got a good time so I was pretty happy. I feel like I'm bigger and stronger this year, but I still don't feel like I've run my best race."

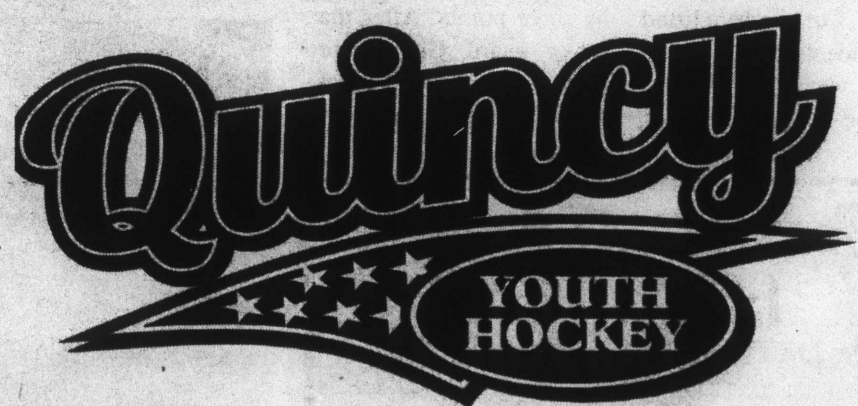
Sleiman ran terrific at the Greater Boston Track Club Invitational where he clocked a scalding 8.82 in the 60-meter hurdles.

Hennessy knows what he has in the ferociously talented Sleiman. "Nathan hit a couple of hurdles, but he's been running some very good times," said Hennessy. "He's a junior who shows up every day and trains hard."

Hennessy has found that his athletes tend to have their best performances in the afternoon compared to the morning.

"The kids who showed up today have very good attendance records and do well in the classroom," said Hennessy. "Kids are creatures of habit. If you're on a schedule things tend to go real well. We run real well in the afternoon. We don't run real well in the morning. That's just the way we are."

"People complain sometime about having the state meet on a Friday night. We've have nothing but success on meets on Friday night. We compete well."



Attention all active
Quincy Youth Hockey Members:

Our Annual Members' Meeting

Will be held on

February 13, 2017

At 6:30PM

At Quincy Youth Arena

Strong Second Half Carries Quincy Past Hingham

By TOM JOYCE

After battling in a tight first half, the Quincy High girls' basketball team came out firing to start the second half and was rewarded for their resiliency.

The Presidents amassed 19 points in the third as they defeated Hingham 46-38 at home last Friday night. The Presidents improved to 10-4 on the season and qualified for the postseason with the win.

The Presidents started the game off right, winning the opening tip off to begin their first scoring possession. Sophomore forward Allison McMorrow (12 points) sank a 3-pointer to put them up 3-0, but Hingham responded promptly with a 3-pointer of their own.

For much of the quarter, the Presidents excelled defensively. This is why the Presidents had a 7-3 lead with under a minute remaining in the first quarter. Senior forward Rosheline Molina and sophomore Jillian O'Toole had the baskets which put the team up by four. With under a minute left in the quarter, Hingham got some offense going and hit a pair of shots themselves, tying the game at seven apiece by the end of the first quarter.

Both teams had a strong showing early in the second quarter and senior guard Liana Cunningham extended the Presidents' lead to five points, 15-10, about midway through the second quarter with a deep 3-pointer.

Ultimately, Hingham was able to rally back, however, as they went on a 6-0 run to take a 16-15 lead with less than two minutes left in the first half. Cunningham lifted the Presidents back up with a layup where she drew a foul. She also hit her free



QUINCY HIGH SCHOOL girls varsity basketball coach Jeff Bretsch earned his 200th career win with a 47-37 victory over Hanover Jan. 23. Here the team gathers around their coach who holds the game ball from that milestone win. Kneeling from left to right: Brenna Tobin, Jillian O'Toole, Gia Calabro, Captain Liana Cunningham and Julianne Gazzola. Standing from left: assistant coaches Caitly Lowry, Leann McColgan and Kyle Costa; Juliana Tracey, Rosheline Molina, Head Coach Jeff Bretsch, Grace Hobin, Rachel Smith and Allison McMorrow. Photo Courtesy Quincy High School

throw, putting the Presidents up with 1:26 in the quarter. After that, Hingham sank a pair of baskets and at half-time, the game was tied at 20 apiece.

In the third quarter, the Presidents were able to pull away a bit. With the game tied at 23 apiece, they were able to piece together a 7-0 scoring run to go up 30-23 with about three minutes left in the quarter.

First, sophomore forward Brenna Tobin shot a 3-pointer to put the team up by three points. After that, junior guard Gia Calabro (13 points) made a break-away layup and made two

free free throws, forcing Hingham to call a timeout. That timeout could not stop the Presidents' momentum, however, as Tobin and Calabro would each make a 3-pointer, putting the team up by 13 before Hingham called another timeout with less than two minutes left in the quarter.

"Brenna just came in with such great energy for us," Quincy head coach Jeff Bretsch said. "Gia was huge for us too. I think that was the difference-maker. Those

girls just started shooting the ball with confidence. You could see they were playing aggressive and that helped us pull away. It was neck and neck until that little blitz of shooting there."

Hingham snapped the Presidents' 13-0 scoring run with a basket with 1:21 left in the third quarter. Quincy led 39-26 at the end of three quarters.

In the fourth quarter, all the Presidents had to do was protect their lead and they were successful. The

Presidents played a more conservative offense, taking their time when they had the ball.

Calabro and O'Toole were sharp defensively for the Presidents late in the contest and sophomore guard Juliana Tracey sank four free throws in the fourth quarter to help protect the lead.

Although the Presidents have enjoyed a great deal of success this season, they are on the younger side for a varsity team. Cunningham and

Molina are the team's only seniors this season, meaning three of their five starters and their entire bench could return next season.

"We have a really young team," Bretsch said. "I think we showed that at the beginning of the year with a little bit. We had some growing pains starting the year 2-2 but we've really grown since then. I feel like every game we have someone stepping up and forward. Our sophomores have done a great job developing and I think that makes us a threat as a team to have that much talent on the floor along with some of the older players we already have."

Prior to the Hingham game, Bretsch met a great personal milestone, earning his 200th career win; it came against Hanover Jan. 23.

"It's been a thrill for me," Bretsch said. "I was asked to coach by Bob Keuther the day before Thanksgiving. He told me he needed me to coach girls basketball on Monday. I had no interest in it at the time, but here we are many, many years later and I've just enjoyed it so much."

"Our girls are great students of the game," he added. "They've worked so hard, and it's been true of all 17 of my teams. I've felt such pride being a part of their basketball experiences. It's the kids who are the ones who get it done and make it such an enjoyable job. I value all of these kids grow and this team is looking to make their mark."



QUINCY HIGH Sophomore Riley O'Connor heads up ice. Photo Courtesy QHS

Presidents Hockey Marches On

The Quincy High Boys Hockey team put a scare in undefeated Hanover High with Griffin Lynch and Danny O'Leary each scoring goals within the first three minutes of the game at QYA.

O'Leary added another goal in the second period and the Presidents went into the third period tied 3-3, but eventually took the loss 6-3.

Jason Whalen, AJ Currie and Ryan Quirk assisted in the loss. Goaltender Danny Murphy had a very strong game, keeping his team in the game by making several excellent saves.

Last Saturday, Quincy notched a must needed win on its quest for a tournament berth, defeating Silver Lake 3-0 on the road. Murphy again was instru-

mental in the win, making several timely saves. Quirk opened the scoring by snapping home a wrist shot on a breakaway. Whalen and Brendan Bailey rounded out the scoring for Quincy.

The Presidents have a string of home games coming up: Feb. 7 at 7 p.m. vs. Bridgewater-Raynham; Feb. 10 at 6:40 p.m. vs. Whitman-Hanson and Feb. 14 at 7 p.m. vs. Oliver Ames.



VOICE FOR HEALTH
by Dr. Gabrielle Freedman
Chiropractor



CARING FOR CAREGIVERS

If you are caring for a spouse or other loved one with limited mobility, you may find that pushing a wheelchair results in shoulder and back pain. This discomfort is likely caused by exerting too much force on your lumbar (lower) spine and shoulders, which can lead to injury. According to a recent study, injuries of this type often occur among caregivers who push more than 220 pounds (which exceeds safety limits). The study, involving 62 able-bodied adults with an average age of 26, revealed that men were more apt to push past a safe load threshold before quitting than women were. A chiropractor can help caregivers avert such injuries, as well as treat injuries that do occur.

Chiropractors believe that the body is a perfect organism in its natural state, and all disease

comes from a disruption in the body's proper transmission of signals by the nerves. This affects the body's ability to heal. Chiropractors assess to find which spinal levels are causing the dysfunction, and we adjust it to restore proper nerve flow so the nervous system can work as efficiently and effectively as possible. To schedule an appointment for chiropractic treatment, please call **FAMILY PRACTICE OF CHIROPRACTIC** at 617-472-4220. We accept most major insurance plans. Our office is located at 112 McGrath Hwy., Quincy.

P.S. When pushing a wheelchair, stay close to the handles with your back straight and elbows bent. Use your entire body weight and leg muscles to do the work.

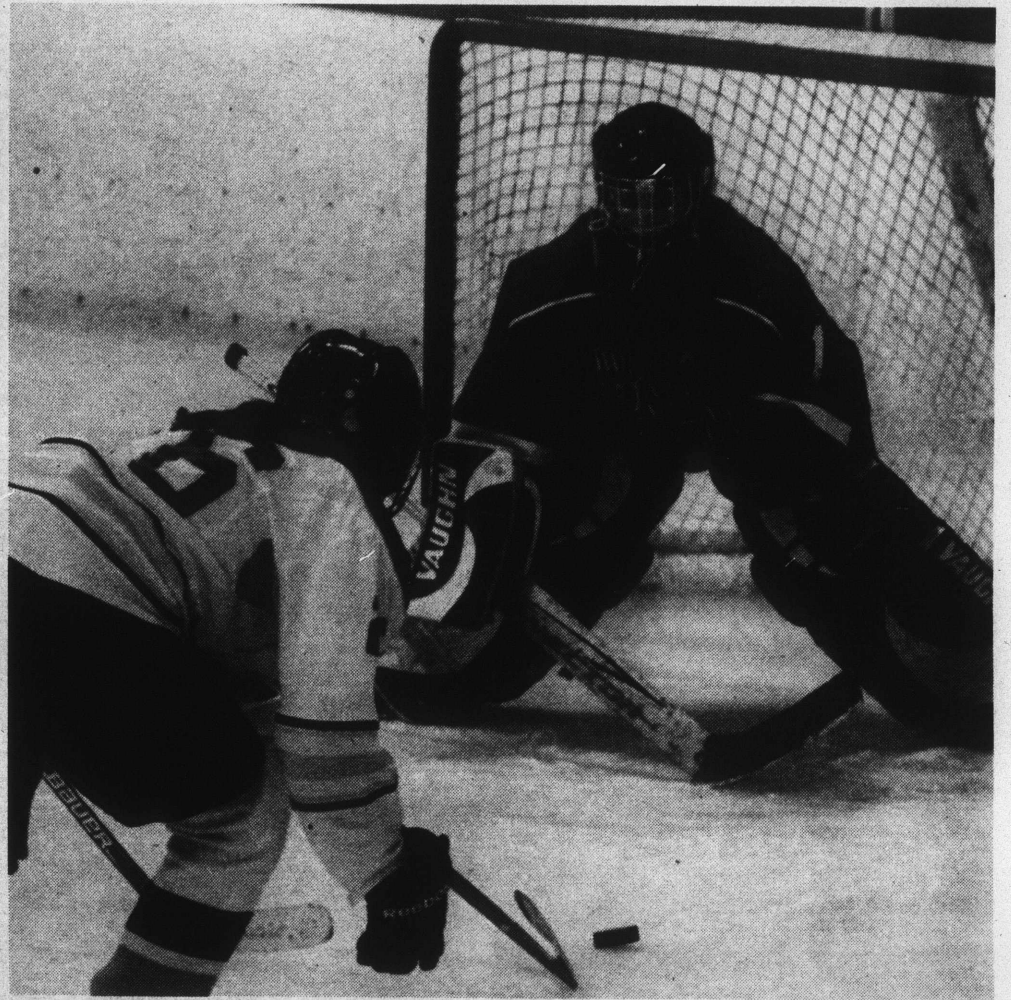
www.freedmanchiro.com

QNN Girls Hockey Battle, Bow To Cohasset-Hanover



SENIOR CAPTAIN Julie Whalen starts the play up ice. Whalen scored one of QNN's goals in a 5-2 loss against Cohasset-Hanover Jan. 24.

Quincy Sun Photos/Larry Carchedi



GOALTENDER MEGAN MULHERN with eyes on the puck gets ready to win the race to it.



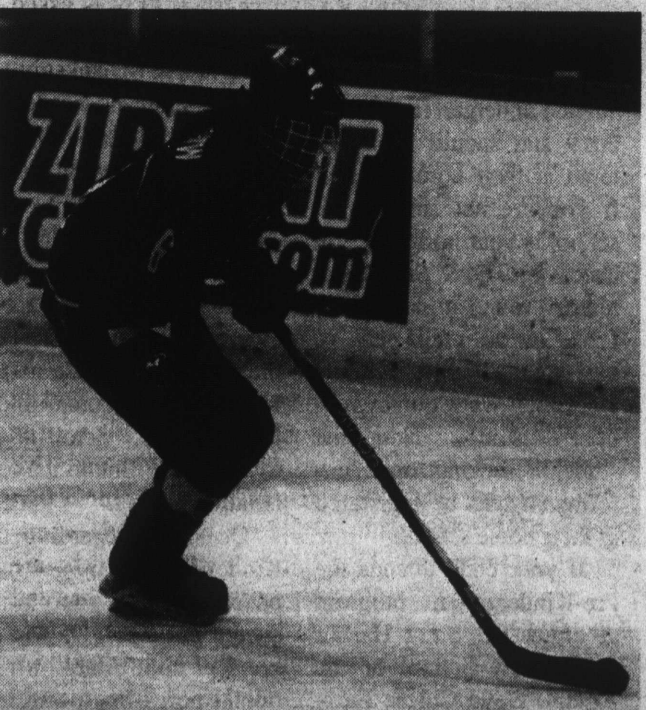
JUNIOR FORWARD Cassandra Davis lines up a shot in the first period as the combined Quincy-North Quincy girls hockey team skated against Cohasset-Hanover Jan. 24. Davis tallied a goal in the game but QNN bowed, 5-2.



FORWARD NORA MCLAUGHLIN takes the faceoff in the second period against Cohasset-Hanover. McLaughlin is one of four seniors on the team this year.



SENIOR CHYNNA STACO wins the battle for the puck and gets the pass off.



SENIOR CAPTAIN and defender Carly McMorrow starts the puck up ice.



MEGHAN GREENE gets off a shot just before the Cohasset-Hanover defender gets to block it.



MADDIE BAILEY, the lone eighth grader on the team starts the puck up ice.

North Quincy Girls Hoop Eyeing Tournament Berth

By PAUL BREGOLI

North Quincy's girls basketball team crept closer to securing a post season tournament berth by splitting their two games last week.

Taking the long bus ride to Dennis-Yarmouth seemed to affect the Red Raiders in the opening quarter of play versus the Dolphins as the visitors did not score their first basket until the 3:47 mark with a hoop by Jessie Caldwell which cut the Dolphins' early lead in half. Another corner jumper by Caldwell tied things up before a Jill Hallisey 15 footer gave North a lead it would not relinquish.

Jenn Butka closed out the scoring with an offensive putback at the buzzer.

After the two teams traded baskets early in the second quarter, the Red Raiders went on a 13-2 run to close out the quarter on top 22-10. Mary Kate McAlevey, Butka and a pair of three-pointers by Caldwell and Lindsey Keenan helped push North to their double-digit lead. Butka took over the third quarter outscoring the hosts hitting for 7 points while Caldwell and Hallisey chipped in with a basket apiece.

North cleared its bench in the final quarter led by senior forward Olivia Hussey with 4, sophomore Amanda Hellmuth with 3 and junior Maria Zaraizaa with a basket. Butka led all scorers with 12 while Caldwell finished with 9 points and 13 rebounds. Hallisey and



NORTH QUINCY'S Mary Kate McAlevey, a junior forward (left), puts up a shot in the first half against Hingham Jan. 24. McAlevey led the Red Raiders in scoring with 8 points.

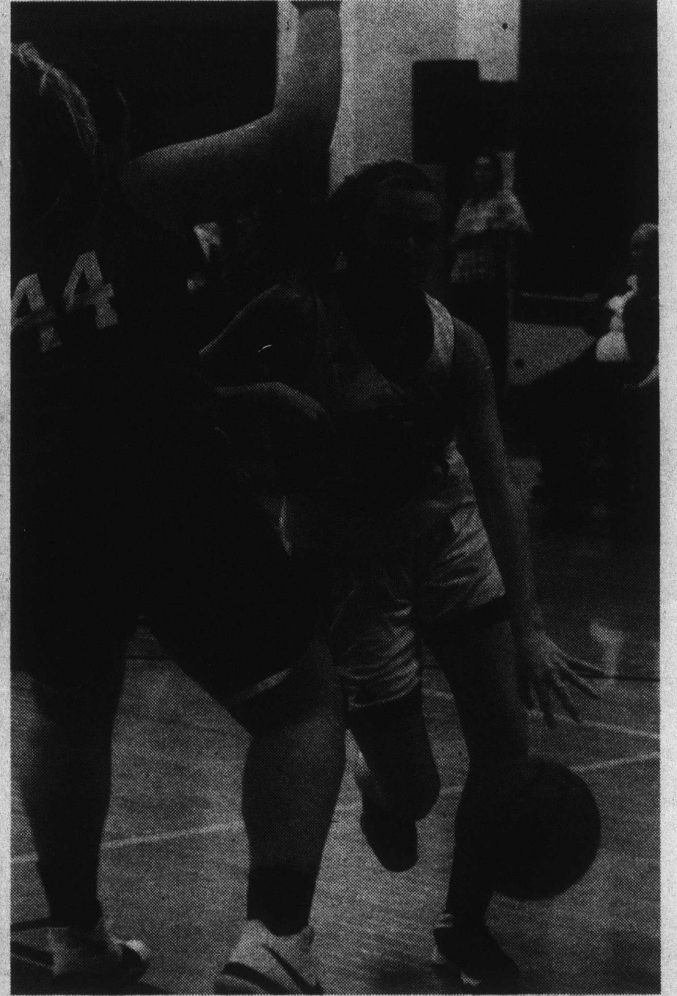
Samantha Smith each had 5 assists with Hallisey adding five steals in the 44-25 victory.

Hosting the Harborwomen from Hingham Jan. 24, The Red Raiders dropped a 45-33 decision in a hard fought con-

test. North jumped out to a quick 5-0 lead early with a Caldwell three and a Butka hoop. However, North went ice cold from the floor and Hingham closed the quarter on an 8-0 run to lead after the first.

McAlevey, Keenan

and Butka kept the Red and Black close with the hosts down only three at the half, 16-13. North's Hallisey and Smith as well as Keenan held Hingham's Grace Benis and Rylay Blasetti to 4 and 1 point respectively as the Red Raiders completely



CELIA HUSSEY, a senior forward, drives past a Hingham defender on her way to the basket.

Quincy Sun Photos/Larry Carchedi

shut down the offense of the visitors.

However, in the third quarter, Hallisey had to go to the bench with foul trouble and Bennis exploded for 7 points as Hingham increased their lead to 13 entering the fourth. North continued to struggle from the field with a Caldwell three the only field goal put up by NQ. McAlevey and Zaraizaa had 2 free throws

each in the quarter.

Hallisey came back in to score 4 in the final quarter but it was not enough as the Red Raiders fell to 6-7. McAlevey led the North Quincy scoring attack with 8 while Butka, Hallisey and Caldwell each had 6. North is on the road for two weeks. Tuesday's game at Plymouth North was postponed due to the snow. The team visits Hanover on Friday.

QNQ Girls Hockey Falls To Plymouth

By TOM JOYCE

Throughout the season, the Quincy/North Quincy High girls hockey co-op has shown their capabilities.

Last Saturday was no different. They took on one of the best teams in the area, the Plymouth girls hockey co-op, and were able to excel offensively. Ultimately, QNQ found themselves on the wrong side of a high scoring affair, losing 7-4 on the road.

"It's kind of the same thing all year," QNQ head coach Jeff Craig said. "We did a good job of putting the puck in net, but we let up seven goals. I think for the most part, we played well defensively but let up a couple of breakaway goals which can't happen."

"We were talking about effort consistency before the third period and we came out playing hard, we just had a couple of bad breaks."

Once again, QNQ's offense was propelled by its top line which features senior Julie Whalen, junior Cassandra Davis and eighth grader Maddie Bailey.

Whalen scored a team-high two goals while Davis had a goal and two assists and Bailey had a goal and an assist. Senior defender Carly McMorrow and junior forward Maeve Walsh also had assists in the bout.

The strong contributions from Whalen and Davis on offense are nothing new for the co-op. Craig said they both had around 110 career points coming into the contest which means they could each break the co-op's all-time scoring record this week. It is currently held by 2017 Quincy High grad Riley McLaughlin, who had 118 points in her career.

"It's huge," Craig said of having that firepower on the top line. "Just having them every game you're going to get a couple of goals out of them. The way they score, they should break that mark soon. They give us good scoring opportunities every game."

On the second line, senior forward Nora McLaughlin has been a steady and consistent presence for QNQ. Defensively, seniors Carly

McMorrow and Chynna Staco and junior Meghan Greene have played well for QNQ and play a massive amount of minutes because the team does not have a lot of players. Before this year, Staco was a forward.

"They've been doing a great job defensively for us," Craig said. "It doesn't help that just about every team we're seeing is going to be in the tournament one after another, but they're up for the task. Hopefully down the stretch we're playing some teams we can put some W's up against."

Against Plymouth, QNQ had a few players make their varsity debuts: Tara McCleary, Maggie Martin and Megan Beck. They are among the group of players who joined the team

10 On UNH Dean's List

Ten students from Quincy are on the Dean's List for the fall semester at the University of New Hampshire in Durham.

They are:

Colleen Furey, High Honors; Alexandria Richards, Honors; Jessica Eyna-

tian, Honors; Rachel Papile, High Honors; Hayley Forbes, High Honors; Evelyn Scuzzarella, High Honors; Vivian Tran, Honors; Anna Splitz, High Honors; Nancy Aimola, High Honors; and Amber Man, Honors.

this season without having played hockey in the past. Previously, they had dressed for games and were building experience in practice to reach the point where they would be able to compete in a game.

"They're improving a lot at practice and they only started playing hockey two months ago," Craig said. "It's nice to see the smile on their face when they get out there for the last minute or so. Those girls are really improving so hopefully, they'll work hard in the offseason so they can contribute next year."

The co-op's next game is this Saturday, Feb. 3 against Whitman-Hanson/Silver Lake at the Quincy Youth Arena (6:40 p.m. start time).

Kindergarten Registration March 6

Quincy Public Schools' Kindergarten Registration for the 2018-2019 school year will be held on Tuesday, March 6, between the hours of 9 a.m. and 2 p.m. at all elementary school locations.

Children do not need to attend registration; a screening date will be scheduled for May as part of the registration process.

Children who will be 5 years of age on or before Aug. 31, 2018 are eligible to attend Kindergarten in 2018-2019 and should be registered at their home school. If you are not sure which school is your home school, check the QPS Street Directory found under Parent Links on the main page of the Quincy Public Schools website, www.quincypublicschools.com. Note that students seeking open enrollment must be registered at their home school.

If your child attends the Pre-Kindergarten program at either the Snug Harbor Community School or the Amelio Della Chiesa Early Childhood Center, it is not necessary to register for

Kindergarten.

The following documents must be produced in order for a student to be registered:

- Child's birth certificate (with a raised seal)
- Proof that the child resides in the home school district (any two: tax bill, utility bill, mortgage statement, 1099 or W-4 form)
- Photo I.D. of the adult seeking to enroll the student
- Copy of a recent (within one year) physical examination by a physician
- Written records of immunizations

You may access the required forms for registration on our website, www.quincypublicschools.com. On the main page, Kindergarten Registration is found under Parent Links. Scroll down to access the link to the registration packet.

Questions regarding the Kindergarten program may be directed to your home school principal. If you do not feel comfortable filling out the necessary forms, feel free to bring someone that could assist you.

Quincy College Freshman Deven Palmer Player Of Week

Granite Extend Basketball Win Streak To 17 Games

Quincy College freshman and Granite forward Deven Palmer was named NJCAA Division III Player of the Week for the week of Jan. 22nd, leading individual offensive efforts nationally with an average of 32.4 points per game and 518 points on the season.

Quincy College Granite offensive efforts are also aided by freshman Dajour Dunkley who is ranked

second nationally in assists with 160 assists on the season and by freshman Ugo Kamalu who is nationally ranked as third in the nation for field goal percentage with a percentage of 68.5.

On Jan. 27th, the Quincy College Granite men's basketball team extended its winning streak to 17 games in a row with a 96-92 buzzer beater, come-from-behind victory over University of

Connecticut at Avery Point.

Under the leadership of Quincy College men's basketball coach Doug Scott, Quincy College Granite's offensive efforts were led by NJCAA Division III leading scorer Deven Palmer with 39 points 7 rebounds and 5 assists. Also standing out for Quincy was Dajour Dunkley who added 12 assists and 14 points. Dunkley leads the league in assists.

Ugo Kamalu pulled down a season high 16 rebounds and Jon Daveiga and Darius Hall had strong games on both sides of the ball. Coach Scott praised the efforts of his bench group especially Reggie Cesar whose two-way play has been integral the second half of the season.

"Quincy College Granite have had an impressive inaugural season. At this point

in the season, we are overcoming injuries but I continue to be proud of Quincy College Granite team effort, especially against University of Connecticut - Avery Point Team," Scott said.

Quincy College Granite men's basketball will face several tough competitors in the week ahead, playing Bunker Hill Community College on Jan. 30th and Massachusetts Bay Community College on Feb. 3rd.

Join Quincy College Athletics in celebrating the

successful season of Quincy College men's basketball at their last home game Saturday, Feb. 17th played at Eastern Nazarene College. All Quincy College alumni and former Quincy College basketball players are welcomed guests at this event. Contact Quincy College Athletic Director Jack Raymer at 617- 405-5987 if you plan to attend as an alumnus of Quincy College.

For more information visit quincycollege.edu/granite.

Squeaky & Pulsating Brakes, Repairing Old Cars

Ask John Paul: AAA's Car Doctor

I purchased a new 2016 Mercedes GLC and after 3,000 miles the brakes started to squeal. At that time the dealer replaced the brake pads and it was okay for about seven months and the brakes started to squeal again (mostly reverse). The dealer again replaced all four brakes and now the brakes are squeaking again. The dealer tells me it is safe and Mercedes is working on a solution. After having spent all this money on the car and still having the same problem, I think Mercedes should replace my car or give me a lifetime warranty on the brakes. What do you think?

The issue is more than likely just a noise and not a safety issue, although you should feel confident and safe driving your car. Mercedes has at least three technical service bulletins regarding this exact same issue. The latest TSB that is available to me came out just before your last visit to the dealership and perhaps the dealer didn't see that one. In all the bulletins they address the issue as a problem, not just an annoying characteristic. The typical description is a noise mostly on the first brake application and in reverse. The repair is replacement of the brake pads with what I would assume is an updated design. At this point I would continue to work with the dealership until the issue is solved to your satisfaction. Your question regarding Mercedes replacing the car or giving you a lifetime warranty on the brakes, in both cases, that is very unlikely.

I like driving a manual shift car and really need a four-door vehicle. I'm looking for a mid-sized car and have a budget of about \$30,000. I can find compact cars but nothing in the mid-size range. Do you have any suggestions?

There was a time many years ago that all cars came with a manual transmission. Today, the choices are somewhat limited. One car that I have driven and really enjoyed was the Mazda 6. The latest Mazda 6 has a smooth shifting six-speed manual-transmission, although you can't mix the manual transmission and the more powerful turbo-charged engine. Add in very good handling, quiet ride and comfortable seats, the Mazda 6 is a winner. In my opinion the Mazda 6 and Mazda in general are very under-rated vehicles on the market today.

We own a 1992 Suzuki 4-door sedan that seems to shudder and slip lately when I accelerate. It acts like the gas is shutting off, but it only does this under hard acceleration. What do you think it could be?

There are many problems that match your description. It could be the transmission slipping, an ignition misfire, faulty sensor or something else. At this point I would bring the car to a qualified technician for a road test and diagnosis. Considering the age of the car and the fact Suzuki vehicles aren't made today, I would carefully consider any expensive repairs.

I met you at an event you were speaking at and you said if you have any question just email, so I am. I am only five-feet tall and need some advice with a new car. I want a car that steers, rides and handles well. I also need a car that has good visibility all around and easy to park, since I live in the city. So far all the cars I have been looking at are too big for me. I remember during your talk you mentioned SUVs. They all seem to big, but maybe I'm looking at the wrong ones?

I would take a look at the most recent subcompact SUVs. Some to look at are the Honda HR-V, Buick Encore, Mazda CX-3 and Jeep Renegade. Of the four vehicles, I like the Honda HR-V, followed by the Mazda CX-3, but they are all practical, ride well and get decent fuel economy,

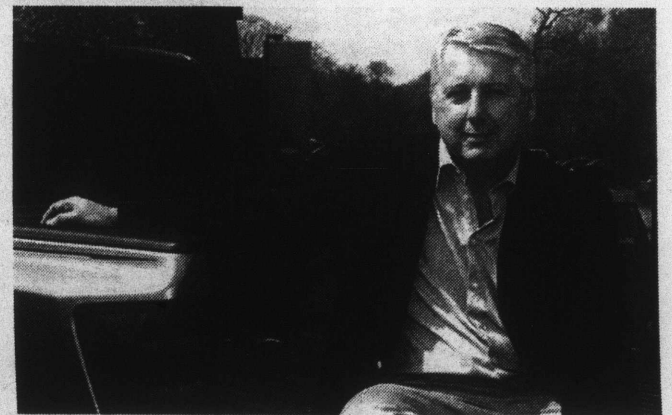
The front brakes and pads of my 2010 Toyota RAV4 were replaced 5,000 miles ago and the rears about 10,000 miles ago. Lately I've noticed that while braking, the brakes pulsate (I'd guess about once per wheel rotation) which is very annoying and that the problem seems to be getting worse. The Toyota dealer verified the uneven braking and noted that the pads are not worn but recommends replacing brakes and rotors on all four wheels at a cost of about \$1,100. My local garage says that the problem is with one of the rotors but can't determine which one, so nothing should be done at this time. So what do I do: live with the problem or pay an exorbitant amount for an unnecessary brake job?

The shop should be able to check the brake rotors for out-of-round with a dial indicator. Once the issue confirmed the rotors can be resurfaced and the best method is to use a on-the-car brake lathe. Unlike putting on new rotors or resurfacing the current rotors using a traditional brake lathe the on-the-car lathe can compensate for slightly out of round hubs that could also be causing the vibration.

We have two Toyota Priuses, each with 82,000 miles; one is a 2007 and the other a 2010. Both are well maintained driven mostly in the city with an occasional long distance road trip. My question is which Prius has more wear and tear? Is there any handy way to think about these things; simple time passage versus usage or is it more complicated than that?

The hybrid/traction battery in your Priuses has a warranty of 10 years or 150,000 miles (whichever comes first). Looking at just battery life expectancy the older car at some point will need a fairly expensive hybrid battery first. The other issue is general wear and tear, like any car age will take its toll. Without knowing anymore about the drivers of each car, the 2007 Prius has the most wear.

I always read your column, and now I would like your opinion. I have a 2003 Mini Cooper that I bought new. It has 115,000 miles, and is well taken care of and I love this car. However, I just paid \$2,500 for new brake lines,



JOHN PAUL
AAA's Car Doctor

new axle, repair of several leaks, and some other maintenance stuff. I have been averaging \$2,000 for repairs every year for a few years, sometimes a bit more. Friends say get rid of it, it's a money pit and it's too much for repairs. The problem is there isn't anything I like better out there. I like the simplicity of this car, and how much fun it is to drive. Is this crazy? My other car is a '73 Citroen 2CV. What do you think?

Repairing an old car is always cheaper than buying a new car. If the Mini is structurally sound, fairly dependable and satisfies your needs, spending \$2,000 a year isn't crazy. Although at some point you may need to consider a replacement when dependability becomes more of an issue. Some would think driving a 42-year old, 26 horsepower French car is crazy (personally I like the 2CV).

I'm interested in two cars: the VW GTI and the Subaru WRX. In both cases I have been looking at manual transmission cars. I like both cars and am leaning towards the Subaru because of the all-wheel-drive. Which one would you pick?

For me I would go with the VW GTI, for two different reasons. The GTI performance is very good, the clutch is perfectly matched to the performance of the engine and it is just plain fun to drive. The WRX is a bit more finicky to drive and for me just feels to "young."

Have a question for the Car Doctor? Email John Paul at jpaul@aaanortheast.com.

Fire Destroys Quincy Police SUV

By SCOTT JACKSON

A Quincy police SUV was destroyed by fire Monday morning while it was parked outside the department's headquarters on Sea Street.

Sgt. Karyn Barkas said the officer that had been assigned that SUV on Monday had just exited the vehicle and entered the station when another officer spotted smoke. The department posted a video on social media showing the vehicle engulfed by flames around 11:15 a.m., and it reported it had been extinguished by the Quincy Fire Department by 11:30 a.m.

The heat from the fire caused ammunition inside the vehicle to explode, but the bullets did not shoot off.



A QUINCY POLICE SUV was destroyed by a fire Monday morning at the department's Sea Street station. The fire gutted the interior of the Ford Explorer and partially melted a front tire.
Photo Courtesy Quincy Police Department

"The fire department did take precautions and fought it from behind a wall," Barkas said, because of the ammunition.

The vehicle is likely a total loss, Barkas said. She said the SUV, a Ford Explor-

er, had been in service with the department for three or four years. Its model year had yet to be determined.

No injuries were reported and Barkas said the police station was not damaged.

Fire Chief Joseph Barron

on Monday afternoon said that it did not appear suspicious, given the time of the day and the number of people present at the station, though it remained under investigation.

Quincy Chamber Of Commerce 2018 Board Of Directors

The Quincy Chamber of Commerce announces its 2018 Board of Directors.

The board is comprised of a group of successful Quincy business professionals who understand the unique needs of its growing membership and possess the energy, drive and commitment to lead the Chamber through a challenging economic environment.

Members of the Chamber Board volunteer to serve a minimum three-year term and this year have elected Dolly DiPesa, of DiPesa & Company CPA's of Marina Bay, to serve as its chairwoman.

"I am honored to serve the Quincy Chamber of Commerce as its first female chairwoman," DiPesa said. "I look forward to a robust year of growth and success for the Chamber and its members."

Newly appointed Chamber President Tim Cahill said "I am honored to serve with Chairwoman Dolly DiPesa and all the members of the board as we work together to build a more diverse and successful business climate here in Quincy."

The Quincy Chamber of Commerce is a nonprofit



QUINCY CHAMBER OF COMMERCE Board of Directors - Front row from left to right: Ryan Barrett, Anthony Caruso, Janet Batson, Dolly DiPesa and Greg MacDonald. Second row: Tim Cahill, Sean Curry, Peter Tsaffaras, Jenn Ormond, Sean Galvin, Ed Fleming, Michael McFarland and Brilene Faherty. Missing from photo: Tony Agnitti, Mike Feenan, Frank Trainor, Ed Keohane and Christa Hagearty.

Photo Courtesy Quincy Chamber of Commerce

501(c)(6) Massachusetts established as a stand-alone ing part of the South Shore decades. It currently has located at 180 Old Colony Ave. in Wollaston. Corporation and was re- Chamber in 2010 after be- Chamber of Commerce for over 500 members and is

Wollaston T Razed; Progress On New Station Continues



PROGRESS IN PROGRESS - The Wollaston MBTA Red Line station was demolished the weekend of Jan. 20-21 and crews continue to work to clear the site. The station will be rebuilt and is set to reopen in 2019. This week's construction activities at the site include removing, disposing or storing items from the Wollaston station lobby; underpinning (strengthening the foundation) or escalator pit; cut site structures to sub-grade elevation; install Newport Avenue 16-inch water main; and install sewer bypass pumping system along one block of Brook Street at Newport Avenue. The MBTA also announced that concrete repairs above the stairway at the Quincy Center Red Line Station began Monday and will continue through Friday, Feb. 2.

Quincy Sun Photos/Tom Gorman

Wolas' Ex-Wife Pleads Guilty To Charge Of Lying To Investigators

By SCOTT JACKSON

The ex-wife of Scott Wolas, the man accused of defrauding 19 investors out of \$1.7 million in a scheme involving Quincy's former Beachcomber Bar while on the lam from fraud and grand larceny charges in New York, pleaded guilty in federal court to lying about the whereabouts of her former spouse.

Cecily Sturge, age 70, of Delray Beach, Fla., on Jan. 23 pleaded guilty in the U.S. District Court in Boston to charges of making a materially false statement to a federal agent about the whereabouts of her ex-husband, Wolas, who was a fugitive for 20 years in connection with a New York investment scheme until his arrest in April 2017. Wolas, who is also charged in federal court in Boston with operating a fraudulent \$1.7 million real estate investment scheme in Quincy, remains in custody while his case is pending.

U.S. District Court Chief Judge Patti B. Saris scheduled Sturge's sentencing for

April 18.

According to court documents, a federal investigation into Wolas began in early September 2016 when Wolas fled Massachusetts after defrauding at least 19 investors of about \$1.7 million in connection with his purported efforts to develop two Quincy properties, including the site of the former Beachcomber Bar. Sturge was interviewed by law enforcement on Nov. 17, 2016, at which time she stated that she had not been in contact with her ex-husband for approximately 15 years. Sturge continued to say that this was so, despite evidence of contact between her cell phone and one known to belong to Wolas that demonstrated more recent communication between the two.

After further investigation, Wolas was arrested on April 7, 2017, at a condominium he was renting in Delray Beach, Fla. Investigators learned that Wolas had first rented a room in the condo from Nov. 12 through

Nov. 21, 2016, through an online rental website account in the name of Cecily Sturge. Messages exchanged between the condo owner and Sturge included a photo of Sturge and messages claiming that Wolas (using the name Cameron Sturge) was Sturge's brother and a retired paleontologist in need of a place to stay. The owner of the condo told authorities that Sturge and Wolas arrived at the condo together in the same car on Nov. 12, 2016, five days before Sturge's interview with law enforcement.

Sturge was divorced from Wolas in 2001 by default judgment in Palm Beach County, Fla. In February 2017, Sturge filed a petition to modify the judgment in order to obtain the contents of Wolas' retirement account, which had a balance of approximately \$647,000, from the New York law firm where he worked prior to being indicted in 1997 by New York authorities. In pleadings filed in February and March 2017 in that

matter, Sturge swore that Wolas' whereabouts were unknown to her, despite telephone records showing frequent contact between the two. Bank surveillance photos also showed the two of them together at a Florida bank where some of the pleadings were notarized. In addition, copies or drafts of

documents filed in the Florida proceeding were found in the room and on a USB drive taken from the room where Wolas was arrested. The United States has obtained a court order freezing the retirement account until the resolution of the criminal proceedings.

The charging statute pro-

vides for a sentence of no greater than five years in prison, three years of supervised release and a fine of \$250,000 or twice the gross gain or loss, whichever is greater. Sentences are imposed by a federal district court judge based upon the U.S. sentencing guidelines and other statutory factors.

First-Time Homebuyer Workshop

Quincy Community Action Programs, Inc. (QCAP) in partnership with Santander Bank, will host a comprehensive workshop designed for first time homebuyers next month.

The two-day workshop will be held Thursday, Feb. 15th from 6 to 9 p.m. and Saturday, Feb. 17th, from 9 a.m. to 3 p.m. at Quincy Community Action Programs, 1509 Hancock St, 4th floor, Quincy. Attendance at both sessions is required to receive a Certificate of Completion.

The monthly workshop provides a comprehensive review of the home buying process. Real estate profes-

sionals will present information on topics from mortgages to home insurance. Participants may also use their Certificate of Completion to obtain a low rate loan through MassHousing or MassHousing Partnerships. Free individual counseling is also available.

Registration is underway and ends on Monday, Feb. 12th. For more information about the program and/or to register for the workshop, contact Peter Mullen, QCAP's Homeownership Counselor at 617-657-5315 or email at pmullen@qcap.org. To register for the class, visit qcap.org.

Founded in 1965, QCAP

is the leading non-profit organization dedicated to reducing poverty by providing educational and economic opportunities to residents. In addition to its adult education and workforce development programs, QCAP provides Head Start and Early Head Start, access to quality and affordable early education and care, family engagement activities, heating assistance and weatherization, homebuyer education, mortgage foreclosure counseling, affordable housing, homelessness prevention, and housing services.

For more information, visit www.qcap.org

LEGAL NOTICE

CITY OF QUINCY IN COUNCIL

PUBLIC NOTICE 2017-187

Presently pending in the Ordinance Committee of the Quincy City Council to be passed at a later date:

BE IT ORDAINED by the City Council of the City of Quincy that Title 5 Business Licenses and Regulations, Section 5.40.090 Secondhand Motor Vehicle Dealers, be further amended as follows:

By deleting Section 5.40.090 - Secondhand Motor Vehicle Dealers in its entirety and substituting therein the following revised Section 5.40.090 - Used Car Dealers/Motor II License:

5.40.090 USED CAR DEALERS/MOTOR II LICENSE

A. LICENSING - FEES

No person, company, corporation or other entity shall offer for sale more than four (4) second hand motor vehicles in a calendar year without obtaining a used car dealer's/ motor II license from the License Board.

Application for a used car dealer's license/motor II shall be made on a form approved by the License Board and shall be accompanied by a \$100 non-refundable application fee.

Licenses shall expire annually on December 31. Except as provided in Section E of this ordinance, issuance of a license during the previous licensing period shall not create a presumption in favor of the applicant.

Notice of denial of an application for a used car dealer's license shall be accompanied by a statement setting forth specific reasons for the denial.

Licenses may be issued upon such terms and conditions and with such restrictions as the License Board deems expedient and in the best interests of the health, safety and welfare of the residents of Quincy.

Used car dealer's licenses may not be sold, conveyed, assigned or transferred without the consent of the License Board.

B. LICENSING - MINIMUM STANDARDS

The License Board may license such applicants as they determine are suitable to conduct a used car sales/ motor II business in the city. Failure to comply with the provisions of this ordinance, with state consumer protection statutes or with any licensing terms, conditions or restrictions imposed by the License Board shall be prima facie evidence that the applicant is not suitable to conduct said business.

Applicants shall be required, at a minimum, to demonstrate that the following criteria have been met:

1. That the business is conducted at a location that satisfies all applicable requirements of the city's zoning ordinance;
2. That the principal use of the location is Used Automotive sales/ Motor II and that all other uses are supportive of or accessory to Used Automotive sales/Motor II;
3. That the area controlled by the business is of sufficient size to allow a. storage or display of number of cars in paved, lined and spaces no smaller than 10'X20', and b. employee and customer parking of no fewer than 3 spaces, provided that one additional employee/customer parking space shall be required for each additional 20 spaces of for storage or display. All spaces shall be clearly lined, and designated in traffic paint as storage/display or employee/customer parking.
4. That the applicant is engaged principally in the business of Used Car Sales and or Motor II.

C. BUSINESS OPERATION - MINIMUM STANDARDS

1. RECORD KEEPING:

Each used car dealer shall keep records as required by MGL Cha140, Sec. 62. p.

Said records shall be made available upon request to any Police Officer, License Board Member, or duly appointed agent of the License Board authorized to enforce ordinances relative to licensing.

2. MAINTENANCE OF BUSINESS PREMISES:

LEGAL NOTICE

Each used car dealership shall be maintained in a clean and sanitary manner and shall comply with all applicable health, safety and sanitation codes and standards promulgated by the city's Building, Wire, Plumbing, Health and Fire inspectors.

All parts and materials incidental to the operation of said used car dealership/motor II shall be stored in a designated area and concealed from public view. Waste oil shall be stored in compliance with 527 CMR 906. Disposal of residual parts and materials shall be made in a timely manner and in accordance with applicable federal, state and local regulations.

Agents and employees of the city authorized to enforce health, safety and sanitation codes may at any time enter onto the premises of a used car dealer to inspect for compliance with applicable health, safety and sanitation codes, the provisions of this ordinance, and any license restrictions or conditions.

3. DISPLAY OF LICENSE

Each used car dealer/ motor II shall display at all times a current used car dealer's license on the premises at which the business is conducted. Said license shall be displayed in the business office, so as to be in clear view of patrons.

4. DEALER PLATES REQUIRED

Each used car dealer shall apply for and obtain dealer plates from the Registry of Motor Vehicles within 30 days of obtaining an initial license. Copies of current dealer plate registrations shall be filed with the City Clerk's Office, upon receipt of the original registration and/or registration renewals.

D. FAILURE TO COMPLY WITH ORDINANCE PROVISIONS - PENALTIES

Violation of any provision of this ordinance or of the terms, conditions or restrictions imposed on a specific licensee may be punished by a fine imposed under the provisions of MGL Chapter 41, Section 21D in accordance with the following schedule:

- 1st offense \$100.00
- 2nd/subsequent offenses \$200.00

Violations of any provision of this ordinance, applicable health, safety and sanitation codes or the specific terms, conditions or restrictions of a license may be cited by any person authorized by the License Board to enforce ordinances relative to licensing or to enforce applicable provisions of health, safety and sanitation codes.

Failure to comply with the provisions of this ordinance, with state consumer protection statutes or with any license terms, conditions or restrictions imposed by the License Board may result in suspension, modification or revocation of any license, after three days written notice and hearing by the License Board.

E. IMPLEMENTATION OF ORDINANCE PROVISIONS

This ordinance shall take effect on July 1, 2018; provided that any person licensed as used car dealers on Dec. 31, 2017 whose business does not meet the minimum standards for licensure, as set forth in Section B above, may apply annually for renewal of said license.

Said licensees shall be eligible for re-licensing provided that they meet the following criteria:

1. That the business has remained in continuous operation since December 31, 2017;
2. That the applicant is the same person or entity licensed as of Dec. 31, 2017. For purposes of this section, a corporation shall be considered the same entity only so long as a majority of its officers, directors and/or shareholders remain the same;

Persons applying for renewal of licenses under this section shall be subject to all the provisions of Section C and D above, and shall provide 10'X20' lined and spaces for storage/display of cars and employee/customer parking in a quantity determined by the size of the lot.

No applicant licensed under this section shall seek an increase in the number of cars licensed for display and/or storage as of July 31, 2018. Nothing in this section shall prohibit any dealer licensed under this section from applying for a license under Sections A and B of this ordinance.

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

RELIGION

Houghs Neck Congregational Church

The Sunday morning Communion worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Pastor Steven Vandergrift will lead the service, give the children's message and preach his sermon. Liturgist

Luke Rheault will welcome and call to worship. Nancy Jacobs, Susan Stimpson, Glen Brown and Robert Rheault will serve for the Diaconate.

A fellowship coffee hour follows the service hosted by Nancy Jacobs. During the coffee hour the Super Bowl

Snack and Chocolate Lovers Sunday Sale will be held to benefit the Seaside Social Club.

Church Council meets on Monday at 7 p.m. in the Gordon Room.

Yoga on Thursday at 7 p.m. with Amy Ross leader.

Bethany Congregational Church

Bethany Congregational Church, Quincy Center will have a Communion Sunday Worship Service 9:30 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "Source of Strength." Please bring a food donation to help the ISS Food Pantry. Fellowship with light refreshments will follow

the worship service.

All are welcome to attend Worship Services and its numerous group activities. Bethany has an active Missions and Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1:00 p.m. to 4:00 p.m. Please visit us at our Web Page: www.

bethanyconchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service, it is broadcast on QATV at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

The church is wheelchair accessible.

Valentine Princess Tea At Houghs Neck Church

A Valentine Princess Tea will be held Saturday, Feb. 10 at the Houghs Neck Congregational Church, 310 Manet Ave.

There will be two sessions: 10 a.m. to noon noon or 1:30 to 3:30 p.m. There will be crafts, music, activities, goodies and a visit by special

princesses. A raffle will be held also.

Admission is \$10 per child and \$5 per adult. All princesses must be accompanied by an adult.

This event is intended for princesses from pre-school through elementary age. Princess dress is optional.

This is always a sell-out.. Reservations are required and can be made by email to hncc@comcast.net. Be sure to indicate how many adults and how many children will be attending and which session you prefer. Include your phone number.



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Catholic St. Mary's Church 95 Crescent St., Quincy • 617-773-0120 Masses Saturday, 4pm, Sunday 8 & 10:30am Tuesday/Thursday 9am Handicapped Accessible New Members Welcome! ST. AGATHA CHURCH MILTON-QUINCY 432 Adams Street Milton, MA 02186 • 617-698-2439 <i>Schedule of Masses:</i> Saturday: 8:00AM and 4:30PM Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM Weekday Masses: 7:00 & 9:00AM Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned St. John The Baptist ROMAN CATHOLIC CHURCH 44 School St., Quincy 617-773-1021 Weekend Mass Schedule Saturday, 4:00 PM Sunday, 8:30 AM & 11:00 AM Sunday night, 5:00 PM Weekday Masses Monday - Saturday 8:00 AM Confessions Wed. 8:30 - 9:00 AM Sat. 2:30 - 3:30 PM Handicapped Accessible Saint Ann's Church 757 Hancock St., Wollaston 617-479-5400 Mass Schedule: Sat. 4:00 PM / Sun. 9, 11 AM Daily Mass: Wednesday and Friday, 9 AM Confessions: Saturday 3-3:30PM Handicapped Accessible via Elevator

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic Sacred Heart Church "A Roman Catholic Community walking together in Faith, Worship, Education and Service" 386 Hancock St., North Quincy, MA 02171 (617) 328-8666 Sunday Masses 4 pm (Saturday) 7:30 & 10:00 am and 6:00 pm Weekday Masses Monday - Friday 7 am Monday & Saturday 9 am Handicapped Accessible Confessions Sat. 3-3:45pm in Saint Joseph Oratory St. Joseph's Church 550 Washington Street Quincy, MA 02169 617-472-6321 SUNDAY MASSES: 4 p.m. (On Saturday) 8:30 a.m. and 10:30 a.m. Weekday Masses 9am CONFESSIONS: Saturday, 3:00-3:30 pm Handicapped accessible & Handicapped parking, side entrance air conditioned Holy Trinity Parish <i>Come and Worship!</i> Most Blessed Sacrament Church 1031 Sea St. WEEKDAY MASSES 9:00AM Tuesday and Thursday WEEKEND MASSES 4:30 PM Saturday and 8:30 AM Sunday Our Lady of Good Counsel Church 237 Sea St. WEEKDAY MASSES 9:00AM Monday and Wednesday WEEKEND MASSES 6:00PM Saturday and 10:30 AM Sunday CONFESSIONS: 3- 4PM Saturday Rev. Martin Dzengeleski- Pastor Phone: 617-479-9200 EMAIL: holytrinityquincy@gmail.com VISIT: www.holytrinityquincy.com

Congregational HOUGH'S NECK CONGREGATIONAL CHURCH 310 Manet Avenue 617-479-8778 www.hncong.org Sunday Communion Worship Service at 10 a.m. Pastor Vandergrift will lead the service, give the children's message, and preach his sermon. <i>All are welcome to attend</i> BETHANY CONGREGATIONAL CHURCH Spear & Coddington Streets Quincy Center, 617-479-7300 www.bethanyconchurch.org Communion Sunday Worship Service at 9:30AM The Rev. Peter M. Preble will conduct the service & preach the sermon "Source of Strength" <i>ALL ARE WELCOME!</i> Fellowship Time following Service QUINCY POINT CONGREGATIONAL 444 Washington St. • 617-773-6424 Worship and Church School 10 am Rev. Dr. Stan Duncan, Interim Pastor Peter Johnston, Interim Associate Pastor Rachel Hallenbeck, Music Director email: office@quincypointcong.org

Congregational Wollaston Congregational Church United Church of Christ 48 Winthrop Avenue Quincy, Massachusetts Worship and Sunday School at 10 a.m. Elizabeth J. Williams Pastor 617-773-7432 www.wollastonucc.com Unitarian Universalist United First Parish Church A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome. Worship Service, Church School & Childcare: Sundays at 10:30 AM Followed by Fellowship & Refreshments Rev. Rebecca Froom 1306 Hancock St., Quincy www.ufpc.org Church of Christ CHURCH OF CHRIST IN MILTON 330 Edge Hill Rd., Milton, MA 02186 • 617-274-2409 www.churchofchristinmilton.org Maurice Davis, Minister SUNDAY WORSHIP 8AM, 11AM and 6PM Sunday Bible Study 9:45AM Tuesday Bible Study 11:00AM Wednesday Bible Study 7:00PM 3rd Friday - Couples 7:30PM 4th Friday - Youth 7:30PM

Christian Science First Church of Christ, Scientist 1460 Hancock Street, Quincy 617-472-7099 Sunday Services and Sunday School 10:30 a.m. Wednesday Evening Meetings - where testimonies of healing are shared 7:30 p.m. <i>ALL ARE WELCOME!</i> Nazarene Wollaston Church of the Nazarene Come Join Us For Sunday Worship! 8:00 AM Worship Service (Holy Communion & Liturgy) 9:00 & 11:15 AM Weekly Small Groups 10:00 AM Worship Service Stephen "Stretch" Dean, Lead Pastor Andrea Sawtelle, Youth Pastor Bev Keuther, Children's Pastor Don Reed, Visitation Pastor 37 E. Elm Ave., Wollaston 617.472.5669 email: office@wconaz.org www.wollastonnazarene.org Methodist QUINCY COMMUNITY UNITED METHODIST CHURCH 40 Beale St., Wollaston 617-773-3319 10:30 AM Sunday Worship Rev. Rebecca E. Baumann Salvationist THE SALVATION ARMY 6 Baxter St., Quincy • 617-472-2345 9:45AM CHRISTIAN EDUCATION 11AM WORSHIP SERVICE BRASS BAND MUSIC NOON THURS. WOMEN'S FELLOWSHIP 6:30PM WEDS. BIBLE STUDY
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HOPE PEACE

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Phyllis Strungis

A funeral Mass for Phyllis (Podbielski) Strungis, of Quincy, formerly of South Boston, was celebrated Monday in Sacred Heart Church, Quincy.

Mrs. Strungis died Jan. 20.

Her entire life centered around her loving family. She enjoyed the time spent with family and friends. A gifted artist, Mrs. Strungis was a longtime member of the Quincy Art Association and enjoyed painting, quilting and knitting. She was an active participant at her church for many years. Mrs. Strungis was an avid viewer of television cooking shows and loved to try new recipes. She will be remembered for her kindness, gentleness, sense of caring, and always seeing the good in other people.

Beloved wife of the late Walter E. Strungis. Loving mother of Gerard P. of Quincy, Jeffrey L. and his wife Karen of FL, Philip A. and his fiancé Nova of the



PHYLLIS STRUNGIS

Philippines, Christopher W. of NY, Justine Tumas and her husband John of DE, Elaine C. Strungis of Quincy, and Andrea K. Henkels and her husband Tim of W. Boylston. Also survived by 10 grandchildren, 12 great-grandchildren, and several nieces and nephews.

Interment at Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Joslin Diabetes Center, 1 Joslin Place, Boston, MA 02215.

John A. Spargo, M.D., 97

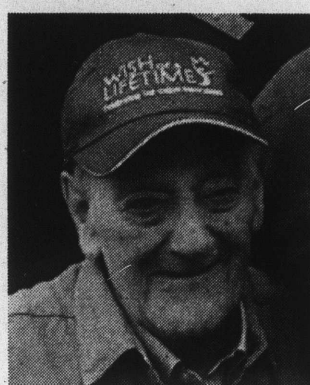
A graveside service for John Alden Spargo, M.D., 97, of Hyannis, will be held at 11 a.m. on Feb. 6 in Mount Wollaston Cemetery, Quincy.

Dr. Spargo died peacefully Jan. 18.

He was born in Quincy, one of William and Mabel Spargo's seven children. He took an early interest in the medical profession due to his father's passing from bacteremia. His undergraduate studies were at Marietta College, he received his medical degree from Western Reserve School of Medicine in Cleveland, OH, and interned in pediatrics at Children's Hospital in Boston. He served with distinction in the Navy during World War II as a decorated bomber pilot.

Dr. Spargo was a director of student medical services at Northeastern University. He was also the co-owner of Camp Seascope, a camp for overweight girls in Brewster. In his retirement, he enjoyed sailing, walking, reading and photography.

Dr. Spargo was prede-



JOHN A. SPARGO, M.D.

ceased by his six siblings: Esther Walp; Edgar Spargo; Frances Gherardi; Richard Spargo; Anna Delucia and Ruth Warren. He is survived by numerous nieces, nephews and cousins.

Dr. Spargo was lovingly cared-for by the outstanding staff of Brookdale Cape Cod, his home for the past 10 years. His final days were overseen by the kind and professional staff of Beacon Hospice and Privatus Care Solutions.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the charity of your choice.

Mary Mariano

A funeral Mass for Mary (Strungis) Mariano of Quincy was celebrated Jan. 25 in St. Ann's Church, Quincy.

Mrs. Mariano died Jan. 20.

She was born in Athol and raised in Dorchester. Mrs. Mariano later settled in Quincy where she lived for over 60 years. She enjoyed sewing, spending time with her many lifelong girlfriends and being with family. She was a wonderful story teller who shared her love of life with all who knew her.

Mrs. Mariano was a very strong woman and was a two-time cancer survivor. She will be sadly missed by all who had the pleasure of knowing her.

Beloved wife for 59 years of Remo P. Mariano of Quincy. Cherished mother of Michael Mariano and his wife Ann of Franklin and Stephen Mariano and his wife Beverly of Westford. Devoted "Babci" to Alison,



MARY MARIANO

Matthew, Emily, Nicholas, Taylor and Lewis. Sister of the late William Strungis, Stephanie Rudnicki, Francis Strungis and Walter Strungis. Also survived by many nieces and nephews.

Interment at Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to American Cancer Society, 30 Speen St., Framingham, MA 01701.

Peter J. Boylan, 50

A funeral Mass for Peter J. Boylan, 50, of Quincy, formerly of Braintree, was celebrated Jan. 26 in the Church of St. Clare, Braintree.

Mr. Boylan died in a motor vehicle accident on Jan. 22.

He was born in Boston and raised in Braintree. He was a 1985 graduate of Braintree High School. He had been employed as a car salesman for Ricky Smith Pontiac of Weymouth before working for the Metro Roofing Supply in Weymouth as the warehouse manager.

Mr. Boylan moved to Quincy 15 years ago. He was a coach for Quincy Youth Baseball and an assistant coach for the Quincy Point Panthers Football League.

Mr. Boylan was the son

of the late Peter and Bridget (Killalea) Boylan, formerly of Braintree. He is the beloved fiancé of Nancy Attardo of Quincy and the loving and proud father of Peter J. Boylan, Jr. of Quincy. He is the devoted brother of Kevin P. Boylan and his wife Jennifer of Avon and Lisa M. Tango and her husband Steven of Medford. He is also survived by numerous nieces, nephews, aunts and uncles.

Interment at a later date in Braintree Cemetery.

Funeral arrangements were made by the Mortimer N. Peck- Russell Peck Funeral Home, Braintree.

Memorial donations may be made to Quincy Youth Baseball, 5 Ellis St., Quincy, MA 02169

Marilyn Hamel, 86

A funeral service for Marilyn (Bubier) Hamel, 86, of Quincy was held Jan. 27 in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Hamel died Jan. 23.

The beloved wife of 65 years to Armand A. Hamel, Jr. of Quincy. Cherished mother of Sandra, Linda, Joanne, Robin, Michele, Jon, Mark, Judy, Nancy and the late Paul Hamel. She is also survived by 20 grandchildren, 22 great-grandchildren and 1 great-great-grandson.

Mrs. Hamel volunteered

at Manet Health Center for many years. She enjoyed knitting, all types of crafts and loved to read. The foundation of her life was her family; she cherished each of them and was devoted to them all. She will be sadly missed by all those who were fortunate to have known her.

Private interment.

Memorial donations may be made to Parkinson's Foundation, Michael J. Fox, P.O. Box 5014, Hagerstown, MD 21741-5014.

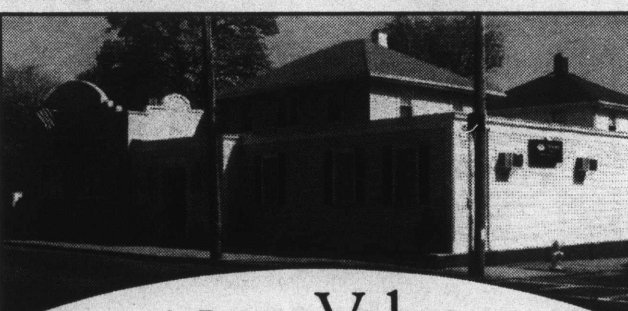
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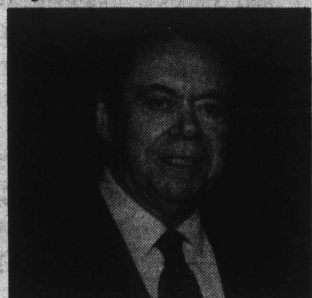


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*\$5,995 plan includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, website announcement, and memorial stationary package (a register book, 100 thank you cards, 100 prayer cards).
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OBITUARIES

Veronica F. Wright, 76

A funeral Mass for Veronica F. "Vonnice" (Murphy) Wright, age 76, was celebrated Jan. 26 in St. Ann's Church, Quincy.

Mrs. Wright died Jan. 19. Beloved wife of William Wright of Quincy. Cherished mother of Anne Burns and her husband Scott of Braintree. Devoted grandmother of Ava Burns of Braintree. Loving sister of Philip Murphy and his wife the late Jean of Walpole, Mae Romey and her husband the late John of CA, Bernadette Burke and her husband the late Robert of Braintree, Patricia Molloy and her husband Robert of Braintree, the late Patrick "Joe" Murphy and his surviving wife Linda of Braintree, the late Margaret McGrail and her surviving husband Hugh of Medway. Sister-in-law to Stephen Wright and his wife Marie of Pembroke. Also survived by many nieces and nephews.

Born in Dorchester, she was the youngest of seven children. At 13 her family moved to Braintree where she would live for over 50 years. Mrs. Wright spent the last 10 years living in Squantum.

She graduated from Braintree High School in 1960. She then married her husband Bill and would enjoy over 52 years of marriage. They were blessed to



VERONICA F. WRIGHT

have one child, their daughter Anne. She worked for State Street Bank. While there Mrs. Wright was the recipient of the Above and Beyond Award. She would also go on to work for the Polaroid Corporation in research and development.

Mrs. Wright could spend hours with a cup of tea talking to family and friends. She loved to travel with her husband Bill and built life long memories with family at Hampton Beach. But her greatest love in life came from spending time with her granddaughter Ava. Mrs. Wright was known for her unconditional love for her family and Jesus. Her sweet and happy nature, sense of humor and unrelenting friendliness will be greatly missed by all.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

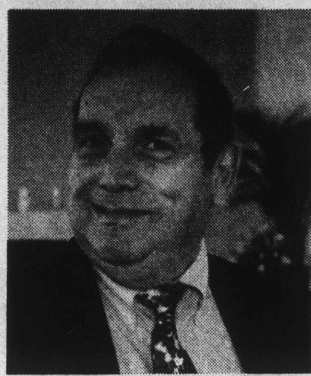
Frederick S. Lifcovich, 90

Frederick S. "Freddy" Lifcovich, 90, died peacefully Dec. 24 at the Hancock Park Skilled Nursing Home in Quincy.

Mr. Lifcovich was born on July 14, 1927, to the late Louis and Mary (Kramer) Lifcovich in Boston. He joined the U.S. Army in 1945 and proudly served his country overseas during World War II. Mr. Lifcovich had a successful career as a traveling shoe salesman with accounts all over the Northeast. He loved his work and enjoyed interacting with his customers.

Mr. Lifcovich was an avid fan of classic American movies and local and national politics. He enjoyed reading The Quincy Sun and watching the local cable channel to keep up to date with all the happenings in the city of Quincy. His charismatic personality gained him a group of close friends who dined together frequently at Barry's Deli. This past summer Mr. Lifcovich celebrated his 90th birthday with his family and enjoyed a feast of his favorite Kosher deli delights.

Mr. Lifcovich's greatest joy was his family. He was the last of his generation and was predeceased by his parents, Louis and Mary (Kramer) Lifcovich, and his brothers Leonard, Albert and Mark. He is survived by his cherished great-nephew Da-



FREDERICK S. LIFCOVICH

vid Levine, who was Mr. Lifcovich's primary caretaker as he aged. He is also survived by his nieces Lois (Lifcovich) and her husband Stephen Corr, Joan (Lifcovich) and husband Larry Zinamon, Leona (Lifcovich) and husband Gene Pawlowski. Also survived by his great-nephew and niece, Scott Levine and Marla (Levine) Yanovitch. He was the beloved and funny great great-uncle to Abby, Piper, Ruby and Ollie with whom he enjoyed many visits and meals with at the nursing home. He was also the great-uncle and great great-uncle to many more nieces and nephews.

Mr. Lifcovich was buried close to his parents and brother Leonard with full military honors on Dec. 27 at Adath Israel Cemetery in West Roxbury surrounded by his family.

Funeral arrangements were made by Stanetsky Memorial Chapel.

His family would like to thank the staff at Hancock Park for the great care he received there during the last year of his life.

Memorial donations may be made to the charity of your choice.

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Cesar I. Gonzales, M.D., 83

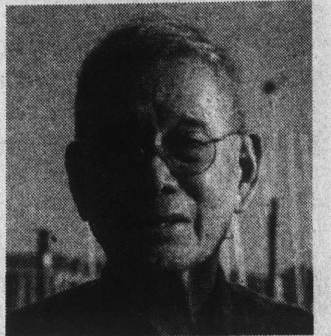
A funeral Mass for Cesar Ignacio Gonzales, M.D., age 83, was celebrated Monday in Holy Trinity Parish at Our Lady of Good Counsel Church, Quincy.

Dr. Gonzales died Jan. 24 after a prolonged illness at South Shore Hospital in Weymouth surrounded by his family.

He is survived by his beloved wife of 56 years Gilda V. Gonzales. Devoted father of Augusto Gonzales and his wife Khoeuch of Ashland, John Gonzales of Quincy, Luis Gonzales and his wife Suzanne of Quincy, Maria Dean and her husband Gregory of Philadelphia. Loving Lolo (grandfather) to Mitchell, Anthony, Alyssa, Sophia, Dominic, Naomi, Alex and Casey.

Born in Cavite City, Philippines, on Aug. 1, 1934. He was the sixth of nine children. He was brought up by his mother Consuelo because his father Arsenio, a U.S. guerilla in World War II, was killed by the enemy taken from his home in the middle of the night.

Dr. Gonzales was an exceptional scholar and was promoted ahead several grades and earned a full scholarship to the University of the Philippines Medical School and scored fifth place in the nationwide Philippine Medical Board Examinations. He later trained as an internist at the Philippine General Hospital in Manila and later joined the Philippine-American Life Insurance Company (PHIL-AM Life) as a medical clinician in 1960. In 1969, Dr. Gonzales was offered a position as the assistant medical director at the John Hancock Mutual Life Insurance Company in Boston. He was joined by his wife Gilda and their four children. They resided in Wintertown. They later moved to Quincy in 1970 and they settled in the Merrymount area



CESAR I. GONZALES, M.D.

and have remained there ever since.

Dr. Gonzales was board certified as a specialist in insurance medicine. He served on the United States Board of Insurance Medicine between 1984 and 1990. He also served as the secretary to the chairman of the Insurance Medical Group of New England from 1984 to 1987. He served as John Hancock's corporate medical director from 1987 to 1994. Dr. Gonzales retired after 25 years at John Hancock, but he remained there as a part-time medical consultant until 2002.

He loved to read books and enjoyed listening to and singing all different types of music (especially during the services at Our Lady of Good Counsel Catholic Church and while watching YouTube music videos), even in his monotone voice. Dr. Gonzales also loved to travel to different states, Canada, and even some European countries. He also served as a Eucharistic minister for several years at Our Lady of Good Counsel Catholic Church. The foundation of his life was his family; his greatest joys were spending time with his eight grandchildren.

Interment at Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the JDRF at JDRF.org.

James F. Hogan, Jr., 81

A funeral Mass for James F. Hogan, Jr., age 81, of Quincy, was celebrated Tuesday in St. John the Baptist Church, Quincy.

Mr. Hogan died peacefully Jan. 26 at home, surrounded by his loving family.

Beloved husband for thirty-nine years of Patricia A. (Fichtner) Hogan. Devoted

father of Corrinne C. Kimball and her husband Todd, Heather A. Failla and her husband Joseph, and James F. Hogan III, all of Quincy. Loving grandfather of Katherine, Kevin, Krysta, Keith, Emma, and Austin. Loving great-grandfather of seven great-grandchildren. Dear son of the late James F. and Claire

(Doyle) Hogan.

One of 12 siblings, Mr. Hogan was survived by Elizabeth Hogan, George Hogan, Lorraine Lynch, Janet Bartel and her husband Kevin and Paul Hogan, all of South Boston and was predeceased by Claire Thomas and her husband Garfield, Charles, Thomas, Marilyn, William, and Ronald Hogan. He is also survived by many nieces and nephews. Loving godfather of Lorraine Lynch.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to St. John the Baptist Church, c/o 21 Gay St., Quincy, MA 02169.



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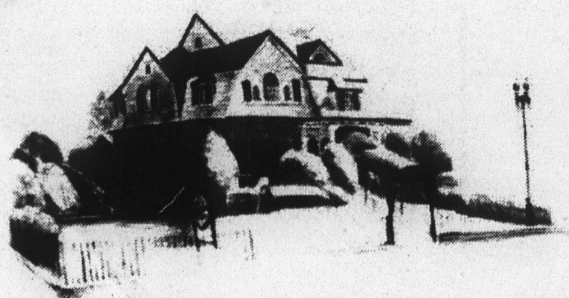
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OBITUARIES

Domenica M. Bisognano

A funeral Mass for Domenica M. "Mima" (Raffa) Bisognano of Quincy was celebrated Wednesday in Sacred Heart Church, Quincy.

Mrs. Bisognano died Jan. 26.

She was born in Sicily and then became a lifelong resident of Quincy. She graduated the class of 1944 from North Quincy High School. She began working for Howard Johnson's as a payroll clerk and then Raymond's in Quincy Center before retiring. Mrs. Bisognano adored her family, cooking, and spending time at their house in Humarock. She was nurturing and took care of those around her and always put others before herself. She will be greatly missed by all who knew her.

Beloved wife of 60 years to the late John P. Bisognano. Loving mother of Peter Bisognano and his wife Sheryl of South Carolina and Diane Cronin and her husband Gerry of Quincy. Devoted daughter of the late Guy and Caterina (Perino) Raffa. Cherished grandmother of John Bisognano and his fiancé Heather, Cait-



DOMENICA M. BISOGNANO

lin Mason, and the late Michael Cronin. Loving sister of John Raffa and his wife Ann of Hingham and the late Frank Raffa and his wife Marilyn and sister-in-law of Peter Bisognano and his wife June of Weymouth. Also survived by many nieces and nephews.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105 or to St. Anthony Shrine, Development Office, 100 Arch St., Boston, MA 02110.

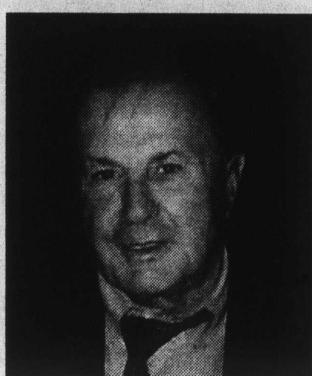
Stephen M. Dabrowski, Sr., 84

A funeral Mass for Stephen Michael Dabrowski, Sr., 84, of Quincy was celebrated Jan. 27 in Holy Trinity Parish at Most Blessed Sacrament Church, Quincy.

Mr. Dabrowski died unexpectedly Jan. 22.

He was born in Boston and a resident of Houghs Neck, Quincy, for over 50 years. He was a member of the Bricklayers Union Local #3 for over 60 years. He loved his family and was an avid reader and history buff. He also enjoyed exercise and walked everyday. Mr. Dabrowski was a generous man and gave to many charities. He will be greatly missed by all who knew him.

Son of the late Walter and Anne (Plunkett) Dabrowski. Husband of the late Alexina (Lussier) Dabrowski and companion of over 30 years to Nancy Fountain. Loving father of Wanda DeSchamp-Savard, Michael J. Dabrowski, Sandra E. Crispo, Linda A. Dabrowski-Berry, and the late Stephen M. Dabrowski Jr. Cherished brother of Mary Johnson, and the late Irene Bennett, Daniel Dabrowski, and Robert Dabrowski. Loving stepfather



STEPHEN M. DABROWSKI, SR.

of Shari, Billy, and Amy. Loving grandfather of Marc DeSchamp, Steven Crispo, Molly Wilder, Laina McMahon, Nicholas Dabrowski, Eric Savard, Kylee Berry, Emily Savard, and Ryan Berry and great-grandfather of Gavin McMahon, Graham DeSchamp, Nolan McMahon, and Leyton Crispo. Also survived by many nieces and nephews.

Interment at Forest Hills Cemetery, Boston.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Holy Trinity Parish, 227 Sea St., Quincy, MA 02169.

Robert E. Foy III, 91

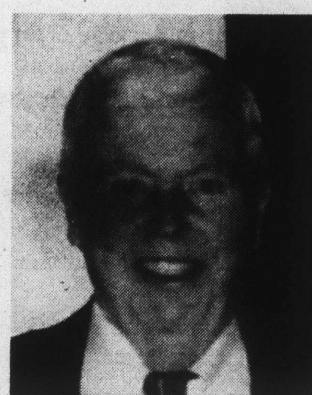
A funeral Mass for Robert E. Foy III, 91, a lifelong Quincy resident, was celebrated Wednesday in St. Ann's Church, Quincy.

Mr. Foy died Jan. 27.

The beloved husband of 65 years to the late Mildred (Duggan) Foy. Father of Robert E. Foy IV of Hanover, Mary Rooney of Quincy, Nancy Capis of Washington, GERALYN Page of Quincy and the late Susan and Jane Foy. Brother of the late Richard Foy. He is also survived by 10 grandchildren and 5 great-grandchildren.

Mr. Foy grew up in Quincy. He attended St. John's Elementary School, Quincy High School and graduated from Boston College with a degree in business administration and accounting in 1948. He served in the United States Army.

In 1972, Mayor Walter Hannon appointed Mr. Foy as city treasurer. In 1982, he was elected city auditor and served honorably until he retired in 1999. Mr. Foy was also a member of the Quincy Retirement Board, Quincy Rotary Club, Knights of Columbus, William B. Rice Eventide Home Board of Directors, Quincy Neighborhood Housing Services



ROBERT E. FOY III

Board of Directors, Mass. Treasurers/Collectors Association, Norfolk County Financial Officers and Norfolk County Accountants/Auditors Association.

In years past, he enjoyed golf, bowling and was an avid Boston College Sports Fan. He will be remembered as a devoted husband, father and grandfather. Mr. Foy will be sadly missed by his family and a grateful city where he served for so many years.

Interment at Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Quincy Rotary Scholarship Fund, c/o Colonial Federal Savings Bank, 15 Beach St., Quincy, MA 02170.

Dale Julio, 56

A celebration of the life of Dale Julio, 56, of Quincy, will be held from 1 to 5 p.m. Saturday at Monponsett Inn in Halifax.

Mr. Julio died suddenly Jan. 23.

He was born on June 28, 1961, in Boston. He attended Whitman public schools and graduated in 1979 from Whitman-Hanson Regional High School. He also attended Daniel Webster College in Nashua, NH.

On Aug. 1, 2004, Mr. Julio married the love of his life of 34 years, Rob Morrissey. Together, they ran the fabulous and beautifully extravagant sci-fi-themed DHR Stylists Hair Salon on 14 Eliot St., Cambridge. Clients quickly became friends in the joyous atmosphere of their salon.

Mr. Julio was preceded in death by his mother, Winifred Julio, and his husband, Rob Morrissey.

Mr. Julio leaves behind his new husband, Jorge Pereira of Quincy, with whom he traveled happily this last year. He also leaves behind his father, Michael J. Julio of Carver, his sister, Michele Brown, of Champaign, IL, and brother David Julio, of Stockholm, Sweden. Also, his sisters-in-law Beth Silverman and Gale Pace, brothers-in-law David Brown, Per-Magnus Andersson, Wayne Pace, and



DALE JULIO

Charles Wilmarth. Also surviving are nieces Jane Silverman, Laura Silverman, Maddy Silverman, Tracy Pace, Jodie Pace Bousfield, Lyra Bousfield, and Caroline Brown. Surviving nephews are Paul Silverman, Conner Silverman, Daniel Brown, and Michael Brown, along with many aunts, uncles, and cousins.

Also surviving are his best friend Steven, and many clients that Mr. Julio and Mr. Morrissey counted as friends and family.

Mr. Julio lived each day to its fullest, with energy, love, and kindness. We will miss his presence on this earth and in our lives every day. Rest in peace, our beloved Dale.

Memorial donations may be made to a charity that you know Mr. Julio would like.

Assisting the family was Hamel Funeral Care and Cremation Service of Massachusetts, 26 Adams St., Quincy.

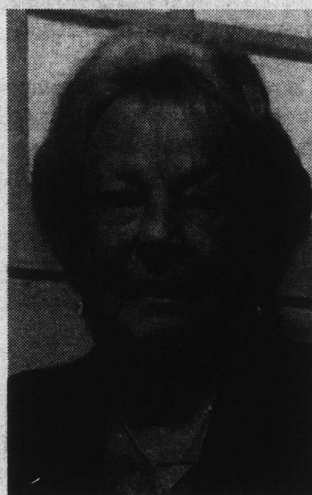
Ann B. Kerins

A funeral Mass for Ann B. (Wynne) Kerins, of Quincy and Florida, will be celebrated at 10 a.m. Thursday in St. Joseph's Church, Quincy.

Mrs. Kerins died peacefully at home on Jan. 26.

Born in County Leitrim, Ireland, she worked as a home health aide for Best of Care, and in the administration department at Jordan Marsh. She enjoyed going to the Irish Cottage Village and the Beachcomber and Irish dancing.

The beloved wife of the late Michael Joseph Kerins, Mrs. Kerins was the longtime companion of the late Joseph Kern; loving mother of Ann Eaton and her husband Douglas of Quincy, Mary Picot and her husband Stephen of Quincy, Margaret Ebbs and her husband Vernon of NH, Kathleen Arsenault and her husband Philip of Worcester and the late Patrick J. Kerins; mother-in-law of Debra Kerins of Utah; dear grandmother of Chris, Sean, Amanda, Maddison, Erin, Matthew, Vernon, Jr., Michelle, Sara, Nicole and Billy; great-grandmother of 11; beloved sister of Mena, Helen Mar-



ANN B. KERINS

tin, Margaret Moyna, Papi, Sean, Teresa Olah, Frank, Owen, Sheila, Kathleen, Paul and the late Michael; and is also survived by many nieces and nephews.

Visiting hours were 4 to 8 p.m. Wednesday in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy. On Thursday, there will be a gathering at the funeral home 9 a.m., prior to the Mass.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Shrine of St. Anthony, 100 Arch St., Boston, MA 02110, stanthonyshrine.org

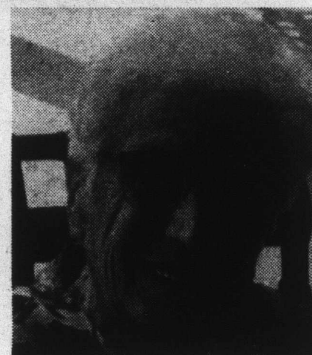
Marie T. Romano, 97

A funeral Mass for Marie T. (DiNicolantonio) Romano, affectionately known as Noni, Auntie Mae and Pee Wee, age 97, was celebrated Wednesday in St. John the Baptist Church, Quincy.

Mrs. Romano died peacefully at home on the morning of Jan. 27.

She was the wife of the late Andrew J. Romano. Mrs. Romano was the youngest daughter of the late Theresa DiBartolmeo and Concezio DiNicolantonio, sister of the late Francisco, Ralph, Genevieve DiMille of East Boston and Romeo DiNicolantonio of Winthrop.

Loving mother of Anthony (Skippy) Romano, his wife Cheryl of Braintree, Theresa Barba of Taunton and the late Joseph Romano of Quincy. Devoted grandmother of Lauren (Barba) and husband David Pizzi of Weymouth, Scott and Jennifer Barba of Taunton, Kristy and Joseph Romano of Braintree, Sean Jones of Assonet and Monique Taylor of Taunton. Great-grandmother of Andrew and Kasandra Barba of Bradford, Christopher and Anthony Barba of Taunton, Francesca, Marco and Mario Pizzi of Weymouth, Charlie Taylor of Taunton. Great great-grandmother of Lillee Barba of Bradford. Beloved aunt to many nieces, nephews, grand-nieces and grand-



MARIE T. ROMANO

nephews.

Mrs. Romano was a graduate of East Boston High, began her career at Carney Hospital followed by 23 years of service at Quincy City Hospital. After retirement from Quincy City Hospital she worked many years for the Quincy Public School system.

She was a devout Catholic, and strong-willed Democratic supporter who proudly campaigned for the late JFK. Noni was an avid sports fan from her love of the Boston Bruins, New York Yankees and the New England Patriots.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Memorial donations may be made to the National Stonewall Democrat Party or Mansfield Adult Day Health Care Center, 300 Branch Street, Mansfield, MA 02048.

More obituaries
and news online at:
thequincysun.com

Bridget J. Francois, 28

A funeral Mass for Bridget J. (Austin) Francois, 28, of Boston and Quincy, will be celebrated at 10 a.m. Thursday in Holy Trinity Parish, Our Lady of Good Counsel Church, Quincy.

Mrs. Francois died Jan. 25.

She worked as a medi-

cal assistant and was the beloved wife of Evenel Francois; the loving mother of Adam Austin of Quincy; beloved daughter of Linda S. (Hillier) Austin of Quincy and the late Donald F. Austin, Jr.; beloved sister of Nora Lehman and her husband Paul of Billerica; dear granddaughter of Patricia Austin of Braintree; and is

also survived by her niece Amelia, her nephew Charlie and many loving cousins, aunts and uncles.

Visiting hours were 4 to 8 p.m. Wednesday in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy. On Thursday, there will be a gathering at the funeral home 9 a.m., prior to the Mass.

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. NO18P0199EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Denise Ellen Walker

Date of Death:

October 29, 2012

To all interested persons:

A Petition for Late and Limited Formal Testacy and/or Appointment has been filed by: Ronald R. Walker of South Easton, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Ronald R. Walker of South Easton, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 02/28/2018. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: January 25, 2018

PATRICK W. McDERMOTT

Register of Probate

2/1/18

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING

City of Quincy

ZONING BOARD OF APPEALS

CASE NO. Z18-1

Pursuant to the provisions of TITLE 17 of the QUINCY MUNICIPAL CODE as amended, the Quincy Zoning Board of Appeals will hold an Open Public Hearing on Tuesday, February 13, 2018 at 7:15 pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Simon Lam for a Variance to convert the two family home to a three family home in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 5.1.4 (paving) on the premises numbered 172 VAS-SALL STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/25/18, 2/1/18

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING

City of Quincy

ZONING BOARD OF APPEALS

CASE NO. Z18-2

Pursuant to the provisions of TITLE 17 of the QUINCY MUNICIPAL CODE as amended, the Quincy Zoning Board of Appeals will hold an Open Public Hearing on Tuesday, February 13, 2018 at 7:15 pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Mr. & Mrs. Joseph Bondi for a Variance to renovate attic and add two shed dormers with decks in violation of Title 17 as amended Chapter 4.1 (dimensional requirements), Chapter 3.4.3 (nonconforming alteration) and Chapter 3.4.2 (nonconforming use) on the premises numbered 10 WEDGEWOOD STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/25/18, 2/1/18

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING

City of Quincy

ZONING BOARD OF APPEALS

CASE NO. Z18-3

Pursuant to the provisions of TITLE 17 of the QUINCY MUNICIPAL CODE as amended, the Quincy Zoning Board of Appeals will hold an Open Public Hearing on Tuesday, February 13, 2018 at 7:15 pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Jesse Snell for a Variance to reconfigure the paving in violation of Title 17 as amended Chapter 5.1.4 (excessive paving) on the premises numbered 201 BILLINGS STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/25/18, 2/1/18

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING

City of Quincy

ZONING BOARD OF APPEALS

CASE NO. Z18-4

Pursuant to the provisions of TITLE 17 of the QUINCY MUNICIPAL CODE as amended, the Quincy Zoning Board of Appeals will hold an Open Public Hearing on Tuesday, February 13, 2018 at 7:15 pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Allison MacLellan for a Special Permit/Variance/Flood Plain/Finding to reconstruct the nonconforming structure in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 8.0 (flood plain overlay districts) on the premises numbered 149 ROCKLAND STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/25/18, 2/1/18



BRIDGET J. FRANCOIS

Memorial donations may be made to the Adam Austin Education Fund, 10 Oakwood Rd., Quincy, MA 02169

LEGAL NOTICE

CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT

Docket No. NO14P2216EA
Commonwealth of Massachusetts
The Trial Court

Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

John F. Chenette

Date of Death:

January 25, 2014

A Petition for Order of Complete Settlement has been filed by Cynthia J. Chenette of Quincy, MA and Michael Chenette of Quincy, MA requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account, the allowance of a proposed distribution and other such relief as may be requested in the Petition.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this court before: 10:00 A.M. on the return day of 02/21/2018. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: January 16, 2018

PATRICK W. McDERMOTT

Register of Probate

2/1/18

OBITUARIES

James M. Galvin

A funeral Mass for James M. Galvin of Quincy will be celebrated at 10:30 a.m. Friday in St. Mary's Church, Quincy.

Mr. Galvin died Monday.

He grew up in Jamaica Plain, but was a resident of Quincy for over 60 years. He proudly served in the United States Army Air Corps during WWII. During his time in the Army Air Corps, he flew over 50 missions. Mr. Galvin was a lifetime member of the Furnace Brook Golf Club and more recently, a lifetime member of American Legion Jamaica Plain Post. He was the recipient of the French Legion of Honor Medal. He had a great sense of humor and

LEGAL NOTICE

CITATION ON PETITION FOR ALLOWANCE OF ACCOUNT

Docket No. NO97748
Commonwealth of Massachusetts
The Trial Court

Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

In the matter of:

Lewis Bass

Date of Death:

January 1, 1900

To all interested persons: A Petition has been filed by: BNY Mellon, NA requesting allowance of the 63rd through 69th account(s) as Trustee and any other relief as requested in the Petition.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on 02/14/2018. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: January 8, 2018

PATRICK W. McDERMOTT

Register of Probate

2/1/18



JAMES M. GALVIN

will never be forgotten. He will be sadly missed.

Dear husband of 62 years, whom he married on Christmas Day, to the late Josephine M. Galvin (Santisi). Cherished father of Geraldine Barnes and her husband Dr. Fred Barnes of Norwich, NY, Jeanmarie Turley and her husband David of Quincy, and James M. "Jay" Galvin Jr. and his wife Leanne of Weymouth. Also survived by Barara Bogue of Pembroke. Beloved "Grampa" of 14 grandchildren and 4 great-grandchildren. Survived by many nieces, nephews and extended family members.

Visiting hours are 4 to 8 p.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held at 9:45 a.m. Friday in the funeral home prior to the Mass.

Interment at Massachusetts National Cemetery, Bourne.

Memorial donations may be made to Hospice of the South Shore, 30 Reservoir Park Drive, Rockland, MA 02370.

11 On Wentworth Dean's List

Eleven students from Quincy are on the Dean's List for the fall semester at Wentworth Institute of Technology in Boston.

They are:

Maurice Barros, Phyu Han, Jun Jia Huang, Cassie Reamer, John Woo, Dovi Ajavon, Jeff McCrevan, Megi Baliko, An Nguyen, Matthew Russell, and Kyle Vo.

3 On St. Anselm Dean's List

Three students from Quincy are on the Dean's List for the fall semester at Saint Anselm College in Manchester, N.H.

They are:

Erin Koehler, nursing, Class of 2018; Stephan Maranian, environmental science, Class of 2018; and Bridget Wahlberg, communication, Class of 2018.

PUBLIC NOTICE

CITY OF QUINCY

BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under Chapter 138 of the Massachusetts General Laws that an application has been received from Sala By Fratellis, Giovanni Milone, Manager, for an All Alcoholic Beverages Restaurant license for the premises located at 470 Southern Artery #2, Quincy. A hearing will be held in the First Floor Boards & Commissions Room, 1305 Hancock Street on Tuesday, February 20, 2018 at 4:00 P.M.

Andrew G. Scheele
Chairman

2/1/18

HPHC Foundation Awards \$4,000 To Local Non-Profit Groups

Harvard Pilgrim Health Care Foundation announces that seven Quincy non-profit organizations were awarded a total of \$4,000 from the Foundation's Community Spirit 9/11 Mini-Grant program.

The organizations receiving funds are:

- Baystate Community (\$500)
- Amelio Della Chiesa - Quincy Public Schools (\$500)
- DOVE, Inc. (\$500)
- Merrymount Elementary School PTO (\$500)
- Quincy Animal Shelter (\$1,000)
- Quincy Band Boosters, Ltd. (\$500)
- The Woodward School (\$500)

To commemorate those Harvard Pilgrim members who lost their lives on Sept. 11, 2001, Harvard Pilgrim and the Foundation created the Community Spirit 9/11 Mini-Grant program. This program allows each Harvard Pilgrim employee to award a \$500 grant, completely funded by the Foundation, to the local charity of his or her choice each calendar year.

Since this community grants program began in 2002, Harvard Pilgrim employees have directed more than \$5.2 million to thousands of organizations throughout Connecticut, Maine, Massachusetts, and New Hampshire.

"We are so fortunate to have generous and dedicated employees who enrich our company and the communities in which we all live and work," said Karen Voci, president of the Harvard Pilgrim Foundation. "The Mini-Grant program is a wonderful way to support our employees as philanthropists and to help them make an impact in their own cities and towns."

In 2016, more than 96 percent of Harvard Pilgrim employees participated in at least one form of service or giving through volunteering, the Mini-Grants program, or Harvard Pilgrim's annual Employee Fundraising Campaign.

Veterans Honor Flags Sought For Raising At Mt. Wollaston Cemetery

The Quincy Veterans Services office in conjunction with the cemetery department is honoring deceased veterans who have served this country by flying honor flags at Mount Wollaston Cemetery.

The honor flags are in memory of deceased veterans who have served this country.

The honor flags will be raised at the flag pole at the veterans lot near the World War II memorial.

"We are asking anyone who is interested in donating a flag of a loved one in their honor. When a loved one's flag is displayed we will contact the family to let them know that their love

one is being honored during that time," said George Bouchard, Quincy Veterans Services.

Those who are interested in donating a flag should contact Quincy Veterans Services at 617-376-1192 or drop it off at Quincy Veterans Service office, 24 High School Ave.

LEGAL NOTICES

PUBLIC NOTICE 2018 - 012

Presently pending in the Ordinance Committee of the Quincy City Council to be passed at a later date:

Title 2.150 Section 12-40 Human Rights Commission, as amended, be further amended as follows:

In 12-40 Policy: update A (3) to include gender identity and read as follows:

(3) No person in our city shall be unlawfully discriminated against in matters of housing, employment, education, contracts, purchasing or public accommodations, on the basis of age, ancestry, citizenship status, color, disability, economic status, ethnicity, family/marital status, gender, military status, national origin, race, religion, sexual orientation, source of income, or gender identity.

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

2/1/18

PUBLIC NOTICE 2018 - 013

Presently pending in the Ordinance Committee of the Quincy City Council to be passed at a later date:

BE IT ORDAINED by the City Council that the Quincy Municipal Code is hereby amended by adding the following Quincy Employment Plan:

Objectives

I. The Quincy Employment Plan has the following objectives:

- To ensure that local resources are wisely invested in those applicable areas where there is maximum promise that the benefits that accrue, including employment opportunities, will be made available to City residents;
- To maintain and to increase, whenever possible, the current percentage of City jobs held by City residents, by promoting the hiring of qualified unemployed and underemployed City residents;
- To promote the hiring of qualified unemployed and underemployed women and minorities who are City residents;
- To provide employers with a central location for disseminating and receiving information on all facets of employment and training resources in the City.
- To provide employment information, opportunities and training for unemployed and underemployed youth who are City residents.

II. Construction projects—Worker qualifications.

- On any construction project which is funded in whole or in part by City, State or federal funds, or funds which, in accordance with a federal grant, the City expends or administers, or in which the City is a signatory to the construction contract, the worker hours shall be performed as follows:

- No less than twenty-five percent of the total employee worker hours shall be performed by bona fide Quincy residents.
- No less than ten percent of the total employee worker hours shall be performed by minority persons and/or women.
- This section shall not apply to housing rehabilitation projects including eight or fewer units.

III. Compliance, enforcement, sanctions.

- All contractors entering into construction contracts covered by Article II of this chapter shall:

- Certify that they know of the provisions of said Article and that they intend to comply with them;
- List all job openings with the designated central agency or department of City government and keep accurate records as to action taken on referrals from these agencies;
- Maintain personnel records listing the names, addresses, sex and race of their employees; and require their subcontractors to do likewise.

- The Quincy Planning Department shall develop, in consultation with the designated central agency or department of City government, good-faith measures by which to judge the affirmative actions of contractors operating under the provisions of this Article II. All records required to be maintained by this section shall be made available on request to representatives of said Department. All such records shall be maintained for the duration of the construction project and for one year thereafter.

- Should a contractor be deemed not to have complied with the provisions of this Article II, nor to have made a good-faith effort to do so, it shall not be actively considered for future public construction contracts in Quincy.

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

2/1/18

LEGAL NOTICE

PUBLIC NOTICE 2018 - 011

Presently pending in the Ordinance Committee of the Quincy City Council to be passed at a later date:

BE IT ORDAINED by the City Council of the City of Quincy as follows:

The City of Quincy, under the provisions of Article LXXXIX, Section 8 of the Amendments of the Constitution of the Commonwealth, hereby petitions the General Court to enact the following legislation in substantially the same form.

An Act Establishing a Special Account for the City of Quincy Traffic and Parking Rehabilitation and Improvement Fund

SECTION 1. Notwithstanding the provisions of any general or special regulation, rule or law to the contrary, the City of Quincy is hereby authorized to establish a special account to be known as the "City of Quincy Traffic and Parking Rehabilitation and Improvement Fund". The purpose of such fund is to provide revenue for the funding of traffic studies, road safety audits, signalized intersection inventory, equipment repairs, analysis and improvements to traffic and parking infrastructure in the City of Quincy and provide revenues to do all things necessary to correct, remedy, repair and improve traffic flow, pedestrian safety and bicycle safety throughout the City. Such special account shall be maintained by the City Treasurer of said City in a banking institution doing business in the Commonwealth, and expenditures from such special account shall be made subject to appropriation initiated by the Mayor upon the recommendation of the Commissioner of Traffic, Parking, and Lighting of said City and approved by a majority vote of the City Council.

Contributions to such account shall be made by applicants for building permits for the construction, erection, improvement, reuse or rehabilitation of land or the buildings thereon for industrial, commercial, multi-family and residential uses. Excluded however, shall be one, two and three family residence(s) if the owner will occupy said residence for at least one year from the date of completion. The method and amount of such contribution from said private sources shall be as determined by ordinance, but shall not exceed one percent of estimates construction costs. Said ordinance shall provide for the method of determining the amount of each contribution from such applicants based upon their anticipated number of occupants by each and for the particular kind of development contemplated.

Appropriation from time to time may be made by said City into said special account for the purpose of providing additional funds for aforesaid improvements to do all things necessary to correct, remedy, repair and improve traffic flow and pedestrian safety throughout the City.

Said City Treasurer shall be authorized to invest monies in said special account and the interest accruing shall inure to the benefit of the special account. Such account shall be maintained in accordance with generally accepted principals and shall be audited annually with the cost of such audit charged to said account.

SECTION 2. The Director of Traffic, Parking Alarm and Lighting for the said City may make applications for available state and federal government grants for improvements to do all things necessary to correct, remedy, repair and improve traffic flow and pedestrian safety throughout the City and to pledge any and all such sums of money in said special account with the City for any such matching grants for the construction, improvement, repair and rehabilitation of said traffic equipment and infrastructure.

SECTION 3. The City Auditor shall file jointly with the City Council, the Mayor, the Treasurer of said City, and with the Bureau of Accounts, a written report relative to such special account established in Section 1. Said report shall be made within one hundred twenty (120) days after the books of accounts are closed for each fiscal year. Such report shall include a financial statement relating to the operation, maintenance and expenditures made under the said special account. The City Council may review and comment on said report and may file such review and comments with the State Auditor.

SECTION 4. This act shall take effect upon passage.

A copy of this order may be examined at the Office of the City Clerk, 1305 Hancock Street, Quincy, MA Monday through Friday during regular working hours 8:30 A.M. to 4:30 P.M.

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

2/1/18

Because the old baker was very sick of his current ways, he decided to turn over a new loaf.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Two-time Oscar winner Sally Field recently starred in the Netflix film "Little Evil," with Adam Scott and "Lost's" Evangeline Lilly, which became available for download Sept. 1. It was such a hit that Netflix immediately signed Field to a recurring role in its upcoming 10-part series "Maniac," starring Emma Stone and Jonah Hill. Stone also is starring in the historical biographical film "The Favourite," with Rachel Weisz and Nicholas Hoult.

Meanwhile, Julia Roberts, whose last film, "Wonder" (2017), cost \$20 million and grossed \$218 million, is currently shooting "Ben Is Back." She stars opposite Lucas Hedges (Oscar nominee for 2016's "Manchester by the Sea") and currently starring in "Lady Bird" and Emmy winner Courtney B. Vance (for "The People v O.J. Simpson: American Crime Story.")

The "son" also rises! Patrick Schwarzenegger, son of Arnold Schwarzenegger, began as a model, played Romeo in the Ariana Grande music video for "Right There," had small roles in "Stuck in Love" with Greg Kinnear and Jennifer Connelly, and "Grown-Ups 2" (2013), with Adam Sandler. He received seventh billing in "Dear Eleanor" (2016) and third billing in "Go North" (which opened Jan. 13). Now he gets second billing, behind Bella Thorne, in the highly touted "Midnight Sun," which premieres March 23 everywhere! Looks like he learned how to muscle his way to the top from dad Arnold!

Four-time Oscar nominee Michelle Williams -- for "Brokeback Mountain" (2005), "Blue Valentine" (2011), "My Week With Marilyn" (2011) and "Manchester by the Sea" (2016) -- has two big films out at the same time. First up was the musical "The Greatest Showman" (which I loved), as Hugh Jackman's wife, followed by "All the Money in the World," as Christopher Plummer's daughter and mother of his kidnapped grandson. She's already completed the comedy "I Feel Pretty," with Amy Schumer, due June 29, and "Venom," with Tom Hardy as the new Marvel Universe superhero, coming Oct. 5.

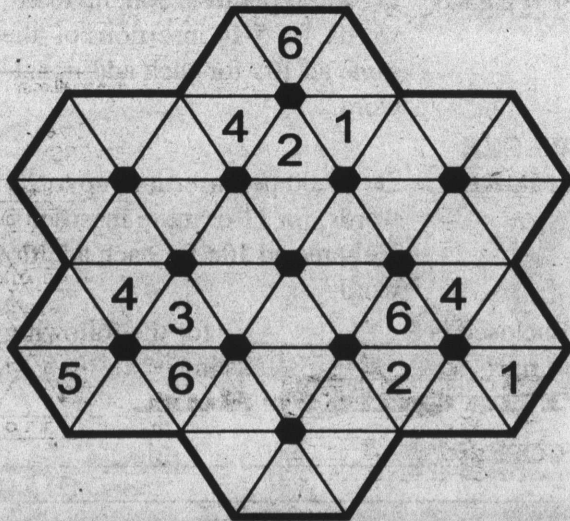
Jared Leto, Oscar winner for "Dallas Buyer's Club" (2013), who rode "Suicide Squad" from its \$175 million cost to a \$747 million gross, will be back for the sequel, which starts filming in March for a 2019 release. He's just completed "The Outsider," with Emile Hirsch and Rory Cochrane (of "Argo" and currently in "Hostiles"), and is editing the documentary "A Day in the Life of America," which he began putting together last July 4 with cameras all over the country. In addition, he has plans to play Andy Warhol in a film, direct a thriller ("77") for Paramount Pictures, portray a slain mobster who is re-animated with superpowers in "Bloodshot," as well as playing "The Joker" and starring in "Tron 3." Leto's got so much on his plate, they're going to have to re-animate him!

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: *

* Moderate ** Difficult *** GO FIGURE!

	÷		+			10
×		+		-		
	-		×			10
-		×		×		
	+		÷			2
15		15		7		

1 2 3 5 5 6 7 8 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Kakiemon Plate ---An auction catalog offered a "rare Kakiemon enameled porcelain plate" from the 18th century, but there was no further explanation of the age, history or design. What is the meaning of Kakiemon?

Sakaida Kakiemon (1596-1666) was a potter who worked in Japan in the early 17th century. He and his family painted porcelain made in the town of Arita. Kakiemon wares were painted over the glaze using blue, red, green, yellow and black, and sometimes with gilding. The best work was done from 1680 to 1720. The ceramic was milky white with a smooth surface. Designs were asymmetrical and sparse, so there was a lot of white space as part of the design. Most patterns were based on flower arrangements, crooked tree branches, flowers like peonies or chrysanthemums, or flowering fruit trees. One famous pattern included quail.

The Kakiemon style was so popular, it was copied by many English and German factories, and 19th-century copies are very similar to early designs. A collector today may identify a plate as Kakiemon if it is in the style of the early pieces. But the description used by a museum also includes the name of the European maker. Meissen (German), Chantilly and Mennecy (French), and Chelsea, Bow and Worcester (English) all made early collectible copies. Collectors pay high prices for the 18th- and early 19th-century pieces.

A 9-inch Meissen plate made about 1740 with a tiger, bamboo and flower

decoration sold at a Brunk auction for \$6,500. The pattern is copied today on modern dishes. Collectors should not be confused. The new dishes are very different in shape and glaze; only the decoration is old.

Q: I'd like to know the value of a violin that is about 100 years old. The inscription inside reads "Copy of Antonius Stradivarius, made in Czechoslovakia." What is it worth?

A: Antonio Stradivari (1644-1737) made violins, violas, cellos and other stringed instruments at his workshop in Cremona, Italy. Fewer than 600 of the original Stradivarius violins still are in existence, and they sell for several million dollars each. Thousands of copies have been made and don't sell for high prices. Your violin was made after the creation of Czechoslovakia in 1918. Recently, a violin like yours that included the case sold for \$57.

CURRENT PRICES

Trap, mole, Out O' Sight brand, black, cast iron, stamped, patented, Canada, 1930s, 8 by 5 inches, \$55.

Lampshade, Coca-Cola, leaded glass, metal leaf edge, drum shape, slanted top, red, white and green, 1920s, 12 by 18 inches, \$3,995.

TIP: To date a mesh purse, look at the bottom edge. If it is zigzagged or fringed, it dates from the 1920-1930 period.

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STICKELERS

by Terry Stickels

An alphabetic salute to a rocker of long ago on his birthday...

JERRY
+ GARCIA
GROOVE

Let J = 5
G = 3
Y = 9

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Strange BUT TRUE

* It was Italian novelist, philosopher and university professor Umberto Eco who made the following sage observation: "Fear prophets and those prepared to die for the truth, for as a rule they make many others die with them, often before them, at times instead of them."

* The average (presumably non-bearded) man will shave at least 20,000 times over the course of his lifetime.

* Although it is a dog, the dhole, which is native to Asia, doesn't bark; to communicate with other members of its pack, it whistles. Evidently, that high-pitched sound carries better than low-pitched barking in the dense forests where it lives.

* Third-century Saint Lawrence of Rome was martyred for his faith by being roasted alive on a gridiron. I suppose it makes a certain kind of sense, then, that he's the patron saint of cooks and tanners.

* If you're not in a romantic mood as Valentine's Day approaches, you might want to consider reviving the vinegar valentine popular in the 19th century. Rather than conveying love and affection, these insulting missives -- usually sent anonymously, for obvious reasons -- were dripping with sarcasm and black humor. Some were intended to discourage unwanted suitors, but others were just mean, accusing the recipient of being too aggressive (for women) or too submissive (for men) or of putting on airs, among other things. There were even occupation-specific cards targeted at doctors, salesladies, artists, etc. According to an article in Smithsonian magazine, in the mid-1800s, these vinegar valentines accounted for half of all valentine sales in the United States.

* Those who study such things say that 20 percent of American men have spent at least one night in jail.

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Now here's a tip!

by Jo Ann Derson

* What's in season? Get more bang for your produce buck in February by looking for good deals on: Brussels sprouts, grapefruit and other citrus, pears, kale, sweet potatoes, winter squash, bok choy, apples and radicchio. Branch out with persimmons, leeks, red currants, cherimoya, pomelo and dates.

* If your skin gets dry, try keeping a bottle of lotion in your shower. Apply either just before you towel off or directly after. The heat from a shower will help your skin absorb the moisture.

* Want a great way to clean your ceiling fans without dropping dust bunnies everywhere? Simply use a pillowcase. Encase the entire blade and wipe from the center out. All the dirt is inside the case, and when you are done, go outdoors to turn

it inside out and shake, then pop it in the washer. Best tip ever!

* Got cold hands? This "hot sock" is the greatest for a quick warmup. Add a cup of uncooked white rice to a sock. Knot closed. Pop in the microwave for 45 seconds to 1 1/2 minutes, and then simply hold it. Make a larger one for sore back or neck, or to tuck into the bottom of the bed to keep feet toasty as you drift off to sleep.

* If you keep a toilet brush in your bathroom, try this handy hint: Add a few drops of a fragrant multipurpose cleaner to your brush holder, like Pine Sol or Mistolin.

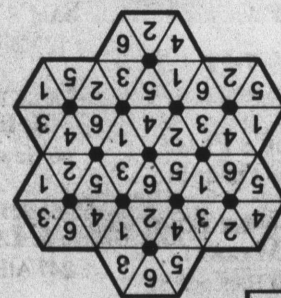
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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Go Figure! answers

7	15	15
2	5	9
×	×	-
10	5	3
-	+	×
10	6	8

SNOWFLAKES solution



Stickelers Answer

378841
+ 327062
51779

JERRY
+ GARCIA
GROOVE

CLASSIFIEDS

ANIMAL SHELTER

ANIMAL SHELTER

MISCELLANEOUS

WANTED

SERVICES

SERVICES

QUINCY ANIMAL SHELTER

56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

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Underground Electrical Fire Blamed On Switch Failure

At Hancock Street And
Walter Hannon Parkway

By SCOTT JACKSON

A switch failure caused an underground electrical fire that prompted the evacuation of Hancock Street businesses on a recent afternoon.

The switch failure in the electrical vault, located near the corner of Hancock Street and Hannon Parkway, was reported at 3:40 p.m. on the afternoon of Jan. 23, according to Christine Milligan, a spokeswoman for National Grid. The Quincy Fire and Police Departments both responded to area for reports of an underground explosion at that time.

First responders evacuated businesses along Hancock Street, down to roughly Cottage Avenue, as a precaution, Fire Chief Joseph Barron said; no injuries were reported. The stretch of Hancock Street between Granite Street and Hannon Parkway was also closed to vehicular traffic.

A Quincy Fire Department engine and ladder responded to the scene, as did a Boston Fire Department ladder. Barron asked for assistance from the Boston Fire Department because it carries FireIce, a fire-retardant gel.

"You wouldn't use a charged fire hose on an electrical fire," Barron said. "There are types of foams we can use but the pit had four feet of water in it."

Firefighters were able to extinguish the fire by 5 p.m. and contained it to the single electrical vault. Hancock Street remained closed to traffic for several more hours as National Grid worked to restore power the area.

Milligan said 77 customers lost power as a result of the switch failure. National Grid de-energized a power line providing electricity to another 202 customers at 4:13 p.m., which Milligan



BUSINESSES ALONG Hancock Street were evacuated and a portion of the road was closed to vehicular traffic following a fire in an electrical vault the afternoon of Jan. 23. It took Quincy and Boston firefighters just over an hour to extinguish the blaze. National Grid says a switch failure sparked the fire.

Quincy Sun Photo/Robert Bosworth

said was done in consultation with the Quincy Fire Department. Power to those 202 customers was restored at 5:24 p.m.

National Grid remained on scene overnight and restored power to the first 77 customers at 4:15 a.m. the following day, Jan. 24.

Barron said Eversource, the company that provides electricity to Boston and several other nearby communities, had provided the

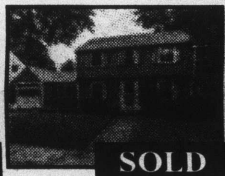
Boston Fire Department with FireIce and he was hopeful National Grid would do the same with Quincy.

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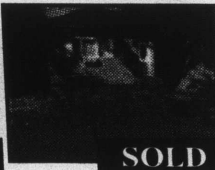
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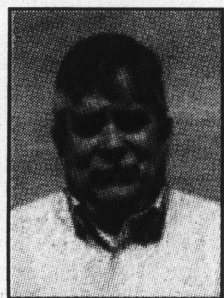
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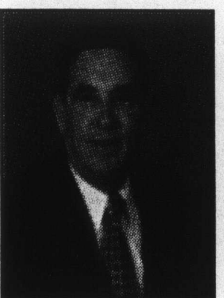
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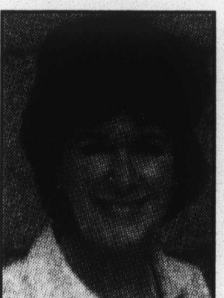
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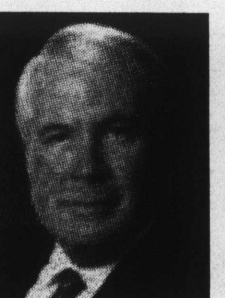
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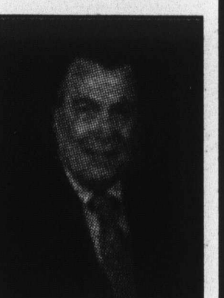
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Houghs Neck 'Chili Fest Cook-Off' - Pages 3, 6
 City, County Cork Ink Economic Deal - Page 13
 New QNQ Hockey Scoring Leaders - Page 25



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VOL. 50 No. 21

Thursday, February 8, 2018

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RECORD BREAKER - North Quincy High School junior swim captain Juliana Chieng recently broke the school record in the 50 freestyle with a time of 24.94. The previous mark had been held since 1990. Here Chieng is shown winning the 50 freestyle against Silver Lake at a recent meet at the Lincoln-Hancock School Pool. Chieng, who has not lost a 50 freestyle event this season, will compete at the state and sectionals. More swim coverage on Pages 20-23.

Quincy Sun Photo/Robert Bosworth

City To Sell Developer Part Of Hancock Lot

Update On Redevelopment Of Parking Area Feb. 26

By SCOTT JACKSON

For \$1, the city will sell a 5,200-square-foot portion of the Hancock Lot to the developer who plans to construct a 15-story high-rise apartment building on an adjoining parcel of the municipal parking area.

City officials also plan to provide an update on the ongoing efforts to redevelop the Hancock Lot during a meeting of the City Council set for 6:30 p.m. on Feb. 26.

The council on Monday approved Mayor Thomas Koch's request to sell the piece of the Hancock Lot for \$1 to developer Peter O'Connell in a 7-1 vote. Councillor Anne Mahoney voted against the request

and Ward 6 Councillor William Harris was not in attendance for the meeting.

O'Connell is the developer behind Chestnut Place, a planned 15-story, 124-unit apartment building with 4,200 square feet of first-floor retail space that will be constructed at 43-47 Dennis Ryan Parkway, now part of the Hancock Lot. O'Connell will pay the city \$940,000 for the 13,526-square-foot parcel on which the new high-rise tower will be constructed; that price was included in a land disposition agreement approved by the council in January 2017.

The parcel the council agreed to convey to O'Connell Monday is lo-

Cont'd On Page 12

New Snug Harbor School Principal, VP

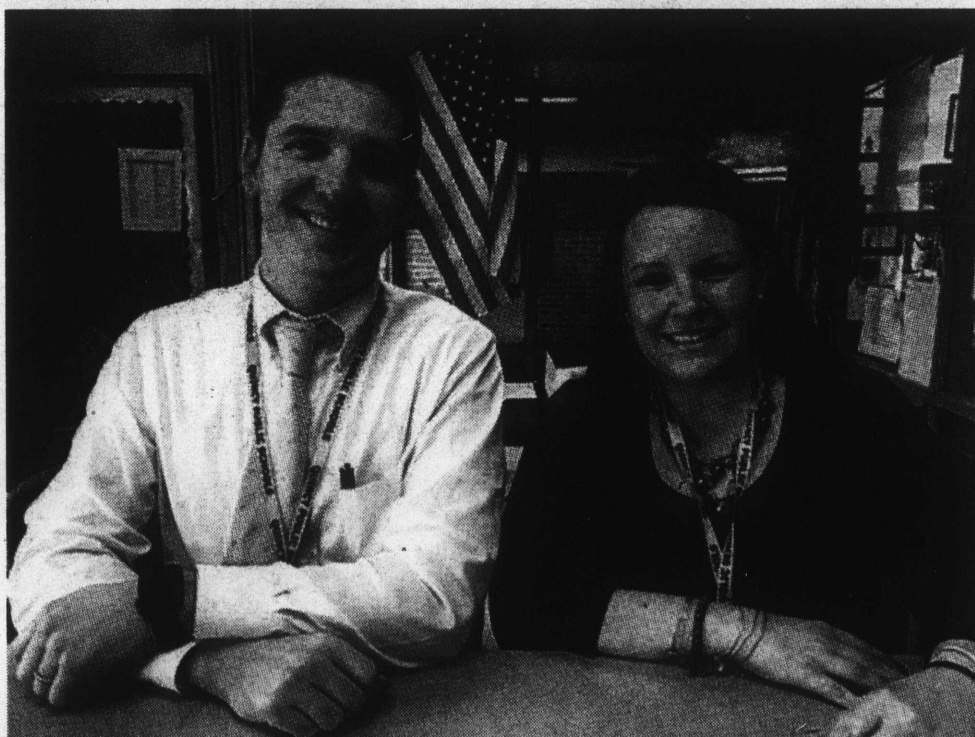
By TOM GORMAN

Two familiar faces are serving as Snug Harbor Community School's new principal and vice principal.

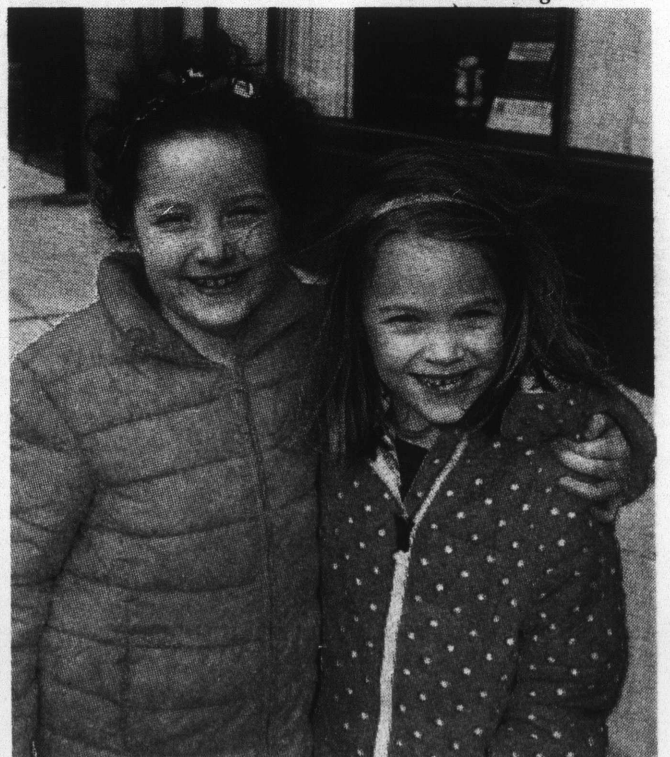
Michael Marani has taken the reins as the new principal and Diane Babcock is the new vice principal. Quincy School Supt. Dr. Richard DeCristofaro informed the school committee on Jan. 22 of the new appointments.

Marani has been the school's acting principal since August 2017, succeeding Margaret MacNeil. MacNeil transferred to the Parker Elementary School to serve as principal there following the retirement of Maryanne Palmer.

MacNeil was Snug Harbor's principal for four years, from the fall of 2013



MICHAEL MARANI (left) and Diane Babcock (right) are the new principal and vice principal respectively at Snug Harbor Community School. Photo Courtesy Quincy School Department



SMILING SISTERS - Eight-year-old Bridget Kelley (left) hugs her sister, Fiona, age 6 on a recent day in Quincy Center. Bridget is a "profile in courage." Diagnosed with leukemia in 2016, her cancer is in remission and she recently returned to school after months and months of treatment including 157 days in the hospital. Her inspiring story begins on Page 4.

Quincy Sun Photo/Robert Bosworth

Cont'd On Page 10



Quincy College Free FAFSA Assistance - Page 2
 Officials Studying Student Assessments - Page 3
 Ringworm - It's Not A Worm - Health Topic - Page 9

More Quincy news:
The Quincy Sun.com

Quincy College Free FAFSA Assistance

Quincy College will host a free FAFSA (Free Application for Federal Student Aid) assistance for students and families on Saturday, Feb. 17 at 10 a.m. at the college's Quincy Campus, 1250 Hancock St., room 411.

The college will also hold a free FAFSA assistance Saturday, Feb. 24 at 10 a.m.

at its Plymouth campus, Krovitz Library, 36 Cordage Park, Plymouth.

The event is open to the public.

Quincy College; Event is open to the public.

The FAFSA is the federally required form for ALL students seeking federal financial aid for higher educa-

tion. Students attending college during the 2018-2019 academic year must complete the 2018-2019 FAFSA, if they are interested in receiving federal and state financial aid.

Free assistance will be offered for students and families seeking to complete the FAFSA for financial aid

during the 2018-2019 academic year. FAFSA Day Massachusetts is a non-profit, volunteer driven effort providing free assistance to students and families seeking to complete the FAFSA (Free Application for Federal Student Aid).

FAFSA Day at Quincy College is offered as part of FAFSA Day Massachusetts.

Quincy College will provide:

- Free assistance completing the FAFSA.
- Access to experience financial aid administrators and FAFSA experts to answer questions.
- Guidance on the financial aid process and next steps after filing the FAFSA.

Limited seating is available. Students and families are encouraged to reserve their spot at <https://www.masfaa.org/fafsa-day-register/>.

Pre-K Screenings March 6, March 13

Quincy Public Schools will conduct screenings for students entering the Integrated Pre-Kindergarten programs for the 2018-19 school year on Tuesday, March 6 and Tuesday, March 13.

To request a screening appointment, go to the QPS website - www.quincypublicschools.com. Under Parent Links on the home page, select Pre-Kindergarten programs to bring you to the Pre-Kindergarten Student information form.

Screening appointments will be available in March or April and families will be contacted based on the age priorities.

The Quincy Public Schools Integrated Pre-Kindergarten Programs serve 3- and 4-year old children with special needs and

their typically developing peers. Classes are half-day sessions held on Mondays, Wednesdays, Thursdays and Fridays or full days, two days per week. Pre-Kindergarten classes are held at the Snug Harbor Pre-School and the Della Chiesa Early Childhood Center.

Priority is given to 4-year olds, followed by children who are 3½ or older. There is a limited number of Pre-Kindergarten program openings each year and that transportation is not provided for typically developing students.

Children must be 3 years old on or before Aug. 31, 2018 to be considered for the 2018-2019 school year.

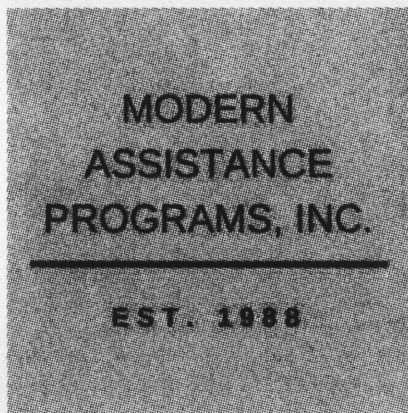
• **Title I Integrated Pre-Kindergarten Program:** Children who reside in the following school districts are eligible for these classes: Clifford Marshall, Lincoln-Hancock, Parker, and Snug Harbor. There is no tuition fee for this program.

• **City Wide Integrated Pre-Kindergarten Program** - Children who reside in the following school districts are eligible for these classes: Atherton Hough, Beechwood Knoll, Bernazzani, Merrymount, Montclair, Squantum and Wollaston Schools. There is a tuition fee for this pre-kindergarten program.

"If you are unsure of your neighborhood school district, please consult the QPS Street Directory available on our website," said Erin Perkins, director of Special Education.

Special Education Screening - Consistent with the Special Education Act, Quincy Public Schools conducts a screening for three- and four-year old children in order to identify those who have special needs. Call the Snug Harbor Pre-School at 617-984-8951 to make a Special Education screening appointment.

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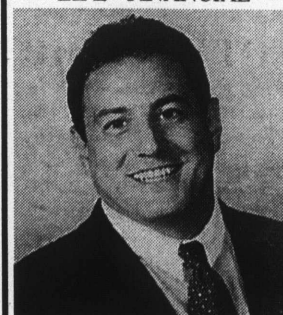
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21 FRANKLIN ST., QUINCY

School Officials Outline Student Assessments

Measure Achievement Progress

By TOM GORMAN

In addition to the state MCAS exam, Quincy public school students are also given in-house assessments to help measure achievement progress in various subject areas.

Curriculum management team members Madeline Roy, Dr. Elizabeth Hallett and Erin Perkins discussed the district's assessment tests and preparations for the expansion of the next generation MCAS 2.0 exam during the Jan. 22 school committee meeting. The administrators explained that the district uses various assessment tools to measure individual students, courses and grade level progress.

"Students take periodic assessments several times throughout the year to give teachers more information about what students have learned," said Roy, the district's senior director of middle school curriculum

and programs. "Teachers use these assessments along with daily classroom work and observations to learn where students are excelling and where students need more support. Many of our district assessments are used as screening tools for progress monitoring."

School committee member Douglas Gutro questioned why the district's assessment results are not released to parents.

"Other than the MCAS, as a parent, I don't recall getting anything else in writing about an assessment of my child," he said. "Are parents suppose to get any written information about any of these assessments?"

Roy explained that unlike the MCAS results that are published, the district's assessment results are not released but are made available upon request by a parent or guardian.

Cont'd On Page 11

Houghs Neck

Blood Drive Feb. 20

The Houghs Neck Community Council and Holy Trinity Parish will sponsor a winter Blood Drive on Tuesday, Feb. 20th from 2 to 7 p.m. at St. Thomas Aquinas Hall, Darrow Street, Quincy.

Appointments are recommended but walk-ins are welcome. Contact the red-cross.org site to register. Remember to bring your ID.

Contact Eileen Timcoe for more information at 617-479-4107, or email etimcoe@yahoo.com.

Senior Winter Breakfast Feb. 26 At Kennedy Center

Kick off the winter blues with a catered breakfast on Monday, Feb. 26th at 9 a.m. with the Quincy Council on Aging at the Kennedy Center in Quincy.

Tickets can be purchased at the Kennedy Center for \$10 per person. For more information call the Kennedy Center at (617) 376-1506.



DARIAN HOCKNEY, 8, stirs up her chili as assistant, Gabby Johnston, 8, looks on during the annual chili cookoff held recently at the Houghs Neck Congregational Church. Story, more photos on Page 6. Quincy Sun Photo/Tom Gorman

St. Patrick Luncheon At Kennedy Center March 14

The Quincy Council on Aging will celebrate St. Patrick's Day on Wednesday, March 14th at 12:30 p.m. at the Kennedy Center in

Quincy.

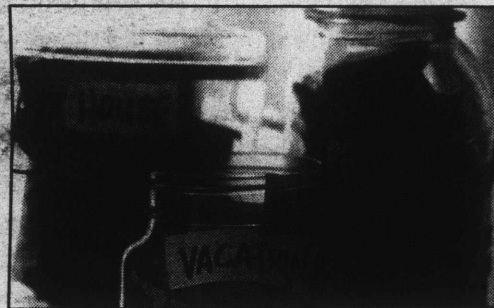
The luncheon will feature a corned beef and cabbage dinner catered by Fasan's Catering, Irish cheer

and Irish music in honor of St. Patrick.

Tickets are \$20 per person and can be purchased at

the Kennedy Center.

For more information call the Kennedy Center at (617) 376-1506.



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GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



NOT YOUR MOTHER'S PEARLS

Pearls are lovely manifestations of nature that rank among the earliest and most beautiful jewelry pieces to be loved and admired by humans. These lovely nacre-encrusted orbs have enjoyed a magical status from the time the first pearls were discovered in oysters through the time when Coco Chanel wore several pearly necklaces simultaneously. For centuries, pearls have been a staple of every woman's jewelry wardrobe. The difference is that, today, pearls are being displayed in fanciful configurations that go well past the well-ordered lineup found in the graduated strands that have come before. Whether bunched in orderly layers on the wrist or hung at irregular intervals from the ears, today's pearl

jewelry speaks a new language.

Pearls from the sea or gemstones from the earth - when one deals in fine jewelry of any kind, the pieces should be classic, creative, and everlasting. They make a statement for today, and they'll continue to make a statement ten, twenty, or fifty years from now. Rogers Jewelry welcomes you to come in, visit with us, and see some exceptional examples of shimmering pearls and exquisite designs with glittering gemstones. We know there is a difference here, and we invite you to 1402 Hancock St. in Quincy Center to experience it. Serving Quincy with a tradition of excellence since 1944. PH: 617-773-3636.

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• On Feb. 21, 1828, the first printing press designed to use the newly invented Cherokee alphabet arrives at New Echota, Georgia. Within months, the first Indian language newspaper in history, The Cherokee Phoenix, was published.

• On Feb. 25, 1890, Vlachoslav Mikhaylovich Skryabin, who took the revolutionary name Molotov, is born in Russia. He invented the famous "Molotov cocktail," a flammable liquid-filled glass bottle stuffed with a lighted rag and thrown at the enemy.

• On Feb. 20, 1902, famed Western photographer Ansel Adams is born in San Francisco. Adams founded "Group f/64," which was dedicated to promoting deep-focus photography and the use of "straight" images free from darkroom trickery.

• On Feb. 24, 1917, British authorities give the U.S. a copy of an official coded message from Germany that Mexico should be asked to enter a war against the U.S. as a German ally. In return, Germany promised to restore to Mexico the lost territories of Texas, New Mexico and Arizona.

• On Feb. 19, 1942, right after Pearl Harbor, President Franklin D. Roosevelt signs Executive Order 9066, authorizing the removal of any or all people "as deemed necessary or desirable." By June, more than 110,000 Japanese Americans on the West Coast were relocated to remote internment camps.

• On Feb. 23, 1954, a group of children in Pennsylvania receive the first injections of the new polio vaccine developed by Dr. Jonas Salk. Although highly successful, a single faulty batch of the vaccine caused a sudden outbreak of 200 cases.

• On Feb. 22, 1980, the underdog U.S. hockey team, made up of college students, defeats the four-time defending gold-medal winning Soviet team at the Olympic Winter Games in New York. The Soviet squad fell to the American team 4-3 before a frenzied crowd of 10,000 spectators.

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Three Quincy Students On Norwich Dean's List

Three students from Northfield, VT. Quincy are on the Dean's List for the fall semester at Norwich University in They are:
Brandon Charles Beal,
Gaelin Arthur Kurtzman
and Yushan Xireli.

Son Beams

By ROBERT BOSWORTH

'Bridget The Brave'

If you're not familiar with Bridget Kelley and her inspirational story, prepare to be moved.

What the pretty 8-year-old has endured the last few years not only embodies her bravery but illustrates how a family facing adversity can inspire – and educate – all of us. In many ways, she's a profile in courage.

Bridget is a third grader at the Merrymount School. Her parents are Dan and Megan Kelley. She has two sisters – Fiona, age 6 and Shannon, age 3.

Bridget was diagnosed with leukemia in September of 2016. It's been a long road but today her cancer is in remission. Her parents are optimistic Bridget will continue to make progress.

The difference between then and now is like night and day.

On Sept. 27, 2016, Bridget, then age 7, underwent a routine MRI at Boston Children's Hospital. She was scheduled to undergo a tonsillectomy. After the scan doctors saw something irregular and ordered a blood test. Bridget was admitted overnight.

"The next day the tests came back and they told us she had leukemia and she would be on a protocol that would keep her at the hospital for roughly five weeks and then at that point was expected to be in remission," Dan says.

The Kelley family figured Bridget would be healthy enough to return to school in January of 2017.

But that's not what happened.

"In Bridget's case she did not achieve remission after the first phase of initial treatment. There was still some leukemia showing in her blood work when that first phase was complete," her mom explained. "So they had to go through re-induction, with different and stronger chemotherapy treatment."

"That re-induction phase did work and she was declared to be in remission in December, 2016. But because she did not get in to remission during the original induction phase, they knew that her treatment courses would ultimately be a stem cell transplant. They just had to get her in to remission first in order to move on," Megan added.

Needing a stem cell transplant, doctors checked Bridget's siblings and her two-year-old sister Shannon was a match. After being allowed to return home for Christmas and essentially live in isolation in a bedroom of the family's Pontiac Road home for several weeks, Bridget returned to the hospital for her transplant in February, 2017.

On March 3, 2017, Bridget underwent her transplant. She went home from the hospital for good on May 1, 2017. All told, she had been an inpatient for 157 days. She had endured months of chemotherapy, surgeries and other procedures while fighting off infections and other challenges.

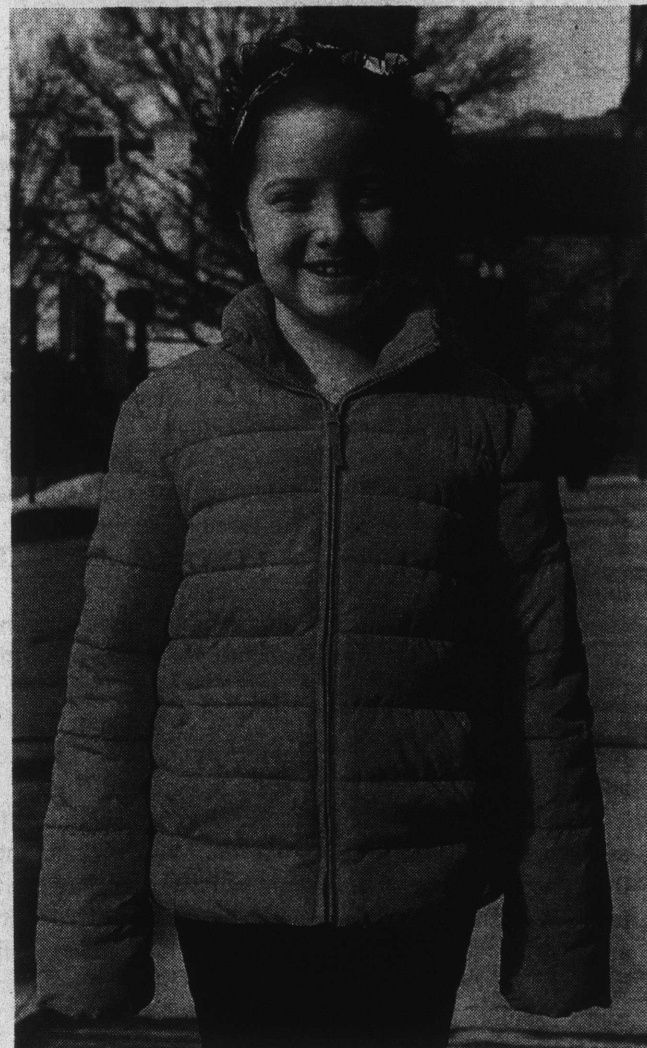
Following the transplant – with each passing day – Bridget made more and more progress.

"After the transplant, she was on 11 or 12 different medications and taking them five times a day," says Megan. "Now, she is only on one medication. Doctors expect her to be off of that within the next month or two."

Dan added: "It's all about recovery when she got home and keeping her healthy until she was off those immune-suppressants and her immune system could sort of build up again. She's had to be re-vaccinated like a baby because the treatment wiped out her vaccinations."

Bridget made her triumphant return to school on Jan. 2. Despite sub-freezing temperatures, dozens of well-wishers lined the streets leading to the Merrymount School in a show of heart-warming support and affection for a young girl who captures the hearts of everyone she meets.

When she got to the school, Bridget found Quincy



BRIDGET KELLEY

Police officers and others holding signs reading "Welcome Back, Bridget" and "Bridget the Brave." Her friends hugged and cheered her.

The overwhelmingly warm reception on an extremely cold day underscored the community's affection for Bridget – especially her classmates, many of whom sent her cards and other well wishes while she battled leukemia.

"They wanted her to know that even though she couldn't be in school with them she was still a part of things. The welcome back to school was sort of the culmination of all of that – they were so supportive," Megan said.

"It made me feel very good," said Bridget, smiling widely. "It was really awesome." Asked what she missed most about school, she replied: "My friends."

"From the very beginning," Megan explained, "Bridget just wanted to be at her school. Even though she knew it was a serious diagnosis just being out of school was hard for her. She was so happy to be back with all of her friends and doing what they were doing."

How is everyone doing?

"Shannon had a quick recovery from the bone marrow transplant. She went into the hospital on a Friday to take her stem cells and she was back to day care the following Monday," Dan said. "She was only two years old at the time."

Bridget's leukemia remains in remission and she is regaining her strength and stamina.

"She has passed all her tests since her transplant and her doctors are thrilled with how she is doing," Dan continued. "Her Jimmy Fund appointments keep getting spread out further and further."

The Kelleys know they are fortunate that Shannon was a donor match for her sister.

"We talked to other families on the floor and I don't think there were any others who had a sibling match. A lot of the people had donors who weren't perfect matches so they had to take the best available match which can lead to complications," Dan says.

"A big thing we realized in all of this is how easy it is for people to make a positive difference. Our two-

Cont'd On Page 14

Scenes From Yesterday



THIS IS A 1927 real photo postcard view of the original William B. Rice Eventide Home at 215 Adams St. near Quincy Center. William Rice, a Boston shoe wholesaler, was the original benefactor of what is now the defunct Quincy Medical Center. He donated three acres of land and paid for the first building to start the Quincy Hospital on Whitwell Street in 1890. Its purpose was to treat Quincy's granite workers suffering from the lung disease known then as Consumption (tuberculosis). It was the result of inhaling stone dust. Rice also set up an endowment for a home for Quincy's elderly. After he died his wife donated their home and the land shown

here to establish the Rice Eventide Nursing Home. In 1936, this house was demolished and replaced with a classic Neo-Georgian brick-faced nursing home on the six-acre site. After almost 80 years here the nursing home relocated a few years ago to Union Point in South Weymouth and sold this property. Now known by its address as "215 Adams," the nursing home building has been refurbished into 47 studio and one-and-two bedroom luxury apartments by local developer Peter O'Connell. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

AARP Fraud Update - February 2018

By CINDY CAMPBELL
Communications Director
AARP Massachusetts

Did you know that someone's identity gets stolen every two seconds?

The AARP Fraud Watch Network provides you with tips and resources to help you spot and avoid identity theft and fraud so you can protect yourself and your family. Our watchdog alerts will keep you up to date on con artists' latest tricks. It's free of charge for everyone: AARP members, non-members, and people of all ages.

The AARP Fraud Watch Network is:

- **An Educator:** Get real-time alerts about the latest scams, tips on how to spot them, and the inside scoop on how con artists think so you can outsmart them before they strike.

- **A Watchdog:** Our nationwide scam tracking map gives you access to a network of people who've spotted scams and the opportunity to pass along your own experiences, so together we can beat con artists at their own game.

- **A Resource:** Get connected to a real live person trained in how to avoid fraud and advise you if you or a loved one has been scammed by calling our fraud hotline or attending a forum in your community.

- **Free for Everyone:** Anyone, of any age, can access our resources at no cost.

SCAM ALERT #1:

If you were tricked into wiring money to scammers using Western Union between January 1, 2004 and January 19, 2017, you may be eligible to get at least some of your money back. The Federal Trade Commission and Department of Justice came to a \$586 million settlement with Western Union last year. Visit www.ftc.gov/wu to learn more. You can file your petition online or by mail, but do so by Feb. 12, 2018.

SCAM ALERT #2:

Phishing is when scammers try to trick you into sharing sensitive information. They typically send legitimate-looking e-mail messages from what appears to be a bank, federal agency or service provider requesting that you "verify" personal information. Now that people are catching onto email phishing, scammers have branched out to texting - counting on our tendency

to respond immediately to a text message. Whether it's through your smartphone or instant messaging on a social media site, be wary of suspicious texts. When in doubt, delete.

SCAM ALERT #3:

Free trial offers often lure you into accepting a free product or subscription, but require you to cancel after receiving your offer. When you don't cancel, you receive more product, and you're stuck with the bill. Often the fine print makes it very difficult to cancel in time to avoid a charge. Unfortunately, the tactics are generally legal, unless the seller fails to disclose that you will be charged following the free offer. Be very careful to read the fine print before accepting a free trial, or simply decline the offer. Search online for reviews about the company offering the free trial - you can learn a lot about potential custom-

er service issues this way.

SCAM ALERT #4:

Tech support scams happen over the phone and online. Typically, the goal of the scammer is to take control of your computer remotely, tell you that you have viruses that can be fixed for a fee, then get you to fork over your credit card number. If you get a tech support call out of the blue, hang up. Also, avoid clicking on pop-up notices that say you have a problem with your computer. If you are experiencing a technology problem, call your computer's operating system tech support.

Be a fraud fighter! If you can spot a scam, you can stop a scam.

Report scams to local law enforcement. Contact the AARP Fraud Watch Network at www.aarp.org/fraudwatchnetwork for more information on fraud prevention.

Quincy's Yesterdays

This Week
1952
66 Years Ago

Deegan To Recommend Changes In City Employees' Salaries

City Manager William J. Deegan, Jr., announced that he expects to make recommendations to the city council about the readjustment of municipal employees' salaries before the Finance Committee concludes its annual chore of cutting the budgets.

Deegan is now assembling data and analyzing the salary increases requested by various city employee groups. Following the completion of this work he will confer with the delegates from each group concerning their respective requests.

Meanwhile Councillor David J. Crowley, chairman of the Finance Committee, announced hearings on the 1952 city budget would start Feb. 12th.

COUNCIL ASKED TO SET TAX RATES, CUT BUDGET TO FIT

Chairman David J. Crowley submitted to the Finance Committee a novel plan of municipal finance in which the council would set the tax rate in advance and then direct the city manager to cut the budget at his own discretion to meet this rate. Crowley suggested that the 1952 tax rate be pegged at \$47 or \$48. The 1951 tax rate is \$46.80.

Under Crowley's plan the council would approve salary increases not in the budget and then turn the budget back to the city manager with orders to make whatever cuts are necessary to hold the tax rate at the pegged figure.

QUINCY-ISMS

Post Commander **James J. Riccui** and Past Commander **William J. Keefe**, Morrisette Legion Post, are in charge of arrangements for the 25th annual memorial Mass for departed comrades to be held Feb. 22 at St. Mary's Church, West Quincy... **Sgt. Donald W. Loud**, a 20 year old North Quincy soldier, has been awarded the Silver Star for gallantry in action while seriously wounded by enemy fire at Heartbreak Ridge Oct. 10, 1951... **Edward T. Lewis**, a past exalted ruler of the Quincy Lodge of Elks, will participate in the exemplification of the Elks ritual during initiation of a large class of candidates in the main lodge room of the Quincy Elks Home... Atty. **John P. Flavin**, former city councillor, school committee member and state representative, spoke at a meeting of the St. Mary's Holy Name Society. Flavin spoke on changes in the labor movement from 1895 to the present time... **Mary Elizabeth Murdoch**, daughter of Mr. and Mrs. Lester Murdoch, 3 Moreland Rd., Merrymount, graduated recently from Tufts College where she was a dean's list student... The Quincy Cooperative Bank, 1259 Hancock St., Quincy Center, was advertising "Monthly Savings Accounts," paying an annual interest rate of 3 1/2 %... **Sheridans of Quincy** was offering a Wednesday Morning Special: Women's and Misses' "Quality Shoes" regularly priced from \$9.95 to \$5.95 for only \$5... Six Boy Scouts from St. Joseph's parish scout troop, were awarded the Ad Altare Dei medal by Archbishop **Richard J. Cushing**. They were **John Nason**, **Paul Rahaim**, **Gino Brucella**, **Louis Gangi**, **Harold Ecklund**, and **Robert Renard**... **Victor Packer**, 13, 113-Atlantic St., was honored by the Parents Club of Boy Scout Troops 27 and 28 of North Quincy, for his bravery in rescuing **Corinne McGarth** of North Quincy from drowning in Teel Pond. Victor was awarded the National Medal for Bravery... The Mohican Market, 29 Chestnut St., Quincy Center, was advertising "Lean Meaty, Shoulder Lamb Chops for \$.75 a lb."... Fore River Shipyard office workers voted 472 to 88 to be represented by the C.I.O. Union over an A.F.L. Union... **James Coady**, contact officer at the Quincy Veterans Dept., spoke on veterans' benefits at the weekly meeting of the Quincy Lions Club held at the Fox and Hounds Restaurant... **Cpl. Paul Comi**, son of Mr. and Mrs. Pierino Comi, 46 Royal St., Quincy, who has been serving in the Far East since June 1950, recently broadcast with his all Japanese orchestra over a Kyoto radio station... **Mrs. George F. O'Brien** was serving on the Quincy Catholic Club committee planning the upcoming Mardi Gras ball to be held at the Neighborhood Club.

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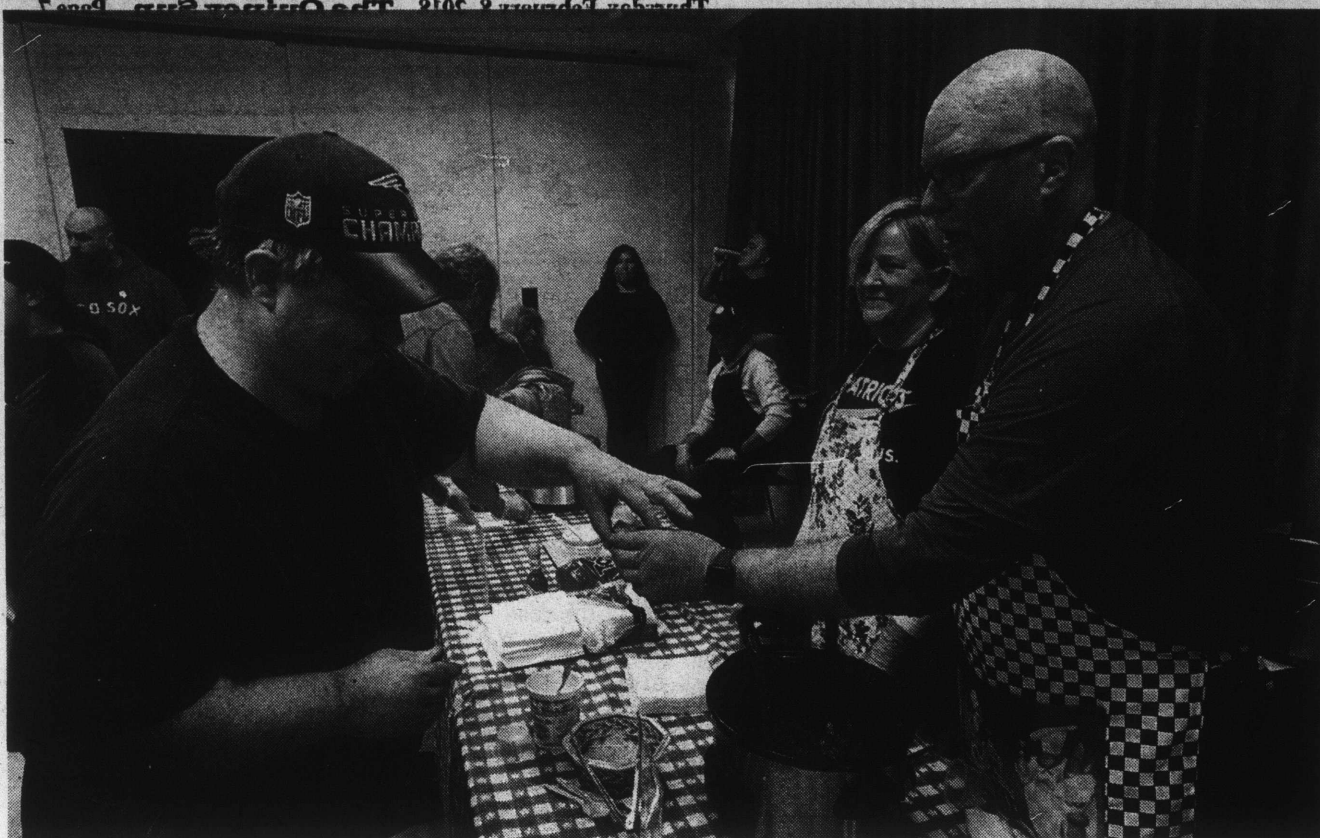
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HOUGHS NECK Congregational Church Chili Bowl Cook-off individual winners Jen and Jim Liebelt, right, give Michael Perry a sample of their chili.



HOUGHS NECK CHILI Bowl Cook-off restaurant champion Jaime Galligan of Jaime's Catering is joined by his daughter, Callie, 6, who is holding his trophy.

New Restaurant Winner, Individual Champ Repeats At HN 'Chili Cook-Off'

By TOM GORMAN

A six-time restaurant winner of the Houghs Neck Congregational Church Chili Bowl Cook-off was dethroned while a defending individual champion retained their crown.

In what was described as the biggest turnout ever, more than 200 people sampled various concoctions of chili during the 9th annual event to benefit the church on Jan. 27. Attendees paid \$5 to sample 19 professional and amateur recipes. There were three eateries competing in the restaurant category and 16 in the individual division.

"It was a great turnout," said chili bowl cook-off Chairwoman Pam Craig. "You couldn't even move in here it was so crowded. We ran out of some of the chili."

Each contestant brings three gallons of chili and sets up in the church basement. Those attending pay \$5 and are given a ballot to vote for one restaurant and one individual. The votes were tallied and the winners announced at the end of the event.

Jaime Galligan of Jaime's Catering edged Coops Bar & Grill for top chili in the restaurant competition. Coops had won the cook-off the past six years straight. Placing third was Louis restaurant.

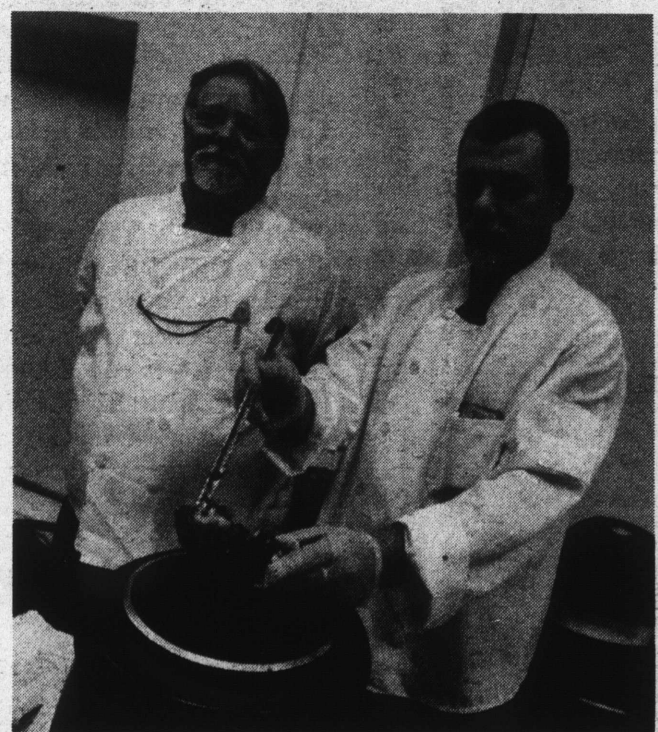
Winning their second straight title in the individual category were Jim and Jen Liebelt in what also was a close vote. Paul Picarski was second and Bill Lugelle, third.

Jim Liebelt said his steak chili has evolved over the

Cont'd On Page 8



TONY PEDERSON prepares to serve his chili.



COOPS RESTAURANT'S Joe Cushing and Sean Guerin serve their chili. The perennial winners were upset this year.



TROOP 6 BOY SCOUTS, from left, Brody Gillespie, Logan Goins, Preston Cavin and Martin Rigby serve up their chili.



BILL LUGELLE stirs his chili as people enjoy samples.

Quincy Native Receives Support For Blacksmith Documentary

Quincy native Frank DiCesare announces the Beaumont Convention and Visitors Bureau has provided support for "Blacksmith." The bureau's investment will assist the film as it enters many of this year's film festivals around the world.

DiCesare, who is president and CEO of Oskar Films said, "I would like to thank the Beaumont Convention and Visitors Bureau for their generous invest-

ment in 'Blacksmith.' With their help, the film will be given the chance to be screened at film festivals worldwide. We are delighted and honored to have their financial assistance."

Stephanie Molina, marketing director of the Beaumont CVB, said her organization is proud to support the film and those who made it a reality.

"Through the beautiful imagery of their work, Rob Flurry and his craft shine,"

Molina said. "This production has focused on the importance of blacksmithing as well as preserving the history of Beaumont, Texas and Spindletop/Gladys City. We are thrilled with the work that has been done and cannot wait to see what is next for the film. We wish nothing but the best for Frank, Mahmoud Salimi and Tyler Hargraves as they take 'Blacksmith' to the big stage."

Social

Amy Carchedi Hosting Fundraiser For Boston Marathon Feb. 23

Amy Carchedi of Quincy will be running in the 2018 Boston Marathon in support of the Beth Israel Deaconess Medical Center-Milton.

Carchedi has a set a fund-raising goal of \$7,500. Mon-

ey raised will support BID Medical Center in Milton's programs including cardiac rehabilitation.

Carchedi will host a fundraiser to help her reach her

goal on Friday, Feb. 23 from 7 to 11 p.m. at the Quincy Lodge of Elks. There will be raffles, food, a disc jockey and silent auction. Tickets are \$20 per person.

39 Quincy Students On Fontbonne Honor Roll

Thirty-nine students from Quincy are on the honor roll at Fontbonne Academy in Milton.

They are:

HEAD OF SCHOOL

Julia Cormican, Madeline Hutchinson, Fiona McDonald, Emma O'Neil, Emily Vu and Jacqueline White.

FIRST HONORS

Emma Boothroyd, Sara Cole, Neysa Dadhi, Rachel Farrell, Mary Fitzgerald, Chloe Ho, Emily Kraunelis, Sitong Li, Grace Mazza, Madeleine McBride, Meghan Stravin, Abigail Vixama, Lauren White and Mingjun Xie.

SECOND HONORS

Amanda Cristiani, Bridget Flynn, Sarah McGowan,

Emma Brennan, Xinyi Chen, Jialin Hu, Aine Lavin, Eimear McGowan, Kate Golden, Emily Hutchinson and Julianne Sheehan.

Honorable Mention

Brittany Acloque, Jessica Danilecki, Lauren Golden, Abigail Kraunelis, Morgan McCarthy, Michaela Monahan, Lisa Patel and Sophia Trinh.

Wollaston Beach Friends Meet Feb. 10

Advocate, author and educator Bruce Berman will be the keynote speaker at this year's Friends of Wollaston Beach (FWB) Annual Meeting on Saturday, Feb. 10 from 10 a.m. to noon at the Kennedy Center, East Squantum Street, Quincy.

Berman will report on the health of Boston Harbor. He has served as spokesman and director of Save the Harbor/Save the Bay (SH/SB) Boston since 1990.

He is the architect of its youth environmental education, recreation and stewardship programs.

Berman is also the editor and lead contributor to the popular blog "Sea, Sand &

Sky."

Following Berman's presentation, FWB will hold its election of officers for 2018. The nominating committee has presented the following slate: President and Treasurer, Maureen Mazrimas; Vice President, George Kober, and Secretary, Bob

Verney.

Gutro will also present the 2018 "Spirit," "Friend," and "Member" of the year awards. There will be door prizes including a FWB t-shirt, five FWB memberships (\$10 each), and gift cards to local businesses.

Two On U. Of Hartford Dean's List

Two students from Quincy are on the Dean's List for

the fall semester at the University of Hartford in West Hartford, CT.

They are: Farah Alaswad and William O'Brien.

Christine Caples Graduates Iowa

Christine Caples, a native of Quincy, recently received a PHD-Applied Mathematical and Computational Sciences degree from the University of Iowa.

Joshua Gauyo On Dean's List

Joshua Gauyo of Quincy has been named to the Dean's List for the fall semester at Becker College in Worcester.

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FASTSIGNS OF QUINCY owners Nicole (left) and Frank Meroney (center), receive the Rookie of the Year Award presented by Catherine Monson (right), CEO of Fastsigns International, Inc., at a recent convention.

Photo Courtesy Fastsigns

Local Fastsigns Franchise Named 'Rookie Of The Year'

Fastsigns of Quincy, located at 70 Quincy Ave., a sign and visual graphics provider, was named the Rookie of the Year at the 2018 Fastsigns Convention recently held in Houston, Texas.

This award honors Fastsigns franchisee who achieved the highest sales volume within their first 12 months of operation.

"We are honored to be recognized as a top performing center in the Fastsigns network of over 675 worldwide locations," said Frank Meroney, who owns Fastsigns of Quincy with his

wife, Nicole. "This award reflects our entire team's hard work and dedication to helping businesses and organizations solve their visual communications challenges in our community every day."

The husband and wife team opened Fastsigns of Quincy in March 2016. Within their first year, they achieved over \$415,000 in

sales volume.

"We thank our customers for their support and look forward to continue helping companies of all sizes achieve their goals using comprehensive signs and visual graphics," Meroney said.

Fastsigns is open Monday through Friday 9 a.m. to 5 p.m.

Jeffrey Perez On Dudley Dean's List

Jeffrey Perez of Quincy has been named to the Dean's List for the fall semester at Nichols College

in Dudley.

Perez is a criminal justice management major.

PURR, WAG, & WINE

WINE TASTING EVENT

FOR THE QUINCY ANIMAL SHELTER

THE BOSTON WINERY

2018 Quincy Animal Shelter Wine Tasting Event
Friday, February 9, 2018
6-9 PM
\$60 PER PERSON FOR THREE POURS

Proceeds benefit the Quincy Animal Shelter. All proceeds will be used to support the shelter's operations and care for the animals.

Reservations are required. Call 781-843-9624 for more information.

Quincy Animal Shelter logo.

ELEMENTARY LUNCH MENU

Monday, Feb. 12
WG Round Personal Cheese Pizza, Carrot Snack Packs, Seasonal Fruit.

Tuesday, Feb. 13
Early Release Day—NO LUNCH SERVICE

Wednesday, Feb. 14
LOVE YOUR HEART-VALENTINE'S DAY SPECIAL: Tofu "Fried" Rice w/Edamame, Corn, & Carrots, Eggs, Steamed Brown Rice, Seasonal Fruit.

Thursday, Feb. 15
MEXICAN FIESTA—Turkey Taco Nachos, Shredded Cheese, Corn, Black Beans, Tortilla Chips, Seasonal Fruit.

Friday, Feb. 16
CEREAL DAY: An Assortment of Cereal, Raisins, Sunflower Seeds, Seasonal Fruit.

All above Entrée Selections include: Vegetable Choice, Choice of Fruit and Choice of Milk

SECONDARY LUNCH MENU

Monday, Feb. 12
CALZONE MONDAY: Homemade Cheese or Pepperoni Calzone, Greek Salad, Seasonal Fruit.

Tuesday, Feb. 13
BRUNCH FOR LUNCH—WW Pancakes w/Turkey Sausage, Sweet Potato Tots, Seasonal Fruit.

Wednesday, Feb. 14
LOVE YOUR HEART-VALENTINE'S DAY SPECIAL: Tofu "Fried" Rice w/Edamame, Corn, & Carrots, Eggs, Steamed Brown Rice, Seasonal Fruit.

Thursday, Feb. 15
DELICIOUS FEAST: Roast Turkey & Gravy, Mashed Potatoes & Steamed Peas, WW Dinner Roll, Pear Cobbler, Seasonal Fruit.

Friday, Feb. 16
FIESTA FRIDAY—Fish Tacos (breaded fish wrapped in a WW Soft Shell, Salsa, Corn, Black Beans, Salsa, Shredded Cheese & Tortilla Chips, Seasonal Fruit.

All above Entrée Selections include: Vegetable Choice, Choice of Fruit and Choice of Milk

WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUSIE FALCO



Meatloaf Stuffed With Mashed Potatoes

By MARIE

For years I have made stuffed meatloaf with various vegetables, sausage meats and so on, and I usually would serve it with mashed potatoes on the side.

Today's recipe is for a meatloaf stuffed with mashed potatoes – how nice is that? I served this dish with creamed peas on the side.

MEATLOAF STUFFED WITH MASHED POTATOES

Preheat oven to 350 degrees and lightly grease a baking pan

2 pounds of ground beef
Salt and pepper to taste
1 small onion, chopped

1 egg slightly beaten
3 slices of crispy bacon chopped (optional)
½ cup of seasoned bread crumbs
3 cups of hot mashed potatoes (about 6 to 8 potatoes.) Mash them any way you like.

Combine all of the ingredients except the potatoes and mix well. Place the meat on waxed paper and pat into a rectangle that is 1/3 inch thick.

Mound the mashed potatoes down the center of the meat. Bring up the edges of waxed paper to wrap meat around the potato roll.

Press meat edges together. Place in a shallow baking pan, remove the wax paper and bake for 1 hour.

Gravy Made With Kudza (Kuzu) Root Starch

By SUSIE

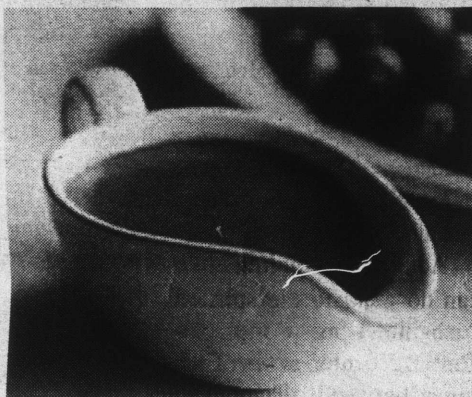
Kudzu is a healing starch that the Japanese use to chase away everything from the common cold to help heal upset stomachs and irritable bowel.

This plant grows wild in the mountains of Japan. Its vines wrap around trees and are so strong they normally end up pulling the trees down. A snow white starch is made from this root and has been used as a food and a medicine by the Japanese since ancient times. The Japanese even use it to help with stiff muscles and neuralgia.

You can use Kudzu root just as you would corn starch and arrowroot as a thickener. Always mix with cold water first to make a "slurry" to avoid lumps, just like you would with corn starch.

Here is a really good gravy recipe that I have adapted from Elena's Pantry. Try the Kudzu instead of the usual flour or corn starch in making your gravy.

4 cups chicken or turkey stock
2 medium onions, chopped
2 cloves minced garlic
pan drippings
1 tablespoon kudzu
½ teaspoon sea salt, ½ teaspoon pepper



½ teaspoon thyme and sage

Saute' onions with herbs and seasonings in butter until browned. Add in garlic and cook a bit more. Now add the stock and drippings and simmer about 20-30 minutes until onions are soft. Use your hand held blender and blend until completely smooth.

Now add the kudzu (that you have mixed with ¼ cup cold water in small bowl) and combine until smooth to the hot gravy.

Reduce heat and simmer to reduce until desired thickness, usually about 10-20 minutes.

Add more salt if needed and serve. If you want thicker gravy, you can add more Kudzu starch but this is usually sufficient.

Mica Curtin-Bowen To Perform In Muhlenberg College Dance Show

Mica Curtin-Bowen of Quincy is one of 60 Muhlenberg College students who will perform in this year's production of "Master Choreographers."

An evening of ballet, contemporary dance, tap, and jazz, "Master Choreographers" showcases new dance works choreographed by nationally and internationally acclaimed guest artists and faculty.

This season's concert, which runs Feb. 8-10, will feature "It Happens Only Once ... Yesterday and Tomorrow," choreographed by guest artist Tiffany Mills, the founder of Tiffany Mills Company, which has received attention from *The New York Times* and collaborated with a number of

prestigious institutions.

In addition to Mills, the concert will feature works by: Heidi Cruz-Austin, alumna of the Pennsylvania Ballet; Karen Dearborn, Artistic Director and chair of the College's dance program; Corrie Franz Cowart, co-artistic director of Co-Art Dance; Shelley Oliver, director of Shelley Oliver Tap Dancers; Jeffrey Peterson, former dancer with Danny Buraczski's Jazzdance; and Randall Anthony Smith, repetiteur and assistant to choreographer Donald McKayle.

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New Restaurant Winner, Individual Champ Repeats At HN 'Chili Cook-Off'

Cont'd From Page 6

past few years. After winning last year's cook-off, he had to make some adjustments for this year's contest.

"The pressure was on, so I had to try and figure out what to do a little bit differently," he said. "I added a few secret ingredients and it actually has turned out very well."

This was Luggelle's first time at the cook-off. Corned beef, black eyed peas, bell peppers and corn are among the ingredients. He wasn't shy about what he thought about his recipe.

"It's the best," he said. "That's about it. End of story."

Tony Pederson has been making his chili for 15 years and uses fresh and dried chili and chili powder.

"I try to get a balance of flavors of all sorts of different chilies in there," he said, adding, "I try tweaking it every now and then."

Darian Hockney, 8, was back again this year. She and her dad, Matt Hockney, made the chili.

"It has beans, peppers, ground beef, onions, chili sauce in it," said Darian as she stirred the chili. "It has a lot of good things in it."

Joe Cushing of Coops Bar & Grill – a six-time winner of the cook-off – has been making his Texas red chili for the past 10 years.

"Some people consider it a little spicy, but, I don't," he said.

"The recipe is a secret. "Can't tell you that," he said, when asked about the ingredients.

Kim Craig retooled her recipe after entering her chili for the first time at the cook-off last year.

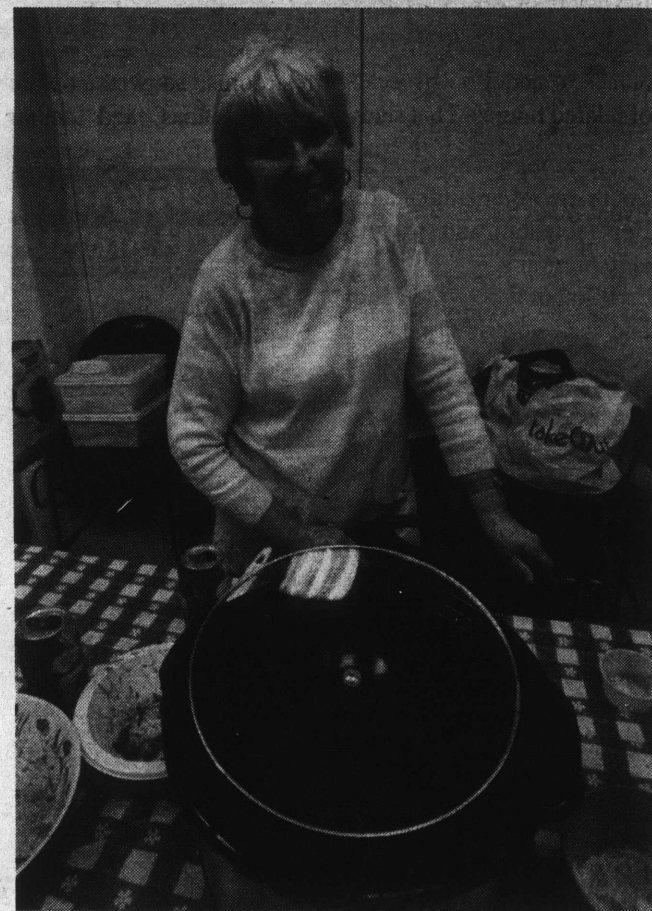
"Last year wasn't so good," she said. "This time I used jalapenos, cinnamon and a lot of hot peppers. I've been practicing all year for today."

Boy Scout Troop 6 of Houghs Neck had two patrol units – the Grumpy Bears



KIM CRAIG (top) and Alice Aiguier (bottom) were among the contestants at the 9th annual Houghs Neck "Chili Cook-Off" held recently at the Houghs Neck Congregational Church.

Quincy Sun photos/Tom Gorman



and the Spartans – entering chili this year. The latter won the Boy Scout competition.

Preston Craven of the Grumpy Bears patrol had some help from his fellow scouts preparing his aunt's chicken chili recipe.

"We used chicken, chicken broth, onions, beans and little jalapeno," he said.

Pam Craig said in addition to the chili sampling, there was a 50/50 raffle for a cash prize and a bake goods table where freshly baked items were sold. She noted that the annual event brings everybody together for a fun afternoon.

"It's a great community thing," she said.



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Ringworm - It's Not a Worm!

A Message From Ruth Jones, Director Of Nursing, Quincy Health Department

By RUTH JONES
BSN, RN, BC, CP-FS

Ringworm is a common skin disorder otherwise known as "tinea" or "dermatophytosis." It is caused by a fungus that can survive on skin, surfaces such as locker room floors, and household items like towels, bedding, and clothes.

Ringworm attacks dead tissues in places like the hair, nails, and leftover dandruff. Despite its name, ringworm is not caused by a worm. Distinguished by round skin lesions (rings) and the early idea that the infection was caused by a parasite (worm), the English word "ringworm" was born around 15th century. While the condition is actually the result of a fungal infection by an organism called a dermatophyte, the name ringworm has persisted.

During World War II, when American servicemen started contracting ringworm in the humid Pacific, the U.S. government launched an intensive study of fungal diseases. Prior to that study, scattered research of dermatophytes conducted in isolation had led researchers to give about 1,000 different names to about 350 species of related fungus. That study was instrumental in clearing up much of the confusion. Even though the world is full of yeasts, molds, and fungi, only a very few are the cause of skin problems. Ringworm dermatophytes feed on the dead tissues of your skin, hair, and nails, much like a mushroom can grow on the bark of a tree. Dermatophytes can instigate superficial infections, because they occur on the surface of the skin.

Ringworm is more common in unsanitary and crowded places, attributed to the fact that it can survive

on both skin and surfaces like shower floors, and can be transferred by sharing clothes, sheets, and towels. Even other mammals, including cats and dogs, can easily transfer ringworm to humans.

There are several types of ringworm (tinea), and they tend to specialize. Different ringworm fungi target different body parts, including:

- the body (tinea corporis)
- the face (tinea faciei)
- the scalp (tinea capitis)
- the hands (tinea manuum)
- the beard (tinea barbae)
- the groin (tinea cruris)
- the foot (tinea pedis)
- the nails (tinea unguium)

Bear in mind that the various types of ringworm don't refer to specific fungal species, even though more than one species of fungus can cause many of the various forms of ringworm. Instead, the names of different ringworm types refer to where they appear on the body.

Ringworm is highly contagious. The many fungi that cause ringworm flourish in warm, moist spaces, making locker rooms, public restrooms, showers, public pools, saunas, and similar areas highly likely places to contract the disease. There are three ways ringworm can be contracted, based on the three groups of fungi that produce infections:

- Zoophilic: Animal-loving fungi that live on cats, dogs, horses, cows, poultry, and other mammals.
- Anthropophilic: Human-loving fungi that are transferred from person to person.
- Geophilic: Earth-loving fungi that naturally occur in the soil.

The most common source of ringworm for humans

comes from the fungus *Microporum canis*, which is primarily found on cats and dogs. Occasionally, the pets that are carrying ringworm show no symptoms themselves. When a person contracts ringworm dogs and cats are the most common culprits. Cats are particularly susceptible to ringworm. One study showed that when a cat has ringworm, there is a 30 to 70 percent chance someone in the household will also develop the disease.

Some forms of ringworm are easier to diagnose than others. The telltale signs of red, raised rings can alert healthcare providers to the infection, which makes diagnosis simple. However at other times, ringworm can be more of a challenge to diagnose. Particular types of ringworm are especially resistant to diagnosis, such as ringworm of the face and hands. In these cases, the fungus can instigate infections that resemble various other common skin diseases. If a dermatologist has difficulty diagnosing ringworm, a small scraping of the skin is usually obtained. That scraping can then be cultured in a laboratory or studied under a microscope to confirm what has initially caused the infection.

Fungal diseases such as ringworm are customarily more difficult to treat than bacterial infections. The reason is because fungi have more complicated cells which are more similar to our own. This makes it difficult to develop antifungal drugs that will kill the fungus, not harm humans. As a consequence, long-term topical and oral treatments are essential, and they may not be 100 percent effective. Even after the initial infection appears to have dissi-

pated, once ringworm appears once it is more likely to reoccur.

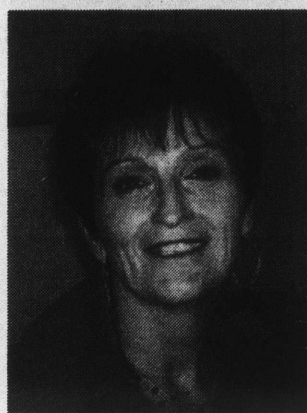
Ringworm can be treated topically with antifungal creams containing:

- clotrimazole (Cruex, Desenex, Lotrimin),
- miconazole (Monistat-Derm),
- ketoconazole (Nizoral), and
- terbinafine (Lamisil).

In severe or resistant infections on the scalp or nails, oral medications are necessary, such as:

- terbinafine,
- itraconazole (Sporanox),
- fluconazole (Diflucan).

Ringworm is a very common infection, and anyone can develop it. However, some people are especially prone to developing an infection. Those at higher risk of being infected by ringworm are anyone with a compromised immune system, and they subsequently will have a more difficult time fighting off an infection. People who use public locker rooms, showers, swimming pools, and similar communal areas that are hot and humid are also at increased risk. Athletes are also at an elevated risk of infection because they have the tendency to sweat, and their athletic equipment occasionally traps moisture close to the skin. Athletes



RUTH JONES

who engage in activities that result in excessive skin-to-skin contact, such as wrestlers and MMA fighters, are particularly prone to skin infections like ringworm. People, who spend a lot of time with animals such as farmers, veterinarians, and dog groomers, are also at greater risk of coming into contact with the fungi that cause ringworm.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

Friends Of Blue Hills Winter Fest Feb. 27

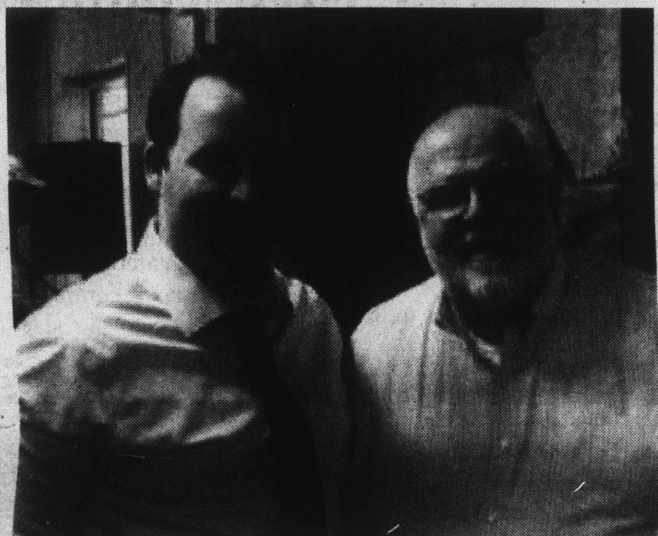
The Friends of the Blue Hills will host their annual Winter Fest on Tuesday, Feb. 27, from 5 to 8 p.m., at Blue Hills Ski, 4001 Washington St., in Canton.

For those hoping to get some winter exercise, there will be downhill skiing and a guided night hike under the lights. There will be plenty of indoor fun, too.

Adults and children alike can do a jig to the spirited Irish tunes of Songs for Ceilidh, sample some of the area's best chili, make some creative winter crafts, or just warm up in front of the fireplace in the cozy ski lodge.

Blue Hills Ski is offering discounted rates of \$20 each for all-day lift tickets, ski rentals, or lessons that day. To receive the discount, print out and bring the Friends of the Blue Hills homepage www.FriendsoftheBlueHills.org or Facebook page.

Five local restaurants will be competing in the "Battle of the Blue Hills



TIM COLTON, general manager of The Fours, and Ed Morris, manager, will be defending their title at the "Battle of the Blue Hills Chili Cook-Off" at Winter Fest Feb. 27. Their South-paw Texas Chili has won the Judges' Choice Award for the last three years.

Photo Courtesy Friends of the Blue Hills

Chili Cook-Off" that night, including The Fours which has won the Judges' Choice Award for three years in a row.

Local elected and town officials will serve as judges. A People's Choice Award will also be presented that evening.

Winter Fest is just one

of many free events the Friends of the Blue Hills offers throughout the year to encourage people to explore and enjoy the Blue Hills Reservation.

For details about the event or to join Friends of the Blue Hills, visit www.FriendsoftheBlueHills.org/winterfest.

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Beth Israel Deaconess Hospital – Milton Installs New Robotic Surgical System

Beth Israel Deaconess Hospital-Milton (BID-Milton) recently installed a new Intuitive Surgical daVinci X robotic surgical platform, becoming the first hospital in the Beth Israel Deaconess system to have the 4th generation, minimally invasive surgical system.

According to hospital officials, the daVinci X offers the latest robotic surgical technology, including an advanced endoscope which dramatically improves the surgeon's vision and longer, thinner arms that allow the surgeon to easily access more areas within the body.

"The hospital's Robotic Surgery Program is growing rapidly, and this advanced, state-of-the-art piece of medical technology will be of great benefit to our robotic surgeons and their patients," said Ashley Yeats, MD, chief medical officer and vice president of healthcare quality and clinical integration at BID-Milton. "We look to continue to grow, not just our robotics program, but our entire community-based Surgical Services Center of Excellence."

Robotic surgery is mini-



BID-MILTON has a new daVinci X® robotic surgical platform, becoming the first hospital in the Beth Israel Deaconess system to have the state-of-the-art surgical technology. Shown with the new robotic surgical system are (from left to right) Jessica Cunha, CST; Kimberly Daggert, RN, Dan Holder, PA; and James Lin, MD, (seated).
Photo Courtesy BID-Milton

mally invasive. Instead of one "open" incision, the surgeon operates through three of four smaller incisions which are roughly the size of a button each. Through these tiny incisions, the surgeon inserts a miniaturized high-definition camera and surgical instruments with the help of the "robot's" mechanical arms. The surgeon controls the camera and instruments from a computer console located to the side

of the operating table.

Numerous medical studies have shown that minimally invasive robotic surgery reduces blood loss as well as tissue and nerve damage. Patients have a shorter hospital stay, usually overnight, and are able to return to normal activities more quickly than with the traditional open surgery.

BID-Milton began offering robotic-assisted surgery for removal of the prostate

gland several years ago. In addition to this operation, the hospital now provides robotic surgery for hysterectomies, pelvic organ prolapse and certain types of endometrial and cervical cancers.

Currently BID-Milton has seven surgeons, including four from Beth Israel Deaconess Medical Center, performing robotic surgery at the hospital.

New Snug Harbor Principal, Vice Principal

Cont'd From Page 1.

to this past August. She previously served as the school's assistant principal for four years and before that was a teaching assistant principal at Atherton Hough Elementary School for three years.

Marani served as assistant principal at Snug Harbor for the past four years since the fall of 2013. He previously was a math teacher at Point Webster Middle School.

He has a Masters of Education degree from Bryant College and degrees in curriculum and teaching from Fitchburg State University. He has served as director and coordinator of the district's extended day program.

Since last August, Babcock has been Snug Harbor School's acting assistant principal. Previous to that, she was a grades 4 and 5 language development program teacher at both the

Atherton Hough and Parker elementary schools.

She is a graduate of Framingham State University and has a Master of Education degree from Wheelock College. Babcock holds licenses in elementary education, disabilities, special education, administration, principal and assistant principal.

"We're very proud of having them on board," said DeCristofaro.

In another matter, the committee approved three statements of interest to be submitted to the Massachusetts School Building Authority (MSBA), seeking approval of improvement projects at three schools.

Officials are proposing to replace a boiler at Parker Elementary School and

new windows and doors for the Point Webster Middle School through the MSBA's accelerated repair program.

The third submission is to replace the aging, nearly 100-year-old Squantum Elementary School with a new building as part of the MSBA core program. Officials first proposed the project three years ago.

Should the applications be accepted, the proposals would go through the MSBA's process. The state would reimburse the city about half of the construction cost.

Mayor Thomas Koch noted Quincy has received about \$135 million in MSBA reimbursements since the new Quincy High School was built in 2010.

Social Security Collaborates With America Saves Week

By KRISTEN ALBERINO

Social Security Public Affairs Specialist

A secure retirement is created from a lifetime of planning and saving. Each year, American Savings Education Council and America Saves coordinate America Saves Week. The week is an opportunity for organizations to promote good savings behavior and a chance for individuals to assess their own saving status.



Securing today
and tomorrow

For years, Social Security has collaborated with America Saves Week to promote our shared mission of helping millions of people prepare for their future. This year, the week is celebrated from Feb. 26 through March 3.

Knowing this, it's never too early to start planning for your future. Set a goal, make a plan, and save automatically. Savers with a plan are twice as likely to save successfully. Pledge to save for America Saves Week at www.americasaves.org. Share what you're saving for using the hashtag #ImSavingFor.

Social Security's "People Like Me" website has tailor-made information for preparing for your future. Our richly diverse country is made up of countless backgrounds, ethnicities, and nationalities, yet we all want the same thing — a secure future. You can see many of the diverse people we serve at www.socialsecurity.gov/people.

Younger people need to know that the earlier you start saving, the more your money can grow. Our website for young workers at www.socialsecurity.gov/people/earlycareer has resources that can help you secure today and tomorrow.

Easily Access Your 2017 Social Security Benefit Statement

Social Security puts you in control of your finances and future. We have made requesting or replacing your annual Benefit Statement even easier. The Benefit Statement is also known as the SSA-1099 or the SSA-1042S. Now you have the ability to download it anytime and anywhere you want using our online services. There's no need to visit a field office.

An SSA-1099 is a tax form Social Security mails each year in January to people who receive Social Security benefits. It shows the total amount of benefits you received from Social Security in the previous year so you know how much Social Security income to report to IRS on your tax return.

If you currently live in the United States and you need a replacement form SSA-1099 or SSA-1042S, simply go online and request an instant, printable replacement form with a my Social Security account at www.socialsecurity.gov/myaccount.

A replacement SSA-1099 or SSA-1042S is available for the previous tax year after February 1.

If you already have a personal my Social Security account, you can access your online account to view and print your SSA-1099 or SSA-1042S. If you don't have access to a printer, you can save the document on your computer or laptop and email it. If you don't have a my Social Security account, creating a secure account is very easy to do and usually takes less than 15 minutes.

If you're a noncitizen who lives outside of the United States and you received or repaid Social Security benefits last year, we will send you form SSA-1042S instead. The forms SSA-1099 and SSA-1042S are not available for people who receive Supplemental Security Income (SSI).

When you have access to your benefit information, you can make knowledgeable decisions about your financial future. With you in control, you can secure today and tomorrow for yourself and your loved ones. Visit www.socialsecurity.gov to find out more.

February's Flavor of the Month



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Officials: Schools Are Ready For The New MCAS 2.0

By TOM GORMAN

School officials say they are ready for the new computer-based, next generation MCAS 2.0 exam in the spring.

Executive Director of Career and Technical Education Director Keith Segalla told the school committee on Jan. 22 that, thanks to a technology funding appropriation supported by Mayor Thomas Koch, the district has purchased additional computers so students in grades 4 and 5 will have the access they need to take

the new MCAS exam. The MCAS 2.0 is taken online only, and not by pencil and paper as with its predecessor.

"Mayor Koch has provided additional funding for technology investment so that the Quincy Public Schools will significantly increase the availability of student devices and be fully prepared for MCAS testing for both grades 4 and 5 at all schools when it begins in April," he said.

The MCAS 2.0 was rolled out last spring and

was initially taken by certain grades. The exam is being expanded to other grades this year. Over the next two years, the next generation test will be fully expanded to all grades and the current MCAS, or legacy version, will be phased out.

Segalla said the funding allowed the purchase of a total of 310 Chromebooks and 10 mobile carts. Additionally, he noted that PTOs have also purchased computers for their respective schools.

The additional comput-

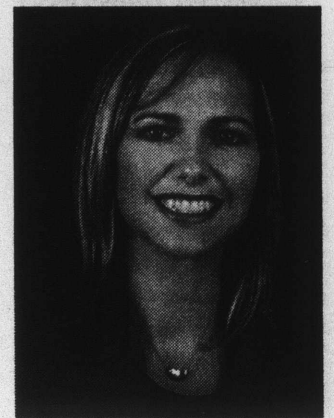
ers, Segalla said, will increase the ration of students/computers at each school in the district.

"For all schools, there will be at least one computer available for each student during the testing window," he said. "This gives the optimal student to computer ratio for the MCAS testing grades."

Segalla said that the additional computers also increase student access to computer labs and devices for MCAS 2.0 preparation

Cont'd On Page 13

Tracy Wilson Elected To Colonial Federal Board Of Directors



TRACY WILSON

assistant district attorney, Wilson has law offices in Quincy and Canton. She is a certified conciliator, mediator and currently serves as a Bar Council member for the Bar Association of Norfolk County. She is also a sponsor and volunteer for many community and legal activities and programs.

A Quincy native and graduate of North Quincy High School, Westfield State College and Massachusetts School of Law, Wilson is married and has two children.

With full-service offices in Quincy, East Weymouth and Holbrook, Colonial Federal has been the South Shore's "neighborhood bank" since 1889. All deposits are insured by the FDIC. The phone number connecting all offices is 617-471-0750.

Tracy Wilson was recently elected to the Colonial Federal Savings Bank's Board of Directors, announces Michael McFarland, president and CEO of the local mutual community bank.

"Tracy Wilson is an accomplished attorney in the Trial Courts of the Commonwealth," Mike McFarland said. "She's run the Boston Marathon six times as well as the New York City Marathon to raise funds for Boston Children's Hospital. We especially welcome the deep 'local business' experience and perspective she will bring to the Bank and we are delighted to have a person like Tracy Wilson join the Colonial Federal team."

Wilson said she is honored to be elected to the Board of Directors of Colonial Federal.

"As a local resident, attorney and business owner, I am grateful to be a part of the mission of our neighborhood bank," Wilson said. "I look forward to working with Mike McFarland, my fellow board members and the employees to be part of the bank's dedication to the highest level of friendly, personal and professional customer service."

A former Norfolk County

LGBTQuincy Meetup Social

LGBTQuincy Meetup will host a casual evening social on Saturday, Feb. 17th at 7 p.m., at The Pour Yard, located at 210 Washington St. in Quincy.

The social is open to all members of the LGBT community in Quincy, and across the South Shore.

Light appetizers and a cash bar will be provided.

No entry fee.

RSVP by emailing Frank Rubino at frank55887@gmail.com.

For more information, visit <http://www.meetup.com/LGBTQuincy-Meetup/>

Officials Outline Student Assessments

Cont'd From Page 3

"The results can be reviewed with a teacher, principal or chairperson anytime throughout the year," she said.

Hallett, the high school curriculum and program director, added that mid-term and final year exams are reviewed with students and other assessment results are included in grades and grade books.

"Definitely, teachers have information about the assessments they give and they are happy to share the things they do with those benchmark assessments," she said.

Perkins, director of special education and elementary curriculum and programs said a new assessment, MAP Benchmark Testing, has been administered the past three years in grades 2 through 8. She said up to now results have not been released unless requested by a parent since teachers initially were still learning the nuances of the exam.

"The teachers in the elementary school level are now comfortable with the MAP assessment, so we are now printing a student profile report (that includes the results)," she said.

Roy added that middle school teachers are still being trained to prepare the parent report and that guidance counselors or principals would go over the report with parents.

"Once we get comfortable with a year under our belt, I think we will be able to communicate more with those results," she said.

Other assessment results are not included in the print-out but can be discussed during parent/teacher report card conferences.

Gutro said parents should be given a list and an explanation of assessments by school principals that are given throughout the year.

Roy concurred and said principals have information about each exam and she

would recommend that assessment timelines be provided during PTO meetings.

Several goals and initiatives related to the curriculum and assessments were outlined. These include continuing to monitor and update the needs of technology, training and instruction as well as reviewing academic programs and improvement plans.

Administrators also are getting set for the new MCAS 2.0 exam that is being expanded to more grades in the spring. The "next generation" MCAS was implemented to a limited number of grades last year.

The new exam is computer-based, compared to the original that was pencil and paper. The MCAS 2.0 requires more critical thinking abilities, applying knowledge and making connections between reading and writing. Educators say that the new test helps provide a clearer picture for students' readiness to move on to the next grade or college, or going into a career.

This spring, grades 4, 5, 6, 7 and 8 will be tested in English Language Arts (ELA) and math while grades 5 and 8 will be examined in science, technology and engineering. These grades will be required to take the exam on a computer.

Grades 3 and 6 will take

the ELA and math exam by pencil and paper this year.

Students with disabilities and English Learners may take a paper exam. Other accommodations will be available for special needs students.

In 2019, grades 3 through 8 and grade 10 will take their MCAS 2.0 on computers only.

Students in grades 3 through 8 will have two ELA test sessions. For math, there will be two sessions for grades 3 through 6 and calculators will not be allowed.

Grades 7 and 8 will have two math exam sessions. Calculators can be used in the first session but not in the second.

There will be multiple choice and multiple select answers in the ELA for grades 3 through 8. These students using the computer-based exam will also be required to use such functions as drag and drop and hot spot to answer questions.

Grades 3 to 5 and 6 to 7 will be required to write a one-page essay in response to what they have read while grades 3 and 4 will write a short response of a paragraph.

In math, there will be multiple choice, multiple select and short response answers for grades 3 to 8. Grades 3 to 5 and 3 to 8 will also answer questions using

the hot spot and drag and drop.

Grades 3 and 4 to 8 will have open response answers to a multi-part problem that includes answers and explanations.

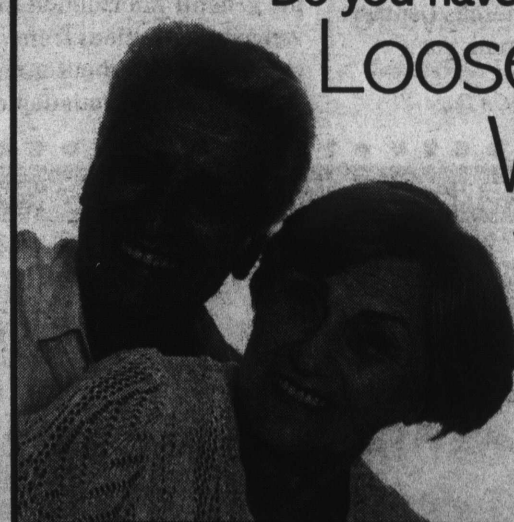
The high schools will be transitioning to the new next generation test this spring. Administrators explained that both North Quincy and Quincy high schools will be field testing the new ELA exam. Grade 10 will have a "question tryout" for biology from May 29 through June 15.

The current 10th graders, the Class of 2020, will be taking the "legacy" or paper-based exam this spring while grade 9 students – the Class of 2021 – will be administered the new MCAS 2.0. The state will be field testing ELA and math across the Commonwealth from April 23 to May 11.

Students receiving scores of 440 to 470 are not meeting expectations; a score of 470 to 500 is partially meeting expectations, a 500 to 530 score is meeting expectations and 530 to 560 is exceeding expectations.

Administrators say that both the district and state assessments are needed for not only measuring student achievement, but also to help the district tweak the curriculum where needed.

"The curriculum and assessments go hand-in-hand," said Roy.



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City To Sell Developer Part Of Hancock Lot

Cont'd From Page 1

cated between Dennis Ryan Parkway and the 13,526-square-foot piece of land where Chestnut Place will be located.

City Solicitor Jim Timmins said the land would be used to construct an entryway to the new building. O'Connell will pay for the construction of the new entryway and other above ground improvements and will be responsible for their upkeep going forward; the city will pay for new under ground utilities. The conveyance approved Monday includes an easement allowing the public full access to the 5,200-square-foot parcel.

"Whatever public rights we need and whatever public access we need, we have, but we will not have the li-

ability going forward that ownership brings with it," Timmins said.

The council amended the order conveying the land to O'Connell, adding a reverter clause that will return the land to the city if Chestnut Place does not go forward. Ward 4 Councillor Brian Palmucci introduced the amendment, which was approved unanimously.

"We shouldn't transfer it in perpetuity if that project doesn't go forward. I wanted to ensure it is returned to the taxpayers if that project doesn't move forward," Palmucci said. "I think we have an amendment in agreeable form to all parties that I think would solve that problem."

A schematic introduced at Monday's meeting shows a new island - located

roughly where the sidewalk along Dennis Ryan Parkway is today - separating the road from a driveway along the front of the Chestnut Place parcel. Half of the island is included in the 5,200 square foot parcel conveyed to O'Connell, while the city will keep ownership of the other half.

Mahoney asked Timmins who would be responsible - the developer or the city - for maintenance of the sidewalk located on part of the island the city will keep ownership of. Timmins said the permit for Chestnut Place includes provisions relative to that sidewalk, but could not provide the answer at Monday's meeting. Mahoney said she wanted more information relative to the maintenance of the sidewalk in question prior to the council voting on the matter.

"We're making decisions based on information you provide," Mahoney said to Timmins. "If you don't understand the details, how are we supposed to understand the details?"

Prior to the council voting on the conveyance, Councillor Nina Liang asked representatives from Koch's administration when an update on the redevelopment of the Hancock Lot would take place. She said that information would be helpful to councillors and residents alike.

"I think it would be help-

ful to know and understand - not just for us but for folks at home - what are we waiting on next? What's to come?" Liang said.

Chris Walker, Koch's communications director, said the administration was already working on such a presentation in response to a council resolution asking for an update on the lot introduced during the body's Jan. 22 meeting. The council scheduled that update for Feb. 26.

"We fully anticipate within the next several weeks to be before you with a full update on all things relative to the Hancock Lot," Walker said.

That includes the O'Connell project as well as LBC Partners' Nova Residences, a 171-unit apartment building that will be constructed at 1500 Hancock St. - site work on the latter has already begun. Additionally, the city will build a 730-car garage between the two buildings. Both O'Connell and LBC will lease spaces inside the garage, and the rest will be for paid public parking.

The Hancock Lot is set to close as early as next month as those projects get underway. Walker said the update on Feb. 26 would include a presentation on plans to accommodate motorists who currently park in the Hancock Lot once it closes for good.

Social Security Matters

Ask Rusty: Divorced Spousal Benefits

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty:

Thank you for your Social Security articles, which a group of friends and I read every week. If it had not been for one of your articles, I wouldn't have known that I could get benefits on my ex-husband's record, especially that when I turn 66 I can file to get just spouse benefits and not take my own yet. Some of my friends are also divorced, and most of us don't understand what we can get from our ex-spouse's record. Could you explain what kind of benefits we can get being divorced? We have no one to ask and Social Security doesn't tell you these things. Signed: *Divorced & Want to Know*

Dear Divorced:

I'm glad you and your friends are enjoying my Social Security articles. I'll be happy to focus this one on the benefits available to divorced spouses. For starters, you should know that Social Security's rules on divorce are "gender neutral"; that is, they apply equally to both divorced women and divorced men.

The basis for a spousal benefit is always the ex's benefit amount at their full retirement age (FRA), even if your ex-spouse started benefits earlier. In order to be eligible for spouse benefits though, you must be at least 62 and unmarried, you must have been married to your ex for at least 10 years, and your ex must be either already collecting retirement (or disability) benefits or at least be eligible to collect them. If they're not already collecting but are eligible, you must be divorced for at least 2 years.

Although spouse benefits are often cited as being 1/2 of the ex's benefit amount, that's only true if you have reached your full retirement age when you claim the spouse benefit. Otherwise, your spouse benefit will be reduced to something less than 50%, perhaps as low as 32.5% of your ex's FRA benefit amount (depending upon your age when you apply). If you are also eligible for Social Security benefits on your own work record, the spousal benefit must be larger than your own for you to get a "spousal boost" bringing you up to the spousal benefit amount. The amount of benefit you get will not affect the amount of your ex's benefit, nor the benefit of anyone else receiving benefits on your ex's record.

If you were born before January 2, 1954, and you have reached your full retirement age and have not yet applied for benefits, you have the option to take only spouse benefits and allow your benefit from your own work record grow at 8% per year up until you reach age 70, at which time you can switch to your own benefit if it is larger. You should also be aware that if you take any Social Security benefits before you reach your full retirement age and also work, you'll be subject to an "earnings limit" which, if you exceed it, will result in some of your benefits being withheld.

If, as a divorced spouse, your ex-spouse predeceases you, you may be eligible for survivor benefits equal to 100% of what your ex was receiving (or entitled to receive). In this case there is an exception to the age rule which says that you can collect survivor benefits as early as age 60 (50 if you're disabled). However, if you take survivor's benefits before your full retirement age (which as a survivor can be less than your normal FRA), your benefit amount will be reduced. You may defer collecting survivor's benefits to let them grow to their full value at your full retirement age, but they stop growing when you reach your FRA. You can, however, continue to collect survivor benefits past your full retirement age and allow your own retirement benefit to grow, if that would be to your financial advantage. In fact, if your survivor benefit is larger than your own retirement benefit, you may continue collecting it for the rest of your life.

The information presented in this article is intended for general information purposes only. The Foundation welcomes questions from readers regarding Social Security issues. To submit a request, contact the Foundation at info@amacfoundation.org.

Healthy Heart Topic

Feb. 27 At Kennedy Center

In the United States, heart disease is the #1 killer of both women and men. Each year 500,000 Americans die of heart disease, and approximately half of them are women.

The good news is that you have a lot of power to protect and improve your heart health.

Join Ruth Jones, BSN,RN,BC,CP-FS, director of Nursing at the Kennedy Center on Tuesday, Feb. 27th at 10:30 a.m. to discuss your risk of heart disease and the steps you can take to prevent it.

Registration is required for this event. To register call the Kennedy Center at (617) 376-1506.

Lung Health Discussion

At Kennedy Center March 6

Amber Pelletier, director of Health Education of the American Lung Association, will be at the Kennedy Center on Tuesday, March 6th at 10:30 a.m. to discuss lung health issues, history of the organization and resources available to you.

The mission is to save lives by improving lung

health and preventing lung disease.

In addition to information and resources, the presentation will conclude with an interactive game to test your knowledge.

Registration is required for this presentation. To register call the Kennedy Center at (617) 376-1506.

Marijuana Shop Regulations Proposed

By SCOTT JACKSON

Mayor Thomas Koch has introduced a new ordinance regulating where in Quincy recreational marijuana dispensaries can open and is asking the City Council to

approve a 3 percent local tax on recreational marijuana sales, the maximum allowed under state law.

The two items - the zoning ordinance regulating where pot shops can open and the order creating a local tax - were introduced at Monday night's City Council meeting. They were referred to committee for consideration at a future date.

A similar ordinance had been before the council during its previous term, which ended in December, but was tabled as city attorneys tweaked the regulations in response to a state law approved last July and other regulations introduced by the Massachusetts Cannabis Control Commission.

Cont'd On Page 30

"People's Choice Award." - Pat Whitley WRKO 680AM

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Officials: Schools Ready For The New MCAS 2.0

Cont'd From Page 11

and practice sessions. Also, the additional mobile units eliminate the need to transport Chromebooks between schools during testing and allows principals to more effectively schedule MCAS 2.0 testing which reduces the number of days dedicated to administering the exam at the larger elementary schools.

Officials had previously voiced concern there would not be enough computers available as the state expands the new MCAS exam. Some schools did not have enough computers for students, requiring the testing period to be expanded.

As an example, Segalla noted that last spring, the Clifford Marshall School had 120 students taking the MCAS 2.0 and only 60 computers.

"The number of testing days had to be doubled," he said. "This year, that has been eliminated. We now have 120 devices for 120 students."

Segalla said at the high school and middle school levels, there should not be any issues. Although, Central Middle and Atlantic Middle schools may have a two students to one comput-

er ratio because of the large student population at those schools, Segalla said "we should be OK."

Koch explained that Citywide PTO Co-President Courtney Perdios reached out to him expressing concern of the limited number of computers available. He said that he contacted Segalla who "jumped on it right away."

"We are grateful for all the work the PTOs do for our schools, but I don't think they should be out raising money for technology in our classrooms," said Koch. "We were able to find some dollars toward it. I'm glad it's helping out this year. We will continue to look at it and get to a better ratio."

School committee Vice Chairwoman Emily Lebo asked Segalla to provide a benchmark for the student/technology ratio and that students with disabilities and English Language Learners also need to be factored in. She said the technology needs should not be based just on the MCAS.

"It's not just the MCAS, it's the (other assessments) and the other curriculum materials we have now," she said.

In another matter, the

district's senior director of student support services and special education Maura Papile informed the committee of the annual substance abuse week at North Quincy and Quincy high schools held in early January. Because of the Jan. 4 snowstorm, some events were postponed and will be held during the year.

One-on-one mentoring, small group interventions at the high school, the substance abuse health fair, science-based substance use curriculum and professional development for staff on substance abuse prevention are among the programs being offered by the district.

"Keeping the conversation going and finding opportunities to support our students in making those healthy decisions is a commitment that we want to make," said Papile. "The issue of substance abuse prevention is a high priority because our kids matter."

Papile said the program was kicked off by Michael Fowler's "You Don't Know Until You Really Know Me" program, "a powerful message of loving yourself and others." Fowler travels the nation detailing his 15 year journey as a recovering ad-

dict.

Quincy School Supt. Dr. Richard DeCristofaro told the committee the district is observing its fourth annual Heart Month during February with various activities and events. Officials from Brewster Ambulance, one of the district's business partners, conduct CPR training for grade 8 students in each middle school. About 700 students have the opportunity for CPR training.

On Feb. 10 from 8:30 a.m. to noon, at Central Middle School, Brewster

Ambulance will hold a free CPR certification class for grade 8 students and their parents.

"Over 100 students have been CPR certified over the past three years," said DeCristofaro of the certification class.

The committee accepted two gifts: \$7,500 from the Randy C. Wolfe Trust to benefit the district's music department and \$3,420 from the Quincy High School Class of 1954 to benefit the boys and girls athletics at Quincy High School.

The committee approved several trips: Quincy High School's participation in Boston University's Model United Nations conference Feb. 9 to 11; Quincy High's student council to the Mass. Association of Student Councils Conference in Hyannis March 9 to 11; North Quincy ROTC to Yorktown, Virginia April 6 through 10; and the Quincy High/North Quincy High robotics teams to the FRC Robotics Competition at Fairfield University in Connecticut, March 16 to 19.

Quincy, County Cork Ink Economic Deal

By SCOTT JACKSON

Representatives from County Cork, Ireland, were in Quincy Tuesday to sign an agreement meant to bolster economic development between the two polities.

Quincy Mayor Thomas Koch signed the pact in the Great Hall of the McIntyre Government Center. Declan Hurley, the mayor of County Cork, and Tim Lucey, the chief executive of the Cork County Council, were there on behalf of the county of more than 540,000 in the

south of Ireland.

The four-page agreement outlines benefits to both Quincy and County Cork in the areas of business, academia and tourism.

The pact notes Quincy and County Cork share mutual areas of strength across a variety of industries and sectors, including life sciences, marine renewable energy, technology and financial services.

To help foster business growth in the two regions, Quincy will be presented as

a region of investment for Cork companies. Quincy companies looking to expand into Cork will be provided access to economic development programs via the county council and would be provided with shared workspace. The Cork County Council, Cork Chamber of Commerce and related entities would also help Quincy stakeholders looking to enter the broader European market.

Companies based in

Cont'd On Page 30

FREE Presidents' Day



Winter Fest

Monday, February 19th
10 a.m. ~ 5:00 p.m.
CHURCH OF THE PRESIDENTS
United First Parish Church
1306 Hancock Street, Quincy



Celebrate in the City of Presidents with FREE tours, patriotic music and presidential drama!



All DAY
Tours of the Church of the Presidents including the Adams Crypt



11:00 - 11:45 a.m. & 1:00 - 1:45 p.m.
Patriot Brass Band
Sanctuary, Church of the Presidents



10:00 - 10:45 a.m., 12:00 - 12:45 p.m. & 2:00 - 2:45 p.m.
Drawbridge Puppet Theater's production of *Little Red Riding Hood*



12:00 - 12:30 p.m.
John Quincy Adams, Andrew Jackson, and the Presidential Election of 1828: The Campaign that Changed American Politics Forever
Sanctuary, Church of the Presidents

Presented by Edward H. "Ted" Miller; Assistant Teaching Professor in the College of Professional Studies at Northeastern University. He is an historian of American politics, political culture, and capitalism.



3:15 - 4:15 p.m.
Quincy Symphony Orchestra Ensemble
Sanctuary, Church of the Presidents

PRESENTED BY



Church of the Presidents
United First Parish Church

'Bridget The Brave's' Profile In Courage And Inspiration

Cont'd From Page 4

year-old saved somebody's life. There's really no reason why any of us can't do that."

The Kelleys have signed up for the bone marrow registry. To become a donor it just takes a small vial of blood or swab of cheek cells to be typed as a bone marrow/stem cell donor. There are many patients who are desperately waiting to find a donor match. You may be able to save someone's life. There are donor registry sites throughout the country.

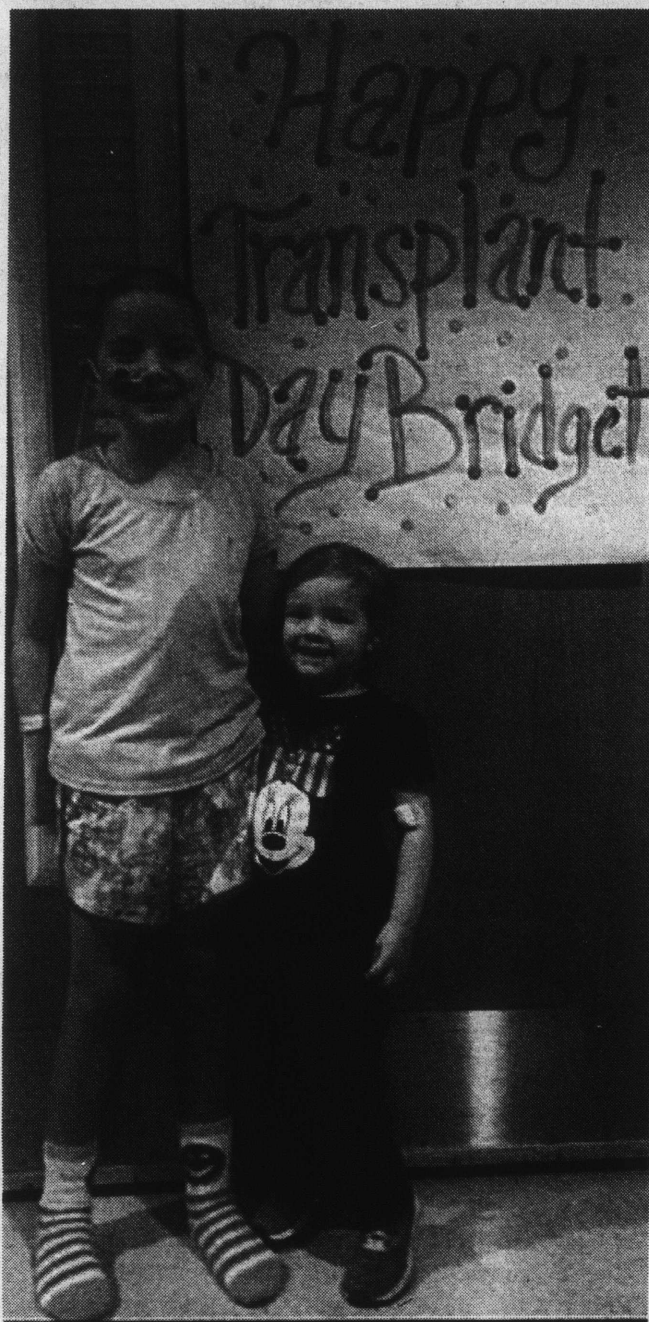
The family is also forming a non-profit called the Kelley Kids Foundation.

"A big aspect of that will be getting people registered for the bone marrow registry which is free if you are age 18 to 44," Dan says. "We're going to have different events to do that and we're going to raise money for pediatric cancer research and scholarship money for do-gooders who are heading off to college."

The family also wants to use its foundation to help promote people donating blood.

Another endeavor the Kelleys are promoting is something they have dubbed as the "Unicorn of the Month." These "unicorns" will be celebrated for their kindness and volunteerism.

"Even though it seems like when you got to bed at night you think about the one person who wasn't that pleasant to you but this made us realize that the vast majority of people are great and you don't realize it because you don't have that much interaction with



BRIDGET KELLEY (left) with her then two-year-old sister Shannon on the day of Bridget's stem cell transplant at Boston Children's Hospital. Shannon was the donor.

them," Dan said. "Another part of what we're trying to do is to celebrate those people who are really great. People who are volunteering or doing special projects to raise money or awareness and people who are just spreading kindness and joy in the world."

"We going to celebrate them as the 'Unicorn of the Month' and we're also working on getting the unicorn as the official magical animal of Massachusetts."

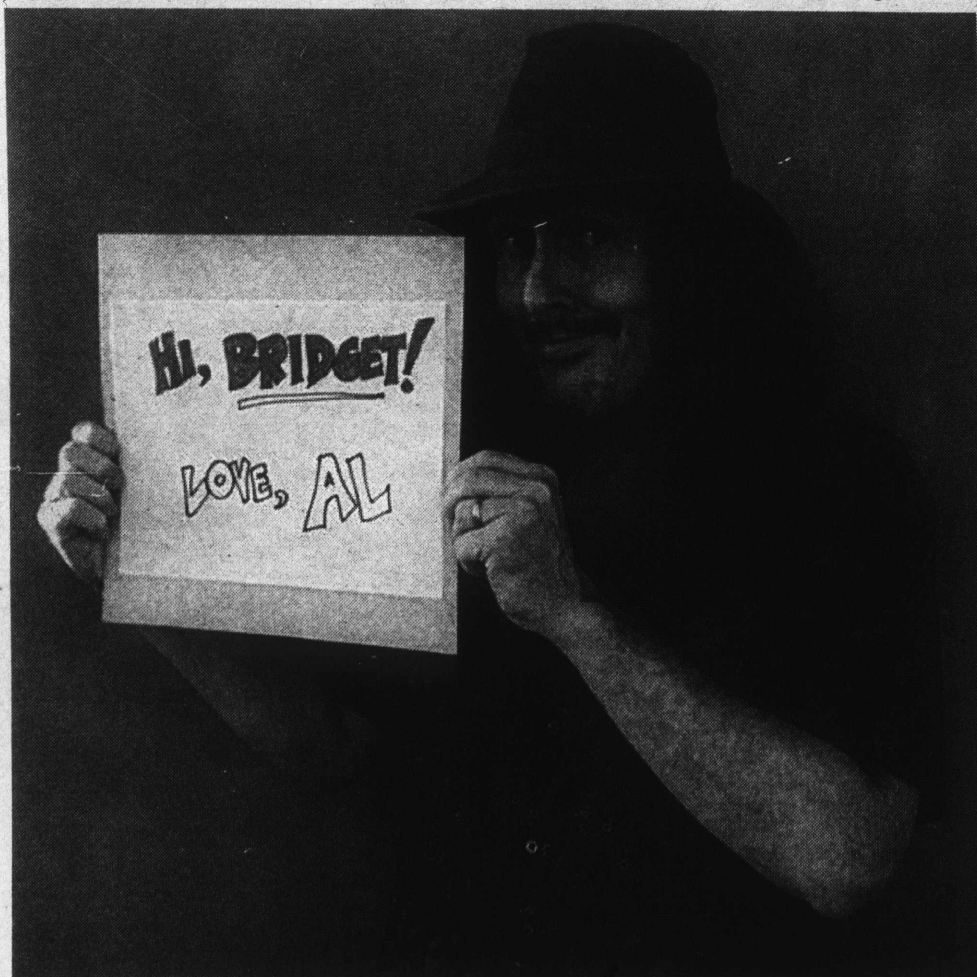
"Bridget started the unicorn day at the hospital. She is very excited to go back to the hospital and see every-

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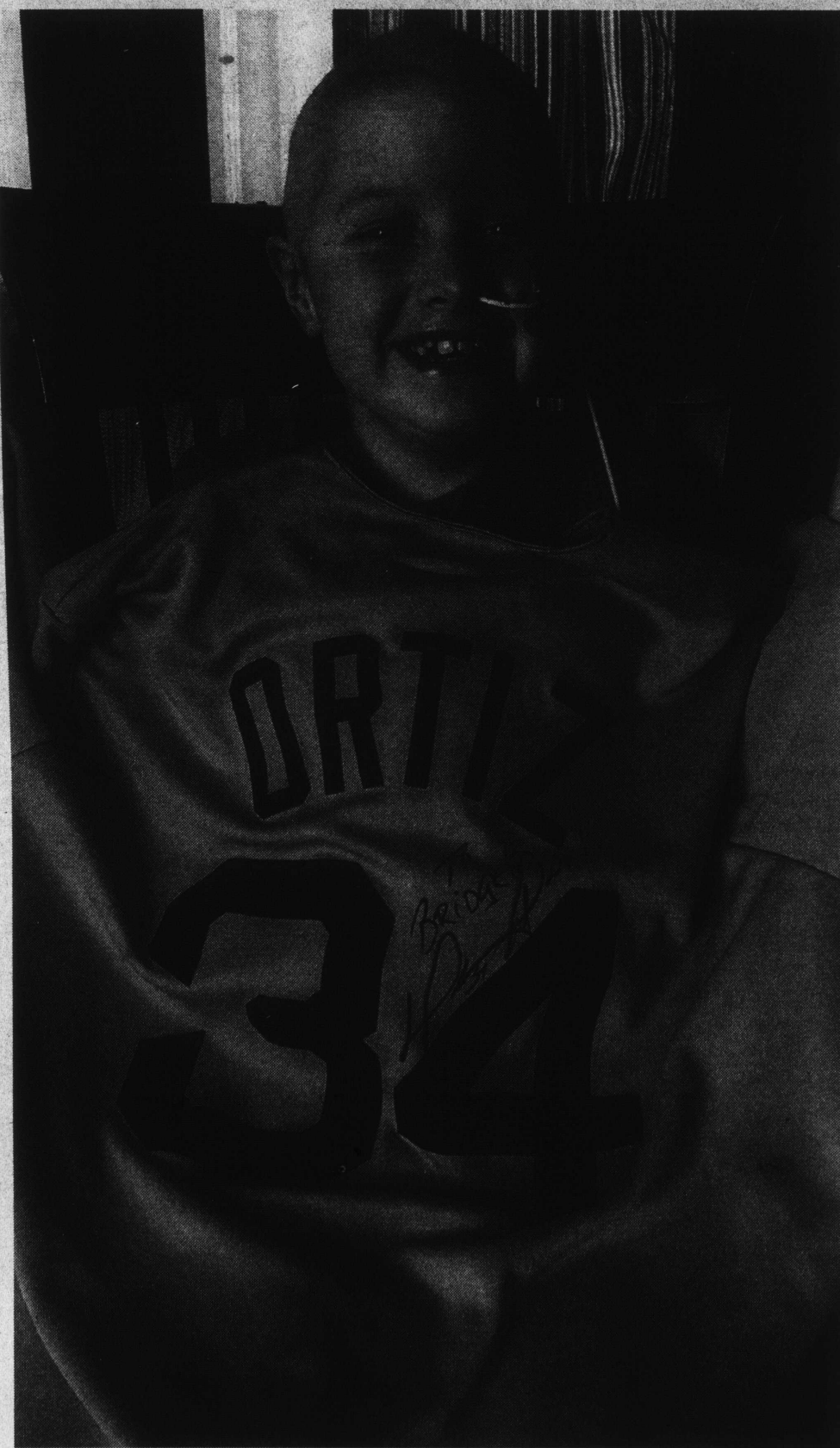


THE KELLEY SISTERS (from left) Shannon, Fiona and Bridget celebrate "Unicorn Day" at Boston Children's Hospital. Bridget, who was diagnosed with leukemia in September of 2016 spent more than 150 days in the hospital. Her cancer is in remission.

Photos Courtesy Kelley Family



ONE OF BRIDGET'S favorite singers - "Weird Al Yankovic" was among the many of admirers who sent her their love while she battled leukemia. A friend of Bridget's father, Dan, saw on Facebook that Bridget was a big fan of Weird Al. The friend had a work connection to him and asked him to send a hello to Bridget to cheer her up during treatment. Bridget was ecstatic to get a message from Weird Al and hung the picture on her door at the hospital. It was a great conversation starter and everyone loved it.



BRIDGET AND HER family are extremely grateful for the overwhelming support and gestures of love and kindness they have received while she has battled leukemia. Well known Boston sports figures even reached out to help brighten Bridget's spirits including former Boston Red Sox star David 'Big Papi' Ortiz who sent an autographed jersey to her while she was in the hospital.

'Bridget The Brave's' Profile In Courage And Inspiration

Cont'd From Page 14

one."

The Kelleys plan to celebrate Bridget's remission and continued progress with a series of special events this year.

First, to celebrate her one-year anniversary of her stem cell transplant – or 're-birthday' – on March 3, the Kelleys are getting a puppy. The breed will be a Cavachon – a mixed breed between a Cavalier King Charles Spaniel and a Bichon Frise.

They will also take a trip courtesy of the Make-a-Wish Foundation in October to the "Give Kids the World Resort" at Disney World. Bridget, who is an avid reader of the Harry Potter book series, will get a private tour of the Harry Potter area at Universal Studios.

The Kelleys have also been raising money for families affected by cancer. They established "Bridget's Joke Challenge" on social media. Folks were encouraged to tell Bridget a joke and make a donation, too. So far more than \$5,000 has been raised.

Another success has been the "Adventures of Flat Bridget," a take-off on the popular "Flat Stanley" photos that have populated social media like Facebook. "Flat Bridget" was organized by Kristin Healy, a Merrymount School parent, who distributed dozens of images with Bridget's likeness on them.

Admirers of Bridget have taken their photo with her throughout the United States and beyond, including 20 foreign countries and Antarctica.

Affection for Bridget also came from other sources including sports personalities like former Red Sox star David Ortiz and current New England Patriot Rob Gronkowski, both of whom sent her autographed jerseys while she was hospitalized.

But perhaps her most prized possession is a guitar pick from music legend Paul McCartney. A friend of Dan's works for the company that designed the former Beatle's website and McCartney knew this friend played guitar.

"So he sent my friend a thank you basket with a guitar pick and this friend came into the hospital to visit Bridget. He told her: 'Paul McCartney gave me this guitar pick for all my hard work on his website but I think you've done a lot harder work than I ever did so I think you deserve it.'"

"People were so generous," Megan says. "It was overwhelming how helpful and generous people were."

Dan added: "If they had any connection to anyone,



THE MERRYMOUNT SCHOOL community, neighbors and other well wishers turned out in droves to welcome Bridget Kelley (foreground) back to school on a frigid but heart-warming morning Tuesday, Jan. 2. It was Bridget's first day of school since she was diagnosed with leukemia in September of 2016. After months of chemotherapy, hospitalization and surgeries including a stem cell transplant from her donor sister Shannon, her cancer is in remission.

Photo Courtesy Kelley Family

they didn't mind calling in favors. Big Papi and Gronk sent autographed jerseys. Marcus Smart from the Celtics also gave her a jersey. The Revolution sent her a soccer ball autographed by the entire team."

They were welcomed mementoes for a little girl undergoing harsh treatment. "She got very sick," Megan says. "There were times she couldn't get out of bed."

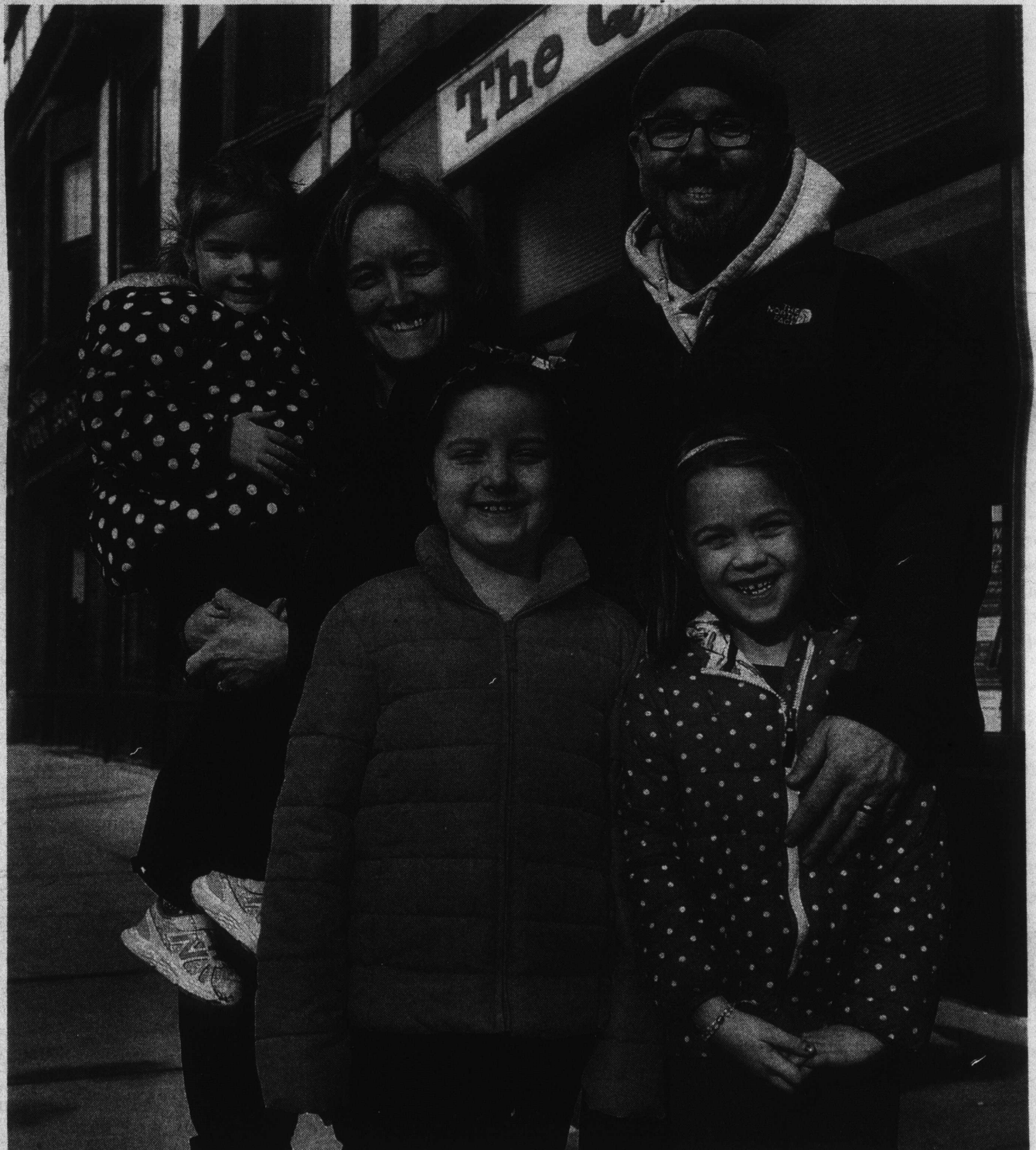
Through it all, the Kelleys tried to focus on the positive. That's one of the key messages they want to share.

"What was helpful for us was focusing on the positive aspect of things and not get caught up in a lot of 'what if' scenarios or even scenarios of trying to figure out why this happened," Dan says. "Sort of let the doctors do their jobs and do your job as a parent or a family member or a friend – whatever role that is because everyone has a role to some degree and as a parent I felt that our main job was to stay well informed so that we knew everything that was going on but also most importantly I remember what it was like to be a kid and you don't want to be scared."

"And so I felt like a huge aspect of our job was to make sure Bridget never felt scared so when it was time for us to explain to her that she had cancer that it was our job to make sure she was aware of it and feel comfortable about it."

Bridget is not only smart and social but quite perceptive.

"She really likes the Beatles and I knew that as soon as she hears she has cancer she's gonna say, 'That's what George Harrison died from.' And I said 'right, he died of a certain kind of cancer' so we talked about there being various



KELLEY FAMILY of Pontiac Road, Merrymount, is all smiles - and very grateful for all the love and support they have received while 8-year-old daughter Bridget battled leukemia. Her cancer is in remission. Front row: Bridget and sister Fiona, age 6. Back row: sister Shannon, age 3, who was Bridget's donor for her stem cell transplant; mom Megan and dad Dan.

Quincy Sun Photo/Robert Bosworth

kinds of cancer. So then she said, 'on a scale of 1 to 10 what is it?' And I said it was a 1," Dan said.

"I said 'they know what it is, know how to fix it, and they know if it doesn't work they have a Plan B and a Plan C.'"

Megan adds: "Fortunately for us we were not the first family to

go through this. They have a wealth of knowledge about what works and what doesn't work. You're going to be okay and the road to get there may stink at times and then times it doesn't stink; let's make the most of it."

Being positive was key, Dan says.

"I do think keeping a positive attitude and not letting yourself get too stressed out about the what if's is huge. I do think part of it moving forward is also being able to help out the family and friends of the people who are going through it because there are a lot of people who do want to help and do the

right thing and say the right thing and they just don't know how.

"We are very fortunate that we have a good support base and we're very grateful for it and we want to help other people experience that as well because it's necessary to get through something like this."



Real Estate

Quincy Real Estate Transactions Jan. 29 - Feb. 2

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Daniel R. Brockfield	Benjamin M. Luu	\$352,000.00	14 Brockton Avenue
Michael A. & Deborah S. Russo	Thao Le & Tam Long	\$526,000.00	69-71 Garfield Street
Binh T. Nguyen & Halan Tran	Thirty Six Gannett LLC	\$605,000.00	36 Garnett Road
Lori A. Digaetano	Ying Zhang	\$141,000.00	35 Desmonies Road Unit 510
Tiffanie & Peter Needham	Haobo Zhang & Kathy Kong	\$465,000.00	215 Thomas Burgin Parkway Unit E-4
Daniel & Madori C. Armenio	Tashi Palden & Linjan Liu	\$449,000.00	153 Centre Street
John P. & Laura Segalla	Kristin Janz & Donald Crankshaw	\$605,000.00	293 Franklin Street
Peter DiBona	Amanda K. Eagan & Gregory S. Burns	\$403,000.00	32 Ellerton Road
Brown Family Irrevocable Trust	Matthew C. & Johanna M. Callahan	\$455,000.00	19 Lurton Street
George E. & Demetra C. Vrla	Wai S. & Ching F. Lo	\$275,000.00	58 South Street Unit 309
David Yu & Rita Leung	Stephan Chan	\$307,500.00	123 Elm Street Unit D11
Federal National Mortgage Association	Yenchu Chen & I Shih Huang	\$270,000.00	32 Arthur Street
Triet T. & Tu Truong; Xuan N. Luong; Piseth Hok	Edward Chen	\$643,389.00	106 Ruggles Street
Liang Cheng	Khalid Osmani & Ellaha Sharifi	\$372,000.00	11 Perkins Street
David Carter; William J. & Carolyn M. O'Toole	Shirley & Mike Tam	\$580,000.00	344 Beale Street
BP Liberty LLC	Brianne Boitano & Daniel Gerow	\$679,000.00	999 Hancock Street Unit 501
Christopher R. & Michael P. Connor; Kerry A. Grenier	Daniel J. Kazmowski	\$471,000.00	12 Highfield Road
Dorothy L. Mezzetti Family Revocable Trust	Thuyen V. Ly & Nhu B. Tu	\$388,000.00	48 North Street
Toshiko Chappell	Associate Solutions LLC	\$200,000.00	10 Charlesmount Avenue

Homeowners Reminded Of Need To File Mortgage Discharges

Norfolk County Register of Deeds William P. O'Donnell reminds homeowners about the importance of filing a mortgage discharge after their mortgage has been paid off.

"When a mortgage has been paid off, a mortgage discharge document needs to be recorded with the Registry of Deeds to clear a homeowner's property title relative to that loan," O'Donnell said. A discharge is a document (typically one-two pages) issued by the lender, usually with a title such as "Discharge of Mortgage" or "Satisfaction of Mortgage."

"In some instances," O'Donnell continued, "discharges are filed directly by banks or settlement closing attorneys with the Registry as part of a property sale or as a result of a refinancing transaction. In other cases, the mortgage discharge is sent to the property owner

who then becomes responsible for making sure the document is recorded. Whether or not a discharge is recorded by the lending institution or the individual property owner, it is important that the property owner makes sure all necessary documents have been recorded at the Registry of Deeds.

"One way to check on your title," said O'Donnell, "is by accessing the Registry's online records at www.norfolkdeeds.org and verifying if all mortgages associated with the property have been discharged. Please remember not having a mortgage discharged will result in a title issue and thereby impact the process of selling one's home."

O'Donnell said there have been cases where no discharge has been recorded against a long paid off mortgage.

"Unfortunately, some of the lending institutions that

provided funds for these mortgages are no longer in existence. In other cases, financial entities have merged with another lending institution."

If a property owner needs to retrieve an original discharge of a mortgage and is unclear which lending institution is now responsible for providing the document, an option is to contact the Massachusetts Division of Banks at 1-800-495-2265 x-61501. This government agency can assist the consumer in tracking down contact information for the lending institution that is responsible for the mortgage.

When recording a discharge, the original document is required. The Registry of Deeds does not accept photo copies or faxed copies of documents. The filing fee, set by state statute, is \$76.

"After paying off all the mortgages on their property, homeowners want the peace of mind that they have clear title to their property, especially if they are contemplating selling it," O'Donnell said. "Being diligent and aware of what is required will go a long way in giving the homeowner assurances that they have clear title to

their property. I strongly urge homeowners to make sure their mortgage discharge has been filed with the Registry of Deeds once their mortgage has been paid off. There is no reason to wait."

The Norfolk County Registry of Deeds is staffed with a team of customer service representatives who can be reached Monday through Friday, 8:30 a.m. to 4:30 p.m. at 781-461-6101. These representatives have been trained in researching documents and are well versed on the subject of mortgage discharges and what, if necessary, needs to be done to clear title to a property.

To learn more about these and other Registry of Deeds events and initiatives like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record in-

formation. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of as-

sistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email us at registerodonnell@norfolkdeeds.org.

City Identifying Intersections For Improvements

By SCOTT JACKSON

Quincy officials are working with engineers from Carnegie Mellon University to identify intersections where new traffic management systems will be installed later this year to improve the flow of traffic. Several intersections along Hancock Street are likely to be targeted.

A new bike-sharing program will also debut in Quincy as soon as next month, at no cost to the city.

Mayor Thomas Koch, during his State of the City address on Jan. 29, announced the city was partnering with a team from CMU to install a state-of-the-art traffic-management system that will allow signals to adapt to conditions in real time. A \$2.3-million bond Koch proposed last year, which the City Coun-

cil approved in the fall, will pay for the new technology.

Chris Walker, a spokesman for the mayor, said the new systems would be installed this spring and summer. The city and the school's engineers are in the process of identifying which intersections will be targeted for improvement.

"We are working on that right now with the engineers. We anticipate it will be a number of major intersections," Walker said, including ones along Hancock Street and possibly other key thoroughfares.

Koch said the system has been successfully piloted in Atlanta and Pittsburgh; the latter is home to Carnegie Mellon. The implementation of smart traffic technology, he said, can reduce travel time by 26 percent, idling

Cont'd On Page 17

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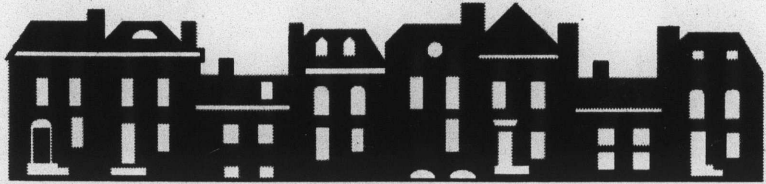
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City Identifying Intersections For Improvements

Cont'd From Page 16

by 41 percent, the number of stops by 31 percent and emissions by 20 percent.

During the State of the City, Koch also announced he planned to submit a comprehensive road-improvement plan to the City Council in the spring, including a request to finance the street work.

Walker said the road-improvement plan is still being drafted, and it was too soon to say how many streets would be repaired — he said all roadways in the city are

under consideration for improvement — or how much it would cost.

“We are working through that right now in terms of planning it,” Walker said.

Koch also announced plans to launch the city’s first bicycle-sharing program this spring, and the installation of new bike lanes along city streets this year.

The city will be partnering with ofo on the bike-sharing program, Walker said. A Beijing-based company, ofo currently operates in Worcester among other communities across the U.S.

The initiative will start in March or April, depending on the weather, and there is no cost to Quincy for the program.

“This is not costing the city anything,” Walker said.

“The company will be picking up the cost.”

As part of the program, ofo plans to deploy about 200 or so bikes in Quincy initially, Walker said. Bikes could be added or subtracted from that total depending on demand.

Unlike competitors like Hubway, which operates in Boston, ofo does not require customers to unlock their bike at a rack owned by a company and leave it at one also owned by the company. Instead, a rider would look for a nearby bike using the ofo app and then unlock the bike by scanning a bar code. The rider then leaves the bike at his or her destination, where another customer can unlock it. Customers are charged hourly.

Walker said he expects ofo to deploy the bikes initially at Quincy’s MBTA stations and at some municipally owned bike racks elsewhere in the city. The company will have a van to go around the city and redistribute the bikes as necessary.

As part of the bike-sharing initiative, Walker said the city plans to undertake major public-awareness campaign informing residents where they can or cannot leave the bikes once they are done using them. The bikes, he explained, should be left out of the way and not blocking the sidewalk or street.

The city, Walker said, is looking to add bike lanes to certain roads starting this spring as well. The city’s bicycle commission and Quincycles, a local group that advocates for bicycle-friendly infrastructure, will be involved in the planning process, he said.

“This will not be a massive citywide program...but we definitely want to add to what we already have,” Walker stated.

The bike lanes will be added to major roads, particularly those en route to the MBTA stations, though only where appropriate.

“We are an older city,” Walker said. “There are streets in the city that won’t be able to accommodate bike lanes.”



INSURANCE FRAUD Bureau executive director Daniel Johnston, left, presents a 2018 grant check to Norfolk Dist. Atty. Michael Morrissey to continue the partnership between those agencies and police to fight insurance fraud in Quincy and Randolph.

Photo Courtesy Norfolk DA Office

Insurance Fraud Bureau, DA Morrissey Team Up To Save Consumers Money

Insurance Fraud Bureau Executive Director Daniel Johnston met with Norfolk Dist. Atty. Michael W. Morrissey in his Canton office this month to renew the successful partnership designed to suppress and prosecute automobile insurance fraud with Quincy and Randolph Police.

“The Insurance Fraud Bureau continues its close work with Norfolk District Attorney Michael Morrissey; currently 20 active insurance fraud cases have been referred, with more in the pipeline,” said Johnston. “The IFB is seeing increases in insurance fraud related to overprescribing opiate pain pills, and charging them to insurance. But we are no longer facing the staged-accident rings and enterprises that prompted the inception of this partnership in 2005. We have to credit that change to our partners in law enforcement and the fraud investigators who work with them.”

Morrissey pointed to the IFB program, which funds investigators and a prosecutor to assist detectives from Randolph and Quincy Police put together insurance fraud cases, as a positive example of a public-private partnership. “The staged accidents and bogus theft claims are

not victimless crimes,” Morrissey said. “Any money that insurance companies pay out in fake claims is reflected in higher premiums. So the honest customer pays the bill.”

The task force was founded in 2005, including first Randolph and then Quincy Police as well as target departments in other regions of the state. That year, the problem of staged thefts and fake accidents received widespread attention following a crash in Essex County staged for insurance purposes that left a Lawrence woman dead. The man who staged the crash was convicted of Manslaughter in Essex Superior Court.

“Criminals were exploiting a landscape at the time where what appeared to be simple accidents were often undetected fraud,” Morrissey said. “Part of policing is adapting to new threats and problems. With the focus, training, and awareness present today, the schemes are declining.”

“What was a growing problem has been stemmed and controlled,” Morrissey said. “I credit the partnership with the Insurance Fraud Bureau and the foresight of Randolph Police William Pace and Quincy Police Chief Paul Keenan.”



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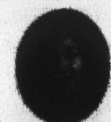
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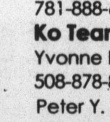
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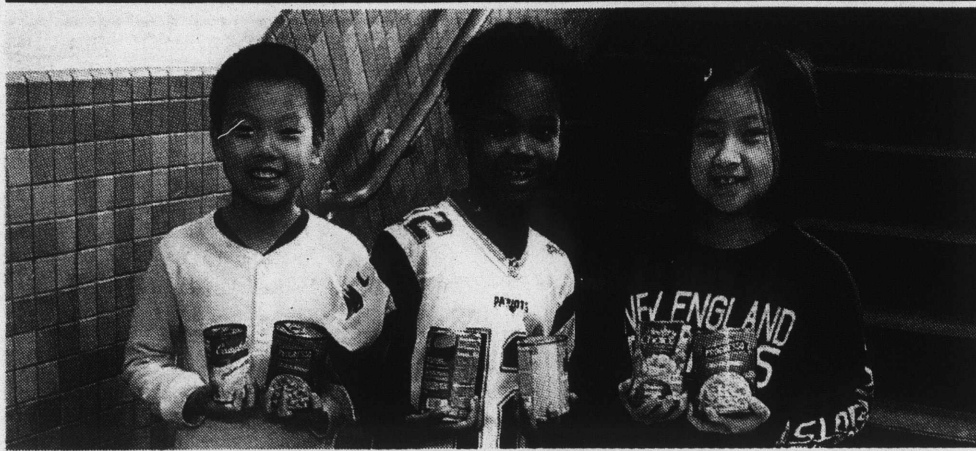
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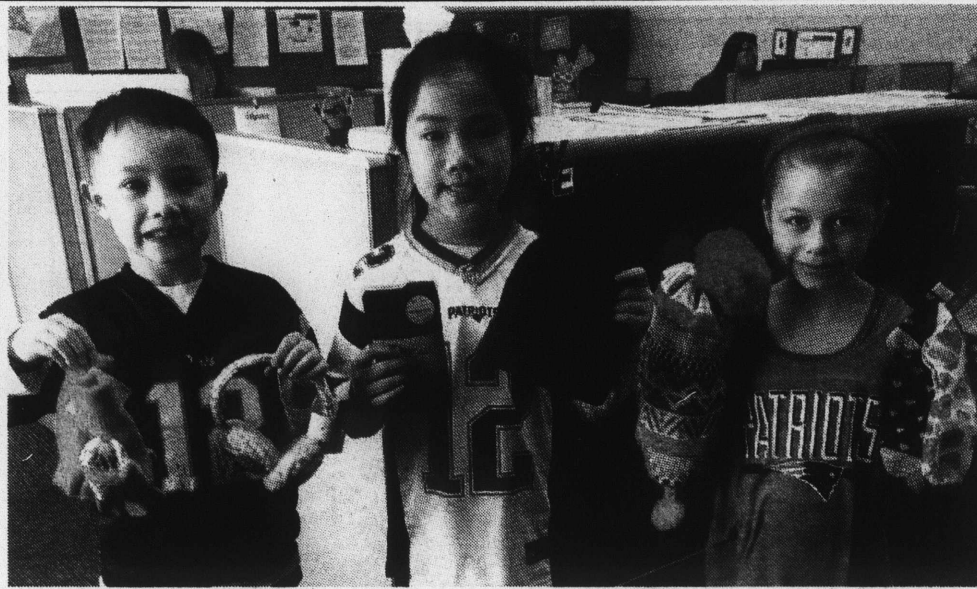
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CELEBRATING A COMMITMENT of service to others, the students of Quincy Catholic Academy celebrated Catholic Schools Week 2018 with two special activities. During a "Crazy Hat and Sock Day" students brought in donations of socks and hats for Cradles to Crayons, an organization providing everyday essentials to children in need. Celebrating the Super Bowl with a "Souper Bowl," cans of soup were collected for the Quincy Interfaith Food Pantry. Quincy Catholic Academy is proud of its tradition of helping others. Top left: QCA students (from left) Jerome Jiang, Joaquin Barros and Laura Tran with cans of soup recently collected for Quincy Interfaith Food Pantry. Above: QCA students (from left) Caiden Mullin, Kayla Trinh and Elizabeth Kelly with hats and socks donated to Cradles to Crayons.

Photo Courtesy Quincy Catholic Academy



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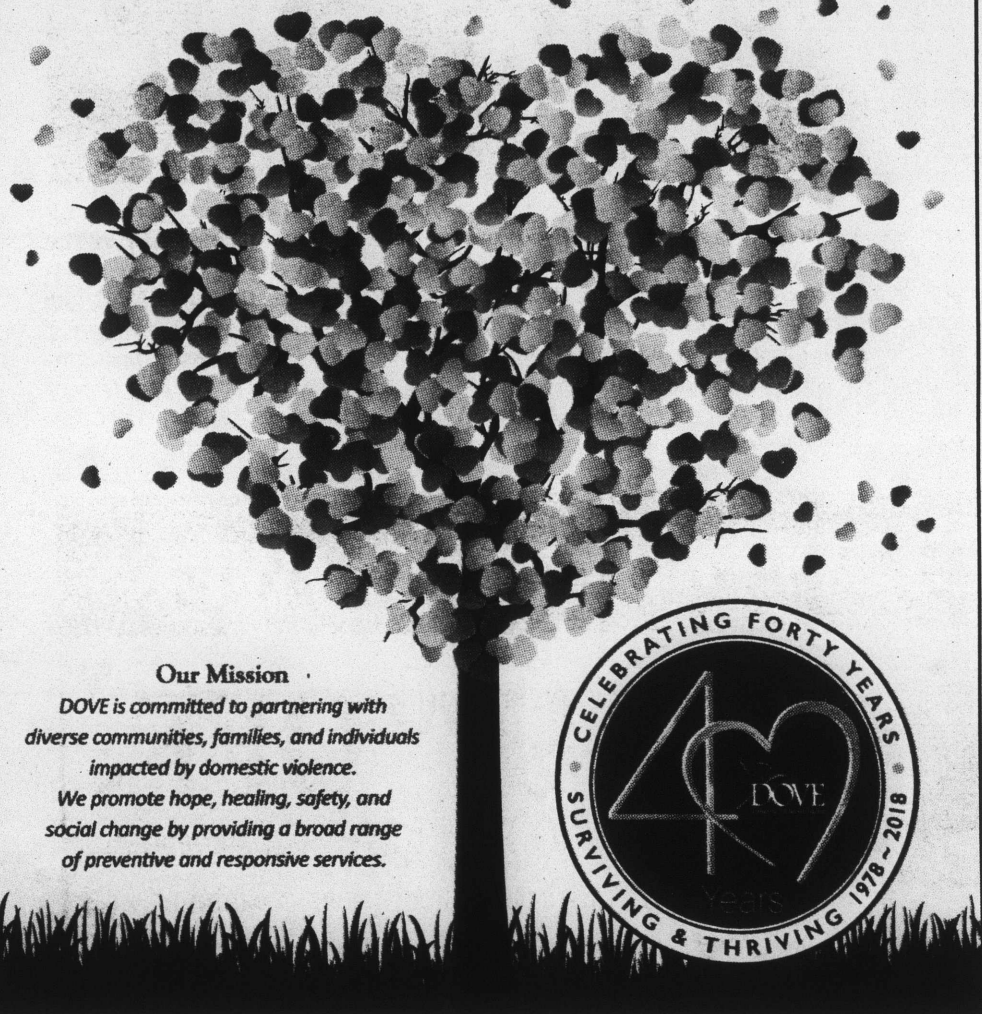
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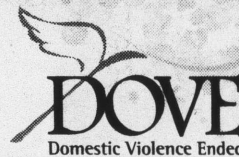
Contact: Lindsay at (617) 770-4065 x103 for more information

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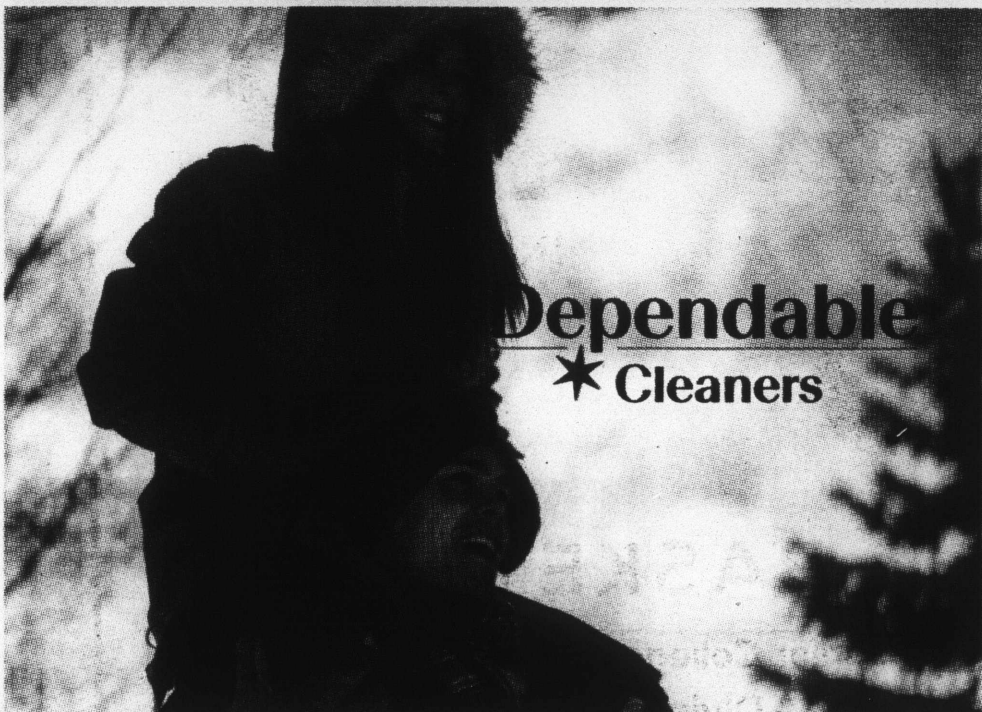
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- Tell you what to wear or make decisions for you?
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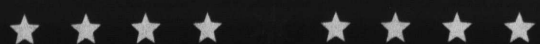
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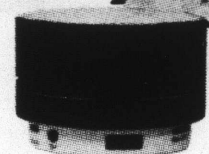
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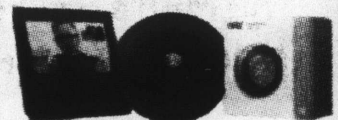
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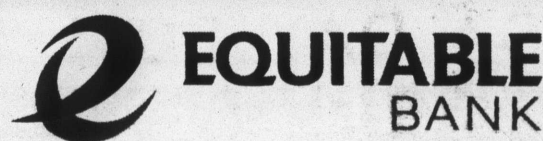


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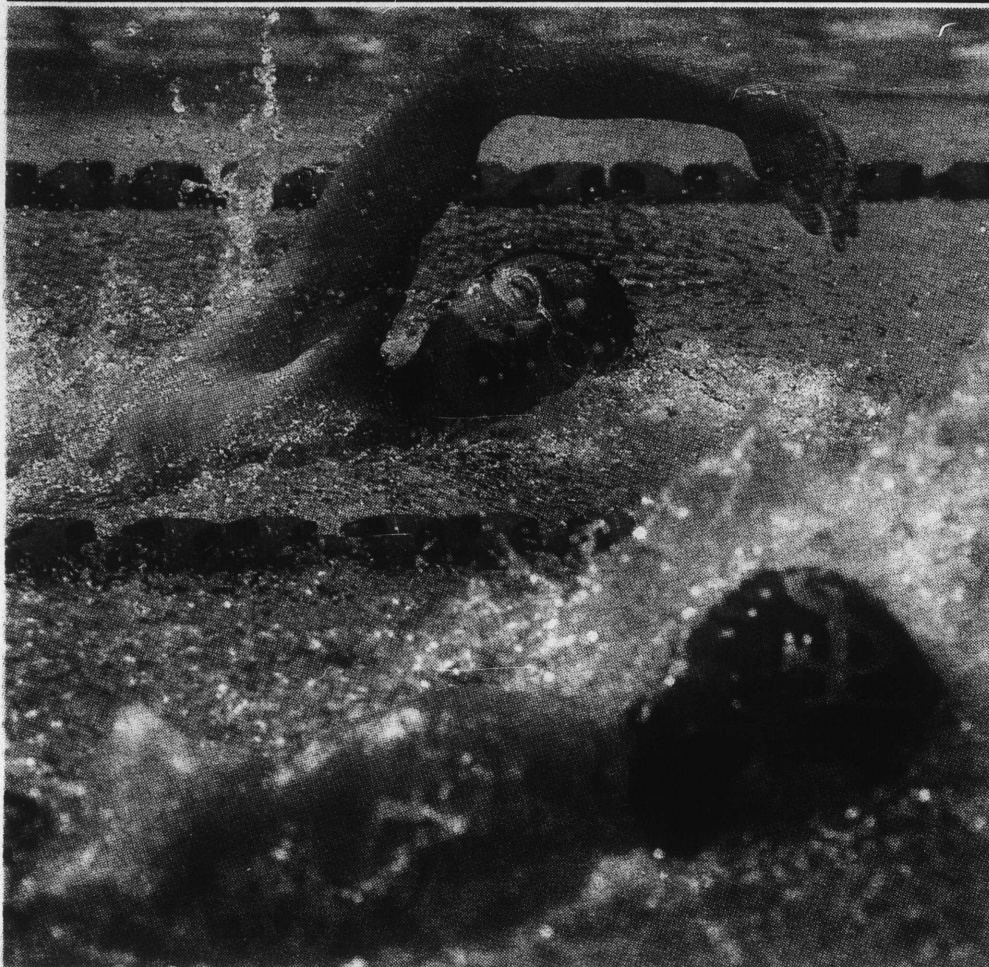
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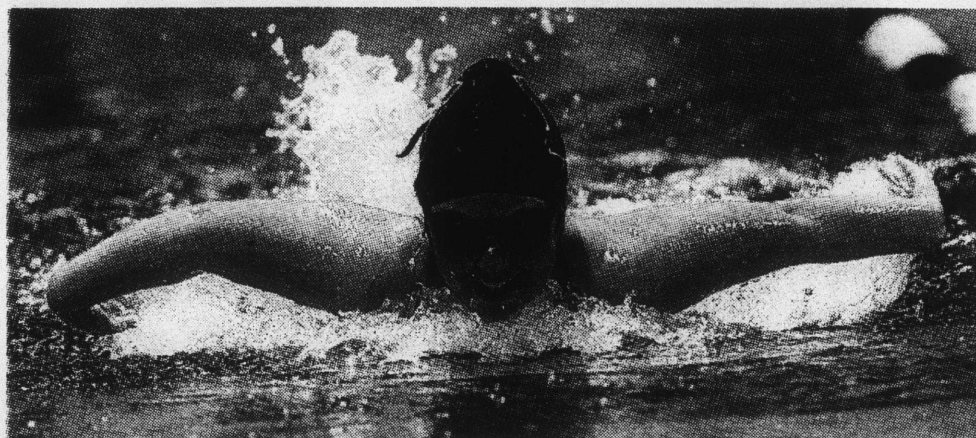


NORTH QUINCY'S Brandon Lee (top) competes in the 50 freestyle against Silver Lake recent at the Lincoln-Hancock Community School Pool. Lee finished second. Teammate Kenny Ng finished first and Quincy's Matthew Francouer took fourth.

Quincy Sun Photos/Robert Bosworth



QUINCY'S JULIE HONG finished second in the girls 200 freestyle swim event against Silver Lake.



NORTH QUINCY CAPTAIN Brenna Kirby swims in the 100 butterfly.

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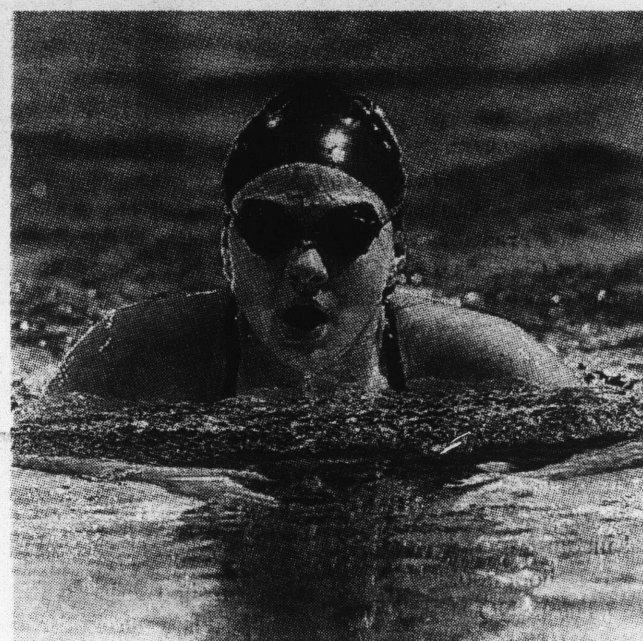
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QUINCY CAPTAIN Kat Casey finished second in the girls 200 individual medley against Silver Lake.

Sydney Chang On Springfield Dean's List

Sydney Chang of Quincy has been named to the Dean's List for the fall semester at Springfield College. Chang is studying applied exercise science.

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STUDENTS SUITING UP for the North Quincy girls, Quincy girls and combined North Quincy-Quincy boys swim teams gather for a group photo before a recent meet at the Lincoln-Hancock Community School Pool. Front row (from left to right) Vinny Joyce (Q), Bo Ding (Q), Amanda Powers (NQ), Emily Vu (Q), Juliana Beane (Q), Catherine Hall (Q) and Kelsy Duong (Q). Second row: Nikollas Nastios (Q), Xiacong Zhen (NQ), Noah MacFarland (NQ), Captain Kevin Warner (Q), Milo Gorgiev, (NQ), Jason Chen (NQ), Kenny Ng (NQ) and Amaryllis Gu (NQ). Third row: Matthew Francouer (Q), Brandon Lee (NQ), James Zheng (NQ), Adam Tlaxoxolal (NQ), Justin Huynh (NQ), Charles Culata (Q), Jenny Tran (NQ), Patricia Simaku (NQ), Logan Almeida (Q), Stanley Chen (NQ) and Guilherme Eller (Q). Top row: Kristina Carter (Q), Julie Hong (Q), Emily Steele (Q), Captain Tina Vo (Q), Captain Juliana Chieng (NQ), Captain Eni Daci (Q), Captain Kat Casey (Q), and Captain Brenna Kirby (NQ).

Quincy Sun Photo/Robert Bosworth

Quincy, NQ Swimmers Compete Against Silver Lake

The Presidents and Red Raiders recently teamed up against Silver Lake at the Lincoln-Hancock Community School Pool.

The QNQ boys swim team left with another victory, 80-47. The girls fell 49-31.

For the Quincy girls, senior Julie Hong swam a season best time in the grueling 500 yard freestyle swim. She touched in 7:05.81, finishing second. Senior Captain Kat Casey also achieved season bests in the 200 IM (3:03.67) and 100 yard freestyle (1:20.49). Casey finished second in both races.

Quincy junior Catherine Hall had a season fastest in the 50 yard freestyle, where

More Swim Photos
Page 22, Page 23

she finished 3rd and freshman Kelsy Duong touched second. Sophomore Juliana Beane took second in the 100 yard freestyle swim.

In the boys' competition, Quincy junior Guilherme Eller dropped almost 10 seconds, finishing 1st in the 500 yard freestyle (6:50.70). In the 100 yard freestyle, junior Captain Kevin Warner and Eller finished 1-2. Warner also swam a season best in the 200 yard freestyle (2:10.93).

Sophomore Logan Almeida earned himself a

pair of gold medals in the 200 yard IM and 100 yard Butterfly swim.

Highlights for NQ vs. Silver Lake

North Swimmers from QNQ Boys Team:

- Boys 200 Medley Relay- First Place Brendon Lee (NQ), Kenny Ng (NQ), Logan Almeida (QHS), Adam Tlaxoxolal (NQ).

- 200 Free: Second Place - Stanley Chen

- 50 Free: First Place - Kenny Ng Kar Yeung, Second Place - Brendon Lee

- 200 Free Relay: First-

Place - Kevin Warner (QHS), Kenny Ng Kar Yeung (NQ), Logan Almeida (QHS), Adam Tlaxoxolal (NQ)

200 Free Relay: Second Place - Jason Chen (NQ), Xuanbo Ding (QHS), Charles Culata (QHS), Stanley Chen (NQ)

100 Breast: First Place - Kenny Ng Kar Yeung

400 Free Relay: First Place - Brendon Lee (NQ), Adam Tlaxoxolal (NQ), Stanley Chen (NQ), Guilherme Eller (QHS)

North Quincy Girls

50 Free: First Place - Junior Juliana Chieng

100 Back: First Place - Junior Emily Steele

200 Medley Relay: Second Place - Brenna Kirby, Emily Steele, Amaryllis Gu, Juliana Chieng

200 Free Relay: Second Place - Patricia Simaku, Amanda Powers, Jenny Tran, Amaryllis Gu.

Kyle De Boer Advances In Elks Hoop Shoot Competition

Kyle De Boer, a student at the Broad Meadows Middle School, has advanced in the Elks National Hoop Shoot contest by winning the Circle District competition. His next level in the event will be the State Championship.

De Boer first advanced to the Circle district by being crowned a champion at his local recreation department gym program and then winning the City of Quincy championship.

The program is spon-

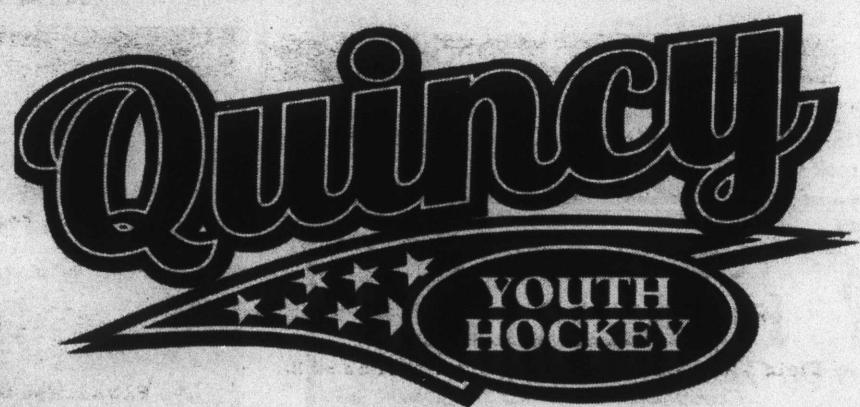
sored by the Quincy Lodge of Elks #943 and at the Quincy level is supervised by the staff of the Quincy Recreation Department.

Participants compete by age group and at all levels of competition and shoot 25 free throws for score. De Boer is in his third trip to the District Championship which features all the lodge champions from a geographic area on the South Shore. The Circle District finals were in Marshfield and is supervised by volunteers

from the membership of local Elks lodges.

De Boer shoots in the boys' age 13/14 division. Quincy sent six participants to the districts and Mergel Harper of Quincy Catholic Academy also returned with a second place trophy. She competed in the girls 10/11 age group.

Ed Miller is the Hoop Shoot tournament director for the Quincy Lodge of Elks and the Exalted Ruler of the lodge Frank Bertoni was a volunteer scorer in Marshfield.



Attention all active
Quincy Youth Hockey Members:

Our Annual Members' Meeting

Will be held on

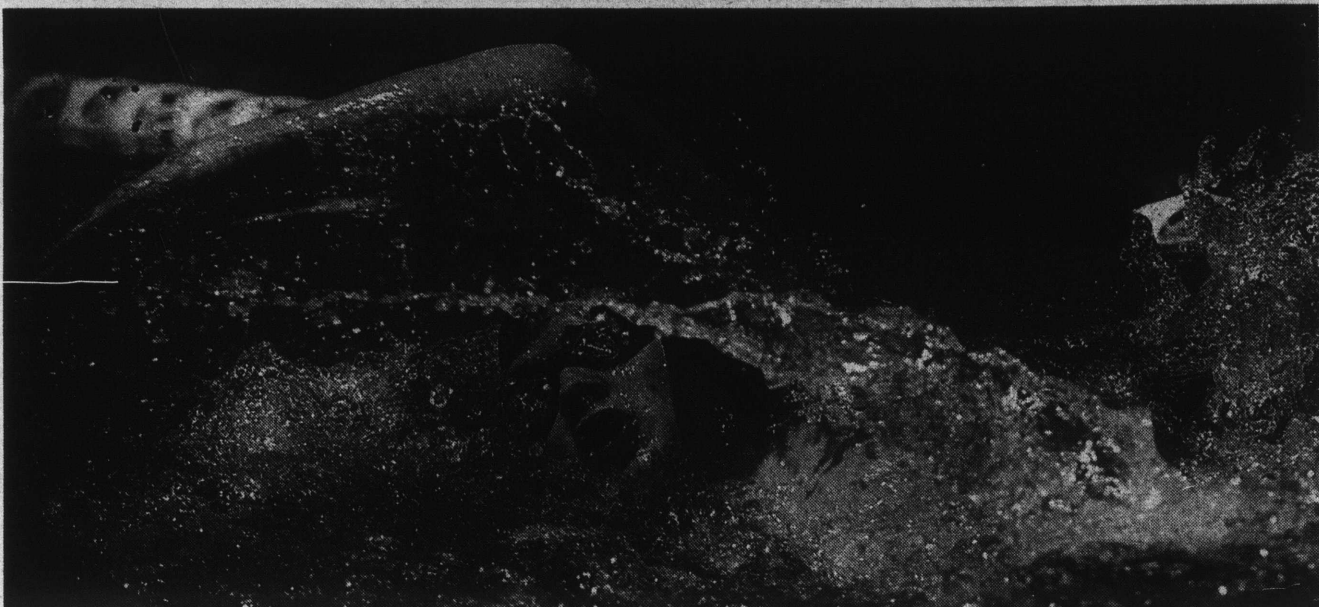
February 13, 2017

At 6:30PM

At Quincy Youth Arena



QUINCY'S LOGAN ALMEIDA competes in the 100 butterfly.



QUINCY CAPTAIN Kevin Warner finished first in the boys 200 freestyle event against Silver Lake.



NORTH QUINCY CAPTAIN Brenna Kirby competes in the 200 relay medley.

Quincy Sun Photos/Robert Bosworth



QUINCY'S JULIE HONG swims in the 200 relay medley. The relay team of Eni Daci, Kat Casey and Catherine Hall took second against Silver Lake.



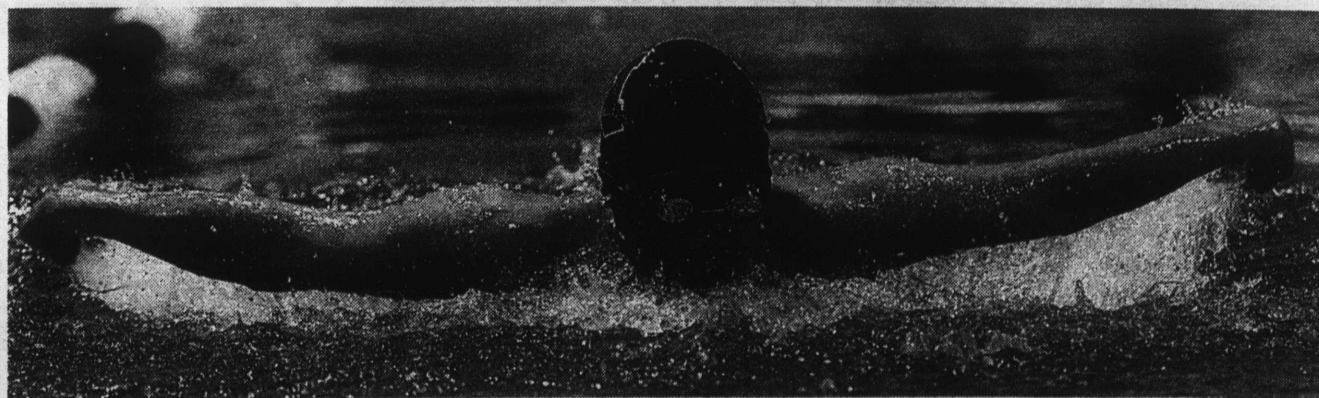
QUINCY'S GUILHERME ELLER (above) and teammates Bo Ding (QHS), Nikollas Nastios (QHS) and Noah MacFardland (NQHS) took second in the 200 relay medley.



NORTH QUINCY'S EMILY STEELE competes in the 200 relay medley.



QUINCY'S KAT CASEY swims in the 100 butterfly.



NORTH QUINCY'S Adam Tlaxolal finished second in the boy 200 individual medley.



VOICE FOR HEALTH

by Dr. Gabrielle Freedman
Chiropractor



GOING TOE TO TOE

If you experience a shooting pain when putting weight on a foot, chances are a thickening of the tissue that surrounds a nerve leading to a toe (neuroma) is the cause. Morton's neuroma (inflamed nerve at the ball of the foot) may occur in response to irritation, pressure, or injury. Symptoms may occur suddenly, but more commonly, they gradually increase over a period of months. There may be a sharp, burning pain in the ball of the foot, and the toes may burn, sting, or feel numb. Treatments include switching to a well-cushioned, low-heeled shoe with a wide toe box. Chiropractic treatment involves adjustments to the foot that relieve irritation to (and bunching of) the affected nerves.

If foot pain and numbness is making it hard to get through the

day, see **FAMILY PRACTICE OF CHIROPRACTIC** as soon as possible to reverse the nerve damage. Early adjustments to stop irritation and relieve pressure will allow you to avoid drastic treatments to eliminate your ankle and foot pain. To schedule an appointment, please call 617-472-4220. Our family-oriented practice is located at 112 McGrath Hwy., Quincy. We accept most major insurance plans which included but not limited to Blue Cross Blue Shield, Harvard Pilgrim, Tufts, Mass Health Standard, Neighborhood Health Plan, Medicare, Network Health.

P.S. Morton's neuroma is more common among females primarily because they wear high-heeled shoes with a pointed or tight toe box that bunches the toes together.

www.freedmanchiro.com



NORTH QUINCY'S BRANDON LEE competes in the 200 relay medley against Silver Lake. The QNQ team finished first in the event. Besides Lee also swimming for the team were Kenny Ng (North Quincy), Logan Almeida (Quincy) and Adam Thacoxial (North Quincy).

Quincy Sun Photos/Robert Bosworth



QUINCY'S LOGAN ALMEIDA swims to a first-place finish in the 200 individual medley against Silver Lake.



CAPTAINS for the Quincy and North Quincy girls swim teams are (from left) senior Tina Vo, senior Kat Casey and junior Eni Daci (all from Quincy High) and junior Juliana Chleng (North Quincy) and senior Brenna Kirby (North Quincy).

Indoor Track Highlights

Nathan Sleiman Sets New Mark In 55M Hurdles

By GEOFF HENNESSY

As the season winds down and the state championships loom near, Quincy/North Quincy athletes responded with some of their best performances of the year at Sunday's MSTCA Last Chance to Qualify Meet at the Reggie Lewis Track and Athletic Center in Boston.

The Last Chance Qualifier affords an opportunity for athletes to make the tough qualifying standards of the MIAA Championships spread over five different divisions based on school size. QNQ, as a co-op team, must run in Division 1. The meet also gives those who have already made the standard a chance to improve their position possibly moving into a more favorable heat or flight at States and getting ever nearer to a medal.

Multi-talented junior Nathan Sleiman was one of those athletes. Despite having the auto-qualifier for states in the 55 meter hurdles, he defied all odds by making the finals as the last qualifier (8th place), then stunned the crowd and the QNQ coaching staff popping a 7.97 for second place setting a North Quincy school record and also eclipsing the 7.99 set by now assistant coach Jeff Pereira at Quincy High.

"Nathan has improved his ever evolving technique over the hurdles and finally put it all together," said an ecstatic Coach Geoff Hennessy. "Sleiman now holds the fastest time in the Patriot League.

"Alex Case followed suit in the 55 meter dash with a PR 7.71 placing 10th. In the 300 Devin Hiltunen came in 7th with a 43.41 not her fastest but extremely close to her now school record 43.18 which she set against Duxbury last week. In the 1,000 meters Abby Murphy improved her best time with a 3:10.84 which was good for 8th. In the shot rookie senior Emma Nguyen threw her best of the year 27'04.5," Hennessy added.

In the girls hurdles Isabel

Doherty ran her best ever 10.13. The real excitement was in the relays. In the girls 4 x 200 QNQ was running with two subs and they responded by placing 4th with a 1:52. Alex Case put the team in the lead with a solid 27.5 split, replacement Olivia Palazzi kept the lead with a 28.7 and rookie freshman Catherine Brown, only running her second relay ever, threw in a solid 28.6 to keep the team in a close second while Devin Hiltunen ran her usual fast 27.2 for a quick closing second place in their heat to Chelsea HS.

With virtually no rest Palazzi then came back and ran second leg on the 4 x 800 relay with some of the younger athletes. Emma Lyons ran 2:47 to keep the team in the pack, Palazzi ran 2:52, Rory Mahoney – coming off knee surgery and still not in peak shape – ran 2:53, but it was Isa Hanley who anchored the team with a 2:38 despite a nagging shin contusion which forced her to forgo the mile to just run the relay. Their time is within the top 24 in Division 1 which will allow the team to be selected to an at-large position at States.

"I have to give a lot of credit to Olivia Palazzi," Hennessy said. "She does everything we ask of her and works as hard as anyone. We originally had her in the 600 but we put her into the hurdles because of her experience running the 400m hurdles outdoors and she ran really well at State Relays. She's run the 4 x 2, 4 x 4 and 4 x 8."

Hennessy credited his entire coaching staff including Carolyn Mulaney (distance), Dee Page (sprint, hurdles), Kim Allen (high-jump), Michelle Bell (throws) and Jeff Pereira (hurdles and strength and conditioning).

The team will compete in a make-up of the snowed out Scituate meet tomorrow (Friday), then run in the Division 1 state meet on Friday, Feb. 16. All meets are at the Reggie Lewis Center.

Blood Drives Feb. 20, Feb. 26

The American Red Cross says severe weather and the flu is disrupting blood donations. The Red Cross is urging healthy donors of all blood types to roll up a sleeve to help maintain the blood supply for patients in need.

Two blood drives are scheduled in Quincy this month.

• Tuesday, Feb. 20 from

2 to 7 p.m. at Saint Thomas Aquinas Hall, 2 Darrow St.

• Monday, Feb. 26, from 1 to 7 p.m. at the Quincy Sons of Italy, 120 Quarry St.

Make an appointment to donate by downloading the free Red Cross Blood Donor App, visiting redcrossblood.org or calling 1-800-733-2767.

Quincy Boys Hockey Closing In On Tourney Berth

By TOM JOYCE

The winner had a chance to clinch a playoff spot; the team who did not come out on top had to wait until this week for another opportunity to clinch a playoff spot.

That was the case when the Quincy High boys hockey team played the Duxbury Dragons on the road last Saturday. The Presidents came into the game with 19 points in the standings while the Dragons had 18. Ultimately, however, the Presidents' opportunity to clinch a playoff spot got pushed back another game following the contest as they fell 5-1 to the Dragons on the road.

"I figured that was enough motivation coming in, but it didn't work," Presidents head coach Ted Walsh Jr. said. "We didn't skate to our capacity. I think we let one slip by us. There were a couple of tough calls against us, but that's not the referee's fault, it's our fault. It's our job to overcome that stuff."

"The things that we broke down on today are the things we practice everyday," he added. "It's just mental lapses down low covering our guys. For some reason, we just can't get it to work for all three periods. It just seems as though we have a breakdown here and there that results in goals and we haven't been able to do the same thing to them in their end."

"We need to take advantage of their breakdowns. We'll keep working and we'll get there."

The Dragons scored a goal two minutes into the

game to take a 1-0 lead. In the second period, they tacked on two more goals uncontested and two more in the third period before the Presidents could respond. However, with 2:31 remaining in the game, sophomore alternate captain and defenseman Brendan Bailey smacked in team's lone goal of the contest, preventing a shutout.

Although they were not happy with the result in their loss to Duxbury, the positive aspect is that their season is going well and they still had a few opportunities left to win one more game and clinch a playoff spot.

"We've got four games to do it," Walsh said following the game. "They have to do some soul searching after this. Adversity reveals character, so we're going to see what we're made of now."

We don't have any easy games left."

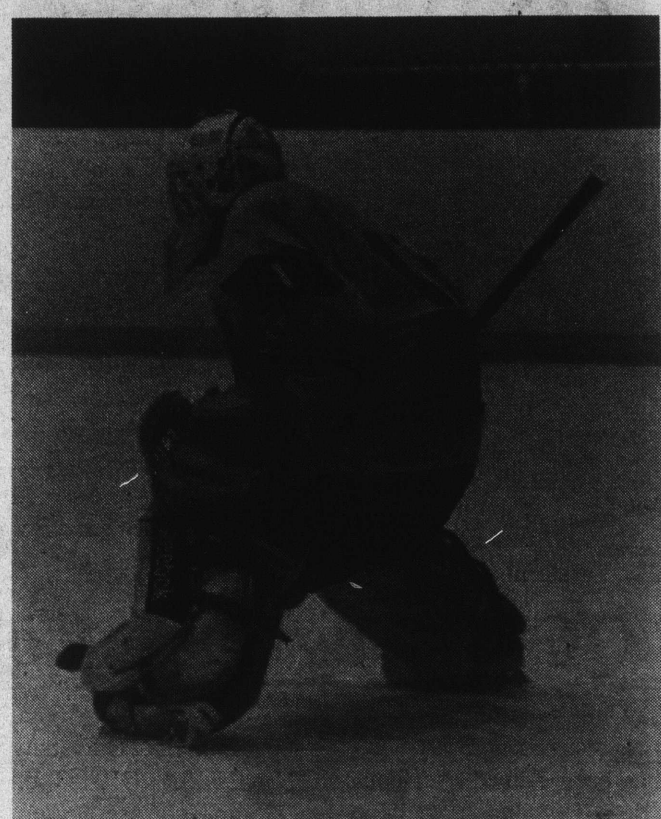
Certainly, the Presidents are in a good spot right now. If they do what they are capable of achieving these next two weeks, then they will clinch a playoff spot. Not only this, but they will do so with a young team.

"Absolutely, overall, we're happy with our record, but we're not satisfied yet," Walsh said. "There's still work to be done. Even if we qualify for the tournament, we'll be happy but not satisfied. I think every boy in Massachusetts has the same dream of winning the state championship. That goes for the coaches too. We all have the same common goal. The only way to do that is to work hard and work even harder during the offseason. That's the key is the offseason work and that's what

we're really going to focus on this offseason--like we have in the past."

Their squad features just one senior this year, Ryan Larsen, who has played well defensively this season. Other than him, however, the rest of the team could be back next year. That helps since their top forward line of junior captain Daniel O'Leary, junior Jason Whalen and sophomore Jack O'Brien has excelled this season. The same could be said about the top defensive pairing featuring junior Griffin Lynch and sophomore alternate captain Brendan Bailey. Plus, junior Daniel Murphy has been sound in net all season.

The Presidents next game is Saturday, Feb. 10 against Whitman-Hanson at the Quincy Youth Arena (6:45 p.m. start time).



JUNIOR GOALIE Matty Connolly gets ready for a save for the Quincy Presidents. Photo Courtesy QHS

North Quincy Boys Hockey Falls To Pembroke

By TOM JOYCE

The North Quincy High boys' hockey team was riding high off arguably their best game of the season, but they were unable get a winning streak going last Wednesday.

The Red Raiders dropped a home game at Quincy Youth Arena against Pembroke, 6-2.

"We cannot put back-to-back games together," Red Raiders head coach Matt Gibbons said. "We played our best game against Whitman-Hanson, a .500 team who is looking to make the tournament. We're playing a Pembroke team that's simi-

lar to us and struggling a bit, and we just weren't good enough. First period, we should've been down 3-0. We took two stupid penalties, but Asher Wines kept us in it. And then the floodgates opened up in the second period. We just couldn't put it together."

The Red Raiders stayed in the game in the first period; they did not allow a goal in it.

In the second period, Pembroke scored two quick goals in an 18-second span about four minutes into the frame. The Red Raiders would counter with a goal from senior forward Con-

nor Donaghey with 8:20 left in the period. Right after that, however, Pembroke got a strong rush and put up another goal 19 seconds later to go up 3-1. Pembroke made it a 4-1 game less than a minute later.

In the third period, the Titans tallied two more goals but in the final two minutes of the game, freshman forward Ronan Kelly was able to poke in the Red Raiders' second goal of the contest. At that point, however, NQ had too big of a deficit to make a comeback.

Despite the loss, the Red Raiders outshot their opponent, 31-23.

The outcome was different than the team's performance one game prior. That time around, they defeated Whitman-Hanson, 5-3, at home Jan. 27.

Kelly, sophomore forward Dylan Connors, junior forward Kieran O'Driscoll and senior captains John Norton and Ethan Hernan netted goals in that win.

"We were preaching effort and energy all year and that's what we had against Whitman-Hanson," Gibbons said. "Our forecheck was relentless. We rolled with three lines and guys stepped up."

"We're not a skilled team, we're not going to out there and pump out a bunch of goals," he added. "We have to go out there and work hard for them. We need to work very hard. Guys can't take shifts off in the whole thing. If we do, then that's how the other guys get one in the back of the net."

Gibbons said it is tough seeing the contrast in outcomes from game-to-game knowing what the team is truly capable of achieving when they are at their best.

"Sitting on that bench and watching that game at Whitman-Hanson and then coming in and seeing this one was tough," Gibbons said. "We had some bad penalties which put us at a disadvantage. That's one thing:

we've stayed out of the box most of the year. When you take a dumb hit from behind and a lazy trip, those aren't acceptable mistakes. It's frustrating knowing they're capable of working hard and playing well and then not getting it for a full game."

Although the Red Raiders have hit some bumps in the road this season, the one positive to take out of it is that their team has quite a bit of young talent. Freshman forward Ronan Kelly, freshman defenseman Charlie Maher, sophomore defenseman Andrew Hally and freshman goaltender Asher Wines are among the underclassmen who have played big minutes and played well for the Red Raiders this season. With the exception of Wines who was on varsity last year, they are all first-year players for the Red Raiders.

NQ's next game is Saturday, Feb. 10 at Hobomock Ice Arena in Pembroke against Hanover (6:50 p.m. start time).

NQ Girls Bow To Hanover, Q-NQ Doubleheader Friday

North Quincy's girls basketball team dropped a tough 49-42 decision to the Hanover Indians Feb. 2, splitting the season series with the hosts.

Hanover jumped out to an early lead and led after one, 12-6. The Red Raiders, after trailing 16-8 in the second frame, battled back to take a lead on Jessie Caldwell's three pointer. However, Emily Flynn hit her only basket of the game, a corner three to give Hanover the lead back.

In the first half, the Red and Black were led by se-

nior captain Jenn Butka with 12 points while Caldwell added 5. Trailing by one at halftime, the two teams battled back and forth with junior Mary Kate McAleavey keeping North within striking distance with 6 points.

The final quarter stayed close with Hanover taking advantage of 9 free throw attempts, making 7 of them for the final margin of victory.

Butka led the Red Raiders with 15 while McAleavey with 12 and Caldwell with 8 points and 12 rebounds

sparking the visitors.

"We outscored Hanover from the floor by two baskets but they went 13 for 16 from the line," said NQ coach Paul Brègoli. "It was a tough loss to take especially after we had defeated them at our place."

North continues on the road this week traveling to Scituate on Tuesday and then to Quincy on Friday for a 5:30 p.m. game. Following the NQ-Q girls game, the boys teams from the two schools will play the second game of the basketball doubleheader.



North Quincy High School
Girls' Basketball

zumbathon
MAKE EVERY MOVE COUNT

Sunday,
February 11, 2018

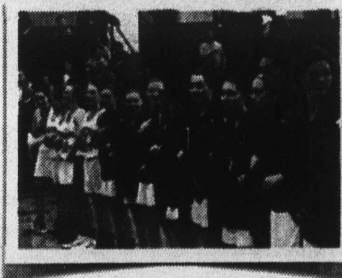
1pm to 3pm

Central Middle School Gymnasium
875 Hancock Street, Quincy

Come join the North Quincy High School Girls' Basketball team dance their way to raising money for their program!

A percentage of all proceeds will go to Neurosurgeon, Dr. Benjamin Warf and his team at Boston Children's Hospital.

Stay for one dance!
Stay for two hours!
\$15 admission



*15% of proceeds collected go to named charity

Cassandra Davis, Julie Whalen QNQ's All-Time Scoring Leaders

Junior Cassandra Davis and senior Captain Julie Whalen became the most prolific scorers in QNQ girls hockey history this week while QNQ picked up two big victories.

The old mark for career points stood at 118 and was set a year ago by Quincy High graduate Riley McLaughlin. Davis and Whalen both smashed the mark with two huge offensive performances. Davis

now stands at the top with 122 career points while Whalen sits in second place at 119 career points with four games remaining in the season.

In the Scituate game, Davis and Whalen both racked up five points with Davis scoring three goals and two assists and Whalen adding two goals and three assists. The other goals were scored by Meghan Greene and Sophia Ragusa while Greene

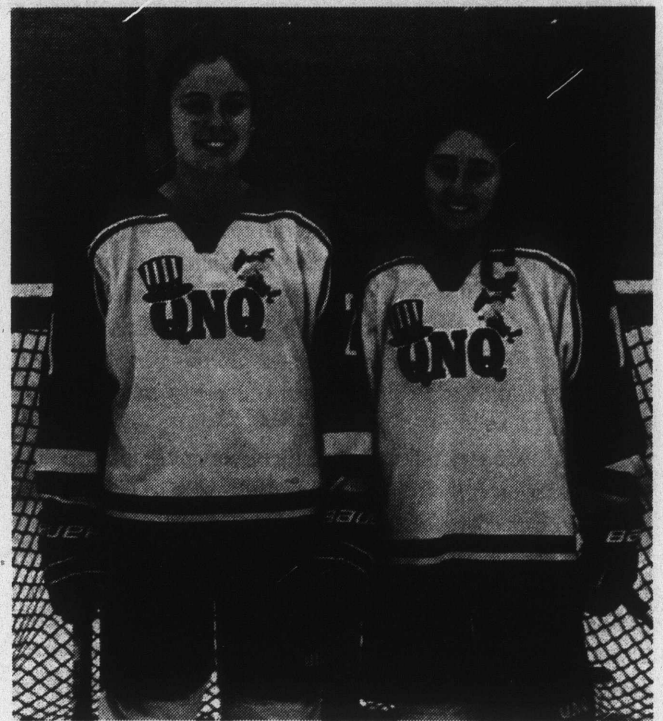
added three assists.

Against Whitman-Hanson/Silver Lake, Davis was at it again matching her offensive performance versus Scituate with another hat trick and two more assists. Whalen and Greene each added goals while Maddie Bailey chipped in with two assists.

Senior captain Carly McMorrow, Greene, and senior Chynna Staco had huge games on defense playing a

ton of minutes and shutting the other teams offenses down. Junior Megan Mulhern continues to improve in net and had two of her best games of the year.

Whalen and Davis both also sit comfortably at the top of the Patriot League scoring race with Davis in first with 35 points and Whalen in second place with 33 points. Third place is over 10 points behind the two potent QNQ scorers.



QUINCY-NORTH QUINCY girls hockey team players Cassandra Davis (left) and Julie Whalen (right) each passed the program's all-time leading scorer last week and are now the most prolific scorers with 122 points and 119 points respectively. In third place is QHS graduate Riley McLaughlin who formerly held the top spot with 118 points. Photo Courtesy Jeff Craig

QC's Doug Scott College Coach Of Week

Quincy College head basketball coach Doug Scott has been named as HoopDirt.com's Junior College Coach of the Week presented by Just Play Solutions.

HoopDirt.com's weekly award honors coaches at each level of college basketball and with the win, Scott now qualifies for HoopDirt.com's National Coach of the Year award. This week, Scott shared the honor with Mike Hopkins - University of Washington (NCAA

DI), Josh Schertz - Lincoln Memorial University (TN) (NCAA DII), Todd McGuinness - Case Western Reserve University (OH) (NCAA DIII), and Craig Doty - Graceland University (IA) (NAIA).

The #2 ranked Granite, led by Coach Scott, won two more games this week to improve to 19-1 (19-0 Region XXI) on the season. Quincy defeated Bunker Hill Community College 84-69 Jan. 30th before taking down de-

fending regional champion MassBay Community College 104-93 Feb. 3rd. After losing their first game of the season, the first-year program has won 19 straight.

The Granite also feature NJCAA DIII leading scorer Deven Palmer. The freshman is currently averaging 32.3 ppg, and exploded for 43 vs. MassBay.

Scott's crew aimed for their 20th consecutive win on the road against Bristol Community College Tues-

day.

HoopDirt.com is a national publication which is based locally in Quincy. With a monthly readership of nearly three million, HoopDirt.com is the country's leader in college basketball coaching news, jobs, and rumors.

HoopDirt.com's Coach of the Week feature is written by AJ Nelson, currently a junior at Quincy High School, and a member of the Presidents basketball team.

Granite Win 19th Straight Game

Quincy College Granite men's basketball team, now ranked second in the nation and first in New England for NJCAA Division III play, has capitalized on tough opponents as they wind down their inaugural season. In recent action, the team extended its winning streak to 19 games in a row.

On Jan. 30th, Quincy College Granite traveled to Bunker Hill Community College and emerged victorious with a win of 84-69. Forward Deven Palmer posted 20 points, 5 rebounds and 5 blocks and Jonathan Daveiga added 21 additional points, for a hard fought victory. The win was attributed

to a total team effort after star and division III leading point guard Dajur Dunkley was benched due to injury.

Granite head Coach Doug Scott lauded the additional offensive efforts of Ugo Kamalu with 18 points and 10 rebounds and Darius Hall and Reggie Cesar's strong play to help secure the win.

On Feb. 3rd, the Granite faced Mass Bay Community College. Strong defensive effort led by Reggie Cesar, Farnel Etienne and John Pope kept Quincy College's win streak alive. Offensively, the Granite was led by the 43 point, 15 rebound effort of Deven Palmer.

Not standing on the shoulders of a single player or game outcome, Quincy College Granite's team efforts are impressive in the final weeks of their inaugural season, after facing perennial powerhouse Bunker Hill Community College and Mass Bay Community College. The combined efforts of every player on the team has allowed Quincy College to extend its winning streak to 19 games in a row.

With only five games left in the 2017-2018 season, join Quincy College Athletics in celebrating the successful season of Quincy College Men's Basketball at

their last home game Saturday, Feb. 17th played at Eastern Nazarene College.

All Quincy College alumni and former Quincy College Basketball players are welcomed guests at this event. Contact Quincy College Athletics, Athletic Director Jack Raymer at 617-405-5987 if you plan to attend as an alumnus of Quincy College.

For more information on Quincy College Granite, visit quincycollege.edu/granite.

Quincy Girls Fall To Silver Lake

The Quincy girls basketball team fell 53-44 on the road to Silver Lake Feb. 2.

The Presidents (8-4 Patriot League, 10-5 overall) will host the Red Raiders

Friday at 5:30 p.m. in the first game of a Q-NQ basketball doubleheader. The boys team will tip off in the second game.

Against Silver Lake, se-

nior guard Liana Cunningham scored a team-high 15 points (five three-pointers). Sophomore forward Ally McMorrow had 8 points and sophomore guard Jillian O'Toole scored 7 points.

Quincy Art Association Hosting Free Artist Demonstration Feb. 24

Quincy Art Association will host a free art demonstration Saturday, Feb. 24, from 2 to 4 p.m. at the QAA Building, 26 High School Ave. in Quincy, behind the Quincy Center Fire Station.

The demonstration will feature Abraham Tena who teaches illustration at Mass. College of Art. Tena will be providing a free demonstra-

tion of "character development" in graphic art with a live model.

For more information about Tena's professional

work, visit abetena.com. His work specializes in the intersection of academic figure drawing, character design and storytelling.

Marisa Foley On Dean's List At John Carroll University

Marisa Foley of Quincy is on the Dean's List for the fall semester at John Car-

roll University in University Heights, OH.

QNQ Boys Swim Past Rockland

The Quincy-North Quincy boys swim team finished their season with a fourth victory (83-61) over Rockland High School Jan. 30.

The Quincy girls led the meet through the 200 free relay, where Rockland took the lead and victory (52-39).

There were 14 first place finishes by the Presidents at the Lincoln-Hancock Pool: Senior Captain Kat Casey 200 freestyle and 100 fly; Junior Captain Eni Daci 50 free and 100 breaststroke; Senior Julie Hong 500 freestyle; Sophomores Anna-belle Le and Maeve Farrell, Daci and Casey 200 Medley Relay; Daci, Junior Catherine Hall, Hong and Casey 200 Freestyle Relay; Junior Captain Kevin Warner 200 Freestyle and 100 free; Sophomore Logan Almeida 200 IM; Junior Guilherme

Eller 100 Fly and 500 free; Eller and Warner 200 Medley Relay and 200 Free Relay.

In other swim highlights, the annual Quincy vs. North Quincy Swim meet took place Jan. 23rd at the Lincoln-Hancock Pool.

The NQ Red Raiders left victorious this year, with a 80-53 win over the Quincy High Presidents.

Seniors Julie Hong, in 200 yard freestyle, and Captain Kat Casey, in 100 fly, both took first. Hong also finished second in the 500 yard freestyle. The pair teamed up with Junior Captain Eni Daci and Sophomore Alison Cahill in the 200 yard Medley Relay to kick off the meet with a second place finish.

Daci also finished second in the 100 yard breaststroke.

Quincy Access Television
88 Washington Street
Quincy, MA 02169



www.qatv.org
617-376-1440
617-376-1441



Public Access Channel 8

Thursday, February 8
7:30pm: NQ vs. Scituate Girls 8Ball
9:00pm: NQ vs. Martha's Vineyard Girls 8Ball

Friday, February 9
11:30am: LIVE: Currently in Quincy
7:30pm: CQ Interview: QARI Lunar New Year

Saturday, February 10
12:00pm: CQ Interview: QARI Lunar New Year
1:00pm: High School Basketball

Sunday, February 11
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, February 12
11:30am: LIVE: Currently in Quincy
8:00pm: High School Basketball

Tuesday, February 13
6:00am: LIVE: AM Quincy with Joe Catalano
6:00pm: Eye on Quincy (replay)

Wednesday, February 14
6:00pm: Good News
9:30pm: Sound Advice

Government Access Channel 9

Thursday, February 8
11:30am: Quincy in Focus
12:00pm: City Council/Ordinance 2/5
7:00pm: Media Advisory: Development Partnership Agreement

Friday, February 9
6:00pm: City View with Mayor Koch
6:30pm: FYE: QHD Ringworm
7:00pm: In the Spotlight: Discover Quincy

Saturday/Sunday, February 10/11
9:00am: City View with Mayor Koch
11:00am: At Your Library: February Happenings
12:00pm: City Council/Ordinance 2/5
2:00pm: In the Spotlight: Discover Quincy
4:30pm: AM Quincy: License Board Update
7:00pm: City Council/Ordinance 2/5

Monday, February 12
7:00pm: Joint Committee on Revenue

Tuesday, February 13
6:30pm: FYE: QHD Subdural Hematoma

Wednesday, February 14
8:00pm: At the Library: Sweet Wednesday

Programming is subject to change

For a complete list of programs, please visit our website at qatv.org

On Saturday, Jan. 27, 2018, at approximately 1:10 a.m., Officer Jeffrey Bossart was on routine patrol driving through the parking lots of the baseball fields located on Ricciuti Drive. Officers regularly do this at night as there are often people parked there in violation of City of Quincy Ordinance, "Park After Dark."

Officer Bossart frequently encounters people in this area at night, identify them and then advise them of the city ordinance and send them on their way. He has also made arrests in the parking lots and surrounding areas for drugs and warrants, along with encounters with suspicious people, people tagging and underage drinking in these lots and the quarries.

As the officer entered the lot, he observed a running gray Ford Expedition parked along the right side of the lot. The officer could only see the license plate number but not the state. Using the cruiser's overhead takedown lights, Officer Bossart lit up the interior of the Expedition and observed at least two occupants in the front seats through the tinted windows.

As the officer approached the vehicle, he could hear the gears shift and then saw the vehicle start to move. He then shined his flashlight at the operator to let him know he was there. The vehicle had moved only inches and stopped. The operator rolled down his window and greeted the officer, who immediately detected the odor of burnt marijuana. As the officer spoke to the driver, he saw there was also a female in the vehicle along with two plastic sandwich bags containing about one ounce of marijuana in plain view by the shifter on the center console. The occupants were advised that they were in violation of the city ordinance and asked the occupants for their IDs. The driver stated the vehicle was a rental under his name. He then provided the rental agreement.

Officer Bossart returned to his cruiser to query the vehicle's Colorado registration that showed the Expedition was stolen. Officers Bryan Donovan and Ron McKim arrived on scene to assist. The driver was directed to step out of the vehicle, where he was pat frisked for weapons with negative results. He was placed in handcuffs and told the vehicle was reported as stolen. He replied it wasn't and the rental agreement showed that.

Once the driver was secured in a cruiser, the female was removed from the vehicle. When asked if she had any

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

weapons or drugs on her, the female said she had two folding knives, which were taken from her. She was secured in handcuffs and placed in a cruiser.

During the inventory of the contents of the vehicle, officers found a black plastic bag labeled, "cookies" with marijuana in it and a plastic bag containing small black rubber bands in the front passenger seat area. Officer McKim then noticed the cup holders for the back seat on the rear of the center console were not seated properly and one corner was lifted up as if the cup holder had been removed. He lifted up the cup holder and found a plastic freezer bag containing a large amount of marijuana.

Once Officer McKim removed the bag, Officer Donovan looked inside of the void and observed a black semi-automatic firearm. He removed the firearm and noted the safety was off and in the "fire" position, with a 9mm round loaded in the chamber. There was also a loaded magazine containing 8 additional rounds of 9mm ammunition inserted into the firearm.

Upon further inspection of the firearm, the serial number had been completely scratched off and obliterated. Two digital scales and a large amount of plastic sandwich bags bound by rubber bands located in the front seat were then also found in the void. The officers knew from training and experience that plastic sandwich bags, digital scales, rubber bands and firearms are all used in the illegal distribution of drugs. Furthermore, the amount of marijuana which was within the vehicle was intended for distribution.

Officer Bossart provided Miranda Rights to the driver and then asked him to provide his license to carry a firearm. He replied, "What I need a license to carry a firearm for?" He then stated he did not have one. At this time, Officer Bossart observed a plastic sandwich bag containing marijuana falling out of the driver's right pant pocket. This too



LT. DAN MINTON

was taken as evidence. A check of his pocket also uncovered \$802 in cash in his pants pocket.

The driver denied knowledge about the firearm or marijuana in the vehicle and would only take ownership for the marijuana found in the front of the vehicle, stating that they each had one half ounce each of marijuana and they were just smoking it. Officer Bossart then advised the female of her Miranda Rights and asked her if she had a License to Carry a Firearm and she replied she did not have one. She stated she did not know anything about the firearm and the only weapons she knew about were the knives. She also denied knowing the vehicle was stolen or about the marijuana under the cup holder.

The male and female, both 20 and from Boston, were charged with unlawful possession of a firearm, possession of a firearm with a defaced serial number, receiving stolen motor vehicle, possession of Class D with intent to distribute and being in the park/playground 1 hour after sunset. Nice Work!

THE NEXT "QUINCY POLICE/GLENNON FAMILY BLOOD DRIVE:" will be held on Saturday, February 10th from 8:00 a.m. to 2:00 p.m. in the parking lot of the Quincy Police Station located at One Sea Street. Reservations can be made by contacting Lieutenant Dan Minton at 617 745 5719 or at dminton@quincyma.gov. Be sure to bring a photo ID!

SECRET SHOPPER: although there are some agencies that are legitimate, others attempt to scam you out of money. A resident told me that she applied online to be a "Secret Shopper" and soon after she received a priority mail envelope. (which makes it seem official and reliable) The directions stated that in order to start her account, she was to take the enclosed \$2,000.00 check and deposit it in her bank. She was then instructed to withdraw two \$1,000 checks and take one check to the local Wal-Mart to electronically wire the money to the address provided. With the second check, she was to go to a different Wal-Mart and do the same thing. The resident went to her bank and showed the Bank Manager the check. He said that although the check appeared authentic, the numbers on the bottom of the check showed that it was bogus.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Jan. 26 - Feb. 1

Calls: 1000

Arrests: 27

Stolen Vehicles: none

FRIDAY, JAN. 26

BREAKING AND ENTERING, 9:27 a.m., Archstone, 95 W. Squantum St. Has party on camera.

VANDALISM/PROPERTY, 2:57 p.m., Martensen St. Party might be confused. Officer to follow up with property manager regarding services.

LARCENY, 8:27 p.m., YMCA, 79 Coddington St. iPhone. Caller is tracking phone in the area. Chinese restaurant next to Angelo's. Officer has a black male using an iPhone with a pink case. Caller is using the iPhone app. App indicating the phone is in that area. Officer going back to the YMCA. Phone returned. Case missing and phone damaged. Arrest made.

SATURDAY, JAN. 27

VANDALISM/PROPERTY, 4:30 a.m., Harborview Apartments, 270 Quarry St. Caller states it looks like her windshield was shot at, possibly with a BB gun.

LARCENY, 3:00 p.m., Allied Healthcare, 21 School St. Has video of party stealing speaker yesterday.

SUNDAY, JAN. 28

VANDALISM/PROPERTY, 5:50 a.m., Dunkin' Donuts, 125 Hancock St. Happened at 3 a.m. Homeless party came in and damaged door. Suspect since left.

VANDALISM/PROPERTY, 11:42 a.m., Hancock St. & Hodges St. Tires slashed.

MONDAY, JAN. 29

BREAKING AND ENTERING, 6:19 a.m., Linden St. Motor vehicle.

LARCENY, 8:31 a.m., Home Depot, 465 Centre St. Larceny over/single scheme. Arrest made.

VANDALISM/PROPERTY, 11:20 a.m., Boston Textile Co., 254 Washington St. Damage to building.

VANDALISM/PROPERTY, 2:06 p.m., Smith St.

"CWB" (Crazy White Boys) gang graffiti written on foundation of this property.

BREAKING AND ENTERING IN PROGRESS, 2:38 p.m., Marlboro St. Arrest for B&E daytime.

TUESDAY, JAN. 30

LARCENY, 8:14 a.m., Phillips St. Money taken. Caller called back and said money has been found.

LARCENY, 3:59 p.m., Sea St. Had a heating and cooling company at her house today and just noticed her diamond wedding ring is missing.

LARCENY, 5:24 p.m., Presidents Ln. Stolen clothing from laundry room.

VANDALISM/PROPERTY, 5:40 p.m., Centre St. & Roberts St. Blue pickup truck, heading towards Willard St. Female stopped to let someone cross and the male in the blue pickup threw a brick into her back window. Older model pickup, royal blue, possibly a Chevy, homemade fencing on the side of the truck.

WEDNESDAY, JAN. 31

LARCENY, 8:33 a.m., 600 Marriott Dr. Wire. Has suspect info. Gray Chevy Silverado on highway is possibly involved; MSP notified. Owner of property is allowing parties to take material.

THURSDAY, FEB. 1

LARCENY, 11:35 a.m., 421 Hancock St. Deposit bag with \$3,700. Happened 45 minutes ago. Possibly video.

LARCENY, 3:09 p.m., 171 West St. Follow up picking up a stolen package, suspect possibly on scene. Gone on arrival.

LARCENY, 4:08 p.m., Hayden St. & West St. Packages. Arrest made.

BREAKING AND ENTERING IN PROGRESS, 9:34 p.m., Cranch St. Neighbor says someone (male with a black hoodie) now inside the unoccupied home across the street from her with lights on inside the house at this time. Looks suspicious to caller. They were using a flashlight to look in house at first. Building is empty.

Caller said she saw person inside before officer arrival. No make or model of car.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: none

CAR BREAKS: 115 West Squantum Street, Milton Road, Colby Road, 308 Willard Street, Trafford Street, Cushing Street

BREAKS AND ATTEMPTED BREAKS: 95 West Squantum Street, Marlboro Street (arrest)

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentremon at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us -- Lt. Dan Minton

Entries in the Quincy Police Crime Prevention Journal are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

Bethany Congregational

Bethany Congregational Church, Quincy Center will have a Sunday Worship Service 9:30 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "Are We Ready To Be Transfigured?" Please bring a food donation to help the ISS Food Pantry. Fellowship with light refreshments will follow the worship service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Missions and

Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1:00 p.m. to 4:00 p.m. Please visit us at our Web Page: www.bethanyconchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

The church is wheelchair accessible.

Quincy Point Congregational

"When Worlds Collide" is the title of Peter Johnston's sermon at the 10 a.m. Transfiguration Sunday worship at Quincy Point Congregational Church, 444 Washington St.

Jean Kane will be the lay reader of the day. The church is accessible to all with designated parking and an elevator on the Abbey Road side of the church.

After worship join in the social hall on the basement level for a time of fellowship including coffee, light refreshments and conversation.

The Pilgrim Association

will gather for an Ecclesiastical Council at 7:30 p.m. on Thursday, Feb. 8 at the Quincy Point Congregational Church. The Ecclesiastical Council will meet, review the credentials of and hear the reflections of Peter Johnston and examine him as to his fitness to be ordained to the Christian Ministry in the United Church of Christ. If the examination is successful, Peter will be approved for ordination pending a call to ministry in the United Church of Christ. Following the Council, a reception will be held.

RELIGION

Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Pastor Steven Vandergrift will lead the service, give the children's message and preach the sermon "Is Jesus God?"

Liturgist Gayle Mackay will welcome and call to worship. Janice Hughes and Joseph Flores will serve for the Diaconate. Steve Reed, minister of music, will direct the choir. A fellowship coffee hour is hosted by Nancy

The next concert in the Quincy Point Congregational Church Music series will be Sunday, Feb. 25 at 6 p.m. featuring the "Stardust Duo." Tickets are \$15 per person, children and teens \$10 children under 6 free.

The Stardust Duo was founded in 2008 by violinist Amanda Smith Roberts and pianist Jonathan Roberts. The husband/wife duo team specializes in performing classical works influenced by popular musical styles such

Jacobs after the service.

Yoga continues on Thursday at 7 p.m. with Amy Ross, leader. Bring a mat, water and \$5.

On Saturday, Feb. 10th the Princess Tea will be held in Fellowship Hall for 2 sessions: 10 am to noon and 1:30 to 3:30 p.m. For info or required reservations, email hnc@comcast.net.

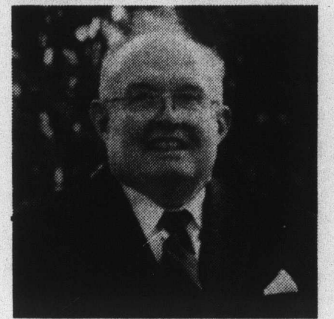
Bible 101, an introduction to the Bible in six sessions, began Tuesday, Feb. 6 at 7 p.m. in the Gordon Room led by Pastor Steve. All are welcome.

as jazz and blues. The couple met and first began performing together at the Cleveland Institute of Music, where they each received their Master's Degrees in performance.

Both Amanda and Jonathan hold their Doctor of Musical Arts Degrees in performance from the University of Alabama and joined the faculty of the South Shore Conservatory in 2013, and currently serve as the chairs of the string and piano departments.

OBITUARY

Michael F. Gray, 68



MICHAEL F. GRAY

A funeral Mass for Michael Fleming Gray, 68, of Quincy will be celebrated at 10 a.m. Saturday in Sacred Heart Church, Quincy.

Mr. Gray died Feb. 3 at Brigham and Women's Hospital surrounded by his devoted family.

He was the son of the late Joseph and Rita (Fleming) Gray of Providence. Husband to and greatest champion of his beloved wife of 37 years Susan Murray Gray of Quincy. Loving father of and true friend to sons Jonathan Gray of Quincy and Alexander and Lauren (Pandolfe) Gray of Jamaica Plain. Also brother to Joseph and Marie (Long) Gray of Maine and Mary Ellen and the late Thomas Coleman of Rhode Island. Survived by many relatives and friends.

Until his last days, Mr. Gray was a student of life and enjoyed traveling with his wife Susan, the daily New York Times crossword puzzle, his weekly New Yorker magazine, weekly viewings of Washington Week, attending the Boston Symphony

Orchestra, and studying the works of Frank Lloyd Wright. He had a genuine interest in all he met and made a daily practice of displaying small acts of kindness.

Mr. Gray worked for the Massachusetts Water Resources Authority for more than 25 years and taught for over 20 years at Stonehill and Framingham State.

Visiting hours are 4 to 8 p.m. Friday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held in the funeral home at 9:15 a.m. Saturday, prior to the Mass.

Memorial donations may be made to WGBH Boston, 1 Guest St., Boston, MA 02135.

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic	Congregational	Congregational	Christian Science
St. Mary's Church 95 Crescent St., Quincy • 617-773-0120 <i>Masses</i> Saturday, 4pm, Sunday 8 & 10:30am Tuesday/Thursday 9am Handicapped Accessible New Members Welcome!	Sacred Heart Church <i>"A Roman Catholic Community walking together in Faith, Worship, Education and Service"</i> 386 Hancock St., North Quincy, MA 02171 (617) 328-8866 Sunday Masses 4 pm (Saturday) 7:30 & 10:00 am and 6:00 pm Weekday Masses Monday - Friday 7 am Monday & Saturday 9 am Handicapped Accessible Confessions Sat. 3-3:45pm in Saint Joseph Oratory	HOUGH'S NECK CONGREGATIONAL CHURCH 310 Manet Avenue 617-479-8778 www.hncong.org Sunday Worship Service at 10 a.m. Pastor Vandergrift will lead the service, give the children's message, and preach his sermon, "Is Jesus God?" All are welcome to attend	First Church of Christ, Scientist 1460 Hancock Street, Quincy 617-472-7099 Sunday Services and Sunday School 10:30 a.m. Wednesday Evening Meetings - where testimonies of healing are shared 7:30 p.m. ALL ARE WELCOME!
ST. AGATHA CHURCH MILTON-QUINCY 432 Adams Street Milton, MA 02186 • 617-698-2439 Schedule of Masses: Saturday: 8:00AM and 4:30PM Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM Weekday Masses: 7:00 & 9:00AM Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned	St. Joseph's Church 550 Washington Street Quincy, MA 02169 617-472-6321 SUNDAY MASSES: 4 p.m. (On Saturday) 8:30 a.m. and 10:30 a.m. Weekday Masses 9am CONFESIONS: Saturday, 3:00-3:30 pm Handicapped accessible & Handicapped parking, side entrance air conditioned	Wollaston Congregational Church United Church of Christ 48 Winthrop Avenue Quincy, Massachusetts Worship and Sunday School at 10 a.m. Elizabeth J. Williams Pastor 617-773-7432 www.wollastonucc.com Unitarian Universalist United First Parish Church A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome. Worship Service, Church School & Childcare: Sundays at 10:30 AM Followed by Fellowship & Refreshments Rev. Rebecca Froom 1306 Hancock St., Quincy www.ufpc.org	Nazarene Wollaston Church of the Nazarene Come Join Us For Sunday Worship! 8:00 AM Worship Service (Holy Communion & Liturgy) 9:00 & 11:15 AM Weekly Small Groups 10:00 AM Worship Service Stephen "Stretch" Dean, Lead Pastor Andrea Sawtelle, Youth Pastor Bev Keutner, Children's Pastor Don Reed, Visitation Pastor 37 E. Elm Ave., Wollaston 617.472.5669 email: office@wconaz.org www.wollastonnazarene.org
St. John The Baptist ROMAN CATHOLIC CHURCH 44 School St., Quincy 617-773-1021 Weekend Mass Schedule Saturday, 4:00 PM Sunday, 8:30 AM & 11:00 AM Sunday night, 5:00 PM Weekday Masses Monday - Saturday 8:00 AM Confessions Wed. 8:30 - 9:00 AM Sat. 2:30 - 3:30 PM Handicapped Accessible	Holy Trinity Parish <i>Come and Worship!</i> Most Blessed Sacrament Church 1031 Sea St. WEEKDAY MASSES 9:00AM Tuesday and Thursday WEEKEND MASSES 4:30 PM Saturday and 8:30 AM Sunday Our Lady of Good Counsel Church 237 Sea St. WEEKDAY MASSES 9:00AM Monday and Wednesday WEEKEND MASSES 6:00PM Saturday and 10:30 AM Sunday CONFESIONS: 3- 4PM Saturday Rev. Martin Dzengelski- Pastor Phone: 617-479-9200 EMAIL: holytrinityquincyma@gmail.com VISIT: www.holytrinityquincy.com	BETHANY CONGREGATIONAL CHURCH Spear & Coddington Streets Quincy Center, 617-479-7300 www.bethanyconchurch.org Sunday Worship Service at 9:30AM The Rev. Peter M. Preble will conduct the service & preach the sermon "Are We Ready To Be Transfigured?" ALL ARE WELCOME! Fellowship Time following Service QUINCY POINT CONGREGATIONAL 444 Washington St. • 617-773-6424 Worship and Church School 10 am Rev. Dr. Stan Duncan, Interim Pastor Peter Johnston, Interim Associate Pastor Rachel Hallenbeck, Music Director email: office@quincypointcong.org	Methodist QUINCY COMMUNITY UNITED METHODIST CHURCH 40 Beale St., Wollaston 617-773-3319 10:30 AM Sunday Worship Rev. Rebecca E. Baumann Salvationist THE SALVATION ARMY 6 Baxter St., Quincy • 617-472-2345 9:45AM CHRISTIAN EDUCATION 11AM WORSHIP SERVICE BRASS BAND MUSIC NOON THURS. WOMEN'S FELLOWSHIP 6:30PM WEDS. BIBLE STUDY

HOPE PEACE

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Anne T. Corcoran, 66

A funeral Mass for Anne T. Corcoran, age 66, a longtime Quincy resident, was celebrated Feb. 3 in St. John the Baptist Church, Quincy.

Ms. Corcoran died peacefully Jan. 29 at South Shore Hospital in Weymouth, surrounded by her loving family.

She was born in Dorchester to the late Patrick J. and A. Josephine (King) Corcoran. She was a graduate of St. Patrick's Elementary School and St. Patrick's High School in Roxbury, graduating in 1968. She later attended Salem State College.

Ms. Corcoran was employed as a supervisor in the Editorial Department for the Boston Globe for twenty-five years. She was also a union activist, serving for ten years on the Executive Committee for the Boston Globe Employees Association, which later became the Boston Newspaper Guild. She proudly served as president for two years in 1987 and 1988.

Ms. Corcoran was a longtime parishioner of St. John the Baptist Church in Quincy. She served as a member of the Quincy Historical Society for several years and was active in local Quincy politics, assisting in various campaigns for the late Sen. Paul Harold.

Ms. Corcoran enjoyed traveling. As a young woman, she backpacked throughout Israel and later loved vacations with family to her time-share in Martha's Vineyard. Ms. Corcoran



ANNE T. CORCORAN

was devoted to her sisters and brother and especially to her cherished nieces, nephews, great-nieces and great-nephew, supporting all their activities and accomplishments.

Devoted sister of Kathleen Corcoran of Quincy, Patrick J. Corcoran, Jr. of Weymouth, Maureen Hayes and her husband Stephen of Medfield. Sister-in-law of Donna Corcoran of Scituate. Loving aunt of Brian P. Corcoran of North Carolina, Colleen M. Weber of Kingstons, Meaghan E. Corcoran of Scituate, Maura J. Dasilva of Dedham, Margot S. Hayes of Dedham, and Michael S. Hayes of Medfield. She is also survived by four great-nieces and one great-nephew.

Interment will take place privately at a later date.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to WORK Inc., 25 Beach St., Dorchester, MA 02122.

Jeremiah J. Donovan

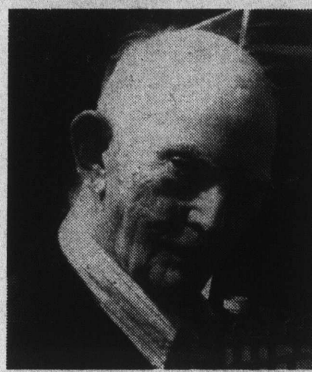
A funeral service for Jeremiah J. "Jerry" Donovan of Quincy was held Feb. 3 in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Donovan died Jan. 30.

He received his undergraduate degree from Boston College and his master's degree from Bentley College. He went on to become a mathematics and accounting professor at Boston State College, UMass Boston, and Suffolk University for over 47 years and was passionate and devoted to teaching his students. He and his wife volunteered for DSS Foster Children Department and Boston By Foot giving tours and history of Boston.

Mr. Donovan adored his family, gardening, keeping his yard meticulous, and was an avid reader. He was also a die-hard Red Sox and New England sports fan. He was passionate about his family, neighbors, students, and always put others before himself. Mr. Donovan had a heart of gold and will be greatly missed by all who knew him.

Loving son of the late Jeremiah and Mary (Nee) Donovan. Beloved husband of 49 years to the late Mary (Con-



JEREMIAH J. DONOVAN

nelly) Donovan. Devoted father of Michael P. Donovan and his wife Joann of Peabody, Deirdre Page of Quincy and Peak's Island, ME, and Maura Slawinski of Greenbush, ME. Loving brother of Mary McLaughlin and her late husband Joseph of Haver, and the late Josephine Ring and her husband Donald. Loving "Shaan" of Scott Slawinski, Theresa Slawinski, and Ryan Donovan. Also survived by many cherished nieces and nephews.

Memorial donations may be made to New England Center and Home for Veterans, Advancement Office, P.O. Box 845257, Boston, MA 02284-5257 or to Mass Audubon, Development Office, 208 South Great Road, Lincoln, MA 01773.

Rose Marini, 99

Funeral services and interment for Rose (Nobili) Marini, 99, a lifelong Quincy resident, were privately held.

Mrs. Marini died Jan. 29 at the Bay Path Nursing Home in Duxbury.

Born in Quincy on Sept. 3, 1918, she was the daughter of the late Anthony and Mary (Virzari) Nobili.

Mrs. Marini was a former employee of Grass Instrument of Quincy for many years. She was also a dedicated volunteer at the Shriners Burn Institute in Boston for over 30 years. Her ability to speak Italian and Spanish helped her interact with and comfort the young international burn victims at

the Institute.

She enjoyed traveling, with trips to Alaska, Italy and Hawaii among her favorites.

Wife of the late Joseph P. Marini Sr., she is survived by her two sons, Daniel and his wife Patricia and Joseph Jr. and his wife Mary, all of Plymouth; she was also grandmother of Danielle, Michelle, Joseph III and Nicholas Marini.

Funeral arrangements were made by the Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Memorial donations may be made to Shriners Hospital for Children, 51 Blossom St., Boston, MA 02114.

Michael P. Gillespie, 28

A funeral Mass for Michael P. Gillespie, age 28, of Quincy, was celebrated Monday in St. Mary's Church, Quincy.

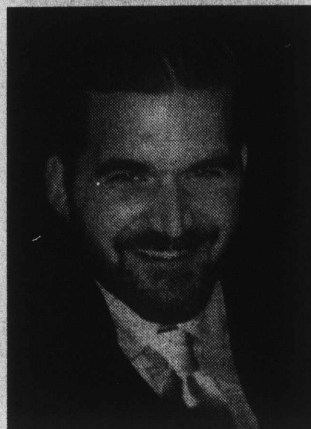
Mr. Gillespie died Jan. 31 at home.

He was born in Boston and raised in Quincy. He graduated from Xavier Brothers High School in Westwood, Class of 2007. Mr. Gillespie received his Bachelor's Degree in accounting from Suffolk University in Boston.

He was very active in Quincy youth sports, playing baseball, hockey, football, and lacrosse. Mr. Gillespie also enjoyed cooking and drawing. He treasured spending time with his family and girlfriend, especially in Falmouth and Provincetown.

Beloved son of Steven M. and Elizabeth (Quinn) Gillespie of Quincy. Devoted brother of Mary E. "Meg" Gillespie and Mark S. Gillespie, both of Quincy. He is also survived by his loving girlfriend, Danielle Lisbon of Quincy. Dear grandson of John T. "Jack" Quinn of Quincy and the late Eleanor M. (O'Grady) Quinn and the late Francis E. and Marie T. (McDermott) Gillespie.

Nephew of John J. Quinn



MICHAEL P. GILLESPIE

and his wife MaryAnn of Hingham, Mary A. Sullivan and her husband Michael of Hingham, Margaret M. Crump and her husband Paul of Quincy, John F. Gillespie and his wife Deborah of Canton, and M. Elena Mitchemney and her husband Paul of Canton. He was also survived by many cousins and friends.

The Rev. Peter F. Quinn, Mr. Gillespie's great-uncle, celebrated the Mass.

Interment at St. Mary's Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the National Alliance on Mental Illness, 3803 N. Fairfax Drive, Suite 100, Arlington, VA 22203.

Barbara H. Neil, 86

A memorial service for Barbara H. Neil, 86, a longtime Quincy resident, was held Feb. 3 in Quincy Point Congregational Church.

Ms. Neil died Jan. 31 after a brief illness.

Born in Quincy July 31, 1931, she was the daughter of the late Jane G. and James C. Neil Sr., both of Port Glasgow, Scotland. Ms. Neil graduated from Quincy High School in 1949. She worked as a secretary at the Quincy Shipyard for many years until it closed in the mid '70s. She also worked for the Quincy Historical Society for 10 years, and as a cashier at Baxter Pharmacy in Quincy Point well into her 80s.

Ms. Neil was an active, life member of Quincy Point Congregational Church, member of the Viking Club, and a lifetime member with Order of the Eastern Star. She was an avid N.E. sports



BARBARA H. NEIL

fan, loved golfing, family photography and enjoyed many trips over the years to Scotland.

Dear sister of James Neil, Jr. and his wife Margaret of Pembroke, the late Jean Devlamink, and the late William Neil and his late wife Jean. Also survived by 8 nieces and nephews, 12 great-nieces and nephews, a great great-nephew, extended family and close friends.

Funeral arrangements were made by Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

A Better Value For Quincy Families

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*\$5,995 plan includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, website announcement, and memorial stationery package (a register book, 100 thank you cards, 100 prayer cards).

A Service Family Affiliate of ADFS and Service Corporation International, 206 Winter Street, Fall River, MA 02720. (508) 676-2454.

In Loving Memory On Your 9th Anniversary February 10, 2009



Peggy Leary

Missed and loved so much by
Jack, Jack & Pattie, Ed & Simone,
Meg & Chris, Tricia & Brian
& grandchildren

Honor Your Loved One's Memory With Flowers

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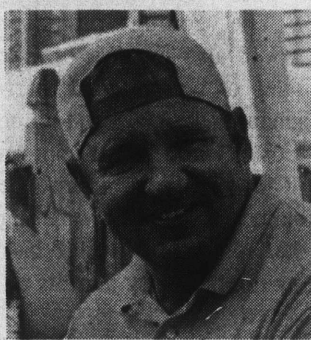
Michael C. DeAmicis

A funeral Mass for Michael Charles "Mike" DeAmicis, of Quincy, formerly of S. Boston, will be celebrated at 10 a.m. Friday in St. Ann's Church, Quincy.

Mr. DeAmicis died Feb. 2.

His passion in life came from helping others, especially those working through their recovery. He was a sponsor to many and truly found his purpose in their service. His role as a dad was the most important in his life and he adored his four children. Mr. DeAmicis was a hometown sports fan and loved all things Red Sox. His spiritual side led him to organizations like Samaritan's Purse, church groups, and men's retreats. He will be remembered for his unforgettable sense of humor, ability to light up a room, and mostly by his selfless actions.

Beloved son of the late Rocco and Lily DeAmicis. Survived by his children Dylan and Deliah Malcolm and their mother Julie Malcolm, Michael and Emily DeAmicis and their mother



MICHAEL C. DEAMICIS

Dina DeAmicis. Devoted brother of James DeAmicis of Quincy, Debbie Sheehan of Watertown, Jean DeAmicis of AR, Diane Ebenal of VA, Linda DeAmicis of Quincy, and the late Ann Signor. Loved by his many nieces and nephews.

Visiting hours are 4 to 8 p.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy. A prayer service will be held in the funeral home at 9:15 a.m. Friday, prior to the Mass.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made on behalf of his children to the Michael DeAmicis Children's Fund, c/o TD Bank, 754 Main St., Weymouth, MA 02190.

Angelina T. Veneto, 94

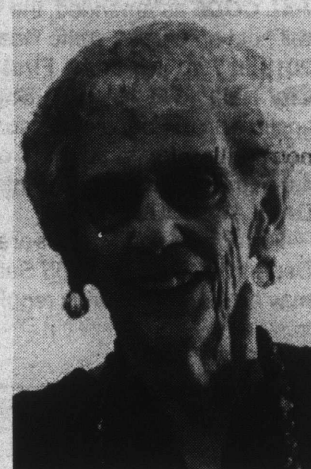
A funeral Mass for Angelina T. "Lena" (DeCandia) Veneto, 94, will be celebrated at 10:30 a.m. Thursday in St. Agatha Church, Milton.

Mrs. Veneto died peacefully Feb. 2 after a brief illness.

Born in Boston to Pasquale and Maria DeCandia, she grew up in Roxbury. Mrs. Veneto later moved to North Quincy where she lived for more than 60 years in the home built by her husband. Most recently, she was a proud resident of the Fenno House in Quincy.

Mrs. Veneto was the beloved wife of the late Michael P. Veneto, her true love with whom she shared a loving marriage that was the cornerstone of her close-knit family. She was the devoted mother of Peter M. Veneto and his wife Marti of Wollaston, and Angela V. McIntire and her husband Bob of Menlo Park, CA. She was also the proud grandmother of six grandchildren: Angela Hopfe of Jacksonville, FL; Michele Messina of Norwell; the late Michael Veneto of Jacksonville, FL; Lisa McIntire of San Francisco, CA; Emily Smith of San Jose, CA; and Ross McIntire of San Francisco, CA. She was also blessed with 5 great-grandchildren - Ryan, Brooke, Jordan, Riley and Casey - whom she cherished dearly.

Mrs. Veneto is also survived by her sister and best



ANGELINA T. VENETO

friend Theresa Martorana and her husband Sal of Braintree. She was the loving sister of her late siblings - George DeCandia, Anne Tempesta, and Frank DeCandia - and is survived by many nieces and nephews, and their families.

She was a dynamic, intelligent and caring woman who lived life to the fullest. Mrs. Veneto spread love and joy through her cooking and hospitality, embracing any opportunity to gather as a family. She embodied the meaning of selflessness, devotion to her family, strong faith, and an unwavering sense of independence. As the beacon of her family, Mrs. Veneto will be missed deeply by those who knew and loved her.

Visiting hours were 4 to 8 p.m. Wednesday in the Alfred D. Thomas Funeral Home, Milton.

Interment at Cedar Grove Cemetery, Dorchester.

Georgiana Fleming, 68

A funeral Mass for Georgiana (Corson) Fleming, 68, of Quincy, formerly of Weymouth, was celebrated Tuesday in St. John the Baptist Church, Quincy.

Mrs. Fleming died Jan. 30.

Her kind and compassionate nature led her to have a successful career as a CNA, caring for the elderly. In addition she worked at Lord & Taylor. She enjoyed gardening and especially loved her roses. Mrs. Fleming also loved sitting by the lake at her family home in Dennis. She will be remembered for her strong personality and devotion to her family.

Beloved wife of John J. Fleming, Jr. of Quincy. Devoted mother of Lori Young of NH and Rachael Fleming of Quincy. Cherished grandmother and honorary mother to Michael Fleming of Quincy. Loving sister of Gerrilyn Edgren and her husband Dave of Braintree,

Visiting hours for Jennifer Carita, 33, of Quincy were held Tuesday at Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Ms. Carita died suddenly of natural causes on Jan. 27.

Cherished mother of Ryan, Rylee, Noah and Juliana. Loving daughter of James and Sharon Carita and stepdaughter of Paul Willcutt. Granddaughter of Lee Empey of Brockton, William McGrail of Rockland and the late Catherine M. Empey. Sister of James Carita and wife Bridgette and Joseph Carita, all of Quincy. Stepsister of Dawn, Jennifer, Tiffany and Corrine. Niece of Lee "Buddy"

A funeral service for Adeline Luciani, 92, of Quincy will be held at 11 a.m. Saturday in the Lydon Chapel for Funerals, 644 Hancock St., Quincy.

Mrs. Luciani died Feb. 4.

Loving wife of the late Armando Luciani. Companion of the late Anthony Lipizzi. Devoted mother of Karen Tufts of Quincy and Craig Luciani and his wife Kathy of Randolph. Grandmother "Nina" of Stephanie Bradley and her husband Wayne of Quincy, Elizabeth Tufts of Quincy, Kara Luciani and her fiancé James Morgan of Salem, Marisa Luciani of Attleboro and their mother Eva. Sister of Alvetta Hall of Colorado, sister-in-law of Anna Gallo and Florence Gallo. Sister of the late Jules Gallo, Anna Principe, John Gallo, Camille Gerhart and Louis Gallo. Great-grandmother of 5 boys Andrew, James, Wil-



GEORGIANA FLEMING

Joan Solimini of Hanover and the late Jean Crook. Sister-in-law of Dennis Fleming and his wife Barbara of Weymouth. Also survived by nephews David, Michael and Jordan.

Interment at Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168.

Jennifer Carita, 33



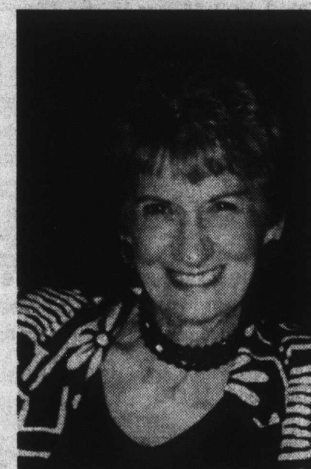
JENNIFER CARITA

Empey and Tracy Empey, both of Quincy, and Cheryl Empey and Steven Empey, both of Taunton. Aunt of James Carita III.

Private interment.

Memorial donations may be made to help defray funeral costs by visiting gofundme.com/Jennifer-Lee-Carita-Funeral-Burial.

Adeline Luciani, 92



ADELINE LUCIANI

liam, Thomas, and Michael Bradley. Also survived by many nieces and nephews and longtime friend of Marie D'Olimpio.

The family would like to thank the wonderful, caring staff at Alliance Health at Marina Bay for the exceptional care Mrs. Luciani received.

Visiting hours are 4 to 8 p.m. Friday in the funeral home.

Jean M. Hall, 85

A funeral Mass for Jean M. (Morris) Hall, age 85, a lifelong Quincy resident, was celebrated Wednesday in St. John the Baptist Church, Quincy.

Mrs. Hall died peacefully Feb. 2 at John Adams HealthCare Center in Quincy, surrounded by her loving family.

She was born in Quincy to the late Marguerite (Hogan) and Charles F. Morris, Sr. She was raised and educated in Quincy and was a graduate of St. John's Grammar School and Quincy High School, Class of 1951.

Mrs. Hall was a devoted homemaker. She was a lifelong active parishioner of St. John the Baptist Church in Quincy. Mrs. Hall served as past president of both the St. John's Women's Club and Quincy Catholic Club. She was also a member of the St. John's Ladies Sodality and was active in the bowling league and many parish shows.

Mrs. Hall enjoyed reading, knitting, and playing bingo. She was a loyal fan of the Boston Red Sox and New England Patriots. She was devoted to her family, actively supporting the activities and accomplishments of her children and grandchildren.

Beloved wife for fifty-three years of the late Ray A. Hall. Devoted mother of Maureen L. Hallsen and her husband David of Quincy, James R. Hall and his wife Maryjane of Quincy, Donna J. Koditek and her husband Robert of Norwell, William C. Hall and his wife Kathleen of Quincy, Janet



JEAN M. HALL

M. Floore and her husband Scott of Louisville, KY, Joseph M. Hall and his wife Darlene of Weymouth, Joanne E. Hall, and Diane E. Hall and her partner Russell Waterman, all of Quincy. Loving grandmother of fourteen grandchildren and three great-grandchildren. Dear sister of Carol A. Morris of Quincy and predeceased by Claire Pazurhek, Charles Morris, Jr., Eileen O'Connor, Mary Donlan, and John Morris. Also survived by many nieces and nephews.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to Compassionate Care Hospice, 800 West Cummings Park, Suite 3100, Woburn, MA 01801 or Quincy Veterans' Services, 24 High School Ave., Quincy, MA 02169.

The Hall family would like to acknowledge the wonderful and loving staff at John Adams HealthCare Center for the devoted care given to Mrs. Hall during her stay.

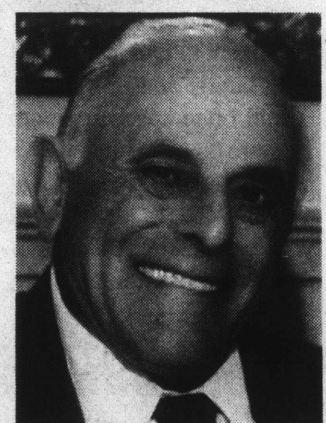
Frederick W. Caramanica, 87

A funeral Mass for Frederick W. Caramanica, 87, was celebrated Feb. 2 at Holy Trinity Parish, Most Blessed Sacrament Church, Quincy.

Mr. Caramanica died Jan. 28.

Raised and educated in Everett, he lived most of his life in Quincy and worked as a contract work inspector for New England Telephone. A Korean War veteran U.S. Marine Corps, Mr. Caramanica fought in the Battle of Chosin Reservoir. He was a member of the Chosin Few New England Chapter and a Life Member of the Pioneers of America.

The beloved husband of Mary E. "Polly" (Hickey) Caramanica, Mr. Caramanica was the devoted father of Ellen L. Gilbody and her husband Richard of Hanover and Carol J. O'Shea and her husband Deacon Thomas of Lynnfield; loving grandfather of Julie Murphy, Richard A. Gilbody, Molly P. O'Shea and Thomas F. O'Shea; dear brother of Catherine Knowlton of Ev-



FREDERICK W. CARAMANICA

erett and the late Robert, Edward and William Caramanica; and is also survived by the Hickey family and many nieces and nephews.

Interment with Military Honors at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to New England Center and Home for Veterans, Advancement Office, P.O. Box 845257, Boston, MA 02284-5257, nechv.org/give.

More Obituaries online at:
thequincysun.com

OBITUARIES

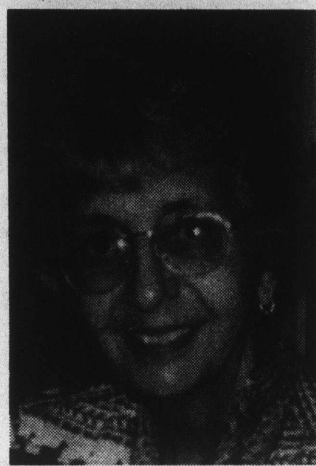
Dorothy M. Cinquini, 88

A funeral Mass for Dorothy M. (Mariano) Cinquini, 88, of Quincy will be celebrated at 10 a.m. Thursday in St. John the Baptist Church, Quincy.

Mrs. Cinquini died Feb. 3.

A lifelong Quincy resident, she worked as a technician at Raytheon for many years.

The beloved wife of the late Gino Cinquini, she was the loving mother of Paul J. Cinquini and his wife Catherine of Weymouth and Alice M. Lopez DeVictoria and her husband James of Maryland; dear grandmother of Joseph, Jesse and Joshua Cinquini and Jack and Samuel Lopez DeVictoria; beloved sister of Alice Battista of Braintree and the late Thomas Mariano; and is also survived by nieces and



DOROTHY M. CINQUINI nephews.

Visiting hours were 4 to 7 p.m. Wednesday in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy. On Thursday, there will be a gathering at the funeral home at 9 a.m., prior to the Mass.

Interment at Blue Hill Cemetery, Braintree.

Melio F. Pinzari, 99

Melio F. "Mel" Pinzari, age 99, of Honolulu, Hawaii, and formerly of Quincy, died peacefully Oct. 1 at the Tripler Army Medical Center in Honolulu.

Born and raised in Quincy, he was the son of the late Antonio Pinzari and Candida (Brugnoli) Pinzari. He was a Quincy High School graduate and quarterback of the football team; in addition, Mr. Pinzari was a captain on the wrestling team.

Mr. Pinzari, a well-respected businessman of more than 50 years, enjoyed traveling the world and all Boston sports teams. He especially enjoyed his many trips back to Quincy to visit with family and friends. He would often spend a month or more on his visits.

An Army veteran of World War II, Mr. Pinzari was assigned to the island of Oahu shortly after the Pearl

Harbor attack.

He was husband of the late Michiko (Matsuba) Pinzari, and father of the late Anthony Pinzari and Robin Pinzari, both of North Carolina.

He is the brother of the late Angelo Pinzari and Quindo Pinzari, both of Honolulu, and his brother the late Olympio Pinzari of Weymouth, and his sister the late Corina (Pinzari) Raymondi of Quincy.

Mr. Pinzari is survived by his sons Angelo Pinzari of Honolulu, George Pinzari of Seattle and his daughter Susan Pinzari of California. He is also survived by his sister Eleanor (Pinzari) Paquette of Norwell, his grandchildren and many nieces and nephews.

Memorial donations may be made to the Veterans Administration.

**More Obituaries and News
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NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z18-6

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 27, 2018 at 7:15 pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Hanh Nguyen for a Variance to rebuild the second level with an 8 foot ceiling height in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 160 BROMFIELD STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/8/18, 2/15/18

Marijuana Shop Regulations Proposed

Cont'd From Page 12

The zoning ordinance would prohibit recreational dispensaries from opening within 1,500 feet of any residential zoning area. They would also be barred from opening within 500 feet of any school, playground, athletic field, beach, public park, library, skating rink, public transit center, day care facility, or youth sports facility. Those regulations would essentially limit recreational pot shops to the Fore River Shipyard, the vicinity of Ricciuti Drive or Crown Colony.

Hours for such establishments are included in the zoning ordinance. They

would be allowed to open between 11 a.m. and 9 p.m. Monday through Saturday and from noon to 6 p.m. on Sundays.

Companies looking to open a recreational dispensary would be required to obtain a special permit from the Zoning Board of Appeals. A community meeting would be required prior to the application to the ZBA being filed. Applicants would also need to sign a host agreement with the mayor; those host agreements would include a community impact fee of up to 3 percent of gross sales payable to the city for up to five years.

The zoning ordinance would also prohibit off-site sales of non-medical marijuana, as well as stand-alone kiosks. On-site consumption of marijuana would also be banned, and stores violating that provision would risk having their city permits revoked.

The consumption of marijuana in public would continue to be prohibited. Violators could face a civil fine of up to \$100.

Massachusetts voters approved the legalization of recreational marijuana in a November 2016 referendum. Statewide, 53.6 percent of voters backed the measure, and 51 percent of

voters in Quincy did so as well.

Because a majority of Quincy voters approved the 2016 referendum, the mayor and City Council cannot ban the sale of recreational marijuana outright.

The ballot measure would have allowed recreational dispensaries to open their doors on Jan. 1, 2018, but lawmakers approved delaying that by six months to July 1. The ballot measure also allows residents 21 and older to grow marijuana in their homes, up to 6 plants per person and 12 per household. Those provisions were unchanged by the July 2017 law approved by state lawmakers.

The July 2017 law also increased the total tax on marijuana from 12 percent as included in the ballot initiative to 20 percent. That includes the state's 6.25 percent sales tax, a 10.75 percent state excise tax and a local sales tax of up to 3 percent.

City, County Cork Ink Economic Deal

Cont'd From Page 13

County Cork would be offered support services by the Quincy Chamber of Commerce and office space in the chamber's Quincy Center for Innovation.

In the area of academia, Quincy College graduates will benefit from the ability to matriculate into Cork's third-level institutions offering four-year degree programs; graduates of the school's biotech and good manufacturing programs could also be placed into jobs with Cork-based bio-manufacturing companies. As part of the deal, a partnership between the culinary program at Quincy High School and hospitality and tourism program at academic institutions in Cork would be explored.

In the future, Cork's third

level institutions could be promoted to American high school students, and access to Quincy College's summer biotech program could be offered to secondary students in Cork. Also under consideration would be cultural exchange programs and sporting tournaments between secondary school students, and shared business and history curriculums for secondary school students.

In the area of tourism, Quincy will be marketed directly at Cork Airport, Ireland's second-busiest airport. Tour operators in Cork will also provide Quincy tour packages.

The Cara Travel Group and others based in Quincy would promote Cork tourism initiatives, including the Wild Atlantic Way, a 1,500-

mile tourism trail on Ireland's west coast; Ireland's Ancient East; and Spike Island in Cork Harbor, which was named one of Europe's best attractions at the 2017 World Travel Awards.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z18-7

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 27, 2018 at 7:15 pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Paul McLean for a Variance to construct a family home and deck in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 25 DALE AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/8/18, 2/15/18

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z18-9

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 27, 2018 at 7:15 pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Robert M. Kane for a Special Permit/Flood Plain/Variance/Finding to demolish the existing home on Lot 1 and an addition to existing home on Lot 2 in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), Chapter 3.1.4 (use regulations), Chapter 8.1.9 (special permit flood plain) and Chapter 3.4.3 (nonconforming structures) on the premises numbered 153 & 155 ROCK ISLAND ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/8/18, 2/15/18

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z18-10

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 27, 2018 at 7:15 pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Warren Place, LLC for a Comprehensive Permit to develop a traditional style building containing residential units in accordance with M.G.L. Chapter 40B on the premises numbered 54-56 WARREN AVENUE, 60-62 WARREN AVENUE & 118-120 OLD COLONY AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/8/18, 2/15/18

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z18-8

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 27, 2018 at 7:15 pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Paul & Denise Murphy for a Variance to add new living area and extend into the sunroom in violation of Title 17 as amended Chapter 4.1 (dimensional requirements) on the premises numbered 1361 QUINCY SHORE DRIVE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/8/18, 2/15/18

Quincy Democrats To Caucus Saturday At QHS Cafeteria

Determine Delegates, Alternates To State Convention June 1-2 In Worcester

The Quincy Democratic City Committee (QDCC) will hold the Quincy Democratic caucuses next month to determine delegates and alternate delegates to the 2018 Massachusetts Democratic State Convention.

The caucus will be held Saturday, Feb. 10 at the Quincy High School cafeteria, 100 Coddington St., Quincy. Doors will open at 9:30 a.m. and the caucuses will start at 10 a.m.

All Wards - 1, 2, 3, 4, 5 and 6 - will be holding their caucuses at this location.

This year's Massachusetts Democratic State Convention will be held on Friday, June 1st and Saturday, June 2nd at the DCU Center, Worcester. Thousands of Democrats from across the state will gather at the state convention and endorse Democratic candidates for statewide office, including Constitutional officers and gubernatorial candidates.

Eligible pre-registered Democrats are allowed to participate in Democratic caucuses. Seventeen year olds who pre-register to vote and who will be age 18 by Sept. 18, 2018 will be allowed to participate.

Such a person may participate equally with all other Democrats, as a voting caucus participant or candidate for delegate or alternate. Any resident of the ward may register to vote as

a Democrat and participate in the caucus. Same day registration will be available at the caucus.

Any person not shown on the party registration list must either provide proof of Democratic Party registration or pre-registration or register prior to the close of the caucus registration period.

Any registered Democrat who does not get elected as a delegate or an alternate

delegate and who meets the qualifications may apply to be an add-on delegate in the following categories: youth (between 18 & 35 years of age), minorities, people with disabilities and LGBTQ individuals.

For more information regarding the Quincy Democratic caucuses contact QDCC City-Wide Chairperson Alicia Gardner by email at alicia.gardner6@gmail.com.

LEGAL NOTICE

CITY OF QUINCY BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under Chapter 138 of the Massachusetts General Laws that an application has been received from CP Quincy, LLC d/b/a Boston Marriott Quincy Hotel, Ian Legros, Manager, for a transfer of the All Alcoholic Beverages Hotel license presently held by Marriott Hotel Services Inc., 1000 Marriott Drive, Quincy. A hearing will be held in the First Floor Boards & Commissions Room, 1305 Hancock Street on February 20, 2018 at 4:00 P.M.

Andrew G. Scheele
Chairman

2/8/18

LEGAL NOTICE

Notice of Public Hearing 2018-014

The Quincy City Council will hold a Public Hearing on Wednesday, February 21st at 8:15 PM in the Great Hall of Old City Hall, 1305 Hancock Street on Council Order # 2018-014 - Ordinance - Amending Municipal Code Title 5 - By deleting Section 5.40.090 - Secondhand Motor Vehicle Dealers & replace with 5.40.090 Used Car Dealers/Motor II License currently pending in the Ordinance Committee of the City Council.

A copy of the orders may be examined at the Office of the City Clerk, 1305 Hancock Street, Quincy, MA Monday through Friday during regular working hours 8:30 A.M. to 4:30 P.M.

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

2/8/18

Cara Carchedi On Dean's List

Kara Carchedi of Quincy is on the Dean's List for the fall semester at Regis Col-

lege in Weston. She is a member of the Class of 2020.

Lauren Petrie On Dean's List

Lauren Petrie of Quincy is on the Dean's List for the fall semester at the University of Wisconsin-Mad-

ison. Petrie is a student in the College of Letters and Science.

Caroline Bowes On Dean's List

Caroline Bowes of Quincy has been named to the Dean's List for the fall se-

memster at Hofstra University in Hempstead, N.Y.

LEGAL NOTICE

CITY OF QUINCY IN COUNCIL

PUBLIC NOTICE 2018-014

Presently pending in the Ordinance Committee of the Quincy City Council to be passed at a later date:

BE IT ORDAINED by the City Council of the City of Quincy that Title 5 Business Licenses and Regulations, Section 5.40.090 Secondhand Motor Vehicle Dealers, be further amended as follows:

By deleting Section 5.40.090 - Secondhand Motor Vehicle Dealers in its entirety and substituting therein the following revised Section 5.40.090 - Used Car Dealers/Motor II License:

05.40.090 USED CAR DEALERS/MOTOR II LICENSE A. LICENSING - FEES

No person, company, corporation or other entity shall offer for sale more than four (4) second hand motor vehicles in a calendar year without obtaining a used car dealer's/ motor II license from the License Board.

Application for a used car dealer's license/motor II shall be made on a form approved by the License Board and shall be accompanied by a \$100 non-refundable application fee.

Licenses shall expire annually on December 31. Except as provided in Section E of this ordinance, issuance of a license during the previous licensing period shall not create a presumption in favor of the applicant.

Notice of denial of an application for a used car dealer's license shall be accompanied by a statement setting forth specific reasons for the denial.

Licenses may be issued upon such terms and conditions and with such restrictions as the License Board deems expedient and in the best interests of the health, safety and welfare of the residents of Quincy.

Used car dealer's licenses may not be sold, conveyed, assigned or transferred without the consent of the License Board.

B. LICENSING - MINIMUM STANDARDS

The License Board may license such applicants as they determine are suitable to conduct a used car sales/ motor II business in the city. Failure to comply with the provisions of this ordinance, with state consumer protection statutes or with any licensing terms, conditions or restrictions imposed by the License Board shall be prima facie evidence that the applicant is not suitable to conduct said business.

Applicants shall be required, at a minimum, to demonstrate that the following criteria have been met:

1. That the business is conducted at a location that satisfies all applicable requirements of the city's zoning ordinance;
2. That the principal use of the location is Used Automotive sales/ Motor II and that all other uses are supportive of or accessory to Used Automotive sales/Motor II;
3. That the area controlled by the business is of sufficient size to allow a. storage or display of number of cars in paved, lined and spaces no smaller than 10'X20', and b. employee and customer parking of no fewer than 3 spaces, provided that one additional employee/customer parking space shall be required for each additional 20 spaces of for storage or display. All spaces shall be clearly lined, and designated in traffic paint as storage/display or employee/customer parking.
4. That the applicant is engaged principally in the business of Used Car Sales and or Motor II.

C. BUSINESS OPERATION - MINIMUM STANDARDS

1. RECORD KEEPING:

Each used car dealer shall keep records as required by MGL Cha140, Sec. 62. p. Said records shall be made available upon request to any Police Officer, License Board Member, or duly appointed agent of the License Board authorized to enforce ordinances relative to licensing.

2. MAINTENANCE OF BUSINESS PREMISES:

LEGAL NOTICE

Each used car dealership shall be maintained in a clean and sanitary manner and shall comply with all applicable health, safety and sanitation codes and standards promulgated by the city's Building, Wire, Plumbing, Health and Fire inspectors.

All parts and materials incidental to the operation of said used car dealership/motor II shall be stored in a designated area and concealed from public view. Waste oil shall be stored in compliance with 527 CMR 906. Disposal of residual parts and materials shall be made in a timely manner and in accordance with applicable federal, state and local regulations.

Agents and employees of the city authorized to enforce health, safety and sanitation codes may at any time enter onto the premises of a used car dealer to inspect for compliance with applicable health, safety and sanitation codes, the provisions of this ordinance, and any license restrictions or conditions:

3. DISPLAY OF LICENSE

Each used car dealer/ motor II shall display at all times a current used car dealer's license on the premises at which the business is conducted. Said license shall be displayed in the business office, so as to be in clear view of patrons.

4. DEALER PLATES REQUIRED

Each used car dealer shall apply for and obtain dealer plates from the Registry of Motor Vehicles within 30 days of obtaining an initial license. Copies of current dealer plate registrations shall be filed with the City Clerk's Office, upon receipt of the original registration and/or registration renewals.

D. FAILURE TO COMPLY WITH ORDINANCE PROVISIONS - PENALTIES

Violation of any provision of this ordinance or of the terms, conditions or restrictions imposed on a specific licensee may be punished by a fine imposed under the provisions of MGL Chapter 41, Section 21D in accordance with the following schedule:

1st offense \$100.00

2nd/subsequent offenses \$200.00

Violations of any provision of this ordinance, applicable health, safety and sanitation codes or the specific terms, conditions or restrictions of a license may be cited by any person authorized by the License Board to enforce ordinances relative to licensing or to enforce applicable provisions of health, safety and sanitation codes.

Failure to comply with the provisions of this ordinance, with state consumer protection statutes or with any license terms, conditions or restrictions imposed by the License Board may result in suspension, modification or revocation of any license, after three days written notice and hearing by the License Board.

E. IMPLEMENTATION OF ORDINANCE PROVISIONS

This ordinance shall take effect on July 1, 2018; provided that any person licensed as used car dealers on Dec. 31, 2017 whose business does not meet the minimum standards for licensure, as set forth in Section B above, may apply annually for renewal of said license.

Said licensees shall be eligible for re-licensing provided that they meet the following criteria:

1. That the business has remained in continuous operation since December 31, 2017;
2. That the applicant is the same person or entity licensed as of Dec. 31, 2017. For purposes of this section, a corporation shall be considered the same entity only so long as a majority of its officers, directors and/or shareholders remain the same;

Persons applying for renewal of licenses under this section shall be subject to all the provisions of Section C and D above, and shall provide 10'X20' lined and spaces for storage/display of cars and employee/customer parking in a quantity determined by the size of the lot.

No applicant licensed under this section shall seek an increase in the number of cars licensed for display and/or storage as of July 31, 2018. Nothing in this section shall prohibit any dealer licensed under this section from applying for a license under Sections A and B of this ordinance.

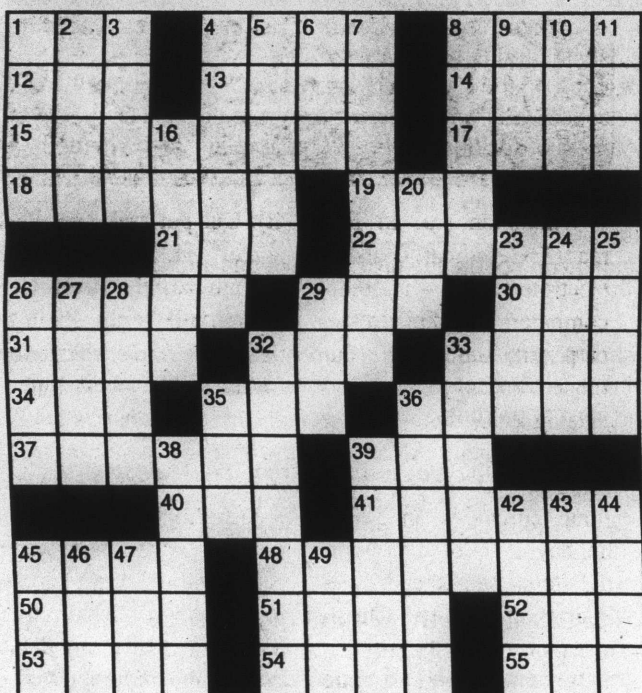
A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

2/8/18

SUN FUN PAGE

King Crossword

- ACROSS**
- 1 Greek consonant
4 Cold War weapon
8 2000 election scrap
12 Fool
13 Law office worker, for short
14 "Les Misérables" author
15 Accelerator
17 Quite excited
18 Tidy (up)
19 Altar affirmative
21 Vanna's cohort
22 Flame from a burner
26 Impersonator
29 Whatever amount
30 Timetable abbr.
31 "American —"
32 Golfer Ernie
33 Bivouac structure
34 Fresh
35 Individual
- 36 Emanations
37 Big talker
39 Morsel
40 Playwright Levin
41 Strong points
45 Not up and about
48 1944 Boyer/Bergman film
50 Burden
51 Otherwise
52 Exist
53 Wrong
54 God, in Guadalajara
55 Doo-wop syllable
- DOWN**
- 1 Labels
2 Pronto
3 Beatles' "Back in the —"
4 Poison antidote, maybe
5 West Point newbie
6 Top supporter
7 Slanders
8 Utter disorder
9 Embrace
- 10 Past
11 Pooch
16 Student
20 Rotation duration
23 Scoff
24 Sicilian spouter
25 Makes lace
26 Chinese dynasty
27 Notion
28 Neatens the lawn
29 Microbrewery product
32 Betrothed
33 Rwandan tribe
35 Scull tool
36 Grocery areas
38 Hen
39 — profundo
42 "Zounds!"
43 From one end to t'other
44 Branch
45 Carte lead-in
46 Acknowledge applause
47 Listener
49 Foreman foe



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MAGIC MAZE • FOUND IN A RIVER

U E B X U Q N J G D B Z W T Q
N K H D A X U R P M E J G D A
X V S Q N K I S F D A A G X V
T Q O M J H F K C S V E A S Y
W U R P N S L C W J E H T F D
B Z X V T R E O Q S R A O M K
I H F S D B N L E E O Z Y S W
V T M R Q N O K T B N P K T L
K A L L I G A T O R S C P L I
D H F M D N O R E H U H S I F
C A Z H S A R T X D W T V S H

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Alligators Fish Locks Snakes
Boats Geese Minnows Trash
Dams Heron Otter Turtles
Ducks Hippos Silt

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Car is different. 2. Sign is different. 3. Leg is missing. 4. Pocketbook is missing. 5. Sign is different. 6. Basement window. 7. Hair is missing. 8. Pocketbook is missing. 9. Sign is different. 10. Pocketbook is missing. 11. Sign is different. 12. Pocketbook is missing. 13. Sign is different. 14. Pocketbook is missing. 15. Sign is different. 16. Pocketbook is missing. 17. Sign is different. 18. Pocketbook is missing. 19. Sign is different. 20. Pocketbook is missing. 21. Sign is different. 22. Pocketbook is missing. 23. Sign is different. 24. Pocketbook is missing. 25. Sign is different. 26. Pocketbook is missing. 27. Sign is different. 28. Pocketbook is missing. 29. Sign is different. 30. Pocketbook is missing. 31. Sign is different. 32. Pocketbook is missing. 33. Sign is different. 34. Pocketbook is missing. 35. Sign is different. 36. Pocketbook is missing. 37. Sign is different. 38. Pocketbook is missing. 39. Sign is different. 40. Pocketbook is missing. 41. Sign is different. 42. Pocketbook is missing. 43. Sign is different. 44. Pocketbook is missing. 45. Sign is different. 46. Pocketbook is missing. 47. Sign is different. 48. Pocketbook is missing. 49. Sign is different. 50. Pocketbook is missing. 51. Sign is different. 52. Pocketbook is missing. 53. Sign is different. 54. Pocketbook is missing. 55. Sign is different. 56. Pocketbook is missing. 57. Sign is different. 58. Pocketbook is missing. 59. Sign is different. 60. Pocketbook is missing. 61. Sign is different. 62. Pocketbook is missing. 63. Sign is different. 64. Pocketbook is missing. 65. Sign is different. 66. Pocketbook is missing. 67. Sign is different. 68. Pocketbook is missing. 69. Sign is different. 70. Pocketbook is missing. 71. Sign is different. 72. Pocketbook is missing. 73. Sign is different. 74. Pocketbook is missing. 75. Sign is different. 76. Pocketbook is missing. 77. Sign is different. 78. Pocketbook is missing. 79. Sign is different. 80. Pocketbook is missing. 81. Sign is different. 82. Pocketbook is missing. 83. Sign is different. 84. Pocketbook is missing. 85. Sign is different. 86. Pocketbook is missing. 87. Sign is different. 88. Pocketbook is missing. 89. Sign is different. 90. Pocketbook is missing. 91. Sign is different. 92. Pocketbook is missing. 93. Sign is different. 94. Pocketbook is missing. 95. Sign is different. 96. Pocketbook is missing. 97. Sign is different. 98. Pocketbook is missing. 99. Sign is different. 100. Pocketbook is missing.

Trivia test by Fifi Rodriguez

- MOVIES: What was the title of the first James Bond movie?
- MUSIC: How old was Sid Vicious of the "Sex Pistols" when he died?
- GENERAL KNOWLEDGE: What is the birthstone for the month of February?
- U.S. PRESIDENTS: What were the names of President Barack Obama's family dogs?
- TELEVISION: Who played the lead in the TV series "The Rockford Files"?
- TRANSPORTATION: What is the large airport in the world in terms of passenger traffic?
- MEASUREMENTS: How many acres are in a

- hectare?
- GEOGRAPHY: What is the capital of Iceland?
 - LANGUAGE: What does the word "cognoscente" mean?
 - HISTORY: "The Summer of Love" in 1967 is associated with which U.S. city?
- Answers
- "Dr. No," starring Sean Connery
 - 21
 - Amethyst
 - Bo and Sunny
 - James Garner
 - Hartsfield-Jackson Atlanta International Airport
 - 100
 - Reykjavik
 - A connoisseur
 - San Francisco

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Wishing Well®

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Y O T N H E F N A L S L R
6 4 5 2 4 2 4 8 2 8 4 3 2
O E A G C I T I N T U D T
5 2 3 7 4 8 5 8 4 7 2 8 4
M H O E A A I B L S E L V
5 6 4 6 5 2 4 5 6 8 2 5 4
C R E O C R N A T E E R T
3 5 3 5 7 3 5 6 4 6 7 3 4
M E I E S S R H U E C G R
6 4 7 6 3 7 3 7 3 7 3 7 3
R E L S A E I A N R E S D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

- ARIES** (March 21 to April 19) Stop being the wool-gathering Lamb, and start turning that dream project into reality. You have the ideas, the drive and the charisma to persuade others to follow your lead. So do it.
- TAURUS** (April 20 to May 20) You've scored some big successes. But remember that all hardworking Ferdinands and Ferdinandas need some time to restore their energies and refresh their spirits.
- GEMINI** (May 21 to June 20) You're gaining a stronger mental image of what you're trying to achieve. Now look for the facts that will help get this to develop from a concept into a solid proposal.
- CANCER** (June 21 to July 22) Some of you eager-to-please Moon Children might want to delay some decisions until midweek, when you can again think more with your head than your heart.
- LEO** (July 23 to August 22) A new business venture seems to offer everything you've been looking for. But be careful that that rosy picture doesn't betray traces of red ink under the surface.
- VIRGO** (August 23 to September 22) A volatile situation needs the kind of thoughtful and considerate care you can provide right now. There'll be plenty of time later to analyze what might have gone wrong.
- LIBRA** (September 23 to October 22) Your loyalty to a friend in a tough situation earns you respect from people you care about. Those who criticize you don't understand what friendship is all about.
- SCORPIO** (October 23 to November 21) Your strong work ethic is rewarded with the kind of challenging opportunity you love to tackle. Now, go ahead and celebrate with family and/or close friends.
- SAGITTARIUS** (November 22 to December 21) A legal matter you thought had been finally resolved could require a second look. But don't make any moves without consulting your lawyer.
- CAPRICORN** (December 22 to January 19) Taking charge is what you like to do, and since you do it so well, expect to be asked to lead a special group. This could open an exciting new vista for you.
- AQUARIUS** (January 20 to February 18) An important matter might wind up being entrusted to you for handling. The responsibility is heavy, but you'll have support from people able and eager to help.
- PISCES** (February 19 to March 20) A spouse or partner might make an important, even life-changing, suggestion. Consider it carefully. It could hold some of the answers you've both been looking for.
- BORN THIS WEEK:** You always try to do the right thing, and for the right reasons. No wonder people have come to depend on you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: T equals R

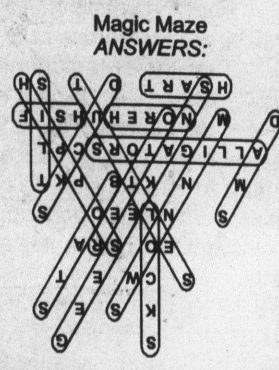
UZOI EJKOTOQLI TFAOTE ZVKO
NZOQT BJTQIL BOVAE, HJ PJF
EFXXJEO NZOP UJFAH WZJJEO
NZO QBXOTQVA WOTOVA?

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CryptoQuip puzzles \$3.50 • 24 Volumes • Order at: rbmamall.com

King Crossword — Answers

Solution time: 27 mins.



Cryptoquip ANSWER:

the imperial cereal? Suppose they would choose their morning meals, do you rulers have

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- As the 90th Oscar Awards approach on March 4, many films need to win Oscars to help their grosses. The clear box-office leaders, from the end of the year were "Jumanji: Welcome to the Jungle," with a cost of some \$100 million and a \$822 million gross (\$567 million more than the original "Jumanji," with Robin Williams); "Dunkirk," \$100 million cost and \$526 million gross; and "The Greatest Showman," \$84 million cost and \$260 million gross. Seven-time nominee "Three Billboards Outside Ebbing, Missouri" cost \$12 million and has grossed \$72 million, while "Lady Bird," which cost \$10 million, has grossed \$42 million.

"Call Me by Your Name" cost \$3.5 million and has earned \$17 million, and "The Disaster Artist, with James Franco (who won a best-actor Golden Globe but didn't get an Oscar nod), has recouped its \$10 million cost with \$28 million in grosses. Gary Oldman's bravura performance as Winston Churchill in "The Darkest Hour" cost \$30 million and is over \$100 million in grosses. Some of these films will benefit from Oscar wins, especially if best-actor nominee Gary Oldman, best-actress nominee Frances McDormand and best supporting actor nominee Sam Rockwell (both for "Three Billboards") win.

"The Shape of Water" won a Golden Globe for its director, Guillermo Del Toro, and has grossed \$52 million, recouping its \$20 million cost. But "All the Money in the World," despite replacing

Kevin Spacey's scenes with Christopher Plummer (who received a supporting actor nomination), is struggling to recoup its \$50 million cost. "Molly's Game" has grossed \$43 million off its \$30 million cost, and "I Tonia" has nearly balanced \$11 million-plus cost with its \$20 million gross. "The Post" cost \$50 million (mostly because of the salaries of Meryl Streep, Tom Hanks and Steven Spielberg) and has grossed \$83 million. Streep's best actress nomination is helping, but don't expect her to win. Finally, "The Phantom Thread," despite being three-time Oscar winner Daniel Day-Lewis' last film, has recouped only \$10 million of its \$35 million cost. Winning Oscars can change all of the above ... stay tuned.

Kelsey Grammer starred as Dr. Frasier Crane in "Cheers" (1984-1993) and "Frasier" (1993-2004), and wowed Broadway audiences as Captain Hook in the musical "Finding Neverland" (2015-2016). He's lent his voice to the animated feature "Bunyan and Babe," with John Goodman as the famous axman Paul Bunyan, along with Jeff Foxworthy and Mark Hamill, which opened Feb. 3. Grammer also stars in the Chinese/Australian co-production of the sci-fi horror thriller "Guardians of the Tomb," with former "Hercules" Kellan Lutz, opening Feb. 23. Hopefully the film will get more "Cheers" than jeers at the box office.

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ***

* Moderate ** Difficult *** GO FIGURE!

	x		+		25
+		÷		+	
	+		x		21
x		+		+	
	x		÷		10
25		14		18	

1 2 3 4 5 6 7 7 8

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

To My Valentine -- Valentine's Day is a holiday that has its roots in ancient times. But it was celebrated with gifts until the first cards appeared about 1760. Cards were made at home, with drawings, poems, cut-outs and other ways of expressing love. Since then, valentines have changed with the fashions and technology, and they are a popular collectible.

In 1848, Esther Howland of Worcester, Massachusetts, started making valentines from pieces of fancy paper lace and printed pictures with handwritten messages of affection. Soon, she was selling valentines to friends, and started a business that lasted until 1880. The style of the valentine can help tell its age. Mechanical cards with parts that could move so a pictured girl could wave her arm were the newest type in the 1890s. Embossing also was popular. In the early 1900s to 1920s, postcards were used. Postage was 1 cent. Die-cut cards that could be punched out of a single sheet of stiff paper were developed around 1900. These often came as a set with 25 cards for students and one for the teacher. Folded cards were in style by the 1930s and these, plus photographs and digital cards, still are sent today.

Vintage homemade lacy cards made from paper lace, "scraps" and small shaped and printed pictures sell today for \$10 to \$100 or more. Age, condition and beauty determine the value.

Q: I have a matching set of two High Point Bending & Chair Co. office-

style walnut chairs labeled "Pattern No. 6711." They are in good original condition. How do I determine their value?

A: This company started as Siler City Bending Co. in Siler City, N.C., in 1901. It made bentwood parts for carriages. In 1904, it was reorganized by Capt. Malvola Jackson Boling and renamed High Point Bending & Chair Co., after a nearby city. The company made bentwood chairs and other furniture. It became Boling Chair Co. in 1956. It remained open until at least 1999. Your chairs, with swivel seats and rolling casters, are called banker's chairs. The price of your chairs is only about \$15. They are not in a style that is popular today, and old office chairs are not wanted. Wooden chairs are not as comfortable as the new padded or mesh chairs.

CURRENT PRICES

Baby bonnet, tatted lace, ivory, circle netting pattern, flowerhead and intertwined loop design border, late 1800s, \$60.

Night light, porcelain, figural polar bear, sulfur eyes, fragrance lamp, stamped, Bohne & Soehne, c. 1925, 10 x 7 inches, \$410.

Pie slicer, Tiffany, silver, slice and serve, sinuous blade, ruffled tip, English King's pattern handle, marked, c. 1880, 12 inches, \$800.

Tip: Do not store paper collectibles in photograph albums with black pages. The acidic paper will cause damage.

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STICKELERS

by Terry Stickels

How many lines with a slope of -1 are tangent to the circle $x^2 + y^2 = 36$? Slope is defined in the change of y divided by the change of x.

A) 0 B) 1 C) 2 D) 3 E) infinite

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Strange BUT TRUE

* It was 19th-century French novelist and poet Victor Hugo who made the following sage observation: "Men hate those to whom they have to lie."

* If you're planning to visit the Hawaiian island of Kauai, you might want to trek up to Mount Waialeale. If you do, though, be sure to take an umbrella, as that mountain holds the distinction of receiving more rainfall than any other place on Earth, with an average of about 40 feet -- yes, feet -- of rain annually.

* According to the National Chicken Council's annual Chicken Wing Report -- yes, there is such a report, and it is strategically timed for release just before the Super Bowl -- 1.35 billion wings were consumed during Super Bowl weekend this year. That's an all-time high; the number crunchers have determined that if all those wings were laid end-to-end, the resulting line of poultry would stretch 394 million feet. That would

be long enough to circle the Earth three times -- or to cross a road 13 million times.

* When archaeologists discovered the tomb of King Tut, one of the objects they found inside was a bronze razor -- and it was still sharp enough to use.

* Did you ever wonder how the lollipop got its name? A man named George Smith first put the hard treat on the end of a stick, but candy-making wasn't his only interest. It seems that Smith also had a keen interest in horseracing, and he named the candy after a popular racehorse of the time, Lolly Pop.

* Those who study such things say that all mammals, from rodents to elephants, urinate for approximately 21 seconds. This is now known as the "Law of Urination."

Thought for the Day: "The universe is like a safe to which there is a combination. But the combination is locked up in the safe." -- Peter De Vries

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Now here's a tip!

by Jo Ann Derson

* What's on sale in February? Get great deals on electronics -- including computers -- and mattresses, carpet/tile/laminates and other flooring, used cars, catalog closeouts and exercise equipment. Also, look for gift add-ons with perfume purchases and after-holiday deals on candy and red items (think ahead for Fourth of July and Christmas tableware!)

* "We recently got a cute pot rack, but when we put up our stainless steel pots, it became clear that we weren't doing a great job of cleaning them -- eew! My neighbor and best friend came to the rescue with a product called Barkeepers Friend. It's a scouring powder, but it doesn't scratch. Anyway, all the yellow stains on the bottom of our pots came off. And it de-grossed a cast-iron skillet too (we re-seasoned

it). Our pot rack now looks great." -- M.D. in Louisiana

* Fine particles of dust and grease mix in the air in the kitchen, and when they settle on things, it can get sticky! If you have a buildup of this sticky dust on appliances, try this trick: Make a paste from baking soda or cream of tartar and water. Apply with a damp sponge for a little gentle abrasive. Follow with a clean damp cloth. This works especially well on the top of the fridge.

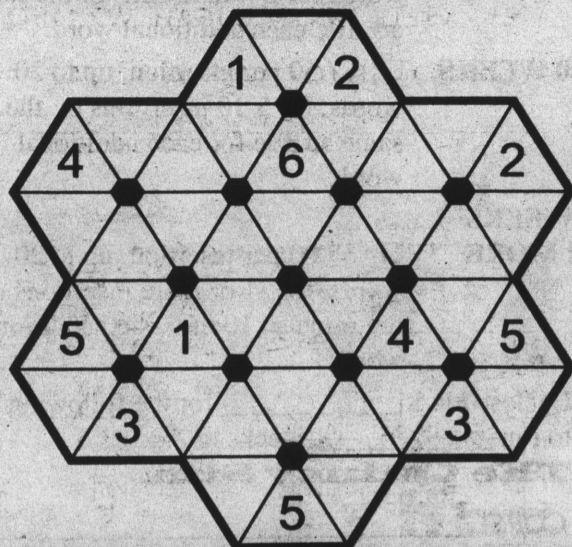
* If you dye your own hair, apply a border of petroleum jelly to the outside of your face at the hair line. This will keep those drips from staining your face. Apply some to your ears as well, and the back of your neck for the same reason.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



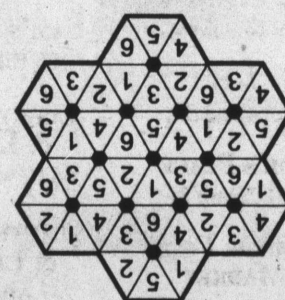
DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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SNOWFLAKES

solution



Go Figure! answers

18	14	25
10	4	5
10	4	5
+	+	x
21	7	2
+	+	+
25	7	3

Stickelers Answer

2 C

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ANIMAL SHELTER

PERSONAL

HALLS FOR RENT

SERVICES

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Niko: 3, male, orange & white
Robert: 2, male, black
Sox: 2, female, black & white

*To James,
Thank you for being
my best friend ever.
You are my sunshine
xxoo Cathy* 2/8

**To MARY ELLEN
HAPPY VALENTINE'S DAY
#1 SISTER** 2/8

**JOE IN TEXAS-
HAPPY
VALENTINE'S DAY!
FROM YOUR FRIENDS
IN QUINCY** 2/8

MISCELLANEOUS

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PERSONAL

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"Oh, most beautiful flower of Mt.
Carmel, Fruitful vine, splendor of
heaven, Blessed Mother of the Son
of God, Immaculate Virgin, assist
me in my necessity. Oh, Star of the
Sea, help me and show me, herein
you are my Mother. Oh, Holy Mary,
Mother of God, Queen of Heaven
and Earth! I humbly beseech you
from the bottom of my heart to suc-
cor me in this necessity. There are
none that can withstand your pow-
er. Oh, Mary, conceived without
sin, pray for us who have recourse
to thee (three times). Holy Mother,
I place this cause in your hands
(three times). Say this prayer 3
consecutive days, and then you
must publish and it will be granted
to you. Thanks to St. Anthony & St.
Joseph. St. Jude M-T 2/8

**THANK YOU
ST. JUDE
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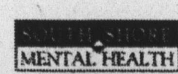


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Health Matters from Carney Hospital

WHY WOMEN MUST LISTEN TO THEIR HEARTS



"Women may experience the classic symptoms of a heart attack, just as many men do. But females may also experience more varied symptoms, with no accompanying chest pain"

Harold Dietzius, MD
Carney Hospital Cardiologist

"Paying attention to the subtle warnings can make a significant difference" says Dr. Dietzius. Remember that some of these symptoms can occur over hours, days, or weeks. If you feel these symptoms, don't wait more than five minutes to call 911. Even if you have a friend or relative with you, call for medical help rather than drive. If necessary, paramedics can start life-saving treatment on the way to the emergency room. This early care can determine how well you recover.

Be Prepared and Know Your Risks

Some risk factors for both women and men are uncontrollable, including a family history of heart disease, increasing age, race or ethnicity, and a previous heart attack. Other risk factors can be controlled by adopting healthy habits and, when necessary, the use of medication or medical procedures. Controllable risk factors are smoking (or exposure to secondhand smoke), high blood pressure, high cholesterol, being overweight/obese, unhealthy diet, physical inactivity, diabetes, stress, and drinking too much alcohol. Other risk factors specific to women include being at a younger age at menopause, using hormonal replacement therapy (HRT), and the use of birth control pills, especially in heavy smokers.

According to the Centers for Disease Control and Prevention, heart disease is the number one killer of women causing more deaths than all kinds of cancer combined, and increases in risk after menopause. Many women mistakenly think the only symptom of a heart attack is crushing chest pain and, unfortunately, don't recognize the other, sometimes subtle, symptoms.

"Women may experience the classic symptoms of a heart attack, just as many men do. But females may also experience more varied symptoms, with no accompanying chest pain," says Carney Hospital and Steward Medical Group Cardiologist Harold Dietzius, MD. "This means that a woman who is having a heart attack might blame stomach issues, arthritis or other minor conditions, and not get the immediate help she needs."

How Men and Women Differ

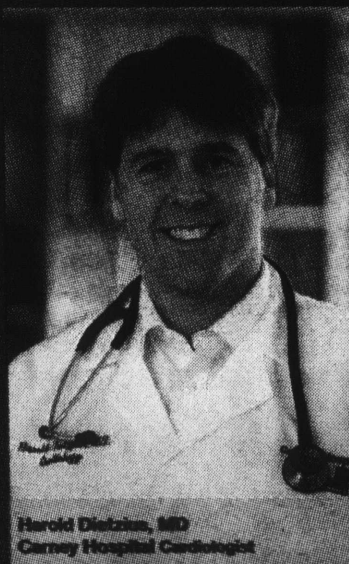
When it comes to heart attack symptoms, men and women share several similarities. Similarities in symptoms include:

- Discomfort or pain in the center of the chest – many times, it feels like pressure or squeezing that may last a long time, or go away and come back
- Discomfort or pain in the jaw, arms, back, neck, or stomach
- Shortness of breath with or without chest pain
- Cold sweat
- Nausea or vomiting
- Lightheadedness

Regarding women, the symptoms that may seem confusing and not so obvious may include:

- Extreme fatigue, which may occur days or weeks in advance
- Pressure or pain in the lower chest, upper abdomen, or upper back
- Lightheadedness, which may lead to fainting

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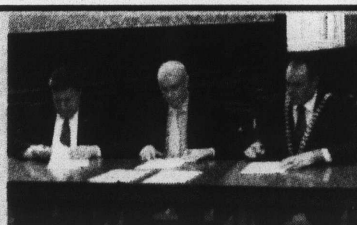
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Future Tech Trends Event Focus - Page 6
 Presidents Day Winter Fest Monday - Page 15
 City, County Cork Ink Economic Pact - Page 2



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Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 50 No. 22

Thursday, February 15, 2018

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City Lauded For Response To Opiate Epidemic

By SCOTT JACKSON

The city of Quincy was commended for its response to the opiate epidemic at a ribbon-cutting ceremony held Monday in honor of the Gavin Foundation assuming full ownership of a Wollaston recovery facility.

The South Boston-based Gavin Foundation had opened the 64-bed recovery facility on Old Colony

Avenue in 2015 in partnership with Phoenix House. In December, the Gavin Foundation took full ownership of the facility, which offers acute treatment services and clinical support services.

The city of Quincy allocated \$1 million in federal Community Development Block Grant funds — a \$400,000 grant and

Cont'd On Page 29

Contributors Recognized For Supporting School Programs

By TOM GORMAN

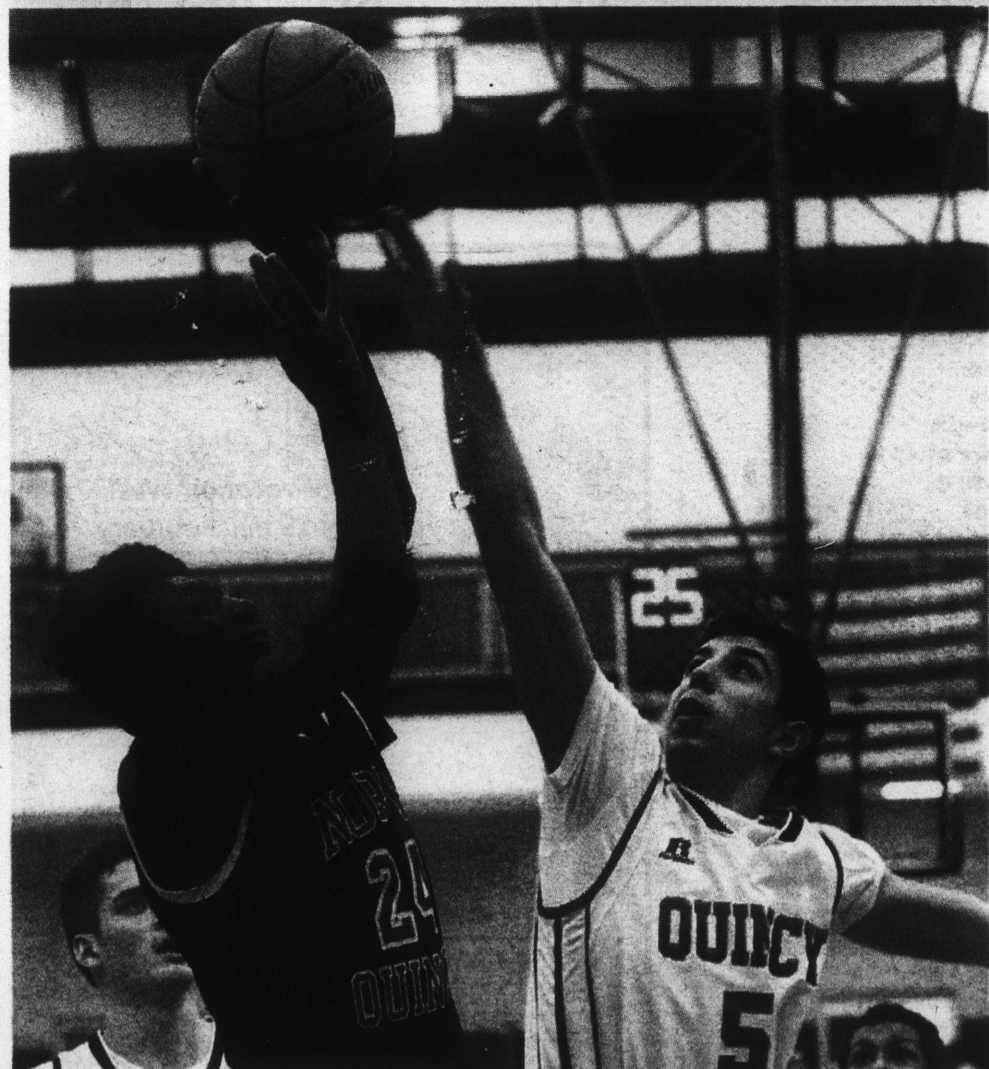
A father who lost his son to drug addiction, Norfolk Sheriff Michael Bellotti and the Quincy Rural Masonic Lodge were recognized by the school committee for their contributions that has helped support the district's substance abuse prevention and behavioral programs.

The three are among the district's partners that provide financial support for in-house school programs. The school department's Senior

Director of Student Support Services Maura Papile presented certificates of appreciation to each partner in recognition of their support.

Peter Thompson, a Quincy Point native now of Braintree who lost his son Ryan to a drug overdose in 2010, has been a strong supporter of the school system's substance abuse program, Papile said. Thompson, on behalf of his family, has provided the district with fund-

Cont'd On Page 11



QUINCY HIGH SCHOOL defeated cross-town rival North Quincy in a basketball doubleheader last Friday night at Quincy High. Photo above: In the girls' game, Quincy defeated North Quincy, 52-41. Here Presidents Gia Calabro (left) and Juliana Tracey (right) battle Red Raider Jillian Hallisey for a loose ball under the Quincy basket. Photo below left: In the boys' game of the doubleheader, the Presidents defeated the Red Raiders 65-52. Here North Quincy's Agu Ugwu goes up for two points as the Presidents' Franco Calabro defends his basket. More coverage begins on Page 22.

Quincy Sun Photos/
Robert Bosworth

Self Defense Class For High School Seniors

The Quincy Police Department will run a two-night self defense program during school vacation.

This program is ideal for seniors planning on going off to college. The program requires females to be se-

niors in high school.

The Quincy Police Adult Self Defense Program will be offered Tuesday and Wednesday, Feb. 20 and Feb. 21, from 6 p.m. to approximately 8:30 p.m. at the Quincy Sons of Italy, 120 Quarry St. Attendance is required both nights because this is a progressive learning program.

There is no exam and no

one is required to do anything that they do not feel comfortable with.

The first night involves learning strikes and blocks while the second night provides an opportunity to test your skills against an "attacker."

Bring a friend. To sign up or get more information, contact Quincy Police Lt. Dan Minton at dminton@quincyma.gov

Blizzard Of '78 - A Look Back - Pages 12-14
 Health Topic: Benefits Of Chocolate - Page 9
 Recreation Activities School Vacation Week - Page 28





DECLAN HURLEY (right) the mayor of County Cork, Ireland, presented Quincy Mayor Thomas Koch with a commemorative pen after an economic development agreement between the two jurisdictions was signed Feb. 6. Hurley also invited Koch to visit County Cork, a county of more than 540,000 in the south of Ireland.



ECONOMIC DEVELOPMENT agreement between Quincy and County Cork, Ireland, was signed Feb. 6 in the Great Hall of the McIntyre Government Center. Speaking at the signing ceremony were (from left) Tim Lucey, the chief executive of the County Cork Council; Quincy Mayor Thomas Koch; Cork County Mayor Declan Hurley; and Quincy Chamber of Commerce President Tim Cahill.

Quincy Sun Photos/Scott Jackson

City, County Cork Sign Economic Development Pact

By **SCOTT JACKSON**
Officials from both sides of the Atlantic welcomed an

economic development pact between the city of Quincy and County Cork, Ireland,

meant to cement relationships between the two. Quincy Mayor Thomas

Koch and his Irish counterparts – Cork County Mayor Declan Hurley and Tim Lu-

cey, the chief executive of the Cork County Council – signed the deal Feb. 6 in the Great Hall of McIntyre Government Center. The agreement was signed after two years of negotiations.

The accord is meant to bolster ties between Quincy and County Cork, a county

of more than 540,000 residents in the south of Ireland. County Cork is home to major international corporations, including Apple, whose European headquarters are located there, and pharmaceutical companies like Eli Lilly, Johnson &

Cont'd On Page 17

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Roxie's Thin Sliced Chicken Cutlets \$2.99 lb.
Fresh Ground Turkey Breast Meat \$2.99 lb.
Turkey Tips \$2.99 lb.
Ground Chicken Breast Meat \$2.49 lb.

beef

Whole Boneless Sirloin Strip \$5.99 lb.
Back Rump Roast \$3.69 lb.
Roxie's Lean Shaved Steak \$4.99 lb.
Bottom Round Roast \$3.49 lb.
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delicatessen

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Sliced to Order Smithfield Baked Ham \$3.99 lb.
Sliced to Order Smithfield Honey Ham \$3.99 lb.
Sliced to Order Butterball Honey Smoked Turkey Breast \$5.99 lb.
Caradonna Private Stock Oven Roasted Turkey Breast \$5.99 lb.
Dietz & Watson Peppered Turkey Breast \$6.99 lb.
Sliced to Order Pearl Beef Salami \$4.99 lb.
Sliced to Order Pearl Roast Beef \$6.99 lb.
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Sliced to Order Alpine Lace Swiss Cheese \$5.99 lb.
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pork

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Ground Pork Family Pack \$1.99 lb.
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Family Pack Country Style Spareribs \$1.49 lb.
Fresh Pork Spareribs \$1.99 lb.

fish

Fresh Swordfish Steak \$6.99 lb.
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vegetables

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8 oz. Pkg. Sliced Mushrooms \$1.39
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Euro Cucumbers \$.99 each
Extra Large Green Peppers \$1.49 lb.
2 lb. Bag Onions \$.99 lb.
Cucumbers 2/\$1.00
California Iceberg Lettuce \$.99 hd.
Green Beans \$1.49 lb.
Cauliflower \$1.99 ea.

17 oz. Emma's Pizza \$3.99

fruit

Bananas \$.39 lb.
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Red Seedless Grapes \$1.99 lb.
1 Pint Blueberries \$2.99
Pineapples 2/\$5.00
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5 lb. Pkg. Pearl Country Klub Beef Franks \$23.95
Hillshire Kielbasa Pkg. \$3.69
2.5 lb. Box Kayem Natural Casing Franks \$10.99
3 lb. Pkg. Land O Lakes Sliced American Cheese \$12.95

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Grieving Topic March 23

Loss is a universal event which brings many different emotions to many different people.

Beth Rotondo, a bereavement counselor, author and fellow griever, will be the guest speaker Friday, March 23 at 10 a.m. at the Kennedy

Center. Rotondo will share and discuss what this powerful period in our lives is all about.

Registration is required for this presentation.

To register call the Kennedy Center at (617) 376-1506.

Senior Winter Breakfast Feb. 26 At Kennedy Center

The Quincy Council on Aging will host a catered breakfast for seniors Monday, Feb. 26th at 9 a.m. at the Kennedy Center in Quincy.

Tickets can be purchased at the Kennedy Center for \$10 per person.

For more information call the Kennedy Center at (617) 376-1506.

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Summer Opening For Marina Bay Market

By SCOTT JACKSON

An upscale convenience store offering specialty sandwiches and beer and wine is set to open this summer in a new apartment complex in Marina Bay.

The Board of License Commissioners on Feb. 6 granted common victualler and retail beer and wine licenses to Marina Bay Market, which will be located at 552 Victory Rd., inside the Meriel Marina Bay development. The store will be open seven days a week from 6 a.m. to 11 p.m. with alcohol sales allowed after 8 a.m. six days a week and after 10 a.m. on Sundays.

Hani El-Shurafa, who will own the shop along with his wife, Gloria, said the store would open in June or July once the space is built out.

Edward Fleming, the attorney for the shop's owners, said the store would be located in a 2,782-square foot space adjacent to the parking lot that separates Meriel Marina Bay from Captain Fishbones. The beer and wine section will be limited to 500 square feet, Fleming said, per terms of the 10-year lease the owners signed with the owner of the apartment building. The same lease also prohibits the use of neon signage. Up to 12 seats will be located inside the store for customers.

Hani and Gloria El-Shurafa have more than 25 years experience in convenience stores, including

nearly 20 with Tedeschi's before they decided branch out on their own. Hani said they scouted locations as far away as Cape Cod before settling on Marina Bay in part because "Quincy is open for business."

"We're going to have an upscale convenience store, not your typical [one]," he said. "We're passionate about it. We are really passionate about retail, we love it and we've been doing it for 25 years. We are really excited."

Health Commissioner Drew Scheele, the board's chairman, suggested the owners look into the state's requirements for delivering alcohol to customers, in particular boaters who come to Marina Bay. Hani said they would consider doing so if there was enough demand from customers.

The board on Feb. 6 also approved a common victualler license for Mama Bear's Kitchen, located at 61 Franklin St. The new owner, Noemi Dokaoglu, is the mother of the sub and pizza shop's former owner.

Dokaoglu said no major changes are planned to the operation. She was, however, granted permission to stay open until 3 a.m. seven days a week; the store's previous license had an 11 p.m. closing time. Dokaoglu said the store would only stay open until 3 a.m. on weekends at first, but could stay open that late on other nights as well depending on

demand.

Scheele at first said he was on the fence about allowing the restaurant to stay open until 3 a.m. Police Chief Paul Keenan said the board could grant the shop permission to stay open that late on a trial basis and roll-back the hours if problems arise. The police chief noted the restaurant is located in a largely commercial area at the intersection of Franklin and Water Streets.

In other business Feb. 6, the board:

Approved a special use permit for the Jimmy Kennedy Memorial Run for ALS, also known as the Squirrel Run, set to take place on June 9. The race begins and ends at Pageant Field.

Approved the request of Bodyworks Wellness Therapy, 67 Federal Ave., for a bodyworks establishment license. The owner of the establishment, Kim Purdy, is moving the business from Cottage Avenue to the new space on Federal Avenue.



EMMA LIU of the Ivy Afterschool Program of Quincy performs a Chinese children's dance during the 30th annual Quincy Lunar New Year Festival at North Quincy High School on Sunday. More photos on Page 30 and Page 39. Quincy Sun photo/Tom Gorman

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Moments in time

THE HISTORY CHANNEL

- On Feb. 27, 1776, Commander Richard Caswell leads 1,000 Patriot troops in the successful Battle of Moores Creek over 1,600 British Loyalists. It was the first American victory in the first organized campaign of the Revolutionary War.

- On Feb. 28, 1784, John Wesley charts the first Methodist Church in the United States. Although he was an Anglican, Wesley saw the need to provide church structure for his followers after the Anglican Church abandoned its American believers.

- On March 3, 1863, during the Civil War, Congress passes a conscription act that produces the first wartime draft of U.S. citizens. The act called for registration of all males between the ages of 20 and 45. Exemptions from the draft could be bought for \$300.

- On March 2, 1944, a train stops for more than 30 minutes in a tunnel near Salerno, Italy, and more than 500 people on board suffocate and die. The locomotives were burning low-grade coal substitutes, which produced an excess of odorless and toxic carbon monoxide, asphyxiating the passengers.

- On March 4, 1952, Ernest Hemingway completes his short novel "The Old Man and the Sea," telling his publisher it was the best writing he'd ever done. The critics agreed: The book won the Pulitzer Prize and became one of his bestselling works.

- On March 1, 1961, President John Kennedy issues an executive order establishing the Peace Corps. Although many in Congress and the U.S. public, were skeptical about the program's costs and the effectiveness, thousands of young Americans flocked to serve in dozens of nations.

- On Feb. 26, 1993, a bomb explodes in the parking garage beneath the World Trade Center in New York City. Six people died and 1,000 were injured by the powerful blast. The FBI discovered that the bombers were not terrorists but jewel thieves.

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LGBTQuincy Meetup Social Saturday At The Pour Yard

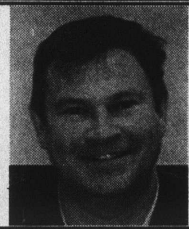
LGBTQuincy Meetup will host a casual evening social on Saturday, Feb. 17th at 7 p.m., at The Pour Yard, located at 210 Washington St. in Quincy.

The social is open to all members of the LGBT community in Quincy, and across the South Shore.

Light appetizers and a cash bar will be provided.
No entry fee.

RSVP by emailing Frank Rubino at frank55887@gmail.com.

For more information, visit <http://www.meetup.com/LGBTQuincy-Meetup/>



Son Beams

By ROBERT BOSWORTH

'Shouldn't Forget Pearl Harbor'

"You shouldn't forget."

That's how William Keith, a Quincy native and Pearl Harbor survivor, finished an interview with The Quincy Sun on Dec. 7, 2013 – the 72nd anniversary of the Japanese sneak attack on the U.S. base in Hawaii. Mr. Keith was among the guests attending the city's annual Pearl Harbor observance at the World War II Memorial at Mount Wollaston Cemetery.

Mr. Keith was more than a Pearl Harbor survivor and decorated Navy veteran of World War II.

He was walking history.

And a reminder that we should never forget the lessons of Dec. 7, 1941 – nor the brave men and women who were casualties that early Sunday morning more than 76 years ago. Some 2,335 military personnel were killed and another 1,143 were wounded on that "day of infamy" that propelled the United States into World War II. Civilian casualties numbered 66 killed and 35 wounded.

Mr. Keith never forgot what happened on Dec. 7 and spent his life reminding others of that tragic day. He was the city's last known Pearl Harbor survivor. He died Feb. 6 and will be laid to rest at Massachusetts National Cemetery in Bourne after a funeral service Saturday at noon at Saint Chrysostom's Church in Quincy. (Obituary on Page 33.)

If you had a chance to meet Mr. Keith and hear his first-hand account of Pearl Harbor, you were riveted to his words. His story was compelling and moving. But above all else it was a calling out to today's generation and future generations to remember one of the most important chapters of "The Greatest Generation." Many could argue that the genesis of that "Greatest Generation" began when those first torpedoes dropped from Japanese warplanes on American naval vessels.

Perhaps predictably but still sadly the story of Pearl Harbor wanes with each passing year as more and more of the men and women who lived through those darkest hours leave us. By some estimates there are fewer than 2,000 Pearl Harbor survivors today. There were some 60,000 on Dec. 8, 1941.

Mr. Keith was among those survivors. He was one of the lucky ones.

He joined the U.S. Navy on Aug. 20, 1940 as a hospital corpsman. On Dec. 7, 1941, Mr. Keith was aboard the battleship USS West Virginia, five decks down below when Japanese planes began bombing the base.

The West Virginia was moored in Battleship Row next to the USS Tennessee and diagonally behind the USS Arizona.

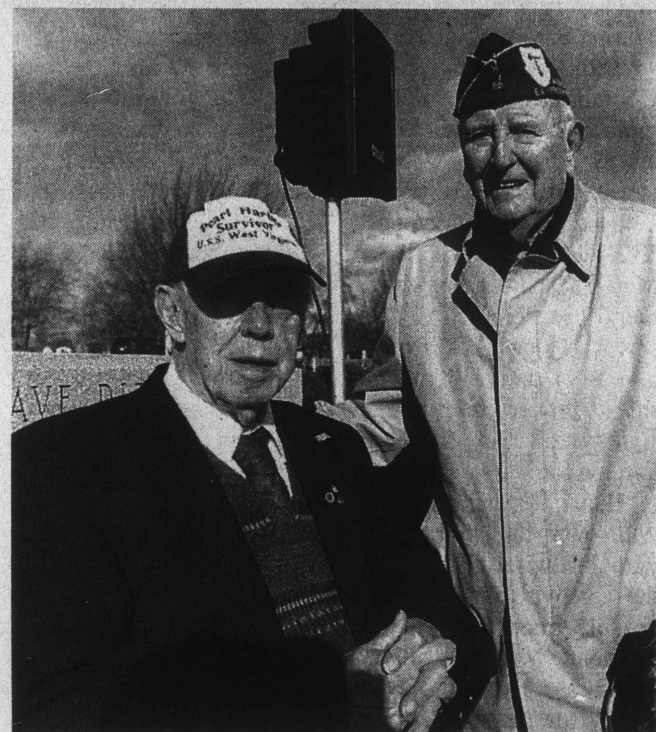
"Somebody opened up a hatch and everybody tried to come up one ladder; some fell backwards," Mr. Keith recalled. You got up and most of the harbor was on fire.

After making it to the deck of the West Virginia, Mr. Keith made it to safety by heading aboard the Tennessee, another battleship. Had he gone the other way, into the harbor, he may have not have been so lucky.

"I went over to the Tennessee – it was only a couple of feet away from land so I was able to get off the ship," he said. "If you went the other way you would've burned to death."

After making it to land, Mr. Keith began treating injured personnel. Many of those he treated were burn victims.

The West Virginia was one of eight battleships stationed in Pearl Harbor that were damaged and four were sunk including the West Virginia, which sustained as many as nine hits from bombs and torpedoes. The West Virginia and five of the other battleships were repaired and brought back into service during the war. Some 106 crewmembers aboard the West Virginia



QUINCY PEARL HARBOR Survivor William Keith, who was a sailor of the battleship West Virginia when the Japanese attacked Pearl Harbor on Dec. 7, 1941, with fellow World War II veteran Bob Noble (right). Mr. Keith was among the guests and veterans attending the 72nd anniversary of Pearl Harbor on Dec. 7, 2013 at the World War II Memorial at Mount Wollaston Cemetery. Mr. Keith – the city's last Pearl Harbor survivor – died Feb. 6. He will be laid to rest Saturday at the Massachusetts National Cemetery in Bourne.

Quincy Sun Photo/Robert Bosworth

lost their lives in the attack. The USS Arizona was sunk killing 1,117 sailors. The ship still lies at the bottom of Pearl Harbor and the USS Arizona Memorial, dedicated May 30, 1962 to all those who died during the attack, straddles the vessel's hull.

Mr. Keith continued to serve this nation during World War II. He was stationed on the USS Chester, a heavy cruiser. The Chester was part of a task force that took part in raids on the Marshall and Gilbert Islands in early 1942; eight aboard were killed when a bomb struck the ship. Just a few months later, the Chester took part in the five-day Battle of the Coral Sea.

Mr. Keith was discharged from the service on March 15, 1945. Later that same year he married his wife, Barbara. For his service in the war, Mr. Keith was awarded the Combat Action Ribbon, Navy Good Conduct Medal, the American Defense Service Medal, the World War II Victory Medal, and the Asiatic-Pacific Campaign Medal.

He received the commendations more than 65 years after being discharged with the help of then U.S. Sen. Scott Brown.

William and Barbara Keith raised eight children – including two sons who served in the Vietnam War. They lived in Marshfield for many years where William served as the head custodian for the town's school department before moving to Quincy in 2012.

Pearl Harbor remained a constant in William Keith's life. He and wife Barbara returned there at least six times, including on their 60th wedding anniversary in 2005.

"It was very, very emotional," Barbara recalled back in 2014. "While they're telling the story of Pearl Harbor, underneath you can just barely hear the names of everyone that was killed. That gave me chills."

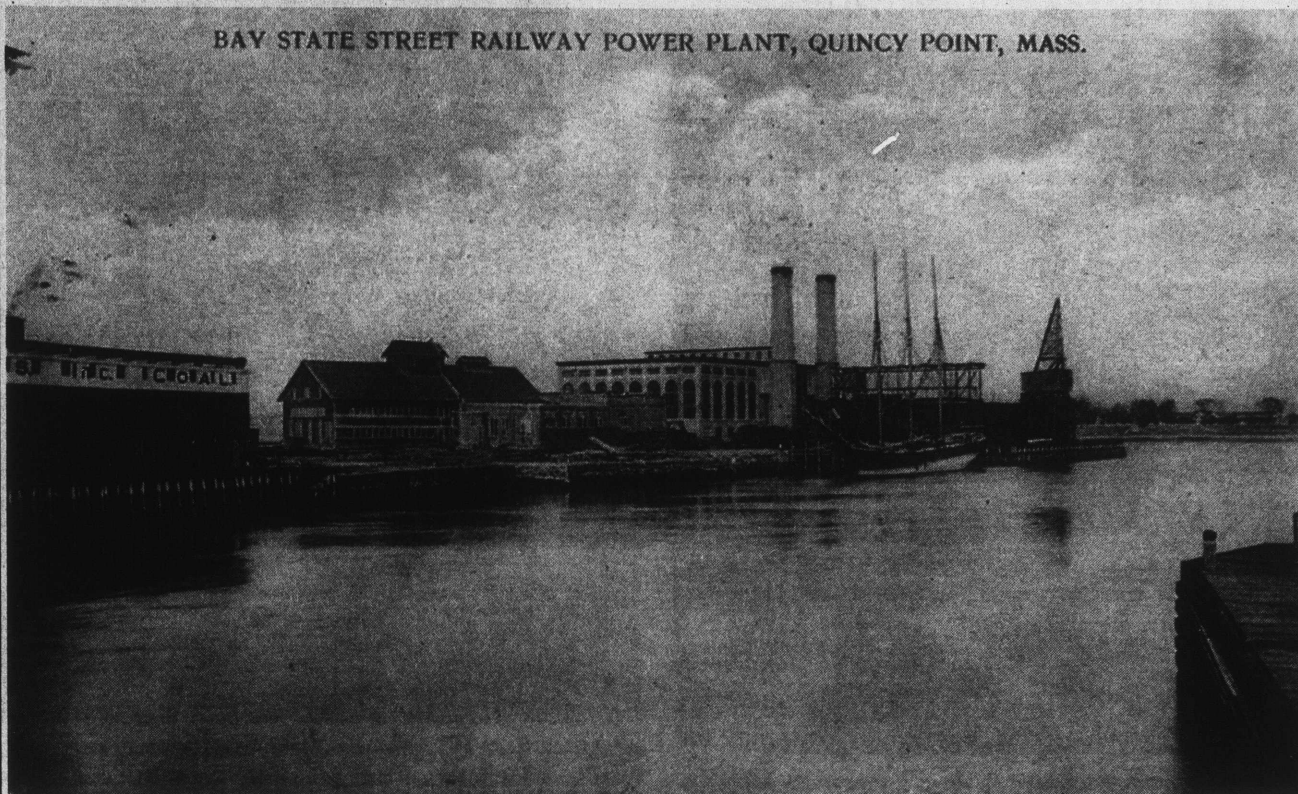
William often spoke to school groups about Pearl Harbor while working for the school department. He would tell the students about the attack and reiterate that he hoped people would never forget the sacrifice made that day.

"I go to schools and talk to the students," he told us in that interview a few years ago.

"You shouldn't forget."

Let us remember Pearl Harbor – and William Keith.

Scenes From Yesterday



BAY STATE STREET RAILWAY POWER PLANT, QUINCY POINT, MASS.

THIS IS A postcard view of the industrial plants along the Fore River in Quincy Point as they appeared from the trestle bridge in 1918. On the left are the wharves and coal pockets of the Sheppard Coal Company on Wharf Street. Their office was on Granite Street in the Square. The remaining buildings were the Bay State Street Railway Company's power plant. It was built there in 1888 to provide coal-fired power for Quincy's first electric trolleys. The Eastern Mass Street Railway Company later owned the property. In the late 1930s the city had an economic development plan to build

major industrial plants all along the adjoining Town River. The old powerhouse was demolished to build the Procter and Gamble Plant in 1940. As it happened it was the only new plant to locate there as the plan was scuttled due to the start of World War II. This is now the site of the Twin Rivers Technologies Company. A.L. McGilvary, a druggist in Quincy Point, published the postcard. It was printed in Germany. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Quincy's Yesterdays

This Week
1974
44 Years Ago

Hannon Announces Plans For A Commission On Status Of Women

Mayor Walter J. Hannon announced plans to establish a Commission on the Status of Women. Hannon said the purpose of this commission would be to advise the administration and the City Council on how to best combat sex discrimination in any area affecting employment, schools, child care and other related areas.

The commission, consisting of women working toward these aims, is subject to City Council approval.

Hannon requested those women's organizations and any individuals of the city participate in the implementation of this commission by submitting to him the name and resume of Quincy women interested in serving on the commission.

25% OF DOG OWNERS THE PROBLEM, SAYS DOG OFFICER BERLUCCHI

In a report to the city's dog officer, Frank Berlucchi, says the 25% of dog owners who do not live up to their responsibilities make his job a difficult one.

In 1973, Berlucchi picked up over 970 dogs on the streets of Quincy. Only 150 were claimed by their owners and while a few found new homes, 738 dogs were disposed of. The Quincy dog pound also noted that Quincy has had a leash law since 1966. The law also states that all dogs must be licensed and inoculated.

QUINCYISMS

The Quincy Sun's Sunbeams column reported that **James P. Papile**, a resident of Harkins St., Quincy Point, would be a candidate for state representative in the Quincy Point/South Quincy district... The Sunbeams column also reported that **Atty. Richard W. Barry**, a former city councillor and asst. district attorney, would be Quincy coordinator for former **Lt. Gov. Frank Bellotti's** bid for Attorney General. (Editor's note: Frank Bellotti won the AG's position and went on to serve three four-year terms in the office.)... **Joseph Gildea** was chairman of the Montclair Men's Club's 24th annual Awards Night. The club honored NE Patriots' player **Mack Herron** and former WHDH sportscaster **Leo Egan**... Mayor **Walter Hannon** proclaimed Feb. 1974 as "Heart Fund Month" and urged all residents to support the 1974 campaign... **Joann Walsh**, age 12, the daughter of Mr. and Mrs. Joseph Walsh, Payne St., South Quincy, won the first prize of \$25 for designing the best cover for the program booklet "Centennial Capers" presented by St. John's Church... The Quincy Council Knights of Columbus were planning an Irish Night for March 9 at the Fore River Clubhouse. Co-chairmen of the event were Grand Knight **Nicholas Christiani**, **Malachy Greaver** and **Paul Grant**... **Warren Watson**, director of the Thomas Crane Public Library, received the book "Two Forts to Destiny." The book, the story of the settlements of Plymouth in 1620 and Weymouth in 1622, were presented to Mr. Watson by George Thompson, president of the Weymouth Savings Bank... **Kimberley's**, 751 Quincy Shore Dr., at Wollaston Beach, was advertising a dinner special of a "20 oz. Sirloin Steak Dinner for \$7.95"... The Quincy Schools menu for Monday, Feb. 25 included a baked pork link sausage, applesauce, gravy, mashed potatoes, string beans, dinner roll and milk... **Almquist Flowerland**, Franklin St., South Quincy, was advertising a "Sunday Special, Colorful Wax Begonias for 59 cents."... **Kevin K. Egan**, Quincy, was named to the Dean's List for the fall 1973 semester at the University of Maine at Orono... **John Kennedy**, son of Mr. and Mrs. Christopher Kennedy of North Quincy, enrolled as a freshman at Northeastern University. (Editor's note: John's father, Christopher Kennedy, served on the School Committee from 1975 to 1989.)... **Officer John Brassil**, of North Quincy, graduated from the Massachusetts Correctional Officers Training Academy at the University of Massachusetts. Officer Brassil is employed by Suffolk County Sheriff's Department... **Mrs. Lydia Sisson**, Beach St., Wollaston, observed her 90th birthday at a family party at her home. Mrs. Sisson was born on Washington's Birthday in 1884... **John A. Andrews**, son of Mr. and Mrs. John Andrews, 63 Bay St., Squantum, and **Donald Bernstein**, son of Mr. and Mrs. Morton Bernstein, 28 Perry Rd., Wollaston, were named to the Dean's List for the fall semester at Nason College, Springvale, ME... The acapella choir of Eastern Nazarene College appeared in concert at the United First Parish Church, Quincy Center. **Greg Larkin**, associate professor of Music, directed the 46-voice choir, which will be on tour during the spring semester.

READERS FORUM

City's Pact With County Cork Positive For Both Parties

As someone with strong Irish family ties to Charlestown, I thought the news that the City of Quincy and County Cork have signed an economic pact that would benefit both parties.

I see the Cork County Council, the Cork Chamber of Commerce and Quincy City Hall all working together as a great opportunity

for all in a number of areas (business, trade, travel and cultural).

As someone whose maternal grandparents hailed from Bere Island I am very knowledgeable on that piece of island. I am proud of my Cork Heritage and like one of my uncles am involved in the Knights and Ladies of

St. Finbarr (the patron saint of Cork).

I also know that these pacts between America and countries like Ireland always have great benefits for both sides. Charlestown, MA has had a sister community relationship with Charlestown, County Mayo that has benefitted both towns quite well over the years this relationship has been in existence.

I had the opportunity a few years ago to attend a banquet with the Mayor of Charlestown, Mayo Gerry Murray sitting next to me as he expressed all the positives that has come out of the Charlestown-to-Charlestown relationship and the same surely will happen for Quincy and Cork.

Sal Giarratani
East Boston

Burke Donates \$10,000 To School Partnership

I recently donated \$10,000 to the Quincy Schools - Community Partnership. I am a platinum level sponsor with Quincy Public Schools.

In 2014 I made a commitment and pledged a \$80,000 donation to Quincy Public Schools. This is the fifth

consecutive year that I have donated \$10,000 for a total of \$50,000 to date.

Attorney George Burke Former District Attorney of Norfolk County, former state representative, former president of the City Council and former acting mayor of the City of Quincy

I was so happy to read that The College of the Holy Cross has decided to keep the Crusader mascot.

If only my alma mater, Eastern Nazarene College, had shown similar backbone. Maybe we are finally

coming to the end of the ridiculous politically correct nonsense of the war on sport team mascots.

Go Yakoo!

John Swanson
Wollaston

Happy Holy Cross Still The Crusaders

Senior Winter Breakfast Feb. 26 At Kennedy Center

Kick off the winter blues with a catered breakfast on Monday, Feb. 26th at 9 a.m. with the Quincy Council on Aging at the Kennedy Center in Quincy.

Tickets can be purchased at the Kennedy Center for \$10 per person. For more information call the Kennedy Center at (617) 376-1506.

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Future Tech Trends Focus At Entrepreneurs Event

Hosted By South Shore Innovation At West Of Chestnut

By ELEANOR KENNEDY

Self-driving cars won't be taking you to work any time soon.

That's according to experts who discussed the idea at an exciting event in Quincy recently in which panelists explored and debated future trends in technology.

The turn of the new year inspired local entrepreneurs and those with business ideas to attend the discussion at West of Chestnut apartments to hear just how realistic or close to fruition such concepts are.

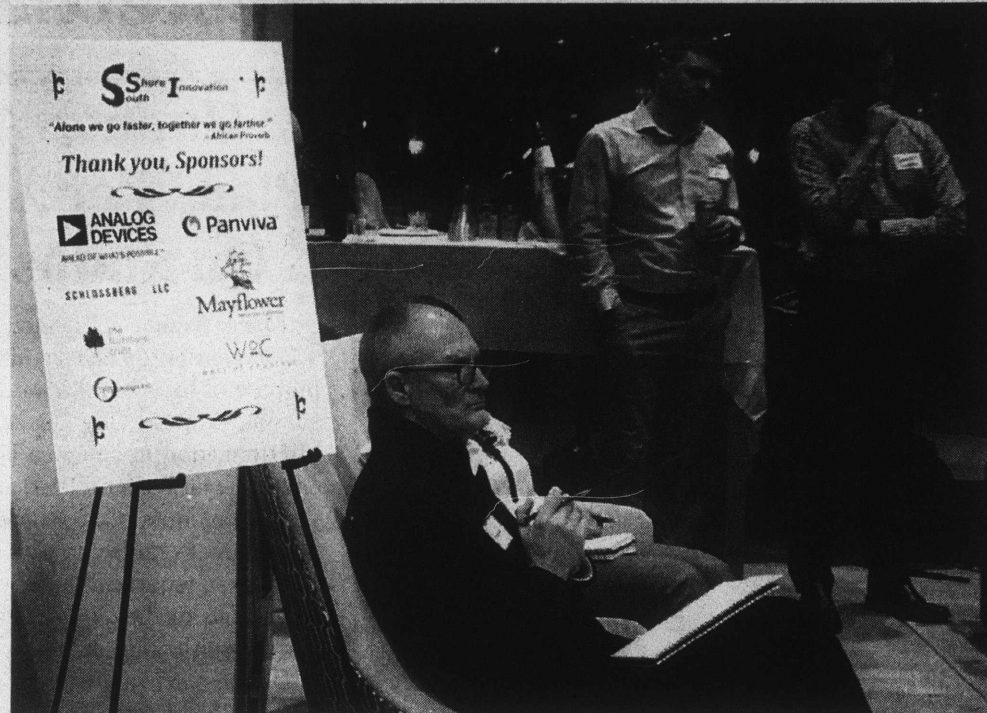
But Analyst and Author, Joe Barkai, said self-driving cars are not as close as people think, predicting it could take up to 15 years for their impact to be felt.

He said: "There are people who are for and against the idea of the autonomous car, and I can see the advantages. I think a plus is the fact is that they would in fact reduce traffic congestion. Another thing to think about is that they would allow us to make better use of our time, but without a doubt the number one consideration is they could help reduce fatalities on the roads."

He added: "Every year, 1.3 million people are killed worldwide. In the US, about 38 thousand people are killed each year. That's more than 100 killed people per day with the majority of fatalities because of human errors."

According to Barkai, fully-autonomous cars will also provide mobility to those who are unable to drive.

"This is not about you or me," he said. "It's about elderly people and those who are disabled. That's why I



LOCAL ENTREPRENEURS and business owners listen attentively as a renowned panel discusses future technology trends.

care about it so much about it."

The event was hosted by South Shore Innovation, a 501(c)3 nonprofit run by entrepreneurs and experienced business people who are making a social impact by extending and supporting entrepreneurship outside of Boston to areas with underserved populations.

South Shore Innovation founder, Eric Braun said: "There's a lot of change happening with technology and it's moving more and more rapidly. In 10 years, we may not recognize many of the jobs and processes that exist today. That's why it's so critical for employees and entrepreneurs to stay abreast of what's happening."

"Large companies that want to adapt for the future should make sure their employees are getting opportunities for ongoing learning and development, so they can contribute new ideas and help lead change."



PANELISTS, moderated by Brand and Buzz Marketing's Parna Sakur-Basu, debate the stability of blockchain at the recent Future Tech Trends event hosted by South Shore Innovation.

Photos Courtesy Eleanor Kennedy

The future trends theme resulted, rather predictably, in a discussion on the popularity and stability of blockchain, the technology underlying bitcoin, ethereum and other crypto currencies.

Panelists weighed in their opinions on the phenomenon which has dominated news recently.

Blockchain has three characteristics, said Chief

Digital and Information Officer at Boston Private, Prasanna Gopalakrishnan. These are that it provides a way to keep data immutable, secure and decentralized.

She argued that it has many values, despite its controversial reputation.

Gopalakrishnan said: "It's a platform that is evolving since it was set up by an anonymous person in 2008. Simply, you can look at it as a platform where you can track transactions and it's starting to see a lot more movement."

"In my view, I'm more excited about how blockchain has many applications in other areas that are not financial."

These include healthcare, data storage and insurance.

It should be noted that further discussion is required by experts to deal with questions surrounding morality, privacy and how the technology can potentially disrupt existing institutions like banking.

Panelists also discussed knowledge management and how technology has pushed it and will continue to push it into the future.

Panviva Vice President, and self-confessed 'serial entrepreneur' Stephen Pappas, described how knowledge management is "everything you need to do something"

which is vital to companies, especially when it comes to customer relations.

"Our philosophy is, you have to have your information in three clicks of a mouse," he said. "If a click of a mouse is one-quarter of a second, you better get your information in less than a second or else you are at risk of losing your customer."

He added: "Today you need one source of truth but you have to make sure you are optimizing it so everyone benefits from it. Most companies have something like this, but then they create a chatbot who is drawing from a different source, so when a customer is chatting on the phone versus when they are chatting online, they are getting different answers."

"If the right type of knowledge management is at the center of this, you feed all these applications so there is consistency and accuracy."

Those in attendance were treated to technology predictions for the future, with all panelists agreeing medicine is set to greatly benefit.

Director of Technology Advocacy at Analog Devices, Maria Tagliaferro, said: "Things are certainly beginning to speed up in medicine. Now, when we run tests, we find out in three

days if there is an infection or bacteria present. We are working with companies who are looking to have results in minutes which could be hugely transformative."

Tagliaferro advised local entrepreneurs and those currently cooking up ideas: "The world is your oyster, there is so much tech out there. To make a successful business, you have to ask yourself what is the problem you will solve and what is your domain expertise."

Joe Barkai agreed with the glitz that finding a meaningful problem and making sure it's not just meaningful for you, but the beneficiary.

"Cool is overrated," he said. "Business people want business."

Anyone working on a startup, developing innovative technology or interested in helping entrepreneurs can contact South Shore Innovation to get involved with its activities and the organization. To learn more, email info@ssinnovation.com.

The event was sponsored by Analog Devices, Panviva, Mayflower Brewing Company, West of Chestnut Apartments, Schlossberg LLC and 30hands Learning. Catering was provided by Suddenly Simple Events of Scituate, MA.

Quincy Access Television
88 Washington Street
Quincy, MA 02169



QATV

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Public Access Channel 8

Thursday, February 15
6:00pm: Bethany Congregational Church
7:30pm: QHS vs. Duxbury Girls Basketball

Friday, February 16
11:30am: LIVE: Currently in Quincy
7:00pm: QHS vs. NQHS Girls Basketball

Saturday, February 17
12:00pm: QHS vs. NQHS Girls Basketball
1:30pm: QHS vs. NQHS Boys Basketball

Sunday, February 18
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, February 19
12:00pm: Discover Quincy Annual Meeting
8:00pm: High School Basketball

Tuesday, February 20
6:00pm: LIVE: AM Quincy with Joe Catalano
6:00pm: Eye on Quincy (replay)

Wednesday, February 21
6:00pm: Good News
9:30pm: Sound Advice

Government Access Channel 9

Thursday, February 15
12:00pm: FY '19 State Budget Hearing
7:00pm: Media Advisory: Develop. Agreement
8:30pm: At Your Library: February Happenings

Friday, February 16
12:00pm: In the Spotlight: Discover Quincy
6:00pm: City View with Mayor Koch
6:30pm: FYI: QHD Subdural Hematoma
7:00pm: At the Library Concert: Crowes Pasture

Saturday/Sunday, February 17/18
11:00am: At Your Library: February Happening
12:00pm: FY '19 State Budget Hearing
4:30pm: AM Quincy: Quincy Fire Department
6:30pm: FYI: QHD Subdural Hematoma
8:00pm: At the Library Concert: Crowes Pasture

Monday, February 19
12:00pm: Joint Committee on State Admin and Regulatory Oversight

Tuesday, February 20
8:00pm: In the Spotlight: Discover Quincy

Wednesday, February 21
7:00pm: LIVE: City Council Ordinance Comm.

Programming is subject to change.

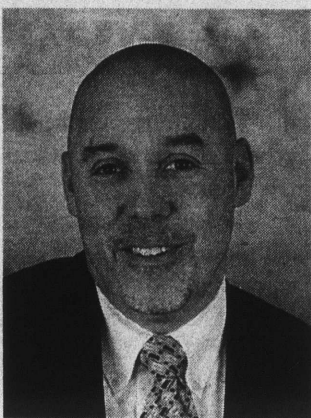
For a complete list of programs, please visit our website at qatv.org

William Graves President, CEO South Cove Manor

South Cove Manor at Quincy Point, a non-profit rehabilitation and skilled nursing care community, announces the appointment of William Graves as president and C.E.O. effective March 1.

Graves is an experienced nursing home administrator and a nationally recognized leader in resident-centered care. Since 1999 he has served as the administrator and president of St. Camillus Health Center in Whitinsville, a 123-bed skilled nursing facility.

Highlights of Grave's



WILLIAM GRAVES

tenure at St. Camillus include accreditation by the Joint Commission, or JCAHO, and development of both a designated memory

care neighborhood within the facility and an off-site Adult Day Health Program.

Graves serves as chairperson of the Massachusetts Board of Registration of Nursing Home Administrators, and as an elected member of the Board of Directors of the Massachusetts Senior Care Association.

"Bill is a good fit for our mission-driven approach and our community and we are excited to have him coming on board to lead our organization," said South Cove Manor Board Chairperson Richard Lui. "His strategic approach coupled with his

financial acumen and strong leadership experience make him an excellent choice for South Cove."

Founded in Boston in 1985, South Cove Manor moved in 2014 to a new state-of-the-art campus at 288 Washington Str. in Quincy, significantly expanding its rehabilitation capacity, and creating a series of small resident communities for elders.

"South Cove Manor is highly regarded for its excellent care and committed staff, and I am honored to join this exceptional organization," Graves said.

Social



STATE REP. Bruce Ayers recently presented Quincy resident Robbie O'Keefe with a state citation in recognition of his many years of volunteering with the Quincy/North Quincy Knights of Columbus. After assisting at countless events over the years, O'Keefe is moving to Weymouth. Ayers presented O'Keefe this citation honoring his dedicated volunteerism at his last event, the Knights of Columbus Meat Raffle.

Photo Courtesy Rep. Bruce Ayers

Quincy Art Association Hosting Free Artist Demonstration Feb. 24

Quincy Art Association will host a free art demonstration Saturday, Feb. 24, from 2 to 4 p.m. at the QAA Building, 26 High School Ave. in Quincy, behind the Quincy Center Fire Station.

The demonstration will feature Abraham Tena who teaches illustration at Mass. College of Art. Tena will be

providing a free demonstration of "character development" in graphic art with a live model.

For more information about Tena's professional work, visit abetena.com. His work specializes in the intersection of academic figure drawing, character design and storytelling.

Free Basic Boating Safety Courses At HN Maritime Center

The Quincy Police Marine Unit, in partnership with the Massachusetts Environmental Police, will present three basic boating safety courses at no cost to the public.

The courses are designed for persons 12 years old and up, regardless of boating skill.

Course offerings are:

- Saturdays, March 3, 10 and 17 from noon to 4 p.m. Course ID: 4186.
- Thursdays, March 8, 15 and 22 from 6 to 10 p.m. Course ID: 4187.
- Thursdays, March 29, April 5 and April 12 from 6 to 10 p.m. Course ID: 4188.

Courses are taught at the Houghs Neck Maritime Center, 137 Bay View Ave., next to the Quincy Yacht Club on Sea Street in Quincy.

Courses are nationally approved, and course completion will allow persons to legally operate a boat in states requiring basic boating safety courses. Everyone who completes the course will be issued a Basic Boating Safety Certificate.

All graduates in the 12-

15 age group will be legally allowed to operate a motorboat without adult supervision. The same is true for 16 and 17 year-old youth who wish to operate a personal watercraft (jet ski, wave runner, etc).

In addition, some insurance companies offer policy discounts for customers who complete a basic boating safety course.

To register for a course go to the Massachusetts Environmental Police Department website at: www.mass.gov/ole. Click on Boat and Off-Highway Vehicle Safety Courses. Click on Boating Safety Enrollment Form. Fill out the MEP Boating Safety Course Online Enrollment Form using the course ID for the course you want to attend.

For more information call MA Environmental Police at 508-564-4961.

Sean McDermott On Dean's List

Sean McDermott of Quincy has been named to the Dean's List for the fall semester at Saint Joseph's

Cheer Clinic At QHS Feb. 20

A cheer clinic for boys and girls in middle school and high school will be held Tuesday, Feb. 20 from 9 a.m. to 1 p.m. at Quincy High School.

Learn the ins and outs of proper stunting, learn what positions best fit you, technique and style.

Cost is \$25 per person if registered by Feb. 16. After Feb. 16th, the cost is \$35 per person.

Checks can be made payable to QHS Cheer and

mailed to N. McNulty, 28 Burns Ave., Quincy, MA 02169.

To register and sign the waiver:

- Join the Facebook group "QHS Cheer Camp Program, or
- Send an email to quincyhighcheering@yahoo.com and a form will be sent to you.

For more information, contact Coach Nancy-Quincyhighcheering@yahoo.com.

Four Quincy Students On UMD Chancellor's List

Four students from Quincy have been named to the Chancellor's List for the fall semester at the University of

Massachusetts Dartmouth.

They are:

Marcus Johnson, Bingmei Xu, Carmen Chen and Janae Riggins.

13 On Xaverian Honor Roll

Thirteen students from Quincy are on the Honor Roll for the second marking period at Xaverian Brothers High School in Westwood.

They are:

Thomas Arrigal, First Honors, Grade 9.
Kyron Brown, First Honors, Grade 11.
Michael Fonte, First Honors, Grade 10.
Matthew Raimondi, First Honors, Grade 9.
Patrick Senier, First Honors, Grade 11.
Steven Shalvey, First Honors, Grade 11.
Brian Cantor, Second Honors, Grade 12.
Douglas Concannon, Second Honors, Grade 11.

Aidan Fleming, Second Honors, Grade 8.
Ryan Fleming, Second Honors, Grade 12.
John Mariano, Second Honors, Grade 11.
Fiachra O'Farrell, Second Honors, Grade 10.
Dylan Raimondi, Second Honors, Grade 11.

11 Quincy Students On FSU Dean's, President's List

Eleven students from Quincy have been named to the Dean's List or President's List at Framingham State University for the fall semester.

They are:
Dean's List: Angela Hys-

lip, Daniel Johnson-Tatelman, Nolan Greene, Haley McKay, Molly Meehan, Christina Morrissey, Savannah Morrissey, Colleen Trenholm and Jillian O'Leary.

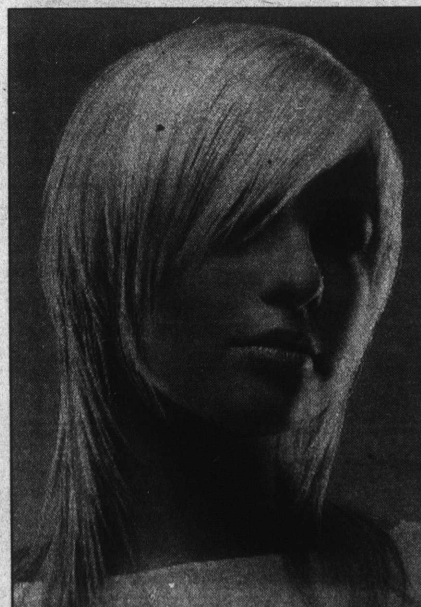
President's List: Nicole Larkin.

Seven On Dean's List At UMass Dartmouth

Seven Quincy students are on the Dean's List for the fall semester at the University of Massachusetts Dartmouth.

They are:

Colin Mason, Angela Ng, Joseph Soricelli, Robyn Sullivan, Kiekea Riggins, Charlene Jean-Lestin and Margaret Wu.



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WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUSIE FALCO



Apple-Stuffed Pork Chops

By MARIE

Many times when I begin to cook I don't always measure what I am using and by the time I write the recipe I am actually improvising the amounts or taking an "educated guess" as the case may be.

Sometimes cooks just eyeball ingredients and, unlike in baking where you have to be exact, the results can be unusually good.

"Eyeballing the ingredients" was the way my granddaughter, Jennifer, gave me the recipe for these delicious apple-stuffed pork chops. She brought me one to taste and it was absolutely the best stuffed pork chop that I have had in a long while.

Preheat oven to 350 - grease a shallow baking pan

RECIPE:

Fresh sage

Fresh parsley

Salt and pepper to taste

1 small onion, finely chopped

1 granny smith apple, finely chopped

1 cup of stuffing mix

3 tablespoons of melted butter

1 can of chicken broth

4 pork chops (thick and good sized port chops that can be slit for stuffing.)

Before you begin slit the pork chop to

prepare it for the stuffing. Mix all of the herbs together as if you were making pesto.

Then add the chopped onion and apple. Add the melted butter and stir, blending well. Add stuffing mixture to the chicken broth to moisten and blend all of the ingredients together.

Place the pork chops in a greased shallow baking pan and cover. Coat the pork chop with the stuffing mixture and add strips of bacon or prosciutto to the top of the chops.

Bake for 30 minutes and check - and then continue to bake until pork is no longer pink.

You can serve these delicious chops with roasted potatoes - either sweet or white and string beans.

Side Dish For Meatloaf

Last week's recipe for meatloaf stuffed with mashed potatoes inadvertently omitted a side dish recipe for creamed peas.

It appears here:

Creamed Peas

1 package of frozen peas (or an 8 ounce can)

2 cups of milk

2 tablespoons of flour

2 tablespoons butter

Melt butter in sauce pan, stir in flour and form roux. Slowly add milk, blending until smooth, cook until thickened and fold in peas and cook until peas are tender.

Healthy Caesar Dressing

By SUSIE

Store bought salad dressings normally contain cheap processed oils and lots of sugar. Here is a delicious dressing that seems a bit strange, but really is delicious.

Molasses gives it a unique taste and contains important nutrients, including iron and calcium. Cashews contain healthy fats as well as a good dose of protein. Season with sea salt and pepper at the end of mixing to see how much you need. I normally do about 1/2 teaspoon of each. Hope you enjoy! Just throw in blender and mix well.

Healthy Caesar Dressing

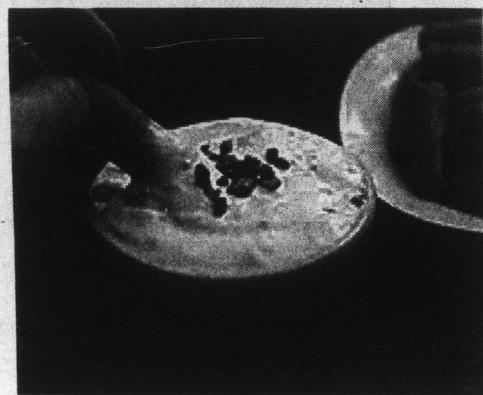
- 1/2 cup raw cashews (that have been soaked in boiling water for 30 minutes, the rinsed and drained)

- 1/4 cup water-1/2 cup water (depending on how thin or thick you like it, start with the 1/4 cup and work your way up, you may need even more than 1/2 cup)

- 2 tablespoons extra-virgin olive oil

- 1 tablespoon lemon juice

- 1 tablespoon apple cider vinegar



- 1/2 tablespoon Dijon mustard

- 1/2 tsp onion powder

- 1 small garlic clove

- 1/2 tablespoon tamari, bragg's liquid

amino or coconut amino

- 1 teaspoon blackstrap molasses (or raw honey)

- 2 tablespoons grated parmesan or romano cheese

Sea salt and pepper

Blend in blender until creamy.

Add more water if necessary and season to taste.

16 Quincy Students Inducted Into B.C. High's National Honor Society

Sixteen Boston College High School students from Quincy were recently inducted into the National Honor Society.

They are:

Andrew Bargoot 2019, Matthew Brandi 2019, Samuel Danby 2019, John Fitzpatrick 2018, Colman Gillis 2019, Sean Healy 2018, Joseph Henry 2018, Jack Kelly 2018, Alexander Kiley 2019, Nicholas Kuranda

2019, Martin McCormack 2018, Reese Mullen 2019, Jake Murray 2019, Donald Ormond 2019, Michael Song 2019 and Matthew Summering 2019.

They were among the school's 128 students inducted into the Robert J. Fulton, S.J. chapter of the National Honor Society at the Hunter-Fahey Commons Jan. 25th.

Haley Vradenburg On Fisher College Dean's List

Haley Vradenburg of Quincy has been named to the Dean's List for the fall semester at Fisher College in Boston.

Quincy Symphony Orchestra Concert At QHS Feb. 25

The Quincy Symphony Orchestra (QSO), under the direction of Music Director Yoichi Udagawa, continues its season with a concert on Sunday, Feb. 25th at 2:30 p.m.

The concert will feature the Don Giovanni Overture by Wolfgang Amadeus Mozart: Concertant, Franz Danzi: and Symphony No. 7 by Ludwig Van Beethoven: The concert will also feature soloist members of the Bos-

ton Symphony Orchestra Torben Hansen and Rosemary Hinkle.

The performance will take place at the Lloyd Hill Performing Arts Center at Quincy High School, located at 100 Coddington St. in Quincy. Free parking is available on site. The concert hall is also walking distance from the Quincy Center MBTA station.

Founded in 1955, the QSO consists of more than

50 volunteer musicians, including both amateurs and professionals from the Boston Metro-South region. The QSO offers three free concerts every season, in addition to an annual "Pops" fundraiser and holiday concert in partnership with the Quincy Public Schools.

For more information, contact us at 800-579-1618 or e-mail at: quincysymphonyorchestra.org

Friends Of Blue Hills Winter Fest Feb. 27

The Friends of the Blue Hills will host their annual Winter Fest on Tuesday, Feb. 27, from 5 to 8 p.m., at Blue Hills Ski, 4001 Washington St., in Canton.

For those hoping to get some winter exercise, there will be downhill skiing and a guided night hike under the lights. There will be plenty of indoor fun, too.

Adults and children alike can do a jig to the spirited Irish tunes of Songs for Ceilidh, sample some of the area's best chili, make some creative winter crafts, or just

warm up in front of the fireplace in the cozy ski lodge.

Blue Hills Ski is offering discounted rates of \$20 each for all-day lift tickets, ski rentals, or lessons that day. To receive the discount, print out and bring the Friends of the Blue Hills homepage www.FriendsOfTheBlueHills.org or Facebook page.

Five local restaurants will be competing in the "Battle of the Blue Hills Chili Cook-Off" that night, including The Fours which has won the Judges' Choice

Award for three years in a row.

Local elected and town officials will serve as judges. A People's Choice Award will also be presented that evening.

Winter Fest is just one of many free events the Friends of the Blue Hills offers throughout the year to encourage people to explore and enjoy the Blue Hills Reservation.

For more information or to join Friends of the Blue Hills, visit www.FriendsOfTheBlueHills.org/winterfest.

Park Dept. Stroll To Pine Island Feb. 24

The Park Department will host a free stroll to Pine Island in Black's Creek on Saturday, Feb. 24.

Participants should meet at the intersection of Thorn-ton Street and Meadowbrook

Road at 11 a.m. Wear warm clothing and boots that can get wet. A hiking stick or pole would be helpful. Participants will be walking on uneven surfaces that may be icy or muddy in places.

If the conditions on the ground are too icy or there is inclement weather, the tour will be rescheduled. Call 617-472-0799 on Feb. 24 for rescheduling information.

21 Quincy Students On Woodward Honor Roll

The Woodward School lists 21 students from Quincy on its second quarter honor roll.

HIGH HONORS

Grade 6: Abigail Williams.

Grade 7: Sarah Alberione, Esi Eashun.

Grade 8: Marina Fer-

reira, Alexandra Gagne, Zoe Maher.

Grade 11: Jia Yan.

Grade 12: Maura Hegarty, LiJie Zhao.

HONORS

Grade 7: Jacquelyn Andrade.

Grade 9: Samaya Jab-

bar, Yongshi Xu.

Grade 10: Ho Luen Chan, Anastasia Roth, Jody Serani.

Grade 11: Jing An, Ola Okeibunor.

Grade 12: Jasmine Bean, Hailey Costello, Jane Guay, Kelly Ann Lynch, Ngan Truong.

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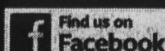
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Sweets For The Sweet - The Benefits Of Chocolate

A Message From Ruth Jones, Director Of Nursing, Quincy Health Department

By RUTH JONES
BSN, RN, BC, CP-FS

The next time you indulge in a piece of chocolate, you may not have to feel overly guilty about it. Despite its bad reputation for triggering weight gain, there are a number of health benefits associated with this enjoyable treat.

Chocolate is created from tropical Theobroma cacao tree seeds and dates back to the Olmec civilization in Mesoamerica. Following the European discovery of the Americas, chocolate became very popular in the world, and the demand for it soared. Chocolate has since become an incredibly well-liked food product that millions treat themselves to every day. The average American consumes approximately 10 pounds of chocolate each year. But what effect does eating chocolate have on our health?

Throughout the years, chocolate has received a lot of negative press because of its fat content; its consumption has been linked with acne, obesity, high blood pressure, coronary artery disease, and diabetes. However, according to a review of chocolate's health effects in the Netherlands Journal of Medicine, it's not as bad as we anticipated. The article indicates that the recent discovery of biologically active phenolic compounds in cocoa has altered this perception and stimulated research on its effects in aging, oxidative stress, blood pressure regulation, and atherosclerosis.

Presently, chocolate is praised for its remarkable antioxidant potential. The greater the cocoa content, the more health benefits and the less sugar content there seems to be, which is valuable for overall health.

Chocolate is made from plants, which means it contains many of the health benefits of dark vegetables. These benefits are from flavonoids, which act as antioxidants. Antioxidants protect the body from aging caused by free radicals, which can cause damage that leads to heart disease.

Dark chocolate contains a large number of antioxidants (nearly 8 times the number found in strawberries). Flavonoids also help relax blood pressure through the production of nitric oxide, and balance certain hormones in the body.

The potential benefits of eating chocolate may include: Lowering cholesterol levels, preventing cognitive decline and reducing the risk of cardiovascular problems. A study, published in The Journal of Nutrition, stated that chocolate consumption might help reduce low-density lipoprotein (LDL) cholesterol levels, also known as "bad fats."

The group of researchers set out to examine whether chocolate bars containing plant sterols and cocoa flavanols have any effect on cholesterol levels. The study authors wrote that the results denoted that regular consumption of chocolate bars containing plant sterols and cocoa flavanols, as part of a low-fat diet, may support cardiovascular wellbe-

ing by lowering cholesterol and improving blood pressure.

Scientists at Harvard Medical School suggest that drinking two cups of hot chocolate a day could assist in keeping the brain healthy and reducing memory decline in older people. The researchers discovered that hot chocolate helped improve blood flow to parts of the brain where it was needed. The study results indicated that as different areas of the brain require more energy to complete their tasks, they also need increase blood flow. This relationship, termed neurovascular coupling, may have a significant role in diseases such as Alzheimer's.

In a further study, published in 2014, researchers found that a cocoa extract, called lavado, could possibly reduce or prevent damage to nerve pathways found in patients with Alzheimer's disease. This may indicate that symptoms of the condition, such as cognitive decline, could be slowed.

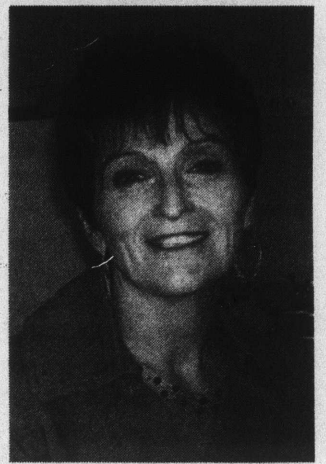
Research, published in The British Medical Journal, proposes that consuming chocolate could help lower the chance of developing heart disease by one-third. The report was presented at the European Society of Cardiology Congress in France. The authors concluded that based on observational veri-

fication, levels of chocolate consumption appear to be associated with a significant reduction in the risk of cardio-metabolic disorders. However, it is noted that further experimental studies are required to confirm a potentially beneficial influence of chocolate consumption.

Canadian scientists carried out a study involving 44,489 individuals and found that people eating chocolate were 22 percent less likely to suffer a stroke than those who didn't. Also, those who had a stroke but regularly consumed chocolate were 46 percent less likely to die as a result. In a further study, published in the journal Heart in 2015, researchers tracked the impact of diet on the long-term health of 25,000 men and women. The findings suggested that eating up to 100 grams or 3.5 ounces of chocolate each day may

be linked to a lower risk of heart disease and stroke.

Over recent years, there has been a great deal of interest in chocolate and its potential health effects; however the risks of chocolate consumption need to be addressed. Chocolate has a high calorie count, containing large amounts of sugar. Therefore, if an individual is trying to slim down or maintain their weight, it may be a good idea to set a limit on chocolate intake. Chocolate does contain fats; however some of the fats in chocolate do not impact your cholesterol. The fats in dark chocolate are 1/3 oleic acid, a healthy monounsaturated fat that is also found in olive oil, 1/3 stearic acid, a saturated fat but one which research shows has a neutral effect on cholesterol, and 1/3 palmitic acid, a saturated fat, one which raises cholesterol and heart disease



RUTH JONES

risk. That means only 1/3 of the fat in dark chocolate is bad for you.

All in all, there are both health benefits and negative aspects to chocolate. However, as in everything in life, moderation is the key. Who knows, in the future, maybe a doctor's visit could possibly result in a prescription for chocolate.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

Blood Drive Feb. 20 At St. Thomas Aquinas Hall

The Houghs Neck Community Council and Holy Trinity Parish will sponsor a winter Blood Drive on Tuesday, Feb. 20th from 2 to 7 p.m. at St. Thomas Aquinas Hall, Darrow Street, Quincy.

Appointments are recommended but walk-ins are welcome. Contact the red-cross.org site to register. Remember to bring your ID.

Contact Eileen Timcoe for more information at 617-479-4107, or email etimcoe@yahoo.com.

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Pedestrian Access Near Hancock-Adams Green Construction Area Redirected

Shift In Effect Through July 31, Officials Say

To ensure safe pedestrian passage, pedestrian routes in the vicinity of the Hancock Adams Common construction project have been re-directed around the work zone effective Feb. 10. The shift in access will remain through July 31, according to officials.

Pedestrian travel along Hancock Street has been temporarily re-routed along Washington Street and

Temple Street. Pedestrian access to Quincy City Hall, the Quincy Center MBTA Station, the United First Parish Church and the Hancock Cemetery has also been temporarily re-routed due to the on-going park construction.

Existing access to the Hancock Cemetery via the former Hancock Street area is temporarily closed and re-routed.

The Temporary Pedes-

trian Access Plan (shown above) depicts temporary access routes for each of these facilities.

- Church access is available utilizing the sidewalk on the north side of the church off Washington Street.

- City Hall access will continue to be available from Hancock Street along the sidewalk adjacent to the Monroe Building to the City Hall walkway.

- Quincy Center MBTA Station access will continue

to be available from Hancock Street along the sidewalk adjacent to the Monroe Building.

- Access to the Hancock Cemetery is also be available from Hancock Street via the sidewalk adjacent to the Monroe Building and walkway running parallel with the MBTA tracks.

The temporary Hancock Cemetery access route includes paved surfaces, grassed surfaces and steps.

Regular access to facilities will be re-established July 31, according to officials.

Ryan Hatfield On Dean's List At Holy Cross

Ryan Hatfield of Quincy, a fourth-year student at the College of the Holy Cross, has been named to the Dean's List for the first se-

mester.

He is the son of Neil and Kelly Hatfield of Quincy. Hatfield double majors in economics and arts.

Life Line Screenings Here March 5

Residents living in and around Quincy can learn about their risk for cardiovascular disease, osteoporosis, diabetes, and other chronic, serious conditions with screenings by Life Line Screening.

The screenings will take place at the Quincy Sons of Italy Hall, 120 Quarry St., Quincy, on Monday, March 5.

Screenings can check for:

- The level of plaque buildup in arteries, related to risk for heart disease, stroke and overall vascular health.

- HDL and LDL cholesterol levels.

- Diabetes risk
- Bone density as a risk for possible osteoporosis
- Kidney and thyroid function, and more.

Screening packages start at \$149, but consultants can work with those interested in screenings to create a package based on age and risk factors.

Screenings are convenient and accessible for wheelchairs and those with trouble walking. Free parking is also available.

For more information, call 1-877-237-1287 or visit the website www.lifelinescreening.com. Pre-registration is required.

Social Security Matters

Ask Rusty: Speeding Up Social Security Disability Claims

By RUSSELL GLOOR

AMAC Certified Social Security Advisor

Association Of Mature American Citizens

Dear Rusty: I have been diagnosed with Lou Gehrig's disease (ALS) and my condition has gone downhill pretty fast, to the point that I'm not able to work anymore. I think I could get Social Security disability, but from what I've heard it can take years to get a disability claim approved. With my condition getting worse every day, I don't have that many years left, but I know the bills will still keep coming. I just wish there was some way to get some financial help while I'm dealing with this. Signed: Discouraged

Dear Discouraged: Yes, as has been widely reported, the backlog of Social Security Disability Insurance (SSDI) applications has ballooned to a number which can cause an initial determination to take 3-6 months, and an appeal of an initial denial can take a year or more. That can be pretty discouraging news for someone such as you dealing with a severe debilitating condition which so obviously meets the definition of "disability." But here is what I hope will be some encouraging news:

The Social Security Administration (SSA) has a program, which helps accelerate disability claims for those whose medical condition is so obviously acute and debilitating that approval is practically assured. This program, known as the Compassionate Allowance (CAL) program, is intended to identify and fast-track SSDI applications where the disability is patently obvious and from a medical condition or disease already appearing on the Compassionate Allowance list, including certain cancers, ALS (Lou Gehrig's Disease), acute leukemia and over 200 others.

Although the SSA uses technology to try to automatically identify disability applications which qualify for CAL, you can help speed up your application by applying for SSDI in person and notifying the interviewer that your condition is on the Compassionate Allowance List and thus eligible for fast-track handling.

You should bring along copies of medical records which confirm your diagnosis as well as contact information for your medical service provider(s). For proven conditions on the CAL list, SSDI applications may get a positive decision in as little as 10 days from when you first file and with a relatively small amount of medical proof. But since medical providers are sometimes slow to provide confirming medical records to Social Security, this can sometimes be a factor which delays even Compassionate Allowance cases.

It will help speed your case if you bring with you as much medical information as possible to prove your condition. You may even be eligible for retroactive benefits (up to 12 months) back to the date that the onset of your disability first left you unable to work.

Although your case clearly qualifies for the Compassionate Allowance process, other medical diagnoses not listed as a CAL condition may also qualify for fast-track handling through an SSA program called Quick Disability Determination (QDD). The QDD can be used in cases where a disability clearly prevents a person from working, but isn't listed as a CAL condition. A Social Security disability attorney may be helpful when applying for QDD as well as CAL consideration (disability attorneys' fees are limited by law).

One final note: Although SSDI applications can be submitted online, we recommend applying in person in order to ensure the most efficient handling of your application. The SSA field office staff has the ability to identify your application as eligible for Compassionate Allowance. You can find out more about the Compassionate Allowance program at www.socialsecurity.gov/compassionateallowances.

The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services.

The Foundation welcomes questions from readers regarding Social Security issues. To submit a request, contact the Foundation at info@amacfoundation.org.

February's Flavor of the Month



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QUINCY RURAL MASONIC Lodge members were honored by the school committee for their contributions to the school system's behavioral program. Lodge members from left, Marcos Cardoso, Charles Caroselli, Fred Williams, Jr. and Nate Johnson pose with the committee.



PETER THOMPSON, center, is honored by school officials for his contributions to the district's substance abuse programs. Supt. Dr. Richard DeCristofaro, left, and Student Support Services Director Maura Papile are joined by the school committee. Quincy Sun photos/Tom Gorman

Contributors Recognized For Supporting School Programs

Cont'd From Page 1

funding and as well as moral support for substance abuse awareness.

"He has been sort of a guardian to us as we plan and implement our substance abuse prevention initiatives," Papile said. "He has been so generous honoring his son's memory and helping our kids and caring about our kids."

Papile said that in conversations with Thompson, he encourages her to "do more and do better."

"I really appreciate that kind of motivation coming from the heart," she said.

In the wake of losing his son to addiction, Thompson was prompted to visit local school districts encouraging programs directed at substance abuse prevention.

He explained that a few years ago his friend brought him to Superintendent of Schools Dr. Richard DeCristofaro's office to discuss substance abuse initiatives in Quincy. Thompson said the district was immediately onboard and praised the work of Papile, DeCristofaro and Mayor Thomas Koch for taking action and implementing programs.

"You guys have taken this system...and stepped up above and beyond," Thompson said. "A series of train wrecks have brought us here where we are today. You guys have stood up and you were brave enough to stand up and fight this."

Thompson said it is imperative that school systems have programs that reach out to students at a young age about the dangers of addiction.

"We can't arrest our way out of what's going on," said Thompson. "We can't sugarcoat it and we can't hide it anymore. We have to talk about it."

He noted the hurt of losing his son to addiction.

"If it happens to me it can happen to anybody," Thompson said. "To lose someone...you never forget

it."

Thompson said he and his family have been "privileged" and that children need mentors.

"I can't imagine what kids go through that don't have that," he said. "I choose to push and challenge people to leave it better than you found it. You can't fix everything, but if you leave it better and your kids leave it better and their kids leave it better, it's better."

Bellotti presented a \$9,500 check to the committee as part of his office's continued financial support of the district's substance abuse initiative. Papile said the donation would help fund site visits for student leaders by Rebecca Fidler of the Adolescent Substance Abuse Prevention program.

Papile noted the sheriff's office also supports Quincy students attending the summer Ropes program in Braintree, the sheriff's camps, student presentations and leadership programs that focus on substance abuse prevention.

"We are very grateful to Sheriff Bellotti," she said.

Bellotti said he is pleased to partner with the Quincy school system.

"I've seen first-hand how you have met the challenge every day," he said. "Every day you are adjusting to this difficult dynamic of the opioid crisis at risk issues kids are dealing with."



NORFOLK COUNTY SHERIFF Michael Bellotti, center, presents a \$9,500 check to the school dept. for its substance abuse prevention programs. Accepting the donation are Supt. Dr. Richard DeCristofaro, left, and Student Support Services Director Maura Papile as the school committee looks on.

Bellotti noted about 600 Quincy students participate in the summer Ropes program and that his office is looking to expand the middle school partnership program at Point Webster Middle School in the future.

The Rural Masonic Lodge was recognized for providing funding to pilot the district's PBIS (Positive Behavior Interventions and Support) program at Lincoln-Hancock School that provides social, emotional and academic support for students, including special needs children. Two other elementary schools were later involved in the

pilot program that has since spread through the district.

"I can proudly say that every elementary and every middle school participates in PBIS that has been phenomenal for our schools," said Papile. "We've invested a lot in professional development in learning those strategies in helping our kids. We couldn't have done it without the Masonic Lodge."

The lodge's Master

Charles Caroselli was joined by members Marcos Cardoso, Fred Williams Jr. and Nate Johnson in being recognized by the committee.

Caroselli said it is a "pleasure to support the district."

"It is my privilege to

continue to support the Quincy school department in any way or fashion that the lodge can," he said.

DeCristofaro expressed appreciation for the support of all the district's partners.

"They do a terrific job for our school system," he said.



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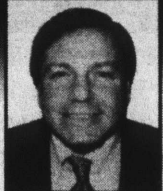
by Steven A. Brustin, D.M.D.

BRIGHT IDEA

If you have stained or discolored teeth, you might want to try a fast and effective professional tooth-whitening procedure that can make your teeth up to eight shades lighter. This technique makes use of advanced LED light-activated technology to enhance the action of bleaching materials on teeth. One of the advantages of this new tooth-whitening technique is the speed at which it can be accomplished. (Treatments typically take an hour.) This is made possible by the fact that light activates the tooth-whitening agent to work more quickly. Severe discoloration, such as that associated with tetracycline stains, may require more than one treatment. Yellow and brown teeth respond better to treat-

ment than gray teeth, which lighten but do not whiten.

If you've looked at yourself in the mirror and wished you liked your smile more, why not make a change for the better? Teeth can be whitened and their appearance improved by several methods of cosmetic dentistry. In fact, it is truly amazing what can be accomplished in a short time that can enhance your appearance for the rest of your life. Comprehensive, quality, gentle dental care for patients of all ages is available here at 44 Greenleaf Street. And new patients are always welcome—call 617-479-6220 for an appointment. Visit us on the web at www.quincydentist.com. P.S. Veneers, caps, crowns, and false teeth cannot be whitened.



27 Inches Of Snow, 90 MPH Winds, Extreme High Tides Brought City To A Standstill For Days

A Look Back 40 Years Ago: THE BLIZZARD OF '78

Forty years ago this week Quincy — along with the rest of the region — was still coping with one of the most catastrophic — and remembered — storms of all-time: the Blizzard of 1978.

It started to snow early Monday, Feb. 6 and when it stopped late Tuesday, Feb. 7 — some 27 inches had fallen, bringing the city to a standstill for four days.

It was the heaviest snowfall since the Boston Weather Bureau started keeping records in 1870.

And it fell on top of a 22-inch snowfall Jan. 20 — just 17 days before. And yet to come was another nine inches on March 4-5.

That was a lot of snow.

The Feb. 6 nor'easter — The Blizzard of '78 — was backed by winds that gusted to more than 90 miles an hour. High tides, driven by those winds, rose five feet higher than usual, flooding sections of Houghs Neck and Squantum, where several hundred people had to be evacuated from their homes.

Fortunately, there were not storm-related deaths in Quincy. But damage — mostly to homes — was heavy. It was estimated at \$70 million. The cost for snow removal alone was set at around \$600,000.

Cars were strung along the Southeast Expressway and Route 128 with drivers still in them waiting to be rescued — caught off guard by the magnitude of the storm. Many were unprepared for the storm — or skeptical of the forecast — since snow that was predicted to start early Monday did not arrive until the afternoon hours.

Predicting the weather 40 years ago was a lot trickier, too, than today's much more sophisticated radar and other forecast technology.

Gov. Michael Dukakis issued an edict banning all but the most essential highway travel for nearly a week. In Quincy, only vehicles on emergency missions were allowed on the streets.

People trudged through the snow or on skis, pulling sleds to get to stores and bring back food. And many of them became reacquainted with one another.

Quincy youngsters thought it was a great time. They got an unexpected six-day vacation from school.

Mayor Arthur Tobin, in office barely a month, and Public Works Commissioner James "Pete" Ricciuti set up a command post at Civil Defense headquarters on Sea Street to direct snow removal and relief operations for the elderly and those in need.

The Federal Disaster Assistance Administration opened a field office in the Quincy Vo-Tech School gym to process emergency loan applications. The Red Cross turned part of Quincy High School into a disaster center for emergency housing, clothing, food and medical supplies.

Radio station WJDA, except for a four-hour period when it was knocked off the air when high tide flooded its transmitter in Germantown, got back on and stayed on all night past its dawn-to-sunset hours broadcasting emergency reports. Members of the staff slept at the station that night.

The storm also postponed the printing of The Quincy Sun by one day — the paper's only delay in nearly 50 years of circulation.

Twenty-five persons were arrested for looting during the storm, primarily in the Houghs Neck and Germantown areas where homes were evacuated. There were other cases in North Quincy.

But there were many heroes who came to the aid of others.

Among them was Warren Sims who organized a bucket brigade to quell a fire on Stoughton St. in Houghs Neck that could not be reached by fire apparatus.

James (Red) Riley, custodian at the Atherton Hough School, remained at his post to help refugees despite the fact that his own home was flooded.

And Sylvester Ray, whose heavy equipment was hired to clear Houghs Neck streets of snow, got to do something extra. In the Edgewater Drive section of Houghs Neck, which was being pounded by the rushing high tide, he rescued people from the second floor of their flooded homes, in the bucket of a front-end loader.

A feeling of togetherness and unity descended upon the area in a way reminiscent of World War II. People helping one another.

"There's always some good that comes out of every happening and the blessing of this blizzard was that it brought the people of our city together," said Mayor Tobin.

For those who lived through it, Feb. 6 and Feb. 7, 1978 was much more than a storm. It was an experience we'll never forget. And a meteorological marvel and benchmark that many hope will never be match.

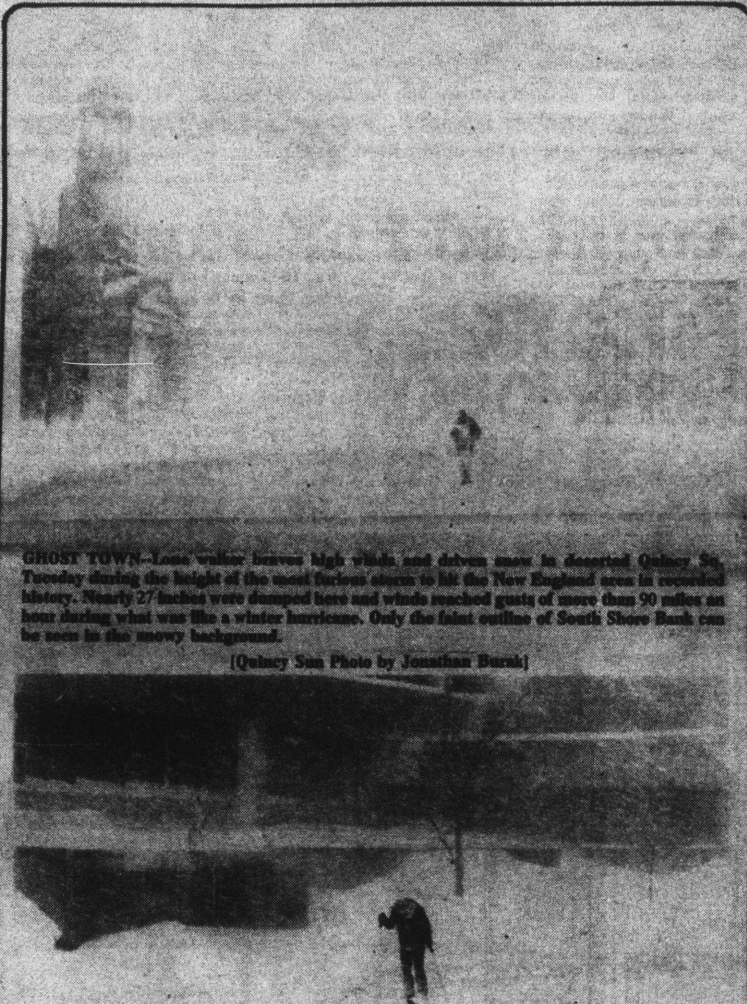
Here's a look back through The Quincy Sun's archives of that extraordinary and historic storm.



Vol. 10 No. 19 Thursday, February 9, 1978

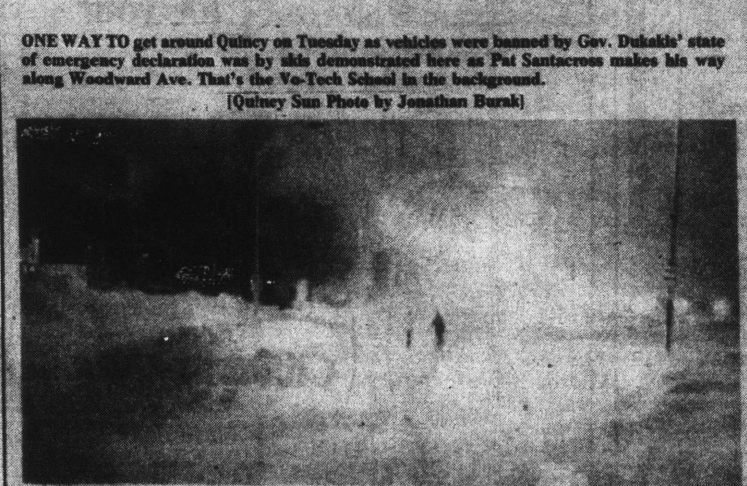
The Big Dig Out Goes On . . . And On . . . and on . . .

Please, No More!!!



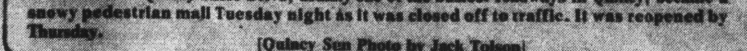
GHOST TOWN—Last winter's heavy high winds and driven snow in deserted Quincy St. Tuesday during the height of the most furious storm to hit the New England area in recorded history. Nearly 27 inches were dumped here and winds reached gusts of more than 90 miles an hour during what was like a winter hurricane. Only the faint outline of South Shore Bank can be seen in the snowy background.

[Quincy Sun Photo by Jonathan Burak]



ONE WAY TO get around Quincy on Tuesday as vehicles were banned by Gov. Dukakis' state of emergency declaration was by sled demonstrated here as Pat Santacrose makes his way along Woodward Ave. That's the Vo-Tech School in the background.

[Quincy Sun Photo by Jonathan Burak]



WINDBLOWN Quincy Shore Drive, usually one of the busiest roadways in Quincy, became a snowy pedestrian mall Tuesday night as it was closed off to traffic. It was reopened by Thursday.

[Quincy Sun Photo by Jack Tolson]

By TOM HENSHAW

An army of weary workers struggled into the weekend to dig Quincy out from under what may be the worst snowfall of the 20th century, one that brought the city to a standstill for at least four days.

The northeast storm, backed by winds that gusted to more than 90 miles an hour, dumped at least 26 inches of snow, the heaviest since the Boston weather bureau began keeping records in 1870.

High tides, urged on by the winds, rose at least five feet higher than usual, flooding sections of Houghs Neck and Squantum where several hundred people were evacuated.

"This was something that happens once in a hundred years," said Quincy Police Capt. Roy Cavicchi. "I've been on the force 25 years and I've never seen anything like it."

No deaths were attributed to the storm in Quincy.

The Quincy Fire Dept. reported no serious fires during the storm, a fortunate turn of events since most of the side streets in the city were impassable for at least three days.

"We were very very lucky," said a Fire Department spokesman.

Under Gov. Dukakis' emergency declaration, all but the most essential traffic was banned from Quincy streets while crews with heavy equipment labored through the nights to clear the main roads.

There were isolated incidents of looting.

Smyth's Package Store, Newbury St., North Quincy once owned by former City Councilor J. Vincent Smyth was reported almost cleaned out by thieves. Two men were arrested after breaking into the Roman Gardens Cafe, Southern Artery.

There were other reports of looting in the hard-hit section of Houghs Neck.

Norfolk County Dist. Atty. William D. Delahant promised swift punishment for looters.

"I will expedite the prosecution of any cases of looting," he said. "I will avoid the district courts and go straight to the grand jury. I will ask high bail and recommend substantial sentences."

The MBTA's Red Line ceased to operate between Andrews Station and Quincy at the height of the storm Tuesday and the next day some 200 shovellers attached drifts up to 16 feet deep on the tracks.

Limited service between Quincy and Ashmont was expected to begin early Friday.

The MBTA also took its buses off Quincy streets, said spokesman Rob Ferris, to allow cleanup crews to work unimpeded.

John Newsome of Mass. Electric said some 1500 customers in Quincy lost power mostly in North Quincy and Quincy Point during the storm but it was restored Wednesday afternoon. Isolated outages, particularly in Houghs Neck, were reported later.

"The problem was getting people to the source of the failure," said Newsome. "The

[Continued on Page 14]

Kennedy Visits Quincy To Seek Federal Aid

Senator Edward M. Kennedy visited Quincy Thursday afternoon and promised that the Congressional delegation would be working on federal aid to pay for the enormous clean up job.

He said if Quincy is declared a disaster area it would mean that the federal government would pay 75% of the cost of snow removal and the state would pay 25%.

He said the delegation will also work on obtaining grants for persons whose homes have been devastated and other programs for small businesses.

Gov. Dukakis extended the emergency to midnight Friday but gave the banks, which had been closed since Tuesday, the option of opening their doors if workers could get to work without using their cars.

Emergency Telephone Numbers

Here are the telephone numbers to remember in these times of emergency:

Quincy Emergency Communications Center	773-1388
Quincy Civil Defense	472-6118
Quincy Police Emergency	911
MBTA Information	722-5850
Boston Edison	262-4700
Mass. Electric	337-7100
Mass Public Works	727-4800

The Mass Public Works number is useful in determining the fate of cars abandoned during the storm.

FRONT PAGE of Feb. 9, 1978 issue of The Quincy Sun - the week the Great Blizzard of '78 struck the city and region.



TWO PEDESTRIANS make their way through a mountain of snow left in Quincy by the Blizzard of '78.

Quincy Sun File Photo/Jonathan Burak

A Look Back 40 Years Ago: THE BLIZZARD OF '78



GHOST TOWN - Lone walker braves high winds and driven snow in deserted Quincy Square Feb. 7, 1978 during the height of the most ferocious winter storm to hit New England area in recorded history. Nearly 27 inches of snow fell here with wind gusts of more than 90 miles per hour during what was like a winter hurricane. Only the faint outlines of the Granite Trust Building (center) can be seen in the background. At left is United First Parish Church and right Old City Hall.

Quincy Sun File Photo/Jonathan Burak



GOOD PAIR OF SKIS was the best mode of transportation on Quincy Shore Drive after the Blizzard of '78 dumped 27 inches of snow on the city and region. Automobiles were banned from the snow-filled street.

Quincy Sun File Photo/Jack Tolson



RAGING WATERS from the Fore River estuary carried this car into the corner of house on Edgewater Drive in Houghs Neck, the area of the city perhaps hardest hit by the Blizzard of '78.

Quincy Sun File Photo/Jonathan Burak

Storm Sure Humbled Us

(Editor's note: This column was written by Quincy Sun Publisher Henry Bosworth 40 years ago as Quincy was digging out from the Blizzard of '78. Four decades later, it remains a reminder of how Quincy coped with one of the worst storms in New England history.)

By **HENRY BOSWORTH**

It was a storm you would like to forget but will vividly remember for as long as you live.

Awesome. Devastating. Furious. Horrendous. Mean. Terrible. You may have even a stronger one-word description.

But as bad as it was with the suffering and the losses it brought — in lives and damage — and the inconveniences, it had one nice side effect: it brought out the best in most people.

People opened their hearts and extended helping hands to those in need. Not just neighbor helping neighbor, but stranger helping stranger.

A feeling of togetherness and unity descended upon the area in a way we hadn't seen since World War II. People were united again by catastrophe. They shared a common cause: survival. And they were more than willing to make personal sacrifices to help one another get through the ordeal. Most important: they cared for one another.

Houghs Neck and Germantown were the hardest hit in Quincy. Squantum got pretty well battered, too.

Compared to neighbors in Hull and Scituate, however, Quincy overall was lucky, as far as damage and other losses were concerned.

But Quincy got its fair share of the record near 27 inches of snow. The city was virtually paralyzed during most of the week. Business came to a costly standstill.

Overall, we think the city of Quincy deserves a "well done." New Mayor Arthur Tobin certainly has gotten his baptism under fire. He had been in office just 34 days when he got hit with the two worst snowstorms in our history.

We got a chance to personally observe him during this second storm — the all-time champ in fury and meanness — and saw a man calm and in complete control of the situation. He never reached for the panic button.

And so it was, all down the line.

Public Works Commissioner James (Pete) Ricciuti proved an able general as his army of weary workers fought around the clock to win the Big Battle of the Snow.

There were many others who did an outstanding job during the long hard week: Police, firefighters, Civil Defense units, nurses and doctors and hospital employees, snowmobilers, school personnel, and many volunteers in varying shapes and sizes who all pitched in to help Quincy residents in need.

There were many unsung heroes — and many of their heroics will never be known except to those directly affected.

Of course, it wasn't all 100 percent peaches, cream and let's-all-sing-together. A lot of people came down with cabin fever in their homes. And even in snowfighting command centers where workers were cooped up for days under very trying circumstances, tempers flared now and then.

And there were gripes. About, for example, some people who managed to slip their cars by officials during the travel ban to stock up on food while most people had to trudge to stores on foot and lug small amounts of groceries home in their arms or on sleds.

Some didn't like the way their streets were plowed. Someone complained about snow being pushed against his fence, and another into his driveway. And there was the story about the guy who harassed one of the plow operators to the point where the latter stopped his truck, got out and flattened him.

And there was another one about the weirdo who telephoned a resident to report that his wife, who was in the hospital, had died. Police brought the grief-stricken man to the hospital, the story goes, where he found his wife

Cont'd On Page 14

A Look Back 40 Years Ago: THE BLIZZARD OF '78



SMALL ARMY of shovelers attack the snow drifts on the MBTA's Red Line tracks north of the Dimmock Street bridge. The Red Line from Quincy to Andrew Station was shut down for better part of five days during the Blizzard of '78.

Quincy Sun File Photo/Melvin Burak



DORIS AND LARRY Mirick managed a smile in front of their battered home at 126 Turner St., near Edgewater Drive in Houghs Neck – an area hard hit by the Blizzard of '78.

Quincy Sun File Photo/Tom Henshaw



FRIDAY, FEB. 10, 1978 – three days after the Blizzard of '78 – was sunny but sidewalks were still snow-filled in many spots in the city including Hancock Street near the intersection of Dimmock Street. Walkers took to the streets to get around.

Quincy Sun File Photo/Melvin Burak



OVER TWO FEET of snow from the Blizzard of '78 made Whitney Road in Quincy Center a popular winter resort for skiing and sledding before the plows came around and spoiled it all.

Quincy Sun File Photo/Melvin Burak

Storm Sure Humbled Us

Cont'd From Page 13

very much alive.

That cruel prank, meanwhile, delayed police from taking needed medicine to another resident with high blood pressure.

Most of those and other similar incidents will be forgotten by the time the first robin gets up enough courage to put in an appearance here.

But there is one character we hope will not be forgotten: the looter.

Fortunately, for Quincy, there were only isolated cases of looting although some homes are still empty and could yet be plundered.

The looter, in our book is a creep -- a wart on humanity. He takes advantage of a tragic situation to steal from homes evacuated because of floods or lack of heat. Or steals from stores where windows have been blown in.

We hope anyone arrested for looting and convicted after a fair hearing gets what

he should: severe punishment.

We hope judges here in Quincy and elsewhere feel the same way about that. The looter deserves no sympathy.

He is as bad as the thief who steals from the blind, the bully who picks on the invalid and the rapist whose victim is the innocent.

Overall, Quincy came through it well. And most of us may even be better off in the long run for the experience. It sure humbled us.



THE BLIZZARD also afforded an opportunity for ambitious youth to make a few extra bucks shoveling driveways and walkways. Here Marty McLaughlin of Putnam Street and Jim Mullen of Whitney Road dig out a house on Greenleaf Street.

Quincy Sun File Photo/Jonathan Burak

Age-Friendly Planning Model Coming Soon

By SCOTT JACKSON

City officials expect to provide an update on Quincy's efforts to implement an age-friendly planning model in the near future.

City Council President Broad Croall on Feb. 5 introduced a resolve seeking an update from Mayor Thomas Koch's administration on the age-friendly planning model. In September 2016, Croall introduced a resolution asking the administration to join the AARP's age-friendly communities initiative. The council passed the 2016 resolution in a unanimous vote, and Koch at the time said he planned to participate in the program.

Chris Walker, Koch's communications director, told the council Feb. 5 an update on the initiative would be forthcoming.

"He's committed the resources to move this along," Walker said of the mayor. "There are a couple steps within this process and I think in relative short order working with you, councillor - you've been so persistent on this issue - we should be able to move forward in the relatively near term and have a more formal discussion in the very near future."

Croall said the initiative is meant to ensure Quincy is inclusive and considerate of residents of all ages.

"What it isn't, is a declaration this is a retirement village," he said. "[It] means a community's elected leadership has made the commitment to actively work in order to make their town, city or county a great place for people of all ages."

"Age-friendly communities are by their nature inclusive and considerate of the perspectives of all residents of all ages and all persuasions. Age-friendly communities encourage and benefit from diverse citizen engagement by encouraging signatories to engage residents in the process to identify the community's needs and develop and implement an action plan to address those needs."

The age-friendly initiative looks at one or more of eight separate domains that affect seniors: outdoor spaces and buildings; transportation; housing; social participation; respect and social inclusion; civic participation and employment; communication and information; and community and health services.

In other business on Feb.

5, the council re-appointed three members to the Quincy Park and Recreation Board: Kevin Esdale, Thomas Lester and School Committee member Paul Bregoli.

Ward 5 Councillor Kirsten Hughes said Lester loves giving back to the community.

"Mr. Lester is a Ward 5 resident who has served his county, served his community and has a great love for civic responsibility and making sure that the parks and the children of Quincy have safe places to play and participate in sports," Hughes said.

Councillor Noel DiBona cited Esdale for his involvement with Quincy Youth Soccer.

"Kevin has been very involved with Quincy Youth Soccer around the city of Quincy for some years now, a person that is going to be involved with the children as well as being on these different fields throughout the city," DiBona said.

"Mr. Esdale is a Ward 4 resident," Ward 4 Councillor Brian Palmucci added. "I can certainly speak to his dedication first of all to the role of a Park and Rec. Board member but also to youth sports programs."

Ward 3 Councillor Ian Cain said Bregoli, who has coached both basketball and soccer at North Quincy High School, needs no introduction.

"He is a longtime fixture across the city of Quincy, a multiple year member of the School Committee, and a longtime coach across sports within the school system," Cain said.

The council also accepted two donations totaling \$250 at the Feb. 5 meeting. Wollaston Wine & Spirits donated \$200 to the Quincy Police Department's DARE program, and Ann Demoney donated \$50 to the Quincy Fire Department.



QUINCY HIGH SCHOOL'S Academic Decathlon Team, led by teacher Jane Lundquist, recently hosted the regional competition at Quincy High School and placed third in the Large School Division. The team advanced to compete in the state finals on Saturday, March 3rd at Harvard University. Front row (from left to right): Sarah Baker, Taylor Lo and Hyan Melicio. Middle row: Brandon Ho, Michelle Lo, Caitlin Ho, Mariam Ahmed and Tim Nguyen. Back row: Sabrina Pinto, Toan Luong and Emma Zhou. Missing from photo: Cindy Trac, Dash Chin, Sham Almaleh, Nick Wong, Joe Amendolare and Dillon Donahue.

Photo Courtesy Quincy High School

Presidents Day Winter Fest Monday

By SCOTT JACKSON

The City of Presidents will host a daylong festival to celebrate Presidents Day on Feb. 19, featuring free tours, patriotic music and presidential intrigue.

The Presidents Day Winter Fest will take place from 10 a.m. to 5 p.m. in the United First Parish Church at 1306 Hancock St. in Quincy Center. The church, known to many as the Church of the Presidents, is the final resting place of John and John Quincy Adams.

The day will begin with a production of "Little Red Riding Hood" by the Drawbridge Puppet Theater at 10 a.m. The play lasts 45 minutes. Additional productions will start at noon and 2 p.m.

At 10 a.m., the Patriot Brass Ensemble will perform a 45-minute show in the church's sanctuary. The

band will play again at 1 p.m.

At noon, historian and Northeastern University professor Edward Miller will deliver his presentation "John Quincy Adams, Andrew Jackson and the Presi-

dential Election of 1828:

The Campaign that Changed American Politics Forever." The presentation will last about a half hour.

The Quincy Symphony Orchestra will perform from 3:15 to 4:15 p.m. in the

sanctuary.

Tours of the presidential crypt - featuring the tombs of Presidents John and John Quincy Adams and First Ladies Abigail and Louisa Adams - will be offered throughout the day.

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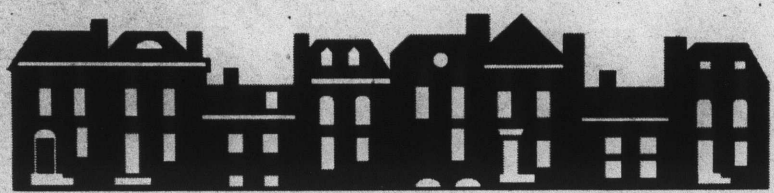
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TRASH NOTICE

DUE TO THE PRESIDENT'S DAY HOLIDAY MONDAY, FEBRUARY 19TH THERE WILL BE A ONE DAY DELAY

Sunrise Scavenger



Real Estate

Quincy Real Estate Transactions Feb. 5 - Feb. 9

Transactions are compiled by the Norfolk County Registry of Deeds

Seller	Buyer	Amount	Address
Jonathon R. Parke & Margaret E. Teliska	Jiazhen Zhou & Yunxin Miao	\$640,000.00	19 Tilden Commons Drive Unit 9-6
Hamilton 1025 LLC	Dzu Pham	\$240,000.00	1025 Hancock Street Unit 14D
Ryan J. Doherty	Meimei Yin	\$286,000.00	90 Quincy Shore Drive Unit 604
John C. Danila & Richard J. Tarr	Guoxini Chen & Michelle Li	\$422,000.00	10 Walker Street
Jan W. Whiting	Colleen & Clare A. Kelleher	\$465,000.00	13 Plover Road
218 Independence Ave LLC	Wellis S.P. Leung & My L. Phung	\$549,900.00	218 Independence Avenue Unit B
249-251 North Central Avenue Realty Trust	Mustang LLC	\$775,000.00	249-254 North Central Avenue
Zhongren Wang	LBM & Partners LLC	\$180,000.00	195 Thomas Burgin Parkway Unit 201
131 South Central Avenue Quincy MA LLC	Bruce A. Hardy & Catia C. Confortini	\$670,000.00	131 South Central Avenue
Lien Le & My Nguyen	Patience Komolafe	\$400,000.00	47 Graham Street
Scott B. Quint & Donna L. Miller	700 Washington Street Realty Trust	\$70,000.00	694-696 Washington Street
Gail M. O'Meara	Qingsong & Yunyan Shi	\$520,000.00	202 Highland Avenue
Antonio J. DiMaggio	Ngocvinh T. Hebert	\$466,000.00	29 Malvern Street
Lisi Cai	Daze S. & Diane J. Lee	\$425,000.00	155 Kendrick Avenue
Urszula Boryczka	Nghia Nguyen, Hung H. Tien & Quang P. Lam	\$644,000.00	23 Smith Street
Hamilton Bay Apartments LLC	Ryan J. Doherty	\$279,900.00	175 Quincy Shore Drive Unit B-85
John J. Curtin	Yuansheng Li, Yuanling Liao, Ding Y. Li & Helen S. Kuang	\$375,000.00	59 Mary Street

January Real Estate Results 'Mixed' In Norfolk County

Sales Volume, Average Sales Price Up; Mortgage Lending Declines In 'Challenging' Market

Register of Deeds William P. O'Donnell reports mixed Norfolk County real estate results for January, 2018.

According to O'Donnell, while the total real estate sales volume and average sales price showed increases, mortgage lending activity continues to decline in what has become a challenging market.

During January, a total of 1,228 residential and commercial real estate sales were recorded countywide, resulting in a six percent reduction from the previous January numbers. However, the total dollar volume of these residential and commercial real estate sales increased by 41 percent to \$750 million year over year. The average sale price, again including both residential and commercial, also increased 59 percent coming in at \$1,077,669.

"These numbers,"

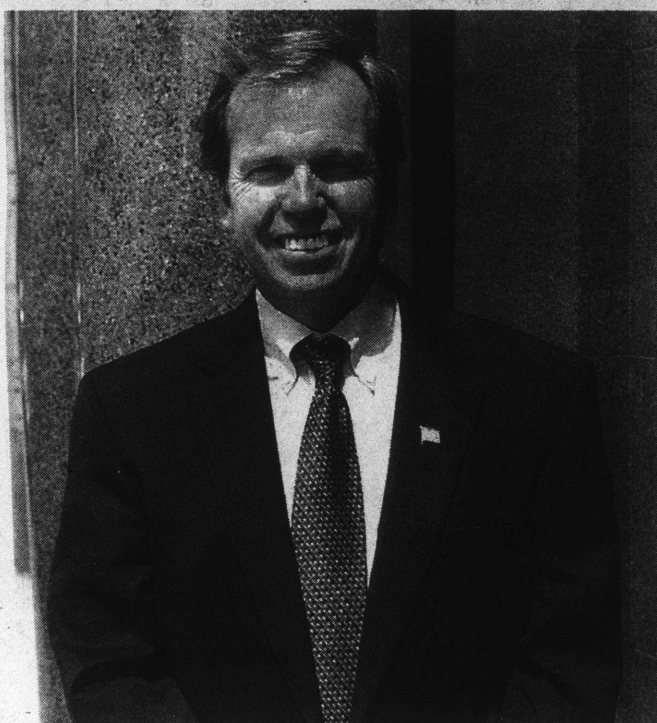
O'Donnell said, "were impacted by two Quincy commercial real estate sales, one for \$80 million and the other for \$43 million."

Continuing a trend from the past several months, lending activity experienced a decline. A total of 1,853 mortgages were recorded in January, a 19 percent reduction from the previous year.

"There is no question Norfolk County consumers continue to be very cautious when contemplating borrowing money to pay for big ticket items such as home improvements and higher education costs," O'Donnell said. In addition, total mortgage lending in January decreased by 20 percent to \$1.4 billion from the January of 2017.

Norfolk County foreclosure activity was a mixed bag.

The good news was a 40 percent reduction in the number of foreclosure deeds



WILLIAM O'DONNELL
Norfolk County Register Of Deeds

recorded; 18 were recorded in January compared to 30 in January, 2017.

The discouraging news was a total of 67 Notice to Foreclose Mortgages, the first step in the foreclosure process, were filed during the month compared to only 41 year over year. This represented a disturbing 63 percent increase.

"While the economic climate in eastern Massachusetts remains strong, there are some property homeowners who are facing economic challenges, many through no fault of their own," O'Donnell said.

"As Register, I am very proud of the Norfolk County Registry of Deeds partnership with Quincy Com-

munity Action Programs, 617-479-8181 x376, and NeighborWorks Southern Mass, 508-587-0950. They are available to help anyone who has received a Notice to Foreclose Mortgage from a lender. A third option is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400. Each of these programs is staffed by committed and knowledgeable professionals.

"I urge anyone who is facing a foreclosure issue to avail themselves of these excellent programs."

On the consumer front, the number of Homestead recordings also fell in January. A total of 791 Homesteads were recorded compared to 902 in January 2017.

"A Homestead," O'Donnell noted, "provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to \$500,000. I urge homeowners who have not recorded a Homestead against their primary residence to consider this valuable consumer protection tool."

In conclusion, O'Donnell said:

"There is no question we are continuing to see a slowdown in the Norfolk County real estate market. A lack of available real estate inventory continues to have a negative impact on the market. This lack of inventory, and consumers continued caution when contemplating borrowing money, is also causing a corresponding slowdown in the lending market."

"Until we see an uptick in available real estate inventory, these trends are more than likely to continue," O'Donnell added.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham.

The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or email us at registerodonnell@norfolkdeeds.org.

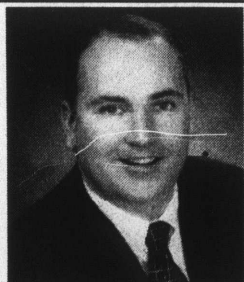
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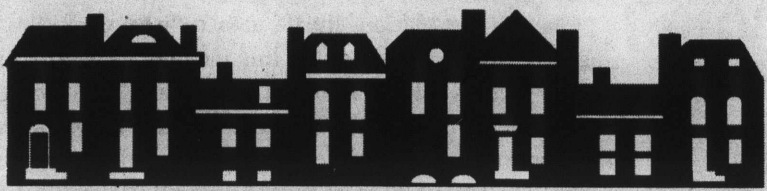
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Real Estate

City, County Cork Sign Economic Development Pact

Cont'd From Page 2

Johnson and Pfizer.

In particular, the deal focuses on business, academia and tourism. Provisions of the pact include access to economic development programs and important stakeholders for Quincy companies looking to do business in Ireland or Europe; the ability of Quincy College students to matriculate into four-year programs in County Cork; and the promotion of tourism to Cork.

County Cork companies, in exchange, will be provided support services from the Quincy Chamber of Commerce and space in the chamber's Quincy Center for Innovation; secondary students in Cork could one day have the chance to take summer classes at Quincy College; and Quincy tourism information will be prominently displayed at Cork Airport, which is the second busiest airport in Ireland and has direct flights to and from Providence.

Koch called the occasion historic and exciting.

"This is going to open

up, I think, some wonderful additional opportunities for a lot of folks," he said. "I think both sides of the pond are going to be recipients of that."

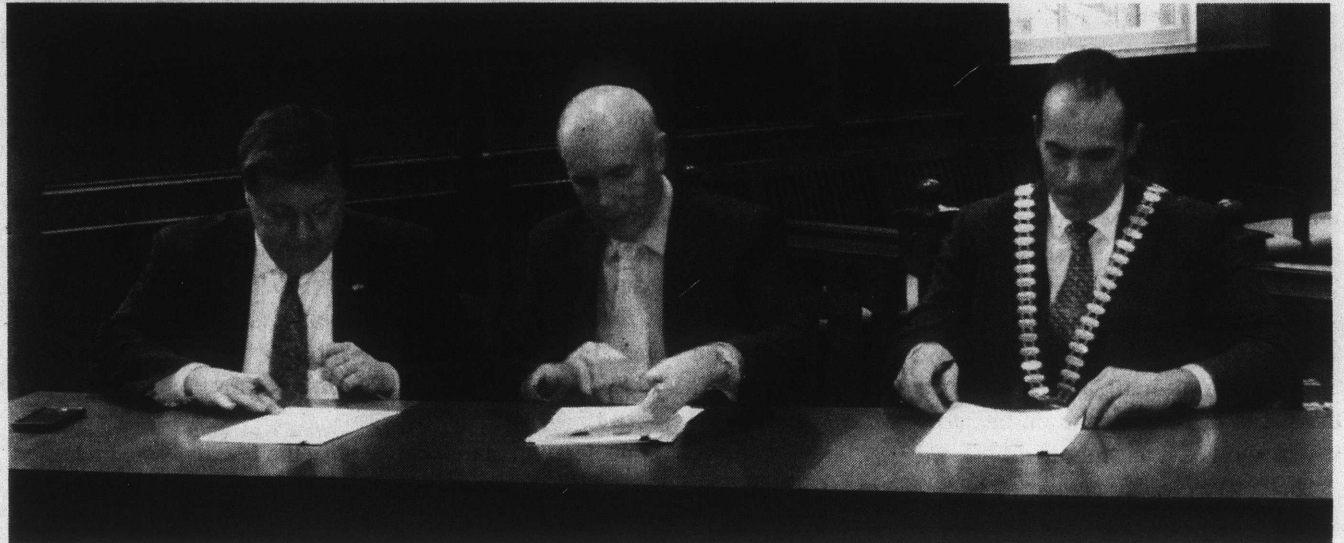
Koch said the Irish have made remarkable contributions to the United States.

"When you look at the contributions the Irish immigrants have made to this nation, it's pretty remarkable, and that goes back many, many years back to the Civil War," he said. "It certainly had a great impact on this region and one of the greatest certainly local politicians from Massachusetts, John Kennedy, was well thought of throughout the world, particularly in Ireland and the U.S."

"We are proud of the agreement we are signing today, we're grateful for the friendships that we've made and look forward to much success for both sides of the pond."

Hurley, who was making his second trip to Quincy, said he felt at home in the City of Presidents.

"The welcome and the



REPRESENTATIVES of County Cork, Ireland, and Quincy Mayor Thomas Koch (left) signed an economic development agreement cementing ties between the two regions Feb. 6 in the Great Hall of the McIntyre Government Center. Pictured from left: Koch, Cork County Council Chief Executive Tim Lucey and Cork County Mayor Declan Hurley.

Quincy Sun Photo/Scott Jackson

friendship we received each time is just infectious," he said. "I just want to acknowledge and pay tribute to how you make people feel so welcome here in your beautiful city. Even though I and my colleagues...are standing on foreign soil, we still feel at home. It is my second time here in Quincy and I do sense and feel that homey environment."

Hurley also extended a "Cork welcome" to Koch,

inviting him to visit the county at his earliest opportunity. Following the signing of the agreement, Hurley presented Koch with a commemorative pen.

Lucey said County Cork pursued the economic deal with Quincy because it offered the best fit.

"Why are we here today? Because Quincy is the best place for us," he said. "We have been really, really, really enthused by the level of reception and the level of engagement we have gotten."

Before the document was signed, Hurley, Lucey and their cohorts from Ireland toured Quincy, stopping at sites such as the Adams National Historical Park.

"We had a fantastic tour earlier," Lucey said. "I was blown away actually by the tourism. I didn't realize the extent of the history of Quincy and its link to the presidents of the United States through the Adamses."

Tim Cahill, the president of the Quincy Chamber of Commerce, visited Cork in October. He said it was a joy

to negotiate the agreement.

"There is a lot of work that has gone into this, a lot of effort, but it's really been a joy for me and the chamber," he said. "I do have to acknowledge that this process started before I became president of the chamber. I inherited something that I thought was really special and then I tried to work on it with a great group of people."

"This agreement is really

more than just a twinning or sister city agreement," Cahill added. "I'm really excited about what will come after this - this is just the beginning, the first step. Our role at the chamber is to make sure that the pieces all fit together working closely with the mayor's office, working closely with Cork and our committee, to make sure that we achieve the goal of fulfilling the three pillars of this agreement."

Jack Conway Co. Website Receives Quality Certification

Jack Conway & Company, Inc. has been awarded the Website Quality Certification (WQC) from Leading Real Estate Companies of the World, a global community of more than 565 high quality independent real estate firms in 65 countries.

The certification was presented in recognition of excellence in website design, content and functionality.

Conway's website, jackconway.com, received high marks in a variety of critical areas relating to website performance, including usability, design, content, interactivity, customer service and mobile responsiveness. The evaluation was conducted by Virtual Results, LLC, a real estate internet and social marketing firm selected by Leading Real Estate Companies of the World to review the websites of participating members.

icipating members.

The specific measurements for the WQC are updated each year to reflect the most current online marketing strategies, as well as evolving consumer preferences. Companies must be re-certified every two years to maintain the certification.

"The 135 companies that earned the WQC this year offer consumers engaging websites with effective design, deep local content and the most current information on homes," said Leading Real Estate Companies of the World President/CEO Pam O'Connor.

"We are delighted to recognize them for offering a superior online experience for consumers and supporting them further with exceptional customer support."

"We are so proud of

jackconway.com and how it helps hundreds of thousands of visitors who use it each year," said Conway COO/EVP Al Becker. "Our website sets us apart and our ability to adjust to online consumer needs is rooted in our local independence."

As a member of LeadingRE, Conway provides a quality real estate experience, global marketing reach and access to top real estate professionals in virtually any market worldwide.

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Maureen Glynn Elected To Women's Political Caucus Action Committee

Maureen Glynn of Quincy has been elected to the Massachusetts Women's Political Caucus Political Action Committee.

Glynn is a partner at Murphy Donoghue Partners with experience providing government relations management and counsel to clients from a wide spectrum of sectors. Before joining Issues Management Group, a lobbying firm, Glynn was

the research director for the Committee on Government Regulations in the Massachusetts House of Representatives, where she developed an expertise in telecommunications regulations, public utilities, and the licensing of trades and professions. She also serves on the Quincy Planning Board and is a founding member of the Quincy Women's Network.

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On Wednesday, Jan. 31, Detective Chuck Landry received a phone call from Detective Dooley of the Norwell Police Department, who was seeking assistance in a case that involved Quincy.

Detective Dooley stated a Norwell resident reported that her identity has been stolen and her accounts have been compromised. During the Norwell investigation, the victim stated an order was placed on Amazon, totaling around \$4,400, however she did not place the order and she could not tell what was ordered due to the suspect changing her account settings and blocking access. She was, however, able to confirm the purchase and the delivery location as being a UPS access point in Quincy.

Detective Dooley contacted UPS and learned the package was scheduled to be shipped to the Corner Food Shop on West Street in Quincy. To make it easier for UPS customers, different small neighborhood businesses allow UPS shipments to be delivered to their store while being tracked. The customer can show an ID and then sign for their package.

The package was set to be delivered on Jan. 31st, so Detective Landry spoke with an employee of the Corner Food Shop to inform her of what could transpire. She checked the status of the package on the store's tracking software which showed it as "Inbound."

Detective Dooley contacted UPS Security to delay the shipment and to swap the original package and its contents, by copying the shipping label and putting a "blank" package back into rotation to be delivered, allowing for the unauthorized purchase to be returned to Amazon. This way the victim's account could be credited the purchase amount.

On Feb. 1st, UPS Security informed Detective Landry the package would have yellow happy birthday wrapping paper on a cardboard box. She was able to send the detective photos of the package to show the shipping label, the victim's name and the contents of the box. She added the package was set to be delivered today around 2 or 3 p.m.

Detective Landry then spoke with the owners of the store and asked them to call him when the package was delivered by UPS and again when someone came to pick it up. They also verified that someone would have to show an ID, with the name of the Norwell victim in order to pick up that particular package.

At approximately 3 p.m., a store employee called Detective Landry stating a female was in the store attempting to pick up the package. Detective Landry called Detective

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

Dooley, who was in the immediate area and updated him. He told Detective Landry there was a gray sedan with tinted windows that just left and had at least two people inside.

Detective Dooley located the suspect vehicle parked on a side street in the area of the store. A female got out of the vehicle and walked toward the store alone. Detective Landry parked near the store in an unmarked cruiser and watched as the female entered the store. Moments later, she came out with a brown box and walked back to the vehicle.

The detectives activated their blue emergency lights on and detained the vehicle prior to it moving. Uniformed Officers Dan Parisi and Joseph Paccioretti also arrived on scene.

Detective Landry spoke with the female, who identified herself as Constance Brown, which was not the same name as the Norwell victim. The detectives confirmed this was the same package in question, due to the shipping label and the victim's name listed as the customer. Constance Brown did not have an ID on her, but did provide two bank cards with her name on them.

Detective Dooley interviewed the driver, who provided him with a New York Drivers License. He also had in his possession four other driver's license. When asked about these IDs, the female interjected that they were hers.

Upon examining the driver's licenses, three were from Rhode Island and had the same photo of Constance Brown. The other was a New York Driver's license with a different picture of Constance Brown. None of the IDs showed her name; each ID had a different name, one of which was the victim from Norwell.

The occupants were told why they were being stopped and the female countered that someone she met through Craigslist was going to pay her to pick up these packages. Detective Landry told the female she was under arrest for forgery, larceny by false pretense and forgery of RMV documents. She was placed in handcuffs and transported to the



LT. DAN MINTON

station for booking.

Once at the station, the female suspect was asked if she was willing to talk about this incident. She stated she would give us all the information on the driver and that she had never been arrested before. Detectives Dooley and Landry conducted the interview after providing Miranda rights. The female suspect said she searched Craigslist and found a post under "GIGS," which is a post looking for people to do certain jobs. She stated several times during the interview that she was offered the job to pick up the package and would be paid \$200 per package. She stated she was able to provide information on three of the four packages that she stated she was hired to pick up.

Several times during the interview, she said that she would provide information on "the guy" who sent her to get the packages. She was then given her cell phone to call "the guy" but after several attempts, she refused to provide any information that may be helpful in tracking down this other person. At one point, she even gave a wrong phone number of the alleged male party.

Ms. Brown was returned to her cell. Her cell phone was seized in an attempt to secure a search warrant to extract the data from the phone to identify the male party who Ms. Brown was in contact with during this crime, if he even existed. From the information provided by Ms. Brown, Detective Landry was able to confirm that the three Rhode Island driver's license matched that of the information provided on the packages that were to be picked up.

Ms. Brown, a 24-year-old Bronx, New York resident, was charged with forgery, as she signed for the package posing as the Norwell victim; one count of false pretences to constitute larceny in a commercial transaction, as she posed as the Norwell victim to the store clerk in order to receive the package for the Norwell victim; four counts of forgery of MV documents, providing her picture to forge and possessing four driver's license as true, with different names, but Constance Brown's picture on each.

Nice Work!

HOME MORTGAGE SCAM: a resident informed me that she received a letter from a mortgage company claiming that her home mortgage had been sold to this company. The letter instructed her to make payment to the new mortgage company. She called her actual mortgage company and they said it was a scam.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Feb. 2 – Feb. 8

Calls: 972

Arrests: 24

Stolen Vehicles: none

FRIDAY, FEB. 2

ARMED ROBBERY, 11:07 a.m., Bank of America, 1400 Hancock St. White male in car, 6'2", gray hat, gray jacket and blue jeans, approximately 50 years old. Given bait money. Headed northbound on Newport Avenue, now on Beale Street on Newport. Update, white male is in green hat and Columbia jacket. Traveling in a Yellow Cab being held in the parking lot at Cathay Pacific. Arrest made. Bank teller to QMC.

VANDALISM/PROPERTY, 10:00 p.m., Assabet Rd. Caller states ongoing issues, possibly with youths. States sergeant is working with him to ID problem and to document each incident. Caller states he has a new video system; will check to see if it got a plate from suspect vehicle.

ASSAULT AND BATTERY, 11:23 p.m., S6, 1550 Hancock St. Fight outside in the parking lot. Half of the suspects were gone on arrival and the others were sent on their way. A&B occurred inside S6 then spilled out into Hancock Parking Area.

SATURDAY, FEB. 3

VANDALISM/PROPERTY, 12:00 a.m., Pond St. Unwanted female friend threw rock and broke window from outside. Happened 30 minutes ago, possibly left in vehicle. There is no evidence female caused damage, he just thought it might be her.

VANDALISM/PROPERTY, 7:36 a.m., Pond St. Caller found windows on vehicle smashed.

SUNDAY, FEB. 4

LARCENY, 2:49 p.m., Planet Fitness, 50 Adams St. Keys.

MONDAY, FEB. 5

BREAKING AND ENTERING IN PROGRESS, 12:36 a.m., Roberts St. Back window. Caller can hear people in the house. Caller sees a flashlight in the back bedroom window. The guy trying to break in ran away. Caller didn't see which way he ran. No entry made nor was anyone seen by the victim.

TUESDAY, FEB. 6

LARCENY, 9:07 a.m., 600 Marriott Dr. 17 spools of wire taken overnight.

WEDNESDAY, FEB. 7

ASSAULT AND BATTERY, 8:12 a.m., South St. & Washington St. A&B occurred during road rage incident, then accident occurred, but no damage to either vehicle. One arrest for disorderly and A&B.

ASSAULT AND BATTERY, 10:52 p.m., Sterling St. Two males had a fight. Could be some injuries. Brewster notified. Fight just happened, may still be fighting caller states, unknown weapons. One to QMC.

THURSDAY, FEB. 8

VANDALISM/PROPERTY, 8:18 a.m., Loring St. Caller states she found a window and screen that were damaged in an apparent B&E attempt.

VANDALISM/PROPERTY, 1:34 p.m., Southern Arty. & Washington St. Old Tom O'Brien building. Broken glass from window on sidewalk.

BREAKING AND ENTERING, 4:48 p.m., Walker St. Just arrived home to find break.

BREAKING AND ENTERING IN PROGRESS, 10:03 p.m., Hall Pl. Homeowner will come into station with inventory of stolen property when he returns home.

VANDALISM/PROPERTY, 11:59 p.m., Prime

Hyundai South, 479 Washington St. Window broken.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617-745-5719

STOLEN MOTOR VEHICLES: none

CAR BREAKS: 555 Southern Artery, Rock Island Road, Charles Street, Littlefield Street, 371 Hancock Street, 308 Willard Street

BREAKS AND ATTEMPTED BREAKS: Walker Street, Roberts Street

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764** or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the **Drug Hotline at 617-328-4527**. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremon at 617-745-5755**.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us -- Lt. Dan Minton

Entries in the Quincy Police Crime Prevention Journal are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

'Defeating The Confederacy With Diplomacy' Program Feb. 22

At Adams National Park Visitor Center

Presidents John and John Quincy Adams are well known for diplomatic missions in their early careers. But they weren't the only diplomats in the Adams family. John Quincy's son, Charles Francis, had the difficult task of representing Abraham Lincoln's government in Great Britain during the American Civil War.

On Thursday, Feb. 22, join Park Ranger Jason Hallin for a free lecture on Ambassador Charles Francis Adams, son and grandson of presidents. Adams was tasked with preventing Great Britain from recognizing the Confederacy and stopping the Confederate Navy from

obtaining warships built in Liverpool.

Ranger Jason will also discuss Adams and the role he played in the Alabama Claims in the late 1860s. Charles Francis Adams never achieved the presidency like his father and grandfather, but his diplomatic efforts would have an effect as important as his ancestors.

This brown-bag talk will take place at the Adams National Historical Park Visitor Center, 1250 Hancock St., Quincy. Free, validated, parking is offered in Presidents Place Galleria Parking Garage accessed via Saville Avenue.

Adams National His-

torical Park includes the birthplaces of the second and sixth presidents of the United States, John Adams and John Quincy Adams, along with the Old House

at Peace field, home to both presidents and four generations of their distinguished family.

During the open season, April 19 through Nov. 10, tickets to the historic homes can be purchased at the Visi-

tor Center located at 1250 Hancock St., Quincy.

A free park trolley transports visitors from the Visitor Center to the Birthplaces and the "Old House at Peace field" for a two and a half hour tour. The first tour

leaves at 9:15 a.m. and the last tour leaves at 3:15 p.m., seven days a week including federal holidays.

Tickets are \$10 for adults (children 15 and under are free) and sold on a first-come, first-served basis.

Bay State School Offering Learn-To-Skate Classes

Bay State Skating School announces new winter Learn-to-Skate classes for kids, ages 4 to 18 at the ice

rinks in Quincy and Weymouth.

Classes at the Shea Memorial Rink, on Willard

Street in Quincy, start Sunday, Feb. 25th at 11 a.m. and are ongoing at the Connell Rink, 220-R Broad St. in Weymouth, on Sundays at 5 p.m.

Classes are also available at 10 area rinks.

Use either figure, rec-

reational or hockey skates. Beginner, intermediate and advanced classes taught by professional instructors.

For information and to register, call Bay State Skating School at 781-890-8480 or visit online at www.Bay-StateSkatingSchool.org.

Elizabeth Foley On Dean's List At U Of Maine-Farmington

Elizabeth Foley of Quincy has been named to the Dean's List for the fall semester at the University of

Maine at Farmington

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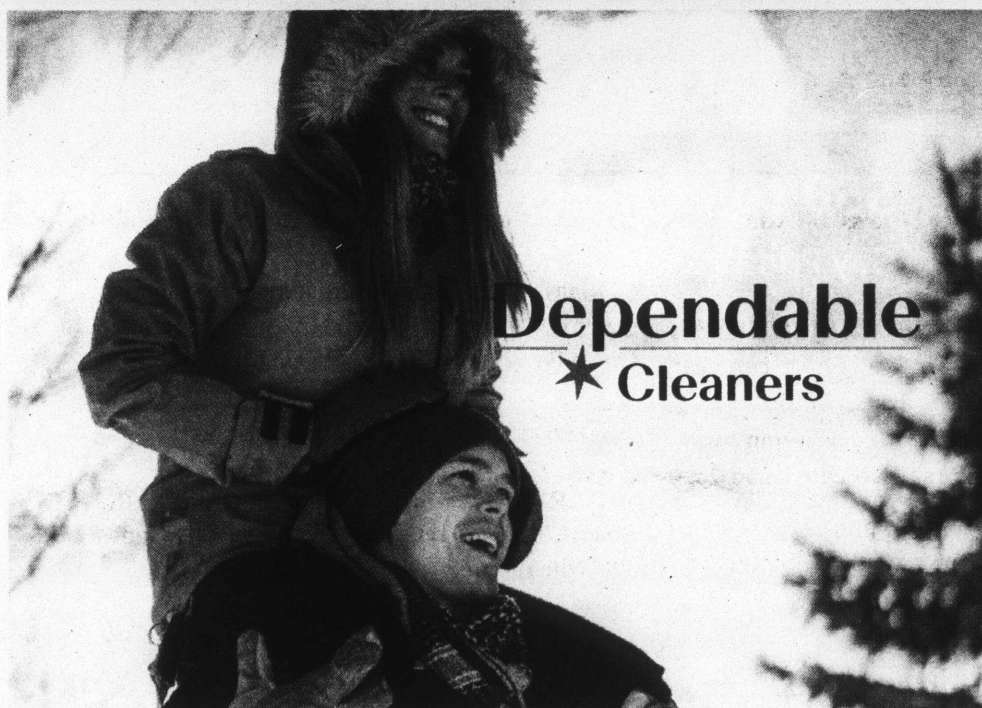
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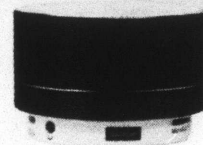
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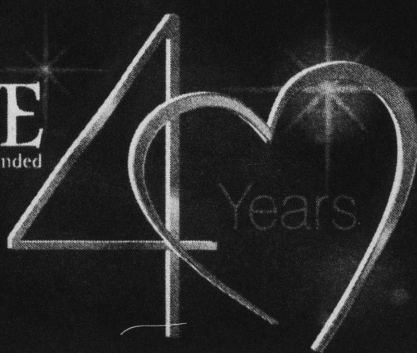
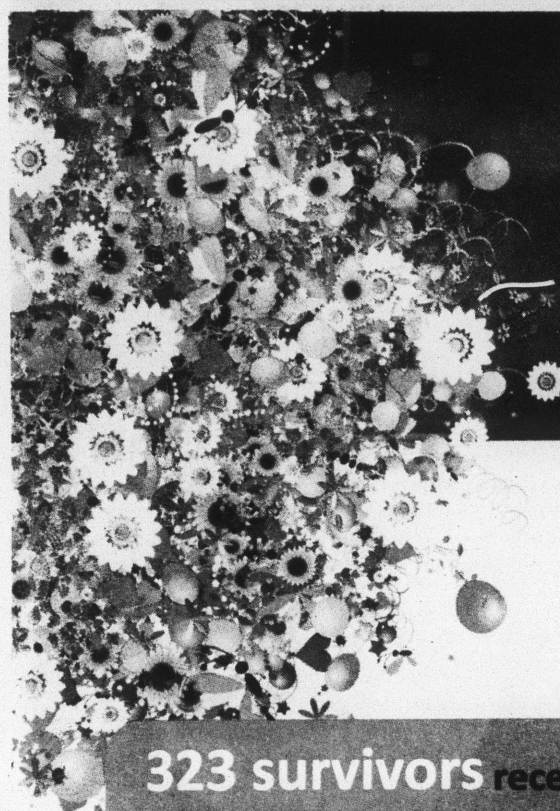
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323 survivors received individual supportive counseling with an Advocate, which included understanding the cycle of abuse, developing safety plans for themselves and their children, and identifying resources to gain economic independence.

We trained 401 health care professionals, police officers, community members, advocates, and students on the dynamics of domestic violence and how the police respond to domestic violence calls.

DOVE conducted 10 presentations to 255 nursing professionals and students on DV in the healthcare setting.

75 seven and eight year olds were taught about respect and healthy friendships in summer camp.

115 families received Holiday Assistance gifts in December from 98 donors.

10 adults and 10 children in DOVE's Emergency Shelter received Welcome Baskets, including bathrobes, bedding and pillows, towels, gift cards, toys, and books to launch their stay with us. Each of DOVE's 6 bedrooms was full 366 nights.

Staff Attorneys spent 422 hours in court representing 90 separate clients in restraining order and family law cases.

550 celebrants at Boston's annual Gay Pride Parade and Festival participated in educational activities at DOVE's info table.

DOVE staff presented to 300 male high school students on masculinity and violence at Xaverian Brothers High School.

222 High School Students were trained as *YouthSpeak* Educators to lead educational activities on healthy relationships and dating violence prevention to 2,092 of their peers in 15 schools.

2,608 callers to DOVE's 24-Hr. Hotline received information and support.

Staff Attorneys met with 184 survivors as part of DOVE's family law intake clinic at Norfolk County Probate and Family Court.

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Former Resident Pens First Novel

'Decoding The Phoenix' Author

By SCOTT JACKSON

A former Quincy resident's debut novel – the first of a planned trilogy featuring a protagonist who seeks to unravel a web of secrets – is now available in stores.

Micah Dean, who writes under the penname MD Tchaves, released his novel "Decoding the Phoenix" in 2017. He plans to release the second novel in the series this summer, with the third book due out in 2019.

Dean, 34, lived in Quincy from 2014 to 2015, and resided in Braintree before that. He grew up in New York and now lives on Long Island where he runs the logistics department for a start-up company.

Dean, in a phone interview, said he first came up for the idea of "Decoding the Phoenix" more than a decade ago.

"I came up with the idea for it like 10 years ago," he recalled. "I scribbled a couple ideas down and didn't

do much."

Dean began research for the novel while living in Braintree. After moving to Quincy, he said he wrote the 227-page paperback in two weeks, then spent about two years editing the novel.

"Decoding the Phoenix" tells the story of Graham Newsdon, a functioning alcoholic and student at Harvard Medical School who receives a mysterious email from his late brother, a Navy Seal. Graham sets out – with the assistance of his long-term girlfriend, his Mensan best friend and childhood best female friend – to break the code behind the complex cryptogram, which he soon discovers is charged with the potential to unhinge the very control that certain government officials are intent, at all costs, on maintaining.

The novel is written in the first person from Graham's point of view. Dean said he wrote that way so readers feel like they're part

of the story, as opposed to watching it from a distance like a play.

"I did that for a reason; I was trying to bridge the gap between the protagonist and the story," he said. "It makes the character a lot more sympathetic."

The story takes place in the Boston area; Dean placed the story in Boston because he was inspired to write the novel while living in the region.

The novel is available on Amazon and at Barnes and Noble, among other retailers: the book has received a warm reception from readers;

"Everyone that reads it loves it. It's a fast-paced thriller. There is no dog and pony show," Dean said, as the book features a quick introduction to its key characters before delving into the main story.

When he first started writing "Decoding the Phoenix," Dean said the story was contained to a single novel, with no sequels

planned. But, upon finishing the book, he liked the characters and story so much he changed the ending and made plans for a trilogy.

"It was going to be one story, but I fell in love with the characters and the storyline," Dean said. "I went back and edited the ending to be more of a cliffhanger."

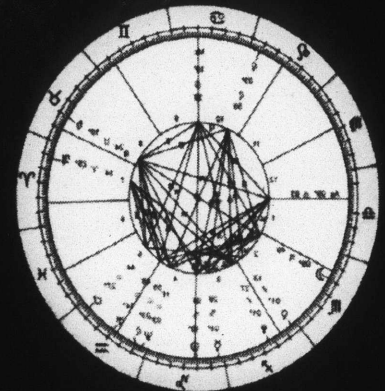
Dean said he had written the first five chapters of the second novel in the series, "Decoding the Phoenix: Hand To God," by the end of January and is able to complete a chapter or two each week. He said the second novel would feature a house on Quincy's Summer Street, where Dean lived while he resided in the city.

While the story that began in "Decoding the Phoenix" will come to its conclusion in the third novel, Dean said some of the main characters could be featured in additional novels that take place outside the trilogy.

"I would like to have these characters go on as long as I can," he said.

DECODING THE PHOENIX

MD Tchaves



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March 18 At Kennedy Center

There will be a "Wee Bit of Ireland" at the Kennedy Center in Quincy on Sunday, March 18th from 2 to 5 p.m.

Enjoy lively Irish music by Erin's Melody Band featuring Margaret Dalton.

Irish bread and tea will be served.

Tickets are \$10 per person and can be purchased at the Kennedy Center.

For more information call the Kennedy Center at (617) 376-1506.

Alzheimer's Research Topic At Kennedy Center

Join Kelsey Gosselin, Manager of Medical Research for the Alzheimer's Association, on Tuesday, March 20th at 10:30 a.m. at the Kennedy Center, to learn more about the latest in Alzheimer's disease and dementia research.

Thanks to this research,

more is known now than ever before about the underlying brain changes of Alzheimer's disease and other dementias. How this knowledge is being translated into novel therapies and prevention strategies will be discussed, as well as steps one can take today that

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Registration is required for this presentation.

To register or for more information call the Kennedy Center at (617) 376-1506.

The presentation is another being offered as part

of the Dementia Friendly Initiative in Quincy.

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Fitzpatrick (19 Pts) Paces Presidents Past Red Raiders

By TOM JOYCE

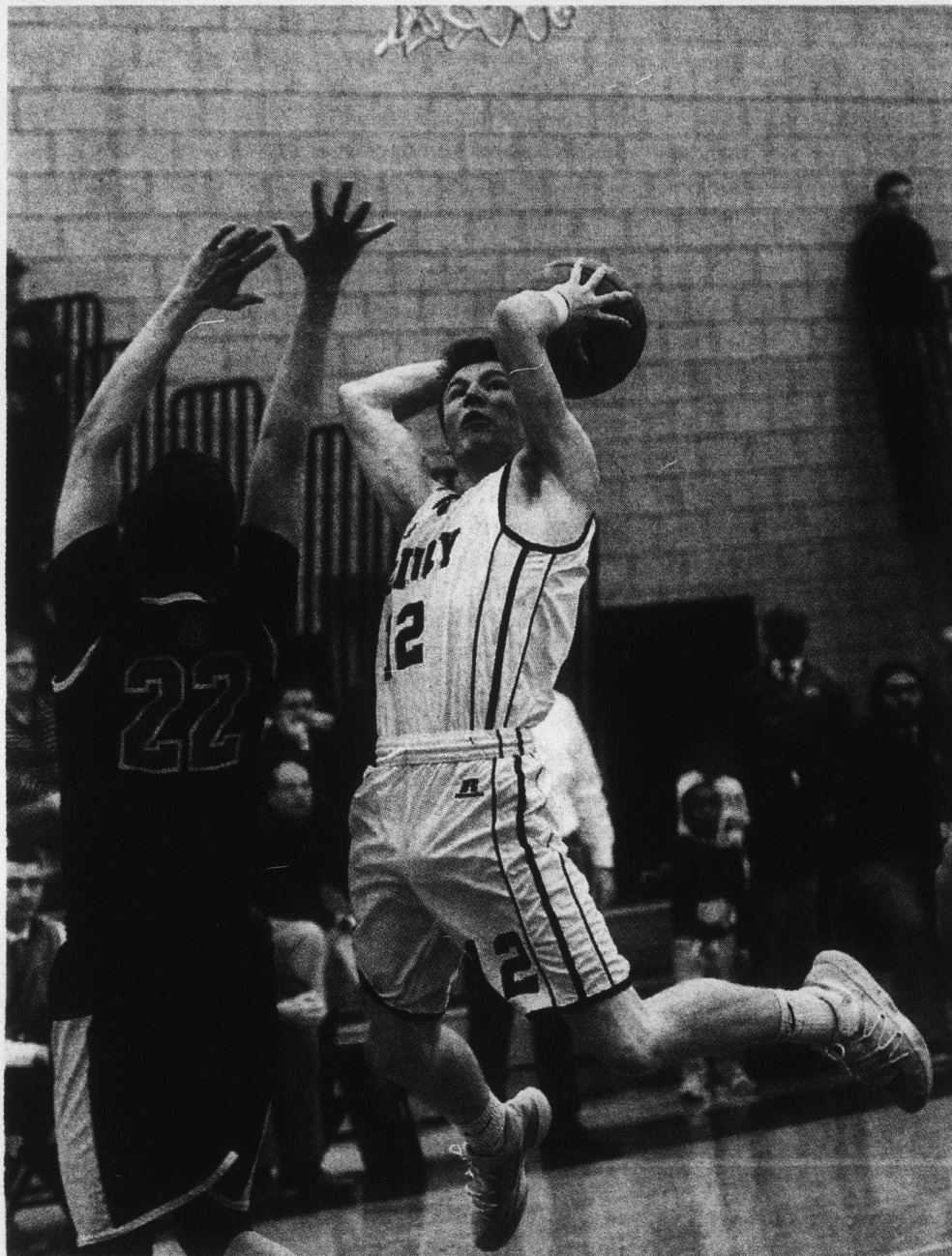
The battle between the Quincy and North Quincy boys' basketball teams could have gone either way last Friday night.

Ultimately, it was the Presidents who shined in the fourth quarter and were able to come out with a 65-52 win at home.

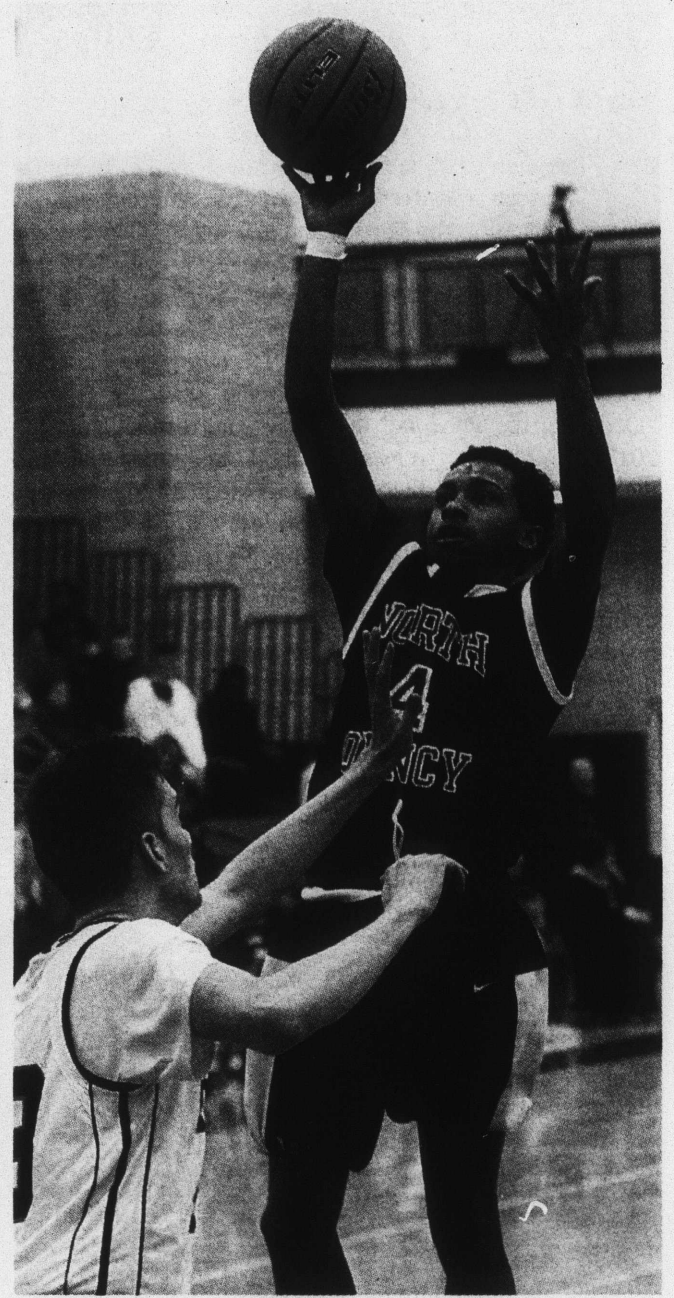
"I thought both teams played their hearts out," Presidents' head coach David Parry said. "We got lucky with a couple of shots there at the end, but I tip my hat to Kevin Barrett and his team. I thought they came out and gave us everything we could handle and more. This game and the girls games were ones the city can be proud of."

"I was proud of our guys, particularly our seniors we started and ended with," Red Raiders' head coach Kevin Barrett said. "We came up short, but we lost to a very good Quincy team. We tip our caps to them tonight. It was your typical rivalry game. I've been around long enough to know records pretty much go out the window as was the case tonight. I was happy with the way we scrapped and competed. We just had too many self-inflicted turnovers to win this one."

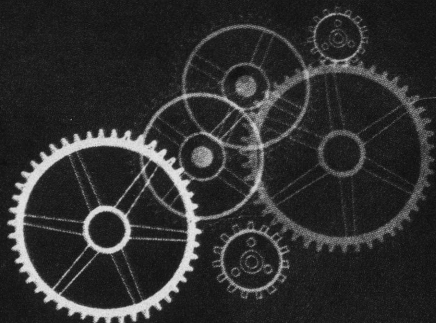
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QUINCY SENIOR GUARD Brenden Fitzpatrick leaps towards the basket to score two of his game-high 19 points to lead the Presidents to a 65-52 win over North Quincy in the second game of a basketball doubleheader last Friday night at QHS. Quincy Sun Photos/Robert Bosworth



NORTH QUINCY SOPHOMORE guard Jomone Bing buries two of his team-high 16 points against the Quincy Presidents last Friday night. Quincy downed NQ, 65-52.



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FEBRUARY 20, 2018 - FEBRUARY 23, 2018

SCHEDULE OF EVENTS

INDUSTRY PANEL

Tuesday, February 20th | 3:30 pm
EXPLORING ENGINEERING PATHWAYS
Featuring Quincy College Faculty and Staff

GUEST SPEAKER

Wednesday, February 21st | 2:00 pm
WHY ENGINEERS GET THE FUN JOBS?
BLOCKCHAIN, AI, IOT, MACHINE LEARNING
Featuring: Manuel Barroso, Executive Consultant

GUEST SPEAKER

Thursday, February 22nd | 2:00 pm
THE FLEXIBILITY & INDEPENDENCE OF A STEM CAREER
Featuring: Linda Graf, Validation Manager Wyeth/Pfizer

LAB TOUR

Friday, February 23rd | 3:30pm
ENGINEERING TECHNOLOGY LAB TOUR
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NORTH QUINCY FRESHMAN forward Agu Ugwu shoots a three-pointer against Quincy.



QUINCY SENIOR FORWARD Damyan Markov leaps for a lay-up as North Quincy's Andrew Huang defends.

Quincy Sun Photos/Robert Bosworth

Fitzpatrick (19 Pts) Paces Presidents Past Red Raiders

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Down by a point, 46-45, Presidents came roaring back in the fourth quarter. They played great defense and their offense clicked. It did not take them long to regain the lead and with 4:20 remaining the game,

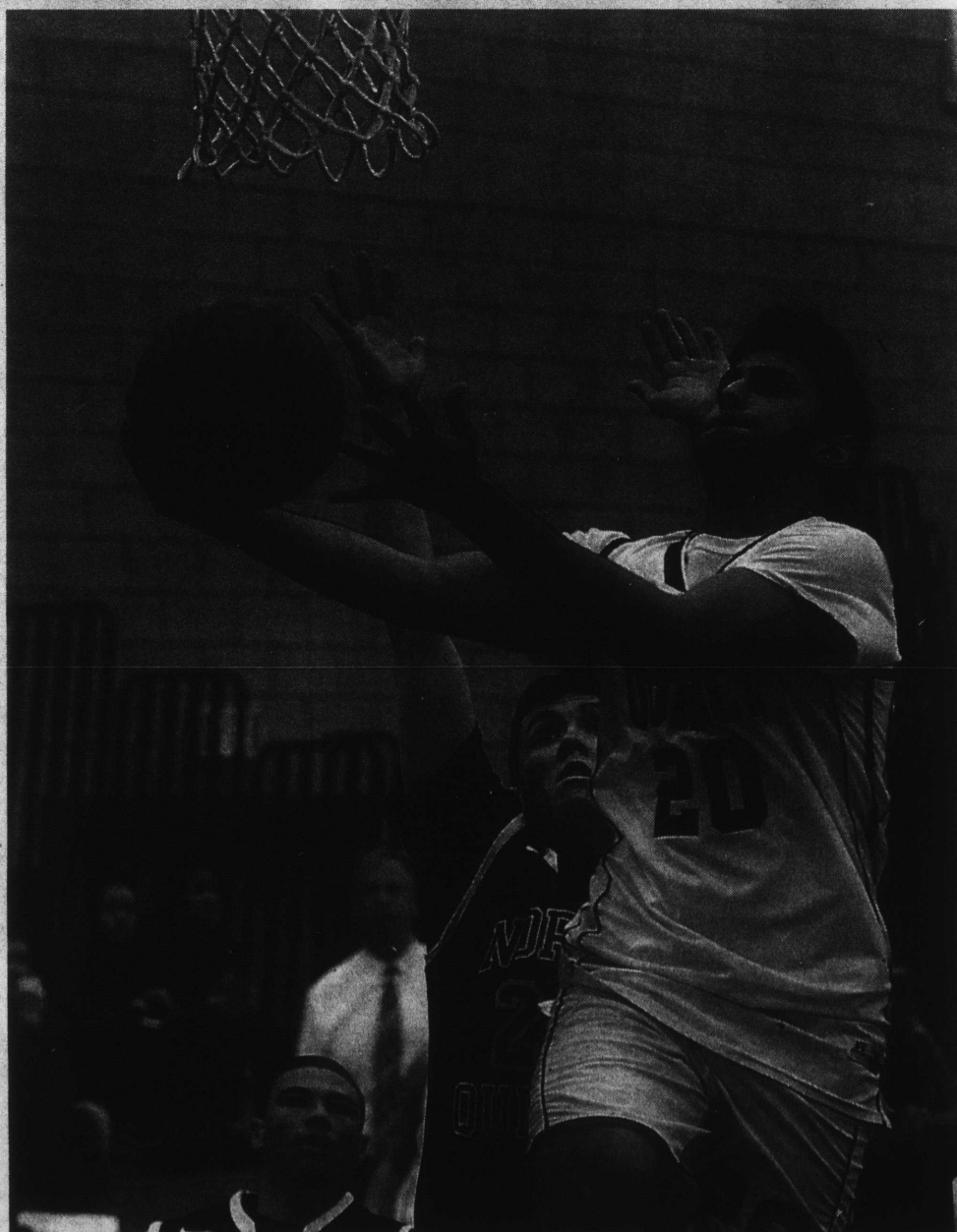
Damyan Markov (13 points) made a breakaway layup, giving his team a 52-46 lead. Less than a minute later, Brenden Fitzpatrick sank a 3-pointer, giving his team a 55-46 lead. The Red Raiders snapped their scoreless drought with 2:50 left in the game; the basket came from

senior Steven Chen.

"The kids dug down deeper," Parry said of the Presidents defense this quarter. "For the seniors, it was their last time seeing North Quincy, so they gave it all they had and that's what they did." One minute later, Fitzpatrick made a 3-pointer to extend the Presidents lead to 10 points 58-48. In doing so, he stopped the Red Raiders' chances of making a comeback. The two squads came into the game focused and ready to compete which resulted in a competitive first quarter. They each had some quality shots, but the Presidents led 16-11 at the end of the first quarter thanks to a layup from Franco Calabro (11 points) as time expired.

The Presidents also had an edge in the second quarter; Brenden Fitzpatrick (19 points) started things off with a layup and with 6:25 remaining, Calabro nailed a 3-pointer to put his team up 21-11. From there, the Red Raiders fought back. Jomone Bing hit a pair of free throws with 1:57 remaining to cut the deficit to 27-20. The Presidents led 31-23 at halftime.

Cont'd On Page 26



QUINCY SENIOR FORWARD Ramy Chebbo scores two points for the Presidents.

VOICE FOR HEALTH

by Dr. Gabrielle Freedman
Chiropractor

IMPROVED POSTURE MAY ELEVATE MOOD

There are a number of reasons to improve bad posture including increased flexibility, which lessens susceptibility to injury. As if any more reason were needed, a correct alignment of the hips, spine, neck, and jaw may actually improve mood. So says a preliminary study involving 61 individuals with mild to moderate depression. As a whole, this group tended to sit with stooped shoulders and rounded backs. For the study, half the group was allowed to sit in its usual slouched position and the other half received treatment that encouraged them to sit upright. Then, both groups underwent stress-level tests and answered questionnaires about their mood. It turned out

that the upright posture group had lower fatigue and anxiety levels.

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P.S. Poor posture often leads to compensatory body positioning that only worsens posture further.

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Tracey's 15 Points Lead Quincy Over North Quincy

By TOM JOYCE

When the two rivals step onto the court, there is bound to be a competitive contest, and that was the case when the Quincy High girls basketball team took on the North Quincy Red Raiders last Friday night.

Much of the game was close, but the Presidents pulled away with a dominant stretch in the second half and came out on top with a 52-41 win. They improved to 11-6 on the season with the win and the Red Raiders fell to 6-10.

A few minutes into the second half, the Presidents began a 15-0 run that would be the difference-maker in the game.

"That's where we came to life," Presidents' head coach Jeff Bretsch said. "It really felt like that's where we turned up the defensive pressure in the full court. The girls responded and got some confidence in their offense at the same time."

With 5:21 left in the third quarter, Grace Hobin sank a pair of free throws that tied the game at 25 apiece. About two minutes later, Allison McMorrow hit a layup to put the team up by two and Juliana Tracey (15 points) made a 3-pointer shortly thereafter, giving the Presidents a five point lead. Jillian O'Toole's layup just before the third quarter ended put the team up 34-25.

The Presidents kept that

momentum rolling in the fourth quarter and in the first minute of it, senior Ro Molina made a pair of layups, extending her team's lead to 13 points.

With 7:10 remaining, senior captain Jenn Butka (16 points) ended the Red Raiders' scoreless drought with a free throw.

The rest of the game featured a competitive back-and-forth between the two rivals, but the Presidents were able to protect their lead thanks to their prowess from outside range.

"I've always felt like we're a team with a lot of shooting weapons," Bretsch said. "It doesn't always happen, but it's nice to see it work out for us in the second half. We tend to be a good second half team. The girls are well-conditioned and I think sometimes our youth shows early. But as the game goes on, we kind of found our rhythm because they work really hard."

Throughout the season, Juliana Tracey, Allison McMorrow and Gia Calabro have been sharp 3-point shooters for the Presidents.

Both teams were strong from the start of the contest and kept the score close in the first quarter. With 2:24 left in the first quarter, Butka sank a deep 2-pointer to put the Red Raiders up 6-6.

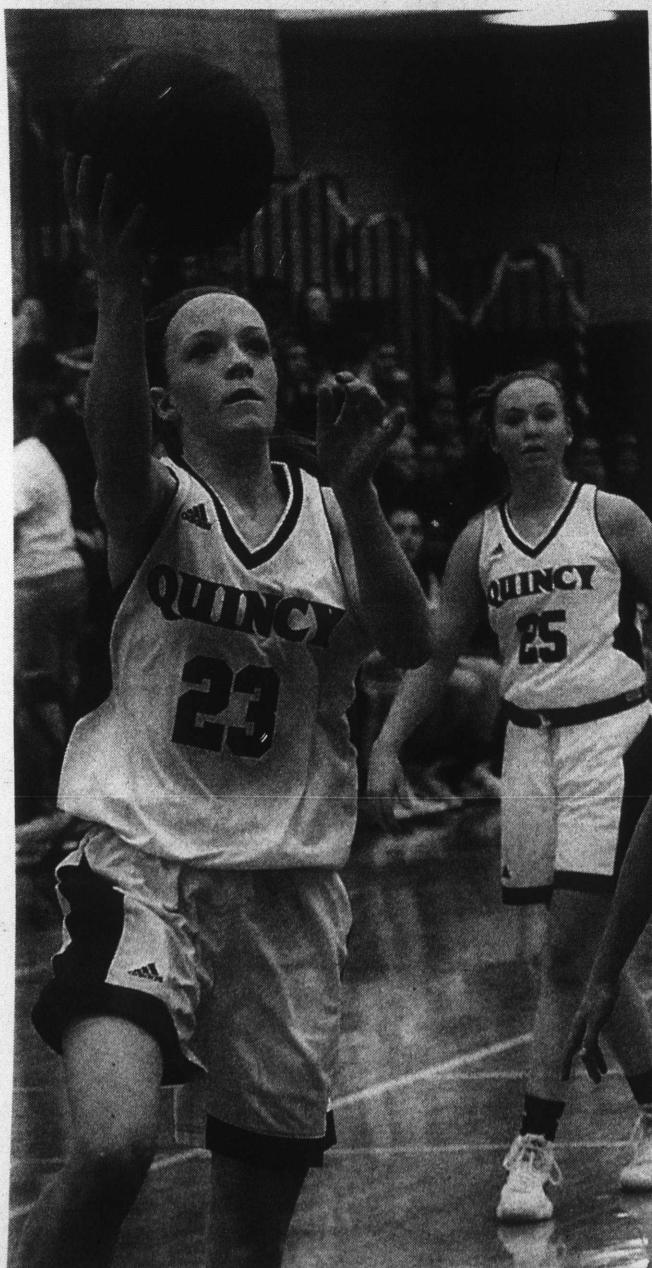
Ultimately, the Presidents would end up lead-

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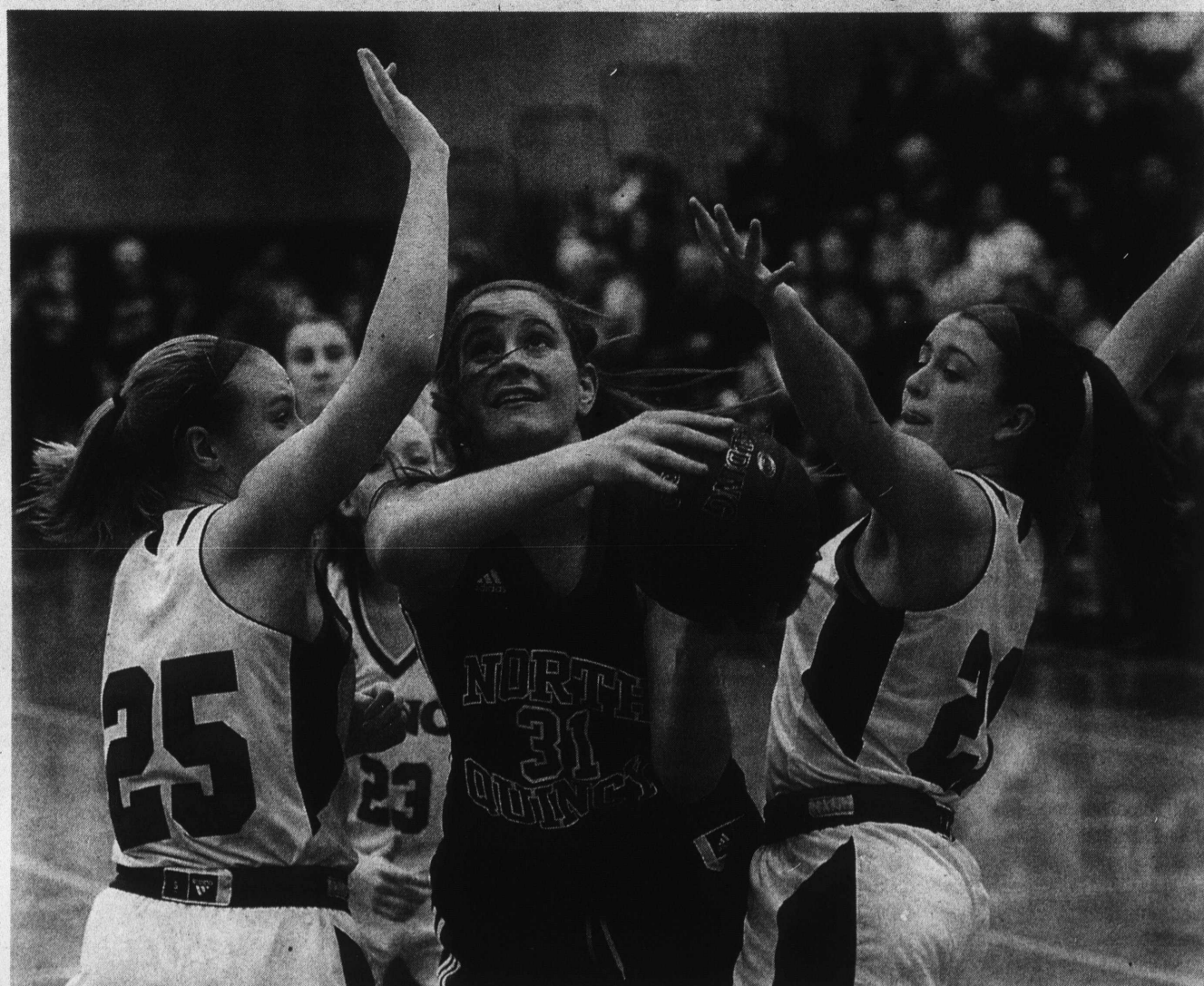


QUINCY SOPHOMORE GUARD Juliana Tracey battles North Quincy senior center Jessie Caldwell for two of her team-high 15 points to help pace the Presidents past the Red Raiders 52-41 last Friday night.

Quincy Sun photos/Robert Bosworth



QUINCY SOPHOMORE GUARD Jillian O'Toole scores a bucket for the Presidents against North Quincy. In the background is teammate Juliana Tracey.



NORTH QUINCY SENIOR center Jenn Butka is surrounded by Quincy defenders (from left) Juliana Tracey, Jillian O'Toole and Grace Hobin as she looks to put up a shot against the Presidents. Butka scored a game-high 16 points but the Red Raiders bowed to the Presidents, 52-41 last Friday night at QHS.

Tracey's 15 Points Lead Quincy Over North Quincy

Cont'd From Page 24
ing 12-11 at the end of the quarter. They took this lead with about 15 seconds left in the quarter when sophomore

Allison McMorrow drained two her two free throws.

As the second quarter progressed, the Red Raiders continued playing tough

defense and because of this, they took a lead into half-time. Freshman Lindsey Keenan had a long range 2-pointer, putting the team

up by three points, 17-14, with about five minutes remaining in the first half.

This score held for over two minutes, but then Butka made a 3-pointer with 2:51 remaining to give the team a six point lead. In the last two minutes, the Presidents

fought back and sophomore Juliana Tracey made a three with roughly ten seconds left in the half to make it a 21-19 game headed into halftime.

"I thought we outplayed them in the first half, but we had a real breakdown at the end of it," Red Raiders' head

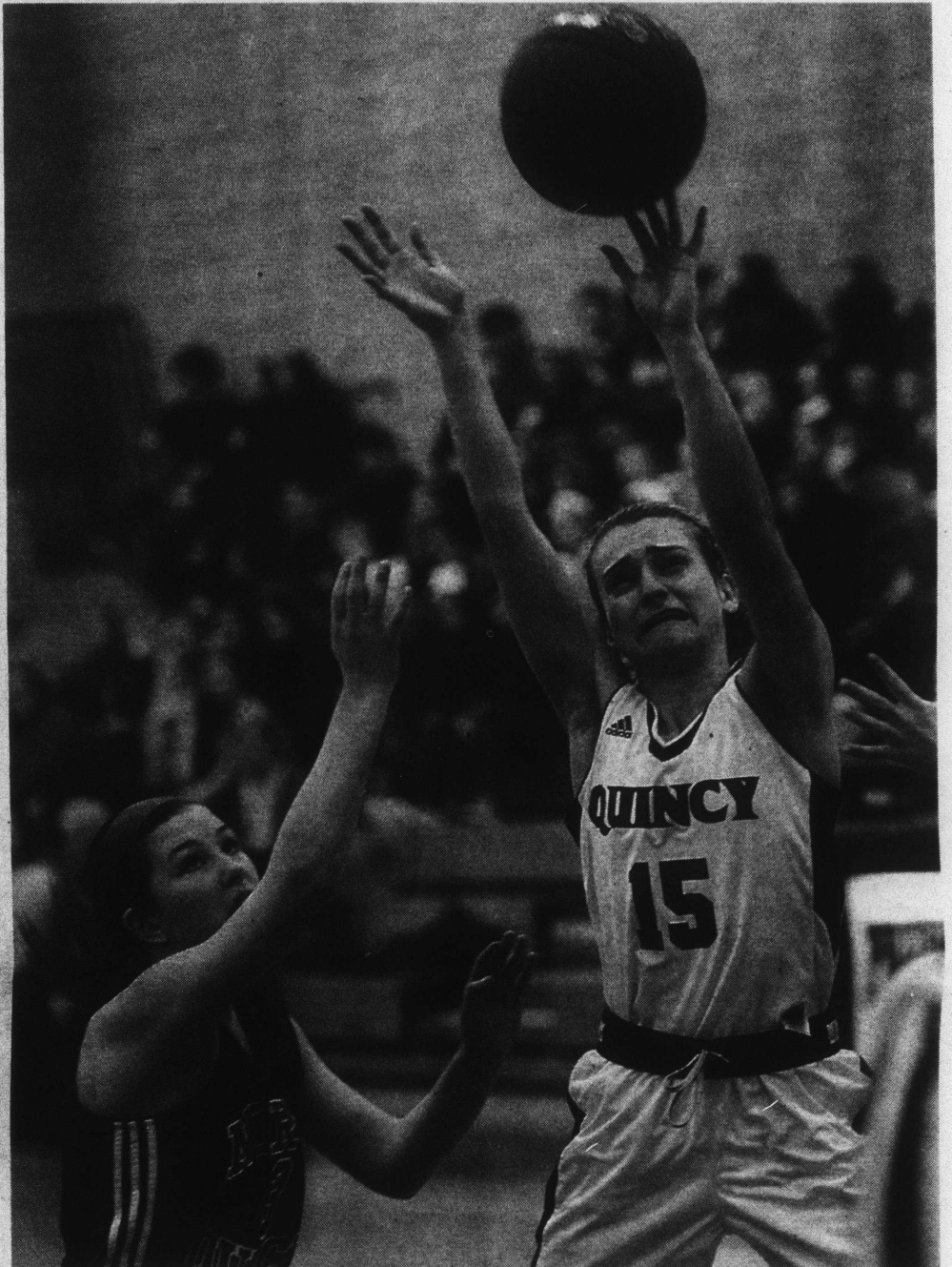
coach Paul Bregoli said. "So instead of us being up five, we let them hit a three and we're only up by two."

"It was all about energy," he added. "They played together and they played well. I had no complaints about

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NORTH QUINCY senior forward Olivia Hussey scores two of her eight points against the Presidents. At left defending is Quincy's Jillian O'Toole.

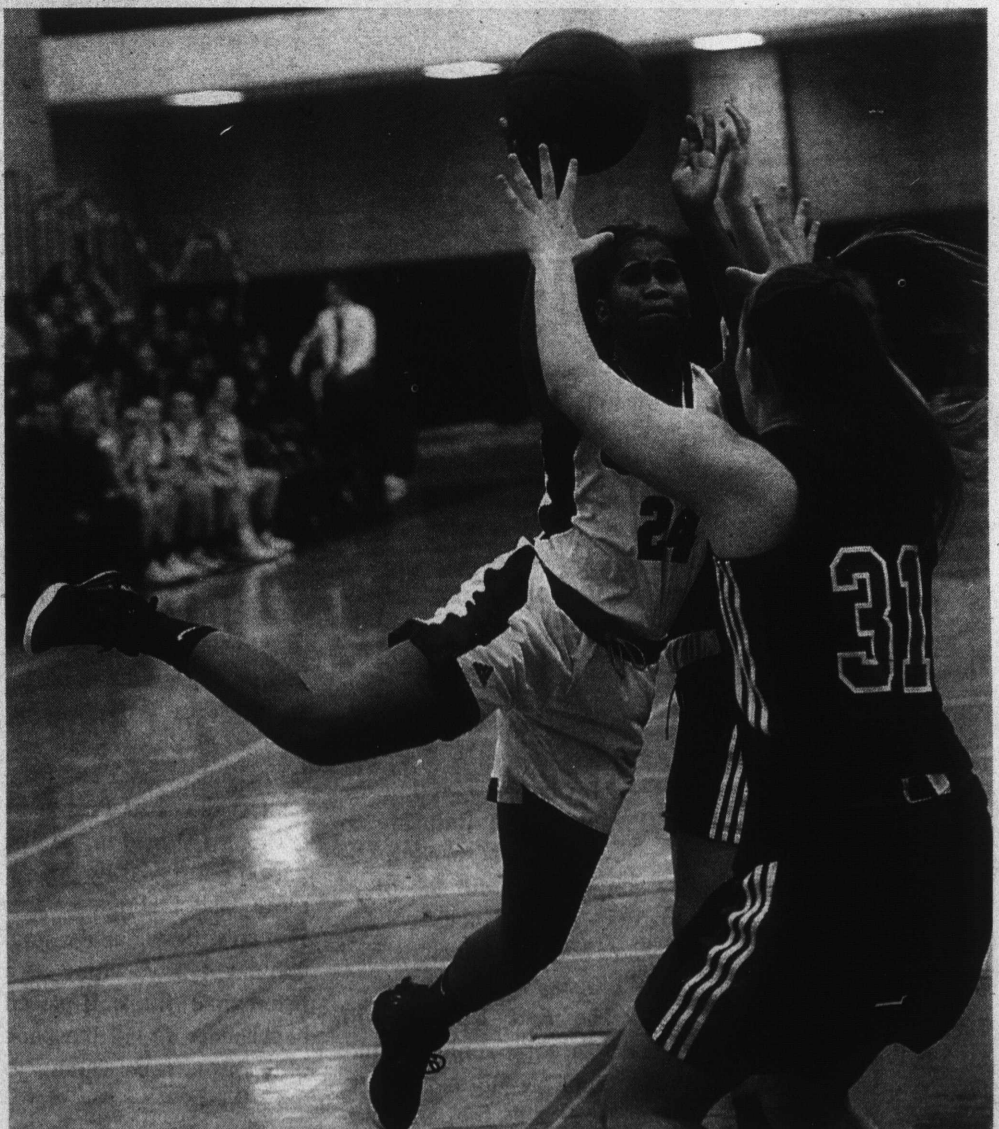


QUINCY SENIOR GUARD Liana Cunningham tosses in two of her eight points against the Red Raiders. Defending for North Quincy is freshman guard Lindsey Keenan.

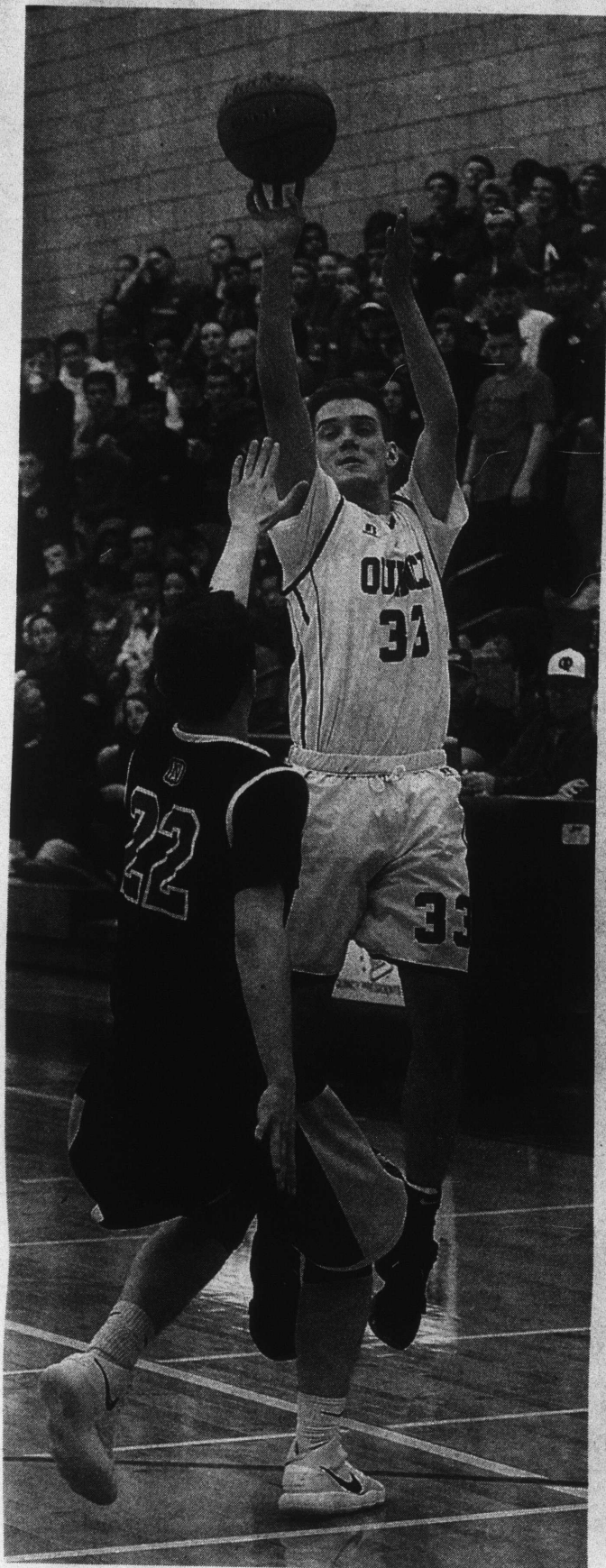


NORTH QUINCY SENIOR center Jessie Caldwell battles for a loose ball with Quincy's Rosheline Molina and Grace Hobin. Quincy defeated NQ 52-41 last Friday night.

Quincy Sun Photos/Robert Bosworth



QUINCY SENIOR FORWARD Rosheline Molina leaps in the paint for a shot against the Red Raiders Friday night.



QUINCY JUNIOR FORWARD Will Zarges launches a three-point shot against the Red Raiders as North Quincy senior center Jack Meade defends.

Fitzpatrick Paces Presidents Past Red Raiders

Cont'd From Page 24

As the third quarter progressed, the Red Raiders found themselves controlling the game. Midway through it, Bing made a 3-pointer to make it a 37-33 game and a minute-and-a-half later, Andrew Huang's 3-pointer brought the Red Raiders within a point, 40-39. Ultimately, the Red Raiders would lead at the end of the half. With 10 seconds remaining in it, they received a 4-point play from Tyler Le; he hit a shot from outside range and was fouled in the process. He then made his free throw and put the Red Raiders up 46-44. They led 46-45 after three quarters. At that point, it was anyone's game.

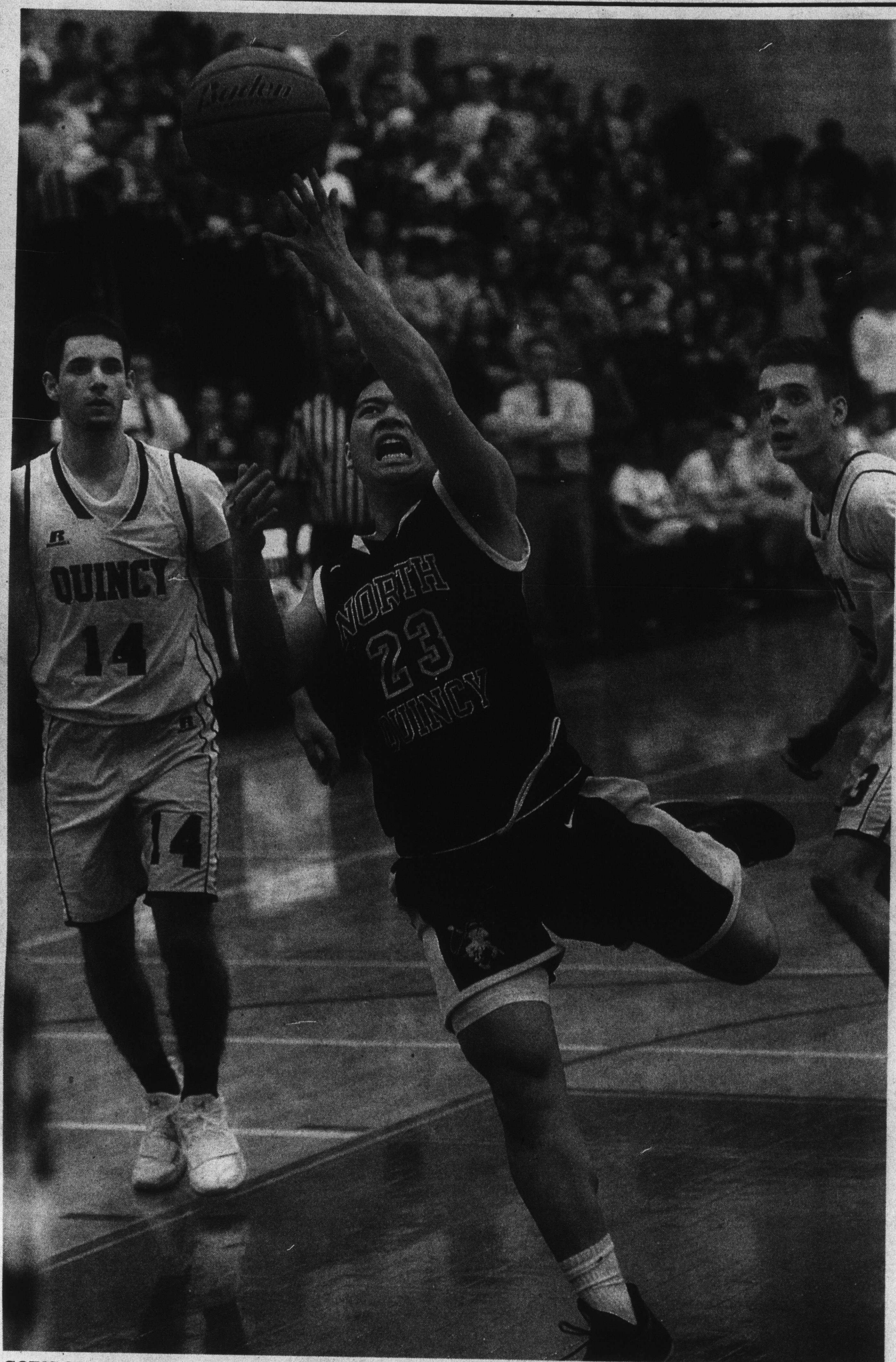
Both coaches agreed there is something about

taking on the rival team that results in a great game.

"It's really cool," Barrett said. "We're in a unique situation and a special situation living in the same city and having the opportunity to play in this one twice per year. It's one the kids really look forward to and it has a great atmosphere and a great crowd. That was certainly the case tonight."

Moving forward, the Presidents are fortunate to play a tough schedule to prepare them for the playoffs which includes the likes of Plymouth North and Whitman-Hanson.

The Red Raiders will also face the unique challenge of playing five games in 10 days as they wrap up their regular season.



GOING STRONG TO THE basket for North Quincy is senior guard Andrew Huang. Defending are Quincy's Damyan Markov (left) and Will Zarges.

Quincy Sun Photos/Robert Bosworth

Presidents Hockey Clinches Tourney 5th Straight Postseason Berth

The Quincy High Boys Hockey team clinched a spot in the high school hockey tournament last Saturday night with a hard fought 2-1 victory over Whitman-Hanson at Quincy Youth Arena.

The game was an extremely close back and forth contest that had Presidents taking a 1-0 lead in the first period on a goal by sophomore Jake DeFranco. DeFranco's first varsity goal could not have come at a better time, his well-placed backhand found the back of the net to stake Quincy to the 1-0 lead.

Whitman-Hanson, who needed a win to keep their

tourney hopes alive, came out fighting hard in the second period, tying the game at 1-1 on a controversial goal that appeared to hit the post, but was ruled a goal by the officials.

In a fast paced third period, Junior Griffin Lynch scored the game winner on a laser-beam snap shot that caught the left post before ending up in the back of the net. Quincy goalie Dan Murphy continued his consistent solid play to help seal the win and fifth consecutive appearance by the Presidents in the postseason.

Submitted by Quincy High School



QUINCY HIGH SCHOOL boys hockey team celebrates its 2-1 win over Whitman-Hanson last Saturday propelling the Presidents into the postseason for the fifth consecutive year. The Presidents renew their on-ice rivalry with the North Quincy Red Raiders Saturday at 6:40 p.m. at Quincy Youth Arena.

Photo Courtesy Quincy High School

QNN Swimmers Compete At Patriot League Championships

Quincy and North Quincy swim teams hosted and competed in the Patriot League Championships last Saturday at the Lincoln-Hancock Pool in Quincy.

The combined QNN boys squad (2-4) finished fifth in the seven-team competition with 110 points. The North Quincy girls team (1-6) was sixth with 86 points followed by the Quincy girls (0-6) who finished eighth compiling 49 points.

Three swimmers earned All-Patriot League accolades including North Quincy's **Emily Steele** who was named the Fisher Division MVP. The junior's exceptional performance included a school record-setting time of 1:05.06 in the 100-yard backstroke for fourth eclipsing the 17-year mark previously held by Katelyn McDonald (1:06.21). Her other fourth came in the 100 freestyle swimming 59.42 less than four seconds off the pace.

Steele joined North Quincy captain and fellow league all-star **Juliana Chieng** for sixth in the 200 medley relay with a time of 2:09.54 along with sophomore **Amaryllis Gu** and senior **Julia Klinecicz**. The same quartet collaborated for fifth in the 200 freestyle relay as well with a South Sectional qualifying time of 1:53.00. Individually, Chieng, who broke the 27-year, 50 yard freestyle school record early in the season (Dec. 14, 2017) with her 24.95 swim, ranked third (26.22) in the event at the championships.

"It makes me so proud to see the shared talent between the two teams," said Quincy Coach Marisa Forrester. "North Quincy had an exceptional season with two broken records, and two relay and two individual qualifiers for Sectionals. They have such a sense of pride and sportsmanship that is special."

QNN's **Kenny Ng Kar Yeung** (NQ) merited All-Patriot League honors for the boys after earning third in the 100 breaststroke (1:14.77) and 12th in the 50 freestyle (26.54). He joined sophomores **Stanley Chen** (NQ) and **Logan Almeida** (Q) in addition to junior captain **Kevin Warner** (Q) for fourth in the 200 medley relay (2:00.45). Chen, Warner and Ng Kar Yeung swam with junior **Guilherme Eller** (Q) for fifth in the 200 free relay swimming

1:45.53.

Warner led a band of four QNN swimmers who finished in the top-16 of the 100 freestyle. Warner was 10th (59.36) followed by Almeida in 11th (1:00.11), Chen in 13th (1:01.26) and senior **Aymen Sadaka** (NQ) in 16th (1:04.19). In half the distance, **Stanley Chen** placed 10th (25.69) and Aymen Sadaka was 16th (27.52). Sadaka, the QNN Bill Walker Scholar-Athlete Award recipient, and Almeida combined with junior **Adam Tlacoxolal** (NQ) and sophomore **Brendon Lee** (NQ) for third in the 400 freestyle relay swimming 4:10.33. Brendon finished 14th in the 100 backstroke (1:19.37) followed by **Xuanbo Ding** (Q) in 16th (1:24.11). Tlacoxolal was ninth (2:41.61) in the 200 individual medley followed by freshman **Timothy Chen** (Q) in 11th (2:45.27). Swimming the grueling 100 butterfly and 500 freestyle events was Guilherme Eller who placed sixth (1:14.97) and 12th (6:45.10), respectively.

Coach Julia Kusiak Carey said of the boys team, "We have lots of young talent on the boys team and I look forward to watching the team grow in the future."

For the North Quincy girls team, Klinecicz placed 20th in the 200 free (2:49.90) and another graduating senior, **Ina Hoti**, was 17th in both the 50 free (31.47) and 100 backstroke (1:24.91). Amaryllis Gu swam 2:50.16 for 14th in the 200 individual medley and 1:28.18 for 11th in the 100 breaststroke.

Senior captain **Brena Kirby**, who won the league's Individual Sportsmanship Award for North Quincy, placed 15th in the 100 free (1:12.62).

In her debut Patriot League Championships, freshman **Charlotte Airosus** earned 11th in the 100 backstroke (1:19.38). The pair joined freshman **Kelly Chan** and senior **Fiona Xu**, North Quincy's winner for the Bill Walker Scholar-Athlete Award, for eighth in the 400 freestyle relay (5:15.77).

Mike Nee, North Quincy assistant coach, said, "I was very particularly impressed by the captains and upperclassmen and their leadership abilities, day in and day out helping us Coaches and younger students to achieve

their goals for the year."

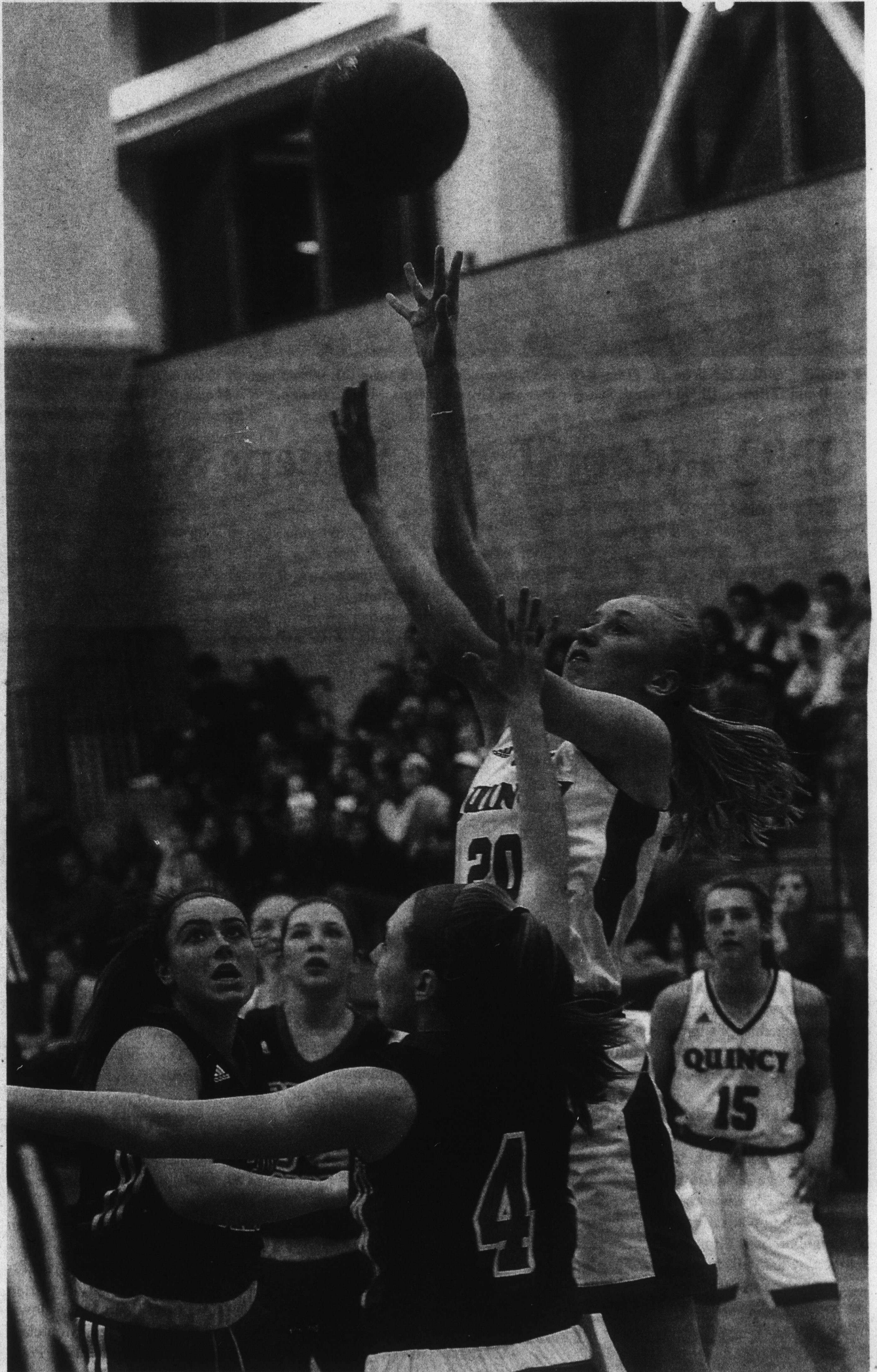
Senior **Julie Hong**, who won Quincy's Bill Walker Scholar-Athlete award, swam 2:35.60 for 16th and 6:59.27 for 12th in the 200 and 500 freestyle events, respectively. Sophomore **Allison Cahill** was 14th in the 100 backstroke (1:22.96)

and 18th in the 200 IM (3:06.53), and junior captain **Eni Daci** clocked 31.84 for 19th in the 50 freestyle and 1:36.49 for 20th in the 100 breaststroke. The pair collaborated with senior captain **Kat Casey** and junior **Hannah Ford** for seventh in the 200 medley

relay (2:22.54). Casey also placed 18th in the 200 freestyle (2:39.76) and 11th in the 100 butterfly (1:17.20). Ford, who placed 14th in the 100 freestyle (1:12.19), competed with Daci, Cahill and sophomore **Annabelle Le** for sixth in the 200 freestyle relay (2:07.41). Hong,

Ford, Le and Casey swam 5:00.54 for seventh in the 400 freestyle relay.

Other swimmers garnering league honors were **Tina Vo** of Quincy and **Corey Chiu** of NQ who each won the Individual Sportsmanship Award for their respective schools.



QUINCY SOPHOMORE FORWARD Allison McMorrow (11 points) puts up a shot against the Red Raiders.

Quincy Sun Photo/Robert Bosworth

Tracey Leads Quincy Over NQ

Cont'd From Page 26

the first half at all."

The Red Raiders had some foul trouble early in the first half amid a tightly officiated game, so they had to put a few of their starters on the bench. In their

place, however, Bregoli was impressed with the performances he received from Olivia Hussey, Celia Hussey and Lindsey Keenan filling in when needed. Plus, Jenn Butka has excelled for the team all year and scored a

career-high 24 points earlier in the week against Scituate.

Bretsch said he was impressed with his team's performance in the game, especially from seniors Li-ana Cunningham, who set

the school record for assists back in 2016, and Ro Molina.

The Presidents clinched a playoff spot earlier this season and at the start of the week, the Red Raiders needed to win their last four games to earn a spot.

Six Quincy Students On Merrimack Dean's List

Six students from Quincy are on the Dean's List for the fall semester at Merrimack College in North Andover. They are:

Kerin Coleman, James Doherty, Madelyn McCarthy, Rachel Gillespie, Alison Radzik and Yasmine Yilgor.



SENIORS COMPETING for the Quincy-North Quincy indoor track team this season include (from left) Emma Nguyen, Alex Case, Devin Hiltunen, Olivia Palazzi, Sam Striffler and Gretah DiOrio. Missing from photo is Maggie McGoldrick.
Photo Courtesy Geoff Hennessy

QNO Indoor Track Sweeps Scituate

By GEOFF HENNESSY

QNO took both ends of a dual indoor track meet versus Scituate. The girls won 53-38 while the boys edged the Sailors 51-31.

Nineteen different athletes earned personal bests in the meet.

Alex Case and Olivia Palazzi both eclipsed school records in their events – Case in the 55 meter dash with a 7.64 and Palazzi with a 9.60 in the hurdles. Sarah Pillone was a close 100th of a second behind Palazzi in the hurdles for second and also made the auto stan-

dard in the long jump with a 15'11.5".

Devin Hiltunen won her 300 for the fifth time going undefeated against all comers. Sam Striffler was third.

Lezley Acevedo won the 600 with Emma Lyons second. Abby Murphy ran her fastest of the year in the 1,000 for the win and Isa Hanley ran her fastest of the year taking the mile. Emma Nguyen threw 28'2" for second in the shot and the relay team of Alex Case, Gretah DiOrio, Sam Striffler and Devin Hiltunen won the 4 x 200m relay to clinch the

win.

On the boys side Nathan Sleiman won the hurdles with seconds in the dash and long jump. Jose Las took the 300, Brian Gutro the 600, Matt McGourty and Vinh Tran went 1-2 in the 1,000, Dakota Pendleton was second in the mile and Nick Ouellette won the two mile. Troy Isaac, Benson Nguyen and Ethan Voeun-Ros swept the shot.

QNO will bring their best to the MIAA Division 1 championships Friday night at the Reggie Lewis Center. Participants include Nathan

Sleiman and Shorn Hawthorne for the boys and Alex Case, Catherine Brown, Devin Hiltunen, Abby Murphy, Sarah Pillone, Kelsey Coughlin, Olivia Palazzi, Gretah DiOrio, Rory Mahoney, Lezley Acevedo, Isa Hanley and Emma Lyons for the girls.

Sleiman will run the hurdles, Hawthorne will highjump, Case will run the dash, Hiltunen will do the 300, Murphy will be in the 1,000 and Pillone will long jump. The girls also qualified in the 4 x 200, 4 x 400 and 4 x 800 relays.

February School Vacation Gym Schedule

The Quincy Recreation Department will conduct an expanded schedule of supervised gym programs during the upcoming school vacation period.

Gyms will be supervised from 9 a.m. to 1 p.m. for free activities for boys and girls from age 8 through high school. Eleven school gyms will be open in various neighborhoods throughout the city and will feature activities such as basketball,

gym games and dodge ball.

Registration is done at each location and those ages 8 through grade 5 will attend from 9 to 11 a.m. Those in grade 6 through 12 will attend from 11 a.m. to 1 p.m.

Participants may attend the program of their choice. Some minor changes in times may occur in some locations to accommodate differences in enrollment.

In addition to the week-day schedule the ongoing

regularly scheduled Saturday morning programs will be conducted on Saturdays, Feb. 17th and Feb. 24th.

Participants are requested to wear sneakers at all locations.

Including the Saturday locations, the department will supervise over 150 hours of programming and will promote beneficial active lifestyles among Quincy's children.

"Over the vacation week these free programs are also well received by many of Quincy's working parents that may seek safe alternatives during their normal working hours," Recreation Director Barry Welch said.

There will be no programs on Presidents Day, Monday, Feb. 19th.

The expanded schedule for the rest of the week is as follows:

The schedule of gyms for Tuesday, Feb. 20th from 9 a.m. to 1 p.m. is as follows: Atherton Hough, Beechwood Knoll, Merrymount,

Montclair, Snug Harbor, Squantum, Atlantic, and Point Webster.

The schedule of gyms for Wednesday, Feb. 21st from 9 a.m. to 1 p.m. is as follows: Atherton Hough, Beechwood Knoll, Merrymount, Snug Harbor, Squantum, Atlantic, Point Webster and Central.

Wollaston will be open from 9 to 11 a.m.

The schedule of gyms for Thursday, Feb. 22nd from 9 a.m. to 1 p.m. is as follows: Atherton Hough, Montclair, Squantum, Atlantic, Point Webster and Central.

The schedule of gyms for Friday, Feb. 23rd from 9 a.m. to 1 p.m. is as follows: Beechwood Knoll, Merrymount, Montclair, Atlantic, Point Webster and Central. Wollaston School will be open from 9 to 11 a.m.

For additional information contact the Quincy Recreation Department at 617-376-1394 or visit www.QuincyRec.com.

Recreation Swim Program School Vacation Week

The Quincy Recreation Department announces the Recreational Swim Program at the Lincoln Hancock Community School will conduct a special schedule of day time recreational swims for school age youth and their families during February school vacation week.

In addition to the regular evening swims the Recreation Department pool staff who are certified in accordance with the American Red Cross, will supervise recreational swims on Tuesday, Feb. 20th, and Friday, Feb. 23rd from 11 a.m. to 1 p.m. These swims will be in addition to the usual program of evening recreational swims.

The complete schedule is as follows.

Tuesday, Feb. 20th Schedule:

Day:
Family/ Youth Open Swim 11 a.m. – 1:00 p.m.

Night:
Family/Youth Swim 6:00-6:50 p.m.
Senior Swim 7:00-7:45 p.m.
Adult Swim 7:55-8:45 p.m.

Wednesday, Feb. 21st Schedule:

Night:
Family/Youth Swim 6:30-7:20 p.m.
Senior Swim 7:00-7:45 p.m.
Adult Swim 7:55-8:45 p.m.

Thursday, Feb. 22nd Schedule:

Night:
Family/Youth Swim 6:00-6:50 p.m.
Senior Swim 7:00-7:45 p.m.
Adult Swim 7:55-8:45 p.m.

Friday, Feb. 23rd Schedule:

Day: 11:00 am -1:00pm
Night:
Family/Youth Swim 6:30-7:20 p.m.
Senior Swim 7:00-7:45 p.m.
Adult Swim 7:55-8:45 p.m.

Persons with current valid pool membership cards may take part in all the above programs. Persons without current active membership may pay a guest fee at the Water Street entrance of the pool or sign up at any of the swims for a yearly membership.

The pool will be closed on Presidents Day, Monday, Feb. 19.

For additional information call the Quincy Recreation Department at 617-376-1394 or visit www.QuincyRec.com.

Lego Workshops For Boys, Girls K-Grade 3

The Quincy Recreation Department will offer Lego workshops during February school vacation for boys and girls in kindergarten through grade 3.

Children will create and build with the popular Lego toys in both individual and group projects.

The workshops, which will be scheduled on Tuesday through Friday during vacation week, will be conducted in the Community Room of the Richard J. Koch Park and Recreation Complex located at One Merrymount Parkway. The cost of the program is \$20 for a three hour session and will include Legos, supervised instruction and a snack. The sessions are:

• Tuesday, Feb. 20th from 9 a.m. to noon

• Wednesday, Feb. 21st from 9 a.m. to noon

• Thursday, Feb. 22nd from 9 a.m. to noon.

• Friday, Feb. 23rd from 9 a.m. to noon

Enrollment will be limited, and a minimum number will be needed for each session for proper group activities. Supervision will be provided by members of the Quincy Recreation Department Staff and participants will also be guided in related Lego activities such as design challenges and games.

Registration is ongoing and can be done online at QuincyRec.com or in person at One Merrymount Parkway from 9 a.m. to 4 p.m.

For additional information call 617-376-1394 or visit QuincyRec.com.

Amy Carchedi Hosting Fundraiser For Boston Marathon Feb. 24

Amy Carchedi of Quincy will be running in the 2018 Boston Marathon in support of the Beth Israel Deaconess Medical Center-Milton.

Carchedi has a set a fundraising goal of \$7,500. Money raised will support BID Medical Center in Milton's programs including cardiac

rehabilitation.

Carchedi will host a fundraiser to help her reach her goal on Saturday, Feb. 24 from 7 to 11 p.m. at the Quincy Lodge of Elks. There will be raffles, food, a disc jockey and silent auction. Tickets are \$20 per person.



LOCAL OFFICIALS and the Board of Directors for the Gavin Foundation attended a ribbon-cutting ceremony Monday marking the change in ownership of the Gavin Quincy recovery facility in Wollaston. Here Mayor Thomas Koch (first row, fourth from left) cuts the ribbon with help from U.S. Rep. Stephen Lynch (first row, second from right).



GAVIN FOUNDATION held a ribbon-cutting ceremony Monday at City Hall in recognition of the organization assuming full ownership of a Wollaston recovery facility. The city of Quincy allocated \$1 million in federal Community Development Block Grant funds to the foundation to ensure the change in ownership could take place. Speaking at Monday's ceremony were (from left): Gavin Foundation President and CEO John McGahan, Mayor Thomas Koch and U.S. Rep. Stephen Lynch. Quincy Sun Photos/Scott Jackson

City Lauded For Response To Opiate Epidemic

Cont'd From Page 1

\$600,000 interest-free loan — to the Gavin Foundation to help the organization take ownership of the facility, which is now known as Gavin Quincy.

Gavin Foundation President and CEO John McGahan, Mayor Thomas Koch and U.S. Rep. Stephen Lynch helped cut the ribbon at Monday's ceremony, which was held in the Great Hall of the McIntyre Government Center.

"I want to be able to say my thank yous on behalf of the board of directors and the people we serve directly to Mayor Koch and the city of Quincy," McGahan said. "As we look at the epidemic and the number of deaths that opiate addiction has caused throughout the commonwealth and the city of Quincy, it's too much. It's crazy, right, we all know that."

"But the city of Quincy has tackled this issue head-on...we've seen the good work that's been done, and that stretches from prevention right into the treat-

ment."

McGahan cited Quincy for programs on substance-abuse prevention in the city's schools, Koch's 2008 creation of the Quincy Drug Task Force, the Quincy Police Department's Narcan program, and the hiring of Laura Martin, a former prosecutor, as the city's substance-use prevention coordinator.

"We can't thank you enough for your ongoing support of people in need of substance-abuse services," McGahan said.

The Gavin Foundation, he added, would not have been able to assume full ownership of the Quincy facility without the \$1 million in federal funds the

city allocated. That grant, he explained, would help thousands of individuals go through treatment at the facility each year. McGahan said the 70 people employed at the Phoenix House all continue to work there after the change in ownership.

McGahan also credited Norfolk County Sheriff Michael Bellotti for his efforts working with the Quincy Drug Court to get individuals into Gavin Foundation facilities for treatment.

"We commend him for his commitment to the recovery movement," McGahan said.

Lynch, a South Boston Democrat, credited Koch for his support of the Phoenix House when it first

opened despite opposition from some area residents, and said many of those who were opposed at the time have changed their minds. He also noted the Obama White House had commended the Quincy Police Department for being the first police department in nation to equip its officers with Narcan, a nasal spray that can reverse the effects of an opiate overdose, and that Quincy has announced plans to bring a lawsuit against the manufacturers of prescription opiate painkillers.

Koch's approach to the opiate crisis, Lynch said, has saved lives.

"Thank you for your steadfast commitment to helping those in our community who struggle with addiction. Your early action, innovative thinking and comprehensive approach have undoubtedly saved lives...and kept many families in our community safe and whole," Lynch said.

"I look forward to our continued collaboration as we aim to end this devastating epidemic once and for

all."

Koch said elected officials often talk about constructing new buildings, but human services are the top priority for governments.

"We talk a lot in government about bricks and mortar — we talk a lot about building things — but at the end of the day it's really about humans," he said. "It's about human services. It's about giving everybody an opportunity to succeed and everybody an opportunity to feel loved and to be treated with dignity. So let's continue to do that. We wouldn't be able to do that without Gavin."

"Thank you, Gavin Foundation, for coming to Quincy," the mayor added. "We need you. We look forward to many years of cooperation, interaction and whatever we can do to continue to move forward."

Sarah, who was among the first patients to undergo treatment at the Phoenix House after it opened, spoke Monday about her recovery. She has been sober for the past two years and now works in the treatment field

herself. Sarah said the Gavin Foundation saved her life.

"I entered the program as a broken girl. I didn't know how to love or be loved. I didn't know how to be a productive member of society. I entered Quincy Gavin with no hope for a future, unaware of the worth and potential I had and very few supports. I entered Quincy Gavin with very little want to even live," Sarah said.

"Within my stay there I began the process of loving myself, because Quincy Gavin loved me. I had built the strength and ambition for a better future, one that I was actually excited for."

"I left Quincy Gavin as a woman in recovery," she continued. "I left Quincy Gavin as a woman, not a girl. I left Quincy on a mission to reach my full potential, full of hope. I left Quincy Gavin knowing I could always count on them for guidance and support."

"If it was not for the Gavin Foundation and the woman who placed me there...I may have not seen another day."

Quincy College Men's Hoop Vs. Holyoke Saturday At 7 P.M.

Quincy College men's basketball team will take on Holyoke Community College Saturday, Feb. 17 at 7 p.m. at the Lahue Center on the campus of Eastern Naz-

arene College, 23 East Elm Ave., Quincy.

The game was originally scheduled to start at 1 p.m. but tip off was changed to 7 p.m. Saturday evening.

NQ Girls Hoop Battles Scituate

By PAUL BREGOLI

The North Quincy Girls basketball team continues to play well for large portions of a game but are still having trouble closing out with a win.

The Red Raiders traveled to first place Scituate Feb. 6th and gave the Sailors all they could handle before losing 49-41. Jenn Butka, North's Miss Everything, registered a career high 24 points in the loss while also blocking 5 shots and taking a charge.

Scituate's Jaycie Rojic, who scored 20, gave the hosts an early lead with 5 first quarter points while Butka had 3. Butka kept her team close with 11 second quarter points. Liz Slein hit a late three for Scituate to

give Scituate a 24-18 lead at halftime.

The Red and Black ramped up the defensive pressure in the third quarter holding the Sailors to 6 points. A three-pointer from the corner by Olivia Hussey with .5 seconds left on the clock pulled North to within one, 31-30, after three. Junior Samantha Smith hit for 6 second half points to help pace NQ while Butka added 10 more in the half.

North was still in it with 3 minutes left, tied at 33. However, the hosts went 9 for 10 from the free throw stripe to seal the win.

"We played a gutsy game without Lindsey Keenan, who was sick as well as losing Mary Kate McAleavey early in the game to a low-

er back injury," said head coach Paul Bregoli. "We got a great performance from Jenn as well as Olivia and Celia Hussey. Sam played her best game in a while, both scoring and overall play."

Quincy Firefighters Bowling For Alzheimer's Cure Fundraiser Feb. 24

Quincy Firefighters Local 792 will hold their third annual Bowling for Alzheimer's Cure Fundraiser on Saturday, Feb. 24th from 7 to 11 p.m. at the Olindy's Bowling Alley at 170 Quincy Ave. in Quincy.

All proceeds go to Cure Alzheimer's — a nonprofit foundation located in Wellesley, whose mission is to find a cure for Alzheimer's.

Admission is \$20 per person which includes cost

of bowling, rental of shoes, refreshments and door prizes. There will also be raffles. This event is always a fun family night. For tickets or for more information contact Lieutenant Ralph Blight at 617-483-0236.

PAUL'S AUTO BODY

384 Centre St., Quincy 617-471-6280

Open Mon-Fri 8AM - 5PM

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Cannot be combined with other offers
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WAITING IN THE wings to perform at the Quincy Lunar New Year Festival are Jessica Lin, Yinqi Liu and Kristi Chen of the Ivy Afterschool Program. Sunday's celebration at North Quincy High School welcomed "The Year of the Dog" in the Chinese calendar.



AN ICE SCULPTURE celebrating the Chinese Year of the Dog is admired outside North Quincy High School during the 30th annual Lunar New Year Festival.



A DRUM provides the beat during the Lion Dance by the Wah Lum Kung Fu and Tai Chi Academy.



THE CHINESE DULCIMER Guzheng Youth Band performs during the 30th annual Lunar New Year Festival Sunday at North Quincy High School. Quincy Sun photos/Tom Gorman



THE AUDIENCE APPLAUDS the performers during the Lunar New Year Festival.



STEVE CHEUNG of Shabu Lee restaurant serves up some samples during the Lunar New Year Festival. The event was organized by Quincy Asian Resources, Inc. Presenting sponsor was South Cove Community Health Center. More festival photos on Page 39.

DOR: State Tax Filing Season Opens; Ends April 17

The Massachusetts Department of Revenue (DOR) has opened the state tax filing season, which will run through Tuesday, April 17, 2018.

In order to enhance fraud prevention and speed up refund processing, taxpayers

are encouraged to file their returns electronically. Massachusetts is a member of the FreeFile Alliance*, a nonprofit coalition of tax software providers partnered with the IRS and a number of other states. Most taxpayers fall into the income

eligibility requirements for free filing; additional information is available at mass.gov/efile.

DOR launched a new opt-in fraud prevention program for the 2017 tax season that will allow taxpayers to gain more control over

their personal information. Taxpayers that opt-in to the new program will receive a confirmation request from MassTaxConnect when a return is filed using the participating taxpayer's social security number. Once confirmation is received, the return will be processed. To opt-in, taxpayers can call 617.887.MDOR or send an e-message through the MassTaxConnect website at mass.gov/masstaxconnect.

"The Department of Revenue's top priority is refund fraud prevention. Last tax season we stopped roughly \$40 million in fraudulent re-

turns and we continue to deploy system enhancements that detect fraud while releasing legitimate refunds in a timely manner," said Christopher C. Harding, commissioner of Revenue.

DOR estimates that 75 percent of online returns will be processed in 2-3 days and expects most refunds will be issued in less than two weeks. Taxpayers can check their refund status on MassTaxConnect at mass.gov/masstaxconnect.

Avoid delays by taking the following steps:

- E-file returns and select direct deposit of your

refund.

- If filing on paper, do not use forms with watermarks and do not staple or paper-clip forms.

- Ask for Help. Taxpayer help is always available on DOR's website, with topics ranging from how to find a tax preparer to tax law changes. You'll find options for free tax help for taxpayers who qualify like the Volunteer Income Tax Assistance (VITA) and the Tax Counseling for the Elderly (TCE) programs; locations are available across Massachusetts.

Dependable Cleaners Presidents' Week Sale

Dependable Cleaners announces its annual Presidents' Week Sale.

In honor of Presidents' Day, Dependable Cleaners will clean coats for just \$9.88 each. Customers are free to bring in as many

coats to be cleaned as desired.

Dependable Cleaners will honor the sale price from Monday, Feb. 19 through Sunday, Feb. 25th. Exclusions will apply to leather, suede and fur coats, which

will be cleaned at \$5 off the regular price.

Customers who utilize Free Home Delivery Service are eligible to participate in the coat special.

The sale will take place at all 15 Dependable Cleaners locations.

RELIGION

Bethany Congregational

Bethany Congregational Church, Quincy Center will have a Sunday Worship Service 9:30 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "God's Loving Path." Please bring a food donation to help the ISS Food Pantry. Fellowship with light refreshments will follow the worship service.

All are welcome to attend Worship Services and numerous group activities. Bethany has an active Missions and

Growth Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1:00 p.m. to 4:00 p.m. Please visit us at: www.bethanyconchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service, it is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

The church is wheelchair accessible.

Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Pastor Steven Vandergrift will lead the service, give the children's message and preach his sermon "Must Jesus Die?"

Liturgist Cassie Gordon will welcome and Call to Worship. Shirley Pearson and Jake Gordon will serve for the Diaconate. Steve Reed, minister of music will direct the choir.

A fellowship coffee hour follows the service hosted by Nancy Jacobs.

Each Sunday non perishable food items are collected for Interfaith Social Services.

Tuesday evenings at 7 p.m. Bible 101, an introduction to the Bible in six sessions, continues in the Gordon Room with Pastor Steve. All are welcome to come to any or all sessions.

Yoga is held on Thursday at 7 p.m. in Fellowship Hall with Amy Ross leader. Bring a mat, water and \$5.

Purim Event At Beth Shalom

The festive Jewish holiday of Purim will be celebrated at Congregation Beth Shalom of the Blue Hills (formerly Temples Shalom of Milton and Beth El of Quincy) this year with a special evening of merriment for the whole family and the community.

On Wednesday, Feb. 28th, the synagogue will host a Community Purim Celebration and Passover Wine Tasting. At 5 p.m., while families with small children enjoy face painting and Megillah Madness Activities, adults may begin the Passover Wine Tasting, with the opportunity later to order their favorite wines for their Passover Seder.

At 6 p.m. the congregation will come together for a Purim Pasta Dinner (children free, adults \$5.00/pp, RSVP required). At 6:30 p.m. a "dramatic" retelling of the Purim story will take place in the Sanctuary, while a "Shalom Sesame" Purim Video and Crafts for young children will be available upstairs.

At 7:15 p.m. there will be a Costume Parade with prizes, followed by Hamantashen and treats. Finally, at 7:45 p.m. there will be a full traditional Megillah reading. The public is invited to any or all

portions of the celebration, and costumes are encouraged for all ages.

The Megillah tells the Purim story of Esther and her uncle Mordecai, who saved their Jewish brethren in ancient Shushan from the evil designs of the wicked Haman. Children and adults wear costumes and listen to the Hebrew text so they can use noisemakers to drown out the name of Haman every time it is uttered.

Cong. Beth Shalom of the Blue Hills conducts a full schedule of religious, cultural, educational and social events and services throughout the year. It also operates a religious school for Jewish children of all grade levels.

Congregation Beth Shalom of the Blue Hills is located at 18 Shoolman Way (off Lodge St.) in Milton. There is limited parking at the synagogue, and overflow parking is available on nearby Pleasant St. There is no parking on Lodge or Maitland Streets.

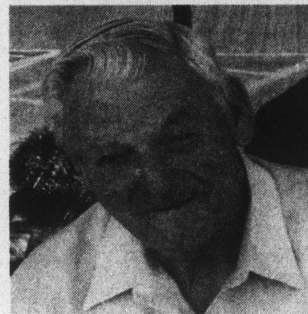
For further information about Purim or other temple activities, call the temple office at 617-698-3394, email: office@BethShalomBlueHills.org, or visit www.BethShalomBlueHills.org.

Memorial Service Saturday For Waymon O. Giggey, Jr.

A memorial service for Waymon O. Giggey, Jr., 87, will be held on Saturday, Feb. 17 at 10 a.m. at Houghs Neck Congregational Church, 310 Manet Ave., Quincy.

Mr. Giggey died Nov. 29 at home surrounded by family.

In lieu of flowers a memorial donations may be made to the Houghs Neck Congregational Church.



WAYMON O. GIGGEY, JR.

Quincy Point Congregational

Ash Wednesday service, Holy Communion and imposition of Ashes will be at 7 p.m. in the Baharian Chapel the House at Quincy Point Congregational Church, 444 Washington St.

Enter via the doors by Dunkin Donuts. Sunday worship begins at 10 a.m. in the main sanctuary which is accessible to all, with designated parking and an elevator via the Abbey Road side.

The next concert in the Church Music series will be at 6 p.m. on Sunday, Feb. 25th at QPCC featuring the "Stardust Duo." Tickets are \$15 per person, \$10 for teens/children and children under 6

free. Call 617-773-6424

The Stardust Duo was founded in 2008 by violinist Amanda Smith Roberts and pianist Jonathan Roberts. The husband/wife duo specializes in performing classical works influenced by popular musical styles such as jazz and blues. The couple met and first began performing together at the Cleveland Institute of Music. They both hold their Doctor of Musical Arts Degrees in performance from the University of Alabama and joined the faculty of the South Shore Conservatory in 2013, and currently serve as the chairs of the string and piano departments.

Quincy Religion Directory			
SERVICES & ACTIVITIES			
Catholic St. Mary's Church 95 Crescent St., Quincy • 617-773-0120 <i>Masses</i> Saturday, 4pm, Sunday 8 & 10:30am Tuesday/Thursday 9am Handicapped Accessible New Members Welcome!	Catholic Sacred Heart Church <i>"A Roman Catholic Community walking together in Faith, Worship, Education and Service"</i> 386 Hancock St., North Quincy, MA 02171 (617) 328-8666 Sunday Masses 4 pm (Saturday) 7:30 & 10:00 am and 6:00 pm Weekday Masses Monday - Friday 7 am Monday & Saturday 9 am Handicapped Accessible Confessions Sat. 3-3:45pm in Saint Joseph Oratory	Congregational HOUGH'S NECK CONGREGATIONAL CHURCH 310 Manet Avenue 617-479-8778 www.hncong.org Sunday Worship Service at 10 a.m. Pastor Vandergrift will lead the service, give the children's message, and preach his sermon, "Must Jesus Die?" All are welcome to attend	Congregational Wollaston Congregational Church United Church of Christ 48 Winthrop Avenue Quincy, Massachusetts Worship and Sunday School at 10 a.m. Elizabeth J. Williams Pastor 617-773-7432 www.wollastonucc.com Unitarian Universalist United First Parish Church <i>A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.</i> Worship Service, Church School & Childcare: Sundays at 10:30 AM Followed by Fellowship & Refreshments Rev. Rebecca Froom 1306 Hancock St., Quincy www.ufpc.org
ST. AGATHA CHURCH MILTON-QUINCY 432 Adams Street Milton, MA 02186 • 617-698-2439 Schedule of Masses: Saturday: 8:00AM and 4:30PM Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM Weekday Masses: 7:00 & 9:00AM Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned	St. Joseph's Church 550 Washington Street Quincy, MA 02169 617-472-6321 SUNDAY MASSES: 4 p.m. (On Saturday) 8:30 a.m. and 10:30 a.m. Weekday Masses 9am CONFESIONS: Saturday, 3:00-3:30 pm Handicapped accessible & Handicapped parking, side entrance air conditioned	BETHANY CONGREGATIONAL CHURCH Spear & Coddington Streets Quincy Center, 617-479-7300 www.bethanyconchurch.org Sunday Worship Service at 9:30AM The Rev. Peter M. Preble will conduct the service & preach the sermon "God's Loving Path" ALL ARE WELCOME! <i>Fellowship Time following Service</i> <i>The church is wheelchair accessible</i>	Church of Christ CHURCH OF CHRIST IN MILTON 330 Edge Hill Rd., Milton, MA 02186 • 617-274-2409 www.churchofchristinmilton.org Maurice Davis, Minister SUNDAY WORSHIP 8AM, 11AM and 6PM Sunday Bible Study 9:45AM Tuesday Bible Study 11:00AM Wednesday Bible Study 7:00PM 3rd Friday - Couples 7:30PM 4th Friday - Youth 7:30PM
St. John The Baptist ROMAN CATHOLIC CHURCH 44 School St., Quincy 617-773-1021 Weekend Mass Schedule Saturday, 4:00 PM Sunday, 8:30 AM & 11:00 AM Sunday night, 5:00 PM Weekday Masses Monday - Saturday 8:00 AM Confessions Wed. 8:30 - 9:00 AM Sat. 2:30 - 3:30 PM Handicapped Accessible	Holy Trinity Parish <i>Come and Worship!</i> Most Blessed Sacrament Church 1031 Sea St. WEEKDAY MASSES 9:00AM Tuesday and Thursday WEEKEND MASSES 4:30 PM Saturday and 8:30 AM Sunday Our Lady of Good Counsel Church 237 Sea St. WEEKDAY MASSES 9:00AM Monday and Wednesday WEEKEND MASSES 6:00PM Saturday and 10:30 AM Sunday CONFESIONS: 3- 4PM Saturday Rev. Martin Dzengeleski- Pastor Phone: 617-479-9200 EMAIL: holytrinityquincyma@gmail.com VISIT: www.holytrinityquincy.com	QUINCY POINT CONGREGATIONAL 444 Washington St. • 617-773-6424 Worship and Church School 10 am Rev. Dr. Stan Duncan, Interim Pastor Peter Johnston, Interim Associate Pastor Rachel Hallenbeck, Music Director email: office@quincypointcong.org	Methodist QUINCY COMMUNITY UNITED METHODIST CHURCH 40 Beale St., Wollaston 617-773-3319 10:30 AM Sunday Worship Rev. Rebecca E. Baumann
Saint Ann's Church 757 Hancock St., Wollaston 617-479-5400 Mass Schedule: Sat. 4:00 PM / Sun. 9, 11 AM Daily Mass: Wednesday and Friday, 9 AM Confessions: Saturday 3-3:30PM Handicapped Accessible via Elevator	Salvationist THE SALVATION ARMY 6 Baxter St., Quincy • 617-472-2345 9:45AM CHRISTIAN EDUCATION 11AM WORSHIP SERVICE BRASS BAND MUSIC NOON THURS. WOMEN'S FELLOWSHIP 6:30PM WEDS. BIBLE STUDY	HOPE PEACE To Advertise in this Directory, Call 617-471-3100	

OBITUARIES

Claire V. DeFranco, 92

A funeral Mass for Claire V. (York) DeFranco, 92, of Quincy and Ft. Lauderdale, FL, was celebrated Feb. 9 in St. Mary Church, Randolph.

Mrs. DeFranco died peacefully Feb. 4.

Born in South Boston to the late Albert and Mary (Brennan) York, she had lived in Quincy for many years. Prior to her retirement, she had worked as a terminal agent for Delta Airlines for many years. In her later years, Mrs. DeFranco and her late husband, Bobby, would enjoy spending time on their boat at Marina Bay in Quincy during the summer months and then winter in Ft. Lauderdale, FL.

A devoted wife, mother and grandmother, Mrs. DeFranco will be greatly missed by all who were blessed to have known her.

She was the wife of the late Robert "Bobby" DeFranco, mother of the late Robert "Sarge" Haley, dear



CLAIRE V. DEFranco

mother-in-law of Conni Haley of Randolph, devoted sister of Marie Barry of Stoughton, Bernadette Carey of Peabody and the late Arthur Walsh, Mildred Vuilleumier, Audrey Fahey and Beverly Stack. Loving "Nana" to Robert D. Haley, Gena E. Haley and Gillian C. Haley. Also survived by many nieces, nephews and friends.

Interment at Cedar Grove Cemetery, Dorchester.

Funeral arrangements were made by Cartwright Funeral Home, Randolph.

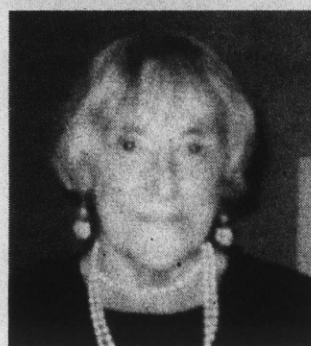
Dorothea M. Carnali

A funeral service for Dorothea Myrtle (DiBona) Carnali of Quincy was held Feb. 10 in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Carnali died Feb. 7.

She graduated from Quincy High School in 1952 and went on to work at Quincy Trust for 14 years. She left to get married and start a family and then went back to work for the City of Quincy Treasury Department for 19 years before retiring. She enjoyed traveling to Europe in the '50s and then went back after retiring.

Mrs. Carnali was an animal lover, liked to garden, a member of the Quincy Retirement Association, and worked at the polling booths during elections up until recently. Her son was the light of her life and helped her throughout the years. She



DOROTHEA M. CARNALI

was a good person who lived by the "Golden Rule." She wants everyone to know that she lived a good life and will miss everyone dearly.

Daughter of the late Romeo and Pearl DiBona. Beloved wife of the late Robert Carnali. Devoted mother of Thomas Carnali of Quincy.

Memorial donations may be made to Quincy Animal Shelter, P.O. Box 690088, Quincy, MA 02269.

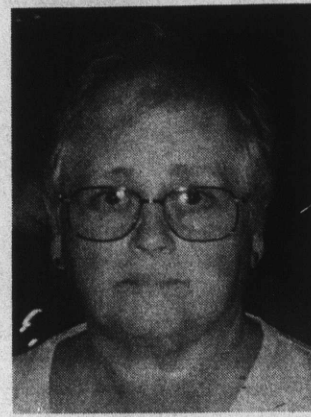
Jane K. Timilty

A funeral Mass for Jane K. Timilty of Quincy was celebrated Monday in Sacred Heart Church, Quincy.

Ms. Timilty died Feb. 5.

She was a very active member of her community. She worked for many years as an insurance administrator for Deland Gibson Insurance. Her church was a meaningful part of her life and she was a former president of the North Quincy Catholic Women's Club and ran the annual Christmas craft fair at Sacred Heart School for many years. Ms. Timilty also volunteered her time at Interfaith Social Services. An avid traveler, she enjoyed her timeshares on Cape Cod and Hawaii. Her hobbies included bowling and caring for her cats. She will be remembered as a loving aunt to her nieces and nephews, and a caring and religious friend to many.

Beloved daughter of the late Salvatore "Sam" Masotta and Katherine (Keohane) Masotta. Loving sister of Josephine Rychalsky and her



JANE K. TIMILTY

husband Alex of Marshfield, Richard Masotta and his wife Marjorie of Cohasset, and the late William Timilty. Dear friend of Priscilla Langille of Quincy. Also survived by many nieces, nephews, grand nieces and grand nephews.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

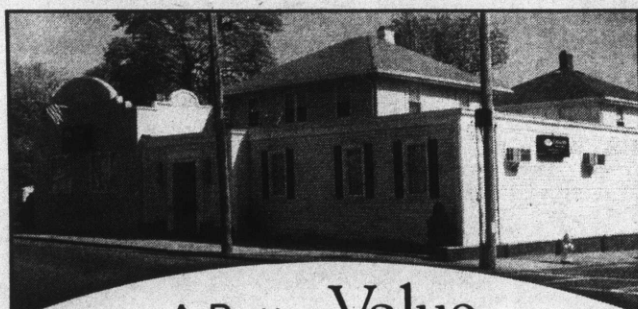
Memorial donations may be made to Interfaith Social Services, 105 Adams St., Quincy, MA 02169.

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*\$5,995 plan includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, website announcement, and memorial stationary package (a register book, 100 thank you cards, 100 prayer cards).
A Service Family Affiliate of ADFS and Service Corporation International, 206 Winter Street, Fall River, MA 02720. (508) 676-2454.

Jane I. Schultz, 87

Funeral services for Jane I. Schultz, 87, formerly of Quincy, were held Monday at Emmanuel Episcopal Church, Cumberland, MD.

Ms. Schultz died in Cumberland after a lengthy illness.

She leaves behind her sister Thelma L. Rice, niece and her husband, Beverly and Steven Class, all of Cumberland, a grandniece and three grandnephews. She was predeceased by her parents Catherine and Oscar Schultz, previously of Medford and Harvard and her twin sister and her husband, Joan and Howard Morgan of Lakeland, FL.

Ms. Schultz resided for many years in Boston while employed at the Children's Hospital as a pediatric orthopedic technician and later at



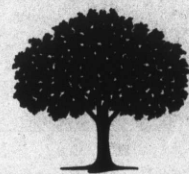
JANE I. SCHULTZ

the N.E. Baptist. She loved to crochet and made many beautiful afghans which she gave to family and friends.

The Rev. Martha Macgill officiated the services.

Interment will be in the family plot in Harvard, Mass., at a later date.

Funeral arrangements were made by the Scarpelli Funeral Home, P.A., in Cumberland, MD.



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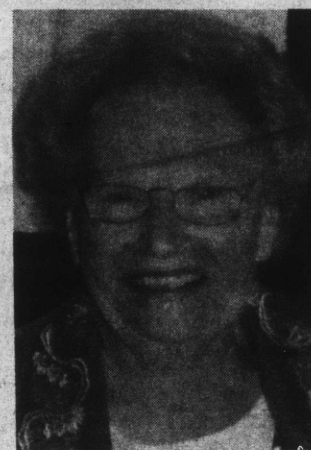
Beverly A. Davis, 78

A funeral Mass for Beverly A. (Jardine) Davis, 78, of Quincy was celebrated Feb. 9 at Holy Trinity Parish, Most Blessed Sacrament Church, Quincy.

Mrs. Davis died Feb. 3.

A lifelong Quincy resident, she worked as a waitress at Manet Lunch, Louis' Café and the American Legion Post. She also volunteered with Meals on Wheels and was a member of the Ladies Auxiliary at the American Legion Post 380 in Houghs Neck.

The beloved wife of the late Peter F. Davis, Mrs. Davis was the loving mother of Michael J. Davis of Quincy, Peter F. Davis, Jr. of Arizona and the late Laura A. Ross; dear sister of Paula Jardine Harbison of Covington, LA; loving grandmother of Amanda Davis, Lindsey Robertson, Timothy Davis, Eric Davis and Krysta Davis; great-grandmother of Adam Davis; and is also survived



BEVERLY A. DAVIS

by her family friend and care giver, Lee Ann Cross of Quincy and several nieces and nephews.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to the Adam Austin Educational Fund, 11 Oakwood Rd. Quincy, MA 02169.

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Harry R. Fuller, 82

A prayer service for Harry R. Fuller, age 82, of Wolfeboro, N.H., formerly of Braintree, will be held at 6 p.m. Thursday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, followed by Military Honors.

Mr. Fuller died unexpectedly Feb. 9 at the Huggins Hospital in Wolfeboro.

He was born in Weymouth to the late Carroll T. and Myrtle C. (Wentworth) Fuller. He was raised in Weymouth and attended Quincy Vocational Technical School. He had lived in Wolfeboro, N.H., for over twenty years and previously in Braintree for thirty years. Mr. Fuller and his late wife, Carol, had also enjoyed being "snowbirds" of Naples, Fla., for twenty years.

He was employed for the Pneumatic Scale Corporation in Quincy as an inspector and machinist for forty years, retiring in 1996. Mr. Fuller was also a professional bartender and co-owner and manager of the former Alpine Restaurant in Quincy for twelve years.

He proudly served in the U.S. Army during the Korean War and was a former member of the American Legion Braintree Post #86. Mr. Fuller enjoyed the outdoors, boating and golfing and family vacations in Wolfeboro. He enjoyed his many friends and was active within the Wolfeboro Birch Hill Estate Community. He was a Master Mason and member of the Rural Lodge A.F. & A. M. Weymouth and had been a charter member of the Adams Heights Men's Club of Quincy.

Mr. Fuller was dedicated to his family and especially to his grandchildren and great-



HARRY R. FULLER

grandson, supporting their many activities and accomplishments.

Sweethearts since the age of sixteen, he was the beloved husband for fifty-eight years of the late Carol J. (Sacchetti) Fuller. Devoted father of Donna M. Allison and her husband Mark of Braintree, Denise C. Lyons and her husband Michael of Abington, Diane E. Mason and her husband Martin of Braintree, Doreen A. Campbell and her husband Wayne of Abington and his dear son, the late David P. Fuller.

Loving grandfather of Matthew Allison and his wife Christine, Kristen Allison, Jessica Lyons and her fiancé William Eissler, Emily Lyons, David Lyons, Melissa Gibbons and her fiancé Stephen Fatemi, Patrick Gibbons, Kailley, Christopher and Elizabeth Campbell. Cherished great-grandfather of Kyle Allison.

Brother of June Profit, Frederick Fuller, Elizabeth Cullen and the late Richard Parkinson. He is also survived by many nieces and nephews.

Visitation prior to the service from 3 to 6 p.m.

Memorial donations may be made to the Wounded Warrior Project, Donor Care Center, P.O. Box 758541, Topeka, KS 66675-8541.

Barbara A. Preble

A funeral Mass for Barbara Ann (Johnston) Preble of Quincy was celebrated Tuesday at Holy Trinity Parish, Most Blessed Sacrament Church, Quincy.

Mrs. Preble died Feb. 8.

She was a graduate of Quincy High School in 1951 where she was an active member of the Tri-Hi-Y. She worked for Jordan Marsh for many years before her retirement and delivered Meal-on-Wheels for senior shut-ins. A congregant of Most Blessed Sacrament Church, Mrs. Preble was a member of the Ladies Sodality and served as a den mother for Cub Scout Pack 36. She was devoted to her large extended family and traveled to many family reunions across the country. Mrs. Preble enjoyed ceramics and afternoon games with her grandchildren and sisters.

She is survived by her husband of 63 years, Robert C. "Bob" Preble of Quincy. She was the loving mother of Robert "Rusty" and his wife Naomi, Scott D. and his wife Stacey, Mark A. and his wife



BARBARA A. PREBLE

Teri, and Rev. Peter M. and his wife Nicky, all of Weymouth; devoted grandmother of Kate, Alex, Christian, Jacob and Julia; and is also survived by her two sisters, Clare Gambino of Rockland and Nancy Pitts and her husband Herb of Weymouth and many nieces and nephews.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to St. Andrews Society Scholarship Fund, PO Box 204, Weymouth, MA 02191.

Margaret A. Rice, 99

A funeral Mass for Margaret Agnes (Cummings) Rice, 99, of Quincy was celebrated Feb. 10 at Holy Trinity Parish, Most Blessed Sacrament Church, Quincy.

Mrs. Rice died Feb. 5.

Raised and educated in Braintree, she lived all her life in the South Shore area. Mrs. Rice was the owner of the Village Sub Shop in Kingston, which she ran from 1978 to 1991.

The beloved wife of the late Francis Patrick Rice, she was the loving mother of Myrna Crispo and Mary Lou Crispo of Quincy and the late Mary Lea Urbanus; dear sister of Dorothea Griffin of Hanover, Katherine Wheeler of Whitman and Genevieve Paulding of Plymouth. She is also survived by 10 grandchildren, 20 great-grandchildren, 9 great great-grandchildren and many nieces and nephews and was predeceased by



MARGARET A. RICE

her sisters, Audrey, Norma, Barbara and Agnes; and her brothers, Charles, Richard and Edward.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy

Memorial donations may be made to the charity of your choice.

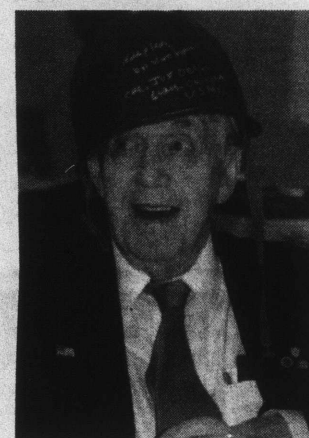
William J. Keith

A funeral service for William J. Keith of Quincy will be held at noon Saturday in St. Chrysostom's Church, Quincy.

Mr. Keith died peacefully Feb. 6.

He was head custodian for Marshfield Public Schools for many years, a US Navy Pearl Harbor survivor and was on the vessel USS West Virginia.

Loving husband for 72 years to Barbara (Judkins) of Quincy. Son of the late Guy and Lillian Keith. Cherished father of Steve Keith and his wife Judy of Milton, Claire Gilmore and her husband Brian of Plymouth, Paul Keith of Cape Cod, Gayle Marcella and her husband Bill of Harwich, Jayne Murray and her husband Fred of Marshfield, Peggy Colligan and her husband Bob of Plymouth, and Brian Keith and his wife Marie of Kirby, VT. Brother of Flossie Keith Staples of Marshfield, Robert Keith of New Hampshire and the late John Keith. Also survived by 20 grandchil-



WILLIAM J. KEITH

dren, 22 great-grandchildren and 6 great-great grandchildren.

A visiting hour will be held in the church prior to the funeral service.

Interment will be private at Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by Lydon Chapel for Funerals, 644 Hancock St., Quincy.

Memorial donations may be made to Fisher House Boston (West Roxbury VA Hospital), PO Box 230, So. Walpole, MA 02071.

John A. O'Leary, 63

John A. O'Leary, 63, of Quincy died Feb. 4.

Father of John O'Leary of NY. Son of the late Madeline O'Leary (Shafroth). Brother of Theresa O'Leary and her partner Sandra of Quincy and the late Frank O'Leary. Uncle of Joié Lee Brack of CA. Longtime companion of Angela Radas. Also survived by extended family and friends.

Mr. O'Leary was a veteran of the United States Air Force.

At the family's request interment at the Massachusetts National Cemetery, Bourne, will be private.

Funeral arrangements were made by Lydon Chapel

for Funerals, 644 Hancock St., Quincy.

Henry L. Duggan, 88

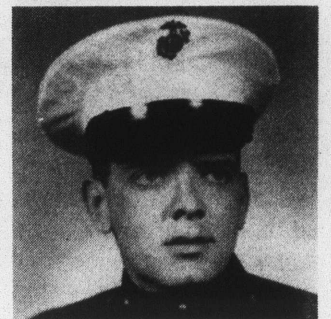
A funeral Mass for Henry L. "Harry" Duggan, 88, of Squantum was celebrated Monday in Sacred Heart Church, Quincy.

Mr. Duggan died peacefully Feb. 6 surrounded by his loving family at Beth Israel Deaconess Hospital - Plymouth.

The beloved husband of 57 years to Patricia F. (Kelley) Duggan of Squantum. Cherished father of Cynthia "Cindy" Hoar and her husband Brian of Plymouth, Henry "Ted" Duggan and his wife Jill of Plymouth and David L. Duggan and his wife Mary Ellen of Braintree. Son of the late Henry and Lucy Duggan. Brother of Marie Keefe and her late husband Arthur of Quincy and Robert F. Duggan and his wife Marianne of Weymouth. Adored grandfather "Harry" to Lauren, Kathryn and Emily Hoar and Rachel & Harrison Duggan, and uncle to several nieces and nephews.

Mr. Duggan grew up in South Boston. He served in the United States Marine Corps during the Korean War. He graduated from Boston College High School and furthered his education graduating from Providence College with a B.A. degree. In addition, he received a M.Ed. from Boston State College and a Certificate of Advanced Graduate Study from Boston University.

Mr. Duggan worked for 37 years in education, 27



HENRY L. DUGGAN

years as a guidance counselor at Wellesley High School until his retirement in 1991. Children always held a very special place in his heart and he shared his time with the Quincy Recreation Department, working with youth sports and camp for special needs children. He greatly enjoyed attending his own children's and grandchildren's many activities.

Mr. Duggan was an avid reader and historian. He enjoyed many vacations to Cape Cod, where he made memories that his family will treasure forever. Mr. Duggan served as an usher at the Star of the Sea Church in Squantum for many years. He will be remembered as a devoted husband, father, grandfather, with his quick Irish wit, who adored his family.

Interment at St. James Cemetery, Whitman.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Boston Children's Hospital, 300 Longwood Ave., Boston, MA 02115.

In Loving Memory

1st Anniversary

February 17, 2017

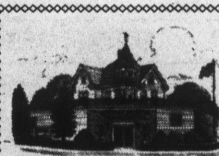


Swanny

We miss you and the great times we had together.

Forever in our hearts.

Love, Patty, Juanita, John, Anthony, Nancy, Mike, Mikey, Eric, Nicole, Sean, Stephan, Jessica, Brendan, Sean



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OBITUARIES

Billie J. Conti

A funeral Mass for Billie J. (Gilder) Conti of Quincy, Wollaston, will be celebrated at 10 a.m. Friday in St. Ann's Church, Quincy.

Mrs. Conti died Feb. 10.

She was born in Cross Plains, Texas. Survived by husband Frank of 74 years. Married during WWII in Pecos, Texas, where she met Frank at Pecos Air Base. Worked as a parachute packer and repairer for the Army Air Corps. Mother of five children, Patricia Murrell of Indiana, Thomas Conti of Braintree, Janet Whalen of Hanson, Robert Conti of Plympton and the late Frank Conti Jr. Grandmother of 7 grandchildren, great-grandmother of 3.

Mrs. Conti worked for 32 years in the Quincy school system cafeteria.

Visiting hours are 4 to 8 p.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held there at 9:15 a.m. Friday, prior to the Mass.

Interment at Knollwood Memorial Park, Canton.



BILLIE J. CONTI

LEGAL NOTICE INFORMAL PROBATE PUBLICATION NOTICE Docket No. NO17P3029EA Commonwealth of Massachusetts The Trial Court Probate and Family Court Norfolk Division 35 Shawmut Road Canton, MA 02021 (781) 830-1200

Estate of:
Dorothy Ann Brown
Also Known As:
Dorothy A. Brown
Date of Death:
September 11, 2017
To all persons interested in the above captioned estate, by Petition of:
Petitioner **Norman C. Brown of Quincy, MA.**
a Will has been admitted to informal probate.

Norman C. Brown of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

2/15/18

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z18-5

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 27, 2018 at 7:15 pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Edward J. Page for a Variance/Finding to convert the existing single family home into 3, one-bedroom residential units by raising the roof and constructing an addition to the rear of the house in violation of Title 17 as amended Chapter 3.4.3 (nonconforming structures), Chapter 4.0 (dimensional requirements) and Chapter 5.1.8 (off street parking requirements) on the premises numbered 33 EDISON PARK, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/8/18, 2/15/18

Bruce W. McCulloch, 80

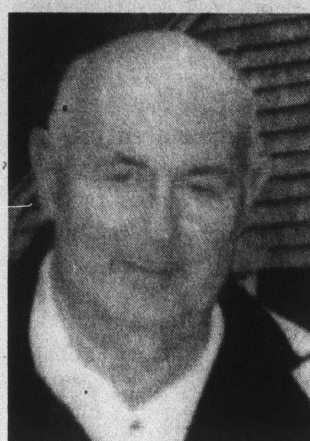
Interment with military honors for Bruce W. McCulloch, 80, will take place at 11 a.m. on Feb. 20 in the Massachusetts National Cemetery, Bourne.

Mr. McCulloch died quietly on the morning of Feb. 2 at the Pavillion in Hyanis, with his beloved Judy and daughter Carolyn at his side.

He lost his wife of 43 years, Janet, in December of 2007, and leaves behind his three children: Mark, Douglas, and Carolyn, and his beloved Judy. He also leaves behind 4 grandchildren: Eila, Ian, Anthony, and Alexis.

Born and raised in Quincy, he served in the army as a photographer, worked for the Gillette company of S. Boston for over 26 years as a lab assistant, and served proudly as a Mason.

Mr. McCulloch loved people and socializing. He loved to sing and dance, and



BRUCE W. MCCULLOCH

was incredibly skilled with his hands, whether building something or fixing it. He was always good for a brilliant smile with a friendly and hearty greeting.

Funeral arrangements were made by Hamel Funeral Care & Cremation Service of Massachusetts, 26 Adams St., Quincy.

Memorial donations may be made to either the Alzheimer's Association, dementia research, or Parkinson's research.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z18-6

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 27, 2018 at 7:15 pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Hanh Nguyen for a Variance to rebuild the second level with an 8 foot ceiling height in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 160 BROMFIELD STREET, QUINCY. Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/8/18, 2/15/18

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z18-8

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 27, 2018 at 7:15 pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Paul & Denise Murphy for a Variance to add new living area and extend into the sunroom in violation of Title 17 as amended Chapter 4.1 (dimensional requirements) on the premises numbered 1361 QUINCY SHORE DRIVE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/8/18, 2/15/18

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z18-7

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 27, 2018 at 7:15 pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Paul McLean for a Variance to construct a family home and deck in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 25 DALE AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/8/18, 2/15/18

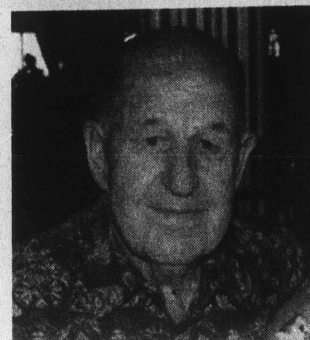
Walter W. Pecevich

A funeral Mass for Walter W. Pecevich of Quincy will be celebrated at 10 a.m. Saturday in Sacred Heart Church, Quincy.

Mr. Pecevich died Feb. 10 surrounded by his loving family.

The beloved husband of 56 years to Mary "Terry" (Comer) Pecevich of Quincy. Loving father of Susan O'Connor and her husband Desmond, Stephen Pecevich and Carolyn Pecevich all of Quincy and Paula Pecevich of Braintree. Son of the late William and Anna (Astukevich) Pecevich. Brother of the late Clara Larson, Jane Hajdamowicz and Nina Amelin. Cherished grandfather of Catherine, Eileen, Tari, Mia, Sydni, and Tristin. He is also survived by many nieces and nephews.

A proud United States Army Korean War veteran, Mr. Pecevich worked for the MBTA as a bus driver for 23 years. He was a member of the North Quincy Knights of Columbus as well as the Morrisette American Legion Post #294. Mr. Pecevich enjoyed traveling to Aruba with his family each Octo-



WALTER W. PECEVICH

ber for the past 31 years.

He will be remembered as a devoted husband, father and grandfather who cherished his family. He will be sadly missed by all those who were blessed to have known him.

Visiting hours were 4 to 8 p.m. Friday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held there at 9:15 a.m. Saturday, prior to the Mass.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to Sacred Heart Church, 386 Hancock St., North Quincy, MA 02171 or to Quincy Catholic Academy, 370 Hancock St., North Quincy, MA 02171.

**More Obituaries and News
online at:
thequincysun.com**

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z18-9

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 27, 2018 at 7:15 pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Robert M. Kane for a Special Permit/Flood Plain/Variance/Finding to demolish the existing home on Lot 1 and an addition to existing home on Lot 2 in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), Chapter 3.1.4 (use regulations), Chapter 8.1.9 (special permit flood plain) and Chapter 3.4.3 (nonconforming structures) on the premises numbered 153 & 155 ROCK ISLAND ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/8/18, 2/15/18

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z18-10

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 27, 2018 at 7:15 pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Warren Place, LLC for a Comprehensive Permit to develop a traditional style building containing residential units in accordance with M.G.L. Chapter 40B on the premises numbered 54-56 WARRENAVENUE, 60-62 WARRENAVENUE & 118-120 OLD COLONY AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/8/18, 2/15/18

Quincy College Hosting Engineers Week Events

Free, Open To Public In Saville Hall, Room 100

In celebration of International Engineers Week, held Feb. 18th through Feb. 23rd, Quincy College will host daily events that are free and open-to-the-public that will explore the variety of engineering pathways, opportunities in engineering careers, and highlight Quincy College's Engineering Technology Program, and its new Natural Science: Engineering Program.

The events will feature guest speakers, panel discussions, hands-on demonstrations, engineering lab tours, and more.

All campus events will be held in Saville Hall, Room 100 located at 24 Saville Ave., Quincy.

Schedule of Events - Engineers Week

Tuesday, Feb. 20th: The college kicks off Engineers Week with an engineering pathways panel discussion held on Tuesday, Feb. 20th at 3:30 p.m. The panel will include Quincy College faculty and staff, discussing their careers, where

engineering as a field of study can take you, and the Quincy College's engineering programs.

Panelist to include: Richard Bramante, Assistant Professor of Engineering Technology; Zung Nguyen, Mission Support and Technology Associate; James Peters, Assistant Professor of Computer Science; Deborah Stockbridge, Professor of Computer Science and Jeffrey Wetter, Assistant Professor of Physics.

Wednesday, Feb. 21st: At 2 p.m., Quincy College will welcome Manuel Barroso, Executive Partner, Global Integration Executive Consultant for Positive Business Consulting Services to campus to speak about engineering as a fun career path. Mr. Barroso will be speaking about blockchain, artificial intelligence, machine learning in a speaking engagement titled: Why Engineers get the fun jobs? Blockchain, AI, IoT, Machine Learning.

Thursday, Feb. 22nd:

Linda Graf, QA Validation Manager, Manufacturing Systems at Wyeth/Pfizer and author of *To Carolina - With Love* is an engineer, chemist and manager who retired after 40 years in STEM (Science, Technology, Engineering, Math) positions will be speaking on the flexibility and independence of a STEM Career on Thursday, Feb. 22nd. Her book is a compilation of the situations that women in STEM have to deal with but it is written as a novel for easy reading that allows people to understand the dynamics of a woman working in a male field.

Friday, Feb 23rd: The week will also include an Engineering Technology Lab Tour with faculty demonstrations on Friday, Feb. 23rd starting at 3:30 p.m. Practical, hands-on Engineering Technology demonstrations will feature Nao humanoid robot, Roomba robots, Optics and the property of lenses bending laser beams, 3D printing,

electronic circuits, and test equipment.

Studying Engineering Technology at Quincy College

"We are thrilled to celebrate how engineers make a difference in our world. We are pleased to bring engineering to life for our community with fun and educational events held in our leading-edge Engineering Technology laboratory space, and increase the public dialogue about the importance of a skilled, engineering workforce," said Richard Bramante, Instructor of Engineering Technology at Quincy College reflecting on Engineers Week at Quincy College.

The Engineering and Robotics lab was designed to facilitate 20 students per class. There are 20 high powered workstations for students and one for the instructor. The workstations have engineering software installed to provide for electrical circuit simulation as well as CAD that can be used for 3D printing. The engineering lab equipment

is designed for five student laboratory stations each having an oscilloscope, waveform generator, Digital volt meter and power supply. Each lab bench setup accommodates a max of four students in any one class, there are five lab bench setups in total for a max of 20 students per class.

New Area of Study - Associate Degree in Natural

Science: Engineering

Engineering Week comes on the heels of a new program at Quincy College: Associate Degree in Natural Science: Engineering.

"The Engineering Technology Program allows Quincy College to strengthen our Science, Technology, Engineering, and Mathematics (STEM) offerings for current and prospective students. By investing in innovation, we can enhance our students' futures and develop skilled workers in cutting edge industries," said Dean of Natural & Health Sciences, Dennis Burke.

"At Quincy College, we pride ourselves on creat-

ing pathways to advanced degrees and careers for our students as such we have created the new Associates in Natural Science: Engineering pathway for our students. This new program provides a foundation in mathematics and physical sciences to prepare students for a career in electrical engineering, computer science, or robotics and advance degrees in the field of engineering and robotics. When coupled with the Associates in Engineering Technology degree, at Quincy College, we can support a wide variety of Engineering students those wishing to enter the field upon graduation and those who will continue their education and pursue advanced degrees and areas of study."

For more information on Engineers Week, visit:

<https://quincycollege.edu/events/engineers-week-quincy-campus/>

For more information on Engineering Technology program offerings, visit: <https://quincycollege.edu/academics/areas-of-study/>.

AAA: 10 Percent Of All Crashes Involve Drowsiness

8 Times Higher Than Federal Estimates

The most in-depth drowsy driving research ever conducted in the U.S. using footage of everyday drivers found that the percentage of crashes involving drowsiness is nearly eight times higher than federal estimates indicate, according to the AAA Foundation for Traffic Safety.

The difficulty in detecting drowsiness following a crash makes drowsy driving one of the most underreported traffic safety issues. The new research provides an unprecedented analysis of in-vehicle video from more than 700 crashes, confirming that the danger of drowsy driving soars above official estimates.

"Drowsy driving is a bigger traffic safety issue than federal estimates show," said Mary Maguire, director of Public and Legislative Affairs. "Drivers who don't get enough sleep are putting themselves and everyone on the road at risk. By conducting an in-depth analysis using everyday drivers, we can now better assess if a driver was tired in the moments leading up to a crash. And I know the dangers firsthand," Maguire continued. "My own son was seriously injured in a drowsy driving crash when he was 17, and survived thanks to his seat belt. It's an issue all drivers need to be aware of, and guard against."

In the study, researchers examined video of drivers' faces in the three minutes leading up to a crash. Using a scientific measure linking the percentage of time a person's eyes are closed to their level of drowsiness, the researchers determined that 9.5 percent of all crashes and 10.8 percent of crashes resulting in significant property damage involved drowsiness. Federal estimates indicate drowsiness is a factor in only one to two percent of crashes.

The Centers for Disease Control and Prevention says that 35 percent of U.S. drivers sleep less than the recommended minimum of seven hours daily. In a recent related AAA Foundation survey, nearly all drivers (96 percent) say they view drowsy driving as a serious threat to their safety and a completely unacceptable behavior. However, 29 percent admitted to driving when they were so tired they had a hard time keeping their eyes open at some point in the past month.

"As many Americans struggle to balance their busy schedules, missing a few hours of sleep each day can often seem harmless," said Maguire. "But missing just two to three hours of sleep can more than quadruple your risk for a crash, which is the equivalent of driving drunk."

Knowing the warning signs of drowsiness can help drivers avoid dozing off behind the wheel. The most common symptoms include:

- Having trouble keeping your eyes open
- Drifting from your lane
- Not remembering the last few miles driven

Drivers however should not rely on their bodies to provide warning signs for drowsiness and should instead prioritize getting at least seven hours of sleep before hitting the road.

"Don't be fooled, the only antidote for drowsiness is sleep," Maguire said. "Short term tactics like drinking coffee, singing, rolling down the window will not work. Your body's need for sleep will eventually override your brain's attempts to stay awake."

AAA recommends that drivers:

- Travel at times of the day when they are normally awake
- Avoid heavy foods
- Avoid medications that cause drowsiness or other impairment
- For longer trips, drivers should:
 - Schedule a break every two hours or every 100 miles
 - Travel with an alert passenger and take turns driving
 - Do not underestimate the power of a quick nap.

Pulling over to a safe place and taking a quick catnap -- at least 20 minutes and no more than 30 minutes of sleep-- can help to keep you

alert on the road.

To help drivers determine if their medications may cause drowsiness, AAA and the AAA Foundation developed Roadwise Rx, a free and confidential online

tool that generates personalized feedback about how the interactions between prescription, over-the-counter medicines and herbal supplements can affect safety behind the wheel.

LEGAL NOTICE

Notice of Public Hearing 2018-014

The Quincy City Council will hold a Public Hearing on Wednesday, February 21st at 8:15 PM in the Great Hall of Old City Hall, 1305 Hancock Street on Council Order # 2018-014 - Ordinance - Amending Municipal Code Title 5 - By deleting Section 5.40.090 - Secondhand Motor Vehicle Dealers & replace with 5.40.090 Used Car Dealers/Motor II License currently pending in the Ordinance Committee of the City Council.

A copy of the orders may be examined at the Office of the City Clerk, 1305 Hancock Street, Quincy, MA Monday through Friday during regular working hours 8:30 A.M. to 4:30 P.M.

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

2/8/18

REQUEST FOR PROPOSAL

Request for Proposal For

"Public Access Computing for the Thomas Crane Public Library"

Request for Proposals will be received at the office of the Purchasing Department; City Hall, 1305 Hancock Street; Quincy, MA 02169, until **Thursday, March 1, 2018 @ 11:00 a.m.** Late responses will be rejected. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked "**BID ENCLOSED**" with time/date of bid call.

In accordance with M.G.L. Chapter 30B, the City of Quincy acting on behalf of the Thomas Crane Library is soliciting proposals from qualified vendors for a Public Access Computing for the Thomas Crane Public Library. A vendor will need to supply, install and support a system of Public Access Computers (PAC's). An approved and satisfactory bona fide certificate of insurance in effect to protect the insured, the vendor and the City of Quincy must be received by the successful proposer before any work will commence.

Detailed specifications are available on-line February 12, 2018 at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

The City of Quincy reserves the sole right to amend this RFP by formal Addendum. The CITY may cancel this RFP, or reject in whole or in part any and all proposals, if the CITY determines that the cancellation or rejection serves the best interests of the CITY.

Thomas P. Koch, Mayor
Kathryn R. Logan, Purchasing Agent

2/15/18

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- The horses are off and running in the Oscar race, and it's time to start making your picks for the big night on Sunday, March 4. Maybe the Hollywood Foreign Press got it right this year, because Hollywood insiders are already making their picks and the ballots haven't even gone out.

Gary Oldman is the front-runner for best actor for his superb rendition of Winston Churchill (so much like Churchill you forget it's Oldman). His next is "Hunter Killer," with Gerard Butler, Billy Bob Thornton, Willem Dafoe and Common. But after the Oscars you can be sure his price will double.

Frances McDormand won a best actress Oscar for "Fargo" (1996) and was nominated three times as best supporting actress for "Mississippi Burning" (1989), "Almost Famous" (2001) and "North Country" (2006). She returns to the best actress category for "Three Billboards Outside Ebbing, Missouri." McDormand will be heard in Wes Anderson's animated feature "Isle of Dogs," along with Edward Norton, Bill Murray, Jeff Goldblum, Greta Gerwig, Courtney B. Vance, Tilda Swinton and Scarlett Johansson, coming March 23. You can be sure her next film will cost them big bucks, win or lose.

Sam Rockwell is finally

getting his due with a best supporting actor nomination, also for "Three Billboards Outside Ebbing, Missouri." He's turned in stellar performances for years, in "The Green Mile" (1999), "Galaxy Quest" (1999), "Confessions of a Dangerous Mind" (2002), "Match Stick Men" (2003), "The Hitchhiker's Guide to the Galaxy" (2005), "Frost/Nixon" (2008), "Iron Man 3" (2010), "Cowboys and Aliens" (2011), "Seven Psychopaths" (2012) and "The Way, Way Back" (2013), just to name a few of his 75 films. Insiders feel Rockwell has a more dominant role than his co-star Woody Harrelson, also nominated. Rockwell has done mostly low-budget films, and admits, "It's nice to be in a film people actually see!"

He'll next be seen in "Mute," with Alexander Skarsgard, Paul Rudd and Justin Theroux, opening Feb. 23, and "Blaze," directed by Ethan Hawke, co-starring Steve Zahn and Kris Kristofferson, which was screened last month at The Sundance Film Festival. He's currently shooting "Backseat," playing former President George W. Bush to Christian Bale's Dick Cheney, co-starring Amy Adams, Steve Carell and Bill Pullman.

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★
★ Moderate ★★ Difficult
★★★ GO FIGURE!

	-		x			15
x		+		-		
	+		x			22
-		x		x		
	-		x			24
23		20		18		
1	2	3	4	5	6	8 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Washington Doll --- While Valentine's Day is always Feb. 14, President's Day can be any one of seven dates, the third Monday in February closest to the 20th. In 1885 George Washington's birthday, Feb. 22, was made a national holiday. But in 1971, Congress decided that instead of celebrating the real birthdays of President Washington and President Abraham Lincoln (Feb. 12), there would be a Monday celebration for both. Why Monday? To give everyone a three-day weekend away from work. Feb. 20 was chosen because it was between the two real birthdays.

President Washington lived in the days before cameras, so he was remembered in designs for silhouettes, paintings, prints, medals, cameos, glass patterns, toys, Staffordshire figures to keep on the mantel and even drapery fabrics. Most of the memorabilia was copied from the few famous paintings of the president, images that still are used. A President Washington doll made after 1880 looks like Washington in his presidential years. The doll is made of cloth with pressed and oil-painted features, and gray hair worn in a ponytail. His eyes are blue. The doll is dressed in a silk suit with a lace jabot and wears a tricorne hat, black stockings and shoes with buckles. The costume is a familiar one.

The doll probably was not made for a young child, but as a part of the 1889 centennial celebration of Washington's inauguration. It was made by Martha Jenks Chase, who started making portrait dolls in

her backyard about 1880. A 25-inch tall Chase Washington doll sold in 2016 at a Theriault's auction in Las Vegas for \$3,080.

Q: I'd like information about my great-grandmother's full set of beautiful dishes and serving bowls given to her as a wedding gift in 1876. They are marked "LS & S Carlsbad Austria."

A: This mark was used about 1895 to 1917 by Lewis Straus & Sons, importers located in New York City. Carlsbad was part of Austria until after World War I, when it became part of Czechoslovakia. Today the town is called Karlovy Vary and is part of the Czech Republic. Several factories in Austria, Bavaria and Germany used "Carlsbad" in their mark. Many pieces were exported to the United States in the late 1800s and early 1900s. Sets of china are hard to sell, but you can enjoy the dishes for their sentimental value.

CURRENT PRICES

Fortune Telling Cards, tarot, gold edges, text and images, The Nile, US Playing Card Co., box, 52-card deck, c. 1900, 4 x 3 inches, \$145.

Bronze doorknocker, Abraham Lincoln, profile, slavery abolished speech text, round, ring striker, 1915, 3 1/2 x 3 inches, \$300.

TIP: When polishing the metal hardware on old chests of drawers, slide a piece of stiff paper under the brass plate. This will protect the wood near the brass.

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Strange BUT TRUE

* It was the multitalented Pierre Beaumarchais -- born in the 18th century, he was a revolutionary in both France and America as well as a watchmaker, diplomat, musician, spy, inventor, publisher and arms dealer -- who made the following sage observation: "It is not necessary to understand things in order to argue about them."

* Sharks burp. Yep, even underwater. Evidently, it's how they regulate the depth at which they swim.

* You've almost certainly heard people refer to the school they attended as their alma mater, but do you know where the term comes from? In Latin, "alma mater" means "bounteous mother." It was in the early 1800s that people began applying the term their beloved schools.

* The skin of the African elephant, the largest land animal alive in the world today, weighs 2,000 pounds by itself.

* You might be surprised to learn that the bagpipe

did not originate in Scotland. This ancient instrument existed in Asia in the pre-Christian era. Those who study such things say that the Emperor Nero was a bagpiper, even performing publicly at Roman athletic events.

* Those who keep track of such things say that, across the globe, there are more people who have cell-phones than have toilets.

* If you're like most Americans, you've probably played with a NERF ball at some point in your life. You might not realize, though, that NERF stands for Non-Expanding Recreational Foam.

* Actor Tom Cruise attended 15 different schools when he was growing up.

Thought for the Day: "A society that presumes a norm of violence and celebrates aggression, whether in the subway, on the football field or in the conduct of its business, cannot help making celebrities of the people who would destroy it." -- Lewis H. Lapham

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Now here's a tip!

by Jo Ann Derson

* Another nominee for removing antiperspirant stains: meat tenderizer. D.L. of Michigan writes: "Moisten the armpit area and then drag it through some meat tenderizer. Work it in, let it sit for five minutes or so, then launder in the hottest possible water."

* "Activity points are now a prerequisite in our house for allowance. Chores are still a part of the equation, but we are trying to instill how important it is to MOVE. I figure if my employer can incentivize me by lowering health-care costs if I use my Fitbit or participate in 5ks, I can 'pay' my kids to be active." -- Y.R. in North Carolina

* White porcelain sinks are so beautiful in a country kitchen -- but boy do those food stains just pop! No sweat, though. Just sprinkle liberally and scrub with baking soda, and then spray on a little hydrogen peroxide. Rub and rinse.

* Sources say that if you are having a hard time keeping your eating in check, the key is to plan ahead. At the beginning of the week, make a list of exactly what you plan to have each day for breakfast, lunch and dinner, as well as snacks. Then prep that food. Less decision-making midweek means less opportunity to make poor decisions. Good luck!

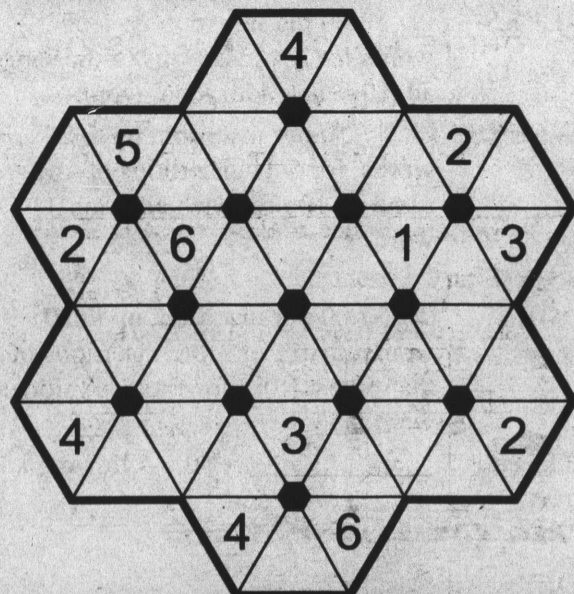
* "My three kids (and their friends) were always losing, bending or otherwise ruining my good flatware. So, I bought a bunch of cheap stuff, a bucket to fit it in and I put it on the counter. It all goes in there together, and you know what? It's no big deal. We just grab what we need and get on with our lives. I still have the good stuff, and it's what we use on special occasions." -- T.Y. in Illinois

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆◆◆

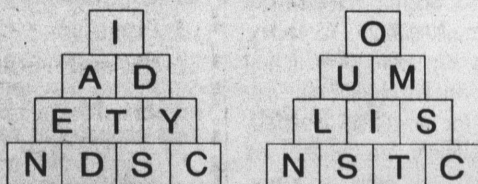
◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS

by Terry Stickels

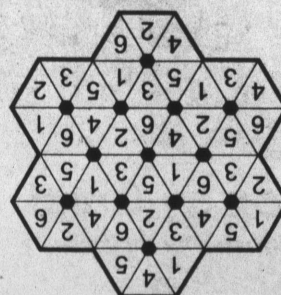
Below is a double pyramid of two 10-letter scrambled words. Put together, these two words form a common phrase known to all.



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SNOWFLAKES

solution



Go Figure! answers

18	20	23
24	6	9
	x	-
22	3	8
	+	x
15	1	4

Stickelers Answer syndicated columnists

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Tim: 2 1/2, male, orange
Ashbee: 3, male, gray tabby
Goose: 5, male, orange & white
Niko: 3, male, orange & white
Robert: 2, male, black
Sox: 2, female, black & white

THANK YOU ST. JUDE J.D.

3/1

Everyone remember
to give a special
thanks to all those
serving our country
and their families. 2/15

Happy Valentine's Day to Bernie We miss you on Wednesdays! Love, D & D

2/15

Thank you, Cherie &
Kenny Manning, for
all you've done for the
Storm & NQHS football!
You are the best! 2/15

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A CHINESE CHILDREN'S dance is performed by Andrea Tang of the Ivy Afterschool Program of Quincy during the 30th annual Lunar New Year Festival at North Quincy High School on Sunday. The festival celebrated the Chinese New Year and the beginning of the Year of the Dog. The event was organized by Quincy Asian Resources, Inc. The presenting sponsor was South Cove Community Health Center.



THE IVY AFTERSCHOOL Program of Quincy performs a Chinese children's dance during the 30th annual Quincy Lunar New Year Festival Sunday at North Quincy High School.
Quincy Sun photos/Tom Gorman

30th Lunar New Year Festival Celebrates 'Year Of The Dog'



THE LION DANCE is performed by the Rhode Island Kung Fu Club during the opening of the 30th annual Quincy Lunar New Year Festival.



THE LION DANCE is performed by the Wah Lum Kung Fu and Tai Chi Academy at the opening of the Quincy Lunar New Year Festival.



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Director of Rehabilitation, South Cove Manor
演講: 丹烏德 中華頤養院, 康復治療部長

Tuesday, February 20, 2018

9:30 - 11:30 AM

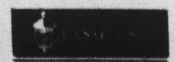
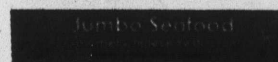
週二, 2018年2月20日上午9時30分至11時

288 Washington Street,
Quincy, MA 02169

FREE

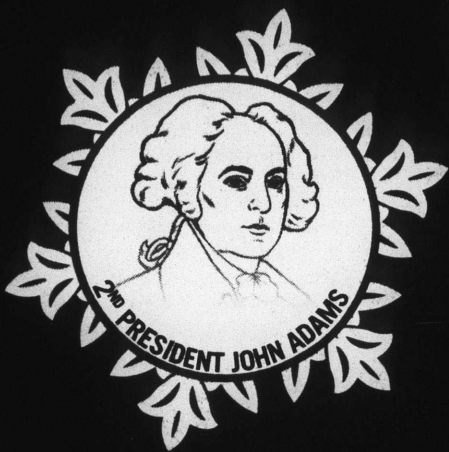
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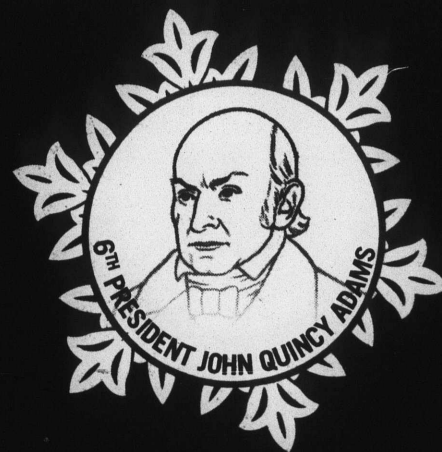


A MARTIAL ARTS demonstration is performed by the Best Taekwondo of Quincy.

FREE Presidents' Day



Winter Fest QUINCY



Monday, February 19th
10 a.m. ~ 5:00 p.m.
CHURCH OF THE PRESIDENTS
United First Parish Church
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All DAY
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Known as the "Church of the Presidents," this historic church was built from Quincy granite in 1828 with funds provided by John Adams. Tours of the church include a visit to the Adams Family Crypt, the final resting place of Presidents John Adams and John Quincy Adams, and First Ladies Abigail and Louisa Catherine Adams and the Presidential Pew of John Quincy Adams.



10:00 – 10:45 a.m.
12:00 – 12:45 p.m.
2:00 – 2:45 p.m.
Drawbridge Puppet Theater's production of Little Red Riding Hood
Back Room, Church of the Presidents
Use side entrance

Drawbridge Puppet Theater's production of Little Red Riding Hood Little Red Riding Hood tells the famous tale of a young girl bringing a basket of goodies to her dear grandmother's cottage in the woods. Along the way she meets a sneaky wolf who convinces her to stray from the forest path, giving the wolf a chance to arrive at the cottage first and put into place his dastardly plan. All ends happily though for Little Red and her grandmother as a funny twist ending teaches the wolf a lesson he'll never forget. Humor and songs enhance this marionette production.



11:00 – 11:45 a.m.
1:00 – 1:45 p.m.
Patriot Brass Band
Sanctuary, Church of the Presidents

The Patriot Brass Ensemble is a 501(c)(3) non-profit corporation founded in 2010 that is dedicated to supporting Veterans. Since the founding of the unit, they have been in high demand as an ensemble in a wide variety of settings because of their unique skill set of performing and sounding like a military band and marching band. Performing over 150 times a year with their proceeds going to their mission to Veterans, they will make you feel great.



12:00 – 12:30 p.m.
John Quincy Adams, Andrew Jackson, and the Presidential Election of 1828: The Campaign that Changed American Politics Forever
Sanctuary, Church of the Presidents

Americans today like to think that the presidential election of 2016 was the nastiest in American history. Historians know better. Noisy, acrimonious, full of partisanship, and allegations of scandal, the 1828 presidential election between John Quincy Adams and Andrew Jackson contained far more mudslinging than 2016. In this talk, Dr. Edward H. Miller of Northeastern University explains how the presidential election of 1828 was instrumental in making politics more partisan, more democratic, and a whole lot more interesting for a new, growing country on the move.



3:15 – 4:15 p.m.
Quincy Symphony Orchestra
Ensemble: The Paradoxides Trio
Sanctuary, Church of the Presidents

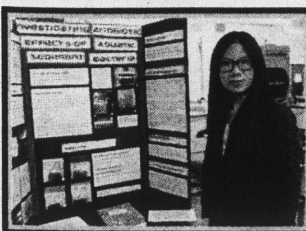
The Paradoxides Trio consists of three members from the Paradoxides Quartet: Anna Fernandez-Buehrens, Liz Maloney (violins) and David Fastovsky (viola). The group was originally formed when two members of the Quincy Symphony Orchestra wanted to get together to play chamber music. They recruited two other members from Southern New England to complete the group. They have performed at several community events on the South Shore, including Porchfest Quincy, a fundraiser for Quincy Parks and Recreation, and a retirement party for a librarian in Brockton.



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Quincy High School STEM Fair - Page 15

Teacher Mentors Support New Educators - Page 3

Quincy Ices North Quincy In Boys Hockey - Page 18



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Historic Quincy's Hometown Weekly Newspaper Since 1968

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Thursday, February 22, 2018

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BASS TROMBONIST Bob Greene along with other musicians in the Patriot Brass Band performed a medley of patriotic music at United First Parish Church as part of the Presidents' Day Winterfest Monday. Other photos on Page 11 and Page 32.

Quincy Sun Photo/Robert Bosworth

Chan Seeks Expanded Registry Bill

By SCOTT JACKSON

The author of proposed state law that would categorize Asian Americans into specific ethnic groups said he will work other lawmakers to introduce a more inclusive bill next year.

Rep. Tackey Chan, a Quincy Democrat, filed the legislation in January 2017 to categorize Asian Americans into more specific ethnic groups. Chan's bill, H3361, states "all state agencies, quasi-state agencies, entities created by state statute and sub-divisions of state agencies shall identify Asian American and Pacific Islanders," as defined by the U.S. Census Bureau, in all

data collection. Additionally, it says, "the five largest Asian American and Pacific Islander ethnic groups residing in the Commonwealth shall have individually reported data as part of the total Asian American and Pacific Islander reporting."

Chan said he filed the bill because different ethnic groups falling under the Asian American and Pacific Islander designation — such as Chinese, Indian and Vietnamese — have different needs.

"It's very, very, very simple...I want to be able to identify ethnic groups among Asian Americans,"

Cont'd On Page 11

State Awards \$1M Grant For HN Maritime Center

By SCOTT JACKSON

The Massachusetts Seaport Economic Council has awarded Quincy a \$1 mil-

lion grant for a new maritime center in Houghs Neck, and the neighborhood's city councillor plans to hold

community meetings on the project in the coming months.

The money will go to-

wards the final design, bidding, and construction of the facility. The future facility will provide for safe, pub-

lic, municipal, and emergency access to the water of Houghs Neck, improve the climate change resiliency of

the site, provide improved stormwater treatment, improve public safety support

Cont'd On Page 13

Dr. Allan Yacubian Defends NQHS's 'Yakoo' Mascot

'Political Correctness Has Run Amok' Caricature Model Tells School Board

By TOM GORMAN

Longtime Quincy dentist Dr. Allan Yacubian, whose profile is based on the North Quincy High School "Yakoo" caricature, defended the mascot amid calls for its retirement by some who say it is offensive to Native Americans.

"The Yakoo is a symbol of North Quincy High School," Yacubian told the school committee on Feb. 7. "It belongs to the kids."

He offered comments on the controversy about the mascot as he was honored by

the committee for establishing a \$400,000 scholarship trust for North Quincy and Quincy high school students more than 10 years ago. Yacubian, a North Quincy High School graduate who posed for the caricature in 1957, voiced concern that the Yakoo mascot has again come under fire.

"The crisis is here again before the school committee," he said. "I think political correctness has run amok."

Yacubian's profile was drawn by a friend that became the mascot for North Quincy High School. The mascot features the caricature wearing a headband with feathers and carrying a stone hammer and a military-like guidon with the letters "NQ." An updated drawing also features the standard with an American flag.

Several times over the

Cont'd On Page 2



DR. ALLAN YACUBIAN (center), a North Quincy High School graduate and retired dentist, with School Supt. Dr. Richard DeCristofaro (left) and School Committeeman Paul Bregoli (right) at a recent school committee meeting. Dr. Yacubian was recognized by the school board for establishing a \$400,000 scholarship trust fund for graduates of Quincy High and North Quincy high schools. The model for the "Yakoo" mascot at North Quincy High School also defended the symbol that has been under fire by some groups. "The crisis is here again before the school committee," Yacubian told school board members. "I think political correctness has run amok."

Quincy Sun Photo/Tom Gorman



Health Focus: Esophageal Cancer - Page 9
Bill Aims To Protect Against Data Breaches - Page 4
YMCA Celebrates Early Education Center - Page 6

More Quincy news:
The Quincy Sun.com

Model Dr. Allan Yacubian Defends NQHS's 'Yakoo' Mascot



THE ORIGINAL YAKOO - Dr. Allan Yacubian (left) and James Peter Fredericksen (right) hold the original drawing of the "Yakoo" that became the North Quincy High School symbol 60 years ago last November. The Yakoo was adopted by the students at an assembly Nov. 29, 1957. Dr. Yacubian was the model for the Yakoo and it was drawn by Fredericksen while they were seniors at NQHS in the fall of 1957.

Quincy Sun Photo/Robert Bosworth

Cont'd From Page 1

past four decades, the mascot has been cited by some as being a disrespectful symbol of a Native American.

According to Yacubian, in 1971 a Quincy school teacher approached the then superintendent asking the mascot be removed. Yacubian said the students wanted to keep it after they were polled.

When North Quincy High's new wing opened in 1980, Yacubian said the students brought the Yakoo with them.

"It (mascot) is so entrenched in the high school that was the one thing they took from the past," he said.

In 1991, Yacubian said the same teacher aligned himself with a school committee member and brought the controversy up again to the new superintendent. Yacubian said there was concern that the district would

lose federal funding if they were using a racist symbol.

Yacubian said that the Department of Justice opined the mascot was not racist.

This past December, the Citywide PTO sent a letter to School Supt. Dr. Richard DeCristofaro, saying the parent group had taken a stand against the Yakoo mascot and asked the district to hold discussions about the perception of the symbol.

"Today, we have a more informed understanding of what is appropriate for a learning environment," the letter stated. "While offensive, but, legal should not be the standard for our district. In order for Quincy Public Schools to be a district where students and their needs are a priority, we must insure that all our messaging and actions are true to this mission. We at the Citywide PTO believe the current North Quincy High mascot does not live up to this ideal."

Yacubian said the same teacher aligned with the Citywide PTO and again brought up the controversy.

"All of a sudden, it's back here," he said.

Yacubian said a recent online poll showed a majority were in favor of keeping the mascot.

"There were 1,300 hits supporting the Yakoo," he said.

According to Yacubian, a representative from the Harvard University of Native American Studies told him that "there is no problem with the symbol."

Yacubian said the representative spoke to North Quincy High students and told them that "Indians - I use the word Indians because that's what she said - love seeing Indians using their symbols."

He said that the representative told the students that if you take the symbols away, "you will forget us but as long as they are up, you'll remember who we are and what we are."

Yacubian also said that Annette Bradley, the daughter of former Quincy veterans agent Hank Bradley, volunteered at an Arizona Native American reservation where there are Sioux and Navajo peoples living. According to Yacubian, Annette polled the Native Americans and they favored the Yakoo.

"They wanted the Yakoo for their school on the reservation," he said.

Yacubian noted that in discussions with Wampanoags, they had no issue with the mascot.

He also noted that Braintree High School's Wamps symbol and the North Quincy Apaches have not been criticized.

Yacubian said that after the Chernobyl nuclear plant accident in Russia in the 1980s, many children came to the United States. He said he and his late brother, Arthur, met some at the airport and presented them with Yakoo T-shirts, toothbrushes and tote bags.

"When they got back to

Cont'd On Page 4

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Turkey Tips \$2.99 lb.
Ground Chicken Breast Meat \$2.49 lb.

beef
Whole Boneless Sirloin Strip \$5.99 lb.
Back Rump Roast \$3.69 lb.
Roxie's Lean Shaved Steak \$4.99 lb.
Bottom Round Roast \$3.49 lb.

delicatessen
Dietz & Watson Teriyaki Chicken Breast \$6.99 lb.
Sliced to Order Smithfield Lean Boiled Ham \$3.79 lb.
Sliced to Order Smithfield Baked Ham \$3.99 lb.
Sliced to Order Smithfield Honey Ham \$3.99 lb.
Sliced to Order Butterball Honey Smoked Turkey Breast \$5.99 lb.
Caradonna Private Stock Oven Roasted Turkey Breast \$5.99 lb.
Dietz & Watson Peppered Turkey Breast \$6.99 lb.
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Sliced to Order Pearl Roast Beef \$6.99 lb.
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Sliced to Order Carolina Turkey Breast \$1.99 lb.

Sliced to Order Land O'Lakes Cheese - Low Salt, Swiss, Muenster, Hot Pepper, Mozzarella, 4 Cheese Italian Blend \$4.99 lb.
Sliced to Order Alpine Lace Swiss Cheese \$5.99 lb.
Sliced to Order Hillview American Cheese \$3.99 lb.
Roxie's Ham Salad \$3.49 lb.
Boston Gourmet Potato Salad, Cole Slaw or Macaroni Salad \$1.99 lb.

pork
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Ground Pork Family Pack \$1.99 lb.
Roxie's Homemade Sweet or Hot Italian Sausage \$2.99 lb.
Lean Sirloin Pork Tips \$1.89 lb.
Family Pack Country Style Spareribs \$1.49 lb.
Fresh Pork Spareribs \$1.99 lb.

fish
Fresh Swordfish Steak \$6.99 lb.
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Fresh Filet of Haddock \$5.99 lb.

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8 oz. Pkg. Sliced Mushrooms \$1.39
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Red Seedless Grapes \$1.99 lb.
1 Pint Blueberries \$2.99
Pineapples 2/\$5.00
1 lb. Pkg. Driscoll's Strawberries 2/\$5.00

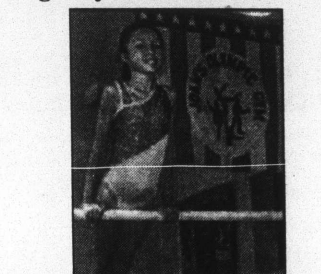
self serve deli case
12 oz. Pkg. Bar-S Franks \$.99
5 lb. Pkg. Pearl Kountry Klub Beef Franks \$23.95
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Teacher Mentors Support New Educators

By TOM GORMAN

Every year, newly hired teachers are teamed up with veteran educators that provide support as they enter the Quincy public school system.

"We are so fortunate to have group of dedicated veteran staff who support and nurture our new educators throughout the year," the district's Director of Support Services Madeline Roy told the school committee Feb. 7 as she and Wollaston School principal James Hennessey outlined the school system's mentoring program. "The new hires are excited to come and work in our school system and we are excited about the new energy coming to our schools."

Roy and Hennessey explained that once a new teacher is hired, he or she is assigned a veteran teacher the first week of school. The mentor helps their protégé improve their teaching profession.

"We want to help them improve their practice and learn professional responsibilities and ultimately, positively affecting student learning," said Hennessey.

Hennessey said the veteran teachers also benefit from the mentoring program.

"We want to make sure they (veteran teachers) share

their own learning practices," he said. "We want to help unite and improve the quality of education for all. We want to elevate the teaching profession and continue to foster the collaborative nature that exists in the Quincy Public Schools and introduce that to the new, young teachers as they enter our city."

Hennessey said the mentoring program leads to a higher teacher retention rate as the new educators "find themselves in a new environment that cultivates continual growth and success."

Roy said this year there were 37 mentees and 32 mentors, with a few sharing. She said the program helps keep the line of communication open between the newly hired, the mentor, the building principal and staff.

"We make sure there is a tremendous amount of communication and welcoming of the new hire into the new building," she said. "Teachers go out of their way to make sure the person has what they need and if they need a little mental support as well as curriculum and developmental support and learn about the culture. We live truly by the motto, 'Leave no one behind.'"

In August, the new hires attend an orientation and

then are assigned a mentor. Meetings of the protégé and mentor are held in October, December, February and lastly, in May. The pair keeps electronic journals detailing their experiences and shared ideas.

Hennessey explained a mentor develops a trusting relationship that allows the new educator to share his or her ideas. In turn, he said the mentors should share their own expertise and experiences.

Additionally, Hennessey said the mentor must provide honest and ongoing feedback and be willing to listen to their protégé's new ideas, problems and needs.

Roy said the district's community partner, the Na-

Cont'd On Page 4

'Wee Bit of Ireland' March 18 At Kennedy Center

There will be a "Wee Bit of Ireland" at the Kennedy Center in Quincy on Sunday, March 18th from 2 to

5 p.m.

Enjoy lively Irish music by Erin's Melody Band featuring Margaret Dalton.

Irish bread and tea will be served.

Tickets are \$10 per person and can be purchased at

the Kennedy Center.

For more information call the Kennedy Center at (617) 376-1506.



ASHES TO GO - Reverend Alissa Olesson (left), pastor at the Good Shepherd Lutheran Church, and Reverend Liz Williams, pastor at Wollaston Congregational Church, placed ashes on the foreheads of commuters at the North Quincy MBTA Red Line Station on Ash Wednesday. They were joined by Samantha Melton, a seminary student at the Good Shepherd. This was the second year in a row the two pastors placed ashes the morning of Ash Wednesday at a Red Line station in Quincy. In 2017, they provided "ashes to go" at the Wollaston T.

Photo Courtesy Kate Wylie

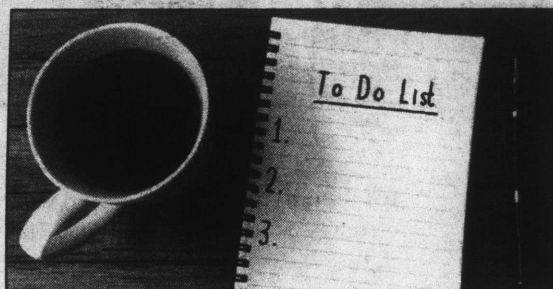
Park Dept. Stroll To Pine Island Saturday

The Park Department will host a free stroll to Pine Island in Black's Creek on Saturday, Feb. 24.

Participants should meet at the intersection of Thornton Street and Meadowbrook Road at 11 a.m. Wear warm clothing and boots that can get wet. A hiking stick or

pole would be helpful. Participants will be walking on uneven surfaces that may be icy or muddy in places.

If the conditions on the ground are too icy or there is inclement weather, the tour will be rescheduled. Call 617-472-0799 on Feb. 24 for rescheduling information.



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Moments in time

THE HISTORY CHANNEL

• On **March 6, 1776**, Major William Malcolm is ordered to dismantle the Sandy Hook lighthouse in New Jersey to prevent it from helping the British to reach New York City. The British were able to put the lighthouse back into service, but the Patriots brought out cannons to blow away the British equipment.

• On **March 9, 1781**, the Siege of Pensacola begins as Spanish naval force of more than 40 ships and 3,500 men land at Santa Rosa Island in Florida. The flotilla survived a hurricane before beginning two months of constant artillery and cannon bombardment of British forts.

• On **March 11, 1818**, "Frankenstein; or, The Modern Prometheus," by 21-year-old Mary Wollstonecraft Shelley, is published. In Shelley's tale, a scientist animates a creature constructed from dismembered corpses.

• On **March 10, 1927**, engineer Robert Kearns is born. Kearns patented a design for a type of windshield wiper and later won multi-million dollar judgments against Chrysler and Ford for using his concept without permission.

• On **March 7, 1950**, one week after British physicist Klaus Fuchs was sentenced to 14 years in prison for his role in passing information on the atomic bomb to the Russians, the Soviet Union issues a statement denying any knowledge of him or his activities. Fuchs' arrest and conviction uncovered a network of spies.

• On **March 5, 1963**, the Hula-Hoop, a hip-swiveling toy that became a huge fad across America, is patented by Arthur "Spud" Melin. The hoop was dubbed "Hula" after the hip-gyrating Hawaiian dance of the same name.

• On **March 8, 1993**, the Music Television Network airs the first episode of the animated series "Beavis and Butt-head," which would become MTV's highest-rated series to that point. Creator Mike Judge later created the Emmy-winning animated series "King of the Hill."

• **CORRECTION:** The "Moments In Time" listings are supplied to *The Quincy Sun* by a syndicated service from Hearst Communications. They are not written by Sun staff. One of the items listed in the Feb. 15th issue noted the Feb. 26, 1993 bombing in the parking garage beneath the World Trade Center in New York City. Six people died and 1,000 people were injured in the powerful blast. The listing from Hearst Communications erred when it stated "The FBI discovered that the bombers were not terrorists but jewel thieves." This "Moment In History" should have noted that the attack was planned by a group of terrorists and in March 1994, four men were convicted of carrying out the bombing. The charges included conspiracy, explosive destruction of property, and interstate transportation of explosives. In November 1997, two more were convicted one of whom was the mastermind behind the bombings and another who drove the truck carrying the bomb.

The Sun regrets not clarifying this "Moment in History" before it went to press last week.

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Yacubian Defends NQHS's 'Yakoo' Mascot

Cont'd From Page 2

Russia, people will see and know they have been to America," he said.

Yacubian said when the Yakoo turned 50 in 2007, he and his brother celebrated the occasion at North Quincy High School.

"We had a party with the kids," he said.

Yacubian said the North Quincy High students respect the Yakoo.

"The Yakoo is the only thing they don't graffiti," he said.

Yacubian noted that at this past Thanksgiving football game between North Quincy and Quincy High, was the first time there was no "Mr. Yakoo."

"It's the first time they didn't vote for Mr. Yakoo," he said. "It's an honor to be voted Mr. Yakoo."

Yacubian said that there are other more important issues for school officials to deal with than the Yakoo.

"You folks should be talking about new schools, budgets, the curriculum, but now we have the Yakoo," he

said. "I take seriously what's going on. The least problem that you should have is the little Yakoo. I understand they (opponents) give all the reasons why (they are opposed), but I think there is an agenda somewhere."

Committee member Paul Bregoli concurred with Yacubian and denounced the move to retire the mascot.

"What you've done for children in this city is amazing," said Bregoli. "A lot of people like to tear down consistently what you built up."

Bregoli continued, "I too am a proud Red Raider. I am bothered by the assault on a mascot that all the kids love and all the kids want both on their apparel and on the athletic field. It is what the kids want. Not what some outside people think is the correct thing to do."

Bregoli said that the teacher Yacubian referred to who Yacubian charged is leading the campaign to remove the Yakoo, "has no legacy in this city."

"But, you do," he told

Yacubian. "You should be proud of your legacy."

Bregoli asked Yacubian if he established the scholarship as a way to retain the mascot.

Yacubian said no, and that he and his late brother, Arthur, wanted to establish the scholarship to help all students in both high schools.

"There is nothing in the scholarship that says if the Yakoo goes, the scholarship goes," he said. "I would not hold the city to that."

He noted the scholarship is not just awarded to students who have high academic grades. He said that scholarships were recently presented to a Quincy High student for beautician school and a North Quincy graduate for HVAC training.

Mayor Thomas Koch expressed appreciation to Yacubian who, along with his late brother have been benefactors to the school system. The \$400,000 scholarship trust was established in 2004 for graduating seniors from both high schools.

In addition to establish-

ing the scholarship fund, the Yacubians have contributed to families in need, booster clubs and other district needs.

"There have been countless times of generosity and they never wanted notoriety," Koch said. "Whatever the need, they reached out. We offer our deepest gratitude for your generosity and your goodness for this community of ours."

Koch noted that Yacubian in a perfect example of realizing the American dream.

Yacubian's parents immigrated from Armenia. His mother was an orphan and his father opened a cobbler shop in Norfolk Downs. The family lived in back of the shop, saving money to eventually buy a home.

Yacubian studied to be a dentist and opened a practice in North Quincy and later moved it to Wollaston. His brother went into information technology.

"With all the talk today of immigration, I always think of Dr. Yacubian," said Koch. "What a great American story."

House Passes Bill To Provide Consumer Protections Against Data Breaches

The Massachusetts House of Representatives voted unanimously last week to advance House Bill 4232, An Act removing fees for security freezes and disclosures of consumer credit reports.

The bill, originally H134 sponsored by Chairwoman Jennifer Benson (D-Lunenburg), removes all fees for consumers who elect to place, lift, or remove a credit freeze from a consumer reporting agency and updates current laws to address modern technological processes.

The Joint Committee on Consumer Protection and Professional Licensure spent the months since the Equifax data breach went public in September 2017 looking closely at the complex topic of data security

and consumer protections before bringing it to the House floor Feb. 14.

"I am proud to see the House of Representatives vote to protect Massachusetts residents from data breaches and modernize our current laws," said state Rep. Tackey Chan (D-Quincy), House Chairperson of the Joint Committee on Consumer Protection and Professional Licensure.

"Following numerous high-profile breaches over the last year, this legislation is urgently needed to ensure that consumers have more control over their credit protections. This is an issue that impacts every individual, organization and business in the Commonwealth, and I am grateful for the valuable input from so many stakeholders, committee

members, and colleagues throughout this process to ensure that we produced the best possible policy for our residents," Chan said.

With the input of the Massachusetts Attorney General's Office, the Office of Consumer Affairs and Business Regulation, the three consumer reporting agencies (Equifax, Experian, and TransUnion), leading business advocacy associations, and security experts, the committee expanded the bill to include a comprehensive update to the existing Chapters 93 and 93H of Massachusetts General Laws.

In addition to providing free credit freezes, H4232 updates laws to reflect the addition of electronic and verbal communication procedures for consumer's in-

teractions with consumer reporting agencies. It requires consent from consumers for access to a consumer credit report, as well as faster action on the part of consumer reporting agencies when a consumer elects to place, lift, or remove a security freeze. If a request is made electronically or by phone, action must be taken within 15 minutes of receiving a request, and if by mail, within 3 days of receipt. The bill also includes protections for minors and incapacitated persons, for whom parents or guardians will be able to place a credit freeze in order to protect them from identity theft.

Massachusetts will become the fifth U.S. state to allow free credit freezes for all residents, regardless of whether a data breach has transpired.

Teacher Mentors Support New Educators

Cont'd From Page 3

tional Association of Government Employees has been providing stipends to mentors and planning team members.

Hennessey said proteges fill out exit tickets at the end of the mentoring program where they provide feedback and experiences with the program.

Some protégé comments were, "Getting started in the beginning of the year was so scary, (the mentor) eased all of my nerves."

Another protege stated, "The best part was knowing

that you were not alone and that is support on so many levels."

A mentor exit ticket stated that there was "pride in seeing my protégé succeed in the classroom...the early jitters replaced by confidence."

Another mentor stated that "no matter how long you have been teaching, it is great to have someone with whom to share new ideas."

Quincy School Supt. Dr. Richard DeCristofaro said the mentoring program has proven beneficial to both the new and veteran teachers.

"When you look at exit tickets, we see how meaningful it is to them," he said.

In another matter, DeCristofaro noted that pre-kindergarten and kindergarten registration will be held next month.

Kindergarten registration is set for Tuesday, March 6, from 9 a.m. to 2 p.m. at all elementary schools. Children who attain five years of age on or before Aug. 31, 2018 are eligible to attend kindergarten. Parents must bring their child's birth certificate, proof the child

resides in the home school district and a copy of a recent physical exam.

Integrated prekindergarten screenings for special needs children will be held Tuesday, March 6 and Tuesday, March 13. To request a screening appointment, parents are asked to visit the Quincy public School website, quincypublicschools.com and under parent links, select prekindergarten program. A form there must be filled out and submitted.

Students who are age three on or before Aug. 31, 2018 are eligible.

Scenes From Yesterday



THIS IS A 1909 real photo postcard view of Hancock Street in Norfolk Downs looking south from its intersection with Billings Road. When it was first built in 1800 from Hancock Square near the Woodward School to the Neponset River, this portion of Hancock Street was known as the Neponset Turnpike. It was privately owned and charged tolls until 1855 when the state took it over. Except for the slight curve in the foreground and one at Elm Avenue in Wollaston it ran pretty much in a straight line from Hancock Square to the Neponset River where a bridge was built. The triple-decker on the left is still extant and is now condominiums. The houses on the right were bought and torn down by the

Boston Gear Works whose extensive factory operations dominated this area for many years. The company later built an office building on the site of the houses between Hayward and Burgess Streets. That office building and several other adjacent buildings are now the Granite Loft Condominiums. After 100 years here, beginning in 1906, Boston Gear has relocated to Charlotte, N.C. In 1948 buses replaced the electric trolleys that ran with the overhead wires and the tracks down the middle of the street. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Quincy's Yesterdays

This Week
1964
54 Years Ago

Jamaican Compost Plan To Be Evaluated

The results of the Jamaican composting trip taken by Quincy city officials last week will be evaluated at a conference to be held next Monday night at his office, Mayor Amelio Della Chiesa.

Della Chiesa said that he drew the following conclusions as a result of his trip to Kingston, Jamaica:

One, the operation at Kingston is successful in that it converts a waste material to a marketable product at less cost to the city than incineration.

Two, the evidence indicates that the end product is a valuable soil rebuilder and conditioner.

Three, the indications are that there will be an adequate market for the product as it is promoted and advertised and as it becomes better known.

DELLA CHIESA TO SEEK

MORE SNOW REMOVAL FUNDS

Mayor Della Chiesa planned to ask the City Council at its next meeting for an additional \$50,000 for snow removal operations. Since the first of the year the city has spent \$212,000 for snow removal while only \$180,000 was placed in the 1964 budget.

FINANCE COMMITTEE

REVIEWS DPW BUDGET

One hundred jobs have been cut from the Public Works Department budget since 1958 through Mayor Della Chiesa's "No hire, no fire" policy, DPW Commissioner Charles R. Herbert told the Council's Finance Committee. The Finance Committee cut a total of \$12,995 from the \$2,314,000 Public Works budget requests.

QUINCY-ISMS

The Data-Tech School of Business, 1601 Hancock St., was advertising "Girls, Time to Think, Enroll Now-I.B.M. Key Pinch Courses."... **Dennis A. Carini**, 82 Sagamore Ave, North Quincy, who planned to attend Boston University, and **Jeffrey C. LaPointe**, 45 Bennington St., South Quincy, who planned to attend Boston College, were among 116 area students who were awarded scholarships by the Mass. Board of Educational Assistance... **PFC Thomas P. Tarmey** of 19 Sterling St., Quincy, was recently selected Soldier of the Month for U.S. Army Special Troops, Ryukyu Islands at Okinawa... First National Stores was advertising Porterhouse or N.Y. Sirloin Steak for \$.79 a lb.... **Richard J. Koch, Sr.**, founder of the Koch Club, presented awards to **Mr. and Mrs. Paul Lambert** and **Mr. and Mrs. Anthony Delmonico** in recognition of their charitable work for the club. The awards were presented at the 16th annual dinner dance held at the Fore River Clubhouse... **John R. Herbert**, editor of The Patriot Ledger, was selected to sit on a jury to select possible recipients for Pulitzer Prize awards in International Reporting... Old Colony Liquors, 515 Southern Artery, was advertising Thomas Morton Blended Whiskey for \$3.99 a full quart... **Wilbur B. Lewis**, 33 Samoset Ave., Merrymount, has been appointed as a sales representative at the Braintree office of the Liberty Mutual Insurance Company... "Strait Jacket," a film that "sets a new high in harrowing shock and suspense" starring Joan Crawford, was playing at the Strand Theatre... **Paul Jacobs, Jr.**, of 60 Rock Island Rd., Houghs Neck, has been named to the Dean's List at Boston University... **Miss Linda Harding**, of Florence St., Wollaston, has been named to the Dean's List at Bridgewater State College. She is a sophomore majoring in elementary education... The Board of Managers of the Quincy City Hospital voted to promote **Herbert Cole**, a statistician at the hospital, to the newly created post of Comptroller... The Quincy Knights of Columbus was planning its annual Communion breakfast for March 15th. Deputy Grand Knight **Leo F. McLaughlin** is the general chairman and Past Grand Knight **Adolph J. Concheri**, ticket chairman... The Quincy School Committee appointed **Robert Dolan**, 46 Macy St., and **Eben "Buster" Robertson**, 1154 Sea St., as junior building custodians at \$77.63 per week.

Thanks For Another Successful Lunar New Year Festival

Our sincerest thanks to all those who celebrated the 30th Annual Lunar New Year Festival with us Sunday, Feb. 11 - three decades of fun cultural entertainment for Quincy and the South Shore.

A crowd of thousands gathered at North Quincy High School to engage in cultural diversity and community spirit. Family, children, and friends enjoyed traditional and contemporary performances, arts and crafts, gaming, virtual reality, children's activities, and - as always - delicious food!

This festival would be impossible without the collaboration of Mayor Thomas Koch, the City of Quincy and all the respective departments and the partnership of Quincy Public Schools.

Elected officials also attended and participated, including Mayor Thomas Koch; Nam Pham, Assistant Secretary of Business Development and International Trade for the Governor; City Council President and Ward 2 City Councillor Brad Croall; Ward 6 Councillor Bill Harris; Councillors-At-Large Noel DiBona, Nina Liang and Anne Mahoney; state Sen. John Keenan, state Reps. Ronald Mariano, Bruce Ayers and Tackey Chan; County Treasurer Jim Timilty; School Committee Vice Chairperson Emily Lebo, and School Committee Member Kathy Hubley.

We appreciate all that you do for the community.

Our gratitude goes to our Presenting Sponsor, South Cove Community Health Center; Diamond Sponsor and Community Partner, The City of Quincy; Diamond Sponsor South Shore Health System; and Jade Sponsors, Eastern Bank, Foxwoods Resort & Casino, Kam Man Food, JP Fuji Group, National Grid, South Shore Mental Health, Sunshine Travel, State Street, Tufts Medical Center, and WORK Inc. We would also like to thank Balance Patch, C&C Company, and Grace Lin, as well as our other donors, and vendors who gave so much to this event. Thank you all. Your support goes a long way.

This festival brings together hundreds of volunteers. Thank you to the 200-plus YouthService Corps members who put in so

READERS FORUM

much time, energy and vision in creating this event - from decorations, to set up, to running activities and so much more. Thank you also to our State Street Alliance Professionals and coordinator, Sandy Wong Ng, for tremendous volunteer efforts as well as organizing and running the arts and crafts area. Thank you to the Board of Directors for bringing their expertise to the festival. Thank you to Ellen Kaye, our Events Consultant, who

organized and ran this festival. It would not be possible without any of you.

Our thanks go out to all who attended the festival. We hope that you will save the date for QARI's Annual Community Banquet on May 11 and the August Moon Festival on Aug. 19. Wishing every one of you a prosperous new year of the dog.

Philip Chong

Chief Executive Officer

Quincy Asian Resource Inc.

Thank You Quincy Rotary

Special thanks to the great men and women of Quincy Rotary for the delicious pasta dinner they recently provided to the seniors at the Kennedy Center in Quincy. In addition to serving the lunch the Rotarians held a fun game of

bingo with many great prizes. Almost every senior left with a prize. Just another way the Rotarians give back to the community. Much appreciated.

Tom Clasby

Director

Quincy Council on Aging

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YMCA Early Education Center Celebrates Quincy Working Families

The South Shore YMCA recently celebrated the grand opening of its newest Early Learning Center in North Quincy, a state-of-the-art childcare center at 1 Heritage Dr. in North Quincy.

More than 60 community members, parents and elected officials were on hand for the ribbon cutting, including state Sen. John Keenan, state Reps. Bruce Ayers and Joan Meschino, and Quincy City Councillor Nina Liang. Quincy Mayor Tom Koch provided opening remarks, and keynote speaker Massachusetts Department of Early Education & Care (EEC) Commissioner Tom Weber was joined by EEC Deputy Commissioner, Carmel Sullivan.

The 14,000 square-foot facility, which opened in November, 2017, was developed in response to the community's need for quality childcare for working families, and provides early educational programs for children ages 6 weeks to 5+ years old.

"While this is obviously a very beautiful facility, it is really much more than that," said EEC Commissioner Weber. "A place like this really is a statement of the values of this community. I think it is a reflection of the level of care and attention that the City of Quincy and the community of Quincy are bringing to its children and families."

"The need is truly there," Koch said. "What better partner to do it than the YMCA. We are thrilled that the YMCA has stepped up."

Massachusetts YMCAs are the largest early education and out-of-school time providers in the Commonwealth.

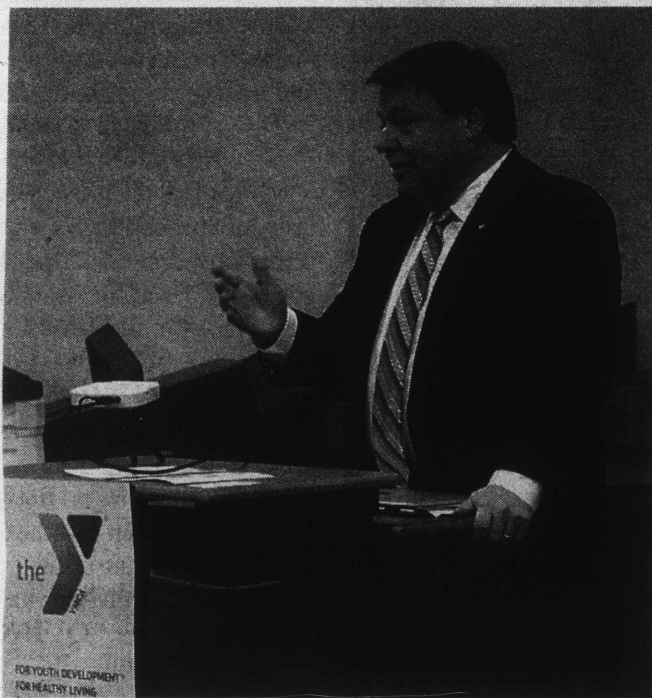
"Our intention for the center is to move our reach of the early learning mission by incorporating innovative hands-on learning through inquiry, character building and everyday experiences," said Lauren Browning, vice president of Youth Development at South Shore YMCA.

The center "truly encompasses everything that



MORE THAN 60 community members, elected officials, parents and staff, attended a ribbon cutting for the South Shore YMCA Early Learning Center in North Quincy Feb. 8. The center, which opened last November, serves infants, preschoolers and pre-k children ages 6 weeks to 5+ years old. From left: Robert Hale, president & CEO, Granite Telecommunications; Tom Weber, Massachusetts Department of Early Education & Care (EEC) Commissioner; Mayor Thomas Koch; Lauren Browning, vice president of Youth Development, South Shore YMCA; Gillian Bianculli, director, South Shore YMCA Early Learning Center; Kristine Swan, associate director of Youth Development; Steve Briggs, YMCA Executive Board Member; Karen Hale, YMCA Executive Board Member; Peter Forman, executive director, South Shore Chamber of Commerce; state Sen. John Keenan; Paul Gorman, president & CEO, South Shore YMCA; and Jason Ward, managing partner, FoxRock Properties.

Photos Courtesy South Shore YMCA



MAYOR THOMAS KOCH welcomes guests to the grand opening of the South Shore YMCA Early Learning Center in North Quincy.

the Y does," said Paul Gorman, South Shore YMCA president and CEO. Gorman and others recognized the dedication and generosity of Robert Hale, CEO and president of Quincy-based Granite Telecommunications, his wife, South Shore YMCA Board Member Karen Hale, and project collaborators, FoxRock Properties, architect Jerry Saleen, Campanelli Construction, Sen. Keenan, Mayor Koch and South Shore Chamber of Commerce.

"It takes a village," said Gorman, "and fortunately, we have the best village around."

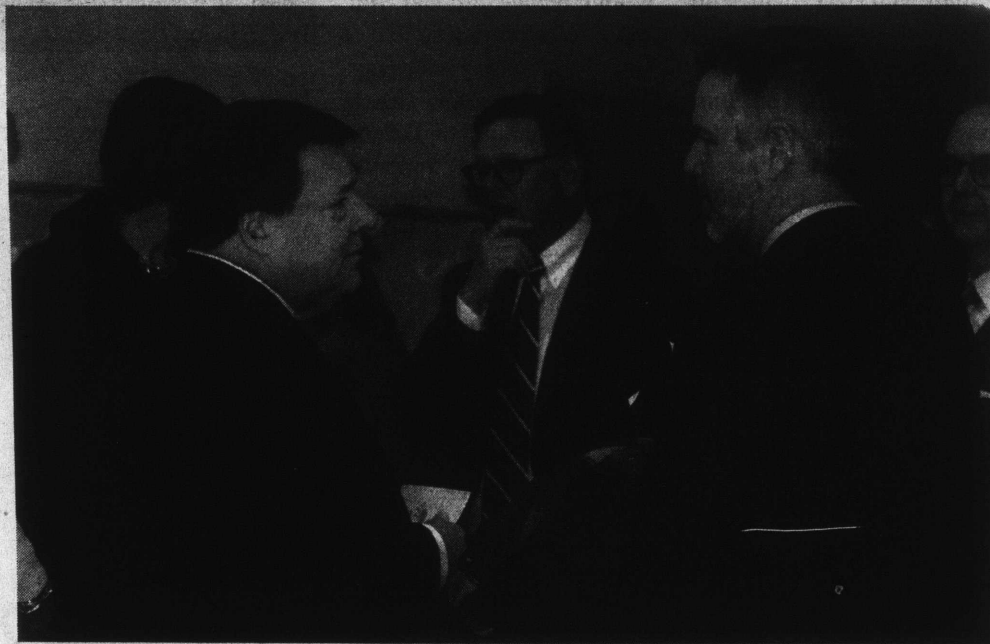
The facility was devel-

oped by Rob Hale, who wanted to explore having an early learning/childcare center for Granite employees and to this business community. "We knew immediately this 14,000 square-foot space would be ideal for a new center, with the enormous windows and perfect location ... we were confident we would fill a family need, especially for infant and toddler care, which is so limited in this community."

"Few if any public policies rival early education and care for its ability to close achievement gaps," said Commissioner Weber. "We are building strong citizens here today."



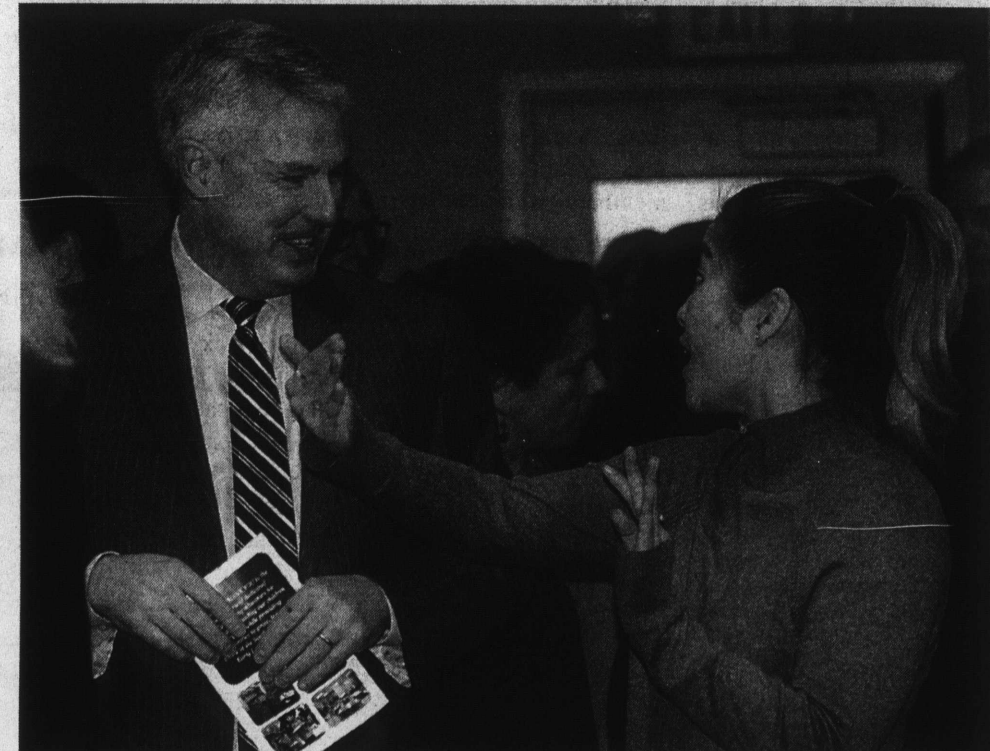
CELEBRATING the grand opening of the South Shore YMCA new Early Learning Center in North Quincy are (from left) Granite Telecommunications CEO Robert Hale, Massachusetts Department of Early Education & Care (EEC) Commissioner Tom Weber, Mayor Thomas Koch, South Shore YMCA Vice President of Youth Development Lauren Browning and Gillian Bianculli, director, South Shore YMCA Early Learning Center Director.



QUINCY MAYOR Thomas Koch (left), South Shore YMCA President & CEO Paul Gorman (center) and state Department of Early Education & Care Commissioner Tom Weber at the recent grand opening of the South Shore YMCA Early Learning Center in North Quincy.



STUDENTS GREETED guests with song at the South Shore YMCA Early Learning Center of North Quincy Grand Opening celebration on Feb 8.



SEN. JOHN KEENAN and Quincy City Councillor Nina Liang at the South Shore YMCA Early Learning Center of North Quincy Grand Opening celebration.

Social

Tot Time Toddler Program At The Fore River Club House

The Quincy Recreation Department announces registration for the second session of "Tot Time," a parent and tot recreation program, is now underway.

Tot Time will be held for six Saturday mornings beginning Feb. 24th.

"This is the second year for this popular activity that was originally requested by parents," Recreation Barry Welch said. "Tot Time is programmed to offer activity that is designed to provide toddlers the opportunity to enjoy indoor play during the cold winter months. At the same time, parents can socialize and network with others who have children of the same age."

The Tot Time program will be conducted at the

Fore River Clubhouse on Nevada Road in Quincy Point from 9:30 to 11:30 a.m. and is open to children age 2 through those not yet enrolled in kindergarten. The program will provide age appropriate toddler play equipment and gym mats with leaders to guide play.

Parents or guardians are required to remain at the facility. The Recreation Department will brew hot coffee for the adults, and encourages parents to provide appropriate snacks for their own children.

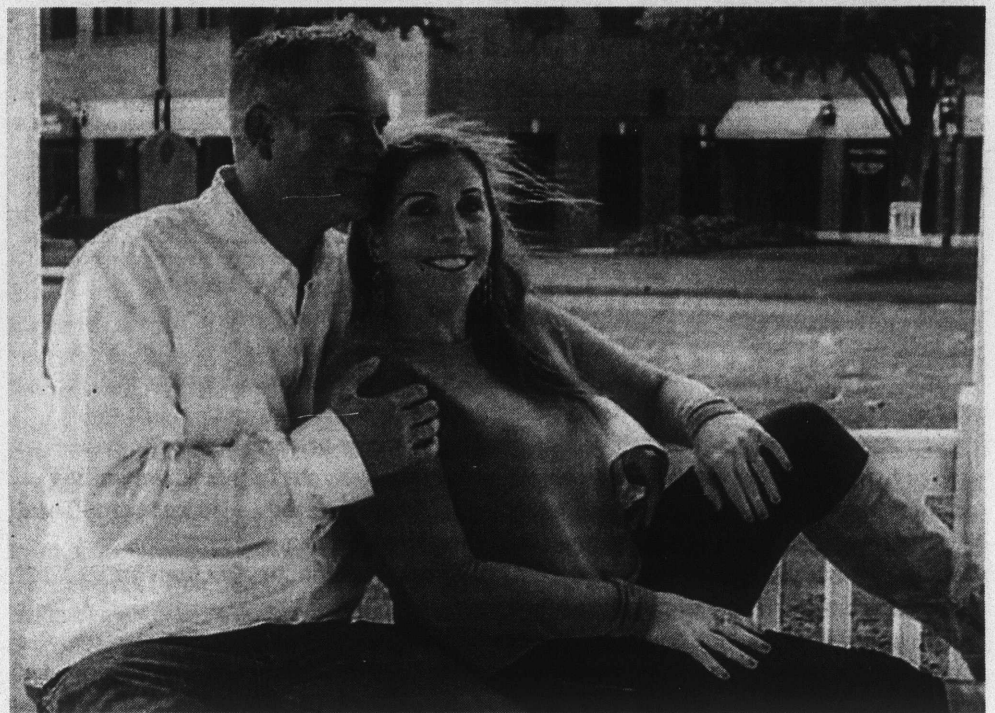
The cost for the full six week program is \$25 and \$10 for each additional child in the same family with a \$40 maximum. If paid weekly at the program, the

cost is \$5 for the first child and \$2 for each additional child in the same family with a maximum of \$8 per family per week.

The Tot Time program will be held on Saturday, Feb. 24 and March, 3rd 10th, 17th, 24th and March 31st. Any cancellations due to weather will be made up at the conclusion of the program.

Registration for the full six week program can be done online at www.QuincyRec.com or in person at the program. Daily registration can be done in person each week at the program.

For more information call the Quincy Recreation Department at (617) 376-1394 or visit www.QuincyRec.com.



CRAIG WALKER and JOYCE JONES

Joyce Jones Engaged To Craig Walker

Joyce Jones and Craig Walker announce their engagement. The couple got engaged at the Cape Codder Resort in April 2017.

Joyce is a lifetime resident of Quincy, a graduate of North Quincy High School and a graduate of Quincy College with an associate's

degree in Liberal Arts. She works for Arbella Insurance in Quincy.

Craig grew up in Canton, graduated from Canton High School and earned degrees at UMass Amherst. He received an associate's degree in turfgrass management and a bachelor's degree in

plant and soil sciences.

Craig works for Skinner Overlook in Braintree.

Joyce is the daughter of the late Joseph Jones and Karen Jones of Quincy.

Craig is the son of Lawrence and Susan Walker of Canton.

56 Quincy Students On B.C. Honor Roll

Fifty-six students from Quincy are on the Boston College High School Honor Roll for the first quarter.

They are:

Owen Carberry 2018 High Honors.
Brendan Cole 2018 High Honors.
Declan Deasy 2018 High Honors.
John Fitzpatrick 2018 High Honors.
Sean Healy 2018 High Honors.
Joseph Henry 2018 Honors.
Dattatreya Kalluri 2018 High Honors.
Jack Kelly 2018 High Honors.
John MacDonald 2018 High Honors.
Martin McCormack 2018 Honors.
Diarmuid McGonagle 2018 High Honors.
Steven Ngo 2018 High Honors.
Patrick Shalvey 2018 Honors.
Joseph Stafford 2018 Honors.
Andy Trebicka 2018 High Honors.
Andrew Bargoot 2019 High Honors.
Matthew Brandi 2019 High Honors.

Samuel Danby 2019 High Honors.
Stephen Flynn 2019 Honors.
Colman Gillis 2019 Honors.
Dylan Kazmowski 2019 High Honors.
Brendan Kennedy 2019 High Honors.
Alexander Kiley 2019 Honors.
Nicholas Kuranda 2019 High Honors.
Dylan McDonald 2019 Honors.
Reese Mullen 2019 High Honors.
Jake Murray 2019 High Honors.
Donald Ormond 2019 High Honors.
Michael Song 2019 High Honors.
Grant Ward 2019 Honors.
Jeffrey Chen 2020 High Honors.
William Farrell 2020 Honors.
Coleman Flaherty 2020 High Honors.
Zachary Hatfield 2020 High Honors.
Christopher Hussey 2020 High Honors.
Ethan Johnson 2020 High Honors.
Braydon Lawrence 2020

Honors.
Ethan Lunny 2020 High Honors.
Thomas McCormack 2020 High Honors.
Joshua McMillen 2020 High Honors.
William McMillen 2020 High Honors.
Aidan Murphy 2020 High Honors.
Thomas Potts 2020 High Honors.
Michael Richardson 2020 Honors.
Patrick Stanton 2020 High Honors.
Vishvakishore Venkatesan 2020 High Honors.
Christopher Alallam 2021 High Honors.
Anatoliy Berezyuk 2021 High Honors.
Anthony Coughlin 2021 Honors.
Patrick Cullinane 2021 High Honors.
Luke Donovan 2021 High Honors.
Edward Kennedy 2021 High Honors.
William Lau 2021 Honors.
Shaun Ormond 2021 Honors.
Matthew Roper 2021 High Honors.
Daniel Scolaro 2021 Honors.

53 Quincy Students On Archbishop Williams H.S. Honor Roll

Fifty-three students from Quincy are listed on the second term honor roll at Archbishop Williams High School, Braintree.

They are:

Principal's List
Grade 9: Varshini Arumugam, Collin Driscoll, Alana McDermott, Tashia Thompson, Christina Zhao.
Grade 10: Megan Miller.
Grade 11: Luan Nguyen, Nanqi Peng.
Grade 12: Hannah Bell, Caroline Bloomer, Michael Bustillo, Xingchen Li, Olivia McDonnell, Joe-Yee Yip, Yicheng Zhang, Yiming Zhang.
FIRST HONORS
Grade 8: Maria Geary

Grade 9: Brendan Healy, Aidan McDonnell, John Moriarty III, Grace O'Malley-Wilshire, Madison Stevens.
Grade 10: Meghan Cormican, Colleen Goulart, Taryn Healy, Julia Keldsen, Mariana Raposo-deSouza, Alexa Tibbetts.

Grade 11: Yingsheng Tan.

Grade 12: Steven McCormack, Sarah McLoughney, Darnelle Stinfort.

SECOND HONORS
Grade 8: Jacqueline Brown.

Grade 9: Christopher Cabezas, Linh Dinh, Luke Gratch, Lorcan Lavin.

Grade 10: Taylor Burgess, John Cristiani Jr., Lauren George, Grace

Kennedy, Thoa Tran Khuu, Shiyang Wu.

Grade 11: Madison Ayles, Griffin Kennedy, Olivia Notarangelo, Ella Piroli, Nicholas Ryan, Eoin Varden.

Grade 12: Kimberly Dunn, Julia Geary, Khoa Tran, Thomas Veasey.

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Friends Of Blue Hills Winter Fest Feb. 27

The Friends of the Blue Hills will host their annual Winter Fest on Tuesday, Feb. 27, from 5 to 8 p.m., at Blue Hills Ski, 4001 Washington St., in Canton.

For those hoping to get some winter exercise, there will be downhill skiing and a guided night hike under the lights. There will be plenty of indoor fun, too.

Adults and children alike can do a jig to the spirited Irish tunes of Songs for Ceilidh, sample some of the

area's best chili, make some creative winter crafts, or just warm up in front of the fireplace in the cozy ski lodge.

Blue Hills Ski is offering discounted rates of \$20 each for all-day lift tickets, ski rentals, or lessons that day. To receive the discount, print out and bring the Friends of the Blue Hills homepage www.FriendsoftheBlueHills.org or Facebook page.

Five local restaurants will be competing in the

"Battle of the Blue Hills Chili Cook-Off" that night, including The Fours which has won the Judges' Choice Award for three years in a row.

Local elected and town officials will serve as judges. A People's Choice Award will also be presented that evening.

For more information or to join Friends of the Blue Hills, visit www.FriendsoftheBlueHills.org/winterfest.

Quincy Access Television
88 Washington Street
Quincy, MA 02169



www.qatv.org
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Public Access Channel 8

Thursday, February 22
6:00pm: Bethany Congregational Church
7:30pm: QHS vs. NQHS Girls Basketball

Friday, February 23
11:30am: LIVE: Currently in Quincy
10:00pm: The Constitution: Then & Now

Saturday, February 24
12:00pm: Faces of South Asia
1:00pm: High School Basketball

Sunday, February 25
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, February 26
11:30am: LIVE: Currently in Quincy
8:00pm: High School Basketball

Tuesday, February 27
6:00am: LIVE: AM Quincy with Joe Catalano
6:00pm: Eye on Quincy (replay)

Wednesday, February 28
6:00pm: Good News
9:30pm: Sound Advice

Government Access Channel 9

Thursday, February 22
12:00pm: City Council Oversight & Ordinance Committees (2/21/18)
8:30pm: At Your Library: February Happenings

Friday, February 23
6:00pm: City View with Mayor Koch
6:30pm: FYI: Quincy Health Department
7:00pm: AM Quincy: License Board Update

Saturday/Sunday, February 24/25
11:00am: At Your Library: February Happenings
12:00pm: City Council Oversight & Ordinance Committees (2/21/18)
7:00pm: City Council Oversight & Ordinance Committees (2/21/18)

Monday, February 26
7:30pm: LIVE: City Council

Tuesday, February 27
12:00pm: City Council (2/26/18)

Wednesday, February 28
12:00pm: Joint Committee on State Admin and Regulatory Oversight (1/30/18)
7:00pm: City Council (2/26/18)

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUSIE FALCO



Chicken With White Vinegar And Rosemary

By MARIE

I cooked today's recipe on Sunday when I had my family over, and although I have had it in my column before I thought it would be nice to print it again.

When cooking this on Sunday I had forgotten how delicious the combination of white vinegar and rosemary is and how it really enhances the flavor of the chicken.

Pre-heat oven to 350 degrees and lightly grease a 10 x 14 baking pan

RECIPE

6 to 8 chicken thighs or drum sticks (I used bone-in chicken for more flavor)
1 tablespoon of Rosemary
Salt and pepper to taste
1 cup of vinegar mixed with either ¼

cup of water or chicken stock

3 potatoes, cut in pieces for baking
2 sweet potatoes, also cut up in small pieces for baking
1 small onion, finely chopped

Season chicken with salt and pepper.

In a bowl take the cut up potatoes and onions and coat them with the olive oil, salt and pepper. Place chicken and all the ingredients in the lightly greased baking pan.

Sprinkle as much rosemary as you would like on the top of the chicken.

Cover with vinegar, water or stock and bake uncovered for 40 minutes; by this time the chicken should be done.

Potatoes take longer to cook so remove the chicken and place in a covered dish and set aside. Then set the oven to 425 degrees and cook the potatoes until they are lightly browned and crispy.

Chia Seeds And Pomegranate Parfait

By SUSIE

Chia seeds are tiny black seeds from the plant *Salvia Hispania* which is related to the mint. Chia is the ancient Mayan word for "strength" and was an important food for the Aztecs and the Mayans.

These seeds make a wonderful addition to anyone's diet, especially those who are health conscious. Chia seeds are loaded with antioxidants, fiber (11 grams per serving, almost all of the carbohydrates in chia seeds are fiber. This gives them the ability to absorb 10-12 times their weight in water.), healthy fats (they contain more omega 3's than a serving of salmon, gram for gram but they do not supply DHA, which salmon does), calcium, manganese, magnesium, and phosphorus.

Pomegranates have been known as a symbol of health, vitality, and fertility for centuries. They are not only quite remarkable looking, but taste delicious and make a wonderful juice.

A compound found only in pomegranates called punicalagin is shown to benefit the heart and blood vessels. Punicalagin is the major component responsible for pomegranate's antioxidant and health benefits. It not only lowers cholesterol, but also lowers blood pressure and increases the speed at which heart blockages (atherosclerosis) melt away.

Another interesting fact is that pomegranate juice contains phytochemical compounds that stimulate serotonin and estrogen receptors, therefore maybe improving symptoms of depression as well as increasing bone mass in lab animals.



Sheep's milk yogurt has 48 percent more protein than cow's milk and twice as much calcium, it is also higher in important vitamins and minerals and contain more of the important probiotic cultures. It's smaller fat globules make it more digestible and the lactose is converted into lactic acid, so many with lactose intolerance can digest this far better. (same with goat milk yogurt, but I am not a fan of the taste) Sheep are also not give growth hormones.

Here is a recipe for a parfait adapted from Bon Appetite using all three of these ingredients that you can make the night before and have for a healthy breakfast or snack!

¼ cup pomegranate juice (I like POM brand juice)
2 tablespoons chia seeds
1 cup sheep's-milk yogurt (I use Old Chatham brand)
2 tablespoons shelled pistachios, chopped
Fresh berries
Simply mix seeds and juice in a container and refrigerate overnight. In the morning, layer with the yogurt and top with fruit and pistachios. Enjoy!

Peanut Butter Cookies

By MARIE

Peanut butter is one my favorite ingredients, not only to enjoy with crackers, but to bake with as well and my family feels the same way. It is a staple in our homes because it is both delicious and versatile.

Most of us have the ingredients in today's recipe. This cookie recipe has only four ingredients and another nice perk to this cookie is that it does not need flour.

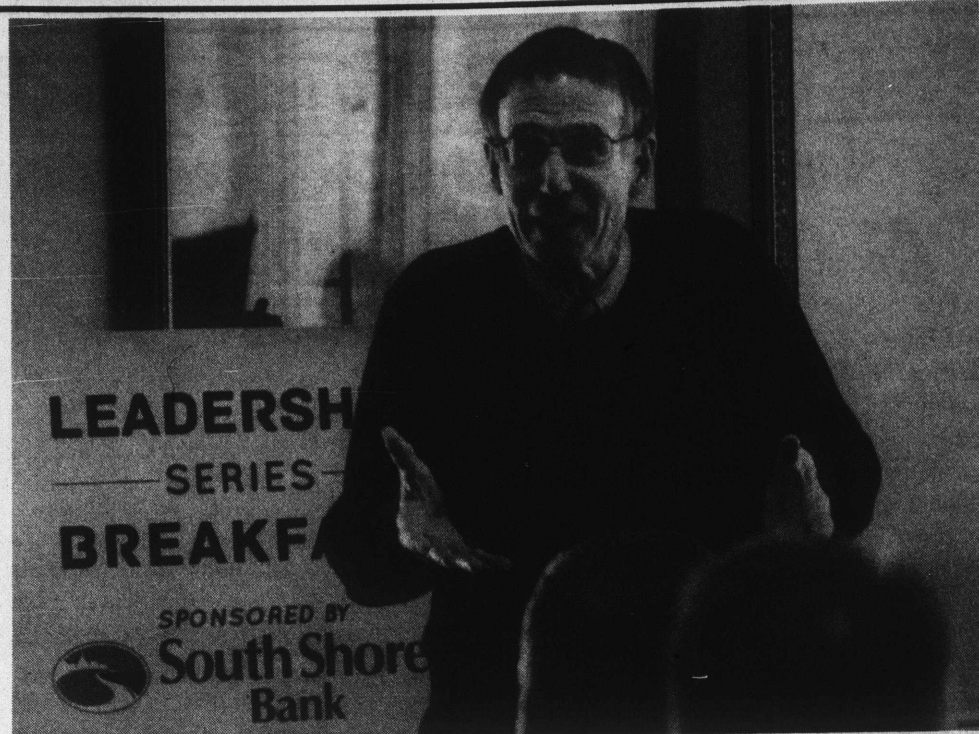
Pre-heat the oven to 350 and grease a cookie sheet

RECIPE

2 egg whites
1 cup of sugar
½ teaspoon of vanilla
1 cup of crunchy peanut butter

Beat egg whites until stiff. Add in sugar and vanilla, mix well and fold in the peanut butter.

Drop by the spoonful onto a greased cookie sheet. Bake 13 to 15 minutes and cool briefly before removing from cookies sheet.



RENOVED EDUCATOR and speaker Dr. Carmen Mariano speaks to a crowded Tirrel Room at a recent Leadership Series Breakfast for the Quincy Chamber of Commerce. The former president and principal of Archbishop Williams High School, Dr. Mariano has spoken publicly to audiences in over 30 states and five countries. At the leadership breakfast, he spoke about the best way to be a leader in the 21st century. The event was sponsored by South Shore Bank.

Photo Courtesy Regan Communications

Healthy, Tasty Foods On School Lunch Menu

By TOM GORMAN

Tofu fried rice, chicken waffles and shamrock leprechaun shakes are among the new tasty and nutritious lunch offerings for students in Quincy's public schools.

The district's nutrition director, Sara Dufour and assistant nutrition director, Sarah Ginn outlined their plans for the food services program during the Feb. 7 school committee meeting. Dufour, a registered dietitian who has a restaurant background, and Ginn, a former executive chef in Philadelphia and afterschool cooking program volunteer, are bringing their culinary experiences to the city's school lunch program.

Dufour, who is in her second year as nutrition director, oversees the district's food services department, trains and manages staff, and keeps up with the latest state nutrition regulations that have been ramped up over the past several years. The state audits districts' lunch programs to make sure they are in compliance.

"The state nutrition regulations have gotten very strict and they're constantly overseeing us, making sure we are doing all the things we are supposed to be doing for each of the meals the children eat every day," she said.

One of Ginn's first projects when she became assistant director in July was to create a new online recipe database for each educational level and related nutrition requirements.

"We make sure we serve a certain numbers of vegetables each week and grain components, meat components," she said. "It's really important that the meals are uniform across all of our schools."

The database also tracks

food allergies and carbohydrates.

"When the nurses call us, we know exactly what's in everything and when we do get audited, we will know that we're following all the rules," Ginn said.

Parents can request a PDF from the database that lists all food ingredients.

Ginn also holds chef tasting events for students and introduced several new foods on the lunch menu, a couple of which she provided school committee members with samples - shamrock leprechaun shakes and tofu fried rice.

The shamrock shake contains spinach "which is a good way for students to get their serving of vegetables," said Dufour.

Also on the menu this year, Ginn said, are chicken waffles ("Which are super popular, so popular across Massachusetts there is waffle shortages.") and cheese and turkey pepperoni calzones "made from scratch every Monday."

"The (cafeteria) ladies are trying new fillings with vegetables and stuff like that," Ginn said of the calzones.

Ginn explained that she is trying to shake up the menu a bit.

"We're trying to get creative and get the kids excited about trying different types of foods than what they're used to," she said. "A lot of these kids actually eat foods like this at home so when they get to school it's not all that new to them. Sometimes we underestimate kids and what they are willing to try."

Dufour said the state regulations require five food groups - grains, milk, vegetables, fruit and meat and two alternatives, tofu and yogurt.

"When a child comes through the cafeteria serving line, they have to have access to these five groups," she said.

Dufour said students in certain grades are required to be served particular amounts of each category. Each student has to take three components and one has to be fruit or vegetable.

"So they can't have their pizza and count the tomato sauce as a veggie; they have to have carrots or a salad on there as well," she said.

Dufour said the state audits the district's food serving, procurement and finances. She noted the state requires districts to purchase American produce and groceries.

"Every food item your child is getting on their plate is from an American farmer or products from American factories," she said.

Dufour said the district has signed on to the Nutrilite app program that shows the daily lunch menu. She said parents can download the free app on their smartphone and check the lunch offered each morning before their child heads to school. The app lists calories, fat, protein and sodium levels of the lunch.

"You can pick the meal and it will tell you the nutritional values," she said. "We have to follow strict guidelines on sodium and calories at each grade level."

Dufour added that the app allows nurses to track calories for diabetic students.

Traveling salad bars will be introduced this year. Dufour explained sliced vegetables and fruits would be served from the bars that will travel from school to school.

"When students get to the end of the serving line, they

Cont'd On Page 27

Hot Tea And The Increased Risk Of Esophageal Cancer

A Message From Ruth Jones, Director Of Nursing, Quincy Health Department

By RUTH JONES
BSN, RN, BC, CP-FS

Tea lovers who consume their daily cup scalding hot are increasing their chance of having esophageal cancer if they also drink alcohol every day or if they smoke, say researchers.

Esophageal cancer is the eighth most common cancer in the world and is often fatal, killing approximately 400,000 people every year. It is usually caused by recurrent injury to the esophagus due to smoke, alcohol, acid reflux, and possibly hot liquids.

A large study, which monitored more than 450,000 people in China for 9 years, provides an indication of a relationship between drinking hot tea every day, regular drinking and smoking, and a higher risk of esophageal cancer. During a median follow-up of 9.2 years, 1731 cases of esophageal cancer were reported in 1106 men and 625 women. The analysis included 456,155 par-

ticipants aged 30 to 79 years who did not have a history of cancer. At the initiation of the study, participants reported the temperature at which they drank tea in addition to some of their other behaviors, including drinking alcohol and smoking. All were enrolled between 2004 and 2008 from five urban and five rural regions of China. The study, led by Canqing Yu, PhD, of Peking University Health Science Center in Beijing, China, was published online February 5, 2018 in the *Annals of Internal Medicine*.

Results showed that the risk of esophageal cancer was 5 times higher in people who drank very hot tea and also drank more than 15 grams of alcohol, a standard sized alcoholic drink, every day compared with those who drank tea less than once a week and had fewer than 15 grams of alcohol daily. Data also pointed out that the risk for esophageal cancer was doubled in those who drank

piping hot tea each day and smoked tobacco, compared with nonsmokers who drank tea only occasionally.

The findings demonstrated a noticeable increase in esophageal cancer risk associated with a combination of high-temperature tea drinking, excessive alcohol consumption, and tobacco smoking. Researchers suggest that abstaining from hot tea might be beneficial for preventing esophageal cancer in persons who drink alcohol excessively or smoke.

The study reveals that the rate of esophageal cancer is mounting globally, particularly in men in less developed countries. In China, where the rate of esophageal cancer is among the highest in the world, men who drink tea often smoke and drink alcohol. Scientists now feel that tea lovers who take their daily cup scalding hot are exponentially increasing their risk for esophageal cancer if they also drink alcohol every day or if they smoke.

Although the study showed no enhanced risk for

esophageal cancer in participants who drank only tea every day, whether it was scalding or not, the study authors give emphasis to the fact that chronic thermal injury to the esophageal mucosa may initiate carcinogenesis. Irritating the lining of the esophagus could set in motion increased inflammation and more rapid turnover of the cells. Previous research conducted has suggested that damage to the epithelium impairs barrier function, thereby amplifying the risk from other factors, such as excessive alcohol consumption and smoking.

The International Agency for Research on Cancer recently classified drinking beverages hotter than 65° C (149° F) as "probably carcinogenic to humans," the researchers point out. Subsequently, by adding alcohol consumption and smoking to the mix considerably complicates the connection between tea drinking and the risk of esophageal cancer.

Researchers note that the theory that drinking very hot beverages may cause

esophageal cancer has been around since the 1930s. Despite this study's rigorous design and careful analysis, its results are observational and scientists agree that additional prospective studies are warranted. They warn that until further data is established, these results should be interpreted cautiously. They note that tea lovers who are concerned about cancer risk don't have to give up one of the world's most accepted beverages.

Perhaps it would be prudent that those who drink hot beverages often should be judicious and wait for the liquid to cool a bit first. However, the results of this study should not cause people to abandon their favorite brew. Most people, they point out drink their tea and coffee at a temperature that seems unlikely to cause cancer.

To date, studies have provided little evidence of risk to health from hot drinks consumed at temperatures less than 65° C, and typically in the United States, coffee is consumed at around



RUTH JONES

60° C (140° F).

It is worth mentioning that tea also has many health benefits. According to a 2009 study in the journal *Nature Reviews Cancer*, components of tea leaves have been shown to have antioxidant properties and may protect against other types of cancers, particularly colon and prostate cancer. So tea drinkers who don't smoke or drink alcohol excessively probably don't need to switch to a different beverage anytime in the near future.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

BID Hospital – Milton Donates \$4,000 Substance Abuse Prevention Coalition

Support Behavioral Health Referral Service

Beth Israel Deaconess Hospital-Milton (BID-Milton) recently donated \$4,000 to the Milton Substance Abuse Prevention Coalition (MSAPC). The donation will go towards implementing a behavioral health telephone referral service in Milton for residents seeking help for themselves or others who may be struggling with mental health or substance misuse issues.

According to Laurie Stillman, director of MSAPC, the referral service, called "Interface," is a program of William James College and is used by numerous municipalities throughout the state. The referral service is staffed by trained clinicians who conduct an assessment over the phone. Based on the caller's specific needs, Interface clinicians will search their database of screened mental health and/or substance misuse outpatient counselors for a suitable match and provide a referral to a local provider.

"We often hear from town residents that they do not know where to turn to get help for either themselves or a loved one with a mental health or substance misuse problem," said Caroline Kinsella, BSN, RN, director of the Milton Department of

Health. "Based on the success of the Interface Program in other communities, we believe the program will be of great value to Milton residents and the schools."

Kinsella and Stillman said they expect the Interface Program to be ready for use by Milton residents by May.

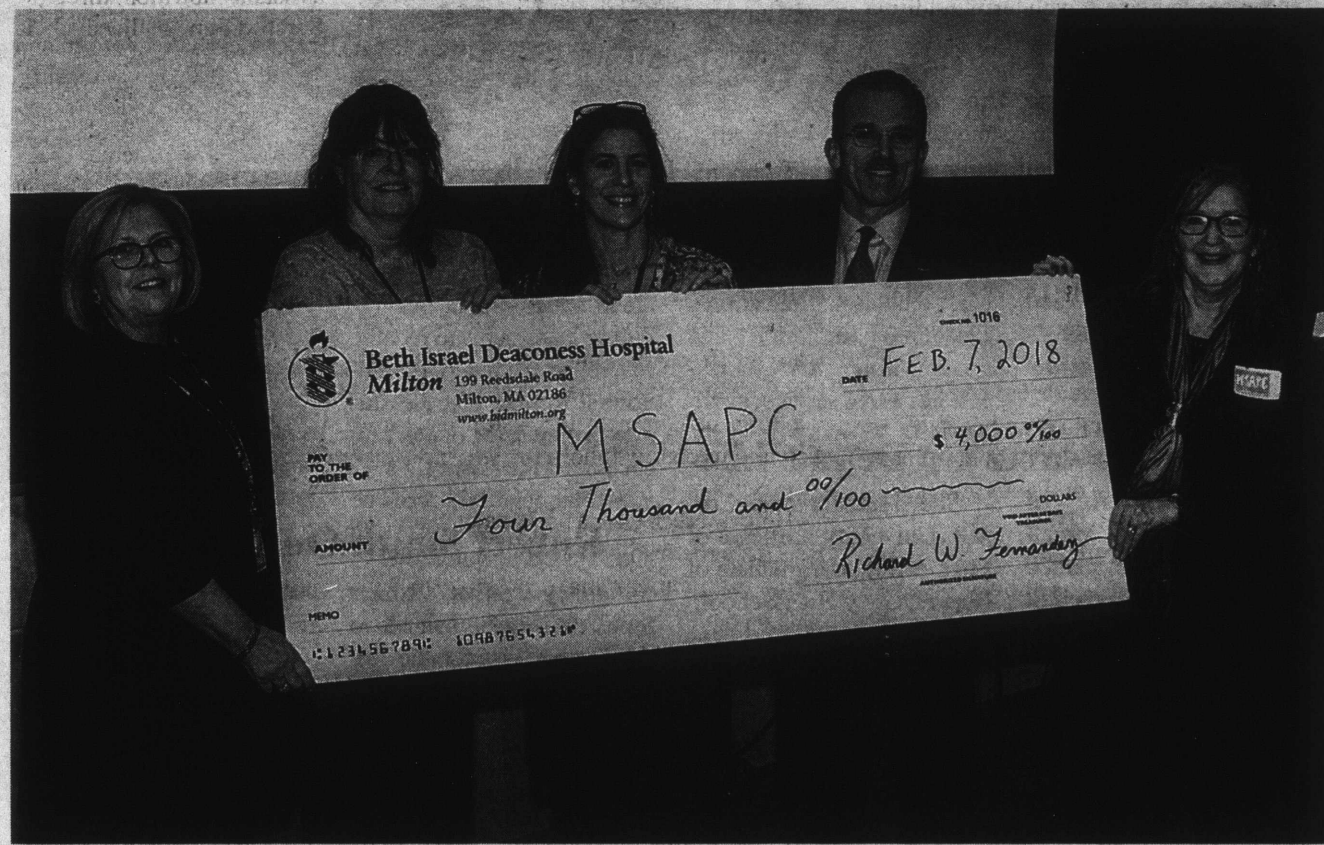
BID-Milton President and CEO, Rich Fernandez, emphasized the hospital's commitment to helping to address the health priorities of the local area. The hospital undertook a comprehensive Community Health Needs Assessment in 2016 which showed that behavioral health problems and lack of treatment resources were a significant health problem in the greater Milton area.

"The need for additional education and treatment resources for behavioral health issues have been well documented," Fernandez said. "The Interface Program will be a significant step forward in helping to address this public health problem in Milton."

The \$4,000 donation to the MSAPC was through BID-Milton's Community Benefits Program. The hospital maintains a robust program which provides health-

care services and resources for uninsured or underinsured patients, community health screenings and education as well as programs to meet public health needs. Last year, BID-Milton provided more than \$230,000 in community benefits to the Town of Milton and its residents.

MSAPC is also receiving funding for the Interface service from the Milton Public Schools Department, the Milton Health Department and the Milton Police Department.



BETH ISRAEL DEACONESS Hospital-Milton recently made a \$4,000 donation to the Milton Substance Abuse Prevention Coalition to help fund a mental health and substance misuse counseling referral service for Milton residents. Pictured at the check presentation are (l to r) Janet Sheehan, EdD, assistant superintendent of Milton Public Schools; Caroline Kinsella, BSN, RN, director of Milton Health Department; Deborah Milbauer, consultant for the Milton Substance Abuse Prevention Coalition; Richard Fernandez, president and CEO of Beth Israel Deaconess Hospital-Milton and Laurie Stillman, director of Milton Substance Abuse Prevention Coalition.

Photo Courtesy Steve Nelson

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